

- Carolinas Boxing Hall of Fame 5A
- Onslow County Schools nutrition hubs 1B
- Women’s History Month 5B



# MCIEAST COVID-19 PRIORITIES

1	MITIGATE VIRUS SPREAD	Social distancing • Proper hygiene • Limit access to base • Curtailment of services • Enforce Restriction of Movement Protocols • Small Unit Leadership
2	PRESERVE READINESS	Preserve Critical Capabilities (Medical, First Responders, Security Forces, Food Service) • Ensure appropriate mitigation measures for critical capabilities • Ensure appropriate levels of personal protective equipment and cleaning supplies • Hurricane Recovery / MILCON
3	SUPPORT ESSENTIAL OPS	Support: MEF & Tenants • Deployment and Redeployments • Entry Level Training Pipeline • Essential Services (Commissary/Food, MCX, Fuel, Water, Power, etc.) • Preparations for upcoming Hurricane Season
4	COMMUNICATE AND ENGAGE	Clear and transparent communication • Education is essential • Shared understanding with Federal, State, and Local Government

Maj. Gen. Julian D. Alford, MCIEAST-MCB Camp Lejeune commanding general, has issued an easy reference guide that outlines his four essential COVID-19 priorities for all bases and stations to use when determining how best to leverage personnel and resources during this unfolding crisis.

## MCIEAST implements changes in mess halls in response to COVID-19

**MARINE CORPS INSTALLATIONS EAST**

The MCIEAST Food Service Division has been authorized by the MCIEAST Installation Commander to implement measures in the Camp Lejeune mess halls as an effort to help prevent the spread of the COVID-19 virus.

MCIEAST-MCB Camp Lejeune and MCAS NR has converted to the Full Service Cold Bars. The services impacted will be self-service salad bars, beverage bars, pastry bars and convenience lines. There will be a limited selection/variety of items available

from these self-service bars served as full service.

In an effort to maintain the protection of all personnel, the staff at all mess halls have increased the frequency of hand washing, single glove use and disinfecting touch points with an emphasis on entrances/exits. Food Service Division encourages and recommends all personnel to follow the guidelines for social distancing.

**NOTE: All information is subject to change based on updates to the Health Protection Condition or recommendations by the installation Public Health Emergency Officer.**



A Sodexo employee lays out pre-made chow to limit the interaction between Marines and the chow hall employees at Mess Hall 128 on Marine Corps Base Camp Lejeune, March 24. Due to the COVID-19 outbreak, MCB Camp Lejeune has enforced social distancing through limited customer interaction and sanitized work spaces.

Who do I Count?

- Anyone living in your home on April 1, regardless of age or relationship
  - ✓ Don’t count spouses deployed overseas
- Service members stationed here, but deployed overseas will be counted by the DoD using information from the Defense Manpower Data Center (DMDC)
  - ✓ Those deployed on a Naval vessel who will be counted on their ship
- Service members living in barracks will be given a paper-based response option and tracked by their unit census coordinator.

## The 2020 Census is still underway. Have you responded?

**VICTORIA LONG**  
Marine Corps Installations East

More than 11 million households in the United States have completed their 2020 Census forms and the number continues to climb. Census cards are arriving in mailboxes across the country and now is the time to respond.

While the Coronavirus has put a hold on many activities, responding to the Census can be completed safely without con-

tacting other people. “The public is strongly encouraged to respond to the 2020 Census online using a desktop computer, laptop, smartphone or tablet, and can also respond by phone or mail,” said U.S. Census Bureau Director Steve Dillingham.

Your response to the Census provides millions of dollars in federal funding to our local communities. Health care and emergency services are especially important now more than ever and can benefit from your response.

Due to the outbreak of COVID-19, the response deadline has been extended to Aug. 14, 2020 and census takers will delay making house calls on those who have not responded by the end of May.

Don’t forget to count everyone living in your home, regardless of their age or relationship to you. The only exception is for service members deployed overseas, who will be counted separately. For more information on the 2020 Census, visit [www.2020census.gov](http://www.2020census.gov).



# NMCCL's screening sites provide COVID-19 testing



Photos by Warrant Officer Brian Lautenslager

U.S. Navy Sailors HM3 Angeloo Ruiz, left, and HN Dalton Pedersen with Naval Medical Center Camp Lejeune wait for cars to arrive at the COVID-19 Beneficiary Screening Site at Naval Medical Center Camp Lejeune Clinic Annex on Marine Corps Base Camp Lejeune, Mar. 19.

## COURTESY STORY

Naval Medical Center Camp Lejeune's two sites remain open to screen service members and DoD beneficiaries showing symptoms of COVID-19. Service members are required to be evaluated by their unit medical officer prior to arriving at the screening site and beneficiaries should contact the COVID-19 Help Line at 910-450-2956 prior to arriving at their screening site.

For more information on NMCCL's COVID-19 screening sites, visit <https://www.med.navy.mil/sites/nhcl/Pages/default.aspx>. For more information on COVID-19, visit the Centers for Disease Control & Prevention website at [www.coronavirus.gov](http://www.coronavirus.gov).



U.S. Navy Sailor HN Christian Monieno disinfects medical equipment at the active duty screening site.



A screening tent is set up as part of a COVID-19 screening site outside of the Naval Medical Center Camp Lejeune Clinic Annex.

## OFF-LIMITS

The following businesses are designated by the base commander as "off-limits"

### CAMP LEJEUNE REGION:

Atheas Attics at 420 Eastwood Rd., Wilmington.  
 Bell Auto Salvage II at 136 Abbots Branch Rd., Hubert.  
 Best Exxon at 2945 Richlands Highway, Jacksonville.  
 Club Phoenix at 209 East 5th St., Greenville.  
 Dash-In at 1316 Hargett St., Jacksonville.  
 Drive Thru Mini Mart at 2729 Commerce Road, Jacksonville.  
 D's Drive Thru (AKA: Raul's Drive Thru) at 226 Wilmington Highway, Jacksonville.  
 D's Quick Mart at 2840 Highway 258 West, Richlands.  
 Expressions at 419 South College Rd., #39, Wilmington.  
 Express Way at 1261 Gum Branch Rd., Jacksonville.  
 Golden Dragon (AKA) Tokyo Asian House at 1850 Wilmington Highway, Jacksonville.  
 Highlands Tobacco aka Piney Green  
 Tobacco at 835 Piney Green Road, Jacksonville.  
 Highway 24 Tobacco at 1448 West Corbet Ave. Jacksonville.  
 Hubert Tobacco at 393 Hubert Blvd., Hubert.  
 J&N Grocery at 1142 Beulaville Highway, Richlands.  
 Karen Huffman's Cleaning Jacksonville.  
 King's Tobacco Drive Thru at 1796 Gum Branch Rd., Jacksonville.  
 Laird's Auto and Truck Repair (U-Haul Rental) at 1197 Piney Green Rd., Jacksonville.  
 MB Super Discount at 800 Shipyard Blvd., Wilmington.  
 Moe's Mart at 2105 Belgrade-Swansboro Rd., Maysville.  
 Nash Market at 237 New River Drive, Jacksonville.  
 OJ's Tobacco and Vapor at 8900 Richlands Highway, Richlands.  
 One Stop Shop at 501 Corbin St., Jacksonville.  
 \*Precision Motor Sports at 1321 Lake Cole Road, Jacksonville.  
 Price is Right Lawn Design in Jacksonville.  
 Reid's Mart at 461 Hubert Blvd., Hubert.  
 Sahara Hookah Lounge at 917 North Marine Blvd., Jacksonville.  
 Saint Thomas Custom Homes at 3560 McArthur Rd., Broadway.

Smart Buy at 375 Jacksonville Mall, Jacksonville. (currently not open, but has history of reappearing)  
 Speedy's Drive Thru at 357 Henderson Drive, Jacksonville.  
 Sun House Vapor and Tobacco at 2840 Richlands Highway, Jacksonville.  
 Super-Fast Drive Thru Mini Mart at 1005 North Marine Blvd., Jacksonville.  
 Tobacco at 521 Yopp Rd., Unit 106, Jacksonville.  
 Tobacco Leaf at 343K Western Blvd., Jacksonville.  
 Triple C Diesel Performance and Mobile Repair  
 602 Richlands Highway, Jacksonville  
 Veterans Affairs Service Jacksonville. (This is a private organization not affiliated with the Department of Veterans Affairs, VA Outpatient Clinic, nor Onslow County Veteran Services.)

### MCAS CHERRY POINT AREA:

98 Cent Only Store  
 (Big Daddy) Wesley's Grocery  
 Coastal Smoke Shop  
 Expressions  
 Friday's Night Club (AKA: Club Insomnia, Club Classics, Infinity Lounge)  
 Flyers at 400 Fontana Blvd., Havelock.  
 H&D Express (AKA: Citgo)  
 Nadine's Food Mart  
 Tobacco Outlet (Havelock and New Bern)  
 Tobacco Shop & Gifts (Beaufort and New Bern)  
 Tobacco Town  
 Tobacco Shop (Newport and New Bern)  
 Twin Rivers (Not the mall)  
 White Sands Convenience Store

### OFF-LIMITS ROADS:

Catfish Lake Road

\* Identifies a new business added since the last update of the Bulletin.

## Hotline numbers to report fraud, waste, abuse and corruption

II MEF Hotline - 451-5555 [www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx](http://www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx)  
 MCIEAST Hotline - 451-3928 [www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/CommandingGeneralsInspectionProgram.aspx](http://www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/CommandingGeneralsInspectionProgram.aspx)  
 TECOM Hotline - (703) 432-1650 [www.tecom.usmc.mil/pages/ig.aspx](http://www.tecom.usmc.mil/pages/ig.aspx)  
 Naval Hospital Hotlines - (910) 450-4240 [NHCL-IGHotline@med.navy.mil](mailto:NHCL-IGHotline@med.navy.mil)  
 MARSOC Hotlines - 440-1045/0941 [www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx](http://www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx)  
 New River Hotline - 449-6029.

