



HONOR
PLATOON



Co. D tackles
the Crucible

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Depot band strikes a
chord for San Diego

Pg. 8

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CHEVRON

MARINE CORPS RECRUIT DEPOT SAN DIEGO

AND THE WESTERN RECRUITING REGION

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FRIDAY, JULY 9, 2010



Lt. Col. Charles M. Cromwell relinquishes command of 1st Battalion over to Lt. Col. Thomas G. McCann while Sgt. Maj. Donald K. Williams, 1st Battalion sergeant major, salutes, June 24 on Sheperd Memorial Drill Field aboard Marine Corps Recruit Depot San Diego. Cromwell was responsible for the successful training of more than 11,00 Marines during his tenure aboard the depot. *Cpl. Jose Nava/Chevron*

Bonuses out for lateral moves and reenlistment

BY SGT. CARRIE C. BOOZE
Chevron staff

Headquarters Marine Corps recently released the Selective Reenlistment Bonuses for fiscal year 2011, and many Marines aboard the depot may now be eligible to receive large bonuses and lateral move options.

According to Marine Corps Administrative Message 341.10, Marines with end of current contract dates between Oct. 1, 2010, and Sept. 30, 2011, may receive up to \$48,250 in bonuses when reenlisting or lateral moving into certain military occupational specialties.

"The bonuses provide a monetary incentive to attract service members to continue to serve in their current job field," said Master Sgt. Marcus Cook, depot career planner. "It also offers Marines the

opportunity to laterally move into an MOS that is critical or is in high demand."

The amount of bonus depends on the "multiplier" assigned to the MOS's, the individuals, rank, the member's time in service, and the number of years the individual reenlists.

"The simplest way to put it is that if a Marine has been in for up to six years, they are Zone A. Marines that have been in for six to 10 years, are Zone B," said Staff Sgt. Nathan Cleary, assistant depot career planner.

Cleary said that some of the more popular jobs available for lateral moves are counter intelligence, explosive ordnance disposal, crew chiefs, criminal investigation department and air craft mechanics.

"If a Marine is interested in a reenlistment they need to talk to their career planner

who will have updated information," said Cleary. "You will find out what jobs are available and whether you are qualified. If things are needed such as higher physical fitness score or security clearances, we can help you obtain those."

Cook said that the reenlistment bonus budget has been cut nearly in half from last year due to the Marine Corps' budget constraints from approximately \$220 million in 2010 to \$150 million in 2011.

Despite the bonus cuts, Marines can request special duty assignments, school seats as well as receive reenlistment incentives for first-term Marines.

"There are a lot of opportunities open, but because of reduced boat spaces they are closing fast," said Cleary. "Career planners are not recruiters. If you wait, you could miss out."

Sergeant Major of the Marine Corps visits depot

BY CPL. JOSE NAVA
Chevron Staff

The Sergeant Major of the Marine Corps, Carlton W. Kent, spoke to a standing room only crowd of depot permanent personnel in the base theater, June 23.

Kent covered a variety of topics such as the war in Afghanistan, social networking responsibilities, Marine Corps end strength numbers, and increased suicide rates.

He discussed how the Marine Corps is trying to persuade the local Afghan farmers to grow wheat, cotton, and other alternative crops to replace opium-producing poppies. Farmers in the program receive financial assistance as well tools and supplies to cease the harvest of poppy crops.

Kent addressed the Corps' end strength numbers and current numbers in the Corps. In 2007, the Corps was tasked to increase its end strength from 175,000 to 202,000 Marines by 2012. The Corps surpassed that goal in less than three years, he said.

Currently, the Marine Corps is just under 202,000, and Kent assured that it will stay at that number for a couple of years.

Kent went on to explain the need and importance for the Corps to remember its roots while in garrison. He reminded the audience that Marines always must stay true to the Corps' values of honor, courage, and commitment and to take care of each other.

"The nation wants to keep a Marine Corps for the next 200 years," he said.

Kent also discussed the suicide increase in the Corps. Seven Marines killed themselves in May, raising the number of suicides to 21 this year, according to a report from the Marine Corps Suicide Prevention Program.

"It is our job to get Marines the help they need in order to keep them in, so they can be better leaders in the future," said Kent.

Kent touched on everyone's responsibility to remain professional at all times when using social networking. According to Marine Administrative Message 181/10, all users of the Marine Corps Enterprise Network are able to use social networking sites, video sharing sites and personal, Internet-based e-mail.

A question was asked about Title 10 of the United States Code

654, or more commonly referred to as the "Don't Ask, Don't Tell" policy for homosexuals serving in the armed forces.

The policy has not changed, said Kent, but there is the study group that has been sent out to collect data from the Armed Forces gauging concerns and

questions if a change in the policy was implemented. As it stands now, if a military member reveals himself to be a homosexual, then he will be processed out of the Armed Forces.

Once the question and answer session was over, Kent said, "It is always great to get out and speak

to Marines around the Marine Corps."

He left the audience with a quote from the late President Ronald Reagan, "Some people spend an entire lifetime wondering if they made a difference in the world. The Marines don't have that problem."



Sergeant Major of the Marine Corps Carlton W. Kent prepares to answer a question that was presented to him at the depot theater during his visit to Marine Corps Recruit Depot San Diego, June 23. Kent discussed a variety of current issues in the Marine Corps during his visit. *Cpl. Jose Nava/Chevron*

Fitness Center offers Micro-Fit

BY CPL. REBECCA A. LAMONT
Chevron staff

For those who have had minimal physical activity in recent months due to injury, pregnancy, light duty or rehabilitation, and are thinking about starting a new physical fitness regimen, the depot Fitness Center may help create a customized fitness program following a free comprehensive assessment known as Micro-Fit.

