

YOKOSUKA SURVIVAL GUIDE



**PREPARING FOR COMMANDER FLEET
ACTIVITIES YOKOSUKA, JAPAN (CFAY)**



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NPASE JAPAN QUARTERDECK

Bldg A-20, Yokosuka Naval Base, Japan

- **CONUS:** 011-81-46-816-7378
- **OCONUS:** 046-816-7378
- **DSN:** 315-243-7378

Keep in mind that you will be in contact with a specific POC closer to your travel dates.

HELPFUL NUMBERS

Yokosuka Base Operator

OCONUS: 046-816-1110

CONUS: 011-81-46-816-1110

24 Hour Contact Numbers

Victim Advocate

OCONUS: 090-8046-5783

Victim's Legal Counsel

DSN: 243-9324

USNH ER

DSN: 243-5137

OCONUS: 046-816-5137

Emergency Chaplain

OCONUS: 080-5016-6836

Safe Helpline

CONUS: 877-995-5247

www.safehelpline.org

USE THIS ADDRESS FOR CFAY WITH OFF-BASE TAXIS

連れて行ってください

〒238-0002 神奈川県横須賀市本町

1丁目-20 クリオ横須賀本町

LODGING

You are required to stay on base when available. As soon as you have possible dates, call ahead or go online directly to Navy Lodge or Navy Gateway Inns & Suites (NGIS) to make a reservation as they fill up fast! You can cancel your reservation should anything change.

If you book commercial lodging outside of DTS confirm the commercial rate is below or equal to the government rate allotted in NROWS first!

In DTS if on base lodging (Navy Lodge, NGIS) is unavailable a certificate of non-availability (CNA) will be generated automatically. If you call to book lodging outside of DTS and nothing is available, BE SURE to get a CNA confirmation number in writing. They will email this to you along with your reservation confirmation.

On Base (*preferred*)

Navy Lodge Yokosuka

Bldg 4807
Yokosuka Naval Base, Japan
CONUS: 1-800-628-9466
<https://www.navy-lodge.com/>
email: navylodge.yokosuka@nexweb.org

Navy Gateway Inn and Suites

Bldg 1556
Yokosuka Naval Base, Japan
CONUS: 1-877-NAVY-BED
(628-9233) 24/7
<https://ngis.dodlodging.net/>

Off-Base (*best options in DTS*)

Two short blocks south from the Yokosuka Naval Base Main Gate.

Hotel New Yokosuka

1-12, Yokosuka, Kanagawa, Japan
238-0041
CONUS: 011-81-46-820-1111 (24/7)
<https://www.hotelnewyokosuka.com/>

Mecure

3-27 Honcho, Yokosuka, Kanagawa,
Japan 238-0041
CONUS: 011-81-46-821-1111
<https://www.mercureyokosuka.jp/>
email: H7490-RE1@accor.com

BEFORE YOU FLY

You will need:

- **CAC** - aka Status of Forces Agreement (SOFA) card
- **Orders** - Be sure to have TWO PRINTED copies of your orders and ONE PRINTED copy of your itinerary as well as electronic copies on your phone.
- **Activated GTCC** – prior to travel be sure that your GTCC is in good standing and turned on.
- **Passport** and a **scanned JPEG** of your passport on your phone.
- **COVID vaccination card** and a **scanned JPEG** of your card on your phone.
- **This guide** – Download or print a copy to have on hand when you land – whatever works for you.
- **QR codes** - Go to Visit Japan Web site at vjw-lp.digitla.go.jp to complete the COVID, immigration, & customs forms. Be sure to download the codes provided when you complete each section.
- **Gear** – Gear will be issued to you upon check-in at NPASE Japan – you will not use your NPASE Midwest gear. Only bring your own gear if you need to have it. **DO NOT CHECK YOUR GEAR AT THE AIRPORT UNLESS IT IS IN YOUR PELICAN CASE. Be sure to use 2 TSA locks!**
- **Uniform** - TYPE IIIs are all you need – you can wear brown boots, but no brown fleece or backpacks – remember to bring weather gear – check local forecasts before you go!

PRO TIP Bring one full uniform including shoes and travel size toiletries in your carry on in case anything happens to your luggage.

