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CFAY

Volume 9, Issue 29

Weekly
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Aug. 6, 2026

This Week at Fleet Activities Yokosuka



Photos by James Limber and Sheryl Sullivan, CFAY Public Affairs



**IN THIS
ISSUE:**

Prepare for the Unexpected with a
Family Communication Plan

Back to School Bash/
Beyond the Gate

AROUND CFAY



Prepare for the Unexpected with a Family Communication Plan

**Story by Emily L. Von Vasold,
CFAY Emergency Operations Center manager**

As families at Fleet Activities Yokosuka gear up for another school year, they focus on buying school supplies, adjusting schedules and meeting new teachers. This season of transition is also the ideal time to address a critical aspect of household readiness: your family communication plan.

The Navy considers readiness a fundamental part of daily life. The Emergency Management Department encourages all service members, civilian employees and their families to extend this operational readiness to their own homes.

During an emergency, standard communication channels like local cellphone networks can quickly become overwhelmed or fail entirely. A pre-established plan helps ensure everyone's safety and peace of mind when parents are at work or deployed and children are at school.

Emergencies are unpredictable and can occur when families are separated. A family communication plan reduces confusion and panic by providing clear, pre-agreed instructions for every family member.

Key Components of Your Plan

The Emergency Management Department



COMMANDER FLEET ACTIVITIES YOKOSUKA

TOWN HALL

IKEGO

8:00 A.M. | August 13

Ikego Hills Nikko Tower Community Room

MAIN BASE

5:30 P.M. | August 13

AOB/ICR Classroom, CRC 4th Floor

recommends integrating the following elements into your family's routine to build an effective communication strategy:

- **Family Emergency Plan:** Create a centralized document that outlines how your family will communicate, evacuate and reunite.
- **Emergency Contacts and Communication Cards:** Note important numbers, including installation emergency services, medical providers and an out-of-town contact.
- **Meeting Places:** Identify three safe locations where the family will reunite if you cannot return home: one in your neighborhood, one just outside your neighborhood and one out-of-town. Document these in your Ready Navy plan.
- **Emergency Supply Kit:** Assemble a kit with seven to 14 days of essential supplies, including provisions for pets and children. Put physical copies of your communication plan in the kit. Use the Ready Navy Emergency Supply Checklist to ensure you have all necessary items.
- **Emergency Mass Notification System:** Register yourself and your family for the CFAY AtHoc system.
- **School Policies:** Review the emergency and reunification procedures for your child's school or day care. Ensure your emergency contact information on file is current.

From Blueprint to Action: Steps to Take Today

Understanding the structural pieces of a communication plan is only the first step. To transform these components into a functioning safety net, your household must actively put them into practice before a crisis occurs. By translating these guidelines into immediate, physical preparations, you help ensure your family remains connected and resilient under pressure.

- **Draft the Plan:** Sit down as a family and discuss the "what-ifs" in a calm, age-appropriate manner. Download the Ready Navy Family Emergency Plan Template, fill it out together and distribute copies.
- **Build Communication Cards:** Write down all essential phone numbers. Do not rely solely on cellphone contacts, as batteries can die. Create physical cards using the fillable card at Ready.gov.

Place one in your child's backpack, your wallet and your vehicle.

- **Register for AtHoc:** Register or update your AtHoc information, to include work and personal contact details at go.mil/cfay-athoc.
- **Update NFAAS:** Log into the Navy Family Accountability and Assessment System (NFAAS) at navyfamily.navy.mil to ensure your family's contact information and current address are up to date.
- **Practice:** A plan is only as good as its execution. Conduct a family drill to ensure everyone knows how to send a text to an out-of-town contact and knows the routes to your designated meeting places.
- **Update:** When you move to your next duty station, update your plan to reflect new local contacts, school procedures and neighborhood meeting spots.

Disasters do not wait for a convenient time. By taking a proactive approach to this back-to-school season, you protect your family and contribute to the overall resilience of our community. Take the time today to prepare, discuss and practice your family communication plan. Readiness starts at home.

The CFAY Emergency Management Department will be supporting DoWEA at the upcoming back-to-school sneak peeks and open houses. Keep an eye out for us or stop by, and we can walk you through filling out your family communication plan.



