



My

CFAY

Weekly

週刊

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## Commodore Biddle and America's First Encounters with Japan



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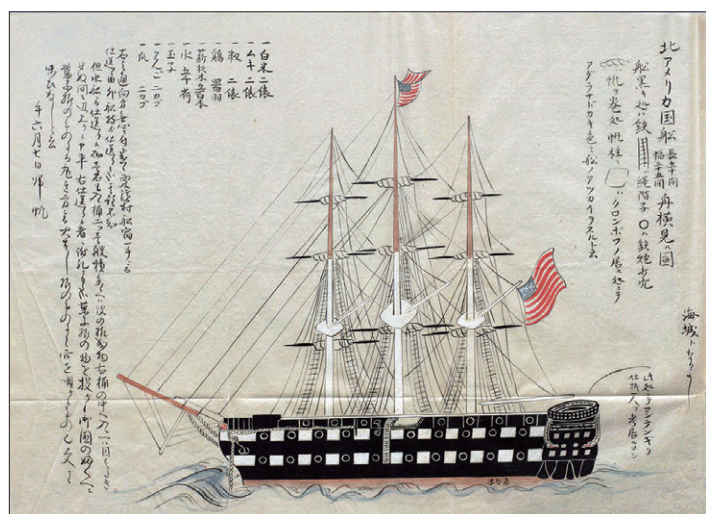
# AROUND CFAY

## Commodore Biddle and America's First Encounters with Japan

Story by Ryo Isobe, CFAY Public Affairs

**Y**okosuka Sailors and their families, or those who have been stationed in Japan, may have heard of how the U.S.-Japan relationship came into being with the arrival of Commodore Mathew Perry to Japan in 1853 and its progression from there to the present day. However, only a few of them may have heard of the story of Commodore James Biddle, who tried to open Japan seven years before.

With the arrival of Perry in 1853 and the Kanagawa treaty subsequently closed in 1854, Japan set sail for the new world to establish itself as a nation. Their primary focus was cultivating international relationships and modernization for the first time in over a couple of hundred years.



**The U.S. ship Columbus of Biddle's "squadron" actually arrived at Uraga in 1846.**

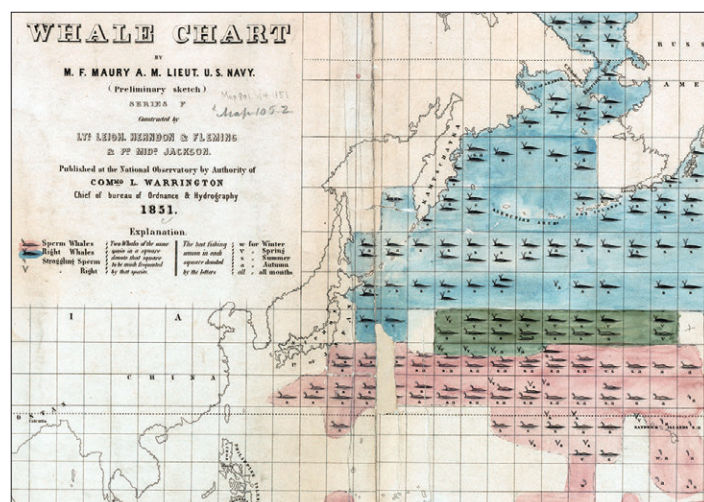
Until then, 19th-century Japan had been "locked" or "double-bolted" from foreign influence since 1639. The only limited passage for anything Western was through an artificial island called Dejima off the coast of present-day Nagasaki, where the Tokugawa Shogunate of Japan excluded commerce and diplomacy with Western countries other than the Netherlands.

However, under the shadow of Perry, the fact that the U.S. sent Commodore James Biddle, Commander of East India

Squadron, to investigate possible diplomacy with Japan in 1846 is known less widely. Biddle, with USS Columbus and the sloop of war USS Vincennes, arrived at Uraga in Edo/Tokyo Bay to try a diplomatic approach to Japan, marking the first official visit of the U.S. to Japan.

