

THURSDAY, MAY 30, 2024

THE FORT JACKSON LEADER

AMC'S #1 DIGITAL PUBLICATION

REMEMBERING THEIR SERVICE ON...

MEMORIAL DAY



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Post announces updated gate hours

By **ROBERT TIMMONS**
Fort Jackson Public Affairs

Drivers coming on post June 3 will find it a little easier to enter the installation made some changes to its access control point hours.

The adjusted hours “actually opens the gates a little earlier,” said Col. Timothy Hickman, garrison commander during the retiree breakfast, May 16 as part of Retiree Appreciation Days.

“Those of you who work over by the 81st (Readiness Division) or perhaps by the (Military Entrance Processing Station off Marion Avenue) will see more consistent times and more predictable times so we can get people on and off here as fast as we can” in a most efficient way “without bankrupting ourselves over hiring gate guards.”

The post would like to open the gates even longer, but “fiscal realities,” as Hickman called them, precludes the post from doing so.

These realities come from the Army stating the post should only operate gates 2 and 4 due to the amount of traffic entering the installation each day.

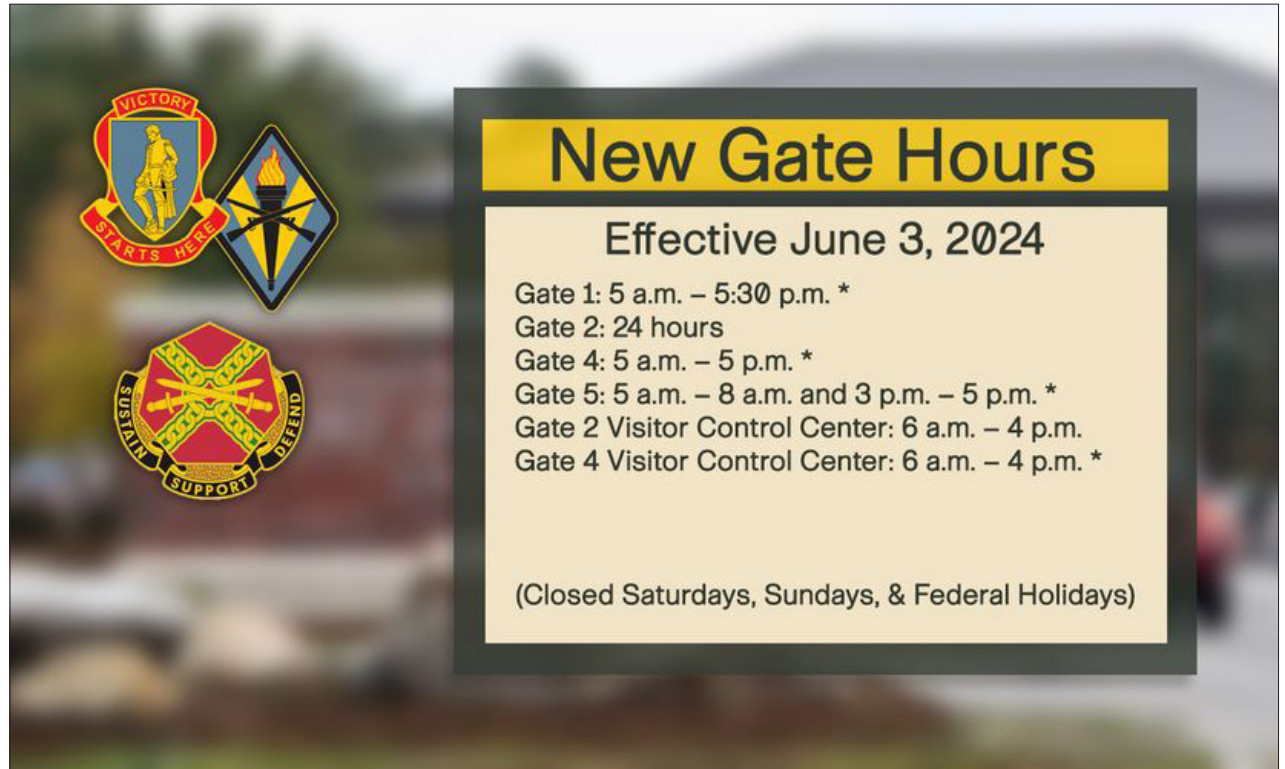
“We know that that is absolutely not the case,” Hickman said. “Can you imagine all those cars coming through today through Gate 2? Right, so we collectively Fort Jackson decided to operate one extra Gate 1 and then Gate 5 because we acknowledge so much growth happening” in the surrounding community.

