

MAY 2024



# FORCE REPORT

**17<sup>TH</sup> FORCE MASTER CHIEF PATRICK PAUL "PaP" MANGARAN**  
**DIRECTOR OF THE HOSPITAL CORPS**



We kicked off the month of April with the 131st Chief Petty Officer (CPO) Birthday celebration at Defense Health Headquarters (DHHQ). This event was well-attended by our teammates from both BUMED and the Defense Health Agency (DHA). It was a significant occasion, reflecting on the enduring legacy and vital contributions of our CPOs. A heartfelt thank you to all the CPOs, past and present, who joined us in this celebration and helped finish the cake. Following the CPO birthday celebration, we welcomed Executive Medical Department Enlisted Course (EMDEC) Class 24-40 to DHHQ. This class was notably well-represented across all Budget Submitting Offices, fostering a robust exchange of ideas and engaging discussions on the Surgeon General's lines of effort (LOE). We continued the conversation on how we could leverage the Master Chief Petty Officer of the Navy's (MCPON) Mission, Vision, and Guiding Principles into cohesive strategies that will further enhance our purpose of "Keeping our Warfighters, Teammates, and Ourselves in the Fight."



After these discussions, BUMED headquarters hosted the FY-24 Navy Medicine Sexual Assault Prevention and Response Summit. The summit was led by our Deputy Surgeon General, Rear Adm. Rick Freedman, our Executive Director, Dr. Michael McGinnis, and our Deputy Director of the Hospital Corps, Hospital Corpsman Master Chief Hansen Lafoucade. This event was particularly significant as April is recognized as Sexual Assault Awareness and Prevention Month by both civilian and military communities, reinforcing our commitment to addressing and preventing sexual assault within our ranks. While the summit was being held, I accompanied our Surgeon General, Rear Adm. Darin Via, to the U.S. Capitol, for our quarterly sync with congressional professional staff members to seek advocacy for resources to support the Surgeon General's LOEs.

We then traveled to Millington, Tennessee, for the inaugural Navy Medicine Recruiting Kaizen. This event was crucial, given the severe challenges we face regarding recruitment and retention across the enterprise.





Active-duty service members and their families are grappling with provider shortages, inadequate network options, and long wait times, as highlighted in the November 2023 Pentagon Inspector General report. Access to healthcare consistently ranks as a top cause of dissatisfaction among service members, impacting the Navy and Marine Corps' ability to maintain a medically ready force. This Kaizen event aimed to develop strategic solutions, understand participant roles, address current issues, and establish clear outcomes with defined ownership and timelines for follow-up. We know and we truly appreciate that each of you are choosing to stay in the fight and are doing all that you can to meet the demands of access to healthcare delivery. During this trip, we also visited Navy Medicine Readiness and Training Unit (NMRTU) Memphis. It was inspiring to see our teammates in action, providing medical care to our shipmates and their beneficiaries. Finally, we visited the office of the Enlisted Community Manager (ECM) and the HM Detailers. I want to highlight the incredible work of our ECM and her outstanding team of detailers. They are the unsung heroes who meticulously manage and support the health of our force.

The following week was packed with engagements, including preparations for the Sailor of the Year selection, the Prospective Commanding Officer, Prospective Executive Officer, and Prospective Command Master Chief BUMED Orientation Course, and the Surgeon General's Leadership Symposium. Immediately following that, I attended the Consortium for Health and Military Performance (CHAMP) Executive Advisory Board meeting on behalf of MCPON James Honea. CHAMP aims to be the premier DoD resource for military Human Performance Optimization (HPO) and Total Force Fitness (TFF), leveraging its members' expertise to support service members and their families.

That same week, we welcomed our BUMED Sailor of the Year candidates and their Command Senior Enlisted Leaders to Defense Health Headquarters. The BUMED FY-23 Sailor of the Year selection board reviewed four outstanding nominees: HM1 Blaine J. Jackson from Navy Environmental Preventive Medicine Unit 5 (EPMU-5), HM1 Peter J. Munoz from Navy Medicine Readiness and Training Command (NMRTC) Twentynine Palms, HM1 Bruce W. Binns from Navy Medicine Operational Training Command (NMOTC), and HM1 Matthew R. Potaracke (BUMED HQ). After careful deliberation, HM1 Peter J. Munoz was selected as the BUMED FY-23 Sailor of the Year and will be advanced to chief petty officer.