From a broader perspective, there had been various American encounters with Japan before Biddle. For example, American merchant ships voyaged to Nagasaki under charters from the Dutch East India Company from the late 18th to the early 19th centuries. These voyages focused on Japan and the oceans spanning the Indian Ocean and East Asia to explore the possibility of expanding trade. They included the American ship Franklin mastered by James Devereaux in 1798, the Massachusetts ship of Boston in 1800, the Margaret ship of Salem in 1801, and President Andrew Jackson's "special confidential agent" Edmund Roberts' unsuccessful voyage in the Indian Ocean aboard USS Peacock in 1836, to name a few.

The United States tried a different tactic in 1837, when American merchant ship Morrison, headed by Charles W. King arrived en route from China to Edo Bay with seven shipwrecked Japanese. Their purpose was to send the rescued Japanese back to their homeland, but ironically, Japan turned away the ship due to its seclusive policy. It



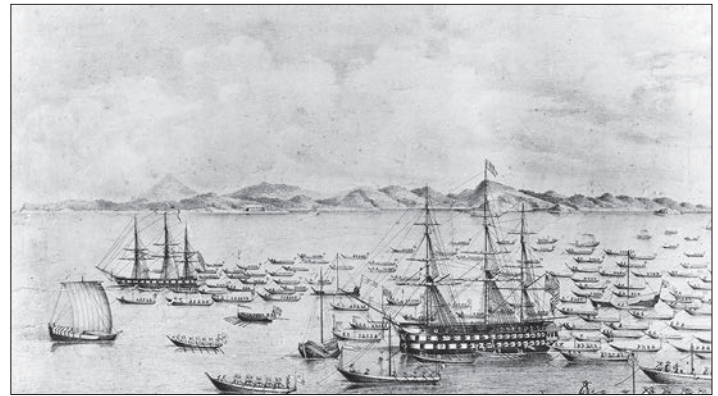
**The 1851 Whale chart by Matthew Fontaine Maury (part). Blue slots to the east of Japan show the distribution of right whales.**

goes down in history as the “Morrison Incident,” which ended with political debates at both ends of the Pacific.

Both parties took away their own lessons: Japan was to review its policy to drive away all foreign ships, as it recognized one year after the incident that the American ships’ mission to Japan could benefit Japan. On the other hand, in the U.S., King introduced a resolution to Congress that dictated the U.S. take a more aggressive posture to pry open Japan. Even though it was not passed, the mission to Japan began to assume different colors.

The opportunity for Biddle came just after the Treaty of Wanghia was signed between the U.S. and the Imperial China’s Qing dynasty in 1844 by Caleb Cushing, the U.S. commissioner to China representing President John Tyler on the U.S. side, and the Viceroy of Liangguang Keying on the Chinese side. The treaty was modeled after the Nanjing Treaty in 1842 between China and Great Britain, which not only ended the First Opium War but also accelerated British colonization of China. During his stay in China, Cushing conceived an idea that Japan would follow suit with China and communicated his vision to the White House in 1844.

After the Treaty of Wanghia was ratified by President John Tyler in 1845, the U.S. Secretary of State, James Buchanan, sent a letter of instruction to Alexander H. Everett, who succeeded Cushing as commissioner to China to initiate a



***USS Columbus and USS Vincennes in Japan, a lithograph published by Wagner & McGuigan, based on sketches by John Eastly. It depicts Columbus (right center), flagship of Commodore James Biddle, and Vincennes (left) anchored in Edo Bay, Japan, circa July 20-29 in 1846. They are surrounded by a small fleet of Japanese crafts, preventing U.S. ships from communicating with the shore. Naval History and Heritage Command Photograph.***

negotiation for a possible commercial treaty with Japan. Everett was to take passage to Japan aboard USS Columbus. However, he fell ill on the way, only to leave the ship at Rio de Janeiro, and his function as commissioner was assigned to Biddle, who navigated a little squadron of Columbus and Vincennes.

