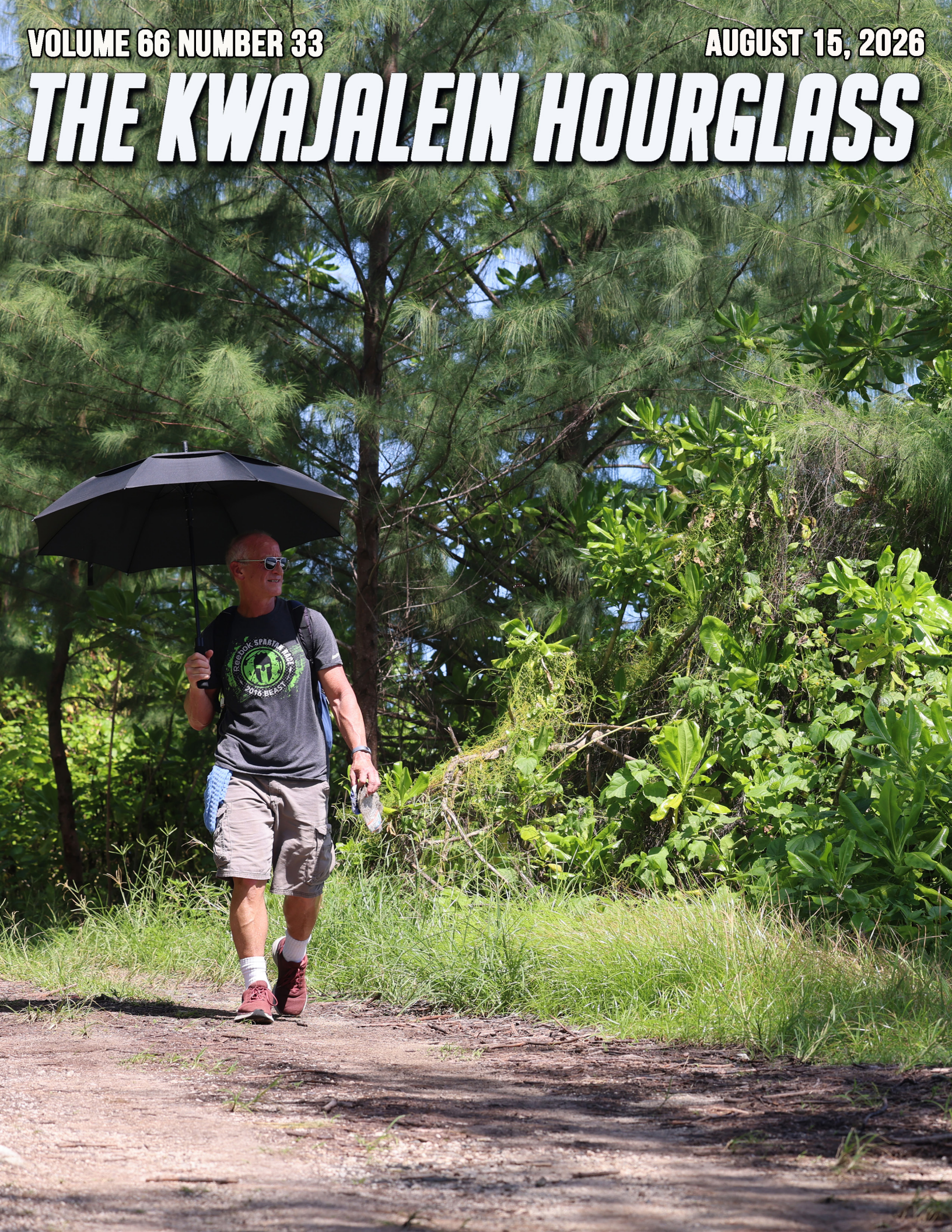


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THE KWAJALEIN HOURGLASS





26.2 MILES WITH MEANING

Each month, Don Rosenberry willingly pushes through 26.2 miles, hundreds of burpees, the brutal heat of the day and the darkness of night — carrying someone else's name all the way.

HOURLASS REPORT

By Anthony Carnelli,
Hourglass Story Writer

By the time Don Rosenberry starts his third lap around Kwajalein, it is usually well past midnight. The streets have emptied, the windows are dark, and the only sound along the perimeter is the ocean working at the reef.

He may walk two hours without seeing another soul. Alone in the dark, his sore feet sometimes inside wet shoes, Rosenberry counts down the last of roughly 60,000 steps with several hundred burpees already behind him.

He does not mind.

Once a month, Rosenberry, a senior optical engineer with RGNext, walks 26.2 miles around Kwajalein, stopping

every 45 minutes — timer in hand — to complete a set of burpees, a full-body squat-and-jump exercise.

What began as a personal test of endurance, willpower and mental fortitude has become a monthly act of remembrance.

Each marathon is dedicated to someone who has died, is hospitalized, is recovering from an injury or is living with an illness that keeps them from getting outside. The distance is the same every month. The name changes.

"I'm capable of doing this, so I dedicate it to people who aren't able to get out there and do things," Rosenberry said. "If I start thinking about quitting, I remind myself that I'm doing the marathon for someone who cannot do it

right now."

Carrying A Name For 26.2 Miles

The monthly dedications started close to home. Around the time Rosenberry started his monthly physical endeavor, his brother died, and he dedicated one of the first marathons to him. Then his wife, Kelly Rosenberry, lost an uncle, and Rosenberry dedicated the next one to him.

From there it became the practice.

The most recent one was dedicated to two people: the mother of one of Kelly's high school friends and the wife of a friend from Rosenberry's Air Force days, both of whom died recently.

He posts each dedication on his Facebook page — partly to honor the person, partly

to invite company, and partly so people know he is out on the road.

"He focuses his time and energy on those thoughts throughout the walk," Kelly Rosenberry said.

Those thoughts also happen to be what gets him to finish.

"When things get really tough, I find that dedicating it to others, you take yourself out of it," Rosenberry said.

Finding The Next Hard Thing

Rosenberry's athletic background came from Spartan obstacle-course racing, not traditional distance events. Before arriving on Kwajalein, he had never completed a marathon. Spartan races range from the Sprint, a three- to five-mile course with about 20 obstacles, to



the Beast, roughly 13 miles with more than 30. Completing all race distances in one year earns what Spartan calls a trifecta.

Knowing he would not be flying out for races the way he once did any time soon, Rosenberry needed something else. So, he started walking, working his way up to 15,000 or 16,000 steps a day. Early in the year, a longer local race got him wondering how long it would take him to walk a marathon. He measured his laps, did the math and decided in January to find out.

It took about 14 and a half hours. Three full trips around the island's perimeter — with one lap alone running about 20,000 steps.

"I learned that I could actually do it," Rosenberry said.

Then came the thought that shapes most of what follows.

"I did this hard thing, but

how can I make it harder?" he said. "That's part of my nature."

A Little Bonus Torture

As if walking 26.2 miles was not difficult on its own. So, Rosenberry adds a set of

burpees — every 45 minutes.

The count climbs by one each month. During the most recent marathon he was doing 26 at every interval; the next month called for 27, and he intends to keep add-

ing until he reaches 30 — the traditional Spartan Race penalty for a failed obstacle, and a standard he wants to hold onto.

The burpees also solve a problem. In a Spartan race,



 COURTESY PHOTO

ABOVE: Don Rosenberry and his daughter complete a fire obstacle during a Spartan race, running across burning logs as part of the course.

obstacles deliver small victories all along the course, something to clear and put behind you. In Rosenberry's eyes, a walk around a nearly flat coral island offers no such thing. So, the intervals give the marathon structure, a rhythm and a scoreboard.

They also stack up. A single lap accounts for at least 170 burpees. By the third and final trip around the island, Rosenberry has several hundred behind him, and that is usually when the walk turns punishing.

The first lap brings a different kind of punishment. Rosenberry calls it the "fatty lap," the stretch through the heat of the day with his umbrella up for shade. Once the sun goes down, along with the umbrella, the temperature becomes easier to manage.

By the third lap, heat is no longer the problem. Exhaustion sets in — hours of walking and hundreds of burpees have accumulated. His feet



hurt, his legs are tired and there is still another stretch of island ahead.

"During the third lap, I may think, 'I have already done around 250 burpees. I am tired. Maybe I should scale them back or skip one round,'" he said.

By then it is often 1 or 2 a.m. Most months he is finishing somewhere between 3 and 4

a.m. It may have been raining. His shoes may be soaked, his feet aching, his toes rubbing raw.

He does not skip the next round. For Rosenberry, finishing the marathon depends as much on controlling his thoughts as enduring the physical pain.

"As soon as you start having the negative self-talk — 'This

is hard, my legs are sore, I'm thirsty' — the faster you go downhill," he said. "You must focus on what you've already accomplished."

So, on the third lap, when his feet hurt and the rain has soaked through, he does the arithmetic in his favor. Not 20,000 steps to go. Forty thousand already done.

It's the same lesson he



would give his daughter during races. When she started talking herself into misery, he would tell her she was feeling strong and that the course was easier than she expected.

There have been nights on Kwajalein when the rain came sideways, and the wind pushed him under a stand of trees for 15 to 20 minutes with his umbrella. Then he picks up where he left off.

Asked whether he has ever come close to quitting one of the monthly marathons, Rosenberry does not hesitate.

“No. It sucks, but I took on this challenge, and I’m going to finish it. When it gets difficult, I remind myself who I’m doing the marathon for. That’s usually enough to make me stop complaining, ‘suck it up, buttercup and keep going.’”

“He’s tenacious,” Kelly said. “He will continue to go even when he is exhausted.”

Hydrate, Gel, Burpee, Repeat

Discipline in the moment does not substitute for preparation, and Rosenberry is blunt about that. He has seen racers show up for Spartan races with their gear but little training or research, only to cramp badly enough that they could not finish.

In the week before a marathon, he increases his water intake, eats more high-protein foods, cleans up his diet and gets more sleep. Before the most recent walk, he had just finished month of weightlifting and stopped lifting entirely for the final week so his muscles could recover, shifting to yoga and stretching instead.