Micro-Fit is a 20-minute fitness evaluation that gives a basic assessment of an individual's physical fitness level.

Micro-Fit began in January, and is essentially a new, computerized, more accurate version of the program that was replaced. The expensive, high-tech equipment was funded by Marine Corps Community Services.

"I was really surprised how in depth it was with the various measurements," said Master Sgt. Herman Nickson, finance chief, finance. "I didn't expect it to calculate my heart rate, incorporate a bike and measure my flexibility." The program can benefit those who just need a basic reading of where their fitness level stands.

"I see a lot of Marines that are taking this test now and then taking it three months later," said Bonnie Axman, personal trainer and fitness instructor, Fitness Center. "They come back to see how their fitness regimen has helped their physical fitness."

Micro-Fit measures resting heart rate, blood pressure, maximum heart rate on a stationary bike, body fat, flexibility and maximum bicep strength.

Calculating the individuals resting heart rate is one of the first indicators of a person's fitness level, said Axman.

"If the resting heart rate is lower, this reflects the individual's high physical fitness," said Axman. "However, if it is higher, this means their fitness level could improve, or they may have a heart problem."

It is also best to have your resting heart rate calculated in the morning because the heart is not fatigued from daily activities, giving optimum accuracy in the results, said Axman.

"If you have not tired yourself out, it reflects in your heart rate," she said. "If you're tired, it is not good to exert yourself when your body is fatigued."

Another way Micro-Fit assesses physical fitness is though monitoring heart rate while pedaling a bike. But it's not just any bike. The model used is a

Monark Eromedic 828E, part of Microfit Bobobike 828, which gradually increases resistance as it reads a heart rate.

"How long you are on the bike determines how fit you are," said Axman. "It can range from three to fifteen minutes, depending how quickly you reach your max heart rate."

The calculations are determined by an individual's age, gender, weight, typical amount of physical activity per week and heart rate.

Body fat is then calculated using a caliber test that measures fat on three parts of the body. The chest, abs and thigh are measured for men, and the tricep, hip and thigh are measured for women.

Women hold fat in different areas and that is why the measurements are at different sites, Axman said.

"People with more weight in certain areas compared to other areas have a more difficult time losing weight," said Axman. "Whereas, if someone has similar amounts of fat distributed throughout their body, they can lose weight relatively easier."

Following body fat measurements, individuals are tested on their flexibility. It's a simple sit-and-reach test, keeping hamstrings flat on the ground, which tests hamstrings and lower back flexibility.

"I see a lot of Marines who don't do enough stretching, and they see it only as

a minor detail of their fitness routine," said Axman. "But, you can't grow if your muscles aren't stretched and flexible."

After stretching, individuals get weighed and begin the bicep strength test. Bicep strength is calculated by pulling upwards on a bar that has a sensor. The maximum strength is what is calculated.

"Many tests calculate maximum strength," said Axman. "It takes very small, but informative measurements that are used as a general guideline to see where the clients are."

After the tests are complete, individuals receive a three-to-four page printout of their results. It contains five fitness sections that pinpoint where an individual may range, from needing improvement to excellent.

"The body fat section includes percentage of water, protein and fat," said Axman. "It's a very visual reflection of the individual's physical fitness."

To get a Micro-Fit test, individuals must make an appointment. Axman recommends that participants not exert themselves the day of the test, stay hydrated and go about their daily routine to ensure accurate results.

"I recommend everyone has a Micro-Fit test to see where they are," said Axman.

To make an appointment for a Micro-Fit assessment, call (619) 524-4427.



Petty Officer First Class David Mercil, travel coordinator, Navy Public Affairs Support Element West, Coronado, Calif., left, is helped by Ron S. Rivera, Fitness Center supervisor, in executing a test that calculates maximum bicep strength during the Men's Health Fair here, June 11. This test is part of Micro-Fit, which gives a basic assessment of where an individual stands on a physical fitness level. *Cpl. Rebecca A. Lamont/Chevron*

BRIEFS

First-time Homebuyer Education Class

A free first-time Homebuyer Education Class will be held tomorrow at the East San Diego County Association of Realtors' 2nd floor conference room, 1150 Broadway, El Cajon. Topics include Preparing for Homeownership; Can you Afford a Home?; Checking & Correcting your Credit; Shopping for a Home; Negotiating the Purchase; Obtaining a Mortgage; Closing the Deal; and Life and Responsibilities of a Homeowner. Light snacks will be provided or attendees can bring their own lunch. To register, call (800) 947-3752, extension 7820, or e-mail education@credit.org. Those completing the class will receive a Certificate of Achievement accepted by mortgage lenders for first-time homebuyers. For more information, call Michael McIsaac, at (619) 524-1204.

Outdoor Movie Night on the Bay

The movie "Avatar," rated PG-13, will be featured at the Boathouse lawn on a 40 by 22-foot screen, July 17. Seating starts at 7:30 p.m.; the movie begins at 8:30 p.m. Attendees may bring blankets and lawn chairs. Snacks will be available for purchase in the boathouse. For information, call (619) 524-0916.

Activity Mornings for Parents and Tots

MCRD L.I.N.K.S. and New Parent Support are sponsoring Activity Mornings for Parents and Tots, July 27 and August 31; from 9:30 a.m. to 12 p.m. in the Bldg. 6E classroom. The event is for parents and their children under five years old. Each month will feature themed activities to include parent and child-centered activities such as story time, arts and crafts, movement activities, snack making and take-home ideas. For details or to register, call Patricia Kalaye at (619) 524-8104 or Heather Chamberlain at (619) 524-0805.