## To report crimes on and off base

To report crimes on and off base, you can call the Crime Stoppers anonymous hotline at 938-3273 or text your tip to TIP4CSJAX + your tip to 274637.

- Cash rewards up to \$2,500 for information deemed of assistance to law enforcement.
  - Caller never reveals his/her identity
  - Reward is collected through code system

Help keep Marine Corps bases and Onslow County safe!

The  
**Globe**

**Commanding General**  
**MCIEAST-MCB Camp Lejeune**  
 Maj. Gen. Julian D. Alford

**Communication Strategy**  
**and Operations Director**  
 Nat Fahy  
[nat.fahy@usmc.mil](mailto:nat.fahy@usmc.mil)

**Media and Digital Engagement**  
**Officer in Charge**  
 1st Lt. Andrew Martino  
[andrew.martino@usmc.mil](mailto:andrew.martino@usmc.mil)

**Media and Digital Engagement Chief**  
 Staff Sgt. Jennifer Poole  
[jennifer.poole@usmc.mil](mailto:jennifer.poole@usmc.mil)

**Managing Editor**  
 Pat Gruner  
[pgruner@camplejeuneglobe.com](mailto:pgruner@camplejeuneglobe.com)

**Graphic Designer**  
 Shelly Fierro  
[sbukoskey@camplejeuneglobe.com](mailto:sbukoskey@camplejeuneglobe.com)

**Sports Writer**  
 Calvin Shomaker  
[cshomaker@camplejeuneglobe.com](mailto:cshomaker@camplejeuneglobe.com)

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# Train Like We Fight: Maj. Gen. Furness visits defensive range G-30



Photos by Lance Cpl. Brian Bolin Jr.

U.S. Marine Corps Maj. Gen. David J. Furness, the commanding general of 2nd Marine Division, looks over plans of maneuver during a visit to range G-30 at Camp Lejeune, March 5.

**BY LANCE CPL. BRIAN BOLIN JR.**  
2nd Marine Division

Marines commonly say the best way to train for combat is to train like you fight. A more realistic defense simulation is essential to winning in a potential future conflict. The Marines of 2nd Marine Division (MARDIV) and Marine Corps Base Camp Lejeune Range Control recently opened

range G-30, a unique defensive live-fire range that uses automated targets to create opportunities for units to overcome changing threat simulations.

Maj. Gen. David J. Furness, the commanding general of 2d MARDIV, visited range G-30, March 5.

"The range was developed for a company sized element to practice setting in a defense and actually being able to fire that defense to see how lethal and

effective they are," said Furness. "This helps in the building block level of training for other surface level training events."

Furness and his staff visited the new range to get a better visual on how Marines will be using it and to talk with the Marines in the fighting holes.

"We basically give a unit a piece of ground and tell them to defend it however they see fit," said Chief Warrant Officer 5 Joshua



U.S. Marines with 1st Battalion, 2nd Marine Regiment, 2nd Marine Division defend gun positions during range G-30. Range G-30 is a unique defensive live-fire range that uses automated targets for units to adapt differently to changing threat simulations.

Smith, the Marine gunner for 2d MARDIV. "Each unit does it differently than I would do it and that's great because we're allowing unit leaders to figure out how to do it on their own."

Unlike other defensive training ranges on Camp Lejeune, G-30 gives Marines the capability to deploy all of their weapons systems together including mortars, machine guns and anti-tank rockets. Prior to range G-30's open-

ing, restrictions on other ranges prevented such a wide employment of assets simultaneously.

"We're making sure that when Marines go out to larger training events, it isn't the first time they see how a defense is supposed to really be done," said Smith. "The unique thing about this range is that it's live fire."

Expanding the range into a full battalion level defense training complex

is planned. Such a boost in capabilities is meant to improve the performance of Marines at larger events and exercises across the globe.

"We will continue improving and making G-30 better to fill capability gaps in our range complex here at Camp Lejeune," Furness said. "Conducting a defense is a core metatask for the Marines we're sending out, and a vital part of our lethality."

# Japan Ground Self-Defense Force Maj. Gen. Hidenori Sakai visits New River



Photos by Cpl. Cody Rowe

Japan Ground Self-Defense Force Maj. Gen. Hidenori Sakai pins enlisted aircrew wings onto JGSDF Sergeant First Class Yusuke Araki at a graduation ceremony at Marine Corps Air Station New River, March 5. Marines with Marine Medium Tiltrotor Squadron 204 and members of the JGSDF graduated from the MV-22B Osprey enlisted aircrew course.



Maj. Gen. Hidenori Sakai (middle-right) and other JGSDF leadership visit Marine Medium Tiltrotor Squadron 204.

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# 2nd MLG Marines honor WOMEN'S HISTORY MONTH



BY LANCE CPL. FATIMA  
VILLATORO  
2nd Marine Logistics Group

The War of 1812 saw “Lucy Brewer”, the first woman to ever serve in the Marine Corps, reportedly forced to disguise herself as a man in order to serve as a sharpshooter aboard the USS Constitution and defend the United States.

In 1918, Opha Mae Johnson followed Brewer as the first official enlisted female Marine following the Secretary of the Navy’s decision to allow women to enlist for clerical duty in the Marine Corps Reserve.

Because of their resilience, desire to serve their country, and drive to exemplify their equality with their male counterparts, today the nation honors them, and all women, for Women’s History Month every March.

The women of 2nd Marine Logistics Group (MLG) in Camp Lejeune, N.C. are living up to the legacy of their sisters-in-arms, who for the past seventy-five years, have set the standard for selfless service in the Corps, serving in vital billets around the logistics combat element for II Marine Expeditionary Force.

These women, along with countless other female Marines, proved that they can do just as much as their male counterparts, leading to the 2015 repeal of the ban on women in combat arms by former Defense Secretary Ashton Carter, enabling service for women throughout the MLG.

“When I heard that females were allowed to enlist in combat jobs I was extremely motivated,” said 1st Lt. Briana Barca, executive officer of 2nd Transportation Battalion’s Alpha Company. “For combat jobs—or for any job in the Marine Corps—your gender shouldn’t matter. I know females are always going to be a minority in the combat arms, but that shouldn’t stop [them] from accomplishing what [they] want.”

Even with the combat ban lifted, women have continued to face

scrutiny from service members, civilians, and lawmakers alike. Despite the adversity, female Marines are marching steadily forward, serving in critical roles throughout the MLG and the Marine Corps as a whole.

“I knew that coming into the Marine Corps I was going to be automatically judged because of [my gender],” said Barca. “There is a stereotype that ... it’s harder for us to meet the standard physically. Our bodies are obviously built differently than theirs—and we sometimes have to work harder than they do—but if [women] put in the time and effort, we can be just as competitive.”

Aside from operational hurdles, women have also had to struggle with ancillary changes to their daily functioning in uniform, as the Corps has worked to fully integrate them into its rank-and-file over the past century.

1st Sgt. Jessica Davila, Company First Sergeant for Combat Logistics Battalion 2’s Headquarters and Service Company, has seen many adjustments to uniform regulations over her 15-year career—changes which she feels have finally given women the ability to embrace their identity while serving as Marines.

“When I was a junior Marine we weren’t allowed to wear earrings,” said Davila. “Then I remember reading the change to the order, and I was excited about it. The next day, I showed up to work with earrings while wearing my service ‘charlie’ uniform.”

1st Sgt. Davila sees more progressive changes as critical to promoting the acceptance of feminism amongst Marines. She hopes these changes will help battle endemic sexism and misogyny, which have been a high-profile problem for women around the Department of Defense.

Marines are known for being the first to fight when the nation calls to defend its sovereignty. They are the nation’s shock troops and 9-1-1 force—regardless of gender. The women of 2nd MLG are proud to be part of that lega-

cy and seek to continue making positive changes which promise to influence future generations of women in the Corps.

“As women, we should be proud of the fact that we are able to embrace our femininity and self-identity while serving in such a male dominant branch,” said Davila. “By simply being able to wear make-up, wear earrings, and [have] the option to wear a skirt [we are allowed] to present to the world that yes, we are serving in the most elite fighting force in the world, and there is nothing wrong with feeling beautiful while doing so.”



Photo by Lance Cpl. Scott Jenkins/Cutout by Shelly Fierro

U.S. Marine Corps 1st Sgt. Jessica S. Davila, with Headquarters and Service Company, Combat Logistics Battalion 2, Combat Logistics Regiment 2 poses for a photo on Camp Lejeune, March, 18.

“Here’s to strong women. May we know them, may we be them, may we raise them.”  
- Unknown



Photo by Lance Cpl. Zachary Zephir

U.S. Marine Corps 1st Lt. Briana Barca, executive officer of Alpha Company, 2nd Transportation Support Battalion, Combat Logistics Regiment 2 poses for a photo. 2nd MLG is honoring the many women who play an essential part to the success of the mission during March for National Women’s History Month.

## WHAT DISH SHOULD REPRESENT YOUR STATE ON A NATIONAL STAGE?

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### Record of Decision Available for Operable Unit 26, Site UXO-24 and Site 37 at Marine Corps Base Camp Lejeune North Carolina



The United States Department of the Navy announces the availability of the Record of Decision (ROD) for Operable Unit 26, Site Unexploded Ordnance (UXO)-24 and Site 37, located aboard Marine Corps Base Camp Lejeune. The ROD documents the Navy’s selected remedy for addressing the potential presence of munitions and explosives of concern (MEC)/material potentially presenting an explosive hazard (MPPEH) at Site UXO-24. The Selected Remedy for Site UXO-24 is land use controls which requires explosives safety education training for onsite personnel. The effectiveness of this remedy will be reviewed every five years.