Finally, I spoke at the Medical Service Corps (MSC) Specialty Leader meeting, discussing the future of the hospital corps. I extend my gratitude to our MSC community for their leadership and mentorship, which is invaluable in guiding and shaping the future of our medical personnel and ensuring top-tier care for our service members.

This month has showcased our dedication, resilience, and professionalism, as we navigate challenges and strive for a stronger Navy Medicine community. In closing, I want to a big shoutout to the entire Navy Medicine team and our Hospital Corpsmen. Your dedication keeps our Navy strong and healthy. Thank you for your tireless service and commitment to excellence. As always, stay motivated, stay hydrated, and change your socks!



**FORCE MASTER CHIEF**  
BUREAU OF MEDICINE AND SURGERY  
7700 ARLINGTON BOULEVARD  
FALLS CHURCH VA 22042

June 17, 2024

Happy 126th Birthday, Hospital Corps!

Our journey as Hospital Corpsmen is marked by unparalleled dedication, sacrifice, and service. From the intensity of the battlespace to the compassion of bedside care, we've embodied the core values of honor, courage, and commitment in every action. Yet, amidst the ever-evolving landscape of modern medicine, it's crucial that we remain grounded in the fundamental principles that define our profession. At the heart of our mission lies the principle of our purpose: Keep our WARFIGHTERS in the fight, keep our TEAMMATES in the fight, and keep OURSELVES in the fight! This reminds us of the importance of simplicity, clarity, and focus on our approach with our craft, each day.

Let us recommit ourselves to the principles of excellence, integrity, and service that define us as Hospital Corpsmen. Let's never forget the sacred trust placed in us by those we serve, nor the solemn oath we have sworn to uphold. Together, let's strive to honor our legacy, strengthen our community, and uphold the proud tradition of excellence that defines the Hospital Corpsman community.

I extend my deepest gratitude to every member of the Hospital Corps for your unwavering dedication, professionalism, and sacrifice. Whether you're on the front lines of combat or providing care in a clinic halfway across the world, your contributions make a difference each day. As we celebrate another year of service, let's do so with pride, humility, and gratitude for the privilege of serving our nation and fellow service members. As always, Stay MOTIVATED, Stay HYDRATED, and CHANGE YOUR SOCKS!

Sincerely,

PatrickPaul "PaP" Mangaran



# CAREER COUNSELOR CORNER

## Hospital Corps Retention and Burnout Survey



## HOSPITAL CORPS RETENTION AND EXIT SURVEY

**Your Voice Matters:** We are committed to fostering a thriving Hospital Corps community. Your honest feedback in this survey is essential in shaping the future of the Corps by informing and prioritizing initiatives that directly impact your career development, well-being, and overall satisfaction.

**Invest in Yourself & Your Colleagues:** By participating, you are not only investing in your own career trajectory, but also contributing to a more fulfilling and rewarding experience for all Hospital Corps personnel.

**Together, We Build a Stronger Corps:** Your voice is powerful. Together, let's use it to build a Hospital Corps that thrives on continuous improvement and reflects the needs of its dedicated personnel.

**Call to Action:** Take the Survey Today! Visit:

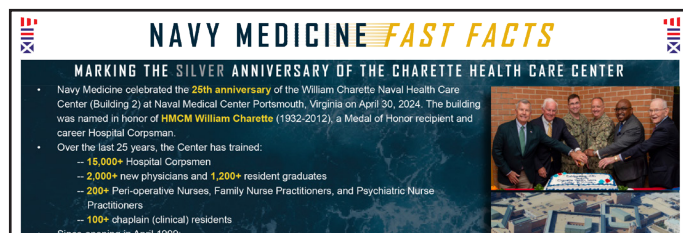
[https://usnavy.gov1.qualtrics.com/jfe/form/SV\\_4HOpbp5RbeXZfwi](https://usnavy.gov1.qualtrics.com/jfe/form/SV_4HOpbp5RbeXZfwi)

to share your valuable insights and make a positive difference in the future of the Hospital Corps.