Over the full 26.2 miles, he drinks about a gallon and a half of water and takes roughly 16 energy gels or chews for electrolytes and fuel. Breakfast is generally his last real meal before he starts. He makes a quick stop at his house after each loop to refuel.

That self-sufficiency is not optional. There are no water



stations, course marshals or support crews waiting along Kwajalein’s perimeter — especially at 2 a.m.

“At an organized Spartan race, there are water stations, so you are never truly on your own,” Rosenberry said. “Here, I am on my own.”

His advice to anyone considering something similar: do the work, research what the distance actually de-

mands, carry enough water and make sure somebody knows where you are. For Rosenberry, that person is Kelly.

He distills the rest of his operating manual into four words: “Hydrate, gel, burpee, repeat.”

That rhythm keeps him moving. The solitude gives him something an organized race rarely can: hours to ex-

perience Kwajalein at walking speed. Rosenberry hugs the perimeter as much as he can, following the ocean breeze through parts of the island that people often pass without really seeing.

“You need to get outside and enjoy this place,” he said. “I try to walk a different path or notice something I haven’t seen before. There are so many beautiful things to see



here.”

He picks up trash along the way, another habit born from spending so many hours walking the island’s shoreline.

Although Rosenberry welcomes company, he does not expect anyone to follow him for all 26.2 miles. Walk one lap, he tells people. Walk part of a lap. Walk 4,000 steps. Or simply wave when you see the man carrying the black umbrella.

Kelly joined him once for an entire lap. One was enough.

“He’s nuts, but I already knew that,” she said with a laugh. “I was amazed and proud of him for doing it.”

For Rosenberry, pushing himself past comfortable is hardly a new habit.

No Excuses

The discipline goes back to age 12.

Rosenberry’s two older brothers were bullied throughout school. He watched how they were treated, decided he did not want to become an easy target and began working out.

The habit outlasted the reason.

He carried the same discipline into school, his career and the challenges he chose for himself. After a motorcycle accident left him with a completely separated shoulder, recovery required nearly a year of patience and kept him from weightlifting for longer than he wanted. He eventually rebuilt the strength he had lost.

The marathons arrived during another transition in Rosenberry’s life. With their children grown and away from home, he and Kelly found themselves on their own again.

“Now it is just the two of us again for the first time since we were newly married,” Rosenberry said.

In some ways, the monthly challenge brings together much of what came before it — the discipline he began developing at 12, the obstacle races he once ran, the injuries he worked his way back from and now, the names he carries with him around Kwa-

jalein.

Underlying all of it is a simple philosophy.

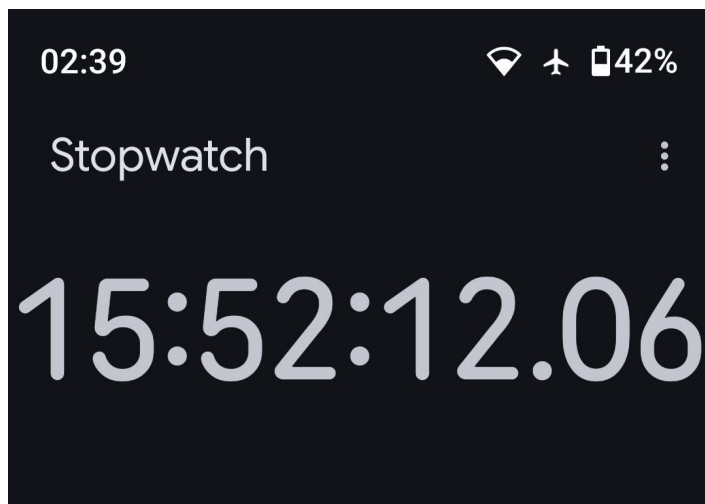
“Do tough things,” he said. “A lot of people live such relaxed lifestyles, and they limit themselves far beyond what they actually can do.”

“When you finish something like this, other things become easier to take on,” Rosenberry said. “They don’t seem quite as challenging

anymore.”

So, when Rosenberry reaches the far side of the island at 2 a.m., the task becomes simple.

Put one foot down. Then the other. Wait for the timer. Do the burpees. Keep moving. The miles reveal what Rosenberry can endure. The dedication reveals what makes enduring it worthwhile. ❧



ABOVE: After 26.2 miles, more than 270 burpees and nearly 16 hours on the move, Rosenberry finished his latest marathon at 2:39 a.m.



Front Cover: Trekking with Purpose by Anthony Carnelli

Back Cover: Tropical Serenity by Isaiah Matthews

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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PHOTOS BY CHRISTY WAGNON

COMMUNITY

MORE THAN TELEVISION: HOW KWAJALEIN BECAME PART OF SHARK WEEK

HOURLASS REPORT

By Christy Wagon
Hourglass Staff Writer

Every summer, millions of viewers tune in to Discovery Channel's Shark Week, a television event that has captivated audiences for nearly four decades. Originally launched in 1988, Shark Week was created to educate viewers about sharks, promote conservation, and challenge misconceptions about one of the ocean's most misunderstood animals. Over the years, it has grown into the longest-running cable television programming event in history and is now broadcast in more than 70 countries.

This year's programming has a unique connection to Kwajalein Atoll.

One of the featured episodes explores the legends surrounding the so-called "Atomic Sharks" of Bikini Atoll and the Marshall Islands, blending history, underwater exploration, and

shark behavior. While the program examines stories that have circulated for decades, it also shines a spotlight on one of the world's most remarkable marine environments and one that many Kwajalein residents are fortunate enough to experience firsthand.

The production team reached out to several members of the Kwajalein community to assist with filming, giving a few locals the opportunity to experience the making of a Shark Week episode firsthand. Ariel Smock was among those involved and shared her perspective on what it was like behind the scenes.

"I became involved because of my diving background and local experience on Kwajalein," Smock said. "I served as an extra safety diver, remaining on standby during filming in case additional in-water support was needed. Fortunately, everything went smoothly, so I never had to enter the water in that role."

She also participated in a reenactment of a shark bite incident that occurred on Kwajalein, giving her a unique opportunity to contribute to the storytelling while seeing firsthand how television productions are made.

Although Smock has spent countless hours underwater through scientific and recreational diving, working with a television crew was something entirely new.

"I really didn't know what to expect," she said. "Being around a television production was a completely

different experience. I was surprised by how much planning, coordination, and patience went into every scene. What might only be a few seconds on screen often takes hours to capture, and there are so many people working behind the scenes to make it happen."

The experience gave her a new appreciation for the teamwork involved in creating a documentary-style program.

"My favorite part was getting to see what goes on behind the scenes," Smock said.



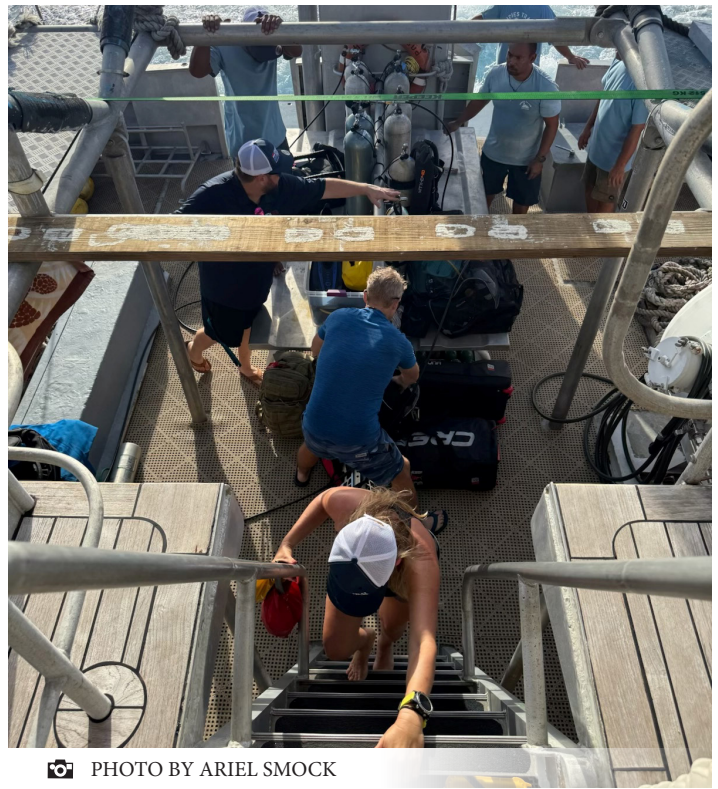


PHOTO BY ARIEL SMOCK



PHOTO BY ARIEL SMOCK



"It was fascinating to watch how much work, planning, and teamwork went into creating each scene. I also really enjoyed meeting all the people on set. Everyone brought different skills and experiences to the production, and it was fun getting to learn from them and see how passionate they were about their work."

For Kwajalein residents, the episode is about more than sharks. It also highlights the unique history of the Marshall Islands.

Following World War II, Bikini Atoll became the site of U.S. nuclear testing during Operation Crossroads and subsequent test series. Decades later, the surrounding waters have become known not only for their historical significance but also for thriving coral reefs and abundant marine life. Healthy shark populations are often considered indicators of healthy reef ecosystems, making the Marshall Islands an important place for both marine research and conservation.

Smock hopes viewers come away with a greater appreciation for that environment.

"I hope viewers see that

Kwajalein is home to an incredible marine ecosystem and that healthy shark populations are an important part of that environment," she said. "It's a unique place with beautiful reefs and diverse marine life, and I hope the episode inspires people to appreciate and protect these ecosystems rather than fear them."

While Shark Week has evolved over the years into a mix of science, adventure, and entertainment, its original mission was to educate viewers about sharks and encourage conservation efforts. Whether viewers tune in for the excitement, the underwater cinematography, or the fascinating marine biology, this year's episode offers something extra for the Kwajalein community, the chance to recognize familiar waters and know that some of our own helped make it happen.