Car and Motorcycle Show

A Car and Motorcycle Show will be held July 31 from 10 a.m. to 2 p.m. between the Recreation Center and the Fitness Center. Music and food will be provided. Awards will be in these categories: General's Choice, People's Choice, Top Three Motorcycles, and Top Three Cars in each category. The entry fee is \$10 and a new, unwrapped toy to support the Toys for Tots program. Download the entry form and map at mccssd.com. For more information, call (619) 524-5240.

Volunteers needed for televised spots

Marine Corps Community Services televises "What's Happening at MCCS," a weekly segment on upcoming events throughout the depot and is looking for volunteers to narrate. Candidates can be active military, DoD civilians, or military dependants aboard the depot. Taping takes 30 minutes reading a prepared script. For information, contact Rachel Landolt, MCCS Coordinator, at landoltrr@usmc-mccs.org.

MCRD Surf Team

MCRD San Diego needs active duty team members aboard the depot to surf competitively. No experience is necessary, only dedication. For information, contact Capt. Borrelli, at (619) 524-4324 or at nicholas.borrelli@usmc.mil.

Send briefs to:

mcrdsdpao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Many unaware of "move over" laws

By Chevron staff

Five California Highway Patrol officers were killed by wayward vehicles during traffic incidents in June.

Police and first responders die each year on the side of highways, but there are ways to minimize their level of danger.

The Move Over/Slow Down law was established in California in 2007 and is in effect in 46 states. The law requires a person driving a vehicle on a freeway to safely make a lane change, or slow to a reasonable speed when approaching in a lane immediately adjacent to a police car, an emergency vehicle that displays emergency lights, or a stationary tow truck that displays flashing amber warning lights.

According to a national poll sponsored by the National Safety Commission, 71 percent of Americans have not heard of "Move Over" laws; and 90 percent believe traffic stops and roadside emergencies are dangerous for law enforcement and first responders.

Although breaking this law is considered an infraction punishable by a fine of not more than \$50 in California, the potential loss of life is much more severe.

More than 150 U.S. law enforcement officers have been killed since 1999 after being struck by vehicles along America's highways, according to the National Law Enforcement Officers Memorial Fund.

Those stopping to offer help as well as stranded

motorists should also exercise caution when stopping along highways. If a flat tire, mechanical breakdown, or empty fuel tank forces the motorist to stop driving, the most important thing is to take actions that ensure one's safety. Consumer Reports recommends pulling the vehicle as far off the road as safely possible. Walk to another location if your vehicle is in or near traffic and you can safely exit the vehicle. If the vehicle is parked on the shoulder of a busy highway, passengers should exit on the passenger side, lock the door and leave a note on the windshield in case roadside assistance or the police stop by the vehicle.

At the minimum, hazard lights should be turned on as soon as the motorist realizes that his vehicle is slowing down. Once stopped, it's recommend using warning signals such as flares, hazard triangle, or warning lights to alert other motorists of the vehicle's presence. Warning devices should be placed as far behind the car as practical to give other motorists as much notice as possible.

Motorists requiring police help should raise the hood or tie a white cloth to the radio antenna or door handle, or hang the cloth out of the top of the door and close it on the cloth.

The CHP recommends always using good judgment when accepting help from strangers. If someone suspicious stops, drivers should lower the window only enough to talk. If the motorist needs help, they should ask the stranger to call the police.

Officials warn of 'phishing' scams targeting troops

BY LISA DANIEL
American Forces Press Service

Officials with U.S. Strategic Command are urging renewed vigilance against Internet-based identity theft after detecting a widespread

"phishing" expedition against service members.

Phishing is a term used to describe deceiving people into divulging personal information such as passwords or account numbers over the Internet.

Beginning in May 2009 and

lasting as late as March 2010, numerous fraudulent e-mails were sent to financial customers of USAA and Navy Federal Credit Union, United States Strategic Command officials stated in a recent news release.

The e-mails, which appear to originate from USAA and the credit union, ask the recipient to provide or verify personal information such as name and rank, account numbers, date of birth, mother's maiden name, address and phone numbers, online account user name and password, credit card numbers, personal identification numbers for automated tellers, and Social Security numbers.

"While these e-mails may appear to be legitimate, it's important to remember USAA and Navy Federal Credit Union will never ask for (personal identification) or to verify financial institution data via e-mail," the STRATCOM release states.

Although the e-mails have official-looking logos, headers and signature blocks, these are all common cyber espionage 'spear-phishing' tactics used to trick recipients.

USAA posted a notice on its website May 4 warning of the phishing attempt.

Phishing scams can reach

service members not only through personal e-mail accounts, but also through their official e-mail. Air Force Gen. Kevin P. Chilton, STRATCOM commander, told the House Armed Services Committee in March that every commander needs to focus on keeping networks secure.

"It should be the focus of every commander in the field, the health and status of their networks, just as they're focused on the health and status of their people, their tanks, their airplanes, their ships, because the networks are so critical," he said. "So, changing their conduct, training them and then holding people accountable for their behavior on the network is important."

The Defense Department is home to some 7 million computers and more than 15,000 local and regional area networks, STRATCOM officials said. The networks are scanned millions of times per day and probed thousands of times per day, with a frequency and sophistication that is increasing exponentially, they said.

The intrusions come from a variety of sources, with different intentions, from indi-

vidual hackers intent on theft and vandalism, to espionage by foreign governments and adversaries, they said.

"This is, indeed, our big challenge in U.S. Strategic Command as we think about how we're going to defend and secure the networks," they said.

STRATCOM officials offered these suggestions to keep personal information safe:

Always protect your personal identification and be cautious with whom information is provided, especially by phone or Internet.