WHEN YOU ARRIVE

CONUS Airport

Have your orders, passport, COVID vaccination card and CAC ready and on your person. You will get your boarding pass stamped at the gate. Pay attention to announcements. You will not be permitted to board without this stamp.

OCONUS Airport

At both Haneda and Narita, you will go through multiple customs stations. **FOLLOW THE SIGNS!** All signs are in English as well as Japanese.

1. **COVID screening** – Have your QR code from the Visit Japan Web site up on your phone.

If you can't find your QR code, **DON'T PANIC!** There will be people ready to assist you that speak English, but having this step done online and your QR code ready will get you through this checkpoint quickly.

2. **Immigration** – Have your QR code from the Visit Japan Web site ready, but you will need to show your passport, CAC and orders. When asked, you are SOFA or under the Status of Forces Agreement. **Your CAC is your SOFA ID.** You are on orders going to "Yo-ko-ska".

Remember to grab all of your luggage from the airline carousel BEFORE going to customs.

3. **Customs** – Follow signs for the line for QR codes from the Visit Japan Website and have it ready on your phone. This will save you time! If you don't have a QR code, you will need to go to the desk and fill out paper forms or have the forms you filled out on the plane ready. There is a separate line for paper forms, which takes longer, and you may need to show your passport, orders and CAC again.

SHUTTLES TO AND FROM AIRPORTS AND CFAY

CFAY Transportation Bus Desk provides transportation for travelers to and from Yokosuka Naval Base, Yokota Air Force Base, Narita & Haneda International Airports.

CONUS: 011-81-90-8046-5452 (after hours)

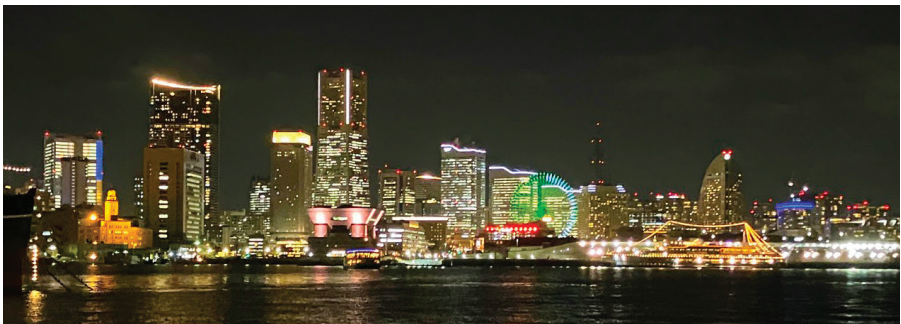
Email: fast_connect@us.navy.mil

Facebook: FAST Connect Yokosuka

Reservations are encouraged, but not necessary. **ALWAYS** check the website for schedule changes.

Directions to shuttle will depend on the gate where you arrive. Best practice is to head to the information desk (they speak English) and ask where the Yokosuka Navy Base shuttle pick-up location is. Directions to the shuttle are also posted on the CFAY website. <https://cnrj.cnic.navy.mil/Installations/CFA-Yokosuka/About/Installation-Guide/Airport-Shuttles/>

If you miss the last shuttle give FAST Connect a call, and they may be able to help you arrange for transportation to base. More than likely you will have to take a taxi or train to base. For a taxi, use the address on page 3 and if you take a train, use the train information on page 22-23.



SHUTTLES TO AND FROM AIRPORTS AND CFAY (CONTINUED)



Narita	Haneda
<p>Shuttle Location: Shuttle Location – Terminal 1 Exit S3</p> <p>Shuttle Times:</p> <p>Narita to Yokosuka 1630 & 2000</p> <p>Yokosuka to Narita 1000 & 1300</p>	<p>Shuttle Location: Terminal 1 Charter Bus Boarding area</p> <p>Shuttle Times:</p> <p>Haneda to Yokosuka 1500 & 2000</p> <p>Yokosuka to Haneda 1200 & 1700</p>
<p>At Terminal 1, coming from the North and South wing after departing customs, turn right and walk down the corridor and proceed to the S3 exit leaving the building. That is the shuttle pick-up area.</p>	<p>The shuttle will only pick up from the charter bus boarding area which is located on the first floor. International travelers will arrive on the second floor and need to follow the signs and then take the elevator down to the bus waiting area. Or just ask for directions at the information desk right outside of the arrival gate.</p>

The airport shuttle will take you to the Navy Lodge or NGIS just let the driver know and stay on the bus. When you arrive on base have your CAC ready to show at the gate upon entry. The first stop is PSD, **do not get off there.** Keep in mind that if you are staying in commercial lodging you will have to take a taxi from the base to your hotel.

