



- DMX prepares for hurricane season 3A
- #Take5Save5 Virtual 5k 5A
- School Lunch Program 8A

Operation Gotham: 2d MARDIV Marines awarded for COVID-19 relief efforts in NYC



Photos by Sgt. Stormy Mendez

Cpl. Cole Johnson, a team leader with Lima Company (Co.), 3rd Battalion, 2nd Marine Regiment, 2d Marine Division, receives a Navy and Marine Corps Achievement Medal for his role in Operation Gotham from Capt. Peter Hofinga, the company commander of Lima Co., on Camp Lejeune, June 16. Lima Company Marines earned the awards for their efforts in New York City assisting the hospital ship USNS Comfort (T-AH 20) during the COVID-19 pandemic.

COMMSTRAT
2d Marine Division

Seven U.S. Marines with Lima Company, 3rd Battalion, 2d Marine Regiment, 2d Marine Division, were awarded for their service while providing security for the USNS Comfort during the COVID-19 relief effort as a part of ‘Task Force New York City’. The awards ceremony took place at Camp Lejeune on June 16.

The list of awardees and their corresponding awards, in descending order of precedence, follows:

- Gunnery Sgt. Thomas Hebner, company gunnery sergeant and native of Leechburg, Pa. – Navy and Marine Corps Commendation Medal
- 1st Lt. Gerhard Vanarkel, platoon commander and native of Haverford, Pa. – Navy and Marine Corps Achievement Medal
- Sgt. Austin Loppe, squad Leader and native of Mingo Junction, Ohio – Navy and Marine Corps Achievement Medal (in part for life-saving actions)
- Cpl. Richard Nable, team leader and native of Cumming, Ga. – Navy and Marine Corps Achievement Medal
- Cpl. Hunter Dillan, team Leader and native of Imperial, Neb. – Navy and Marine Corps Achievement Medal
- Cpl. Cole Johnson, team leader and native of Sams Valley, Ore. – Navy and Marine Corps Achievement Medal

Cpl. Cole Johnson poses for a photo after receiving a Navy and Marine Corps Achievement Medal for his role in Operation Gotham.

2019 Drinking Water Consumer Confidence Reports

Photo by MCB Camp Pendleton/Graphic by Shelly Fierro

**ENVIRONMENTAL
MANAGEMENT
DIVISION**
MCB Camp Lejeune

Water consumers at Marine Corps Base Camp Lejeune and Marine Corps Air Station New River will soon be receiving easy-to-understand Consumer Confidence Reports that will allow them to make informed choices that affect the health of their families and themselves.

What is a Consumer Confidence Report? As a result of the Consumer

Confidence Rule developed by the U.S. Environmental Protection Agency (USEPA) in August 1998, all public water systems, including the water supply systems at MCB Camp Lejeune and MCAS New River, are required to publish an annual report on the quality of drinking water provided to consumers. The annual Consumer Confidence Report is a “report card” to provide facts about the drinking water on the Installation. The report identifies the source of our drinking water and details

any contaminants detected during the reporting year. It also provides important health information.

By July 1, MCB Camp Lejeune will notify all Base housing residents (to include MCAS New River housing), by means of their community newsletters and/or in an email provided by their property managers, on how to access the report. Residents will be able to use a direct link URL to a website displaying the Consumer Confidence Reports. In addition, if hardcopies of the 2019 MCB Camp

Lejeune Consumer Confidence Reports are preferred, please call (910) 451-5003.

For additional information contact Travis Voorhees or Dan Straub at (910) 451-5003, or COM-MSTRAT (formerly Public Affairs Office) at (910) 451-5655. The Consumer Confidence Reports will also be posted on the following Environmental Management Division web page URL under Annual Reports: <https://www.lejeune-marines.mil/Offices-Staff/Environmental-Mgmt/Annual-Reports/>.



8th Engineer Support Battalion conducts final bridging operations

U.S. Marines with Bridge Company, 8th Engineer Support Battalion (ESB), 2nd Marine Logistics Group, assemble a medium girder bridge and improved ribbon bridge during the Simultaneous Gap Crossing Field Exercise (FEX) at Camp Lejeune, June 11. This was 8th ESB's last planned FEX before the removal of bridging capabilities in the Marine Corps.



U.S. Marine Corps Lance Cpl. Richard Ramponi with Bridge Company, 8th Engineer Support Battalion (ESB), 2nd Marine Logistics Group, assembles a medium girder bridge and improved ribbon bridge.



U.S. Marines with Bridge Company, 8th Engineer Support Battalion (ESB), 2nd Marine Logistics Group, assemble a medium girder bridge and improved ribbon bridge.

