

North Korean troops enter Kursk where Ukranians are fighting A7



Photo by Scott Darling, Fort Cavazos Public Affairs

Good Neighbor inductees retired Command Sgt. Maj. Jackeline Soriano Fountain, left center; retired Command Sgt. Maj. Terry Fountain, center; and retired Col. Keith Sledd, right center, pose for a picture with Lt. Gen. Kevin D. Admiral, left, III Armored Corps and Fort Cavazos commanding general, and Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, during the Good Neighbor Induction Dinner Nov. 14 at the Lone Star Conference Center at Fort Cavazos.

Fort Cavazos, IIIAC induct three new Good Neighbors

BY ERICK RODRIGUEZ Fort Cavazos Public Affairs

III Armored Corps and Fort Jackeline Soriano Fountain. Cavazos inducted three new Sledd served in the Army for Good Neighbors, who have had the influence and impact to contribute to the quality of life of Soldiers and their families at The Great Place, during the Good Neighbor induction dinner Nov. 14 at the Lone Star Conference Center.

inductees were retired Col. Keith Sledd and retired Command Sgts. Maj. Terry Fountain and

organizations and professional, economic development and civic boards. He was recently appointed as the chair for the

able to serve the top 1% of our nation because they chose to volunteer to serve us."

Fountain and Soriano Foun-Texas governor's Committee to tain cofounded the Texas Chem-

NEWS BRIEFS

Annual DFAC Thanksgiving competition set for Tuesday at The Great Place

The North Fort Cavazos, Always Ready, Black Jack, Operation Iraqi Freedom and Theodore Roosevelt Dining Facilities will be competing in a Thanksgiving meal competition Tuesday. This meal is free to meal cardholders, \$8.45 for family members of an E-4 and below and \$11.40 for other Soldiers and civilians.

Join AUSA Great Place Cleanup

The Central Texas chapter of the Association of the U.S. Army will host their fifth annual Great Place Cleanup at 7:30 a.m. Dec. 7 at the Marvin Leath Visitor Center. Representatives from Fort Cavazos, the local community and elected officials will work together to remove litter from the Fort Cavazos Main Gate and East Gate. Those interested in participating can contact Fernando Fernadez, AUSA-Central Texas committee chair. at 254-532-2493 or Fernando.fernandez@1stnb.com.

Blood center undergoes renovations

The Robertson Blood Center is temporarily closed through Dec. 6 due to renovations. The center will be moving across the street during the renovations. For more information, call 254-285-5808.

Veterans ride free in CenTex

The Central Texas Vet-Ride Program offers veterans, their spouses and dependents free transportation through The HOP for uses including medical appointments, government offices, grocery stores, school and shopping.

For more information, visit ctadvrc.org/ programs/veterans/central-texas-vet-rideprogram.

DFMWR facilities close

The Recreation Equipment Checkout and Sportsmen's Center Snack Bar and Pro Shop permanently closed Friday due to budgetary constraints. The Sportsmen's Center trap and skeet range will remain open. However, there may be minor disruptions during its transition to the DFMWR's recreation programs.

Submit Impact Aid survey for KISD

The 2024 Good Neighbor

34 years, some of which were spent at Fort Cavazos. He serves as the executive director for the Heart of Texas Defense Alliance where he tirelessly advocates for Fort Cavazos, regional defense industries and, most importantly, Soldiers and their families. He also serves in several civic Support the Military.

"It is a great honor to be included here today with these great folks before us," Sledd said of his fellow Good Neighbors who were present for the induction. "I've been very lucky to be able to play Army for 34 years, and I absolutely enjoy being

ical Corps Association Lone Star Chapter, with Soriano Fountain serving as the first vice president for Central Texas and Fountain as the inaugural operations officer. Together, they have led numerous initiatives to preserve

See Induction, A6

Anyone working on Fort Cavazos in any capacity that has children attending school in a local school district should fill out an Impact Aid survey. Impact Aid helps to fund instructional materials, salaries and enrichment programs for schools, and the amount of funds received is dependent on the number of surveys received. To fill out the survey or for more information, call the School Liaison Office at 254-288-7946.

Special Olympics: **Students bowl to victory**



Photo by Ayumi Davis, Sentinel Editor

Michael Cantrell Bland Jr., 9, with the Academy Bees, cheers after knocking down pins bowling at the annual Texas Special Olympics Area 12 Bowling Competition Friday at Phantom Warrior Lanes at Fort Cavazos.

BY AYUMI DAVIS

Sentinel Editor

ver 170 athletes from eight delegations, representing school districts around the area, participated in the annual

Texas Special Olympics Area 12 Bowling Competition Friday and Saturday at Phantom Warrior Lanes at Fort Cavazos.

The Fort Cavazos Exceptional Family Member Program, or EFMP, collaborated with the Special Olympics to bring teams from eight different school districts — Killeen, Belton, Temple, Lampasas, Salado, Midway, Academy and Waco — to the installation for the two-day event. The first

See Special Olympics, A6

Glow-rious tradition now open at BLORA

BY BLAIR DUPRE Sentinel News Editor

The holiday season is here and that means time for family, friends and traditions including the Nature in Lights display, hosted by the Directorate of Family and Morale, Welfare and Recreation, at Belton Lake Outdoor Recreation Area.

Opening officially on Friday last week, Nature in Lights has illuminated BLORA for 28 years

and has become a beloved tradition by those who attend it and those who make it possible.

"I personally have been involved in Nature in Lights in some capacity since its inception - marketing and advertising, sponsorship recognition and theme/display development," said Lisa Lorenz-Bass, program coordinator for BLORA. "My favorite part of Nature in Lights is a

See BLORA, A6



Photo by Blair Dupre, Sentinel News Editor

A wreath light fixture sits over the path cars travel at Nature in Lights Monday at Belton Lake Outdoor Recreation Area at Fort Cavazos. Nature in Lights consists of five-and-a-half miles of illuminated displays.

Honor Thanksgiving traditions wherever we serve

BY COL. JEREMY KERFOOT 89th MP Bde. Commander

As Thanksgiving approaches, it's a fitting time to pause and reflect on the traditions that bring us together each year. In the 89th Military Police Brigade, we celebrate Thanksgiving with the same spirit that unites families and friends across the country — by sharing meals, expressing gratitude and cherishing the company of those close to us. Whether it's gathering around tables full of turkey, stuffing and all the classic sides, watching the football **Jeremy Kerfoot** games or simply being thankful for the bond we share, these tra-

ditions remind us of the values we hold dear. For many, the Thanksgiving holiday also kicks off the season of giving. This is often marked by family outings, festive gatherings and the excitement of Black Friday shopping. Gathering around a table, sharing a meal and giving thanks not only allow us to reflect on our blessings but also to feel a sense of continuity and connection to loved ones, whether near or far.

> Remembering and honoring Thanksgiving traditions brings comfort and a sense of stability, especially for those who may be far from home. These traditions act as anchors, reminding us of our roots and what truly matters, even when there are hundreds of miles between us and our loved ones. For those who may not have family close by, it's important to know you're never

In the Army, we have a family in our fellow Soldiers — people who share our experiences, values and commitment. Celebrating together

truly alone.

with those who understand the unique challenges of our service can be a powerful reminder the bond we share extends far beyond duty. Whether gathering for a Thanksgiving meal, sharing memories or simply being present for each other, we create a sense of home wherever we are.

As we gather this Thanksgiving, let us take a moment to honor the traditions that bind us, from sharing a warm meal to reflecting on what we're grateful for. These rituals remind us of the resilience and unity that carry us through both joyful and challenging times. Whether surrounded by family, friends or fellow Soldiers, Thanksgiving traditions offer us a chance to pause, connect and express gratitude for the people who support us. Even when away from home, we can find comfort and companionship in one another. Upholding the spirit of Thanksgiving together, as we give thanks this season, let's remember the value of these traditions and the strength they give us.