Fort Jackson guards scan all identification cards in a car as part of the post’s plan to convince the Army to fund another gate.

“The scans are what the Army’s using to calculate how many guards you need,” Hickman said. “So, if we only do one scan we are doing only a quarter of the people who come on post.

“So that’s why we are pretty persistent about scanning everybody in the car, so we can show them how many people come here.”

Gate 1’s extended hours were only made possible by the



Graphic by **NATHAN CLINEBELLE**

Fort Jackson recently announced an update to access control point hours starting June 3. ‘Fiscal realities’ keep the post from keeping the gates open longer.

81st paying to keep the gate open longer.

The new hours are:

Gate 1: 5 a.m. to 5:30 p.m.*

Gate 2: Open 24 hours

Gate 2 Visitor Control Center: 6 a.m. to 4 p.m.

Gate 4: 5 a.m. to 5 p.m.*

Gate 4 Visitor Control Center: 6 a.m. to 4 p.m.*

Gate 5: 5-8 a.m. and 3-5 p.m.*

* (Closed Saturdays, Sundays and Federal Holidays)

Those with questions can ask them at the Community

Information Exchange from 11:30 a.m. to 1 p.m., June 13 at the 1917 Club.

On-post activities, directorates and Partners in Excellence will be on hand to update the community on upcoming events and answer questions.

Those who cannot make the CIE in person can watch it live via Facebook at the U.S. Army Garrison Fort Jackson Facebook page. Questions can be sent ahead of time by messaging that page at: <https://www.facebook.com/USArmyGarrisonFortJackson>.

ON THE COVER

American flags line the Fort Jackson National Cemetery during a wreath laying ceremony, May 27. The post honored the sacrifice of those service members who died serving the nation.

See Page 3



Photo by **NATHAN CLINEBELLE**

THE FORT JACKSON LEADER

“We Make American Soldiers”

Fort Jackson, South Carolina 29207

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Remembering their service on Memorial Day

By **ROBERT TIMMONS**

Fort Jackson Public Affairs

A one-mile run, 100 pullups, 200 pushups, 300 air squats and another mile run.

That was a routine workout for Navy Lt. Michael Murphy, Medal of Honor recipient killed in action in Afghanistan.

It is also a workout held in his honor each Memorial Day. The May 23 event was one of two Memorial Day events involving Fort Jackson but was the only one held on post.

The other was held May 27 at the Fort Jackson National Cemetery in Columbia.

Maj. Gen. Jason E. Kelly, Fort Jackson commander, laid a wreath at the cemetery and said afterwards the day was a way “to vocalize that we have not forgotten the why of this day.”

“Memorial Day is super important,” said Col. David Uthlaut, 165th Infantry Brigade commander before the Murph Challenge. “If you think about the history of Memorial Day, it really goes back to the Civil War with a lot of fallen Americans on our own soil. A lot of family members took the opportunity once a year to recognize what used to be called Decoration Day.”

Memorial Day recognizes those who have fallen in all wars and have given “that sacrifice,” he said.

“That’s something special about this country and something special about the military ... is that we are going to ask a lot of you. We are going to ask a lot of you in peace time and we’re certainly going to ask a lot of you, up to giving your own life in combat.”

Kelly said that as people reflect about the day he didn’t want them to “forget the why of this day. I want them to know (service members’) sacrifices were not in vain because the American way of life, the freedoms that we enjoy have been safeguarded by the sacrifices of their loved ones.”

According to the *Navy.mil*, Murphy gave his life, June 28, 2005, during Operation Red Wings as he fearlessly exposed himself to enemy fire in order to call for support during a heated firefight with the Taliban high in the Hindu Kush mountains.

“Despite the intensity of the firefight and suffering grave gunshot wounds himself, Murphy is credited with risking his own life to save the lives of his teammates,” the Navy’s Medal of Honor site stated. “Murphy, intent on making contact with headquarters, but realizing this would be impossible in the extreme terrain where they were fighting, unhesitatingly and with complete disregard for his own life moved into the open, where he could gain a better position to transmit a call to get help for his men.”



