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ZERO. DRILL. THIRTY.

Train to fight!



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MOUNT VERNON

George Washington Sailors visit the first President's family home.



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BAKING THINGS HAPPEN

Look at all those cakes!



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PIN IT TO WIN IT!

Moving up in the ranks.



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SAILORS IN THE OUTFIELD

George Washington Sailors spend the day at an MWR-sponsored baseball game





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GIVING THANKS

Much Ado About Stuffin'



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LAUNCH 'EM

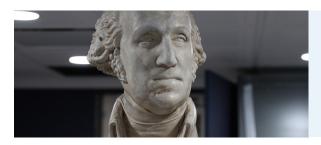
Letting the cat out of the bag!



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BUILD THE SHIP

On our grind!



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73 TURNS 30

Doesn't look a day over 20.



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WREATHS ACROSS AMERICA

George Washington Sailors engage with the community.



Commanding Officer Capt. Brent C. Gaut

Executive Officer Capt. William D. Mathis

Command Master Chief CMDCM (SW/SS/AW) Randy Swanson

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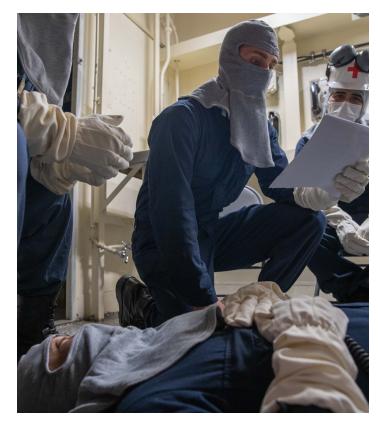
SAILORS ABOARD USS GEORGE WASHINGTON (CVN
73) UTILIZE A JUBILEE KIT TO PATCH A PIPE DURING A
GENERAL QUARTERS DRILL ABOARD THE SHIP IN NEWPORT
NEWS, VIRGINIA, OCT. 6, 2022. (U.S. NAVY PHOTO BY MC3
DAKOTA NACK)



BOATSWAIN'S MATE 2ND CLASS AMONTE K.
WILLIAMS, FROM FREDERICK, VIRGINIA, RIGHT,
AND BOATSWAIN'S MATE SEAMAN DEANDRE T.
CONVEYORS, FROM BATON ROUGE, LOUISIANA,
BOTH ASSIGNED TO DECK DEPARTMENT ABOARD
USS GEORGE WASHINGTON (CVN 73), CONDUCT LINE
HANDLING TRAINING IN THE FORECASTLE ABOARD THE
SHIP IN NEWPORT NEWS, VIRGINIA, OCT. 4, 2022. (U.S.
NAVY PHOTO BY MC3 SHANICE MCNULTY)



CHIEF MASTER AT ARMS JOHN K. VITRON, FROM SEASIDE, OREGON, ASSIGNED TO THE SECURITY DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN73), SUPERVISES A LIVE-FIRE EXERCISE AT THE CHEATAM ANNEX RANGE, IN YORKTOWN, VIRGINIA, AUG. 11, 2022. (U.S. NAVY PHOTO BY MC3 GRANT GORZOKOWSKI)



AIRMAN LUKE O'MALLEY, CENTER, FROM BRIAR COUNTY, FLORIDA, ASSIGNED TO THE MEDICAL DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), CONDUCTS EMERGENCY MEDICAL RESPONSE TRAINING DURING A GENERAL QUARTERS DRILL IN NEWPORT NEWS, VIRGINIA, MARCH 17, 2022. (U.S. NAVY PHOTO BY MCSN JACK LEPIEN)



YEDMAN 2ND CLASS (SW/AW) NAMIB M. BAREGU, FROM NEW HAVEN, CONNECTICUT, ASSIGNED TO THE COMBAT SYSTEMS DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), HANDLES A HOSE DURING A GENERAL QUARTERS DRILL WHILE THE SHIP IS CONDUCTING A SIMULATED AT-SEA TRAINING EXERCISE IN NEWPORT NEWS, VIRGINIA, MARCH 17, 2022 . (U.S. NAVY PHOTO BY MCSN CORBIN HAGMAN)





