

COASTLINE

2024 in Review

Look back at NAVSTA Rota's major events featured in the Coastline this year!

December 5, 2024 / Volume 34, Issue 20

U.S. Naval Activities Spain

Happy Holidays from NAVSTA Rota!



Naval Station (NAVSTA) Rota Commanding Officer Capt. Teague Suarez, Executive Officer Cmdr. Justin Jennings, and Command Master Chief (CMC) Donald Alvarado scaled the installation's water tower and recorded a video thanking all of Team Rota and their accomplishments before 2024's holiday season. We wish everyone a happy holidays or felices fiestas, and best wishes for the new year!

Capt. Suarez: *Oh, hi there Team Rota! Don't you worry about what were doing up here. It's just XO, CMC and I bringing you all a little holiday cheer for all that you do everyday to take care of our families, our Sailors, Marines, Airmen and Soldiers here on this incredible installation. Plus, what better way to take it all in and reflect on all that this installation has accomplished this 2024 year than from way up here!*

Capt. Suarez: *From our piers that stretch into the beautiful Bay of Cadiz, or our 670 acre airfield that supports both military and commercial flights, or our fire and emergency services that respond 24/7, 365 days a year to both our U.S. and Spanish communities. Day in and day out, we work hard to enable our forward-deployed warfighters and enhance the quality of life that fosters a safe and vibrant community for our service members, civilians and families*
What an incredible opportunity it is to support warfighting commands near and far to defend our nation and NATO partners.
Because of what you do, our warfighters are able to answer our nation's call on time, every time. So, thank you!

Cmdr. Jennings: *And thank you to our hosts, the Spanish Armada for allowing us to live, work and serve here in beautiful Andalucia. Just look at this place!*

Capt. Suarez: *We would like to wish all of the service members, civilians, both U.S. and Spanish who contribute to his amazing community a very happy holidays.*

Cmdr. Jennings and CMC Alvarado: *Happy holidays Team Rota!*

Capt. Suarez: *We'll see you around the installation.*

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On The Front Cover



Coastline editions published over the course of 2024 make up a spread for the cover of this year's year-in-review. Thank you everyone for your continued support. We hope that you all enjoy looking back at what our installation was up to this year, and have a happy holidays!

Do You Like to Write or Take Photos?

The Coastline is looking for guest writers and story ideas. Are you traveling some place fun, attending a sporting event, participating in a workshop or cooking class or leading special training in your office or community? If so, we want to hear from you! Please send story and photo submissions or story ideas to The Coastline at rotacoastline@gmail.com.

Publication is subject to approval.

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The **Navy Family Ombudsman Program** is designed to provide better and faster communication between Navy families and Navy leadership. Navy commands and all deploying units, including the reserves have an Ombudsman, typically a spouse of one of the command's active duty members. **Ombudsmen** are official, appointed, liaisons between commanding officers and families. They can expedite communication between the command and families. In addition, Ombudsmen provide information on services, upcoming events, and/or help in crisis situations. **Air Force Key Spouses & Family Readiness Assistants** are similar to Ombudsmen, support service members, their families, and command leadership. Contact your command's representative to be added to their distribution list.

Ombudsman Coordinator Monica Gonzalez 727-3232 (Monica.gonzalez26.naf@us.navy.mil)

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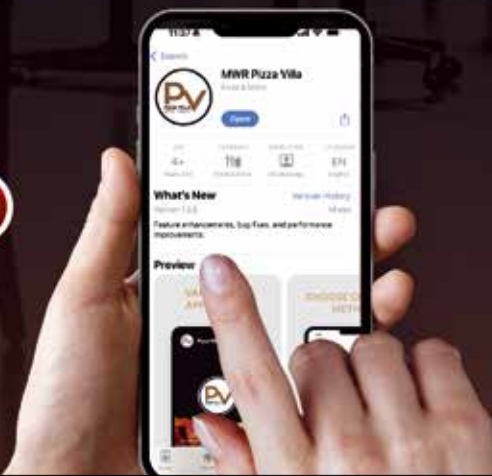
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NMCB 133 Rota Public School Painting Project

Holidays at the Liberty Center



USO Brings Deployed Sailors Holiday Cheer



Among the 25 different initiatives underwent during last year's holiday season, USO Rota staff and volunteers delivered snacks and coffee to Sailors in-port and care packages to those underway.