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EDITORIAL STAFF

Editor AYUMI DAVIS editor@cavazossentinel.com 254-287-9495

News Editor BLAIR DUPRE blair.dupre@cavazossentinel.com 254-287-2436

Living Editor JANECZE WRIGHT 254-287-5964

Design Editor DANIELLA THACKER daniella.thacker@cavazossentinel.com 254-287-0101

BUSINESS STAFF

General Manager SCOT MORRISSEY

Publication Manager

ARMANDO GUTIERREZ armando.gutierrez@cavazossentinel.com 254-634-6666

Advertising Sales Associate

LINDSAY DILLON lindsay.dillon@cavazossentinel.com 254-634-6666

GREAT PEOPLE AT THE GREAT PLACE



Photos by Sgt. Gabriel S. Villalobos, III Armored Corps Public Affairs

Sgt. Peter E. Randles Jr., 1st Cavalry Division, and Sgt. Maj. Kresassidy McKinney, III Armored Corps culinary management sergeant major, shake hands while holding the III Armored Corps Culinary of the Year competition consisted of an oral board and an Iron Chef-style cook off.

SGT. GABRIEL S. VILLALOBOS

III Armored Corps Public Affairs

he joy of cooking to Sgt. Peter E. Randles, Jr. is being able to see the smile on the people who taste his food. Randles, a culinary specialist, 1st Cavalry Division, recently won the III Armored Corps Culinary of the Year competition Oct. 23-24 at Fort Cavazos, competing against the best culinary specialists from units across III Armored Corps, including the 4th Infantry Division, 1st Armored Division and 1st Infantry Division. The competition comprises a two-day event of an oral board, which discusses food safety, food preparation and general Army knowledge, an Iron Chef-type competition, where the heat really turns up. Chefs were required to use specific ingredients which epitomized the culinary specialist career path including Meal, Ready-to-Eat, or MRE, items.

time to strategize a meal plan. Randles went with a beef roulade and chocolate mousse cheesecake, utilizing MRE chocolate toaster pastries in the dessert. The competition was fierce, but Randles was able to rely on his experience and planning.

"Preparation is everything, especially in cooking," Randles said. "It was imperative that you know what you wanted to cook and where you want to end at, then work backwards."

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The competitors were given the list of ingredients the day prior and

Born in Alexandria, Louisiana, but raised near Fort Knox, Kentucky, Randles is a military child who wanted to follow in his father's footsteps while also walking his own path. His experience in the kitchen came at a young age, as he recalled watching his mom in the kitchen. His own foray into cooking happened when he attempted a dish at a large Thanksgiving family dinner during his freshman year of high school.

The dish he prepared needed help to reach the finish line, but the experience was vital, and his palate was exposed to the different flavor profiles, which shaped his culinary path during that influential holiday. Cooking was something he experienced at an early age, and he is now passing that



Sgt. Peter E. Randles Jr., 1st Cavalry Division, prepares food during the III Armored Corps Culinary of the Year competition 2024 Oct. 24 at Fort Cavazos. Culinary specialists are responsible for preparing and servicing meals both in the field and home-station environments.

love of cooking to his children.

"I have a big family including little ones; my daughters love cooking and baking," Randles said.

Since his freshman Thanksgiving, Randall continued to cook, practicing his skills. The Culinary of the Year winner admitted when he first started cooking for his family, he was not good but was able to stick with it and improve through experience.

"It's not just my tastebuds," Randall said. "It makes me feel good that my food tastes good to other people, too."

This is a sentiment the panel of judges agreed on, considering the fierce competition.

Randles expressed his interest in potentially joining the U.S. Army Culinary Arts Team, which competes at national and international levels of culinary competitions and provides training and demonstrations around the country. Until that opportunity arrives, Randles strives to continuously get better at his culinary profession and pushes his Soldiers to do the same.

"I still want to learn," Randles expressed. "I feel like there is so much more in a cook's world; it's always changing. I want to practice and learn my craft a lot better and then, as a noncommissioned officer, pass that along." Distribution Manager PATRICIA WOLFF patricia.wolff@cavazossentinel.com 254-634-6666

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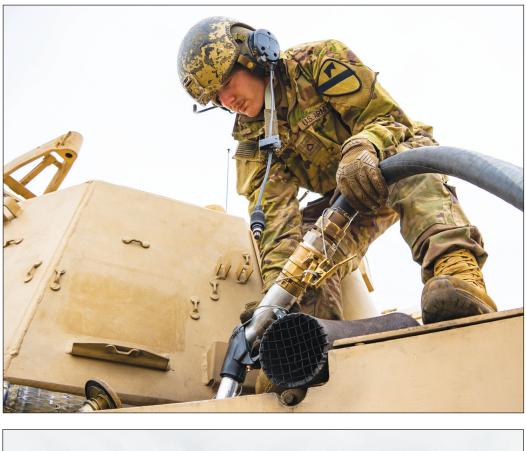
ADDRESS

The Editorial office is located in U.S. Army Garrison Public Affairs Office, Fort Cavazos, Texas, 76544. The Advertising office is located at 1805 Florence Rd., Herald Plaza, Ste. 1, Killeen, Texas, 76541.

1CD participates in Dynamic Front exercise



Photos by Spc. Julian Winston, 1st Cav. Div. Public Affairs Pfc. Briar Schlech, a cannon crewmember, 1st Battalion, 82nd Field Artillery Regiment, carries a fuel can while preparing for his role in Dynamic Front Nov. 14 at Forward Operating Site Toruń, Poland. Dynamic Front is a multi-week joint training event that emphasizes coordination between 28 NATO allies and partner nations including Finland, Estonia, Germany, Poland and Romania, providing deterrence through readiness in the mission to bolster NATO's eastern flank.





TOP, Pfc. James Chastain, a cannon crewmember assigned to 1st Battalion, 82nd Field Artillery Regiment, refuels an M109 Paladin in preparation for his role in Dynamic Front Nov. 14 at Forward Operating Site Toruń, Poland. ABOVE, The vehicles of 1st Battalion, 82nd Field Artillery Regiment, await their turn to be refueled in preparation for their role in Dynamic Front Nov. 14 at Forward Operating Site Toruń, Poland.







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Phantom Village: DPW gives fresh start to reopened barracks

SGT. JOSHUA TANNER

7th MPAD

Phantom Village reopened in a ribbon-cutting ceremony Nov. 1, highlighting improved living conditions for Soldiers.

For Sgt. Geovannie White, the barracks manager for the newly named Phantom Village, Headquarters and Headquarters Battalion, III Armored Corps, and Tracey Foster, area manager for the Fort Cavazos Directorate of Public Works, the ceremony symbolized closure for both the Soldiers who worked on the renovations as well as the Soldiers who will be returning to live there.

Soldiers from HHBN have been working alongside DPW on renovations and mold abatement at the Phantom Village for the past three months to ensure safe living conditions for the Soldiers.

White worked from day one on the project to help improve the lives of the single Soldiers who live there.

"I was a single Soldier here for the last three to four years, so this really means a lot, and it means the command team cares," White said. "The command team, as well as DPW, taking the necessary steps to correct these issues is a major milestone for us Soldiers."

Soldiers living in Phantom Village were moved to

another barracks during the three-month renovation. With the ribbon-cutting ceremony, and the reopening of Phantom Village, Soldiers will be coming back to safer living conditions. Prior to the renovations, mold was found in the heating, ventilation and air conditioning, or HVAC, system, possibly causing

health hazards for the Soldiers living in the barracks. "Command Sgt. Maj. Torrian Peterson (HHBN sergeant major, III Armored Corps) came to us to address some concerns that he had with our HVAC system, which they thought possibly had some mildew or mold concerns," Foster said. "We found there was a malfunction within the DOAS (Dedicated Outdoor Air System) and called DPW specialists to come in to address the concerns and issues."

