

Freedom Fest: red, white, booming success



Fireworks light up the night sky to close out Freedom Fest Friday at Phantom Warrior Stadium at Fort Cavazos.



Gordon Goss, 3, focuses intently on painting a ceramic giraffe at the arts and crafts tent Friday during Freedom Fest at Phantom Warrior Stadium at Fort Cavazos. There were other activities as well, including face painting and rock climbing.

BY BLAIR DUPRE
Sentinel News Editor

Thousands from Fort Cavazos and the Central Texas area gathered Friday at Phantom Warrior Stadium to celebrate the nation's independence during the Directorate of Family and Morale, Welfare and Recreation's Freedom Fest.

Fort Cavazos' annual Independence Day celebration has been a beloved tradition of the community for more than a decade that features food, fun and a 30-minute fireworks display sponsored by Fort Cavazos Recycle.

Lance Pooler, deputy director of DFMWR, said preparing for the event is a demanding task that always provides great reward for the DFMWR team.

"Once we ... start seeing the local community and the Soldiers and their families start to pour

into the stadium, it's basically just gratification for us," he said. "This gives us the enthusiasm to continue to do what we do, which is provide these types of things for our Soldiers and their families."

Freedom Fest is made possible by the many Department of the Army civilians, volunteers and Soldiers that work during the event. Pooler said holding Freedom Fest before Independence Day allows them to spend time with their families on the actual holiday and keeps the installation from competing with other Independence Day celebrations in the area.

"Simply because Fort Cavazos is one of the largest military installations in the world ... it takes a very large detail to help us put all this on," he explained. "It's actually benefited the local community by doing that

See **Freedom Fest**, A6

NEWS BRIEFS

Download My Army PCS App

The My Army PCS App is a customizable app that helps users prepared for their permanent change of station before, during and after their PCS report date. It is a knowledge-based information tool, including topics such as entitlements, move types, resources and claims. Additionally, users can talk to a live agent at the Army Personal Property Call Center during your move. Download the My Army PCS App at the Apple App Store at <https://apps.apple.com/us/app/my-army-pcs/id1623381230> or the Google Play Store at <https://play.google.com/store/apps/details?id=com.tradocmobile.MyPCS>.

Road closes July 9

Legends Way between 27th and 24th Streets will be closed between 8:55-10 a.m. Tuesday. Taking an alternate route is recommended. Please plan appropriately.

Road closes July 10

Legends Way between 72nd and Pleiku Drives will be closed between 11:30 a.m.-12:30 p.m. Wednesday. Taking an alternate route is recommended. Please plan appropriately.

Road closes July 12

Legends Way between 72nd and Pleiku Drives will be closed between 10:25-11:30 a.m. July 12. Taking an alternate route is recommended. Please plan appropriately.

Dental assistant program opens

Fort Cavazos American Red Cross is accepting applications for the dental assistant program, where Red Cross volunteers are trained in the basic skills needed to work as a dental assistant. The program runs Oct. 21 to May 9, 2025. Individuals must submit their application no later than Aug. 16 and are required to have a valid military ID card, be enrolled in TRICARE, be a U.S. citizen, be 18 years or older, have a high school or GED diploma, and be in the Fort Cavazos/Killeen area for one year. For more information, please email fort.cavazos@redcross.org, or call 254-287-0403.

Children school garrison team in triple-play CYS Sports Day

BY BLAIR DUPRE
Sentinel News Editor

Bronco Youth Center buzzed with excitement as youth took on the garrison team in three different sports during the Child and Youth Services Sports Day Monday.

Multiple garrison representatives, including U.S. Army Garrison-Fort Cavazos Commander Col. Lakicia Stokes, competed against the children in basketball, volleyball and dodgeball during the event.

Sheila Curtis, chief of CYS, said CYS Sports Day is a great opportunity for the youth of Fort Cavazos to interact with the garrison command team on a whole different level.

"It's about really having fun and enjoying each other and then seeing people from a different perspective," she said.

See **Sports**, A6



Photo by Blair Dupre, Sentinel News Editor

Sheila Curtis, Child and Youth Services chief, accepts the CYS Sports Day trophy from Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, at the conclusion of the event Monday at Bronco Youth Center at Fort Cavazos. Youth competed against the garrison team in three different sports during the event — basketball, volleyball and dodgeball.

Fest features fun, music, patriotic pyrotechnics

Freedom Fest: *Continued from A1*

because ... in the last couple of years they've been doing their own fireworks. Also, an added benefit is it gives the Soldiers the opportunity to experience the local community without having to compete against here versus there."

The festivities kicked off with a "Salute to the Nation" ceremony. The ceremony

consisted of Soldiers carrying the flag of each state in the order they joined the union. The sound of cannon fire echoed across the stadium as each state was announced.

"I can't think of a better reason to come out and party and celebrate ... than rallying around our great United States," said Brig. Gen. Thomas M. Feltey, III Armored Corps deputy commanding general - maneuver, to the crowd at the conclusion of the ceremony.

Veteran James Beeson Sr. and his wife Cassandra attended Freedom Fest with their children and said they looked forward to everything Freedom Fest had to offer.

"Family, community, seeing my brothers-in-arms," James said. "I just love being here. The kids can see culture ... and they love it."

Cassandra agreed. "It's a connection," she said of the event.

A new element of Freedom Fest this year was the two stages with talented performers, eager to entertain guests. The new stage, located in the parking lot of the stadium, featured the 1st Cavalry Division band and artists YSA and Matias, who entertained the

guests perusing the many food trucks, while the main stage inside Phantom Warrior Stadium featured up-and-coming artist Alto Moon, country group Parmalee and pop artist Gavin DeGraw.

Parmalee lead singer, Matt Thomas, said the group has performed for service members many times over the course of their career, and it's always special for them.

"It's great to come and provide entertainment (for service members)," he said. "Every show we've ever done for service members has been awesome."

DeGraw said he was proud to be performing at the Great Place for the Fourth of July celebration.

"This is the lifeline of the country right here," he said. "This is our fighting men and women. I'm proud to be an American, so I'm in the right place. Anything to celebrate our independence is up my alley."



Photos by Blair Dupre, Sentinel News Editor

RIGHT, Gavin DeGraw performs on the main stage Friday during Freedom Fest at Phantom Warrior Stadium at Fort Cavazos. **ABOVE,** Barry Knox, bass player for country group Parmalee, performs Friday during Freedom Fest on the main stage at Phantom Warrior Stadium. **TOP RIGHT,** Lauren Hodges, Directorate of Family and Morale, Welfare and Recreation volunteer, dances to the music Friday during Freedom Fest.



Photo by Ayumi Davis, Sentinel Editor

Event provides youth, adults chance to be social, compete



Photos by Blair Dupre, Sentinel News Editor

Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, shoots in the garrison versus Child and Youth Services basketball game during CYS Sports Day Monday at Fort Cavazos.

Sports: *Continued from A1*

"At the end of the day, we're all about what the future looks like for the military."

She said the young athletes of CYS were incredibly excited about Sports Day.

"They wanted to show our command team that ... the young people of CYS are very competitive," Curtis said. "They were looking forward to this day, as you could see, with the excitement that came forth with our young people. It's our staff and coaches that have prepared them in this process."

Prepared they were. CYS had a clean sweep, defeating the garrison team 71-53 in the basketball game, 2-0 in volleyball and 2-0 in

dodgeball. In between sports some children made sure to entertain the crowd with prepared dance routines.

During the trophy presentation where Stokes presented a trophy to Curtis, she praised the dedication and support from the youth and staff.

"It's all about having fun and also working together as a team," Stokes said. "This was great. We really enjoyed our time here, and, hopefully, we get an invite for the next one."

Vickie Jackson, Youth Sports and Fitness director, said she wasn't surprised by the childrens' athletic prowess, but by their enthusiasm.

"I was surprised that so many wanted to participate, which is

awesome for them to want to get a chance to interact with the garrison command," she said. "I don't think a lot of them know who the garrison command is, so it's a great opportunity for them to interact with the garrison commander, know who she is and know the people that work with her."

Curtis said the event helped the children develop social skills through their interactions with the professionals here at the Great Place.

"It's about planting seeds," Curtis said, "and hopefully, one day, they can look back on this experience as a very memorable experience, and they can use the skills that they learned today in their life as well as in the future."




Alyssa Goings Smith, 8, gives her all in the cheerleader performance Monday during the Child and Youth Services Sports Day at Bronco Youth Center at Fort Cavazos.

Phantom Warrior Command Team:

III AC honors Independence Day


Teammates, family and friends,

On this day in 1776, the Continental Congress approved the Declaration of Independence and formally separated our 13 original colonies from the rule of Great Britain. This Independence Day, our nation celebrates 248 years of history. As we commemorate this holiday, we remember the bravery of our Citizen-Soldiers who answered our young nation's call and defended freedom and democracy. The dedication and commitment demonstrated at that time continues today in the III Armored Corps. We will continue the Citizen-Soldiers'


John P. McDwyer
Command Sergeant Major, U.S. Army
III Armored Corps and Fort Cavazos

mission to defend the rights of the American people and to fight against any adversary that threatens our nation.

Across our formations, we still stand ready to answer our nation's call to fight and defend our most sacred principles, anywhere in the world. We are the III Armored Corps — the most lethal fighting force in the world. We can only achieve this lethality through the strength and unity of our most valuable assets, our people — the Soldiers, Department of the Army civilians and their families who make our organization great.


Sean C. Bernabe
Lieutenant General, U.S. Army
Commanding General

From the first Independence Day until today, we are indebted to those across our nation who have served and sacrificed. As you enjoy your well-earned time off with family and friends, be thoughtful of those deployed service members who cannot celebrate with their own family and friends this year. Be safe and vigilant, and enjoy celebrating our nation's 248th birthday.

Happy Independence Day!



John McDwyerSean Bernabe

Rugged Brigade wishes happy Fourth of July

BY COL. AARON L.B. COX
36th Eng. Bde. Commander

Every year on the 4th of July, our community comes together in celebration of American independence. Americans across our nation mark this holiday with cookouts, family gatherings and fireworks in remembrance of the freedom our ancestors fought for over 200 years ago.