If you have to wait for the shuttle, you can rent a locker/storage for your bags so you can take a break, use the head, and/or eat. There are plenty of convenience stores and restaurants on the 4th floor of Narita and on the 3rd, 4th and 5th floors at Haneda.

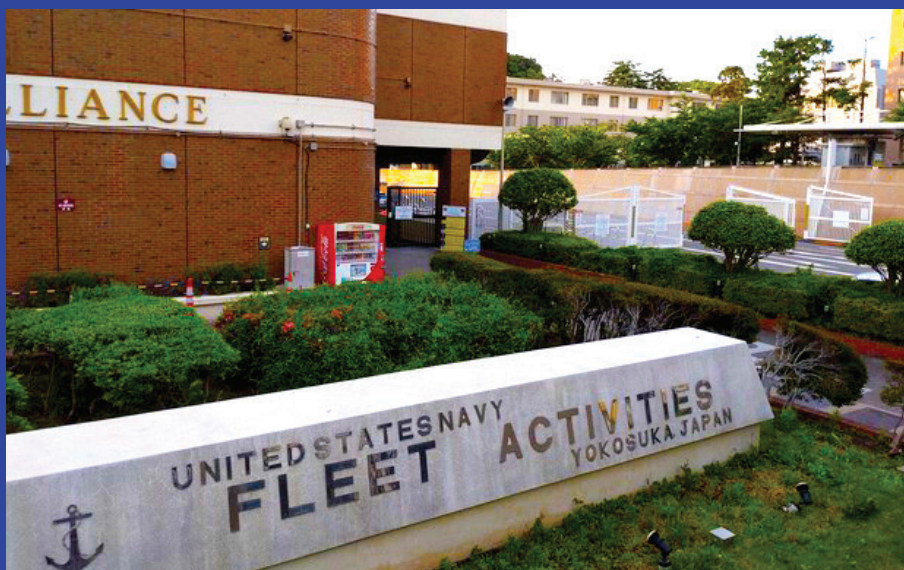
Shuttle ride to CFAY is about 2 hours with no stops or toilet facilities on the bus.

Did you know you can use a cart for your luggage and park it before getting on the shuttle?



What to Know Before You Go





GATE INFO

Always check the closed time BEFORE you exit at a gate.

Main (Carney) Gate

Outbound Pedestrian Daily 24 hours

Inbound Pedestrian Daily 24 hours

Inbound Vehicle Daily 24 hours

Inbound High Traffic Period Monday-Friday 0500-0830

Verny (Aeon) Pedestrian Gate

You may also hear people refer to this as the “walking gate”

