

## JET GAZETTE

THE OFFICIAL PUBLICATION OF THE 141ST AIR REFUELING WING

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#### THE MISSION

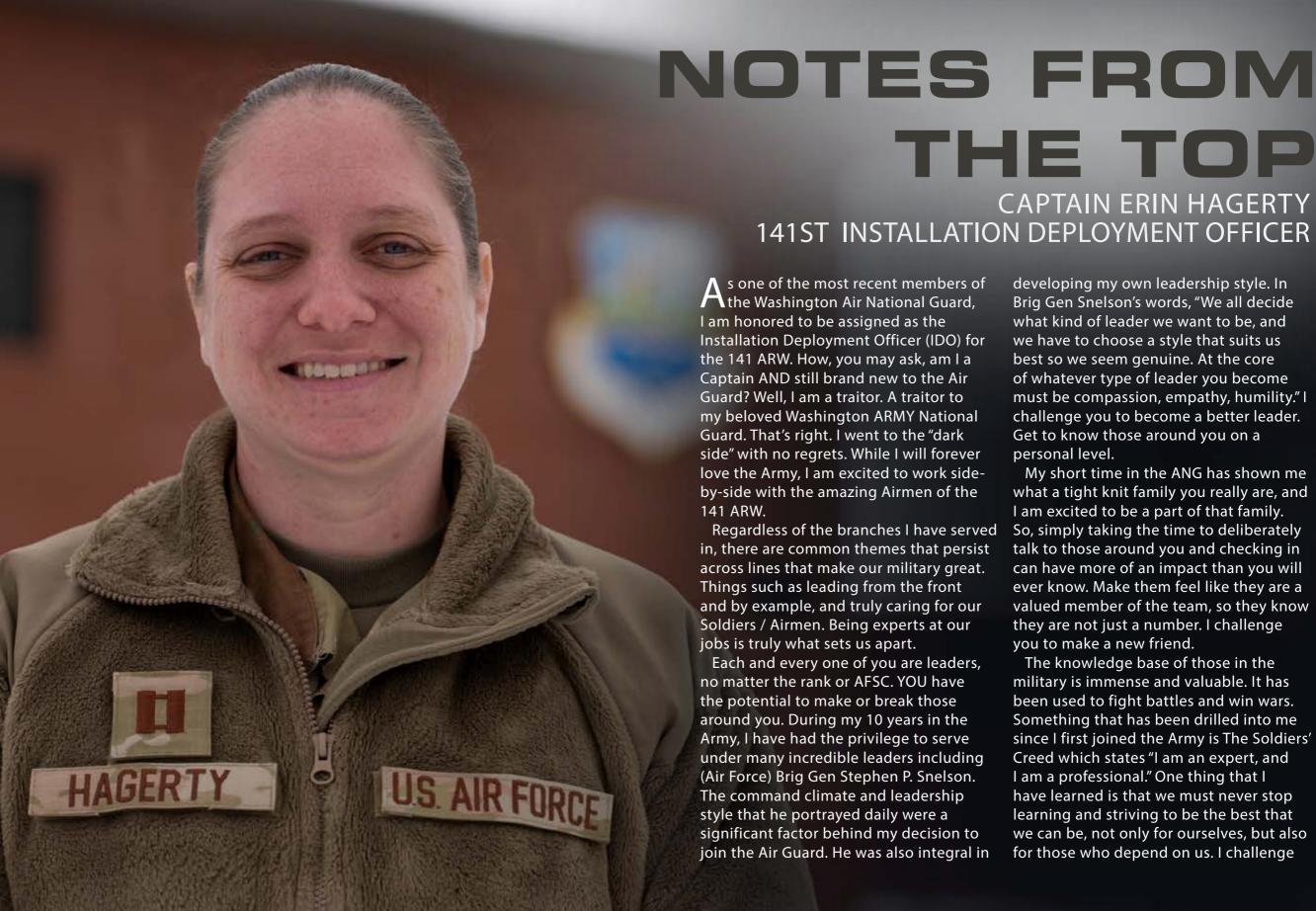
THE MISSION OF THE JET GAZETTE
IS TO EFFECTIVELY COMMUNICATE EVENTS
AND INFORMATION OF THE 141ST AIR REFUELING WING
TO UNIT MEMBERS, THEIR FAMILIES AND RETIREES
AND TO RECOGNIZE PERSONAL AND UNIT
ACHIEVEMENTS WITHIN THE WING.

