THE FORT INCHSON LEADER

**D-Day**June 6, 1944 - June 6, 2024



# New religious institute director receives first star

Story, photo by MEL SLATER Institute for Religious Leadership

Chaplain (Brig. Gen.) Charles M. Causey, the new Institute for Religious Leadership director, was promoted in the Zimmerman Auditorium at Fort Jackson, South Carolina, May 31.

The event was hosted by Chaplain (Maj. Gen.) William "Bill" Green, Army chief of chaplains.

"We're here to recognize, honor and promote Charles Causey," Green said. "So Chaplain Causey, I'm grateful for your commitment to your calling, and for how it has shaped you, your Family, your ministry and your leadership throughout your Army ca-

"I truly appreciate the positive impact you have made in the lives of so many, and the inspiring example that you have set for others," Green added. "I look forward to working with you as you continue to serve our great Army in the capacity of the director of the U.S. Army Institute for Religious Leadership and the deputy chief of the chaplains for the Army Reserve and as a senior leader in the Chaplain Corps."

Many members of Causey's Family, friends, and colleagues attended the ceremony including Chaplain (Brig. Gen.) Jack J. Stumme, deputy chief of chaplains; Chaplain (Brig. Gen.) Andrew Harewood, former deputy chief of chaplains, Army Reserve; retired Chaplain (Brig. Gen.) Robert Pleczkowski; Sgt. Maj. Meaghan Simmons, Chaplain Corps regimental sergeant major; Institute Commandant, Chaplain (Col.) Louis DelTufo and Command Sgt. Maj. Tom Roldan, the Institute's senior enlisted



Chaplain (Brig. Gen.) Charles M. Causey, Army deputy chief of chaplains. Reserves and Institute for Religious Leadership director, unfurls his onestar flag moments after being promoted during a ceremony held May 31

leader.

Retired Chaplain (Col.) Phil Wright, representative of Causey's endorsing agency the Evangelical Free Church of America also attended.

While his many friends attended, the promotion was indeed a Family affair.

Causey's daughters Madison and Hannah placed the single silver stars of brigadier general on his shoulders. His wife of over 31 years Lauri Ann was by his side along with sons Nickolas, a captain stationed at Joint Base Lewis-McChord, Washington, and Isaiah who also pinned rank on his jacket.

Capt. Nickolas Causey, spoke on behalf of his siblings at the ceremony

"A word that can describe our dad is authentic, what you see is what you get, 100% of the time. Dad, you are the same loving, high-spirited, fun, faith-driven, servanthearted, strong person every single day," he said. "Dad, we congratulate you on your promotion today. In our opinion, no one deserves it more. We are so proud of you and the man you are. We look to you as our primary role model, we thank God every day you are our father, and we love you with all our hearts."

During the ceremony, Causey was presented with The Four Chaplains Medal for service rendered to the Chaplain Corps, and Simmons assisted Causey, in unfurling his one-star flag. Causey was installed as the Institute's director by Green, the previous director after he received the Shepherd's Crook from Green.

The Shepherd's Crook has been used for many years from ancient times to present to help herd sheep and goats.

It was used on the first insignia by the Chaplain Corps in 1880. It is a continued reminder and connection to pastoral ministry and servant leadership.

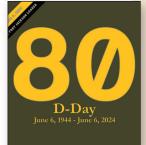
"I'm eager to work alongside you to produce skilled and ready unit ministry teams; to provide integrated chaplain educational programs that develop competence, character and commitment; and operationalize Chaplain Corps wide training to manage our talent across the total force," Causey said addressing the IRL team."This journey is about leaving something positive and healthy behind to those generations who come behind us. That we would be found faithful, and we do that together with everyone in this room.

"I'm excited about the future and expectant of God to use the Chaplain Corps in a mighty way in the next few years in whatever conflict challenges we find we are in. I lift up my eyes to the hills from where does my help come, my help comes from the Lord who made heaven and earth."

Causey commissioned as a second lieutenant in 1990 through ROTC at the University of Colorado, Boulder. He joined the Chaplain Corps as a chaplain candidate in 2002. He became a Reserve chaplain in 2004.

# ON THE COVER

Today is the 80th anniversary of the D-Day landings in Normandy, France. The Leader dedicates this issue to the memory of those who fought in that battle.