Foster further explained the issue with the DOAS was resolved and mentioned during the renovation, all the mildew and mold in the rooms were removed.

The renovations also include new furniture, as well as giving Soldiers their own room. This is a welcome change for the single Soldiers living in the barracks, allowing them to have privacy in their living space.

White and Foster both expressed they are proud of the work and the results of the extensive project. These renovations are set to transform the quality of life for Soldiers at Fort Cavazos.



November 21, 2024

Photos by Sgt. Joshua Tanner, 7th MPAD

Soldiers, assigned to Headquarters and Headquarters Battalion, III Armored Corps, tour the newly renovated barracks at Phantom Village Nov. 1 at Fort Cavazos. New furniture, individual bedrooms and other new amenities are set to better the quality of life and increase privacy for Soldiers residing in Phantom Village.



Soldiers assigned to Headquarters and Headquarters Battalion, III Armored Corps, and Tracey Foster, area manager for the Directorate of Public Works, cut the ribbon to commemorate the reopening of the Phantom Village barracks Nov. 1 at Fort Cavazos. III Armored Corps has been working with DPW for the previous three months to renovate the Phantom Village barracks and conduct mold abatement to ensure healthy and safe living conditions for the Soldiers that live there.



NEWS

TRUENE, MIS MEDICINAS NO SE AGOTARÁN.



ANTICIPA TUS NECESIDADES 2 HAZ UN PLAN 3 HABLA CON TUS Cuando se habla de desastres y emergencias, no se trata de qué pueda pasar sino cuándo. Hay que estar preparado para tener una mejor historia que contar.

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(BRUNCH/SUPPER): 9:30 a.m.-1 p.m. (BRUNCH/SUPPER): 5-6:30 p.m. (HOLIDAY): 11 a.m.-3 p.m.

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Dinner: Closed NCOIC: SSG Lopez: 787-414-1259

PATRIOT INN Building #12007 Old Ironside & 33rd St.

Closed due to renovation. Tentatively scheduled to reopen Nov. 30

Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: W01 Greene: 843-901-0260

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(BRUNCH/SUPPER): 9:30 a.m.-1 p.m. (BRUNCH/SUPPER): 5-6:30 p.m. (HOLIDAY): 11 a.m.-3 p.m.

| NORTH FORT CAVAZOS Building #56320 | | | | | | | | |
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Breakfast: 5:30-8:30 a.m. Sunday-Saturday Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday Dinner: 5-7:30 p.m. Sunday-Saturday COR: Richard Johnson: 254-535-6845 Building #56447 is only for overflow

(HOLIDAY): 11 a.m.-3 p.m.

| THEODORE ROOSEVELT Building #9205 Battalion & 21st St. | | | | | | | | |
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(WNK): 8 a.m.-6 p.m.

Food Advisor: SFC Moore: 254-618-8914

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Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: Closed

NCOIC: 254-288-9538

Culinary Outpost Food Truck 3 has the same hours of operation as Food Trucks 1 & 2, operating on a rotation

Good Neighbor: Ceremony honors inductees

Induction: Continued from A1

the history of the Chemical Corps, while donating time, money, equipment and furniture to support families of the 48th Chemical Brigade. The two were also instrumental in the effort to establish the Harker Heights Armed Services YMCA.

Individually, Fountain founded the Central Texas 13th Corps Support Command, or COSCOM, Association, led fundraising for the 13th Armored Corps Sustainment Command memorials and served as the organization's first president. For over 16 years, the association has supported scholarship programs for Soldiers and their families, empowering them to reach their full potential.

Soriano Fountain demonstrated her commitment to community service by establishing and serving as vice president of the Central Texas Women to Women Foundation, an international organization that aids abused women. Through events like Garadiosa in March and Levantando El Violo in November, the foundation has helped over 400 women find closure and healing.

The couple's contributions to the community have earned many recognitions. Fountain was inducted as an Honorary Texan, and Soriano Fountain was awarded a Yellow Rose of Texas by former Gov. Rick Perry. They were also awarded the Congressional Veteran Commendation Medal by Rep. John Carter (TX-31).

Additionally, the Association of the United States Army Central Texas Chapter has honored them with numerous accolades, including the Central Texas Chapter Award for Outstanding Support, the Douglas B. Hayes and Joseph B. Bufford Awards for Sergeants Major and the Robert M. Shoemaker Award for exceptional service.

"It's truly an honor to be here," Soriano Fountain said. "This is selfless service. We do this because we love our Soldiers; we love our community."

"I am proud to be a Good Neighbor," Fountain added. "I am proud be a part of this organization. Thank you all."

Fort Cavazos has recognized 75 Good Neighbors since the program's inception in 1996, allowing The Great Place a way to recognize those who have dedicated and sacrificed so many hours and personal efforts to enhance the lives of Soldiers and their families. "In your programs tonight, you'll see the names of 75 Good Neighbors," said Lt. Gen. Kevin D. Admiral, III Armored Corps and Fort Cavazos commanding general, during his opening remarks. "These selfless citizens have given their time and energy all for the sake of helping Fort Cavazos live up to its title of The Great Place.

"I'm glad that we have an easy way to recognize those who have contributed so much to our installation, and I am also glad to recognize three new members as Good Neighbors tonight," he continued.

Admiral closed out the 2024 Fort Cavazos Good Neighbor induction by acknowledging the recipients and the Good Neighbors as a whole.

"There are so many good people here who make it possible for our Soldiers to train and serve here at Fort Cavazos and the world," he said. "It's because of you that our Soldiers know that they belong to a community that will take care of them and their families and loved ones while they serve."



Photo by Scott Darling, Fort Cavazos Public Affairs

Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, presents retired Command Sgt. Maj. Jackeline Soriano Fountain with her Phantom Blue Good Neighbor jacket as retired Command Sgt. Maj. Terry Fountain and Lt. Gen. Kevin D. Admiral, III Armored Corps and Fort Cavazos commanding general, observe during the Good Neighbor Induction Dinner Nov. 14 at the Lone Star Conference Center at Fort Cavazos.

Students have competition, friendship, fun bowling at Special Olympics



loves bowling.

"Playing (and) strikes," he said when asked what he liked about the sport, noting he had bowled two strikes.

Another participant, Kamylah Martinez-Batiz, 15, also from KISD, said she liked the competition and was making friends. Martinez-Batiz won her first game with a score of 86, her first-place medal clutched in her hand as she spoke.

"There was a lot of improvement based off where (the students) started from, and we've got kids that were struggling with the mechanics, and now they've got it down, and we're knocking down pins," said Caitlynn Moniz, a coach for KISD.

Leona Streater-Moore, EFMP coordinator, said the event was a heartwarming success, seeing a lot of support and love.

"Everybody seemed to have a great time, and that's what we're here for, to play the game, to have skills ... but to also enjoy each other's company," she said. "What is heartwarming is just to see the joy on everyone's faces, especially the athletes, on the lanes ... and then you have family members and all the support coming out to help (the athletes) enjoy their day as they bowl. They do have bowling skills, too." EFMP provides support to family members of active-duty Soldiers, Army Reserve Soldiers in the Active Guard Reserve Program and Army National Guard personnel serving under authority of 10 USC or 32 USC, with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education training or counseling that meet eligibility criteria.

One parent, Miesa Bland, an Army spouse of Master Sgt. Michael Cantrell Bland Sr., 1st Medical Brigade, said she loves events like the Special Olympics Bowling Competition. Her two children, 9-year-old twins Caitlyn Bland and Michael Cantrell Bland Jr., have sensory processing disorder and a speech delay.