No further action is recommended for Site 37 because MEC/MPPEH has not been identified within the site boundary, and exposure to surface or subsurface soil and groundwater at the site is not expected to result in unacceptable risks to human or ecological receptors.

Prior to selecting the remedy, a public meeting and comment period were held. Clarifying questions were asked, but no specific comments on the proposed plan were submitted. The ROD has been reviewed and approved by the United States Environmental Protection Agency and the North Carolina Department of Environmental Quality.

#### For More Information

The ROD and the Administrative Record file for this site, which includes all documents used as the basis for this decision, are available on the public website (<http://go.usa.gov/Dy5T>) which can be accessed at:

Onslow Public Library  
58 Doris Avenue East  
Jacksonville, NC 28540  
(910) 455-7350





## Cline selected for Carolinas Boxing Hall of Fame

*The former All-Marine boxer and coach is a lifelong devotee to the sport.*

BY CALVIN SHOMAKER  
Sports Writer

Retired U.S. Marine Corps Sgt. Maj. Michael Cline will be one of six individuals inducted into the Carolinas Boxing Hall of Fame in Charlotte this summer. Cline became an All-Marine boxer in 1976 and fought in various district and regional matches throughout his time in the service. In 1988, he joined the All-Marine coaching staff.

"It is a very prestigious honor," Cline said of the selection. "I am just thankful and I am humbled to have that opportunity."

In 2003, Cline won a bronze medal in the masters division of the Ring-side National Tournament. To this day, he remains involved in the local boxing community, coaching boxers on base daily.

His deep love for the sport proves to be one of the main pillars in his life.

"It has made me very humble (and) disciplined," Cline said. "It's kept me motivated. It's kept me in esprit de corps, understanding team concepts, how to deal with people and how to give back to others."

Following the disbandment of the All-Marine team in 2012, Cline established the All-Marine

Boxing Team Alumni Hall of Fame in 2016. He proudly serves as the chairman of the team's alumni hall of fame, which holds a reunion and induction ceremony here locally each year.

According to Mike Bivens, vice chairman of the Carolinas Boxing Hall of Fame, all inductees must have one trait that stands out beyond the wins and losses - good character.

"You've got to be someone in the community that we feel like represents boxing well," Bivens said.

Character is surely something Cline has always taken pride in and something that he sees reflected in this year's class.

"I am all about making sure that we have sportsmanship and that our conduct is professional at all times," Cline said. "I think that they recognized that we never wavered off of professionalism."

The Carolinas Boxing Hall of Fame was founded in 1984 and is housed at Bojangles Coliseum. Some of its notable past inductees include Floyd Patterson, James Smith, Larry Frazier and Ray Mercer, among others.

The induction ceremony is scheduled for July 17 in Charlotte. For more info, visit [www.carolinas-boxinghalloffame.com](http://www.carolinas-boxinghalloffame.com).



Courtesy photos  
Retired U.S. Marine Corps Sgt. Maj. Michael Cline is a fixture in the local boxing community who has dedicated the majority of his life to the sport. Cline is a boxing coach, a former All-Marine boxer and currently serves as the chairman of the All-Marine Boxing Team Alumni Hall of Fame, which he established in 2016.

## Locals make Arnold Sports Festival debut



Courtesy photos  
Sanda Heger, left, and Nancy Johnson, right, pose for a photo during the 2020 Arnold Sports Festival, the world's largest multi-sport festival, that was held in Columbus, Ohio, March 5-8.



Sanda Heger, left, and Nancy Johnson, right, pose for a photo by a statue of Arnold Schwarzenegger during the Arnold Sports Festival earlier this month.

BY CALVIN SHOMAKER  
Sports Writer

Two local athletes with close connections to Marine Corps Base Camp Lejeune competed at the 2020 Arnold Sports Festival, the world's largest multi-sport festival, in Columbus, Ohio, March 5-8.

Nancy Johnson, a Marine Corps reservist,

competed in the Xtreme Powerlifting Coalition (XPC) Deadlift Salute Championship, finishing second with a lift of 480 lbs. Sanda Heger, facilities manager at Wounded Warrior Battalion-East, competed in the Strongwoman competition, finishing 21st in the middleweight division.

"In the nation, the Arnold is about as good

as it gets," said U.S. Marine Corps Master Sgt. Greg Popejoy, their trainer. "The Arnold is higher than what I would even call the Super Bowl. If you compete at the Arnold, you made it, on any platform, in any strength sport. If you get invited to the Arnold you are there because you deserve it and you are there for a reason."

The competition was a bit odd for the two athletes, who both earned Strongman national titles a year ago, since spectators were limited to family and coaches due to COVID-19. Because there weren't crowds to impress, the competitors had more camaraderie, something Strongman and powerlifting athletes believe is a major draw to

the sports.

"This year was such a different year because the athletes weren't just athletes," Johnson said. "We took care of each other (and) did everything for each other instead of just competing against each other. I think that was the coolest takeaway from it all."

Johnson and Heger plan on competing in the

Strongman Corporation Nationals later this year following a local qualifying event. After that, the goal is to compete at the Arnold together again next year, this time both on the Strongman stage.

The Arnold Sports Festival is a four-day health and fitness celebration that presents 80 sports and events with more than 20,000 competitors.



# Local basketball players earn all-district honors



Photo by Calvin Shomaker  
Dixon's Everett Lewis, a second team all-district selection, drives by a Swansboro defender during a home game in December, 2019.

BY CALVIN SHOMAKER  
Sports Writer

The North Carolina Basketball Coaches Association (NCBCA) announced its All-District Awards for the 2019-2020 season earlier this month. Here is a look at

the awards for District 2 consisting of 30 schools in nine counties ranging from Brunswick County to Craven County. Players from Onslow County are in bold. First team all-state selections are signified with an asterisk.



Photo by Chris Miller/The Daily News  
Jacksonville's Kennedy Todd-Williams, left, is challenged by White Oak's Amazriah Rawls during the the Coastal 3A Conference tournament championship game in February. Both players were first team all-district selections and will continue their basketball careers at the college level this fall. Todd-Williams is headed to the University of North Carolina at Chapel Hill. Rawls will attend Georgia Southwestern State University.

Boys' NCBCA All-District 2:	Girls' NCBCA All-District 2:
<i>Player of the Year:</i> Jajuan Carr (Pender, Sr.)	<i>Player of the Year:</i> <b>Kennedy Todd-Williams (Jacksonville, Sr.)*</b>
<i>Coach of the Year:</i> Brett Queen (Hoggard)	<i>Coach of the Year:</i> Andrew Gurley (Croatan)
<u>First Team</u> Jajuan Carr (Pender, Sr.) Bennie Brooks (East Carteret, Jr.) Jadyn Parker (West Brunswick, Sr.) Brady Rankin (Hoggard, Jr.) Jakwon Moore (Pender, So.)	<u>First Team</u> <b>Kennedy Todd-Williams (Jacksonville, Sr.)*</b> Saniya Rivers (Ashley, Jr.)* Kelly Hagerty (Croatan, Sr.) <b>Amazriah Rawls (White Oak, Sr.)</b> <b>Kelly Luck (Jacksonville, Sr.)</b> Mirachell Maher (Pamlico, Jr.)
<u>Second Team</u> Jason Williams (West Carteret, Sr.) <b>Everett Lewis (Dixon, Sr.)</b> Mikai Stanley (New Hanover, Sr.) Marc McLaurin (Laney, Sr.) Demirion Barnett (New Hanover, So.)	<u>Second Team</u> Anissa Lewis (Heide Trask, Jr.) Icess Tresvik (Hoggard, Jr.) Journee McDaniel (New Bern, So.) <b>Arianna Hamilton (Richlands, Jr.)</b>
<u>Third Team</u> <b>Logan Hubbard (Dixon, Jr.)</b> A.J. Rossi (South Brunswick, Sr.) <b>Jaylon Armstrong (Lejeune, Jr.)</b> <b>Aaron Oates (Northside, Jr.)</b> Derek Gardner (Topsail, Sr.)	<u>Third Team</u> <b>Mia Tucker (Jacksonville, Sr.)</b> Amiaya Hall (East Duplin, Fr.) Ally Roth (Croatan, Sr.) Lydia Bradshaw (North Brunswick, Sr.) Mia Seemadray (Ashley, Sr.)



Photo by Calvin Shomaker  
Lejeune's Jaylon Armstrong goes to the basket against East Carteret, Jan. 17. Armstrong, a third team all-district selection, averaged 16 points and 13 rebounds per game this past season and was the third-leading rebounder in the state's 1A class.

# Coastal 8 Conference (1A/2A) winter sports all-conference lists:

Athletes from Onslow County are indicated in gold.