# YOU ARE THE HEART OF THE HOSPITAL CORPS!





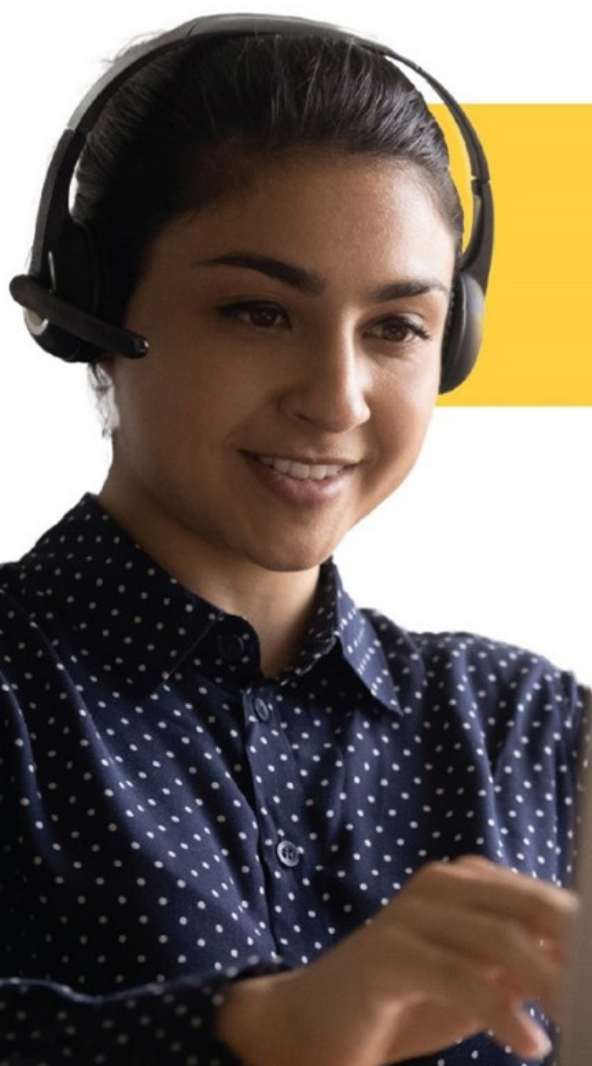
# NAVY MEDICINE FAST FACTS

May 2024

This document serves as a comprehensive and engaging resource showcasing the diverse career paths, impactful contributions, and unique culture of Navy Medicine. Fast Facts highlights the outstanding achievements and contributions of Navy Medicine personnel and serves as a reference to succinctly communicate the Navy Medicine mission and priorities. Download the latest issue [HERE](#)

## DEFENSE HEALTH AGENCY

DHA Academy



spark curiosity  
ignite creativity  
stay on mission



[health.mil/dhaacademy](https://health.mil/dhaacademy)



# MESSAGE FROM THE DETAILERS

## Message from HM Detailer:

Senior Enlisted Marketplace applications open on August 2024 through My Navy Assignment. Screened senior chiefs and master chief petty officers may apply for up to seven billets. Please see below link:

<https://www.mynavyhr.navy.mil/Career-Management/Detailing/Enlisted/Senior-Enlisted-Marketplace/>

E4 and below (L03A/0000) shop has two new motivated detailers: HM1 Ilbrink and HM2 Flores.





# NEC SPOTLIGHT

## DENTAL HYGIENIST-L35A

The HM Dental Hygienist (L35A) is one of the Medical Enlisted Community unique NEC.

A dental hygienist in a clinical role assesses, plans, implements, evaluates, and documents treatment for prevention, intervention, and control of oral diseases, while practicing in collaboration with other health professionals. Dental hygienist performs patient health screenings, periodontal therapy, applies fluoride and sealants, exposes and process dental radiographs, provides nutrition counseling and evaluates patient's oral health.

### How to become a Dental Hygienist?

The Hygiene Program is a two-year course of study offered at Pensacola State College (PSC) located in Pensacola, Florida, and Coastal Carolina Community College (CCCC) located in Jacksonville, North Carolina. Sailors accepted into the program attend school as fulltime students and receive an associate of science degree upon completion.

### Incentives:

Selective Training and Reenlistment (STAR) – E4 to E5

Selective Reenlistment Bonus (SRB) up to \$90K (Zone B and C)

Civilian Credentials – Associate degree and National Certification and Federal / State Licenses

