

CAMP LEJEUNE RECIPIENT OF THE 2017 COMMANDER IN CHIEF’S ANNUAL AWARD FOR INSTALLATION EXCELLENCE

The

Globe

SERVING CAMP LEJEUNE AND SURROUNDING AREAS SINCE 1944

WWW.CAMPLEJUNEGLOBE.COM

THURSDAY, OCTOBER 26, 2017



- **Zombie Run keeps runners on their toes** 5A
- **STEM Fair demonstrates potential futures** 1B
- **Willis talks about domestic violence prevention** 3B

Hundreds gather to honor the fallen



Photos by Cpl. Judith L. Harter
Distinguished ceremony participants, left, stand at the position of attention as wreaths are laid during the 34th Beirut Memorial Observance Ceremony held at Lejeune Memorial Gardens, Oct. 23. A memorial observance is held Oct. 23 of each year to remember those lives lost during the terrorist attacks at U.S. Marine Barracks, Beirut, Lebanon, in 1983.

LANCE CPL. NICHOLAS LUBCHENKO
MCB Camp Lejeune

Hundreds of people gathered to commemorate the anniversary of the 1983 Beirut barracks bombing during the Beirut Memorial Observance Ceremony at the Lejeune Memorial Gardens, Oct. 23.

Veterans, military personnel and community members viewed a single granite wall broken down the middle that carries the names of the fallen service members and the famous words ‘They Came In Peace.’

“This event rocked us all,” said Sammy Phillips, mayor of the City of Jacksonville. “The community was so intertwined back then. A lot of the men who gave their lives in Beirut were members of our community. They were our Sunday school teachers, scout leaders and coaches. With several mayors before me and after me, we will always remember that occurrence that happened in 1983.”

Darrel Gibson, a retired senior chief petty officer, gained the strength to speak at the memorial after attending every year since the beginning, standing back, away from the wall. “It took me about 10



Family members search for names of their loved ones on the memorial wall during the conclusion of the 34th Beirut Memorial Observance Ceremony held at the Lejeune Memorial Gardens, Oct. 23. A memorial observance is held Oct. 23 of each year to remember those lives lost during the terrorist attacks at U.S. Marine Barracks, Beirut, Lebanon, in 1983.

years before I could approach the memorial,” said Gibson. “I just couldn’t, it was just too much. Men aren’t supposed to cry, but I couldn’t hold it back. It was time to break the silence.”

For the first time in 34 years, Gibson shares his memories of the tragic day.

“Sunday morning, I was at the library a little over a mile away from the barracks. We had heard the sound and thought we took a tank round. We all ran up top, and it took us two or three minutes to realize what had happened,” said Gibson. “The ones on post had binoculars and they looked at the Beirut Landing Team and saw this mushroom of smoke. We

didn’t know how bad it was because all we could see of the BLT was smoke. Once the dust came down, we realized we couldn’t see the top of the BLT anymore. We tried to call them on the radio but all the lines were down. Right then, we knew it was something bad.”

“It became a recovery mission because the walls caved on top of each other. There wasn’t a whole lot we could do, except give people morphine. They were confined inside concrete and we couldn’t get them out,” said Gibson. “That was hard. Knowing that there is a man in there and you can’t get to him. It took us about five days to recover everybody.”

Some of the veterans who attended also shared their stories. Emmanuel Simmons is a retired master sergeant and was in the barracks when they collapsed.

“The morning of the bombing, I was sleeping. When I woke up, I was buried,” said Simmons. “What I came to find out was that I was buried under three stories of the building, but I just thought it was the ceiling in our room. I thought we were shelled. While I was laying there, I couldn’t move anything but my right hand. I was trying to not panic, I was actually trying to make myself laugh. I just assumed that in a matter of time,

they would get me out. There was about six of us in the room at the time. I didn’t see any of them again until we were at the hospital.”