As Shark Week returns to television screens around the world, Kwajalein can take pride in playing a small part in telling the story of one of the ocean's most fascinating, and often misunderstood, predators. ▼



PHOTOS BY ISAIAH MATTHEWS

COMMUNITY

HIDDEN HISTORY OF KWAJALEIN: WHERE THE PAST STILL STANDS

HOURLASS REPORT

By **Isaiah Matthews**
Hourglass Story Writer

A flight north across Kwajalein Lagoon ends on a runway that stretches almost the length of Roi. Passengers step from the aircraft, collect their belongings and begin the familiar movement toward offices, workshops and mission facilities. Within minutes, another workday on Roi-Namur is underway.

The arrival feels routine. The ground beneath it is not.

The runway follows the path of an airfield built before World War II. Nearby, concrete shelters, gun positions and the remains of military structures stand among trees and modern facilities. Some are easy to recognize. Others have weathered into the landscape, their original purpose no longer obvious to anyone passing without knowing where to look.

Roi-Namur does not preserve its history behind mu-

seum walls. Its history shares space with the present.

The name itself tells part of the story. Roi and Namur were once two distinct islets at the northern end of Kwajalein Atoll. During the Japanese occupation of the Marshall Islands, the two served different but connected roles. Roi was dominated by an airfield, while Namur contained military headquarters, barracks, defensive positions and support facilities for operations across the northern end of the atoll.

Together, the islands formed one of Japan's principal military positions in the Marshalls.

By early 1944, the war had reached Kwajalein.

For American planners, capturing the atoll was about far more than taking a collection of small islands in the middle of the Pacific. Kwajalein offered airfields, anchorage and a strategic position from which U.S. forces could continue moving west toward the heart of Japan's defensive

perimeter.

Roi-Namur became one of the main objectives of Operation Flintlock, the campaign to seize Kwajalein Atoll.

The assault also reflected lessons learned elsewhere in the Pacific. Just months earlier, U.S. forces had suffered heavy casualties during the Battle of Tarawa. At Kwajalein, commanders relied on longer bombardments, increased artillery support, amphibious vehicles and extensive coordination between naval, air and ground forces before troops reached the

beaches.

On Jan. 31, 1944, Marines began securing smaller islands surrounding Roi and Namur. Those positions gave American forces access to the lagoon and provided locations for artillery that could support the main landings.

The following day, Marines of the 4th Marine Division moved toward Roi and Namur.

On Roi, Marines came ashore from the lagoon side and advanced across the island toward the airfield. The fighting was intense but rel-



actively brief. Within hours, American forces had crossed the island and reached the northern shoreline.

Namur proved more difficult. Marines moved through shattered buildings, defensive positions and debris left behind by the bombardment. Fighting continued into the night and through the following day before the island was secured on Feb. 2.

On a timeline, the battle appears remarkably short.

For the men who fought there, it was anything but.

Hundreds were killed or wounded during the fighting, and much of Roi-Namur was left devastated. Buildings were destroyed, vegetation stripped away and the landscape transformed in little more than two days.

Yet almost as soon as the fighting ended, another transformation began.

Engineers and Navy Seabees started clearing wreckage and repairing the airfield. Within days, portions of Roi's runway were again operational. Aircraft soon began using the island to support continued operations deeper into the Pacific.

The mission had changed, but Roi's strategic value had not.

That pattern would repeat itself decades later.

After World War II, Roi-Namur eventually became part of a very different military mission. During the Cold War, the island became increasingly important to missile testing, radar research and the study of reentry vehicles traveling through the atmosphere.

Those early programs helped establish the technological mission that continues there today.

Modern radar, optical, telemetry and communications systems now support missile testing, space surveillance and other national defense missions. The aircraft, equipment and purpose are vastly different from those of 1944, yet Roi-Namur remains strategically important for many of the same reasons it was important generations ago: its location, its isolation and the vast Pacific surrounding it.

What makes Roi-Namur unusual, however, is how little distance separates those two eras.

Remnants of Japanese defenses still remain across the island. Concrete gun positions face the ocean. Shelters and blockhouses stand beneath tropical vegetation.

Ruins of structures once associated with wartime operations remain scattered among facilities supporting today's mission.

Some structures are unmistakably military.

Others could easily be overlooked.

Time and vegetation have softened the landscape. Trees have grown around concrete. Grass covers ground once torn apart by explosions. What was once a battlefield has gradually become a workplace.

That transformation is perhaps what makes Roi-Namur's history so easy to miss.

For the people who travel there regularly, Roi becomes familiar. The morning flight becomes a commute. The runway becomes simply the place where the aircraft lands. Roads lead to offices and work centers rather than battle positions.

But familiarity does not erase what happened there. It simply places another layer on top of it.

That is one of the unusual realities of living and working on Kwajalein Atoll. Places that would be preserved entirely as historic sites elsewhere continue serving active

missions here. The past has not been removed to make room for the present. The two exist beside one another.

A person can spend the morning working near one of the most advanced radar systems in the world and pass the remains of a World War II fortification on the way back.

Few places make the distance between generations feel quite so small.

Roi-Namur is no longer the island American forces encountered in February 1944. The battlefield has changed. The mission has changed. More than eight decades have passed.

But the history has never completely disappeared.

It remains in the concrete beneath the trees, in the path of the runway and in the remnants scattered between modern facilities.

Each morning, aircraft arrive and another workday begins. Radars turn toward the sky. Employees move through the same landscape generations before them once fought to secure.

And quietly, alongside the modern mission, the past still stands. ▾





PHOTOS BY ANNETTE MONK

COMMUNITY

MAKING MOVES EASY: MEET THE TEAM THAT WELCOMES EVERY SHIPMENT HOME

HOURLASS REPORT

By Annette Monk, Hourglass Story Writer

When newcomers arrive on Kwajalein, it doesn't take long before they start looking forward to one special day — the day their shipment finally arrives. After weeks, or sometimes months, of waiting, that knock on the door means their boxes, bikes, and pieces of home have made it safely across the ocean.

Behind every one of those deliveries is the Packing and Crating (P&C) team, a hard-working group of 10 people led by Supervisor Tammy Bowman. With more than 100 years of combined experience on the island, this crew manages one of the most complex — and often overlooked — parts of island life: helping families move to and from one of the most remote locations on Earth.

The heart of every move

starts with the people who orchestrate it. “Our team handles it all — packing, crating, loading, and delivering — for the Army, Department of Defense, and contractors,” Bowman explains. “No matter the size or destination, we treat every move like it's our own.”

And there are plenty of moves to manage. In 2024 alone, the P&C team packed and delivered more than 300 shipments, each one representing a new adventure beginning or another chapter closing.

The logistics behind these moves require rigorous planning and coordination. Contractor shipments travel by barge from the U.S. mainland to Oakland, California, then on to Guam before finally reaching Kwajalein. Army and DoD shipments often arrive by AT1 or C 17 aircraft. Depending on the route and timing, it can take anywhere from two to six months for belongings to complete the

journey.

If you've ever seen the team in action, you know their work is part science, part art — done with precision, care, and craftsmanship. Every item, from dishes and mirrors to bikes and books, is carefully wrapped, boxed, and labeled for its long trip across the Pacific.

Bowman describes the process with the pride of a crafts-

person:

“Breakables get layered in sturdy dish-pack boxes. TVs and monitors go into custom-built cartons. Furniture is wrapped and secured piece by piece. Once everything's ready, we list every item on an inventory sheet and seal the crate with security bands. It's all about precision and protection.”

Even though the team



works with forklifts, banding tools, and cargo containers, their mission is deeply personal: keeping people's lives and memories safe until they arrive at their new home.

When new residents finally unpack on Kwaj, there's one thing Bowman says almost everyone realizes:

"They don't need as much stuff as they brought," she laughs. "Houses here are fully furnished, and so are the BQs. You really just need the basics — and maybe a few comfort items that remind you of home."

Her advice for anyone preparing to move to the island is simple and practical:

- Leave behind liquids, aerosols, and anything open or flammable.

- Skip winter clothes and lawn tools — you won't need them here.

- Invest in a good bike with an aluminum frame — "it's the best way to get around, and it won't rust."

- And, she adds with a grin, "maybe don't bring Grandma's china cabinet."

For Bowman and her crew, it's not just about shipments — it's about people. Beyond the boxes and barrels is a human side of logistics that always comes first.

"Moving is one of life's biggest stressors," she says. "If we

can take some of that stress away — if we can make it a little easier for someone to settle in — then we've done our job."

The team sees families arrive wide eyed and a little nervous, and later watches them fall in love with island life.

"The best part is seeing the kids running around, riding bikes, exploring. There's a sense of freedom here that families really cherish."

The P&C crew's hard work doesn't go unnoticed. Feedback from newcomers and departing residents alike says it all:

"Best pack out in 20 years

of moving."

"Excellent service — one of the best in 19 years in the Service."

"Your team is elite — we appreciate you all."

"A well oiled machine. Fast, professional, careful, and kind."

Those last two words — careful and kind — define the team best.

When asked to sum up what the job means in a single word, Bowman doesn't hesitate.

"Trust. People trust us with their personal belongings, their memories, their lives in boxes. We don't take that trust lightly."



Whether you're arriving for the first time or heading off to your next adventure, the P&C team is there every step

of the way — lifting, labeling, loading, and delivering more than just boxes. They're helping people start new

chapters, turning moves into homecomings and creating a smooth landing for every new beginning.

And on an island where community means everything, that kind of care makes all the difference. X





PHOTO ILLUSTRATION

COMMUNITY

COMMON GREETINGS

HOURLASS REPORT

By **Anthony Carnelli**,
Hourglass Story Writer

Words: Iḷkwe, Iḷkwe eok, Iḷkwe kom, Iḷkwe aolep, Iḷkwe, ej et am̄ mour?

Simplified spelling: Yokwe

Approximate Pronunciation: YAH-kway / YAH-kway yawk / YAH-kway kohm / YAH-kway ow-lep / YAH-kway, ej et ahm moor

Basic Meaning: Hello — to one person, to a few people, or to everyone in the room.

