

Triad

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2nd, 85th reflagged as 181st Infantry Brigade

BY STAFF SGT. ERIC MAINU
Triad Contributor

FORT MCCOY, Wis. — The Custer Division (CD) patch, which was worn by members of the 2nd Brigade, 85th Division (Training Support), has been a familiar symbol at Fort McCoy.

To meet First Army Training Support Brigades' changes from divisional brigade designation to separate brigade designations, the 2nd Brigade, 85th Division (Training Support) reflagged to become the 181st Infantry Brigade with an effective date of Dec. 1.

The unit has been realigned from the 85th Division to a new organization, the

Training Support Division East, which is subordinate to the First U.S. Army.

According to Col. Patrick Warren, the brigade commander, "while the name of the brigade changes their mission remains the same. They will continue to provide realistic and meaningful training to reserve-component units in order to meet the challenges Soldiers face on the battlefield."

He also wishes to take this opportunity to say thank you to the Soldiers, family members and everyone on the installation for their hard work, dedication and support of the brigade.

Maj. Casey Chamberlain, the brigade adjutant, added that, "although the brigade is reflagging to the 181st Infantry Brigade,

our mission and association with USAR (U.S. Army Reserve) and NG (Army National Guard) units in Wisconsin, Minnesota, and Illinois remains the same."

Since February 1999, when the 2nd, 85th, changed its headquarters location to Fort McCoy, the brigade has continued to lead the way to the future, providing continued support and assistance to mobilized units deploying in support of Operation Iraqi Freedom (OIF) and operations in Afghanistan, Chamberlain said.

The brigade has reflagged to a unit that has a proud history dating back to World War I.

The 181st Infantry Brigade was constituted Aug. 5, 1917, in the national Army as

Headquarters, 181st Brigade, and assigned to the 91st Division. It was organized on Sept. 4, 1917, at Camp Lewis, Wash., and then demobilized at Camp Kearny, Calif., in April 1919.

Between 1921 and 1942, the brigade went through a series of reorganizations and reconstitutions until Aug. 15, 1942, when the brigade was organized at Camp White, Ore., as the 91st Cavalry Reconnaissance Troop, an element of the 91st Infantry Division so troops could be ordered into active military service.

The brigade was reconstituted (less the 3rd platoon) March 27, 1963 in the regular

(See **181ST**, page 14)

2006 Gun-Deer hunt labeled a success

Warm weather and a lack of snow contributed to a lower than anticipated deer harvest of 795 deer for the 2006 Fort McCoy Gun-Deer Hunting season, held Nov. 18-26.

A total of 522 deer — 227 antlered and 295 antlerless — were harvested during the opening weekend.

During the 2005 Gun-Deer season at Fort McCoy, a total of 1,133 deer were killed, second only to the record 1985 harvest of 1,405 deer. This year is on par with harvests from the mid-1990s to 2004, according to Kim Mello, installation Wildlife biologist.

Mello said much of the difference between the 2005 and 2006 Gun-Deer season harvests can be traced to opening day harvests. In 2005, a total of 590 deer were killed compared to 324 this year.

"Last year was about the best weather conditions we've ever had, in my memory, for opening day — fresh snow on the ground and cooler temperatures," Mello said.

This year's warmer temperatures and no snow were not the ideal hunting conditions, he said.

Mello said the harvest fell a little short of his goal of approximately 900-1,000 deer, however, the over winter deer numbers still should be manageable.

David Beckmann, a Fort McCoy Wildlife biologist contracted through Colorado State University, said in 2005 the installation issued 2,000 permits along with 1,200

hunter's choice and 800 bonus permits. This year, 2,000 permits were issued and 1,200 hunter's choice and 500 bonus tags. The bonus permit allows a hunter to harvest an antlerless deer.

"We've targeted the antlerless deer the past couple of years with bonus tags to reduce the rate of population growth," Beckmann said.

The harvest from the archery season, the deer muzzle-loader season harvest of 33 deer and the nine deer harvested during the special disabled hunt also will help manage the deer population, he said.

Maintaining the deer population at Fort McCoy at a healthy level is important from the training lands standpoint and ecologically, Mello said.

Over time, a high deer population can degrade the habitat through over-browsing of the vegetation, which can lead to soil erosion, reducing concealment for some training scenarios, and impacting native vegetation.

Personnel from the U.S. Army Center for Health Promotion and Preventive Medicine (CHPPM) also were at Fort McCoy during the opening weekend of the Gun-Deer Hunt to collect specimens for a deer-tick study. Mello said they collected the desired sample of 50 ticks by early afternoon of the opening day. Everyone who is outdoors at Fort McCoy is cautioned that the tick population is up and, therefore, the

(See **2006 GUN-DEER**, page 4)



Photo by Jobi Spolum

Holiday Tree Lighting

Santa Claus greets Sierra Gallup at the Holiday Tree Lighting Ceremony at Fort McCoy. The Nov. 30 event also featured crafts, caroling and holiday fun.

Command Corner

Keep gratitude, safety at center of holiday season

BY COL. DEREK J. SENTINELLA
Installation Commander

Today, we find ourselves negotiating in the midst of the holiday season, with Thanksgiving a recent memory and the start of a new year on the very near horizon. As we make our way through this busy season, we reflect on our thankfulness and gratitude for our many blessings and infuse the spirit of goodwill-to-others in all our undertakings.

The privilege of serving as your installation commander for the last year-and-half has provided me with opportunities to learn and observe at every juncture.

Throughout this time, I've watched you perform like champs, meeting customer demands and deadlines in a safe and efficient manner. The top-quality work you do day in and day out in support of troops training here and in support of the Army as a whole is critically important.



Sentinella

I encourage each of you to take some time to unwind and spend quality time with your

family and friends. Keep safety at the front and center of all your activities, and courteously remind others that there is plenty of time to celebrate responsibly. Return next year refreshed and ready for the challenges that lie ahead.

Take stock of all you have. Please remember those who have little, sharing the bounty that you have — be it food, money, clothing, or time — with those who are in need.

Please take care of each other. Make sure you are aware of the needs and situations of those who work in your sections. Take care of one another and consider extend-

ing invitations as appropriate. This is a leadership challenge for all of us as we try and make amends or simply seek out those special gifts for others.

Susan and I extend to you our sincerest wishes for a Merry Christmas and a Happy New Year. Make this a special holiday season, rekindling old friendships or making new ones as we slow our busy schedules to reflect our many accomplishments this year. Keep up the superb work, and let's make 2007 even more memorable than 2006.

God bless our great nation, our Army, our communities, our family and each of you.

Community

2 McCoy Soldiers participate in Armywide AFAP Conference

BY ROB SCHUETTE
Triad Staff

Two Soldiers stationed at Fort McCoy represented the installation community at the Department of the Army (DA) Army Family Action Plan (AFAP) Conference held Nov. 13-17 at Alexandria, Va.

Staff Sgt. Cassandra Taylor-Roby of the 84th U.S. Army Reserve Readiness Training Command (84th USARRTC) at Fort

McCoy served as a delegate. Staff Sgt. David Leonhardt of the 84th USARRTC NCO Academy served as a facilitator.

Both Taylor-Roby and Leonhardt said the program allowed delegates to fine-tune concerns brought from military installations and organizations worldwide to the AFAP conference.

"It is a great process," Leonhardt said. "When the Chief of Staff of the Army, Sergeant Major of the Army and 20 other general officers show up throughout the week, you get the feeling it's an important process."

Taylor-Roby said the conference gave her the opportunity to work on issues, such as the Total Army Sponsorship Program submitted by U.S. Army Pacific (USARPAC), to the forefront.

"Sponsorship is a commander's program that should be enforced Armywide," Taylor-Roby said. "I believe that I represented my team and Fort McCoy well when I did my report out."

A Soldier's critical first impres-

sion of an organization may be negatively impacted because of inadequate sponsorship, Taylor-Roby said.

Soldiers arriving at a gaining installation/unit realize significant benefits from having an adequately trained sponsor.

Taylor-Roby said she has personally seen the differences in programs. Not all units/installations have an outstanding program like the one in place at the 84th USARRTC at Fort McCoy, she said.

Her group also dealt with the issue of single servicemembers who have partial custody/visitation of their children being allowed to be included on a confirmed reservation priority listing for military lodging.

All Soldiers should participate in the process in whatever manner they can, Taylor-Roby said. Even if they're not fortunate to have the experience of attending the DA AFAP, they can voice their opinions on issues that affect the installation they serve and/or live

at.

As a facilitator, Leonhardt said he didn't have input into the work group findings, but brought back information that will help support and further the goals of the Fort McCoy AFAP program, which "does a stellar job."

The conference set five top issues, which were: 1) traumatic brain injury rehabilitation programs at military medical centers of excellence; 2) Traumatic Service Members' Group Life Insurance (TSGLI) annual supplement; 3) co-pay for replacement parts of durable medical equipment and prosthetics; 4) convicted sex offender registry for OCONUS (Outside Continental United States); and 5) retroactive TSGLI compensation.

The Total Army Sponsorship Program is one of 11 other issues that remain to be prioritized in the DA AFAP process. The delegates also voted on the five most critical active issues already in the process, the four most valuable services, and the mobilization/fam-

ily support strengths and weaknesses.

These and other conference results can be viewed at the Army Reserve Family Programs (ARFP) Web site at http://www.arfp.org/skins/ARFP/display.aspx?mode=user&ModuleId=8cde2e88-3052-448c-893d-d0b4b14b31c4&action=display_page&ObjectID=0296f0ef-bf4d-4f4f-b4af-4e4161cec937.

Fort McCoy held its annual AFAP Conference in October. The next conference will be held in the first quarter of fiscal year 2008, said Ann Wermer, Fort McCoy AFAP program manager.

For more information, call Army Community Service (ACS) at (608) 388-3505/2359 or visit the Fort McCoy Morale, Welfare and Recreation (MWR) Web site at <http://www.mccoymwr.com> and click on ACS Schoolhouse and Army Family Action Plan.

(Some information in this story is from the Army Reserve Family Program Web site.)

I believe that I represented my team and Fort McCoy well when I did my report out.

Staff Sgt. Cassandra Taylor-Roby
84th USARRTC

Severe Weather Announcements

During severe weather, a liberal leave policy is in effect. If the weather causes a travel concern the following day, employees should contact their supervisor to request approval of annual leave. Command decisions regarding the suspension of post operations due to severe weather will be announced via Triad Express and through supervisory channels during the duty day.