No matter how we choose to celebrate, it is important to remember the sacrifice many have made to continue to preserve our nation's freedom. The price of freedom is a heavy one, and many have paid it with their lives. Families of service members also make great sacrifices in supporting their loved ones who do serve. Our families often must endure the sometimes-unpredictable nature of a military lifestyle. This frequently means families must suddenly move their lives across the country or be separated from their loved ones



Aaron L.B. Cox

for extended periods of time. These sacrifices are never easy, but they are what allow the Soldiers of the 36th Engineer Brigade and the rest of the military to serve. We are grateful for all those who serve regardless of branch of service including civilians.

This 4th of July, the 36th Eng. Bde. would like to recognize all service members and their families who make daily sacrifices to protect our American way of life. While we enjoy this long weekend with our loved ones, let us not forget what some have given up for our freedom.

We have the privilege of living in the greatest country in the world. This privilege was only earned through self-sacrifice and the service of others. We must never take that for granted.

Thank you to all of our service members and their families. What you give to our country is invaluable. Happy 4th of July from the 36th Eng. Bde. Stay Rugged!



Photo by Blair Dupre, Sentinel News Editor
Fireworks fill the sky during Freedom Fest Friday at Phantom Warrior Stadium at the Great Place.

Tips to stay safe during Independence Day

BY HQDA SAFETY AND OCCUPATIONAL HEALTH OFFICE

The celebration of our nation's independence is synonymous with grilling with the family, relaxing with friends and participating in fireworks displays. As the office continues with its 101 Critical Days of Summer safety campaign, here are the following safety tips for your 4th of July holiday celebrations and vacation travel.

Fireworks:

- If fireworks are not legal in your area, do not use them.
- Keep a supply of water close-by as a precaution.
- Never give fireworks to small children.
- Always follow the instructions on the packaging.
- Never relight fireworks that have not fully functioned.
- Light one firework at a time.
- Make sure the person lighting fireworks always wears eye protection.
- Store fireworks in a cool, dry place away from children and pets.
- Never throw or point a firework towards people, animals, vehicles, structures or flammable materials.
- Where possible, attend public fireworks shows presented by professionals.
- Stay at least 500 feet away from professional firework displays.

Sparklers:

- Always use sparklers under adult supervision. Sparklers burn at temperatures of approximately 2,000 degrees (hot enough to burn some metals).
- Never hold a child while using sparklers.
- Always stand at least six feet from another individual using a sparkler.
- Never throw sparklers.
- Always place used sparklers in a bucket of water. Sparkler wire remains hot well after the flame is out.

Beach safety:

- Monitor local weather conditions and pay attention to warning signs or flags that are posted.
- Watch young children and inexperienced swimmers and ensure that they wear approved life jackets when swimming.
- If caught in a rip current, swim parallel to the shore until out of the current.
- Wear sunscreen with at least SPF 15 and reapply frequently.
- Wear sunglasses to protect your eyes.
- Adhere to lifeguard instructions at all times.
- Never swim alone.

Grilling safety:

- Use long handled tools made specifically for grilling.
- Supervise the grill whenever it is in use.
- Keep the grill out in the open and away from the house,

tree branches or anything that could ignite.

- Never grill indoors.
- Never add charcoal fluid to charcoal that has already been ignited.
- Keep children and pets away from the grill.

Driving safety:

- Make sure all passengers wear seat belts at all times.
- Prepare your vehicle for long-distance travel. Check your wipers and fluids. Have your radiator and cooling system serviced.
- Make sure the driver is well rested before a long trip and takes frequent breaks throughout the trip.
- Plan ahead. Before you get on a highway, know your exit by name and number, and watch the signs as you near the off-ramp. Drivers making unexpected lane changes to exit often cause accidents.
- Avoid distractions such as cell phones and never text and drive.
- Do not cut in front of large trucks. Trucks are heavier and take longer to make a complete stop.
- Be aware of trucks' blind spots. If you can't see the truck driver in their mirrors, then the truck driver can't see you.
- Never drink and drive.
- Designate a nondrinking driver or plan for alternative transportation, such as a taxi, if you plan to drink.

Boating safety:

- Take advantage of a free vessel

safety check from the U.S. Coast Guard to check your boat.

- Educate and familiarize yourself with the boating safety rules of operation, and be prepared for every circumstance that might arise.
- Learn how to swim if you will be in and around the water. Local organizations, such as the American Red Cross and others, offer training for all ages and abilities. Check to see what classes are offered in your area.
- Practice boating safety at all times by saving the alcohol for later. The probability of being involved in a boating accident doubles when alcohol is involved.
- Whether you choose to inform a family member or staff at your local marina, always be sure to let someone else who is not joining you know your float plan.
- Make proper use of lifejackets. A majority of drowning victims are the result of boaters not wearing their lifejackets.
- Always check local weather conditions before departure; TV and radio forecasts can be a good source of information. If you notice darkening clouds, volatile and rough changing winds or sudden drops in temperature, play it safe by getting off the water.
- Make sure more than one person on board is familiar with all aspects of your boat's handling, operations and general boating safety.

Have a safe and happy holiday!



Photos courtesy of Unsplash



DO YOU HAVE SOMETHING TO SAY?

WRITE TO THE EDITOR

The *Sentinel* welcomes letters to the editor. Letters must be under 450 words and include your name, address and telephone number. To submit a letter, visit www.cavazossentinel.com/contact or email it directly to: editor@cavazossentinel.com

FIND NEWS ONLINE

Find today's top news, living features and links to the electronic version of the paper at www.cavazossentinel.com.



COMMAND STAFF

Commanding General
LT. GEN. SEAN C. BERNABE

Garrison Commander
COL. LAKICIA STOKES

III Armored Corps Public Affairs Officer
LT. COL. TANIA DONOVAN

Fort Cavazos Public Affairs Director
CHRIS HAUG

Command Information Chief
SAMANTHA HARMS

III Armored Corps Public Affairs Sergeant Major
SGT. MAJ. ADORA SANDOVAL

EDITORIAL STAFF

Editor
AYUMI DAVIS
editor@cavazossentinel.com
254-287-9495

News Editor
BLAIR DUPRE
blair.dupre@cavazossentinel.com
254-287-2436

Living Editor
JANECZE WRIGHT
254-287-5964

Design Editor
DANIELLA THACKER
daniella.thacker@cavazossentinel.com
254-287-0101

BUSINESS STAFF

General Manager
DAVE HEDGE
dhedge@tdtnews.com
254-774-5203

Distribution Manager
PATRICIA WOLFF
patricia.wolff@cavazossentinel.com
254-634-6666

Publication Manager
ARMANDO GUTIERREZ
armando.gutierrez@cavazossentinel.com
(254) 634-6666

Advertising Associate/Office Manager
KALLIE JONES
kallie.jones@cavazossentinel.com
254-634-6666

ADVERTISING

To place an ad or for information regarding **Fort Cavazos' classified section**, call 254-634-6666 between 8 a.m. – 5 p.m. weekdays.

The *Fort Cavazos Sentinel* is an authorized publication for members of the U.S. Army with a circulation of 12,500. Contents of the *Fort Cavazos Sentinel* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or U.S. Army Garrison-Fort Cavazos. It is published every Thursday by the U.S. Army Garrison-Fort Cavazos Public Affairs Office.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, martial status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If violation or rejection of this opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. All editorial content of the *Fort Cavazos Sentinel* is prepared, edited, provided and approved by the U.S. Army Garrison-Fort Cavazos Public Affairs Office.

The *Fort Cavazos Sentinel* is printed by the *Temple Daily Telegram*, a private firm in no way connected with the Department of the Army, under exclusive written contract with U.S. Army Garrison-Fort Cavazos. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or the *Temple Daily Telegram* of the products or services advertised.

ADDRESS

The Editorial office is located in U.S. Army Garrison Public Affairs Office, Fort Cavazos, Texas, 76544. The Advertising office is located at 1805 Florence Rd., Herald Plaza, Ste. 1, Killeen, Texas, 76541.

504th MI Bde welcomes new commander

BY CPT. JASON A. GARRISON
504th MI Bde. Public Affairs

The 504th Expeditionary Military Intelligence Brigade hosted a change of command ceremony June 26 at Sadowski Field to welcome the new commander, Col. Benjamin C. Pry and bid farewell to outgoing commander, Col. David F. Bowers.

The ceremony was officiated by Maj. Gen. Ben Cattermole, deputy commanding general for support (U.K.), III Armored Corps, who commended Bowers for his admirable leadership.

“DB, you epitomize the very best of the United States Army,” Cattermole said. “The brigade, the Corps, the Army and your allies are better for your exemplary leadership in the ‘Ready Brigade.’”

Bowers commanded the Ready Brigade for two years, leading

them through an unprecedented rotation to the U.S. European Command’s area of operation. The unit made history becoming the first expeditionary military intelligence brigade to deploy in support of V Corps, United States Army Europe and Africa and NATO allies.

“As one of the premiere intelligence collection units in the Army, we considered it an honor to take part in such an important mission,” Bowers said.

As a third-generation military officer, Bowers brought a unique background as well as a wealth of experience to the brigade and the Military Intelligence Corps. Bowers assumed command of the 504th MI Bde. on July 7, 2022, effectually leading the charge and taking the brigade to new and unparalleled heights.

Bowers attributes the unit’s

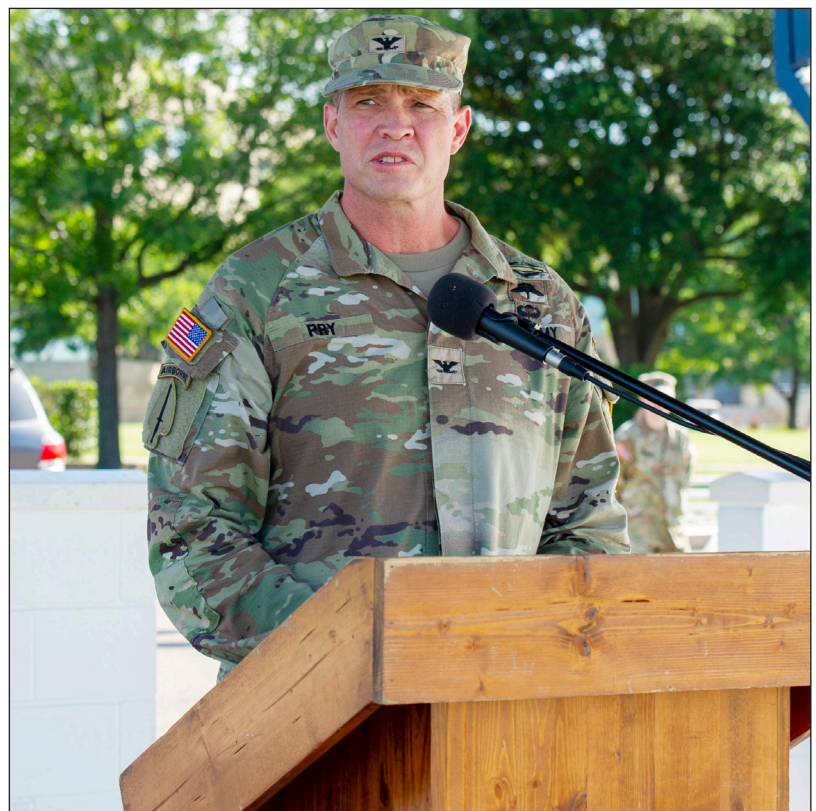
success to the Soldiers of the brigade.

