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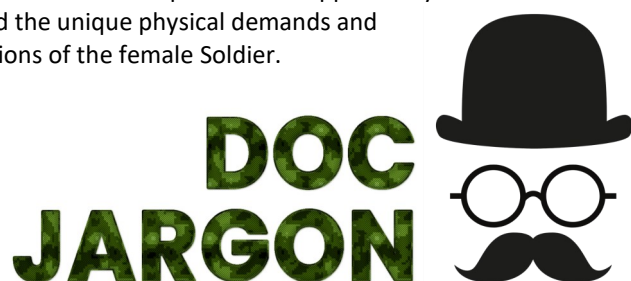
# FORT RILEY POST

March 29, 2024



## Women's health seminar held at Riley's Community Center

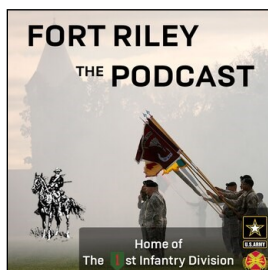
The 1st Infantry Division Holistic Health and Fitness team hosted a Women's Health Seminar and Women's History Month Celebration, focusing on performance optimization and injury prevention for the female Soldier. This event provided an opportunity for leaders to understand the unique physical demands and considerations of the female Soldier.



Doc Jargon, cuts through the jargon that is the language of the U.S. Army. This week the Doc explains the meaning and levels of Force Protection A through D.

## Army Worldwide News

- Promising experiment signals future integration of advanced tech into Army units
- Army Corps of Engineers is supporting recovery operations following Francis Scott Key Bridge collapse
- SMA prioritizes quality of life with improved housing, child care, health programs



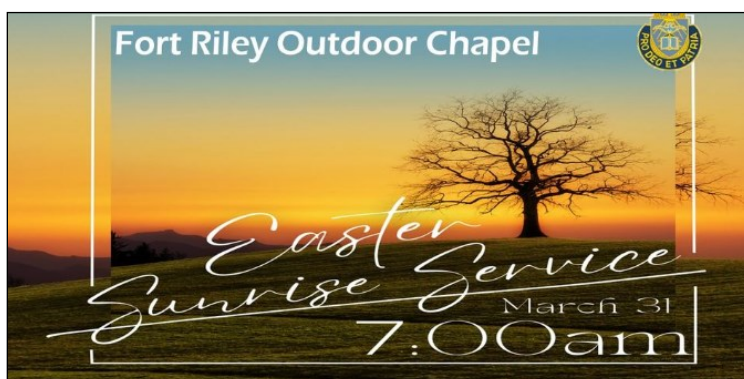
## Fort Riley the Podcast

This episode of Fort Riley the Podcast is dedicated to some of the bravest people we know, our military children. Give a listen as we discuss the events in store for Month of the Military Child.



## Historic Places

In September, 1885, Capt. George E. Pond arrived at Fort Riley and became the Post Quartermaster. He oversaw new construction and building repairs. When Pond arrived at Fort Riley, a set of standard plans for officer housing was already in use. Pond used the basic Army duplex form; however, he made additions.



## Annual sunrise service scheduled

Fort Riley's Religious Support Team will host an Easter Sunrise Service Mar. 31 at 7 a.m. at the Outdoor Chapel. All are welcome. The inclement weather location will be Morris Hill Chapel.

Fort Riley's Religious Support staff is here to support all faiths and help Soldiers and family members meet their spiritual needs. Call 785-239-3359 if you have any questions.



Home of the First Infantry Division