A public announcement will be provided to the following local media outlets only if the installation commander suspends post operations.

WKBT (TV) CH 8
WXOW (TV) CH 19
WWIS 99.7 FM
WCOW 97.1 FM

WEAU (TV) CH 13
WTMB 94.5 FM
WIZM 93.3 FM
WAXX 104.5 FM

After duty hours, a current announcement of liberal leave/post closure may always be heard by calling (608) 388-7777 locally, or toll-free (800) 982-3585 at Ext. 7777.

Environment

Fort McCoy assists in management of gray wolves

BY TIM WILDER
Triad Contributor

The gray wolf is listed as a federally endangered species and a Wisconsin protected species. As a federal agency, it is Fort McCoy's responsibility to assist in the management of all federally threatened and endangered species found on the installation. Fort McCoy's wolf management plan, completed in January 2005, guides survey and management activities.

Fort McCoy biologists conduct surveys to estimate the number of wolves on the installation.

Track surveys are conducted numerous times each winter within 24 hours after a snowfall. Surveys involve driving roads and trails and documenting the number of sets of wolf tracks observed.

During the winter of 2005-2006, surveys indicated that one pair of wolves (male and female) occupied a territory north of Highway 21. It is likely that these or other wolves wander onto areas south of Highway 21, though this portion of Fort McCoy is currently not considered part of an established wolf territory.

Howling surveys are conducted during the summer and early autumn, when the



Photo contributed by Tim Wilder

Six wolves are captured by a remote camera as they approach a deer carcass.

howl of an adult wolf can be differentiated from that of a pup. This survey technique is useful in determining summer home sites

and pup production. Surveys are conducted by stopping at locations throughout a pack territory and imitating the howl of a wolf.

Wolves often will howl in response. Two

(See **FORT**, page 4)

Proud Partner to Fort McCoy

ENERGY TIP:

Save Gas! Don't accelerate when climbing a hill. The engine works harder then, so apparently it eats up the gas. Think about how much more energy it takes you to run up a hill versus just walking. Great for using up calories and losing weight; not so great for saving gas.

VT
Griffin

DIRECTORATE OF SUPPORT SERVICES AMMUNITION SUPPLY POINT RECOGNIZED



2nd Training Support Brigade Commander, COL Patrick Warren presents a Certificate of Appreciation and a Commander's Coin to the Fort McCoy Ammunition Supply Point (ASP) for their 'Tireless Efforts' and support of mobilization training in Calendar year 2006. From left to right are: Ken Nolte, Jeff Jackson, Linda Petersdorf, Jim Scorsone, COL Patrick Warren (2nd Bde/85th Div Commander), Don Stelter, LeRoy Long, Richard Stevens, Monk Peterson, Connie Wegner, Jerry Hale (ASP Chief) & Kevin Nelson. Not pictured: Derrick Dawson, T.J. Loveland, Corey Verse, Ron Robertson & Ray Young.

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2006 Gun-Deer hunt labeled success

From page 1

risk of Lyme's disease has increased as well, he added.

Gun-Deer hunters, including those in the disabled and muzzle loader seasons, contributed 148 samples to be tested for chronic wasting disease (CWD). Participating in this study provides Fort McCoy with information on the health of the deer on the installation and helps the Wisconsin Department of Natural Resources determine if CWD is spreading, he said. The more information the Wildlife Program has, the better it can manage the installation deer population.

An issue of concern was reports that hunters were baiting deer both during the archery and gun-deer seasons, Mello said.

"We haven't had any reports of CWD at Fort McCoy or in the Fort McCoy area," Mello said. "Baiting deer can contribute to the spread of CWD. The vast majority of the hunters here are very conscientious and try to do everything right. However, if a few hunters bring in corn or apples from an area where deer have tested positive for CWD, for example, they may not realize they could be spreading CWD here."



Photo by Bryan Hanson

Karl Neidhardt (right) and 1st Lt. Caezar Sarmiento of the U.S. Army Center for Health Promotion and Preventive Medicine-North discuss deer tick-borne pathogen collections at Fort McCoy.

Another issue of concern was a report of one or more feral wild pigs on post. Mello said this is dangerous because they are a very invasive animal species and can produce many young. These pigs can tear up areas and could pose a threat to endangered/threatened species as well as wildlife, including deer fawns. Observations of feral pigs should be reported by calling the Permit Sales Office at (608) 388-3337.

Mello also believes that the weights of deer may be down this

year because of the absence of acorns; however, this will not be confirmed until the data has been reviewed.

Small game hunting runs through February 2007. The Deer-Archery Season continues through Jan. 7, 2007.

For more information about Fort McCoy hunting, call Permit Sales or visit the Fort McCoy Public Web site at <http://www.mccoy.army.mil> and click on Recreation Opportunities and Fishing and Hunting.

Fort McCoy gray wolf management

From page 3

howling surveys were conducted in 2006, but neither was successful in getting wolves to respond to the imitation howls.

In late September, six wolves were observed. A remote digital camera was placed near a deer carcass and a photo showing six wolves was obtained. It is likely that this pack now consists of two adults and four immature wolves.

Deer hunters have questioned the impact of wolves on the installation's deer herd. Based on research conducted throughout the wolf range, white-tailed deer can make up more than half of a wolf's diet. An adult wolf can consume up to 20 deer per year. Though wolves kill the majority of these deer, some of the deer that are consumed die from vehicle collisions, diseases, injuries, or were shot by hunters and not found.

Fort McCoy has been aggressive in lowering the deer population on the installation to get within population goals. Since 2003, hunters have been issued bonus tags as well as Hunter's Choice Permits resulting in more than 3,500 deer being harvested on the installation.

Though wolves can reduce the deer herd by one to two deer per square mile annually within their territory, deer-management strategies implemented on the installation are by far the most significant reason deer numbers are declining on Fort McCoy.

Local residents raising livestock likely are concerned about the possibility of losing livestock to wolves.

Historically fewer than 0.5 percent of farms located within wolf territory have experienced livestock loss to wolves.

If you suspect that wolves have killed your livestock or pet, con-

tact Animal Damage Control at (800) 433-0663. This agency is responsible for conducting the investigation to determine if wolves are responsible.

If it is determined that wolves are responsible for killing livestock or a family pet, the landowner will be reimbursed for this loss.

In order to learn more about wolf interactions with dogs and livestock, please visit the following Web sites: <http://dnr.wi.gov/org/land/er/mammals/wolf/wolfhounddog.htm> and <http://dnr.wi.gov/org/land/er/mammals/wolf/wolvesinfarms.htm>.

Questions concerning wolf activity on or near Fort McCoy can be directed to the Public Affairs Office at (608) 388-2407 or by sending an e-mail to PAO-Admin@emh2.mccoy.army.mil.

(Wilder is Fort McCoy's Endangered Species Biologist.)

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Mobilization

949th Medical Det. Soldiers learn about camels

BY LACEY JUSTINGER
Triad Contributor

A realistic desert environment made a brief appearance in mobilization training at Fort McCoy a few weeks ago. Two camels, each weighing more than 1,650 pounds, visited Soldiers from the 949th Medical Detachment.

The 949th was exposed to realistic in-theater situations like factory inspections, surveys of meals, ready-to-eat and veterinary services. The 35 Soldiers will check on food safety, treating military war-dogs, and helping with local people's animals.

"Military operations act like ambassadors to the United States," said Maj. Patrick W. Hansen, an Observer Trainer Mentor (OTM) with the 181st Infantry Brigade. "If we can take care of their animals, we can spread goodwill."

Sgt. 1st Class Christine Jastczemski, 181st Infantry Brigade, said the purpose of bringing the camels to Fort McCoy was for the veterinary Soldiers to be exposed to and know the characteristics of local animals; to keep the animal healthy and the Soldiers safe.

She said the Soldiers learned how to give injections, the common reasons for animal death, the average weight and life span of camels, their eating habits and how to interpret the animal's noises.

Hansen said the mission readiness exercise (MRX) was needed to replicate daily



Photo by Sgt. 1st Class Christine Jastczemski

Sgt. Daniel Bennett of the 949th Medical Detachment learns how camels are used in Operation Iraqi Freedom from an Iraqi civilian.

activities these Soldiers will face in-theater. With the opportunity to have face-to-face time with live camels, the Soldiers got to practice using an interpreter to treat animals.

"Although the 949th had a large variety of experience with large and small animals," said Hansen, "they have never had to communicate with people who are unlikely to read or write Arabic, much less

speak English."

Jeff Myhre, the education coordinator for Jo-Don Farms of Franksville, Wis., said large working animals like goats, camels, horses and cows are important property for the Bedouins' survival. Animals are not treated as pets or part of the family; they are used as a means for survival. Bedouins use the animals for transportation, they drink the milk, weave cloth from the hair,

burn the dung for fuel, and eat the animal after it has died.

"This was a more realistic view of experiences," said Myhre. "Although goats will be used more than anything else, the practice was needed with an interpreter."

Soldiers also rotated through six veterinarian clinics in the Fort McCoy area.

"Since 75 percent of the veterinarian work will be with military dogs, we attempted a fair mix between large and small animals" said Maj. Michael K. Pavsek, with the 181st Infantry Brigade.

Soldiers in the 949th have expertise as veterinarians, vet technicians and in food safety and service.

Food processing inspections were practiced at a meat locker and a cheese plant in Wisconsin. Food specialists learned the pasteurizing process and how to process, cure and salt meat to insure health and safety.

Pavsek said in 2007 he hopes to expand the MRX and have Soldiers work on evacuation procedures for war-dogs with injuries including dehydration, gunshot and blast wounds, as well as broaden Soldier mobilization training in examining goats and camels, and using interpreters in negotiations and interactions with host country personnel.

(Justinger is a public affairs specialist for Eagle Systems and Services Inc., contractor for CONUS Support Base Services.)

Veterinary, food issues topics for training for medical unit personnel

Visiting a full service food operation as part of a Mobilization Readiness Exercise (MRX) may be questionable to some soldiers. However, this exercise met the standards for the 949th Medical Detachment. The 949th Medical Detachment has veterinarians (vets), vet technicians (techs), assistant vet techs, animal handlers and food service inspectors. One of the reasons, the unit visited a "full-service food operation was to learn how animals and food services interlace with each other.

After an introduction of the full service food facility, Soldiers began to tour and audit each area of operations of a meat and catering facility in Mindoro, Wis. (Craig's Meats & Catering).

