U.S. ARMY
MEDLOG MONTHLY
November 2026
A NEWSLETTER PUBLISHED BY
U.S. ARMY MEDICAL LOGISTICS COMMAND

Army medical maintainers support joint force readiness through quick-turn repair



Christopher Ito, a medical maintenance technician with AMLC's Medical Maintenance Operations Depot-California, performs maintenance on a computed tomography scanner, bringing the critical diagnostic system back online in under 24 hours for a joint force partner. (U.S. Army photos courtesy Ian McNesby)

FORT DETRICK, Md. – A specialized team of U.S. Army medical maintenance technicians recently deployed on short notice to the U.S. Africa Command area of responsibility, restoring a critical imaging device for a joint force partner to full operational status in less than 24 hours.

When a vital computed tomography, or CT, scanner went offline, medical personnel forward in theater lacked the specialized, factory-trained technicians required to service the system.

Facing a narrow operational window to restore life-saving diagnostic capability, the partner agency reached out to U.S. Army Medical Logistics Command in September for emergency assistance.

AMLC's Medical Maintenance Management Directorate, or M3D, quickly mobilized a three-person "fly-away" team, drawing expertise from two of its downrange units – its Medical Maintenance Operations Depot in Tracy, California, known as MMOD-CA, and the U.S. Army Medical Materiel Center-Europe, or USAMMC-E.

The team included USAMMC-E's Staff Sgt. Victoria Finley and Army Civilians Fernando Gonzalez-Rodriguez and Christopher Ito from MMOD-CA, which serves as the Army's center for technical excellence for medical imaging equipment. All

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three are trained original equipment manufacturer, or OEM, technicians, certified to maintain and repair the specific model CT scanner.

"They did a great job. Great way to showcase our capabilities and the agility of the team performing on short notice," MMOD-CA Director Isaac Newman said. "These technicians are absolute professionals and artisans in their skillsets. MMOD-CA provides a service in austere environments that keeps the warfighter sharp and at the highest readiness possible."

The rapid integration of both units highlighted the agility of the Army's medical maintenance enterprise to assemble custom, cross-organizational packages tailored to urgent operational requirements.

"The coordination between MMOD-CA and USAMMC-E is a strong example of enterprise-level teamwork," said Maj. Marjorie Lutz, support operations officer at USAMMC-E. "Sending a combined team demonstrates how leveraging each organization's strengths leads to faster, more effective mission execution."

Lutz praised Finley as a "disciplined professional," noting that she is USAMMC-E's lone biomedical equipment specialist, or 68A, holding the additional M1 skill identifier, which qualifies Soldiers as advanced CT system experts.

"That advanced training puts her in a category of her own, and sending high-caliber NCOs on high-visibility missions like this strengthens our credibility and highlights our joint capabilities," Lutz said.

Once on ground supporting the forward medical facility, the joint military and civilian team diagnosed the fault in the system and brought it back to fully mission-capable status in under 24 hours, immediately restoring critical diagnostic imaging capabilities for service members operating in the region.

The quick turnaround highlighted the efficiency of deploying a combined civilian and military technical team to solve critical gaps in austere environments without requiring prolonged evacuation or retrograde back to the continental United States.



Staff Sgt. Victoria Finley, left, assigned to U.S. Army Medical Materiel Center-Europe, and Fernando Gonzalez-Rodriguez from AMLC's Medical Maintenance Operations Depot-California troubleshoot a computed tomography scanner. During a recent maintenance mission in support of a joint force partner, a three-person AMLC "fly-away" team restored the non-mission capable imaging system to full operational status in less than 24 hours.

Building on the success of the mission, enterprise leaders are now looking to solidify a long-term sustainment relationship through a formal maintenance support agreement. Under such agreements, AMLC provides scheduled parts replacement support, software upgrades and annual maintenance.

"This proposed partnership is projected to provide a significant cost savings overall, while the real-world experience remains invaluable for keeping our civilian and uniformed technician engaged in global medical readiness," said Wes Ladlee, acting deputy director of M3D. "Ultimately, this effort represents the core of medical maintenance optimization, leveraging specialized Army capabilities to empower readiness for the joint force, reducing sustainment costs and keeping critical diagnostic equipment online in contested environments."

Headquartered at Fort Detrick, Maryland, AMLC is a major subordinate command to U.S. Army Communications-Electronics Command, which serves as the lead for sustainment of medical devices.

