

NEWS

A3


III Armored Corps signs suicide prevention proclamation



LIVING

B1

Learn about history of Texas Sports



National Mounted Warrior Museum opens to public



Photo by Sgt. Jose Escamilla, III Armored Corps Public Affairs

Brig. Gen. Geoff Van Epps, III Armored Corps deputy commanding general of maneuver, cuts a ribbon with ceremonial scissors during the National Mounted Warrior Museum grand opening ceremony Wednesday at Fort Cavazos.

1ST LT. RUSSELL SHIRLEY-JONES
III Armored Corps Public Affairs

The grand opening of the National Mounted Warrior Museum was celebrated with a ribbon-cutting ceremony Wednesday here. Doors officially open to the public today.

Located behind from the Marvin Leath Visitor Center, the museum offers the unique perspective of the mounted warrior and shares the history of cavalry Soldiers from horse-riding to today's modern combat vehicles. The museum honors and distinguishes all military

occupational specialties needed to conduct mounted operations.

Robbie Reinstein, museum director, emphasized the museum's role in educating Soldiers and civilians about the history of U.S. Army mounted warriors.

"We want this museum to be a place where Soldiers can learn about their own history and where the public can better understand the role of Soldiers in protecting our country," Reinstein said.

Once the concept was finalized, over \$15 million was funded to building and refurbishing the exhibits. Major donations were derived from the Frank W. and

Sue Mayborn Foundation, Killeen Economic Development Corporation and H-E-B.

According to Bob Crouch, vice president, National Mounted Warfare Foundation, the surrounding communities of Fort Cavazos will see economic impact from the guests who visit the museum. With an increase in population, it is believed the museum could attract up to 377,000 visitors in the first year, with approximately 70% coming from outside the local area.

The foundation originally broke ground on the museum

See **Museum**, A6

KISD honors Gold Star Families at annual Freedom Walk

BY DERIKA UPSHAW
Fort Cavazos Public Affairs

KILLEEN, Texas — Killeen High School was bustling as the community came together to commemorate Patriot Day, or 9/11, with the Freedom Walk on Sept. 11 at KHS.

The event began in the auditorium with the presenting of the American flag by the Harker Heights Police Department. Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, represented Fort Cavazos during the ceremony and gave remarks.

"At Fort Cavazos, we are deeply proud to stand with you in remembrance and in a shared commitment to the core values of freedom, resilience and service," Stokes said. "Our shared participation today reflects not just a moment of remembrance, but a pledge to keep the spirit of 9/11 alive in our hearts and actions."

This year, the program took special recognition of the Gold Star Families. A Gold Star Family is one who has lost an immediate family member during active-duty military service.

"The Gold Star Families were really an area that I wanted to focus on," said Angenet Wilkerson, director of community relations for Killeen Independent School District. "So, it is imperative that we say thank you and honor our Gold Star Families."

See **Freedom Walk**, A6



Photo by Drika Upshaw, Public Affairs Specialist

Gold Star families stand in the middle of Leo Buckley Stadium during the outside portion of the Freedom Walk ceremony Sept. 11 at Killeen High School in Killeen, Texas. While on the field, the names of their fallen Soldiers were read aloud in remembrance.

AMC deputy visits The Great Place



Photo by Ayumi Davis, Sentinel Editor

Sgt. Alexis Sobczak, noncommissioned officer in charge of meal preparation at the Phantom Centralized Hub, 13th Armored Corps Sustainment Command, shows Lt. Gen. Christopher O. Mohan, deputy commanding general and acting commander of U.S. Army Materiel Command, how to make and package a power plate Tuesday at the Ironhorse Dining Facility at Fort Cavazos. Mohan visited several sites around Fort Cavazos, which readers can learn more about in next week's edition of the Sentinel.

NEWS BRIEFS

Road closures to occur

Support Ave. between Convoy Ave. and the west entrance of Kieschnek Gym will be closed from 9:55 -10 a.m. Friday. Additionally, Tank Destroyer Blvd. between TJ Mills Blvd., Wratten Dr. and 58th St. will be closed between 8:55-10 a.m. Tuesday. Please plan accordingly.

Participate in military health assessment

The Fort Cavazos Department of Public Health is conducting a comprehensive Community Strengths and Themes Assessment now through Sept. 30. CSTA is an assessment of military communities for health risk factors and needs. It is open to all who interact at Fort Cavazos — including, but not limited to, service members, retirees, family members, Department of Defense beneficiaries, DOD civilians and contractors. Responses are confidential and private. To participate, visit <https://phpubapps.health.mil/Survey/se/2511374548575240>.

TMP shuttle to end service

The Transportation Motor Pool shuttle will sunset on Sept. 30 after 15 years of servicing the Fort Cavazos community. However, with the implementation of the Cavazos Connector, riders will still be serviced post-wide with no break in service.

CRDAMC to host Baby Expo

Carl R. Darnall Army Medical Center's Department of Maternal Child Health will conduct the 9th annual Baby Expo from 10 a.m. to 2 p.m. Oct. 5. The expo is open to all DOD ID cardholders and will provide information and resources about early pregnancy to 1-year-old babies, as well as prenatal and postpartum resources at CRDAMC. The department will also provide tours of the Women's Health Clinic and Labor & Delivery unit to orient new families.

Recognize recent achievements with ceremony

Fort Cavazos community members who have completed a degree or certificate, or will be within nine semester hours of completion by Oct. 24, may be recognized for their achievements at the 27th annual Consolidated Graduate Recognition Ceremony at 1 p.m. Oct. 24 at Howze Auditorium. To reserve a spot, RSVP no later than Sept. 27 to usarmy.cavazos.id-readiness.mbx.dhr-esd-special-events@army.mil.

Learn tips to support your spouse

BY SUMMER DIXON
Suicide Prevention Program

Army life can be both fulfilling and challenging. There are many benefits, such as professional and personal development, financial stability, adventurous travel, camaraderie and a sense of belonging. Army life can also pose many challenges, such as family and personal life stressors, physical and mental health concerns and adjustments to transitions. Fort Cavazos has a variety of supporting resources to help you cope with challenges, taking care of yourself and embrace change. In doing so, you can make the most of your Army life and its rewards.

Let's explore some of the values and challenges of a Fort Cavazos couple, 1st Lt. Kevin Wright, 3rd Armored Brigade Combat Team, 1st Cavalry Division, and his spouse Mackenzie Wright, and some tips on how they embrace Army life.

Dixon: What has life been like while stationed at The Great Place?

Kevin: "Life has been a rollercoaster. Lots of ups and downs but everything that has happened helped me develop for the better."

MacKenzie: "Life has been somewhat chaotic. 1CD (1st Cavalry Division) has a high OPTEMPO (operation tempo), so it is difficult finding a balance in our personal lives between Kevin deploying, going to NTC (National Training Center) and various field exercises."

Dixon: How did you overcome challenges (financial/marital, etc.)?

Kevin: "I tried to do things one step at a time. Some days would be worse than others, and it'd be hard to not get flustered. In the end, though, you just have to take a step back, breathe, prioritize what needs to get done and piecemeal it all. At the end of the day, learn from what went well and what didn't and apply those lessons in the future."

MacKenzie: "We value communication above all else. We try and take designated times to talk when Kevin is gone to keep in touch and check in with each other."

Dixon: In what ways do you support your spouse?

Kevin: "I do my best to support her in several ways. One way is always checking in on her throughout the day and making sure she is okay. I'll be her ears for whenever she needs to rant or vent, and I'll be the shoulder if she needs to cry. Another way is doing my part at home, whether it's chores, cooking food, mowing the lawn — things like that. Some people don't realize how important it is to just do the little things to support each other."

MacKenzie: "I try and take as much as I can off Kevin's plate. I make sure our home is peaceful for him after work. That way, we can enjoy our time together when he is home. Sometimes, we take a drive or just sit by the lake. I am his listening ear. I just try to be patient with him if he is ever upset."

Dixon: Any tips to newly married Army couples to keep their relationship strong?

Kevin: "Be open, be honest and be there

for each other. Don't keep things bottled up. Let your partner help you, and help your partner when they need it, even if it's just listening to a rant session for a few minutes. Most importantly, always remind them you love them, even if you think you're annoying them."

MacKenzie: "I would say just constantly remind them that you love them, and you are proud of them, especially when they are having a rough day. Also keep in mind that it is not always a 50-50 split between the two of you; sometimes, you may be able to give 70% when your spouse can only give 30% and vice versa."

Dixon: You both had an opportunity to attend the Living Works Applied Suicide Intervention Skills Training. Provide your thoughts on the two-day immersive training. What did you gain from the ASIST training?

Kevin: "It was a great experience, and I'm very grateful some of my guys and I got to go. I never realized how much of a systematic process it is to talk someone down but now that I know the tells, I can better help someone who may be in a dangerous situation."

MacKenzie: "I'm glad my husband and I got a chance to take this suicide prevention class together. I have a better understanding of what to look for and what to say even if someone is not suicidal. I feel like I can now have better conversations with my husband and other people even if they are feeling down."

Here is a summary of how to support your spouses through change in the Army:

Communicate, communicate, communicate. Do this face-to-face, through phone calls, handwritten cards or letters, emails or video chats. Take this opportunity to share your thoughts and concerns, and, in turn, let them do the same. Avoid arguing and do not blame your spouse for being away.

Preserve your autonomy. While your Army spouse is away, take charge of your life. You can take advantage of spousal preference employability, pursue your interests and goals, delve into a hobby and do not forget self-care. Seek support from friends, family or professionals, if needed.

Champion the Army career. Respect your Army spouse's choice of career, and understand the demands and sacrifices being a Soldier entails. Appreciate all achievements



Photo courtesy of Mackenzie Wright

1st Lt. Kevin Wright, 3rd Armored Brigade Combat Team, 1st Cavalry Division, and his spouse Mackenzie Wright, pose together for wedding photos.

and contributions to the country. Understand they need you to be adaptable to his/her changing schedules and assignments. Avoid pressuring them to leave the Army or resenting them for this career choice which provides for daily living.

For Soldiers, appreciate your spouse's efforts at home, their support of you and their contributions and sacrifices. Understand that while you have had to adapt to your changing work schedule, so have they.

Enjoy every moment. When together, make the most of your time and value each other's company.

The Suicide Prevention Program offers a comprehensive training schedule to meet the needs of the Fort Cavazos Army Family. ASIST is evidence-based training and includes interventions which have shown to increase hope, general counseling and listening skills while reducing suicidality.

For couples, this training can help strengthen emotional bonds, encourage open dialogue and the ability to support one another through life challenges. Suicide prevention training directly serves as a protective factor and can fortify relationships.

The course will be offered at the People First Center for Department of the Army civilians and all military-connected individuals aged 16 years and older.

For more information on the program, contact the Suicide Prevention Office at 254-553-4799 or 254-287-5245.

GREAT PEOPLE AT THE GREAT PLACE

Editor's note: "Great People at The Great Place" is a new series the Sentinel is starting, alternating between featuring civilians and Soldiers working at Fort Cavazos.