Editor's note: First, Marshallese orthography places diacritical marks beneath certain letters — ̄, ̂, ̃, and ̄. The greeting is commonly written iḷkwe with a cedilla, and also appears as iakwe; this column follows the spellings as submitted, and they should be checked against the orthography the Hourglass

has been using. Second, iḷkwe also carries the sense of love and affection, and it is widely used at parting as well as at meeting; both points should be confirmed by a language advisor, as should the various popular explanations of the word's origin, which this column deliberately leaves out. Third, the customary reply to ej et am̄ mour? should be verified with a fluent speaker.

Walk into a room with native Marshallese speakers and say iḷkwe. For many newcomers, it is the first Marshallese word they learn — and often the one they use most.

Someone walks into a room and says one word, and the room says it back. It happens at the briefing before a shift starts, in a school hallway, at a store counter, on the boat between Ebeye and Kwajalein, on the road when two bikes pass going opposite directions. The word is iḷkwe, and for most newcomers it is the

first Marshallese they hear and, for a long while, the only Marshallese they use.

That is the useful thing about it. On its own, iḷkwe is a complete greeting. It is not reserved for a certain hour, a certain rank or a certain occasion, and there is no separate morning or evening version to keep straight. It works walking past one person and it works tossed at a group.

What changes is not the greeting. It is who the greeting is pointed at.

Iḷkwe or Yḷkwe — YAH-kway

This is the simplest form, and a complete greeting on its own. A typical quick response by the receiving party would be saying Iḷkwe, Iḷkwe — twice.

Iḷkwe eok — YAH-kway yawk

Hello to you. The word eok is “you” as the object of the greeting, which aims the whole phrase at one person.

Iḷkwe kom — YAH-kway kohm

Hello to all of you. Kom is “you” when there is more than one of you, so the greeting stretches to cover two people or ten.

Iḷkwe aolep — YAH-kway ow-lep

Hello, everyone. Aolep means “all,” and this is the phrase for stepping into a meeting. It greets the room rather than anyone in particular, which is exactly what a latecomer needs.

Iḷkwe, ej et am̄ mour? — YAH-kway, ej et ahm moor

Hello, how are you? The phrase sits closer to “how is your life?” The word mour covers living and health together, which makes the question a little broader than the English one it resembles. It is the natural next step after the hello, not a separate formality.

What the choice asks of you:

English lets a speaker greet a room without deciding how many people are in it; “hi” covers one person and twelve equally well. Marshallese asks first. Picking between eok, kom and aolep means paying attention to who you are greeting.

Newcomers often hesitate here, worried about getting the vowel wrong. The hesitation costs more than the mistake does. A greeting offered

imperfectly still lands as a greeting.

“We also use Yòkwe for when we say good morning,” said Tony Jeadrik, a native Marshallese speaker who works on Kwajalein.

Saying Full Phrases

Marshallese:

Marshallese: Iòkwe eok!

English: Hello to you!

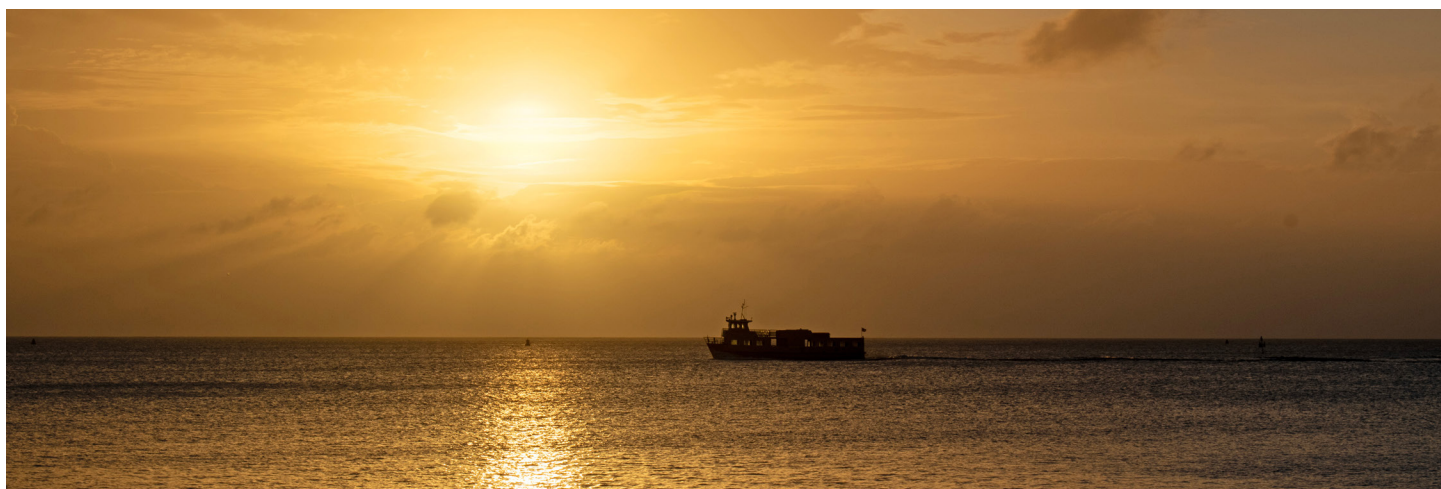
Or

Marshallese: Iòkwe aolep!
Ej et am̧ mour?

English: Hello, everyone!
How are you?

There is nothing rare about iòkwe. It is said hundreds of times a day across Kwajalein, Ebeye and the rest of the Republic of the Marshall Islands. Most of it barely registering, the way “good morning” barely registers anywhere. But it is the one word that costs a newcomer nothing to learn and returns something immediately. Say

it once at the pier or in a hallway and the exchange that follows is no longer entirely one-sided. The word does not open a door onto Marshallese culture, and it should not be asked to. It does something plainer. It acknowledges that someone else is standing there, and it names how many of them there are. ❧



ROI PUBLIC NOTICE: UXO CLEARANCE OPERATIONS

DATES: MAY - NOV 2026

The UXO Clearance Team will conduct daytime intrusive excavation operations in support of the DP2026-35 UXO Clearance Roi LSA South.

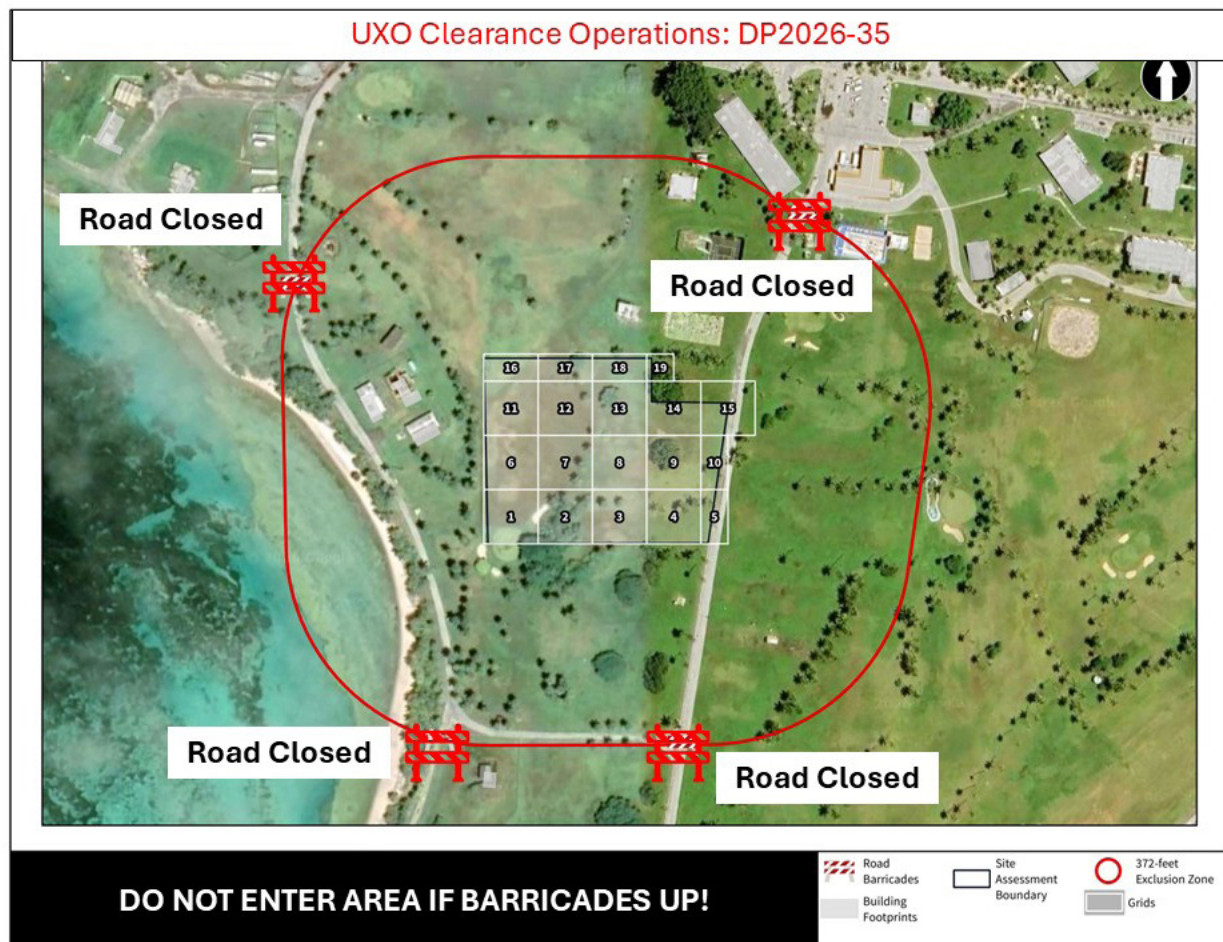
Daily operations: 6:00 AM – 4:30 PM

Schedule: Thursday – Sunday until project completion

Safety Notice:

During these periods, the designated exclusion zone (see accompanying map) will be strictly off-limits to all personnel. Road barricades will mark restricted access points. For your safety: Do not enter or cross any barricaded areas during the specified time frames. Follow all posted signage and instructions from safety personnel. We appreciate your cooperation in maintaining a safe work environment.

