

Pentagon reports 10K North Korean troops in Kursk Oblast A7

The Great Place celebrates Halloween



Soldier reflects on service, Veterans Day as fourth-generation service member

BY SGT. ALEXANDER CHATOFF 89th MP Bde. Public Affairs

As Veterans Day approaches, stories of bravery, honor and sacrifice come to mind, reminding people of the legacy carried by the nation's service members.

Within the ranks of the 89th Military Police Brigade, one Soldier's journey stands out. Sgt. Justin McBride from the 410th Military Police Company, 720th Military Police Battalion, 89th MP Bde., a fourth-generation service member, embodies a deep family tradition of military dedication. This legacy, passed down from great-grandfather to grandfather, then to father and son, reflects a steadfast commitment to serve. McBride's story honors not only his family's lineage, but also the enduring values shared by generations of veterans who have chosen to serve and safeguard freedom.

McBride's lineage of service stretches back nearly a century, beginning with his great-grandfather,

See Veterans Day, A6



Photo by Sgt. Alexander Chatoff, 89th MP Bde. Public Affairs

Joseph Trevino, 7, picks a candy from a bowl during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos.

See Halloween, B5



Photo courtesy of Sgt. Justin McBride

Sgt. Justin McBride, left, 410th Military Police Company, 720th Military Police Battalion, 89th Military Police Brigade, and his father, Lt. Col. Kevin McBride, 3rd Battalion, 485th Infantry Regiment commander, pose together at the conclusion of Justin's promotion ceremony Aug. 6 at Fort Cavazos.

'Chosen' Company feels no fear

BY 1ST LT. RUSSELL SHIRLEY-JONES

III Armored Corps Public Affairs

3rd Platoon from "Chosen" Company, 1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, conducted their culminating platoon livefire event Oct. 25, maneuvering and engaging targets with the Bradley infantry fighting vehicle and dismounted infantry at Fort Cavazos.

Cooperation training with the Bradley and the infantry sets the foundation of maintaining the Army's lethal fighting force. The M2 Bradley infantry fighting vehicle is the steed which Chosen Company rides on in the battlefield to engage targets and transport their infantry.

Chosen Company's commander, Cpt. Matthew Lancaster, emphasized the importance of this training.

"The biggest thing that we're training here is the coordination and the confidence for each of the Soldiers to understand that while they are moving and able to engage the enemy," Lancaster said, "Soldiers have adjacent units and peers that are next to them that are supporting each other."

Starting from the individual Soldier, the platoon spent many days in the field sharpening their skills.

"We focused on infantry-centric training, fire and maneuver," said Sgt. 1st Class William Anderson, 3rd Platoon sergeant, Chosen Company. "Then we did squad-situational training exercises and live-fire exercises incorporating the Bradley vehicles. After completing crew gunnery and all qualifications were complete, we did platoon-situational training exercises, and today was the culminating event of our certification as a platoon."

Cpl. Pasqual Contreras, jump gunner, 1st Squad, 3rd Platoon, Chosen Company, recognized the importance of the foundations he learned throughout this training.

"The battle drills are there for a reason," Contreras



Photo by Sgt. Asher Atkinson, III Armored Corps Public Affairs

Staff Sgt. Michael Urbano, 1st Squad leader, 3rd Platoon, "Chosen" Company, 1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, guides his Soldiers to the exfiltration rally point outside of an assaulted bunker Oct. 25 at Fort Cavazos.

See No fear, A6

Spouses' Club hosts 43rd annual fundraiser Holiday Bazaar

The Fort Cavazos Spouses' Club will hold its 43rd annual Holiday Bazaar Saturday-Sunday. It will be open 9 a.m.-6 p.m. Nov. 9 and 10 a.m.-4 p.m. Nov. 10 at the Killeen Civic and Conference Center at Killeen, Texas. The event features 100 local and regional vendors and food trucks, pictures with Santa Claus, over 50 raffle prizes and a coffee and cocoa cart. People can donate new and unused winter hats, gloves, scarves, socks and underwear to receive 5 extra raffle tickets. Tickets are \$10 and can be purchased at the door or online. Children 16 and under are free. For advance tickets or more information, visit fortcavazosspousesclub.org.

DFMWR hosts Nature in Lights

Fort Cavazos Directorate of Family and Morale, Welfare and Recreation will host Nature in Lights Nov. 15 through Dec. 31 at Belton Lake Outdoor Recreation Area. It will be open 5:30-11 p.m. and costs \$20 for a car, minivan or pickup truck; \$35 for limousine, 15-passenger vans or recreational vehicles, aka RVs; \$55 for a 24-passenger van; and \$80 for a 47-plus-passenger van or larger bus. People can also visit Santa's Village at Live Oak Pavilion, Santa's Depot near the marina and pony rides at BLORA Ranch, all 5:30-11 p.m. Nov. 28-Dec. 8 and Dec. 15-24. Santa's Depot costs \$5 for adults, \$3 for children 11 and under and is free for lap children. The pony ride cost \$5. For more information, visit cavazos. *armymwr.com/view-event/nature-*

NEWS BRIEFS

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Blood center closes

The Robertson Blood Center -ASBP will temporarily close for three weeks starting Nov. 14 through Dec. 6 due to renovations. The center will be moving across the street during the renovations. For more information, call 254-285-5808.

Program offers veterans free transportation through HOP

The Central Texas Vet-Ride Program offers veterans, their spouses and dependents free transportation through The HOP for uses including medical appointments, government offices, grocery stores, school and shopping. For more information on how to obtain a free monthly pass, visit ctadvrc.org/programs/veterans/ central-texas-vet-ride-program.

DFMWR facilities close

The Recreation Equipment Checkout and Sportsman's Center Snack Bar and Pro Shop permanently close Nov. 15.

2nd ABCT lauds Soldiers who came before

MAJ. GREGORY J. FORD

1st Cav. Div. HSMC OIC

On Veterans Day, the 2nd Armored Brigade Combat Team, 1st Cavalry Division, known as the "Black Jack Brigade," pauses to reflect on the vital role of military service in our nation's history. Today, we celebrate and honor everyone who has served.

Brave men and women have answered the call to serve throughout history. From the American Revolution to current missions around the world, their courage and sacrifices are the foundation of our nation's defense and the freedoms we enjoy.

The Black Jack Brigade has a rich tradition of military service, tracing back to the 2nd Armored Division, which played a crucial role in World War II. The bravery of those who served the nation inspires our Soldiers today.

As we pay tribute this Veterans Day, we feel deep gratitude and respect. We honor those who bravely faced battles, flew in challenging skies, sailed across oceans and stood watch on distant shores. Veterans make a positive impact on their nation and bring to it valuable skills and experiences.

From Gettysburg to Normandy and Vietnam to Kuwait, veterans have made sacrifices that help create a better future. Their courage defines what it means to be an American Soldier.

Veterans know the benefits of military service and can help connect others to these opportunities. If you are a veteran, please share your positive experiences this Veterans Day.