BY DERIKA UPSHAW
Fort Cavazos Public Affairs

Starting a new job and, in less than a year, revamping an entire process is not an easy feat. However, upon assignment, Mildred Handley, information technology specialist, Range Operations, Directorate of Plans, Training, Mobilization and Security, had an immediate influence on the organization.

This week, Fort Cavazos recognizes Handley for the positive impact she has had at Range Operations.

Handley works as a system administrator with both hardware and software to fix and update computers within the organization. She was also tasked to serve as a logistics specialist where she oversaw the organization's Command Supply Discipline Program.

Upon being tasked, Handley organized the organization's hand receipts and began to identify excess equipment for divestiture.

"There was a lot of excess equipment when I got here," she said. "It was ready to be turned in. However, it hadn't happened yet. So, it went from one hand-receipt holder to another hand-receipt holder to me. When I got here, I started preparing because I had to take a lot of classes before I could even gain access to

the hand receipt. Once I received the hand receipt, I had to identify what was excess equipment."

Handley rapidly organized all the equipment into a spreadsheet to track statuses and identify what needed to be turned in. She also came in and organized all of the computers and other equipment by warranty, so the organization was able to address out-of-compliance systems that required updates. That gave Handley the ability to forecast future turn ins and plan new equipment purchases.

Handley said she has been

working in the IT field for over 16 years, and what she loves best is being challenged by the profession.

"Say there's an issue with the computer and it's really hard," she explained. "It's something I've never done before, and then I fix it. That is such a sense of accomplishment because I think, 'What do I do and how am I going to fix this?' But then once I get it fixed, I feel a sense of pride because I figured it out."

What inspires Handley to do her job is wisdom imparted to her in her younger years.

"What motivates me is something



Photo by Derika Upshaw, Fort Cavazos Public Affairs

Mildred Handley, information technology specialist for Range Operations, Directorate of Plans, Training, Mobilization and Security, unpacks the new computers being assigned to different stations throughout the organization on Sept. 11 at the Range Operations building at Fort Cavazos. Handley is responsible for organizing and updating government computers.



Recycled material is used
in the making of our newsprint

DO YOU HAVE SOMETHING TO SAY?

WRITE TO THE EDITOR

The *Sentinel* welcomes letters to the editor. Letters must be under 450 words and include your name, address and telephone number. To submit a letter, visit www.cavazossentinel.com/contact or email it directly to: editor@cavazossentinel.com

FIND NEWS ONLINE

Find today's top news, living features and links to the electronic version of the paper at www.cavazossentinel.com.



COMMAND STAFF

Commanding General
LT. GEN. KEVIN D. ADMIRAL

Garrison Commander
COL. LAKICIA STOKES

III Armored Corps Public Affairs Officer
COL. KAMIL SZTALKOPER

Fort Cavazos Public Affairs Director
CHRIS HAUG

Command Information Chief
SAMANTHA HARMS

III Armored Corps Public Affairs Sergeant Major
SGT. MAJ. ADORA SANDOVAL

EDITORIAL STAFF

Editor
AYUMI DAVIS
editor@cavazossentinel.com
254-287-9495

News Editor
BLAIR DUPRE
blair.dupre@cavazossentinel.com
254-287-2436

Living Editor
JANECZE WRIGHT
254-287-5964

Design Editor
DANIELLA THACKER
daniella.thacker@cavazossentinel.com
254-287-0101

BUSINESS STAFF

Acting General Manager
DON COOPER

Publication Manager
ARMANDO GUTIERREZ
armando.gutierrez@cavazossentinel.com
254-634-6666

Advertising Associate/Office Manager
KALLIE JONES
kallie.jones@cavazossentinel.com
254-634-6666

Advertising Sales Associate
LINDSAY DILLON
lindsay.dillon@cavazossentinel.com
254-634-6666

Distribution Manager
PATRICIA WOLFF
patricia.wolff@cavazossentinel.com
254-634-6666

ADVERTISING

To place an ad or for information regarding Fort Cavazos' classified section, call 254-634-6666 between 8 a.m. – 5 p.m. weekdays.

The *Fort Cavazos Sentinel* is an authorized publication for members of the U.S. Army with a circulation of 12,500. Contents of the *Fort Cavazos Sentinel* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or U.S. Army Garrison-Fort Cavazos. It is published every Thursday by the U.S. Army Garrison-Fort Cavazos Public Affairs Office.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If violation or rejection of this opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. All editorial content of the *Fort Cavazos Sentinel* is prepared, edited, provided and approved by the U.S. Army Garrison-Fort Cavazos Public Affairs Office.

The *Fort Cavazos Sentinel* is printed by the *Temple Daily Telegram*, a private firm in no way connected with the Department of the Army, under exclusive written contract with U.S. Army Garrison-Fort Cavazos. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or the *Temple Daily Telegram* of the products or services advertised.

ADDRESS

The Editorial office is located in U.S. Army Garrison Public Affairs Office, Fort Cavazos, Texas, 76544. The Advertising office is located at 1805 Florence Rd., Herald Plaza, Ste. 1, Killeen, Texas, 76541.

III Armored Corps signs suicide prevention proclamation

BY SGT KYLE YODER

III Armored Corps Public Affairs



Lt. Gen. Kevin D. Admiral, commanding general of III Armored Corps and Fort Cavazos, and Command Sgt. Maj. John P. McDwyer, the command sergeant major of III Armored Corps and Fort Cavazos, signed the III Armored Corps 2024 Suicide Prevention Proclamation Friday at III Armored Corps headquarters.

"This proclamation represents a promise to lead in a manner that transforms the thoughts and actions of those around us," Admiral said. "To remain engaged in fostering positive cultural change and strengthening the identity of Fort Cavazos, The Great Place."

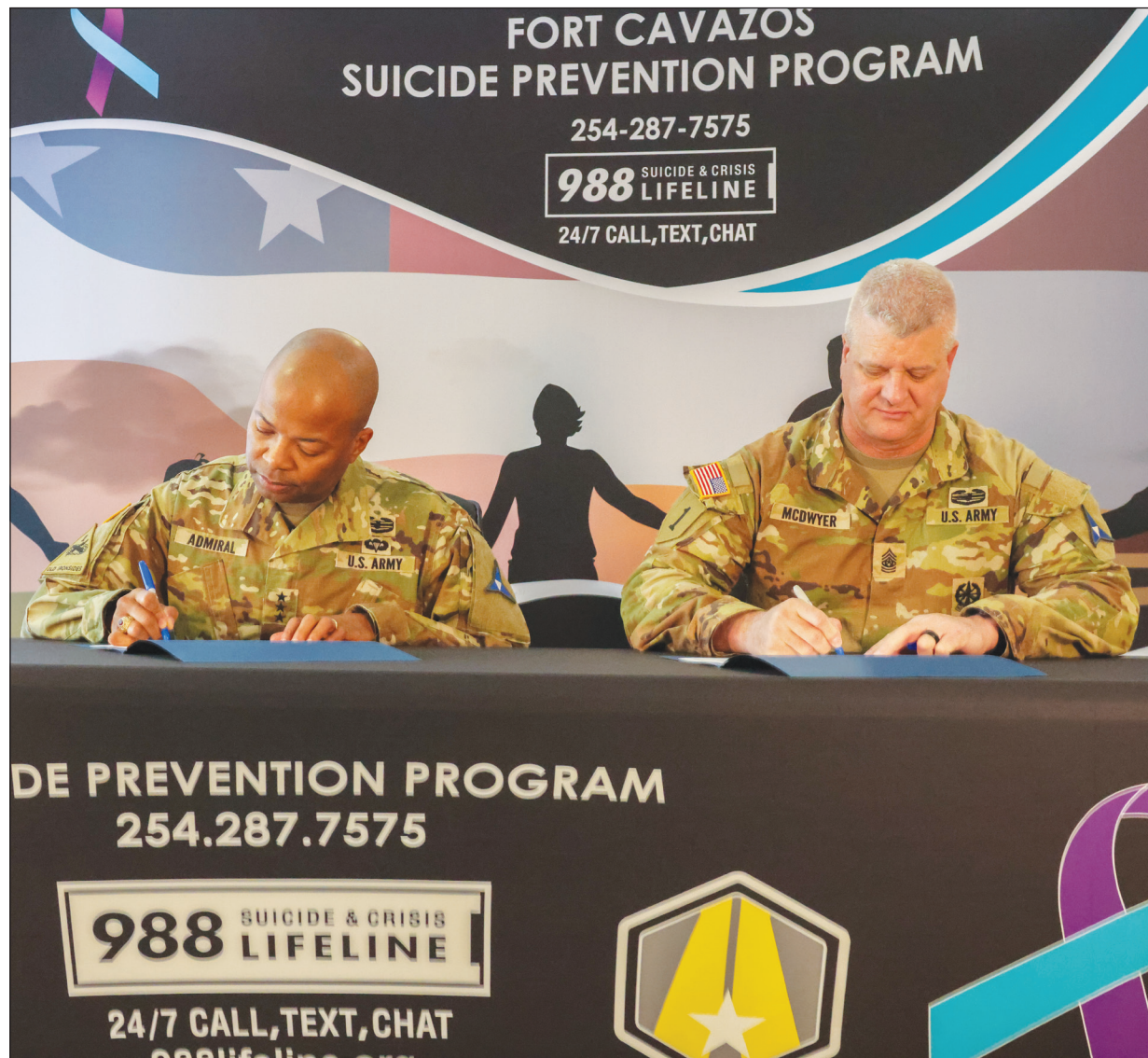
September is Suicide Awareness Month, and both Admiral and McDwyer said as leaders, they will remain committed to helping Soldiers, civilians and family

members who are having thoughts of self harm.

"I want to create an environment where everyone, from private to general officer, feels comfortable taking advantage of all of the resources we have," Admiral said. "Asking for help is a sign of courage and strength."

As the commanding general of Fort Cavazos, an enduring priority for Admiral is Soldier, civilian and family care. One of the ways he aims to achieve this is by providing a robust infrastructure of mental health resources to help those in need. This includes embedded behavioral health professionals, the Chaplain Corps, military and family life consultants and mental health professionals across the installation.

"Every suicide is a tragedy," he said. "Here at Fort Cavazos and across the III Armored Corps, we remain committed to stopping these tragedies before they occur."



Photos by Sgt. Jose Escamilla, III Armored Corps Public Affairs

LEFT, Lt. Gen. Kevin D. Admiral, commanding general of III Armored Corps and Fort Cavazos, speaks during a signing ceremony Friday at Fort Cavazos. Admiral expressed suicide prevention is one of his enduring priorities, as well as creating a climate where Soldiers feel comfortable asking for help in times of need. **RIGHT**, Lt. Gen. Kevin D. Admiral, commanding general of III Armored Corps and Fort Cavazos, and Command Sgt. Maj. John McDwyer, command sergeant major of III Armored Corps and Fort Cavazos, sign the suicide prevention proclamation at a signing ceremony Friday at Fort Cavazos. The Army's theme, "We are Stronger Together, Connect to Protect," focuses on how establishing and maintaining healthy relationships assists in reducing suicide risk.