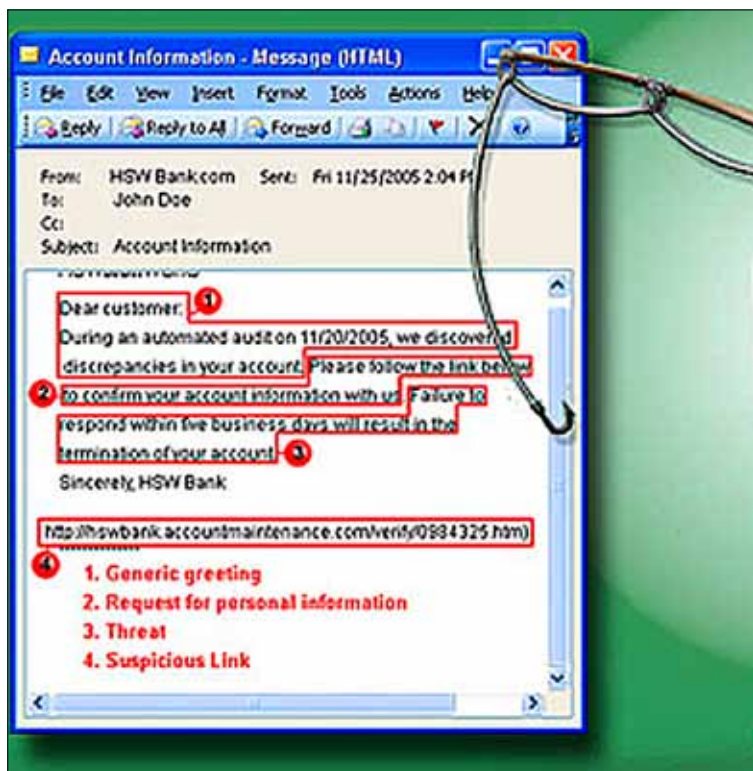
Be suspicious of any unsolicited e-mail, pop-up, website or phone call asking to provide personal information.

Cross-reference information with the official sites, looking for the "https" secure connection.

Do not click on any link provided in a suspicious e-mail, and take caution in opening e-mail attachments or downloading files, regardless of who sends them.

Keep personal computer's anti-virus, anti-spyware, firewall and other security software running and up-to-date.

Regularly review bank statements for suspicious activity.



Beginning May 2009 and lasting as late as March 2010, numerous fraudulent e-mails were sent to financial customers of USAA and Navy Federal Credit Union. Photo illustration by Quantico SENTRY

Tobacco cessation help available from Tri-Care

BY DIANE MAYER
TriWest Healthcare Alliance

More than 1,000 people die every day in the U.S., and these people might have prevented their deaths.

That's because those 1,000 people died from tobacco-caused diseases, the leading reason for preventable death in the U.S., according to the American Lung Association.

The key is that these deaths are preventable.

"My dad smoked his entire life and I think that smoking is what, in fact, killed him eventually," said Navy Surgeon General Vice Admiral Adam M. Robinson in a video interview posted on TRICARE's Tobacco-Free website, www.tricare.mil/tobaccofree. "But I wasn't thinking about that then. I just thought it was a cool thing to do and I wanted to smoke too."

"The reason I stopped smoking was because of my patients . . . Kicking an addiction is probably among the strongest things that we will ever do."

For those who are ready to quit using tobacco, TRICARE and TriWest have tools to succeed:

- www.ucanquit2.org: The site offers interactive, Web-based tobacco cessation training; real-time live encouragement with trained tobacco cessation coaches; a quit plan and cal-

endar; text quit tips; savings calculator; games; and much more.

- Online resources including web chat.
- TriWest.com's tobacco cessation page, www.triwest.com/tobacco, provides information about local and statewide resources as well as tools and tips on quitting.
- TriWest's dedicated toll-free telephone Quitline, 1-866-244-6870, is available 24-hours a day.
- TRICARE's Tobacco-Free website, www.tricare.mil/tobaccofree
- The TriWest Tobacco Quitline – 1-866-244-6870 – means help with quitting is only a phone call away and that it is available 24-hours a day, seven-days a week, including weekends and holidays.
- Speak with a trained smoking cessation coach who will assess each individual's stage of the smoking cessation process and recommend appropriate treatment and resources to quit smoking or remain smoke free.
- All non-Medicare eligible beneficiaries can receive assistance.
- This telephone line is not a counseling service.

TRICARE and TriWest wants everyone to be a successful quitter. It all boils down to choice.

Imagine a world where everyone has the freedom to choose to live longer – get help today.



Pfc. Justin Longobardi, patrolman, Provost Marshal's Office, Headquarters Company, relaxes while donating blood, July 1. Attending technicians from Naval Medical Center San Diego, processed the donated blood Longobardi and others during the NMC San Diego Blood Donor Center's weekly blood drive here at the former Home Store parking lot. According to Petty Officer 2nd Class Heather Shepard, assistant leading petty officer at the medical center, a pint of donated blood is used as plasma, platelets and packed red cells. "I donate because if I ever needed blood, I would want someone else to donate for me too," said Longobardi. Cpl. Matthew Brown/Chevron

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Communication is key in bringing Co. D together

BY CPL. FRANCES CANDELARIA
Chevron staff

From the first moment recruits of Company D heard a drill instructor tell them to get off the bus their first day here, they have had little time to think for themselves. Though recruits may have thought they were just being told how and when to accomplish many tasks, the drill instructors of Co. D have been instilling the characteristics and traits of a United States Marine into each of them.

The Crucible puts all their training to the test.

This 54-hour cumulative training exercise where recruits receive rationed food and only 12 hours of sleep to instill teamwork under stress is held at Weapons and Field Training Battalion, Marine Corps Base Camp Pendleton, Calif.