Navy Lt. Michael Murphy



Photo by **NATHAN CLINEBELLE**



Photo by **ROBERT TIMMONS**



Photo by **ROBERT TIMMONS**

(Top) Maj. Gen. Jason E. Kelly, post commander, Post Command Sgt. Maj. Erick Ochs, and Sgt. 1st Class Channel Cabrera, place a wreath at the Fort Jackson National Cemetery May 27.

(Above) Command Sgt. Maj. John Blyler II, 165th Infantry Brigade senior enlisted leader, knocks out some of the 200 pushups he needed to complete during the Murph Challenge, May 23.

(Left) Blyler grimaces while doing one of a 100 pullups.

Community Updates

ANNOUNCEMENTS

249th Army Birthday Ball

Tickets are on sale for the 249th Army Birthday Ball. The event begins at 5 p.m., June 8 at the 1917 Club. 5700 Liberty Division Road, Fort Jackson, S.C. 29207. Tickets can be purchased by visiting: [Eventbrite website eventbrite.com/e/fort-jackson-palmetto-chapter-ausa-army-and-fort-jackson-ball-2024-tickets-880255105717](https://www.eventbrite.com/e/fort-jackson-palmetto-chapter-ausa-army-and-fort-jackson-ball-2024-tickets-880255105717).

Road Name Changes

Fort Jackson has renamed numerous roads and streets on post that were named after Confederate leaders, battles and units. This is part of efforts to rename Department of Defense installations, streets, buildings and ships that featured names commemorating the Confederacy. These name changes, effective Jan. 1, have already been made by the U.S. Postal Service. To learn which road names have changed, scan the QR code or visit home.army.mil/jackson/about/fort-jackson-road-renaming. See Page 5 to learn more about the road renaming process.



COMMUNITY EVENTS

TODAY

Wine & Yoga

5:30-8:30 p.m., Weston Lake Community House. Cost is \$15 advance or \$20 at the door. Join us for Wine & Yoga; an event that pairs sipping wine while practicing basic yoga poses to promote deeper relaxation, flexibility and fun. To register or for more information, call (803) 751-3700.

Powerlifting Clinic

6-7 p.m., Vanguard Gym. Learn prop-

er powerlifting technique for the bench press, deadlift, and squat from certified instructors. For more information, contact Vanguard Gym at (803) 751-4526.

FRIDAY

Salsa Night

7-9 p.m., Down Range Bar. Come enjoy a fun night of salsa dancing at the Down Range Bar located behind the 1917 Club.

SATURDAY

Weston Lake Beach Opening Day

Noon to 5 p.m., Weston Lake. The Directorate of Family and Morale, Welfare and Recreation celebrates the beach opening event. The free event will have live music, paddle boats, paddle boards bounce houses, free hot dogs and drinks (while supplies last), game and beach access. For more information, contact Weston Lake at (803) 751-5253.

JUNE 4

Meals in Minutes & Your Budget

1:30-2:30 p.m., 9810 Liberty Division Road, Rm. 119. The USAG Civilian Workforce Development Program and the Army Community Service Financial Readiness Program are partnering to offer the Leader/Workforce Development Series Training "Meals in Minutes & Your Budget" class. This session will teach how to save calories while also optimizing your budget. The class provides tips on meal prepping, eating out, recipes, comparison shopping, meal planning, shopping lists, cooking tools, and ways to save money.

JUNE 4

Shred Day

9 a.m. to 2 p.m., 5671 Liberty Division Road. Come and drop off your papers to be shredded. No classified documents will be accepted.

JUNE 6

Early Career Development Overview

9 a.m. to noon, MS Teams. The USAG Civilian Workforce Development Program and Army Benefits Center - Civilian discuss retirement benefits

JUNE 7

Relinquishment of Command

8 a.m., SSI Auditorium. Col. Michelle Williams will relinquish command of the Finance & Comptroller School during a ceremony.

JUNE 11

Money & Mindsets

8:30-11:30 a.m., 9810 Liberty Division Road, Rm. 119. The USAG Civilian Workforce Development Program and the Army Community Service Financial Readiness Program class will dive into an individual's mindset regarding managing money, effective self-talk, and goal setting. This is a great opportunity to learn about self-motivation, setting and achieving goals that will help you improve the management of your personal finances and achieving financial goals.

Healthy Retirement Packet

Noon to 3 p.m., MS Teams. The USAG Civilian Workforce Development Program and Army Benefits Center - Civilian are partnering to offer the Leader/Workforce Development Training "Healthy Retirement Briefing."