HOME OF AMERICA'S FIRST PRESIDENT

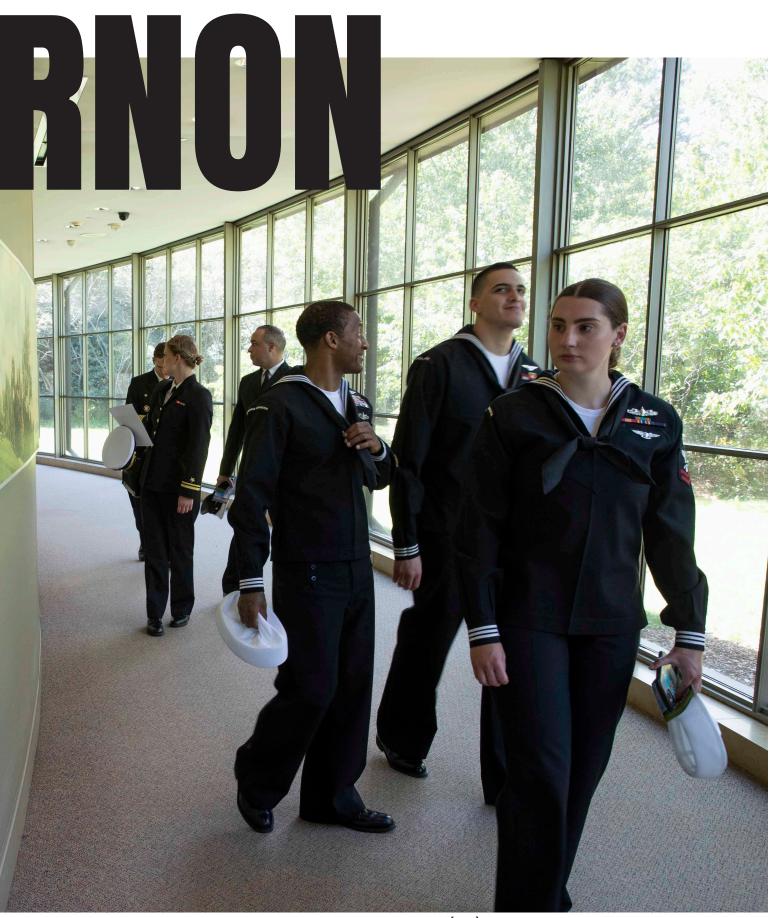
PHOTOGRAPH: MC2 ROBERT J. STAMER STORY: LTJG CAROLINE LEYA

A SELECT NUMBER OF SAILORS assigned to the Nimitz-class aircraft carrier USS George Washington (CVN 73), along with the ship's commanding officer Capt. Brent Gaut, participated in a customized tour of Mount Vernon, George Washington's family estate, Sept. 14.

Among the Sailors chosen for the event were several Spirit of Freedom award winners, as well as various crew members selected as Sailor of the Quarter and Sailor of the Year. The tour route included different stops around the grounds of Mount Vernon, including the special additions of climbing to the top of the main building's famed cupola, and viewing centuries-old documents belonging to Washington in the private vault of the estate research library.

The participants derived meaning from different aspects of the tour, with Interior Communications Specialist 2nd Class Emma Dolata noting that the personal responsibility and accountability of Washington stood out to her.





SAILORS ASSIGNED TO THE NIMITZ-CLASS AIRCRAFT CARRIER USS GEORGE WASHINGTON (CVN 73) TOUR THE MOUNT VERNON MUSEUM AND EDUCATION CENTER DURING A TOUR OF MOUNT VERNON ESTATE, VIRGINIA, SEPT. 14, 2022.

"He took so much pride and care in his home even after all the big things he did," she said, touching on the fact that farming and cultivating were near to Washington's heart. "Anyone could have done it for him but he woke up early each morning to take care of his farm and do rounds on the land."