Family Child Care

work from home!

\$4,620/month starting pay*
\$10,000/month once accredited*
*for 6 children

Love Children?
Want to work from home?
BECOME A FAMILY CHILD CARE PROVIDER!
Contact the Family Child Care office for an application

On post residents only

Bldg. 36000 Shoemaker Lane
254-288-3190

Fort Cavazos
Sentinel
Since 1942

★★★★★★★★

Get the Sentinel in your inbox.

FREE!

★★★★★★★★

Stay up to date with the latest news and information from Fort Cavazos.

Subscribe to the email edition of the Fort Cavazos Sentinel, the only official publication of the Great Place.

Each week, you will receive 2 emails that feature the latest headlines and the e-edition of the Sentinel.

cavazossentinel.com

Sign up HERE!

FREE from the Fort Cavazos Sentinel!

New ring?

Cover it starting at

\$2 PER MONTH¹

Whether it's a sparkly engagement ring or brand new smartwatch — if it's lost, broken or stolen, a Valuable Personal Property policy can help protect it. Get coverage beyond renters insurance and safeguard your most expensive stuff today.



Get a quote.
800-531-8521

IN PENNSYLVANIA, WE RESERVE THE RIGHT TO REFUSE TO QUOTE ANY INDIVIDUAL A PREMIUM RATE FOR THE INSURANCE ADVERTISED HEREIN.
1 Annual policy providing \$2,500 on scheduled jewelry as of October 2023. Rates may vary due to location. Membership eligibility and product restrictions apply and are subject to change. Valuable Personal Property insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, and Garrison Property and Casualty Insurance Company, based in San Antonio, Texas; USAA Limited (UK) and USAA S.A. (Europe). Each company has sole financial responsibility for its own products. Coverages subject to the terms and conditions of the policy. No Department of Defense or government agency endorsement. © 2024 USAA 6796481.0824

VA APPROVED CDL TRAINING

Use only 1 MONTH of your GI Bill!

ATDS

Truck Driving School

Begin your journey to a successful trucking career by enrolling in our comprehensive training programs. Choose from convenient weekend or weekday classes to fit your schedule. Our expert instructors and hands-on training will equip you with the skills you need to hit the road with confidence. Sign up today and drive your future forward with ATDS Truck Driving School!



(254) 432-7534
TRUCKINGSCHOOL.COM

ZOO STAMPEDE

Penguin Pace, Run Your Race
Cameron Park Zoo
Waco, Texas

10k, 5k, 1k Fun Run, Virtual Cycling Event

Race Day Start Times
Registration 6:30-8:30 am
1k Fun Run 8:00 am • 10k 8:30 am • 5k 8:45 am



Scan QR code to register
For More Information: 254.405.2518 • CameronParkZoo.com
Registration prices are: \$25 for 1K, \$40 for 5K, \$55 for 10K, and \$45 for Virtual Cycling Event. Price increase after October 11. Register by October 28 to guarantee t-shirt size.

Saturday
November
9

THESE THREE
DIGITS COULD
SAVE A LIFE

CALL 988 and Press 1 to
reach the Military Crisis Line

TEXT 838255

CHAT 988lifeline.org/chat

988
SUICIDE
& CRISIS
LIFELINE

★ U.S. ARMY

VA Serves Veterans and Their Families

Explore VA Benefits | VA.gov

Ready, Resilient Fair educates attendees on available resources



Photos by Spc. Josefina García, 7th MPAD

U.S. Army Operational Test Command civilian employees and community members participate in the Ready and Resilient Fair Aug. 28 at Fort Cavazos.

BY PFC. ARIANA SMITH
7th MPAD

Soldiers were given a comprehensive tour of the programs developed by the U.S. Army to equip them with the means to face stress and adversity at the Ready and Resilient Fair Aug. 28 at Fort Cavazos.

William Soto, the Ready and Resilient, or R2, program manager for U.S. Army Operational Test Command, created the resource fair to educate Soldiers, Department of the Army civilians and their family members on available resources. Those resources help to push them past the rigors of Army life to live up to the seven Army values of loyalty, duty, respect, selfless service, honor, integrity and personal courage. The R2 program was created to help everyone, regardless of rank or position.

OTC hosted its inaugural Ready and Resilient Fair alongside multiple organizations and agencies.

The fair provided an opportunity to connect with different resources across Fort Cavazos, such as the Directorate of Family and Morale, Welfare and Recreation, Army Community Service, New Parent Support Program and the Texas Veterans Commission.

“The Ready and Resilient resource fair is important because in the event that our

DA civilians or Soldiers have a problem, they know what resources are available to assist them,” said Command Sgt. Maj. Joe Johnson, command sergeant major for OTC. “This initiative strengthens the culture in the organization.”

DFMWR offers a variety of programs, events and activities for Soldiers and their families. ACS provides programs that support Soldier and family readiness and prevention, as well as financial, relocation and spouse employment assistance.

The New Parent Support Program helps Soldiers and family members who are expecting a child or have children up to 3 years old to build strong and resilient military families.

The Texas Veterans Commission helps veterans, their families and survivors with claims, education, employment, grants and mental health.

Soto revealed OTC intends to host this event quarterly for the well-being of Soldiers, DA civilians and their families.

OTC comprises four test directorates at Fort Cavazos: Aviation, Maneuver, Maneuver Support and Sustainment and Mission Command.

“The mission of the U.S. Army Operational Test Command is to conduct independent operational testing for acquisition and fielding decisions for the U.S. Army,” Johnson said. “We promote readiness by investing in our workforce.”



Col. James A. Zanella, deputy commander of the U.S. Army Operational Test Command, talks to Directorate of Family and Morale, Welfare and Recreation representatives during the Ready and Resilient Fair Aug. 28 at Fort Cavazos. The Ready and Resilient Fair allowed Soldiers and family members to engage and explore some of the Army's programs meant to support them as they navigate through Army life.

THE

PRINTING
SHIPPING
MAILBOXES
NOTARY*
PACKING

RETURNS
COPYING
SCANNING
FAXING
SHREDDING**

NOW OPEN.

THE UPS STORE

be unstoppable

STORE

BLDG136
761ST TANK BATTALION AVE
FORT CAVAZOS, TX 76544

ups

EXCHANGE

*Services unavailable or limited at some locations. **Visit the [upsstore.com/shredding](#) for full details.

LISTOS PARA
RESPONDER
CUANDO LAS
TORMENTAS
TOQUEN A
LA PUERTA.

ANTES DE QUE PASE UN DESASTRE, TOMA EL CONTROL.

1 ANTICIPA TUS
NECESIDADES

2 HAZ UN PLAN

3 HABLA CON TUS
CONOCIDOS

Cuando se habla de desastres y emergencias, no se trata de qué pueda pasar, sino cuándo. Hay que estar preparado para tener una mejor historia que contar.

Comience en [Listo.gov/AdultosMayores](#)

Listo

FEMA

ad council

VA Serves Veterans and Their Families

Explore VA Benefits | [VA.gov](#)

Dining Facility Operations Schedule

Sept. 2024

For the most updated schedule, visit [home.army.mil/cavazos](#)

OPEN (Breakfast, Lunch & Dinner)

OPEN (Brunch & Supper)

CLOSED

HOLIDAY

IRONHORSE

Building #41018
Old Ironside & 77th St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
WR Manager: SFC Philpott

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

ALWAYS READY

Building #91226
HQ Ave., West Fort Cavazos

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Manager: 254-288-9538

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

OPERATION IRAQI FREEDOM

Building #21020
Battalion & 58th St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

BLACK JACK

Building #34002
Old Ironsides Ave. & Pyongyang Dr.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: CW2 Rogers: 931-378-2957

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

THEODORE ROOSEVELT

Building #9205
Battalion & 21st St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

CULINARY OUTPOST FOOD TRUCK 1

The Lonestar Conference Center

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30a.m.-1 p.m. Monday-Friday
Dinner: Closed
NCOIC: SSG Lopez: 787-414-1259

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

PATRIOT INN

Building #12007
Old Ironside & 33rd St.

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: WO1 Greene: 843-901-0260

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

CULINARY OUTPOST FOOD KIOSK

Old Ironsides and
Pyongyang Drive

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

BRK, LUN, DIN: 8 a.m.-8 p.m. Monday-Friday
Food Advisor: CW2 Rogers: 931-378-2957

(WNNK): 8 a.m.-6 p.m.

CULINARY OUTPOST FOOD TRUCK 2

1-44/4-5 ADA BN
area parking Lot

| SUN | MON | TUES | WEDS | THUR | FRI | SAT |
|-----|-----|------|------|------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: Closed
Food Advisor: WO1 Greene: 843-901-0260

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

Installation Food Service: 287-6595

III Armored Corps Food Service: 287-0573

Division Food Service: 287-3134



Photo by Col. Kamil Sztalkoper, III Armored Corps Public Affairs

Soldiers, veterans, Army civilians, Fort Cavazos Good Neighbors and the city of Killeen gather to show support at the National Mounted Warrior Museum grand opening ceremony, Wednesday at Fort Cavazos. The National Mounted Warrior Museum currently offers more than 12,000 square feet of permanent gallery space, situated on 17 acres near the Bernie Beck gate.

Museum immortalizes history

Museum: *Continued from A1*

before transferring the campus to the U.S. Army.

“This could result in anywhere from \$5 to \$45 million in economic impact on the local community, with people purchasing food, fuel and staying in hotels,” Crouch said. “This is a really good thing for the community.”

Charles Bowerly, executive director of the U.S. Army Center of Military History, agreed.

“What an incredible opportunity we have in front of us that has been presented to this community to tell the Army’s story to the nation, to connect our Soldiers to our communities and to the nation, to inspire people to a lifetime of service and for them to understand the perspective of why they serve,” he said.

Brig. Gen. Geoff Van Epps, III Armored Corps deputy commanding general of maneuver, was the key speaker for the event, and highlighted the exemplary heritage of The Great Place.

“Our tradition of excellence in mounted warfare is Fort Cavazos’ proudest legacy and one that we work to inculcate in every Soldier who is assigned to armored units at our installation,” he said.

Retired Lt. Gen. Paul E. Funk, president and CEO of the National Mounted Warfare Foundation, addressed the audience with praise for those on the front lines.

“We wanted to focus on the fighting level, tactical level, of the war-fighting business,” he said. “That is where all the killing goes on, dying goes on, so let’s honor those people that do the real work.”

Soldier across Fort Cavazos attended the ceremony, each taking away their own impression.

“I am a third generation Army officer,” said 1st Lt. Lauren Johnson, protocol officer, Secretary of the General Staff, III Armored Corps. “This museum grand opening is pretty exciting for me, because I can finally show my parents something new.”