Outbound Daily 24 hours

Inbound Monday-Friday 0600-2000

Inbound Saturday 0700-0800

Inbound Sunday and Holidays CLOSED

Womble Gate

Outbound Pedestrian Daily 24 hours

Inbound Pedestrian Daily 0500-2200

Inbound Vehicle Daily 0500-1800

Inbound High Traffic Pattern Monday-Friday 0500-0830

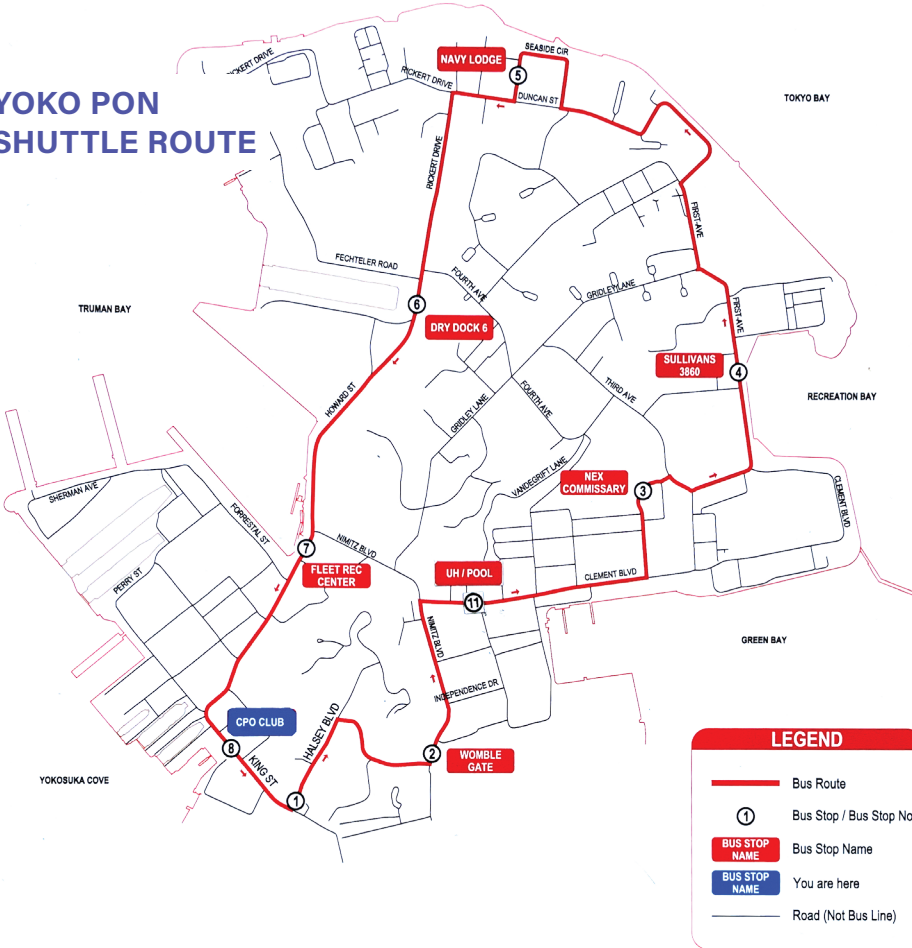
Outbound High Traffic Pattern Monday-Friday 1530-1800

TRANSPORTATION ON BASE

YOKO PON SHUTTLE

Buses run fixed routes daily, from about 0600 - 2000. The route around the base is roughly circular, counterclockwise, stopping at about 8 residential and business locations. Buses stop at each location about every 20 minutes during off-peak hours; about every 5-10 minutes during peak hours in the morning and afternoon. Each bus stop has a route map and a timetable showing approximate departure times for that location. There is no charge. Be prepared to show your ID card to

YOKO PON SHUTTLE ROUTE



the driver, on request. Schedule subject to change on very short notice, especially in the case of heightened force protection conditions.

Ikego Shuttle This shuttle goes to a separate residential housing area that is off the main base. It looks similar to the on base shuttles and goes to the same bus stops but at specific times. Be sure to check the side of the bus BEFORE getting on it or you will have a nice tour of the local area.

BASE TAXI



NEX Chauffeur Taxi

CONUS: 011-81-46-816-4511

DSN: 315-243-4511

Email: van_ride@yahoo.com

The Navy Exchange provides base taxi services. A small number of these taxis are designated to take passengers off base to drop off at Yokosuka Chuo, Shioiri and Yokosuka JR train stations.

for a maximum of 6 passengers per van and their luggage every day of the week. If requiring early pick up (driver

has to be on the road at 0600 or earlier) or late pick up (driver has to be on the road 2200 or later), add \$30 to the fare. Available if needing one-way transportation or round-trip transportation.

The basic fare is currently starts at 570 yen (about \$5.50; varies with periodic exchange rate adjustments) for the first 2 km (about 1.2 miles), which will get you between just about any two points on base (if no waiting is involved.)

There is a surcharge to the basic fare between 2200 and 0530. During these hours the basic fare is 620 yen (about \$6.00; varies.) The taxi meters show the fare in YEN amounts. Each taxi has a chart showing the conversion to dollars at the current approved rate. Fares may be paid in dollars or yen (base taxis only). Service is available 24 hours a day.

Did you know? Some on base taxis may have a tips requested sign but it is not required.