The memorial that attendees saw started out very differently. Originally, the community came together to plant trees to remember the fallen. When the Marine Corps was asked for a place to put a sign that explained what the trees were for, the Marine Corps also gave them four acres to use. This prompted the process of building the memorial we see today.

“It took about three years to raise the funds for the design,” said Mike Ellzey, project manager for the construction of the memorial. “All the funds came from donations... One young girl knew she was going to be getting a Cabbage Patch Doll for Christmas later that year and so she auctioned off her Christmas present and raised about \$1,500 dollars for this memorial.”

Every part of the memorial has a story, from McDonalds donating the flag poles to the statue being built with whatever funds the committee had left. While some parts of the memorial were created, others captured moments of history.

“They Came in Peace’ was something we saw in a magazine. After the bombing, somebody had stuck a structure into the ground, and on a C-ration box someone had written ‘They Came in Peace.’ We adopted that onto the wall. It showed the mission of the Marine Corps there at the time,” said Ellzey. “They came as peace keepers, they weren’t there to fight a war. ‘They Came in Peace’ reminds people that these men were not killed in a battle but killed while trying to keep the peace.”

Phillips said the community of Jacksonville and the military came together to build this memorial and it has brought everyone closer together.

“This one project probably did more to bring the Marine Corps and the civilians together than anything else since 1941 and we are extremely proud of that,” said Ellzey.

Every year, the military and civilian communities come together for this ceremony. There are no plans to stop honoring the lives lost on the tragic day of Oct. 23, 1983.

“We have been doing this every year since 1986 and we will be doing it forever,” said Ellzey. “Always remember and never forget.”

Team Osprey Working Group Tour

LANCE CPL. NICHOLAS LUBCHENKO
MCB Camp Lejeune

Representatives from companies that produce parts for the V-22 visited Marine Corps Air Station New River to discuss their roles in the maintenance and manufacture of the V-22 Osprey during an event known as Team Osprey Working Group, Oct. 18.

Upon arrival, the representatives were given a chance

to hear how the Marine Corps is using their aircraft parts in the fleet.

“These people never get to see the aircraft in its natural habitat, the way it’s actually being used,” said Carl Forsling, business development manager at Bell-Boeing, who coordinated the event.

This event allows manufacturers to get a feel for who is using their aircraft.

“This consortium of V-22 suppliers is held once a

year,” said Forsling. “This is their one chance to go to a Marine Corps or Air Force base and observe flight operations. Here, they can talk to the Marines or Airmen who are actually maintaining the aircraft.”

Meeting the service members who maintain and use the V-22 allows the representatives to see what they produce in a new light.

“I think this event brings a whole different level of understanding to the representatives,” said Forsling. “There is a whole fundamentally different view you get seeing a component on the factory floor and seeing it in an actual aircraft, under the conditions Marines have to deploy it to accomplish their missions.”

The goal of the tour is to allow for the representatives and the squadrons to hash out any kinks they have been running into.

“We expect them to walk out of here attempting to get contracting into place as soon as possible, which would help the V-22 fleet as much, if not more, than anything else,” said Lt. Col. Brandon Whitfield, commanding officer, Marine Medium Tiltrotor Squadron 266. “Hopefully, this feedback will allow them to go back to their companies and improve their support of Marine Corps aviation.”

Working with the representatives closely allows for both parties to express their needs and make plans for the future.

“If this event makes one representative go back to their company and streamline their contracting process, then this event helped the entirety of the V-22 fleet and the Marine Corps as a whole,” said Whitfield.



Photos by Lance Cpl. Nicholas Lubchenko

Representatives from companies that produced parts for the V-22 visited Marine Corps Air Station New River to discuss the maintenance and manufacture of the V-22 during an event known as the Team Osprey Working Group, Oct. 18. The representatives were given a chance to see how their products were being used by the Marine Corps. “There is a fundamentally different view you get seeing a component on the factory floor and seeing it in an actual aircraft under the conditions Marines have to deploy it to accomplish their missions,” said Carl Forsling. Forsling is the business and development manager at Boeing and the coordinator of the event.