Gaut was impressed by the work of the Mount Vernon Ladies' Association, a group of women that saved the estate from falling into ruin in the mid-19th century, and the organization that controls the property to this day.

"It's an extraordinary story, their bravery in purchasing the land to save it, and the work they've done to maintain and preserve the President's home and part of his legacy."

The tour included a meeting with the Mount Vernon Ladies'
Association chief executive officer Dr. Douglas Bradburn, who Gaut

"He was 'first in war, first in peace, first in the hearts of his countrymen'."

presented with a flag flown aboard the USS George Washington.

Bradburn acknowledged the profound connection between Washington and the ethos of the modern United States military.

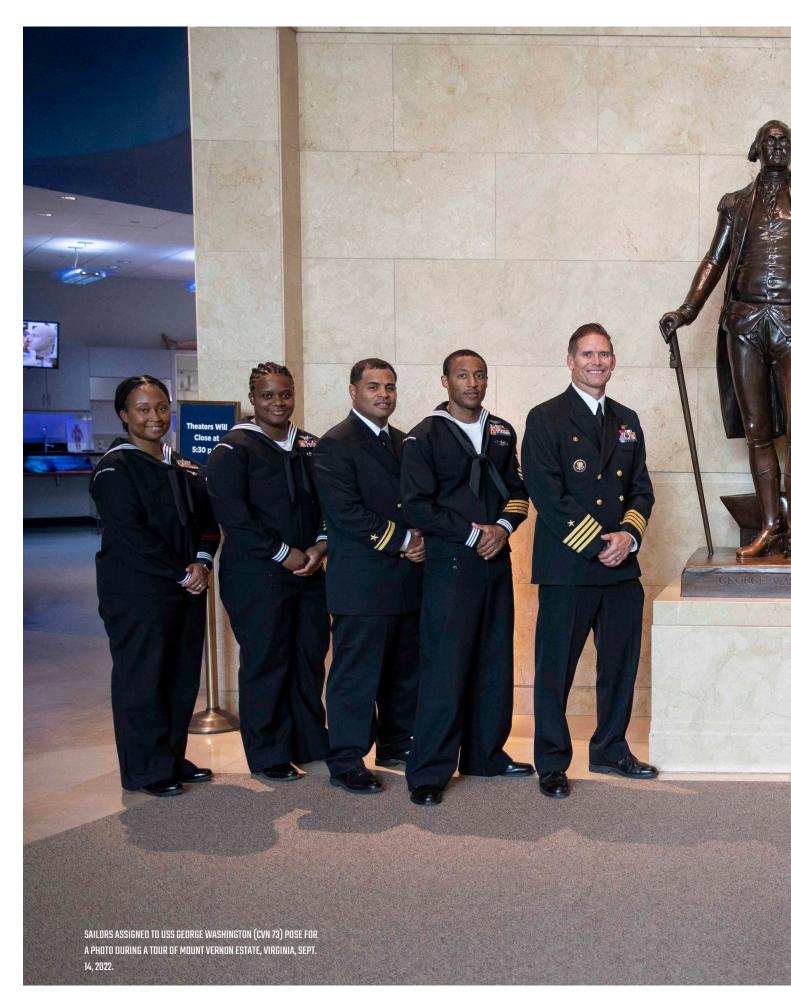
"Washington is the father of the American military....the idea that civilians control the military, that the [United States] military is the highest-educated military in the world, that all comes from George Washington's vision itself."

"He was 'first in war, first in peace, first in the hearts of his countrymen'."

USS George Washington is undergoing refueling and complex overhaul (RCOH) at Newport News Shipyard. RCOH is a multi-year project performed only once during a carrier's 50-year service life that includes refueling the ship's two nuclear reactors, as well as significant repairs, upgrades, and modernization. The USS George Washington motto is "First in war, first in peace".









BAKING THINGS HAPPEN

PHOTOGRAPHS: GWM PRODUCTIONS

Culinary Specialists aboard USS George Washington bake, decorate and serve cake almost every month on the ship to celebrate holidays, birthdays, and special events. This year, they made almost two dozen giant cakes to serve to the crew, every one of them beautifully designed. In the process, they used 84 cans of cake mix, 336 eggs, and 23,100 portions of icing to total more than 1,470 pounds of cake. Thanks to the Culinary Specialists for adding some sweetness and ceremony to our days!