One portion of the Crucible is called the Leadership Reaction Course, or more commonly known as the 12-Stall because of the 12 areas of the course. This section of the Crucible challenges the exhausted recruits to a test of teamwork and problem solving while developing communication and small unit leadership.

All of the obstacles revolve around the same mission objective: to get recruits and additional gear through the obstacles without touching the danger areas.

The danger areas are designated with red paint or the gravel pit below the obstacles. Once the gear touches any part of the red paint or drops into the gravel, the recruits must find a new way to continue on without it. If recruits touch the danger zones they are eliminated from the mission and can no longer help their squad accomplish the task at hand.

Before fully engaging each mission, each small squad of recruits must pick a leader, different from the last area, to read aloud each scenario represented by that station. In order to accomplish the mission, the squad leader must listen to his fellow recruits while taking charge and directing them on how to complete the station.

“As drill instructors, we try to make sure recruits who haven’t had a leadership position get that opportunity,” said Sgt. Joseph Fields, drill instructor, Platoon 1074, Co. D. “It gives them the chance to communicate with their peers while finding their own leadership style.”

Though each station varied in levels of difficulty, some recruits faced another challenge of leadership.

“Coming up with a plan on the spot and following through was the most difficult aspect,” said Recruit

Brandon Jones, Platoon 1075, Co. D. “That, and getting the squad to listen and work as a team once the plan was set.”

As the squads worked through each obstacle, drill instructors diligently watched them to make sure that they kept within their assigned time and stayed aware of their surroundings.

“Each station has a set time limit,” said Fields. “As drill instructors, we are mostly just observing and making sure the task is completed with integrity.”

After the obstacles of the Leadership Reaction Course were completed, the recruits continued with the larger task of working as a team and fine tuning small unit leadership skills to complete the rest of the Crucible. After they were done, they earned their eagle, globe and anchor emblems and the title of United States Marines.



Recruit Darian J. Crosby, Platoon 1075, Co. D., left, takes charge of his squad during one obstacle at the Leadership Reaction Course and gives orders to his fellow recruits in order to accomplish the mission. *Cpl. Frances Candelaria/Chevron*



Co. D. Recruit James Masterson starts to work his way across an improvised bridge during the 12-Stall portion of the Crucible. He makes sure that he does not touch the red marks on the obstacle, which would make him a casualty and a burden on his team. Recruits must exhibit teamwork and initiative to successfully complete the course at Weapons and Field Training Battalion, Camp Pendleton, Calif. *Cpl. Frances Candelaria/Chevron*



ing as a casualty, Recruit Esteban Hernandez Jr. (front), is carried
ss the ropes of an obstacle by Recruit Robert J. Ledesma. Both are
bers of platoon 1075, Co. D. Cpl. Frances Candelaria/Chevron



Recruits of Co. D. negotiate a barrel over a wooden wall, staying aware of their surround-
ings, making sure neither one of them nor the barrel touches any paint.
Cpl. Frances Candelaria/Chevron



pany D recruits work through the Leadership Reaction Course, also known as the 12-Stall, at Weapons and Field Training Battalion, Marine
s Base Camp Pendleton, Calif., June 30. They are careful to accomplish each mission in the allotted time without losing gear or one another to
langer zones marked in red. Cpl. Frances Candelaria/Chevron

Shadow of a legend pushes for excellence

BY CPL. FRANCES CANDELARIA
Chevron staff

He is tired and feeling the slight pang of hunger set in, covered in camouflage face paint and sweat, yet, Recruit Terry Hathcock, Platoon 1074, Company D, sits extremely disciplined. His back straight as a board, his eyes straight ahead. Though his drill instructors are making him a Marine, discipline also runs in his family.

“I was about eight years old when I found out about my cousin,” said Hathcock, as a slim white smile begins to form in the midst of green and black face paint. “One of my friends read about him in a book and asked me about him. I had no clue who he was so I went home and asked my grandpa.”

Hathcock found out he was related to a Marine Corps legend. Gunnery Sgt. Carlos Hathcock II was a Marine Corps sniper with 93 confirmed kills during the Vietnam War. He set the record for the longest combat kill of 2,500 yards in 1967 and held that record until 2002. His confirmed kills, enthusiastic commitment and the remarkable details of each operation he accepted made him the legend that he is known as today.

“The way my grandpa explained it to me is I’m (Hathcock’s) third cousin,” said the Dallas native. “Growing up, he would tell me little things about Carlos here and there.”

Though joining the Marine Corps was something the Duncanville High School alumni always wanted to do after graduating, he found a job as a dock worker loading at a freight company.

“I was working at a trucking company right out of high school. The pay was good so it took be a little while to realize that serving my country as a Marine was what I really wanted to do.”

The 23-year-old first stepped on the yellow footprints in February, but due to a broken hand, he was dropped from Co. L into a medical rehabilitation platoon and then finally assigned to his current platoon with Co. D.

“As soon as I got to this pla-

toon, most of the drill instructors knew I was related to the gunnery sergeant so they put a lot of pressure on me because of that,” said the second oldest child of four. “They put me in that shadow, but it makes me want to better myself. It’s a pair of pretty big shoes to fill but I’m not intimidated.”

Hathcock’s unwavering sense of pride in his self and the family name is something people notice.

“When he broke his hand, he wrote he wasn’t coming home until he was a Marine,” said his wife Shanna Hathcock. “I think very highly of him. He always gives one hundred

percent. He is very loyal and honest.”

As others around Hathcock take note of his character, he holds one leadership trait close to his heart.

