

Army approves tuition assistance increase, adjusts credentialing assistance program A7

Trees for Troops brings holiday cheer



From left, Sgt. Tanner Sharkey and Spc. Michael Chrisafis, both with Bravo Company, 1st Battalion, 5th Cavalry Regiment, 3rd Calvary Regiment, carry holiday trees during the Trees for Troops event Friday at Phantom Warrior Stadium at Fort Cavazos. The annual program provides farm-grown trees to Soldiers and their families.

BY ERIC FRANKLIN

Fort Cavazos Public Affairs

Soldiers and their families gathered to participate in the annual Trees for Troops giveaway Friday morning at Phantom Warrior Stadium at Fort Cavazos. More than 600 farm-grown Christmas trees were distributed, offering a festive touch to the holiday season and a sense of home for Soldiers stationed far from loved ones.

The event, organized by the Christmas Spirit Foundation with support from FedEx, brought together Soldiers, volunteers and community members in a show of unity and holiday spirit.

The trees were distributed on a first-come, first-serve basis to juniorenlisted Soldiers and their families followed by anyone with a Department of Defense ID, reinforcing the sense of care and connection within the military community.

Visit highlights modernization, sustainment

For Tira Davis, a veteran and Fort Cavazos community member, the event has become a cherished part of the holiday season. Attending with her young daughter, Zia, 1, Tira shared how much the experience means to her family. "A lot of these Soldiers, they're not from here, and their families aren't here," she said. "So this little taste of home, it means a lot. It was very exciting. I liked that I got to take my daughter Zia; this is her second Christmas. Her first Christmas, she was a really small baby. Now she can

See Trees, A6

NEWS BRIEFS

Sentinel, podcast breaks in production

Today's edition of the Fort Cavazos Sentinel will be the last of the year. The next edition will be Jan. 9, 2025. Additionally, the Great Big Podcast is cur-

BY ERIC FRANKLIN

Fort Cavazos Public Affairs

rently on a break until Jan. 6, 2025.

Scholarship applications open

The Fort Cavazos Family Scholarship Fund will open scholarship applications Tuesday and run through Feb. 17, 2025. High school students and military spouses seeking undergraduate and/or graduate degrees are eligible to apply. Visit fortcavazosscholarship.org. for information on how to apply or more about the fund.

AEC holds recruiting event

The Department of the Army Headquarters G-1 Army Expeditionary Civilian Workforce Directorate will host a deployment recruitment event 1-5 p.m. Jan. 8, 2025, in room A311 at the Copeland Soldier Service Center for DA civilians interested in learning more about the possibilities of volunteering to serve as an expeditionary civilian. AEC Program recruiters will be on hand to answer questions and offer assistance.

DFMWR hosts Nature in Lights

Fort Cavazos Directorate of Family and Morale, Welfare and Recreation is hosting Nature in Lights daily through Dec. 31 at Belton Lake Outdoor Recreation Area. It is open 5:30-11 p.m. and costs \$20 for a car, minivan or pickup truck; \$35 for limousines, 15-passenger vans or recreational vehicles, aka RVs; \$55 for a 24-passenger van; and \$80 for a 47-pluspassenger van or larger bus.

People can also enjoy Santa's Village at Live Oak Pavilion, Santa's Depot near the marina and pony rides at BLORA Ranch, all 5:30-11 p.m. daily through Tuesday. Santa's Depot costs \$5 for adults, \$3 for children 11 and under and is free for lap children. The ride costs \$5. For more information, visit cavazos. armymwr.com/view-event/naturelights/6600704/93405.

Veterans ride free in CenTex

The Central Texas Vet-Ride Program offers veterans, their spouses and dependents free transportation through The HOP for uses including medical appointments, government offices, grocery stores, school and shopping. For more information, visit ctadvrc.org/programs/ veterans/central-texas-vet-ride-program. Fort Cavazos showcased its commitment to modernization and Soldier quality of life during a recent visit Dec. 10 by Brig. Gen. John Hinson, commanding general of U.S. Army Sustainment Command, highlighting sustainment and dining initiatives supporting Army readiness.

"It was so great visiting the Soldiers and Civilians at 407th AFSB (Army Field Support Brigade)," Hinson said. "The brigade, partnered with 13th ACSC (Armored Corps Sustainment Command) and the III Armored Corps staff, are leading the way in both data analytics for materiel management across the divisions as well as food-service innovation."

Leaders at Fort Cavazos highlighted the installation's efforts to enhance operations and quality of life for Soldiers and their



Photo by Eric Franklin, Fort Cavazos Public Affairs

See **Visit,** A6

Sgt. Alexis Sobczak, 13th Armored Corps Sustainment Command, explains meal preparation to Brig. Gen. John Hinson, commanding general of U.S. Army Sustainment Command, Dec. 10 at the Iron Horse Dining Facility at Fort Cavazos.

11th Corps Sig Bde hosts Safety Stand-Down



Photo by Christine Luciano, DPW Environmental

Dan Gomez, an environmental protection specialist with the Directorate of Public Works, conducts a spill demonstration to explain how Soldiers can respond, mitigate and cleanup spills effectively during the 11th Corps Signal Brigade Safety Stand-Down Dec. 6 at 11th CSB Headquarters at Fort Cavazos.

BY CHRISTINE LUCIANO

DPW Environmental

The 11th Corps Signal Brigade hosted a Safety Stand-Down day Dec. 6, gathering warfighters, leaders and partners to emphasize safety and awareness on a wide range of topics. From alcohol and substance abuse to fire safety and unexploded ordnance, or UXO, awareness, the event served as a comprehensive platform to educate warfighters and enhance readiness.

"Soldiers depend on organizations that genuinely care and support them and their families," said Harrison Riggins, occupational health and safety manager for 11th CSB. "The 11th Corps Signal Brigade commander and command sergeant major emphasizes that the well-being for their Soldiers and their families are essential to 11th CSB's readiness, both on and off duty."

Col. James Sullivan, commander of the 11th CSB, addressed the formation of more than 400 Soldiers, setting the tone for the Safety Stand-Down day. Referencing his "fatal four," Sullivan encouraged his Soldiers to reflect on their decisions and ask themselves critical questions.

"My fatal four — you should not do things that are illegal, immoral, unethical or unsafe," he said. "With the holidays, I know we are relaxed, and we are off our guard, which is good — we need that down time. But safety must always be on our mind as we move forward ... to keep you and your family safe."

The Safety Stand-Down highlighted a proactive approach to addressing challenges warfighters may encounter in their personal and

Stay safe this holiday season

BY COL. GARRICK CRAMER

CRDAMC Commander

Fort Cavazos families, earlier this year CRDAMC was recognized for delivering high-

quality and safe medical care. In May 2024, the nationally recognized Leapfrog Group awarded CRDAMC the "A" Grade for providing safe, quality care — one of nine Military Treatment Facilities, or MTFs, in the Department of Defense awarded "A" Grade rating. The compassionate, safe and quality care at CRDAMC marches on.

In November, the Leapfrog Group awarded CRDAMC again

with Grade A rating, one of 15 MTFs in the DOD designated the A Grade for the fall. We are privileged to serve you and will continue to



Garrick Cramer

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Flu season is here. The U.S. flu season is typically October through May every year, and the influenza vaccine is recommended every year for anyone 6 months of age and older. People at high risk for influenza complications include infants, young children, pregnant women, adults 65 and older,

nursing home or long-term care facility residents and those with underlying health conditions. I encourage you to get the flu vaccine to protect yourself and anyone you're in contact with who could be immunocompromised. Check with your local pharmacy accepting TRICARE or your primary care clinic.

As the holidays approach, our lives fill with joy, laughter and celebrations with loved ones. Please remember safety should remain a top priority. From travel plans and decorations to gatherings and gift giving, taking a few simple precautions can ensure the holidays remain merry and bright. Follow proper fire safety measures — make sure smoke detectors are working, fire extinguishers are on hand and don't leave fires unattended. Please drink responsibly and have a designated driver. If you or a loved one need emergent mental health care, please seek professional help at CRDAMC, 988 (Suicide & Crisis Lifeline) or the nearest emergency room.

I wish you a safe and enjoyable holiday season. Care and Concern!