### Point of Contact:

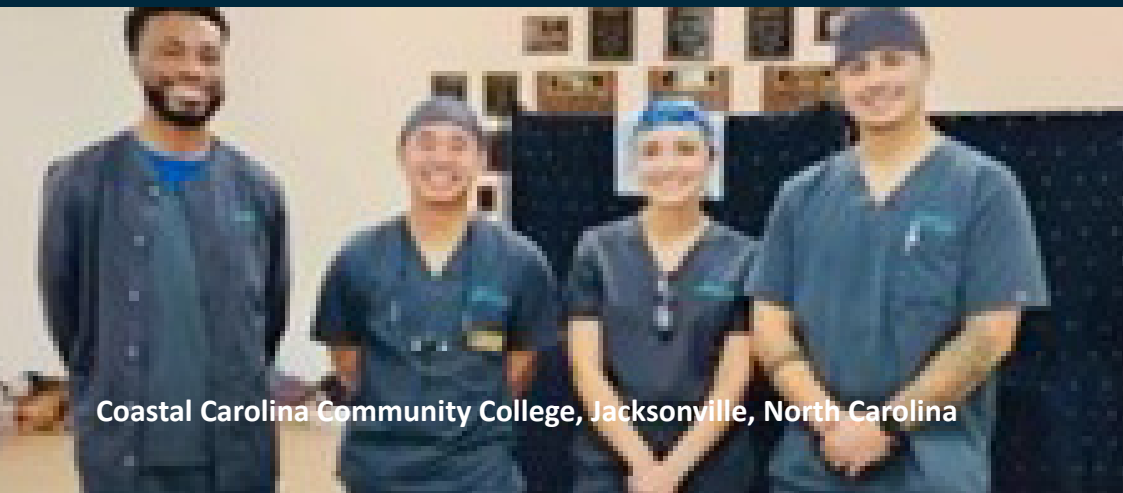
HMC Bishop, Kirk - Program Manager

Email: [usn.bethesda.navmedleadprodevcmd.list.nmlpdc-hmdentalhygieneprog@health.mil](mailto:usn.bethesda.navmedleadprodevcmd.list.nmlpdc-hmdentalhygieneprog@health.mil)

Pensacola State College, Pensacola FL



### Congratulations to the HM Dental Hygiene Program Graduates of 2024!



Coastal Carolina Community College, Jacksonville, North Carolina

**BRAVO ZULU!** To Hospital Corpsman 2nd Class Daquesha Dodd for being recognized as Pensacola State College Dental Hygiene Program graduating Class of 2024 Hu-Friedy Golden Scaler Award Recipient. This award is presented annually by faculty to students who demonstrated academic excellence and skill.





# EXMEDS IN THE SPOTLIGHT

## EN ROUTE CARE SYSTEM - ERCS

The ERCS is one of the Navy's newest expeditionary medicine capabilities that provides a ready, rapidly deployable, and combat-effective medical force to improve survivability across the full spectrum of care, regardless of environment.

This highly mobile, highly capable 2-person team is comprised of one critical care nurse and one search and rescue medical technician. The ERCS provides patient assessment and treatment, ventilation support, physiological monitoring, intravenous therapy, medication administration, supplemental oxygen therapy, airway maintenance, head and limb immobilization, and resuscitative and hemorrhage control to two critically ill, but stable patients for up to eight hours during transport. This team is designed to provide uninterrupted care during patient movement from the point of injury through higher echelons of care while allowing the ship to maintain full medical operational capability. This concept has been consistently proven throughout this inaugural deployment, and will undoubtedly be utilized in future fights to combat the tyranny of distance in distributed maritime operations.

### Where They Operate

- Aircraft carriers, amphibious assault ships, numerous other shipboard platforms, austere ashore environments
- Rotary, fixed-wing, and tilt-rotor platforms

### What They've Done (So Far)

- 20 flight hours in MH-60S, 7 flight hours in C-2 Greyhound
- 6 MEDEVACs to higher levels of care
- 4 critical care patient movements
- 1 4.5-hour MEDEVAC to host-nation facility (crew earned the Air Medal and Sikorsky Rescue Award)



# BRAVO ZULU JOB WELL DONE!



## **Hospital Corpsman 1st Class Michael O'Connell** **Naval Special Operations Medical Institute**

JOINT BASE SAN ANTONIO – Hospital Corpsman 1st Class Michael O'Connell took first place in the noncommissioned officer category at this year's U.S. Army John F. Kennedy Special Warfare Center and School Best Warrior Competition held at Fort Liberty, North Carolina, April 2024.

O'Connell, a special operations independent duty corpsman and instructor with the Naval Special Operations Medical Institute at the Joint Special Operations Medical Training Center, said he was honored to be competing and showing his fellow Army service members that a guy from the Navy can hang.