CFAY CYP Teen Career Showcase Insider

Editor's Note: During the recent Teen Career Showcase hosted by Commander Fleet Activities Yokosuka (CFAY) Child & Youth Programs, local high school students spent the week touring key installations across Fleet Activities Yokosuka - from the fire station, Naval Oceanography Anti-Submarine Warfare Center, U.S. 7th Fleet Band, to CFAY Public Works and Staff Judge Advocate. While visiting the Public Affairs Office, participants took on the role of correspondents to document their experiences behind the scenes. The following is a story submitted by one of our student journalists, sharing his firsthand look at base operations.

Story by Joel Alfredo Bautista

Photo by Sheryl Sullivan, CFAY Public Affairs

Before the Teen Career Showcase began, I expected we would mostly be sitting in a room listening to people present information about base careers. It turned out my interpretation was far from what actually happened, and it was exciting to experience how the week really played out.

Instead of just sitting through presentations, we ventured out to see base operations firsthand. One of our first stops was the CFAY Public Affairs Office and the American Forces Network studio, which was an incredible experience. We participated in a sound booth activity where we had to read a script off a teleprompter in front of a camera. I definitely had a swarm of

butterflies in my stomach at first, having never read a broadcast transcript on camera before! Through three different takes, I learned how broadcast recording works – like learning to read continuously through a script so your voice carries smoothly without awkward pauses.

Next, we visited the Fire Station, where we learned about the Candidate Physical Ability Test and watched the rigorous physical conditioning required for firefighters to handle real-world challenges.

Our tour then took us through Public Works, starting with an environmental presentation where we received pamphlets on local wildlife threats, including native snakes and lizards, which was mind-blowing to learn about. Before heading into the shop spaces, we geared up with hard hats and safety vests. Walking into the woodwork area, I was greeted with the replenishing scent of fresh wood. We even got to watch two carpenters constructing a custom folder cabinet completely from scratch.

We also got an inside look at base infrastructure, visiting a power generation facility to see how massive jet engines are utilized to provide pressure and electrical power for the installation, requiring heavy-duty ear protection just to enter the space. Later, we toured an active construction site for a future multi-level parking structure designed to hold around 500 vehicles.

To wrap up the week, representatives from University of Maryland Global Campus and Temple University visited to break down the college application process and help us map out future academic steps.

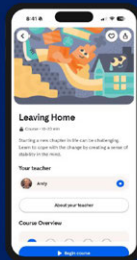
Overall, the Teen Career Showcase was entertaining and eye-opening. It showed me how many unique roles exist within one major operation and helped me understand the different paths it takes to build a career. If you are thinking about signing up for the Career Showcase next year, you definitely should. I look forward to participating again in the future!





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Questions? teamsupport@headspace.com



JAPAN

Commander Fleet Activities Yokosuka

SAVE THE DATE

AUG. 27-28, 2026



THE NEW SANNO
OCTOBER 10, 2026

NAVY YOKOSUKA
25th BIRTHDAY BALL
DINNER DRESS BLUE
BLACK TIE

RANK	EARLY BIRD (AUGUST 5 - 14)	REGULAR
E1 - E4	\$40	\$45
E5 - E6	\$50	\$55
E7 - O3	\$65	\$70
O4 - O10	\$75	\$80
CIVILIAN	\$65	\$70

Standard-rate rooms are limited
Available on a first-come, first-served basis

yokosukanavyball@us.navy.mil

TICKET SALES

August 5, 2026 – September 16, 2026
Monday – Friday | 11 a.m. – 1 p.m.
In front of the Commissary

Mt. Fuji

Online Safety Brief

— Certificate is mandatory —

<https://www.navy.mwr.yokosuka.com/recreation/mt-fuji-climbing-season>

Interested in climbing Mt. Fuji? Our Mt. Fuji online safety briefing is designed to prepare you and make your hike up Japan's highest mountain a memorable experience!

Take the Mt. Fuji online safety brief, print out the certificate and bring it to the Outdoor Recreation Center to sign up for Mt. Fuji trips.