## Boys Basketball

*Coach of the Year:* Ray Hankins (Pender)  
*Player of the Year:* Jajuan Carr (Pender)

Croatan: Dustin Hayden, Andrew Mendolia  
Dixon: Logan Hubbard, Everett Lewis  
East Carteret: Bennie Brooks, Caleb Hymon, Perry Austin  
Lejeune: Jaylon Armstrong, Andrew Navarro  
Pender: Jakwon Moore, Asad Johnson  
Richlands: Branten Fountain  
Southwest: Tre Hardison  
Trask: Watson Orr

## Girls Basketball

*Coach of the Year:* Andrew Curley (Croatan)  
*Player of the Year:* Kelly Haggerty (Croatan)

Croatan: Ally Roth, Savannah McAloon, Haley Cousins  
Dixon: Payton Jeffers Maddie Duggar  
East Carteret: Katelyn Johnson  
Pender: Tyanna Holmes  
Richlands: Kiki Kornegay, Arianna Hamilton, Mallory Batchelor  
Southwest: Shay Pollock, Armani Reed  
Trask: Anisa Lewis

## Track & Field (Boys)

*Coach of the Year:* Andy Bulfer (Croatan)  
*Track Athlete of the Year:* **Tamarius Ramsey (Dixon)**  
*Field Athlete of the Year:* AJ Matas (Croatan)  
*Track & Field Athlete of the Year:* **Kyle Baldwin (Lejeune)**

*Conference Champions:*  
55-meter: **Tamarius Ramsey (Dixon)**  
300-meter: **Tamarius Ramsey (Dixon)**  
500-meter: Thomas McCabe (Croatan)  
1000-meter: **Karl Benson (Lejeune)**  
1600-meter: Elliot Kleckner (Croatan)  
3200-meter: Elliot Kleckner (Croatan)  
55m hurdles: Kywaun Warner (Trask)  
High jump: **Nickolis Anderson (Lejeune)**  
Long jump: Kywaun Warner (Trask)  
Triple jump: **Leonard Smith (Dixon)**  
Shot put: AJ Matas (Croatan)  
Pole vault: **Kyle Baldwin (Lejeune)**

## Track & Field (Girls)

*Coach of the Year:* Rico Quispe (Croatan)  
*Track Athlete of the Year:* Avah Beikirch (Croatan)  
*Field Athlete of the Year:*

Faith Lana (Pender)  
*Track & Field Athlete of the Year:* Andralyn Livingston (East Carteret)

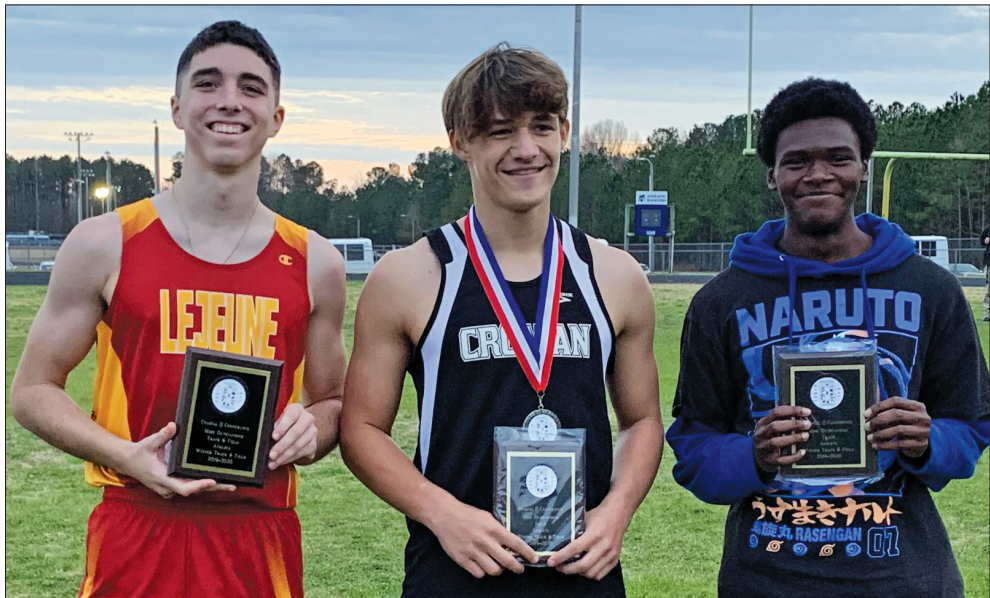
*Conference Champions:*  
55-meter: Andralyn Livingston (East Carteret)  
300-meter: Andralyn Livingston (East Carteret)  
500-meter: **Nyasia Williams (Richlands)**  
1000-meter: Sidney Inscoc (Croatan)  
1600-meter: Avah Beikirch (Croatan)  
3200-meter: Avah Beikirch (Croatan)  
55m-hurdles: Emma Morton (Croatan)  
High jump: Faith Lana (Pender)  
Long jump: Andralyn Livingston (East Carteret)  
Triple jump: Latecyia Johnson (East Carteret)  
Shot put: Sonti Robinson (Pender)  
Pole vault: Claire Loucks (Croatan)  
Shot put wheelchair: Daisy Hearn (Pender)

Relays:  
4x200m: Croatan  
4x400m: Croatan  
4x800m: Croatan

## Wrestling

*Co-Wrestlers of the Year:* **Andrew Edens (Dixon, 182 lbs)**, Jacob Caldwell (Croatan, 106 lbs)

113 lbs: Logan Pugh (Dixon)  
120 lbs: Dallas Senay (Dixon)



Courtesy photo  
Lejeune's Kyle Baldwin, left, Croatan's AJ Matas, center, and Dixon's Tamarius Ramsey pose for a photo with their Athlete of the Year plaques following the Coastal 8 Conference (1A/2A) winter track meet, Feb. 5.

126 lbs: **Keagan Bolman (Dixon)**  
132 lbs: Rogan Heath (Trask)  
138 lbs: **Ethan Millis (Dixon)**  
145 lbs: Drake Egan (Croatan)  
152 lbs: **Ezekiel Jones (Southwest Onslow)**  
160 lbs: **Jason Rodriguez, Jr. (Southwest Onslow)**  
170 lbs: **Tyler Proffitt (Dixon)**  
195 lbs: Ryan Lindsay (Croatan)  
220 lbs: Da'Jon Smith (Pender)  
285 lbs: Ezekiel Jayne (East Carteret)

## Swimming

*Conference Champions (boys)*

200-yard medley relay: Croatan  
200-yard freestyle: Matthew McCray (Croatan)  
200-yard individual medley: Jack McCabe (Croatan)  
50-yard freestyle: Colby Loveless (Croatan)  
100-yard butterfly: Will Barker (Croatan)  
100-yard freestyle: Colby Loveless (Croatan)  
500-yard freestyle: Jackson Nowacek (East Carteret)  
200-yard freestyle relay: Croatan  
100-yard backstroke: Will Barker (Croatan)  
100-yard breaststroke: Jack McCabe (Croatan)  
400-yard freestyle medley: Croatan

*Conference Champions (girls)*  
200-yard medley relay: Croatan  
200-yard freestyle: **Emeli Talsma (Richlands)**  
200-yard individual medley: Teal Edholm (Croatan)  
50-yard freestyle: MJ Klaumann (Croatan)  
100-yard butterfly: MJ Klaumann (Croatan)  
100-yard freestyle: **Caroline Morgan (Lejeune)**  
500-yard freestyle: **Hannah Velarde (Lejeune)**  
200-yard freestyle relay: Croatan  
100-yard backstroke: Emma Forsythe (Croatan)  
100-yard breaststroke: **Caroline Morgan (Lejeune)**  
400-yard freestyle medley: Croatan



# MARINE CORPS TRIALS

*WWBn-E finishes second in medal count*



Photo by Roger L. Wollenberg

Wounded, ill and injured Marines compete in the Marine Corps Trials at Marine Corps Base Camp Pendleton, March 9.

**BY CALVIN SHOMAKER**  
Sports Writer

About 50 recovering U.S. Marines and sailors from Wounded Warrior Battalion-East (WWBn-E) competed in the 10th annual Marine Corps Trials at Marine Corps Base Camp Pendleton, March 4-11.

The battalion placed second out of eight teams in the adaptive sports competition which serves as a precursor for the Department of Defense-wide Warrior Games.

WWBn-E won 48 gold, 26 silver and 13 bronze medals for a total of 87 over the course of the trials that consisted of 12 sports in a one week span.

The East won the wheelchair basketball and wheelchair rugby championships. They also took first in the field competition with 18 total medals and third in track with

11 medals. Other notable finishes from WWBn-E included second in powerlifting with eight medals and second in golf with three medals.

The WWBn-E team consisted of Marines, Sailors and coaches from Marine Corps Base Camp Lejeune, Walter Reed National Military Medical Center, Naval Medical Center Portsmouth and San Antonio Military Medical Center.

Recovering service members from Canada, Columbia, France, Georgia, Italy, the United Kingdom and Wounded Warrior Battalion-West also participated.

The 2020 Warrior Games will be hosted by the U.S. Marine Corps in San Antonio, Texas, Sept. 21-28. The DoD Warrior Games is one of the world's largest adaptive sports competitions for wounded ill, and injured service members.



Photo by Lance Cpl. Dylan Grasso

U.S. Marine Corps Cpl. Evan Williams throws shot put during the Marine Corps Trials, March 5.



Photo by Lance Cpl. Garrett Gillespie

U.S. Marine Corps Staff Sgt. Oscar Delarosa competes in the cycling time trials at the Marine Corps Trials, March 8.



Photo by Lance Cpl. Dylan Grasso

Marine Corps Trials teams Wounded Warrior Battalion-West and Georgia play a practice game of sitting volleyball, March 3.



Photo by Roger L. Wollenberg

Wounded, ill and injured Marines compete in wheelchair basketball during the Marine Corps Trials, March 11.



Photo by Gunnery Sgt. Nathan Cleary

U.S. Marines and sailors with Wounded Warrior Battalion-East pose for a group photo after the opening ceremony of the 2020 Marine Corps Trials.



# Bigger than sports:

## Pandemic alters life for everyone

Door stays open for the possible return of spring sports in May

BY CALVIN SHOMAKER  
Sports Writer

On Monday, Gov. Roy Cooper signed an executive order extending the closure of public K-12 schools until at least May 16. In response, the North Carolina High School Athletic Association further suspended athletics until at least May 18, but leaving the door open for the possible return of the spring season.

"The NCHSAA Board of Directors and staff will use the next few weeks to weigh our future decisions based on the new directions given by Governor Cooper, other government leaders and organizations charged with public health and safety," said NCHSAA Commissioner Que Tucker in the statement. "Such decisions will include the possible resumption of spring sports' competition and

the possibility of holding the state basketball championships."

As schools have transitioned to online learning and athletes are working out on their own, people around the globe are urged to make lifestyle adjustments - such as social distancing and teleworking - to help slow the spread of the respiratory illness transmitted through close contact with an infected person.

For everyone, day-to-day life just isn't the same.