OFF-LIMITS

The following businesses are designated by the base commander as “off-limits”

CAMP LEJEUNE REGION:

Atheas Attics at 420 Eastwood Rd., Wilmington.
Bell Auto Salvage II at 136 Abbitts Branch Rd., Hubert.
Best Exxon at 2945 Richlands Highway, Jacksonville.
Club Phoenix at 209 East 5th St., Greenville.
Dash-In at 1316 Hargett St., Jacksonville.
Drive Thru Mini Mart at 2729 Commerce Road, Jacksonville.
D's Drive Thru (AKA: Raul's Drive Thru) at 226 Wilmington Highway, Jacksonville.
D's Quick Mart at 2840 Highway 258 West, Richlands.
Expressions at 419 South College Rd., #39, Wilmington.
Express Way at 1261 Gum Branch Rd., Jacksonville.
Golden Dragon (AKA) Tokyo Asian House at 1850 Wilmington Highway, Jacksonville.
Highlands Tobacco aka Piney Green
Tobacco at 835 Piney Green Road, Jacksonville.
Highway 24 Tobacco at 1448 West Corbet Ave. Jacksonville.
Hubert Tobacco at 393 Hubert Blvd., Hubert.
J&N Grocery at 1142 Beulaville Highway, Richlands.
Karen Huffman's Cleaning Jacksonville.
King's Tobacco Drive Thru at 1796 Gum Branch Rd., Jacksonville.
Laird's Auto and Truck Repair (U-Haul Rental) at 1197 Piney Green Rd., Jacksonville.
MB Super Discount at 800 Shipyard Blvd., Wilmington.
Moe's Mart at 2105 Belgrade-Swansboro Rd., Maysville.
Nash Market at 237 New River Drive, Jacksonville.
OJ's Tobacco and Vapor at 8900 Richlands Highway, Richlands.
One Stop Shop at 501 Corbin St., Jacksonville.
*Precision Motor Sports at 1321 Lake Cole Road, Jacksonville.
Price is Right Lawn Design in Jacksonville.
Reid's Mart at 461 Hubert Blvd., Hubert.
Sahara Hookah Lounge at 917 North Marine Blvd., Jacksonville.
Saint Thomas Custom Homes at 3560 McArthur Rd., Broadway.

Smart Buy at 375 Jacksonville Mall, Jacksonville. (currently not open, but has history of reappearing)
Speedy's Drive Thru at 357 Henderson Drive, Jacksonville.
Sun House Vapor and Tobacco at 2840 Richlands Highway, Jacksonville.
Super-Fast Drive Thru Mini Mart at 1005 North Marine Blvd., Jacksonville.
Tobacco at 521 Yopp Rd., Unit 106, Jacksonville.
Tobacco Leaf at 343K Western Blvd., Jacksonville.
Triple C Diesel Performance and Mobile Repair
602 Richlands Highway, Jacksonville
Veterans Affairs Service Jacksonville. (This is a private organization not affiliated with the Department of Veterans Affairs, VA Outpatient Clinic, nor Onslow County Veteran Services.)

MCAS CHERRY POINT AREA:

98 Cent Only Store
(Big Daddy) Wesley's Grocery
Coastal Smoke Shop
Expressions
Friday's Night Club (AKA: Club Insomnia, Club Classics, Infinity Lounge)
Flyers at 400 Fontana Blvd., Havelock.
H&D Express (AKA: Citgo)
Nadine's Food Mart
Tobacco Outlet (Havelock and New Bern)
Tobacco Shop & Gifts (Beaufort and New Bern)
Tobacco Town
Tobacco Shop (Newport and New Bern)
Twin Rivers (Not the mall)
White Sands Convenience Store

OFF-LIMITS ROADS:
Catfish Lake Road

* Identifies a new business added since the last update of the Bulletin.

Hotline numbers to report fraud, waste, abuse and corruption

II MEF Hotline - 451-5555 www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx
MCIEAST Hotline - 451-3928 www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/CommandingGeneralsInspectionProgram.aspx
TECOM Hotline - (703) 432-1650 www.tecom.usmc.mil/pages/ig.aspx
Naval Hospital Hotlines - (910) 450-4240 NHCL-IGHotline@med.navy.mil
MARSOC Hotlines - 440-1045/0941 www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx
New River Hotline - 449-6029.

To report crimes on and off base

To report crimes on and off base, you can call the Crime Stoppers anonymous hotline at 938-3273 or text your tip to TIP4CSJAX + your tip to 274637.

- Cash rewards up to \$2,500 for information deemed of assistance to law enforcement.
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 - Reward is collected through code system

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Virtual communication mitigates COVID-19 risk for task force Marines

BY 1ST LT. HEATHER CHAIREZ

U.S. Marine Corps Forces, South

U.S. Marines and Sailors with Special Purpose Marine Air-Ground Task Force – Southern Command have adapted to new methods to ensure they are maintaining readiness and communication with the force, all while socially distancing for COVID-19 precautions.

Along with using face masks, continuously cleaning their workspaces, and holding team meetings at a safe distance from one another, the force has also turned to virtual communications for briefs and conferences. The task force began using Microsoft Teams, a platform already used across the Department of Defense.

Members of SPMAGTF-SC, primarily made up of reserve Ma-

rines and Sailors, bring with them their professional expertise to ensure a smooth transition into digital communications.