“Without loyalty I believe all the others fall away,” said Hathcock. “For example, if I wasn’t loyal to my wife and I cheated on her how could I be loyal to anything else? It would affect my job and other areas of my life.”

As Hathcock marches across the parade deck today and takes his place among the ranks of United States Marines, he will not be placing his feet in the shoes of his

cousin, but more so stepping beside them.

“Everyone knows him as a (legend). I look up to him and I want to push myself to do the same thing.”

Hathcock is an expert rifleman, and shot a 334 on the range, missing the range high score by one point.

“I was really happy he scored that high,” said Staff Sgt. Fernando Lopez, senior drill instructor, platoon 1074, Co. D. “He’s a Marine’s Marine. He’s very humble but he speaks up if something is wrong, and he’s always looking out for his brothers. I’m very proud of him.”



Legendary Marine Corps sniper Gunnery Sgt. Carlos Hathcock II. Image courtesy of Kevin A. King



Recruit Terry Hathcock, Platoon 1074, Co. D, crosses an improvised bridge during the 12-Stall portion of the Crucible. Hathcock’s extended family includes legendary Marine Corps sniper Gunnery Sgt. Carlos Hathcock II who, during the Vietnam War, had 93 confirmed kills and set the record for the longest successful combat shot, 2,500 yards, in 1967. Cpl. Francis Candelaria/Chevron

Brig. Gen. Vincent R. Stewart Parade Reviewing Officer

Brig. Gen. Vincent R. Stewart received his baccalaureate degree in 1981 from Western Illinois University, Macomb, Ill., where he majored in history. He also earned masters degrees in national security and strategic studies from the Naval War College, Newport, R.I., in 1994, and in national resource strategy from the Industrial College of the Armed Forces, National Defense University, Washington, D.C., in 2002.

His military education includes: The Basic School, Quantico, VA, from 1981 to 1982; The Armor Officer Basic Course, Fort Knox, Ky., in 1982; The Basic Communications Officer Course, Quantico, Va., in 1985; The Cryptologic Division Officer’s Course, Washington, D.C., in 1986; The Amphibious Warfare School, Quantico, Va., from 1988 to 1989; the Naval Command and Staff, Naval War

College, Newport, R.I., from 1994 to 1995; the School of Advanced Warfighting, Quantico, Va., from 1995 to 1996; and the Industrial College of the Armed Forces, Ft McNair Washington, D.C., from 2001 to 2002.

Brig. Gen. Stewart’s principal command tours include: tank platoon leader with Company A, 1st Tank, Camp Pendleton, Calif., from 1982 to 1983; executive officer, Headquarters and Service Company, 1st Tank Bn., from 1984 to 1985; company commander with Co. I, Marine Support Bn., Adak, Ala., from 1986 to 1988; company commander of Headquarters and Service Company, 2nd Radio Bn., from 1989 to 1990; company commander of Co. E, Marine Support Bn., Misawa, Japan, from 1992 to 1994; commanding officer, 1st Intelligence Bn., Camp Pendleton, Calif., from 1999 to 2001; and commanding officer, Headquarters Bn., 2nd Marine Division, Camp Lejeune, N.C., from 2006 to 2008.

His principal staff assignments include: project officer, light armored vehicle, Anti-Tank, Marine Corps Air

Ground Combat Center Twentynine Palms, Calif., from 1983 to 1984; assistant signals intelligence officer, 4th Marine Expeditionary Brigade, from 1990 to 1991; assistant operations officer, 2nd Radio Bn., Camp Lejeune, from 1991 to 1992; intelligence officer, and chief, Command, Control, Communications and Intelligence, Special Purpose Marine Air-Ground Task Force, Experimental, Quantico, from 1996 to 1999; deputy director, Intelligence Policy, Office of the Assistant Secretary of Defense, from 2001 to 2002; deputy intelligence, Marine Forces Central Command, in 2002; senior intelligence planner, Office of the Under Secretary of Defense for Intelligence, from 2002 to 2005; assistant chief of staff, intelligence, Marine Corps Forces Command, Norfolk, Va., from 2005 to 2006; and assistant chief of staff, intelligence, 2nd Marine Expeditionary Force, Camp Lejeune, from 2008 to 2009.

Brig. Gen. Stewart’s military decorations include: the Defense Superior Service Medal; the Legion of Merit with one gold star; the Bronze Star; the Meritorious

Service Medal with one gold star; the Navy and Marine Corps Commendation Medal with two gold stars; the Navy and Marine Corps Achievement Medal; the Combat Action Ribbon; and various unit awards.





DELTA COMPANY

1ST RECRUIT TRAINING BATTALION

Commanding Officer
Lt. Col. T. G. McCann
Executive Officer
Capt. F. P. Peche
Sergeant Major
Sgt. Maj. D. K. Williams
Chaplain
Lt. j.g. D. J. Carlson
Battalion Drill Master
Staff Sgt. B. J Robbins

COMPANY D

Commanding Officer
Capt. R. C. Stewart
Company First Sergeant
1st Sgt. D. L. Rush

SERIES 1069

Series Commander
Capt. M. W. Williamson
Chief Drill Instructor
Gunnery Sgt. N. S. Dominguez

PLATOON 1069

Senior Drill Instructor
Gunnery Sgt. M. Freeman
Drill Instructors
Gunnery Sgt. K. M. Avelar
Staff Sgt. S. M. Cheatham
Sgt. J. J Briwder