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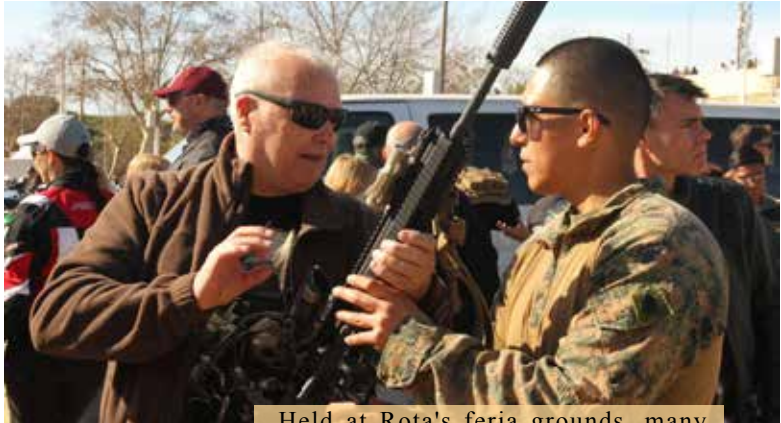
USS Arleigh Burke Hosts Media



USS Paul Ignatius hosts Vice Adm. Thomas Ishnee



Team Rota Members Participate in Motorcycle Weekend



Held at Rota's feria grounds, many personnel from NAVSTA Rota and its tenant commands spotlighted their equipment with the Rota community during this event hosted by Los Camaleones Motoclub





01

COSMETIC SURGERY

FACE AND NECK LIFTING, LIPOFILLING, BLEPHAROPLASTY, OTOPLASTY, RHINOPLASTY, LIPS, CAPILLARY, BREAST AUGMENTATION, REDUCTION, MICROSURGERY, EYEBROW LIFTING ELEVATION, LIPOSUCTION AND LASER LIPOSCULPTURE, ABDOMINOPLASTY AND MORE...

02

AESTHETIC MEDICINE

COLLAGEN INDUCTION, FILLINGS, PEELINGS, ANTI-STAIN TREATMENTS, TENSOR THREADS, HAIR LASER REMOVAL, RINOMODELING, PROFILE AND LIP AUGMENTATION, MICROPIGMENTATION, MESOTHERAPY, CRIOLIPOLYSIS, PRESORTHERAPY, VARICOSE VEINS AND MORE...

03

PSYCHOLOGY/PSYCHIATRY

ANXIETY, MOODS, EATING DISORDERS, SELF-ESTEEM, SOCIAL RELATIONSHIPS, COMMUNICATION SKILLS, COUPLES, FAMILY, CONFLICT MANAGEMENT, ADDICTIONS AND MORE...

04

NUTRITION

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PUBLISHER’S CORNER

FUEGO “A HOME AWAY FROM HOME”...as simple as it is, that’s why the restaurant Fuego in Rota was started, the owners told me. They had been living here and missing those go-to places that were always comforting back in the states. The goal was to create a place that would welcome everyone—including friends and coworkers, to an inclusive, family-friendly atmosphere.

The co owners are all talented chefs, one is a Rota native with a successful beach restaurant, the second is a Northern Spaniard who is an avid steak enthusiast specialising in traditional methods of grilling with oak and olive wood, and lastly, an expat American family recently returned from a 25-year stint in Florida. Their combined experiences – from years spent running a beachside eatery to memories of American diners, home-cooked Friday night dinners, and the ever-favorite taco trucks – shaped Fuego's unique identity.

The menu reflects this diverse background. Locally sourced ingredients meet the finest cuts of meat from across Europe. Classic Spanish dishes share the table with American comfort food favorites, all prepared with an emphasis on authenticity. Whether you're craving the taste of home or looking to explore something new, Fuego offers a welcoming space to gather and connect. Enjoy the lively atmosphere of the main dining room, the fresh air and sunshine on the outdoor terraces, or the exclusivity of the VIP area, perfect for private parties and special celebrations. Please see their advertisement in the paper for more details.