“I used my civilian job as a network engineer to help train the communication team of SPMAGTF-SC with the use of the new platform,” said Master Sgt. Jesus Torres, El Salvador liaison officer of SPMAGTF-SC.

The Marines and Sailors of the task force are currently preparing for an upcoming deployment to the Latin American and Caribbean region to serve as a crisis response force in the face of hurricane season. However, due to the ongoing coronavirus pandemic, the service members have had to adjust their training and planning efforts to mitigate the spread of the virus.

The members of the task force, who are from

various units across the U.S., bring with them skill-sets and degrees from their civilian jobs that provide diverse and in-depth communications experience to the SPMAGTF-SC, said Maj. Sean Kenney, communications officer of SPMAGTF-SC.

“My experience with troubleshooting in the communication and data field have assisted to support the task and mission completion of establishing the platform capability,” said Torres.

Torres also said Microsoft Teams will help members transition easily from predeployment training to in-country operations, allowing flexibility for key information to be shared on multiple network domains within SPMAGTF-SC.

In order to prepare for their upcoming mission, the SPMAGTF-SC have adapt-

ed to their virtual communication platform using it for direct messaging, phone calls, video chats and conferences, screen sharing, shared calendars and SharePoint integration, which all helps protect the health of the force while maintaining readiness.

“Marines and Sailors are able to replace in-person meetings with a virtual video chat,” said Kenney. “The SPMAGTF-SC has 100 operators that are active on a daily basis, ensuring that we remain socially distant, while maintaining daily operations.”

During their deployment to the U.S. Southern Command area of operations, the task force will work side-by-side with partner nation militaries, increasing the multinational team’s overall readiness to respond to crises and humanitarian missions throughout the region.



Photo by Cpl. Benjamin Larsen

Maj. Blake Hudgins, the operations officer of Special Purpose Marine Air-Ground Task Force - Southern Command, briefs task force leaders during a virtual team meeting at Camp Lejeune, May 29. The SPMAGTF-SC is preparing to deploy from Camp Lejeune to the Latin America and Caribbean region where they will work and train alongside partner nation militaries, and also serve as a crisis response force.

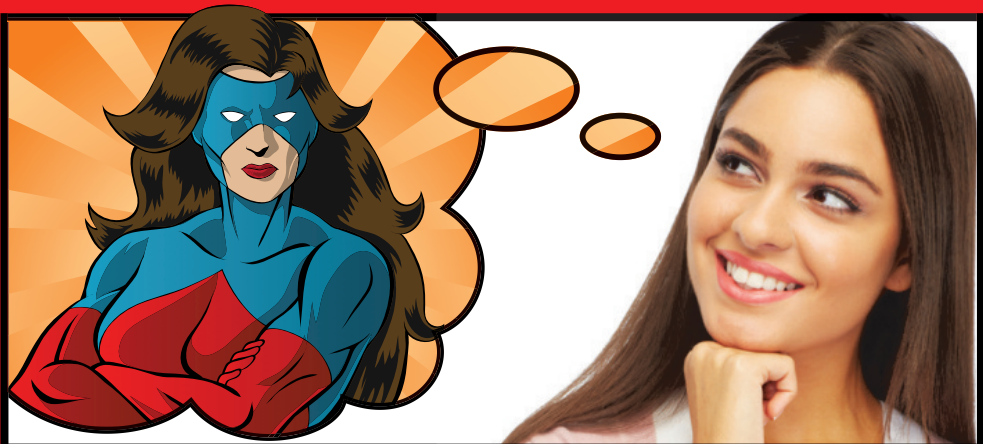
Destructive Weather Exercise helps base prepare for hurricane season



Photos by Lance Cpl. Ginnie Lee

U.S. Navy HN Wesley Brown, a corpsman with the Wayne Caron Clinic on Marine Corps Base Camp Lejeune, gives instructions on a medical screening form at the Wallace Creek Fitness Center shelter during a destructive weather exercise on MCB Camp Lejeune, June 17. MCB Camp Lejeune and Marine Corps Air Station personnel activated their respective Emergency Operations Centers, staged required equipment and exercised shelter operations while adhering to COVID-19 procedures during the exercise.

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[Facebook](https://www.facebook.com/BiotestPlasmaCenterJacksonville) BiotestPlasmaCenterJacksonville

[Twitter](https://twitter.com/BPCJacksonville) @BPCJacksonville

Give and get back more!



U.S. Marines with Headquarters and Support Battalion, Marine Corps Installations East-Marine Corps Base Camp Lejeune, stage cots at the Wallace Creek Fitness Center shelter.

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NMRTC Camp Lejeune celebrates 122nd Hospital Corps birthday



Photos by NMCCCL Public Affairs

Navy Medicine Readiness Training Command Camp Lejeune celebrates the Hospital Corps Birthday with a ceremonial cake cutting. The cake is cut by the most junior corpsman, HMCS Sarah Pernsteiner, and most senior corpsman, HMCS Victor Ibarra, at the command.