WHAT ELSE TO BRING

◆ Cell Phone

- **Roaming** - (expensive option) you can avoid by using a Japanese SIM card or free wi-fi locations.
- **SIM Cards** - Options vary on connection speeds, networks used and data transfer limits. They are typically available for specific time periods or maximum data amounts. SIM cards can be purchased at airports, selected retailers (Softbank, Docomo) in Japan or via the internet for delivery to your home or hotel. Keep in mind, most SIM cards available to foreigners are data-only and do not allow for voice calls (except when using internet-based telephone services).
- **Free Wi-Fi** - All train stations, 7 Elevens, Lawsons (convenience store), Starbucks, Tully's (coffee shop) and many other retail locations throughout Japan offer free wi-fi.
- **International phone plans** - Most networks like AT&T and Verizon offer an international plan with costs that vary on a day basis or month basis.

- ◆ **CAC Reader with lightning adapter** for Mac laptop or if you are bringing your own.
- ◆ **Toiletries** - only bring specific necessities you may not be able to find in Japan, i.e. – brand names, prescription items – glasses, contact lenses, face care. **Bring UV protection and uniform appropriate masks**
- ◆ **Medications** - make sure that all prescription medications are in their appropriate packaging with your name and doctor's prescription on it.

BENEFITS OF PACKING LIGHT!

Navigating the airport, shuttles and trains will be easier the fewer bags you have to carry! Bring what you want but be prepared to haul it! Roller luggage, a seabag, and a backpack are ideal. Leave room for souvenirs!

GETTING TO NPASE JAPAN

ON BASE

Take base shuttle from your location and get off at stop 2 – **CPO Club** (be sure to press the stop button on the bus BEFORE the stop), cross the street at the crosswalk (press button at crosswalk before crossing) and turn right. Walk past the dry docks (on the left), pass the parking lot and you will see a white building in front of you with an outer staircase, that is building A-20 where NPASE is located. Walk around to the front entrance on the other side of the building to enter. **DO NOT KNOCK.** Use the phone in the lobby and dial the DSN for the command at 243-7378. Let them know you are a reservist with NPASE Midwest and wait to be let in.



OFF BASE

From Hotel New Yokosuka - Head towards main road which is 16. Turn left and cross the street. You will pass a 7 Eleven on your left. Walk all the way down and take the pedestrian skywalk to the Main gate. Once you are on base keep walking until you hit the first cross walk. Cross the street at Halsey Blvd and keep walking straight to building A-20 (NPASE). You will see dry docks on the left and continue as above.

From Mecure – Walk out of the hotel and use the pedestrian skywalk. You will walk around Coaska Mall to the back. Go down the stairs toward the water and turn right. Keep walking and eventually you'll be at the Verny (Aeon or walking) gate. This gate has a turnstile. Walk towards the main road and turn left. You will see the dry docks on the left. Continue as above.

WHEN IN DOUBT, GOOGLE MAPS IS YOUR FRIEND!



CHECK-IN

- Make sure you are in proper uniform of the day (NWU Type III).
Be squared away! You are representing NR NPASE Midwest and the Navy Reserve. Look sharp and make a good impression!
Black boots should be clean and polished, regulation rank tabs only on blouses, fleece and parka, NPASE ball cap or Type III cover, black backpack, hair neat and tidy, clean nails or regulation polish color (for females). If you are uncertain check the instruction! NAVPERS 15665J
<https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/>
- Be sure to bring a printed copy of your orders and itinerary (also your CNA if you are staying out in town) to Admin, so that your pay can be processed as quickly as possible.

CHECK-OUT

- Get a printed copy of your receipt when you check-out of your hotel. It should also be emailed to you.
- Get copy of your signed orders (Admin should return to you). Check back with ADMIN to make sure they have checked you in and processed you for pay. Get your stamped orders.
 - Download a copy of the signed orders from NSIPS to be used on your DTS voucher. Additionally, this will confirm that you have been properly mustered and processed for pay.
- Confirm transportation back to airport. Book the shuttle via their website one week out, and be sure to arrive at the airport 3 hours before your flight's boarding time.
- If your flight is too early to use the shuttle outside of PSD, the Japanese train Keikyu or JR both connect with both Haneda and Narita airports. If you are flying out of Narita one option to avoid having to take a train or taxi is to book a room at a nearby hotel.