"We love events like this that are all inclusive," she said. "It just gives the kids something to look forward to. They've been practicing for a few months and now their hard work — we're seeing it.

"My daughter — she's having a good time, and that's what it's all about," she added. "Even if the ball goes in the gutter, it's about teaching them to be able to regulate their emotions and then try again."

Miesa's twins have been enrolled in EFMP since they were 3, and it's been beneficial, Miesa said.

"It helps us, especially going from one

Photo by Ayumi Davis, Sentinel Editor

Maddie Brown, 13, with Temple Independent School District, bowls at the Texas Special Olympics Area 12 Bowling Competition Friday at Phantom Warrior Lanes at Fort Cavazos.

Special Olympics: Continued from A1

day was for students while the second day was for community teams of adults with special needs.

"This is an outstanding event and a wonderful opportunity for our youth with special needs to demonstrate their bowling skills and compete," said Col. Lakicia Stokes, U.S Army Garrison-Fort Cavazos commander during the opening ceremony. "To every athlete, thank you for your hard work, your commitment, your dedication, your passion (and) your strength as you represent your school in competing here today. You are all champions with a competitive spirit, and you make this event so special."

The ceremony also included a relay of a torch to start off the competition, held by Veronica Bienvenu, 17, and Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, and an inaugural bowl from Stokes and Rhoades.

After, the teams kicked off their games, the sounds of falling pins, rolling bowling balls, shouts and cheers and applause filling Phantom Warrior Lanes. Medals for first, second and third were given after each game.

One participant, Dante Williams, 15, from Killeen Independent School District, While the program provides resources to families, Streater-Moore noted it also works to bring events, workshops and support groups for them. duty station to another," she expressed. "They make sure that you are at a duty station where your kids can get those services, and you don't have a delay in service because anytime, even if it's a six-week delay or a few months delay, that can make (the children) regress, and that's not something we want.

"I love the program because it makes sure that we're in an environment where our kids can succeed," she continued.

Streater-Moore said EFMP tries to help in any way it can.

"We help them to ... have quality programs and activities so that they can enjoy activities," she said. "They can enjoy life, period."

For more information, visit the Fort Cavazos EFMP office located on the second floor of the Shoemaker Center, or call 254-287-6070.

Annual event lights up its 28th holiday season

BLORA: Continued from A1

toss-up between viewing the trail of lights winding below from the top hill vantage point and watching the faces of the kids that light up as they come through the park. Both bring me joy."

Those who drive through Nature in Lights will view fiveand-a-half miles of illuminated displays — many of which come to life through computer-animated movements ranging in size from strands of lights artfully configured to scenes spanning 40 feet by 300 feet to architectural and foliage lighting.

There are also opportunities for visitors outside of their vehicles, including pony rides in an illuminated area at BLORA Ranch and Santa's Village, located in the enclosed and heated Live Oak Pavilion, which features vendors, photographs with Santa, cookies, hot chocolate and other treats.

Lorenz-Bass said planning for Nature in Lights is a yearround process involving multiple people.

"Nature in Lights ... is brought to life by BLORA's park manager, special event coordinator, the maintenance team and gate attendants," she said. "Setup began early August for the 2024 season, but current displays in the inventory were refurbished and new displays built back in the months of January through April. Display development and selection for the route, themes and placement for the upcoming 2025 season began late spring/early fall of 2024.

"DFMWR's Apache Arts and Crafts Center brings their creativity to the park by preparing BLORA's Live Oak Pavilion to welcome Santa and guests who stop by to enjoy concessions, shopping for gifts and treats and pictures with the big guy (Santa)," Lorenz-Bass added.

At Santa's Depot, located near the end of the trail of lights at BLORA's Marina Cove parking lot, visitors can enjoy concessions and ride on a train, pulled by a new train engine, to see an exclusive trail of lights.

"BLORA has a beautiful, shiny train engine, which runs through a trail of lights exclusively seen via train," Lorenz-Bass said. "It departs the station located at Santa's Depot. Santa's Depot features food concessions under the stars, glow-in-the dark toys and a train playground where kids can both burn off some energy before heading home and be entertained between train rides."

Nature in Lights visitors can receive a commemorative ornament on Mondays, Tuesdays and Wednesdays, while supplies last. Children are encouraged to wear western wear for the pony rides.

Nature in Lights is open nightly from 5:30 to 11 p.m. now through Dec. 31. For more information on cost, and hours of operation for Santa's Depot, Santa's Village and the pony rides, visit *cavazos.armymwr.com/view-event/93405*.



Photo by Blair Dupre, Sentinel News Editor

A light fixture of a bluebonnet, Texas' state flower, sits at Nature in Lights Monday at Belton Lake Outdoor Recreation Area at Fort Cavazos.

A7



By Air Force Staff Sgt. John Wright, DOD

ABOVE, An aerial view of the Pentagon May 15, 2023. BELOW, Soldiers fire a rocket during a live-fire exercise Sept. 19 at Tapa, Estonia. This high mobility artillery rocket system can fire both guidedmultiple-launch-rocket-system rockets and Army Tactical-Missile-System missiles.

North Korean troops enter Kursk where Ukrainians are fighting

BY DAVID VERGUN

DOD News

WASHINGTON — It is likely that about 11,000 North Korean troops have moved into Russia's Kursk region, said Deputy Pentagon Press Secretary Sabrina Singh, who spoke to the media Monday.

The Pentagon has not confirmed these troops have engaged in combat with Ukrainian troops who are inside a portion of the Kursk region, she said, adding, "They're moving into Kursk for a reason. We have every expectation that they would be engaged in combat operations."

There is no evidence that more North Korean troops are entering Russia, but that could change, Singh said.

The U.S. views North Korea as cobelligerents with Russia, she said. North Korean troops began entering Russia last month.

Over the course of presidential drawdown authorities, the United States has been supplying Ukraine with weapons, including Army Tactical Missile Systems, or ATACMS.

These systems are costly and in limited supply, so the U.S. will not deplete its reserve as it has to consider its own readiness, Singh said.

The Russians have moved their airfields out of range of ATACMS, she said.

The maximum range of ATAC-MS is about 190 miles.

"The Ukrainians have very effectively demonstrated the ability to use indigenous capabilities like the UAVs to target ... weapons storage facilities outside of the ATAC-MS range," she said, referring to unmanned aerial vehicles.

Russian casualties are now averaging about 1,200 per day, she noted.



By Sgt. Cecil Elliott II, 105th MPAD

FOLLOW FORT CAVAZOS ON SOCIAL MEDIA



A8



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SECTION B

"Agatha All Along" is perfect brew for cozy night inB2

Don't throw holiday waster down drain...B3

Fort Cavazos hosts Impossible Mile......B6



www.CavazosSentinel.com





Photos by Blair Dupre, Sentinel News Editor LEFT, My favorite items to see at vendors' booths at the Fredericksburg Trade Days at Fredericksburg, Texas, were crocheted stuffed animals including these "chonky" chickens. ABOVE, Shoppers walk through one of the seven large barns at the Fredericksburg Trade Days where vendors selling a variety of items can be found. Items as small as jewelry to items as large as furniture were being sold during the Trade Days. Some vendors also had unique, homemade items including animals made from painted, pieced-together tools. RIGHT, Fredericksburg goes big for Christmas so it was only natural to find Christmas decor at the Fredericksburg Trade Days, including these wreaths made with poinsettias and rope. Though these wreaths are more rustic, there were Christmas decorations that fit every aesthetic at the Trade Days.



Fredericksburg Trade Days Texas treasure trove offers shopping galore

BY BLAIR DUPRE Sentinel News Editor

FREDERICKSBURG, Texas — I recently took a day trip with my roommate and her mom to the Fredericksburg Trade Days where treasures new and old can be found.