Emergency Services can come through exclusion zone, blast horn to notify UXO team.



YOUR COMMUNITY. ALL IN YOUR HAND.

The **My Army Post App** keeps **Kwajalein Hourglass** connected, informed, and prepared.



My Army Post
KWAJALEIN HOURGLASS



WEATHER UPDATES
Real-time conditions and
Air Quality Index



FERRY AND FLIGHT INFO
Departure and
arrival times



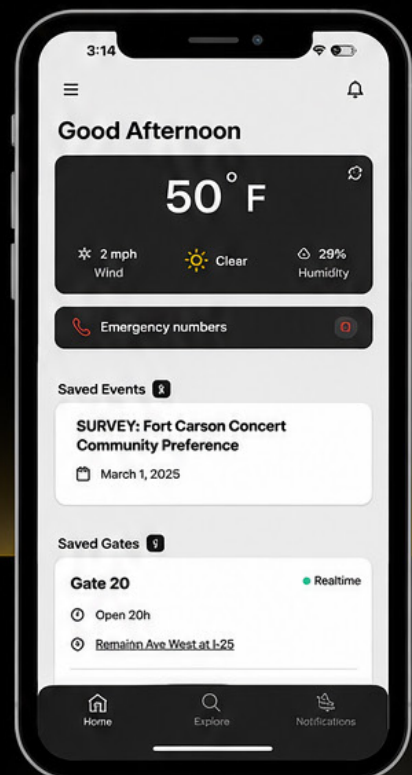
COMMUNITY EVENTS
Stay up to date on happenings
around the island



EMERGENCY INFO
Quick access to important
contacts and alerts



SUPPORT & RESOURCES
Find services, programs,
and assistance



STAY IN THE KNOW. ANYTIME. ANYWHERE.
DOWNLOAD MY ARMY POST APP

Your essential guide to life on Kwajalein Hourglass.



GET IT ON
Google Play



Download on the
App Store



Stay connected.
Stay informed.
Stay Kwaj.

KWAJ EYECARE IS COMING TO THE ISLAND

July 28th – Aug 18th
Schedule now



Kwajalein Hospital 480-2223

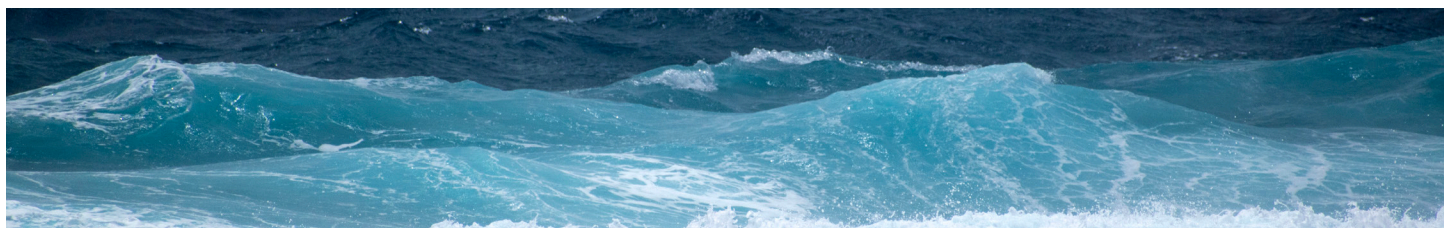


www.kwajeyes.com



**Scan QR code to schedule
your appointment!**

• Comprehensive Eye Exams • Treatment of Dry Eyes • Red Eyes • Management of Eye Disease • Computer glasses • Sunglasses
• Contact lenses (including multifocal options) • Safety glasses



UNITED



Kwajalein (KWA), Republic of the Marshall Islands

DAY OF WEEK FLIGHT NUMBER	SUNDAY NO FLIGHT	MONDAY UA155	TUESDAY UA154	WEDNESDAY UA133	THURSDAY UA132 UA155		FRIDAY UA154	SATURDAY NO FLIGHT
ARRIVING FROM		Guam, Chuuk, Pohnpei, Kosrae	Honolulu, Majuro	Guam, Chuuk, Pohnpei	Honolulu, Majuro	Guam, Chuuk, Pohnpei, Kosrae	Honolulu, Majuro	
DEPARTING TO		Majuro, Honolulu	Kosrae, Pohnpei, Chuuk, Guam	Majuro, Honolulu	Pohnpei, Chuuk, Guam	Majuro, Honolulu	Kosrae, Pohnpei, Chuuk, Guam	
CHECK-IN TIME		2:30PM ⬇ 4:50PM	10:30AM ⬇ 11:10AM	2:15PM ⬇ 4:15PM	11:00AM ⬇ 11:40AM	2:30PM ⬇ 4:50PM	10:30AM ⬇ 11:10AM	
ARRIVAL TIME		5:40PM	12:00PM	5:00PM	1225PM	5:40PM	12:00PM	
CHECK-IN COUNTERS CLOSES NINETY (90) MINUTES PRIOR TO SCHEDULED DEPARTURE								
BOARDING		As soon as Cabin Inspection is complete						
DEPARTURE TIME		6:20PM	12:40PM	5:45PM	1:10PM	6:20PM	12:40PM	
AIRCRAFT TYPE		B737-800						
SECURITY SCREENING CHECKPOINT CLOSES SIXTY (60) MINUTES PRIOR TO SCHEDULED DEPARTURE								
CARGO HOURS		9:30AM-2:30PM 6:00PM-6:30PM	9:00AM-10:45AM 1:30PM-4:30PM	9:30AM-11:00AM 1:00PM-2:15PM 5:45PM-6:00PM	9:00AM-11:00AM 1:30PM-4:30PM	9:00AM-11:00AM 1:30PM-2:30PM 6:00PM-6:30PM	9:00AM-10:45AM 1:30PM-4:30PM	9:30AM-11:00AM 2:00PM-4:30PM

Cargo bookings must be made 48 hours prior to the day of tender for United Airlines and APA flights

Asia Pacific Airlines (APA) operates Wednesdays & Saturdays ETA 1:00PM / ETD 2:00PM. For flight schedule updates, visit APA's website
www.asiapacificairlines.com

Showcase Your Best Kwaj Photo!

JOIN US FOR THE
KAG/YYWC ART SHOW
SUNDAY, AUGUST 30, 2026

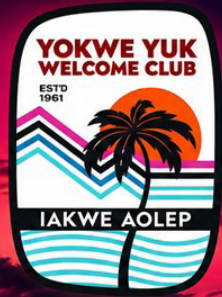
 **7:00 – 10:00 PM**  **CRC 6**

PHOTO SUBMISSION REQUIREMENTS

-  Horizontal (landscape) photos only
-  Maximum print size: 13" × 19"
-  Digital file size: 3900 × 5700 pixels at 300 dpi
-  Limit one photo submission per photographer
-  Email your photo to Kim.K.healy@gmail.com
-  Subject line: Art Guild Photo Submission

SUBMIT BY AUGUST 21

Submissions received after August 21 will be accepted based on the availability of printing supplies.



- STUNNING IMAGES
- LOCAL TALENT
- REFRESHMENTS
- COMMUNITY & CREATIVITY

TOP 12 PHOTOS,
AS VOTED ON DURING THE SHOW,
WILL BE FEATURED IN THE
2027 KWAJALEIN CALENDAR!



EACH PHOTO WILL BE ENTERED INTO THE
ART SHOW SILENT AUCTION!

Dig through your photos and share your unique perspective of island life.

We can't wait to see Kwaj through your lens!



E-wareness: Trimming and Removal of Vegetation

A *Vegetation Trimming and Removal Permit* is required for the following actions:

- Complete removal of any established vegetation.
- Major trimming of vegetation, defined as greater than 20% of each plant/tree volume.

Vegetation permits are obtained through the Environmental Department by calling 480-0722.

Removal of root balls below six inches requires an approved Dig Permit from the Service Desk (480-3550).



Melim in “Vegetation Trimming & Removal” Ej aikuj wor/lon:

- Komakut jabdewot wut (i.e. wojke, ak mar)
- Mwijmwij jen wut, kallikar an laplok jen 20% in wut kein kenono kaki ilon

Komakut wut jen okar in 6-inch mwilal lok ej aikuj wor an “Dig Permit”.

Kur lok Service Dest ilo (480-3550) non bok Dig Permit.

Kur lok Environmental ilo (480-0722) non melele ko relaplok.

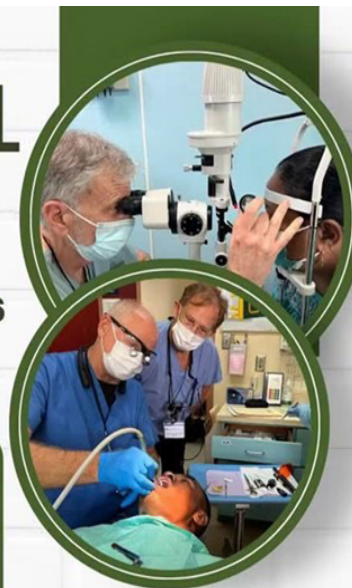
CANVASBACK MISSIONS OPTICAL & DENTAL EBEYE MISSION

 **August 12-14 & 17-18, 2026**

 **Ebeye, Kwajalein**

The Canvasback Mission will be at Ebeye Hospital on August 12 - 14 and 17 - 18, 2026. The team will do visual check and dispense sunglasses, reading glasses, and single or bifocal glasses.

The team will accommodate as many patients as possible for both Optical and Dental care services. Please register in advance at the OPD clinic 9:00am - 5:00pm.