HBD USSGW The USS GW TURNS 30! GO TO PAGE 34 TO LEARN MORE!





OUR DIVERSITY MAKES US STRONGER JUNE MARKS THE CELEBRATION OF PRIDE MONTH.



CAN'T FLY WITHOUT SUPPLY GW CELEBRATES THE SUPPLY CORPS' 227TH BIRTHDAY.



ON WATCH 24/7 FOR 247 YEARS HERES TO 247 MORE YEARS!





PINIT TO W

MOVING UP IN THE RANKS



What a Year for promotions and accolades! In addition to LSC Romeika Dillingham, one of our own, being selected as Commander, Naval Air Force Atlantic Sailor of the Year, George Washington saw hundreds of Sailors be promoted to the next rank. Dozens of new Chiefs were also forged during an intense Chief Season. We couldn't be prouder of all these sensational Sailors, and we know they will wear their new rank well.

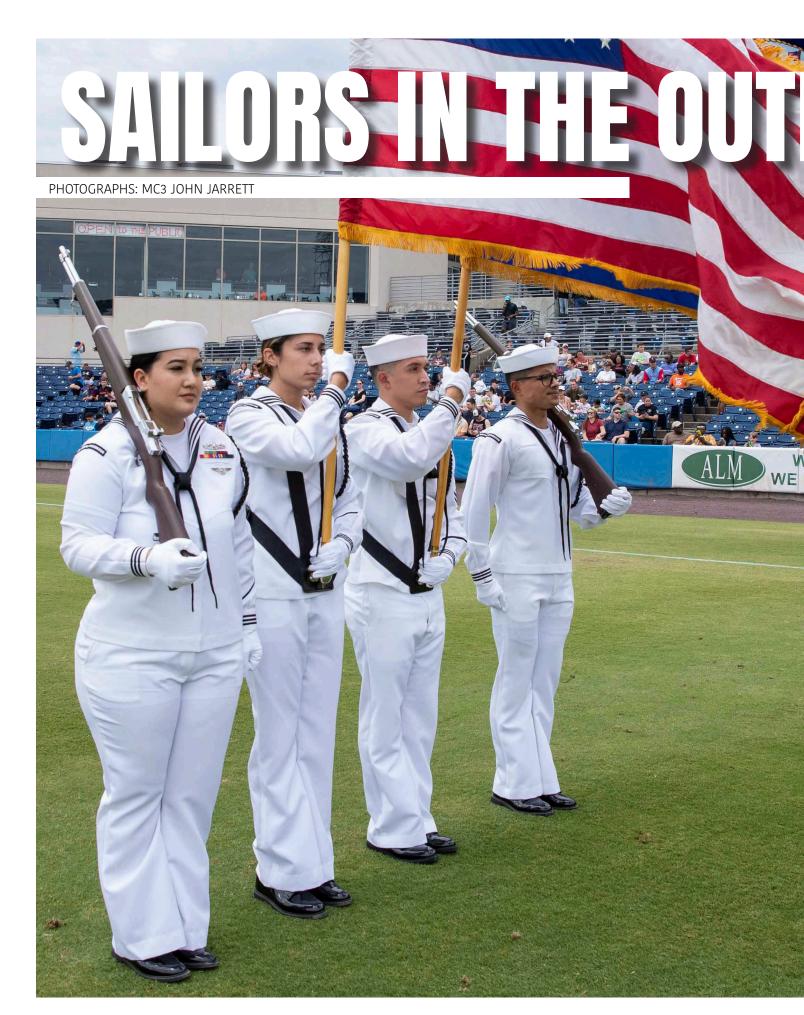






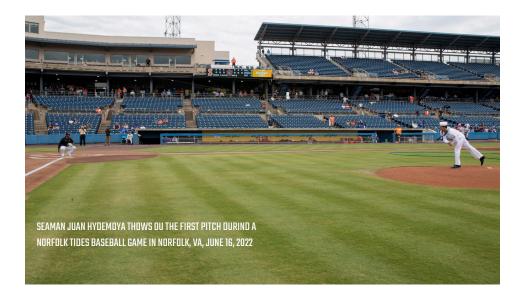








PLAY BALL! ON JUNE 16 GEORGE WASHINGTON SAILORS enjoyed an MWR-sponsored outing to see the Norfolk Tides play at Harbor Park. Sailors got to see a fantastic opening display by the George Washington Color Guard, including a rendition of the National Anthem by Aviation Boatswain's Mate (Handling) Jason Hausman. Bluejacket of the Year Seaman Juan Hydemoya participated by throwing out the first pitch. The event provided some much needed rest and recovery and served as a great kick-off to a busy summer.











CULINARY SPECIALIST SEAMAN ALEX ARMENDARIZ, FROM FAIRFIELD, CALIFORNIA, ASSIGNED TO SUPPLY DEPARTMENT, WASHES GRAPES FOR THE THANKSGIVING DINNER IN THE AFT MESS DECKS ONBOARD THE SHIP IN NEWPORT NEWS, VIRGINIA, NOV. 24, 2022. (U.S. NAVY PHOTO BY MC2 AISLYNN HEYWOOD)