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USS Bulkeley Returns from Patrol



Helicopter Maritime Strike Squadron (HSM) 79 made its inaugural participation in the Tactical Leadership Programme this year, a collaborative exercise held alongside various NATO partners and allies to improve overall force collaboration and cohesiveness.

HSM-79 Tactical Leadership Programme

MWR 13th Annual Highland Games



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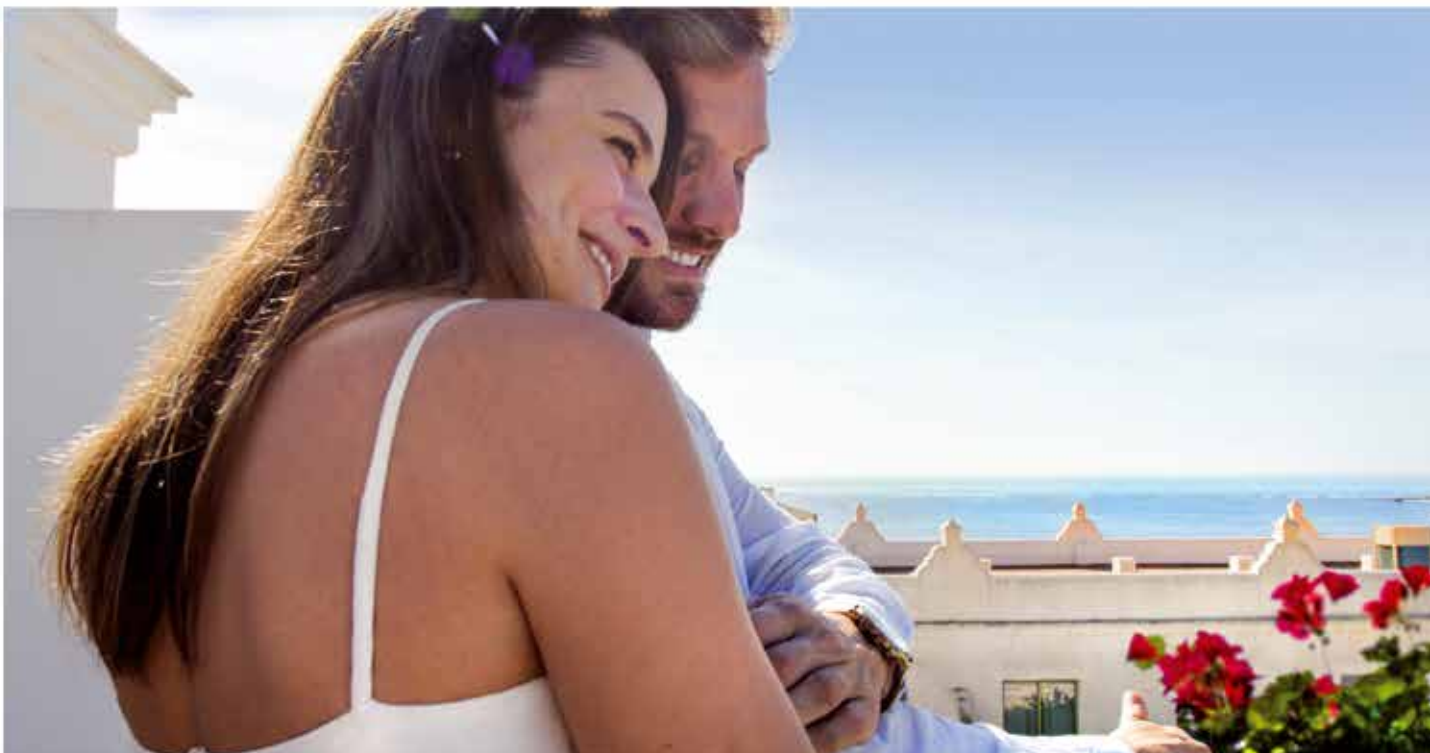
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NAVSTA Rota Eggsplasion



Back in April, Capt. Teague Suarez, the commanding officer of Naval Station (NAVSTA) Rota, Spain, met with City of Rota's Mayor, José Javier Ruiz Arana, to sign the deed to a base fire truck over to Rota's base forum.