BY PUBLIC AFFAIRS NMCCCL

Navy Medicine Readiness and Training Command Camp Lejeune honored the 122nd Hospital Corps birthday on June 17.

While adhering to social distancing and face covering policies, a small gathering of personnel met to recognize the more than 100-year dedication of the Hospital Corps to caring for Sailors, Marines, and others on the battlefield, at sea, and in military health care facilities.

Commander CAPT Jeff Timby read the birthday message from the Navy Surgeon General and offered thanks to the corpsmen.

"I cannot say enough good things about the hospital corpsmen," said CAPT

Timby. "You guys come in here in every day, do the vision, take care of our patients, and you do it happily, dutifully, and responsibly."

Master Chief Venita Johnson, Acting Command Master Chief, read the birthday message from the Navy Force Master Chief.

As is tradition among Navy Medicine, the most senior and most junior corpsmen cut a ceremonial birthday cake. The cake was cut jointly by Senior Chief Victor Ibarra and Hospitalman Corpsman Sarah Pernsteiner.

While cake could not be served on the Quarterdeck due to COVID-19 safety measures, corpsmen displayed composites of Hospital Corps history for staff and patients to view throughout the day.



Navy Medicine Readiness Training Command Camp Lejeune celebrates the Hospital Corps Birthday.

2d MARDIV provides fire, support and suppression



Photos by Cpl. Alize Sotelo

U.S. Marines with 1st Battalion, 8th Marine Regiment (V18), 2d Marine Division, provide suppression during a support by fire range at Camp Lejeune, June 13. The Marines with V18 engaged automated targets with mortars, machine gun fire, and maneuver tactics to simulate realistic combat situations.



U.S. Marine Corps Cpl. Caleb Steele, a mortarman with 1st Battalion, 8th Marine Regiment (V18), 2d Marine Division, calls out fire and commands.



U.S. Marines with 1st Battalion, 8th Marine Regiment (V18), 2d Marine Division, provide suppression.



Group exercise classes resume on modified schedule



Photos by Calvin Shomaker

Group exercise instructor Stacy Lamb leads a Cycle & Yoga class at the French Creek Fitness Center gymnasium on Marine Corps Base Camp Lejeune, June 22.

Socially distanced classes are being held in the gymnasiums at Wallace Creek, French Creek, Courthouse Bay and New River Fitness Centers with separate entrance/exit points

BY CALVIN SHOMAKER
Sports Writer

Group exercise classes on Marine Corps Base Camp Lejeune and Marine Corps Air Station New River returned with a modified schedule and an array of safety precautions, June 5. Classes are being held in gyms at Wallace Creek, French Creek, Courthouse Bay and New River Fitness Centers with a limited number of participants as well as social distancing measures, such as marked squares and X's.

In addition to social distancing, patrons are expected to use the hand sanitizer located at the single enter/exit location for the class, which is the gym entrance separate from the main fitness center entrance, and are required to clean all equipment used during their workout with provided cleaning materials.

"We are excited to be back at four fitness center gymnasiums and practicing socially-distanced group exercise classes for our valued Lejeune-New River patrons," said



Hand sanitizer and sanitizing wipes, such as these by the door of the gym at French Creek Fitness Center, have been readily available at fitness centers for patrons.

Connie Bodine, MCCS Lejeune-New River Group Exercise Coordinator. "We continue to strive to provide safe, innovative, motivating and positive fitness experiences for a community we are extremely appreciative of."

Stacy Lamb, a group exercise instructor who teaches Cycle & Yoga, says having a qualified instructor teaching the class makes group exercise more appealing than working out alone.

"Group exercise is so much more motivating than exercising on your own because you have a certified instructor guiding and leading you on safety and efficacy, instead of having to figure out how to work out in the gym by yourself," Lamb said.

Cycle & Yoga, for example, is a class designed to utilize two complimentary activities.

"Cycling before yoga is beneficial because you get your body so warm and your joints and muscles feel so much more comfortable going into your yoga postures and poses," Lamb said.

Remember that non-active duty military personnel must purchase group exercise passes or cards in advance at Wallace Creek, Tarawa Terrace or New River Fitness Centers and show up 15 minutes before the start time. Active duty personnel can attend for free with a valid military ID. No guests or late arrivals are allowed due to current protocols.

For more information on group exercise, visit www.mccslejeune-newriver.com/fitness.



Jennifer Stone warms up during a socially-distanced Cycle & Yoga class at the French Creek Fitness Center gymnasium, June 22.

#Take5Save5 Virtual 5k aims to save lives

BY CALVIN SHOMAKER
Sports Writer

A nonprofit organization based in Wake Forest, North Carolina is holding a virtual run July 4th weekend to help raise awareness of the veteran suicide rate in our state.