Congress established Armistice Day as a national holiday

in 1938. In 1954, it became Veterans Day. While Memorial Day honors those who died in service,

Gregory J. Ford

Veterans Day recognizes everyone who has served.

As we unite today, let's honor

those we have lost and those who continue to serve. Let's commit to supporting the brave individuals who have carried the burdens of war.

The Black Jack Brigade is ready to continue the proud legacy of service and sacrifice our veterans have built. To all who

have served, thank you for keeping our country safe and being part of the best Army in the world.



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BY SGT. KYLE YODER

III Armored Corps Public Affairs

Maintaining and improving a motor pool in the Army is no easy task. Being a noncommissioned officer who leads Soldiers to repair vehicles, order all sorts of new equipment, turn in old equipment and handle a multitude of tasks that can come up every day is a challenging job. For a Soldier like Sgt. Ryan S. Hensley, a 91C,

or a utilities equipment repairer, Headquarters Support Company, Headquarters and Headquarters Battalion, III Armored Corps, it is a challenge he excels at.

Hensley was awarded the Army Commendation Medal by Lt. Gen. Kevin D. Admiral, commanding general of Fort Cavazos and III Armored Corps, Friday at III Armored Corps headquarters for his displays of leadership and excellence in his duty.

"Sergeant Hensley directly turned in eight trailers that were delinquent and sitting in our motor pool for over 10 years" said Capt. Robert Anderson, III Armored Corps HSC commander. "He never requires any left and rights from me. I give him a task, and he always executes, which is why Sergeant Hensley was nominated for this award."

These trailers were old deployable rapid assembly shelters, or DRASHs, temperature-controlled tents that can be used by military personnel for any environment. To properly turn in these large pieces of decommissioned equipment, Hensley had a lot of detailed work to do on top of the daily tasks that go on in a motor pool.

"They had to be perfectly cleaned, drained of all of their hazardous materials," Hensley said. "All of the paperwork had to be prepared with all of this specific information, and at one point the DRASH manufacturer had to be contacted."

Eventually everything required for this task was taken care of, and the hard work paid off. 13th Armored Corps Sustainment Command sent transportation equipment over to the motor pool, and all of the decommissioned DRASH systems were loaded on a trailer and taken away.

"Trust is an earned thing for me, and Sergeant Hensley is someone that I can always rely on," Anderson said. "He is someone that consistently performs and acts well over his pay grade."

Growing up in Lancaster, Pennsylvania, Hensley has a family tradition of military service.

"All of my family has joined the military at some point," he said.

Immediately after high school, Hensley joined the Army and now has six years of service under his belt, serving as the III Armored Corps motor pool sergeant and a platoon sergeant in HSC.

Hensley explains what drives him to succeed in the Army isn't just accomplishing missions and tasks, but maintaining a positive culture with the people he works with as well.

"I want people to come to work and want to work with me every day," Hensley said. "To be in the Army is a privilege. To be a leader in the Army is a privilege. We have to show up every day to earn it."

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Photo by Sgt. Kyle Yoder, III Armored Corps Public Affairs

Sgt. Ryan S. Hensley, Headquarters Support Company, Headquarters and Headquarters Battalion, III Armored Corps, poses for a photo while inspecting vehicles Monday at the III Armored Corps motor pool at Fort Cavazos.

410 MP Co trains for Expert Soldier Badge



TOP, Spc. Madison Long, 410th Military Police Company, 720th Military Police Battalion, 89th Military Police Brigade, readies a tourniquet to apply it on Pfc. Perry Crutchfield, 410th MP Co., 720th MP Bn., 89th MP Bde., during an Expert Soldier Badge training event Oct. 28 at Fort Cavazos. ABOVE, Spc. Anne Mendes and Pvt. Samantha Licciardi, 410th MP Co., 720th MP Bn., 89th MP Bde., apply an elastic bandage to Pvt. Hunter Hensley, 410th MP Co., 720th MP Bn., 89th MP Bde., during an Expert Soldier Badge training event Oct. 28 at Fort Cavazos.



Pvt. Amber Ice, 410th Military Police Company, 720th Military Police Battalion, 89th Military Police Brigade, attempts to fireman carry Pfc. Morgan Maddams, 410th MP Co., 720th MP Bn., 89th MP Bde., during an Expert Soldier Badge training event Oct. 28 at Fort Cavazos.





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MAKE OUR NETWORK YOUR NETWORK.

Red Team conducts ambassador training in Poland

BY STAFF SGT. DARRELL STEMBRIDGE

1st Cav. Div. Public Affairs

LOGISTICS SUPPORT AREA EAGLE, Poland — The goal of the Red Team Mid-Level Ambassador Training is to ensure mid-level Army leaders understand the finer details of the Sexual Harassment/Assault Response and Prevention, or SHARP program, and are equipped to disseminate essential knowledge throughout their formations.

During the course, troopers received instruction on Sexual Assault/Sexual Harassment Reporting 101, leadership and mental health, Special Victims' Counsel capabilities, the role of mandated reporters, revictimization and impacts of leadership.

Sgt. 1st Class James Varner, 1st Cavalry Division Artillery sexual assault response coordinator, or SARC, and Staff Sgt. Jennifer Torres, DIVARTY victim advocate, or VA, led the training with a mission to ensure troopers receive education and resources to initiate a chain of information throughout the brigade and the Army.

"I am extremely proud of this program and how far it has come," Varner said. "This is a program I wholeheartedly believe in."

Both Varner and Torres are passionate about their work and have been recognized for their contributions to the SHARP program.

"Coming from other units, I always noticed that most of the VAs and SARCs were men," Torres said. "As a female, I know Soldiers are more comfortable going to another female about something like this, so I decided to put myself out there and volunteer. I love taking care of Soldiers."

The next step for Varner and Torres is to involve more troopers in the SHARP program, a key purpose of the Red Team Mid-Level Ambassador Training. The Army's mid-level leaders are expected to serve as role models for junior troopers, and to do that they must be well-informed.

"It's about more than just response and victim services," Varner said. "It's about prevention and intervention. All Soldiers have the ability and responsibility to speak up and intervene if

they see something."

The SHARP program has evolved significantly since its inception in 2008. A more recent development is the Catch a Serial Offender, or CATCH program, which allows sexual assault victims who filed restricted reports, certain unrestricted reports or no report at all to anonymously submit information about a suspect. This helps the Department of Defense identify serial offenders.

"The program works if you use it," Torres said. "There have been a lot of updates, but taking the time to talk about it and spread the word will significantly increase its impact."

With the SHARP program continually evolving, it's essential to keep troopers informed and up to date.

"As a leader, I like to run scenarios and have open discussions to get Soldiers to buy into the topic," Varner said. "I cover definitions and available services, but I spend more time letting Soldiers discuss what they believe the SHARP program is."

For more information on the CATCH program, visit sapr. *mil/?q=CATCH*.



