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THURSDAY, JULY 2, 2020

Maj. Gen. James F. Glynn takes command at **Marine Forces Special Operations Command**



Marine Raiders bid farewell to Maj. Gen. Daniel D. Yoo and welcome Maj. Gen. James F Glynn during a change of command ceremony on Marine Corps Base Camp Lejeune, June

care, people of concern that

the globe. MARSOC maintains a continuous deployed presence in the areas of operations for U.S. Indo-Pacific Command, U.S. Central Command and U.S. Africa Command.

"We have lots of stuff in the Marine Corps three Divisions, three Wings, three Logistics groups. We have one MARSOC, it is that unique," said Gen. David H. Berger, 38th Commandant of the Marine Corps and the senior officer presiding over the ceremony. "There is no part of the globe that this command does not operate in," going on to explain how much the organization provides the service. "We get back so much from MAR-SOC in the Marine Corps, in equipment, in training... the most that we are going to

draw from MARSOC in the next couple of years, is not a technique, it's not a weapon and it's not a radio. It is the focus on the individual." Also in attendance were

Gen. Richard D. Clarke, the commander of U.S. Special Operations Command, previous commanders of MARSOC, and various dignitaries from the local government, as well as the Marine Corps and interagency

"When I think of MAR-SOC, I always think of SO-COM's Sparta. When you look at this force, it is 2% of our budget from SOCOM, 6% of our manpower, conducting over 10% of SO-COM's missions globally. It's a great payback for what we put into it. Much of it is the human capital invested...the great Marines represented out here on the field," said Clarke.

Yoo departs the command after two years leading the organization. During his time commanding MARSOC, Yoo drove the implementation of MARSOF 2030, the vision document designed to shape and inform the next decade of acquisitions, capability development, and operations for the command. In the same vein, he merged the G-5 Plans Directorate, and the G-8 Requirements Directorate, creating the Combat Development and Integration Directorate to continue expanding MAR-SOC's role beyond the traditional battlespace. Yoo directed the establishment of MARSOC's Cyber Integration Working Group to build the command's future cyber

Yoo, right, passes the battle standard to Glynn, left, during the ceremony. capability and implemented the annual Cognitive Raider Symposium to increases awareness and critical thinking of key issues facing the Department of Defense and Special Operations Forces.

"As a commander, your time is fast, and as the commandant eluded to, we are the caretaker of the organization and the organization is a reflection of the individuals," said Yoo. "From the moment you take the colors as a commander, you hope you can move the organization forward and that the things you do will have lasting impacts. It has been a life time of honors to be a part of these different formations, but to conclude with you all here at MARSOC, makes me very, very grate-

BY GUNNERY SGT. LYNN **KINNEY** MARSOC

Marine Forces Special Operations Command hosted a change of command ceremony on Marine Corps Base Camp Lejeune, June 26, as the Marine Raiders bid farewell to Maj. Gen. Daniel D. Yoo and welcomed Maj.

Glynn returns to MAR-SOC to serve as it's eighth commander, having previously served as the commanding officer of the Marine Raider Training Center from 2011-2013.

Gen. James F. Glynn.

"You don't get too many opportunities to come back to a unit," said Glynn, "but when you come back, you stand among giants... people of character, people who

SPMAGTF-SC conducts

transcends the operational mission. It is personal." Glynn summarized his feelings about taking command in three words. "Pride, at the opportunity to come back to this formation and have the opportunity to stand amongst you. Humility at the opportunity to command in an organization like this. And some would call it a burden of command. It is actually a privilege to have

As the MARSOC commander, Glynn will be responsible for manning, training and equipping Marine Raiders for deployments in support of special operations missions across

the opportunity to be a part

of and to contribute to all

the great things that this

force and its families do."

Camp Lejeune to host 4th of July 21-Gun Salute



Pfc. Theo Cocco, a combat engineer with Special Purpose Marine Air-Ground Task Force - Southern Command, provides security around a blast site during a field training exercise at Camp Lejeune, North Carolina, June 11, 2020. The FEX provides the Marines and Sailors of the SPMAGTF-SC the opportunity to stay proficient with their equipment and refine their tactical skill sets.



Marines with SPMAGTF-SC provide security around a blast site. SPMAGTF-SC is prepared to deploy from Camp Lejeune, North Carolina, to the Latin American and Caribbean region where they will work and train alongside partner nation militaries, and also serve as a crisis response force.



U.S. Marines with Battery C, 1st Battalion, 10th Marine Regiment, 2nd Marine Division, commemorate America's Independence Day with a 21-gun salute at William Pendleton Thomas Field on Marine Corps Base Camp Lejeune, North Carolina, July 4, 2019. This year's salute will be rendered by 1/10's Battery A at noon

BY STAFF SGT. JENNIFER **POOLE**

Marine Corps Installations - East

In accordance with U.S. Naval Regulations, a 21gun salute will be rendered by Alpha Battery, 1st Battalion, 10th Marine Regiment, 2nd Marine Division at noon, July 4, at William Pendleton Thompson Hill Field on Camp Lejeune in observance of Independence Day, marking America's 244th birthday. During the salute, the guns are

discharged at five-second intervals 21 times. Traffic along Holcomb Blvd. and McHugh Blvd. in the vicinity of John A. Lejeune Hall will be halted until the gun salute is complete. Members with base access are invited to attend the

ceremony, but are reminded to follow COVID-19 mitigation measures by maintaining social distancing, wearing face coverings when unable to maintain social distancing, and avoid gathering in groups of 10 or more.

2nd Transportation Support Battalion welcomes new commander



U.S. Marine Corps Lt. Col. Randall White, incoming commanding officer of 2nd Transportation Support Battalion, left, receives the battalion colors from Lt. Col. John Baker, outgoing commanding officer of 2nd TSB, during a change of command ceremony.



U.S. Marine Corps Col. David Mills, commanding officer of Combat Logistics Regiment 2, center, awards Lt. Col. John Baker, outgoing commanding officer of 2nd Transportation Support Battalion, the Legion of Merit at Camp Lejeune, June 25. During the ceremony, Lt Col. White assumed command of 2nd Transportation Support Battalion, Combat Logistics Regiment 2, 2nd Marine Logistics Group.