Mt. Fuji Day Hikes

What a story to tell back home! Trek, climb, and taste the victory of climbing Japan's tallest mountain — an absolute must-do when visiting Japan! The hike begins at Mt. Fuji's 5th station and challenges even the fittest and most experienced hikers. Bring yen to purchase a Fuji stick and pay the admission fee.
Minimum age: 10

August: 1, 8, 22, & 29
\$100 / person
\$65 / Blue Jacket

Mt. Fuji Overnight Hikes

Experience a breathtaking view as you watch the sun race across the vista over 12,000 feet below! The first day of the hike takes climbers to the 8th station to spend the night in one of the mountain huts. The second day, climbers head out for the summit early to catch the sunrise as the rest of Japan lies in darkness. Trip fee includes lodging and transportation. Bring yen for meals, a Fuji stick, and the admission fee.
Minimum age: 10

August: 3 - 4, 17 - 18, & Aug. 31 - Sept. 1
\$230 / person

For more information, contact Outdoor Recreation at 046-816-5732.

2026 Parent Involvement Board Meetings



Open to all parents with a child in any Child & Youth Program.
This is a working lunch and a brown bag lunch will be provided.
MS Teams link will be available for families that would like to participate, but cannot attend in person.

The Parent Involvement Board (PIB) strengthens family involvement in a format that brings CYP professionals, other installation leaders and parents together for active listening and expression of ideas and options in a positive, forward looking context. It is a critical component in quality child and youth programming. Family members are encouraged to actively participate in PIB meetings and other activities.

Ikego: August 12 • Noon – 1 p.m. • Ikego Youth Programs Bldg. 871

Yokosuka: November 18 • Noon – 1 p.m. • *MWR Admin Bldg. 1559 Rm. 224



For more information, please call 046-816-4079.

*MWR Admin Bldg Rm. 224 is located directly above the NEX Furniture Store.

NIGHT RUN

AUGUST 15 • 7 P.M.
Purdy Fitness Center Pavilion
Free Event

Own the night at our Night Run where fitness meets energy under the lights.
 Grab your crew, hit the course, and experience high energy run built for all levels.

Register at Fleet or Purdy gym by August 14 at 5 p.m.
 Event T-shirts available while supplies last.



For more information, please call
046-896-4486



Welcome New Families!

CYP AOB CHILD CARE

Free childcare is provided by CYP at no cost from 30 minutes before classes begin to 30 minutes after classes end. Restrictions apply.

Steps to register for AOB Child Care:

1. Contact CDC, SAC, or FCC for availability. Registration must be completed in advance.
2. To process registration for school age children, they must be enrolled in DoDEA Elementary School. SAC programs offer care before & after school during the school year.
3. SAC programs provide full day care for children during the Summer, Spring, and Winter school breaks.

If you have any questions you can reach out to CYP admin at mwr_yokosuka_CYP_AOB@us.navy.mil or call (DSN) 243-4079 or (Cell) 046-816-4079. Contact the FCC Director at mwr_yokosuka_FCC@us.navy.mil or call (DSN) 241-2978 (C) 046-896-2948; Gridley CDC - (DSN) 243-3033 (C) 046-816-3033; Duncan CDC - (DSN) 243-3219 (C) 046-816-3219; Ikego CDC - (DSN) 246-8060 (C) 046-806-8060; Third Ave. SAC - (DSN) 243-3439 (C) 046-816-3439; Green St. SAC - (DSN) 241-4100 (C) 046-896-4100; Ikego SAC - (DSN) 246-8301 (C) 046-896-8301






Hosted by Zushi and Yokosuka Police

Bicycle Safety Class

Come join one of our two classes to learn about bicycle safety!

Steak Night at the Joint Use Field on August 1st @6pm

Back-to-School Bash at the NEX parking on August 15th @4pm!

Please bring your own bicycle and helmet

Upon completion of safety class you may earn the "Chirin Card" (CHIRICA) issued by Kanagawa Prefecture.



BACK TO SCHOOL BASH

Aug. 15 • 4 - 8 p.m.

NEX Parking Lot & Red Brick Area

GAMES

***FASHION
SHOW**

***LIP SYNC
BATTLE**

ACTIVITIES

**FOOD &
BEVERAGES**
(card, cash or yen accepted).

GIVEAWAYS

*Visit the Navy Exchange for details about the fashion show and lip sync battle.



For more information, visit us on the web.