“Soldiers are the core of this unit, and nothing could be achieved without their sacrifices and dedication to the mission,” Bowers said.

Bowers will be working Department of the Army intelligence, or G-2, initiatives with the 504th MI Bde. He is succeeded by fellow Texas native Pry.

Pry most recently served as the director of intelligence for Special Operations Command South. Pry expressed his elation to join the Ready Brigade and looks forward to working with the team.

“I’m truly honored and excited to be joining your formation today,” Pry said. “You have a stellar reputation and a bright future. I will do everything I can to empower, support, protect you and lead effectively.”



Col. Benjamin C. Pry, incoming commander of the 504th Expeditionary Military Intelligence Brigade, gives his incoming remarks to the troops and guest during the change of command ceremony June 26 at Fort Cavazos.



Photos by Derika Upshaw, Fort Cavazos Public Affairs

Col. Benjamin C. Pry, incoming commander of 504th Expeditionary Military Intelligence Brigade, passes the unit's colors to Command Sgt. Maj. Apryl Williams, command sergeant major of the 504th MI Bde., during the change of command ceremony June 26 at Fort Cavazos.



Col. David F. Bowers, outgoing commander of the 504th Expeditionary Military Intelligence Brigade; Maj. Gen. Ben Cattermole, deputy commanding general for support (U.K.), III Armored Corps; and Col. Benjamin C. Pry, incoming commander of the 504th MI Bde., walk after passing the guidon in the change of command ceremony June 26 at Fort Cavazos.

BARRIENTOS GROUP | **kw** FORT CAVAZOS

No Minimum Credit Score for VA Home Buyers!

Let ME help YOU!

Julian Barrientos (254) 449-0090 | thebarrientosgroup.com

Does your event need catering?
We got you.

CATERING
(254) 226-6728

510 West Rancier Ave, Killeen
pettysonline.com • (254) 432-7388

THE DENT SOLDIER
AUTO HAIL REPAIR
1100 E Stan Schlueter Loop
Killeen, Tx 76542
Call or text 915-543-1171 for an appointment
Servicing Killeen, Belton and Temple Area

Hail Damage?

Even small dents can cause damage you might not notice. Visit us for an inspection to prevent depreciation. With full coverage insurance, you'll pay \$0 out-of-pocket.

- Pick-up and delivery service
- We work with all insurance companies
- 100% satisfaction guaranteed
- Lifetime warranty
- Free rental cars
- Special incentives for service members
- \$300 referral bonus

100% U.S Army Retired - Owned and Operated

Counseling to Empowerment

Guiding you to your self-empowerment

We provide guidance and support to help you find your direction and achieve self-empowerment

1705 South Fort Hood Street Ste 103
Killeen, Texas 76542
(254) 239- 1027 • ctoemp.com

“...and STILL SERVING”

“Ask Us About Our Peer Support Program”

VETERAN STAFFED • SE HABLA ESPAÑOL • VIRTUAL • IN-PERSON

VA Serves Veterans and Their Families

Explore **VA** Benefits | [VA.gov](https://va.gov)

YOUR LOCAL GEICO AGENT
MAKES BUNDLING SIMPLE.
RENTERS + AUTO = EASY

START YOUR QUOTE!

GEICO | LOCAL OFFICE

Randy Hardin | 254-526-6696
¡Hablamos Español!

Limitations apply. See geico.com for more details. GEICO & affiliates. Washington, DC 20076. GEICO Gecko image © 1999-2024. ©2024 GEICO

407th welcomes new commander

BY BLAIR DUPRE
Sentinel News Editor

The 407th Army Field Support Brigade bid farewell to Col. Jennifer S. Karim, outgoing 407th AFSB commander, and welcomed Col. Stacy L. Moore-Callaway, incoming 407th AFSB commander, during a change of command ceremony June 25 at Hildner Field at Fort Cavazos.

The change of command ceremony is one of the military's time-honored traditions where a unit's guidon is passed from outgoing leadership to incoming leadership, symbolizing the handing off of responsibility.

"Change of command ceremonies mark a time in the life of a unit when we celebrate the accomplishments of the outgoing commander, Colonel Jennifer Karim, and look with great anticipation of the adventures that await the incoming commander,

Colonel Stacy Moore-Callaway," said Maj. Gen. David Wilson, U.S. Army Sustainment Command commander and reviewing officer for the event.

After praising the event coordinators Wilson quoted President Harry Truman.

"Men make history and not the other way around," he quoted. "Periods where there is no leadership, society stands still. But progress occurs when courageous, skillful leaders seize the opportunity to change things for the better.' ... I can say under the skillful leadership of Colonel Jennifer Karim, the 407th Army Field Support Brigade is better than she found it."

Wilson listed improvements made during Karim's tenure, including supporting 12 combat training center rotations.

"Jennifer, your optimistic can-do style of leadership has paid dividends in the form of mission accomplishment in every endeavor that we've thrown at you as an Army and as Army Sustainment Command and Army Materiel Command," Wilson said. "Thank you for what you have poured into this unit. The organization is better because of your efforts."

Then, Wilson welcomed Moore-Callaway who came to the Great Place from the Army War College.

"She has all of the skills and knowledge and the attributes to successfully command this brigade, and there is no doubt that she will command it with distinction and take it to the next level," he said. "Stacy, just remember, when in doubt take care of your people — that's your Soldiers, civilians and their families, and they, in turn, will no doubt take care of you."

"Stacy, this outstanding unit in now in your very capable hands," he continued. "And as I told you on the field, passing the colors —



Photos by Blair Dupre, Sentinel News Editor

Col. Stacy L. Moore-Callaway, 407th Army Field Support Brigade incoming commander, receives the guidon from Maj. Gen. David Wilson, U.S. Army Sustainment Command commander, during the 407th AFSB change of command ceremony June 25 at Hildner Field at Fort Cavazos.

they are counting on you to set the tone. You must make sure they are ready for any mission anywhere and they are postured to operate as a team."

Karim, who will move on to serve as the G-4 (logistics) of III Armored Corps, began her farewell remarks by thanking her family and all of those who have supported her during her time with the 407th AFSB. She then thanked III Armored Corp leadership and Wilson for trusting her with the responsibility of leading the unit.

"It has indeed been a blessing and an honor to be afforded such a great opportunity," she said. "Two years ago I assumed this command with honor, great enthusiasm and an even greater humility. I conclude my time in command today with the same mindset."

"Twenty-four months ago, when I embarked upon this journey, I knew then I was blessed with a superb organization," she continued. "The mighty 407th has proven to be extraordinary and exceeded all of my expectations, which has made my two years in

command seem to have gone by like a blink of an eye."

Karim went on to highlight the accomplishments of the unit during her time in command, making sure to note the success was due to collaborative teamwork within the unit as well as with their partners including the 13th Armored Corps Sustainment Command and the Tank and Automotive Command. She concluded her remarks by welcoming Moore-Callaway.

"I know the brigade is in good hands with you and will continue to make a difference in the III Armored and every assigned installation," Karim said.

To conclude the event, Moore-Callaway took the podium to make her first statements as the 407th AFSB commander.

"I am absolutely honored to command the mighty 407th Army Field Support Brigade," she said. "This organization has an enormous impact on our Soldiers and families across the Army every day, and I'm going to work hard to maintain the legacy of excellence."



Col. Jennifer S. Karim, 407th Army Field Support Brigade outgoing commander, makes her farewell remarks during the 407th AFSB change of command ceremony June 25 at Hildner Field at Fort Cavazos.

RAIN OR SHINE, MY MEDICATION SUPPLY WON'T RUN DRY.

BEFORE A DISASTER STRIKES, TAKE CONTROL.

1 ASSESS YOUR NEEDS

2 MAKE A PLAN

3 ENGAGE YOUR SUPPORT NETWORK

When it comes to disasters and emergencies, it's not a matter of if, but when. Let's prepare so we all have a better story to tell.

Get started at [Ready.gov/olderadults](https://www.ready.gov/olderadults)

Ready

FEMA

ad council

Veterans Crisis Line

1-800-273-8255

PRESS 1

For the most updated schedule, visit home.army.mil/cavazos

OPEN (Breakfast, Lunch & Dinner)

OPEN (Brunch & Supper)

CLOSED

HOLIDAY

IRONHORSE

Building #41018
Old Ironside & 77th St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
WR Manager: SFC Philpott

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

OPERATION IRAQI FREEDOM

Building #21020
Battalion & 58th St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

BLACK JACK

Building #34002
Old Ironsides Ave. & Pyongyang Dr.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: CW2 Rogers: 931-378-2957

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

CULINARY OUTPOST FOOD TRUCK 1

The Lonestar Conference Center

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: Closed
NCOIC: SSG Lopez: 787-414-1259

PATRIOT INN

Building #12007
Old Ironside & 33rd St.

Closed due to renovation. Tentatively scheduled to open Aug. 15.

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: WO1 Greene: 843-901-0260

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

ALWAYS READY

Building #91226
HQ Ave., West Fort Cavazos

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1:30 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Manager: 254-288-9538

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

NORTH FORT CAVAZOS

Building #56320

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 5:30-8:30 a.m. Sunday-Saturday
Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday
Dinner: 5-7:30 p.m. Sunday-Saturday
COR: Richard Johnson: 254-535-6845

Building #56447 is only for overflow.
(HOLIDAY): 11 a.m.-3 p.m.