U.S. Marines with Combat Logistics Battalion 8, Combat Logistics Regiment 2, 2nd Marine Logistics Group, partake in a simulated population control evolution during CLB-8's battalion field exercise on Camp Lejeune, June 25. The battalion's mission is to showcase events pertaining to their real world capability and further the "always ready mentality."

The following businesses are designated by the base commander as "off-limits"

CAMP LEJEUNE REGION:

Atheas Attics at 420 Eastwood Rd., Wilmington. Bell Auto Salvage II at 136 Abbits Branch Rd., Hubert. Best Exxon at 2945 Richlands Highway, Jacksonville. Club Phoenix at 209 East 5th St., Greenville.

Dash-In at 1316 Hargett St., Jacksonville. Drive Thru Mini Mart at 2729 Commerce Road, Jacksonville. D's Drive Thru (AKA: Raul's Drive Thru) at 226 Wilmington Highway, Jacksonville.

D's Quick Mart at 2840 Highway 258 West, Richlands. Expressions at 419 South College Rd., #39, Wilmington. Express Way at 1261 Gum Branch Rd., Jacksonville. Golden Dragon (AKA) Tokyo Asian House at 1850 Wilmington Highway, Jacksonville.

Highlands Tobacco aka Piney Green Tobacco at 835 Piney Green Road, Jacksonville. Highway 24 Tobacco at 1448 West Corbet Ave. Jacksonville.

Hubert Tobacco at 393 Hubert Blvd., Hubert. J&N Grocery at 1142 Beulaville Highway, Richlands. Karen Huffman's Cleaning Jacksonville. King's Tobacco Drive Thru at 1796 Gum Branch Rd.,

Laird's Auto and Truck Repair (U-Haul Rental) at 1197 Piney Green Rd., Jacksonville.

MB Super Discount at 800 Shipyard Blvd., Wilmington. Moe's Mart at 2105 Belgrade-Swansboro Rd., Maysville. Nash Market at 237 New River Drive, Jacksonville.

OJ's Tobacco and Vapor at 8900 Richlands Highway, Richlands. One Stop Shop at 501 Corbin St., Jacksonville.

*Precision Motor Sports at 1321 Lake Cole Road, Jacksonville. Price is Right Lawn Design in Jacksonville.

Reid's Mart at 461 Hubert Blvd., Hubert.

Jacksonville.

Sahara Hookah Lounge at 917 North Marine Blvd., Jacksonville. Saint Thomas Custom Homes at 3560 McArthur Rd.,

Smart Buy at 375 Jacksonville Mall

Jacksonville. (currently not open, but has history of reappearing) Speedy's Drive Thru at 357 Henderson Drive, Jacksonville. Sun House Vapor and Tobacco at 2840 Richlands Highway, .Jacksonville

Super-Fast Drive Thru Mini Mart at 1005 North Marine Blvd., Jacksonville

Tobacco at 521 Yopp Rd., Unit 106, Jacksonville. Tobacco Leaf at 343K Western Blvd., Jacksonville. Triple C Diesel Performance and Mobile Repair

Veterans Affairs Service Jacksonville. (This is a private organization not affiliated with the Department of Veterans Affairs, VA Outpatient Clinic, nor Onslow County Veteran Services.)

MCAS CHERRY POINT AREA:

602 Richlands Highway, Jacksonville

98 Cent Only Store (Big Daddy) Wesley's Grocery Coastal Smoke Shop

Expressions Friday's Night Club (AKA: Club Insomnia, Club Classics,

Infinity Lounge) Flyers at 400 Fontana Blvd., Havelock.

H&D Express (AKA: Citgo)

Nadine's Food Mart

Tobacco Outlet (Havelock and New Bern) Tobacco Shop & Gifts (Beaufort and New Bern)

Tobacco Town

Tobacco Shop (Newport and New Bern) Twin Rivers (Not the mall)

White Sands Convenience Store

OFF-LIMITS ROADS: Catfish Lake Road

* Identifies a new business added since the last update of the Bulletin.

Hotline numbers to report fraud, waste, abuse and corruption

II MEF Hotline - 451-5555 www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx MCIEAST Hotline - 451-3928 www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/ CommandingGeneralsInspectionProgram.aspx

TECOM Hotline - (703) 432-1650 www.tecom.usmc.mil/pages/ig.aspx Naval Hospital Hotlines - (910) 450-4240 NHCL-IGHotline@med.navy.mil MARSOC Hotlines - 440-1045/0941 www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx

> New River Hotline - 449-6029. To report crimes on and off base

To report crimes on and off base, you can call the Crime Stoppers anonymous hotline

- at 938-3273 or text your tip to TIP4CSJAX + your tip to 274637. • Cash rewards up to \$2,500 for information deemed of assistance to law enforcement.
 - Caller never reveals his/her identity
 - Reward is collected through code system Help keep Marine Corps bases and Onslow County safe!

The

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One Marine's retirement ends successful road to recovery through Wounded Warrior Battalion-East

BY CPL. KARINA LOPEZMATA

Marine Corps Installations

In any clime and place, Marines have persevered through many battles that forged this nation. Every Marine's deployment experience is different. For some, deployments are exhilarating, while for others they can be stressful and traumatic.

U.S. Marine Corps Staff Sgt. Darron Dale faced a number of emotional and physical challenges while deployed and unfortunately, a lot of those challenges continued after returning home.

Dale, a Houston, Texas native, enlisted into the Marine Corps in 2006 and is currently with Wound-ed Warrior Battalion-East (WWBN-E).

During 14 years of active-duty Marine Corps service, Dale deployed six times. In 2009, Dale deployed to Afghanistan with 2nd Battalion, 8th Marines, where he was immersed in a chaotic, uncontrolled environment.

"We lost a lot of our guys on that deployment," Dale said. "I left with injuries on my left eye and got two rounds on my back."

When Dale returned home he was numb and emotionless. He struggled

to process information; he wasn't sleeping and experienced memory loss and flashbacks.

"One day, my commanding officer pulled me aside and asked me if I was OK, I completely broke down," Dale said. "I was crying, shaking and I felt embarrassed. I felt like I failed everything, but in my head I always promised myself if there was ever a point at which I was either a danger to myself or to my Marines, it was time to get help."

In February 2018, Dale checked into WWBN-E. Dale did not know what to expect.