"It's different," said Lejeune High School baseball coach George Markle. "It's tough just waking up and opening up a computer screen as opposed to being at work 11 or 12 hours between work and going outside with the athletes."

It is clear that how bad the pandemic gets is dependent upon the actions of everyone. Given how

contagious the virus is, how symptoms aren't always evident and how the number of lives lost continues to grow, collective precaution is crucial.

"This is much bigger than sports," said Southwest Onslow High School's athletic director Eric Kliewer. "This has impacted everybody. No one is off limits. We all have to pitch in together to make sure that those that are at risk can survive this."

Though the times are dire for now, athletes and coaches across the nation are hoping to close out the year together, somehow, as a team.

"It's tough," Markle said. "I miss the athletes, being out there on the field and putting the work in. I told the athletes, if nothing else, we started everything together and hopefully we can finish everything together, one way or the other."

# ATHLETE OF THE WEEK



## CAPT. JESSICA LUCIA

**Sport:** Rugby  
**Team:** Fear the Maniacs  
**MOS:** 7565 (Helicopter pilot)

### Quick Facts:

- Schenectady, New York native
- Has served in the Marine Corps since 2011
- Helped the All-Marine women's rugby team earn silver at the inaugural Armed Forces Championship last summer
- Has played rugby since 2005



Photo by Chief Mass Communications Specialist Patrick Gordon

### Q: HOW DID YOU START PLAYING RUGBY?

**A:** In college I ran into somebody the first week of school. I saw they had a rugby shirt on and I asked. I went out to one practice, and I knew that it was the sport for me. I had played soccer and ran track all through high school, but as soon as I started playing rugby it was definitely the right fit.

### Q: WHAT IS THE BIG APPEAL OF RUGBY?

**A:** I'd say the camaraderie and just being able to be aggressive and smash people on the field. That's definitely a big draw. The camara-

derie is definitely a big part of it, too. You go head-to-head with the opposing team, and then afterwards you go grab some food and a drink with them, so that's a big part of it as well - just the overall rugby culture.

### Q: WHAT KIND OF RUGBY PLAYER ARE YOU?

**A:** An aggressive leader.

### Q: DO YOU WATCH RUGBY ON TV OR FOLLOW ANY LEAGUES?

**A:** I watch Six Nations when I have access to it, and I definitely watch the Olympics. I haven't had the opportunity to

watch any of the Major League Rugby, but I know that it's growing and I hope it continues to grow.

### Q: DO YOU HAVE A FAVORITE PLAYER OR ANY YOU LOOK UP TO?

**A:** U.S. players, Jillion Potter. She played in the last Olympics. I played against her in college, and I had the opportunity to play with her out in Colorado at Glendale. So she is definitely an inspiration ... International players, probably the French's Sebastien Chabal. He is just kind of a beast (and) hard-hitting.

# What if the NCAA tournament wasn't canceled?

## Picking the East Region

With the cancellation of the NCAA tournament, we can only speculate about who would have won it all.

BY CALVIN SHOMAKER  
Sports Writer

*If not for the coronavirus, the NCAA men's basketball tournament would be holding its Sweet 16 and Elite Eight rounds this weekend. But instead of watching buzzer beaters and legends in the making, we will have to settle for wondering - what if?*

### The East Region

Last week, the Midwest Region was picked without any major upsets, but the East, I believe, would have been ripe for some wild outcomes.

**The virtual lock: No. 1 Dayton.**

The Flyers went 29-2 carried by Obi Toppin, the national player of the year. The region's other top seeds just weren't as dominant. Florida State

won a weak ACC. Villanova and Maryland had Final Four potential, but I think they could have just as easily exited the tournament early.

**Upset picks and potential Cinderellas: No. 10 Utah State over No. 7 West Virginia and No. 11 NC State over No. 6 Penn State.**

Utah State had just beaten San Diego State in the final of the Mountain

West conference tournament. Senior guard Sam Merrill, conference player of the year, was one of the best scorers in Division I at 20 points per game. As a team, Utah State was ninth in the nation in scoring margin and second in rebounding margin. For those reasons, I picked the Aggies to advance to the Elite Eight.

I also picked No. 11 N.C. State to make the Sweet 16. My reasoning: the Wolfpack's balanced scoring attack, point guard Markell Johnson and

their head coach Kevin Keatts.

**The tossup: No. 8 Colorado vs. No. 9 Florida**

I think the Gators would have come out on top in this one based on the teams' recent play. Colorado had lost five straight while Florida had just lost to Kentucky by one.

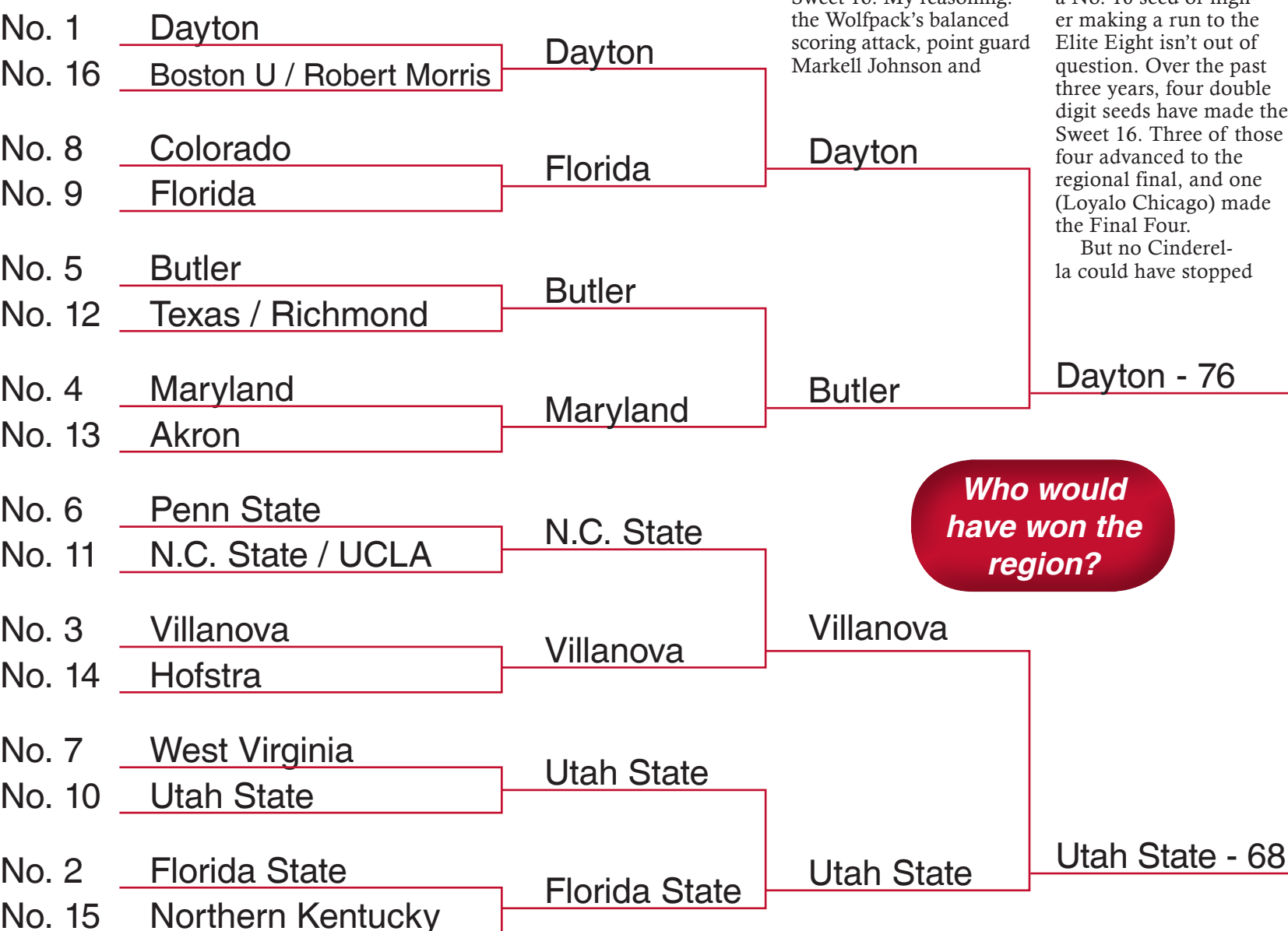
**The Regional Final: No. 1 Dayton over No. 10 Utah State, 76-68.**

History tells us that a No. 10 seed or higher making a run to the Elite Eight isn't out of question. Over the past three years, four double digit seeds have made the Sweet 16. Three of those four advanced to the regional final, and one (Loyola Chicago) made the Final Four.

But no Cinderella could have stopped

Toppin and crew. The sophomore forward is a likely NBA lottery pick after proving to be one of the most gifted players in the country. He scored 20 points per game on better than 60 percent shooting and pulled down nearly eight rebounds a game to lead the Flyers into the national title debate.

**Editor's Note: The preceding are the opinions of the writer and do not reflect the views of the U.S. Marine Corps or Department of Defense.**



University of  
**Dayton**  
Flyers



- Military Child of the Year 3B
- “Moment of Honor” 4B
- Chaplain’s Column 6B

## OCS Nutrition Hubs keep communities safe and satisfied amid school closures



More on 6B



Marsue Barker carries a pile of plated meals to a family driving up to Southwest Onslow High School’s Nutrition Hub site, March 19. Nutrition Hubs are set up at nine Onslow County Schools to ensure kids ages one to 18 have access to proper nutrition during the temporary school closures resulting from COVID-19.



Charles Daniels prepares food to be plated and delivered to Onslow County residents making use of the Nutrition Hubs.

**BY PAT GRUNER**  
Managing Editor

Though students are not currently in the classroom teachers, faculty and staff at Onslow County Schools (OCS) are still hard at work. When it comes to the well-being of students, the grind cannot stop.