NAVSTA Rota Donates Firetruck to Rota's Base Forum



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Thursday 5th: from 5 to 9 pm

Friday 6th., Saturday 7th. and Sunday 8th: from 11 to 2 pm. and from 5 to 9 pm

Monday 9th.: from 11 to 5 pm

Rota, Christmas 2024



U.S. and Armada FOD Walkdown



Memorial Day Ceremony, Walk and Cookout



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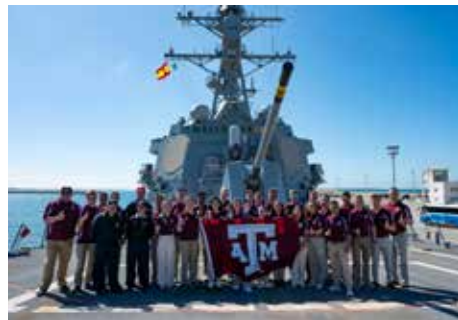


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Rota Elementary School Beautification Project



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USS Wasp Pulls into Port at NAVSTA Rota



Marine Col. and National Aeronautics and Space Administration (NASA) astronaut Nicole Aunapu Mann visited Naval Station (NAVSTA) Rota this year, giving the keynote speech for Rota Middle-High School's class of 2024 graduation. She also met with Fleet Antiterrorism Security Team Europe (FASTEUR) Marines, Helicopter Maritime Strike Squadron (HSM) 79 Sailors and read to children at the Child Development Center (CDC)



NASA Astronaut, Marine Col. Nicole Mann Visits NAVSTA Rota



Ambassador Jullisa Reynoso Makes Final Trip to NAVSTA Rota

NAVSTA Rota Security Regional Assessment



NMCB-11 Completes Community Project



USS Arleigh Burke Returns from Patrol





Alongside the various celebrations and activities hosted by MWR, USO and other organizations on base, Naval Station (NAVSTA) Rota commemorates Independence Day with it's annual "flag raising" ceremony. As the name suggests, NAVSTA Rota is given the opportunity to raise and leave the American flag up during this time of the year.

NAVSTA Rota Annual Flag Raising Ceremony



NAVSTA Rota Fourth of July Celebrations



U.S. and Spanish Marines All-Day Fireteam Exercise



USS Paul Ignatius Return to Homeport and Resiliency Fair



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USS Roosevelt Returns to Homeport

Chief Pinning Ceremony



9/11 Remembrance Run



9/11 Remembrance Ceremony



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Lisa Azul 2024 / Soccer Game



The Marines of Fleet Anti-Terrorism Security Team Company Europe (FASTEUR) participated in Lisa Azul 2024. This annual exercise has forces from the U.S., Spain and Italy come together and perform numerous training activities alongside one another. After learning about each other's operational training and tasks, the marines participate in one final soccer game and cookout to cap off the exercise.



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ESCANEA ESTE CÓDIGO Y SÍGUENOS EN INSTAGRAM

OCTOBER



Naval Station (NAVTA) Rota welcomed its fifth Arleigh Burke-class guided-missile destroyer, USS Oscar Austin (DDG 79), in October 2024. The official welcome ceremony for the ship saw major media coverage and featured numerous guest speakers, including Admiral Stuart Munsch, Commander, U.S. Naval Forces Europe/Africa and Commander, Allied Joint Forces Command, Naples.

USS Oscar Austin Homeport Shift to Rota





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USS Oscar Austin Arrival Ceremony



NAVSTA Rota was able to support two A-10 coronet movements, each consisting of 12 A-10's during March and September 2024 and ensuring success in traveling long distances to mission areas. NAVSTA Rota air operations also supported a coronet of 16 F-16s in January 2024 and a coronet of 10 diverted F-22s that landed at NAVSTA Rota instead of Moron Air Base due to the severe weather in Andalucia during November. The support NAVSTA Rota provides proves that it is a strategic airfield for the Mediterranean and has the capability to support multiple types of jet platforms.