CURFEW

Sailors who are 19 years of age or below, are subject to curfew between the hours of 0100 and 0500. Those 20 years of age or older have no liberty restrictions.

There is no liberty buddy requirement for any personnel.

The prohibition of the public consumption of alcohol is now between 0100 and 0500 for all personnel off-installations, except when in an off-installation residence, quarters, or hotel room, remains in effect.

Double check the latest policies curfew and off-limits instructions before you go: <https://cnrj.cnmc.navy.mil/Installations/CFA-Yokosuka/>



**The Honch:
Friend or Foe, You Decide!**

Use common sense when out in town.

If you are going to drink, drink responsibly!

In Japan it is currently up to the individual whether to wear masks indoors and outdoors, but it's recommended to wear them in places such as medical institutions and on crowded public transportation.

The majority of people in Japan wear masks in all indoor situations, on public transportation and in the city streets so it is recommended you wear a mask out of respect – “When in Rome”.

Various types of masks are used in Japan, but surgical masks made of non-woven fabric are the most common and recommended.

Check the latest information at: COVID-19 Information - U.S. Embassy & Consulates in Japan (usembassy.gov)

INTERNET

Wi-fi pucks are easy to rent. Fill out an online application (most providers have English web pages for tourists), and the portable router will be ready for collection at the airport when you arrive or delivered to your accommodation shortly after (or even before) you get there.

LAUNDRY

There are coin laundry facilities in the hotels and on base. You will need American dollars to use them. The recommended hotels mentioned also have laundry facilities.

Cultural Norms



TIPPING

Tipping isn't customary in Japan and is not expected – in fact, it will sometimes be considered impolite. As a general rule you should not leave a tip in Japan.

CELL PHONE ETIQUETTE

While you'll be able to use your phone pretty much everywhere in Japan, that doesn't mean you should!

Keep in mind the following guidelines for mobile phones:

- Turn your mobile phone to silent mode when you're in public places, particularly on trains!
- Try not to answer calls on public transport, in restaurants or in bars.
- If you must answer your phone in public, keep your voice quiet and cover your mouth with your hand while speaking.

APPROPRIATE CLOTHING

Women in Japan may be a little more covered up than you are used to, particularly outside the major cities. Miniskirts and short shorts are common in places like Kyoto and Tokyo, but it's rare to see women with exposed cleavage. Be aware that a low-cut top can draw more attention than you're expecting.

COMFORTABLE PANTS/TROUSERS

In Japan, you might find yourself sitting on the floor more than you're used to, so it's a good idea to wear stretchy or loose long pants that you feel comfortable bending and crossing your legs in.

NICE SOCKS

In Japan, you'll be expected to remove your shoes at homes, anywhere with tatami mat flooring and in ryokans (traditional Japanese Inn). Pack more socks than you normally need and pack ones you don't mind others seeing.

WEATHER IN JAPAN

Check local forecasts and dress for the weather!

Summer months can be incredibly hot and sticky, so loose, lightweight, and breathable clothing is essential for travel over June, July and August.

Spring and autumn can be crisp to cold, so depending on your sensitivity level you might want to pack thermal layers in addition to your coat and boots. Bring a lightweight raincoat and a black umbrella.

The winter temperatures are manageable as long as you have regular cold weather clothes – a good coat, pair of gloves, a winter hat and a scarf.

JAPANESE MANNERS DOS AND DON'TS

In general, Japanese people are less prone to body contact during everyday interactions. This goes for kisses, hugs and handshakes used as greetings, as well as other public displays of affection. In most situations, a polite bow will work as an appropriate greeting.

Do not take photos of civilians unless you have permission.

How to say, “may I take a photo?” in Japanese: Shashin wo totte mo ii desu ka

TRASH AND RECYCLING

Public trash cans are rare in Japan. Discarding trash and recycling are taken very seriously so be mindful and be sure to throw trash away properly. Some places you may find a trash can are convenience stores and train platforms.

**Japan Post
Symbol**



MAIL AND POSTAL SERVICE

If you want to mail post cards and packages out in town to be postmarked from Japan go to <https://www.post.japanpost.jp/index.en.html> for all guidelines.