Wounded warriors can suffer from external or internal wounds that can be either combat or non-combat related. On their road to recovery, some Marines lose more than physical strength; they can lose hope, faith, perseverance and more. WWBN-E supports service members by providing a central location for family support, mental health care, medical case management, recovery care coordinators, education specialist, chaplain programs and transition assistance.

"Our mission is to rehabilitate Marines," said Capt. Mathew Mckinnon, operations officer with WWBN-E. "We provide

athletic training, athletic reconditioning program, transition readiness and a dedicated team of mental health professionals. We try to get them 100 percent healthy both physically and mentally. I say everyone leaves in better shape than when they began.'

According to Dale, it has been a long road to recovery. From the group sessions with WWBN-E, to the art therapy at Laurel Ridge, Dale found things that have helped him cope with the trauma he experienced in his past.

"My family and command have been beyond supportive," Dale said. "Having that extra layer of support has given me a second win, to never worry about being judged and feeling like I can still be a Marine.'

Dale retired June 29, and plans to find employment with a federal agency or hospital administration. With his greatest passion being his Marines, Dale intends to give back to the community.

"I think Dale has had a large impact on the battalion just based on his experiences in the Marine Corps," said Staff Sgt. Michael Bussman, a section leader with WWBN-E. "To me he is a hero and gives other people hope. He is humble, a hard



U.S. Marine Corps Staff Sqt, Darron Dale with Wounded Warrior Battalion-East (WWBN-E), poses for a photo during his retirement ceremony at WWBN-E on Marine Corps Base Camp Lejeune, June 19. Dale, a Houston, Texas native, enlisted in 2006 and deployed six times during his Marine Corps career. Dale retired June 29, with plans for employment with a federal agency or hospital administration.

worker and a professional in all he does.

Like Dale, many Marines are living with invisible wounds. Regardless of the career field, invisible wounds can be caused by any type of traumatic experience, including combat exposure, physical and emotional abuse, sexual assault, blast exposure, serious accidents or the death of a loved one.

"The worst thing you can do is to keep it to yourself and continue to suffer," Dale said. "Throw your hand up and ask for help. There will be a lot of people who will understand what you are going through. It is a layer of comfort."

Dale's story is just one of the many experiences from those on the road to recovery with WWBN-E. Whether one has PTSD, a traumatic brain injury or an amputation, each Marine has their own journey and their own path back to health; for most with these type of conditions, their paths will likely converge at Wounded Warrior Battalion East.

For more information about WWBn-East, visit https://www.woundedwarrior.marines.mil/ WWBn-E/.

II MEF Col. awarded bronze star medal with gold star for actions in Afghanistan



U.S. Marine Corps Col. Eric K. Terashima, senior reserve integrator with II Marine Expeditionary Force, left, poses for a photo with Brig. Gen. David L. Odom, commanding general of 2nd Marine Expeditionary Brigade, after receiving a bronze star medal with a gold star in lieu of second award for his actions during Operation Freedom's Sentinel on Camp Lejeune, June 25. As senior advisor to the Helmand and Nimroz Afghan National Police, he negotiated dynamic, physical and human terrain of southwest Afghanistan.

Marine sergeant makes history



Photo by Cpl. Corey Mathews

U.S. Marine Corps Sqt. Alyssa Triplett swims in the pool after a Marine Corps Instructor Trainer Water Survival class at Marine Corps Air Station Miramar, San Diego, Calif., June 15. Triplett was the first female to complete the Scout Swimmer Course.

BY LANCE CPL. CHRISTY YOST

Marine Corps Air Ground Combat Center, Twentynine Palms

A U.S. Marine made hisory recently when she became the first ever female to graduate the Scout Swimmer Course, a highly demanding course designed to teach Marines specialized

amphibious abilities. Sgt. Alyssa Triplett, a radio operator with Expeditionary Warfare Training Group Pacific based at Naval Amphibious Base California, Coronado, graduated the course May 15, 2020, officially becoming the first female to successfully complete the three week course designed to make Marines capable of

conducting boat raids. Triplett said that being a female in the course presented a unique challenge.

"It was definitely intimidating being the only girl at first, but I had a lot of support from my command," she said.

Triplett, who also serves as a Marine Corps Instructor Trainer of Water Survival, had already done extensive water survival and instructor training in the Marine Corps.

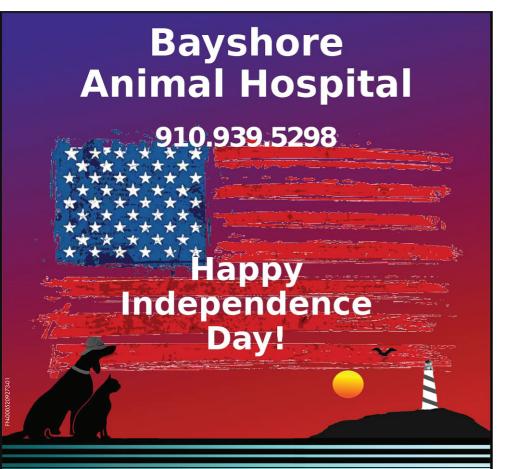
Triplett said that though the course was challenging, for her, it is part of be-

ing a Marine. "I like the fact that other people are inspired by the fact that I went through," she said. "I feel like as a Marine it's just something you do, so it didn't really seem like that big of a deal."

According to EWTGP doctrine, becoming a scout swimmer is a three-week

long course that trains personnel in the skills necessary to plan and execute beach and urban swimmer reconnaissance in support of small boat operations. The curriculum consists of instruction in dangerous marine life, scout swimmer equipment, observations/reports, mission planning, and beach and urban scout swimmer techniques. Extensive practical application is conducted on different beach and urban sites located throughout the

local area. "There was never one time when I was like 'wow, this is easy," said Triplett. "I really think it's just a mental thing ... if something starts to hurt, you kind of just have to readjust what you're doing and just don't give up ... I just didn't give up, just tried my hardest the whole time."



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Marine Corps activates new battalion to fight in cyberspace



Photos by Cpl. Dalton S. Swanbe

U.S. Marines with 1st Network Battalion, Marine Corps Cyberspace Operations Group, stand at parade rest during the battalion transfer of authority at Marine Corps Base Camp Pendleton, California, June 4. 1st Network Bn., the first of six new Marine Corps network units, was created to improve oversight, command and control of the Marine Corps enterprise network while managing building and local area networks around base.

