

Within Range

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Vol. 6, Issue 4

April 2024

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Adopt-A-Highway

Take a look at the successful cleanup event along the two-mile stretch of the Kaunualii Highway adjacent to PMRF. Mahalo to the approximately 60 personnel who joined us in the effort!



Happy Birthday Navy Chiefs

Join us in saying Happy 131st Birthday to U.S. Navy Chiefs and take a dive into the rich heritage on the hallowed grounds of Pearl Harbor.

Purple Up! Celebrating the Month of the Military Child

As we honor the courage and sacrifices of our military children during Month of the Military Child, our PMRF Ohana took some extra time to recognize and thank our

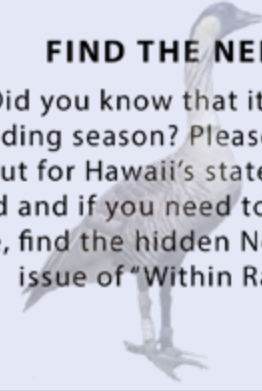


Also in this issue...

- Welcome Aboard
- Safety Corner
- Congratulation AZ1 Sherwood
- In case you missed it

FIND THE NENE!

Did you know that it is Nene breeding season? Please keep your eye out for Hawaii's state bird on the road and if you need to train your eye, find the hidden Nene in this issue of "Within Range."



Pacific Missile Range Facility Barking Sands (PMRF) is the world's largest instrumented multi-domain range capable of supporting surface, subsurface, air, and space operations simultaneously. There are more than 1,100 square miles of instrumented underwater range, 42,000 square miles of controlled airspace and 2.1 million square miles of extended range when needed.

PMRF Public Affairs: Lisa Ferdinando, MC1 Louis Lea, MC2 Bodie Estep

PMRF TRIAD



Capt. Brett Stevenson
Commanding Officer



Cmdr. Kacee Jossis
Executive Officer



CMDCM Emanuel Bolton
Command Master Chief



WELCOME ABOARD

MASR ALEXANDER SELOF

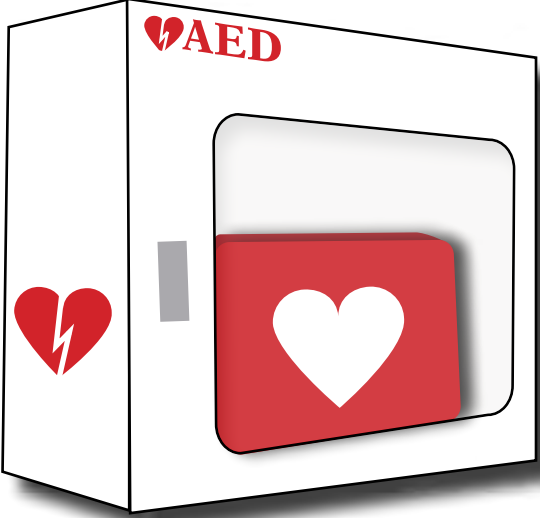


MASR ESTHER RODRIGUEZ TRANQUILINO



SAFETY CORNER

with Floreen Johnson
PMRF Safety and Occupational Health Specialist



According to the Occupational Safety and Health Administration, approximately 10,000 sudden cardiac arrests happen in the workplace every year in the United States. One life-saving tool that can prevent death resulting from sudden cardiac arrest is an Automated External Defibrillator (AED). Most people are familiar with what an AED is and most buildings on PMRF have AEDs in easy-to-access locations, but not everyone may understand how they function. It is critical that everyone is at least familiar with how they work and in what situations they should be used. AEDs are often the only chance that a victim of sudden cardiac arrest will survive.

For more information, please reach out to Floreen Johnson at floreen.j.johnson.civ@us.navy.mil.

ASK YOURSELF THESE TWO QUESTIONS:

1. Where is the closest AED in my work area?
2. Do I have any apprehension about using an AED?

STAND UP AGAINST SEXUAL ASSAULT

Story and photos by Mass Communication Specialist 1st Class Louis Lea

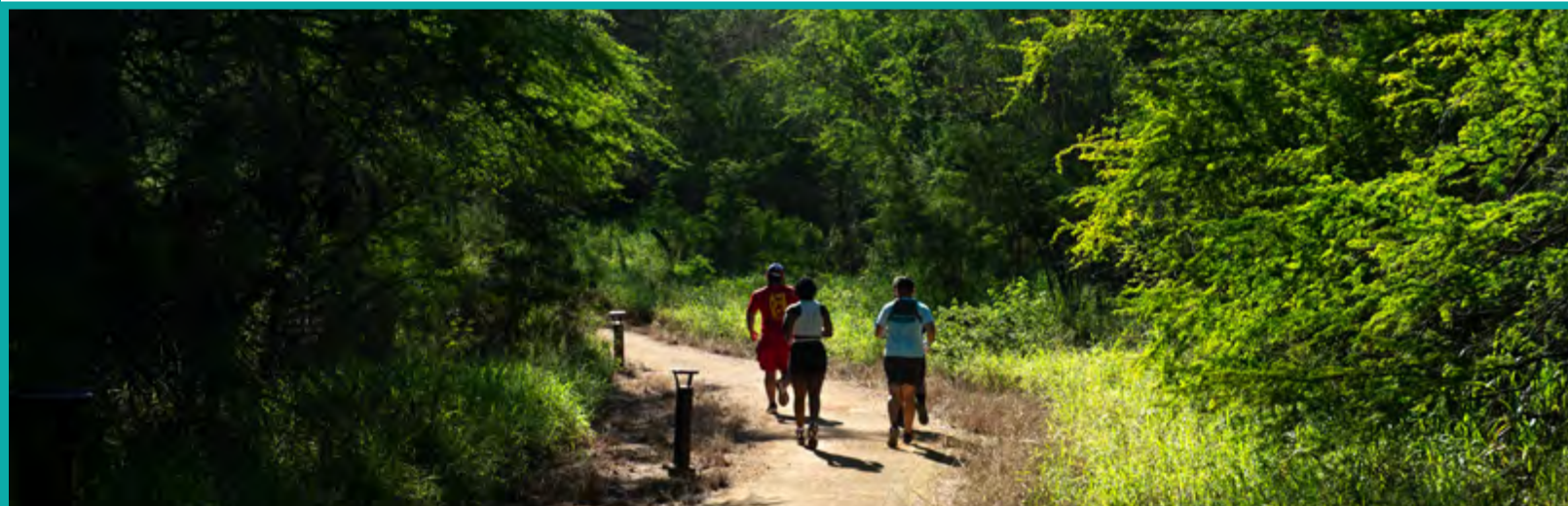
April marks the beginning of Sexual Assault Awareness and Prevention Month (SAAPM); in recognition of SAAPM Pacific Missile Range Facility (PMRF), Barking Sands, reaffirms its solidarity against sexual assault.

Leading the charge is PMRF's expert team of Sexual Assault Prevention and Response Victim Advocates (SAPR VAs). Victim Advocates are entrusted with aiding eligible military members and civilians who have experienced sexual assault, and they play a key part in creating an environment where personnel can come to work and feel safe. They are a support system for those who seek help, connecting victims with all of the resources available and offering support throughout the entirety of a case.

"I became a SAPR VA in 2021," said PMRF's lead SAPR VA, Master-at-Arms First Class Lacy Henagin, from Medford, Oregon. "Different experiences throughout my life and seeing other people go through difficult times really shaped my sympathetic nature, my want to help others and ultimately my drive to become a SAPR VA."

There are no limits in rank or rate for becoming a SAPR VA, which means that for nearly every background imaginable there is a Sailor who is serving as a Victim Advocate standing by to support their shipmates. Anyone who applies to be a SAPR VA must first go through a screening and interview process to see if they are a good fit for the program. To become a SAPR VA, service members and civilians are required to complete a 40-hour training that prepares them for real-world scenarios.

"You don't have to be a SAPR VA to make a difference," said Henagin. "If someone is making inappropriate jokes or comments, just simply stand up and say, 'That's inappropriate. I don't like that.' Even if it's not directed at you, you might be speaking up on someone else's behalf who doesn't feel safe to say those things in a peer environment."



In an effort to raise awareness Henagin spearheaded a sexual assault awareness 5K and attendees were encouraged to wear teal, which is the color for SAAPM. During the event members of PMRF made teal handprints on an "I Pledge" board signifying that they pledge to make a difference and stand up against sexual assault.

Additionally, PMRF participates in Denim Day which falls on the last Wednesday every April. Denim Day began as a form of protest to a 1992 Italian Supreme Court case that overturned a rape conviction because the court felt that since the victim was wearing tight denim jeans that she must have consented. Today, people all around the world wear denim on Denim Day as a show of unity in the

fight against sexual assault.

"I think it opens the topic up and we can discuss different ways to stand up and be the difference," said Henagin. "When you hold an event that brings everyone together and raises awareness, it sends a message that there's people who are willing to stand up, make a difference and support each other."

If you are interested in becoming a SAPR VA, reach out to Henagin by sending an email to lacy.j.henagin.mil@us.navy.mil. To make a report or receive support from a Victim Advocate call the SAPR VA duty phone at (808) 551-1452. For additional resources visit www.SAPR.mil or www.safehelpline.org.



Congratulations AZ1 Deion Sherwood

Your hard work and dedication to duty has proven your ability to perform at the level of a First Class Petty Officer and earned you your meritorious advancement.

"I cannot think of a more deserving and hard-working member of our team who contributes so much on a daily basis and serves as such a strong role model for our Sailors," said Capt. Brett Stevenson, PMRF commanding officer.



ADOPT A HIGHWAY
LITTER CONTROL
NEXT 2 MILES

PACIFIC MISSILE
RANGE FACILITY

LOVE
KAUAI



On the morning of March 22nd, Sailors and civilian personnel gathered outside the facility on Kaumualii Highway adorned in bright orange Adopt-A-Highway t-shirts and unit attire, ready to embark on a mission across the two-mile stretch of highway adjacent to PMRF.

"We take great pride in being stewards of the environment, both within and beyond our installation," remarked Capt. Brett Stevenson, PMRF Commanding Officer. "The overwhelming support from our Sailors and civilian personnel truly underscores the value we place on this responsibility."