CULINARY SPECIALIST SEAMAN RECRUIT IMANI MURPHY, FROM ST. LOUIS, ASSIGNED TO SUPPLY DEPARTMENT, PREPARES FOOD FOR THE THANKSGIVING DINNER IN THE AFT MESS DECKS ONBOARD THE SHIP IN NEWPORT NEWS, VIRGINIA, NOV. 24, 2022. (U.S. NAVY PHOTO BY MCSA LUCAS HASTINGS)



CULINARY SPECIALIST SEAMAN ALEX ARMENDARIZ, FROM FAIRFIELD, CALIFORNIA, ASSIGNED TO SUPPLY DEPARTMENT, PREPARES FOOD FOR THE THANKSGIVING DINNER IN THE AFT MESS DECKS ONBOARD THE SHIP IN NEWPORT NEWS, VIRGINIA, NOV. 24, 2022. (U.S. NAVY PHOTO BY MCSA LUCAS HASTINGS)



CULINARY SPECIALIST 2ND CLASS SHAMARI T. REAMS, FROM DOTHAN, ALABAMA, SERVES FOOD TO FAMILIES IN THE AFT MESS DECKS ONBOARD THE SHIP IN NEWPORT NEWS, VIRGINIA, NOV. 24, 2022. (U.S. NAVY PHOTO BY MC3 SHANICE MCNULTY)



LT ELIZABETH MCNAUGHT OBSERVES THE LAUNCH OF CATAPULT ONE ON THE FLIGHT DECK OF USS GEORGE WASHINGTON, FEB. 9, 2022. (U.S. NAVY PHOTO BY MC3 STEPHEN SULLINS)



CATAPULT ONE LAUNCHES SUCCESSFULLY FOR THE FIRST TIME SINCE 2017 ONBOARD THE FLIGHT DECK OF USS GEORGE WASHINGTON, FEB. 9, 2022. (U.S. NAVY PHOTO BY MC3 STEPHEN SULLINS)







Starting last February, V-2 division successfully completed a total of 133 no-load launches on all four catapults. Additionally, jet blast deflector testing was conducted across the flight deck. These achievements were big wins for air department, and for the ship as a whole. There's nothing like getting closer to what we are meant to do aboard George Washington: safely launch and recovery.