Want to make an impact in the world around you?

Give to a cause you care about through the CFC. You can even volunteer. It's that simple.

(2 OCT – 20 DEC)

PLEASE CONTACT YOUR UNIT REPRESENTATIVE OR CFC OFFICE 451-5517



2017 THEME

Marine Corps Birthday meal

Mess Halls aboard MCB Camp Lejeune will serve a special meal in celebration of the Marine Corps Birthday. Accordingly, DOD employees, dependents of Marines, Military Retirees, Guests of Marines and Sailors and guests of the Commanding General MCIEAST, MCB Camp Lejeune are authorized to partake in the Marine Corps Birthday Meal. This includes all DOD civilian personnel and MCCS employees on the schedules dates, in all Mess Halls at Camp Lejeune excluding the Detainee Facility Mess Hall.

The Marine Corps Birthday Meal will be served Nov. 8 and 9 at the following times and mess halls:

Nov. 8

11:30 a.m. to 1 p.m. for RR135 Rifle Range/MARSOC.
11 a.m. to 1 p.m. for BB125 Court House Bay.
11 a.m. to 1 p.m. for 303 in French Creek area.
11 a.m. to 1 p.m. for 128 Mainside.

Nov. 9

11 a.m. to 1 p.m. for FC-65 in French Creek area.
11 a.m. to 1 p.m. for 411 Mainside
10:30 a.m. to 1:30 p.m. for FC-420 in French Creek area
11 a.m. to 1:30 p.m. for 227 Mainside.
11 a.m. to 1 p.m. for WC-100 Mainside.
11 a.m. to 1 p.m. for G640 Camp Geiger.
11 a.m. to 1:15 p.m. for M455 Camp Johnson.
11 a.m. to 1 p.m. for AS4013 New River.
Noon to 12:45 p.m. for 1039 Detainee Facility (staff only).

The Meal price is \$9.05 for all personnel. Dependents of E-4 and below are authorized the discounted rate of \$6.80. The meal price for Fast Food entrées will be \$5.55.

The menu will include:

Shrimp cocktail, French onion soup, deviled eggs, grilled steaks, baked lobster tails, baked potatoes, steamed Italian cut green beans, sauteed mushrooms and onions, corn on the cob, fruit salad and more.



Pardon Our Mission

All areas of Onslow Beach (to include the Marine Mart, reservation office, lodging, camping, playgrounds, pavilions and beach accesses) will be completely closed Oct. 16 through Nov. 7, due to a full-scale amphibious exercise.

We are proud to be able to help our Marines remain mission ready

OFF-LIMITS

The following businesses are designated by the base commander as “off-limits”

Atheas Attics at 420 Eastwood Rd., Wilmington.
Bell Auto Salvage II at 136 Abbots Branch Rd., Hubert.
C&K Auto/C&A Auto Repair at 701-A North Marine Blvd., Jacksonville.
Cash Pools at 3054 Wilmington Highway, Jacksonville.
Club Phoenix at 209 East 5th St., Greenville.
Dash-In at 1316 Hargett St., Jacksonville.
D's Drive Thru (AKA: Raul's Drive Thru) at 226 Wilmington Highway, Jacksonville.
D's Quick Mart at 2840 Highway 258 West, Richlands.
Discount Tobacco at 331, G&H Western Blvd., Jacksonville.
Expressions at 419 South College Rd., #39, Wilmington.
Express Way at 1261 Gum Branch Rd., Jacksonville.
Golden Dragon at 1850 Wilmington Highway, Jacksonville.
*Karen Huffman's Cleaning at 3013 Derby Road, Jacksonville.
King's Drive Thru at 1796 Gum Branch Rd., Jacksonville.
Laird's Auto and Truck Repair (U-Haul Rental) at 1197 Piney Green Rd., Jacksonville.
MP Super Discount at 800 Shipyard Blvd., Wilmington.
New York Tobacco Center (AKA: Tobacco for Less) at 439 Western Blvd., Jacksonville.
Northern Lights Smoke Shop at 4710 Market St., Wilmington.
One Stop Shop at 501 Corbin St., Jacksonville.
Price is Right Lawn Design in Jacksonville.
Saint Thomas Custom Homes at 3560 McArthur Rd., Broadway.