Photos by Staff Sgt. Darrell Stembridge, 1st Cav. Div. Public Affairs Soldiers of the 1st Cavalry Division Artillery participate in a Mid-Level Ambassador Training Oct. 31 at Logistics Support Area Eagle, Poland.

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Artillery, conducts a Mid-Level Ambassador Training Oct. 31 at Logistics Support Area Eagle, Poland. The training aims to ensure mid-level Army leaders understand the intricacies of the Sexual Harassment/Assault Response and Prevention program and can disseminate this important knowledge throughout their formations.







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Legacy, duty, honor drive fourth-generation Army service member

Veterans Day: Continued from A1

Henry McBride, serving in World War II. This commitment to serve was then passed down to Justin's grandfather, Michael McBride, who carried forward the torch in serving the United States.

"From my dad's side, my greatgrandfather served during World War II as a 'Seabee' (Sailors in naval construction battalions) doing construction as the Navy's version of an engineer, where he was enlisted for six years," Justin said. "The main conflict he fought in was the Guadalcanal campaign in the Pacific theatre. My grandfather served in the Army during the Vietnam War, where he served in intelligence for four years."

Inspired by his family's lineage, Lt. Col. Kevin McBride, Justin's father, continued the long history of service joining the Army in 1990 as a 11M, or a Bradley Fighting Vehicle infantryman. After his initial tour in the Army, he enlisted in the Louisiana National Guard and rose to the rank of captain as an infantry officer. During his time as an infantry officer in the guard, he was mobilized several times to assist in the evacuation civilians and securing cities and towns before, during, and after hurricane landfalls in Louisiana. Kevin also deployed to Iraq in 2010, where he led an infantry company. Kevin joined the U.S. Army Reserves in 2016, and in August of this year, he took command of the 3rd Battalion, 485th Infantry Regiment, at Fort Moore, Georgia, where he resides now.

"Someone from my family in each generation has stepped up to serve the nation," Kevin said. "I thought it was important for myself that I joined the military to continue that tradition and keep the tradition alive."

Justin's lineage and his father's career may seem intimidating to some, as the pressure of continuing service may be high. However, Justin dismisses this pressure to join.

"My father never explicitly pressured me to join the military," Justin said. "I was very present with my father and his Soldiers during his time as a captain. I remember spending weekends in the motor pool as a young boy looking at so much cool Army equipment and vehicles. Many of his Soldiers showed me the camaraderie and brotherhood that the Army life brings. That family environment inspired me to want to continue the legacy of service that my greatgrandfather began."

Justin enlisted in the Army in 2021 as a 68W, or combat medic. His service profoundly shifted his perspective on veterans, allowing him to see them in a new light through his own commitment to serve.

"To me, Veterans Day is a remembrance of all the generations of warriors that came before me," Justin expressed. "It's a day to remember the people I've served with, along with those my father, grandfather, and great-grandfather served beside."

For many, Veterans Day is a time to reflect on the courage and dedication of those who have served in the military. Kevin shared how this day holds personal significance for him and serves as a powerful reminder of the legacy left by his father and grandfather.

"Veterans Day is a special day for those that served to be recognized for their sacrifice and service to the nation," Kevin said. "Personally, Veterans Day helps keep the memory of my family's service alive and reminds us of the sacrifices made."

With veterans in his family, Justin's appreciation for those who choose to serve runs deep, making it especially important for him to honor them.

"My grandfather's generation were fighting in a politically unpopular war in Vietnam," Justin said. "Many of those Soldiers did not get a 'welcome home,' or 'thank you,' from the general public.

"So, every time that I would see anybody wearing a veteran hat or t-shirt, no matter what era they served in, I always make sure to thank them and tell them I am glad they came home safe," he added.

Justin spends his free time volunteering at the Belton Lake Outdoor Recreational Area at Belton with Warrior Adventure Quest, a

Photo courtesy of Sgt. Justin McBride Chief Petty Officer Henry McBride, great-grandfather of Sgt. Justin McBride, 410th Military Police Company, 720th Military Police Battalion, 89th Military Police Brigade, smiles for a photo during his service in World War II.

Directorate of Family and Morale, Welfare and Recreation program that gives active-duty members, veterans and their families a chance to enjoy Lake Belton and take part in outdoor activities like kayaking, horseback riding and paintball.

"When I volunteer, I usually take veterans out to meet the horses," Justin said. "Once they pick out a horse, we teach everyone how to groom them, how to saddle them and then we take them on a ride on a trail around Lake Belton."

For Justin, serving in the military is more than a job; it's a way to honor his family's legacy of service. He feels a deep sense of responsibility and pride in continuing the tradition of military service in the family.

"I wear my family's name on my uniform," Justin said. "I represent my family name now, and it is important I honor that name and the generations of service members in my family that served before me. It is my turn to build that legacy and carry that torch that was handed down to me when I joined

'Chosen' Company builds confidence with coordination



Photo by Sgt. Asher Atkinson, III Armored Corps Public Affairs

1st Lt. Nicholas Huron, 3rd Platoon leader assigned to "Chosen" Company, 1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, assess the situation before beginning the assault on a bunker Oct. 25 at Fort Cavazos. Huron leads his Soldiers while maintaining the overall picture of the battlefield.

No fear: Continued from A1

said. "So, if we must adjust, we can adjust to whatever they feel is necessary to complete (the mission). Be confident and just become a sponge. Everything you're given, just absorb it, and you'll be fine."

Staff Sgt. Michael Urbano, 1st Squad leader, 3rd Platoon, Chosen Company, gave insight on how to train Soldiers.

"I utilize my knowledge, time and experience within the Army as a reference to ensure the men know every step," Urbano said. "I always place the squad first. I have never asked them to do anything that I wouldn't do."

After weeks of training and preparation, the Soldiers of 3rd Platoon successfully executed their mission. Anderson spoke about how they succeeded as a team. "The key to success was every person in the platoon buying in and being dedicated to the success of the mission," Anderson said.

Contreras bought into the platoon because the Soldiers of his platoon showed they cared about him personally.

"We spend time together on the weekends," Contreras said. "We'll get together at the barrack, all celebrating. They get to know me. And they keep track of that stuff."

Lancaster related the success of his company to his Soldiers overcoming their fears.

"'Feel no fear' is our company motto," Lancaster said. "People are going to be scared. That's okay. You can't let it cripple you and not make decisions. The goal of our company motto is to feel no fear, no matter what's in front of you."



Photo by 1st Lt. Russell Shirley-Jones, III Armored Corps Public Affairs

Spc. Jacob Willis, squad automatic weapon, or SAW, gunner, 3rd Platoon, "Chosen" Company, 1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, lays suppressive fire onto a bunker Oct. 25 at Fort Cavazos. The SAW forms the basis of firepower for the team.

NATION

THE PENTAGON WASHINGTON Photo by Senior Airman Madelyn Keech, OSD Public Affairs

ABOVE, Pentagon Press Secretary Air Force Maj. Gen. Pat Ryder conducts a press briefing Monday at the Pentagon. RIGHT, Secretary of Defense Lloyd J. Austin III delivers remarks at the Diplomatic Academy of Ukraine at the Ministry of Foreign Affairs Oct. 21 in Kyiv, Ukraine.