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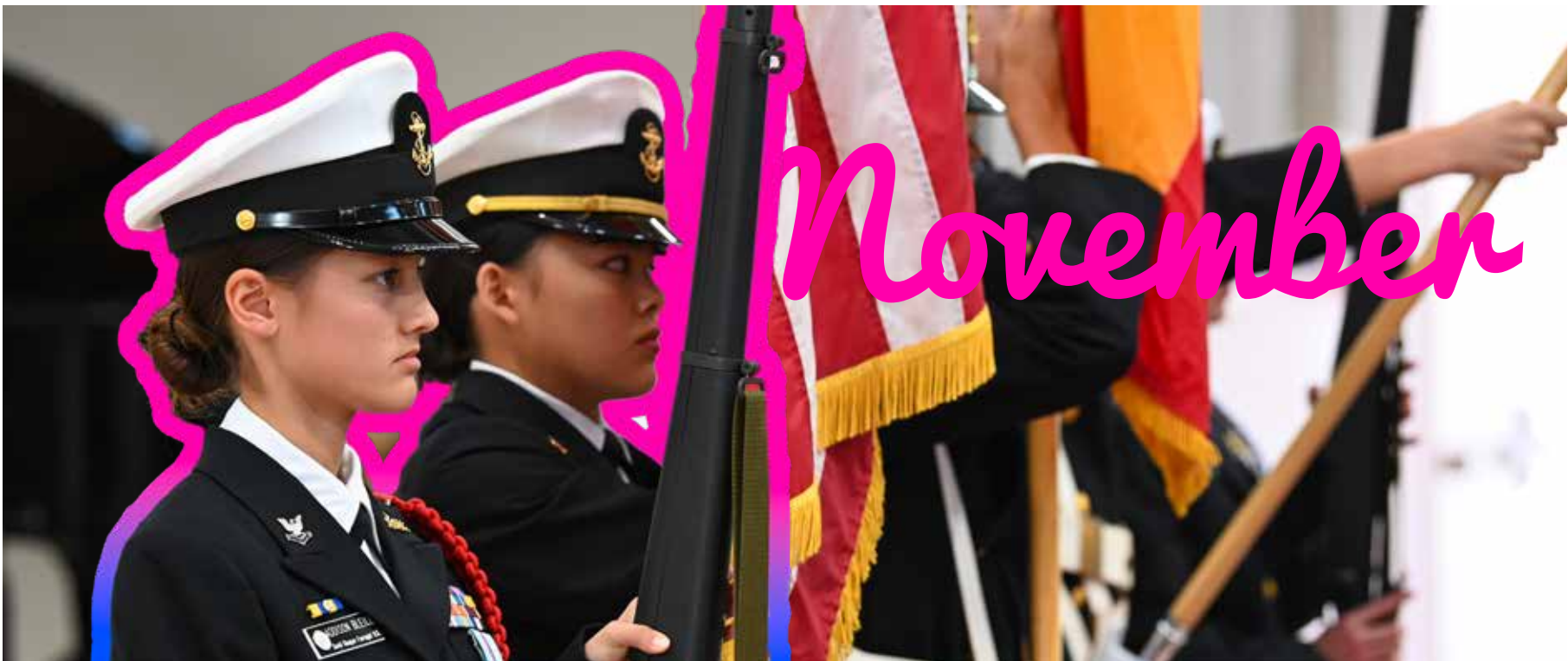


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Thanksgiving at the Galley



USS The Sullivans Sailors Volunteer at Women's Shelter



CREDO: Springs of Life - Candles

By Aaron "Jeff" Jefferson Jr.
CREDO Facilitator

The holidays are here. There will be many festive occasions to celebrate the holidays which occur in December. Holiday is a shortened version of holy day. Holy days call for us to reflect on our lives; on what we have done well and on what we have not done so well. In the things we have not done so well, the holidays remind us once again there is hope for renewal and change.