Days is the perfect place to find items to decorate. Wooden tools and firkin buckets are big-ticket items for her, and she was able to snag some while we were there.

I personally was impressed with the amount of cast-iron cookware available. Corn-stick cast-iron pans were very popu-



The Fredericksburg Trade Days is open the third weekend of each month yearround and features more than 350 vendors selling a variety of items that fit a plethora of aesthetics and needs. Thousands of shoppers come from all over to see what is up for grabs.

Shoppers can find items like jewelry, kitchenware, clothing, books, indoor and outdoor furniture, art, plants and more spread across seven barns and the area surrounding them.

I enjoyed looking at vendor booths that sold cute crochet plushies. My favorite ones are the cats and the "chonky" chickens.

For those looking to prepare for the upcoming holiday season, many vendors sell a variety of Christmas decorations. I was impressed with some of the more creative decorations including the lasso wreaths, which were made with rope instead of greenery.

As far as antiques go, it would be best to ask, "What don't they have?" There are dishes of all shapes, sizes, colors and functions throughout the Trade Days. Bigger vintage items including wagon wheels and tools can be found as well.

My roommate's mom has a more rustic aesthetic in her home and the Trade lar, as I spotted many throughout the Trade Days.

All of our shopping made us hungry, but, thankfully, there are plenty of food options to choose from. There are food trucks that sell a multitude of items including mac and cheese and other establishments in buildings that serve burgers and more. We opted for some barbecue.

It was a popular stop, as the line was long when we got in it, and many customers were ringing a bell outside of the restaurant that customers are encouraged to ring if they enjoyed the food. I chose a brisket sandwich, and I was surprised at the amount of meat they put on it. I honestly could have been satisfied with about half of what they gave me, but it was filling and fueled me for the rest of our shopping trip.

For those looking for unique decor or gifts and a fun shopping trip, I recommend visiting the Fredericksburg Trade Days. Dogs are welcome, and if you're lucky, like us, you may just see some Oreo cows, or belted Galloway cows, on your way out.

The next Trade Days are Nov. 29 - Dec. 1 and Dec. 20 - 22. Parking costs \$5, which covers parking for the entire weekend.

For more information, visit *fbgtradedays*. *com/default.aspx*.



TOP, Sets of dishes, mugs and other glassware sit on display at the trade days in Fredericksburg, Texas. **ABOVE**, Lawn ornaments sit on display, ready to go to the right home, at the Fredericksburg Trade Days.



ABOVE, Belted Galloway cows, lovingly refered to as Oreo cows, can be seen by visitors as they leave or enter the Fredericksburg Trade Days at Fredericksburg, Texas. **RIGHT**, Many options for food can be found at the Fredericskburg Trade Days, and I chose a brisket sandwich. The portion of meat was very large and very filling, perfect to fuel me for the rest of our shopping trip.





A review of some of the most popular series streaming on a variety of platforms

'Agatha All Along' is perfect brew for cozy night in

Editor's note: "The Ballad of the Witches' Road" from Episode 2 of "Agatha All Along" was listened to on repeat for the entire composition of this article. Listener discretion is advised for such unforgettable tunes.

BY AYUMI DAVIS Sentinel Editor

Supersuits, strength bottled in a serum, androids, aliens and wizards are entirely apart when witches are at play. After all, if all it takes is a stroll down a road to find what you've been seeking all your life, wouldn't you want to be a witch?

Agatha Harkness is back after "WandaVision" and, boy, was it worth the wait. Played by Kathryn Hahn, Agatha is snapped out of the spell Wanda (Elizabeth Olsen) placed her in at the end of the Scarlet Witch's titular series by a boy only known as Teen (Joe Locke). But while she may be out of the dungeon that was her own head,

her powers are depleted.

Add to that a very bloodthirsty and slightly deranged witch named Rio (Aubrey Plaza) who's out for Agatha's blood, well, Agatha's got a couple of sticky situations to find her way out of. Agatha also seems to have an animosity for Rio that matches the witch's bloodlust, speaking to the enigmatic history between the two.

To gain her powers back, Agatha is determined to walk the Witches' Road, a mythical road covens walk in order to find what each seeks most, be it power, riches, knowledge - whatever the heart desires. She gathers a crew of witches — Teen, Lilia Calderu (Patti LuPone), Jennifer Kale (Sasheer Zamata), Alice Wu-Gulliver (Ali Ahn) and Sharon Davis, or Mrs. Hart (Debra Jo Rupp) - and works to walk the Witches' Road to gain her powers back. But if she can rile someone into zapping her up before then, that'll work just fine

for her, too.

The stakes are high, the tunes are catchy, and the adventure is going in this nine-episode series. After waiting for the series to finish, I devoured this in one night, and the most disappointing thing that happened was when the credits rolled on the final episode.

Agatha was already fabulous in "WandaVision," and I loved her even more in this show with her character development. We learn there's more to her than just being a witch killer, how she became the person she is. She's also a great example of the best kinds of villain — the one we can relate to.

Family — both blood and found — friendship and love (of course, Disney) are pretty prevalent themes in the show. The coven-less witch creates a coven for her own gain, yes, but going through trials can bond people. Her coven — and maybe Agatha herself, are finding one another's company not to be as bad as they originally thought.

All the witches seem to grow a quick soft spot for Teen, who is optimistic and bright in his young age compared to the others. But while the history of the others is laid out, Teen leaves a big, fat question mark for his backstory.

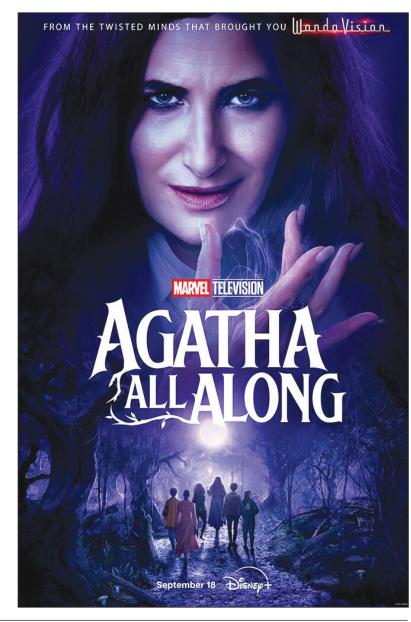
The balance between suspense, comedy, action and drama is awesome, reminding me of the Marvel Cinematic Universe before Phase 5. With the success of "Deadpool & Wolverine" and now "Agatha All Along," I can't help but get my hopes up at least a little for "Captain America: Brave New World." We'll just have to wait and see if the MCU can keep their streak up and get back to what it once was. But, enough of that.

Who really is Teen?

Will Agatha get her powers? Will she really finally find a coven, or will she see herself the only one to make it to the end of the road?

Watch to find out. "Agatha All Along" is definitely binge worthy. The show is available on Disney+.

The series contains adult content. Parental discretion is advised.



Fort Cavazos Stray Animal Facility/Adoptions



Graphics courtesy of Disney

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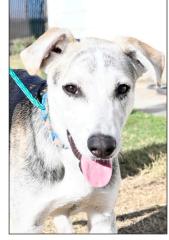
Luv

5-yr-old, Labrador retriever mix, brown, female.



Snow Boy

2-yr, 10-mo-old, Labrador retriever mix, cream, male.



Ranger

10-mo-old, German shepherd mix, tan & black, male.



Shania

1-yr-old, basenji mix, tan & white, female.



Snowflake

5-yr-old, border collie mix, white & black, female.



Armani

5-mo-old, pit bull mix, tan & white, female.



Orion

3-yr-old, Great Pyrenees mix, white, male.



Bruno

3-mo-old, Rottweiler mix, black & brown, male.



Juno

3-mo-old, Rottweiler mix, black & brown, female.



Chanel

1-yr-old, domestic short-hair, gray & white, female.