Pentagon reports 10K North Korean troops in Kursk Oblast

BY JIM GARAMONE

DOD News

WASHINGTON — There are 10,000 North Korean troops in Russia's Kursk Oblast, and the Pentagon press secretary said if they enter combat, they are legitimate targets for Ukrainian soldiers.

Air Force Maj. Gen. Pat Ryder also said officials estimate there are now 11,000 to 12,000 North Korean troops in Russia. "We've seen the press reports about alleged (North Korean) combat ops, and we're looking into those," Ryder told reporters during a news conference. "At this point, we cannot corroborate those reports. But as you heard (Secretary of Defense Lloyd J. Austin III) say last week, should these troops engage in combat support operations against Ukraine, they would become legitimate military targets."

The North Korean troops entered Russia last month, and Russian troops are training those forces in infantry tactics, operating with unmanned aerial vehicles, artillery tactics, trench-clearing and the like, officials said. "All indications are that they will provide some type of combat or combatsupport capability," the general said. "We would fully expect that the Ukrainians would do what they need to do to defend themselves and their personnel."

North Korean troops with Russian uniforms and equipment.

"We'll see exactly how these forces are integrated into Russian operations, and how they're committed to the battlefield, assuming that they are replacements for Russian forces," he said.

Ryder pointed to Austin's remarks last week discussing the large number of casualties Russian forces are suffering. The North Korean forces could be coming in "to replace the massive losses that Russia is experiencing. I think that is probably a fair assessment, and I certainly would not want to be a North Korean soldier there."

Ryder also discussed the The Russians have provided the deployment of additional U.S.



forces to the Central Command region. Austin ordered additional ballistic missile defense destroyers, fighter squadrons, tanker aircraft and several B-52 long-range strike bombers to the area.

The B-52 bombers have already arrived in the region with the other forces expected in the days and weeks to come. "These forces will begin to arrive as the USS Abraham Lincoln Carrier Strike Group prepares to depart," Ryder said. "These deployments are in keeping with our commitments to the protection of U.S. citizens and forces in the Middle East, the defense of Israel and de-escalation through deterrence and diplomacy."

These forces join other U.S. assets such as the terminal high-altitude area missile defense system, which has deployed to Israel, as well as an amphibious ready group, and a Marine expeditionary unit. These forces "demonstrate the flexible nature of U.S. global defense posture and U.S. capability to deploy worldwide on short notice to meet evolving national security threats," Ryder said. "Secretary Austin continues to make clear that should Iran, its partners or its proxies use this moment to target American personnel or interests in the region, the United States will take every measure necessary to defend our people."

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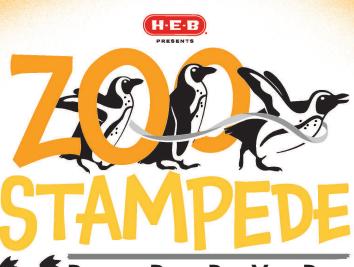
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SECTION B

Giving thanks to moments in sports this year.....B2

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www.CavazosSentinel.com



Giant signs greet diners and passersby and provide a glimpse to the entirely different world hidden in the Rainforest Cafe at Grapevine. Texas.



Dine with adventure at Rainforest Cafe

BY AYUMI DAVIS Sentinel Editor

GRAPEVINE, Texas — I have a wee cousin, Davis Pamplin, who my Aunt Victoria and Aunt Danielle wish to give a variety of fun, enjoyable experiences to in his formative years. One particular weekend, Auntie Vickie decided on the Rainforest Cafe, which for me, was also my first time dining there.

Growing up, I heard all about the Rainforest Cafe and how it was, well, like a rainforest filled with animals. And, as a kid, things like that feel so real and cool and awe-inducing. As an adult, there's skepticism in a gimmick. However, I was shocked at the amount of production that went into the restaurant and thoroughly enjoyed the experience, even feeling a little bit of wonder at the restaurant.

café already painted a pretty cool picture, the dining area was where you are truly in the rainforest. The ambience was darker, the same vines covering the ceiling and tree pillars, but the walls and some pillars had animal animatronics, elephants trumpeting, monkeys howling, gorillas beating their chest grunting and more. The bar was nestled in the underside of a vast mushroom. In the open wall areas, water dripped into a carved path on short walls, simulating rain. And every so often, sounds of thunder and rain would play, lights flashing, and all the animal sounds and movement creating a cacophony.

The Rainforest Cafe has several pillar aquariums throughout with tropical fish for diners to view. They even have an in-house marine biologist and fish hospital to care for its inhabitants.



An animatronic crocodile snaps its jaws at observers at the Rainforest Cafe at Grapevine, Texas. The restaurant has many animal animatronics scattered throughout, from swinging monkeys to trumpeting elephants.

This particular café is located in Grapevine Mills, a shopping mall up by Dallas. If you so choose, there is also one in San Antonio.

One of the first things that greet diners is an animatronic crocodile sitting in water and snapping its jaws at passersby. I was delighted and shocked because I didn't realize the animals in the restaurant were animatronics. It fed immensely well into the atmosphere they were trying to build.

From there, the establishment opened into a store, which you must venture through to get to the dining area. Shirts, cups, toys, stuffed animals and, practically, any merchandise you can think of lined the walls and shelves. The ceiling was densely covered in vines and leaves to the point no actual ceiling was visible, and animatronics animals crawled and slithered by pillars covered to look like trees.

There are also actual fish in pillar aquariums throughout the store and dining area, which are cared for by an in-house marine biologist and fish hospital. Baby Davis was very taken by one of the café's mascots, the tree frog Cha! Cha!, pointing to it and saying "Frog!" every time he spotted one.

Now, while the stores and front of the

It was so fun to look around the restaurant, noting all the different animals, features and details that went into creating the feel of a rainforest. Baby Davis couldn't stop looking around either, his eyes darting around to every animal and back. He walked around with my aunt, as the staff encourage people to walk around and look, referring to your table as a "home base."

Now, the food itself was OK. The portions were large enough that you could probably take some home for another meal. Baby Davis got a delicious ice slushy in a keepsake Cha! Cha! tumbler and something off the kids menu to keep him satisfied.

I got a pastalaya, a jumbalaya-style pasta with onions, tomatoes, sausage, chicken and shrimp; it also came with bell peppers, but I opted out. While I can't speak to how inspired the taste is, the pasta was well-seasoned and savory.

My Aunt Vickie got a Cuban, which she enjoyed, but noted it wasn't anything to shake a stick at. My other aunt, Danielle got a seafood platter, which she sadly said was a miss.

Overall, while the food was average, the restaurant is honestly not about its offerings but the experience. It can make the little kid in adults jump out in awe and make actual little kids feel like they're on a completely different continent right at home.