Even though some viewed the Treaty of Wanghia as unequal in favor of the U.S., the White House did not necessarily seek the same terms with Japan partly because they needed footholds in Japan for a different reason.

In 1820, the northern part of Japan’s waters was found to be a rich whaling area by a captain of an American whale ship. After this discovery, hundreds of whalers had been said to have whaled in the seas around Japan from 1845 to 1850. The increase was so much that the U.S. wanted to gain access to ports in Japan for fuel, food, and water to keep their vessels and sailors seaworthy enough for longer whaling voyages.

A glimpse into this world was captured in one of the greatest American novels of all time, “Moby Dick,” by Herman Melville, published in 1851, a time when whale-oil lamps illuminated rooms, corsets made out of whale bones gave shape for women’s skirts, and whale-oil lubrication smoothed industrial machinery. The whaling industry peaked during the early 19th century until the invention of the oil well later in the century.

During those times, sailors often found themselves shipwrecked and others in Japan searching for fuel, water, and food to continue their voyages. Even though provisions and essential needs were given, according to Japan’s rule at that time, they were denied landing. They were supposed to be transferred to Nagasaki for inspection before they were allowed to sail back to their homeland.

Have  
CFAY experts  
Answer your questions  
Every 1st and 3rd Thursday

**YOKOSUKA SPONSORSHIP  
ON DEMAND**

Audio only  
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ID: 814 971 239 #  
Online  
<https://tinyurl.com/2297PM75>

**JOIN HERE**

Next session  
July 20 8 a.m. JST



When only the surviving sailors aboard the U.S. whalers were found ashore, they were challenged, interrogated, and sometimes even confined before they were moved to Nagasaki and sent back aboard Dutch ships through Batavia or Hong Kong. If the U.S. had better diplomatic relations with Japan, Americans might have gotten their people back directly and peacefully from Japan's custody.

Some incidents of those U.S.-Japan experiences involve the wrecked U.S. whaling ship *Lawrence* in 1846 and the ship called *Lagoda* later in 1849, from which sailors deserted the ship and illegally landed on Japan's soil. As "*Moby Dick*" shows, if "that double-bolted land, Japan, is ever to become hospitable, it is the whale-ship alone to whom the credit will be due; for already she is on the threshold."

The U.S. should, or must, maneuver to find a way, even if Japan had been beyond the horizon or "threshold" to the far west of the Pacific. Borrowing again from Melville, Japan was so "remote," "unknown," and "impenetrable."

As was the situation – according to "Commodore Biddle's Visit to Japan in 1846" published in the July 1905 edition of "Proceedings" by the United States Naval Institute – the instructions to the commissioner was that he should take the utmost care to ascertain if the ports of Japan were accessible, yet not in such a manner as to excite a hostile feeling or a distrust of the government of the U.S.

Taking over Everett, Biddle tackled his mission with his most amicable attitude toward Japan. The U.S. ship *Columbus*, accompanied by *Vincennes*, anchored in Edo Bay on July 20 in 1846, but at once was surrounded by a large number of armed boats. They were denied permission to land their ships. Biddle could only send a message to inquire whether Japan, like China, would open its ports to foreign trade. A few days after that, Biddle was told that his letter of the previous day had been transmitted to the Emperor and that an answer would be received in five or six days or more.

By that time, Japan had allowed for fuel and water to some foreign ships that had become wrecked, dating back to 1842 – a transition from a more strict law called "the Edict to Repel Foreign Vessels" that was in effect since 1825. The law drove foreign vessels away no matter what – because Japan had seen the result of the First Opium War inflicted upon China, which showed the formidable colonial powers of the Western Empire. They decided to direct the foreign ships out of Japan delicately.

On July 27, Biddle was informed of the official answer to his request, and the translation by an interpreter was:

"According to Japanese laws, the Japanese may not trade except with the Dutch and Chinese. It will not be allowed that America make a treaty with Japan or trade with her,

as the same is not allowed to any other nation. Concerning strange lands, all things are fixed at Nagasaki, not here in the bay; therefore you must depart as quickly as possible and not come any more in Japan."