By C.J. Lovelace

AMLC Soldiers embrace fitness, build camaraderie through new Norwegian sports badge



Capt. Maggie Potter performs a standing long jump during recent physical training events at Fort Detrick, Maryland. Also pictured is Sgt. 1st Class Adrian Doll, who is verifying Potter's performance. Potter was the first of 16 military members from U.S. Army Medical Logistics Command headquarters to complete requirements to earn the one of the Army's newest authorized foreign awards, the Norwegian Sports Federation Sports Badge. (U.S. Army photo by Lt. Col. Raquel Giunta)

FORT DETRICK, Md. – Stepping away from their desks to meet up on the physical training fields together, 16 Soldiers from U.S. Army Medical Logistics Command headquarters recently got to work toward earning one of the Army's newest authorized foreign awards, the Norwegian Sports Federation Sports Badge.

Spearheaded by Sgt. 1st Class Adrian Doll, the initiative proved that maintaining functional fitness and unit cohesion does not require extensive planning or rigid testing schedules. Instead, it relies on individual initiative, peer accountability and an everyday commitment to self-improvement.

"The whole purpose of it is to encourage lifelong fitness," Doll said. "We get so sucked into the office environment here, sitting in meetings and at our desks. Just getting outside … having a good conversation with someone, getting fresh air and exercise, it makes your day a whole lot better."

Established in 1915 by the Norwegian Olympic and Paralympic Committee and Confederation of Sports, the badge recognizes comprehensive athletic proficiency. Following an update to Army Regulation 600-8-22 (Military Awards), the badge was authorized for acceptance, retention and permanent wear on the formal Army Green Service Uniform.

Unlike other foreign military events that require certified judges and direct coordination with foreign liaisons, the Norwegian badge operates on a decentralized buddy-testing model. Any two individuals who understand the published evaluation standards can administer and verify each other's performance over the course of a single calendar year.

To earn the badge, participants must meet age- and gender-adjusted benchmarks in five distinct categories:

- Sustained Activity – Twenty recorded workouts lasting 30 minutes or longer, automatically fulfilled by active-duty physical training.
- Explosiveness and Precision – Dynamic events including standing long jump, high jump, or precision throwing.
- Speed – Short-distance sprints at 60 or 100 meters, speed swimming or cycling sprints.
- Strength – Calisthenics and lifts, including pull-ups, push-ups, sit-ups, back squats or bench press.

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• Endurance – Distance events ranging from a 3-kilometer run to cycling, rowing, swimming, rucking or long-distance endurance runs, such as a marathon.

The varied curriculum reintroduced Soldiers to athletic movements rarely emphasized in typical formation PT routines.

"When we did the jumping events, like standing long jump, some of us quickly realized most of us haven't jumped like that since we were kids," Doll laughed.

The first of 14 AMLC Soldiers to earn the badge was Capt. Maggie Potter, who checked off her last category after finishing a full 26.2-mile marathon for her endurance requirement. Two more personnel are nearing completion.

"I wanted to try something new," Potter said. "The Army has so many opportunities that you don't always get the chance to do day-to-day. It wasn't extremely hard, but some of the tests were definitely challenging because they asked us to do things we don't normally do."

For Potter, the biggest reward came from building connections across the unit.

"It was awesome being able to get out of the office and spend time outside with coworkers," she said. "Being able to work out with them and get to know them better was a lot of fun. I'm very happy I did it, and I'll be trying for the silver and gold badges in the years ahead."

The badge reinforces continuous self-improvement through a tiered progression system. Soldiers earn bronze for the first four years, advance to silver in year five and qualify for gold after nine consecutive years.

"The intent isn't just to scrape by the minimum standard," Doll said. "It's about setting an ambitious goal for yourself that's tough but achievable, giving you something real to train toward year after year. If you jumped 2.3 meters this year, aim for 2.5 meters next time."

For Soldiers who have already completed the 18.6-mile Norwegian Foot March, earning the sports badge fulfills two of the primary prerequisites for the upcoming Norwegian Field Sports Medal, scheduled for release by the Norwegian Embassy in late 2026.

Beyond the athletic milestones, the lunchtime PT sessions organized by Doll brought together junior enlisted Soldiers, noncommissioned officers and senior leaders across the command.

"Taking part was an enjoyable way to strengthen camaraderie and boost morale," Lt. Col. Raquel Giunta said. "Sgt. 1st Class Doll's coordination and lunchtime lane setup gave us a valuable opportunity to step away from work, recharge and try something new. The event challenged me to engage different muscle groups and explore new ways to stay fit."

Doll, who is preparing to depart AMLC on permanent change of station orders, reflected on the community built during the challenge.

"It was just fun to reconnect outside of the everyday grind," he said. "For me personally, getting ready to PCS in a few weeks, it was a great way to hang out with the team and have one last meaningful project together."