In the wake of area closures from COVID-19 concerns, Nutrition Hubs were set up at nine schools across the county, March 17. The hubs have served thousands of meals to students and their families in that time. At Southwest Onslow High School (SWOHS) in Jacksonville, almost 300 meals were served over the course of an hour on Thursday, March 19. County-wide, Thursday saw 4,136 meals distributed across the county according to Brent Anderson, executive director of community affairs for OCS.

“Cafeteria workers from all the schools are helping at the different Nutrition Hubs,”

said Lauri Crowder, multimedia coordinator at OCS. At SWOHS, staff from Blue Creek Elementary, Meadow View and other area schools worked as a well-oiled machine to keep food flowing and cars moving.

All nutrition hub sites are drive-through or walk-up only. No space is provided for eating on site and multiple meals may be picked up by students, parents or caregivers. Recipients should be prepared to drive up or walk up to the designated area and let staff know how many meals are needed. Hubs are set up at Clyde Erwin Elementary Magnet, Dixon Elementary School, Hunters Creek Elementary School, Jacksonville High School, Northside High School, Northwoods Elementary School, Richlands Elementary School, SWOHS and Swansboro High School.

For more information, visit <https://www.onslow.k12.nc.us>.



Crystal Batchelor flashes a quick smile while prepping potatoes in SWOHS’s kitchen. Batchelor is on staff at Blue Creek Elementary School.

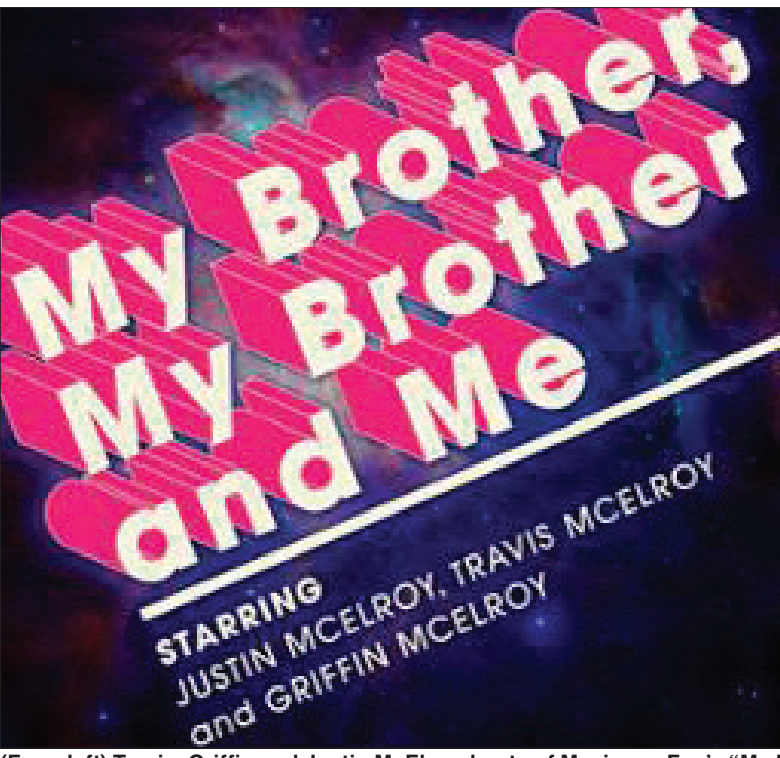
At the back of the school, bus drivers sanitized buses and trained new employees.

“We’re working our normal hours,” said Eddie Crudup, a bus driver. “This is the third bus I’ve washed today. We are going top to bottom.”

Michelle Taylor (left) and Eric Rhodes soap up and spray down a bus.



# Podcasts to Listen To: My Brother, My Brother and Me and the best comedy podcasts to listen to



(From left) Travis, Griffin and Justin McElroy, hosts of Maximum Fun's "My Brother, My Brother and Me."



Courtesy photo

## MORE CONTENT NOW

Laughter is the best medicine. Not only can laughter put you in a better mood, doctors say laughing on a regular basis can also lower your blood pressure, work your tabs and improve cardiac health, among many other benefits. Here are a few podcasts to tickle your funny bone.

### My Brother, My Brother and Me

Brothers Justin, Travis and Griffin McElroy host this weekly podcast that focuses on the worst advice a person can possibly receive. The three brothers answer ridiculous listener questions and also highlight the worst questions found from Yahoo Answers. Episodes include: "Spider-Man's Magic Potion," "Face: The Emoji Contract" and "The Cable

Pie." The show is available on MaximumFun.org as well as iTunes and Spotify.

### Congratulations with Chris D'Elia

Comedian, actor and writer Chris D'Elia hosts a weekly podcast to talk about what's on his mind. Best known for his roles on sitcoms, D'Elia shares his life experiences, food, current events and the trials and tribulations of the internet.

### Comedy Bang Bang

Hosted by Scott Aukerman, best known for working on sketch comedy show "Mr. Show with Bob and David," this weekly podcast introduces listeners to today's funniest comedians. Aukerman talks about character work while interviewing celebrities. Along with an assortment of eccentric oddballs popping by, the show features games for the participants to compete in.

### Armchair Expert

Celebrating the messiness of being human, actor, writer and director Dax Shepard introduces listeners to people who are honest about their struggles and shortcomings in this Earwolf production. Shepard interviews celebrities to attempt to discover human "truths." Episodes include: "Thomas Middleditch," Gwyneth Paltrow" and "Experts on Experts: Johann Hari."

All shows are available on Spotify and Apple iTunes.

**Editor's note:** More Content Now, is a media news service providing a variety of lifestyle, niche and partner content for GateHouse publications. The opinion of the writer does not constitute the views or endorsement of the Department of Defense, the U.S. Marine Corps, or Gate House Media.

MOVIE SCHEDULES

CAMP LEJEUNE Bldg. 19 McHugh Blvd.	MIDWAY PARK Bldg. 4014A in Midway Park	NEW RIVER Bldg. AS240 Curtis Rd., Air Station
TEMPORARILY CLOSED DUE TO CONCERNS RELATED TO COVID-19. FOR MORE INFORMATION VISIT <a href="http://MCCSLEJEUNE-NEWRIVER.COM">HTTP://MCCSLEJEUNE-NEWRIVER.COM</a>	TEMPORARILY CLOSED FOR CONSTRUCTION. OPENING DATE TBD.	TEMPORARILY CLOSED DUE TO CONCERNS RELATED TO COVID-19. FOR MORE INFORMATION VISIT <a href="http://MCCSLEJEUNE-NEWRIVER.COM">HTTP://MCCSLEJEUNE-NEWRIVER.COM</a>

**WE'RE PROUD TO SERVE YOU**  
\*Movies are subject to change without notice.

For movie times, call 449-9344.

Tickets and concessions open 30 minutes prior to movie time.  
Pricing: \$4 Adults, \$3 Children  
For 3D movies: \$5 Adults, \$4 Children

COVID-19

All updates involving MCIEAST and NMCCCL will be posted here:

ONLINE

- [www.lejeune.marines.mil/](http://www.lejeune.marines.mil/)
- [www.newriver.marines.mil/](http://www.newriver.marines.mil/)
- [www.med.navy.mil/sites/nhcl/Pages/default.aspx](http://www.med.navy.mil/sites/nhcl/Pages/default.aspx)

SOCIAL MEDIA

- @camp.lejeune
- @mcasnewriver
- @NMCCLejeune

- @camp\_lejeune
- @mcasnewriver
- @NMCCLejeune

MORE INFO

For additional guidance on COVID-19, please visit [www.coronavirus.gov](http://www.coronavirus.gov)

Save-A-Pet

Adopt a new friend today, save a life

My name is Clarice, and I am a female, brown/black Beagle mix. The shelter thinks I am about 5 years old.

Pet ID# 44038068

My name is Athena, and I am a female, brown/black domestic medium hair mix. The shelter thinks I am about 10 months old.

Pet ID# 43993190

The Onslow County Animal Shelter is open Tuesday through Friday from noon to 6:30 p.m. and Saturday from 10 a.m. to 4 p.m.

To see more photographs of pets available for adoption, visit [www.onslowcountync.gov/AnimalServices](http://www.onslowcountync.gov/AnimalServices). For more information, call 455-0182.

Photos by Onslow County Animal Shelter



# NIKLAS COOPER

# Military Child of the Year



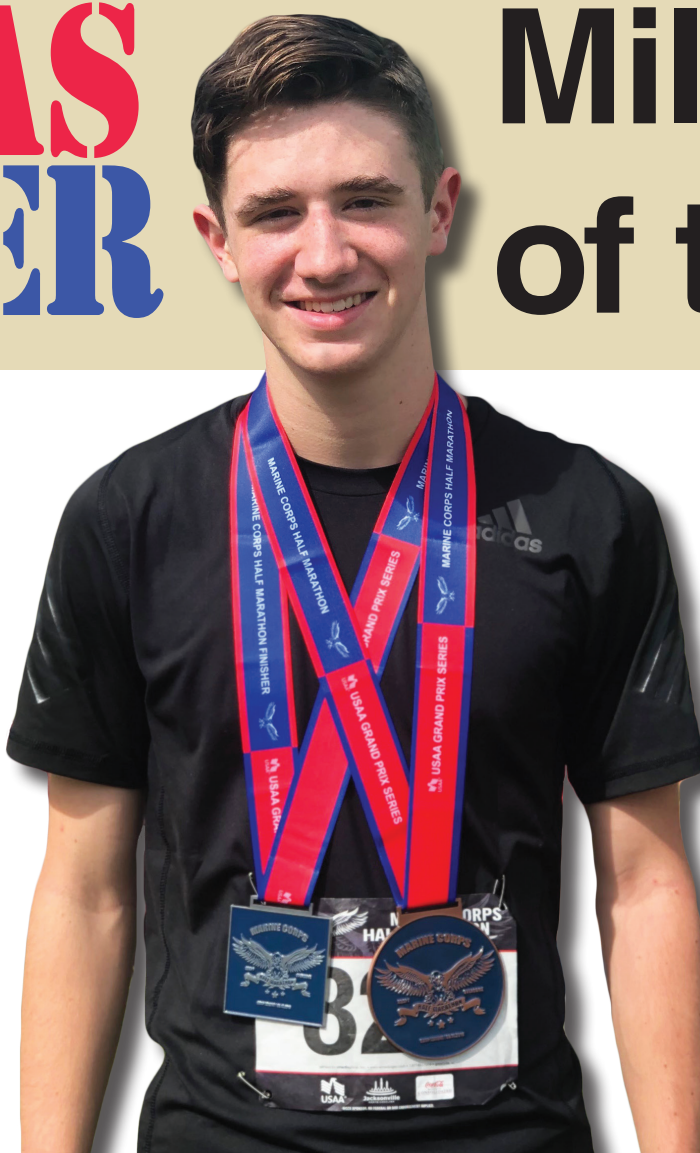
## SOPHIA HARDING

Editorial Intern

Niklas Cooper is a junior at Lejeune High School who was recently selected as the winner of the Operation Homefront Marine Corps Military Child of the Year award, a prestigious award given to one dependent from each of the military branches based on their scholarship, volunteerism, leadership, extracurricular involvement and challenges they have faced because of military family life.