THEODORE ROOSEVELT

Building #9205
Battalion & 21st St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

CULINARY OUTPOST FOOD KIOSK

Old Ironsides and
Pyongyang Drive

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

BRK, LUN, DIN: 8 a.m.-8 p.m. Monday-Friday
(WNK): 8 a.m.-6 p.m.

Food Advisor: CW2 Rogers: 931-378-2957

CULINARY OUTPOST FOOD TRUCK 2

1-44/4-5 ADA BN
area parking Lot

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: Closed
Food Advisor: WO1 Greene: 843-901-0260

Installation Food Service: 287-6595

III Armored Corps Food Service: 287-0573

Division Food Service: 287-3134

Fest features fun, music, patriotic pyrotechnics

Freedom Fest: *Continued from A1*

because ... in the last couple of years they've been doing their own fireworks. Also, an added benefit is it gives the Soldiers the opportunity to experience the local community without having to compete against here versus there."

The festivities kicked off with a "Salute to the Nation" ceremony. The ceremony

consisted of Soldiers carrying the flag of each state in the order they joined the union. The sound of cannon fire echoed across the stadium as each state was announced.

"I can't think of a better reason to come out and party and celebrate ... than rallying around our great United States," said Brig. Gen. Thomas M. Feltey, III Armored Corps deputy commanding general - maneuver, to the crowd at the conclusion of the ceremony.

Veteran James Beeson Sr. and his wife Cassandra attended Freedom Fest with their children and said they looked forward to everything Freedom Fest had to offer.

"Family, community, seeing my brothers-in-arms," James said. "I just love being here. The kids can see culture ... and they love it."

Cassandra agreed. "It's a connection," she said of the event.

A new element of Freedom Fest this year was the two stages with talented performers, eager to entertain guests. The new stage, located in the parking lot of the stadium, featured the 1st Cavalry Division band and artists YSA and Matias, who entertained the

guests perusing the many food trucks, while the main stage inside Phantom Warrior Stadium featured up-and-coming artist Alto Moon, country group Parmalee and pop artist Gavin DeGraw.

Parmalee lead singer, Matt Thomas, said the group has performed for service members many times over the course of their career, and it's always special for them.

"It's great to come and provide entertainment (for service members)," he said. "Every show we've ever done for service members has been awesome."

DeGraw said he was proud to be performing at the Great Place for the Fourth of July celebration.

"This is the lifeline of the country right here," he said. "This is our fighting men and women. I'm proud to be an American, so I'm in the right place. Anything to celebrate our independence is up my alley."



Photos by Blair Dupre, Sentinel News Editor

RIGHT, Gavin DeGraw performs on the main stage Friday during Freedom Fest at Phantom Warrior Stadium at Fort Cavazos. **ABOVE,** Barry Knox, bass player for country group Parmalee, performs Friday during Freedom Fest on the main stage at Phantom Warrior Stadium. **TOP RIGHT,** Lauren Hodges, Directorate of Family and Morale, Welfare and Recreation volunteer, dances to the music Friday during Freedom Fest.



Photo by Ayumi Davis, Sentinel Editor

Event provides youth, adults chance to be social, compete



Photos by Blair Dupre, Sentinel News Editor

Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, shoots in the garrison versus Child and Youth Services basketball game during CYS Sports Day Monday at Fort Cavazos.

Sports: *Continued from A1*

"At the end of the day, we're all about what the future looks like for the military."

She said the young athletes of CYS were incredibly excited about Sports Day.

"They wanted to show our command team that ... the young people of CYS are very competitive," Curtis said. "They were looking forward to this day, as you could see, with the excitement that came forth with our young people. It's our staff and coaches that have prepared them in this process."

Prepared they were. CYS had a clean sweep, defeating the garrison team 71-53 in the basketball game, 2-0 in volleyball and 2-0 in

dodgeball. In between sports some children made sure to entertain the crowd with prepared dance routines.

During the trophy presentation where Stokes presented a trophy to Curtis, she praised the dedication and support from the youth and staff.

"It's all about having fun and also working together as a team," Stokes said. "This was great. We really enjoyed our time here, and, hopefully, we get an invite for the next one."

Vickie Jackson, Youth Sports and Fitness director, said she wasn't surprised by the childrens' athletic prowess, but by their enthusiasm.

"I was surprised that so many wanted to participate, which is

awesome for them to want to get a chance to interact with the garrison command," she said. "I don't think a lot of them know who the garrison command is, so it's a great opportunity for them to interact with the garrison commander, know who she is and know the people that work with her."

Curtis said the event helped the children develop social skills through their interactions with the professionals here at the Great Place.

"It's about planting seeds," Curtis said, "and hopefully, one day, they can look back on this experience as a very memorable experience, and they can use the skills that they learned today in their life as well as in the future."



Alyssa Goings Smith, 8, gives her all in the cheerleader performance Monday during the Child and Youth Services Sports Day at Bronco Youth Center at Fort Cavazos.



Photo by Senior Master Sgt. Beth Holliker, 180th Fighter Wing

A mother and her newborn daughter snuggle following an evaluation of the infant July 18, 2023, at the U.S. Naval Hospital in Okinawa, Japan.

DOD reimburses for breast milk shipping expenses

BY JOSEPH CLARK
DOD News

WASHINGTON — The Department of Defense issued a new policy in June to cover costs associated with the shipment of breast milk during permanent-change-of-station moves.

Under the new policy, which was published in the Joint Travel Regulations, the department will reimburse up to \$1,000 of expenses for service members who are breastfeeding children up to 12 months old.

Christopher Woods, the policy branch chief for the Defense Travel Management Office, said the new allowance is aimed at covering common costs military families with young children previously paid out of pocket.

Oftentimes, service members and their families travel separately during station-to-station moves to set up households or meet mission requirements, such as training, while en route to their duty stations, Woods said.

During those periods, breastfeeding parents may be separated from their children.

“This allowance enables the breastfeeding service member to ship that milk back to the previous permanent duty station where the

dependents still are,” Woods said.

Even when not separated during moves, military families often pay a hefty price to appropriately pack and store breast milk for long car rides or international flights.

“The fact is that this milk must be kept in a cold environment, requiring service members to purchase ice or dry ice to keep the milk frozen or cool,” Woods said, adding those costs can quickly add up.

The allowance covers a range of expenses associated with transporting breast milk, such as dry ice, commercial shipping and excess baggage fees. Federal law prohibits reimbursement for packaging and container expenses.

Service members seeking reimbursement must obtain authorization included on their PCS orders prior to any expenses being incurred.

The expenses must be claimed on the PCS voucher once the move is complete. All receipts associated with the claimed expenses, regardless of amount, must be submitted along with the claim.

Woods said the policy change aligns with a recent change in federal law, which requires employers to create accommodations for

breastfeeding parents.

The policy also reflects Secretary of Defense Lloyd J. Austin III’s priority of strengthening support for DOD personnel and family members under his “Taking Care of Our Service Members and Families” campaign.

Those efforts include key initiatives to improve the lives of service members and their families through access to quality and affordable child care and easing the burdens of relocation for military families, among other things.

“We’ve made taking care of people one of our major initiatives,” Woods said. “This policy change supports two objectives under ‘Taking Care of Our Service Members and Families’ — making moves easier and supporting families.”

He said once the issue of shipping breast milk was raised by the services, the travel policy office quickly coordinated with stakeholders across the DOD to craft a solution.

“And we’re proud to do this to support families and service members that are undertaking challenging moves,” Woods said.

Recurring moves are a unique part of military life. According to Military

OneSource, more than 400,000 service members change duty stations each year.

Woods said the department is constantly looking at ways to improve the experiences of service members and their families through key changes to policy governing PCS moves.

Last year, for example, the department approved a new policy to cover travel expenses associated with transporting pets during PCS moves, such as pet shipping or quarantine fees.

As of January, service members moving within the continental U.S. can be reimbursed up to \$550 for a household pet and up to \$2,000 for moves to or from duty stations outside of the continental U.S.

“The department’s travel policy, the Joint Travel Regulations, is always evolving,” Woods said. “We’re adapting to challenges and different circumstances in order to better support our workforce.”

He added any change that can improve the lives of service members while meeting federal guidelines can be considered.

“We’re putting everything on the table,” Woods said. “We’re looking to make positive changes in all of these areas that benefit our service members.”

Fort Cavazos Child & Youth Services



ENROLL NOW

CYS REGISTRATION IS YOUR FIRST STEP!

REGISTER with CYS Online!
<https://go.usa.gov/xn4rd>

For more information, call Parent Central Services at **254-287-8029**

cavazos.armymwr.com

Like us at: www.facebook.com/cavazos.cys

EMPLOYMENT OPPORTUNITY

Do you want to work from home?
Do you enjoy working with children?

If you answered **YES** to both of these questions, please contact **SYLVIA FONTENOT**, Family Child Care Director, at **254-288-3190**. Must live on Fort Cavazos installation to qualify.



Child Development Centers
full day, hourly, & more!

Family Child Care
quality in-home care

Kids on Site
convenient, on-site child care

School Age Care
before/after school, camps

Youth Sports & Fitness
sports and camps

Youth Centers
after school, Saturdays, trips

Instructional Programs
fun instructional classes



BUD LIGHT



BUD LIGHT



BUD LIGHT



EASY
TO DRINK

EASY TO ENJOY



ABOVE LEFT, My sister ordered enchiladas, which came with three drenched in sauce and cheese, accompanied by a side of rice and beans. **ABOVE RIGHT**, My mother ordered a marisco, or seafood, bowl. With shrimp, crawfish, rice and cheese as its main ingredients, it was hard not to like. **TOP**, Neon light signs, like this one that reads, "Every Juan loves tacos," are scattered throughout the restaurant, giving a fun atmosphere to Gringo's Mexican Kitchen.

MONTY'S SPORTS CORNER

Team USA: On, off, back again

BY MONTY CAMPBELL
Fort Cavazos Public Affairs

Yes, the time has come for all sports fans to rejoice! No, Super Bowl LIX is not later this month but, rather, the ultimate goal of many athletes around the globe — The Games of the XXXIII Olympiad in Paris, set to begin later this month.

And, as fans, we look forward to every four years when we can celebrate our national pride and cheer on our favorite athletes in the games, not to mention the pageantry of the opening ceremony. I remember in 1992 when I watched Ervin “Magic” Johnson steal the show at the opening ceremony of the Barcelona summer games.