Smart Buy at 375 Jacksonville Mall, Jacksonville. (currently not open, but has history of reappearing)
Smitty's R&R at 3742 Highway 17, S.C.
Tobacco at 521 Yopp Rd., Unit 106, Jacksonville.
Tobacco Club at 487-B Western Blvd., Jacksonville.
Tobacco House Cigarette Center at 1213-C Country Club Rd., Jacksonville.
Tobacco Leaf at 215 Western Blvd., Jacksonville.
Veterans Affairs Service Jacksonville. (This is a private organization not affiliated with the Department of Veterans Affairs, VA Outpatient Clinic, nor Onslow County Veteran Services.)
MCAS Cherry Point Area:
98 Cent Only Store
(Big Daddy) Wesley's Grocery
Coastal Smoke Shop
Expressions
Friday's Night Club (AKA: Club Insomnia, Club Classics, Infinity Lounge)
Flyers
H&D Express (AKA: Citgo)
Nadine's Food Mart
Tobacco Outlet (Havelock and New Bern)
Tobacco Shop & Gifts (Beaufort and New Bern)
Tobacco Town
Tobacco Shop (Newport and New Bern)
Twin Rivers (Not the mall)
White Sands Convenience Store
Off-limits Roads:
Catfish Lake Road

* Identifies a new business added since the last update of the Bulletin.

Hotline numbers to report fraud, waste, abuse and corruption

II MEF Hotline - 451-5555 www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx
MCIEAST Hotline - 451-3928 www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/CommandingGeneralsInspectionProgram.aspx
TECOM Hotline - (703) 432-1650 www.tecom.usmc.mil/pages/ig.aspx
Naval Hospital Hotlines - (910) 450-4240 NHCL-IGHotline@med.navy.mil
MARSOC Hotlines - 440-1045/0941 www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx
New River fraud, waste and abuse Hotline - 449-6029.

The Globe

Commanding General MCIEAST,
MCB Camp Lejeune
Brig. Gen. Julian D. Alford

Communication Strategy
and Operations Director
Nat Fahy
nat.fahy@usmc.mil

COMMSTRAT Deputy Director
Maj. Lori Miller
lori.miller@usmc.mil

Production Chief
Staff Sgt. Jayson Price
jayson.price@usmc.mil

Managing Editor
Ena Sellers
esellers@camplejeuneglobe.com

Sports Editor
Michelle Hannah
mhannah@camplejeuneglobe.com

Lifestyles Writer
Sarah Hauck
shauck@camplejeuneglobe.com

Graphic Designer
Ken Harrell
kharrell@camplejeuneglobe.com

This Department of Defense newspaper is an authorized publication of the DOD. Contents of The Globe are not necessarily the official views of, or endorsed by, the U.S. government, the DOD, or the Public Affairs Office, Camp Lejeune, N.C. The Globe is published by Fayetteville Publishing Co., a private enterprise not connected with the DOD or the U.S. Marine Corps, under exclusive written contract with Marine Corps Base Camp Lejeune, N.C. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of these products or services by the DOD, the U.S. Marine Corps, or Fayetteville Publishing Co. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Public Affairs Office, Camp Lejeune, N.C. Any questions may be directed to: Commanding General, (Attn: Public Affairs Office), Marine Corps Base, PSC Box 20004, Camp Lejeune, N.C. 28542-0004. For distribution and subscription inquiries, call 910-939-0704. For advertising questions or to submit free trader ads, call 910-939-0700.



Officers Brandon Boullion and Brandon Royals clear the building during an active-shooter drill at the Military Justice Complex aboard Marine Corps Base Camp Lejeune, Oct. 19. The purpose of this drill was to train base personnel on appropriate responses to an active-shooter scenario. Boullion and Royals are officers with the MCB Camp Lejeune Provost Marshals Office.