BY GUNNERY SGT. CHARLES MCKELVEY

U.S. Marine Corps Forces Cyberspace Command

An impactful change to Marine Corps cyberspace and information technology modernization occurred June 4 on Marine Corps Base Camp Pendleton, California, with the activation of 1st Network Battalion, which marked the beginning of the Marine Corps Enterprise Network (MCEN) Command and Control (C2) modernization implementation plan.

During the ceremony, Lt. Col. Juliet H. Calvin took command of the Marine Corps' newest battalion and made history as the first Marine to command a unit of this type, which will ensure a resilient network that enables mission execution in the face of persistent cyber threats.

The MCEN is the Marine Corps' communications backbone that connects computers, people and related devices. The network provides robust, seamless and secure end-

to-end communications for all Marines; from the supporting establishment to forward deployed forces.

"MCEN C2 has been discussed for years, but now we are taking the first critical step to make this a reality," said Col. Edward J. Debish, the commanding officer of Marine Corps Cyberspace Operations Group. "This decision creates unity of command for the security, defense and operation of the Marine Corps Enterprise Networks."

"Lt. Col. Calvin's battalion is empowered to decisively take action at the lowest level to quickly respond to the warfighter's needs," said Debish. "Her battalion will work closely with I Marine Expeditionary Force (I MEF), Marine Corps Installations West, and the training commands to seamlessly deliver enterprise services to our Marines."

1st Network Battalion provides visibility down to the individual user's desktop device and enhances the Marine Corps' ability to report, monitor, and improve the readiness of its network.

"1st Network Battalion is the unit responsible for providing all aspects of security, operations, and protection for Department of Defense Information Network from the enterprise at the service level, down to each individual warfighter throughout the entire Western Region," said Calvin.

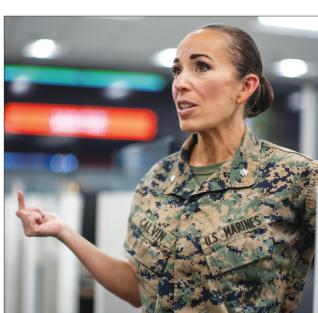
In today's technology filled information environment, Marines rely on their workstations and the ability to connect to the MCEN in any clime and any place. 1st Network Battalion is the first step in ensuring the warfighter has this access and leads the way to further innovation and successful defense of the MCEN.

"In this era of communication and technology, each Marine, Sailor and civilian uses their respective C2 system or laptop as a key enabler of coordination and mission performance," said Calvin. "Providing operationalized unified command and control will enable resilience, agility and responsiveness, down to the tactical edge."

In order to provide a technical advantage, the battalion relies on highly skilled Marines and civilians who work together to operate and defend the network capability. They equally share the common goal of creating agility through increased situational awareness and integration of cyber capabilities into the full spectrum of military operations.

"1st Network Battalion conducts Department of Defense Information Network operations and defensive cyberspace operations in general support of I MEF, MCIWEST, and other tenant activities in order to enhance freedom of action across warfighting domains, while denying the efforts of adversaries to degrade or disrupt this advantage through cyberspace," said Calvin. "Our daily posture in cyber must be up to task for the modern adversarial threats in cyber."

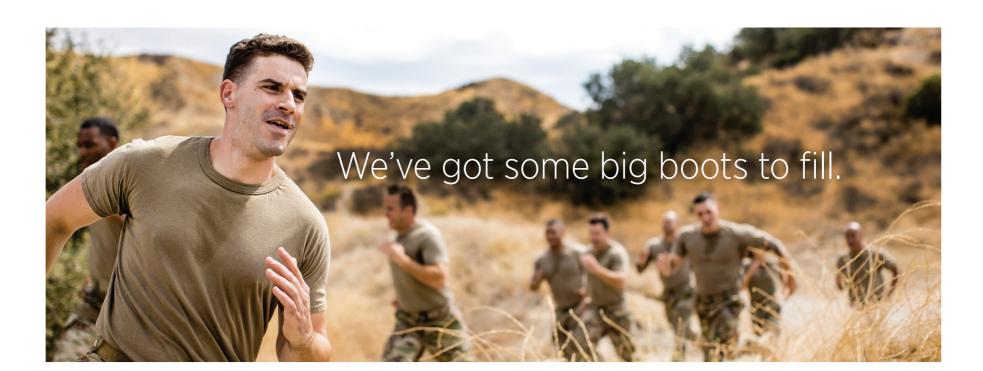
The battalion's activation is the first step in a twoyear process for MCEN C2 modernization. Later this year, two Network Activities are slated to stand up: National Capitol Region



U.S. Marine Corps Lt. Col. Juliet Calvin, the commanding officer of 1st Network Battalion, Marine Corps Cyberspace Operations Group, speaks to Marines at their workstations during a walkthrough.

and Europe/Africa Region. In 2021, MCCOG plans to stand up additional network battalions in Camp Lejeune and Camp Foster; as well as a Network Activity for Marine Force Reserve in New Orleans.

The end state is a seamless command and control construct from U.S. Cyber Command, through Marine Corps Forces Cyberspace Command and Marine Corps Cyberspace Operations Group to the three network battalions and three network activities. This empowers commanders with the permissions they need to respond in a way the Marine Corps has not been able to do in the past.



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Parents, kids learn archery together



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THURSDAY, JULY 2, 2020

Sunset Stand Up Paddleboarding in full swing



Paddleboarders paddle out into the New River channel by Gottschalk Marina on Marine Corps Base Camp Lejeune during an MCCS Lejeune-New River Outdoor Adventures Sunset Stand Up Paddleboarding (SUP) session, June 26. Recreation assistant and event guide Eric Downing said the Sunset SUP sessions are a basic paddleboarding experience, low impact and adaptable. "Watching the sunset over the river is breathtaking," said Marybeth LeMaire, Outdoor Adventures Manager, who added attendees should expect to get wet and look for wildlife such as ospreys, dolphins, American alligators and fish. Sunset SUP will be held every Wednesday through August from 6 p.m. to 7:30 p.m. for ages 14 and up. Cost is \$15 and includes the board, equipment and guides. Attendees under 16 must be accompanied by an adult. For more information or to register visit www.mccslejeune-newriver.com/outdoor.