We all know the names of the most prolific athletes that made Team USA for these Paris 2024 Olympic Games such as Steph Curry, LeBron James, Simone Biles and Sara Hughes, but why weren’t two of the most decorated and/or famous female athletes, Caitlin Clark or Alex Morgan, included on Team USA?

Clark not only is the all-time NCAA Division 1 leading scorer in basketball, men or women, but she was also selected by the Indiana Fever with the No. 1 draft pick in the WNBA Draft. However, Clark was left off of the Team USA women’s basketball team in favor of more “mature” and “seasoned” players.

I just don’t understand the rationale by the selection committee in this aspect. Clark is one of the most exciting young players in any sport today and, arguably, is helping keep the WNBA afloat with record crowds attending Indiana Fever basketball games.

While they clearly play two different positions, Brittney Griner, who has only played six games this season and didn’t play in 2022 because she was incarcerated in Russia, was selected for the team while Clark wasn’t.

Griner averages 19 points, 7 rebounds and 1.8 assists per game this season. Clark averages 16.2 points, 5.5 rebounds and 6.6 assists per game this season, playing in all

19 of Indiana’s games. Numbers don’t lie ... you make the call on who should have been included based off production.

Morgan has appeared in more matches (224) and scored more goals (123) than any other active U.S. Women’s Soccer player, ranking ninth currently and fifth all-time, respectively, in program history.

Personal statistics aside, Morgan has been a mainstay of the perennial world power through its glory days of winning back-to-back Women’s World Cups in 2015 and 2019, sharing the cover of the United States version of FIFA 16 with soccer megastar, Lionel Messi, and mentoring the younger generation of soccer players that have been starring for the U.S. women’s team.

While all of Morgan’s accolades are simply stunning, I believe the committee actually got this one right. Morgan is a generational talent; however, that generation has left her. The younger talent on the squad is faster, stronger and makes quicker decisions than the 35-year-old striker.

So, we have athletes that are on Team USA, athletes that should have been on Team USA and athletes whose time on Team USA have finally passed them by, but do you remember one of the athletes from the past that vanished for two years and now has returned to claim a spot on Team USA as a swimmer?

Caleb Dressel won five gold medals for Team USA at the postponed 2020 Tokyo Olympics, on top of the swimming world

at just 25 years old. He seemed destined for extreme celebrity status, dominating the sport.

Fast forward only a year later at the world championships in Budapest, and Dressel was dominating again, winning four more gold medals. Then, after winning his preliminary heat in the 100m freestyle, he inexplicably withdrew from the meet and nearly went two years without competing in the sport.

He has since resumed his winning ways and regained a spot on Team USA for the Paris 2024 Olympics. He will be competing in the 50m freestyle and 4x100 freestyle relay. I will be cheering for a triumphant return on the Olympic stage for Dressel and Team USA!

As always, be safe!



Photo by Staff Sgt. Nathan Baker, USASOC Europe Public Affairs

A man passes the Paris 2024 Olympic Flame in the town square May 31 in Sainte-Mère-Église, Normandy, France, as part of Relais de La Flamme, or Olympic torch relay.

Fort Cavazos

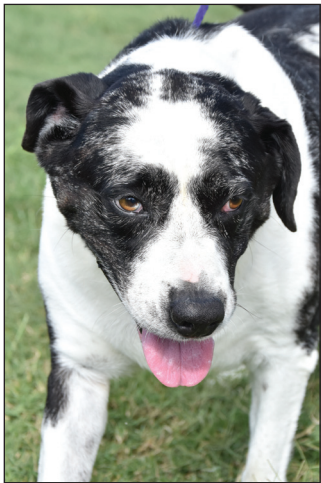
Stray Animal Facility/Adoptions

Open 9a.m.-8p.m. everyday

4902 Engineer Dr., Fort Cavazos, TX 76544, 254-287-4675



Teja
10-mo-old, Anatolian shepherd mix, tan & black, male.



Bella
8-yr-old, Labrador retriever mix, blue merle, female.



Scout
2-yr-old, pitbull, fawn & white, female.



Kerga
1-yr-old, Labrador retriever, yellow, male.



Delilah
4-yr-old, domestic short-haired tabby, tricolor, female.



Bella
2-yr-old, domestic short-haired tortoiseshell, white, female.



Kirby
3-yr-old, domestic short-haired tabby, orange, male.



Sebastian
10-yr-old, domestic short-haired tabby, brown & white, male.



Mis Behaving
age unk., calico, tri-color, female.



CAT WITH A HAT
age unk., domestic short hair, white & black, female.



Rabblrouser
age unk., domestic short hair, black & white, male.



Stinky Stinker
age unk., domestic short hair, black & white, male.

Family enrichment workshop makes virtual debut worldwide

BY ERIC SCHULTZ

Redstone Arsenal Public Affairs

REDSTONE ARSENAL, Ala. — Tim Rolfe is looking sharp in a blue suit as he stands in front of the room and welcomes students from all over the world to the first day of class at Redstone Arsenal.

The students weren't packed into Rolfe's Army Community Service office next to the Java Cafe; these students were on Army installations all over the world.

"We are coming to you live from Huntsville, Alabama, at Redstone Arsenal," said Rolfe, Redstone Arsenal family advocacy program manager.

The class, offered on Microsoft Teams, will be on the first Wednesday of the month for seven months. It will address family violence in the Army.

"I see Pine Bluff, I see Wiesbaden, Fort Liberty and people from all over the place," Rolfe said during his introduction of the Thriving Family Series, a series helping Army families persevere and manage stress in

their everyday lives..

"It's designed to provide installation-wide prevention of family violence," he said prior to the presentation. The program provides an evidence-based curriculum, according to Rolfe.

"If we haven't been directly affected by family violence," he said, "then we probably know someone who has."

Rolfe said he hopes the content and curriculum reaches families that may be trying to navigate their personal and professional lives.

Rolfe didn't just create the Thriving Families Workshop to help military personnel on Redstone Arsenal; he wanted to reach out to Army communities which might not have the resources of an installation like Redstone Arsenal.

"We've spread this far and wide, and they have sent it out to the entire Army footprint," he said. "These are universal topics we are talking about."

"Also, a lot of Army installations just don't have the resources to provide a robust prevention curriculum," Rolfe said, recalling an Army post he had worked at previously which just didn't have resources to deal with family violence issues.

"They may have one person within Army Community Service as a whole covering down on multiple programs," he explained. "They just don't have the capacity to provide these types of services."

"My intent is to help those smaller installations specifically who may not have the resources to provide such robust curriculum," Rolfe continued. "But the community can still benefit from this type of curriculum."

During the program, Rolfe will have help from Carolyn White, an employee assistance program coordinator and counselor who works with Rolfe at the Redstone office.

"Technoference" was the first Wednesday class, and the other class topics are "Cooperative Parenting: controlling the Controllables;" "Creating Healthy Connections;" "Recognition of Attention Deficit Hyperactivity Disorder; Building Healthy Relationships;" "Five Love Languages;" "The Art of Managing Anger Well;" "Scream-Free Parenting;" and "Elephants, Couples and Finance."

The classes are free and open to the Redstone Arsenal community on MS Teams at <https://tinyurl.com/ybstb54b8>.

"No preregistration," Rolfe said. "No cost. Just show up."

Thriving Families Lunch & Learn Series

Workshops starting June 2024
From 11am - 12pm CST

These evidence-based family enrichment workshops are designed to strengthen couples and parents as they navigate the complexities of work and family life balance with resilience.

| | |
|---|--|
| June 5 Technoference | October 16 Five Love Languages |
| July 3 Cooperative Parenting: Controlling the Controllables | October 30 The Art of Managing Anger Well |
| August 7 Creating Healthy Connections | November 6 ScreamFree Parenting |
| September 4 In recognition of Attention Deficit Hyperactivity Disorder (ADHD) Month | December 4 Elephants, Couples, and Finance |
| October 2 Building Healthy Relationships | |

Open to the Redstone Arsenal Community

Free MS Teams
<https://tinyurl.com/ybstb54b8>

256-842-8706

Courtesy photo

The Thriving Family Series is a series of workshops helping Army families navigate the stresses of their personal and professional lives. The next one is from 11 a.m.-noon Aug. 7 on Microsoft Teams.

New Army policy expands reimbursement for spouse business costs

BY ARMY PUBLIC AFFAIRS

WASHINGTON — The U.S. Army is expanding its financial support for military spouses by enhancing the reimbursement program for business costs and relicensing fees.

The new directive permits reimbursement of up to \$1,000 for business-related expenses, in addition to the already authorized \$1,000 for relicensing fees resulting from a relocation.

"Army spouses face unique challenges, especially during a relocation," said Lt. Gen. Kevin Vereen, deputy chief of staff for installation. "We owe it to them to provide any opportunity to not just have a job but build a fulfilling career."

Spouses often face logistical and financial challenges in transferring licenses or businesses to new jurisdictions. This new directive aims to alleviate these barriers, ensure continuity in their careers and enhance the well-being and readiness of Army families.

The new policy, which builds upon previous efforts initiated in 2018, aligns with the Fiscal Year 2023 National Defense Authorization Act Public Law 117-263, which authorized expanded reimbursements, and FY 2024 NDAA Public Law 118-31, which adjusted eligibility criteria to include those moving from active duty to the reserve component. It also includes those authorized a final move or placed on the temporary disability retired list.

Qualified relicensing costs cover exam fees, continuing education, certifications, business licenses, permits and registrations. For business owners, reimbursement is available for equipment relocation, new technology purchases, IT services and inspection fees.

Details on qualifying expenses and how to apply for reimbursement are available on the Military OneSource portal at <https://myseco.militaryonesource.mil/portal/article/licensure-reimbursement-pcs-moves>.