Photo by Lance Cpl. Dominique Fisk

H&S Bn conducts active shooter drill at legal

LANCE CPL. DOMINIQUE FISK
MCB Camp Lejeune

Marine Corps Base Camp Lejeune's Headquarters & Support Battalion conducted an active-shooter drill to create a training environment that simulated a real world response at the Military Justice Complex aboard the base Thursday.

Chief Warrant Officer 2 Jennifer Bock was the simulated active shooter and was engaged by first responders faster than expected, even with the Criminal Investigation Division intentionally standing down to give her a chance to make her way further through the complex.

After hearing bangs from Bock's simulated hand gun, Marines quickly warned each other and implemented what they've learned from

prior anti-terrorism training.

"It was over in a matter of 10 seconds," said Cpl. Justin Hathcock, a legal service specialist with Legal Services Support Section East. "I saw someone running. I ducked down and hit the floor. I heard the first few shots and within a matter of seconds, she came in and started shooting everyone else."

Although the Marines received prior anti-terrorism training, some were surprised by the way events played out during the drill.

"When I pictured it in my mind, I thought maybe somebody would walk in, maybe say something or start yelling," said Hathcock. "All she did was just run straight to people and start shooting. I was the last one shot – it was eye opening."

After Bock was stopped and disarmed during the training, first re-

sponders continued to search for other potential shooters.

"An active shooter is a very fast moving scenario," said 1st Lt. Eric Quintero, the assistant operations officer with the Provost Marshal's Office. "It's different and tactical search is surgical in nature."

The drill helped meet anti-terrorism training requirements while giving personnel from LSSS East and first responders an opportunity to work together in a live-training scenario. The battalion plans to conduct more training like this to keep Marines, contractors and Department of Defense civilians vigilant.

"We are going to continue to conduct training at different levels to satisfy different objectives," said Lt. Col. Ricco Espinoza, the operations officer for H&S Bn. "It will be ongoing training."

Education Expo helps clarify opportunities

PFC. EVAN FALLS
MCB Camp Lejeune

Representatives of more than 60 colleges and universities were available to assist people interested in continuing their education during the National Education Expo at Goettge Memorial Field House aboard Marine Corps Base Camp Lejeune, Oct. 18.

Hosted by the Marine Corps Community Services Family Member Employment Assistance Program, the expo was open to all military personnel, retirees, active-duty reservists and their family members. The goal was to showcase educational opportunities, information about the GI Bill and other financial aid. It also offered resources for veterans who want to teach at the elementary level through the Troops to Teachers program.

Although Marines are required to serve two years before they are eligible for tuition assistance, they should learn what options are available to them said the education assistance branch manager for Camp Lejeune and Marine Corps Air Station New River, James Steadman.

"Prior to (being eligible for tuition assistance), we'd like to see Marines at the Education Center," said Steadman. "We can look at different schools and college-level examination program tests so that when they hit their two-year mark, they're ready to go."

Rand Ernst, a nondestructive observation instructor and radiation safety officer with Central Piedmont Community College, said he and other school representatives were excited and wanted to pay Marines back for their service by offering educational opportunities.

"It's a great opportunity for Marines," said Ernst. "It's good that the service is helping Marines with the next chapter of their lives."

Detailed information about education opportunities and assistance, can be found at www.mccslejeune-newriver.com/edu/



Photo by Pfc. Evan Falls

Marines gather around a university representative at the Education Expo at Goettge Memorial Field House on Marine Corps Base Camp Lejeune, Oct. 18. The Education Expo was dedicated to helping participants further their education. The expo takes place in both the spring and fall.