Graphic by ROBERT See Page 6-7 TIMMONS

# THE FORT JACKSON LEADER

"We Make American Soldiers"

Fort Jackson, South Carolina 29207

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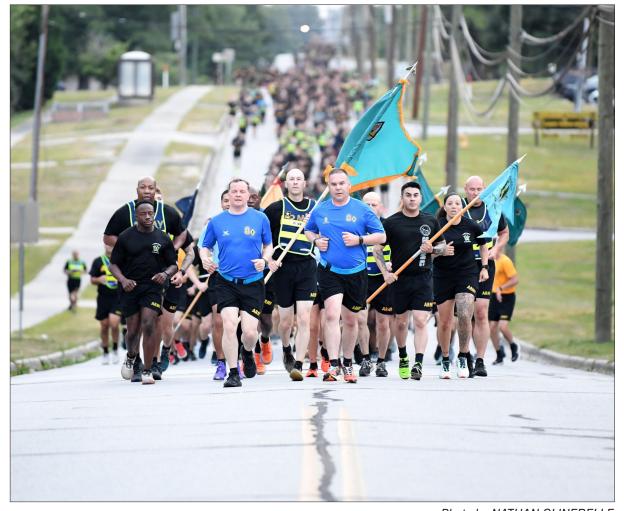


Photo by NATHAN CLINEBELLE

Post Command Sgt. Maj. Erick Ochs, and Col. Carter Price, Army Training Center chief of staff, lead Fort Jackson units on a post run up Century Division Avenue, June 3, as part of Victory Week - a weeklong celebration of the post's 107th birthday.

# Victory Week starts here

**By ROBERT TIMMONS**Fort Jackson Public Affairs

The Soldiers were already moving and prepared as the sun crept over the eastern skyline.

When it finally peaked above the trees near Darby Field it illuminated them standing in formation moments before beginning the first steps of Fort Jackson's 107th birthday celebration known as Victory Week.

"What a great day to be on Fort Jackson," said Post Command Sgt. Maj. Erick Ochs before the run. "Today we're starting celebration of Victory week with a short little post run."

The week holds many different activities to honor the

post's heritage including organizational sports contents, the first Victory Pistol Competition, a special D-Daythemed Basic Combat Training Museum open

house; an organizational day with a cake cutting; and the Victory Week Golf Tournament.

Victory Week ends with the 249th Army Birthday Ball.

"I want you to think throughout this week as you participate in the sporting events and other activities ... to think about our history," Ochs said. "For 107 years Fort Jackson has been making American Soldiers. For 249

years the Army's been here and this week is the 80th anniversary of the D-Day.

"Think about those things this week and the history and colors you continue to carry for those who went before us."



Photo by ROBERT TIMMONS

Runners dash past a billboard on Darby Field, June 3 as part of Fort Jackson's 107th birthday celebration known as Victory Week.



Photo by NATHAN CLINEBELLE

Members of the Fort Jackson Salute Battery fire howitzers as Basic Combat Training units and Partners In Excellence turn the corner of Meuse Argonne Street on to Jackson Boulevard near the end of the post run.



Photo by ROBERT TIMMONS

Post Command Sgt. Maj. Erick Ochs cheers on Fort Jackson units as they pass the reviewing stand during the post run held as part of Victory Week.

# **Community Updates**

# **ANNOUNCEMENTS**

# **Road Name Changes**

Fort Jackson has renamed numerous roads and streets on post that were named after Confederate leaders, battles and units. This is part of efforts to rename De-



partment of Defense installations, streets, buildings and ships that featured names commemorating the Confederacy. These name changes, effective Jan. 1, have already been made by the U.S. Postal Service. To learn which road names have changed, scan the QR code or visit home.army.mil/jackson/about/fort-jackson-road-renaming. See Page 5 to learn more about the road renaming process.

# **SPRC Yoga Hours**

The Yoga class schedule for June has been changed. Classes are now:

**Tuesdays:** Power Yoga: 8-8:30 a.m. (Power Yoga)

.Wednesdays: 6-7 a.m. (Warrior Yoga) and 12:15-1 p.m. (Mindful Movement and Meditation

**Thursdays:** 11:45 a.m. to 12:45 p.m. (Warrior Yoga)

The Friday class has been cancelled.