For more information or to see the menu, visit rainforestcafe.com/location/rainforest-cafegrapevine-mills-tx/#menus.





ABOVE, A bar sits underneath the cap of giant mushroom at the Rainforest Cafe at Grapevine, Texas. LEFT, My Aunt Danielle got the "Taste of the Islands" at the Rainforest Cafe, which featured Caribbean coconut shrimp, mango-habanero-glazed shrimp, jerk-seasoned tilapia, pineapple salsa, Caribbean rice and seasonal vegetables. Despite the quantity, my aunt noted the dish was mediocre.



Giving thanks to moments in sports this year

BY MONTY CAMPBELL Fort Cavazos Public Affairs Office

Thanksgiving — the time on the calendar most NHL fans know whether their team is a pretender or contender, Dallas Cowboys fans yearn at another opportunity of watching their team as they eat the annual feast, and the rest of the baseball fans, like me, can dream about MLB's Winter Meetings and the possibility of signing that free agent that will carry their team over the top.

With the holiday season upon us, I think it is only fitting I reminisce about the sporting events that have occurred recently that I am most thankful for.

Most recently, I am thankful the Los Angeles Dodgers defeated the New York Yankees in this year's World Series. The Dodgers won the off-season by signing then-free agent, Shohei Ohtani, to a 10-year \$700 million with \$680 million deferred

until 2034.

Ohtani is slated to make \$2 million per year for the next ten years and then \$68 million per year for the following ten years. Despite the way the contract was constructed, Los Angeles demonstrated to its fan base it was serious about winning.

The Dodgers then doubled down and demonstrated to the rest of the baseball landscape their unprecedented deal, for what many prognosticators believe may be



the best to ever play the game of baseball, is what catapulted them to their eighth World Series title.

No, I am not a Dodgers fan, but I am thankful some franchises actually do go out and buy the best player available for their fandom and then win the world championship. Perhaps my St. Louis Cardinals could take a page out of the Dodgers book.

Another event I am thankful for, and this one may not be very popular in these parts, was the fact the University of Texas football team lost to the University of Georgia Bulldogs 30-15 Oct. 19 at Austin and may not have an opportunity of challenging for a national championship.

After blowing through an extremely soft first six games of the season, the Longhorns faced a Southeastern Conference-power and fell. It sent a message to the arrogant, burntorange, faithful fan base their team was not going to run roughshod on the SEC.

The Longhorns may outlast their next few opponents and head into the Thanksgiving-weekend rivalry game with Texas A&M University at 10-1, but they will not go unbeaten. The winner of that game is sure to be invited to participate in the first year of the College Football Playoff, 12-team format.

Finally, what Austin FC fan is not thankful the team has finally sacked Josh Wolff? Despite only going to the MLS playoffs only once in four years, Wolff was able to keep his job as the manager of "El Tree" until the second-to-last match of his fourth year.

Wolff compiled a record of 45 wins, 60 losses and 30 draws in nearly four seasons at the helm. The Verde and Black have replaced him with Nico Estévez, whose last job was the manager for FC Dallas.

Estévez's record is only slightly more favorable than Wolff's at 35 wins, 30 losses and 32 draws, but at least he has led a team to a winning record. We shall see where this next year takes the team.

As for next year, I'm sure there will always be something else to be thankful for. As always, be safe!

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OFF POST ONLY

Candy Apple

1-yr, 5-mo-old, Chihuahua, tan & white, female.

Sketch

3-yr-old, pit bull, brown & white, male.



Lily Pawtter

5-yr-old, pit bull, black & white, female.

OFF POST ONLY

Armani

5-mo-old, pit bull mix, tan & white, female.



Orion 3-yr-old, Great Pyrenees

mix, white, male.



Snow Boy

2-yr, 10-mo-old, Labrador retriever mix, cream, male.

OFF POST ONLY



Sophie

1-yr, 1-mo-old, pit bull mix, black & white, female.



Versace

5-mo-old, pit bull mix, tan & white, female.



Chanel

1-yr-old, domestic short hair, gray & white, female.



Fendi

1-yr-old, domestic mixed hair, gray & white, female.



Bates

2-yr-old, border collie/ mix, black & white, male.





Bluey

9-mo-old, domestic short-hair, black & white, male.

B3

EALTH CRDAMC County, Health Fair highlights retirees, offers vital health resources

BY RODNEY JACKSON CRDAMC Public Affairs

Fort Cavazos and III Armored Corps held its 49th Annual Retiree Appreciation Days, and the Carl R. Darnall Army Medical Center hosted the opening ceremony and the County and Health Fair Oct. 26.

CRDAMC offered immunizations, routine health screenings, health-related information tables and more at the event.

During the opening ceremony, Lt. Gen. Kevin D. Admiral, commanding general of Fort Cavazos and III Armored Corps, encouraged retirees to tell their stories in their communities.

"You know better than most the Army's strength comes not just from Soldiers, but from the entire Army family," Admiral said. "(This includes) civilians, spouses, children and veterans like yourselves. Today's Soldiers and families are facing new challenges, and they need mentors, advocates and role models — individuals who understand the journey. Retirees can play a vital role in building bridges between the past and the present."

Admiral said retirees should not only share their stories but also talk about the discipline, skills and sense of purpose the Army gave them. He asked them to highlight the unique benefits of military service, such

as education, leadership development and lifelong camaraderie.

"Your experience makes the Army's mission real and relatable, and that impact can inspire the next generation of our Soldiers," Admiral said.

Guest speaker Maria Bentinck, director of Army Retirement Services and a retiree herself, agreed with Admiral's sentiments.

"I enjoy the opportunity to continue to serve," she said. "I enjoy coming out meeting and talking to you all and listening to your Army stories. A lot of our youth are learning about the military service through movies and TV, but you all have real life stories about what it means to truly serve."

Bentinck also talked about the upcoming TRICARE open season, Nov. 11 through Dec. 9, which allows beneficiaries to make changes to their current TRICARE, dental and vision packages.

TRICARE-enrolled beneficiaries residing in Texas will be changing TRICARE regions from the East to the West Region, effective Jan. 1, 2025. This will involve a change of contractors from HUMANA Military to TriWest Healthcare Alliance.

TRICARE will hold a webinar from 1 to 2 p.m. Nov. 14 for beneficiaries to learn more about open season and the 2025 region changes. For more information, visit newsroom.tricare.mil/News/TRICARE-News/



Photo by Rodney Jackson, CRDAMC Public Affairs

Cpl. Taiyana Poore, medical laboratory technician, pathology, Carl R. Darnall Army Medical Center; retired Sgt. 1st Class Marty Martinez; and retired Sgt. Maj. Guadalupe Lopez, Fort Cavazos Soldier for Life Retiree Council, share a laugh as Poore helps them during check-in at the 49th Annual Retiree Appreciation Days' County and Health Fair Oct. 26 at CRDAMC at Fort Cavazos.