"I am immensely humble and appreciative to have received such a prestigious award, and still have trouble believing I was selected," said Cooper.

Cooper is a member of his school's cross country and track teams, in student government and the JROTC program. Cooper runs in the Marine Corps Half Marathon on Camp Lejeune each year, an achievement that he takes great pride in. Throughout this last year, he has acquired over 300 volunteer hours ranging from personally



sponsored debris clean-ups, mentoring children of disabled veterans, and tutoring in school.

"I believe that forging a bond with my camper at Outdoor Odyssey, a camp for children of disabled veterans, has impacted my life the most," Cooper said.

Cooper participated in the Semper Fi Fund Kids Camp Outdoor Odyssey last summer and acted as a mentor to a child of a disabled veteran both during the camp, and throughout the school year.

Cooper thinks that it was his well-roundedness and his academic and athletic determination that set him apart from other nominees, but adds that every person nominated for the award would have truly deserved it.

"My father recently retired

from the United States Marine Corps after 20 honorable years of service, and this process has truly allowed me to recognize my father's diligence and share his loyalty to this nation. In conjunction with his recognition, I have been given the chance to [look back] on my life as a military child, and genuinely appreciate the memories I have acquired," Cooper said.

Moving forward, Cooper would like to attend the University of Michigan through their school for Literature, Sciences, and the Arts, and study linguistics or international relations.

Unfortunately, Cooper and the other winners of the Military Child of the Year Award are unable to attend the gala that was going to be held in their honor in Washington D.C. because of COVID-19 precautions.

Courtesy photo - Graphics and layout by Shelly Fierro

# Onslow County Register of Deeds Office announces service changes

## COURTESY STORY

In an effort to promote social distancing to slow the spread of COVID-19, the Onslow County Register of Deeds Office will be amending all in-person services.

At present, approximately 72% of documents

that are processed in Onslow County are electronically recorded, meaning the real estate attorney never comes into the ROD office. During this State of Emergency, it is strongly encouraged that all documents are electronically recorded. Anyone who wishes to

record documents in person must use the drop box outside of the office. The payment, a phone number and a self-addressed stamped envelope must be included. Those who mail in documents or electronically record will not see any changes. Throughout

the State of Emergency, marriage licenses will be available daily by appointment only. Appointments can be made by calling **910-347-3451**, Monday through Friday, 8:00 a.m. to 5:00 p.m.

All certified copies of birth, death and marriage

certificates will be available for purchase online and by mail only. If you wish to order online, please visit <https://onslowrod.permittium.com/rod>. If you wish to order by mail, please send in a letter of request along with a copy of your photo ID, a self-addressed

stamped envelope and a money order for \$10.00.

Anyone needing to be sworn in as a notary, will need to make an appointment by calling the office.

DD-214's will need to be recorded in person, appointment only, by calling the office.

# Onslow County Board of Commissioners appoint Sharon S. Russell as County Manager

## COMMUNICATIONS OFFICE

Department of Administration

During the March 16 meeting of the Onslow County Board of Commissioners, the members of the Board unanimously voted to appoint Sharon S. Russell as Onslow County Manager. Russell is the first woman selected to serve as manager, since the county adopted the county management form of government more than 50 years ago.

Following the evening's approved agenda, Board of Commissioner Chairman Jack Bright called upon County Attorney, Brett DeSelms to read the North Carolina statute outlining the roles, responsibilities, and obligations required of the County Manager. Calling for the vote, Chairman Bright praised Russell's work as Interim County Manager and expressed the Board's confidence in her leadership of the County.

With her family proudly watching as she took the oath of office, Russell was sworn in by District Court Chief Judge Sarah Seaton. Judge Carol Jones held the Bible upon which she swore to serve Onslow County. Upon accepting her appointment, Russell thanked the Board of Commissioners, her family, her management team, and the employees of Onslow County for their continued support.

Russell brings a wealth of experience to the position. Prior to accept-

ing the appointment as County Manager, she served as the Deputy County Manager for more than two years. She attended NCSU on a full academic scholarship and graduated with honors in chemistry. Russell earned her Masters Degree at the top of her class from Radford University in communications, and earned her Juris Doctorate from Campbell Law School magna cum laude, graduating second in her law class. Russell recently attended the UNC School of Government Municipal and County Administration Course and the Senior Executive Institute at the University of Virginia. Prior to becoming a local government manager, Russell worked for the National Association of Counties managing national programs for counties, and worked as Executive General Counsel to the North Carolina Association of County Commissioners. Russell is a licensed attorney, and also has prior experience as a litigation attorney defending counties, cities and businesses in court. Russell is a native North Carolinian, and has lived in eastern North Carolina for the past ten years. As she begins her tenure, Russell has been working with County Departments, agencies, and local organizations to prepare for fiscal year 2020/2021, developing new leadership initiatives, and promoting a culture of partnership, diversity, and inclusion.





# “Moment of Honor” promotes reflection on values

**BY PAT GRUNER**  
Managing Editor

The National Medal of Honor Museum Foundation (NMOHMF) held its first ever Moment of Honor on National Medal of Honor Day, March 25. The moment was a time Americans were welcomed to take a moment to reflect on and appreciate the sacrifices of Medal of Honor recipients. “By holding a ‘Moment of Honor,’ we can honor these recipients and the values they embody: patriotism, courage, integrity, commitment and sacrifice. On National Medal of Honor Day and every day, we are inspired by their stories and give thanks for all they have done,” said Joe Daniels, NMOHMF president and CEO. National Medal of Honor Day has been

observed since 1990. Since 1863, 3,235 Medals of Honor have been awarded. The most recent was David Bellava, a U.S. Army Soldier who was awarded the honor in 2019 for his actions during the Second Battle of Fallujah. Medal of Honor recipient Patrick Brady, retired U.S. Army Maj. Gen., believes the moment can help people to remember the tenets the medal stands for. “I am proud to work alongside the NMOHMF to ensure the values of the medal and its recipients – courage, patriotism and sacrifice – will live on for future generations to learn from,” Brady said. “This Moment of Honor gives all Americans the opportunity to reflect on and apply the values the medal represents to their everyday lives.”



Medal of Honor recipients U.S. Army Lt. Col. Will Swenson (left) and retired U.S. Army Maj. Gen. Patrick Brady pose for a photo at the Capitol Building in Washington D.C., Feb. 11. The National Medal of Honor Museum Foundation, which Swenson and Brady work closely with, offered a "Moment of Honor" asking citizens to take time to reflect on the values and sacrifices of Medal of Honor recipients.

# Hope for the Warriors Reschedules 15th annual Run For The Warriors - Jacksonville



Adaptive cyclists prepare to set out at Hope for the Warriors' 14th annual Run For The Warriors in Jacksonville, April 6, 2019.

Photos by Pat Gruner



Two parents push their daughters at Hope for the Warriors' 14th Annual Run For the Warrior in Jacksonville, April 6, 2019.

## COURTESY STORY

Hope For The Warriors

Hope For The Warriors 15th annual Run For The Warriors - Jacksonville scheduled for April 4 has been rescheduled for Nov. 14. Hosted at Riverwalk Crossing Park in Jacksonville, the event features a half marathon and 5K, with all races adaptive equipment friendly. Individuals already registered for the April event can transfer their registration to the Nov. 14 run or choose to participate in the Run For The Warriors - New Bern race on June 27. Another option is to donate their entry fee to Hope For The Warriors for a full tax deduction.

Those who choose to transfer to Nov. 14 will be guaranteed a 15th Annual Run For The Warriors - Jacksonville t-shirt. For more information or questions about the 15th Annual Run For The Warriors - Jacksonville, visit [runforthewarriors.org](http://runforthewarriors.org) or email [runinfo@hopeforthewarriors.org](mailto:runinfo@hopeforthewarriors.org).



Memorial flags are carried in honor of fallen service members.

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# Children's Home Society of NC responds to COVID-19

## COURTESY STORY

As you know, we are living in a very challenging time that continues to evolve and change, often by the hour. We want to take this opportunity to share with you how Children's Home Society is planning for and addressing the current situation.

CHS is closely monitoring the coronavirus (COVID-19) situation. Because the safety and well-being of our team members and the children and families we serve remain our top priority, all CHS offices are closed to the public beginning Monday, March 16, at 11 a.m. through March 30. Our programs remain operational, with necessary adjustments to help protect the health and

safety of our clients and team members.

We have a Response Team in place and have been following the guidance, recommendations, and mandates of federal, state, and local governmental and public health entities to ensure that we are taking the best course of action possible.