Upon this request, Biddle and his ships sailed back the following day.

Despite its failure, Biddle's mission was not essentially unsuccessful in that it did not arouse a hostile feeling against the government of the U.S. Rather, it was a noteworthy moment in the history of the U.S.-Japan relationship where America would be remembered for its friendly attitude towards Japan.

Whaling, trading, and saving shipwrecked sailors in Japan became compelling concerns for the U.S., seeking a much closer and more stable relationship with Japan by the mid-1850s. Even after Biddle's effort, Commander James Glynn was dispatched aboard the USS *Preble* sloop-type ship to Nagasaki in 1849 to secure the release of the captured Americans there. Luckily, he was successful in getting back 14 U.S. whalers.

History has told the rest to us learning from previous experiences, Commodore Mathew Perry returned to Japan in 1853 with four warships, three of which were intimidatingly large-scale and steam-powered, and "forced" to open Japan by "gunboat diplomacy."

**The Center**  
Pilot & Family Support

**The Japan-America Society of Zushi**

**IKEGO DETACHMENT**

**Ikego Cultural Exchange Club  
&  
Zushi Japan-America Society  
is hosting**

**Authentic Japanese Home Cooking**

**Takikomi Gohan**  
(Mixed Rice)

**Osuimono**  
(Soup)

**Nikujaga**  
(Simmered Meat & Potatoes)

**Registration Required!**

**Zushi Public Health Center**  
(3 mins walk from Ikego main gate)

**July 18th at 1000**

To register call 246-8052 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)



**American  
Red Cross**

# **American Red Cross Summer Classes**

- **Adult and Pediatric First Aid/CPR/AED**
- **Babysitter's Training with Pediatric First Aid/CPR**
- **Basic Life Support**

**All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.**



## **CPR/AED/First Aid Course (\$55)**

- Wednesday, Aug. 2, 1 to 4 p.m.
- Monday, Aug. 21, 9 a.m. to 12 p.m.

## **Basic Life Support Course (\$55)**

- Wednesday, Sept. 6, 1 to 4 p.m.

## **Babysitting Basics (\$70) Recommended for ages 11-15)**

- Thursday, July 20, 9 a.m. to 12 p.m.
- Thursday, Aug. 17, 9 a.m. to 12 p.m.

**Additional classes available by request for group of plus three.**

**To register, email: [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org) with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.**

# **FFSC WEEKLY**

More details on FFSC YOKOSUKA FB page



### **Basics of Japanese**

July 17 at 0930 (Ikego)

### **Resiliency Bootcamp**

July 17 at 1130

### **AOB/ICR**

July 18-20 at 0800

### **Basics of Japanese**

July 18 at 1000

### **Ikego Cultural Exchange Club**

July 18 at 1000

### **Home Buying**

July 20 at 0900

### **Personalities in the Workplace and Beyond**

July 20 at 1000

### **Volunteer Orientation**

July 20 at 1100 (Virtual)

### **Anger Management**

July 20 at 1300

### **Sponsorship Training**

July 20 at 1300

### **DOL - Teams Resume Essentials**

July 21 at 0900

### **EFMP Command POC**

July 21 at 1000 (Virtual)

### **Communication Skills**

July 21 at 1000

### **Stress Management**

July 21 at 1300

**See something you like? Sign up via email: [ffscinfo@us.navy.mil](mailto:ffscinfo@us.navy.mil)**



THE U.S. NAVY RESERVE IS OFFERING ALL RATES

# \$20,000

ENLISTMENT BONUSES FOR NEW OR PRIOR SERVICE

## KNOW SOMEONE SEARCHING FOR THE NEXT OPPORTUNITY? DID YOU LEAVE RETIREMENT DOLLARS ON THE TABLE?

OPPORTUNITIES EXIST TO COMPLETE YOUR SERVICE IN MANY CASES IF YOU CAN COMPLETE 20 BEFORE AGE 60 NO MATTER HOW LONG YOU HAVE BEEN OUT.