For mailing packages, you must first set up an account through JP postal service to print out your

address labels. Go to <https://www.int-mypage.post.japanpost.jp/smart/MS1000>

RESTROOMS

Public restrooms can be found in every train station, and in most department stores. Some convenience stores and restaurants will have them as well. Not everyone will provide soap or hand towels so it's a good idea to carry wipes/hand-sanitizer/tissues with you.

Did you know? It is customary for people in Japan to carry a personal hand towel to wipe sweat and dry their hands after washing in public restrooms. You will find a variety of these hand towels sold in shops throughout Japan.

CURRENCY EXCHANGE AND ATMS

The official Japanese currency is the yen (円), pronounced "en" in Japanese and denoted with the symbol ¥ (though you'll more likely see the kanji symbol 円 in everyday use).

The Japanese yen is available in 10 denominations. Six coins are used including 1, 5, 10-, 50-, 100- and 500-yen values, alongside 4 bills/notes including 1,000, 2,000, 5,000 and 10,000 (although the 2,000 yen note is quite rare).



¥our ¥en

-  500 – Big and useful
-  100 – Most common
-  50 – Silver and holey
-  10 – Smallest useful
-  5 – Brown and holey
-  1 – Get rid of ASAP

www.blossomheartquilts.com

HOW TO PAY

CASH

Japan is mainly a cash-based society. You will definitely need cash to purchase regular train, subway, and bus tickets (unless you are using a Suica or PASMO card which can only be charged by cash).

It's always a good idea to have small denominations (10 yen and 100-yen coins, as well as 1,000-yen bills) handy, as many ticket and vending machines will not accept larger denominations (especially 5,000 and 10,000 yen bills). And although they may be annoying, keeping a few 1-yen coins also won't hurt.

Japanese people take the handling and care of money seriously and keep their bills wrinkle and tear-free. In Japan folding or crumpling up your money is generally frowned upon.

When giving or accepting money, it is a tradition to do this with both hands, and/or upon a tray.

You can exchange money at the airport, at any ATM on base, or find a 7 Eleven and use their ATM.

CREDIT/DEBIT CARDS

Although Japan is still predominantly a cash-based society, credit and debit cards have become increasingly accepted, especially in urban areas. The most commonly accepted cards are MasterCard and Visa.

THINGS TO DO

DINING IN YOKOSUKA



Yokosuka is a small town with lots of food options. - some Japanese, but also Chinese, Italian, Indian, French, and American. Many things are easily walkable from base. Most menus have pictures or English translations, but as previously mentioned, **Google translate is your friend!**

Definitely try out revolving sushi, yaki-niku, shabu-shabu, and izakayas restaurants.

Starbucks is popular in Japan and there is one located right outside the Verna gate, but there are many great local coffee shops like Tully's and Beck's.

Also, convenience stores in Japan - 7 Eleven, Lawsons, and Family Mart are awesome spots to grab a quick snack like onigiri and egg salad sandwiches.

SHOPPING IN YOKOSUKA

Coaska Mall (walking distance from both main gate and Verna gate), Mikasa shopping and More's City Mall on Blue Street are great, shopping venues within walking distance from the base with restaurants and markets for all your retail needs. DAISO (inside Coaska Mall) is a popular shop like a Dollar Tree or Five Below in the States.

SHOPPING ON BASE

NEX and Commissary are all open during normal business hours as well as a barber shop and beauty salon. There is also a uniform shop, in case you forget anything, at the Fleet Rec)

TOURIST ATTRACTIONS

- ◆ Day Trips - MWR offers great day trip packages if you don't feel comfortable venturing out on your own.
- ◆ Kamakura is a 20-minute rapid train ride away for less than \$3. It is very popular for shopping and street food. There are many shrines located there.
- ◆ Tokyo is a 45-60 min. train ride away.
- ◆ Shinjuku, Shibuya, Harajuku and Ikebukuro are the main shopping districts in Tokyo. But Yokohama is a much shorter train ride from Tokyo and boasts beautiful shopping malls and Chinatown.
- ◆ If you go to a shrine, you can buy an accordion book to get red stamps with calligraphy of when and where you were. It is a nice way to commemorate your trip. Shrines usually close about 1700 so plan accordingly and look for "no photography" signs.