# **COMMUNITY EVENTS**

# **TODAY**

# **Early Career Development Overview**

9 a.m. to noon, MS Teams. The USAG Civilian Workforce Development Program and Army Benefits Center - Civilian discuss retirement benefits

# **FRIDAY**

# **Reliquishment of Command**

8 a.m., SSI Auditorium. Col. Michelle Williams will relinquish command of the Finance & Comptroller School during a ceremony.

### **TUESDAY**

### Money & Mindsets

8:30-11:30 a.m., 9810 Liberty Division Road, Rm. 119. The USAG Civilian Workforce Development Program and the Army Community Service Financial Readiness Program class will dive into an individual's mindset regarding managing money, effective self-talk, and goal setting. This is a great opportunity to learn about self-motivation, setting and achieving goals that will help you improve the management of your personal finances and achieving financial goals.

## **Fantastic Forms**

10-11:30 a.m., MS Teams. The USAG Civilian Workforce Development Program in partnership with Fort Moore WFD, are offering "Fantastic Forms" training. Fantastic Forms will introduce creating forms in your workplace, how to set one up, designing, and utilizing the features of forms.

# **Healthy Retirement Packet**

Noon to 3 p.m., MS Teams. The USAG Civilian Workforce Development Program and Army Benefits Center - Civilian are partnering to offer the Leader/Workforce Development Training "Healthy Retirement Briefing."

### **JUNE 13**

# **Community Information Exchange**

11:30 a.m. to 1 p.m., 1917 Club. Join Col. Timothy Hickman, garrison commander, and Col. Mark Huhtanen, Army Training Center deputy commandiing officer, for updates about on-post happenings.

# **Budgeting and Money Management**

1-2 p.m., MS Teams. You've earned your paycheck - come learn ways to make the most of it. Learn to manage your money and create a spending plan that lets you pay your living expenses today while saving for tomorrow.

# **Navigating USA Jobs**

2-4 p.m., MS Teams. Come learn tricks to get ahead. We'll look at common mistakes, identify pitfalls, develop techniques, and gain tips from the expert in regards to navigating the USAJobs portal for that next job announcement.

# Strongman/Strongwoman

5 p.m. Vanguard Gym. Fort Jackson Sports and Fitness presents the Strongman/Woman Competition. Participants must register and weigh-in by June 11 at any gym to be eligible to compete. Call (803) 751-5839 for more information.

### **JUNE 14**

Dads & Dollars (Fathers Day Edition)

10-11 a.m., 1917 Club. The USAG Civilian Workforce Development Program and the Army Community Service Financial Readiness Program are partnering to offer the Leader/Workforce Development Series Training "Dads & Dollars (Fathers Day)" class. Join other military dads and an experienced financial counselor in a comfortable setting to converse about financial interests, concerns and/or the things that are important to dads in the military.

# **JUNE 18**

Meals in Minutes & Your Budget

1:30-2:30 p.m., 9810 Llberty Division Road, Rm. 119. The USAG Civilian Workforce Development Program, Army Community Service Financial Readiness Program and Army Wellness Center are partnering to offer the Leader/Workforce Development Series Training "Meals in Minutes & Your Budget" class. This session will teach how to save calories while also optimizing your budget.

# **Clothing and Nonperishables Drive**

9 a.m. to 5 p.m., Fort Jackson Fire Department. Bring canned foods and clothing to the Fort Jackson Fire Department to be donated to local charities.

# Fort Jackson Movie Schedule

3319 Jackson Blvd. *Phone: 751-7488* 

# **FRIDAY, JUNE 7**

■ Bad Boys: Ride or Die (R) 6 p.m.

# **SATURDAY, JUNE 8**

■ Bad Boys: Ride or Die (R) 2 p.m.

# **WEDNESDAY, JUNE 12**

■ Bad Boys: Ride or Die (R) 2 p.m.

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule are subject to change without notice.

# **JUNE 22**

# **Offshore Fishing Trip**

5 a.m. to 5 p.m., Marion Street Station. Travel to Hilton Head, S.C. with your Outdoor Recreation team and fish three to five miles offshore for black sea bass, mackerel, black drum, red fish, bluefish and maybe even a shark. The boat offers shaded and seated fishing areas, restrooms, and even has snacks and drinks for sale on board. Outdoor Recreation will provide the transportation and coolers for you to transport your catch back

See **EVENTS:** Page 10

THE FORT JACKSON

LEADER

SEND ALL SUBMISSIONS TO

usarmy.jackson.93-sig-bde.mbx.atzj-pao@ army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will we be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. All submissions will be edited and published using Associated Press Style.