FOR MORE INFORMATION, PLEASE CONTACT:

 (692) 235-8029

 lhino@rmihealth.org

Notification for *Hourglass* and USAG-KA Facebook Page

Kwajalein Reclaimed Water Standard Violation

The Reclaimed Water System Document of Environmental Protection (DEP) requires public notification when the standards for reclaimed water are not met. On 8 June 2026, the chlorine residual concentration in the Entry Point (POE) to the reclaimed water distribution system dropped below the standard of 1.0 mg/L at 0.5 mg/L for approximately 8 hours. Chlorine is added as a disinfectant at the Point of Entry (POE) into the Reclaimed Water System. On 10 June 2026, the turbidity level at the POE exceeded the maximum of 5.0 Nephelometric Turbidity Units (NTUs) at 5.23 NTUs. On 16-20 June 2026, the 7-day rolling turbidity average in the reclaimed water distribution system measured above the 2.0 NTU standard. Turbidity is the cloudiness or haziness of a liquid caused by particles that are generally invisible to the naked eye. **No health-based restrictions on the normal use (irrigation, vehicle washing, etc) of reclaimed water are necessary.** There is no threat to public health or the environment resulting from this turbidity exceedance. Questions? Contact V2X Environmental at 480-0722.

Jorraan Eo Ilo Reclaimed Water System Eo Ion Kwajalein

Ekkar non Reclaimed Water Document eo an Environmental Protection/ak naetan (DEP) aikuj bwe en karon jukjuk in ped elane ewor jorraan ko rejolet dren eo ion Kwajalein. Ilo 8 June j 2026, chlorine residual concentration ilo Entry Point (POE) lok non reclaimed water distribution system eo ekar walallok non lalin standard kin 1.0 mg/L ilo 0.5 mg/L iloon 8 hours . Rar bar ilik chlorine non karreoiki lok non jonon in ej delon ilo Reclaimed Water System eo. Ilo 10 June 2026 , turbidity level ilo POE ekar tobar jonon in kin 5.0 Nephelometric Turbidity Units (NTUs) ilo 5.23 NTUs. Ilo 16-20 June 2026 , 7-ran rolling turbidity average in the reclaimed water distribution system eo ej kalok ke ej ilon lok 2.0 NTU Standard. Menin ekomman bwe en laplok an tap ak ettoon dren in ilo an koman kii ko jeban loi. **Ejjab jelet ejmour non karon im rejan ikkijeon kojerbal dren in (non wutdrikdrik, kwali waa ko, im jerbal ko eirlokwo) non aikuij ko jet.** Jokjok in eban jelet ejmour ak jukjuk bed iloon alik kar ilo ekotak kein. Kajitok kir V2X Environmental ilo 480-0722.





PET OF THE WEEK!

WE'RE LOOKING FOR PARTICIPANTS!



Does your pet have a story to tell? We'd love to feature them in our new **Pet of the Week** (every two weeks) series! To nominate your pet, send us:

Your name

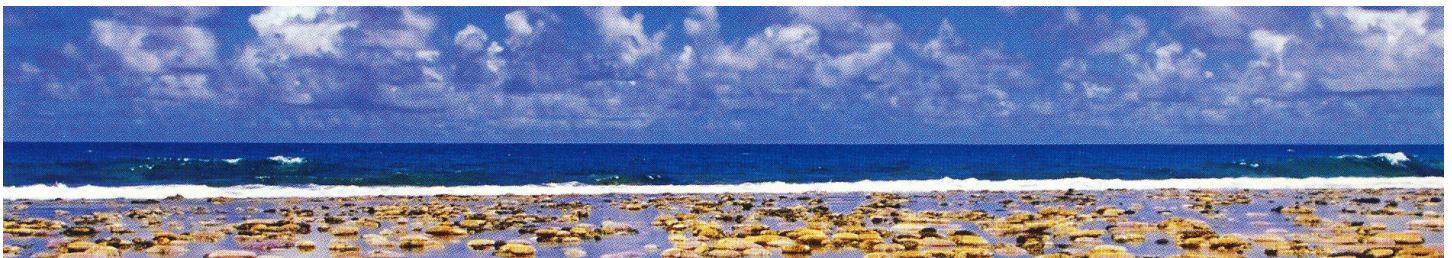
Your pet's name

A few details about your pet (breed, age, personality, favorite activities, etc.)

A fun fact about your pet

Whether they're playful, goofy, adventurous, or just love naps in the sun, we want to meet the amazing pets in our community!

SUBMIT YOUR INFORMATION AND PHOTOS TO:
kwajaleinhourglass@gov2x.com





CALLING ALL VENDORS!!!

NOW IS THE TIME TO SIGN UP FOR A BOOTH
IF YOU WOULD LIKE TO HAVE A SPOT AT
OUR **LABOR DAY** FESTIVITIES.

PLEASE COME BY THE SHERWOOD
LIBRARY OR CALL **480-3332**
TO SIGN UP FOR A BOOTH.

THIS EVENT WILL BE HELD ON LABOR DAY
@ **EMON BEACH**



LABOR DAY

SEPTEMBER 7

4:30PM – 9:30PM

EMON BEACH

U.S. ARMY MWR
SUPPORTS • FAMILIES • RETIREES • CIVILIANS



MONDAY

SEPTEMBER 7

EMON BEACH

DISPLAY BOATS:
5PM – 6PM
RACES BEGIN:
★ **6PM** ★

SAFETY FIRST!
ALL CREW MEMBERS MUST WEAR
A LIFE JACKET WHILE ON THE WATER.
Need one? WE'LL HAVE PLENTY
AVAILABLE FOR YOU TO USE.

U.S. ARMY MWR
SUPPORTS • FAMILIES • RETIREES • CIVILIANS

FITNESS CLASSES



FITNESS CLASSES

WITH **ZO**



TUESDAYS
10AM & 6:30PM
FULL BODY
FUNCTIONAL TRAINING CLASS



THURSDAYS
10AM & 6:30PM
AB CLASS



SATURDAYS
10AM & 6:30PM
FULL BODY
FUNCTIONAL TRAINING CLASS

FITNESS MEMBERSHIP PASSES

A PASS IS REQUIRED TO PARTICIPATE IN A FITNESS CLASS.



ANNUAL PASS
UNLIMITED CLASSES
EXPIRES IN ONE YEAR

\$125



6-MONTH PASS
UNLIMITED CLASSES
EXPIRES IN 6 MONTHS

\$75



PUNCH PASS
8 CLASSES
MUST BE USED WITHIN
60 DAYS OF PURCHASE

\$25



DAY PASS
\$5, VALID FOR SINGLE USE,
AND DO NOT EXPIRE.
AVAILABLE TO PURCHASE
AT CLASS IN CASH

\$5



PASSES CAN BE OBTAINED AND PAID FOR
AT THE LIBRARY, AND MUST BE
PURCHASED PRIOR TO ATTENDING A CLASS.

FITNESS CLASSES

WITH **HANNAH!**

WEDNESDAYS & FRIDAYS
POWER HOUR
AT 5PM

LOCATION:
CRC ROOM 7



LET'S SING!

KARAOKE

AT THE Oceanview

EVERY 1ST AND 3RD SATURDAY OF THE MONTH

8PM

GRAB THE MIC
BE THE STAR!
WE CAN'T WAIT
TO HEAR YOU!

Check out our KTV Daily Schedule

MIDNIGHT TO 6 AM: Classic Movies

1 PM TO 2 PM: Latest Kwaj Currents

6 AM TO 7 AM: Latest Kwaj Currents

2 PM TO 5 PM: Classic Window on the Atolls

7 AM TO 8 AM: Classic Kwaj Currents

5 PM TO 6 PM: Special Features and Interviews

8 AM TO 9 AM: Latest Kwaj Currents

6 PM TO 7 PM: Latest Kwaj Currents

9 AM TO 11 AM: Classic Kwaj Currents

7 PM TO 8 PM: Classic Kwaj Currents

11 AM TO NOON: Latest Kwaj Currents

8 PM TO 9 PM: Latest Kwaj Currents

NOON TO 1 PM: Classic Kwaj Currents

9 PM TO 11 PM: Classic Window on the Atolls

11 PM TO MIDNIGHT: Special Features and Interviews



Tune in to channel 20.2 to watch!

MWR PROGRAMMING CALENDAR AUGUST 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 MOVIES EVERY SATURDAY AND SUNDAY NIGHT AT THE YUK THEATER 7:30PM		VISIT: KWAJALEIN COMMUNITY ACTIVITIES FACEBOOK PAGE FOR MOVIE LISTINGS & TO STAY UP TO DATE ALL OF UPCOMING EVENTS! MOVIE LISTINGS ALSO FOUND ON THE ROLLER & IN THE HOURGLASS!				 1 KARAOKE 8PM @ OCEANVIEW FITNESS CLASSES WITH ZO!
2	3	4	5	6	7	8
		FITNESS CLASSES WITH ZO!	 REGISTRATION FOR SOCCER ENDS	FITNESS CLASSES WITH ZO!	FITNESS CLASS with HANNAH!	8 LATIN NIGHT 8PM @ OCEANVIEW FITNESS CLASSES WITH ZO!
9	10	11	12	13	14	15
QUIZZO 8PM @ OCEANVIEW 	 BOAT CAPTAIN CLASS 5PM	FITNESS CLASSES WITH ZO! BOAT CAPTAIN CLASS 5PM	 MANAGER MEETING FITNESS CLASS with HANNAH	FITNESS CLASSES WITH ZO!	FITNESS CLASS with HANNAH!	15 KARAOKE 8PM @ OCEANVIEW FITNESS CLASSES WITH ZO!
16	17	18	19	20	21	22
		 FIRST DAY OF SOCCER SEASON	FITNESS CLASS with HANNAH	FITNESS CLASSES WITH ZO!	FITNESS CLASS with HANNAH!	22 STOPLIGHT PARTY 8PM @ OCEANVIEW FITNESS CLASSES WITH ZO!
23	24	25	26	27	28	29
	10AM @ EMON BEACH KSC WOMEN'S DIVE DAY	FITNESS CLASSES WITH ZO!	FITNESS CLASS with HANNAH	FITNESS CLASSES WITH ZO!	FITNESS CLASS with HANNAH!	FITNESS CLASSES WITH ZO!
30	31	 TUESDAYS/ SATURDAYS: FULL BODY FUNCTIONAL TRAINING CLASS		THURSDAYS: AB CLASS	FITNESS CLASSES with HANNAH WEDNESDAYS & FRIDAYS 5PM	

ALWAYS CALL...