The Joel Fund, an organization helping educate and engage veterans through community, planned its #Take5Save5 Virtual 5k to share the message that taking five minutes to reach out to veterans, learn the signs and symptoms of post traumatic stress and help spread the word could save five lives, the number of veterans North

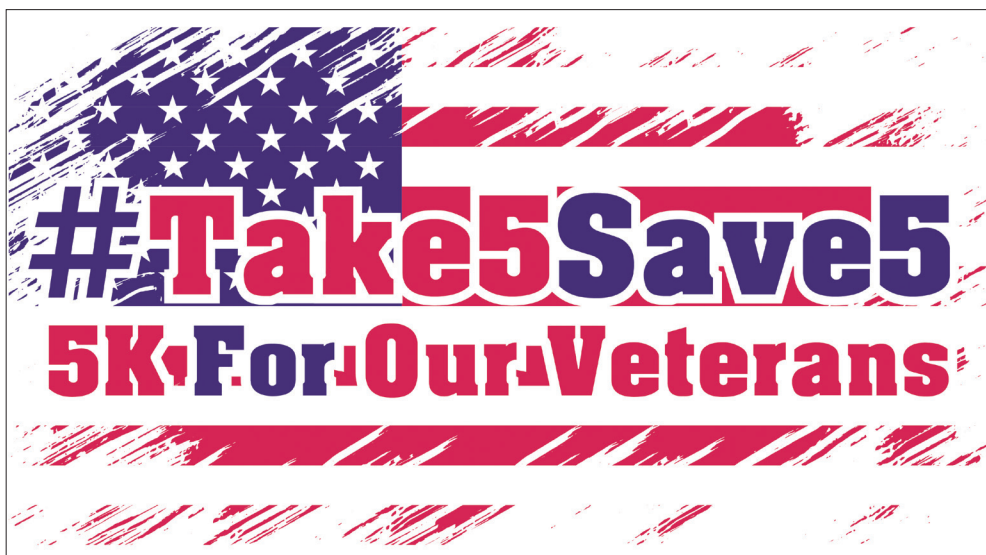


Photo courtesy of The Joel Fund

Carolina loses to suicide per week.

"Everything that we do is centered around

getting veterans and their families involved in their communities and connected to their

peers," said Brooke Dickhart, founder of The Joel Fund. "The race is a great oppor-

tunity to get out and do something physical and honor our heroes over the Fourth of July weekend."

Dickhart, who started the nonprofit in honor of her father, a Navy SEAL who lost his battle with PTSD in 2014, says you don't have to sign up for the race as an individual. Groups and families are also encouraged to run or walk together to aid the cause.

Since COVID-19 has restricted The Joel Fund from in person gatherings they've taken to Zoom Video conferencing to hold virtual events, including art classes and Coffee Connections for veter-

ans. Since transitioning services online, Dickhart has noticed many new students are from the Fort Bragg and Jacksonville areas.

"The great thing about Zoom is that people can still connect," Dickhart said. "It's live and they're interacting."

The Joel Fund also connects service members and their families to non-traditional services, like helping find housing, transportation, art and yoga classes or connecting them to other needed resources.

For more information on The Joel Fund and the #Take5Save5 Virtual 5k visit www.thejoelfund.org.



Photos by Calvin Shomaker

Paradise Point Golf Course's Head PGA Professional John Johnson, left, gives short game instruction to attendees of the 3-Day Golf Mini Camp, June 23. This week was the first camp of the summer after last week's camp for ages 6-9 was rained out and rescheduled for June 29 to July 1. Camp opportunities for kids of all skill levels ages 6-9 and 10-12 will be available on various dates throughout the summer and into August. Camps begin at 9:00 a.m., Monday through Wednesday, and end at 10:15 a.m. the first two days and 10:30 a.m. on Wednesday. The purpose of the camps, Johnson said, is to get more local juniors involved in the sport. The camps teach attendees the basics of golf with both one-on-one and group instruction from Johnson. The camp is open to the public and is \$40 per child. Space is limited and filled on a first come, first serve basis. For more information or to register call (910) 451-5445.



John Johnson, Head PGA Professional at Paradise Point Golf Course on Marine Corps Base Camp Lejeune, gives instruction to a 3-Day Golf Mini Camp attendee at the Paradise Point Golf Course driving range, June 23.

Runners find community in online running group #RUNTHEVIRUS

BY CALVIN SHOMAKER
Sports Writer

An online running group formed by 23rd Veteran, a nonprofit geared towards getting veterans out of isolation, is helping runners feel more connected to their hobby.

"When the social distancing started we saw the running community suffering from isolation," said Mike Waldron, a former Marine who is the founder and director of 23rd Veteran. "There were a lot of people who were upset their races were being canceled. They weren't training the way they should have been training,

and we felt like we could help."

What makes the Facebook group #RUNTHEVIRUS so appealing?

"The human contact," said Mink Price, clinical supervisor for the Substance Abuse Program on Marine Corps Air Station New River, who joined the group after seeing a recommendation on her feed. "I don't even think I knew how crucial that was to my life until I didn't have it."

The group has grown to over 1,400 members since starting in April with 10 teams that are connected globally.



Photo courtesy of #RUNTHEVIRUS and 23rd Veteran

On June 20, #RUNTHEVIRUS held a live virtual race, but it's Relay Games are a major draw. During a Relay Game teams compete to see which team can log the most miles within a non-stopped three or four day period.