Admission to the museum is free and does not require a visitor’s pass, making it accessible to all Soldiers, civilians and those without access to the installation.

The museum is open Tuesday through Saturday, 10 a.m. to 5 p.m.

The installation plans to expand and host future ceremonies and key events at the museum. For more information, visit history.army.mil/museums/nmwm.



Photo by Sgt. Jose Escamilla, III Armored Corps Public Affairs

Brig. Gen. Geoff Van Epps, III Armored Corps deputy commanding general of maneuver, speaks during the National Mounted Warrior Museum grand opening ceremony, Wednesday at Fort Cavazos.

Rememberance at forefront of Patriot Day ceremony

Freedom Walk: *Continued from A1*

The keynote speaker for the event was Gold Star family member Cindy Hildner, whose spouse, Brig. Gen. Terrence Hildner, made the ultimate sacrifice while serving in Afghanistan in 2012. Hildner gave a background of the Gold Star history and what it means to be a Gold Star family member.

“We are a reminder of the human cost of war,” she said. “For some of us, our loss is a wound that may have become scarred over with the passing of time, but it’s still there.”

According to the 9/11 Memorial Museum,

the attacks of 9/11 caused the deaths of over 3,000 Americans that day. However, it does not include the personnel who went to war because of the attacks.

Hildner shared her story with the audience to remind them to never forget those who died on 9/11 or those who fought because of it.

“Listen to the stories,” she expressed. “Listen to those who lived during 9/11 and who lost family members and friends that day. Listen to those who are still suffering most, support them, let them know they are not alone. It is our legacy to keep the memory of our

fallen heroes alive, to ensure that their sacrifices have not been forgotten, honor them by remembering them and their families.”

After the indoor portion of the event, attendees participated in a parade, which ended in the Leo Buckley Stadium, led by the Killeen High School band. There, Wilkerson named the fallen Soldiers represented by Gold Star Families in attendance and the tribute to firefighters by the tradition of ringing a bell to acknowledge a firefighter’s last return home.

Michael Martinez, 17-year-old Killeen High School senior, ended the ceremony by

playing Taps, a military musical composition played during funeral honors.

Wilkerson said as a district, it is their responsibility to educate and to use this day to connect with their students by sharing their stories on 9/11.

“Just like math, science and English, history is a critical subject, and it is important to share history so that we learn from it, learn what to do, learn what not to do,” she said. “It is important that we share this historical lesson, in essence for our students. And so, we grab that, we embrace it and we use this as an instructional opportunity.”



Photos by Derika Upshaw, Public Affairs Specialist

A member of the Killeen Fire Department rings a bell as a tradition to signify a firefighter’s “return home” during the Freedom Walk on Sept. 11 at Killeen High School in Killeen, Texas.



TOP, Killeen High School Junior Reserve Officers’ Training Corps marches the Freedom Walk on Sept. 11 at Killeen High School in Killeen, Texas. The walk began at the school’s auditorium and concluded after participants made a complete lap around the track at the Leo Buckley Stadium. **ABOVE**, The KHS band sets the pace for the Freedom Walk on Sept. 11 at KHS. The parade consisted of multiple community members and students commemorating 9/11.

DOD delegation concludes military talks with China

BY JOSEPH CLARK
DOD News

WASHINGTON — A Department of Defense delegation concluded the latest round of military-to-military talks with Chinese counterparts over the weekend, as U.S. officials continue to emphasize the importance of maintaining open lines of communication for responsibly managing competition.

Michael S. Chase, deputy assistant secretary of defense for China, Taiwan and Mongolia, led the U.S. delegation to Beijing for the 18th iteration of the Defense Policy Coordination Talks between the U.S. and China.

The two sides discussed a range of regional and global security issues as part of the exchange, including U.S. concerns over China's support for Russia's defense industrial base and the impact that support is having on European and transatlantic security.

"DOD also reaffirmed the U.S. commitment to defending its Indo-Pacific allies, and the department emphasized the importance of respect for freedom of navigation as guaranteed under international law in light of ongoing aggressive PRC (People's Republic of China) harassment against lawfully operating Philippine vessels in the South China Sea," a senior official said Sunday at the conclusion of the talks.

The U.S. delegation also underscored the importance of maintaining peace and stability across the Taiwan Strait, raised concerns about ongoing provocations from North Korea and urged China to encourage stability and de-escalation in the Middle East.

The talks mark a continuation of U.S. efforts to maintain the recently reestablished open lines of communication with China.

President Joe Biden secured China's agreement to return to military-to-military talks last November after meeting with Chinese President Xi Jinping during the Asia-Pacific Economic Cooperation forum in Woodside, California.

In January, senior U.S. and Chinese military officials resumed the U.S.-China Defense Policy Coordination Talks at the Pentagon. Prior to that, the high-level talks were last held in September 2021.

Secretary of Defense Lloyd J. Austin III emphasized the importance of maintaining open lines of military-to-military communication at multiple levels during his first meeting with Chinese Defense Minister Dong Jun on the margins of the Shangri-La Dialogue in Singapore in May.

Last week, the commander of U.S. Indo-Pacific Command, Navy Adm. Samuel

J. Paparo, held a video teleconference with China's Gen. Wu Yanan, commander of the military's southern theater. During the call, Paparo noted the necessity of continued military-to-military dialogue.

Following the latest talks in Beijing, officials emphasized the military-to-military dialogue

does not signal a change in the U.S. approach to China.

"The department continues to view (China) as our pacing challenge as described in the National Defense Strategy," the senior official said. "(China) continues to be the only U.S. competitor with the intent and,

increasingly, the capability to overturn the rules-based infrastructure that has kept peace in the Indo-Pacific since the end of the second world war."

The official added the U.S. "remains clear-eyed about (China's) intentions and their actions in the region and around the world."



Navy Adm. Samuel J. Paparo, commander of U.S. Indo-Pacific Command, holds a video teleconference with China's Gen. Wu Yunan, commander of the military's southern theater, Sept. 9.

Photo by Navy Petty Officer 1st Class John D. Bellino, INDOPACOM Public Affairs

WOUNDED WARRIORS IN ACTION

MISSION POSSIBLE



HONOR

CONNECT

HEAL



SCAN QR CODE TO PLEDGE



#94512

SUPPORT OUR HEROES



EST 2007

SEE YOUR CONTRIBUTION IN ACTION!

 WWIAF.ORG

 @WWIA

 @WWIAF

 @WWIAF



ALL-NEW MENU

ALL-NEW WAY TO ORDER

Buy 1 regular footlong,
Get 1 regular footlong

FREE

with purchase of a drink



Coupon cannot be combined with any other coupons or discount offers.

Not affiliated with the Fort Cavazos Location & May Not Be Redeemed at the Fort Cavazos Location.

Good at Killeen, Copperas Cove and Harker Heights locations.

YOUR LOCAL GEICO AGENT
MAKES BUNDLING SIMPLE.
RENTERS + AUTO = EASY





START YOUR QUOTE!



GEICO | LOCAL OFFICE

Randy Hardin | 254-526-6696

¡Hablamos Español!

Limitations apply. See geico.com for more details. GEICO & affiliates. Washington, DC 20076. GEICO Gecko image © 1999-2024. ©2024 GEICO

Fall in Love with THE GREAT PLACE

FALL IN FOR FUN: EXPLORE LOCAL
AUTUMN EVENTS & FESTIVITIES WITH YOUR
FORT CAVAZOS COMMUNITY!

Promote your events, activities, and services in our 9-week fall campaign with exclusive discounts on advertising throughout September and October. Connect with the Fort Cavazos community and maximize your reach this season!

9 WEEKS OF
FULL COLOR ADS
PLUS 2 MONTHS OF
ONLINE ADVERTISING

Call for Rates
Information

STARTS SEPTEMBER 5TH

254-634-6666

www.cavazossentinel.com



– The only print publication licensed to distribute on post –

Great Big Podcast

NEW EPISODES NOW
EVERY MONDAY

LISTEN NOW



www.thegreatbigpodcast.com
or wherever you listen to podcasts





LEFT, A bowling pin painted to look like professional bowler Billy Welu, who was born in Houston, Texas, sits on display at the Texas Sports Hall of Fame. **RIGHT**, The Texas Sports Hall of Fame features displays on many different sports including the rodeo.

Learn about history of Texas Sports

BY BLAIR DUPRE
Sentinel News Editor

WACO, Texas — Just an hour away from Fort Cavazos lies a sports fan’s paradise — the Texas Sports Hall of Fame.

This museum highlights athletes and teams, in a multitude of sports, hailing from Texas, beginning at the high school level all the way up to professional. Small items, such as championship rings, to larger items, including uniforms, mascots and trophies, can be viewed throughout the museum.

A few native Texans have their own special sections, including George Foreman and Nolan Ryan in the Tribute Rooms. Here visitors can find items specific to the careers of these famous Texas athletes.

Of course, football exhibits are prevalent throughout the museum as the sport is sometimes considered a religion here in the Lone Star State. The Dallas Cowboys have an entire area dedicated to them called the Tom



The Southwest Conference Gallery features exhibits on the different colleges within the conference, including Baylor University and the University of Texas at Austin. The gallery’s likeness to a football field makes it a great place to take photos.

Landry Theater, among other exhibits throughout the museum. Even the carpet in the theater is Cowboys themed. The Southwest Conference Gallery

features exhibits on different colleges within the conference including the University of Texas at Austin Longhorns, the Texas A&M Aggies and the Baylor

University Bears. The gallery even has a scoreboard and a field goal post like an actual football field.

Though football is an integral part of the museum, so are the many other sports featured throughout the museum including, baseball, tennis, bowling and track and field.

My roommate Jessica and I enjoyed the interactive exhibits in the museum including lifting a shot put ball, known as a shot, to test its weight. We also tested out our walking stride compared to the stride of an NBA player — I was nowhere close to matching the stride.

There is also a gaming area where visitors can test their throwing speed and/or their accuracy in a number of sports by throwing a ball onto a screen with the game projected on it. I didn’t need the reminder I am not good at basketball, but we still had fun anyway.

For more information on the Texas Sports Hall of Fame, visit <https://www.tshof.org/>.



RIGHT, Visitors can view an actual Heisman Trophy on display at the Texas Sports Hall of Fame. The Heisman is awarded to the best collegiate football player each year. **LEFT**, A display at the Texas Sports Hall of Fame focuses on the Texas Rangers, the MLB 2023 World Series champions.



BINGE or CRINGE

A review of some of the most popular series streaming on a variety of platforms

“Three Women” goes from page to screen

BY JANECEZ WRIGHT
Sentinel Living Editor

The debate over whether a book is best read or watched is ongoing and opinions are split. I think it's interesting to compare each, and I often find books give more detail, which is not surprising, as television can only cover so much.

Though I have never read Lisa Taddeo's 2019 bestseller "Three Women," I was able to witness her literary work play out on screen in the series of the same name.