Questions? Call 751-3615.

# UTAH BEACH ROAD (FORMERLY EWELL ROAD)



**By FIELDING FREED Basic Combat Training Museum** 



On this date 80 years ago, the Allied invasion of Nazi occupied France began. Officially designated Operation Overlord, known today as D-Day, it was the largest in-

vasion in history.

It began in the pre-dawn hours by airborne soldiers from Great Britain and the U.S. Army's 82nd and 101st Airborne Divisions parachuting down to capture vital inland bridges.

They were followed by over 150,000 ground troops from the United States, Canada, Great Britain, and Free-France who stormed ashore beginning at 6:30

The battle plan divided 50 miles of Normandy coastline into five invasion beaches code named Gold, Sword, Juno, Omaha, and Utah.

American troops landed at two of those: Omaha and Utah. One of the units to hit Utah Beach that fateful morning was the U.S. Army's 4th Infantry DiviFort Jackson has renamed numerous roads and streets on post that were named after Confederate leaders, battles and units. This effort is part of the efforts to rename Department of Defense installations, streets, buildings and ships that featured names commemorating the Confederacy. But do you know the significance of the new names?



National Archives

American soldiers of the 4th Infantry Division landing on Utah Beach, June 6, 1944. Their equipment includes stretchers for carrying wounded. The horizontal white strips on the back of some helmets indicate noncommissioned officers.

sion which had trained at Fort Jackson months earlier.

The 4th Infantry Division, nicknamed the Ivy Division, arrived at Fort Jackson in December 1943 after completing intensive training in Florida. They barely had time to unpack when they were alerted for overseas movement and quickly sent to New York then onward to England where they arrived on January 26, 1944.

bated whether or not to fight their way up the beach to their intended landing

When the 4th Infantry Division hit the beach on D-Day, strong currents pushed them over a mile south of their assigned landing site on Utah Beach. Fortunately, where they landed was less heavily defended. Their commanders de-

THE EYES OF THE WORLD ARE UPON YOU. THE HOPES AND PRAYERS OF LIBERTY-LOVING PEOPLE EVERYWHERE MARCH WITH YOU.



- Gen. Dwight D. Eisenhower Supreme Allied Commander

See UTAH: Page 9

# Policy expands business cost reimbursement

Army Public Affairs

The Army is expanding its financial support for military spouses by enhancing the reimbursement program for business costs and relicensing fees. The new directive permits reimbursement of up to \$1,000 for business-related expenses, in addition to the already authorized \$1,000 for relicensing fees resulting from a

"Army spouses face unique challenges, especially during a relocation," said Lt. Gen. Kevin Vereen, Deputy Chief of Staff for G-9. "We owe it to them to provide any opportunity to not just have a job but build a fulfilling career."

This new directive aims to alleviate logistical and financial barriers to transferring licenses to ensure continuity in their careers and enhance the well-being and readiness of Army families.

The new policy, which builds upon previous efforts initiated in 2018, aligns with the Fiscal Year 2023 National Defense Authorization Act Public Law 117-263, which authorized expanded reimbursements, and Fiscal Year 2024 NDAA Public Law 118-31, which adjusted eligibility criteria to include those moving from active duty to the reserve component. It also includes those authorized a final move or placed on the temporary disability retired list.

Qualified relicensing costs cover exam fees, continuing education, certifications, business licenses, permits and registrations. For business owners, reimbursement is available for equipment relocation, new technology purchases, IT services and inspection fees.

Details on qualifying expenses and how to apply for reimbursement are available on Military OneSource.



# Blessent mon coeur

D'une langueur

Monotone

(Wound my heart/With a monotonous/Languor)

During World War II, the British Broadcasting Corporation transmitted coded messages embedded in radio broadcasts to communicate with the French Resistance. Paul Verlaine's poem "Chanson d'automne" is a prime example.