By C.J. Lovelace

AMLC's Talent Development Hub is now live!



OUR MISSION

The Talent Development Hub strengthens the AMLC workforce by delivering accessible, high-quality learning resources that build capability, enhance readiness, and support continuous professional growth. This Hub serves employees, supervisors, and leaders by providing tools that improve performance, accelerate development, and reinforce AMLC's commitment to cultivating a modern, skilled, and mission-ready workforce.











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AMLC hosts Fort Detrick blood drive, supports warfighter readiness



Stephanie Brown, a contractor with the Armed Services Blood Program, prepares Army Sgt. 1st Class Adrian Doll to donate blood during a blood drive hosted by U.S. Army Medical Logistics, Oct. 2, at Fort Detrick, Maryland. (U.S. Army photo by C.J. Lovelace)

FORT DETRICK, Md. – A single unit of blood on the battlefield can be the difference between life and death for an injured Soldier.

Recognizing that importance, personnel across Fort Detrick joined together Oct. 2 to donate 30 units of blood during a U.S. Army Medical Logistics Command-hosted blood drive.

The drive, coordinated in partnership with the Armed Services Blood Program, or ASBP, produced enough blood products to support up to 90 service members, veterans, military families and civilians worldwide.

Every whole-blood donation collected can be separated into three essential components – red blood cells, platelets and plasma – directly supporting trauma care, surgical operations and critical clinical needs in both deployment environments and military medical treatment facilities.

Beyond its lifesaving potential, the effort also saved the military medical system more than $8,000 in blood procurement costs, according to ASBP estimates.

For AMLC, the event served as a direct operationalization of the command's core priorities of people, mission and partnerships.

"Through the collection of 30 units of blood, AMLC and our mission partners demonstrated how unified effort saves lives, sustains medical capability and strengthens resilience of the joint force," said Col. Deon Maxwell, AMLC commander.

The donor pool reflected a broad joint and interagency community footprint across Fort Detrick. Personnel participated from AMLC, the 6th Medical Logistics Management Center, Defense Health Agency, Defense Logistics Agency, U.S. Army Medical Research and Development Command, U.S. Navy and Air Force.

"The event reinforced the critical importance of partnerships," AMLC Command Sgt. Maj. Andrew DeCola said. "Collaboration among AMLC, the Armed Services Blood Program and the many tenant organizations represented in Building 693 enabled the command to make an immediate, measurable contribution to force health protection and readiness."

Organizers noted that events like

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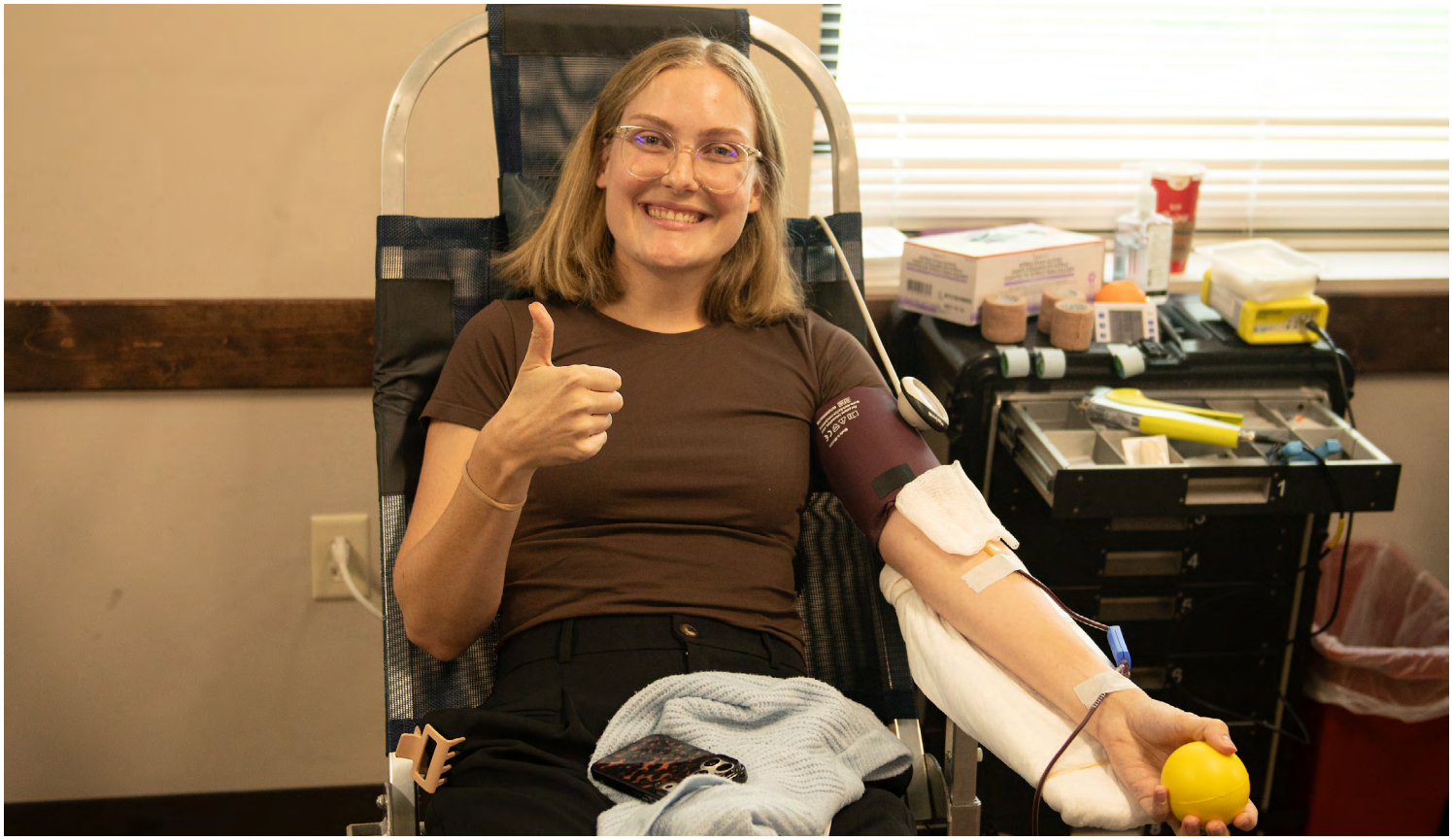