The Soldiers were divided into two teams. One team toured the catering section which included all types of equipment (tables, chairs and canopies) to various sizes and types of food containers and cookware used to prepare and store foods safely.

The Soldiers also noticed the food racks and candle warmers to serve food. The "food service inspectors/Soldiers" identified with this area in relation to working (serving foods) in the field.

There were numerous freezers and refrigerators to house various types and sizes of meat, cheese and food used for catering services.

Another team visually experienced where the stunning (also known as knocking) of the animal takes place to prepare it for slaughter. A meat safety inspector is present when inspected animals are slaughtered. That person inspects the animal for any abscesses, tumors, cancer, infections, parasites, and other disease processes or contaminants.

As Dr. Julie Ann McGwin, a veterinarian (doctor of veterinary medicine), stated, "I take my job very seriously to provide safe, wholesome food and ensure we minimize any suffering to the animal."

McGwin educated/lectured the Soldiers with first hand knowledge of extensive animal and food information. McGwin indicated "teaching is a way of life since you're always learning."

The Soldiers thoroughly appreciated McGwin sharing her expertise.

Another area in the facility strictly performed custom cutting and wrapping of

(See VETERINARY, page 14)



Photo by Master Sgt. David Kuffle

Operation Warrior Trainer

Staff Sgt. James David Buol (left), of the 2nd, 130th Infantry Battalion of the Illinois Army National Guard of Marion observes, assesses and ensures proper execution by members of a mobilizing unit in a Ground Assault Convoy Lane. Buol was attached to the 3rd, 335th Training Support Battalion for the training.

News

Case Remanufacturing Center refurbishes equipment

BY ROB SCHUETTE

Triad Staff

Army active-duty and reserve-component units continue to benefit from older equipment being refurbished to Army standards at the Case Remanufacturing Center at Fort McCoy.

Layne Walker, Case operations manager, said the latest development is a \$15.5 million contract to refurbish M4K Rough Terrain Forklifts. The work site for the three-year project is located adjacent to the Maneuver Area Training Equipment Site (MATES) facility, a Fort McCoy tenant that is affiliated with the Wisconsin Army National Guard.

"We work closely with MATES to get the work done," Walker said. "We lease space from them for the projects. Being located with them at Fort McCoy allows us to use the National Guard inspectors and have MATES manage POL (petroleum, oil and lubricants) procurement and disposal for the Army National Guard (ARNG) equipment we remanufacture. MATES also helps Case get necessary environmental permits."

In the past two years, the company won contracts totaling \$100 million to refurbish and remanufacture old equipment for the Army, he said.

Case has been located at Fort McCoy since 2004 to perform contract work for the U.S. Army. Walker said Case uses Fort McCoy as a final assembly and distribution point while using local vendors, including company-affiliated firms such as St. Joseph Equipment of La Crosse, Wis., (an independent Case dealer) to handle much of the component rebuilding work.

The work force is very flexible, Walker said.

In October, Case received an order from the Army Tank-Automotive and Armaments Command (TACOM) to rebuild 15 (MW24C) loaders immediately for use in deployments. Other projects Case is working on include:

- Remanufacturing MW24C Wheel Loaders for the Army National Guard;



Photo by Rob Schuette

A view of MW24C scoop loaders before and after rebuild at a storage point.

- Resetting M4K Rough-Terrain Forklifts and MW24C Wheel Loaders for TACOM;

- Building M4K repower engine kits for Case forklifts. This project is scheduled to be completed by December, a year ahead of schedule.

A small pool of refurbished Army National Guard (ARNG) MW24C wheel loaders was created to facilitate an exchange program. Walker said ARNG units obtaining the refurbished equipment bring their old equipment in and exchange it for the remanufactured equipment. This provides Case with a continuing pool of equipment to remanufacture without taking equipment away from units.

Walker credits the Case work force for its work ethic to help it meet contract obligations and project deadlines.

"A majority of the workers have prior service, often either in the Army National Guard or Army Reserve," Walker said. "They bring a lot of skills to the jobs."



Photo by Rob Schuette

Chris Angle of the Case Remanufacturing Center removes tape from an M4K Forklift after final painting in preparation for inspection.

Guard Chief: Relief on way for Guard's equipment shortages

BY DONNA MILES

American Forces Press Service

DEMING, N.M. — The National Guard Bureau chief assured members of the Army and Air National Guard during a visit here that relief is on the way for the Guard's chronic equipment shortages.

The Army National Guard alone will receive almost \$29 billion during the next five years to reequip its units, and the Air National Guard will receive a simi-

lar sum, Army Lt. Gen. H. Steven Blum told National Guard troops serving here along the southwestern U.S. border in Operation Jump Start during his Nov. 29 visit.

That's "almost 29 billion with a 'b,'" Blum said for emphasis.

It also could be a "b" for "bravo" for Blum, who's been on something of a crusade — drawing top-level focus on National Guard equipment shortfalls. He called the issue one of his biggest challenges, particularly in light of the Guard's vital role in both com-

bat and domestic response missions.

During the National Guard Association's general conference in September, Blum reported that Guard troops want for nothing in combat, but return home to a dangerously low resourcing level for their stateside missions.

Blum told troops serving here of the challenges the Guard faced when Bush announced in mid-May that 6,000 National Guard troops would support the U.S. Border Patrol as it recruits and

trains more agents.

The operation, expected to last two years, uses National Guard members for support missions, freeing up more Border Patrol agents for frontline law-enforcement missions.

"Look, half the problem with this mission was getting equipment, because most of it was overseas, and we didn't have that much back here to move around to you," Blum told the group, made up of volunteers from throughout the country.

The good news, he reported, is that there's now "a very real recognition" among Pentagon and congressional leaders of the need to reequip the Guard's worn-out equipment — and it's being backed up with desperately needed funding. Congress is absolutely adamant that the Guard has to get reequipped and is watching the issue like a hawk, Blum said.

"They know how important

(See **GUARD**, page 14)

News

Army working to manage combat stress

BY CHRISTA B. THOMAS

Army News Service

SCHOFIELD BARRACKS, Hawaii — When Sgt. Dartagnan Baker returned to Oahu in 2005 from his first deployment to Iraq, he remembered the unforgiving traffic on H-1, but he now finds it to be overwhelming and startling. “Nobody likes traffic. But now I hate it,” said Baker, who was deployed with 2nd Battalion, 11th Field Artillery Regiment. “Once, when my wife was driving on H-1, I had to roll the windows down because the congestion was making me nervous.”

Baker’s response, like that of many Soldiers who have experienced long, perhaps violent tours of duty, is a symptom of combat stress.

Combat stress is any type of mental stress or mental strain from

being in combat, according to Dr. (Capt.) Aika Gumboc, officer in charge of Schofield’s Soldier Assistance Center.

“There may be depression, anxiety or exhaustion from the high-tempo environment, yet such strain does not meet the parameters of a full-blown diagnosis of posttraumatic stress disorder, which is a clinical diagnosis.”

Stress is a natural, universal human experience. Combat stress, once known as battle fatigue or shell shock, is also natural.

It is the result of the heavy mental and emotional work required to face danger in combat conditions.

Combat situations may be so severe or so prolonged that a person may continue to be on “high-alert” long after the event, creating a wide range of reactions that vary by Soldier.

“In combat, Soldiers must think and act quickly,” Gumboc said. “Family or fellow Soldiers might notice extreme reactions to small stressors that, prior to deployment, would not have bothered them in the least.”

The stress reactions may be physical (difficulty sleeping), mental (inability to concentrate, nightmares or flashbacks) or emotional (irritability, anger, depression).

Most Soldiers returning home grapple briefly with readjustment or experience mild stress symptoms, then move on.

Some are plagued by subliminal reminders — sights, smells, sounds — that may trigger stress reactions for months, even years, after.

“Sometimes at night, the sounds

(See **ARMY**, page 11)



Photo by Command Sgt. Maj. M. Kevin Dubois

Color Guard

Members of the Fort McCoy NCO Academy Color Guard led the way in the Tomah Holiday Parade. Personnel preparing for the parade were (left to right): Staff Sgt. David Leonhardt, Command Sgt. Maj. Dennis Martinson, Sgt. 1st Class Alejandro Madrigal, Staff Sgt. Andre Weathers, Sgt. 1st Class Brian Francis and Sgt. 1st Class Samuel Koon.

Holiday stress doesn't have to be overwhelming

Holidays are a time for celebration, but many people may experience conflicting emotions and resulting stress because of additional tasks and events that need to be squeezed into already tight schedules.

Even as a short amount of time, limited budgets and conflicting demands pull you in different directions, stress doesn't have to be overwhelming if you keep a few things in mind, said Betsy Kelsey, Fort McCoy Army Community Service (ACS) Family Advocacy Program manager.

“Many people simply try to do too much,” Kelsey said. “Ask yourself what you want the holiday to be or to mean, and what is the most important part of the holiday for you.”

If spending time with your family is most important, you can spend a day sledding with your children and less time shopping for gifts or food.

Kelsey said if you are planning a meal for family members who don't live with you, you can say “yes” if they ask if they can bring anything or take responsibility for the main course and ask guests to bring appropriate side dishes.

Other suggestions to improve the chances of having a successful holiday season include: prioritizing, just saying “no,” starting new traditions, setting a budget and sticking to it, setting differences aside, be-

ing a kid again, getting plenty of rest and exercise, getting emotional support, empathizing, and remembering that families come in all shapes and sizes.

If the number of things to do seems overwhelming, make a list of all the things to do and prioritize them.

“Do the important things first and get to the rest if you have time,” Kelsey said. “You may not be able to get to everything on the list, but if you get the important things out of the way, the rest probably won't matter.”

People who have a tendency to take on too many activities should learn to say “no” when someone asks them to do just one more thing.

Or, if you feel obligated to say yes maybe find a few shortcuts, such as making cookies from a store-bought mix instead of making them from scratch.

Money stresses can be relieved by preparing budgets and sticking to them. Planning for increases is OK and will help limit total expenditures to an affordable level. For children who want an expensive toy, it's OK to tell them that everyone has financial limitations. Perhaps, you can begin to save money to afford that special gift for their upcoming birthday or for the next Christmas.

Sometimes, holidays bring together fam-

ily members who are happier apart. Families can deal with this stress by putting differences aside for another time and enjoying the sense of togetherness.

