FEB. 1, 2023

Volume 2 Issue 2



IN THIS ISSUE:

# GOLASHESAL U.S. ARMY

Lt. Gen. John S. Kolasheski

### A MESSAGE FROM V6 AND V7

Victory Team,

We started off this year strong! The Command Sergeant Major and I are proud to see our Soldiers continuing vital work around the Victory AOR. Our first major exercise of the New Year is rapidly approaching, and we're looking forward to continuing to strengthen our relationship with our NATO allies and partners and expand our warfighting capabilities and readiness.

This month we had a few changes to our team. We said goodbye to the 101st Division Sustainment Brigade and welcomed the 4th Division Sustainment Brigade. We're proud of their efforts and proud to serve alongside their superb leaders and Soldiers.

Lifeliners, thank you for your hard work and dedication ensuring V Corps success in Operation Assure, Deter and Reinforce.

Rough Riders, welcome to Europe and to the Victory team!

We need help from the whole team on a current initiative that means a lot to our Corps, our Army and indeed our national security. V Corps has implemented a more robust manning posture at Camp Kosciuszko, Poland, with one-year unaccompanied PCS assignments open to any Soldier interested in serving at the corps level.

Permanently assigned soldiers not only enjoy unrivalled professional growth opportunities but the chance to experience Poland and Eastern Europe with all their wonders in much greater depth than they can during rotational deployments. As proven performers who understand our mission and culture, we'd ask you to consider these opportunities for

yourselves and encourage fellow soldiers across the AOR to do the same.

Anyone interested in a one-year PCS tour in Poland should contact Corps strength management branch at this email for guidance and/or more information: usarmy.knox.v-corps.list.gl-strength-management-branch@mail.mil

It Will Be Done! Victory!

RAYMOND S. HARRIS Command Sergeant Major, U.S. Army V Corps Command Sergeant Major

Command Sgt. Maj. Raymond S. Harris

JOHN S.KOLASHESKI Lieutenant General, U.S. Army Commanding



#### **VICTORY TIMES**

Commanding General .......Lt. Gen. John Kolasheski
Command Sergeant Major ......CSM Raymond Harris
Chief of Staff......Col. J. Frederick Dente
HHBN Commanding Officer....Lt. Col. Jordan Bradford
HHBN Command Sergeant Major.....CSM William Staun

V Corps Public Affairs Room 6-2-023 1600 Spearhead Division Ave. Fort Knox, Ky. 40121 (502) 613-3883

This newsletter is published for the U.S. Army V Corps. Views and opinions expressed in the Victory Times are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Army, or V Corps. Victory Times is produced in accordance with AR 360-1 -- Department of the Army Public Affairs Program. Editorial content is gathered, prepared, edited and provided by the V Corps Public Affairs Office. All photos are property of the U.S. Army, unless otherwise credited.



BENJAMIN O. DAVIS, SR.
1940: 1st Black general officer in the Army and
U.S. Armed Forces



HAZEL JOHNSON-BROWN
1979: 1st Black Chief of the Army Corps and
1st Black female brigadier general



COLIN L. POWELL
1989: 1st Black Secretary of State and
1st Black Chairman of the Joint Chiefs of Staff
1st Black V Corps Commanding General, 1986-1987



**LLOYD J. AUSTIN, III 2021:** 1st Black Secretary of Defense



**369TH INFANTRY REGIMENT "HARLEM HELLFIGHTERS"**Spent 191 days on the front lines during World War I

90K

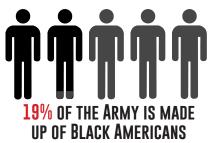
BLACK AMERICANS SERVE IN THE ACTIVE ARMY

52K

BLACK AMERICANS SERVE IN THE NATIONAL GUARD

39K

BLACK AMERICANS SERVE IN THE ARMY RESERVE



††††

OUT OF 3,534 MEDALS OF HONOR AWARDED, 93 WERE AWARDED TO BLACK SERVICE MEMBERS





6888TH CENTRAL POSTAL DIRECTORY BATTALION

1st & only all Black female unit deployed during World War II

#### UNIT IN THE SPOTLIGHT

## HISTORY IN THE MAKING



he Sabalauski Air Assault School Mobile Training Team from Fort Campbell, Kentucky, conducted the first multinational air assault training at the Romanian Air Base, Mihail Kogalniceanu, Romania, Jan. 21 - 31.

The air assault training is designed to teach students the basic knowledge of aircraft orientation, sling load operations and rappelling techniques that are used in the 101st Airborne Division (Air Assault), and for this training to share the air assault culture with our NATO allies and partners.

Over 150 students from the 101st Airborne Division (Air Assault), 1st Armored Division, The Land Army (France), Royal Netherlands Army, Slovak Armed Forces, and the Romanian Land Forces began Day Zero of the training in hopes to earn the coveted Air Assault badge.

"Phase one is where we set the tone for the students, and let them know they are in a learning environment," said Staff Sgt.

4 | Volume 2, Issue 2

Chase Williams, an Air Assault Instructor. "It is going to consist of several blocks of instruction in the classroom as well as physical events to challenge them and make sure they are ready for the challenges they are going to face in air assault training."

During the blocks of instruction some

topics that are covered are aircraft orientation, aircraft safety, air medical evacuation, combat assault and attack aviation call for fire.

"Air assault operations are significant because it helps us move people in and out of the battlefield quickly and efficiently," said Willams. "It also gives us the opportunity to use sling loads, to effectively keep Soldiers resupplied when they are out in the field."