Working collectively, approximately 60 PMRF personnel collected trash along Kaumualii Highway, filling about 50 trash bags. Given the proximity of the Kekaha Landfill, where trash can inadvertently accumulate along the highway, regular cleanups are essential. The next cleanup is already scheduled for June.

Command Master Chief Emanuel Bolton expressed gratitude to the volunteers, stating, "It's truly a testament to our team's dedication to service and our beautiful community." This event marked the commencement of the 2024 season of PMRF's Adopt-a-Highway Program, initiating quarterly cleanups as part of the ongoing commitment to environmental stewardship and community engagement.

"Our goal is to ensure that our roads reflect the environmental excellence that we and our community hold in high regard," said Bolton. "Let's uphold our commitment to the highest standards in this area of the island."



PMRF Chief Petty Officers celebrated the Navy Chief Petty Officers' Birthday with a deep dive into their rich naval heritage, visiting the hallowed grounds of Pearl Harbor in recognition of this special day.

As PMRF's Command Master Chief Emanuel Bolton pointed out, "We're not just celebrating, we're remembering our roles as custodians of naval heritage and tradition and honoring those who paved our way, but are no longer here to celebrate."

In a poignant journey, the Chiefs visited where CPOs of the past laid down their lives for our nation and democracy – from the USS Utah Memorial, where Chief Watertender Peter Tomich lost his life, to the USS Nevada

Memorial, where Chief Boatswain's Mate Edwin Hill lost his life, to the USS California Memorial, where Chief Radioman Thomas Reeves lost his life.

PMRF Chiefs paid tribute by placing wreaths and leis to the heroic CPOs who were bestowed the nation's highest valor posthumously, the Medal of Honor, for their bravery during the Pearl Harbor attack of Dec. 7, 1941.

The day's reflection continued to the Battleship USS Missouri, where the world marked the end of World War II. The historic Chief's Mess was opened to PMRF CPOs for a special meeting; Chiefs were honored to meet in the historic mess on this ship steeped in history.

Gathering there was profoundly symbolic, connecting past to present, honoring the legacy of leadership and sacrifices established when the rank of Chief Petty Officer was created on April 1, 1893, with the publication of General Order 409.

One hundred and thirty one years on, Chiefs stand stronger than ever.

As they commemorated the establishment of the CPO rank, the PMRF Chiefs reflected on their commitment to represent the fighting spirit of the Navy and to uphold the freedom and democracy their predecessors fought so valiantly to defend.

Happy Birthday Navy Chiefs!



Celebrating the Month of the Military Child



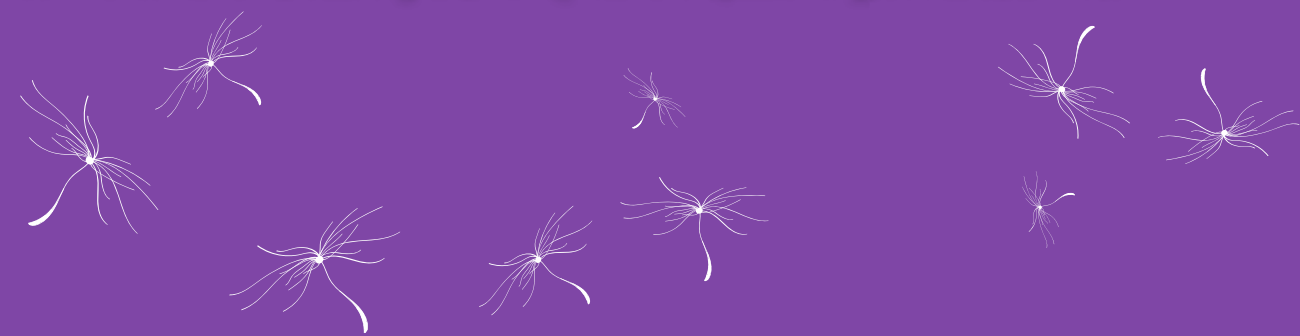
Purple up!



April is a month to celebrate our military-connected children, youth and teens. Their continued courage, perseverance and tenacity does not go unnoticed. Through the difficulties of frequent moves and family separations, they prove their resilience and adaptability every day. Like the seeds of the dandelion, military children can go far and wide, but will grow and blossom wherever they land!

Throughout the month, MWR has hosted a variety of events in honor of our military children, including a story-time at the Child Development Center, with military personnel volunteering to read to the children (above), and a "Purple Up" march around the installation (left).

Mahalo to the military children throughout every branch for their service and sacrifices and to our PMRF Ohana for ensuring that they have a space to grow and thrive!





MWR hosts Easter Eggstravaganza

Helicopter Maritime Strike Squadrons participate in the Helicopter Advanced Readiness Program

The Koa Lani Program and its corporate companies raised \$1,089.58 and collected 402 pounds of food for the Kauai Independent Food Bank (KIFB)

PMRF Security department completes an active shooter drill

ET2 Trevor Byassee reenlists

Who do you want to see featured?

Email us your suggestions!

PMRFPublicAffairs@us.navy.mil