BULDIFESHP

PHOTOGRAPH: GWM PRODUCTIONS OUR INCREDIBLY HARDWORKING SAILORS put time into building the ship every single day. Their diligence resulted in the near-completion of topside work affiliated with RCOH during this past year. More and more spaces have been closed out, and departments are taking back additional spaces every week. Keep at that grinding, wrench-turning, lagging and painting. It will pay dividends in the (very) near future! FIREMAN MICHAEL A. MARTINEZ, ASSIGNED TO ENGINEERING DEPARTMENT USS GEORGE WASHINGTON (CVN 73), USES A CIRCULAR SAW TO DETACH AN OLD CO2 FIRE EXTINGUISHER BRACKET ON THE SHIP, FEB. 28, 2022. (U.S. NAVY PHOTO BY MCSN CORBIN HAGMAN)



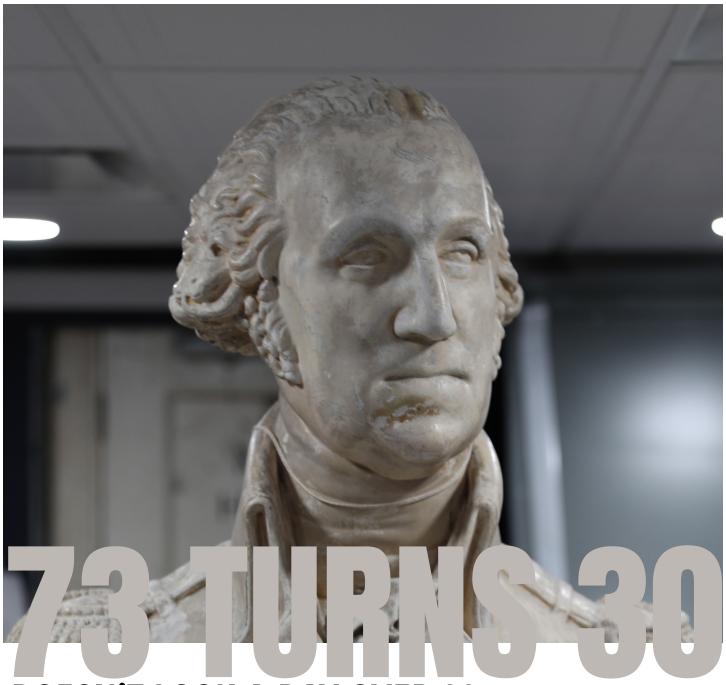
MACHINERY REPAIRMAN 3RO CLASS ELIJAH E. STOCKARD, FROM AIRVILLE, PENNSYLVANIA, LEFT, ASSIGNED TO THE ENGINEERING DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), CONDUCTS TRAINING ON UTILIZING A LATHE FOR MACHINERY REPAIRMAN FIREMAN MADELYNN I. HAYNES, FROM NEW PALTZ, NEW YORK, IN THE MACHINE SHOP, AUG 15, 2022. (U.S. NAVY PHOTO BY MC3 STEPHEN SULLINS)



PERSONNEL SPECIALIST 3RD CLASS IAN M. PETERSON, FROM VERO BEACH, FLORIDA, ASSIGNED TO THE ADMINISTRATION DEPARTMENT ABOARD USS GEORGE WASHINGTON, CONDUCTS MAINTENANCE ON AN ARMORED BALLISTIC DOOR ON THE SHIP, AUG. 19, 2022. (U.S. NAVY PHOTO BY MC3 STEPHEN SULLINS)



AIRMAN CALVIN L. TORAN-SANDLIN, FROM FALMOUTH, MASSACHUSETTS, ASSIGNED TO AIR DEPARTMENT ABOARD USS GEORGE WASHINGTON, INSPECTS A LADDER WITH A MAGNET TO DETERMINE IF IT IS FERROUS DURING LADDER MAINTENANCE ON THE SHIP, FEB. 2, 2022. (U.S. NAVY PHOTO BY MC2 ROBERT STAMER)



DOESN'T LOOK A DAY OVER 20

PHOTOGRAPH: MC2 JENNIFER NEWSOME STORY: GWM PRODUCTIONS

USS GEORGE WASHINGTON (CVN 73) celebrated 30 years of service since its commissioning July 4. The ship was named after America's first president, who believed in the necessity of a strong Navy.

Crew members, from those who served during the commissioning to those who participated in the many deployments spanning the world's oceans, joined the celebration from near and far as they recalled their service aboard the Navy's sixth Nimitz-class aircraft carrier.