While the book is said to delve into the sexuality of three women with vastly different issues, I found, in the series, sexuality is akin to the perfect side dish that rounds out an indulgent meal, and the show unearths much more.

Grieving writer Gia Lombardi (Shailene Woodley) represents the story's version of Taddeo. While grappling with the loss of her family, she is also dealing with the common occurrence of rejection while trying to publish a book.

Gia resolves to channel her energy and frustrations in a new and daring direction — a book detailing the intimate lives of other three diverse women.

Maggie Wilkin (Gabrielle Creevy) is the only character featured in Gia's literary venture to abandon anonymity.

Using her actual name, Gia details Maggie's illicit relationship with her married high school English teacher when she was 17. Years later, she reveals the specifics to her

parents and the police and must face her former lover in court.

Lina Parish (Betty Gilpin) is a suburban housewife struggling to maintain her self-worth in a marriage devoid of sex and affection. She reconnects with her high school boyfriend in the hopes of finding what she is missing at home.

In contrast, Sloane Ford (DeWanda Wise) embraces her sexuality — so much so she and her husband Richard (Blair Underwood) are known to invite others into their bedroom.

I was already intrigued by the heavy feminine tone of the series, but the realization the plot is based on true stories reeled me in.

In addition to exploring sexual freedom, the series also highlights the power of the pen, perseverance, courage and comradery — all of which resonate with me.

I admire Gia's moxie to take her passion to a new level, and I applaud Maggie for her raw, unshaking transparency.

Kudos to Lina for knowing she deserves more from her marriage, and I respect Sloane's right to explore her sexuality.


These women travel different paths, but they are united in what is reflected in women all over the world and their relation with sex.

I enjoyed the unabashed realness of the story lines.

Viewers can see themselves depicted in these characters in some way, leaving a lasting impression.

This series is binge-worthy and can be streamed on Starz.

This series contains adult themes, sexual content and sensitive topics that may be difficult to watch. Parental discretion is advised.



Graphic courtesy of Starz

Three Women
Lisa Taddeo

'A masterpiece at the same level as In Cold Blood'
Elizabeth Gilbert

BLOOMSBURY

Fort Cavazos

Stray Animal Facility/Adoptions

Open 9a.m.-8p.m. everyday

4902 Engineer Dr., Fort Cavazos, TX 76544, 254-287-4675

| | | | | | |
|--|--|---|---|---|---|
|  <p>Heckle 7-mo-old, Labrador retriever/border collie, black & white, male.</p> |  <p>Daisy 1-yr-old, short-haired Chihuahua mix, chocolate & white, female.</p> |  <p>OFF POST ONLY Dexter 1-yr, 1-mo-old, pit bull, white & tricolor, male.</p> |  <p>Melvin 2-yr-old, shih tzu mix, tan, male.</p> |  <p>Lola 6-yr-old, Labrador retriever mix, black & white, female.</p> |  <p>ADOPTED Casper 1-yr, 6-mo-old, poodle standard mix, white, male.</p> |
|  <p>ADOPTED Sookie 1-yr, 1-mo-old, Labrador retriever mix, black brindle, female.</p> |  <p>ADOPTED Jeckle 7-mo-old, Labrador retriever/border collie, black & white, male.</p> |  <p>ADOPTED Felicia 4-yr-old, Labrador retriever mix, black & white, female.</p> |  <p>ADOPTED Sloan 3-yr-old, German shepherd, brown & black, female.</p> |  <p>ADOPTED Salem 2-yr, 10-mo-old, border collie, black & white, female.</p> |  <p>ADOPTED Jack O' Lantern 1-yr, 1-mo-old, domestic short-haired tabby, orange & white, male.</p> |

Technology Fair marks National Disability Employment Awareness Month with events

BY JANECEZ WRIGHT
Sentinel Living Editor

The U.S. Department of Labor Office of Disability Employment Policy announced this year's National Disability Employment Awareness Month theme is "Access to Jobs for All."

The Fort Cavazos Equal Employment Opportunity office held the National Disability Employment Awareness Month Technology Fair in support of the initiative.

"The purpose of this fair today is to bring out and host a lot of the

local entities that assist persons with disabilities, assist with the technology, the availability, as well as educating the workforce," explained Joyce Arbaugh, disability program manager, Fort Cavazos Equal Employment Opportunity office. "There's so much assistive technology out today that people just don't know is available to them, and we realize that in the workforce there are so many missed opportunities for people with disabilities."

Thirty-one organizations were on hand to provide information and transition assistance to service

members and civilians, including the Fort Cavazos Army Community Service, Employee Assistance Program, Soldier Recovery Unit, the Texas Workforce Commission, Central Texas Veterans Health Care System and the U.S. Department of Veterans Affairs.

Arbaugh said the partnership between The Great Place and community organizations sends a clear message of support to persons with disabilities.

"Oftentimes, a person with a disability, whether it be mental, physical, seen or unseen, they

already are dealing with some type of inadequacies," she explained. "But if we have programs available, if we have assistive technology, if we have education available, it helps them."

"We're telling Central Texas that (persons with disabilities) are important, that they are valuable," Arbaugh expressed.

She noted the importance of assisting disabled Soldiers well before they begin transitioning from service.

"If we start now, while they are green suiters, while they are still

serving, when it's time to hang it up and put that uniform in the closet, they know there are programs available to assist them and help them transition in the workforce," she said.

Chief Warrant Officer 3 Michael Daley, 56th Infantry Brigade Combat Team, is currently at the Soldier Recovery Unit and plans to transition from military service next year.

"There are some good opportunities here, knowledge and people that can work with you when you transition out," he said of the event. "It's going to be hard to take off the uniform when you've had it for so long and you have that camaraderie, so they have programs here that will help you do that."

He added the fair would likely be more helpful for younger service members.

"A lot of the young Soldiers, they don't have a lot of life experience, so this transition event will probably help them even more," Daley said. "I'm on a retirement path, but they're on a career path. They're young so I think this is very beneficial."

Arbaugh noted many programs and resources are free to people with disabilities, and thanked installation leaders for their support in organizing the fair.

"I just am very excited and very pleased at how our (leadership) supports the EEO office in this endeavor, allowing us to be able to educate, assist and help our veterans, Soldiers, family members and civilian workforce, and allowing the EEO office to be a part of that," she said. "It doesn't get any better."

Next year's National Disability Employment Awareness Month Technology Fair is scheduled for Sept. 17, 2025.

Contact the Fort Cavazos EEO office at 254-287-3602 for more information on disability and reasonable accommodation guidelines.



Photo by Janecze Wright, Sentinel Living Editor

Dee Stewart, family career advisor for the Texas Veterans Commission, speaks with Chief Warrant Officer 3 Michael Daley, 56th Infantry Brigade Combat Team, about career options after he transitions from service during the National Disability Employment Awareness Month Technology Fair Sept. 10 at the Lone Star Conference Center at Fort Cavazos.



FORT CAVAZOS CHAPEL SERVICES



CATHOLIC
Sunday Mass, 9 a.m., Main Chapel, [www.https://www.facebook.com/FtCavazosRomanCatholic](https://www.facebook.com/FtCavazosRomanCatholic)
Noon Mass, Monday through Friday, Main Chapel
Confession after Mass or by appointment, call 254-286-6749, Main Chapel

PROTESTANT
St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, <https://www.facebook.com/SaintGeorgeFortCavazos>

SPANISH PROTESTANT
Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION
Gospel Service, Sunday, 11 a.m., Comanche Chapel, <https://www.facebook.com/ComancheHappeningsNow>

TRADITIONS
Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpus/

CHAPEL NEXT
Contemporary Service, Sunday, 11:15 a.m., Main Chapel, <https://www.facebook.com/FortCavazosChapelNext>

OPEN TABLE
All-Inclusive Christian Chapel, www.facebook.com/OpenTableChapel

WFC PROTESTANT
Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, <https://www.facebook.com/profile.php?id=100064944031364>

JEWISH
Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM
Friday Jumma Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE
Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST
Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844
Theravada, Thursday, 11:45 a.m., Memorial Chapel

NORTH FORT CAVAZOS
Call 254-286-5223 for service schedule and Bible study

ADDITIONAL SERVICES/STUDY
Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center
Men of Honor, Contact Ken Wooten, 254-466-6254
Protestant Women of the Chapel (PWOC), Tuesday, 9-11:30 a.m., Main Chapel, www.facebook.com/FortHoodPWOC
Mothers of Preschoolers (MOPS), [www.Facebook.com/FortHoodMOPS](https://www.facebook.com/FortHoodMOPS)
Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org
Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org
Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly
Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel)
Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181
Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavai, 254-287-0241
Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, [facebook.com/FortCavazosChaplain](https://www.facebook.com/FortCavazosChaplain)*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.



MILITARY LOANS

\$500-\$10,000

APPLY TODAY. MONEY TODAY!



• WWW.OMNIMILITARYLOANS.COM • 254-554-2444 • 914A West Rancier Ave. Killeen, TX 76541

©2023 Omni Financial of Nevada, Inc. DBA Omni Financial. GA & WA: NMLS # 1657851. VA: Licensed by the Virginia State Corporation Commission: CFI-176. CA: Finance Lender License. NM. All Rights Reserved. All loans subject to approval. Residency and other restrictions may apply.



BARRIENTOS GROUP | kw FORT CAVAZOS



No Minimum Credit Score for VA Home Buyers!

Let ME help YOU!

Julian Barrientos (254) 449-0090 | thebarrientosgroup.com



TRUSTED BY OVER 100,000 SOLDIERS

MyArmyPost



Try the Army's Newest
Mobile Application!

FIND THE MY ARMY POST APP
IN THE APP STORE

DOWNLOAD IT TODAY



ATTENTION

EMPLOYERS & RECRUITERS



We're here all year!

Advertise Your Career Opportunities in the
Sentinel this Recruitment Season.



We understand that the hiring market is highly competitive, and we want to offer you the opportunity to connect directly with transitioning soldiers and veterans, and military personnel looking for employment. We have some amazing recruitment advertising opportunities to fit any budget; available in both Print and Digital advertisements.

As the authorized newspaper for Fort Cavazos, the Sentinel distributes 12,500 copies to Fort Cavazos and neighboring communities totaling 400 locations.

254-634-6666

1805 Florence Rd., Suite 1, Killeen, TX
Fax: 254-634-9000
www.cavazosentinel.com

HEALTH

DIVARTY hosts blood drive to honor heroes

BY SGT. JORDAN GILES
DIVARTY Public Affairs

On Sept. 11, the 1st Cavalry Division Artillery, or DIVARTY, honored the lives lost during the 9/11 attacks with a memorial blood drive at the Robertson Blood Center at Fort Cavazos.

The event began with a reflective session titled “Where Were You,” where Soldiers shared their memories of that day. For many, the experience was a personal

one, while younger Soldiers spoke about learning of 9/11 through stories.

Maj. Brandon Eans, operations planner, DIVARTY, addressed the Soldiers, reflecting on the day’s significance.