INTERESTED IN KNOWING MORE? Email POCs below:

ALL PRIOR SERVICE OFFICERS FROM ANY SERVICE ARE ALSO ELIGIBLE FOR A \$10,000+ BONUS TO AFFILIATE AND WITH THE NAVY RESERVE

EMAIL POCs below:

CWO4 Mike Bess  
Prior Service Reserve Officer Recruiter  
Benefits Advisor for Military Veterans -  
Direct Commission Officers  
Navy Recruiting Reserve Command  
NRRC Yokosuka, Japan  
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ALTERNATE: +1 770-365-4199 WhatsApp/Sigal  
NPR michael.d.bess@us.navy.mil  
LinkedIn: <https://www.linkedin.com/in/cwo4mikebess/>



VNC Thomas Schmidt  
Reserve Benefits Advisor  
Prior Service Navy Recruiter  
NRRC Yokosuka, Japan  
thomas.f.schmidt@us.navy.mil  
Cell: +81 70 2470 3362 Japan



## Find Your Voice

2023  
DOD MWR LIBRARIES  
SUMMER READING PROGRAM  
at Military Installations Worldwide

[yokosukamwr.beanstack.org/reader365](http://yokosukamwr.beanstack.org/reader365)

**June 18 - August 5**  
Early registration has started!

\*Events require prior registration.

### Week 1

June 19

June 20

Virtual Story

10 a.m.

3:30 p.m.

June 22

Juneteenth Holiday - Closed  
Grab n' go rainbow kite craft  
"I Sang You Down from the Stars,"  
by Tasha Spilliet-Summer  
Kite decorating, bounce house, bubbles,  
and sidewalk chalk  
A butterfly craft to correlate with the book,  
"Dreamers," by Yuyi Morales  
Bouncing bubbles in the activity room Pop-up  
All crafts while supplies last.



### WEEK 2

June 26

June 28 - 10 a.m.

June 30 - 10 a.m.

June 30 - 3:30 p.m.

Grab n' Go Fourth of July foam frame  
"Not so Small," by Pat Zietlow Miller  
Paint & decorate a small wooden box  
STEM Balloon helicopters  
USA doorknob hanger craft kit  
All crafts while supplies last.



### WEEK 3

July 3

July 3 - 10 a.m.

July 6 - 10 a.m.

July 7

Grab n' Go Mini unicorn banner craft kit  
Virtual Story: "What if..." by Samantha Berger  
Paint a canvas banner  
Decorate a megaphone  
Paper cups & balloon phone Pop-up  
All crafts while supplies last.



### Week 4

July 10

July 12 - 3:30 p.m.

July 14 - 10 a.m.

Grab n' Go rainbow handprint sign craft kit  
Virtual Story: "My Rainbow," by Trinity &  
DeShanna Neal  
STEM wooden boat decorating  
Paint a rainbow ceramic box  
All crafts while supplies last.



### WEEK 5

July 17

July 18 - 3:30 p.m.

July 20 - 10 a.m.

Grab n' Go Sunny skies craft kit  
Virtual Story: "Giant Steps to Change  
the World," by Spike Lee & Tonya Lewis Lee  
Decorate a foam pennant  
STEM airplane  
All crafts while supplies last.



### WEEK 6

July 24

July 24 - 10 a.m.

August 2 - 10 a.m.

Grab n' Go Bumble bee footprint sign craft kit  
Virtual Story: "BEE," by Charlotte Voake  
Paint a wooden guitar  
Karaoke, hand puppets, and  
beaded name necklaces  
All crafts while supplies last.



Events are subject to change.



# Summer CAMP

June 12 to August 18 • 6 A.M. - 6 P.M.

Summer Camps will be held at all three SAC Centers

POC: Front Desk Operation Clerks

Each camp is held Monday through Friday beginning June 12 to August 18.

Request care on MilitaryChildCare.com.