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EDITORIAL STAFF

Editor AYUMI DAVIS editor@cavazossentinel.com 254-287-9495

News Editor

BLAIR DUPRE blair.dupre@cavazossentinel.com 254-287-2436

Living Editor JANECZE WRIGHT 254-287-5964

Design Editor DANIELLA THACKER daniella.thacker@cavazossentinel.com

BUSINESS STAFF

General Manager SCOT MORRISSE

254-287-0101

Publication Manager

ARMANDO GUTIERREZ armando.gutierrez@cavazossentinel.com 254-634-6666

Advertising Sales Associate

LINDSAY DILLON lindsay.dillon@cavazossentinel.com 254-634-6666

Series that takes place every year.

sioner and deputy MBA commissioner, the MBA featured its first women's tournament in the series, with the Fort Cavazos Lady Phantom Warriors winning the inaugural tournament.

GREAT PEOPLE AT THE GREAT PLACE



Spc. Karisma Tyson, supply specialist, Alpha Company, 303rd Intelligence Electronic Battalion, 504th Military Intelligence Brigade, holds her Most Valuable Player and team trophies Nov. 13 at Fort Cavazos. Tyson was named MVP after she and the Fort Cavazos Lady Phantom Warriors won the championship game of the Veterans Day Classic Basketball Tournament Nov. 11 at Fort Worth, Texas.

BY SGT. ASHER ATKINSON

III Armored Corps Public Affairs

pc. Karisma Tyson, a supply specialist assigned to Alpha Company, 303rd Intelligence Electronic Battalion, 504th Military Intelligence Brigade, was named the Most Valuable Player of the 2024 Military Basketball Association Veterans Day Classic Basketball Tournament for Fort Cavazos and the Lady Phantom Warriors basketball team Nov. 11 at Fort Worth, Texas.

their behavioral health, transition out of the service to civilian-sector jobs and spiritual and mental fitness. It is part of the MBA Tournament

This year, under the leadership of Acevedo, now WMBA commis-

Worth, Texas, in 2023. It is a resiliency event that focuses on connecting

both military and veterans to services they may need to assist them with

Originally from Memphis, Tennessee, Tyson joined the Army in August 2020. She plays the position of shooting guard, power forward and center at a height of 5 feet, 11 inches. Tyson started playing basketball at 4 years old when her father took her outside to play. Her inspiration comes from watching her family members play basketball, who played at the college level.

Tyson reflected on her experience playing basketball, being a service member and the importance of being a representative of the U.S. Army.

"This one hits different," Karisma explained. "This is with a completely different organization. This is with the Army. This is my first time trying out for an Army base team, and, on the first try, we win the championship, and this is the first veteran tournament that the MBA has involved females. It definitely meant a lot to us as a team, my coach and my sergeant major."

The MBA Veteran's Day Classic began in 2017 in Colorado Springs, Colorado, by then 1st Sgt. Angel Acevedo. The program moved to Fort

"It is our hope that at every stage we present Volunteer Men's Military Varsity Basketball, we are able to also share the stage with our Volunteer Women's Military Varsity Basketball athletes," said Mike Meyers, founder and commissioner of the MBA. "It is the commitment of myself and the WMBA commissioner to provide more opportunities for women to play."

Prior to playing in the tournament, Tyson meditates and prays to prepare herself mentally. When fighting the butterflies of performing basketball, she believes the best way to overcome is playing harder. She finds joy in witnessing all the hard work and effort put into practice with her fellow warriors come to fruition as they all play.

When asked about the overall chemistry with her teammates, Tyson reflected and smiled, acknowledging how they hold each other accountable.

"On the outside, it may look like we may not like each other, but, on the inside, it's because we know the standard in and out of uni-



Courtesy photo

In back left, Spc. Karisma Tyson, a supply specialist assigned to the Alpha Company, 303rd Intelligence Electronic Battalion, 504th Military Intelligence Brigade, poses with her teammates, the Fort Cavazos Lady Phantom Warriors, for a photo with Angel Acevedo, founder and commissioner of the Women Military Basketball Association and Military Basketball Association deputy commissioner after winning the Veterans Day Classic Basketball Tournament Nov. 11 at Fort Worth, Texas.

form," Tyson said. "When my point guard, Sgt. Sierra Brown (Medical Readiness Battalion, Carl R. Darnall Army Medical Center) is telling me I need to be somewhere, I have a job to do. There is no talking back. Let's get the job done for the greater good of the team."

Tyson was grateful to be named MVP of the tournament. She firmly believes the leadership, hard work, effort and support from her teammates and coaches are what ultimately contributed to her and the team's victory. During the games, she is constantly reminded there are no excuses and everyone has a key contribution to overall success.

After celebrating in Fort Worth, the Lady Phantom Warriors team is now preparing for their regular season.

Tyson explained the game plan is to stay healthy, get stronger, uphold the standard their coach sets for the team, execute and play hard.

The WMBA will host its Finals and Championship Tournament in Philadelphia, Pennsylvania, May 22-25, 2025.

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3rd Combat Weather Squadron increases agility through innovation, technology



Photos by Scott Darling, Fort Cavazos Public Affairs

An aquatic environmental sensing drone returns to shore on Oct. 30 at Lake Belton at Belton, Texas. The 3rd Combat Weather Squadron is developing and experimenting with new weather detection and processing capabilities to infuse forward-edge environmental data into combat operations planning.

BY CAPT. CHRISTIAN LITTLE

93rd AGOW Public affairs

s part of a new innovation cell, the 3rd Combat Weather Squadron is applying emerging technology to experiment with how environmental information can be collected and processed through the use of underwater drone technology, inexpensive 3D-printed weather sensors, environmental detection buoys and small-scale weather models assisted by artificial intelligence.

"We are preparing to operate in any phase of conflict sup-

porting any joint force partner," said Master Sgt. Michael Cobb, 93rd Air Ground Operations Wing A3 operations superintendent. "We don't know where or when the next conflict will take place, so we need to continue to expand our capabilities and processes beyond what we have been doing to get where we need to go."

Combat weather's mission is to collect, analyze and integrate environmental data into multidomain operations to provide decision-makers with timely and accurate information on how to best operate in any battlespace. This includes space weather and the effects on the electromagnetic spectrum, which impact how military technologies function. These weather professionals aim to maximize friendly battlefield capabilities while analyzing an adversary's ability to conduct combat operations.

"We can provide data that decreases risk and provides commanders with a more holistic idea sensors that we only place at airfields," explained Leo. "I see us increasing the density of sensors at the cost of accuracy. That may sound counterintuitive, but in a future conflict, I think we're going to need a lot more agility, and it's going to require a lot of sensors that will probably be less accurate but provide a much greater sight picture for the whole operating environment."

These PRIME sensors could provide information to recommend routes for friendly forces to traverse hazardous terrain and enable unimpeded ground resupply and combat operations. The combat weather community is working toward packaging and moving the materials necessary for translates to more informed battlefield decision-making.

"We should be able to make better decisions on how to move around the battlespace and provide the information necessary for commanders to make decisions," Leo said. "We need to look at all avenues of asymmetrical battlefield advantage to stay ahead of the power curve."

AI and MI micro-scale weather models

Combat weather Airmen are posturing themselves to leverage advanced computer technology for micro-scale weather modeling. In anticipation of denied and degraded lines of communication in future conflicts, the 3rd CWS is working

> with industry to utilize their new PRIME sensors to run weather models in contested environments without a reach-back capability.

> These micro models ingest local data and utilize AI and machine learning, or ML, to aggregate environmental data to fill in information gaps for a specific operating area, potentially allowing combat weather Airmen to continue providing environmental intelligence in technologically contested environments.

> The goal of these models is to provide a real-time picture of the operating environment that is resistant to external adversary interference.

> "We can help tailor the timing of an operation to maximize lethality or whatever the intended output is," Leo said. "Then provide realtime weather data throughout an operation for commanders to be able to make decisions based on evolving conditions."

> In a future conflict, where air superiority may be temporary or nonexistent, operations can integrate weather prediction and intelligence to ensure combat effectiveness. "We need to be able to maximize our periods of air superiority in future conflicts by providing commanders with very accurate, timely weather data," Leo explained. "Allow us to show what we're capa-



of what's going on in the environment in order to make the most efficient and effective decisions for the conflict at hand," said Maj. Justin Leo, 3rd CWS operations officer.