...if your
building's
Fire Alarm
is sounding



ALCOHOLICS ANONYMOUS

YOU DON'T HAVE TO WALK THIS PATH ALONE.

MEETING SCHEDULE:

EVERY FRIDAY, SATURDAY & SUNDAY

7:00 PM-8:00 PM

LOCATION:

2ND FLOOR, ROOM 214 at the R.E.B. (BLDG 671)

For more information or to speak with someone:

Email: kwajchapel@gmail.com

Phone: 480.3505/480.2116

Kwajalein to Ebeye Ferry Schedule



1. **C-BADGE WORKERS** have priority, EXCEPT on the following runs:
 - 0650 run (arriving at Ebeye at 0715) High Schools students have priority ridership
 - 0720 run (arriving at Ebeye at 0745) and the 1600 run (departing from Kwaj) Kwajalein School Guest students have priority rider-ship.
2. On Stevedoring days, workers involved with cargo operations have priority on the 2000 ferry.
3. SMOKING, TOBACCO, CHEW, BETEL NUT, EATING and DRINKING ARE PROHIBITED ON ALL FERRIES.
4. Boats will not be overloaded: Maximum capacities are 150 passengers (CATs and ferries) and that number may be reduced during inclement weather or at the Captain's discretion due to safety concerns.
5. Meck catamarans may operate on a dynamic schedule and will be available by calling Meck Management.
6. **SATURDAY ONLY – THERE WILL NOT BE A 2130 FERRY INSTEAD THE FERRY WILL DEPART AT 2200.**

EBEYE – Tuesday to Saturday

EBEYE – Sunday & Holiday

ETD	ETA	ETD	ETA	TYPE	ETD	ETA	ETD	ETA	TYPE
	EBEYE	EBEYE	KWAJ	VESSEL	KWAJ	EBEYE	EBEYE	KWAJ	VESSEL
0245	0310	0315	0340	FB N/1	0400	0425	0430	0455	FB N/1
0420	0445	0450	0515	FB 1	0500	0525	0530	0555	FB 1
0450	0515	0520	0545	FB 2	0600	0625	0630	0655	FB 1
0520	0545	0550	0615	FB 1	0830	0855	0900	0925	FB 1
0550	0615	0620	0645	FB 2	1140	1205	1210	1235	FB 1
0620	0645	0650	0715	FB 1	1530	1555	1600	1625	FB 1/N
0650	0715	0720	0745	FB 2	1700	1725	1730	1755	FB N
0720	0745	0750	0815	FB 1	2000	2025	2030	2055	FB N
0900	0925	0930	0955	FB	2200	2225	2230	2255	FB N
1140	1205	1210	1235	FB 2/A	Holidays only ADD extra run below				
1300	1325	1330	1355	FB	1830	1855	1900	1925	FB N
1440	1505	1510	1535	FB A	Monday				
1600	1625	1630	1655	FB A	0315	0340	0345	0410	FB N/1
1700	1725	1730	1755	FB A	0500	0525	0530	0555	FB 1
1730	1755	1800	1825	FB N	0600	0625	0630	0655	FB 1
1800	1825	1830	1855	FB A	0720	0745	0750	0815	FB 1
1830	1855	1900	1925	FB N	0830	0855	0900	0925	FB 1
1900	1925	1930	1955	FB A	1140	1205	1210	1235	FB 1
2000	2025	2030	2055	FB N	1440	1505	1510	1535	FB 1/N
2130	2155	2200	2225	FB N	1645	1710	1715	1740	FB N
(TUESDAY-FRIDAY) 2130 is final run of day					1745	1810	1815	1840	FB N
2200	2225	2230	2255	FB N	1900	1925	1930	1955	FB N
SATURDAY - No 2130 ferry; 2200 is final run of day					2000	2025	2030	2055	FB N
FB = Ferry Boat					2130	2155	2200	2225	FB N



Roi-Namur / Enniburr Ferry Schedule



Tuesday to Saturday

Run Number	ETD Roi-Namur	ETA Enniburr	ETD Enniburr	ETA Roi-Namur	Vessel
1	0520	0535	0555	0610	FB
2	0730	0745	0805	0820	FB
3	1250	1305	1325	1340	FB
4	1715	1730	1750	1805	FB
5	1940	1955	2015	2030	FB

Sunday-Monday-Holiday

Run Number	ETD Roi-Namur	ETA Enniburr	ETD Enniburr	ETA Roi-Namur	Vessel
1	0650	0705	0725	0740	FB
2	0940	0955	1015	1030	FB
3	1450	1505	1525	1540	FB
4	1940	1955	2015	2030	FB

FIRST PRIORITY: BADGE WORKERS

Passengers are to board and disembark ONLY at the gangway area. As deemed by the Captain, any passengers, who are unruly and pose a safety hazard to the crew, other passengers, or vessel will not be allowed to ride the ferry. Maximum passenger load is 150 passengers.

SMOKING, TOBACCO CHEWING, BEETLE-NUT, EATING and DRINKING ARE STRICTLY PROHIBITED ON ALL FERRIES.

The clock kept by the ferry Captain is the official time. Departure times from Roi-Namur are mandatory times. Return times to Roi-Namur may change slightly due to the offloading of water at Enniburr.

Any questions? Please call the Port Captain in Kwajalein, 480-2173.

USAG-KA

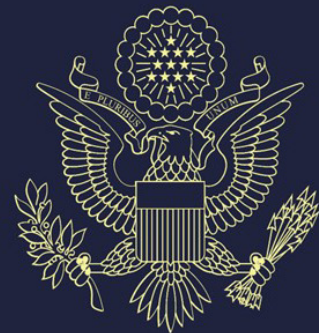
Passport Services on Kwajalein

USAG-KA Passport Appointments will be open for Thursday, July 30th on Kwajalein from 0900 -1200 and 1300-1630 at garrison HQs.

To schedule an appointment email: usarmy.bucholz.usarpac.mbx.kwaj-passport-applications@army.mil

Passport Photos can be obtained via the studio at:

Kwajalein, Bldg. 730, Room 127



*United States
of America*



FOLLOW US AT THESE LOCATIONS



Click QR Code to jump to social page

Kwajalein



MIA Project

NEVER FORGET.

<https://kwajaleinmiaproject.us/>

COMMUNITY CLASSIFIEDS

Submit Announcements to the Roller Channel and The Kwajalein Hourglass

OPEN CALL FOR ANNOUNCEMENTS
The island community is invited to submit listings for events and for sale items; announcements; department trainings; safety updates; public service messages; and thank-you messages.

Preparing Your Message

For questions about your messaging, please reach out to the USAG-KA Public Affairs Office at 480-4848.

Ads should always include a point of contact, phone number and/or email address.

Private parties, fundraisers and events requesting and/or accepting donations are typically not allowed for publication per AR 360-1. Fundraisers and support activities for private and schools-based organizations, scouting groups, civic clubs and other listings may be subject to a legal counsel review to determine their eligibility for publication.

Formatting Your Listings

It is recommended that graphical advertisements and announcements intended for the Hourglass and the AFN Roller Channel be formatted as PowerPoint slides.

Graphic designers are asked to maintain a generous margin (.75-1-inch) around all sides and to size fonts no smaller than pt. 20.

If your Roller Channel advertisement requires a special expiration date, please note this for the Roller team in the body of your message.

Deadlines for Submissions
Send advertisements for the Kwajalein Hourglass and the AFN Roller Channel to kwajaleinhourglass@gov2x.com on Wednesdays by close of business/Thursday morning.

Deadlines for Submissions

Roller Channel ads are accepted on a rolling basis by 4 p.m. for a mid-week and late-week update. Ads received after 4 p.m. will be loaded in the next update. Please ensure you submit ads in good time to ensure timely upload.

Demolition at the Capt. Louis S. Zamperini Dining Facility. Phase three of the Zamperini DFAC demo has begun and is projected to be finished March 2026 for the dining and serving area. Be careful around the dining facility during the phases.

Do Not Take Cultural Artifacts. It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Contact the Kwajalein Archaeology Office at 480-8867.

Fire Safety Tips. Some pets are chewers. Watch pets to make sure they don't chew through electrical cords. Pets are curious. They may bump into, turn on, or knock over cooking equipment. Keep pets away from stoves and countertops. Make sure pets are included in your family's fire evacuation plan. Build an evacuation kit for each pet in your household.

Flights. Please note that all flights are subject to change. For the latest update on your flights on United, ATI or Air Marshall Islands: ATI: 480-2169; AMI: 480-3469; United: 480-4852 or 1-800-UNITED1; Air Terminal Services: 480-2660; Flight Information Recording: 480-3589



ANNOUNCEMENTS

AFH Construction Is Ongoing. Nan, Inc. Construction is scheduled to commence the telecommunication scope of work for the Kwajalein Army Family Housing project in our community. Residents and commuters should be aware of possible changes in traffic patterns and to plan their routes accordingly. Nan, Inc. Construction is committed to minimizing any inconveniences, and we will strive to ensure a smooth and efficient construction process.

ArMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

CAC Office. Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you. Walk-in appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Call 480-8496.



Contact the USAG-KA Sexual Harassment/ Assault Response and Prevention Victim Advocate

Captain Tameka Edmonson
SHARP Victim Advocate
Work: 480-1419 or

Major Matthew DeMartino
Work: 480-1402

USAG-KA SHARP

Pager: 808-580-3241
DOD SAFE Helpline: 877-995-5247

Emergency Management. Visit the USAG-KA Emergency Management webpage, <https://home.army.mil/kwajalein/index.php/my-fort/EM>; 2) Click on "Mass Notification"; 3) Follow the registration instructions.

E-Wareness: It is each driver's responsibility to ensure vehicles are not leaking fluids other than air conditioning condensate. Call 911 to report spills and arrange with automotive for routine maintenance. Please call Environmental at 480-0722 with questions. Ej an ri-kator eo eddo non lolorjake bwe wa eo ejjab leak jabdwot oil ijelak in drennin air condition eo jen wa eo. Ne elon jabdwot leak/lutok in oil jen wa eo, Kiir 911 non report- e lutok eo. Ak kiir Environmental ilo 480-0722 non kajitok.