"I was trained in Marine Corps Reconnaissance and Marine Special Operations Command skill sets, so the tasks required of me during this competition were of a familiar and basic nature," O'Connell said. "I did have to learn several Army concepts and regulations for the oral board component of this competition."

The competition is an Army event designed to test competitor's tactical and technical skills in marksmanship, combat casualty care and land navigation, as well as challenge their physical fitness and endurance.

The competition is an Army event designed to test competitor's tactical and technical skills in marksmanship, combat casualty care and land navigation, as well as challenge their physical fitness and endurance.

As the only Sailor, O'Connell competed against seven other best warriors and said he was proud to be able to have represented the Navy, because although small, their footprint is significant for the USAJFKSWCS.

"We [NSOMI] train medical professionals to support United States Special Operations Command missions worldwide," he said.

Read the whole article [HERE](#)

# BRAVO ZULU JOB WELL DONE!



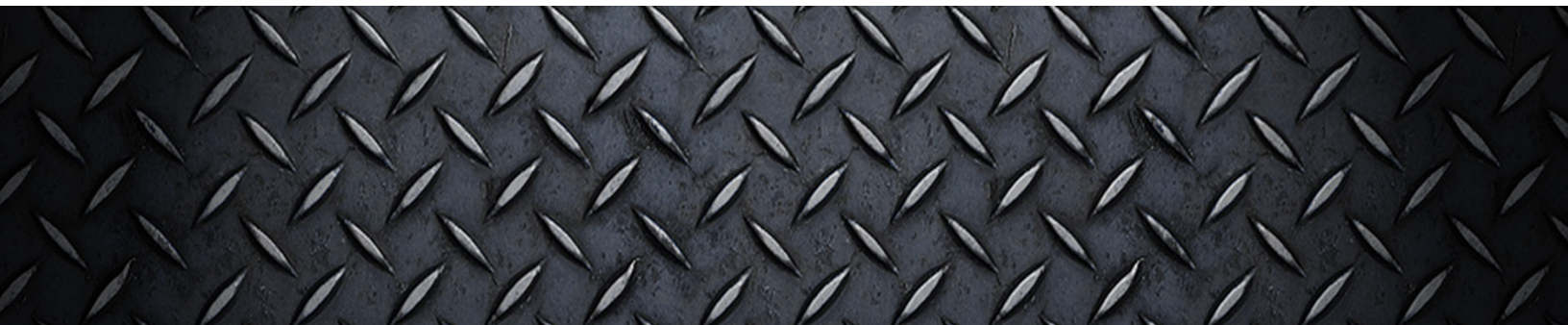
## Religious Program Specialist 2nd Class Joshua McHenry III MEF Support Battalion

RP2 Joshua McHenry participated in a Freedom Shield 24 in the Republic of Korea (ROK) with the Chairman, Joint Chiefs of Staff (CJCS) and United States Forces-Korea (USFK) / Combined Forces Command (CFC) to improve ROK and US interoperability and operational readiness for CFC and its components to execute operations within the Korea Theater of Operations (KTO). As the lead religious program specialist for III MEF Support Battalion's Religious Ministry Team, McHenry led and coordinated the delivery of religious ministry across the full range of military operations, including but not limited to, combat, humanitarian assistance/disaster relief efforts, and mass casualty scenarios to enhance III MEF's warfighting capability. His efforts led to coordinating 24 religious services held with 114 participants throughout the southern peninsula of Korea. Additionally, he spearheaded a community relations event, leading sixteen volunteers support to the Ocheon Free Soup Kitchen, totaling 192 volunteer hours. Lastly, he facilitated four morale events during the deployment in support of over 600 participants, boosting esprit de corps.



## Hospital Corpsman 1st Class Acevedo Defense Health Agency

HM1 Acevedo was pivotal in DHA's response to an FDA recall affecting 80% of the 16K-infusion-pump inventory by driving replacement and refurbishment initiatives. Syncing with the manufacturer and Defense Logistics Agency. Acevedo was also a key asset to the first annual DHA MEDLOG Vendor Summit. A total of 250 vendors were represented and 325 participants were in attendance. His efforts advanced education and synchronization efforts among DHA, DLA, and services for future product development.





## What is Spiritual Readiness?

Spiritual readiness is the strength of spirit that enables the warfighters to accomplish the mission with honor.

Spiritual readiness describes the readiness of the individual's spirit and the ability of the command to strengthen it through religious and non-religious means, including the Command Religious Ministry Program.