Cheddar

3-yr-old, domestic short-hair, orange tabby & white, male.



Chess

2-yr-old, domestic shorthair, black, female.

Don't throw holiday waste down drain

BY CHRISTINE LUCIANO

DPW Environmental

This holiday season, family and friends will gather to feast on a deliciously prepared turkey dinner with all the trimmings to complete a meal, but what they may be washing down the kitchen sink could cause Fort Cavazos heartburn.

Too often fats, oils and grease are improperly disposed of by washing the messy, greasy residues down the kitchen sink. This is a common, but costly, mistake. It is not only an issue for the residences and barracks on post, but also dining facilities and child care centers that have kitchens.

Pouring grease down the drain with hot water or using the garbage disposal for getting rid of bulk food scraps is not the right solution either. That grease becomes a menace to Fort Cavazos' sewer pipes and the entire sewage collection system.

The situation is similar to what happens to the body's own arteries should one eat too much greasy food. Just like cholesterol that can block arteries, grease builds up inside sewer lines. That restricts the flow through those pipes and sometimes causes sewer spills or backups. These spills can occur anywhere including backyards, public spaces or even inside buildings.

What many people don't realize is that garbage disposals are not a black hole for making food disappear. Garbage disposals only break the food into smaller pieces, releasing even more of the fats and greases that eventually clog up

In addition to clogging pipes, grease can damage other parts of the

Lift stations move sewage toward a treatment facility, but grease and other debris can clog or damage pumps. The Directorate of Public Works Operations and Maintenance Division and American Water personnel spend numerous man-hours and thousands of dollars every year to remove grease from sewers and repair the damage it causes.

Grease can cause health hazards, property damage, increase plumbing costs and threaten the environment. Prevention is the key to eliminating pollution. The best pollution prevention method is knowing what to do with fats, oils and grease without creating polluting discharges. Residents are encouraged to help the community and environment by following these tips:

• Pour grease into a container to let it cool, then reuse, recycle or properly dispose of the grease.

• Use scrapers or paper towels to remove the grease and food from cookware, plates and utensils prior to washing.

· Dispose of grease and food scraps in the trash.

• Do not use under-sink garbage disposals for getting rid of excess grease or food scraps.

 Commercial additives that claim to dissolve grease may pass the grease down the line but cause problems elsewhere, so avoid using them.

· Recycle large quantities of used cooking oil liquids (not solid grease) at Fort Cavazos Recycle on 72nd Street and Railhead Drive 7:30-11:30 a.m. and 12:30-4:30 p.m. weekdays.



ABOVE, Large quantities of used cooking oil can be recycled at the container located within the Scrap Yard of Fort Cavazos Recycle off of 72nd Street and Railhead Drive. RIGHT, A pipe clogged with fats, oil and grease, also known as FOG, lays on the ground. These clogs rack up unnecessary costs for the installation to remedy.

Courtesy phot





CATHOLIC

Second C

Sunday Mass, 9 a.m., Main Chapel, www.https:// www.facebook.com/FtCavazosRomanCatholic Noon Mass, Monday through Friday, Main Chapel **Confession after Mass or by appointment**, call 254-286-6749, Main Chapel

PROTESTANT

St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, https://www.facebook.com/SaintGeorgeFortCavazos

SPANISH PROTESTANT

Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION

Gospel Service, Sunday, 11 a.m., Memorial Chapel, https://www.facebook.com/ *ComamcheHappeningsNow*

TRADITIONS

Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpws/

CHAPEL NEXT

Contemporary Service, Sunday, 11:15 a.m., Main Chapel, https://www.facebook.com/ *FortCavazosChapelNext*

OPEN TABLE

All-Inclusive Christian Chapel, www.facebook. com/OpenTableChapel

WFC PROTESTANT

Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, https://www. facebook.com/profile.php?id=100064944031364

JEWISH

Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM

Friday Jummah Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE

Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST

Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844 Theraveda, Thursday, 11:45 a.m., Memorial Chapel

NORTH FORT CAVAZOS

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ADDITIONAL SERVICES/STUDY

Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center Men of Honor, Contact Ken Wooten, 254-466-6254

Protestant Women of the Chapel (PWOC),

Tuesday, 9-11:30 a.m., Main Chapel, www. facebook.com/FortHoodPWOC Mothers of Preschoolers (MOPS), www.Facebook. com/FortHoodMOPS

Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel) Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181 Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavai, 254-287-0241

Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/ FortCavazosChaplain*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.





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Photos by Staff Sgt. Jasmine McCarthy, 1st Cav. Div. Public Affairs

LEFT, Spc. Evan Divito, a chemical, biological, radiological and nuclear specialist with Headquarters and Headquarters Battalion, 1st Cavalry Division, holds onto the battalion's colors during a Polish Independence Day celebration Nov. 11 at Bolesławiec, Poland. **ABOVE**, A Polish boy interacts with a High Mobility Multipurpose Wheeled Vehicle presented by the 1st Cavalry Division during a Polish Independence Day celebration Nov. 11 at Bolesławiec, Poland.

From Veterans Day to Polish Independence Day, 1CD honors all through joint parade event

BY STAFF SGT. JASMINE MCCARTHY

1st Cav. Div. Public Affairs

BOLESŁAWIEC, POLAND — Dozens of white and red flags streamed along the sides of the streets as both Polish and U.S. Army soldiers marched together in a parade procession to celebrate Poland's Independence Day Nov. 11. Over a dozen troopers from Headquarters and Headquarters Battalion, 1st Cavalry Division, volunteered to participate in the Independence Day parade, at the request of local Polish military units.

"I find that today is cool because the Polish appreciate us being here, so it is kind of like we are celebrating our Veterans Day intertwined with their holiday," said Spc. Evan Divito, a chemical, biological, radiological and nuclear specialist, with HHBN, 1st Cav. Div. "It opens your eyes to different cultures, and the things that have happened in history at different times."

Several countries also honor Nov. 11 as Remembrance Day, or Veterans Day in the United States. On Nov. 11, 1918, Poland became a sovereign state after centuries of conflict against German, Austro-Hungarian and Russian Empires. As a result of the struggle the country endured from the time of its independence through the World Wars and communist regimes, Poland strongly connects this major holiday with its own military and veterans for their contribution to the liberation of the nation. Leading the U.S. participation in the event was Lt. Col. George Gordon, commander of HHBN, 1st Cav. Div.

"When you look at what Veterans Day is, it is a celebration for everybody who has served in the uniformed services," Gordon said. "Supporting and honoring the Polish Independence Day is a perfect way to celebrate our own Veteran's Day as well. It is about executing missions across the globe in support of freedom, and what better way to celebrate Veterans Day than by celebrating freedom with our Polish allies?"

Gordon took command of the battalion June 14. The parade is one of several engagements he has participated in to ensure the 1st Cav. Div. continues to maintain a strong relationship with its local allies in Poland and Eastern Europe.