PRIME sensors

The 3rd CWS has been developing 3D Printed Modular Envi-

ronmental, or PRIME, sensors that cost less than \$500 each and collect various environmental parameters. The team anticipates these sensors can be dispersed throughout a battlefield to provide invaluable data necessary for large-scale combat operations supporting both tactical and resupply movements.

"We're going to be able to put a ton of these out into the battlespace to give a commander much higher fidelity and higher-resolution weather data than we could with our

Air Force 1st Lt. Alexander Kim and Tech. Sgt. Andrew Childress, 3rd Combat Weather Squadron, sets up equipment for aquatic environmental sensing drones Oct. 30 at Lake Belton at Belton, Texas.

building these PRIME sensors to the forward edge, enabling them to rapidly repair, replace and expand the sensing network without a cumbersome logistical tail.

Underwater drones and environmental sensing buoys

To better support joint-force aquatic-based operations, the 3rd CWS is procuring and testing how underwater drones can be used to measure depth, drift rate, wave height, salinity and water temperature and how this information ble of because I think we are barely scratching the surface of what combat weather can provide."

To achieve environmental decision-making advantages, the organization looks to its forces on the front lines to identify and solve potential future conflict challenges.

"As a wing, we encourage the warfighters at the tactical level to get after the problems they see with their own eyes," Cobb said. "They are in the best position to develop solutions because they see the problem firsthand."

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BY CHRISTINE LUCIANO

DPW Environmental

At Fort Cavazos, the Directorate of Public Works has become a model of how safety can be integrated into the workplace, support the Army's mission and set a standard for excellence.

Through comprehensive safety training, a recognition program and leadership support, DPW is embracing the capability objectives of the Army Safety and Occupational Health Management System, or ASOHMS.

"Safety is a core value and an essential part of our DPW culture," said Brian Dosa, director of DPW. "We perform many important missions in support of Soldiers and families, but none are worth putting the life and health of our teammates at risk. Safety must be at the forefront of everyone's actions — let's 'go slow to go fast.""

ASOHMS emphasizes the following six objectives: leadership engagement and employee participation; investigations and reporting mishaps, incidents and illnesses; conducting safety and occupational health training and promotion; conducting inspections and assessments; conducting hazards analysis and developing control measures; and employee health protection and readiness.

On Oct. 9 and 10, Brandon Hody from the Department of Defense Safety Management

Center of Excellence explained Fort Cavazos was the first to undergo stage two assessment of ASHOMS in U.S. Army Installation Management Command. Hody explained that through discussions at multiple sites, the team assessed if employees understood the strategic planning, how their safety policies and procedures operate, what the risks are in their workplace, how to mitigate those risks and the safety goals and objectives of the organization.

"Consistently, what I want to call star level, you're there in terms of the leader commitment," Hody said. "It's very evident in every garrison director and every supervisor we spoke with, their commitment to safety, the belief in how important safety is, how they carry that to their workforce and how that creates one of the better cultures we've seen in a while."

Hody praised DPW as a good example of a site of safety culture that goes above and beyond, highlighting the benefits the DPW Safety Office provides with direct safety support and guidance.

DPW's safety program aligns with the goals of ASHOMS and serves as a model for other garrison directorates and military installations. To engage employees and provide additional avenues for training, the DPW Safety Office maintains a safety video library of more than 100 DVDs, with a video for nearly every known hazard a DPW employee may be exposed to, such as instruction on injury and illness prevention, personal protective equipment, trenching and excavation, vehicle and



Photos by Christine Luciano, DPW Environmental

TOP, The Directorate of Public Works Operations and Maintenance Division holds a safety stand-down with more than 150 OMD team members in attendance Sept. 4 at Palmer Theater at Fort Cavazos. The event is an example of how DPW is promoting a safety culture, aligning with Army Safety and Occupational Health Management System's capability objective of leadership engagement and employee participation. ABOVE, Brandon Hody from the Department of Defense Safety Management Center of Excellence assesses a DPW safety shop's safety program by asking employees about their safety policies and procedures, the risks within their workplace, how to mitigate those risks and the safety goals and objectives on Oct. 9 at the DPW Specialty Shop at Fort Cavazos.

equipment operation, work and construction sites, welding and accident investigation. This gives DPW the opportunity to provide its workforce with the knowledge and tools necessary to perform their duties safely at times that are convenient and necessary for them.

Unit safety officers, or USOs, play a pivotal role in this effort. Each division within DPW has a designated USO who acts as the frontline advocate for safety. By empowering USOs, DPW embeds safety directly into every level of its operations.

The collaborative efforts, dedication and hard work of the USOs recently earned recognition as the recipient for Team of Excellence award at the Phantom Warrior Award ceremony Nov. 25. The USOs demonstrate the directorate's commitment to safety by performing stand-down events, emergency action-plan training and customized safety training specific to the jobs to enhance safety, reduce injury and help prevent risks from fire and related hazards.

"This award reflects our shared commitment to ensuring safety is at the forefront of everything we do," said Jason Dumas, USO for the DPW Business Operations and Integration Division. "When our leaders and peers lead by example, we create a culture where safety thrives, and everyone feels empowered to prioritize it."

Acknowledging and rewarding safe practices is another cornerstone of DPW's approach. The USOs for the Operations and Maintenance Division developed the Safety Hero of the

> Quarter Award to recognize individuals who demonstrate an exceptional commitment to safety. Since 2016, the SHoQ Award has been presented to 53 individuals who developed and employed initiatives to enhance the directorate's safety culture.

> "The SHoQ awards celebrate achievements that inspire others and reinforces the importance of safety as a core value," said Michael Cruz-Miyasaki, USO for OMD. "Recognizing success helps foster a sense of ownership and pride, creating an environment where our DPW peers are contributing to a safer workplace."

> The directorate's safety culture is driven by leadership support from the top. DPW's director champions safety initiatives and ensures resources are allocated and priorities are clear across the organization. The goal of the leadership's actions is that its commitment to the program sends a powerful message: safety is a mission-critical element of DPW's operations.

> "Leaders must identify the hazards associated with every task they ask of their employees, develop and implement controls and assume risk at the appropriate level," Dosa said. "Risk management is a leader responsibility that should be documented in a job hazard analysis for each of our teammates."

> Quarterly, the director and division chiefs from operations and maintenance, engineering, environmental, housing, real property and planning, and business operations and integration attend the DPW Safety Council. The forum allows open discussions amongst leaders on topics of incidents lessons learned, safety initiatives and goals, mandatory safety training, hazardous log entries, employee recognition and safety improvements.



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Culinary Outpost Food Truck 3 is also undergoing services and maintenance.

Christmas Spirit Foundation donates over 600 trees



Photo by Eric Franklin, Fort Cavazos Public Affairs A donated Christmas tree features a handwritten note during the Trees for Troops event Friday at Phantom Warrior Stadium at Fort Cavazos.

Trees: Continued from A1

see and interact. It was very fun. It's something I might want to do every year, maybe make it into a tradition for her as she gets older."

The success of the event was made possible by dedicated volunteers who worked tirelessly to set the stage for a joyous day. Members of the Fort Cavazos Better Opportunities for Single Soldiers program joined representatives from the Directorate of Family and Morale, Welfare and Recreation to unload trees, set up decorations and provide a welcoming atmosphere with music, treats and hot beverages.

"We're really happy to be here," said Cpl. Amber Solis, the Fort Cavazos BOSS program secretary. "We've had this planned for about a month now, and I was counting down the days to get out here and do it. We've been out here pretty early, but we do it for everyone — for the smiles on the parents' and the children's faces.

"It's all about the community and coming together and being there for each other," Solis added. "That gives a sense of home."

Trees for Troops, which has delivered more than 300,000 trees to service members since its inception, continues to rely on donations, sponsorships and the hard work of volunteers. The trees delivered to Fort Cavazos were transported free of charge by FedEx.

Families picking up trees were encouraged to practice fire safety and use proper techniques for safely transporting their tree.

Visit treesfortroops.org for more information about Trees for Troops.

AFSBn-Cavazos displays progress in initiatives during ASC CG visit

Visit: Continued from A1

families during recent visits.

"These visits allowed us to showcase initiatives like the Cavazos Connector, Phantom Centralized Hub and food service action stations," said Lt. Col. Richard Martinez, commander of the Army Field Support Battalion-Cavazos. "We're constantly working to improve the lives of our Soldiers and families while advancing readiness and modernization goals."