Capt. Maggie Potter gives a thumbs up while she donates blood during a blood drive hosted by U.S. Army Medical Logistics Command, Oct. 2, at Fort Detrick, Maryland. (U.S. Army photo by C.J. Lovelace)



this give personnel an immediate way to embody selfless service, while directly reinforcing joint force health protection.

Headquartered at Fort Detrick, AMLC, a major subordinate command to U.S. Army Communications-Electronics Command, serves as the Army's Class VIII medical materiel command, delivering integrated medical logistics that enables Army and Joint Forces readiness from the strategic support area to the tactical edge.

By Maj. Antonio Acevedo-Guzman

Command Sgt. Maj. Andrew DeCola, senior enlisted leader for U.S. Army Medical Logistics Command, prepares to donate blood during an AMLC-hosted blood drive, Oct. 2, at Fort Detrick, Maryland. (U.S. Army photo by Maj. Antonio Acevedo-Guzman)

AMLC, 6th MLMC team up to honor fallen firefighters at 9/11 memorial stair climb



Dressed in full firefighter turnout gear, Staff Sgt. Eduardo Gomez, a local volunteer firefighter, and his team members run along the concourse at Harry Grove Stadium in Frederick, Maryland, during the National Fallen Firefighters Foundation's 9/11 Remembrance Stair Climb on Sept. 24. Participants tackled seven laps around the stadium concourse and stairs to replicate the 110 stories of the World Trade Center towers and honor the first responders who gave their lives on Sept. 11, 2001. (U.S. Army photos courtesy Maj. Antonio Acevedo-Guzman)

FREDERICK, Md. – Carrying the Army's commitment to honoring the fallen, community service and physical readiness, a joint team of Soldiers and civilians from U.S. Army Medical Logistics Command and the 6th Medical Logistics Management Center raised over $1,000 for the National Fallen Firefighters Foundation during the 9/11 Remembrance Stair Climb at Harry Grove Stadium on Sept. 24.

Staff Sgt. Eduardo Gomez, an operations noncommissioned officer with AMLC and a student in the Long-Term Health Education and Training program, led the nine-member MEDLOG team, earning second place among all participating groups for total charitable contributions.

The National Fallen Firefighters Foundation provides critical resources, college scholarships and peer networks to the families of fallen firefighters nationwide, in addition to supporting counseling programs for the Fire Department of New York.

For the participants, the event was a demanding physical test designed to honor the ultimate sacrifice made by more than 400 first responders on Sept. 11, 2001, including FDNY firefighters, law enforcement personnel and emergency medical technicians.

Climbers completed seven circuits across the stadium bowl, ascending and descending concrete stairs to equal the 110 stories of the World Trade Center towers.