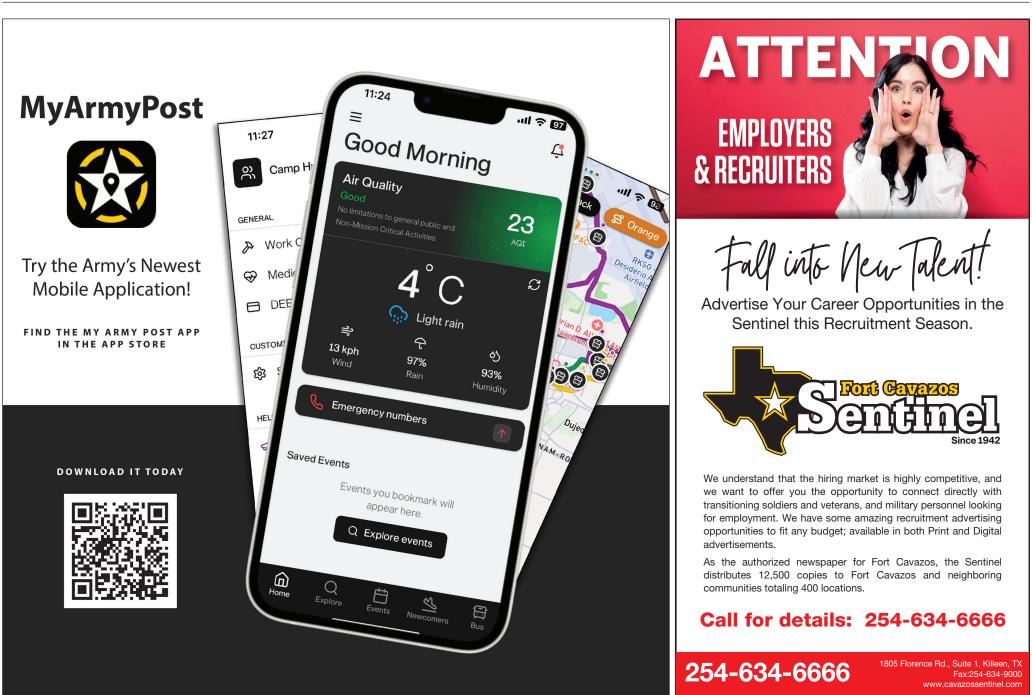
"It is important that our Soldiers support our Polish allies during an important day in their country's history," Gordon said. "Our Polish allies supported us during our own Independence Day celebration here, so doing this shows mutual support for our country's history and culture. The only way to assure and deter is to show a united front, and that means supporting each other and accepting each other in everything that we do."

The event concluded with the laying of flowers at the base of a remembrance monument, a static display of Polish and U.S. military vehicles and local warm refreshments.





LEFT, Troopers of Headquarters and Headquarters Battalion, 1st Cavalry Division, marches alongside Polish Army soldiers and other parade participants during a Polish Independence Day celebration Nov. 11 at Bolesławiec, Poland. **ABOVE**, Command Sgt. Maj. Anglade Jean-Francois, command sergeant major of HHBN, 1st Cav. Div., stands in formation alongside other troopers of the 1st Cav. Div., during a Polish Independence Day celebration Nov. 11 at Bolesławiec, Poland.



LIVING

B5



TOP LEFT, Art Cantu, Army spouse, rolls three dice during a round in a game of bunco during the Fort Cavazos Spouses' Club "Friendsgiving Bunco" event Saturday at Samuel Adams Brewhouse at Fort Cavazos. TOP RIGHT, Tiffany Iglesias, Army spouse, rolls three dice during a game of bunco while Melissa Jaeger, another Army spouse, laughs during the Fort Cavazos Spouses' Club "Friendsgiving Bunco" Saturday at Samuel Adams Brewhouse.

Thanksgiving fun: FCSC brings food, friends, bunco to fall holiday

BY AYUMI DAVIS

Sentinel Editor

The Fort Cavazos Spouses' Club hosted a "Friendsgiving Bunco" event Saturday at the Samuel Adams Brewhouse, bringing competition filled with food, prizes and friendship.

Over 30 people attended the Friendsgiving Bunco, bringing a variety of foods to eat. After eating, attendees play three games of Bunco, a dice game played in six rounds where players score points by rolling three dice, working to roll a number that matches the round (e.g. rolling a 3 in round three).

"Bunco is a military spouse tradition that I've played at every installation that (my partner and I have) been a part of," said Julie Dempsey, leader of the Bunco Club. "It's an easy game that everyone can play and enjoy. This bunco is special because the prizes being given away come directly from the community and we can give back to the establishments that have supported us in the past. For example, one of the gift cards is for Black Rifle Coffee Company, who supported us at our Super Sign-Up event."

"We have two main obligations: philanthropy and social engagement," said Nicole Strong, president of the Spouses' Club. "We balance giving back to the community with creating opportunities for our members to connect, build relationships and have fun together. These two aspects are what make our club both impactful and meaningful."

Sub clubs are picked based off members' interests, Dempsey said.

"We're also offering special pop up events throughout the year for example, going to play trivia one month at a local restaurant," she said. "We want to give spouses as many opportunities to connect with each other as possible. So many troopers are on rotation right now, it's good to make connections."

Strong said the sub clubs are crucial to bringing people with shared interests together.

"It's at these events where the real connections are made," she said. "It's not just about discussing the next fundraiser — it's about getting to know each other on a deeper level. These are the spaces where we talk about our lives, our families, interests, etc. It's at these events and in these conversations we build lasting relationships." Retired Capt. René San Miguel, retiree liaison for the Spouses' Club, just joined recently. It's his first time being a part of a spouses' club, and he said he enjoys the camaraderie, friendships and connections. "I'm glad (I joined)," he said, noting he met many members doing CrossFit at the Applied Functional Fitness Center. "I have fun. Now, when I go somewhere else, I'll join again."

Elizabeth Russell, leader of the Wine Club and spouse of British Army Maj. Scott Russell, 1st Cavalry Division, said there's nothing like a spouses' club in the U.K.

"It's been a great way of meeting people," she said. "Coming from abroad, I didn't know anybody at all in the U.S. Army, so I've made some great friends. I've got much more involved in my second year (with the Spouses' Club). I run the Wine Club this year, which gets

me to host events and meet even more people and kind of build up that friendship group, which is just fantastic."

Elizabeth's husband is currently deployed to Poland, so she said events like the Friendsgiving Bunco are great for getting out.

"I spend most nights solo parenting," she said. "It's great to come out and do things like this, - a bit different from anything I've ever done — and build up those relationships so I have the village around when (my husband is) deployed to help me out, which I wouldn't have had, were it not for the Spouses' Club."

It was Elizabeth's first time playing Bunco, noting she was on track to become "best loser." At the end of the night, prizes were given out, one of which was awarded to Elizabeth for having the most losses of the night. While she may have lost, she did earn herself a gift card.

For more information on the Fort Cavazos Spouses' Club, its sub clubs and to see future events, visit fortcavazosspousesclub.org.



While the Spouses' Club regularly hosts fundraisers, like Wild West Night Mar. 1 and the recent Holiday Bazaar Nov. 9-10, the organization also works to create events and get-togethers for its members. The club offers sub clubs, including Bunco Club, Run Club, Book Club, Movie Club, Wine and Spirits, Lunch Club and Mommy and Me Club.

Retired Capt. René San Miguel, retiree liaison for the Fort Cavazos Spouses' Club, poses for a picture at the club's "Friendsgiving Bunco" event Saturday at Samuel Adams Brewhouse at Fort Cavazos.

Panera Bread holds grand opening on Fort Cavazos



Photo by Monty Campbell, Fort Cavazos Public Affairs

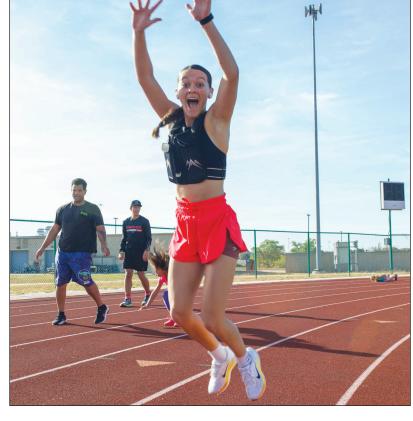
C.J. Morganfield, left, Fort Cavazos Exchange general manager; Cathleen Fight, Fort Cavazos Panera Bread manager; Mike Carboni, Army and Air Force Exchange Service, Services and Food Directorate senior program manager; Lt. Col. Benjamin Carter, U.S. Army Garrison-Fort Cavazos executive officer; and Nanette Robinson, Fort Cavazos Panera Bread assistant manager cut the ribbon at the Panera Bread Grand Opening Nov. 20 in the Post Exchange at 33012 Legends Wy. Panera Bread is open 7 a.m.-7 p.m. weekdays and 8 a.m.-7 p.m. weekends. This Panera Bread is one of four on an Army installation.