At the Materiel Redistribution Site, leadership explored the site's critical role in the Army's modernization and sustainment strategy.

"Our ability to efficiently relieve units of equipment in a timely manner is our main mission and task," said Mike Gill, Materiel Redistribution Site division chief. "The 'Big M' in Materiel Redistribution Site reminds us that we exist to support units in executing modernization efforts.'

The site plays a pivotal role in partnership with unit leaders, enabling seamless equipment divestiture processes that build trust and save time.

"We do our best to teach, coach and mentor anyone who walks through our doors," Gill said. "This is key to our success and ensures we're streamlining processes for Soldiers, knowing every minute of their day is precious."

254 Blend Coffee Bar, a dedicated space for quality coffee and connection; Phantom Fresh, a grab-and-go service providing made-to-order salads and sandwiches; Phantom Prep, an installation-wide meal prep program that has grown from serving 100 meals per pickup to over 300; and action stations, a campus-style food court offering diverse, customizable meal options.

"We must provide Soldiers options how and where they would like to eat," Hinson said. "Providing quality, nutritional meals through meal prep and grab-to-go services provides these options with a direct correlation to the high utilization rates for warrior restaurants across Fort Cavazos."

With over 20 years of experience in food services, Sturdivant highlighted Fort Cavazos' leadership in food service modernization, emphasizing its mission to promote Soldier health, fitness and readiness.

"Fort Cavazos is at the forefront of food service modernization, pioneering innovative concepts to enhance support for Soldiers," Sturdivant said. "These efforts reflect our mission to promote health, fitness and readiness."

Leaders emphasized the importance of fostering morale through welcoming dining environments



Photo by Christine Luciano, DPW Environmental

Sgt. Tyler Champion and Sgt. Samuel Boyee, both with 11th Corps Signal Brigade, compete against each other in an obstacle course to see who is the first complete the recycle mission at the 11th CSB Safety Stand-Down Dec. 6 at 11th CSB Headquarters at Fort Cavazos.

Stand-down emphasizes

NEWS

As part of the Army's Rapid Removal of Excess initiative, Fort Cavazos will host a major divestiture event in summer 2025, further advancing modernization efforts.

"Army Field Support Battalion-Cavazos Rapid Removal of Excess will support III Armored Corps and 1st Cavalry Division units on Fort Cavazos," Gill said. "We are continually using lessons learned to refine best practices and ensure success."

Innovative dining initiatives were also in the spotlight during the leadership visits, with Fort Cavazos showcasing its efforts to combine nutrition, morale and modernization in Soldier support.

"My philosophy centers on prioritizing the well-being of every Soldier by ensuring access to nutritious, appealing and wholesome meal options," said Chontrelle Sturdivant, installation food program manager for AFSBn-Cavazos. "I believe in a dining experience that not only sustains but uplifts, combining culinary excellence with a commitment to health and satisfaction."

The program's unique features include the

"Creating environments that inspire and support morale is as important as the food itself," Sturdivant said. "By redesigning our dining spaces to reflect modern, inviting atmospheres, we strive to make every meal an integral part of the Soldier's daily experience, contributing to their overall well-being and readiness."

The program has also aligned with emerging trends and Soldier feedback, ensuring flexibility and inclusivity in its offerings.

"Our action stations feature customer-preferred selections comparable to the commercial food industry," Sturdivant said. "Phantom Fresh and Phantom Prep provide convenient, nutritious options tailored to our Soldiers' needs. We aim to enhance each dining experience and foster a sense of connection and care."

As Fort Cavazos continues to refine its sustainment and dining programs, the visit highlighted the installation's dedication to its mission.

"These efforts exemplify the Army's focus on readiness and quality of life," Martinez said. "By investing in our Soldiers and families, we're building a stronger, more agile force prepared for any mission."



Photo by Eric Franklin, Fort Cavazos Public Affairs

Linda Heuer, rail operations supervisor for the 407th Army Field Support Brigade, explains the critical role rail operations play in supporting Army readiness to Brig. Gen. John Hinson, commanding general of U.S. Army Sustainment Command, Dec. 10 at the Rail Operations Center at Fort Cavazos.

workplace safety, health

Stand-Down: Continued from A1

professional lives.

One key topic was alcohol and substance abuse awareness, with Addie Daniels and Ronnie Lary, prevention coordinators for Army Substance Abuse Program, who offered interactive sessions to educate Soldiers.

"ASAP is committed to leveraging training opportunities like these to empower Soldiers to 'own their limits,' practice responsible drinking and recognize the potential impacts of substance abuse on their lives and careers," Daniels said.

Lary recreated a realistic environment to demonstrate the impact of alcohol on actions and coordination. Mimicking a bar setting, Soldiers maneuvered through cones representing people, aiming to avoid any collisions.

"This hands-on activity illustrates how a simple task can be significantly impaired by substance misuse, helping Soldiers grasp the real-life consequences of their choices," he said.

Fire safety was another crucial topic, with the Fort Cavazos Fire Department delivering engaging demonstrations. From proper use of fire extinguishers to steps for properly frying a turkey, Soldiers gained practical tips to enhance safety in barracks and homes.

The Garrison Safety Office discussed UXO awareness, a topic vital for Soldiers in the training areas, highlighting the three Rs of UXOs — recognize, retreat and report.

"If you see something suspicious, don't touch it," said Dustin Shuffler, occupational health and safety specialist for the Garrison Safety Office. "Safely step back and report it to the authorities. The three Rs are simple but life-saving steps that can protect our Soldiers and their families from the dangers of UXOs."

Environmental stewardship also took center stage with discussions on spill response and recycling. Dan Gomez, an environmental protection specialist with the Directorate of Public Works, provided a demonstration to explain how Soldiers can respond spills, mitigation and cleanup. He also highlighted the correct use of absorbent pads for spills, proper disposal of these pads and the handling of dry sweep in motor pool areas.

"Providing spill-response training to Soldiers safeguards the environment and enhances their safety," Gomez said. "It strengthens the warfighters mission readiness by preparing them to use the correct protocols to manage spills effectively within their motor pool footprint."

To engage Soldiers and leaders in a fun, competitive way, Kyle Wallace, assistant manager for Fort Cavazos Recycle, challenged Soldiers to a mission that was simple yet impactful. Two teams competed against each other to see which team could be the first to have each member recycle one item while navigating an obstacle course.

"The obstacle course helps us to drive home the message that recycling is not only essential for our environment," Wallace said, "it also generates revenue that directly supports Soldier and family community events, while creating a stronger, more sustainable future for the warfighters and mission readiness."

As 11th CSB continues to prioritize safety, Riggins explained events like the Safety Stand-Down day serve as a reminder of the importance of education and collaboration.

"This event highlights the strength of partnerships across Fort Cavazos," Riggins said, "showcasing how installation agencies help 11th CSB foster a culture of safety, responsibility and preparedness."

A7

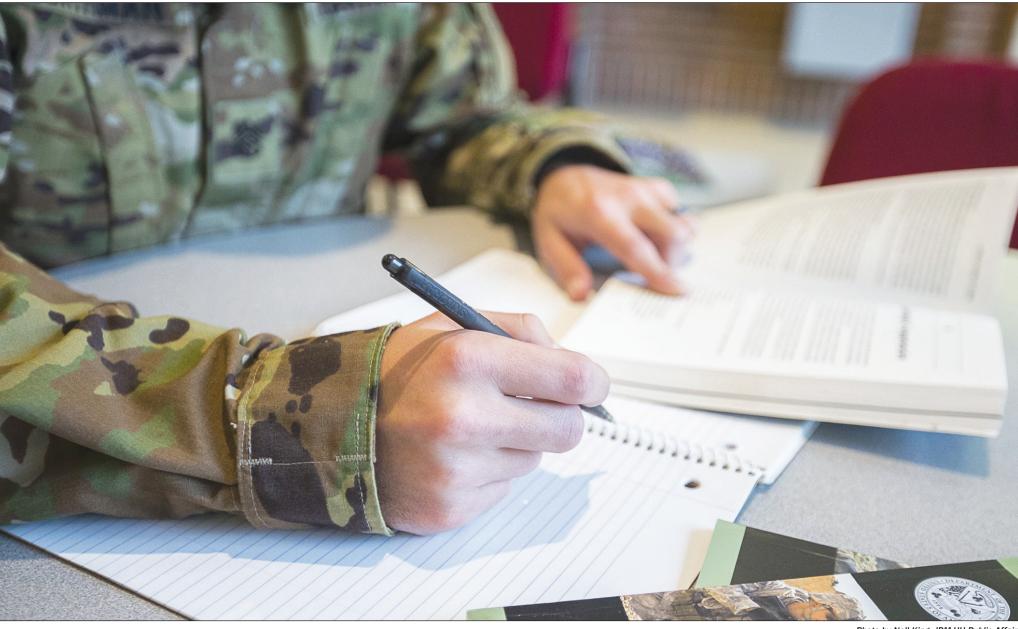


Photo by Nell King, JBM-HH Public Affairs

The Army announced policy updates Dec. 11 for the tuition assistance and credentialing assistance educational programs for active-duty, Reserve and National Guard Soldiers. The changes include increased semester-hour and dollar-amount caps for TA and a reduction in the dollar-amount cap for CA.