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RONT COVER PHOTO BY SENIOR AIRMAN HAYDEN MORRIS



you to learn more.

As we head into this holiday season, I challenge you to continue to live out these themes. Check in on your Battle Buddies (What does the Air Force call them? Wingmen!). Make a concerted effort to get to know those who are your friends and acquaintances, and even your frenemies. Decide what kind of leader you want to be: a toxic leader or an inspirational leader. And lastly always work at the part level, striving

continuously towards becoming the expert in everything you do. Just keep being bold, trying to make a difference, trying to make things better every single day, even if you only move the needle a little bit at a time.

"All big things come from small beginnings. The seed of every habit is a single, tiny decision."

(Quete by James Clear)

## CHIEF'S CORNER

### CHIEF MASTER SGT. MATTHEW J. AVILES 141ST FORCE SUPPORT SQUADRON





t was an honor to serve the state of California and the 129th Rescue Wing for almost two decades.

Now, I am truly grateful to be a part of the Washington Air National Guard and the 141st Air Refueling Wing family.

Family is important to me, and it was the family atmosphere that attracted me the most to this Wing. Strong bonds and relationships were evident across the Wing from day 1. I believe supporting each other as family will be our foundation in achieving success and will enable us to overcome any challenge we may face together as a Wing.

It is important we stand united in today's environment of uncertainty and volatility. The familial bond that you all share will aid in finding innovative solutions and overcoming obstacles. This upcoming year will no doubt test our resolve as a team. It is imperative that we come together as a family and support each other over the next year as we prepare for our first AFFORGEN deployment as a Wing. We also have an Operational Readiness Inspection not long after our warriors return from overseas. The focus will shift from combat to compliance while maintaining

a high level of readiness. It is a lot for any organization and its members to be tasked with in such a short amount of time. We all need to prepare for this daunting scenario. With that, I do ask that you also prepare your loved ones at home, friends, and your teammates at work for the possible sacrifices needed for a successful deployment, readiness exercise, and inspection.

There will be time away from your loved ones. There will be long days of supporting the mission in extreme conditions and under immense pressure. You may stay late during drill to make sure your additional duties, programs, and responsibilities are compliant. When it becomes too overwhelming ask your teammates for the help you need. In return, be prepared to offer the assistance you know you could provide. Please keep that in mind as we approach Winter and the holiday season during a time of turmoil for many people all over the world. Be vigilant and ready to support your brothers and sisters at the 141st. Continue to care for your families at home, do not hesitate to reach out for help, and have a merry Christmas.

# Prepardness

### Be ready to deploy

Master Sgt. Derek Reese, 141st Civil Engineer First Sergeant





hether you're ramping up for deployment or in steady state, readiness is always a top priority. Readiness doesn't only mean completing CBTs and taking care of medical requirements. It also means ensuring you and your fellow Airmen, friends, and family are prepared for everything.

Preparedness is multi-faceted.
Think of all the times you've had to leave your loved ones behind for TDY or deployment. How did you prepare yourself? How did you prepare your loved ones? With everything happening in the world today, it is more important than ever to be ready. Not just completing training and packing your bags, but being ready mentally, emotionally, spiritually, and physically.

Readiness is making sure your loved ones know what to do while you are away. Who do they call if the air conditioning goes out or what to do in case of car problems? Having plans in place and updating them regularly will help reduce stress and provide a seamless transition when you walk out the door. Keeping an updated binder of contacts or companies to call when something goes wrong is a great way to stay prepared. Providing instructions on how to do things such as operate the sprinkler system is a great

way to help. Keeping our families ready and having a plan will keep your mind, and theirs, at ease.