"Climbing 110 flights is a gut check that demands physical endurance and mental toughness – the very same traits we embody through our Warrior Ethos," said Gomez, who also volunteers as a firefighter with Frederick's Independent Hose Co., Station 1. "I volunteer to give back to our neighbors, but stepping into the stadium alongside our teammates was about honoring those who charged up those tower steps that day without hesitation."

While the climb served as a solemn tribute, it also reinforced operational readiness. Medical logisticians are tasked with sustaining the force across multidomain operations, a mission that demands planning and mental resilience to distribute life-saving medical equipment and supplies in contested, austere environments.

By pushing through the exhaustion to cross the stadium finish line together, AMLC and 6th MLMC personnel

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reinforced the enduring bond between the Army and civilian first responders who protect American communities and safeguard the homeland.

"This event tested our stamina, while reinforcing our esprit de corps and proving that readiness extends beyond our daily desk duties into our activities outside work and into the communities we support," Gomez said.

Headquartered at Fort Detrick, AMLC serves as the Army's Class VIII medical materiel command, delivering integrated medical logistics that enables Army and Joint Forces readiness from the strategic support area to the tactical edge.

The 6th MLMC, also headquartered at Detrick, is a specialized unit that utilizes split-based operations to provide forward and centralized medical materiel management, theater-level distribution tracking and operational logistical synchronization in support of combatant commanders across the globe.

By Maj. Antonio Acevedo-Guzman



Military and community participants climb the concrete seating bowl during the 9/11 Remembrance Stair Climb at Harry Grove Stadium in Frederick, Maryland, Sept. 24., 2026. Each climber wore an accountability badge bearing the name and photograph of a fallen first responder who made the ultimate sacrifice at the World Trade Center on Sept. 11, 2001.



Soldiers from U.S. Army Medical Logistics Command and the 6th Medical Logistics Management Center, both headquartered at nearby Fort Detrick, gather in front of the America's 9/11 Foundation memorial mobile display during the 9/11 Remembrance Stair Climb at Harry Grove Stadium in Frederick, Maryland, Sept. 24, 2026. Pictured, from left, are Sgt. 1st Class Garrick Jones, Staff Sgt. Paul Bizzoco, Sgt. 1st Class Aaron Taylor, Staff Sgt. Eduardo Gomez, Maj. Chris Wright, Lt. Col. Raquel Giunta and Maj. Antonio Acevedo-Guzman.

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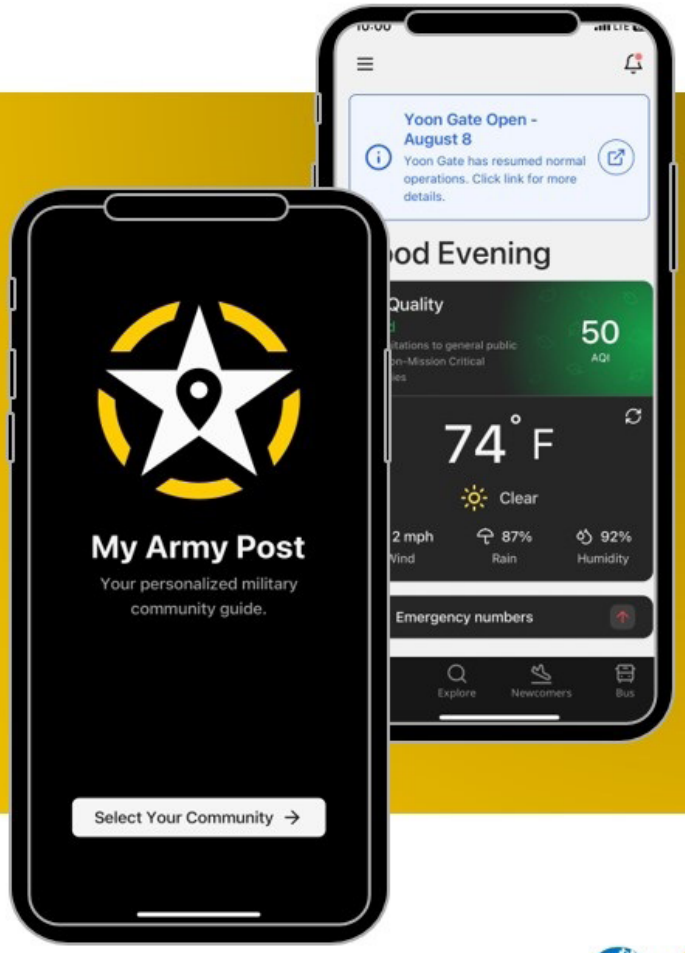

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PHOTO HIGHLIGHTS









October birthdays at AMLC

AMLC Commander Col. Deon Maxwell and Command Sgt. Maj. Andrew DeCola visited with several headquarters team members who celebrated birthdays in October, including Art Braithwaite, Chris Haller, Priscilla Ivey, Sgt. 1st Class Rosemary Irby and Staff Sgt. Katherine King. Also celebrating birthdays but not pictured were Wally Edwards and Anil Shakya.