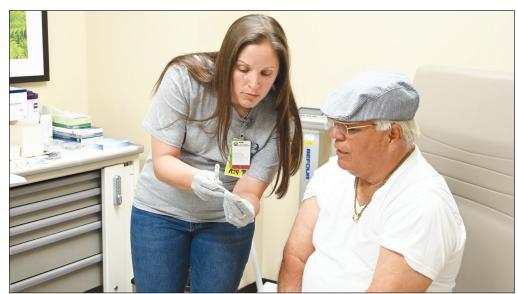


Photo illustration by Rodney Jackson, CRDAMC Public Affairs

Retired Sgt. 1st Class Lawrence Sanchez receives his COVID-19 and flu shots from Sara Porter, registered nurse, Carl R. Darnall, Army Medical Center, at the 49th Annual Retiree Appreciation Days' County and Health Fair Oct. 26 at CRDAMC at Fort Cavazos.

Article/3948770/get-ready-for-tricare-openseason-and-2025-region-changes-at-nov-14-webinar.

Beneficiaries who pay premiums by electronic funds transfer, debit or credit card for their insurance must provide their payment information to the new West region contractor, TriWest Healthcare Alliance, before Jan. 1, 2025. According to TRICARE officials, if beneficiaries don't provide their payment information to TriWest before Jan. 1, 2025, they may be involuntarily disenrolled. This applies only to those who currently pay premiums by electronic funds transfer, debit or credit card. If beneficiaries pay by military allotment, that allotment will automatically transfer, officials said.

Beneficiaries can provide payment information now through Tricare.mil/west or by downloading the TRICARE automatic payment authorization form and mailing it to TriWest. Beneficiaries don't have to wait until open season to do this.

Active referrals and authorizations with HUMANA Military will be honored by Tri-West until they expire or until June 30, 2025, whichever comes first. It is recommended patients request new referrals from their primary care manager through TriWest after Jan. 1, 2025, to avoid a disruption of care.

Retirees make the County and Health Fair a regular routine each year to receive updated information they have not received throughout the year, as well as receiving their yearly flu and COVID-19 shot.

"I normally come here for my flu shot and whatever medical assistance I need," said retired Sgt. 1st Class Joseph Locklear. Battling different health issues since retirement, any information he can get helps, he added.

Retired Sgt. 1st Class Lawrence Sanchez received both his COVID-19 and flu shots after checking into the immunization station in the internal medicine clinic.

Sanchez and his wife, Sylvia, said the health fair provides up-to-date and relevant information not only for retirees, but for family members as well.

"There are a lot of TRICARE changes coming out, so we learned about that," Lawrence said. "We have a son that retired just this year. There's a lot of information he found out that I didn't know, so we share."

CRDAMC's staff was happy to provide services for the retirees.

"I'm excited," said Sgt. Lacey Tenbears, operating room specialist, when asked how it felt to honor retirees. "I volunteered for this."

Lorri Golya, Fort Cavazos Directorate of Human Resources director, added upon the sentiment during her remarks at the opening ceremony.

"Retiree Appreciation Day at Fort Cavazos is a day of heartfelt gratitude," she said, "and a promise that while uniforms may have been retired, the respect and admiration that we have for those who wore them never will."





CATHOLIC

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PROTESTANT

St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, https://www.facebook.com/SaintGeorgeFortCavazos

SPANISH PROTESTANT

Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION

Gospel Service, Sunday, 11 a.m., Memorial Chapel, https://www.facebook.com/ *ComamcheHappeningsNow*

TRADITIONS

Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpws/

CHAPEL NEXT

Contemporary Service, Sunday, 11:15 a.m., Main Chapel, https://www.facebook.com/ *FortCavazosChapelNext*

OPEN TABLE

All-Inclusive Christian Chapel, www.facebook. com/OpenTableChapel

WFC PROTESTANT

Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, https://www. facebook.com/profile.php?id=100064944031364

JEWISH

Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

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Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel) Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181 Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavai, 254-287-0241

Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/ FortCavazosChaplain*

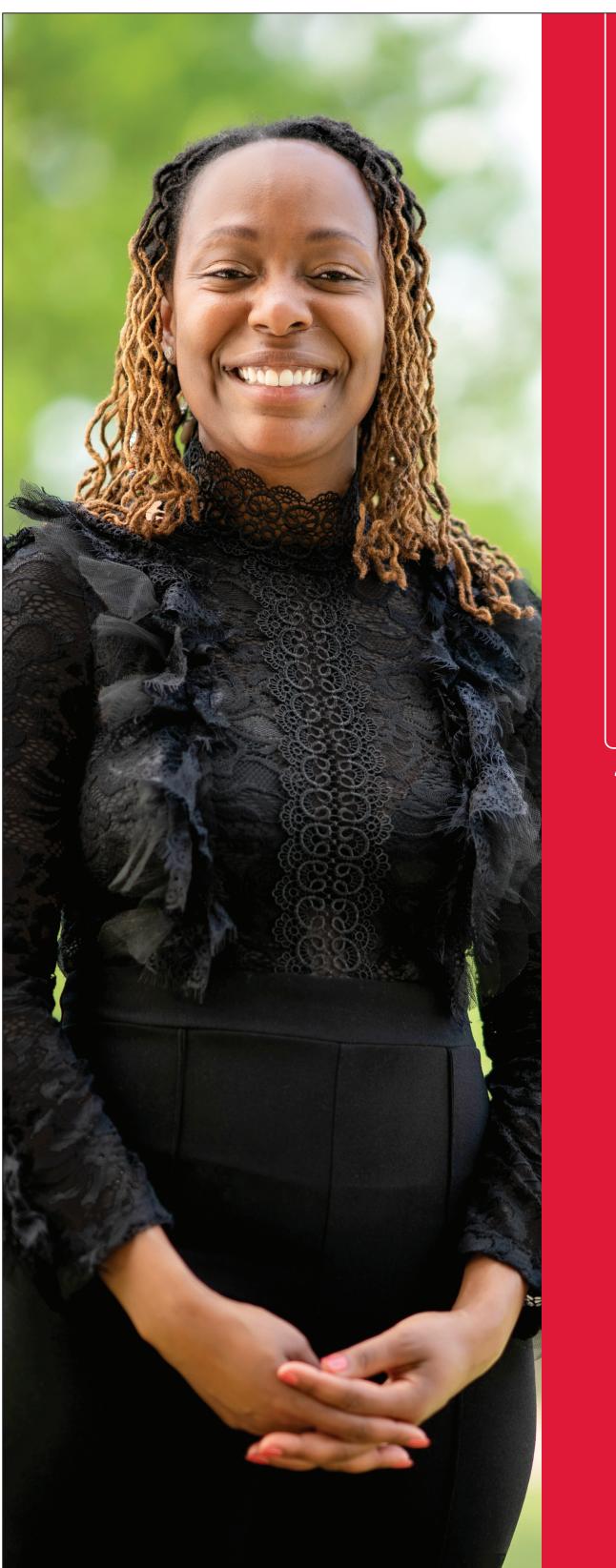
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Pamela S.