For our Airmen, readiness is taking care of training, ensuring we complete checklists, and making sure you packed all the right things. It also means preparing ourselves mentally, spiritually, emotionally, physically, financially, and the list goes on.

Think of all the stress that comes with deployment. All the unknowns and the anxiety some may feel. Have you created a plan for yourself to manage that? Do you have a financial plan or goals? Have you done a checklist for yourself? As Airmen, we must be ready in every aspect. Do you have a workout regimen to keep you physically fit for the fight? Do you have ways to manage daily stress? Do you know who to reach out to if you need something? Make sure you've covered your bases to reduce the chance of having major issues yourself. Set a routine for yourself, stay busy with positive things, and have fellow wingmen that motivate you and help you through deployment. Remember to utilize all the great resources that are at your fingertips and take care of your loved ones, your fellow Airmen, and yourselves.

## WE CARE CORNER

TIPS FROM THE WE CARE TEAM AS WE AHEAD INTO THE HOLIDAYS



The holidays may be a time of cheer, but for many, they're also a time of financial stress. New Year's might also be a time for new financial resolutions. Whatever your needs, here are a few options to help you out:

-See Mary Thomas and Melissa Maher at the Airman Family Readiness office in bldg. 2185. They can assist with connecting you and your family with resources on base and in your communities.

-Check out Fairchild's Military and Family Readiness Center (M&FRC) Personal Financial Readiness Program (509-247-2246). The M&FRC offers information, education, and one-on-one financial counseling on topics like:

Establishing financial goals and a budget

**Savings strategies** 

Credit education and debt management

Home and car buying

**Thrift Savings Plan and the Blended Retirement System** 

**Basic investment education** 

As a service member, you also have access to free personal financial counseling. Whether you are trying to manage debt, buy a home, or maximize your savings, these individualized services can help you navigate your finances with more clarity and confidence. To set up counseling,

Trysha Thompson, AFC Personal Financial Manager 509-247-2246

Trysha.thompson@us.af.mil

Scott Woller, AFC
Personal Financial Counselor
509-590-7814
Pfc.fairchild@magellanfederal.com



# READY TO DEPLOY?

### **LEGAL PREPARDNESS FOR DEPLOYMENTS**

#### 141ST JUDGE ADVOCATE OFFICE

Do you have any outstanding legal issues, questions, or concerns? For many members in our unit, the answer is "yes". Deployment readiness is one of those things most of us do not like to think about; it is neglected, but it is just as important as any other readiness item. You need to have all of your affairs in order in the event you are injured or killed. That means you should probably have a will, a healthcare power of attorney, and maybe a springing durable general power of attorney.

First, most people need a will or some form of estate planning. A will allows you to designate your preferences for who will care for your children and to whom you would like all of the things you own, to include money, to pass. The details of a will should be discussed with an attorney. Long gone are the days of sitting on a deployment line and having an attorney draft you a will on the spot. That is not how we operate anymore. Wills take time to discuss, draft, review, and execute. We all need to be ready to deploy at any

moment. If you do not have a current will, now is the time to engage.

Second, everyone needs a healthcare power of attorney. A healthcare power of attorney is you designating who you would like to make healthcare decision on your behalf in the event you are unconscious or incapacitated. This could be a spouse, parent, sibling, or close friend. It simply needs to be someone you trust to make decisions on your behalf. Without this document, things can become complicated, and you could end up with decisions being made about your life by someone you do not want. If you do not have a current healthcare power of attorney, now is the time to engage.

Third, everyone needs to consider a springing durable general power of attorney. This is a general power of attorney that only becomes effective in the event you become unconscious or incapacitated. It allows the person you designate to carry out your financial affairs as if that person was you. Not everyone needs one of these, but it can be a good

option that can accompany the healthcare power of attorney. It is something to consider and discuss with an attorney.