U.S. Marine Corps Gunnery Sgt. Monica Gabaldon gets ready to paddle out during an MCCS Lejeune-New River Outdoor Adventures Sunset Stand Up Paddleboarding (SUP) session.



A paddleboarder floats by Gottschalk Marina during an MCCS Lejeune-New River Outdoor Adventures Sunset Stand Up Paddleboarding (SUP) session.

Kayak for the Warriors to host golf tournament July 31 in Pine Knoll Shores



BY CALVIN SHOMAKER
Sports Writer

In response to the COVID-19 pandemic prompting the cancellation of its annual kayak race and gala, Kayak for the Warriors is holding a golf tournament at the Country Club of the Crystal Coast in Pine Knoll Shores, July 31. This marks the 13th year the Town of Pine Knoll Shores has hosted events benefiting Hope For The Warriors, a nonprofit

founded on Marine Corps

Base Camp Lejeune in

2006. The inaugural Kayak for the Warriors Golf Tournament will begin at 8:30 a.m. with a shotgun start. Tournament entry is \$75 per player and includes 18 holes of golf, a cart and lunch. Prizes will be awarded to the top two teams as well as for longest drive, closest to the pin, a putting contest and more. Mulligans will be available for purchase. Registration must be completed by July 15 at www.k4tw.org.

Photo courtesy of Hope For The Warriors

Since 2008, the nonprofit Kayak for the Warriors has raised more than half a million dollars for Hope For The Warriors and its programs, which assist veterans, service members and military families with clinical health and wellness, sports and recreation and transition services.

To learn more about Kayak for the Warriors visit **www.k4tw.org**. For more info on Hope For The Warriors, visit **www. hopeforthewarriors.org**.

Jamel Herring's title defense postponed after positive COVID-19 test

Former Camp Lejeune Marine expected to defend WBO Junior Lightweight title this month



U.S. Marine Corps veteran and WBO Junior Lightweight Champion Jamel Herring tested positive for COVID-19 in June, resulting in the postponement of his title defense bout set for July 2 against Jonathan Oquendo. Herring (21-2, 10 KOs) told ESPN's Mark Kriegel on air June 23 that the "best case scenario" for a reschedule date is July 14. Herring became the WBO Junior Lightweight Champion in 2019. He is a 2012 Olympian and an All-Marine Boxing Team Hall of Famer. He was based at Camp Lejeune for nearly a decade as an active duty Marine and served two deployments to Iraq.



Parents, kids learn archery together

Carter Horton shoots his bow and arrow during a game of archery tic-tac-toe with MCCS Lejeune-New River Outdoor Adventures recreation assistant and archery instructor Daniel Lewis during the Parent Child Archery session at the Hospital Point Picnic Area on Marine Corps Base Camp Lejeune, June 27. Lewis led the beginner-friendly class which brought parents and kids together to learn the fundamentals of archery and to practice shooting different targets at varying distances. "It's a way to introduce people to outdoors sports and give people a lifelong hobby," Lewis said. "We just want to expose people to lifelong pursuits." The next Parent Child archery clinic will be held on Saturday, July 25, from 9:00 a.m. to 10:30 a.m. The cost is \$15 per person and includes equipment and instructors. To register or learn more about Outdoor Adventures programs visit www. mccsleieune-newriver.com/outdoor.



MCCS Lejeune-New River Outdoor Adventures archery instructor Daniel Lewis, right, guides a parent at the Parent Child Archery session at the Hospital Point Picnic Area on Marine Corps Base Camp Lejeune, June 27.



MCCS Lejeune-New River Outdoor Adventures archery instructor Daniel Lewis, left, guides Cassie Horton at the Parent Child Archery session at the Hospital Point Picnic Area on Marine Corps Base Camp Lejeune, June 27.

Free Fishing Day

July 3-4, Camp Lejeune managed ponds

In support of Free Fishing Day and to encourage families to enjoy the managed ponds on base, the Camp Lejeune Environmental Conservation Branch (ECON) is waiving the requirement to have a base fishing permit to fish in the managed ponds on July 3 and 4 and is providing free bait while supplies last at the Conservation Law Enforcement Office on Old Sawmill Road.

Ladies' Night Out Golf Clinic

Monday, July 6 to Thursday, July 9, 6 p.m. to 7 p.m., Paradise Point Golf Course, MCB Camp

Learn the fundamentals of golf. Attend just one clinic or all four. Clinics are held 6-7 p.m. Cost is \$10 for each clinic. Topics covered include fundamentals (Day 1), putting and chipping (Day 2), driver and fairway woods (Day 3) and course management (Day 4). For more info or to register call (910) 451-5445.

Softball Points Derby

July 7-10, Harry Agganis Softball Field and New River Softball Fields, MCB Camp Lejeune and **MCAS New River**

The derbies will be broken into 15 minutes time slots with 10 batters per slot to abide by social distancing. Batters get 13 pitches. Points values range between zero and four. Camp Lejeune Derby begins July 7 and the New River Derby begins July 9. Register for the Lejeune Derby at the Camp Lejeune Sports Office at Goettge Memorial Field House or by calling (910) 451-2710. Register for the New River Derby at the New River Sports Office, Bldg. AS-4000, or by calling (910) 449-5844. The registration deadline is July 6.

Free Gun Rental Weekend

Saturday, July 11, 9 a.m. to July 12, 4 p.m., (McIntyre-Parks Recreational Shooting Complex, R-100 Old Sawmill Rd, MCB Camp Lejeune Free gun rental valid for authorized patrons and guests ages 10 and older. Ages 10-17 must be accompanied by an authorized parent/guardian. For more info call (910) 451-3889.

Paradise Point Open

Saturday, July 11, 9 a.m. to July 12 at 2 p.m., Paradise Point Golf Course, MCB Camp Lejeune Register for this event by July 8 to compete in a Paradise Point Grand Slam Series event. Tournament consists of two 18-hole rounds scored by stroke play (both gross and net). Players must have a USGA handicap. Cost is \$25 per golfer plus cart and greens fee. Event is open to the public. For more info, visit www.mccslejeune-newriver.com/golf or call (910)

For more information on games, tryouts, special events and exercise classes around MCB Camp Lejeune and MCAS New River, check out Sports on Tap each week. To add your activity, call (910) 451-7421. Availability is limited to space. To add your event to our

website calendar, visit www.camplejeuneglobe.com.



451-5445.