Taking care of yourself is a big key in reducing holiday stress, Kelsey said. This can include “being a kid,” and taking some time out to play and enjoy the scenery.

People can prepare themselves for the stress of holiday get togethers by ensuring they get plenty of rest and exercise.

“It's easy to forget to do the things that keep you healthy when you have so much to do,” Kelsey said. “Keeping to your regular sleeping and exercise routines will give you the energy you need to do everything, and it will keep some normalcy in your life.”

If loved ones can't make it to celebrate in person or they have passed away, family members can help mitigate the sorrow by reaching out to friends and family who can give them the appropriate emotional support.

If family members or friends can't provide this support, people can reach out to their employee resource or assistance programs or to a professional counselor in the community.

More information is available about this service at Fort McCoy by calling (608) 388-5955/2441.

Empathizing and remembering that families come in all shapes and sizes are other good ways to help relieve stress around the holiday.

No one should feel they are alone when dealing with the stress and pressures of the holidays, Kelsey said. Other people are, too.

Finally, the picture perfect family presented in a TV ad, in magazines or in stores is not reality for most people. Instead, write down what you appreciate about your family and what your ideal family holiday gathering would be. Kelsey said you should do what you feel comfortable with whether it is a big family gathering or a small gathering with a few close family members.

Talk it over with your partner or family about what they would like to try differently this year. Perhaps, it's a time to start new traditions if your family has outgrown the old ones.

“They may feel the same as you do or may understand your needs and want to help you meet them,” she said.

For more information about how to combat holiday stress in the Fort McCoy community, call ACS at (608) 388-3505/2412 or visit the Web site <http://www.mccoymwr.com>.

(Information in this story also is from Army One Source.)

Monday Night Football

The Religious Support Office, building 2675, will host Monday Night Football. Doors open 30 minutes before game time. Call (608) 388-3528.

Holiday hours

Many Fort McCoy facilities/organizations will have special holiday hours in December and January. Call ahead of time to ensure facilities are open.

People

Volunteers sought for AFTB instructor positions

BY ROB SCHUETTE
Triad Staff

Members of the Fort McCoy community interested in becoming an Army Family Team Building (AFTB) instructor are encouraged to apply for a volunteer position.

David Blakeman, Fort McCoy Army Community Service (ACS) volunteer coordinator, said virtually anyone in the installation community can be an AFTB instructor or take AFTB classes.

The next scheduled AFTB course at Fort McCoy is the Instructor Training Course, which tentatively is scheduled for February 2007.

"If a person has the right attitude, the ability to present quality training and the desire to enrich the lives of others — (they) can become an AFTB instructor," Blakeman said.

In the last AFTB Instructor Course, graduates included Department of Defense civilian employees, active-duty Army personnel, and Army spouses.

Everyone in the Fort McCoy community who is new to the military or who wants to update or upgrade their knowledge can benefit by attending AFTB training, which encompasses three levels and an instructor's level, Blakeman said. The first three levels are taught by volunteers.

The first level is the introductory level, which provides an introduction to military/Army life, such as Army customs, benefits,



Photo by Rob Schuette

David Blakeman (standing) leads an Army Family Team Building Instructor Course at Fort McCoy.

rank structure, etc.

Level II covers introduction to Leadership and Management, Personal Growth and classes that enhance knowledge of Army programs. Level III covers advanced knowledge building skills in Leadership, Team Building, Communication, Community Leadership and Advanced Problem Solving Techniques.

The Instructor Training Course covers all areas of skills needed to present quality

programs, the adult learner and addresses a variety of techniques so that anyone can build a foundation to become a quality AFTB instructor.

Different AFTB training courses are offered approximately once a quarter at Fort McCoy, Blakeman said. The Instructor Training Course is offered approximately once a year unless a need arises for additional classes.

"No pretraining is required to attend any

AFTB class except for the AFTB Master Trainer, which requires completion of the Instructor Training Course," Blakeman said. "Any organization may submit a special request to the ACS director to have AFTB classes presented (to members of their organization)."

Two ways exist for personnel in the Fort McCoy community to take AFTB classes, Blakeman said. They can attend the live, on-post course offerings or they can take classes online at the Web site <http://www.myarmylifetoo.com>

"The Internet version allows you to proceed at your own pace," Blakeman said. "However, the downside is that you miss the class environment and positive interaction (that is available) in a live class."

All classes are offered at Fort McCoy except for the Master Trainer Courses, which are funded as temporary duty by the Community and Family Services Command. Blakeman said personnel attending this course are required to make a one-year commitment to their local AFTB program.

Questions about the program can be directed to Blakeman at (608) 388-6507 or by going to the Fort McCoy Morale, Welfare and Recreation (MWR) Web site at <http://www.mccoymwr.com> and clicking on ACS Schoolhouse and Army Family Team Building.

Personnel also can become a volunteer AFTB instructor in the Fort McCoy community or find out more information by going to the myArmylifetoo Web site.

2nd, 85th announces NCO, Soldier of the Year recipients

BY SGT. 1ST CLASS CHRISTINE JASTCZEMSKI
Triad Contributor

The 2nd Brigade, 85th Division (Training Support) held its annual Noncommissioned Officer (NCO) and Soldier of the Year Board. The competition included NCOs and junior enlisted Soldiers. The winners of the competition were Sgt. George C. Wuorenma (NCO), 2nd, 411th, Logistical Support Battalion, and Soldier of the Year was Spc. Gregory S. Slamka, 1st, 338th.

(The 2nd, 85th TS became the 181st Infantry Brigade Dec. 1).

The competition consisted of three long days of grueling events.

Day 1 measured Soldiers' knowledge of warrior training tasks, employing an M-18 A1 Claymore mine, performing first aid for an open chest wound, locating an unknown point when on a map and on ground by resection, request-

ing medical evacuation and a mystery event, which was unknown to soldiers in advance.



Wuorenma

On Day 2 individual events took place (i.e., Army Physical Fitness Test, weapons qualification and land navigation).

On Day 3 Soldiers appeared before an evaluation/review board headed by all 2nd, 85th (TS) command sergeant majors and Master Sgt. Christopher Lentz.

There were several groups of questioning during the evaluation process. Common Areas included reporting procedures, uniform and appearance, oral expression and military courtesy, military bearing and an essay.

Group 1 included current events, U.S. Army history, Chain of Command, NCO/Soldier Creed and History;

Group 2 included weapons, land navigation and drill and ceremony;

Group 3 included military justice, battle focused training and leadership and counseling;

Group 4 included sponsorship, soldier support activities and education programs;

Group 5 included NBC, first aid and Army programs; and

Group 6 included uniforms and awards, PMCS and supply economy and discipline.



Slamka

Master Sgt. Larry Erickson commented, "This was one of the closest scoring boards in the history of 2nd Brigade, 85th Division competition."

(Jastczemski is with the Public Affairs Office of the 181st Infantry Brigade.)

Triad Online

Visit the Fort McCoy public Web site at <http://www.mccoy.army.mil> and click on Reading Room, Installation Newspaper to view the Triad Online.

Papers archived from Nov. 12, 1999.

Search function available and view photographs in color.

For more information, call the Fort McCoy Public Affairs Office at (608) 388-4128/2769.

News Notes

Triad publication to resume Jan. 12, 2007

This is the last issue of the Triad for 2006.

The next Triad will be published Friday, Jan. 12, 2007 with a deadline date of Thursday, Jan. 4, 2007.

The Triad, which is Fort McCoy's only authorized paper, is published the second and fourth Fridays of a month, with the exception of December when it is published only the second Friday of the month.

The deadline dates generally fall on Thursdays, eight days before publication. Federal holidays may impact the deadline dates.

The following is the Triad schedule of publication and deadline dates for 2007:

Jan. 12 (Jan. 4 deadline); Jan. 26 (Jan. 18); Feb. 9 (Feb. 1); Feb. 23 (Feb. 14); March 9 (March 1); March 23 (March 15); April 13 (April 5); April 27 (April 19); May 11 (May 3); May 25 (May 17); June 8 (May 31); June 22 (June 14); July 13 (July 5); July 27 (July 19); Aug. 10 (Aug. 2); Aug. 24 (Aug. 16); Sept. 14 (Sept. 6); Sept. 28 (Sept. 20); Oct. 12 (Oct. 3); Oct. 26 (Oct. 18); Nov. 9 (Nov. 1); Nov. 23 (Nov. 15); Dec. 14 (Dec. 6).

Story and/or photographic (editorial) submissions or ideas are welcome and can be e-mailed to PAO-Admin@emh2.mccoy.army.mil, faxed (stories or story and photo ideas) to (608) 388-3749 or submitted (mail) to the Public Affairs Office (PAO), ATTN: (IMNW-MCY-PA), 100 E. Headquarters Road, Fort McCoy, WI, 54656-5263 or via interpost mail by sending to PAO, 100 E. Headquarters Rd. (building 100).

As a civilian enterprise newspaper, the Triad is printed at no cost to the government.

A commercial agency, the River Valley Newspaper Group does the printing, and, in turn, sells advertising to pay for its printing costs. For more information about advertising in the Triad, call RVNG at (608) 786-1950 or toll-free (800) 349-8699.

For more information, call the Fort McCoy PAO at (608) 388-4128/2769.

Health Benefits open season ends Dec. 11

The 2006 Federal Employees Health Benefits Program (FEHBP) open season will end Monday, Dec. 11. New enrollments or changes in insurance will be effective in January 2007.

Also new for this year will be separate Supplemental Dental and/or Vision Programs that can be chosen in addition to the regular FEHBP coverage an employee already has.

National Dental Insurance Plans will include Aetna, Government Employees Health Association (GEHA), MetLife, and United Concordia.

Vision Plans will include BlueCross/BlueShield, Spectera, and VSP.



Photo by Rob Schuette

Cooling off

Employees from Don's Plumbing and Heating of Tomah, Wis., install the duct work to connect central air in the Rustic Inn, building 2000, at Fort McCoy. The work was done in late November, and the facility is again open and ready to keep its customers comfortable in any kind of weather.

Employees can watch for future updates about this program by going to the Office of Personnel Management (OPM) official Web site at <http://www.opm.gov/insure>.

More information about the FEHBP, how to enroll and what services/costs are applicable in a certain area is available at the Web site <http://www.opm.gov/insure/06/spmt/plansearch.aspx> by typing in a ZIP Code.

For more information about FEHBP in the Fort McCoy community, call the Army Reserve Civilian Personnel Advisory Center at (608) 388-8748.