U.S. Air Force Veteran BS, Psychology

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Community delivers tricks, treats, fun

Halloween: Continued from A1





Photo by Ayumi Davis, Sentinel Editor



Photo by Samantha Harms, Command Information Chief



Photo by Ayumi Davis, Sentinel Editor

TOP LEFT, Warrant Officer Marqui Brown, 3rd Cavalry Regiment, poses for a picture with his wife Sabrina and 6-monthold daughter Mia during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos. **TOP RIGHT**, Khalil Pittman, 5, left, and Prentiss Christian, 3, pose for a picture while trick-or-treating during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos. **BOTTOM LEFT**, Lt. Col. John Dolan, squadron commander for 1st Squadron, 7th Cavalry Regiment, assists Jane Dang, age 6 and dressed as a witch, with picking out colors for a light-up bracelet. **BOTTOM RIGHT**, Wren Chadwick, 6, poses for a picture in costume during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos.





Photo by Ayumi Davis, Sentinel Editor

Sydney Fernandez, 7, receives candy using a puppet dinosaur during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos. The event featured themed tables from those handing out candy, from a taco stand to Star Wars, as well as therapy dogs from GOTeam Therapy, Crisis and Airport Dogs Inc. and plenty of candy. "We had a large group from all over the base ... plus our regular volunteers coming in, helping us set up and organize," said Julie Mendez, center operations manager for the Fort Cavazos USO. "We've had a really great amount of community support."





Photo by Sgt. Alexander Chatoff, 89th MP Bde. Public Affairs

Photo by Samantha Harms, Command Information Chief

LEFT, Children dressed in costumes race in sacks at a trunk-or-treat event hosted by 89th Military Police Brigade Oct. 28 at Fort Cavazos. **ABOVE**, Trick-or-treaters walk down a line of Cavalry Family Housing residents to receive their candy Oct. 31. The residents chose to come together and hand out together as a group, versus having children go to multiple houses.



Photo by Ayumi Davis, Sentinel Editor

ABOVE, Arianna Hannaweeke, 2, poses for a picture while trick-or-treating during the USO Trunk or Treat Oct. 30 at the USO at Fort Cavazos. **RIGHT**, Sgt. Jaylin Arguelles, Law Enforcement Activity, Headquarters and Headquarters Battalion, III Armored Corps, passes out candy at a trunk-or-treat Oct. 29 at the People First Center at Fort Cavazos.

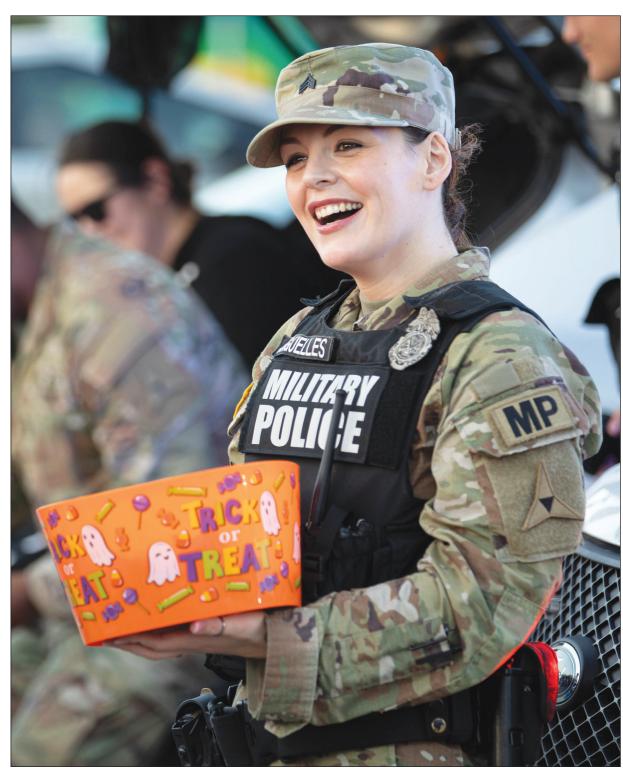


Photo by Spc. Nathan Morse, 7th MPAD

Army veteran continues to serve

BY BLAIR DUPRE Sentinel News Editor

Retired Master Sgt. Tracey Brown-Greene grew up in the small town of Farmville, North Carolina, where she was surrounded by family who were members of the United States military, but hadn't planned to be part of the military full time.

She joined the National Guard as a junior in high school then went to college after she graduated. Though, after a while, Brown-Greene realized college wasn't for her. She went to her commander and expressed her desire to enlist.

"I thought about being a computer programmer," she said. "Then I looked at it ... I said, 'You know what? Let's join the Army,' because if nothing else, they'll take me around the world or I'll get to meet new people. Coming from a small town in North Carolina, meeting new people is fun. That's what made me join the Army."

Brown-Greene served for 22 years as an automated logistical specialist, traveling the world and meeting new people, just as she set out to do, but she said the Army also gave her opportunities to expand her mind and comfort zone.

"The Army gave me a new way to look at things and different classes," she said. "You have so many different classes you can take to be proficient in anything. The Army gave me training on top of training.

"Then some of the people really pushed you to do other things," she said. "They made sure you saw something different or did something different. If you're surrounded by people that want you to do more or ... are conscious about you being your best, you'll do a lot and see a lot. The military is the largest corporation that will give you anything that you want."

Brown-Greene currently serves as the

national senior vice commander of the Military Order of the Purple Heart, where she advocates for Purple Heart recipients, making sure they are able to access the resources they need and assists veterans in any way that she can.

"If they need suicide awarness courses - we give them those," she said. "If they need a scholarship for their children - we provide those. I am an advocate for veterans in the Military Order of the Purple Heart, both on a local and national level. I advocate for veterans in the VFW (Veteran of Foreign Wars). My home post is right here on Fort Cavazos.

"I'm really a ball of clay with consulting skills, counseling skills - to just listening to somebody who needs it," she continued. "The reward is seeing a smile on their face ... after you've seen them struggling. I say struggling, meaning they had the face of despair or the face of (confusion). There's

> a look on their face when you finish assisting them with anything that lets you know you just took all that stress away. It's the best feeling you can ever have."

She said her military service heightened the skills she uses to assist veterans at the Military

Order of the Purple Heart, by opening her eyes to the many different cultures of the world.

"The military will open your eyes to see that you are not the only one in your little bubble of you," she said. "There are so many different cultures around you that you can always grab something from to make you a more rounded person. In life, we are scattered in the wind with different religions, people and things. When you start understanding a small piece of each one of them, you learn that the military throws all of you in the same boat.

"The military does that more than anything — they teach you to relate to each other," she continued. "The military teaches you how to take everybody's strong points and put them all on your team, and make your team run like a well-oiled machine."

She imparted some words of advice for those looking to join the military and those currently serving.

"Make the most of every day you have," she said. "Do not let today end up being one of those days that you wish you could do it over again. Do everything that you can do. Set your goals to the clouds because the military will give you an opportunity to touch those clouds. If you're (not where you want to be) strive to be there. It doesn't matter if you get there or not, but if you never set your goals on it, you'll never achieve it."