USO YOKOSUKA



BACK TO SCHOOL BINGO

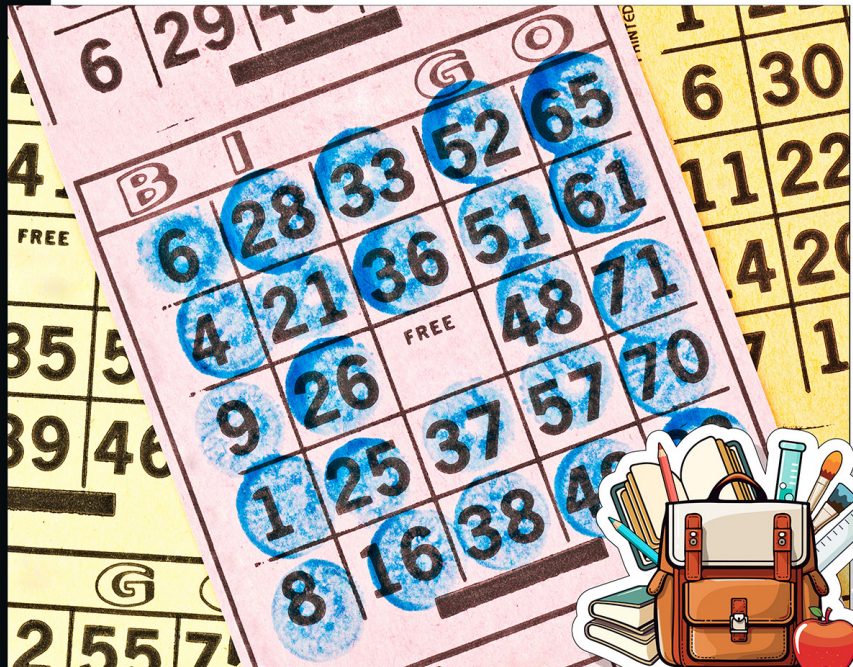
Friday, August 7th

Fuji Heights party room

Grades K-5 1600

Grades 6-12 1730

Registration Required



BEYOND THE GATE



Miura Beach Fireworks

Aug. 7 (Friday)

7:30 to 8 p.m. | *Miura Beach (5-minute walk from Keikyu Miura-kaigan Station, KK-71)*

There will be 3,000 fireworks, including unique water fireworks. Because the launching point of the fireworks is in Tokyo Bay, you can sit on the sandy beach and look up at the fireworks in a relaxing and open setting and enjoy the show at great spots all over the Miura Beach area.

Shibuya Bon Odori

Aug. 8 (Saturday)

6 to 9:30 p.m. | *Kanda Myōjin Shrine (1-minute walk from Tokyo Metro Shibuya Station, G-1, JR Shibuya Station, JY-20, Tokyu Toyoko Line, TY-1)*

Shibuya Bon Odori, held since 2017, aims to connect Shibuya locals and visitors. Parts of Bunkamura-dori and Dogenzaka close to traffic, with a yagura tower by Shibuya 109. People of all ages, including foreigners, join in a large circle to dance Bon Odori. On event day, festival stalls like shooting galleries, super ball scooping, and food trucks entertain attendees.

Yokosuka Seaside Marathon, which will be held on Nov. 22, is now accepting applications for entry until Sept. 20. For more information, <http://yokosuka-seaside.jp/>. For entry, <https://runnet.jp/entry/runtes/user/pc/competitionDetailAction.do?racelId=377862&div=1>



Kanda Shrine Anime Song Bon Odori

Aug. 7 (Friday)

4:30 to 8:30 p.m. | *Kanda Myōjin Shrine (5-minute walk from Tokyo Metro Suehirocho Station, G-14, 10-minute walk from JR Akihabara Station, JY-03, JK-28)*

The Kanda Myōjin Shrine Bon Odori blends a traditional Japanese summer festival with lively anime tunes for a unique experience. Held over three days in Akihabara, Tokyo's anime hub, each day features a themed Bon Odori dance. Friday's 4:30 p.m. dance is popular for anime music and costumes, while weekend dances are by local cultural groups. Traditional Bon Odori occurs Aug. 9 and 10 from 5:30 to 9 p.m.



Meiji Jingu Gaien Fireworks Festival

Aug. 8 (Saturday)

5 to 8:30 p.m. | *Chichibunomiya Rugby Stadium (3-minute walk from Tokyo Metro Gaienmae Station, G-03)*

Over 10,000 fireworks will light up the sky at Jingu Stadium or Chichibunomiya Rugby Stadium. Spectators can watch from nearby streets or buy seats at the rugby stadium, softball ground, or Jingu Stadium. Performances start at 5 p.m. <https://www.jinguhanabi.com/ticket.html>.