On June 1, 1944, BBC broadcasted the first three lines of Verlaine's poem to signal to the Resistance that the invasion would occur within two weeks. However, when Germany intercepted this message, they believed it indicated that an Allied invasion was imminent, expecting it within 48 hours. This misinterpretation worked to the Allies' advantage, causing confusion among German forces.

On June 5, 1944, the BBC aired the next three lines: "Blessent mon cœur/D'une langueur/Monotone" (which translates as "Wound my heart/With a monotonous/Languor.)"

This second message directed the resistance cells to begin their sabotage operations, cutting railways to disrupt German troop movements and supply lines in preparation for the imminent D-Day invasion.

Alerted by the BBC's encoded messages, the French Resistance played a crucial role in the Allied success during the invasion of Normandy in June 1944. Their bravery and determination played a significant part in undermining German control and supporting the Allied war effort.

# Five things you may not know about D-Day

By KATIE LANGE DOD News

D-Day. The Invasion of Normandy. Operation Overlord. It goes by various names, but we've all heard about it through history class, grandparents, the news or shows like "Band of Brothers."

June 6, 1944, is the day when more than 160,000 Allied forces landed in Nazi-occupied France as part of the biggest air, land and sea invasion ever executed. It ended with heavy casualties — more than 9,000 Allied soldiers were killed or wounded in those first

24 hours — but D-Day is largely considered the successful beginning of the end of Hitler's tyrannical regime.

The bravery by the paratroopers and soldiers who stormed Normandy that day is well-known, but there are a lot of things you may not know about D-Day. Here are a few of those nuggets.

# Why it's called D-Day

Do you actually know what D-Day stands for? Apparently it's the most frequently asked question at the National World War II Museum, but the answer isn't overly simple. Many experts have varying opinions, including that the D simply stood for "day," a code used for any important military operation. Others have said it's just alliteration, like "H-Hour," when a military assault begins.

While the true meaning remains up for debate, we'll go with what U.S. Gen. Dwight D. Eisenhower said about it through his executive assistant, Brig. Gen. Robert Schultz: "Be advised that any amphibious operation has a 'departed date;' therefore the shortened term 'D-Day' is used." He said there were actually several other D-Days during the war — Normandy was just the biggest and most well-known.

# D-Day was initially set for one day earlier

A lot of weather-related requirements were necessary to pull D-Day off. The days

needed to be long for maximum air power usage; a near-full moon was needed to help guide ships and airborne troops; and the tides had to be strong enough to expose beach obstacles at low tide and float supply-filled landing vehicles far onto the beach

during high tide. H-Hour was also

crucial in that it relied on those tides to be rising at that time. There also had to be an hour of daylight just beforehand for bombardment accuracy.

Only nine days in May and June seemed to fit those requirements, so commanders eventually settled on June 5; however, thanks

to forecasts that showed a short window of good weather that day, Gen. Eisenhower decided last-minute to switch D-Day to the early hours of June 6.

# We only stormed two of the five beaches

Stories of how U.S. troops stormed the beaches of Normandy have been legendary for years, with the names Omaha Beach and Utah Beach standing out in people's minds. But the invasion stretched out over 50 miles of land, so we couldn't do it alone. Three other beach invasions by Allied troops happened simultaneously: Great Britain and some smaller forces stormed Gold and Sword beaches, while the Canadians took Juno Beach.

# It was almost a failure

While the ultimate goal of liberating France and ousting the Germans did happen, a lot went wrong on D-Day — especially for the Americans, who were the first to launch the invasion.

Thousands of U.S. paratroopers died during their drop behind enemy lines at Utah Beach, having been shot out of the sky by enemy fire or weighed down and drowned in flooded marshlands. Many also missed their landing spots, as did the seaborne forces, which landed more than a mile from their intended destination, thanks to strong currents.

The Omaha offensive turned out to be the bloodiest of the day, largely in part because Army intelligence underestimated the Ger-

# SUPREME HEADQUARTERS ALLIED EXPEDITIONARY FORCE



Soldiers, Sailors and Airmen of the Allied Expeditionary Force!

You are about to embark upon the Great Crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty-loving people everywhere march with you. In company with our brave Allies and brothers-in-arms on other Fronts, you will bring about the destruction of the German war machine, the elimination of Nazi tyranny over the oppressed peoples of Europe, and security for ourselves in a free world.