Army approves tuition assistance increase, adjusts credentialing assistance program

Editor's note: Soldiers with questions about tuition assistance, credentialing assistance and/or their education opportunities can attend an ArmyIgnitED brief at 1 p.m. Tuesdays and Wednesdays and 9 a.m. Fridays at the Soldier Development Center, speak with an education counselor at the Education Services Division 9 a.m.-3:30 p.m. weekdays, call ESD at 254-287-4824 or listen to ESD's podcast "Conversations with Cav Counselors" on Spotify.

BY CHRISTOPHER HURD

Army News Service

WASHINGTON — The Army announced Dec. 11 policy updates to a pair of voluntary education programs for activeduty, Reserve and National Guard Soldiers.

The new guidance includes a \$500 increase and two semester-hour increase for tuition assistance and changes to the credentialing assistance program.

"The Army recognizes the value of the tuition assistance and credentialing assistance programs, both of which support our Soldiers' professional development and readiness levels," said Christine Traugott, policy manager for Soldier education and transition with the office of the Assistant Secretary of the Army for Manpower and Reserve Affairs. ArmyIgnitED training prior to requesting TA.

• Require Soldiers to use the decision support tool prior to requesting TA.

Credentialing assistance

- Decrease the annual cap from \$4,000 to \$2,000.
- Limit Soldiers to one credential a year and a max of three in 10 years.
- Require Soldiers to take associated credential exam or recoup the cost of the course work/training.
- Limit aviation credentials to \$1,000 per year for all Army components.
- Require Soldiers who are first-time users of CA to take ArmyIgnitED training prior to requesting CA.
- Require Soldiers to use the decision support tool prior to requesting CA.

Phase 2 changes:

• Suspend CA and TA for Soldiers with

return on their investment.

According to the office of the Assistant Secretary of

the Army for Manpower and Reserve Affairs, the average cost of a credential is \$1,700 while Soldiers take an average of 1.5 credentials a year. The Army anticipates the reduction in CA will have minimal impact on Soldiers, she added.

The increases in tuition assistance brings the Army in line with the Navy and the Air Force. It also allows Soldiers to take more classes each year, giving them an opportunity to earn a degree faster.

When applying for educational benefits, Soldiers need enough time left in service to complete the program they submit for. Active-duty officers and warrant officers above warrant officer two incur a two-year service obligation for tuition assistance, while reserve-component officers have a four-year obligation.



"The changes we are making to these programs will help ensure their long-term sustainability, will bring the Army into closer alignment with how other services execute voluntary education programs and will preserve the benefits for Soldiers who need them the most," she added.

The Army will implement these changes in two phases. The first was a message released to the force Dec. 11. The second will be an updated Army regulation, projected to be released in 2025.

Phase 1 changes: Tuition assistance

- Increase annual cap from \$4,000 to \$4,500.
- Increase semester hours from 16 to 18.
- Require Soldiers who are first-time users of TA to take

- two recoupments (TA and CA combined) in a year.
- Preclude commissioned officers from using CA.
- Require command approval for TA and CA requests.

This policy update follows a review of both programs. Traugott said since its launch in 2020, the Army Credentialing Assistance Program has nearly doubled in cost every year.

"When you have a program increase

exponentially over a four-year period, you are eventually going to blow your budget to the point where it won't be available to anyone," she explained.

She said the changes ensure the Army and the Soldiers get a

readiness levels.

development and

The Army recognizes

the value of the

tuition assistance

and credentialing

programs, both of

which support our

Soldiers' professional

assistance

 Christine Traugott, policy manager for Soldier education and transition

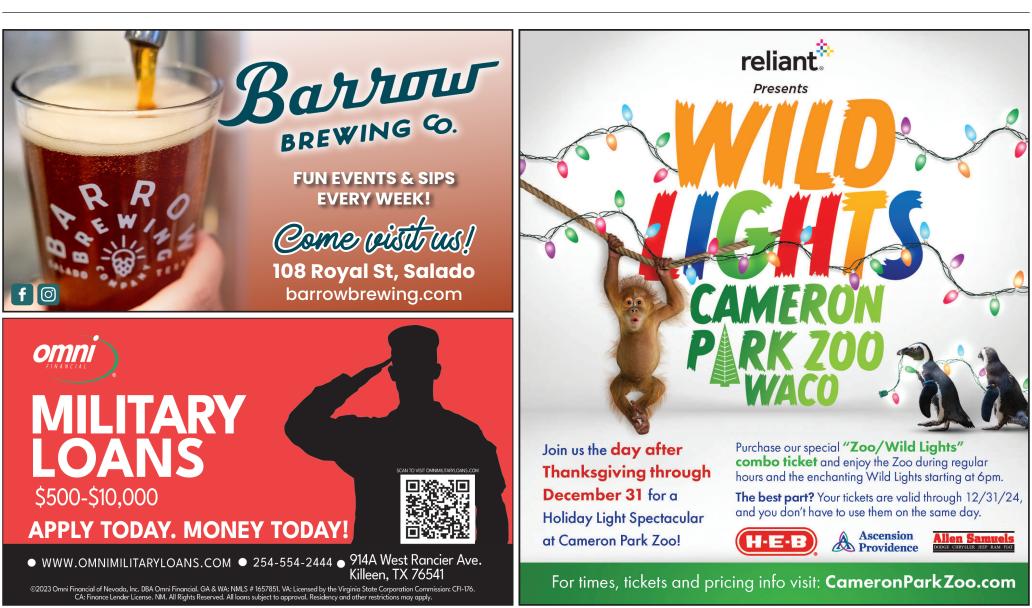


There is no service obligation when using credentialing assistance.

Requests for both programs must be submitted and approved before the course start date using ArmyIgnit-ED. The new policy guidance brings the service members' leadership into the approval chain to help streamline the process.

"(These programs) are a way for Soldiers to improve professionally and personally," Traugott said. "I think for both

TA and CA, they increase your skill set while you're in the Army and improve your employability when your time in service ends, whether that's after one enlistment term or an entire career."





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of Lines+Angles.

Baked Ziti with Chicken and Cheese

16 ounces dry ziti pasta 1 large onion, peeled and chopped 1 pound ground chicken 8 cups spaghetti sauce

Butter, for pan 3 cups mozzarella cheese, shredded 1/2 cup grated Parmesan cheese Salt, to taste

Bring a large pot of lightly salted water to a boil. Add ziti pasta, and cook according to package instructions until al dente, about 8 minutes; drain well.

In a large skillet, brown chopped onion and ground chicken over medium heat. Add spaghetti sauce, and simmer for about 15 minutes.

Preheat the oven to 350 F. Coat a 9 x 13-inch baking dish with butter. Drizzle sauce in the bottom of the baking dish and arrange the ziti on top. Ladle remaining sauce over the ziti. Top with mozzarella cheese. Gently toss to completely coat the ziti with sauce and cheese. Sprinkle grated Parmesan cheese over the top.

Bake for 30 minutes, or until the cheese melts and the pasta is heated through.

Preparation time: 20 minutes Cooking time: 55 minutes Makes 4 to 6 servings





SECTION B

'Vox Machina' provides laughs, adventure, friendship......B2

Army Chaplain Corps inducts newest family <u>life chap</u>lainsB3

Nonprofit delights children with funB6



www.CavazosSentinel.com



Vintage Mill Antiques was our first stop on our antique hunt at Salado, Texas.