JUNE 13

Community Information Exchange

11:30 a.m. to 1 p.m., 1917 Club. Join Col. Timothy Hickman, garrison commander, and Col. Mark Huhtanen, Army Training Center deputy commanding officer, for updates about on-post happenings.

JUNE 14

Dads & Dollars (Fathers Day Edition)

10-11 a.m., 1917 Club. The USAG Civilian Workforce Development Program and the Army Community Service Financial

Fort Jackson

Movie Schedule

3319 Jackson Blvd.

Phone: 751-7488

FRIDAY, MAY 31

■ The Fall Guy (PG-13) 6 p.m.

SATURDAY, JUNE 1

■ The Fall Guy (PG-13) 2 p.m.

WEDNESDAY, JUNE 5

■ The Garfield Movie (PG) 2 p.m.

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule are subject to change without notice.

Readiness Program are partnering to offer the Leader/Workforce Development Series Training "Dads & Dollars (Fathers Day)" class. Join other military dads and an experienced financial counselor in a comfortable setting to converse about financial interests, concerns and/or the things that are important to dads in the military.

JUNE 18

Meals in Minutes & Your Budget

1:30-2:30 p.m., 9810 Liberty Division Road, Rm. 119. The USAG Civilian Workforce Development Program, Army Community Service Financial Readiness Program and Army Wellness Center are partnering to offer the Leader/Workforce Development Series Training "Meals in

See **EVENTS:** Page 10

THE FORT JACKSON LEADER

SEND ALL
SUBMISSIONS TO

usarmy.jackson.93-sig-bde.mbx.atzj-pao@army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following

Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. All submissions will be edited and published using Associated Press Style.

Questions? Call 751-6739.

CENTURY DIVISION AVE. (FORMERLY MAGRUDER AVE.)



By **FIELDING FREED**
Basic Combat Training Museum

The 100th Infantry Division was activated at Fort Jackson for World War II on Nov. 15, 1942. While the building boom on post was in full swing at that point, the departure of the 30th Division the month before freed up much needed training space. Nicknamed the Century Division, as a new division the 100th would undergo intensive and innovative training during their year here prior to deployment to Europe.

Basic Combat Training in World War II consisted of 13 weeks of close order drill, obstacle courses, weapons marksmanship, and hiking (their term) long miles which remain standard today. By 1943, the need for more realistic training in anticipation of combat in the European Theater of Operations resulted in several innovations. At Camp Jackson during World War I, engineers built a series of replica trenches to acclimate and prepare green troops for combat. This was a novel idea and this first use of immersive environments in basic combat training proved effective.

The use of recreated combat conditions to augment basic training was expanded at Fort Jackson during World War II. The Century Division's 325th Combat Battalion constructed a new infiltration course, complete with machine guns that fired over the

Fort Jackson has renamed numerous roads and streets on post that were named after Confederate leaders, battles and units. This effort is part of the efforts to rename Department of Defense installations, streets, buildings and ships that featured names commemorating the Confederacy. But do you know the significance of the new names?



National Archives

Men of the 325th Engineering Battalion, 100th Infantry Division, stretch rope for a footbridge across the Wateree River, five miles west of Camden, South Carolina. October 30, 1943

crawling trainees' heads, and a mock Nazi village. The village was designed to, "...subject the trainee to every sight, sound, and sensation of battle" necessary for urban warfare training according to historian Michael Bass. Efforts went so far as outfitting some Soldiers in captured Afrika Corps uniforms to familiarize trainees with the German uniform's rank and unit designations.

With the best training possible behind

them, the 100th arrived at the ETO on Oct. 20, 1944, after which it fought for 185 continuous days of combat. Their record included the Ardennes-Alsace, Rhineland, and Central Europe campaigns. During the capture of the French towns Lemberg and Bitche, the time spent training at Fort Jackson's simulated village likely paid dividends during the intense house-to-house fighting.

The success of the 100th Infantry Division during World War II came at a high price.

Casualties included 883 killed in action, 3,539 wounded in action, 483 missing in action, and 491 prisoners of war. Today the 100th continues as the 100th Training Division (Leader Development) stationed at Fort Knox.

WE OUTFOUGHT THE GERMANS IN ALMOST EVERY BATTLE.