### Week 1:

No pain, No Gain



### Week 2:

Gone Wild



### Week 3:

The Great Outdoors



### Week 4:

All Grown Up



### Week 5:

Space Adventures



### Week 6:

Crafty Creators



### Week 7:

Ready Player 1



### Week 8:

Wonder Around the World



### Week 9:

Under the Sea



### Week 10:

Hawaiian Luau



Sign up now!



For more details call Third Avenue SAC @ 243-3439,  
Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301



# TEEN CENTER

monthly trips



**Friday, July 7 • Tokyo Disneyland**  
Dep: 7 a.m. / Arvl: 11 p.m. • \$75

**Friday, July 14 • Fuji Q**  
Dep: 7 a.m. / Arvl: 9 p.m. • \$45

**Friday, July 21 • Sea Paradise**  
Dep: 9 a.m. / Arvl: 5 p.m. • \$65

**Friday, July 28 • Tokyo Summerland**  
Dep: 8 a.m. / Arvl: 9 p.m. • \$55

Teens must have a current CYP  
Registration packet.  
All teens will need yen for lunch.  
Snacks & bottled water permitted  
on the bus.

Go to [www.navywmryokosuka.com](http://www.navywmryokosuka.com)  
for the registration forms.  
Sign-ups must be made online at  
<https://myffr.navyaims.com/yokosukacyp.html>

**SCAN HERE**

To Register



REGISTRATION

To Pay



MY FFR

For more information, call 241-2098

or scan the QR codes to the right.







# BEAT THE HEAT!

# Summer

## POOL HOURS

(July 1 - August 20)

**EXTENDED HOURS\***

### GREEN BEACH POOL\*

Recreational & Lap Swim  
Monday, Tuesday, Friday, Saturday & Sunday • 11 a.m. - 6:30 p.m.  
Closed Wednesdays & Thursdays

### IKEGO POOL

Recreational Swim & Lessons  
Wednesday - Sunday • 10:30 a.m. - 6:30 p.m.  
Closed Mondays & Tuesdays

### PURDY INDOOR POOL

Lap Swim, Lessons and Command Reservations only.  
Monday - Friday • 6 a.m. - 2 p.m.  
Closed Saturdays & Sundays

For details, please call 243-5620 or 241-2945.



# ATHLETICS

# FIELD DAY

July 22 • 9 a.m. • Purdy Pavilion



**REGISTRATION FEE:**  
\$10/person

Get ready to team up, have fun and get wet!  
There will be Slip N Slide, Relay Games,  
Tug of War, and much more.  
And you guessed it, there will be running!

Teams and individuals are allowed.  
Pre-registration required. There will be no on-site registration.  
You can register online at MyFFR or at any MWR Fitness front desk.

Questions or concerns? Please call 241-4486.



PRESENTS

*LIVE!*  
*Comedy Night*  
*with*

Iliza  
Shlesinger

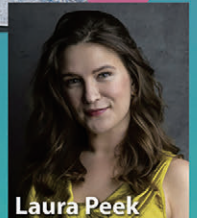


Hunter Hill

Fleet Theater  
July 21 • 7 p.m.

\*\*\*\*\*

Open to All Hands  
Free Event • 243-5215

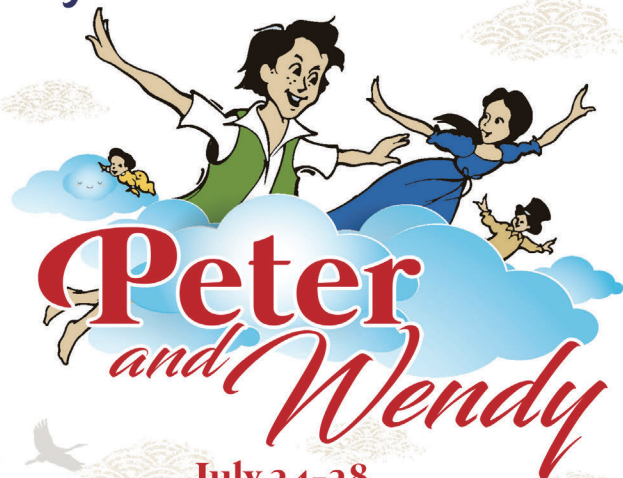


Laura Peek

★ Parents please be advised that some material may not be suitable for children.