Fourth, you may want other documents such as a living will or a special power of attorney to grant access and control to someone over things such as: your bank accounts, real estate transactions, access to your military financial records, childcare, or the sale of a vehicle. Every situation is different, so it is a good idea to talk it over with an attorney.

If you are not legally ready to deploy, now is the time to engage. These decisions do not become any easier, but they do become much more difficult for your family if you have not planned ahead. Consider the potential impact these decisions could have on your family, then, if you are not legally ready to deploy, pick up the phone and call the legal office at 247-7035 or 247-7036 to get the process started.

★ This or any other article provided by the legal office should not be considered legal advice. If you have any questions regarding this or any other article, please do not hesitate to stop by the legal office or call at (509) 247-7035.





irmen assigned to the 92nd and the 141st Air Refueling Wings conducted exercise Titan Fury 24-1 at Fairchild Air Force Base, Nov. 13-17.

During the exercise, Airmen demonstrated how various support activities contribute to mobilizing KC-135 Stratotankers at a moment's notice if called upon to support strategic deterrence and other National Defense Strategy priorities.

"It's critically important that Fairchild Air Force Base conducts exercises like this for one reason only, and that's deterrence," said Lt. Col. William Dowd, 97th Air Refueling Squadron commander. "We have to send a clear message to our adversaries and allies alike that Fairchild Air

Force Base stands ready to execute this mission. Without making sure our crews are ready and able—regardless of how hard it is and how fast we need them to be—we can't ensure the delivery of deterrence worldwide."

For decades, the KC-135 has been the backbone of Air Mobility Command's air refueling capabilities around the world because of its ability to extend global reach and project U.S. airpower.

Dowd explained how teamwork and collaboration are the keys to Fairchild AFB's ability to keep this proud tradition going strong.

"The teamwork that goes into executing

a mission of this scale really boils down to the relationship between operations and maintenance, then everything else has to come up and build the support pyramid for those two," he said. "It is a challenging week for everybody, from maintenance and operations to the defenders in security forces who protect the ramp and aircraft and the folks in the Force Support Squadron who are turning out meals for them and bringing food to the crews at the jet."

Dowd also praised the hard work and long hours of airfield managers, fuel operations, safety, inspector general and the other essential functions of the exercise that enable mission readiness.

"We could tell they were getting tired, but there was a gleam in their eyes, and we knew they were ready to show the world that Fairchild is ready to execute this mission," he said. "The 92nd ARW, along with our Guard partners, the 141st ARW, conduct these exercises to ensure we are always prepared because there isn't an aircraft in our fleet that can kick ass without tanker gas."

In addition to the 92nd ARW active duty and 141st ARW Air National Guard units at Fairchild AFB, TF-24-1 included aircraft and personnel assigned to the 912th Air Refueling Squadron who traveled from March AFB, California, to participate. The 912th ARS is a geographically separated unit of the 92nd ARW.

According to Lt. Col. Roque Zarate, 912th

ARS director of operations, participating in the exercise enabled his unit to integrate with 92nd ARW Airmen and build interoperability in a training environment that resembles the manner in which they would operate during a real-world scenario.

"Titan Fury is important, not only for the aircrews and maintenance, but for our controllers as well," he explained. "They have to practice things that maybe they're not used to with the crews that are organic to the 92nd. So, for them to actually integrate us into the exercise, being a geographically separated unit, there's a lot more planning and a lot more nuances. It's important for everybody to exercise the way we would go to war, or really, to deter our adversaries from

attacking us.

"It's nice just for us to be able to come here and see how our parent wing executes the same [mission]," Zarate added. "We're taking lots of notes on how we can do things better at March, and we're also providing notes to Fairchild on what they can do better."

Master Sgt. Dustin Brockman, a generation superintendent for TF 24-1, highlighted the importance of exercising to build both proficiency and speed.

"[Getting] the aircraft ready quickly is important," he said. "If it was a real-world situation, we don't know how fast we would need to act. If we take too long to get ready, then we might not be able to meet the mission requirements. We work quickly yet safely to





get the aircraft generated as fast as possible."