Pvt. J. A. Abonce-Sarabia
Pfc. A. R. Aguirre
Pvt. B. D. Ailey, Jr.
Pvt. J. R. Aranda
Pfc. J. K. Avery
*Pfc. B. J. Bashus
Pfc. R. T. Berndt
Pvt. D. C. Bianski
Pvt. J. J. Bordayo
Pfc. C. E. Cocks
Pvt. J. T. Cox
Pvt. D. J. Davis
Pfc. J. M. Devery
Pvt. B. M. Duley
Pfc. T. B. Dziuk
Pvt. J. R. Edmonson
Pfc. I. D. Etherington III
Pvt. M. S. Fairchild
Pvt. C. M. Flannelly
Pvt. S. P. Fricke
Pfc. V. A. Fulkerson
Pfc. D. A. Galicia-Ramirez
Pfc. L. B. Galo
Pvt. A. C. Gensler
*Pfc. L. J. Gil
Pvt. M. E. Guess
Pvt. S. M. Hanlon
Pfc. R. Herrera, Jr.
Pvt. B. K. Hetrick
Pvt. J. L. Hoffarth
Pfc. C. M. Hughes
Pvt. D. R. Loffi
Pfc. B. G. Ponce

Pvt. K. B. Sistrunk
Pvt. T. C. Truong
PLATOON 1070
Senior Drill Instructor
Gunnery Sgt. J. A. Clark
Drill Instructors
Staff Sgt. D. A. Comas
Staff Sgt. B. A. Guild
Sgt. X. M. Castillo

Pvt. V. M. Aguilar
*Pfc. G. S. Ampey
Pvt. C. C. Andrews
Pvt. G. D. Applonie
Pvt. T. R. Bartholomew
Pvt. R. A. Barton
Pfc. F. Bermudez III
Pvt. Z. W. Bothe
Pvt. J. W. Boyd II
Pvt. J. R. Buffa
Pfc. M. D. Burroughs
Pfc. C. D. Carpenters
Pfc. N. P. Chavez
Pvt. C. V. Coon
Pvt. R. L. Cowardhimes
Pvt. E. A. Crawford
Pfc. C. G. Cron
Pvt. Z. J. Crowley
Pfc. S. M. Curteman
Pvt. A. L. Davis
Pvt. R. H. Deney, Jr.
Pfc. J. W. DePetro
Pvt. R. S. Hardin
Pvt. J. T. Kelley
Pvt. J. R. Orel
Pfc. N. J. Parris
Pfc. T. P. Rasnic
*Pfc. M. I. Richardson
Pvt. D. Y. Rodriguez
Pvt. S. M. Rojo
Pfc. J. J. Sheppard
Pvt. M. Singh
Pvt. T. A. Tucker
Pfc. S. D. Wall
Pvt. T. L. Weyenberg

PLATOON 1071

Senior Drill Instructor
Sgt. J. J. Hodges
Drill Instructors
Sgt. D. Ferreira
Sgt. T. B. Franksen
Sgt. L. B. Fuentes

Pvt. V. D. Easterwood
Pvt. R. Hurtado, Jr.
Pvt. J. R. Jarvis
Pfc. F. J. King IV
Pvt. G. E. Lazcano-Romero
Pfc. A. Y. Lee
Pfc. E. J. Lee
Pfc. A. A. Lopez
Pvt. L. A. Lopez
Pfc. R. D. Lovato
Pvt. A. A. Loya
Pvt. R. Magallan, Jr.

Pvt. D. A. Marrufo
*Pfc. E. L. McDougald
Pvt. C. R. Meredith
Pvt. T. J. Montgomery
*Pfc. R. Navarrete, Jr.
Pvt. J. Nunez
Pvt. T. P. Oldenburg
Pvt. C. M. Palomino
Pvt. F. J. Pasillas-Flores
Pvt. K. Quach
Pvt. H. K. Ramsey
Pfc. D. J. Ranum
Pvt. R. Romero-Aguila
Pvt. A. Ruiz, Jr.
Pvt. K. A. Salazar
Pfc. R. M. San Vicente
Pfc. J. C. Sheffield
Pvt. F. Silva
Pfc. J. W. Sorrells
Pvt. K. E. Staat
Pvt. B. A. Tullis
Pvt. S. A. Wright

SERIES 1073

Series Commander
Capt. M. W. Green
Chief Drill Instructor
Staff Sgt. J. W. Wood

PLATOON 1073

Senior Drill Instructor
Sgt. M. A. Saldana
Drill Instructors
Sgt. B. McBride
Sgt. C. Z. Cajas
Sgt. S. D. Argueta

Pvt. J. A. Avila
Pvt. S. Baral
Pfc. J. M. Barron
Pvt. P. R Cimino, Jr.
Pvt. B. M. Hendrickson
Pvt. B. K. Jacobs
Pfc. L. E. Jimenez, Jr.
Pvt. N. E. Lira
Pvt. G. D. Marshall III
Pfc. J. W. Misiewicz
Pfc. C. P. Moly
Pvt. C. M. Morgan
Pfc. S. R. Mueller
Pvt. D. Ruiz-Rivas
Pvt. E. J. Rummel
Pvt. G. L. Stoddard
Pvt. T. D. Taufer
Pvt. N. A. Terrones
Pvt. C. M. Thorp
Pvt. T. W. Treat
Pvt. K. C. Trovilion
Pvt. J. H. Valles
Pfc. R. Vega
Pvt. M. N. Velez
Pvt. S. Veloz-Hernandez
*Pfc. R. M. Vint
Pvt. Z. G. Wartenbe
Pvt. J. W. Weaver, Jr.
Pvt. J. L. White
Pvt. T. M. Williams
*Pfc. A. G. Woods IV

Pfc. M. K. Wright
Pvt. J. Zamarripa

PLATOON 1074

Senior Drill Instructor
Staff Sgt. F. Lopez
Drill Instructors
Staff Sgt. J. Dan
Staff Sgt. S. A. Wix
Sgt. J. J Fields