Spiritual readiness speaks to the will to fight and the ability to overcome adversity in the moment of combat or crisis. The skill to fight without the will to fight leaves a hollow force.

## Spiritual Readiness Facts

**1) Depression** – Fact: Those attending religious services at least once/week were nearly one-third (31%) less likely to develop a depressive disorder, compared to those who never attended services. Method: Researchers followed nearly 10,000 young persons (average age 23) for 3 to 6 years, examining risk of developing a depressive disorder over time. These findings were independent of at least two dozen risk factors for depression. Reference: Chen et al. (2020). Religious-service attendance and subsequent health and well-being throughout adulthood: evidence from three prospective cohorts. *International Journal of Epidemiology* 49(6), 2030-2040

**2) PTSD** – Fact: Frequent religious attendance predicted a nearly 30% statistically significant reduction in likelihood of developing PTSD. Method: Followed 5,681-7,458 adolescents (average age 15) for up to 14 years. Conservative statistical analyses controlled for up to two dozen other predictors, and corrected significance levels to account for multiple comparisons. Reference: Chen, Y., & VanderWeele, T.J. (2018). Associations of religious upbringing with subsequent health and well-being from adolescence to young adulthood: an outcome- wide analysis. *American Journal of Epidemiology*, 187(11), 2355-2364

**3) Suicide** – Fact: Those attending religious services at least twice per month have a 94% reduction in the likelihood of committing suicide. Method: an 18-year prospective study from 1988/1994 to 2006 involving a random U.S. national sample of 20,014 persons age 18 years or over (NHANES-III) Reference: Kleiman, E. M., & Liu, R. T. (2014). Prospective prediction of suicide in a nationally representative sample: religious service attendance as a protective factor. *British Journal of Psychiatry*, 204(4), 262-266.

**4) Alcohol Use/Abuse/Dependence** – Fact: People who are actively religious have a 34% reduction in likelihood of having a lifetime Alcohol Use Disorder (AUD) and a 72% lower likelihood of having a current AUD. Method: Cross-sectional study of nationally representative sample of 3,151 U.S. Veterans; multivariable logistic regression analyses controlling for age, gender, race, employment status, household income, military enlistment status, branch of service, number of years in the military. Reference: Sharma, V., Marin, D. B., Koenig, H. G., Feder, A., Iacoviello, B. M., Southwick, S. M., & Pietrzak, R. H. (2017). Religion, spirituality, and mental health of US military veterans: Results from the National Health and Resilience in Veterans Study. *Journal of Affective Disorders*, 217, 197-204.

**5) Illicit Drug Use** – Fact: For people who see religion as very important, there is a more than 50% reduction in the likelihood of developing a substance use disorder. Method: Followed for 18 months a national random sample of 474 U.S. adolescents ages 11-16 after a formal Child Protective Services investigation for child abuse/neglect. Reference: Lalayants, M., Oyo, A., & Prince, J. D. (2020). Religiosity and outcomes among child welfare-involved youth. *Child and Adolescent Social Work Journal*, 37(3), 251-261.



# FAIR WINDS AND FOLLOWING SEAS

HMI	BUTTS JEREMY L	HMC	CHAPMAN KHIDIR ABDULLAH	HMC	KIDD TIFFANY ANQUINETTE
HMI	BANKS MISTY RENAE	HMC	DEMAZELIERE GARLAND EDWARD	HMC	TABINO ELIZABETH MARIE
HMI	GARCIA OMAR A	HMC	GONZALES LIRIA ADONA	HMC	SABLADA JOSEPH ESTANTE
HMI	CAMACHOCALDERON AMBER S	HMC	BENITOU MIKAL LYNN	HMC	JAVIER CHARLIE TENDRIO
HMI	MILLER JOSHUA THOMAS	HMC	BEMIS CORY JAMES	HMC	GORDON NETTIE MINERVA
HMI	GROMER JOHN ALLEN	HMC	APPLEBY JOHN WINFRED IV	HMCS	RODRIGUEZARREOLA ELDA
HMI	SYLVESTER HAROLD DOUGLAS	HMC	MASSEY STEVEN DEAN	HMCS	ANTONIO JOHNERWIN LONTOC
HMI	CORNELL JOSEPH WAYNE	HMC	AFABLE EDGARD AGBUNAG	HMCS	EISENHARDT HEATHER LYNNE
HMI	BOSCH JESSICA LYNN	HMC	PENA MICHAEL JOSEPH	HMCS	JOHNSON MAHTOB MAE
HMI	FON NGU VITALIS	HMC	STRICKLAND SONIA ROSINESE	HMCS	MURRAY AMY ELIZABETH
HMI	CAMPBELL CLAYTON EDWARD	HMC	ROBENIOL DANDY	HMC	TORRISI JEREMY KEKOA

For many years these Sailors stood the watch.