Photo Courtesy of Adobe Stock

Houses of Worship

FORT CAVAZOS CHAPEL SERVICES



CATHOLIC
Sunday Mass, 9 a.m., Main Chapel, www.facebook.com/FtHoodRomanCatholic/
Noon Mass, Monday through Friday, Main Chapel
Confession after Mass or by appointment, call 254-286-6749, Main Chapel

PROTESTANT
St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, www.facebook.com/Ft-Hood-Liturgical-Chapel-Service

SPANISH PROTESTANT
Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel, www.facebook.com/AlcanceFortHoodTX

GOSPEL CONGREGATION
Gospel Service, Sunday, 11 a.m., Comanche Chapel, www.facebook.com/ComancheChapel

TRADITIONS
Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpus/

CHAPEL NEXT
Contemporary Service, Sunday, 11:15 a.m., Main Chapel, www.facebook.com/ChapelNextFortHood

OPEN TABLE
All-Inclusive Christian Chapel, www.facebook.com/OpenTableChapel

WFC PROTESTANT
Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, www.facebook.com/West-Fort-Hood-Chapel

JEWISH
Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM
Friday Jummah Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE
Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST
Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844
Theravada, Thursday, 11:45 a.m., Memorial Chapel

NORTH FORT CAVAZOS
Call 254-286-5223 for service schedule and Bible study

ADDITIONAL SERVICES/STUDY
Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center
Men of Honor, Contact Ken Wooten, 254-466-6254
Protestant Women of the Chapel (PWOC), Tuesday, 9-11:30 a.m., Main Chapel, www.facebook.com/FortHoodPWOC
Mothers of Preschoolers (MOPS), www.facebook.com/FortHoodMOPS
Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org
Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org
Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly
Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel)
Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181
Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavia, 254-287-0241
Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/FortCavazosChaplain*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.

Benefits for Those Who Served

VA.gov

TALK TO AN EXPERIENCED LEGAL TEAM TODAY!

The Law Offices of Gregory K. Simmons
Texas Criminal Defense • Family Law • Business Law
Federal Law • Juvenile Law • Probate

Proudly Serving Veterans!
Call 254-616-2529

2109 Clear Creek Road, Killeen, TX
700 E. Main St. Gatesville, TX
simmonscriminalaw@gmail.com

www.gksimmonslaw.com

Great Big Podcast



NEW EPISODES NOW
EVERY MONDAY

LISTEN NOW





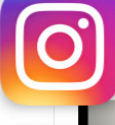


www.thegreatbigpodcast.com
or wherever you listen to podcasts



FOLLOW FORT CAVAZOS ON SOCIAL MEDIA



FIND US HERE:

-  @FortCavazosArmy
-  @FortCavazosArmy
-  @FortCavazosArmy
-  @FortCavazosArmy
-  home.army.mil/cavazos

Show you care: protect yourself, others from STIs

BY V. HAUSCHILD
MPH, DHA Public Health

FALL CHURCH, Va. — More than 20 years ago, military public health scientists warned service members had higher rates of certain sexually transmitted diseases, known as STDs, than U.S. civilians. The military’s higher risk of STDs was reportedly due to aspects of military life that led to frequent partner turnover, multiple partners and negative attitudes toward condom use. Despite available resources, stigma and a lack of leadership emphasis led to individuals’ unwillingness to talk to their partners or health care providers.

Today, military health care providers worry not much has changed.

The Centers for Disease Control and Prevention reports STDs, now referred to as sexually transmitted infections, or STIs, are an ongoing epidemic experienced by millions of people in the U.S. every year.

This STI epidemic includes about one out of every five service members, who are considered a particular high-risk group.

Statistics by the Department of Defense between 2014 and 2022 shows STIs have been steadily increasing among U.S. active-duty service members, mirroring the rising rate of STIs in the U.S. population generally.

“Chlamydia, as well as gonorrhea, syphilis and viral STIs caused by the human papilloma virus, known as HPV, are frequently reported among military personnel,” said U.S. Army Lt. Col. Scott H. Robinson, a preventive medicine doctor working for the Defense Health Agency Public Health directorate.

Chlamydia is the most commonly reported STI in the military. Though sometimes thought of as a women’s disease, the chlamydia bacterial infection is carried by both men and women.

“While chlamydia can cause a burning sensation during urination, like other STIs, it often shows no symptoms at all, so people can have an infection but not know it,” Robinson said.

The military follows the recommendation of the U.S. Preventive Services Task Force for annual screening of chlamydia in asymptomatic young women, Robinson said.

“While chlamydia can affect the health of both men and women, the USPSTF emphasizes concerns about potential serious effects to the health of a pregnant mother or her unborn child, even in asymptomatic cases,” Robinson said.

Robinson explained since several STIs can have serious effects during pregnancy, the DOD includes screening tests for chlamydia, as well as for gonorrhea, syphilis and hepatitis B and C, as part of the military’s annual women’s wellness visits for female service members up to 26 years of age.

“Young men are not similarly recommended for annual screening by the USPSTF, so the Department of Defense does not require annual STI screening for men,” he said. “However, DOD encourages all men, as well as women over

The CDC recommends getting tested whenever someone has a new partner and more often if not in an exclusive relationship.

“Knowing a positive test result can, in more ways than one, be half the battle,” Robinson said. “Bacterial infections like chlamydia, gonorrhea and syphilis are curable with antibiotics. While viral infections like HPV, HIV and herpes are not, you can take precautions to prevent further spreading of these infections to others.”

Robinson provided additional answers to common questions about STIs:

What is the difference between an STD and STI?

A sexually transmitted disease, or STD, develops because of an STI. The term “STD” implies the infection has led to some symptom of disease. People sometimes use the terms interchangeably, but the CDC recommends the term “STI” since the primary goal of public health is to prevent and treat infections before they develop into disease.

Who is at greatest risk?

Anyone who is sexually active is at risk, but evidence shows those who have unprotected sex, participate in sex or intimate acts with multiple partners, one-night stands or unknown partners, and men who have sex with other men have higher risk of STIs.

To avoid unintended pregnancy, I won’t have vaginal sex without a condom. Doesn’t this protect me from STIs, too?

Not necessarily. Condoms are very effective to reduce risk of STIs (as well as un-intended pregnancies). However, they cannot prevent all STIs — neither can abstaining from vaginal intercourse. Remember STIs pass from one person to another through oral and anal sex as well as vaginal sex.

If I only have one partner, and neither of us has symptoms, aren’t we safe?

Not necessarily. Individuals may have been infected weeks or months before they meet someone, and many infected people may never show symptoms. Both partners should get tested. In the meantime, get vaccinated for HPV and wear condoms.

If I didn’t get the HPV vaccine when I was a child, is it too late now?

No. HPV vaccine is authorized for up to age 45. HPV is a common STI virus that can lead to certain types of cancers later in life among women and men even decades after exposure. The HPV vaccination can prevent over 90% of cancers caused by HPV. Ideally, children will get fully vaccinated when younger, such as 11–12 years of age. However, per CDC guidelines, if not fully vaccinated as a child, men and women up to 26 years of age should get the HPV vaccine. Even if someone is 27–45 years old, they may also benefit from the vaccine — but they should discuss it with their health care provider first.

What should I know about testing?

One important thing to know is some tests are site-specific. The commonly used urine test for chlamydia and gonorrhea only checks for the presence of infection within the genitourinary tract, despite the fact that one in seven infected persons have infections of the throat or rectum. It is important to self-advocate and ask providers for the “triple screen,” and potentially other tests, by fully informing providers of sexual practices so they can understand what tests are needed.

Do personnel in the military get the human immunodeficiency virus, HIV?

Some do. Every day, a service member is diagnosed with HIV. People can lower the risk of HIV infection by using condoms, getting tested for STIs and talking to their provider about whether they would benefit from the daily HIV pre-exposure prophylaxis pill, or “PrEP.” One of the benefits of military service is health care is covered, and PrEP to prevent HIV is included.

Service members have access to free resources: condoms, testing and health care.

“If you haven’t in the past, practice safe sex in the future,” Robinson said. “If you are sexually active or have been — make sure you get tested. Talk to your health care provider about what tests are appropriate and how frequently you should get tested. If you test positive, get any treatment that is appropriate — and talk to your partner(s).”



SPECIAL DELIVERIES

MAY 17, 2024

A son, **Aiden**, to Alex Agyei-Boahen and Raina Bary, 3rd Cav. Regt.

MAY 20, 2024

A daughter, **Sage Elaine**, to Jory Henderson and Isabelle Marchione, 3rd ABCT.

MAY 21, 2024

A daughter, **Penelope Quinn**, to Tyler and Samantha Rozelle, 1st ABCT.

MAY 22, 2024

A son, **Royal Braylen**, to Maurice Jr. and Simone McDonald.

A son, **Atlas Justin Allen**, to Eric Landreth and Briann Ramos, 89th MP Bde.

MAY 23, 2024

A son, **Kaisyn Dashaun**, to Nastalous Wactor and Katayah Small-Wactor.

MAY 24, 2024

A daughter, **Riley Jane**, to Christian and Kaylynn Schonewitz, 1st Med. Bde.

A son, **Luca Henry**, to Allen and Karen Laws, 1st Air Cav. Bde.

MAY 25, 2024

A daughter, **Sofia Amalia**, to Steven Jr. and Daisy Gaitan.

A son, **Leiv**, to Artem Shumkov and Tanya Boklach.

A son, **Samuel Robert**, to Rommel and Aira Agatep.

MAY 27, 2024

A son, **Lynx Sinclair**, to Trevell and Jessica Holgate.

A son, **Matthias Navarra**, to Rafael and Sarah Rivera, 2nd ABCT.

MAY 28, 2024

A daughter, **Yuri Reine**, to Rahim Sumbler and Kenyal Mcwhorter.

MAY 29, 2024

A daughter, **Hannah Michele**, to Warner and Heather Thomas, 36th Eng. Bde.

MAY 31, 2024

A daughter, **Ny’lah Amira**, to Rontez and Alcia Williams, 2nd ABCT.

A daughter, **Natalie Cristyne**, to Timothy and Nadia Ross, 2nd ABCT.

JUNE 1, 2024

A daughter, **Lailah Cheree**, to Jackson and Mariah Wilkinson, 1st Air Cav. Bde.



SPORTS

Soldiers slide into 2024 intramural softball season

BY BLAIR DUPRE
Sentinel News Editor

The 2024 intramural softball season has begun with the first games being played June 24 at the RJ Evans Softball Complex at Fort Cavazos.

This year, 25 teams of Soldiers representing different units across the Great Place are vying for the title of intramural softball champions and the 50 Commander's Cup points that come along with it.

In one of the first match-ups, the 1st Cavalry Division Horse Detachment defeated the 4th Battalion, 5th Defense Artillery Regiment 20 to 5.