Photos by Blair Dupre, Sentinel News Editor

Antique hunt turns into holiday fun

BY BLAIR DUPRE

Sentinel News Editor

SALADO, Texas — Who would have known a mission to find a specific type of collectible figurine would have turned into a shopping day? Well, in a place like Salado, there is so much to be explored.

My friend Jessica and I decided to make a trip over to Salado to visit some antique shops in an effort to find some shoe figurines my mom has collected for many years. Niche, I know. However, the day turned from a search mission to a full-on shopping trip as we explored what Salado had to offer.

First, we stopped at Vintage Mill Antiques, where there were a huge amount of items to look through, though many of the displays were neat, making them easy for us to scan for any shoe figurines. We did find one, but it was one my mom already had, so we just continued to browse through the store. Though they didn't have what we were looking for, we enjoyed checking out some other items including the endless collections of unique salt and pepper shakers.

Next we visited the Salado Antique Mall, which also had an impressive amount of items to look through. From dishes to furniture, we were able to see it all. Once we made it about 80% through the store, I was losing hope we would find any of the shoe figurines we were searching for until I turned around and saw one sitting on a display behind the register. We quickly finished looking through the rest of the store and paid for my item before checking out two other antique stores, which, unfortunately, didn't have any of the figurines I was looking for.

During our search we noticed advertising for events going on around town celebrating the holidays, and our interest was piqued. We decided to stop by Wild Texas Cowgirl, a store in Salado that sells a variety of food goods including, salsa, jellies and



dessert and soup mixes, as well as novelty gifts, funny socks and cute kitchen towels. I was impressed by the amount of items available for purchase in the smaller space, and many of the food items were very interesting.

Near Wild Texas Cowgirl were a string of shops we stopped by that included SophistiKatz Bead Emporium and The Rose and Bee. Our favorite stop in this area was the Salado Olive Oil Company, where we were able to sample different infused olive oils. We were impressed by their selection and found a couple we really enjoyed.

We just scratched the surface, as there were other stores and restaurants we didn't have the time to visit. Those we did visit were offering tastings, free hot chocolate and more in celebration of the holidays, turning our previously singular mission of finding shoe figurines into a day of discovering part of Salado.

I was so glad that we were able to explore more of Salado than we had originally planned, and I highly recommend paying them a visit.



ABOVE, A set of cups and a punch bowl with a holiday theme sits on display at Vintage Mills Antiques at Salado, Texas. **RIGHT**, Many shops at Salado, Texas, were decked out in Christmas decor including candy cane columns and decorative window art.





LEFT, There were many antique cameras on sale at many of the antique stores we visited including this on at Vintage Mill Antiques at Salado, Texas. **ABOVE**, A set of Christmas ornaments sits on display at Vintage Mills Antiques. Many Christmas decorations and ornaments were on display throughout the antique stores we visited.



A review of some of the most popular series streaming on a variety of platforms

'Vox Machina' provides laughs, adventure, friendship

BY AYUMI DAVIS

Sentinel Editor

Move over, Guardians of the Galaxy, because there's a new favorite group in town who's kicking names, taking butts and saving the lands all with an unhealthy amount of banter and antics.

"The Legend of Vox Machina" is an animated series based on the first campaign of the members of Critical Role, a group of friends who just so happen to be professional voice actors and get together to play "Dungeons and Dragons," or DND.

Vox Machina (which is a Latin phrase that means "voice machine" — clever, right?) is a group of seven slightly morally grey heroes who are way past their last dime that gallivant around the land of Exandria looking for jobs to make money. When they find out the Sovereign Uriel is commissioning a group to find out what is destroying villages on the outskirts of the city of Emon, they are eager to step up. While the quest is taken to make a quick buck, the group soon finds itself unable to turn a blind eye to the evil they learn is beyond this mission.

The crew consists of Grog Strongjaw (Travis Willingham), a goliath barbarian; Keyleth of the Air Ashari (Marisha Ray), a half-elf druid; Percival de Rolo (Taliesin Jaffe), a human gunslinger; Pike Trickfoot (Ashley Johnson), a gnome cleric; Scanlan Shorthalt (Sam Riegel); a gnome bard; Vax'ildan, or Vax (Liam O'Brien), a half-elf rogue; and Vex'ahlia, or

Vex (Laura Bailey), another half-elf rogue and twin sister of Vax.

To start off, it's so cool to think a campaign from DND could become such an awesome TV show. Matthew Mercer, the dungeon master, or game organizer, for Critical Role, is a genius for creating such a campaign with the rich history of the land, epic bad guys and lovable supporting characters. However, with any campaign, the players contribute a good part of the hilarity, action and loving moments, as they control their own actions. The series has recently released its third season, and I cannot wait for the fourth. The humor is great with witty one liners, physical gags, panic in fights and scathing roasts from Vox Machina. And while the plot is rife with humor, it doesn't detract from the more serious parts.

Battles with the motley crew are fast-paced, tense and creative with an arsenal of both normal and magical items, as well as abilities characters have. It's cool to see Scanlan's singing actually fuel his magic and Pike channeling her faith into shields and weapons. But while it's maybe not the most interesting ability, I particularly enjoy when Grog rages, as it's so satisfying to see him easily overwhelm bad guys.

Despite their dysfunction, you can't help but root for the Vox Machina because they're so earnest when it comes to protecting people, funny and relatable. Whether it's Scanlan freaking out during fights, Keyleth overcoming her anxiety and low self-esteem or Percy learning to rely on his friends, there's moments in this fantastical adventure that can relate to real-world issues. Each character in the group doesn't outshine another; they each have a moment in the spotlight. The pacing in the series is pretty solid, and there's never a dull moment.

Will Vox Machina save the world and, hopefully, earn some money along the way?

You'll have to watch the adventure to find out.

"The Legend of Vox Machina" is definitely binge worthy. Watch all three seasons on Amazon Prime.

The series contains adult content, nudity, profanity and gore. Parental discretion is advised.



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Star

2-yr-old, domestic short-haired tabby, brown, female.



Jolly

1-yr, 1-mo-old, Labrador retriever mix, brown & white, male.

ADOPTED

Comet

2-yr-old, domestic short hair, black & white, male.



Oliver

1-yr-old, German shepherd mix, tan & brown, male.

ADOPTED



Garfield

3-yr-old, domestic short hair, orange, male.

OFF POST ONLY



Spencer

3-yr-old, pit bull mix, white & black, male.

OFF POST ONLY

Titus

4-yr-old, pit bull mix, tan & white, male.



Primrose

2-yr-old, Australian cattle dog mix, red & tricolor, female.





hair, gray & white,

male.

5-yr-old, domestic short

B

Army Chaplain Corps inducts newest family life chaplains



Graduates of Cohort 24B join their instructors and leadership team for a group photo Friday at the Chaplain Family Life Training Center at Fort Cavazos.

Photos by Shawn Davis, Fort Cavazos Public Affairs

BY SHAWN DAVIS

Fort Cavazos Public Affairs

ort Cavazos had the honor of welcoming six of the newest senior Army chaplains into the Chaplain Corps Friday after an 18-month period spent devoting over 800 hours to marriage and family therapy counseling, clinical supervision, theological integration and special counseling training at the Chaplain Family Life Training Center.

The 18-month Family Life Chaplain Qualification Course is conducted in partnership between the Chaplain Family Life Training Center and the Texas A&M University-Central Texas, providing fieldgrade Army chaplains the opportunity to earn their master's degrees in counseling, qualifying them to train other chaplains as well as provide advanced counseling to Soldiers and families.

"They have been tremendous, a blessing to our center and our community," said Chaplain (Lt. Col.) Timothy Won, director of the Chaplain Family Life Training Center. "What an amazing group of chaplains."

The graduating chaplains of Class 24B include Chaplain (Maj.) Mike Basie, Chaplain (Maj.) Anthony Keim, Chaplain (Maj.) Mark R. Lee, Chaplain (Maj.) Danny Melin, Chaplain (Maj.) John Silvey and Chaplain (Capt.) John VandenHeuvel.

Army chaplains are charged with the duty to provide religious support and advisement to all service members who seek



Chap. (Maj.) Danny Melin spends time with his family before the Friday Family Life Chaplain Qualification Course graduation ceremony at the Chaplain Family Life Training Center here. Melin will serve as Garrison Family Life Chaplain at the Presidio of Monterey, California, providing leader-ship and guidance to chaplains and service members there.

it in their jurisdiction. Most of the senior chaplains graduating will serve as garrison chaplains across the United States.