Your task will not be an easy one. Your enemy is well trained, well equipped and battle-hardened. He will fight savagely.

But this is the year 1944! Much has happened since the Nazi triumphs of 1940-41. The United Nations have inflicted upon the Germans great defeats, in open battle, man-to-man. Our air offensive has seriously reduced their strength in the air and their capacity to wage war on the ground. Our Home Fronts have given us an overwhelming superiority in weapons and munitions of war, and placed at our disposal great reserves of trained fighting men. The tide has turned! The free men of the world are marching together to Victory!

I have full confidence in your courage, devotion to duty and skill in battle. We will accept nothing less than full Victory!

Good Luck! And let us all beseech the blessing of Almighty God upon this great and noble undertaking.



man stronghold there. Rough surf caused huge problems for the amphibious tanks launched at sea; only two of 29 made it to shore, while many of the infantrymen who stormed off the boats were gunned down by Germans. Gen. Omar Bradley, who led the Omaha forces, nearly considered abandoning the operation.

Somehow, though, both sectors of U.S. troops managed to advance their positions for overall success.

# Decoding 'Enigma' helped us win

Decoding the great German code ma-

chine known as Enigma, then keeping that decoding device a secret, is one of the most brilliant strategies that came out of World War II.

Long story short, since radio was the standard communication of the time, the Allies and the Axis powers both needed machines to turn military plans into secret codes. The Germans had Enigma, which was thought to be unbreakable — until it wasn't. Early in the war, a team of Polish and

# 'The Weigh It Is' with Pam Long

When I think about nutrition, I enjoy learning how it affects not just our health, but our natural beauty's health, especially the skin. When it comes to our skin ... hydration is key. Nutrition plays a big role in our hydration, so what you eat really does matter.



Long

Take celery, for instance.

Celery is 95% water and extremely high in nutrition. Drinking celery juice raises stomach acid, which helps break down food, improving gut health and, in turn, brightens the skin because of the release of excess waste that can linger in our digestive tract.

The vitamins and minerals naturally found in celery and celery juice help improve skin elasticity and firmness. We don't often think of nutrition and beauty going together, but they do.

Drinking celery juice regularly helps reduce the signs of aging, too.

It contains a wide variety of nourishing vitamins, especially vitamin A, which is

known for helping to reduce wrinkles and producing a softer, younger, more youthful skin that we all strive for.

Health wise, celery and celery seeds contain about 25 anti-inflammatory compounds to potentially help protect against inflammation in our bodies (those intense burning sensations). We have all heard of celery and seen it on many dieting dishes, but celery's beneficial value is often downplayed when compared to other vegetables, but there is no denying that celery packs a serious nutrient and nutrition punch.

Celery contains vitamin C, beta-carotene, and flavonoids, and at least 12 additional kinds of antioxidant nutrients are found in just one single stalk. It is a source of phyto-nutrients, which reduce instances of inflammation in our digestive system, cells, blood vessels, and organs.

Popular at juice bars and farm-to-table settings, celery juice has surfaced, and for good reason. The parsley family plant is loaded with natural substances that help purify the bloodstream, aid in digestion and clear up skin problems. Who wouldn't want to at least try celery juice? Many juicing health experts suggest drinking it first thing in the morning as a celery detoxifier (see recipe).

At only 10 calories per stalk, celery is crispy, crunchy, and flavorful. It goes great with other raw vegetables yet tastes great all by itself (once you get into celery). Celery is loaded with antioxidants which help prevent cell damage caused by unstable molecules known as free radicals.

Our bodies produce this substance as a byproduct, but if too many build up, they can be harmful. Eating foods rich in antioxidants is a major way to control free radicals.

Antioxidant and anti-inflammatory nutrients provide protection to our entire digestive tract. Celery offers special benefits to the stomach because of its high-water content. Celery is a soluble and insoluble fiber which supports a healthy digestive tract and keeps you regular.

It can work like a laxative and help eliminate waste easily because the nutrients found in celery relax the nerves in the bowels, making it easier for people to go, which could help make your system more regular.

You can think of celery, especially celery juice, as a superfood because celery is one of the healthiest vegetables and not many know about the superpower that celery juice contains. It contains high levels of vitamin A, and the stalks have vitamins C, B6, B2 and B1. When juiced you get all

those benefits and more.