(U.S. Army photos by C.J. Lovelace)

PHOTO HIGHLIGHTS





Hacking defense meet up

Three Purdue University cybersecurity students participating in the Hacking for Defense program meet with Army Medical Logistics Command personnel to develop solutions for "Army-631: Medical on the Move," Oct. 13. The students leveraged biomedical, pharmacy and logistics expertise from AMLC, the Integrated Logistics Support Center and the Defense Health Agency Medical Logistics division to modernize sterile medication preparation, supporting Army initiatives to sustain mobile, survivable medical support for the joint force in austere environments.

PHOTO HIGHLIGHTS



Safety in action at MMOD-CA

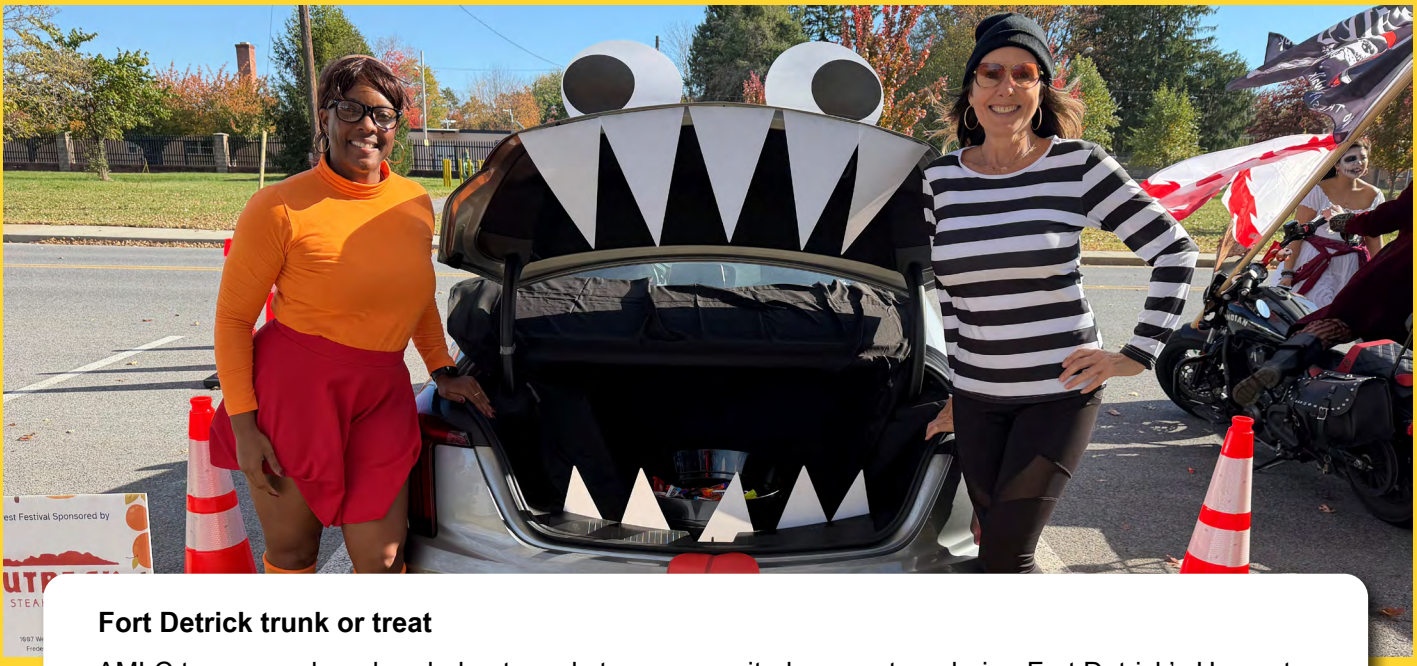
Personnel from Medical Maintenance Operations Depot-California (MMOD-CA) took part in a comprehensive shelter-in-place exercise during its fall/winter safety stand-down event Oct. 29. The team practiced sealing air vents, securing perimeter doors and unpacking newly acquired emergency sustenance kits. The 30-minute drill simulated an airborne hazardous chemical emergency, a critical readiness scenario given MMOD-CA's immediate proximity to active commercial railway lines in Tracy, California. Upon initial notification, 100% of the workforce rapidly isolated within designated shelter locations, deactivated the facility's HVAC system and conducted hands-on familiarization with the new emergency kits to validate room containment protocols and sharpen rapid-response times.