According to Price, the

key to the relays is scheduling times when runners know when to "take the baton" by responding to a post and beginning their run. The teams that can pass the baton without lapses have the best chance to win, though what makes #RUNTHEVIRUS so special for its members

is the sense of community and the interaction.

"It's been uplifting," said Price, who serves as captain of Team Phantoms. "The camaraderie is so much fun. The cheering for one another, the congratulating people on maybe running their longest run ever, their fastest 5k, whatever personal record they set or even if it's just walking."

In addition to supporting the running community, #RUNTHEVIRUS sheds light on 23rd Veteran's mission to aid veteran health.

"Knowing that I'm partnered in my heart with

a really good organization that comes from a long line of veterans and cares about veteran mental health and physical health - that's a win-win," Mink said.

23rd Veteran is based in Minnesota and operates mainly on funds from in person events. Its next in person event will be the Nearly Naked Ruck March in Philadelphia, Nov. 7.

For more information on 23rd Veteran and #RUNTHEVIRUS visit www.23rdVeteran.org and www.runthevirus.com. Questions may also be directed to Price at (910) 449-4212 or mink.price@usmc.mil.

Intro to Archery

Friday, July 3, 5:30 p.m. to 6:30 p.m., Outdoor Adventures Office, Bldg. 728, MCB Camp Lejeune

This course will introduce you to the sport of archery. Our certified USA Archery instructors will teach you about range safety, basic equipment knowledge, and shooting a bow & arrow the proper way. Open to all authorized patrons ages seven and older. Space is limited. Cost is \$15 per person and includes equipment and instructor. For more info call (910) 451-1440 or visit www.mccslejeune-newriver.com/outdoor.

Firecracker Open Golf Tournament

Saturday, July 4, 7:30 a.m. to 2 p.m., Paradise Point Golf Course, MCB Camp Lejeune

Cost is \$10 per person or \$30 for a three person team plus cart and greens fee. Players can form their own teams or register individually and the golf staff will assist in finding teammates. Teams will be pre-flighted based on combined handicap index. The format is nine holes alternate shot and nine holes scramble. Register by 5 p.m. on June 29 by calling (910) 451-5445.

Softball Points Derby

July 7-10, Harris Agganis Softball Field and New River Softball Fields, MCB Camp Lejeune and MCAS New River

The derbies will be broken into 15 minutes time slots with 10 batters per slot to abide by social distancing. Batters get 13 pitches. Points values range between

Sports on TAP

For more information on games, tryouts, special events and exercise classes around MCB Camp Lejeune and MCAS New River, check out Sports on Tap each week. To add your activity, call (910) 451-7421. Availability is limited to space. To add your event to our website calendar, visit www.camplejeuneglobe.com.



zero and four. Camp Lejeune Derby begins July 7 and the New River Derby begins July 9. Register for the Lejeune Derby at the Camp Lejeune Sports Office at Goettge Memorial Field House or by calling (910) 451-2710. Register for the New River Derby at the New River Sports Office, Bldg. AS-4000, or by calling (910) 449-5844. The registration deadline is July 6.

Paradise Point Open

Saturday, July 11, 9 a.m. to July 12 at 2 p.m., Paradise Point Golf Course, MCB Camp Lejeune

Register for this event by July 8 to compete in a Paradise Point Grand Slam Series event. Tournament consists of two 18-hole rounds scored by stroke play (both gross and net). Players must have a USGA

handicap. Cost is \$25 per golfer plus cart and greens fee. Event is open to the public. For more info, visit www.mccslejeune-newriver.com/golf or call (910) 451-5445.

\$5 Fridays Archery Day Pass

Fridays through Sept. 4, 10:00 a.m., to 4:00 p.m., McIntyre-Parks Recreational Shooting Complex, R-100 Old Sawmill Rd, MCB Camp Lejeune
Take advantage of this five dollar Archery Day Pass special on Fridays. Special does not include a bow rental. Event is open to all authorized patrons and their guests. Remember to use proper social distancing measures. For more info, call (910) 451-3889 or visit www.mccslejeune-newriver.com/shoot.

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Community schools keep base families fed during summer lunch program



Photos by Pat Gruner

A volunteer with Camp Lejeune Community Schools (CLCS) hands out prepared lunches from a bus at the Knox Community Center Pool, June 17. While all Department of Defense Education Activity schools in the United States are conducting a summer lunch program, CLCS has provided meals for 84% of DoDEA families on the installation, drawing a letter of commendation from Maj. Gen. Julian Alford, commanding general, Marine Corps Installations East-Marine Corps Base Camp Lejeune. More than 2,000 meals are delivered each weekday totalling over 330,000 since March.

Community comes together through sidewalk chalk art

BY STACI BURTON

Atlantic Marine Corps Communities

A recent sidewalk chalk art contest put on by Atlantic Marine Corps Communities (AMCC) received an abundance of submissions and provided residents with the opportunity to express themselves artistically.