Holiday Giving Program winding up Dec. 13

The Fort McCoy Installation Chaplain's Holiday Giving Program is accepting donations to assist families through 4 p.m. Wednesday, Dec. 13.

Monetary donations are collected at the Religious Support Office (RSO) Chapel, building 2675 (South F Street), from 7:30 a.m.-4 p.m. weekdays.

For more information about the program, call Linda Higbee at the RSO at (608) 388-3528.

Christmas Dinner set for Dec. 20

The Fort McCoy Installation Dining Facility, building 50, will serve a traditional Christmas meal from 5 to 7:30 p.m. Wednesday, Dec. 20.

Family members and house guests of all Fort McCoy permanent party military personnel can come to the event with their sponsors.

Fort McCoy civilian and contracted employees and their family members also are welcome to attend.

The cost per meal will be \$5.90 per person and \$5 for spouses and dependents of those in the pay grades of E-1 to E-4.

For more information or to make reservations, call (608) 388-2642/3508 prior to Thursday, Dec. 14.

AER scholarships available for spouses, children

Eligible Army spouses or children with an Army parent can apply for scholarships through the Army Emergency Relief (AER) program.

The spousal program is divided into two categories — those stateside and those overseas.

Stateside spouses must be the spouse of an Army Soldier on active duty, and who is residing in the United States, the widow(er) of an Army Soldier who died while on active duty and is residing in the United States, the spouse of a retired Army Soldier, and residing in the United States, or the widow(er) of an Army Soldier who died while in a retired status, and who is residing in the United States.

Eligible spouses overseas must be a spouse and physically residing with a Soldier stationed in Europe, Korea, Japan or Okinawa. Part-time or full-time students pursuing their first undergraduate degree can apply. Scholarship awards will be awarded at a maximum of one-half the cost of tuition.

Scholarship awards to spouses stateside and overseas are based on financial need, as evidenced by income, family size and

special considerations.

Children of military parents can apply for AER scholarship assistance through the Major General James Ursano Scholarship Fund for Dependent Children.

Eligible students must be dependent children, stepchildren or legally adopted children of Army Soldiers on active duty, retired or deceased while in active duty or retired status.

Children of grey area reserve-component personnel are eligible in the retired category.

Most students who meet deadlines and include requested forms/documentation/signatures receive a scholarship.

For more information or to apply, interested individuals can go to the Web site <http://www.aerhq.org>. Applications can be made online or can be printed from online and mailed by March 1, 2007.

Applications are available from AER Headquarters via mail (AER, Education Department, 200 Stovall Street Rm 5N13, Alexandria, VA 22332-0600) until Feb. 20, 2007.

Information also is available by e-mailing AER at EDUCATION@AERHQ.ORG or by calling stateside spouse (703) 325-2091; overseas spouse (703) 325-0313 or Children's Program (703) 428-0035.

Business course to begin Jan. 11 at ACS facility

The NxLevelL Entrepreneurship Training Program, which is presented by the University of Wisconsin-La Crosse Small Business Development Center, will be offered at Fort McCoy, beginning Thursday, Jan. 11, 2007.

The program is a 10-week course designed to train both potential and existing entrepreneurs in a practical, condensed series of entrepreneurial training sessions. The goal is to complete a business plan that new or existing businesses can use to improve the success of their business, apply for financing, or develop new strategic initiatives.

The program will be offered from 5-8 p.m. Thursdays at the Army Community Service (ACS) building, 2111 South 8th Ave.

This training is open to all military and their spouses, retired military, Department of Defense civilians/contractors, with costs to be incurred by participants.

The Wisconsin Department of Commerce will provide 75 percent tuition assistance through the Small Business Development Center to qualified candidates prior to starting course work.

To enroll in the program, eligible personnel must fill out an application packet that must be submitted to the University of Wisconsin-La Crosse Small Business Development Center by Thursday, Jan. 4, 2007.

Application packets are available at ACS. For more information contact ACS at (608) 388-3505.

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Leisure

Whitetail Ridge readies for mid-December opening

BY ROB SCHUETTE
Triad Staff

A number of new theme weeks will highlight the 2006-07 winter season at Fort McCoy's Whitetail Ridge Recreation Area.

Pam Budda, Fort McCoy Outdoor Recreation director, said the facility is aiming for a Thursday, Dec. 21 opening, but would open the weekend of Thursday, Dec. 14 if weather conditions permit. The facility will have a season from mid-December through approximately mid-March, Budda said.

Current weather conditions or opening status of the facility can be determined by calling (608) 388-4498 or (608) 388-3517 or by calling the Morale, Welfare and Recreation (MWR) Events Line at (877) 864-4969 or by visiting the MWR Web site at <http://www.mccoymwr.com> and clicking on White Ridge Recreation Area.

Budda said the Whitetail Ridge staff is ready for the season and began snow making Nov. 30-Dec. 1 to prepare the facility.

Facility hours will be from 4:30-8 p.m. Thursdays, 4:30-9 p.m. Fridays; noon-9 p.m. Saturdays and noon-6 p.m. Sundays. The facility features ski and tubing runs with lifts. Snowboarding also will be available.

Cross country skiing is available if there is sufficient natural snow.

"We retooled our hours a bit to better serve the customers on the hill," Budda said. "They also will find the same prices as last year."

Daily or seasonal lift passes are being sold. Ski equipment and accessories are available for rent.

Snow-tubing will run from 5-7:30 p.m. Thursdays and Fridays; 12:30-2:30 p.m. and 3-5 p.m. Saturdays and Sundays, as well as 5:30-7:30 p.m. Saturdays.

"We have added some safety improvements to the snow-tubing runs to improve the service for our customers," Budda said.

The Fort McCoy Ski Patrol will provide safety services at the facility. Skiing and/or snowboarding lessons/instruction is be-



Photo by Rob Schuette

Snowmaking machines at Whitetail Ridge Recreation Area create a base on the Snow-tubing slope to prepare for the winter season.

ing considered and may be offered, she said.

Various theme weeks featuring various promotions will be offered, and Thursday and Friday nights will be "Family Fun Nights," which will include crafts, games, races and treats.

Budda said Whitetail Ridge will have special prices on tubing and/or rentals approximately once per month during the season.

Whitetail Ridge patrons can reserve the facility for a party/tubing session when the facility isn't open to the general public.

Several packages, which include lodging at the Pine View Recreation Area and winter activities at Whitetail Ridge, also are being offered.

Whitetail Ridge has outside warming areas and a chalet to enjoy the atmosphere

and outside view. The on-site Primo's Snack Bar will be open from 4-8 p.m. Thursdays and Fridays, 11 a.m.-9 p.m. Saturdays and 11 a.m.-6 p.m. Sunday. Food service closes one hour prior to Primo's closing times.

Whitetail Ridge is open to the public. Discounts may apply for members of the military and federal government work force for various activities/rentals.

For more information about hill conditions, call (608) 388-4498 or (608) 388-3517 (Pine View), which has information about lodging and lodging/activity packages.

Current information about Whitetail Ridge, including prices, also is available at the Fort McCoy Morale, Welfare and Recreation (MWR) Web site at <http://www.mccoymwr.com>.

Winter Extravaganza Jan. 27, holiday hours set for Whitetail Ridge

Whitetail Ridge Recreation Area will host a combined Winter Extravaganza/Ski Patrol Fund-raiser Saturday, Jan. 27, 2007 and have special holiday hours between Christmas and New Year's Day.

Pam Budda, Fort McCoy Outdoor Recreation Area director, said the Winter Extravaganza is the new name for Snowfest. The Directorate of Morale, Welfare and Recreation (DMWR) decided to combine that event with the annual Ski Patrol Fund-raiser to offer customers a special day with varied events.

Activities will be offered from 9 a.m.-6 p.m. For more information, call the MWR Events Line at (877) 864-4969 or visit the MWR Web site at <http://www.mccoymwr.com>.

Whitetail Ridge also will be open and have special hours during the holiday season, weather conditions permitting. For more information, including opening status, visit the MWR Web site or call Whitetail Ridge at (608) 388-4498 or (608) 388-3517.

The facility will be closed Sunday, Dec. 24-Monday, Dec. 25 (Christmas). From Tuesday, Dec. 26-Thursday, Dec. 28, and Sunday, Dec. 31, it will be open from noon to 8 p.m.

Other holiday hours are Friday, Dec. 29 and Saturday, Dec. 30 from noon to 9 p.m., and Monday, Jan. 1, 2007, noon-6 p.m.

Army working to combat stress

From page 7

of heavy trucks passing by my house would give me a sort of flashback," admitted Baker. "After being back home for a while, things don't bother me as much anymore."

"In combat, Soldiers are highly accountable for equipment and their fellow Soldiers," Gumboc said. "When they get home, family members might find that their Soldier has become hyper-protective of their things."

Every Soldier has a limit and is

at risk of experiencing combat stress.

"Combat stress affects all Soldiers and in no way should be viewed as a negative or weakness," explained Chaplain (Lt. Col.) Kenneth W. Stice, 25th Infantry Division chaplain. "It is not weakness; it's human nature and that's okay. There is no shame in being human and having to sort through the emotions that we all share."

"We are not weak. U.S. Army Soldiers are very capable and resilient," Stice asserted, continuing, "We are also human and should

expect to have normal emotional reactions to abnormal events."

Stice said he would be more concerned about the Soldier who claims to have not been affected at all.

"That's a sure sign that you were, and just don't recognize it," he said.

The Army Medical Department (AMEDD) cautions family members that combat stress reactions can be caused by nonviolent pressures like loneliness, boredom and discomfort during extended service in isolated, unpleasant places.

AMEDD also acknowledges

that combat stress is better prevented than cured. Leaders are encouraged to correct controllable stressors "in the unit or on the home front," so the Soldier can "face the unavoidable pressures of battle without other issues on their minds."

"Soldiers need to have the comfort of knowing that their family is being taken care of, and they (need to) know whom they can turn to in times of need," Stice said.

Soldiers may be reluctant to seek help with stress reactions for fear of shame or loss of credibil-

ity. However, attitudes within the Army about getting help have changed dramatically.

One of the Army's more proactive approaches to managing combat stress reactions downrange are critical-event debriefings.

Gumboc affirmed that now more than any other time in the Army's history, Soldiers and leaders are more in tune with the importance of mental health.