SPORTS Fort Cavazos hosts Impossible Mile event



Photos by Samantha Harms, Command Information Chief

Sgt. Mark Huffer, Headquarters and Headquarters Battalion, 3rd Cavalry Regiment, laying on the ground, gives a thumbs up to 1st Lt. Joshua Shields, 1st Cavalry Division, as he lunges by and to Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, pauses after a burpee during the Impossible Mile, an event made of burpees, bear crawls, lunges and running, Saturday at Phantom Warrior Stadium at Fort Cavazos. Shields finished in first place in roughly 35 minutes.



2nd Lt. Haley Lyons, 553rd Sustainment Brigade, 1st Cavalry Division, jumps with a smile during a burpee broad jump during the Impossible Mile Saturday at Phantom Warrior Stadium at Fort Cavazos.



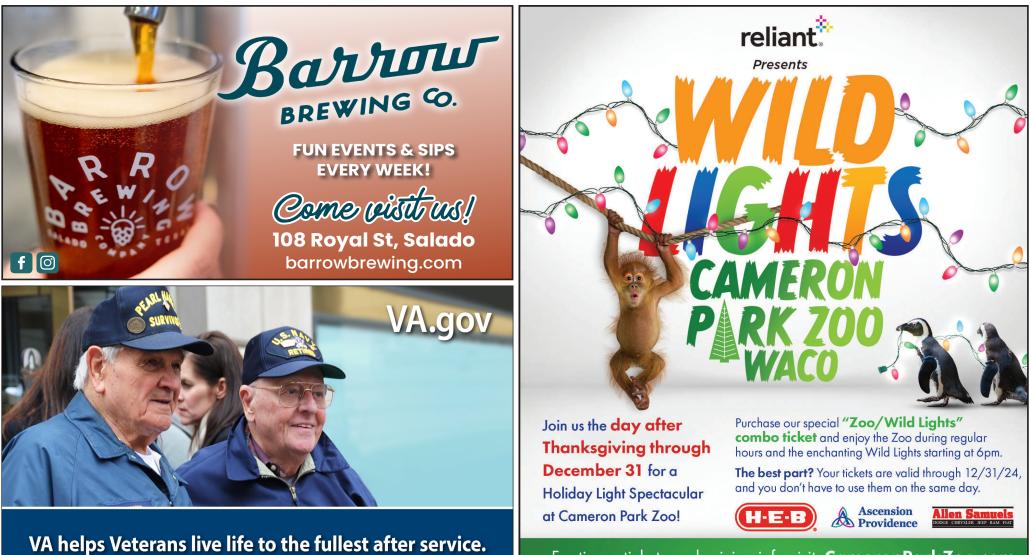
Cpt. Terry Montgomery, commander of Alpha Company, 15th Finance Battalion, 13th Armored Corps Sustainment Command, bear crawls while Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, jumps for a burpee Saturday at Phantom Warrior Stadium at Fort Cavazos. Rhoades and others estimated they did 300 or more burpees in one lap around the track.



Participants in the Impossible Mile begin their first lap of burpee broad jumps Saturday at Phantom Warrior Stadium at Fort Cavazos. The event, hosted by Fort Cavazos Directorate of Family and Morale, Welfare and Recreation, is made up of one lap of burpees, one lap of bear crawls, one lap of lunges and one lap of running.



Participants lunge into their next lap, while others jog to the finish line of the Impossible Mile Saturday at Phantom Warrior Stadium at Fort Cavazos.



For times, tickets and pricing info visit: CameronParkZoo.com

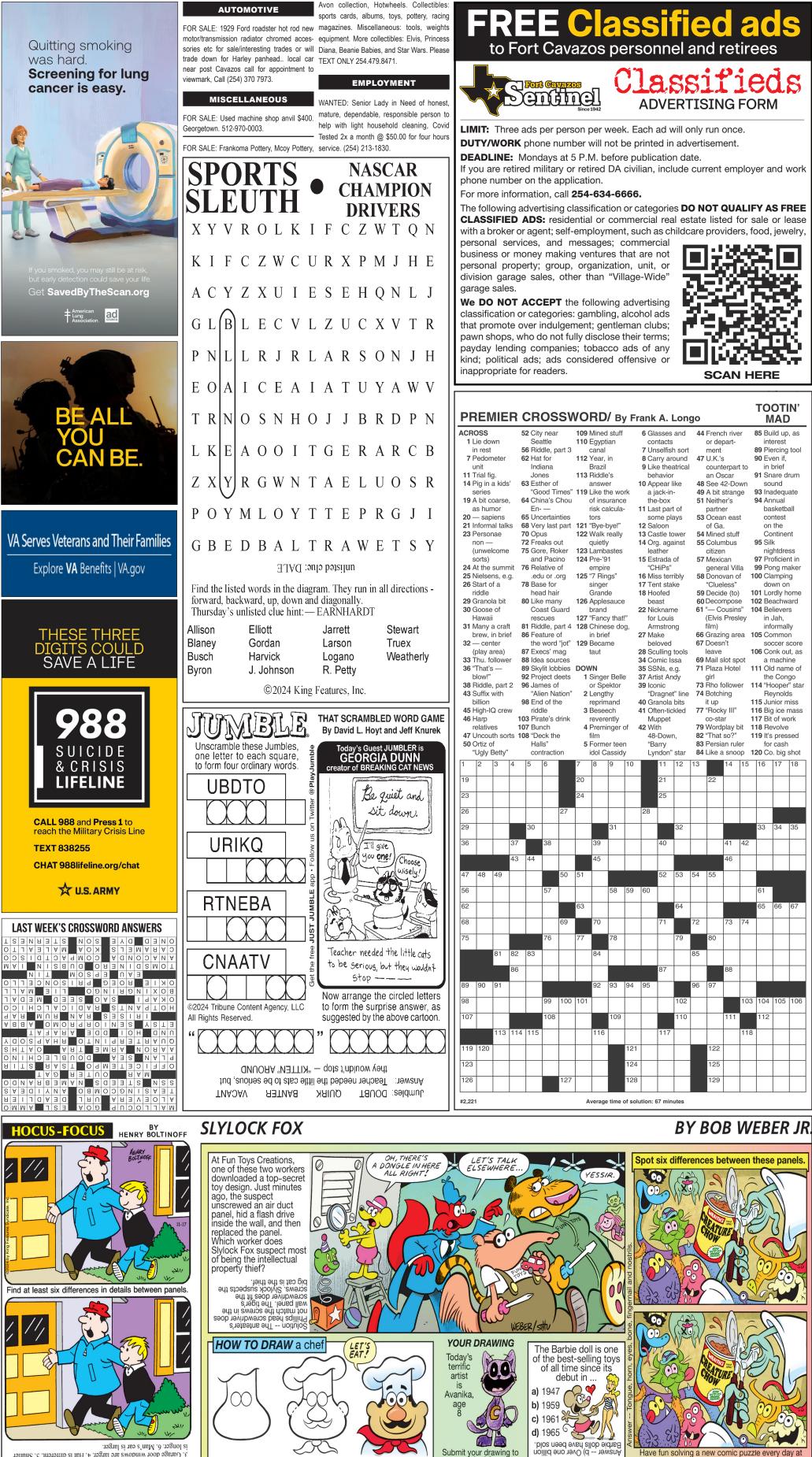
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3. Garage door windows are larger. 4. Hat is different. 5. Shutter Differences: I. Boy's hair is different. 2. Arm is different

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