- John L. Curry

Company L, 399th Infantry Regiment
100th Infantry Division



Scan to learn more about the 100th Infantry Division

New talent acquisition class begins on post

By **CHRISTOPHER HURD**
Army News Service

The Army's recruiting transformation is underway as the first group of warrant officers are currently going through the talent acquisition technician training course.

Once they graduate, these Soldiers will provide the Army with a voluntary group of permanent and skilled talent acquisition technicians.

"We see this as a major shift in transforming our future recruiting force by selecting Soldiers that want to do this," said Col. Christine Rice, officer in charge of the Army's workforce redesign initiative. "If we have a force made up of permanent recruiters, we can focus on training them to the next level to be able to accomplish their duties."

The class of 25 warrant officers finished the first two weeks of fundamental data analytics training last week at the Adjutant General School at Fort Jackson. They are now at the Recruiting and Retention College at Fort Knox, Kentucky for eight weeks of technical training. There, they'll learn about recruiting operations, marketing, public affairs and how to use data analytics for recruiting.

Army senior leaders decided to create this new career field, along with an enlisted talent acquisition specialist MOS, when they announced changes to the recruiting enterprise last fall.

Since that time, a team from the U.S. Army Recruiting Command, the Adjutant General School and the Recruiting and Retention College have been working with industry and academic partners to create this unique course.

See **TALENT:** Page 9

Les sanglots longs

(The long sobs)

Des violons

(Violins)

De l'automne

(of Autumn)



And the winner is: Staff Sgt. David Weston

By Nathan Clinebelle

After four days of intense competition, the Fort Jackson Drill Sergeant of the Year for 2024 is Staff Sgt. David Weston of 1st Battalion, 61st Infantry Regiment.

Staff Sgt. Weston will represent Fort Jackson in the U.S. Army Drill Sergeant of the Year competition this September.



'The Weigh It Is' with Pam Long

Yes, we need protein, yes, we need carbohydrates and yes, we need fats. We are created to need each of these macronutrients, so we must remember that fat, just like the other macronutrients, plays a vital role in healthy living. Fats not only store energy, but it shields our vital organs. It is how fat-soluble vitamins are absorbed.

As it relates to eating, fat tastes great, but because it is so delicious and potent (nine calories per gram), we only need a little, so moderation is a must. Eating fat in large amounts is a recipe for failure when it comes to dieting. It makes us sluggish, heavier and increases our chances of potential health problems.

Health wise, people should eat about 55 to 60 grams of fat daily.

Again, I will remind you that fat is a macronutrient. It has calories. Each gram of fat equals nine



Long

calories.

That is a lot of energy compared to protein and carbohydrates, which have four calories per gram. However, if you are not using that energy, then you are storing those extra calories. That can really add up before you know it.

We don't give it enough credit because we get caught up in how fat makes us fat, but fat does have a positive side to our health.

Firstly, fats help us absorb vitamins A, D, E, and K, our bodies absorb these vitamins more efficiently when we consume them along with fat (preferably healthy fats). Because fats provide the structure of the outer membrane of the cells in our bodies, it supports cell growth. Fat helps with wound healing, hormone production, our brain, and eye health.

To stay on the healthy side of fat, we need to know which fats

are safe and which ones we need to avoid whenever possible. There are several types of fats that fall into two categories ... bad fats and good fats.

Each has a different effect on your health.

When you think about bad fats, normally they are usually identified as Trans-fat and Saturated fat. When vegetable oil goes through a process called hydrogenation, that is how trans fats are made. During the process, the oil hardens to create hard fats. Trans fats increase bad cholesterol and lower good cholesterol levels. Now for the bad news ... common sources of bad fats are fried foods, cakes, cookies, pies, pastries, biscuits, donuts, ... you get the picture.

Saturated fat, just like trans-fat, increases bad cholesterol which could lead to heart disease. When you think about these types of bad fats, they include fatty meat, dairy products that contain high fat, creamy sauces like Alfredo sauce and processed meats to name a few.

I mentioned earlier, there are bad fats, but there are good fats

too, and they can affect our health in very positive ways. Fats like polyunsaturated and monounsaturated are examples of good fats.

They help reduce bad cholesterol in the body to help keep it healthy. Good fats like polyunsaturated reduce the risk of blood clotting and decrease the risk of heart problems. Foods rich in Omega-3 are polyunsaturated and include foods like mackerel, salmon, walnuts, and canola oil to name a few. Monounsaturated fat also reduces bad cholesterol in the body. Foods rich in monounsaturated fat are nuts, peanut oils, and olive oils.