Grace Alcala, a Camp Lejeune resident, said that she was excited to participate and give back to the neighborhood through her family's patriotic design. "The boys were super excited to spend their no screen Wednesday working on their patriotic wings and even more so that we were able to share it with the neighborhood,"

said Alcala. "We knew a lot of people were taking advantage of their quarantine time together and seeing so many people out getting sun and family time together reminded me of when I was a kid. I'm so appreciative that our boys could grow up in some of the same nostalgia my husband and I got to experience in childhood!"

"We have some truly creative and artistic residents living with us," said John Giltz, project director for AMCC. "We enjoy finding ways to bring the community together, while keeping social distancing in mind. This contest did just that and we look forward to continuing to provide these opportunities to our residents."



Courtesy photos
The Robbins family created an array of designs leading up to their doorstep.

The Dietz family enjoyed posing with the moon and stars they created outside their home



The Ritter family drew an American flag and honored essential workers.

Local schools wish students a great summer



Photo by Pat Gruner

From left, Morgan Drye, Mai Philogene and Constance Robinson pose with a photo hanging outside of Bell Fork Elementary School, June 9. Teachers and administrators held a parade for students to recognize them for overcoming the challenges faced by the school system brought about by the COVID-19 pandemic.



Reflecting on Resiliency

CHAPLAIN'S COLUMN

BY LT. KEVIN R. MOONEY

2nd Combat Engineer Battalion

The U.S. Marine Corps has cancelled the PFT for this cycle – this is how we know we are living during strange and unusual times. There are many thoughts and even sayings that come to my mind in the midst of this restriction of movement brought about by the COVID-19 pandemic. Semper Gumby; improvise, adapt, and overcome; and of course – Semper Fidelis.

This modified work schedule and restriction of movement has affected all of us in similar and different ways. Families have all of a sudden been

blessed with a great deal more time together offering opportunities to slow down and spend more time with one another. Enterprising and creative types can see this as a blessing and transform extra time into quality time. Families have tried cooking together more often, some have tried more board games, crafts and even puzzles. If there is one thing I know it is this – our children will remember and be impacted by these activities in ways that will surprise us years from now. With all of this time it is imperative to be creative to make good use of the time because,

as some have discovered, there is sometimes too much of a good thing.

On the other hand, for those who are single and live far from family and significant others, the challenges are quite different. In both cases – whether it is too much togetherness or too much time alone – it is incumbent upon us to look to our training and ask ourselves, “What we are being asked to do at this peculiar time?”

No matter what the mission we are always required to be physically, socially, mentally and spiritually fit. Even though this enemy is

invisible and our mission of physically distancing ourselves from others is not what we anticipated, our training prepares us to expect the unexpected.

If ever there was a time to improvise, adapt, and overcome it is now. Although things feel very different right now, our mission mostly remains the same. This isn't as much a mission of inaction as much as it is a mission of action in ways that are unfamiliar. Working out at home instead of at the gym, watching religious services online instead of in person - It is up to us

to use this time wisely, think outside of the box and keep ourselves fit.

My suggestion for those families that might feel they are getting cabin fever or getting too much time together - make a schedule for yourselves. Schedule time to do other tasks alone and schedule time to spend together. For those who are single I would say schedule a day and time to call or video chat with your friends and loved ones weekly. For everyone, I would say make yourself a daily task list that will keep you fit in all areas. Practice gratitude – make a daily list

of things you are grateful for during this time. And above all – Semper Fidelis. Recall what it means to be a person of honor, courage and commitment and hold yourself and others to that standard.

Lastly, if you need someone to talk to during a difficult time please reach out to a friend, someone in your chain of command, a mentor, a Chaplain, Corpsman, Medical Officer, or mental health professional. Seeking the guidance of others is a sign of wisdom, not weakness. God bless you and yours during this pandemic.



What's happenin' CAROLINA

For information on concerts, festivals, special events and classes up and down the Carolina coast, check out What's happenin' CAROLINA each week.

To add your event, email pgruner@camplejeuneglobe.com or call **451-7421**. Space is limited to availability.

To submit your event for our online calendar, visit <https://www.camplejeuneglobe.com/calendar>.

Sunset Stand-Up Paddleboarding June 26, 6 p.m. to 7:30 p.m.

\$15 per person. Includes board, equipment and guide. Register online or at the Outdoor Adventure Office located next to Gottschalk Marina. Event will depart from the Outdoor Adventures Office. Open to all authorized patrons age 14 and up. Children under 16 must be accompanied by an adult. For more information call **(910) 451-1440** or visit <http://www.mccslejeune-newriver.com/outdoor/>.

Virtual Storytime June 30, 10 a.m. to 10:30 a.m.

MCCS Libraries will be holding a virtual storytime via Facebook Live Tuesday, June 30. The video will remain online for an hour after reading and then removed to respect copyrights. A link to the stream can be found at <https://www.facebook.com/camplejeunemccs.libraries/>.

School's Out Watersports July 1, 1 p.m. to 2:30 p.m.