Yokosuka Child & Youth Programs Present  
the Missoula Children's Theatre in . . .



**Peter**  
*and Wendy*

July 24-28

• KHS Little Theater

Open to youth entering 1st - 12th grades

Auditions: Monday, July 24 • Kinnick High School Little Theater • Promptly at 9 a.m.

Rehearsals: July 24 - 28. Times will vary depending on part.

Performances: Friday, July 28 • Kinnick High School Little Theater • TBA

Registration forms are available at all SAC locations, Child Youth Programs Administrative Office on the second floor of the MWR Building, and at the Kinnick High School Little Theater the day of auditions.

For more information call the Child & Youth Program Office at DSN: 243-4079 (046-816-4079).



Child and Youth Programs



MISSOULA  
CHILDREN'S  
THEATRE

A PRODUCTION OF MCT, INC.



# BEYOND THE GATE



## Kurihama Perry Festival July 15 (Saturday)

10 a.m. to 8 p.m. | Kurihama Area (1-minute walk from Keikyu Kurihama Station)

Kurihama Perry Festival commemorates the arrival of Commodore Matthew Perry on July 14, 1853. You'll be able to shop for local produce and knickknacks at the bazaar and enjoy stage events, while the fireworks show starts at 7:30 p.m. and sees around 3,500 fireworks – shot up at the beach (25-minute walk from Keikyu Kurihama Station).



## Kainan Shrine Festival July 15 (Saturday) - 16 (Sunday)

12:30 p.m. (July 15) to 11:30 p.m. (July 16) | Misaki Kainan Shrine and surrounding area (3-minute walk from Keikyu Misaki-Kou (Port) Bust Stop)

This shrine was built in 982 and has been designated as the UNESCO intangible Cultural Heritage site. This summer festival is the biggest event of the shrine, with lions and mikoshi crossing the streets of Misaki for the first time in four years.



## Brazil Festival 2023 July 15 (Saturday) - 16 (Sunday)

11 a.m. to 7 p.m. | Yoyogi Park Event Square (9-minute walk from JR Harajuku Station)

Embrace the spirit of Brazil in Tokyo at the Brazil Festival 2023. The Brazilian Festival features a number of Brazilian and Japanese bands and singers who introduce a variety of Brazilian music. There will be a number of booths introducing Brazilian food, food, goods and services at the venue, which will deliver the same atmosphere as Brazil. The 3rd Latin America Festival will also be held at Yoyogi Park Zelkova Street.



## Kawasaki Daishi Wind Chime Market

July 17 (Monday) - 23 (Sunday)

10 a.m. to 4 p.m. | Kawasaki Daishi (8-minute walk from Keikyu Kawasaki-daishi Station)

The Kawasaki Daishi Wind Chime Market is an annual event where makers from all over the country gather at Kawasaki Daishi. While wind chimes are a common sight during the summer festivals, the market at Kawasaki Daishi is on another scale. More than 30,000 wind chimes are on sale in all different shapes and sizes ranging from under ¥1,000 up to ¥5,000.



# NEWS AND NOTICES

## YOUR PCM MAY HAVE CHANGED

**Message from U.S. Navy Medicine Readiness and Training Command:** PCS season has arrived, some of your Primary Care Managers (PCM) may change. We understand that this news may come as a surprise and may raise concerns or questions within our military community. Please be assured that this decision was not made lightly and was taken after careful consideration of various factors, including the best interests of our patients and the need to maintain the standard of care we have consistently upheld. Our utmost priority remains the delivery of excellent healthcare services to our active-duty community. We understand that change can be unsettling, especially when it involves medical providers whom you have come to trust. We want to assure you that we are actively working to minimize any disruptions during this transition period. If you have any questions, please contact your provider through the Tricare Online Patient Portal. [www.tricareonline.com](http://www.tricareonline.com).