Knowing the different types of fats helps us make wiser decisions when it comes to a healthier, more balanced diet.

Strive to eat foods high in fat in moderation. This includes good fats, and bad fats because even healthier fats, when consumed excessively, can cause weight challenges, and impact your overall health.

Pam's thought for the week:
"Food, like your money should be working for you."

Talent

Continued from Page 5

"It's been a tremendous undertaking for those training and education developers," said Zenon Zacharyj, chief of faculty and staff at the Recruiting and Retention College. "It's (been) a lot of work and a lot of passion. We've got an amazing team."

They built a training program across two locations with over 75 lessons from scratch in just a few months.

The course teaches students how to leverage technology, social media, artificial intelligence and other tools to connect with potential recruits. The first class is scheduled to

graduate in July.

These new talent acquisition technicians will go on to various recruiting units to serve as mentors, trainers and technical experts.

"I'm proud of what everybody has done to this point and I'm very honored because the (Army's) senior leaders have placed this trust into our warrant officers," said Chief Warrant Officer 5 Chad Bowen, chief warrant officer of the Adjutant General Corps. "A warrant officer in the Army is someone who is specifically trained to perform at the next level and this course is going to help develop that."

The next two groups of Soldiers to attend the training will follow a slightly different path. They are noncommissioned officers who must first attend warrant officer candidate school before going to the Adjutant Gen-

eral School for four weeks. It will take these Soldiers 17 weeks before they are fully trained talent acquisition technicians.

After the first three classes, developers will analyze feedback and adjust the curriculum.

The Army selected these Soldiers based on past performance and attributes they displayed that best fit the talent acquisition career field.

The process is like the one used for special forces and was designed through a partnership with the recruiting command, the Army Research Institute and the Office of the Command Psychologist.

The enlisted talent acquisition specialist course is still being developed and the team plans to use what they learned from this course to help shape that curriculum.

SALUTING THIS CYCLE'S HONOREES

3rd Battalion,
60th Infantry
Regiment

DRILL SERGEANT OF THE CYCLE

Staff Sgt.
XXX XXXX

ALPHA COMPANY SOLDIER LEADER

OF THE CYCLE

Pfc. Bradley Villacis

SOLDIER OF THE CYCLE

Pfc. Shannique Smith

BRAVO COMPANY SOLDIER LEADER

OF THE CYCLE

Pvt. Hugh Guillen

SOLDIER OF THE CYCLE

Pvt. Jessica Borges

CHARLIE COMPANY SOLDIER LEADER

OF THE CYCLE

Pvt. Tatum Cutter

SOLDIER OF THE CYCLE

Pvt. Marilyn Villasenor

DELTA COMPANY SOLDIER LEADER

OF THE CYCLE

Pvt. Brandon Beas

SOLDIER OF THE CYCLE

Spc. Lauren Bagshaw

ECHO COMPANY SOLDIER LEADER

OF THE CYCLE

Staff Sgt. Mackenzie
Thompson

SOLDIER OF THE CYCLE

Spc. Sawyer Cobb

Events

Continued from Page 4

Minutes & Your Budget” class. This session will teach how to save calories while also optimizing your budget.

Clothing and Nonperishables Drive

9 a.m. to 5 p.m., Fort Jackson Fire Department. Bring canned foods and clothing to the Fort Jackson Fire Department to be donated to local charities.

JUNE 22

Offshore Fishing Trip

5 a.m. to 5 p.m., Marion Street Station. Travel to Hilton Head, S.C. with your Outdoor Recreation team and fish three to five miles offshore for black sea bass, mackerel, black drum, red fish, bluefish and maybe even a shark. The boat offers shaded and seated fishing areas, restrooms, and even has snacks and drinks for sale on board. Outdoor Recreation will provide the transportation and coolers for you to transport your catch back home. Cost covers transportation, license, bait, tackle, and trip. Pre-registration required at Marion Street Station. Trip costs \$90 per person. For more information, call (803) 751-3484.

Juneteenth 5K and one-miler

8-10 a.m., Palmetto Falls Water Park. The entire Fort

Jackson community is invited to attend and participate in this event. Pre-registration is available at (803) 751-3700 until June 20. T-shirts are available and on sale the day of the event. Support volunteers are provided using the FJ program. After the run/walk, participants are provided light refreshments and food trucks will be onsite. For more information, call (803) 751-3700.