Based on careful consideration and the guidance we have received, we have taken the following measures:

- All staff who are able to work remotely have been encouraged to do so
- All internal and external meetings will be conducted virtually
- All non-essential travel has been curtailed
- Pre-screening protocols are in place to ensure the safety of staff and families

These restrictions will remain in place through the end of March, and we will continue to monitor and make adjustments.

We are taking proactive measures to ensure the well-being of our employees while maintaining business continuity so that we can successfully support our families and children.

We want to reassure you that even during these uncertain and unprecedented times, we remain focused on our mission to promote the right of every child to a permanent, safe, and loving family. We want to personally thank you for your continued support and partnership.

Please email [COVID-19info@chsnc.org](mailto:COVID-19info@chsnc.org), with any questions or visit our website at [chsnc.org](http://chsnc.org).

# Onslow County offices closed to general public

## COURTESY STORY

Onslow County Government

Onslow County Government offices, Onslow County Health Department, Onslow County

Public Library and all other county offices are closed to the general public. Business may be conducted by appointment only. Visit [www.onslow-countync.gov](http://www.onslow-countync.gov) to find the desired department or

office, then call ahead.

For information about COVID-19 in Onslow County, the citizens phone bank, is available for calls at **(910) 989-5027** from 8 a.m. to 6:30 p.m. Monday thru Friday.

# Rolling Thunder NC Chapter 5 scholarship program underway

## BY PAT GRUNER

Managing Editor

As high school seniors seek to beef up their resumes in pursuit of higher education, a local veterans group wants to help out local military dependent kids.

Rolling Thunder NC Chapter 5's annual Staff

Sgt. Anthony Goodwin Scholarship is available to military dependents of active duty and retired service members. The scholarship is named in honor of Goodwin, a U.S. Marine Corps infantryman who was killed in action in Iraq in 2005.

To qualify, applicants

must not have been former recipients of the scholarship and must be between the ages of 17 and 21. An application must be postmarked no later than July 11, 2020.

For more information, and to find an application, visit <http://www.rollingthundernc5.com/rtncc-5-scholarship.html>.

# Women's History Month

Private Minnie Spotted Wolf

## Private Minnie Spotted Wolf

## COURTESY STORY

DEOMI

In 1943, Minnie Spotted Wolf, a Blackfoot Indian, broke the barriers of both race and gender when she became the first American Indian to enlist in the Marine Corps Women's Reserve.

Gerardetta England, Spotted Wolf's daughter, said her mother started thinking about joining the military after the U.S. entered World War II when she was 18, but was discouraged by a recruiter who told her "the war was really not for women. But Mom really wanted to go into the military to serve her country. Her brother had died, and she knew nobody else in the family would be able to serve."

When Spotted Wolf was finally ready to enlist, her father died. Her mother urged her to pursue her dream. According to England, her mother told her, "Your country needs you more."

Spotted Wolf's ranch living and hard work served her well as a heavy-equipment operator for the Marines, and her unique background drew significant attention during the war.

England said, "Mom was proud of who she was. She wasn't in the military just for herself, but for the Indian people. She wanted others to know who she was and where she came from."

# Home History: McHugh Boulevard

McHugh Blvd

STOP

## BY PAT GRUNER

Managing Editor

Few of Marine Corps Base Camp Lejeune's residents are native to the area, which is true for almost any military town. MCB Camp Lejeune and Onslow County are currently home despite where you are from. There is a rich history at MCB Camp Lejeune and every road tells a story.

The traffic loop on Mainside is intersected by Holcomb Boulevard, named for Thomas Holcomb, 17th commandant of the Marine Corps, and McHugh Boulevard. This street, serving as an important access road through MCB Camp Lejeune's Mainside, is named for another Thomas, Thomas McHugh, the third Sergeant Major of the Marine Corps, who held that title from 1962 to 1965.

McHugh enlisted in the Marine Corps Reserve in 1938 prior to entering extended active

duty service in 1940. In 1942, he was attached to the 1st Marine Division with his unit, taking part in the Guadalcanal, Cape Gloucester and Peleliu campaigns. McHugh was full time active duty by 1943 and rose to platoon sergeant and gunnery sergeant prior to his return to the United States in November 1944. He was awarded the Purple Heart for wounds suffered in the Peleliu operation.

McHugh would go on to serve as Noncommissioned Officer-in-Charge of the Rifle Range, Marine Corps Air Station Cherry Point. In July 1945, he was ordered back to Camp Lejeune where he served as Company First Sergeant and Company Gunnery Sergeant with the Infantry Training Regiment, with 1st Infantry Battalion of the 1st Special Marine Brigade, and with the 2d Battalion, 8th Marines. He served on both coasts with extended time at

MCB Camp Lejeune. He was promoted to sergeant major in 1955.

Following his tour as Sergeant Major of the Marine Corps, he was ordered to Okinawa, Japan, for duty as Sergeant Major of Camp Smedley D. Butler, serving in that capacity until September 1966.

Upon his return to the United States, Sergeant Major McHugh became Sergeant Major, Marine Corps Schools Quantico, Virginia. Upon redesignation of that command, he was Sergeant Major of Marine Corps Development and Education Command. Transferred to Camp Lejeune, North Carolina, in May 1968, he served as Sergeant Major, Force Troops, Fleet Marine Force, Atlantic until April 1969, when he was ordered to the Republic of Vietnam.

McHugh retired in December of 1970 after 32 years of service. McHugh passed away in 2000 in Jacksonville, North Carolina.



# ANNOUNCEMENT:

## Easter Sunrise Services on Camp Lejeune, New River

**CANCELLED**

For more information, call the commercial line at (910) 451-3210 or visit <https://www.lejeune.marines.mil/Offices-Staff/Chaplain/>.



## Little things can produce big results.

### CHAPLAIN'S COLUMN

BY LT. CMDR. GREGORY HAZLETT Headquarters Battalion, 2nd Marine Division

In 1987 American Airlines removed one olive from the salad of every first class passenger's meal. The result? The airlines saved \$40,000 that year.

During migration geese can fly up to 16 hours a day at an average speed of 40 mph. They fly in a "V" formation where the bird flies slightly above the bird in front of it. The result? In one study, the slight wind break from the bird in front of the V increases a formations distance by up to 70%.

The point of these fun facts? Small changes can produce big results. I am not talking about little things like making your bed every morning. Legendary basketball coach John Wooden said, "Little

things make big things happen." World-class athletes live by that mantra every day. They know that putting the sweat in behind the scenes can lead to clutch performances in the limelight. They know that you play like you practice.

World-class businesses understand this principle. Why did American Airlines remove the olive? Because \$40,000 is a lot of money for a silly olive in my salad. Saving that money in olives meant they could shift it to something useful.

The same is true for all of us. The seemingly mundane choices we make each day determine our path, and that path determines our success or our failure. Want to make a difference in the world?

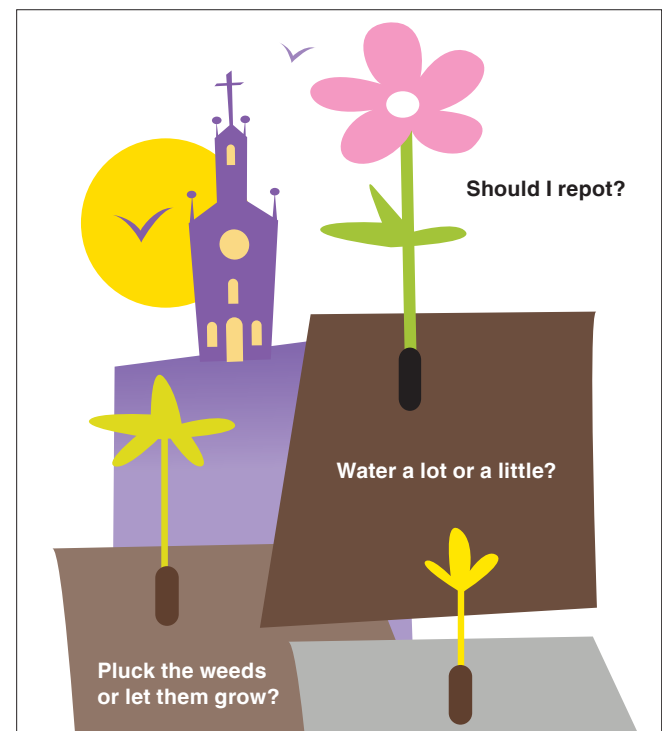
Handle the little things with integrity. Want to make a difference in your relationship? Focus on the little things that make it work.

If that last part sounds familiar, it's probably because Jesus said the same thing more than 2,000 years ago. In Luke 16:10, after telling His disciples a parable about a shrewd business manager, Jesus said, "whoever can be trusted with very little can also be trusted with much." Of course the opposite is also true: If you can't trust someone with the little things, you'll never trust them with anything bigger.

Your character really isn't formed by the big events in your life. Instead, who you are is ultimately

determined by the smaller choices you make each day. When you choose to do what's right every chance you get, you're more likely to stick to your principles when the pressure's really on. On the flip side, if you let the small things slide, you'll follow the path of least resistance - even if that means compromising your core values.

Of course, the little things can be easy to miss. After all, they're little. And in a fast-paced, chaotic culture, shiny fast-moving squirrels often distract us from the details that really count. You've got to be intentional when you look for the little things. It's a lot of work, but it's worth the extra effort.



From 1B



Marilyn Wallace prepares a tray of food in the kitchen to be set out for plating.



Eric Rhodes (front), Michelle Taylor and Bill Holland clean the side of a bus while practicing proper social distancing.



Eddie Crudup sanitizes a school bus at SWOHS. While cafeteria staff distributed food, bus drivers cleaned buses and trained new drivers.



Lauri Crowder, multimedia coordinator for Onslow County Schools, jumps in to help cafeteria staff distributing meals.





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