## BOOT DONATION DRIVE

We are in need of old tattered boots for our Bells Across America Navy Gold Star event on Sept. 21, 2023. Please bring them to the Community Readiness Center building 4th Floor room 405, or call 243-3372 to arrange a pick up by Sept. 1. Monday, Wednesday, Thursday, Friday: 8 a.m. to 4:30 p.m., Tuesday: 8 a.m. to 2:30 p.m.

## WALK-IN SPORTS PHYSICAL RODEO PEDIATRICS CLINIC

July 24 and 27	July 26
8 to 11 a.m. (Last walk-in at 10 a.m.)	8 to 11 a.m. (Last walk-in at 10 a.m.)
1 to 3 p.m. (Last walk-in at 2:30 p.m.)	

Morning appointments will be limited to 12 each day. Afternoon appointments limited to 10 each day. Parents must complete

the sports physical form before the walk-in appointment. Forms are available at USNMRTC Clinics, school nurses' office, or [https://yokosuka.tricare.mil/Portals/133/PPE-History-Form-\(English\)-rev.pdf](https://yokosuka.tricare.mil/Portals/133/PPE-History-Form-(English)-rev.pdf). All sports physicals are good for one year. Get in early to complete your child's sports physical prior to the start of the season. \*Non-enrolled patients may walk-in for these appointments. \*No other health conditions will be discussed at these visits.

## MINDFUL MOVEMENT WORKSHOP FOR ADULT PARTICIPANTS

Perfect for training and development day. After training, participants should expect a more relaxed state of mind and an increase in physical activity.

- When: Aug. 10, 10 to 11 a.m.
- Where: Hawk's Nest Gym

Register by emailing [yokosuka@redcross.org](mailto:yokosuka@redcross.org), or call 243-7490.

## MINDFUL MOVEMENT WITH KIDDOS

Come learn everyday movement, breathing and relaxing techniques. Free class for K-5 and their adult buddy.

- When: Aug. 10, 1:30 to 2:30 p.m.
- Where: Hawk's Nest

Register by emailing [yokosuka@redcross.org](mailto:yokosuka@redcross.org), or call 243-7490.

## VOLUNTEER NOW FOR THE AMERICAN RED CROSS

- Volunteer Appreciation Lead (Help us show love to our volunteers)
- Preparedness Training (Youth K-5th Grade)
- Red Cross Message Management (Support service members who have initiated a Red Cross Emergency Message)
- Hospital Volunteers (Scheduling appointments/admin; Nursing or other medical volunteering)
- Youth Engagement (Pillowcase Project, International Humanitarian Law)
- Social and Print Media (FaceBook, Twitter, Flyers, Posters)
- How to volunteer:

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the online training.
5. If you have any problems, Email: [yokosuka@redcross.org](mailto:yokosuka@redcross.org), or call 243-7490.

## COMPLETE A CONTACT CARD

One of the Red Cross's main missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you, or an immediate family member experience an emergency that requires you to request leave from your command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a Contact Card today to ensure your contact information is in the correct system before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis. Prepare today, complete a Contact Card!



## CONSTRUCTION AND CLOSURES

**F Street:** F Street will be closed for underground utility works from 8 a.m. to 5 p.m., July 24 to Aug. 4. Steel plates will cover excavation after working hours. E Street will be open to all traffic.

**G Street and Leahy Street:** Full road closure for underground utility works from July 18 to Feb. 28, 2025.

**Gridley Tunnel:** Gridley tunnel will close due to electrical utility works from 9 a.m. to 12 p.m. on July 29.

**Sampson Avenue:** Sidewalk will be closed partially until Nov. 30.

**Vandegrift Lane:** Full road closure until October 2025.

Commander Fleet Activities Yokosuka

@CFAY\_Japan

[yokosukareport@gmail.com](mailto:yokosukareport@gmail.com)

Commanding Officer: Capt. Les Sobol  
Command Master Chief: CMDCM Robert D. Beachy

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