JUNE 23

Strongman/Strongwoman

5 p.m. Vanguard Gym. Fort Jackson Sports and Fitness presents the Strongman/Woman Competition. Participants must register and weigh-in by June 11 at any gym to be eligible to compete. Call (803) 751-5839 for more information.

JUNE 27

1,000 lbs. Competition

5:30 p.m., Vanguard Gym. Test your strength in the back squat, bench press, and deadlift and earn a coveted t-shirt by lifting a total of 500 or 1,000 lbs. Registration can be done at any gym, or by calling (803) 751-3700.

JULY 4

Independence Day Celebration

4-9 p.m., Hilton Field. Come join Fort Jackson for the Fourth of July celebration and music festival. Gate open at 4 p.m.. There will be kiddie rides, food trucks, local vendors and entertainment for the whole family.

Victory Week is here

Leader Staff Reports

Fort Jackson will celebrate its 107th birthday with a week long slate of activities for Soldiers, families, civilians, retirees, and the Midlands community to honor the post’s past; pay tribute to today’s Soldiers; and showcase Fort Jackson as the Army’s Training Center of choice of Basic Combat Training and an installation consistently recognized for excellence.

Those events are:

June 3: Fort Jackson’s 107th Birthday Post Run

June 4: Pistol Competition; Unit Sporting Events; and Fort Jackson Night at the Columbia Fireflies baseball game

June 5: Cake cutting; Victory Week Sports Awards Ceremony; Fort Jackson Organizational Day

June 6: D-Day Commemoration at the museum; Hall of Fame Induction Ceremony

June 7: Commanding General’s Victory Week Golf Tournament

June 8: 249th Army Birthday Ball

DID YOU KNOW: Iced sheet application for suspected heat illness victims is a required along with calling 911 for emergency medical support. Remember to change iced sheets every three minutes or until EMS takes control of the patient.

WORSHIP SCHEDULE

| FAITH GROUP | DAY | TIME | PLACE |
|---------------------------------|----------------------------|-------------------|-------------------------|
| CATHOLIC MASS | SUNDAY | 9:30-10:30 A.M. | MAIN POST CHAPEL |
| CATHOLIC MASS | MON-FRI | NOON | MAIN POST CHAPEL |
| GOSPEL SERVICE | SUNDAY | 10:30 A.M. | KINGS MOUNTAIN CHAPEL |
| GENERAL PROTESTANT | SUNDAY | 11 A.M. TO NOON | MAIN POST CHAPEL |
| REVIVE SERVICE | SUNDAY | 5 P.M. | MAIN POST CHAPEL |
| HEATHEN/PAGAN | EVERY 2ND AND 4TH SATURDAY | NOON TO 2 P.M. | CENTURY DIVISION CHAPEL |
| INITIAL ENTRY TRAINING | DAY | TIME | PLACE |
| CATHOLIC MASS | SUNDAY | 8-9 A.M. | SOLOMON CENTER |
| PROTESTANT CONSOLIDATED SERVICE | SUNDAY | 9:30-10:30 A.M. | SOLOMON CENTER |
| CHURCH OF CHRIST | SUNDAY | 10:30-11:30 A.M. | CENTURY DIVISION CHAPEL |
| HISPANIC PROTESTANT SERVICE | SUNDAY | 8:30-10 A.M. | POST THEATER |
| ISLAMIC SERVICE | SUNDAY | 8-9 A.M. | KINGS MOUNTAIN CHAPEL |
| JEWISH SERVICE | SUNDAY | 10:15-11:30 A.M. | LIGHTNING CHAPEL |
| THE CHURCH OF JESUS CHRIST OF | | | |
| LATTER DAY SAINTS | SUNDAY | 10:30 A.M. - NOON | WASHINGTON ROAD CHAPEL |
| HEATHEN/PAGAN | SUNDAY | 8:30-9:30 A.M. | CENTURY DIVISION CHAPEL |

Event aims at increasing domestic violence awareness

**Story, photo by
ROBERT TIMMONS**
Fort Jackson Public Affairs

“Here at Fort Jackson, we are creating a community where domestic violence, child abuse survivors are supported and where people have an opportunity to thrive without fear of violence or abuse,” said Garrison Command Sgt. Maj. Brie Kotula.

Fort Jackson’s Army Community Service led a collaborative effort to educate the community about domestic violence, May 23.