UA Schedule Effective Now: Monday and Friday—UA 155 (HNL); Check-in 2 – 4:50 p.m.;

Wednesday—UA 133 (HNL); Check-in 2 – 4:15 p.m.; Tuesday and Saturday—UA 154 (GUM); Check-in 10:45 – 11:15 a.m.

FlyRoi Reservations. To schedule reservations and for correspondence related to flights, email LCVKwajaleinFlyRoi@versar.com.

How to dress in the RMI. Out of respect for the Marshallese culture, residents are asked to dress appropriately when visiting Ebeye, Third Island, or anywhere within Kwajalein Atoll. Women should wear clothing to cover shoulders and knees. None are permitted to wear shorts when visiting churches on Ebeye. Men should wear long slacks to church.

Kwaj Small Boat Marina hours are 7:30 a.m. – 6 p.m. Friday through Monday, and on holidays, excluding Thanksgiving and Christmas. Morning boat reservation times are from 7:30 a.m. – noon. Afternoon boat reservations are from 1 – 5 p.m.

Not Feeling Well? Call 480-2223 to make an appointment for a COVID-19 test, Tuesday through Saturday from 7:30 a.m. – 4:30 p.m. If you are not feeling well, please wear a mask when you are around others in the community.

Operational Security. See something, say something. All employees on USAG-KA are required to receive annual Threat Awareness and Reporting Program training provided by KRO; Reporting: Report suspicious activities to the Kwajalein Resident Office at 480-9859/1293/8006 at Bldg. 1163.

PCS & Vacation Tips. Notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact Jose Burgos-Rivera with questions at 480-3461 and Jose. Burgos-Rivera@gov2x.com.

Salon Walk-Ins. Surfside Salon Walk-In Appointments are available on Fridays from 1:30 - 6 p.m.

Smoking. USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

Taxi Service. Call 480-TAXI (8294) or 3341 to

book your ride at least 24 hours in advance of check-in time.

Millican Family Pool Hours. Closed for cleaning on Thursdays. Open noon to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. Sundays and Mondays.

The NEC Testing Center Is Open to the Community - Giving you the head start you need to thrive! - Open Tuesday through Saturday by appointment
Authorized Pearson VUE Test Center. Schedule A test Today!
NEC testing Center, 480-4344, FN 1008-131
ACUITY International

Kwajalein / Roi Namur Licensing
Classes on Kwajalein are every Wednesday @0900 Marshallese @1245 Expats (by appointment only as class side is limited)
Classes are in Bldg. 856 Rm 101, Vehicle Maintenance Compound
Roi classes every 2nd Friday in Bldg. C, timed based on flight schedule
No registration needed for Roi classes.
To register, send email to either of the following:
George.Parker@gov2x.com
Wilson.Kaisha@gov2x.com
...or stop by Bldg. 856, Rm 101

HELP WANTED

For employment with contractors
within the
U.S. Army Garrison - Kwajalein Atoll
please check
contractor company
websites
for employment opportunities.





**OPSEC
IS NOT
RETROACTIVE.**

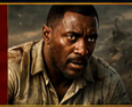
**THINK BEFORE
YOU SHARE
INFORMATION.
ONLINE AND OFFLINE.**



AUGUST MOVIES

★ AT THE YUK THEATER ★



 SATURDAY AUGUST 1	 MRS. HARRIS GOES TO PARIS (2022) PG • 115 MIN	 SUNDAY AUGUST 2	 BEAST (2022) R • 93 MIN
 SATURDAY AUGUST 8	 PUSS IN BOOTS (2011) PG • 90 MIN	 SUNDAY AUGUST 9	 BIG DADDY (1999) PG-13 • 93 MIN
 SATURDAY AUGUST 15	 RALPH BREAKS THE INTERNET (2018) PG • 112 MINS	 SUNDAY AUGUST 16	 BLACK HAWK DOWN (2001) R • 144 MIN
 SATURDAY AUGUST 22	 STRANGE WORLD (2022) PG • 102 MIN	 SUNDAY AUGUST 23	 FERRIS BUELLER'S DAY OFF (1986) PG-13 • 103 MIN
 SATURDAY AUGUST 29	 TEENAGE MUTANT NINJA TURTLES: MUTANT MAYHEM (2023) PG • 99 MIN	 SUNDAY AUGUST 30	 MEAN GIRLS (2004) PG-13 • 97 MIN

★ **ALL SHOWTIMES BEGIN AT 7:30 PM** ★



WEEKLY TROPICAL WEATHER THREAT OUTLOOK

RTS WEATHER STATION STAFF

Discussion:

Through the first part of August, Kwajalein has received 8.48 inches of rainfall, which is 4.79 inches above normal for the month. Year-to-date rainfall stands at 72.96 inches, or 27.87 inches above normal. Relatively dry conditions are expected to persist across the atoll through the end of the workweek, with only stray to isolated showers, primarily during the overnight and early morning hours. Shower activity is expected to increase this weekend as an atmospheric wave moves through the region. Winds will remain

generally light and variable, predominantly from the southeast, with periods of calm winds. Briefly higher winds will remain possible in and near showers. Kwajalein observed zero thunderstorm days last week. A thunderstorm day is defined as an "in situ" lightning strike, meaning lightning is observed or thunder is heard within five miles of the Kwajalein airfield. The threat for thunderstorms will remain low

over the next several days. The Madden-Julian Oscillation (MJO) has become

less influential, with the large-scale tropical pattern increasingly dominated by a strong El Niño signal across the tropical Pacific. Westerly wind bursts associated with Kelvin wave activity are contributing to enhanced convective activity south of the Republic of the Marshall Islands (RMI). Meanwhile, the Intertropical Convergence

Zone (ITCZ) remains suppressed, with the primary convective band terminating east of the Date Line.

The monsoon trough (MT) has shifted west of the region, contributing to the current reduction in shower activity. Monsoon troughs are generally more favorable for tropical cyclone development when they become established across the tropical Pacific. El Niño–Southern Oscillation (ENSO) conditions have transitioned into a strong El Niño state. This pattern is expected to support above-normal shower activity across the RMI through October, followed by a trend toward below-normal precipitation later in the season. An elevated risk for periods of westerly winds and an

enhanced tropical cyclone threat is expected across the RMI for the remainder of the year.

Tropical Cyclones:

Low for the RMI. Invest 90W remains a minimal factor in the regional weather pattern and is not expected to strengthen significantly beyond its current low-level circulation. No real development is expected in the next 24 hours.

Damaging West Winds / Westerly Swell:

There is no west wind threat forecasted over the next week. Despite this temporary lull, the overall west wind threat is expected to be elevated throughout the wet season due to the influence of the "Super"

El Niño.

Swell / Tide Inundation For Kwajalein Atoll and Wake Island and Winds:

There will be new moon on August 13th and its associated king tide with high tides near 5 feet and low tides near -0.8 feet. Winds: will remain generally light and variable, predominantly from the south-

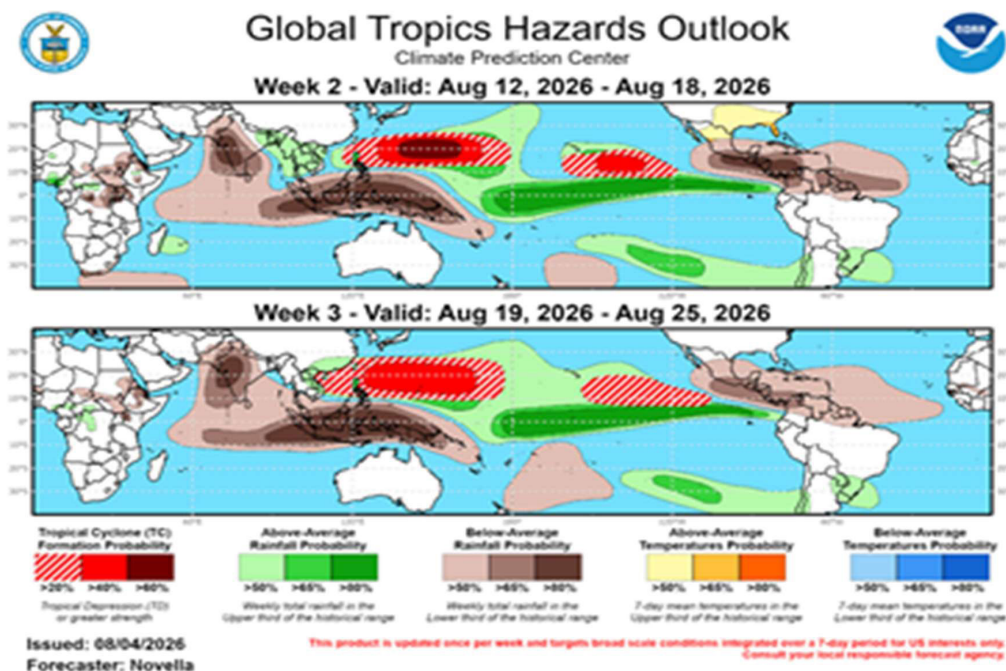
east, with periods of calm winds. Briefly higher winds will remain possible in and near showers. A Small Craft

Advisory (SCA) is not anticipated during the next seven days. A High Surf Advisory (HSA) is also not expected in the traditional sense.

Purpose: This weekly briefing is delivered Thursday mornings to island leadership. The intention of this

briefing is to provide situational awareness of weather events that may interrupt operations and transportation around Kwajalein, to/from Hawaii and Guam, and in the Wake vicinity. The main threat assessed in this brief is existing and potential development of tropical cyclone activity. This brief also

provides an outlook of abnormal winds, sea state, and precipitation guidance for next 7 days around the Kwajalein Atoll. The distribution list will also receive updates on any developing tropical cyclone activity in the Kwajalein region that occur between the weekly outlook products.





Until Next Week!