"We have more resources available at home and in the theater of operations than ever before," she said. "I am very proud of what we provide our Soldiers."

Recreation

Auto Crafts Shop: Building 1763. Open Mon., Thurs. and Fri. 1:30-8:30 p.m., Sat. and Sun. 10 a.m.-4:30 p.m. Call Ext. 3013.

Community Activity Center (CAC): Building 2000. Information, Ticketing and Registration Office. **Recreation Center** open daily 8 a.m.-11 p.m. **Arts and Crafts** open Thurs.-Mon. 8 a.m.-3 p.m. **Post Library** open daily 8 a.m.-11 p.m. Call Ext. 3213/2410/4353.

McCoy's: Building 1571. Bowling Center open Sun.-Sat. 11 a.m.-11 p.m. Call Ext. 7060. Arcade, and NTN trivia. Call Ext. 2065. **Closed Dec. 17-Jan. 1, 2007.**

Pine View Recreation Area/Equipment Check-out Center: Building 8053. Open daily 9 a.m.-5 p.m. Call Ext. 3517/2619. **Closed Sun., Dec. 24 & 31.**

Rumpel Fitness Center: Building 1122. Open weekdays 5 a.m.-9 p.m., and Sat.-Sun. 5 a.m.-8 p.m. **Open Sun., Dec. 24 & Dec. 26-31 8 a.m.-4 p.m. Swimming pool:** Mon.-Fri. 6-8 a.m. and 11 a.m.-8 p.m.; Sat.-Sun. 11 a.m.-5:30 p.m. **Atrium:** Mon.-Fri. 6 a.m.-8 p.m.; Sat.-Sun. 11 a.m.-5:30 p.m. Call Ext. 2290/2625.

Woodshop: Building 1133. Open Tues., Wed. and Thurs. 5-8 p.m. Call John Timm, Ext. 6598 or 372-3698 for an appointment.

Whitetail Ridge Recreation Area: Building 8061. Open Thurs., 4:30-8 p.m.; Fri., 4:30-9 p.m.; Sat., noon-9 p.m. and Sun., noon-6 p.m., weather permitting. Call Ext. 4498. **Open Dec. 26-28, noon-8 p.m.; Dec. 29-30, noon-9 p.m. and Dec. 31-Jan. 1, 2007, noon-6 p.m.**

Dining

Installation Dining Facility: Building 50 (ARRTC-east end). Open daily 6-7:30 a.m. (break-fast), 11:30 a.m.-1 p.m. (lunch) and 5-6:30 p.m. (dinner). Call Ext. 4182.

McCoy's: Building 1571. Primo's Express open Mon.-Fri. 11 a.m.-10 p.m. (buffet 11 a.m.-1 p.m. Mon.- Fri.), Sat. 4-10 p.m. and Sun. 11 a.m.-10 p.m. Call Ext. 7673. Sports bar open Mon.-Sat. 4 p.m.-midnight, Sun. 11 a.m.-midnight. Catering/ Admin. ATM machine located inside. Call Ext. 2065. Manager has discretion on closing time. Call to verify hours. **Closed Dec. 17-Jan. 1, 2007.**

Rustic Inn/Patio Cafe: Building 2000. Open Mon.-Fri., 6:30 a.m.-2 p.m., 6-10 p.m. and Sat.-Sun., 6:30 a.m.-2 p.m. **Effective Tues., Dec. 26, open Mon.-Fri. 6:30 a.m.-1:30 p.m. Closed Sat.-Sun., except MTA weekends.** Mobile food truck available. Call Ext. 4968.

Special T Express: Building 1538. Mon.-Sat. 11 a.m.-6 p.m. and Sun. 11 a.m.-5 p.m. **Effective Tues., Dec. 26, open Mon.-Fri. 11 a.m.-6 p.m., Sat., 11 a.m.-4 p.m., and Sun., 11 a.m.-2 p.m.** Call 269-5615.

Whitetail Ridge Chalet: Building 8061. Adult lounge and outdoor deck. Available for private parties. Call Ext. 2065. **Open Dec. 26-28, noon-8 p.m.; Dec. 29-30, noon-9 p.m. and Dec. 31-Jan. 1, 2007, noon-6 p.m.**

Services

Alteration Shop: Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m., Sat. 9 a.m.-3 p.m. Call (608) 269-1075.

facilities services

Note: All facilities will be closed, Mon., Dec. 25 for the Christmas Holiday and Mon. Jan. 1, 2007 for New Year's Day unless otherwise noted. Hours may change at facilities to meet operational requirements. Call ahead to verify hours.

ARRTC Store, Building 51, Room 136. Open Mon.-Thurs. 11 a.m.-1 p.m., 4-7 p.m. and Sun. 4-8 p.m. Call Ext. 7798.

Barber Shop: Building 1538. Open Mon.-Sat. 9 a.m.-5 p.m. Appointments available. Call 269-1710.

ARRTC Barber Shop, Building 51, Room 119: Open Mon., Tues., and Thurs. 4-7 p.m. Call Ext. 3690 to verify hours.

Car Rental: Information available at Main Exchange Office, Building 1538. Call (608) 786-1801 or 1-800-325-8007.

Car Wash: Building 1568. Self-service and automatic bays. Open 24 hours. Change and token machines. Call Ext. 3213/4161.

Commissary: Building 2132. Open Tues.-Fri. 10 a.m.-6 p.m. and Sat. 9 a.m.-5 p.m. Call Ext. 3542/3543.

Education/Learning Center: Building 50, Rm. 123. Open Mon.-Thurs. 7 a.m.-7 p.m., Fri. 7 a.m.-4 p.m. Call Ext. 7311.

Launderette/Dry Cleaning: Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m., Sat. 9 a.m.-3 p.m. Call 269-1075 to verify hours of operation.

Main Exchange: Building 1538. Open Mon.-Sat. 9 a.m.-7 p.m. and Sun. 10 a.m.-6 p.m. Call 269-5574 or Ext. 4343. **Open Sat., Dec. 16, 9 a.m.-8 p.m. Open Sun., Dec. 24 & 31, 9 a.m.- 3 p.m.**

Military Clothing Sales: Building 1538. Open Mon.-Sat. 9 a.m.-7 p.m. and Sun. 10 a.m.-6 p.m. Call 269-5574. **Open Sat., Dec. 16, 9 a.m.-8 p.m. Open Sun., Dec. 24 & 31, 9 a.m.- 3 p.m.**

Permit Sales: Building 2101. Open weekdays 7 a.m.-3:30 p.m. Call Ext. 3337.

Post Office: Building 1654 (rear entrance). Open weekdays 10 a.m.-3:30 p.m. Call Ext. 3825. **Closed Wednesdays until further notice.**

RIA Credit Union: Building 2105. Open Mon.-Wed. 9:30 a.m.-12:45 p.m. and 1:15-2 p.m., Thurs. and Fri. 9 a.m.-12:45 p.m. and 1:45-5 p.m. ATMs are located in the Welcome Center, Building 35, in McCoy's, Building 1571, and in the PX Mini Mall, Building 1538. Call Ext. 2171.

SatoTravel: Building 2180. Open weekdays 7:30 a.m.-4 p.m. Call Ext. 2370, or 269-4560, or 1-800-927-6343.

Service Station/Shoppette: Building 1538. Open Mon.-Sat. 6 a.m.-8 p.m., Sun. 8 a.m.-6 p.m. Call 269-5589. **Effective Tues., Dec. 26, open Mon.-**

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Shoppette/Class VI: Building 1538. Open Mon.-Sat. 6 a.m.-8 p.m., Sun. 8 a.m.-6 p.m. Call (608) 269-5604 or Ext. 4343. **Effective Tues., Dec. 26, open Mon.-Sat. 7 a.m.-7 p.m., and Sun. 8 a.m.-6 p.m. Open Sat., Dec. 16, 6 a.m.-8 p.m. and Sun., Dec. 24 & 31, 6 a.m.-3 p.m.**

Vehicle Resale Lot: (Next to Auto Crafts Shop, Building 1763). Call Ext. 3013/4161.

Worship

Bible Encounter: Building 51, Room 111. Wed. 11:30 a.m.-noon. Call Ext. 3528.

Bible Study: Chapel Center, Building 2675. Wed. 7 p.m. Call Ext. 3528.

Catholic: Chapel 10, Building 1759. Mass, Sun., 9:30 a.m. Call Ext. 3528 by Friday to confirm.

Fellowship: Chapel Center, Building 2675. 10:30 a.m. Sun. following Services at Fort McCoy. Call Ext. 3528.

Gospel Prayer and Praise: 7 p.m. Fri. Chapel 1, Building 2672. Call Ext: 3528.

Jewish: Service Sat., 10:20 a.m.-noon at La Crosse. Call Ext. 3528.

Mormon: Church of Jesus Christ of Latter Day Saints, 702 E. Montgomery St., Sparta, Wis. Sunday services 10 a.m.-1 p.m. Phone (608) 269-3377 for additional information.

Muslim: Islamic Center of La Crosse, Ottmanbenaffan Mosque. Fri. Prayer, 1-2 p.m. Call Ext. 3528.

Protestant: Chapel 1, Building 2672. Protestant Worship Sunday, 9:30 a.m. Call Ext. 3528.

Protestant Women of the Chapel Bible Study Group: 9-11 a.m. Wed. Childcare provided. Call (608) 388-3528.

Spanish Language: Worship services held in Norwalk (Catholic); Tomah (Seventh-Day Adventist). Call Ext. 3528.

For information about Chapel or worship schedules in the surrounding communities, call Ext. 3528.

Family Support

Army Community Service: Building 2111. Open weekdays 7:30 a.m.-4 p.m. Call Ext. 3505. **Closed Fri., Dec. 22, Tues., Dec. 26 and Fri., Dec. 29.**

Child Development Center: Building 1747. Open weekdays 6:30 a.m.-5:15 p.m. Call Ext. 3534 or 2238.

Red Cross: Fort McCoy active-duty Soldiers and their family members can call (877) 272-7337 for emergency assistance. For other Red Cross services, call (800) 837-6313, (608) 788-1000 or call the installation operator at Ext. 2222 and request Red Cross assistance.

School-Age Services: Building 1751. Activities for youths grades kindergarten through sixth. Offers after-school, nonschool and inclement-weather care for eligible youths. Open weekdays 6:30 a.m.-5:30 p.m. Call Ext. 4373/2238 weekdays.