"We say thank you to our crew past and present from our plank owners who first took our warship

to sea, to our resilient warfighters here on George Washington today," said Capt. Brent C. Gaut, George Washington's commanding officer. "The years since our warship's commissioning represent not only the days of hard work and dedication put in by all who have served on board, but also stands as a solemn marker of the joys, struggles, sweat, and at times even the tears of every crew member who has crossed the brow."

In a response to a social media post encouraging plank owners to share their fondest memories from the ship, plank owner Aviation Machinist's Mate

2nd Class Kent B. Dave, who served aboard George Washington from 1991 to 1994, said his proudest moment is seeing his son serve aboard the same vessel 25 years after he did.

Plank owner Data Systems Technician 2nd Class Todd Meyer shared in his response to the post that his fondest memory from his time aboard was during the ship's maiden deployment.

Just two years after commissioning, George Washington set out on her maiden deployment where she served as the backdrop off Portsmouth, England, for the 50th anniversary of the D-Day commemoration ceremony, before deploying to respond to rising tensions between Iraq and Kuwait in the Middle East. Between the years 1993 and 2000, the ship conducted several deployments throughout the 5th and 6th Fleet areas of

successes would have been possible without the men and women who swore an oath to protect our nation no matter where the ship was deployed."

Throughout 2009, George Washington went underway in the Pacific and Indian Oceans several times and participated in different operations with allied navies. In 2010, the ship conducted operations with the Republic of Korea's navy and air force in the Sea of Japan.

Following the 2011 earthquake and tsunami in Fukushima, Japan, George Washington left Yokosuka as a precautionary measure to ensure sustained readiness in support of Japan and to assist in disaster relief efforts. In 2013, the ship and air wing deployed to the Philippines after Typhoon Haiyan to expand search and rescue operations, provide medical care, and deliver supplies using its

"When you look at what this ship has accomplished in its first 30 years, you have to look at each Sailor, who at every significant milestone in the ship's history has left behind a legacy that we carry on today,"

-Command Master Chief Christopher R. Zeigler (USSGW CMDCM 2020-2022)

responsibility (AOR).

In September 2001, George Washington was deployed to New York City to provide air defense following the September 11 terrorist attacks. A piece of steel from the fallen Twin Towers remains on display in the Chiefs Mess as a solemn reminder of the ship's contribution to the nation's security. George Washington also had roles in the post-9/11 War in Afghanistan and the War in Iraq, participating in Operation Enduring Freedom in 2002 and Operation Iraqi Freedom in 2004.

In 2008, George Washington, with Carrier Air Wing 17 (CVW-17) and Carrier Strike Group Eight embarked, departed Norfolk for its new home port of Yokosuka, Japan, to become the first nuclear-powered aircraft carrier to be forward-deployed. During the same trans-Pacific voyage, tragedy struck as a fire broke out aboard the ship. George Washington was redirected to San Diego following firefighting efforts at sea to undergo repairs. The ship departed San Diego in August and arrived in Yokosuka in September.

"When you look at what this ship has accomplished in its first 30 years, you have to look at each Sailor, who at every significant milestone in the ship's history has left behind a legacy that we carry on today," said Command Master Chief Christopher R. Zeigler. "None of the ship's many

embarked helicopters.

In July 2015, George Washington participated in Talisman Sabre, an exercise that involved around 30,000 U.S. and Australian service members. Defense forces from New Zealand and Japan also took part in the exercise for the first time.

The ship then transited back to San Diego to complete the first-ever three-carrier hull swap involving approximately 9,000 Sailors and the carriers USS Ronald Reagan (CVN 76) and USS Theodore Roosevelt (CVN 72). After departing San Diego en route to Virginia, George Washington was diverted to serve alongside the hospital ship USNS Comfort (T-AH-20) to provide humanitarian relief to Haiti after Hurricane Matthew.