“Where were you on that day?” he said. “It’s a question that brings us all back to that moment. We remember the shock, the loss and the unity that followed. Today, we honor those memories by giving back, saving lives and standing together as we always have.”

His words set the tone for the event, emphasizing remembrance and action.

“9/11 is a day that made us ask where we were, but it also asked us where we would go,” Eans expressed. “Today, we answer that call by giving back, remembering those who were lost and making sure that, in their memory, we make a difference.”

Soldiers then took turns sharing their memories. Spc. Joshua Bruner, a target acquisitions specialist, DIVARTY, recalled being in fifth grade when the news broke his school was sending him home early.

“I didn’t fully understand it then, but I knew something bad had happened,” he said.

Staff Sgt. Angela Brewer, chemical, biological, radiological, nuclear and explosives noncommissioned officer in charge, DIVARTY, reflected on how the attacks shaped her life.

“I was in high school, and that day changed everything,” she said. “It was a major part of why I decided to join the military.”

Ian Wilson, a blood donor recruiter with the Armed Services Blood Program, helped facilitate the drive and explained the program’s critical role in ensuring blood supply for military personnel.

“The blood donation provided, at any given time, can make the difference in survival during situations, whether they be deployed, or even here at home,” he said. “Taking the opportunity to donate a pint of blood, every two months, could be the difference of a lifetime for someone and their family.”

The partnership with ASBP allowed Soldiers to participate in a meaningful way while serving others, with many noting how important it felt to give back on such a day of remembrance.

“It’s about remembering and serving,” said Sgt. 1st Class Charles Perkins, home station mission command first sergeant, Headquarters and Headquarters Battalion, DIVARTY. “Today, we honor the past, but we also protect the future.”

Eans reflected on how the event shaped him and others.

“On 9/11, we remember where we were,” he said, “but more importantly, we remember who we became.”



Photo by Sgt. Jordan Giles, DIVARTY Public Affairs

Capt. Johnathan Kim, home station mission commander, Headquarters and Headquarters Battalion, 1st Cavalry Division Artillery, donates blood during the DIVARTY 9/11 Remembrance Blood Drive Sept. 11 at Robertson Blood Center at Fort Cavazos.



SPECIAL DELIVERIES

AUG. 9

A daughter, **Marcy Juana**, to Domnick Vargas and Stephanie Marquez, 3rd ABCT.

AUG. 11

A daughter, **Almery Ann**, to David Adger and Maria Nunez, 3rd SFAB.

A daughter, **Ariana Jasmine**, to Alvino Molina and Brookelyn Tramble, DIVARTY.

A son, **Grayson Michael**, to Michael and Danielle Siegel, 2nd ABCT.

AUG. 12

A daughter, **Stella Sue**, to Aidan and Kealei McCloud.

AUG. 13

A son, **Nehemiah David**, to Bryce and Janet Popken, 1st ABCT.

A daughter, **Eden Rose**, to Deon and Alexis Boddie, 13th ACSC.

AUG. 14

A daughter, **Eliana Vach**, to David Mills and Maricela Rodriguez, 3rd Cav. Regt.

A son, **Dean Wade**, to Austin and Angel Copenhaver.

AUG. 15

A daughter, **Olivia Azenoth**, to Clay and Desiree Barksdale, 504th EMIB.

A son, **Hunter Jensen**, to Andrew III and Abigail Green.

A daughter, **Valentina Solis**, to Malachi and Veronica Hairston, 1st Cav. Div.

AUG. 16

A daughter, **Maeve Cecilia**, to Matthew and Melody Schade, 3rd SFAB.

Comedy show aims to help audience heal through humor

BY BLAIR DUPRE
Sentinel News Editor

Members of the Fort Cavazos community shared some laughs and candid conversation about depression and suicide during the 1 Degree of Separation Comedy Show Sept. 12 and Friday at the People First Center.

The 1 Degree of Separation Comedy Show takes “a funny look at depression and suicide” in an effort to “bring dialogue, awareness and acceptance to depression through laughter and vulnerability.” The comedians aim to eliminate the stigma surrounding depression by sharing stories of hope, happiness and triumph.

Brad Bonar Jr., comedian and founder of the program, said the show travels a lot and the comedians perform for audiences of all ages.

“We want to go everywhere,” he said, adding he would be traveling to Fort Liberty, North Carolina, next. “I think it teaches people how to have a conversation and normalize (depression). The comedy is just the opening part, but the questions don’t change. The answers don’t change.”

Bonar said he partners with comedians based in the state the show is in, as the show travels around the country, so he partnered with Texas-based comedians Kiesha Hunt, Michael Sanchez and Erik Knowles for the Fort Cavazos shows.

During the event, each comedian performed a 5-minute-long set after which they all sat down together and openly discussed their experiences with depression and/or suicide by answering five questions: What does your depression feel like? What do others do that makes it worse? What do others do that make it better? What do you do that makes it worse? What do you do that makes it better?

“(Comedy) disarms you,” Sanchez said of why comedy is a good way to open up conversation on serious topics such as depression and suicide. “When you’re laughing you let your guard down a little bit. I feel like everybody’s got this guard up all the time ... but when you’re laughing your brain’s not so focused on trying to protect yourself and everybody else. Comedy heals. It’s got a healing factor.”

“It’s a lot easier for people to accept what’s going on with them when they hear that somebody else is going through it too,” he continued. “Me personally, I feel like I’ve gained more self-awareness out of the couple of days doing this than I did with four or five

or six months of therapy.”

During the show, Bonar shared 80% of comedians struggle with depression, making them the perfect people to discuss the topic. Hunt shared comedy has allowed her to express herself and talk about things that have happened in her life.

“Comedy was a way for me to tell my side of the story without anybody saying, ‘No,’” Hunt said. “Comedy became a way for me to let it out. It was very therapeutic to tell my side of the story. You constantly try to find a good voice to tell something very painful, but people can laugh about it, and comedy became a really good cushion to feel comfortable in talking about my situation.”

Knowles echoed Hunt’s sentiments.

“Comedy and laughter are important,” he

said. “It’s not the only tool that I have, but it’s my favorite tool. I’ve used it my whole life to get through everything. It’s my defense mechanism, coping mechanism. It’s always just — lets get everybody laughing.”

Rosa Gonzalez, program assistant with Fort Cavazos Child and Youth Services, said she most enjoyed the comedians being vulnerable and open with their experiences while their humor-forward approach was relatable.

“In the military we all joke around ... and deep down we really are depressed,” she said. “I think because we joke about it with people that we trust and care about and relate to, that’s why we’re able to push forward.”

Bonar hopes everyone who attended learned how to talk about depression.

“Depression has one degree of separation,” he said. “If you don’t suffer, then someone you know does.”

“I’ve had people say, ‘You’ve changed my life today,’” he added, adding past audience members have shared they are able to communicate/understand a family member or a friend better after the comedy show. “That’s what I want people to take away is that they called somebody. Or they learned how to talk to their spouse ... girlfriend, boyfriend, son, daughter or themselves.”

For more on 1 Degree of Separation, visit <https://www.1degreeofseparation.life/>.

For more information on the Fort Cavazos Suicide Prevention Program, visit <https://home.army.mil/cavazos/units-tenants/Garrison-1/suicide-prevention>.



Photo by Blair Dupre, Sentinel News Editor

Comedians Erik Knowles, left, Michael Sanchez, Kiesha Hunt and Brad Bonar Jr. share a candid discussion about their experience with depression and suicide with the audience during the 1 Degree of Separation Comedy Show Sept. 12 at the People First Center at Fort Cavazos.

New dog park welcomes pet lovers



Photos by Janecze Wright, Sentinel Living Editor

New Resident Advisory Board or RAB, President Lela Billiter cuts the ribbon to officially open the new Heritage Heights Dog Park as Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, Cavalry Family Housing representatives and RAB members look on Friday at Fort Cavazos.

BY JANECZE WRIGHT
Sentinel Living Editor

Dog lovers at The Great Place rejoiced as Cavalry Family Housing and its parent company Lendlease officially opened a state-of-the-art dog park Friday in the Heritage Heights subdivision at Fort Cavazos.

The new facility comes complete with self-cleaning astro turf, separate sections for small and large dogs and animal-friendly obstacle courses.

Representatives of Cavalry Family Housing; Lendlease; Resident Advisory Board, or RAB, members; Fort Cavazos leadership; and neighborhood dog-lovers listened as Chris Albus, Cavalry Family Housing project manager, delivered a hearty greeting.

“I want to welcome the residents that have come out, especially the furry residents,” he said. “We’re very happy to have dogs. In my opinion, pets make the community better, so it’s great to be able to cut the ribbon this morning on this dog park.”

Albus recognized Lendlease workers and their efforts in completing the park.

“The Lendlease folks have done great work, and I’m very proud of them,” he expressed. “They’re the ones that started this project back in April of 2021, so this is a

very exciting time.”

Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, echoed Albus’ sentiments, and thanked residents and their four-legged companions for attending.

“It is indeed an honor to be a part of this today,” she said. “And I just want to say thank you to everyone who made this come to fruition. Thank you all for what you do, not only today, but on a daily basis. We greatly appreciate it.”

Albus added in addition to the new dog park, his team has completed 3,000 roofs, over 750 renovations in Comanche I and II, paved roads in three communities, painted nearly 1,000 homes in different communities and completed 176 new homes in Heritage Heights. New backyard fences are also slated for installation in October.

Incoming RAB president Lela Billiter watched as her husband, Staff Sgt. John Billiter, 6th Squadron, 9th U.S. Cavalry, 3rd Armored Brigade Combat Team, 1st Cavalry Division, and their goldendoodle, Molly, tried the new amenities. She conveyed her appreciation for her new role and the honor of cutting the ribbon opening the new facility.

“I love being an advocate and resource for families both new to the area and those that have lived here for years,” Lela said. “I

look forward to building bonds within the community here at The Great Place.

“Having both dogs and children myself, I understand the importance of being able to be outdoors and enjoy the time with my family,” she continued. “I know these parks will bring great joy to the families at Fort Cavazos.”

After the ceremony, dog parents and their pets took to the turf to socialize and enjoy some frolic and fun.

The new establishment stands as a testament to the standard of living the post is proud to provide Soldiers and their families, Stokes conveyed.

“It’s all about improving the quality of life here at The Great Place, and also taking care of families of Soldiers and civilians,” she said.

The dog park is open from sunrise to sunset, every day.

Residents are responsible for cleaning up after their pets and adhering to Army and housing guidelines and rules regarding conduct and respect for other residents

and common property.

For more information about the dog park and other housing amenities, visit <https://www.cavalryfh.com>.

For information about the RAB and how to join, visit <https://www.cavalryfh.com/rab>.



Staff Sgt. John Billiter, 6th Squadron 9th U.S. Cavalry, 3rd Armored Brigade Combat Team, 1st Cavalry Division, and his goldendoodle, Molly, trot across the turf Friday at the new Heritage Heights Dog Park at Fort Cavazos.