Supplemental Programs and Services/Family Child Care: For occasional baby-sitting services or in-home care for Military Family Housing, call Child Development Services at Ext. 4124.

Health Care

Alcoholics Anonymous: AA meetings, Thursday noon, Building 2000. For more information, call Ext. 5955/2441.

Counseling Services: Building 2111. Open weekdays 7:30 a.m.-4 p.m. For information about assessment and referral concerning substance abuse counseling, employee assistance program and related services, call Ext. 5955/2441.

TRICARE Liaison: Building 1679. Call (608) 388-2246/7879 for more information. The following also are points of contact: TRICARE Humana-Military, 1-877-TRICARE (874-2273) or http://www.mytricare.com, http://www.tricare.osd.mil or http://www.TRICARE.mil.

Occupational Health Nursing Office: Building 1679. Open weekdays 7:30 a.m.-4 p.m. Blood-pressure screenings and military audiograms. Call Ext. 3209/2414.

Troop Medical Clinic: Building 2669. Medical treatment for active Army and reserve-component members. Open weekdays 7 a.m.-3:30 p.m. Sick call sign-in for Soldiers 7-9 a.m. weekdays. Pharmacy telephone is Ext. 2842. Call Ext. 3025/3128. Call 911 for after-hour emergencies. Call AOD (608) 487-0698 for non-emergencies. For treatment, go to hospital emergency room. **Closed Tues., Dec. 26.**

Organizations

American Federation of Government Employees, Local 1882: Building 1411. Office hours 8 a.m.-4 p.m. weekdays. Meets second Tues. of each month, 7 p.m., at American Legion Post 201 in Tomah. Call Ext. 1882.

American Society of Military Comptrollers: Meets several times throughout the year. Watch the Weekly Bulletin for meeting details or call Maureen Richardson at (608) 269-1912 or Mary Zink at (608) 269-3115.

BOSS: Better Opportunities for Single Soldiers Committee. Call Michael Napsey, BOSS adviser, at 388-6588.

Noncommissioned Officers Association, Chapter 1586: Call SSG Billy C. Montgomery at 269-3025.

Reserve Enlisted Association: Organizing new chapter at Fort McCoy representing active/retired enlisted military from all services. Call MSG Troy Falardeau (414) 708-9031.

Warrant Officers Association, Chapter 317: Call (608) 372-1058, (608) 372-7260, or (715) 333-2266 for more information.

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Triad

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Speaker knows about veterans' disabilities issues firsthand

BY ROB SCHUETTE
Triad Staff

The guest speaker at Fort McCoy's National Disability Employment Awareness Month observance Nov. 21 knows firsthand the trauma that veterans who are wounded in war face as they work their way through the system for treatment and wonder what their future will be like. The event was sponsored by the U.S. Army Reserve Equal Employment Opportunity Office, which is located at Fort McCoy.

Dr. Kenneth Lee, the director of the Spinal Cord Injury Unit at the Veterans Affairs (VA) Medical Center in Milwaukee, was wounded during medical service supporting Operation Iraqi Freedom. Lee, a colonel who served as commander of the 118th Area Support Medical Battalion, in the Wisconsin Army National Guard, was transported to Germany and then to Walter Reed Medical Center for treatment. During his transport, he remembered thinking, "Am I going to survive? Will I be normal?"

Fortunately for Lee he did recover and returned to a normal life and his position. Lee has kept a close watch on those not as fortunate as he is.

The advent of body armor has made it more likely that Soldiers survive battlefield wounds they may not have survived in the past, Lee said. In his case, he and a number of Soldiers in a convoy were out of their vehicles when a suicide bomber attacked yards away from their convoy.

Everyone was wearing body armor and executed their roles and, as a result, although many suffered wounds and the vehicles went up in flames, no one was killed, he said.

Wounded Soldiers who suffer disabilities often return from their deployments with low self-esteem and a low sense of self-worth, he

Observances



Photo by Michael Mickelson

Dr. Kenneth Lee addresses attendees at Fort McCoy's observance of National Disability Employment Awareness Month.

said. The Wheelchair Games can provide a sense of inspiration and a challenge to disabled veterans.

In 2007, Milwaukee is serving as host for the 27th National Wheelchair Games from June 19-23.

"It will show the VA at its best to give veterans a chance to relook at their lives," Lee said. "The 600 people involved can serve as an inspiration and can do amazing things if given the opportunity."

Lee said it starts giving these veterans hope and helps them begin working their way back into society. They can focus on what they can do in life, not what is missing, he said.

The event has many parallels to his service in Operation Iraqi Freedom. Lee said his unit trained to doctrine, but it was prepared to go away from doctrine if it was necessary to accomplish the mission.

Though Lee's unit prepared for mobilization at Fort Drum, N.Y., a location that experienced very cold weather, unit members were still taught about convoys, improvised explosive devices and other obstacles in their way, he said.

"You learned to lead Soldiers in extremes as Soldiers are very flexible," he said.

All of this does not happen by itself. Lee noted like the extensive preparations for deployment service, it takes approximately 2,500 volunteers to pull off an event like the Wheelchair Games, which will mark the 25th anniversary of when the games last were held in Milwaukee.

For more information about the games visit the Web site, <http://www1.va.gov/vetevent/nvwg/2007/default.cfm>.

Fort McCoy Installation Commander Col. Derek J. Sentinella said the Wheelchair Games show that disabled people can go forward with their lives.

"(Equal Employment Opportunity) helps keep America's economy strong and underscores our commitment to ensure that equal opportunities exist for everyone," Sentinella said.

For more information about disability issues in the federal work force or to volunteer for the Wheelchair Games in Milwaukee, call the Army Reserve EEO Office at (608) 388-3106/3107.

Martin Luther King observance

Fort McCoy will hold a Martin Luther King observance

Thursday, Jan. 18, 2007, at McCoy's, building 1571 from 11:30 a.m.-1 p.m. Clayborn Benson, executive director of the Wisconsin Black Historical Society, will be the guest speaker.

For more information, call the Equal Opportunity Adviser Office, building 2187, at (608) 388-3246.

181st Infantry Brigade

From page 1

Army as Headquarters and Headquarters Company, 2nd Brigade,

63rd Infantry Division (3rd Platoon), 91st Reconnaissance Company.

The brigade was concurrently activated and redesignated as

Headquarters and Headquarters Company, 181st Infantry Brigade at Fort McCoy Dec. 1.

(Mainu is with the 181st Public Affairs Office.)

Veterinary, food issues training topics

From page 5

meat/sausage products.

This was one area where Soldiers related to their military occupation specialty. Soldiers began to verify the food processing procedures with the employees of the establishment.

One of the objectives in this MRX was to educate and confirm the Soldiers' knowledge in food safety and consumption.

The MRX also included training by a role player who played an American Forces Network embedded media reporter. The role player was an actual 1st/340th 2 (military PAO) Soldier mobilized here at Fort McCoy who created several scenarios to educate and provide media awareness to the Soldiers. The role player also provided hip-pocket media training during the exercise.

Upon departure, the Soldiers were hit by a simulated Improvised Explosive Device (IED).

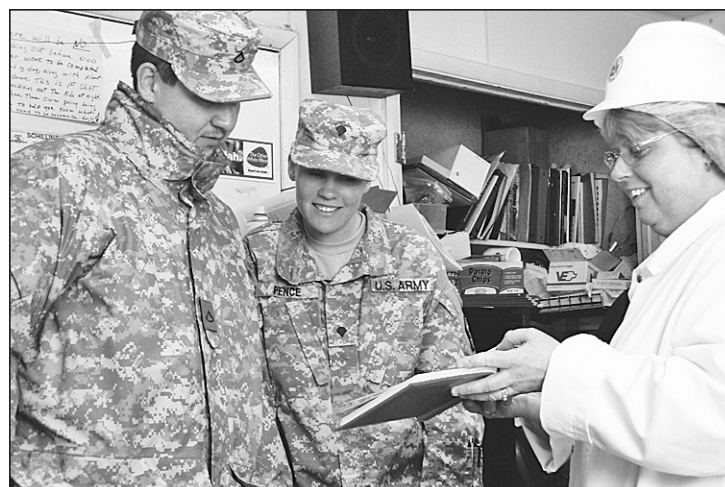


Photo by Sgt. 1st Class Christine Jastczemski

Dr. Julie Ann McGwin (right), a veterinarian, displays photography depicting differences between healthy and unhealthy animals to Soldiers from the 949th Medical Detachment.

The NCOIC (Noncommissioned Officer in Charge) Sgt. Jodi Billiet ensured the embedded media reporter and all Soldiers were accounted for and stationed in a safe area. Additionally, an incident re-

port of the IED was communicated to higher command by Billiet.

(Submitted by Sgt. 1st Class Christine Jastczemski, Public Affairs Office, 1st Battalion, 340th Regiment.)

Guard Chief: Relief on way

From page 6

you are, day to day," he told the troops, pointing to the wide range of missions the National Guard is carrying out throughout the United States and overseas.

"The Guard is busy," he said. "We have 55,000 of us in Iraq, Afghanistan, the Balkans, (the) Sinai (and) the Horn of Africa, a couple of hundred of us down at Guantanamo (Bay, Cuba), 6,000 of us on the southwest border this morning."

In addition, some 8,000 to 10,000 Guard members are serving throughout the United States, providing critical infrastructure protection and responding to disasters ranging from floods to forest fires, he said. In addition, just as hurricane season has come to an end, the National Guard already is geared up to respond to winter-weather emergencies, he said.

"It is unbelievable what the

Guard is doing today," Blum told the group. "And you are part of the best Guard that this country has ever put on the ground in its 368 year history."

But all that activity has taken its toll on the National Guard's equipment, he quickly acknowledged. Gear, vehicles and other equipment is wearing out far faster than normal — as much as five times faster, by some Pentagon estimates.

In addition, many Guard units return from Iraq and Afghanistan without their equipment, leaving it behind for replacement troops.

Blum supports that measure, noting that it saves time, money and strain on the logistics system. But the flip side of the coin, he said, is that returning units often lack the equipment they need for training or to respond to a domestic crisis.

States across the country have entered into an agreement to share their National Guard resources to fill in gaps as needed. The Emer-

gency Management Assistance Compact proved its value during the multistate response in the aftermath of Hurricane Katrina in 2005, when several states mobilized their National Guard assets and sent them to help the Gulf states.