Monthly Scramble

Saturday, July 18, 8:30 a.m., Paradise Point Golf Course, MCB Camp Lejeune

Monthly Scrambles are held on the third Saturday of each month, weather permitting. Scrambles begin at 8:30 a.m. Register by 8 a.m. in the Pro Shop. There is a computer draw from players' USGA Handicaps with players ranked A through D. Cost is \$10 per person, plus cart and greens fee. Open to the public. For more info call **(910) 451-5445**.

Junior Golf League - Parent/Child Sunday, July 19, 2 p.m., Paradise Point Golf **Course MCB Camp Lejeune**

The Junior Golf League is the perfect introduction to tournament golf for ages 6 through 17. Round is nine holes. Cost is \$15 per event. Register by the Thursday before each event at the Pro Shop. For more info call (910) 451-5445.

Moonlight Kayaking Tour (Ages 16+) Friday, July 31, 7:30 p.m. 9:30 p.m., Gottschalk Marina, MCB Camp Lejeune

Experience Camp Lejeune at night on the water. Let the full moon guide you on a tour along the water's edge. Cost is \$20 per person. Register online at www.mccslejeune-newriver.com/outdoor or at the Outdoor Adventures office by Gottschalk Marina.

\$5 Fridays Archery Day Pass

Fridays through Sept. 4, 10:00 a.m. to 4:00 p.m., McIntyre-Parks Recreational Shooting Complex, R-100 Old Sawmill Road, MCB Camp Lejeune

Take advantage of this five dollar Archery Day Pass special on Fridays. Special does not include a bow rental. Event is open to all authorized patrons and their guests. Remember to use proper social distancing measures. For more info, call (910) 451-3889 or visit www.mccslejeune-newriver.com/shoot.

ed. For more info call (910) 449-4921.

Xtreme Family Fun Night Thursdays, 6 p.m. to 8 p.m., New River Bowling

Center, MCAS New River Cost for cosmic, blacklight bowling is \$20 per lane for two hours with up to 5 bowlers and shoes includ-

Thursday Scramble

Thursdays, 5 p.m., Paradise Point Golf Course, MCB Camp Lejeune

Join us every Thursday night for our 9-hole, 4-person scramble. Play begins with a shotgun start at 5:30 p.m. Register individually by 5 p.m. Cost is \$20 per golfer and includes cart and greens fee. Prize fund depends on the size of the field. Open to the public. For more info call (910) 451-5445.

Monday Night Par-3 Series

Mondays, 5 p.m., Paradise Point Golf Course, MCB Camp Lejeune

Pro Staff will pick the 9-hole course each week, either the Gold or Scarlet. Each hole will be shortened to the length of a Par 3. Different games will be held each week, including but not limited to combined score, scramble and alternate shot. Cost is \$20 per person and includes cart, greens fee and prize fund. Register on-site before the event. Open to the public and all skill levels. For more info call (910) 451-5445.

Base Championship

Saturday, August 22, 9 a.m. to Aug. 23, 2 p.m., Paradise Point Golf Course, MCB Camp Lejeune Compete in this tournament for a chance to be named the 2020 Camp Lejeune Golf Champion. Register by August 19. Cost is \$25 per golfer, plus cart and greens fee. Tournament consists of two 18-hole rounds scored by stroke play both gross and net. Players must have a USGA handicap. For more info, visit www.mccslejeune-newriver.com/golf or call (910) 451-5445.

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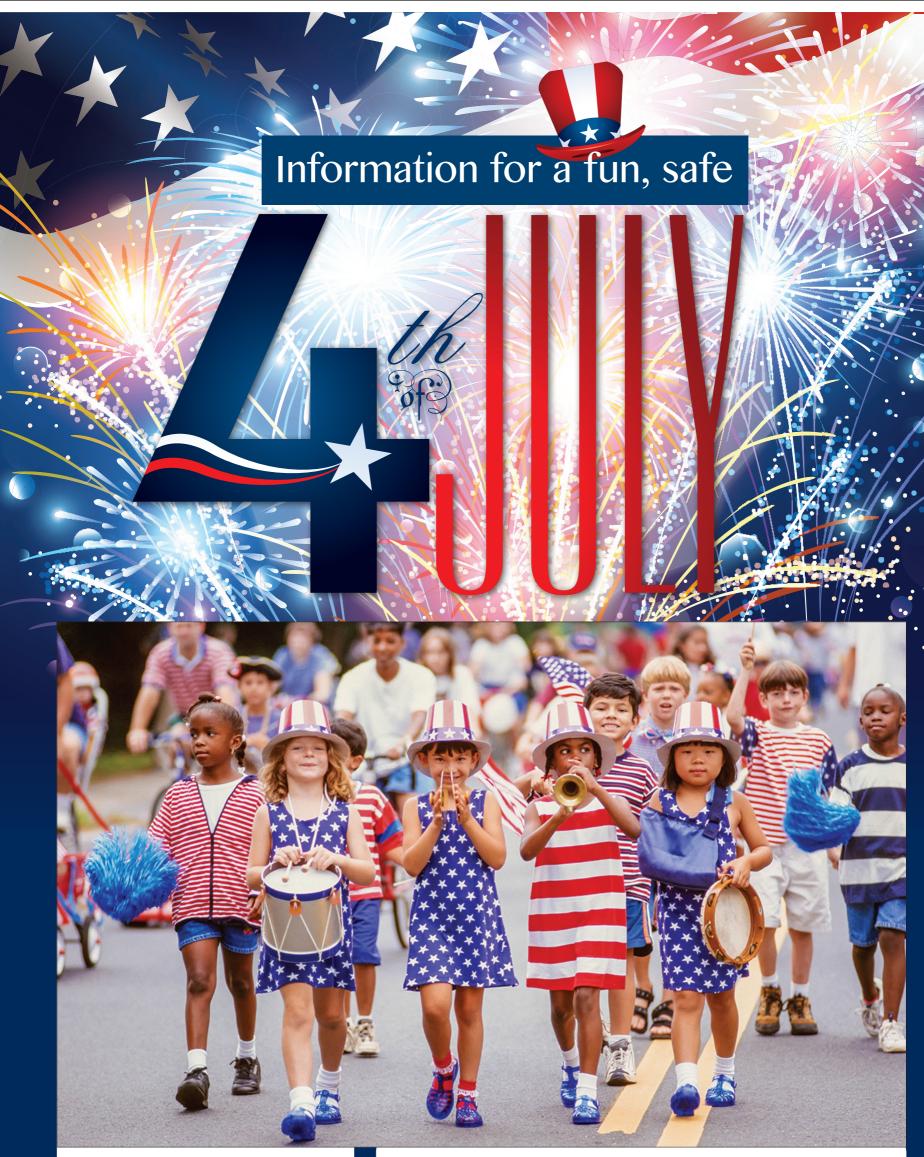
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Heading to Onslow Beach this July 4 weekend?