The Jewish festival Hanukkah begins this year on Dec. 26. The word "Hanukkah" means "dedication" and is also referred to as "The Festival of Lights." Among other things, the celebration commemorates an event in biblical times when an oil lamp that only had enough oil in it for one night burned for eight days. On each one of the eight days, one candle is added to a special candle holder called a "menorah." The middle candle, called the "shamash," is used to light each of the other candles and it is lit every night. Therefore, on the first night of Hanukkah, two candles are lit and on the last night, there are nine lit candles.

Christmas occurs on Dec. 25. The word Christmas is a shortened version of Christ Mass. Christmas is the celebration of the birth of Jesus and its celebration starts on the first day of advent on the Christian church calendar. There are four days of advent before Christmas day. Each day of advent is represented by a candle. These candles represent Hope, Peace, Joy, and Love. One candle is lit before the Christian service on each day of advent.

Kwanzaa is a 7-day festival celebrating the African-American people, their culture and their history. It is a time of celebration, community gathering and reflection. Kwanzaa begins on Dec. 26 and continues until New Year's Day, Jan. 1. Each evening, a family member, usually the youngest child, lights the candles in a special candle holder and the family discusses one of the seven principles of Kwanzaa. The first candle symbolizes unity; the second self-determination; the third symbolizes collective work and responsibility; the fourth symbolizes cooperative economics; the fifth is for purpose; the sixth symbolizes creativity and the seventh is for faith.

It's interesting that in each of these celebrations candles are used. Though unique in their history and reasons why they are celebrated, each one calls to remembrance events of the past with a hope that tomorrow will bring more meaningful and enriching lives. In the darkness of frustration, despair and broken relationships, the candles light the way to hope, tranquility and wholeness. The lit candle reassures every heart that the possibility for change is within reach for all of us. The journey begins as we reach out to others in a genuine effort to bring hope and peace in their lives. Only when we reach out and think of otherness during these holy days will we have enough light for our journey. There is a brighter day ahead!

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Spouse Talk: Traditions

By Ashley Leigh
Contributing Community Member

When I think of the holiday season, one thing-or someone-comes to mind: Mariah Carey. "All I want for Christmas" is the catchiest song and encompasses all the feelings we have during Christmas time. We don't need gifts, snow, or stockings hung by the fireplace. All we really need is family and friends. Next to Dominick the Donkey, The Italian Christmas Donkey, Mariah Carey's song is one I can never get too much of.

Whether you agree with the above or not, traditions and how we celebrate the seasons have probably changed since becoming a part of the military family. Growing up, my older sister and I would go to our grandmother's house on Christmas Eve, open all our gifts, and eat Cuban sandwiches (there is no place like living in Tampa). My husband on the other hand did things completely different, no Cuban sandwiches involved. After we were married, those rituals we had were either combined or started anew.

Many people during the holidays miss having family to celebrate with. We've moved away and the holidays aren't the same without our parents, grandparents, or siblings. These times can be lonely, even more so when our significant other is underway. We can feel empty when a link in our proverbial, holiday garland is missing. So, we invite friends over to celebrate with us. Maybe host single sailors who have nowhere to go. We toss ourselves into creating something new

when we cannot celebrate like we have in the past.

That's the beauty of our community: We come together. We commemorate as a military family when our own families are absent. When we lived in Yokosuka, my husband was deployed every Thanksgiving. So, my daughter and I would invite her honorary grandmother, Ms. Donna, over. She would bring a dish, and we would all eat together, just the three of us. Afterwards she would help take down the fall decorations and put up the Christmas ones. That became our new tradition while in Yokosuka.

At your next duty station, your holiday is bound to look different. New friends and maybe old ones will be there to spend the seasons with. New traditions and culture can be added ingredients to the melting pot of how we celebrate. So, as we hope to spend each holiday with some familiarity, consider how much more you have added to your traditions and customs bank with each permanent change of station. We can still have that warm feeling even if things are different.

"Spouse Talk" is written by Ashley Leigh, a military spouse of 16+ years and a homeschool parent to one "spunky" redhead. She hopes her frank conversations on military life will inspire others to embrace the challenge and find the good at each duty station.

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