George Washington entered dry dock at Newport News Shipbuilding in August 2017 to commence Refueling and Complex Overhaul (RCOH), becoming the sixth Nimitz-class carrier to undergo this major mid-life milestone. After years of upgrades, refurbishments, and testing, the ship is scheduled to complete RCOH in 2023.

"Thirty years is a huge milestone in a warship's history, but for George Washington, it's just the beginning of our next chapter," said Gaut. "The crew onboard George Washington today look forward to completing our shipyard period and getting our warship back out to sea to protect and serve this

WREATHS ACROSS AMERICA

SEVERAL SAILORS TOOK PART IN WREATHS ACROSS AMERICA DAY

Dec. 17, 2022 at Hampton National Cemetery, helping to decorate

tombstones of fallen service members with holiday wreaths.

PHOTOGRAPHS: MC1 MARC CUENCA, MC3 NICHOLAS RUSSELL



HOSPITALMAN CHARLENE J. PERALTA, LEFT, FROM DETROIT, MICHIGAN, ASSIGNED TO MEDICAL DEPARTMENT ABDARD THE NIMITZ-CLASS AIRCRAFT CARRIER USS GEORGE WASHINGTON (CVN 73), LAYS WREATHS ON THE GRAVES OF MILITARY SERVICEMEMBERS FOR WREATHS ACROSS AMERICA AT HAMPTON NATIONAL CEMETERY IN HAMPTON, VIRGINIA, DEC. 17, 2022. (U.S. NAVY PHOTO BY MCI MARC CUENCA)



HOSPITALMAN 3RD CLASS VIRGINIA T. RIOSBONILLA, RIGHT, FROM OCEAN SPRINGS, MASSACHUSETTS, ASSIGNED TO MEDICAL DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), LAYS WREATHS ON THE GRAVES OF MILITARY SERVICEMEMBERS FOR WREATHS ACROSS AMERICA AT HAMPTON NATIONAL CEMETERY IN HAMPTON, VIRGINIA, DEC. 17, 2022. (U.S. NAVY PHOTO BY MCI MARC CUENCA)



COMMUNITY VOLUNTEERS GATHER TO LAY WREATHS FOR WREATHS ACROSS AMERICA AT HAMPTON NATIONAL CEMETERY IN HAMPTON, VIRGINIA, DEC. 17, 2022. (U.S. NAVY PHOTO BY MC3 NICHOLAS RUSSELL)

AGW HOLIDAY SPECIAL

PHOTOGRAPHS: MC2 AISLYNN HEYWOOD

CULINARY SPECIALISTS PREPARED a festive Christmas Day dinner for Sailors and their families, giving the chance for crew members to share a memorable holiday meal with friends and loved ones.



ELECTRONICS TECHNICIAN SECOND CLASS JANINE KEYES, ASSIGNED TO COMBAT SYSTEMS DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), POSE FOR A PHOTO WITH HER FAMILY DURING A HOLIDAY DINNER ABOARD THE SHIP, DEC. 25, 2022.



AIR TRAFFIC CONTROLLER 3RD CLASS ALEXANDER W. BRANAMAN, RIGHT, FROM REMLAP, ALABAMA, AND AIRMAN WILL BAKER, FROM DALLAS, BOTH ASSIGNED TO SUPPLY DEPARTMENT ABOARD USS GEORGE WASHINGTON (CVN 73), SERVE FOOD DURING A HOLIDAY DINNER ABOARD THE SHIP, DEC. 25, 2022.



COMMAND MASTER CHIEF RANDY SWANSON, LEFT, FROM OTTAWA, ONTARIO, AND WILLIAM MATHIS, FROM VALPARAISO, INDIANA, THE EXECUTIVE OFFICER ABOARD USS GEORGE WASHINGTON (CVN 73), CUT THE CAKE FOR A HOLIDAY DINNER ABOARD THE SHIP, DEC. 25, 2022.



SAILORS ASSIGNED TO USS GEORGE WASHINGTON (CVN 73) POSE FOR A PHOTO BEFORE EXCHANGING GIFTS DURING A HOLIDAY DINNER ABOARD THE SHIP, DEC. 25, 2022.



















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