Many on-post and local partners spoke during the first Heroes for Harmony Workshop held at the 1917 Club. These included on-post entities ACS Financial Readiness, Family Advocacy Program, military police, and the Office of the Staff Judge Advocate.

Off-post organizations speaking at the event included the Richland County Coroner, City of Columbia Police Department, and the 5th Circuit Solicitor’s Office.

Kotula said forging civilians into Soldiers produces “the strongest forces in the world,” but there is a byproduct of that process – stress.

“As with great endeavors, stress comes,” she said opening the workshop. “Families are called upon to support their Soldiers in a fast-paced process ... relationships are put to the test. No relationship is perfect, but it is important to recognize the warning signs of abuse because abuse impedes the mission.”

Catherine Ross, chief clinical and educational officer with Sister Care, said the workshop was “very important” because “we’re still discussing a very important woman’s justice, human rights, public health issue that is intimate partner violence.”

She said that IPV differs from



Garrison Command Sgt. Maj. Brie Kotula, speaks about domestic violence awareness.

domestic violence in that it includes those who are dating.

Ross said national statistics show that IPV is the top health risk for women and that one of every three women will be abused.

According to the National Coalition Against Domestic Violence, 42.3% of South Carolinian women and 29.2% of South Carolinian men experience intimate partner physical violence, intimate partner sexual violence, and/or intimate partner stalking in their lifetimes. In 2019, 36 women and six men were victims of domestic violence homicide with 78.5% of these committed with firearms.

There are many ways Fort Jackson supports domestic violence victims.

The Family Advocacy Program helps Soldiers and Families recognize and meet the unique challenges of military lifestyles. Our services include seminars, workshops, counseling, and intervention to help strengthen Army Families, enhance resiliency and relationship skills, and improve quality of life.

The program has additional programs such as transitional compensation program for abused dependents and the Victim Advocacy Program.

For more information about the Family Advocacy Program call (803) 751-5256 or visit: <https://jackson.armymwr.com/programs/acs/family-advocacy>.



Lt Col. Scotty Boler and Command Sgt. Maj. Sierra Aquaowo lead the 120th Adjutant General Battalion on their SHARP 5K run/walk.

120th runs for SHARP

By CAPT. VERNICCA FORD
120th Adjutant General Battalion

The 120th Adjutant General Battalion reaffirmed its commitment to Soldiers’ safety by conducting its annual SHARP 5K Walk/Run.

Soldiers, civilians, and contractors assigned to the unit gathered at the Battalion track where they heard opening remarks rendered from Lt. Col. Scotty Boler, 120th commander.

“I want to thank you all for showing up and participating in today’s event,” Boler said. “Today is a special day because together, we reaffirm our commitment to take on sexual assault and sexual harassment and eliminate them from our ranks.”

Participants wore teal shirts to show support for sexual assault survivors.

They took to the streets with signs that displayed positive messages about prevention, awareness, and trust for the Army SHARP Program.

The Army’s Sexual Harassment/Assault Response and Prevention program exists so the Army can prevent sexual harassment and sexual assaults before they occur.

After completing the 5K, participants signed

their new battalion pledge based on the Army’s I. A.M. STRONG Campaign. The campaign vows to combat sexual assaults and harassment by encouraging soldiers to prevent incidents before they occur by intervening, acting, and being motivated to protect fellow service members.

“Today was amazing, and our goal is to let you all know how invaluable you are to our team,” said Command Sgt. Maj. Sierra Aquaowo, 120th’s senior enlisted leader.

“For us to remain a high-functioning team, we must eradicate behaviors that erode trust and cohesion within our formation,” Aquaowo said. “Sexual assault or harassment will not be tolerated, and I encourage you all to continue to speak up, speak out, and support one another.”

The unit concluded the event with a prayer and moment of silence rendered by Sgt. Randall Foster, the battalion religious Support noncommissioned officer.

“May God continue to bless our formation and forge a hedge of protection around the beloved Warrior Soldiers and Civilians here with us today,” Foster said as attendees bowed their heads, closed their eyes, and held hands in solidarity.

Courtesy photo

VICTORY STARTS HERE



Staff Sgt. David Weston, Army Training Center and Fort Jackson Drill Sergeant of the Year, goes through a series of obstacles during the post's competition to determine its best drill sergeant.

Photo by NATHAN CLINEBELLE