FOLLOW FORT CAVAZOS ON SOCIAL MEDIA



FIND US HERE:

@FortCavazosArmy

@FortCavazosArmy

@FortCavazosArmy

@FortCavazosArmy

home.army.mil/cavazos



Classifieds



For Classified display advertising, call **254-634-6666**
www.CavazosSentinel.com

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on color, race, religion, or national origin, or an intention to make such preference, limitation or discrimination. The Cavazos Sentinel will not knowingly accept any advertisement for real estate which is a violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Quitting smoking was hard.
Screening for lung cancer is easy.

If you smoked, you may still be at risk, but early detection could save your life.
Get **SavedByTheScan.org**

American Lung Association

BE ALL YOU CAN BE.

Notice of Public Sale
Lockerfox.com

In accordance with the Texas property code, Chapter 59, RightSpace Storage - Killeen 2, 4601 E Rancier Ave, Killeen, TX, 76543, will conduct a public auction to satisfy a landlord's lien. Units will be sold to the highest bidder online at Lockerfox.com. A \$100 credit card clean up deposit is required. Seller reserves the right to withdraw any unit or not accept any bid at time of sale. Sale will be held online at Lockerfox.com starting on or before **Wednesday October 02, 2024 at 10:00 am** and bidding will close on or after **Wednesday October 09, 2024 at 10:00 am**. General description of content: general household/personal goods/other contents. Names of tenants as they appear on the lease: **Eric Gray, Abdelkebir (Abe) Kardoudi, Paul Johnson, Amber Coleman, Davida Varner, Hiley Hale, Pamela Kyles, Shorline Mccoy, Marlon Riley, Ashley Yates, Willette Freeman, Paul Peters, Karla Kirkpatrick, Michelle Brewer, Xavier Wallace.** Tenants may redeem their goods for full payment with a money order or cashier's check only up to time of auction. Call RightSpace Storage - Killeen at (254) 699-5464.

Published September 19, 2024 and September 26, 2024

Public Storage Notice
Lockerfox.com

In accordance with the Texas property code, Chapter 59, RightSpace Storage - Killeen 2, 4601 E Rancier Ave, Killeen, TX, 76543, will conduct a public auction to satisfy a landlord's lien. Units will be sold to the highest bidder online at Lockerfox.com. A \$100 credit card clean up deposit is required. Seller reserves the right to withdraw any unit or not accept any bid at time of sale. Sale will be held online at Lockerfox.com starting on or before **Wednesday October 02, 2024 at 10:00 am** and bidding will close on or after **Wednesday October 09, 2024 at 10:00 am**. General description of contents: general household/personal goods/other contents. Names of tenants as they appear on the lease:

Krystal Williams, Heather Turner, Jordan Cina, Avis Carter.

Tenants may redeem their goods for full payment with a money order or cashier's check only up to time of auction. Call RightSpace Storage - Killeen 2 at (254) 833-5040

Publishing dates:
September 19, 2024 & September 26, 2024

LAST WEEK'S CROSSWORD ANSWERS

AUTOMOTIVE

FOR SALE: 6x10 hauling trailer for sale \$650 used to haul goats but can be used to haul other stuff or animals. Please ONLY call. Available almost any time. Located between Copperas Cove and Gatesville. (284) 216-8022.

FOR SALE: 2015 Harley Davidson 500, 3500 miles, great starter or town cruiser. Passed inspection, registered, clear Texas title. \$3200 OBO. Must sell, no room in garage. Senior owner. Call/text for pics. Runs great, several new parts. CALL 813.512.07398

FOR SALE: 1929 Ford roadster hot rod new motor/transmission radiator

MISCELLANEOUS

FOR SALE: Collectibles: sports cards, albums, toys, pottery, racing magazines. Miscellaneous: tools, weights equipment. More collectibles: Elvis, Princess Diana, Beanie Babies, and Star Wars. Please TEXT 254.479.8471.

FOR SALE: 2011 Bison 3 Horse Slant Trailer: This all-aluminum, warmblood model features a 77" interior height for extra tall horses. It includes a large, carpeted dressing

room with ample storage and 11 bridle hooks. The horse compartment has drop-down windows with aluminum bars, bus windows, and 3 roof vents. The rear tack room offers a 3-tier saddle rack, 4 bridle hooks, and can be collapsed to haul an ATV or golf cart. Additional features include interior and exterior load lights, a waterproof hay pod, 16" tires, and aluminum wheels. Recently polished and detailed, this 15' long, 3400 lb trailer can be easily towed by a half-ton or SUV. (561) 938-4618

FOR SALE: Mr. Coffee Keurig coffee pot with turntable Keurig cup holder that holds 35 K-cups, like new. \$15 ** Set of Four Martha Stewart mixing bowls, like new. \$5 ** WestBend Slow Cooker, good condition. \$5 ** Martha Stewart enamel coated cast iron large dutch oven, never used. \$20 ** Cuisinart large food processor with all attachments, good condition \$15 ** Professional grade mandolin, new \$10 ** Call (254)-251-8627

FOR SALE: Queen size Firm Sealy mattress like new \$300.00 OBO, Call 956-566-0966

FOR SALE: Once Fired Brass 40 s&w, 357 sig, 30-08, 30-06, also for sale 1oz 999

pure gold coin will sell at \$100.00 undercurrent spot price. Call 512-540-6179.

FOR SALE: 2 AKC Registered Male & Female Yorkie puppies FREE to a good home. If interested, contact danamorgan189@gmail.com

EMPLOYMENT

WANTED: Senior Lady in Need of an honest, dependable person to take care of a small yard. Must have your own equipment & lawn mower w/ a bag. \$45.00 every other week. (254) 213-1830.

WANTED: Senior Lady in Need of honest, mature, dependable, responsible person to help with light household cleaning, Covid Tested 2x a month @ \$50.00 each visit. (254) 213-1830.

REALESTATE

FOR RENT: Available now, Single family home -conversion garage which is perfect for a family room. Included: washer and dryer hook up shed in the backyard. Lot size is 0.28 acres. Location is in nice quiet neighborhood, family friendly area with a park in walking distance. 2004 Phyllis dr copperas cove. 1700sqf. Deposit: \$1300 Rent:1300 (254)-289-0873-call.

SPORTS SLEUTH • WHERE WE EXERCISE

BY Q N K B I K F D A S X V T
Q O O M J E H N F C A D Y W U
R G Y M N A S I U M S L S P N
L A J H F C D R B B Z E I P X
V S T S R H Y Q U O P I D M M
K T L I H A K L O O P F E A H
F U D I W T C B L Z C Y W C W
V D T R A R A S Q O N F A T L
K I O I H R R P F D C A L O Z
X O W V U S T R U O C S K O R
D Q O N M K J I H F E D S B G

Unlisted clue: RINK

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.
Thursday's unlisted clue hint: ICE SKATING —

| | | | |
|-----------|-------------|-----------|-------------|
| Beach | Doorway | Paths | Track |
| Boot camp | Fields | Pool | Trails |
| Clubs | Golf course | Sidewalks | Yoga studio |
| Courts | Gymnasium | Slopes | |

©2024 King Features, Inc.

JUMBLE THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

RUBOR
OTBUA
GUOHFT
GYONEX

©2024 Tribune Content Agency, LLC
All Rights Reserved.

Answer here:

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

Boy, did we celebrate after I kicked the game-winning field goal in the Super Bowl!

THE NFL KICKER NOT ONLY MADE LOTS OF MONEY DURING HIS CAREER, BUT HE HAD ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Jumbles: BURRO ABOUT FOUGHT OXYGEN
Answer: The NFL kicker not only made lots of money during his career, but he had — FUN TO BOOT

FREE Classified ads
to Fort Cavazos personnel and retirees

Fort Cavazos Sentinel **Classifieds**
ADVERTISING FORM

LIMIT: Three ads per person per week. Each ad will only run once.
DUTY/WORK phone number will not be printed in advertisement.
DEADLINE: Mondays at 5 P.M. before publication date.
If you are retired military or retired DA civilian, include current employer and work phone number on the application.
For more information, call **254-634-6666**.

The following advertising classification or categories **DO NOT QUALIFY AS FREE CLASSIFIED ADS:** residential or commercial real estate listed for sale or lease with a broker or agent; self-employment, such as childcare providers, food, jewelry, personal services, and messages; commercial business or money making ventures that are not personal property; group, organization, unit, or division garage sales, other than "Village-Wide" garage sales.

We DO NOT ACCEPT the following advertising classification or categories: gambling, alcohol ads that promote over indulgence; gentleman clubs; pawn shops, who do not fully disclose their terms; payday lending companies; tobacco ads of any kind; political ads; ads considered offensive or inappropriate for readers.

SCAN HERE

PREMIER CROSSWORD/ By Frank A. Longo

ACROSS

1 Sleep out in a tent
7 Nutrition std.
10 Fishing throw
14 Alpaca's kin
19 "Moonlight" actress Harris
20 Suffix of element names
21 Analogy words
22 Ancient Athens or Sparta, e.g.
23 Construction vehicles with tilting beds
25 Chooses a finger over a pacifier
27 Before, in verse
28 "The Raven" writer
29 German art songs
30 Qatari capital
31 1920s-'30s American mobster
36 Young lady
38 "Bali" —
39 Slugger Gehrig
40 Plant swelling
42 How food is often fried
44 Title dragon of a '70s kids' show
50 Silly sorts

53 French suffix with jardin
54 Neighbor of Venus
56 Fish-tailed males of myth
57 Hi-tech "apt. book"
58 Radical type
60 1040 org.
62 Suffix with ball or bass
63 Roman 901
66 Northern French river
68 Roofing piece
70 Essential (to)
72 Stiff-bristled bath item
74 Dazed from a heavy blow
76 Incentive
77 GI no-shows
79 Small needle cases
80 Suffix with Canton
81 Turkey Day vegetable
82 GI R&R center
83 Racecar fuel
85 Articulate
87 River crafts
89 "Cool beans!"
91 Get weary
92 No-bake pie base
96 Some heirs' cash sources
99 Concerning kidneys

100 Brooklyn art institute
102 Granola bit
103 Big bush bird
104 Apiece
107 Brand of popcorn with peanuts
114 Part of UTEP
116 Deep and hoarse, as a voice
118 — de toilette
119 Hugs, in a love letter
120 "Painful to face the reality!"
122 Speechless from shock
126 Very mad
127 Actor Liu of "Shang-Chi and the Legend of the Ten Rings"

128 Mined matter
129 Séance state
130 Stocking fiber
131 Padlock part
132 Oozy gunk
133 Alternatives to Cokes

DOWN

1 Stopped
2 Pacific island republic
3 Sky streaker
4 Band blaster
5 Sch. in Cambridge
6 According to

7 Big name in photocopyers
8 Blue Devils' sch.
9 Mornings, in brief
10 Inhabitant
11 Tennis great
12 Seven-card poker variety, e.g.
13 Marisa of film
14 Vinyl albums, in brief
15 Booming
16 Liquor
17 Russia's Gorbachev
18 Tears into
24 Scannable ID in a market
26 "It's cold!"
29 U.K. "Inc."
32 Sleuth's aid
33 Great athletes get elected to it: Abbr.
34 54-Across orbits it
35 Headed out
37 Compared with
41 Daisy relatives, for short
43 Mother Teresa, e.g.
44 Place for a fanny pack
45 Censors, as part of a text