Pvt. D. J. Crosby
Pvt. T. G. Hathcock
Pvt. J. A. Hernandez
Pvt. L. H. Marsh
Pvt. J. T. Masterson
Pvt. E. Mata
Pvt. M. W. May
Pvt. L. J. McQuire
Pvt. C. D. Mealing
Pvt. R. V. Mercado
Pvt. T. A. Moon
Pvt. M. E. Moore
Pfc. S. O. Neel
*Pfc. C. A. Nuanes
Pvt. C. Pacheco
Pvt. R. Palacios
Pvt. J. S. Pathfinder
Pvt. A. Pena
Pvt. A. R. Perez, Jr.
Pvt. J. R. Perry
Pvt. R. J. Philpott
Pvt. F. A. Popoca
Pfc. B. A. Price
Pfc. C. D. Przygoda
Pfc. B. T. Rocca
Pvt. J. W. Rochon
Pvt. M. S. Seilala
Pvt. J. M. Seipel
Pfc. E. R. Sherman
*Pfc. K. M. Smith
Pvt. B. G. Starr
Pvt. E. Thundercloud
Pvt. L. A. Torres-Clemente
Pfc. J. M. Ward

PLATOON 1075

Senior Drill Instructor
Staff Sgt. C. J. Burton
Drill Instructors
Staff Sgt. D. J. Neimeyer
Staff Sgt. K. S. Williamson
Sgt. A. J. Moreno

Pvt. K. C. Boren
Pvt. L. R. Burgess
Pfc. T. G. Diaz
Pvt. J. O. Dix III
Pfc. S. C. Douglas
*Pfc. M. H. Douthit
Pvt. B. C. Dunn, Jr.
Pvt. A. C. Elrod
Pvt. M. M. Fraire
Pvt. D. J. Fritz
Pvt. J. C. Funderburg
Pvt. H. Gamez

Pfc. R. E. Garza, Jr.
Pvt. T. M. Gates
Pvt. G. L. Haas
Pvt. E. Hernandez, Jr.
Pvt. J. C. Hittson
Pvt. D. J. Hoitt
Pvt. K. A. Hurtado
Pvt. J. F. Jimenez-Zamarron
*Pfc. B. L. Jones
Pvt. K. A. Jones
Pvt. J. Kim
Pvt. M. F. Kloc
Pfc. P. L. Kologo
Pvt. N. Koulttychev
Pvt. B. A. Layton
Pvt. R. J. Ledesma
Pvt. T. E. Loyd
Pvt. A. D. Luehring
Pfc. M. X. Luna
Pvt. C. M. Marsh
Pvt. K. D. Stephens
Pvt. A. S. Taylor

* Indicates meritorious promotion



Maj. Gen. Ronald L. Bailey accompanies Marine Band San Diego’s Party Band in a vocal performance. Marine Band San Diego performed their annual Summer Sunset Concert June 26 aboard the depot. The theme of the concert was “Night at the Movies.” Sgt. Wayne Edmiston/Chevron

Band delivers in annual Summer Sunset Concert

BY SGT. WAYNE EDMISTON
Chevron staff

Marine Band San Diego performed their annual Summer Sunset Concert aboard the depot, June 26. The theme of the concert was “Night at the Movies,” and featured guest performances from the depot’s Party Band and a singing performance by the depot’s commanding general.

The concert was hosted by Maj. Gen. Ronald Bailey, commanding general, Marine Corps Recruit Depot San Diego and the Western Recruiting Region, and offered not only an array of songs from “Star Wars” to “Jurassic Park,” but also

featured a top hit from musician Carlos Santana, and a spectrum of patriotic tunes.

To help set the atmosphere of the evening, the band asked the audience trivia questions about various films throughout history.

The performance was well received by the audience and smiles could be seen throughout the crowd.

“I think our Marines here did a fabulous job with the concert,” said Staff Sgt. Christian A. Arellano, bandmaster. “I think the overall product was very well received.”

The concert concluded with a tribute to the troops by playing a composition consisting of the various songs of the armed services.

“My family enjoyed it,” said Noel Wood, advertising and marketing specialist, WRR. In particular, the Party Band playing Santana. It was a great evening and looked like everyone had a good time.”

During the Party Band performance, Maj. Gen. Bailey sang with the band.

Following the concert he explained how fortunate the depot is to have such a talented group of Marines here.

The earliest photographic history of a Marine Band in San Diego dates back to 1915 when the 4th Marine Regiment Band was posted at Balboa Park, according to historical accounts.

Over the next 30 years, as the mission of the Marine Corps’ presence in San Diego changed, the band’s title also was modified

to reflect its role aboard the base. Then, in 1948, when the base was officially recognized as Marine Corps Recruit Depot, San Diego, the band was given the title Marine Corps Recruit Depot Band.

In recent years, to better identify with the missions of recruiting and public relations in San Diego and the Western United States, the band’s title was updated to Marine Band San Diego.

The depot’s summer and winter concerts are performed annually and serve as an way for the Marine Corps to give back to the local community.

According to comments from the audience, the band did exactly that.

“As always, the band delivered,” Wood said.



Lance Cpl. Ethan G. McDaniel and the French horn section of Marine Band San Diego play a tune from the movie “Star Wars” during the concert. Sgt. Wayne Edmiston/Chevron



Gunnery Sgt. Andrew D. Weege plays electric guitar during the Party Band performance of Marine Band San Diego. Sgt. Wayne Edmiston/Chevron



Recruits from Company D, 1st Recruit Training Battalion, took a break from training to hear the band at the depot’s annual Summer Sunset Concert. Sgt. Wayne Edmiston/Chevron