Like many Airmen, this exercise was a first for Capt. John Will, a KC-135 pilot assigned to the 97th Air Refueling Squadron. He said his first Titan Fury experience enabled him to develop at a steady pace in his role as an aircraft commander supporting Fairchild AFB's mission.

"There's still a lot of learning to be done," he said. "I feel like with every step of the

process, I've been slowly learning this mission security environment. and getting better at it. We do other smaller exercises and classes to get us ready for this, so it's not just everything at once. Seeing it all come together has been really cool."

This recurring total force exercise is an example of how the 92nd ARW and the 141st ARW at Fairchild AFB are engaged, postured and ready with a credible force to assure. deter and defend in an increasingly complex

"We ran 24-hour operations for a week, generated 21 aircraft and demonstrated our ability to deploy personnel and conduct our mission from anywhere," said Col. Chesley Dycus, 92nd ARW commander. "We did this all by combining our efforts with our teammates in the 141st ARW, and the crews and jet here from the 912th ARS. I couldn't be more proud."



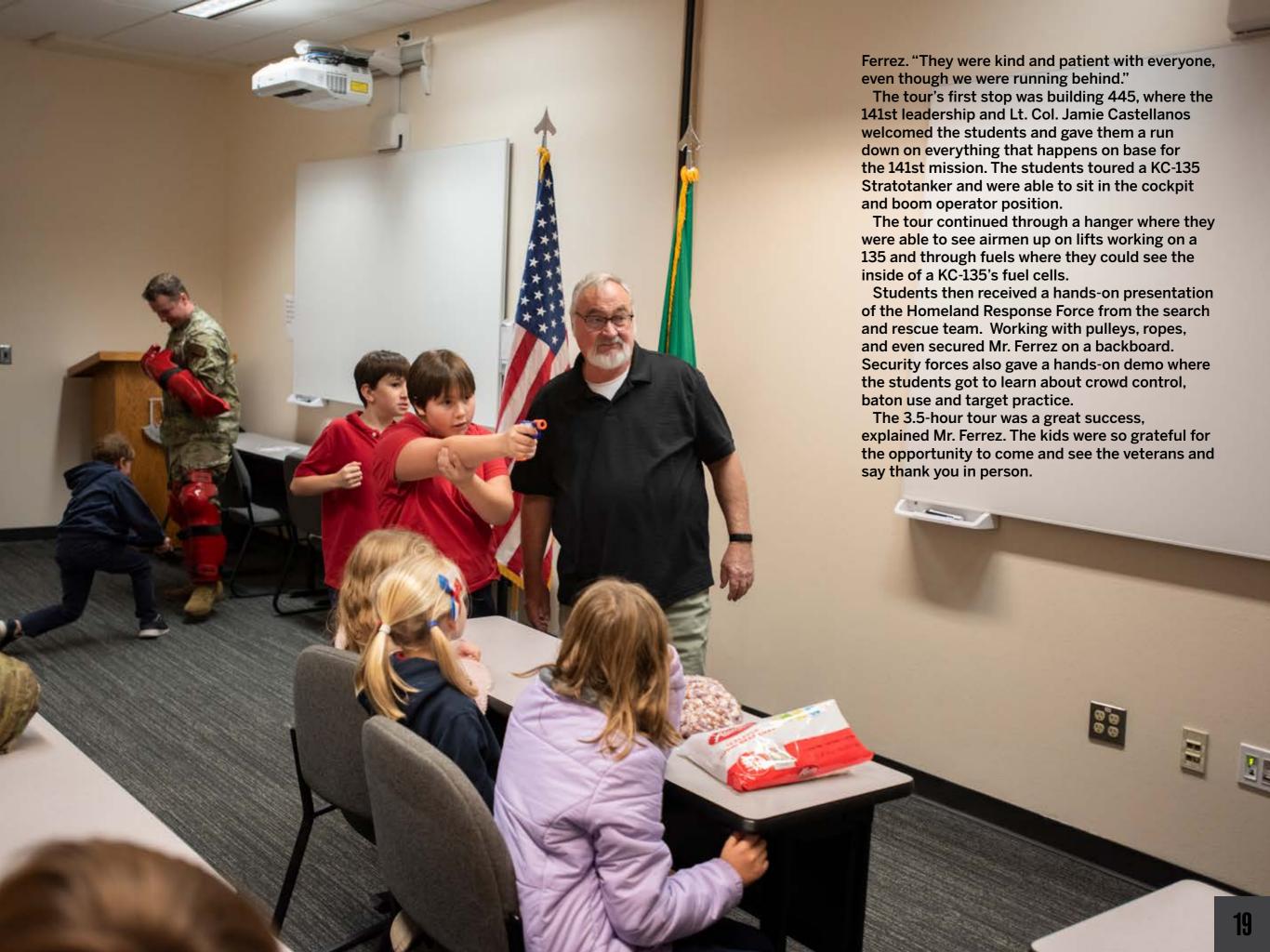














t. Ellsworth French, 116th Observation
Squadron observer and reporter for the
Spokane Daily Chronicle newspaper, wrote
an article about a flight he had with his unit
commander, Maj. Robert Breene. First he touted
the benefits of a new \$50,000 radio beacon in
East Spokane, Wash. and the establishment of
a weather bureau branch at Felts Field, Wash.
"Service Indispensable. The radio weather
reporting service has become so important to
pilots that they hesitate, particularly in 'sticky
weather,' to consider landing on airports not
equipped with the service."

To emphasis this point, he then went on to describe his flight with Breene. Around Medford, Ore., in a Douglas O-38 biplane they circled for a

landing, but their plane did not have a radio. As they circled, they noticed a larger Ford tri-motor plane from the Boeing Company behind them. The ground station supervisor at the airfield radioed the Boeing plane, which was equipped with a radio, that their Douglas biplane would be landing first (the beginnings of an air traffic control system was taking hold).

Their flight continued over Bakersfield, Calif. where a fog rolled over the airport. Breene flew in low over the city to try to find the field when suddenly, without warning, another tri-motor plane came in behind them. As French put it in his article, "To find airplanes without radio equipment flying around in a dense fog is not a happy situation." Luckily, both planes landed safely without incident, but the importance of modernizing and equipping both airfields and airplanes with radio equipment were driven home in his article.