Photo by Staff Sgt. Cornelius Mclean. 120th Inf. Bde. Public Affairs

Tracey Brown-Greene, national junior vice commander of the Department of the Military Order of the Purple Heart, presents a Purple Heart to 1st Sgt. Benjamin Rodrigues, 120th Infantry Brigade, April 10 at Fort Cavazos.

Photo courtesy of Tracey Brown-Greene

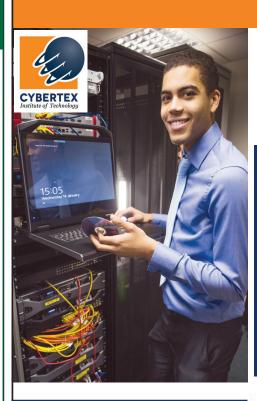
Sgt. 1st Class Tracey Brown-Greene, poses for a photo in an aircraft during a deployment to build relationships with the pilots in 2016.



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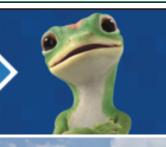
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Photo by Blair Dupre, Sentinel News Editor

Retired 1st Sgt. Dominic Askew, owner of Smellin' Smoke BBQ, poses at the ordering window of his establishment Oct. 7 at Fort Cavazos. The brick-and-mortar location opened June 18 on the installation next to the Class Six.

Veteran goes from boots to barbecue



BY BLAIR DUPRE Sentinel News Editor

Retired 1st Sgt. Dominic Askew served the country for more than 20 years and now he continues to serve in a different way — by selling his barbecue creations to the Fort Cavazos community.

Askew said he didn't plan on joining the Army, but after learning college wasn't for him and working alongside his father for a short amount of time, he decided to join for the opportunity to go travel.

"I was an engineer from 2000, when I first joined, until 2007," he said. "Then I was reclassed to air defense. I got injured while deployed, so they medically reclassed me to air defense in 2008." "My dad did what he had to do, and he raised me well and then I took it upon myself to continue that," Askew continued. "I knew the Army would make me better as a leader."

He added the people are what he remembers most.

"Being in the military you meet a bunch of people — thousands and thousands of people," he said. "I've had great memories with 90% of those people."

Askew shared his family is full of cooks. His uncle owned a barbecue truck, and his mom ran a restaurant, so it was just natural for him to share his love for the craft of barbecuing even while in uniform.

"I love to cook, and throughout my military service I just kept it going," he said. "Wherever we would deploy, I was always the one barbecuing. Even though our units had cooks that were attached to us, I was always barbecuing. The Soldiers loved it. "As time went on, I got better and better," he continued. "I kept doing it. Every time we would deploy, or if I was in (South) Korea ... I was always barbecuing, even here at the house - every weekend I was barbecuing. I was just like, 'When I retire, I'm going to open up a barbecue joint,' and that's how it started."

His dream manifested into Smellin' Smoke BBQ, which began as a food truck, but is now housed in a red building right next to the Class Six at Fort Cavazos. Soldiers and civilians alike line up just to taste his food.

"I'll continue to serve the Soldiers of Fort Cavazos even though I am retired," he said. "The smiles that I see when they're eating my food that's my reward. The smiles that I see when Soldiers and civilians of Fort Cavazos are enjoying my food makes me smile."

Looking back across his over 20 year career, he said he wouldn't hesitate to do it all again.

"It's an experience," he said. "I personally believe everyone should experience at least a couple years of it. There's so many people in this world you haven't met. There's so many different personalities you haven't seen. You're not going to really see them unless you join the military. "It's good to see those things because if you pay attention to stuff like that you can learn from it," he continued. "You can learn from that, and you can grow from it."

Photo courtesy of Smellin' Smoke BBQ Facebook A plate of various offerings at Smellin' Smoke BBQ, owned by retired 1st Sgt. Dominic Askew, sits on a table. Askew cooked barbecue while in the Army and said Soldiers loved the food.

Askew said he has fond memories of his time in the Army and it helped to shape the character traits instilled in him by his father.

"I just did what I had to do to be a Soldier and a great, successful leader in the Army," he said. "I've had leadership qualities throughout my time growing up. My dad has his own business. He has run his own business for 30, 40 years. So, the leadership qualities were already instilled in me.

For more information on Smellin' Smoke BBQ, visit *facebook.com/smell-insmokebbq*.



Dominic Askew, veteran and owner of Smellin' Smoke BBQ, smokes some meat in preparation for a week of serving barbecue Oct. 7 at Fort Cavazos.

Veteran's words of wisdom: Have a plan

BY RETIRED COL. DAVID SAGE

MOAA Central Texas Ch. 22 President

Since my Army retirement, I have learned four important things. I should have approached my retirement as a military operation by developing a written plan, understanding the importance of resumes, establishing goals for my final retirement and creating deadlines for myself with a timeline.

I should have fallen back on my

experiences and used the Army's Military Decision Making Process. The most crucial step in the MDMP is mission analysis. It's important to have a clear and realistic understanding of your personal situation or family members' situation (jobs and college). Develop an understanding of the

job market, and determine the locations that have jobs that fit your skills and the cost of living in that area. Have a mission statement, develop courses of action, compare and analyze the COAs, come up with a family-approved COA and then develop the support plan/tasks to ensure success. Write the plan down on paper/electronically, and review it periodically.

I didn't understand the importance of a resume and the hiring process. A resume is your professional story and keywords must be included on your resume. Review the job description and required skills of the position and determine the keywords that need to be used. These keywords and skills must be on your resume to pass the automated review and human resources screening process. Without using these words and skills, your resume will not get to the key decision-makers. Additionally, make it easy for

potential new employers to hire you by having the necessary professional certifications, such as Project Management Professional, engineering certifications (e.g. Professional Engineer), Certified Emergency Manager, etc. Without required certifications, employers have to make exceptions to hire you. Exceptions aren't always approved by HR or government contracting officers/ representatives. Resumes are so important; I recommend getting professional assistance,

whether it's from your

local Transition Assis-

or Retirement Services

Program coordinator.

Also, keep in mind

looked into the future

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job application.

I should



David Sage

wanted to be in 20 years. The most important goal is to establish where you want to live. Many factors can steer you to the location, including family, weather and lifestyle. Additionally, understand you and your spouse's Social Security benefits to determine at what age you want to retire. It's nice to have money, but if you are too old to live the lifestyle you want, you've missed the goal.

One constant that can't be changed is time. I wish I had started my planning two years before my retirement, fully understanding the future with input from my entire family. I gave myself nine months to finalize my plan, but military duties and everyday life sped up the nine months. I ended up "winging it" at the last minute. Without mentors and friends, my retirement would have ended badly.

Good luck to those who are preparing for retirement; it's just another step in life. It's fun!



Crafting a standout resume to secure the ideal job opportunity is a key task in planning your success.

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