If you are searching for a natural diuretic, look no further than celery, which regulates urine production and effectively rids the body of waste (it's a high-water content food). It contains a natural chemical compound called Phthalides and acts as a diuretic.

Since celery is full of nutrients and vitamins that means it's full of energy. That is energy you can use during exercise to help on your weight-loss journey.

Many people use celery as a natural product to help with everything from weight loss to hair loss. No matter what you decide to use it for, celery and celery juice are great additions to your healthy living lifestyle.

# Celery juice recipe

1 1/2 cups celery, chopped.

1/2 cup frozen or chopped pineapple.

1/4 cup fresh mint leaves

Instructions: Juice all ingredients and drink fresh.

# Pam's thought for the week: "Celery is a great stalker."

The Fitness Department offers a variety of group exercise classes that can help you reach your wellness goals.

Contact Pam Long, Fitness and Wellness Specialist for the Directorate of Family and Morale, Welfare and Recreation at (803) 751-3700 for more information or to become a member of the fitness and wellness program.

# Utah

Continued from Page 5

zone when Brig. Gen.l Theodore Roosevelt, Jr. famously said, "We'll start the war from here." By day's end the 4th Division's Soldiers had failed to meet some of their objectives, but still managed to move almost four miles inland.

As darkness fell that night on June 6, 1944, the Allies had gained a toehold onto Hitler's much vaunted Fortress Europe.

The success of the D-Day invasion came at a heavy cost. Allied casualties numbered 4,414 confirmed killed on D-Day itself, including 2,501 Americans killed and more than 5,000 were wounded.

Exact German casualty numbers are unknown,

but it is estimated between 4,000-9,000 killed, wounded, and missing in action. Not included in those numbers were the estimated 10,000 French civilians killed in the pre-invasion Allied bombing and subsequent battles in Normandy.

The long and uncertain road to victory in Europe still lay ahead. But due to the bravery and tenacity of those Allied forces who invaded France, within eleven months Nazi Germany would be defeated and unconditionally surrender.

Because the stakes were so great, the date of June 6, 1944 will remain forever a day of monumental importance etched into the history and heritage of the U.S. Armed Forces in general and the U.S. Army in particular.

For more on D-Day visit pages 6-7, 8 and 10



U.S. Army photo

American assault troops move onto Utah Beach on the northern coast of France, June 6, 1944.

# **Events**

# Continued from Page 4

home. Cost covers transportation, license, bait, tackle, and trip. Pre-registration required at Marion Street Station. Trip costs \$90 per person. For more information, call (803) 751-3484.

# Juneteenth 5K and one-miler

8-10 a.m., Palmetto Falls Water Park. The entire Fort Jackson community is invited to attend and participate in this event. Pre-registration is available at (803) 751-3700 until June 20. T-shirts are available and on sale the day of the event. After the run/walk, participants are provided light refreshments and food trucks will be onsite. For more information, call (803) 751-3700.

# **JUNE 25**

### ment

1-2 p.m., MS Teams. Learn negotiation skills to manage and resolve conflict. Learn how to get past the "No" and get to the "Yes." and know when to walk away.

# **JUNE 27**

# 1,000 lbs. Competition

5:30 p.m., Vanguard Gym. Test your strength in the back squat, bench press, and deadlift and earn a coveted t-shirt by lifting a total of 500 or 1,000 lbs. Registration can be done at any gym, or by calling (803) 751-3700.

# **JULY 4**

# **Independence Day** Celebration

4-9 p.m., Hilton Field. Come join Fort Jackson for the Fourth of July celebration and music festival. Gate open at 4 p.m.. There will be kiddle rides, food trucks, local vendors and entertainment for the whole family. Navigating Conflict Manage- The event is open to the public.

# D-Dav

Continued from Page 8

ning movie "The Imitation Game" - cracked that code through what became the foundation for the modern computer.

Instead of telling the world about it, though, leaders thought the device would be more useful if kept secret. So for years, German plans were hindered by the decrypted messages, including on D-Day. Officials said the German codes intercepted before D-Day precisely pinpointed nearly all of the German fighting units in the Normandy area. On D-Day itself, it also helped Allied commanders get word of their troops' progress quicker than through their own communication

Breaking Germany's codes, and later those of the Japanese, proved to be a huge advantage for the Allies. While controversial for its secrecy, the decoding process has been widely credited with saving hundreds of thousands of lives and shortening the war by nearly two years.