But Blum has long emphasized that this kind of cooperation is not a long-term solution to the Guard's chronic equipment shortages. His big concern, he said, is that when the president or one of the 53 U.S. governors calls on their Guard troops, they won't have the equipment they need to provide the "Minuteman" response that's expected of them.

"It is a problem, and we are working it very hard," Blum told the Operation Jump Start troops.

While assuring them that relief is on the way, Blum counseled patience. "We didn't get here overnight," he said. "It took us three to five years to get here, and it will probably take us that long to get out of the hole we are in."

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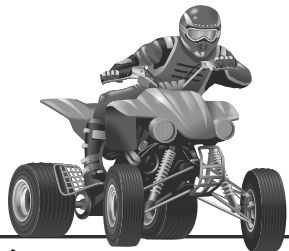
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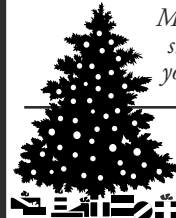
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NEW LISTINGS:

- 10 Acres - 58.39 Acres, 9938 Cty Hwy B, Sparta, \$145,170 - \$299,000
- 14350 Gemini Rd., Sparta, \$205,000
- 9799 Gavel Ave., Sparta, 5.49 Acres, \$167,900
- 17686 Icecap Rd., Sparta, \$145,000
- 606 Prairie Ave., Sparta, \$92,500
- 1014 W. Main St., Sparta, \$89,900
- 9 Acres, Lot 1 - 2 - 3, Elgin, Tomah, \$50,000

PENDING-ASK ABOUT

SECONDARY OFFERS:

- 5975 Lacquer Ave., 20 Acres, Sparta, \$224,900
- 15027 Hardware Rd., 12.6 Acres, Sparta, \$195,000
- 405 S. Myrtle St., Sparta, \$105,000
- 805 N. Water St., Sparta, \$99,900
- 401 W. Montgomery, Sparta, \$86,000
- 6.9 Acres, 18338 Icebox Rd., Sparta, \$69,000
- 219 Myrtle St., Sparta, \$55,000
- 700 Walrath, Sparta, \$39,000
- Lot 2, Castle Ave., Sparta, \$25,000
- Lot 3, Iberia Ave., Sparta, \$15,000

THESE FINE PROPERTIES REDUCED:

- 4408 Madison Ave., 8 Acres, Rockland, \$265,000
- 5085 Hallmark Ave., 2.59 Acres, Sparta, \$254,900
- 7418 Dellview Rd., 1 Acre, Sparta, \$210,000
- 404 Erickson Dr., 4 Acres, Sparta, \$179,900
- 18530 Incline Rd., 10 Acres, Norwalk, \$165,000
- 6402 Cty Rd. E. 12 acres, Warrens, \$159,900
- 15146 Hardware Rd., Sparta, \$139,900
- 12053 St. Hwy 71, 2.95 Acres, Sparta, \$134,900
- 503 Pine St., Sparta, \$116,900
- 827 W. Main St., Sparta, \$115,000
- 812 Jefferson, Sparta, \$110,000
- 715 S. Water St., Sparta, \$99,000
- 1108 Depot St., Sparta, \$74,500

MORE FINE HOMES:

- 9462 Ellsworth Rd., 138 Acres m/l, Tomah, \$850,000
- 23388 Ladder Rd., 124.5, 34.11, 20 Acres, Sparta, \$919,500, \$625,000, \$595,000
- N5885 Cty Rd. M, 20 Acres, West Salem, \$675,000
- 21955 Kent Ave., 46.9 acres, Wilton, \$529,900
- 8429 Idyllview Ave., 1.61 Acres, Sparta, \$495,000
- 21995 Kent Ave., 6 Acres, Wilton, \$389,900
- 1813 S. Highland Dr., 1.66 Acres, Sparta, \$319,000
- 24554, Hwy 27, 52 Acres, Sparta, \$300,000
- Lot 2, Icebox Rd., 6.9 Acres, Sparta, \$285,000
- 9519 Gardener Ave., 2 Acres, Sparta, \$274,900
- 515 Highland Meadows, Sparta, \$269,900
- 9788 Image Ave., 2.17 Acres, Sparta, \$249,900
- 18514 Idaho Rd., 1.6 Acres, Sparta, \$217,000
- 18338 Icebox Rd., 5 Acres, Sparta, \$215,000
- 9560 Idell, Sparta, \$169,000
- 16216 Hanover Rd., 1.11 Acres, Sparta, \$159,900
- 735 Landman St., Tomah, \$149,900
- 800 Teena, Sparta, \$149,000
- 1695 Clearview, Sparta, \$139,900
- 714 Kent St., Sparta, \$135,000
- 910 North St., Sparta, \$115,000/\$135,000
- 406 Enderby St., Wilton, \$129,900

- 902 W. Veterans, Tomah, \$115,000
- 11478 Cty. Hwy. A, 1.5 Acres, Sparta, \$112,500
- 707 Central Ave., Sparta, \$86,000
- 308 N. Chester, Sparta, \$75,000
- 508 N. Water St., Sparta, \$68,000
- 605 Central Ave., Sparta, \$65,000
- VACANT LAND:**
- 100 Acres, Ladder Rd., Sparta, \$350,000
- 68 Acres, Backtrail Rd., Little Falls, \$340,000
- 3 acres/69 acres, Cty. Hwy A, Sparta, \$30,000-\$276,000
- 21.65 Acres, Cty J, Rockland, \$216,500
- 40 Acres, State Hwy. 27, Wells, \$200,000
- 14 Acres, Cty. J, Rockland, \$168,000
- 55 Acres, Bedford Rd., Sparta, \$165,000
- 10 Acres, 404 Erickson Dr., Sparta, \$150,000
- 35 Acres, Incline Rd, Norwalk, \$150,000
- 40 Acres, Kent Ave., Wilton, \$140,000
- 11.54 Acres, Commercial St., Rockland, \$137,500
- 10 Acres, Hwy 27, Cashton, \$110,000
- 20 Acres, Backtrail Rd., Little Falls, \$100,000
- 2.1 Acres/30 Acres, Nuthatch Rd., Kendall, \$16,950-\$81,500
- 5 Acres/20 Acres, Castle Ave., Sparta, \$25,000-\$80,000
- 5 Acres/10 Acres, Canary Ave., Sparta, \$32,000-\$59,000
- 30 Acres M/L, Cty Hwy X, Sparta, \$51,000
- 10 Acres, Lot 1 & 2, Backtrail Rd., Little Falls, \$50,000 ea.
- 10 Acres, Lot 3, Incline Rd, Norwalk, \$50,000
- 3.7 Acres, N18458 Cty. Rd. T, Galesville, \$40,000
- (2) 5 Acre Lots, Hwy 27, Cashton, \$32,000 Each
- 5 Acres, Lot 1, Incline Rd, Norwalk, \$32,000
- 5.11 Acres, Lot 5, Iberia Ave., Sparta, \$30,000
- 2.94 Acres, Embay Ave., Tomah, \$29,900
- 1.58 Acres, Icebox Rd., Sparta, \$27,000
- 5 Acres, Lot 2, Incline Rd, Norwalk, \$27,000
- 910 North St., Lot, Sparta, \$25,000
- 1.54 Acres, Lot 3, Hwy 71, Little Falls, Apple Valley Estates, \$16,900
- Lot 2, Walrath, Sparta, \$16,500
- 1.5 Acres, Lot 2, Iberia Ave., Sparta, \$15,000
- 3.04 Acres, Jackpot Ave., Sparta, \$14,900
- COMMERCIAL PROPERTIES:**
- Bed & Breakfast, 603 N Water, Sparta \$495,000, \$525,000, \$650,000
- 404 Erickson Dr., 14 Acres, Sparta
- 1501 W. Wisconsin, Sparta, \$395,000
- 514 S. Water St., A & W, Sparta, \$275,000
- 11751 Hwy 71, 2.81 Acres, Sparta, \$219,000
- 1010 Stannard, 1.01 Acre, Sparta, \$210,000
- 821 Main St., "The Beach," Cashton, \$195,000
- 404 Erickson Dr., 4 Acres, Sparta \$179,900
- Highway 16, 1.08 Acres, Sparta, \$69,000
- 105 N. Water St., Sparta, \$62,500
- 221 & 221 1/2 S. Water St., Sparta, \$59,900
- 10132 Hwy 16, Sparta, \$49,000

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Fort McCoy Morale, Welfare, and Recreation (MWR)

Newcomer's Orientation

New to Fort McCoy?

Fort McCoy Newcomer Orientations are generally held the second Wednesday of the month from 8 am to noon. Various installation representatives provide information on their programs and services and an installation tour is conducted. Information and registration forms may be obtained from the ACS Schoolhouse at www.mccoymwr.com, upon in-processing or calling ACS.



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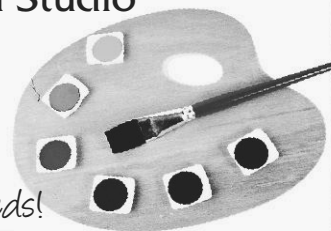
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UPCOMING EVENTS...

MILITARY FAMILY SUPPORT GROUP

A support group for family members of Soldiers who are preparing for deployment, who are presently deployed, or who have returned from deployment will meet the second and fourth Tuesday of every month. These open process groups will provide a time for family members to share their experiences providing an opportunity for others to gain greater insight, possible solutions and caring support. The meetings will be held from 6 pm to 7:30 pm at Army Community Service.

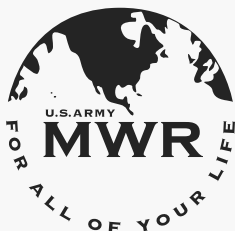
MILITARY PARENTS PLAY GROUP

9:30 am – 11 am, Every 3rd Monday of each month (No Dec Play Group)
Woodridge Community Center, 834 Evergreen Pass, Tomah
Parents and children share time to enjoy play, art activities, story time, and to spend time with friends and make new ones. All Military parents and children are welcome. Please contact Army Community Service for more information.

10 WEEK BUSINESS PLAN DEVELOPMENT TRAINING

The program will be offered at Fort McCoy, starting on Jan 11, with participants meeting every Thursday from 5 pm - 8 pm at Army Community Service. Costs to be incurred by participants. Enroll by Jan 4.

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Library: 608-388-2410
Lodging: 608-388-2107

McCoy's Community Club: 608-388-2065
Pine View Campground: 608-388-3517
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MWR events and facilities are open to authorized patrons, unless otherwise noted.