46 With 122-Down, rodent with a bark-like cry
47 Ready
48 Ankle bone
49 Eurasian mountains
51 Horse to bust
52 Suffocate
55 Homer, e.g.
58 Not for sale
59 Matt of "Friends"
61 Taken-back auto, for one
63 Village People album with the song "Y.M.C.A."
64 Kind of roof with four sloping sides
65 Sort
67 Addition total
69 "Eureka!" moments
70 As originally placed
71 Minions' leader in "Despicable Me"
72 Fresno-to-L.A. dir.
73 Gossipy tidbit
75 Pertaining to an arm bone
78 Got the gold
82 Gorbachev's fed.
84 How — (DIY manuals)
87 Nashville awards org.
88 Great elation
90 Rebuke to "Brute"
91 Ballet attire
92 Entered stealthily
93 Wed again
94 Anomalous
95 Affixes to a corkboard, e.g.
97 Cargo weight
98 Relatives, informally
101 Test out
106 Frau's "Alas!"
106 Pulverize
108 Prefix with biology
109 Tiny role
110 Wheel middle
111 Verbs' counterparts
112 Spherical bacteria
113 Improves superficially, with "up"
115 Filmmaker Preminger
117 24/7 sources of \$20 bills
121 Cackling bird
122 See 46-Down
123 Inits. at Indy
124 Half of sei
125 Jay-Z's genre

#2,212 Average time of solution: 67 minutes

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

References: 1. Arm is raised. 2. Stripes on shirt are different. 3. Bush is added. 4. Bench seat is thicker. 5. Window is different. 6. Pocket is added. 7. Boy's jacket.

SLYLOCK FOX

Count Weirdly dropped Max Mouse and four slightly flawed robot decoys from his jet. There is only enough time to catch one mouse. How does Slylock Fox know at a glance which mouse is the real Max Mouse?

sidekick and buddy saves his loyal quick identifiers and three fingers. Slylock decoys have only Count Weirdly's has four fingers. While the real Max Mouse

HOW TO DRAW a horse

NOT JUST ANY HORSE! I'D SAY I'M RATHER HANDSOME!

YOUR DRAWING
Today's terrific artist is Ajmat, age 15

Submit your drawing to www.slylockfox.com

Which one of these animals cannot stick its tongue out?

a) Bear
b) Gorilla
c) Crocodile
d) Parrot
e) Anteater

Answer: (c)

Spot six differences between these panels.

Answer — Antler, cloud, puddle, door handle, raindrop and tree.

Have fun solving a new comic puzzle every day at www.slylockfox.com

GARLYN 50TH SHELTON



Now Only
2022 RAM 1500 CLASSIC
TRADESMAN 4X4 QUAD CAB 6'4" BOX **\$30,999**

FINAL DAYS of
SUMMER
SALES EVENT



Now Only
2022 FORD F-150 XL 4WD
SUPERCREW 5.5' BOX **\$32,895**

ALL ELIGIBLE VEHICLES COME WITH



LIFETIME POWERTRAIN PROTECTION

PLUS MUCH MUCH MORE
AT NO CHARGE TO YOU!



Advantage Benefits Include:

Loaner Vehicle, Shuttle Service,
Lifetime Multi-Point and Safety Check,
Roadside Service, Car Wash and Much, Much More

DOWNLOAD OUR APP:

- Schedule Service
- Search Inventory
- Track History
- View Rewards & More
- iOS & Android



2014 KIA
SOUL SDR WAGON
STK#55249A
Sale Price **\$11,995**



2016 FORD
ESCAPE FWD 4DR TITANIUM
STK#31381A
Sale Price **\$13,178**



2015 KIA
SPORTAGE 2WD 4DR LX
STK#61278A
Sale Price **\$13,500**



2014 TOYOTA
CAMRY 4DR SDN 14 AUTO LE
STK#31187A
Sale Price **\$13,916**



2010 NISSAN
MAXIMA 4DR V6 CVT 3.5 S
STK#54560A
Sale Price **\$13,995**



2011 FORD
F-150 SUPERCREW XLT
STK#54752B
Sale Price **\$15,995**



2020 HYUNDAI
ACCENT SE SEDAN IVT
STK#54156A
Sale Price **\$16,995**



2020 HYUNDAI
ELANTRA VALUE EDITION IVT
STK#61084A
Sale Price **\$16,999**



2021 FORD
ECOSPORT SE FWD
STK#55095B
Sale Price **\$16,999**



2013 JEEP WRANGLER
UNLIMITED 4WD 4DR SAHARA
STK#C20022
Sale Price **\$17,500**



2015 NISSAN
MURANO FWD 4DR PLATINUM
STK#C50010
Sale Price **\$17,995**



2016 CHEVROLET COLORADO
CREW CAB 2-WD LT
STK#55242A
Sale Price **\$18,995**



2020 MAZDA3
HATCHBACK PREFERRED PKG
STK#31377A
Sale Price **\$18,999**



2017 LEXUS
NX TURBO FWD
STK#C20020
Sale Price **\$19,999**



2020 RAM 1500 CLASSIC
TRADESMAN 4X2 QUAD CAB
STK#31526A
Sale Price **\$20,181**



2019 FORD
EXPLORER LIMITED FWD
STK#70283A
Sale Price **\$20,195**



2017 SUBARU
OUTBACK 3.6R LIMITED
STK#70314B
Sale Price **\$20,895**



2020 FORD
FUSION SE FWD
STK#Z20092
Sale Price **\$20,999**



2022 CHRYSLER
VOYAGER LX FWD
STK#P20030
Sale Price **\$21,500**



CERTIFIED 2022 VOLKSWAGEN
TAOS SE FWD
STK#61333A
Sale Price **\$21,895**



2018 NISSAN
FRONTIER KING CAB 4X2 SV
STK#55064A
Sale Price **\$21,995**



2017 INFINITI
QX80 AWD
STK#42266A
Sale Price **\$21,999**



2019 VOLVO
XC40 T5 AWD MOMENTUM
STK#70303A
Sale Price **\$22,195**



2019 VOLVO XC60
T5 FWD MOMENTUM
STK#61332A
Sale Price **\$22,599**



2024 VOLKSWAGEN
JETTA SPORT MANUAL
STK#61276A
Sale Price **\$22,769**



2018 MERCEDES-BENZ
GLE 350 SUV
STK#42794B
Sale Price **\$22,999**



2022 CHEVROLET
TRAILBLAZER FWD 4DR LT
STK#31330B
Sale Price **\$23,499**



2020 CHEVROLET
MALIBU LS
STK#Z20117
Sale Price **\$23,500**



2024 NISSAN
SENTRA SR CVT
STK#61282A
Sale Price **\$23,995**



2014 TOYOTA TUNDRA
2WD DBL CAB 5.7L V8
STK#12822B
Sale Price **\$23,995**



2021 NISSAN
KICKS SR FWD
STK#312124
Sale Price **\$24,999**



2018 FORD
EXPEDITION XLT 4X2
STK#61342A
Sale Price **\$24,999**



2022 NISSAN
ALTIMA 2.5 SV SEDAN
STK#Z20127
Sale Price **\$24,999**



2019 BMW
540I XDRIVE SEDAN
STK#31413A
Sale Price **\$25,499**



2021 SUBARU
CROSSTREK SPORT CVT
STK#Z20079
Sale Price **\$25,999**



2022 MAZDA CX-5
2.5 S PREMIUM PLUS AWD
STK#31522A
Sale Price **\$25,999**



2015 JEEP WRANGLER
UNLIMITED 4WD 4DR SAHARA
STK#70304B
Sale Price **\$25,999**



2022 JEEP
CHEROKEE LIMITED 4X4
STK#31261A
Sale Price **\$26,399**



2022 VOLKSWAGEN
PASSAT 2.0T LTD EDITION
STK#C20021
Sale Price **\$26,999**



2021 VOLKSWAGEN ATLAS
3.6L V6 SEL FWD LTD AVAIL
STK#13102A
Sale Price **\$27,999**



2022 DODGE
DURANGO GT PLUS AWD
STK#P60185
Sale Price **\$28,396**



2023 TOYOTA
TACOMA 2WD SR5 14 AT
STK#P60194
Sale Price **\$28,495**



2022 SUBARU
OUTBACK TOURING CVT
STK#31189B
Sale Price **\$29,499**



2022 CHEVROLET
BLAZER FWD 4DR LT W/1LT
STK#Z20121
Sale Price **\$29,999**



2022 MITSUBISHI
OUTLANDER SEL FWD
STK#Z20128
Sale Price **\$31,999**



2023 MAZDA MX-5 MIATA
RF GRAND TOURING MANUAL
STK#Z20112
Sale Price **\$32,999**



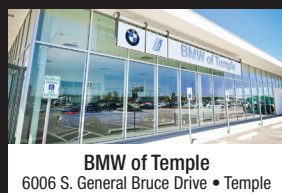
2023 DODGE
CHARGER SXT RWD
STK#Z20112
Sale Price **\$32,999**



2022 FORD RANGER
XLT 4WD SUPERCREW 5' BOX
STK#Z20096
Sale Price **\$33,999**



2023 AUDI Q5 S LINE
PREMIUM+ TFSI QUATTRO
STK#P20028
Sale Price **\$37,999**



BMW of Temple
6006 S. General Bruce Drive • Temple



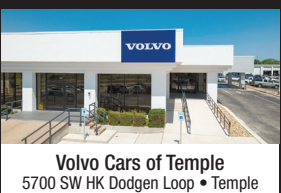
Garlyn Shelton Cadillac Buick GMC
5625 S. General Bruce Drive • Temple



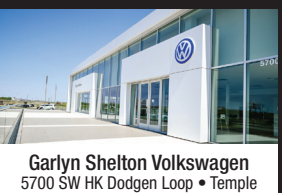
Garlyn Shelton Mazda
5420 Midway Drive • Temple



Garlyn Shelton Nissan
5620 S. General Bruce Drive • Temple



Volvo Cars of Temple
5700 SW HK Dodgen Loop • Temple



Garlyn Shelton Volkswagen
5700 SW HK Dodgen Loop • Temple



Garlyn Shelton Signature Pre-Owned
5508 S. General Bruce Drive • Temple

GARLYN 50TH SHELTON



254-771-0128

GarlynShelton.com



ALL PRICES PLUS TT&L. TT&L DUE AT SIGNING. VEHICLES SUBJECT TO PRIOR SALE. SEE DEALER FOR DETAIL. † EXCLUSIONS MAY APPLY. SEE DEALER FOR COMPLETE DETAILS.