"It's always nice to win the first one," said pitcher Spc. Donavin Allen, 1st Cav. Div. Horse Det. "We've just got to keep winning more and more so we can hopefully bring the championship home."

Allen said it's become a tradition for the unit to participate in intramural softball, as they have played for the past three years, and he said it's always great to come out and play.

Second baseman Staff Sgt. Micheal Rivas, 1st Cav. Div. Horse Det., agreed, saying their everyday jobs have prepared them for the season.

"We definitely have that camaraderie; we

have that teamwork," he said. "We work every day together in the hot sun. We don't complain. We love our job. Being out here is kind of a bonus for us so we're just going to keep doing our best."

Right fielder Cpl. Aaron Crowe, 1st Cav. Div. Horse Det., also agreed.

"We're a tighter knit community," he said. "We work closely together on a daily basis so I think that helps out a lot. We know each other pretty well."

They all said intramural sports are vital for Soldiers' morale and unit cohesion.

"It really just brings a little bit more of home back to the Army life because you can do softball all throughout everywhere in the United States," Allen said.

Crowe agreed.

"I think it's just another thing to help keep us active and help the morale," he said. "You have something competitive to do as a team."

Rivas added having fun is what matters at the end of the day.

"Kind of makes our commander's job easier, too, with the esprit de corps thing, being out here, competing and having fun," he said. "It gets tiring. People get hurt. In the end, we're all having fun. I mean, that's the big thing."



Photos by Blair Dupre, Sentinel News Editor

Staff Sgt. Michael Rivas, 1st Cavalry Division Horse Detachment, steps on home plate during the unit's first game of the intramural softball season June 24 at the RJ Evans Softball Complex.



ABOVE, Spc. Donavin Allen, 1st Cavalry Division Horse Detachment, makes a pitch during one of the first games of the intramural softball season June 24 at Fort Cavazos. LEFT, Cpl. Aaron Crowe, 1st Cav. Div. Horse Det., takes a swing June 24 at the RJ Evans Softball Complex.



Back to School

DEADLINE: JULY 25

PUBLICATION DATE: AUGUST 1

SUBWAY

ALL-NEW MENU
ALL-NEW WAY TO ORDER

Buy 1 regular footlong,
Get 1 regular footlong
FREE
with purchase of a drink

Coupon cannot be combined with any other coupons or discount offers.

Not affiliated with the Fort Cavazos Location & May Not Be Redeemed at the Fort Cavazos Location.

Good at Killeen, Copperas Cove and Mission Heights locations.

Our Back 2 School Guide is another fantastic opportunity to connect with readers of all ages and interests as they prepare for the upcoming school year. Reach this Valuable audience during back-to-school time.

Fort Cavazos
Sentinel
Since 1942
Call 254-634-6666

MyArmyPost

Try the Army's Newest Mobile Application!

FIND THE MY ARMY POST APP IN THE APP STORE

DOWNLOAD IT TODAY

Good Morning

Air Quality
Good
No limitations to general public and Non-Mission Critical Activities

23
AOI

4°C
Light rain

13 kph
Wind

97%
Rain

93%
Humidity

Emergency numbers

Saved Events
Events you bookmark will appear here.
Explore events



Classifieds



For Classified display advertising, call **254-634-6666**
www.CavazosSentinel.com

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on color, race, religion, or national origin, or an intention to make such preference, limitation or discrimination. The Cavazos Sentinel will not knowingly accept any advertisement for real estate which is a violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Quitting smoking was hard.
Screening for lung cancer is easy.

If you smoked, you may still be at risk, but early detection could save your life. Get **SavedByTheScan.org**

American Lung Association

Monaghan Apartments, LLC
Quiet 1 bedroom
\$470-\$520
Electric, gas & water paid
1702 N. 2nd - Killeen
254-526-4445

THESE THREE DIGITS COULD SAVE A LIFE

988
SUICIDE & CRISIS LIFELINE

CALL 988 and Press 1 to reach the Military Crisis Line
TEXT 838255
CHAT 988lifeline.org/chat

U.S. ARMY

Veterans: Find Out How You Can Benefit

VA.gov

LAST WEEK'S CROSSWORD ANSWERS

AUTOMOTIVE

FOR SALE: 1997 Suburban, 140000 miles, great condition, a must see. \$8900. Call (254) 547-8300.

FOR SALE: 2015 Harley Davidson 500, 3500 miles, great starter or town cruiser. Passed inspection, registered, clear Texas title. \$3200 OBO. Must sell, no room in garage. Senior owner. Call/text for pics. Runs great, several new parts. CALL 813.512.07398

FOR SALE: 1929 Ford roadster hot rod new motor/transmission radiator chromed accessories etc for sale/interesting trades or will trade down for harley panhead.. local car near post cavazos call for appointment to view mark, CALL 254 370 7973

FOR SALE: Bose Lifestyle V10 Home Theater 5.1 System. 2008 model. 5 cube speakers and 1 subwoofer with original cables. Wall/ceiling mounts for cube speakers included. Original manual and RF remote included. 2 HDMI

EVENT: VFW Post 3892 in Harker Heights presents Teja-no Night on July 6th and 27th with a Tejano DJ from Vasquez Productions. On July 20th, enjoy Joe Arias and Starlights at 8pm, also by Vasquez Productions. Join us

FOR SALE: Once Fired Brass 40 s&w, 357 sig, 30-08, 30-06, also for sale 1oz 999 pure gold coin will sell at \$100.00 undercurrent spot price. Call 512-540-6179.

WANTED: Small engine mechanic to repair 2 riding lawn mowers, also well purchase a working riding lawn mower. 512-540-6179 Lampasas.

WANTED: Empty 30 30 Winchester Brass Call 512.540.6179

WANTED: Empty pistol/rifle Brass 40 sw,308, 30-06,223. Call 512-540-6179

EMPLOYMENT

WANTED: Senior Lady in Need of an honest, dependable person to take care of a small yard. Must have your own equipment & lawn mower w/ a bag. \$45.00 every other week. (254) 213-1830

WORD SLEUTH • WEST —

P Q N K H E B Y W T R A O L J
G V E B Y W P U R P N N K I G
D I B Z H X V O S Q O I M Y K
I R G E C C A X I Y Y V R W U
N G (S A C R A M E N T O) T S Q
P I N E L C J E A S T C E H F
E N L C I A Y M B S S S X X V
U I S R Q D R P E M N U A M K
J A F H E E N D N F L E S O C
B A Z Y G B I I D K N A B X C
V E R I H S K R O Y U T P R Q

VINIGRA clue: unlisted

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.
Friday's unlisted clue hint: **The Only State Starting With West**

| | | | |
|--------|---------|------------|-----------|
| Africa | Coast | Palm Beach | Sussex |
| Bank | Covina | Point | Texas |
| Bend | Germany | Sacramento | Yorkshire |
| Berlin | Indies | Side Story | |

©2024 King Features, Inc.

JUMBLE
Unscramble these Jumbles, one letter to each square, to form four ordinary words.

PIYML
OFODL
SUUERP
VSIAHL

©2024 Tribune Content Agency, LLC
All Rights Reserved.

Ans. here:

Answers: PURSUE FLOOD IMPLY LAVISH
of July pyrotechnics, they were — ALL FIRED UP

After successfully launching the last of the Fourth Pyrotechnics, they were —

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

FREE Classified ads
to Fort Cavazos personnel and retirees

Fort Cavazos Sentinel **Classifieds**
ADVERTISING FORM

LIMIT: Three ads per person per week. Each ad will only run once.
DUTY/WORK phone number will not be printed in advertisement.
DEADLINE: Mondays at 5 P.M. before publication date.
If you are retired military or retired DA civilian, include current employer and work phone number on the application.
For more information, call **254-634-6666**.

The following advertising classification or categories **DO NOT QUALIFY AS FREE CLASSIFIED ADS:** residential or commercial real estate listed for sale or lease with a broker or agent; self-employment, such as childcare providers, food, jewelry, personal services, and messages; commercial business or money making ventures that are not personal property; group, organization, unit, or division garage sales, other than "Village-Wide" garage sales.

We DO NOT ACCEPT the following advertising classification or categories: gambling, alcohol ads that promote over indulgence; gentleman clubs; pawn shops, who do not fully disclose their terms; payday lending companies; tobacco ads of any kind; political ads; ads considered offensive or inappropriate for readers.

PREMIER CROSSWORD/ By Frank A. Longo

ACROSS

1 Sturdily built
7 Evergreen-scented cleaning brand
14 Cows' milk deliverers
20 Perjurious way to be caught
21 Transition zone between biomes
22 Go on a trip
23 "... at least"
24 Hundredth of a peseta
25 Cure
26 Managers' evaluations of employees
29 "Rope-a-dope" boxer
30 Gas brand in Ontario
31 "Lid," cousin
32 Hit the slopes
35 Tries to swat with an open hand
39 2002 film with Jennifer Lopez and Ralph Fiennes
45 "I have it!"
48 Uno plus due

DOWN

49 Narrow ship passages
50 Regulation of a computer network
55 White wader
56 1/24 of a day
57 Torrid
58 Capital of the Bahamas
61 Try out for the role
65 Realm that began with the reign of Charlemagne
71 Monk's title
72 Crumple (up)
73 Mafia bosses
74 Meadow
75 Denials
76 They were given to Moses on Mount Sinai
79 Most energetic
81 Humiliated
82 Suffix with 52-Down
84 Creamy cheese
85 "May I see —?" (diner's question)
88 "Don't Cry Out Loud" singer
94 Full of subtlety

97 Little kid
98 Plaza Hotel girl of kid-lit
99 They deliver fuel and air from carburetors to cylinders
102 National anthem in Ontario
106 Fleur-de- —
107 "Bad" cholesterol, in brief
108 Worker's pay
111 Bonn article
112 What you have to do before entering seven answers in this puzzle?
120 Actress Hedy
123 Long rants
124 Put new cables in
125 To-do list
126 Illustrious
127 Loves to bits
128 Rises from bed
129 Insists
130 Pastry chefs, e.g.