While some of us were in our bunks at night these Sailors stood the watch.

While some of us were in school learning our trade these shipmates stood the watch.

Yes.. even before some of us were born into this world these shipmates stood the watch.

In those years when the storm clouds of war were seen brewing on the horizon of history these shipmates stood the watch. Many times they would cast an eye ashore and see their family standing there, needing their guidance and help, needing that hand to hold during those hard times but they still stood the watch.

They stood the watch for twenty years or more. They stood the watch so that we, our families and our fellow countrymen could sleep soundly in safety, each and every night, knowing that a Sailor stood the watch. Today we are here to say, Shipmates the watch stands relieved. Relieved by those you have trained, guided, and led.

Shipmates you stand relieved.

## WE HAVE THE WATCH





## FALLEN, BUT NEVER FORGOTTEN

### **Hospitalman Eric D. Warren**

23, of Shawnee, Oklahoma, died May 26, 2012, of wounds received in an IED blast in Sangin District, Helmand Province, Afghanistan. Doc Warren was assigned to 1st Battalion, 8th Marines, Regimental Combat Team 6, 1st MARDIV (Forward), I Marine Expeditionary Force (Forward), Camp Lejeune, North Carolina.

### **Hospital Corpsman 3rd Class Zarian Wood**

29, of Houston, Texas, died May 16, 2010, of wounds from an IED blast while on dismounted patrol in Helmand Province, Afghanistan. Doc Wood was assigned to India Company, 3rd Battalion, 1st Marines, 1st Marine Division, I Marine Expeditionary Force.

### **Hospital Corpsman 3rd Class Lee Hamilton Deal**

23, of West Monroe, Louisiana, died May 17, 2006, as a result of enemy action in Al Anbar province, Iraq. He was operationally assigned to Regimental Combat Team-5, I Marine Expeditionary Force (Forward), and permanently assigned to 2nd Marine Division Fleet Marine Force Atlantic, Camp Lejeune, North Carolina.

### **Hospital Corpsman 3rd Class Jeffery L. Wiener**

32, of Louisville, Kentucky, died May 7, 2005, in a combat-related incident. Doc Wiener was assigned to II Marine Expeditionary Force (MEF).

### **Hospital Corpsman 3rd Class Malcolm T. Miller**

of Tampa, Florida, died May 10, 1967, while on a recon patrol near Khe Sanh in Quang Tri Province, South Vietnam. Petty Officer Miller was assigned to H&S Co., 3rd Reconnaissance Bn., 3rd MarDiv, FMFPac. Listed as KIA/Body Not Recovered for almost 38 years, his remains with three of his Marines were recently recovered, identified, and returned to their families. He was to be laid to rest at Arlington on May 10, 2005.



# OFFICE OF THE HOSPITAL CORPS

## **Director, Hospital Corps**

FORCM PatrickPaul "PaP" C. Mangaran

## **Deputy Director, Hospital Corps**

HMCM Hansen Lafoucade

## **Hospital Corps Planner - Lead**

HMCM Leslie R. Giuy

## **Hospital Corps Planner**

HMC Allen Ayers

## **Hospital Corps Planner**

HMC Matt Malone

## **Executive Assistant to the FORCM**

HMC Raymond T. Pomida

## **Public Affairs Chief**

MCC John Grandin

## **Contact us:**

U.S. Navy Bureau of Medicine and Surgery

7700 Arlington Blvd

Falls Church VA 22042

Phone: 703-681-8946



DoD

# Safe Helpline

Sexual Assault Support for the DoD Community

[safehelpline.org](https://safehelpline.org) | 877-995-5247

text\*55-247 (inside the U.S.)  
202-470-5546 (outside the U.S.)

Live 1-on-1 Help | Worldwide 24/7  
For CONFIDENTIAL victim assistance



\*text your location for the nearest Sexual Assault Response Coordinator

PRODUCED BY THE DEFENSE HEALTH AGENCY