Basie and VandenHeuvel will serve as Army command-level chaplains. They will train subordinate chaplains on providing guidance, mentorship and counseling to Soldiers and families. All are granted ironclad confidentiality when they counsel service members through adversity, grief and stress in the field, and use evidence-based pastoral counseling to promote hope, healing and growth to Soldiers.

Silvey, who is bound with his family for Fort Knox, Kentucky, started as a pastor at a small church in Zanesville, Ohio, before working his way to this day. He looks forward to adding to the community and applying his experiences, both new and old, to his position as the garrison family life chaplain there.

"I came in (as a) direct commission," Silvey said. "I was a pastor on the civilian side — I started out in the National Guard, then came on active duty, then progressed until this point."

Direct commissioning, one of the four paths towards leadership in the Army, is a process where highly qualified and motivated candidates from the medical, cyber, law and chaplain job fields earn officer ranks up to colonel without going through the traditional training pathways to commission as an Army officer.

"It'll be a lot of responsibility," Silvey continued. "Fort Knox is a place that has a lot of senior leadership. HRC (U.S. Army Human Resources Command) is located there (along with) recruiting (U.S. Army Recruiting Command) ... I think it'll be a great opportunity."

Chaplain (Col.) Mark C. Lee, dean of the graduate school in the U.S. Army Institute for Religious Leadership made remarks.

"Henceforth, now you will begin the next chapter," he said. "You'll not only focus on being great therapists, but now you need to be great trainers and educators for the larger force. We need you to take all that you've learned and then now impart that to our Chaplain Corps — particularly those who are serving in the battalions, where they are going to be touching the lives of thousands of Soldiers and families."





CATHOLIC

Sunday Mass, 9 a.m., Main Chapel, *facebook. com/FtCavazosRomanCatholic* Noon Mass, Monday through Friday, Main Chapel Confession after Mass or by appointment, call 254-286-6749, Main Chapel

PROTESTANT

St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, *facebook.com/SaintGeorgeFortCavazos*

SPANISH PROTESTANT

Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION

Gospel Service, Sunday, 11 a.m., Memorial Chapel, *facebook.com/ComamcheHappeningsNow*

TRADITIONS

Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, *facebook.com/groups/fhtpws/*

CHAPEL NEXT

Contemporary Service, Sunday, 11:15 a.m., Main Chapel, *facebook.com/ FortCavazosChapelNext*

OPEN TABLE

All-Inclusive Christian Chapel, facebook.com/ OpenTableChapel

WFC PROTESTANT

Non-Denominational Protestant, Sunday, 11:00 a.m., West Fort Cavazos Chapel

JEWISH

Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM

Friday Jummah Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE

Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST

Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844 Theraveda, Thursday, 10:00 a.m., Rugged Spirit Chapel, Contact Chap. Guan Zhen, 213-281-1927

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ADDITIONAL SERVICES/STUDY

Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center **Men of Honor,** Contact Ken Wooten, 254-466-6254

Protestant Women of the Chapel (PWOC),

Tuesday, 9-11:30 a.m., Main Chapel, facebook.com/ FortCavazosPWOC Mothering Bluebonnets, facebook.com/ FortCavazosMotheringBluebonnets

Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org **Club Beyond-Middle School,** Contact Frank Ayala, fayala@clubbeyond.org

Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel) **Catholic Youth Ministry-Crusaders**, 8-12 grades, Contact Maria Fuavia, 573-842-8181 **Catholic Religious Education-CCE,** Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavai, 254-287-0241

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/ FortCavazosChaplain*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.



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Spreading cheer: H-E-B hand-delivers cakes to Fort Cavazos



Photo by Scott Darling, Fort Cavazos Public Affairs

Fort Cavazos and local H-E-B leadership pose cut cakes Friday at III Armored Corps Headquarters at Fort Cavazos. H-E-B showed its appreciation for Fort Cavazos by delivering coconut cakes made from a secret family recipe to various offices across the installation as part of its Operation Appreciation program that supports service members, veterans and their families. "Every year we go around Fort Cavazos to recognize the service and dedication of the service members and thousands of civilians that support Fort Cavazos and make it The Great Place," said Graciela Velazquez, H-E-B Fort Cavazos area community coordinator. "Operation Appreciation is personal to me because my father served 20-plus years in the U.S. Army, and this allows me the opportunity to serve those who've dedicated and sacrificed so much to defend our freedoms like my dad."



Photo by Scott Darling, Fort Cavazos Public Affairs Staff and leadership of Fort Cavazos Resource Management pose for a photo with a hand-delivered coconut cake from H-E-B Friday at Fort Cavazos.



Photo by Christine Luciano, DPW Environmental

Directorate of Public Works Operations and Maintenance Division personnel from West, Central and Specialty Shops, along with the DPW Roads and Grounds, the Business Team and local H-E-B leadership, pose for a picture with a hand-delivered coconut cake Friday at the DPW East Shop at Fort Cavazos.

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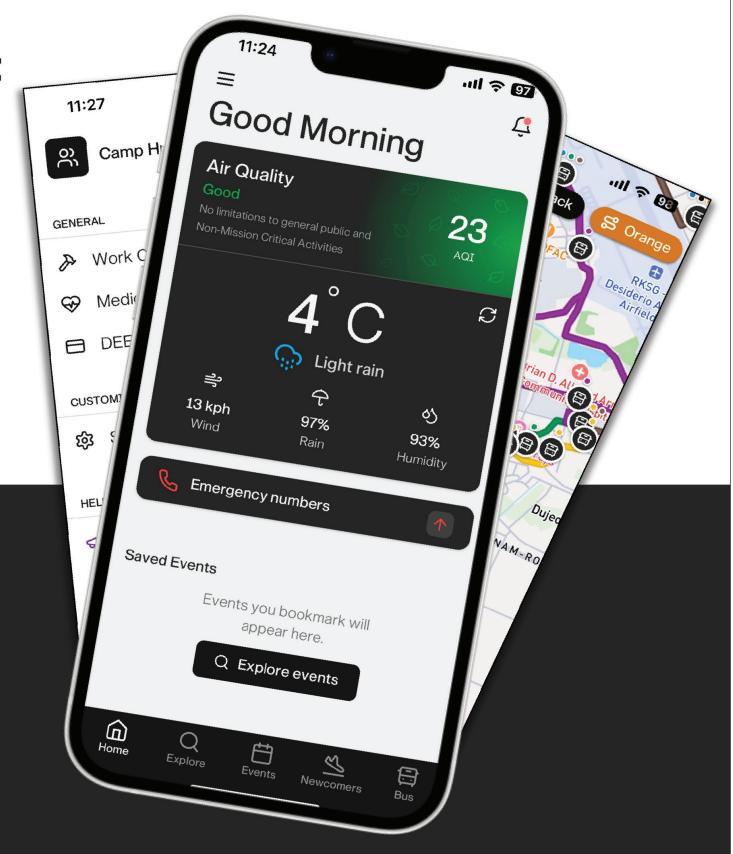


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Fort Cavazos honors fallen heroes during ceremony



Photos by Sgt. Tanner Dibble, 13th ACSC Public Affairs

From left, Lt. Gen. Kevin D. Admiral, commanding general of III Armored Corps and Fort Cavazos, and Command Sgt. Maj. John P. McDwyer, III Armored Corps and Fort Cavazos command sergeant major, lay a wreath at the fallen Soldier battle cross memorial Nov. 30 at the Central Texas State Veterans Cemetery at Killeen, Texas.



Command Sgt. Maj. Amador Aguillen Jr., senior enlisted advisor of the 13th Armored Corps Sustainment Command, lays a wreath at a gravesite during a memorial ceremony Nov. 30 at the Central Texas State Veterans Cemetery at Killeen, Texas.



Lt. Gen. Kevin D. Admiral, commanding general of III Armored Corps and Fort Cavazos, gives opening remarks at a memorial wreath laying ceremony Nov. 30 at the Central Texas State Veterans Cemetery at Killeen, Texas. This annual ceremony honors fallen veterans from across the armed forces by laying a wreath at each of their grave sites.