3 African nation
4 Mushy food
5 St. Pat's isle
6 Doe, e.g.
7 Texas river
8 Frosting tools
9 Sarge, say
10 Un-PC suffix
11 Evening, in French
12 "My treat!"
13 10th-century pope
14 Netherlands province or its capital
15 Doodled, e.g.
16 Stops up
17 Adam's mate
18 Like many wines
19 Like many winks
27 Gala affairs
28 Motels
32 Swizzle
33 Model Moss
34 Pt. of MIT
36 — dish
37 Drag to court
38 Ulina's place
40 \$ dispenser
41 Great anger
42 Alternative to Bob Evans
43 Hiker's guide
44 Touch base after a fly-out
46 Madeline of "Judy Berlin"

47 In history
50 Elevator part
51 "— welcome"
52 Neighbor of Chad
53 Hollywood's Hawke
54 Road goop
59 Only
60 Ooze
62 — Chuck (cheap wine)
63 "— Rock" (1966 hit)
64 Probability
66 Choose (to)
67 Is defeated
68 Nonreactive
69 O'Donnell of TV and film
70 Citrate, e.g.
73 Give formally
77 Tropical plant with bright flowers
78 One paying dues: Abbr.
79 Bell's ring
80 "Peer Gynt" playwright
83 NNW's opposite
85 Dye used in blue jeans
86 City bond, in brief
87 Devours
89 Cyber-giggle
90 "— be my pleasure!"

91 Murmured lovingly
92 Fruit drink brand
93 That, in Chile
95 It might ensnare congers
96 Aeneas' lover, in myth
100 Played like Galway
101 Neighbor of Denmark
103 Think a lot of
104 Closer to one's heart
105 "Gunsmoke" actor James
109 Revise
110 Main ideas holders
113 Pakistani language
114 Part of DST
115 Prune
116 Tennis player
117 Drearly dull
118 Mother of Helen of Troy
119 Furry "Star Wars" critter
120 Fall behind
121 Grow older
122 Ran into

#2,201 Average time of solution: 67 minutes

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

6-30

©2024 by King Features Syndicate, Inc.

Henry Boltinoff

Differences: 1. Pointer is shorter 2. Mustache is smaller 3. Main's head is turned 4. Ear is different 5. Line on chart is different 6. Mouth is open.

SLYLOCK FOX

An informant told Slylock Fox that one of the paintings in the Forestville Museum's "still life" exhibit had been stolen and replaced with a Koppy Kat forgery. Which painting does Slylock Fox suspect is the fake?

Solution -- The painting titled "Fanciful Flowers" by Patty Pangolin has a misspelled signature. Koppy Kat acted the art, but failed the spelling test.

A GLANCE AT FRUIT by TAYSA TORTOISE

GOOD MORNING FRANK BADGER

I'M ON IT!

...HEY, KID!! NO TOUCHING!

FANCIFUL FLOWERS by PATTY PANGOLIN

HOW TO DRAW a cowboy

©2024 Bob Weber Jr., Distributed by King Features.

BY BOB WEBER JR.

Spot six differences between these panels.

Answer -- Toe, starfish, bathing suit, thermos, chip and crab.

Did I make the cut?

a) NSDA
b) EAWSV
c) UFRAEDIGL
d) ODTDOFIW
e) WEADESE

The scrambled words are things found at the beach. How many can you unscramble?

Answer -- a) Sand b) Waves c) Seaweed d) Driftwood e) Lifeguard

Have fun solving a new comic puzzle every day at www.slylockfox.com

GARLYN 50TH SHELTON



Now Only
\$34,996



Now Only
\$37,513

ALL ELIGIBLE VEHICLES COME WITH



LIFETIME POWERTRAIN PROTECTION

**PLUS MUCH MUCH MORE
AT NO CHARGE TO YOU!**



Advantage Benefits Include:

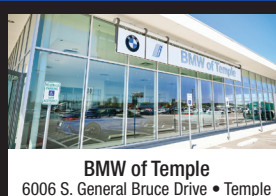
Loaner Vehicle, Shuttle Service,
Lifetime Multi-Point and Safety Check,
Roadside Service, Car Wash and Much, Much More

DOWNLOAD OUR APP:

- Schedule Service
- Search Inventory
- Track History
- View Rewards & More
- iOS & Android



| | | | | | | |
|--|--|---|--|---|---|--|
| 2011 NISSAN VERSA 5DR HB 1.8 S STK#12942B Sale Price \$5,315 | 2016 FORD FOCUS 4DR SDN S STK#54755A Sale Price \$8,995 | 2012 CADILLAC SRX FWD 4DR LUXURY STK#31420A Sale Price \$10,250 | 2014 AUDI Q7 QUATTRO 3.0L TDI PREMIUM + STK#C50008 Sale Price \$11,995 | 2011 GMC YUKON XL 2WD 1500 SLE STK#12957A Sale Price \$12,321 | 2017 NISSAN ROGUE 2017.5 FWD SV STK#31385A Sale Price \$14,498 | 2018 HYUNDAI SANTA FE SPORT 2.4L AUTO STK#61175A Sale Price \$14,999 |
| 2022 MITSUBISHI MIRAGE ES CVT STK#P60188 Sale Price \$15,395 | 2020 HYUNDAI ACCENT SE SEDAN IVT STK#P60177 Sale Price \$15,469 | 2018 MAZDA CX-5 TOURING FWD STK#12581A Sale Price \$15,999 | 2016 INFINITI QX50 RWD STK#12475B Sale Price \$16,999 | 2014 FORD F-150 SUPERCAB XL STK#12953A Sale Price \$17,275 | 2017 INFINITI QX50 RWD STK#42682A Sale Price \$17,995 | 2017 CHEVROLET COLORADO CREW CAB Z71 STK#12019A Sale Price \$17,995 |
| 2019 HYUNDAI SANTA FE LIMITED 2.0T STK#70293A Sale Price \$18,495 | 2022 MITSUBISHI OUTLANDER SPORT ES 2.0 CVT STK#60917RA Sale Price \$18,495 | 2022 NISSAN KICKS S FWD STK#54432A Sale Price \$18,995 | 2017 FORD F-150 XL 4WD SUPERCREW 5.5' BOX STK#12475B Sale Price \$19,949 | CERTIFIED 2020 NISSAN KICKS SR FWD STK#54929A Sale Price \$19,995 | 2019 VOLKSWAGEN TIGUAN 2.0T SE 4MOTION STK#54859A Sale Price \$19,995 | 2018 SUBARU CROSSTREK 2.0i LIMITED CVT STK#120175B Sale Price \$20,551 |
| 2017 JEEP WRANGLER SPORT 4X4 STK#53973A Sale Price \$20,945 | 2021 VOLKSWAGEN JETTA S AUTO STK#12292D Sale Price \$20,999 | 2017 AUDI A4 2.0 TFSI PREMIUM PLUS STK#12993A Sale Price \$21,419 | 2019 LINCOLN MKT 3.5L AWD STK#54960A Sale Price \$21,995 | 2023 HYUNDAI KONA SEL AUTO AWD STK#Z20102 Sale Price \$22,924 | 2019 NISSAN MURANO FWD SL STK#42527A Sale Price \$22,995 | 2017 INFINITI Q60 3.0T PREMIUM RWD STK#31307A Sale Price \$22,999 |
| 2020 MAZDA CX-30 PREFERRED PACKAGE STK#53926B Sale Price \$23,299 | 2019 VOLKSWAGEN ATLAS 3.6L V6 SE FWD STK#421282A Sale Price \$23,889 | 2020 NISSAN ROGUE FWD SL STK#54898A Sale Price \$23,995 | 2022 MAZDA CX-30 2.5 S PREMIUM PKG AWD STK#31264A Sale Price \$24,586 | 2020 CHEVROLET EQUINOX FWD LT STK#Z20097 Sale Price \$24,699 | 2021 BMW 430i COUPE STK#42026A Sale Price \$24,995 | 2020 NISSAN ALTIMA 2.0 PLATINUM SEDAN STK#42645B Sale Price \$24,995 |
| 2021 SUBARU CROSSTREK PREMIUM CVT STK#54871A Sale Price \$25,995 | 2019 BMW 530i SEDAN STK#42719A Sale Price \$25,995 | 2020 NISSAN FRONTIER CREW CAB 4X2 SV STK#54716A Sale Price \$25,995 | 2022 MAZDA CX-5 2.5 S PREMIUM PKG STK#31227A Sale Price \$26,499 | 2024 KIA FORTE GT DCT STK#12733A Sale Price \$26,995 | 2021 SUBARU CROSSTREK SPORT CVT STK#Z20079 Sale Price \$26,799 | 2020 RANGE ROVER EVOQUE P250 SE STK#12640A Sale Price \$26,995 |
| 2021 JEEP CHEROKEE 80TH ANNIVERSARY FWD STK#Z20107 Sale Price \$27,624 | 2022 HONDA ACCORD SEDAN FWD STK#54290B Sale Price \$27,995 | CERTIFIED 2021 NISSAN ROGUE FWD PLATINUM STK#54901A Sale Price \$27,995 | 2023 AUDI A3 PREMIUM 40 TFSI STK#Z20103 Sale Price \$28,924 | 2022 JEEP CHEROKEE LIMITED 4X4 STK#31261A Sale Price \$29,996 | 2022 NISSAN MURANO AWD SL STK#12591B Sale Price \$30,999 | 2021 CHEVROLET CAMARO 2DR COUPE 1LT STK#Z20110 Sale Price \$33,595 |



BMW of Temple
6006 S. General Bruce Drive • Temple



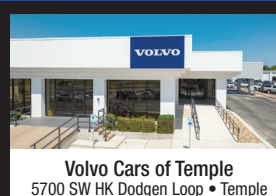
Garlyn Shelton Cadillac Buick GMC
5625 S. General Bruce Drive • Temple



Garlyn Shelton Mazda
5420 Midway Drive • Temple



Garlyn Shelton Nissan
5620 S. General Bruce Drive • Temple



Volvo Cars of Temple
5700 SW HK Dodgen Loop • Temple



Garlyn Shelton Volkswagen
5700 SW HK Dodgen Loop • Temple



Garlyn Shelton Signature Pre-Owned
5508 S. General Bruce Drive • Temple

GARLYN 50TH SHELTON



254-771-0128

GarlynShelton.com



ALL PRICES PLUS TT&L. TT&L DUE AT SIGNING. VEHICLES SUBJECT TO PRIOR SALE. SEE DEALER FOR DETAIL. † EXCLUSIONS MAY APPLY. SEE DEALER FOR COMPLETE DETAILS.