The ability to move troops and supplies quickly is an essential part in preparation to win the future fight. To share this knowledge allows for a more lethal force when coupled with our partners and allies.

"I think the main goal of teaching our air assault culture to other countries is to



As air assault students move into phase two of the training the instruction takes its place outdoors where four stations consist of the 5K Cargo Net, A-22 Cargo Bag, M1097 High Mobility Multipurpose Wheeled Vehicle and M1102 high mobility trailer.

different."

"Phase two of air assault training consists of basic knowledge of sling load operation and the equipment we use, primarily hands-on," said Sgt. Tulshi Dahal, an Air Assault Instructor. "We teach them how to rig and inspect the load."

Sling loading equipment allows units to avoid any surface obstacles that may hinder them from reaching their destination promptly. It is also used to reach outlying areas where the use of convoys is impractical or impossible.

"Students will be tested on their knowledge of sling load operations, more

strengthen their lethality and enhance our ability disad to work alongside one another," said Williams.

For air assault students it is imperative to retain the knowledge they are given during this phase as it is built upon in the following phases. Although the information may be overwhelming, the students are able to study with one another and test each other on what they have learned.

"What they are trying to teach us is discipline, to work as a group, and focus on the small details," said Huub Alkema, Royal Netherlands Army. "The most challenging part is that there is so much information you need to take in, in just a few days. The most enjoyable thing is working with another country and learning from them and how they do trainings like this, in the Netherlands it's very specifically its advantages and disadvantages, items used during sling load operations, the roles of the units involved and inflight variables," said Dahal.

The end of phase sling load test that air assaults must complete consists of four common loads that are rigged with a total of four deficiencies. Students are given a two minute time limit to thoroughly inspect each load

"As the students enter phase three they will begin with a four-mile, 33-minute run," said Staff Sgt. Caleb Coops, an Air Assault Instructor.

"They will then transition into learning the basics of air assault repelling which consist of hip rappel seat instructions, the hookup process, and repelling from a 15-foot ramp, then a 65-foot tower and finally a rotary wing aircraft repel."

The students are given a test at the end of the phase that requires them to tie a swiss rappel seat in 90 seconds with no deficiencies and perform three rappels.

The training comes to a close as students conduct their 12-mile ruck march with a 35 pound ruck sack, and M4 Carbine. Of the 154 students who began, 88 have earned the right to wear the coveted Air Assault badge.

"Having the opportunity to attend the Sabalauski Air Assault School while forward deployed was a dream come true," said Capt. Delonte Monk, Headquarters and Headquarters Battalion, 101st Airborne Division (Air Assault).

For many of the students deployed that are stationed on Fort Campbell, this opportunity to take the training outside of the United States and alongside fellow coalition forces was something many could not pass up.

"Going into Company Command in the 101st, I knew it was important to tackle this challenging and rewarding training. Having our NATO Allies in this class has helped strengthen bonds and created many long lasting friendships," remarked Monk.



Victory Times | 5

#### A WORD FROM OUR CHAPLAIN

V Corps Chaplains Office

Renowned atheist and philosopher Frederick Nietzsche shared wisdom that can benefit us all: "He who has the why [to live] can bear almost any how."

Some readers may feel concern that a chaplain is using the words of an atheist to identify wisdom for healthy living. Allow me to clarify. This wisdom was also cited by Holocaust and Auschwitz survivor, Viktor E. Frankl. Frankl is the author of Man's Search for Meaning, with more than 16 million copies in print. He was also an accomplished psychiatrist before and after his years in Auschwitz. Humans, Frankl explained, require purpose; their lives must mean something. Without a purpose, without a sense of meaning, humans will lose hope and forfeit to despair. When a person loses hope, he or she is at risk for self-harm or suicide.

What is the source for meaning? How can we generate and nurture purpose? How can we avoid despair and hold fast to hope? While answers to these questions



will vary from person-to-person, what is true for all of us is intentionality. Whatever religious or philosophical tradition might guide each of us, none of us can afford to be casual when it comes to drawing upon our source of direction in life. To be our best selves, each of us must study, discuss, and practice our convictions—we must live according to our highest ideals.

Finally, to find and to maintain purpose in our lives, to build upon a foundation of hope, we must rely upon and trust one another. To achieve the V Corps mission and, even more, to live up to our highest ideals—we need one another.

(Your chaplains and religious affairs specialists remain engaged in your various places of duty. If you are struggling, reach out to us at any time—day or night.)

#### **RECOGNIZE THE SIGNS OF THOSE AT RISK**

If you or someone you know is experiencing any of these symptoms, there may be cause for concern. Seek professional guidance right away if you or your loved one, co-worker or friend is:

- Thinking about hurting or killing yourself, themselves or others
- Experiencing excessive rage, anger, or desire for revenge
- Seeking access to pills, weapons, or other means of harm
- Having feelings of anxiety, agitation, or hopelessness
- Talking or writing excessively about death, dying, or suicide
- Repeatedly reliving past stressful experiences

- Unable to sleep or sleeping all the time
- Experiencing uncharacteristic dramatic changes in mood or behavior
- Withdrawing from friends, family, or society
- Feeling there is no reason for living
- Engaging in significant alcohol or drug use
- Feeling trapped, like there is no way out
- Engaging in risky behavior, such as driving recklessly

6 | Volume 2, Issue 2 Victory Times