NEWS AND NOTICES

TAP OFFICE RELOCATION

The Fleet & Family Support Center's Transition Assistance Program (TAP) Office has moved from the James D. Kelly Fleet Recreation Center to the Community Readiness Center across the street from the Commissary.

PATIENT AND FAMILY PARTNERSHIP COUNCIL

Have a question, concern or idea to help improve your experience at U.S. Naval Hospital (USNH) Yokosuka? USNH Yokosuka wants to hear from you. Join the next Patient and Family Partnership Council (PFPC) meeting on Tuesday, Aug. 4, from 4–5 p.m. in the Command Auditorium (3rd Floor), USNH Yokosuka. The PFPC brings together patients, family members and hospital leadership to discuss healthcare services, answer questions and gather feedback that helps shape the future of patient care. Whether you have feedback from a recent visit or ideas for improving the services, your voice matters. Tentative schedule for the remainder of 2026 (locations subject to change):

- Sept. 1: 11:45 a.m. – 12:45 p.m., Command Auditorium, 3rd Floor
- Oct. 6: 4 – 5 p.m. – Command Auditorium, 3rd Floor

- Nov. 3: 11:45 a.m. – 12:45 p.m. – Command Auditorium, 3rd Floor
 - Dec. 1: 11:45 a.m. – 12:45 p.m. – Command Auditorium, 3rd Floor
- If there's a specialty clinic or member of the medical team you'd like to hear from, let USNH Yokosuka know before the meeting. You can also submit questions in advance by emailing dha.yokosuka.yokosuka-nh.list.pfpc@health.mil.

UPCOMING TOWNHALL

- Parent Advisory Board, new Ikego Youth Program, Aug. 11, 12 p.m.
- Cup of Joe, Ikego, Aug. 13, 8 a.m.
- Townhall, Aug. 13, 5:30 p.m.
- Community Connection Office Hours, C-2, Aug. 24, 12 p.m.

IMPORTANT BEACH RULES

To ensure a safe and enjoyable summer, please practice good beach etiquette and follow the rules below around the Miura Peninsula. The official beach swimming season generally runs from early July to late August, although the permitted swimming hours vary depending on the beach.

- No barbecue
- No alcohol
- No loud sound
- Cover tattoo

Visitors who do not follow the rules may be asked to leave.

CONSTRUCTION AND CLOSURES

- Yokosuka:** C Street and NEX Parking full road and parking closure from Aug. 14 to Aug. 15.
- Kinkaid Street partial road closure from 8 a.m. to 5 p.m. Aug. 17 - 28.
 - Sherman Avenue partial road closure from 8 a.m. to 4:45 p.m. until Aug. 31.
 - Decatur Avenue full road closure from 8 a.m. to 4:45 p.m. Aug. 10 - 15.
 - 1st Avenue partial road closure from 8 a.m. to 5 p.m., until Aug. 10.
 - Howard Street partial road closure required to facilitate crane work to unload materials from 9 a.m. to 3 p.m., July 6 - Sept. 30.
 - High traffic lane modification from 5 to 8:30 a.m. Outbound traffic merges into one lane in front of the CPO Club. Inbound traffic will shift to the two middle lanes creating a two lane inbound pattern in front of Bldg. 1997.
 - The parking lot in front of Afloat Training Group Western Pacific is secured through 2027 in support of the Navigation, Seamanship and Shiphandling Trainer construction.

Ikego: Imattumi Road partial closure until Dec. 30.

American Red Cross Classes

CPR Training, Basic Life Support, and Babysitting Basics

All classes are blended learning classes. Classes may be added based on community need and instructor availability. Enroll today!

CPR/AED/First Aid Course (\$18)

- Saturday Aug. 8, 9 a.m.-1 p.m.
- Saturday Aug. 22, 9 a.m.-1 p.m.
- Saturday Aug. 29, 9 a.m.-1 p.m.

Email to sign up:
Yokosuka@redcross.org

To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

 Commander Fleet Activities Yokosuka

 @CFAY_Japan

 cfay-information@us.navy.mil

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