Oh, and by the way, the U.S. military developed its own superior code machine — SIGABA — before entering the war. No one was able to

If you didn't know any of those things before today, now you do. But either way, make sure to remember those who gave their lives that day to help ensure a better future for all of us.

(Editor's Note: This item was originally published June 3, 2016.)



DID YOU KNOW: The Army Immersion Cooling System (AICS) is most effective when incorporated into the flow of training and used throughout the training day, in a shaded area. For more information, contact your unit safety officer.

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MAIN POST CHAPEL MAIN POST CHAPEL CENTURY DIVISION CHAPEL **PLACE SOLOMON CENTER SOLOMON CENTER** CENTURY DIVISION CHAPEL

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**PLACE** 

MAIN POST CHAPEL

MAIN POST CHAPEL

POST THEATER

LIGHTNING CHAPEL

WASHINGTON ROAD CHAPEL **CENTURY DIVISION CHAPEL** 

KINGS MOUNTAIN CHAPEL



Department of Defense photo

# Army opens new munitions facility

# By MATTHEW OLAY DOD News

The Army has inaugurated a new modular metal parts facility in Mesquite, Texas, the Pentagon announced May 30.

Among an assortment of production capabilities, the Universal Artillery Projectile Lines facility will increase the Army's ability to produce 155 mm munitions, Deputy Pentagon Press Secretary Sabrina Singh told reporters during a briefing.

"The Army is spending more than a billion dollars every year to make these critical improvements, and this plant is an important example of how we are modernizing our industrial base," Singh said.

"We are building new production lines across the country, and we are expanding our contracts with existing production facilities to increase their production speed and capacity. And we couldn't increase our production rates without the skilled expertise of the Americans who work in these arsenals and facilities around the country," Secretary of the Army Christine Wormuth is quoted in a recent news release about the facility's opening.

"Each time I visit a plant, I am struck by the dedication, patriotism and pride of the workers I meet; and I know that here in Mesquite, it won't be any different," Wormuth continued.

"The work done in these production facilities contributes directly to our nation's defense and makes us stronger."

The UAPL is a state-of-the-art facility that will be operated by General Dynamics Ordnance and Tactical Systems. It is equipped with long-stroke, high-tonnage forging capabilities, and will be capable of high-volume production capabilities for large-caliber metal parts, according to the release.

The UAPL will help the Army meet its modernization goals by incorporating modern manufacturing practices, high levels of automation and digital data capture ability, Singh told reporters.

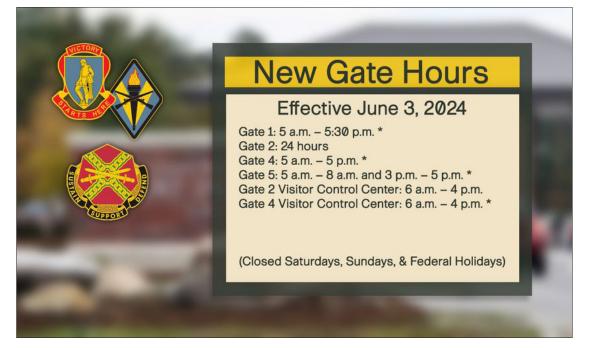
"Current and future Army readiness requires modernization efforts that leverage new technologies; advanced manufacturing equipment and processes; and surge capabilities to enable production at scale," Singh said, adding that such efforts will significantly strengthen U.S. munition production capabilities and will serve as a credible deterrent to our adversaries.

"This new facility underscores the Army and industry's commitment to bolstering the defense industrial base and maintaining the readiness of our armed forces."



# Shredding it

A Soldier pushes a bin full of paper to a shredding truck, June 4, as part of Fort Jackson's Shred Day. The post holds quarterly shred days to help the community safely shred old papers. Classified documents were not accepted at the event.



# VICTORY.... STARTS HERE



Members of 1st Battalion, 61st Infantry Regiment run down Jackson Boulevard near Darby Field at the end of the post run held June 3 at Fort Jackson. The run was the opening event of Fort Jackson's 107th birthday celebration called Victory Week.