1st Cav Div Band performs holiday music in Poland

B5







Photos by Staff Sgt. Darrell Stembridge, 1st Cav. Div. Public Affairs

TOP, From left, Sgt. Maj. Leon Butler, Sgt. Robert Cook and Sgt. 1st Class Danielle Lomonof, members of the 1st Cavalry Division Lone Star Band, play during a Christmas performance Dec. 12 at the town square at Bolesławiec, Poland. **LEFT**, Troopers from the 1st Cav. Div. Lone Star Band pose for a group photo Dec. 12 at the town square at Bolesławiec, Poland. The 1st Cav. Div. Band performed as part of a Christmas concert event, allowing a moment to share traditional and modern American holiday music culture with the local community. **ABOVE**, Spc. Matthew Freeman, a trombone player with the 1st Cav. Div. Lone Star Band, plays a tune during a Christmas performance Dec. 12 at the town square at Bolesławiec, Poland.



Photos by Samantha Harms, Command Information Chief

Evalynn Hosea, 2, shows off her Daniel Tiger stuffed animal with the help of her mom, Sierra Hosea, an Army spouse, to Daniel Tiger during the meet-and-greet portion of Be My Neighbor Day Saturday at Abrams Physical Fitness Center at Fort Cavazos.

Daniel Tiger, nonprofit delight children with fun, gift cards

BY SAMANTHA HARMS Command Information Chief

The Tom Ramsey Foundation, a nonprofit organization, partnered with Austin PBS to provide 1,000 Fort Cavazos children a day of entertainment with Daniel Tiger — the main character in "Daniel Tiger's Neighborhood," an animated musical television series created by PBS KIDS — hands-on activities and a \$75 gift card to purchase a bicycle, or whatever else the family may need.

Saturday's event, which took place at Abrams Physical Fitness Center, was the first on the installation since 2020 where The Tom Ramsey Foundation, which was previously known as the Celebration of Love, donated more than 1,000 bicycles. The organization chose to partner with Austin PBS to bring a different experience to the children on the installation.

"(This event) means a great deal to us," said Tom Ramsey, chairman and founder of The Tom Ramsey Foundation. "What better way to come and celebrate our children at the end of the year. ... There're no greater children that I can think of more than our military children to be blessed during the holidays."

The event also gave Austin PBS an opportunity to showcase the resources available to the families of Fort Cavazos and how they choose to be a good neighbor.

"There are two intentions (of Austin PBS'

involvement)," explained Benjamin Kramer, chief education officer with Austin PBS. "One is to show the Fort Cavazos community that Austin PBS is their home station for PBS content. We want to be here and say, 'We're here and we're part of your neighborhood just as much as you're a part of ours.'

"The second intention, of course, is more specific to the event: to celebrate the holidays, to offer families things that they can do with their kids over the holidays and to bring the message of 'Daniel Tiger's Neighborhood,' that we are all good neighbors and that now is a great time of year to say thank you to the people in our lives," Kramer continued. "... We know that military families lead complicated lives, and this is a way for us to come here and say, 'We're here for you. We hope you're using our media. If you're using our media, we hope your kids are learning from it.""

After the meet and greet with Daniel Tiger, Evalynn Hosea, 2, couldn't stop saying she met him. Sierra Hosea, an Army spouse and Evalynn's mom, shared Evalynn loves Daniel Tiger, despite being a little scared to meet him.

It was interactions like that that made Ramsay feel the event was important.

"To know the sacrifice that our families make for us to have our freedom," Ramsay said, "there's no words that could mention that (importance), other than to come back here and serve and give back to our children."



Cinthia Zuniga, a representative with Austin PBS, informs a family about one of the many hands-on activities at Be My Neighbor Day Saturday at Abrams Physical Fitness Center at Fort Cavazos.





LEFT, Military families enjoy Daniel Tiger's show at Be My Neighbor Day Saturday at Abrams Physical Fitness Center at Fort Cavazos. The event was hosted by Austin PBS and The Tom Ramsey Foundation, with support from the Directorate of Family and Morale, Welfare and Recreation. **ABOVE**, Fort Cavazos families receive their gift cards from Directorate of Family and Morale, Welfare and Recreation team members, along with Soldiers with Better Opportunity for Single Soldiers Saturday at Abrams Physical Fitness Center at Fort Cavazos. Children received gift cards of \$75 from The Tom Ramsey Foundation with the intention of the children buying bikes.

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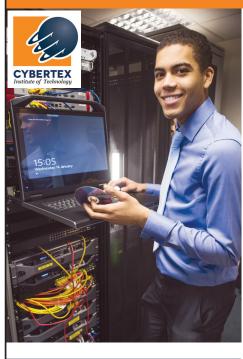
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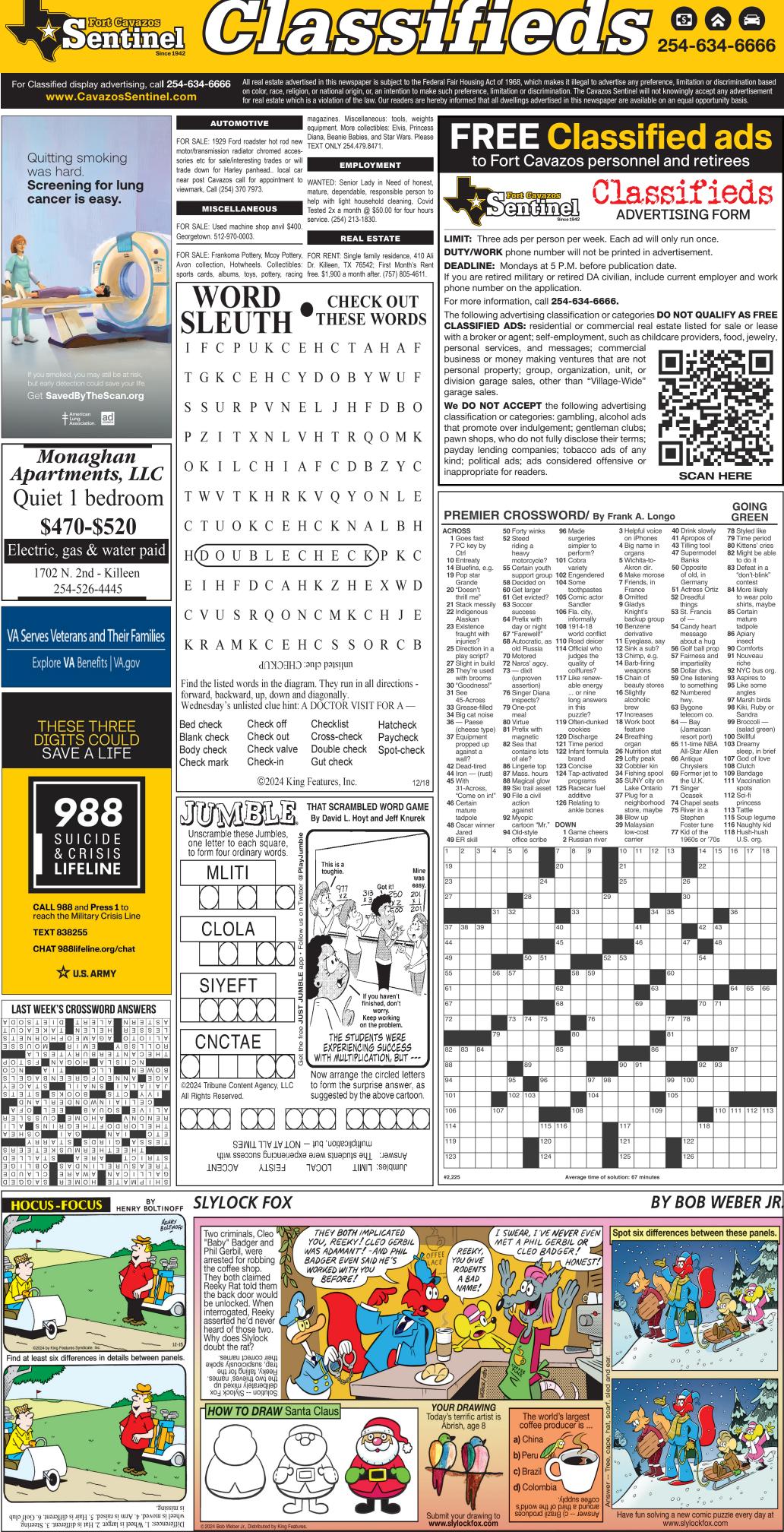
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