MMOD-PA Halloween

The team at AMLC's Medical Maintenance Operations Depot-Pennsylvania had a little fun and showed off their festive spirit, dressing up in their Halloween best on Oct. 29.



PHOTO HIGHLIGHTS



Fort Detrick trunk or treat

AMLC team members handed out candy to some excited youngsters during Fort Detrick's Harvest Festival trunk or treat event Oct. 30 on Blue and Gray Field. Pictured are Keeyonia Washington and Geri Morrow, two members of AMLC's Bottom-up Innovation Committee who led the group in decorating the team's trunk for the event. The BIC is a group of nonsupervisory AMLC employees who meet monthly to discuss ideas to improve the workplace and overall command morale, including organizing team-building events and more. The team meets monthly on the fourth Tuesday and is always looking for new people and fresh ideas! To learn more, contact Keeyonia Washington, C.J. Lovelace or Priscilla Ivey.



USAMMC-K golf tournament

Personnel from the U.S. Army Medical Materiel Center-Korea tee off during the USAMMC-K Autumn Golf Tournament at the Gunwi Opel Golf Club, Oct. 22. The morale-boosting event featured 13 golfers competing in a friendly tournament designed to foster team cohesion across the workforce.

PHOTO HIGHLIGHTS



Tutt promoted to LTC

Lt. Col. Tameka L. Tutt, chief of plans for U.S. Army Medical Logistics Command, poses during her promotion ceremony at AMLC headquarters at Fort Detrick, Maryland, Oct. 10. The ceremony, hosted by Col. Nikki L. Davis, celebrated Tutt's advancement and recognized her military career since entering active-duty service in October 2009, which includes a deployment to Baghdad, Iraq, in support of Operation New Dawn.



LeBlanc retires

AMLC's Master Sgt. Kary M. LeBlanc, was honored by colleagues, family and friends during a retirement ceremony at the RAK Brewing in Frederick, Maryland, Oct. 16. The ceremony celebrated LeBlanc's more than 20 years of dedicated service to the United States Army.

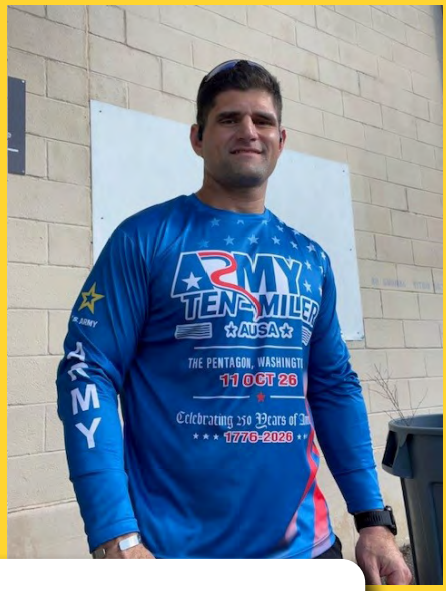
PHOTO HIGHLIGHTS



Irby promoted to MSG

Master Sgt. Rosemary A. Irby, an AMLC operations sergeant major, is pictured with Commander Col. Deon Maxwell during her promotion ceremony at AMLC headquarters at Fort Detrick, Maryland, Oct. 23. The ceremony, hosted by Maxwell, honored Irby's career milestones, including her deployment to Afghanistan and her service as a medical logistics specialist since entering the Army in May 2011.





AMLC participates in Army 10-miler

A group of AMLC personnel recently completed the 42nd annual Army Ten-Miler, held Oct. 11 at the Pentagon in Washington, D.C. Flanked by the AMLC command team, Command Sgt. Maj. Andrew DeCola and Col. Deon Maxwell, finishers included, from left, Sgt. 1st Class Aaron Taylor, Maj. Daniel Miller, Maj. Antonio Acevedo-Guzman, Wally Edwards and Maj. Jeremy Searles. Other finishers not pictured in the group photo were Sgt. 1st Class Matagisilia (right), Staff Sgt. Demarcus Heath and Capt. Maggie Potter.

PHOTO HIGHLIGHTS







AMLC Hail & Farewell

AMLC personnel got together Oct. 29 to welcome three recent newcomers to the team, while offering well wishes for two Soldiers who will soon depart. Leaders hailed the arrivals of Phillip Owens, AMLC's new civilian deputy to the commander, as well as Staff Sgts. Garrick Jones, who joined the S-2 team, and Laura Rodriguez, working in the S-4 shop. The lunchtime get-together also served as a send-off for Sgt. 1st Class Adrian Doll and Staff Sgt. Parror Jones.