PUBLIC TRANSPORTATION

TRAIN LINES

There are two main train lines - JR lines and the Keikyu lines. The Keikyu line is the only line you use to go from Yokosuka to Tokyo and Yokohama. The two main stations you need to know are Shioiri and Yokosuka Chuo.

You will only take the JR Line if you plan on venturing out to the countryside, like Hakone, Odawara and Kamakura.



Suica and PASMO Cards are rechargeable cards that you will use to pay for the trains. They can be purchased and recharged at all train stations at available kiosks – cash only. You can recharge them with your credit card at the service desk.

TAXIS

There is a taxi stand at every train station. If you get lost take a taxi. See pg.3 for address back to CFAY. Most taxis accept credit cards, but some are **cash only so be sure to ask before you take the ride!**

NARITA TO CFAY VIA TRAIN

Take the Narita Express to Shinigawa Station. Once there, transfer to the Keikyu Line. Take the Limited Express train on platform one towards Misakiguchi. Get off the train at the Yokosuka-chuo Station. Exit the station to the left and take the escalator down. You will see taxis on the street. Ask the taxi driver to take you to Yokosuka main gate.

HANEDA TO CFAY VIA TRAIN

Go to terminal 2 & 3 train station. Take the Keikyu Line Limited Express towards Misakiguchi then follow same directions as above.



APPENDIX I HELPFUL JAPANESE PHRASES

Hello	Kon'nichiwa (daytime)
Good morning	O-hai-ou-go-za-imasu
Good evening/hello	Kon-ban-wa (during evening/ night)
Yes	Hai
No	Iie
Excuse me (can also mean "sorry")	Sumi-ma-sen
I'm sorry	Gomen'nasai
I understand/don't understand	Wa-ka-ri-masu/wa-ka-ri-ma-sen
Thank you	Arigato gozaimasu
Cute	Kawai
Where is ___?	___ wa doko desu ka?
Where am I?	Koko wa doko desu ka?
Where is the restroom?	Toilet wa doko desu ka?
Department store	Depāto
Convenience store	Konbini
This/That/There/Here	Kore/Sore/Soko/Koko
This way	Kochiradesu

役立つ日本語フレーズ

Be careful	ki o tsukete
Stop it	Yamete
Something bad	Dame
Dangerous	Abunai
Hello, my name is ____. Pleased to meet you for the first time.	Kon-ni-chi-wa, wa-ta-shi wa "your name" desu. Haji-me-ma- shite yo-ro-shi-ku o-ne-ga-i- shimasu.
I'm about to eat	Wa-ta-shi wa ta-be-you to shi-te imasu
Thank you, I'm about to eat the food (said before eating)	I-ta-da-ki-masu
Thank you for providing food (said after eating)	Go-chi-so-sama-desu-shita
Plane	Hikoki
Train	Toren
Car	Kuruma
Bus stop	Basutei
Train Station	Tetsudō-eki or just eki
Airport	Eapōto

APPENDIX II GET READY TO GO CHECKLIST

90 - 60 DAYS OUT

- ☐ Complete IA/Cyber Awareness (course ID: DOD-CAC-2023 via Navy eLearning via My Navy Portal)
- ☐ Send digital certificate to NPASE Japan (POC to be determined depending on your travel dates)
- ☐ Pre-book lodging (NGIS is ideal if available because it's closest to the office).
- ☐ Finalize approved orders in NROWS.
- ☐ Confirm authorization to travel in DTS and book lodging if you didn't pre-book outside of DTS.
- ☐ Book your flights in DTS to Narita or Haneda airport with an arrival cognizant of the shuttle schedule (Haneda is easier to navigate and closest to CFAY but pick the one that has the best flight option for you.)

30 DAYS OUT

- ☐ Weekly check Japan entry COVID testing requirements here.
- ☐ Go to vjw-lp.digital.go.jp on your phone and create an account.
- ☐ In your account complete forms for immigration, customs and COVID (you will need to upload your COVID card).
- ☐ Take screen shots of QR codes for each; immigration, customs and COVID forms once completed.
- ☐ Call your NOSC GTCC coordinator and make sure your card is in good standing and activated.
- ☐ Make sure you have necessary uniforms and all appropriate accessories.