\$10 per person. Includes equipment and guide. A tour of Marine Corps Base Camp Lejeune's waterway with a variety of aquatic equipment. Register online or at the Outdoor Adventure Office. Event departs from Gottschalk Marina. For more information call **(910) 451-1440** or visit <http://www.mccslejeune-newriver.com/outdoor/>.

7 Principles of Making Marriage Work July 10, 8:30 a.m. to 3 p.m.

MCCS Lejeune-New River's Family Advocacy Program hosts a class based on the teachings of Dr. John Gottman, who studied couples for over 40 years to be able to identify what makes marriages succeed or fail. Couples will work on strengthening their relationships through interactive step-by-step exercises that promote increased love, trust and admiration. Couples will also learn how to avoid using the negative interaction styles that are lethal to relationships. This class is for couples contemplating engagement; pre-marital couples; married and couples in a committed relationship. Couples must attend together. For more information call **(910) 451-7315**.

Save-A-Pet

Adopt a new friend today, save a life

Photos by Onslow County Animal Shelter



My name is Brody and I am a male, tan and white hound mix. The shelter thinks I am about 3 years old.

Pet ID# 44510346



My name is Tostito, and I am a female, black and white domestic shorthair mix. The shelter thinks I am about 3 months old.

Pet ID# 44872226

The Onslow County Animal Shelter is open Tuesday through Friday from noon to 6:30 p.m. and Saturday from 10 a.m. to 4 p.m.

To see more photographs of pets available for adoption, visit <http://www.onslowcountync.gov/202/Animal-Services>. For more information, call **455-0182**.

HURRICANE EVAC PREP

ARE YOU PREPARED?

Evacuate:

- Take Essentials Only, Quality over Quantity
- Make Sure You Have Your Stocked Vehicle Emergency Kit
- Turn off Your Gas, Electricity, and Water to Avoid Unnecessary Damages
- Follow Recommended Evacuation Route and Listen to the Local Emergency Services

Stay:

- Listen to the Radio or TV for Updates on the Hurricane
- Know Shelter-in-Place Procedures
- Have Disaster Kit and Keep it Freshly Supplied
- Stay Inside, Away from Windows and Evacuate if Necessary



With peak hurricane season just around the corner comes the choice of evacuating the area or shelter-in-place. Regardless of your decision, make sure you know how to keep your family safe. This graphic shows some tips on ensuring you know your options.

Graphic by Pfc. Alliannah Bartok

ANNOUNCEMENT:

Base movie theaters will be reopening on July 3.

For more information, call (910) 450-6788 or visit <http://www.mccslejeune-newriver.com/movies/>.

CLR-27's adopted school seniors graduate

Photos by Lance Cpl. Zachary Zephir
U.S. Marine Corps Col. Brian W. Mullery, left, commanding officer of Combat Logistics Regiment 27 (CLR-27), 2nd Marine Logistics Group, and Principal Dr. Christopher M. Barnes commend graduates during a graduation ceremony at White Oak High School, Jacksonville, June 17.



Earlier this year, CLR-27 adopted White Oak High School via the Adopt-A-School Program to provide support, mentorship, and assistance to staff and students on a regular basis.



(From left) U.S. Marine Corps Col. Brian W. Mullery, commanding officer of CLR-27, a White Oak High School graduate, Principal Dr. Christopher M. Barnes and Sgt. Maj. Michael D. Martinet, sergeant major of CLR-27, pose for a photo together at the graduation ceremony.

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**SAVE UP TO
\$7,302**

Only available on selected models & trims. Residency restrictions apply. May need to finance through specific financial institution. Not all customers will qualify. Tax, Title & Licensing fees may apply. See dealer for details. Offer expires 6/30/2020

2020 JEEP GRAND CHEROKEE HIGH ALTITUDE



**SAVE UP TO
\$6,892**

Only available on selected models & trims. Residency restrictions apply. May need to finance through specific financial institution. Not all customers will qualify. Tax, Title & Licensing fees may apply. See dealer for details. Offer expires 6/30/2020

NO PAYMENT FOR 90 DAYS

**2020 DODGE
CHALLENGER**



**2020 DODGE
CHARGER**

Must finance through CCAP. Only available on selected models & trims. Residency restrictions apply. May need to finance through specific financial institution. Not all customers will qualify. Tax, Title & Licensing fees may apply. See dealer for details. Offer expires 6/30/2020

2020 RAM 1500 BIG HORN CREW CAB 4X4



**SAVE UP TO
\$9,680**

Only available on selected models & trims. Residency restrictions apply. May need to finance through specific financial institution. Not all customers will qualify. Tax, Title & Licensing fees may apply. See dealer for details. Offer expires 6/30/2020

0% APR FOR 72 MONTHS



**2020 JEEP
COMPASS**

Only available on selected models & trims. Residency restrictions apply. May need to finance through specific financial institution. Not all customers will qualify. Tax, Title & Licensing fees may apply. See dealer for details. Offer expires 6/30/2020

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BONUS**

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