What do you do?

I am the future plans and exercises officer, but I have a broad range of duties. They include managing the long-range training calendar, writing and publishing operations orders, acting as the battle captain in the JOC, managing all AMLC MAVEN products and acting as the knowledge management officer for AMLC.

What do you enjoy most about your job?

I enjoy the people I work with the most. No matter how busy we get, we have a great team and we all look out for each other.

How long have you worked here?

I have been at AMLC for just over one year.

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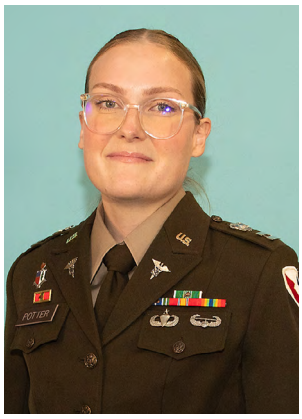
CAPT. MAGGIE POTTER

Future plans/exercises officer, S-3/5, AMLC



What's your favorite quote?

"What you're afraid of is a good indication of what you should do next."
– Unknown

I love this quote because it's a great reminder that oftentimes the only thing stopping us from success and growth is our own fear, and that the fear of failure or the unknown can be repurposed as a mental compass for what to pursue next.

What do you do outside of work?

I'm an avid runner, reader and enjoy gardening in my free time. I also love spending time with my husband, Matt, and my dog, Millie.

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ROBERT E. PRINGLE

APS equipment manager, FPD/M3D, AMLC



What do you do?

I serve as the medical equipment manager for Army Prepositioned Stocks (APS), directing the lifecycle sustainment, regulatory compliance and total asset visibility of more than 13,000 medical devices. I ensure that contingency hospital sets and critical clinical life-support equipment remain fully certified, calibrated and are immediately deployable in support of national defense and theater contingency missions worldwide. Through my career, I have acquired extensive experience in military medical logistics, biomedical maintenance programs and enterprise property accountability.

What do you do outside of work?

Now that I am getting much older, I enjoy gardening, tasting coffee, making expresso, photography and spending time with the family.

How long have you worked here?

I've been with the organization for 17.5 years. I worked in the SPO in the CRM, and then under FSD as the LAP, CCO, loan agreement lead for MEDCOM, Class VIII APO, MLST team lead running APS modernization and exercises, and now back under FPD/M3D running medical maintenance missions.

What's your favorite quote?

If it isn't broken, don't try to fix it. And NCO's don't complain, they make [things] happen.

What do you enjoy most about your job?

I love the people and the satisfaction that I am doing something that is much bigger, and that I am making a change and a difference for the greater good for the warfighter.

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SPC. KWESI COOK

Biomedical equipment specialist, USAMMC-E



What do you do?

I am a 68A, Biomedical Equipment Specialist. I maintain, repair and fix medical equipment to support combat ready formations throughout Europe and its theaters.

What do you enjoy most about your job?

What I love most about my job is working on more intricate pieces of equipment and seeing how complex such systems can be.

What's your favorite quote?

My favorite quote is from AMC Command Sgt. Maj. Garza. He once said to me and my squadmates: "You have to train like Rocky from Rocky 4, so that when you get Drago-like opportunities, you can crush the tasks at hand." I love that quote because it speaks volumes to accomplishing a lot with little resources and still being successful.

What do you do outside of work?

I like all things Army so any opportunity to go to the field and sharpen my Soldier skills like rucking, PT and weapons systems is what I find fun outside the BMET world I live in.

How long have you worked here?

I have been working at USAMMC-E for just over a year.

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What do you do?

As the noncommissioned officer in charge for USAMMC-K Plans and Operations, I direct, coordinate and execute all aspects of daily unit operations, tactical training and overall mission and readiness.

What do you enjoy most about your job?

I'm privileged for the opportunity to engage in high-level strategic planning, shaping operations and readiness for all joint and combined forces in the Korean Theater of Operations.

How long have you worked here?

About 18 months.

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MASTER SGT. GUANG X. QUAN

Plans and Operations NCOIC, USAMMC-K



What's your favorite quote?

"Energy and persistence conquer all things."— Benjamin Franklin

This quote directly aligns with the core tenets of military service. Energy supplies the active drive and stamina necessary to meet the demanding physical and mental rigors of the Army. Persistence is the ultimate expression of resilience which helps me to bounce back from failure.

What do you do outside of work?

During long weekends, I enjoy traveling to other Southeast Asian nations, while dedicating standard weekends to exploring different cities across South Korea.

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