Here are a few tips to keep in mind:

- Follow all directions from law enforcement personnel who will be directing traffic.
- Parking is limited; overflow parking will be provided to the maximum extent possible.
- Use designated loading/unloading areas
- before proceeding to the overflow parking areas. Anyone parking in unauthorized areas will be
- ticketed.
- Obey all posted signs. Fishing and swimming
- areas will be clearly designated. • Continue to social distance.
- Wear your mask if you are unable to social distance or are in an enclosed area such as the Marine Mart or the bathroom.

Don't throw fireworks at each other

Onslow County Sheriff releases tips for safe holiday highway travel

BY PAT GRUNER

Managing Editor

Onslow County Sheriff Hans Miller has a few tips for those traveling over the July 4 weekend. With Onslow County's proximity to numerous beaches in the Carolinas, as well as military residents who might want to spend a weekend away, high traffic is a near certainty over Independence Day.

Miller released the following tips to keep motorists alert, informed and safe.

- Always shift your attention every few seconds, constantly scanning the road ahead and behind you. Never blankly stare ahead nor fix your gaze on one point on the road.
- When passing an automobile, always glance at the ground beside the front wheel of the car you

intend to pass. You will know instantly if the car is about to veer – giving you an extra few seconds to

respond. You should pull out into the opposite lane of traffic when passing while you are still well behind the car in front. This should give you time and space to build up speed and will enable you to pull back into your own lane should the need arise. Never cut abruptly out of your lane into the opposite lane

- when passing. • Always signal your intentions with your brake lights, turn signals, horn and/or headlights so that other drivers will see you well before you change course.
- "Aim high" in steering. Glance frequently at points well ahead of you. Not only will this help your steering, but it will also help you

check the position of vehicles in front of you as well as oncoming traffic.

 Never follow too close. As your speed increases, it take you substantially longer to stop. It is good to have an extra cushion of space in front of you if you are being tailgated, in slippery conditions or have low visibility.

• If it is raining, turn your headlights ON.

Miller closed by calling for drivers to stay kind and level-headed while on the road.

"Lastly, I would remind all motorists to practice the Golden Rule when driving," Miller said. "Be courteous and tolerant of other drivers. Please do not get angry with bad drivers or reckless ones just get out of their way. Let us make this summer a safe one on the roads in Onslow County."





noto by Sgt. Pete Thibodeau

10 years later, 2nd MEB-A remembers service in Afghanistan, Part 12

BY PAT GRUNERManaging Editor

From May 29, 2009 to April 12, 2010 the 2nd Marine Expeditionary Brigade was deployed to Helmand Province, Afghanistan. Over the course of that year, Ma-

rines would establish expeditionary installations, train Afghan police and soldiers, take back Taliban-controlled strategic hubs and lay down

for posterity new operating procedures for the U.S. Marine Corps.

On July 2, 2009, Operation Strike of the Sword was launched. The sword's metaphorical blade was made of 4,000 Marines from 2nd MEB-A alongside a few hundred Afghan soldiers and NATO air support. Marines with 2nd Battalion, 8th Marine Regiment, had been enmeshed in combat since landing in May, but Operation Strike of the Sword, commonly referred to as Operation Khanjar, was the largest U.S. combat operation since the Battle of Fallujah in 2004.

"Khanjar went off July 2," said retired U.S. Marine Corps Col. Christian Cabaniss, then a lieutenant colonel and battalion commander of 2/8. "We had over 200 combat action ribbons prior."

2/8 was responsible for Garmsir, a major metropolitan hub at the center of Helmand. While Taliban opposition had made itself scarce in other parts of Helmand, those in Garmsir did not.

"The Taliban went to ground almost everywhere except Garmsir," Cabaniss said. "They decided to fight. 2/8 lost 14 Marines."

"3rd platoon was sent furthest south in Khanjar," recalled then 2nd Lt. Patrick Bragan, 2/8 Echo Company's 3rd platoon commander. "We were tasked with blocking off what would come north, near Garmsir. 2d Light Armored Reconnaissance Battalion pushed down toward the border."

Marines with 2d LAR were tasked with taking the fight to the Khan Neshin area, working southward toward the Pakistan border.

All in all, it was a battlespace the size of Rhode Island," said Lt. Col. Christopher Conner, now battalion commander of 2d LAR. Conner was, at the time, Charlie Company's commander. "Immediately upon gaining a foothold in the south, the battalion was tasked with seizing Safar Bazaar, a known point where illicit items, drugs, and weapons were sold and staged. It was during this raid that the battalion would seize over 80 tons of poppy seed, which was estimated at the time to be 1/10 of the total poppy within the entire country.'

"We were assigned a larger AO than most units due to the fact that we could cover large amounts of terrain and bring to the fight not only heavy firepower, but scouts that could disrupt forces on the deck if need be," said U.S. Marine Corps

Gunnery Sgt. Alex Woodward, Alpha Company Operations Chief, 2d LAR. Woodward was a lance corporal at the time and part of the Jump Platoon.

"After seizing the castle, we were tasked with finding a location and building combat outpost Payne. When picking the location it was picked strategically in a location on the fish hook on the Helmand River in doing this it would give us a good location to provide over watch and great place to have the chain of command so we could control the battle space," said Staff Sgt. Stephen Wright, A Co's platoon sergeant, headquarters platoon, 2d LAR. Wright was a gunner in Afghanistan.

2d LAR was also part of a historic moment for the

battalion. "Once the COC moved to FOB Payne, we were tasked with building it. This was huge for us because we were able to be a part of something that will soon go into future history books," Woodward said. "Upon arriving at Payne, we prepped our vehicles to swim across the Helmand River. We were told this was the first time that LAV's had swam in a combat theater since Panama. Being able to be a part of that as a young Marine was amazing and

gladly, we succeeded."