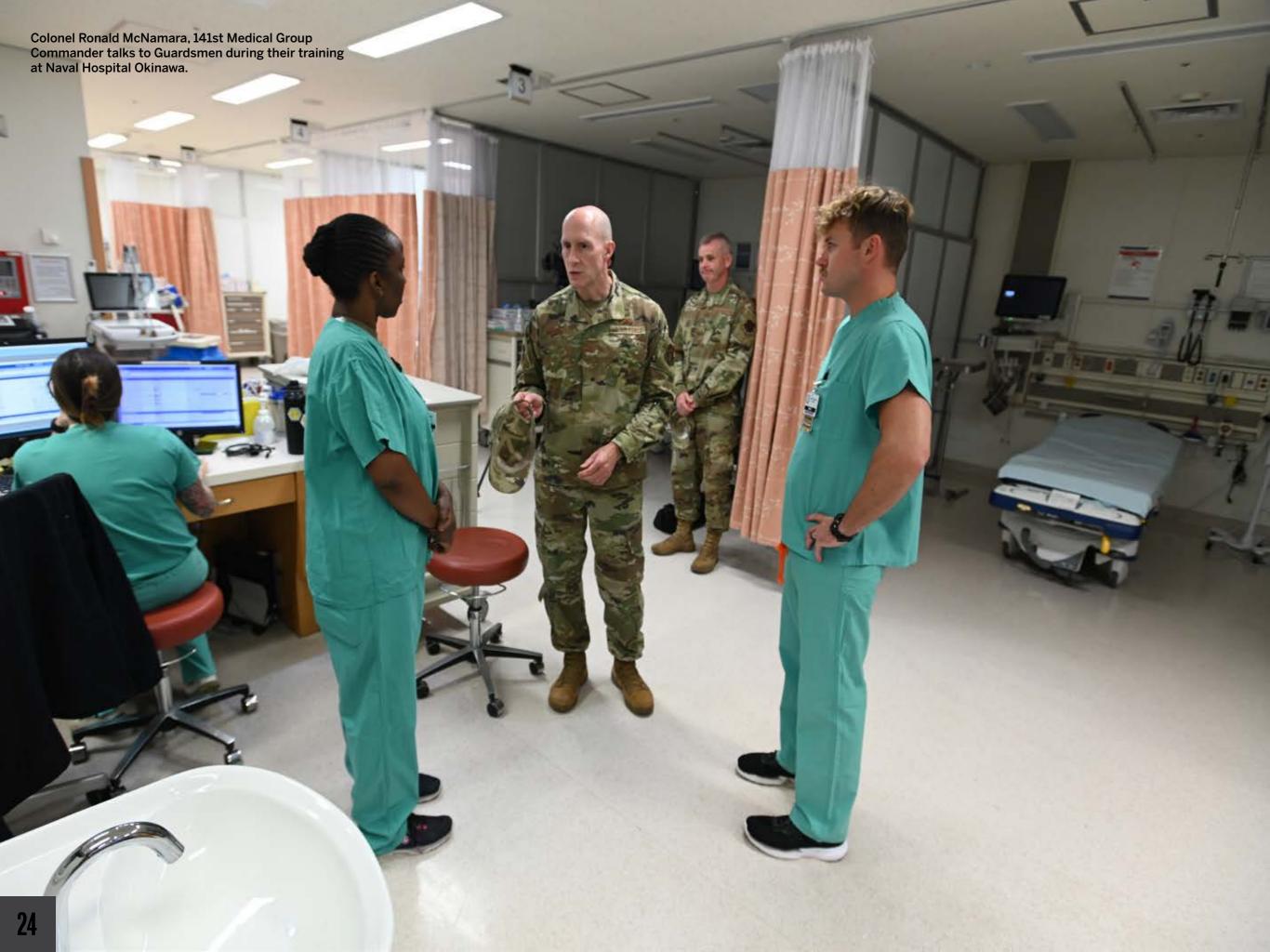
## Kadena Deployment 141st Medical Group provides essential services to Military

population of Okinawa Story and Photos by Tech. Sgt. Michael Brown









For two weeks in August the 141st and 194th Medical Group completed a deployment for training to Kadena Air Base, Japan. Several specialties banded together with personnel from Kadena Air Base, The Naval Hospital at Camp Foster and Marine Corps Air Station Futenma.

Personnel assigned to the Naval Hospital Okinawa worked in the Intensive Care Unit, sick call, anesthesiology, and administrative departments. On Kadena Air Base Airmen worked in the Emergency Medical Evacuation Squadron, Bioenvironmental and Public Health flight, and at MCAS Futenma Airmen were assigned to the

**Dental Clinic.** 

Working in this environment has been a great experience for me as a medic because I've gotten a lot of real-world hands-on medical experience," said Tech. Sgt. Joshua Stansfield, Aerospace Medical Technician. "The Soldiers, Sailors, Marines and Airmen face the same afflictions as stateside yet they need treatment here."

The joint environment allowed cross training between services on critical medical care. The training also allowed Medical Airmen to reach their required minimum 40 clinical hours. Guard Airmen can have a hard time meeting this minimum

stateside due to military treatment facilities frequently referring service members to civilian providers. In an overseas location, most Active and Retired services members receive all of their care through a Military Treatment Facility, offering more training for our Guard Airmen then they could receive in the United States.

"Working at Kadena vs. Fairchild is a challenge with the environment," said Lt. Col. Kandice Kannberg, Commander 141st Medical Group Det.

1. However, the opportunity to work in a joint environment where we all support the mission has been amazing.