Operation Khanjar was a tremendous opening salvo to provide the MEB's foothold in Helmand.

"Without that foun-

This deployment helped me become the man that I am today, not only on the battlefield, but as a father and husband as well.

Gunnery Sgt. Alex Woodward

dation we could not have moved forward," Cabaniss said. "I can't say enough about (those Marines).

Their ability to endure. It is something they have in common with every generation of Marines. What sustains them is their love for each other."

"This was a huge stepping stone in my career by not only teaching me discipline and experiencing the aspect 'train as you fight' really helped mold me as a junior Marine," Woodward said. "This deployment helped me become the man that I am today, not only on the battlefield, but as a father and husband as

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Photo by Cpl. Daniel Flynn

Seaman Jesse Deller, a corpsman 2nd Battalion, 8th Marine Regiment, puts a splint on the arm of an Afghan child with a dislocated elbow here June 25. While Deller provided initial medical care, Afghan national police posted security at the scene. The ANP then took the boy to the local hospital in Helmand province's Garmsir District. The Garmsir Hospital could not do anything further for the child's arm, so the Marines radioed Forward Operating Base Delhi, and received authorization for the ANP to take the child there for additional treatment.

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10A JULY 2, 2020

Camp Lejeune Family Medicine Residency Program graduates 20 residents, interns

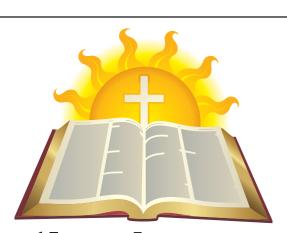






Photos by Mass Communications Specialist Second Class Michael J. Molina

Adhering to COVID-19 measures, the Camp Lejeune Family Medicine Residency Program graduated 20 residents and interns on June 26.



'In these uncertain and chaotic times...

BY LT. JAMES GAWNE

2d Marine Division

How many times over the last couple of months have we opened up an email to read those words? As we progress through the strange new world that COVID-19 seems to have created, there's no doubt that it's been uncertain and chaotic, but it seems like every organization that's ever emailed us needs to remind us of that fact.

For me, it was already a bit of an uncertain and chaotic time even before COVID-19 came to town. Not long before lockdowns and quarantines began in earnest, the Commandant of the Marine Corps had released his design to streamline the Corps and make it a more efficient fighting force. Part of that was the elimination of certain elements of the Corps, with one of those elements being my battalion. When I learned that 3d Battalion, 8th Marines was one of the battalions that would be stood down at the end of FY21, it came as a bit of a shock, and indeed, opened the door to uncertain and chaotic times. What does this mean for training? What about deployment? How long will it take us to stand down a Marine infantry battalion?

Of course, the answers were, training is continuous deployment is still happening, and it will take us as long as it needs to take us to stand down. Those answers brought some measure of comfort. I guess, though, there was no need for me to feel like times were uncertain and chaotic, either when we got the news that 3/8 was standing down, or when COVID-19 reared its ugly head.

From my religious tradition, as a Christian, I look to Matthew 6:34, in the latter half of Christ's Sermon on the Mount, where he says "Do not worry about tomorrow - tomorrow will worry about itself." And that helps me get through each day. Why should I worry about the things that haven't happened yet, that I can not necessarily control, when I could be looking at today, and figuring out how to best get through what's right in front of me?

I know that in seventeen months, the battalion that proudly proclaims that Fortune Favors the Bold will see its mission come to an end. I know that the Coronavirus Disease 2019 will be with us indefinitely. I also know that I have nearly a thousand Marines and Sailors who need to get through today before tomorrow rolls around, and so I make that my priority instead of worrying about the things I can't control.

It can be hard to not worry about the future, but sometimes it's the best thing we can do. In these uncertain and chaotic times, let's all remember to make it through today before we worry about what comes next.

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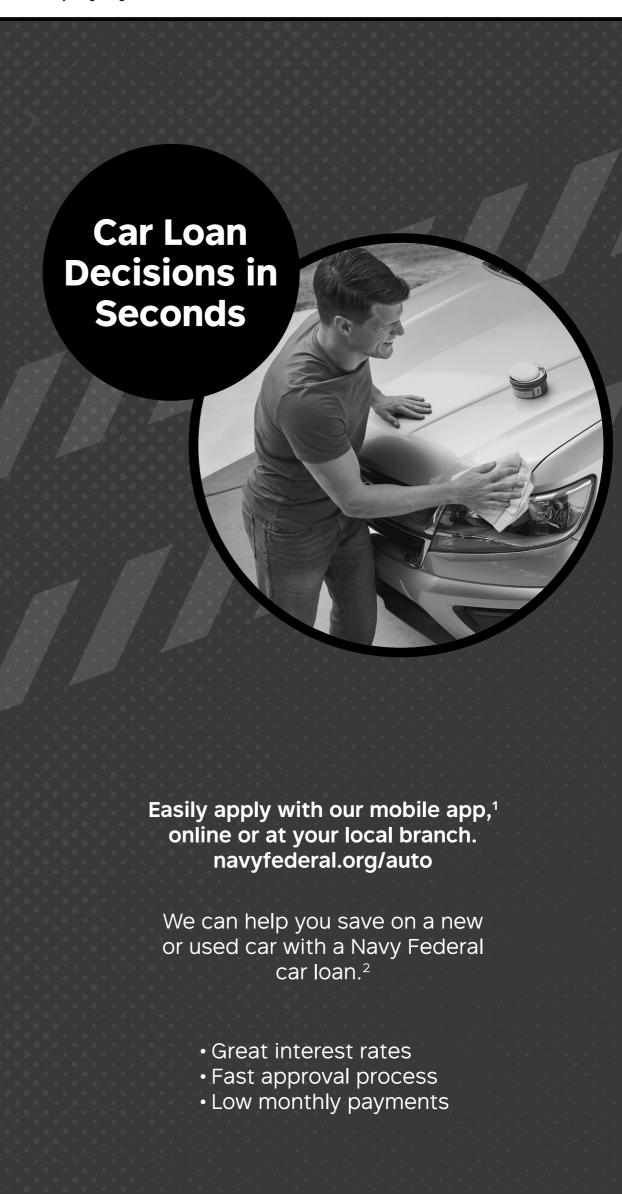
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