BUSINESS *Spotlight*

PAID ADVERTISEMENT



RICHLANDS
MINI-STORAGE, INC
910-324-4050

ACTIVE DUTY MILITARY SPECIAL
10% DISCOUNT AND 2ND MONTH FREE
FOR ALL NEW CONTRACTS

We Offer:

- Larger Size Units
- Secure Gated Access for After Hours
- Payments By Phone
- Security Cameras
- Well lighted
- Concrete Driveways



**7369 Richlands Hwy,
Richlands, NC 28574**

www.richlandsministorage.net



See your business here!
Call Bobby Stone or
Tye Rudy at
(910)939-0700



Discovery
DIVING

Discovery Diving Company is a 5-star PADI facility meaning that we offer the full range of PADI courses, from beginner courses such as Discover Scuba and Open Water, through Dive Master and Instructor training. Classes are offered throughout the year.

GI Bill™ eligible

414 Orange St.

Beaufort, NC 28516

252-728-2265

www.discoverydiving.com

Everything You Need To Craft Your Own!



Fermentation Station

216 Henderson Dr., Jacksonville, NC 28540

910-455-7309

New Brewers & Winemakers Welcome

www.fermentation-station.com

Military Star card at New River commissary

PRESS RELEASE
Defense Commissary Agency

The Defense Commissary Agency is rolling out acceptance of the Military Star card in all its stores to offer greater convenience to service members and their families and further strengthen funding of critical military quality-of-life programs, said Command Chief Master Sgt. Stuart Allison, DeCA senior enlisted advisor.

“Being able to use the Military Star card at the commissary is a big win not only for shoppers,” Allison said. “Having one convenient payment method specifically for the military community demonstrates the commitment DeCA and the exchanges have for meeting the needs of service members and families in the most

cost-effective way possible to maximize the value of each benefit.”

By Nov. 9, the card’s acceptance will be expanded throughout commissaries worldwide for all branches of service. Benefits of the Military Star card include:

- Two points per dollar on purchases and a \$20 gift card after 2,000 points earned.
- One of the lowest APRs (11.24 percent) among retail-issued cards no matter the cardholder’s credit score.
- Fair and flexible terms such as no annual, late or over-limit fees.
- 10 percent discount on first day of use, including at the commissary.
- Reduced interest deployment plan with no payments required for eligible customers.

For more information, visit MyECP.com.

Marines welcome coalition partners



Photo by Lance Cpl. Leynard Kyle Plazo

Bold Alligator 17 is a large-scale, multinational amphibious exercise designed to execute complex shaping operations, amphibious landing and attack, and sea basing operations to improve U.S. and coalition ship-to-shore capabilities.

Reporting to work intoxicated?

JENNIFER ATTILA
MCCS Substance Abuse Prevention Specialist

The Uniform Code of Military Justice is a Congressional code of military criminal law that states that anyone who reports to duty and has been found to be drunk will be subject to court martial.

Because of this law, it is important for Marines to consider “what is drunk?” Often “drunk” is defined as a feeling. Some people experience this feeling after only one or two drinks, while others experience it when downing an entire bottle of whiskey.

Drunk is determined by your BAC or Blood Alcohol Concentration and is measured by a breath analyzer or breathalyzer.

How then do you determine whether or not you are legally drunk? Several factors play a role on a person’s level of intoxication, including size and weight, body fat of the person, if they drink on an empty stomach, etc.

The amount of alcohol consumed to make one person over the legal limit may not be as much as another.

A general rule of thumb is that one standard drink will raise your BAC to 0.025. Your body naturally eliminates the alcohol at a rate of 0.015 per hour. Nothing can speed up this process. Drinking coffee, eating bread, taking a cold shower all have a fantastic effect of making you “feel” sober but it does nothing to change your BAC, this is only reduced by time.

Now, let’s consider how many standard drinks are in the typical alcoholic drinks consumed. There is one standard drink in a 12 oz. bottle of beer containing 5% alcohol. There is 1.5 standard drinks in a 12oz bottle of malt liquor containing 7% alcohol. A single bottle of wine with 12% alcohol content contains 5 standard drinks. A 750 ml bottle (or a “fifth”) of hard liquor containing 40% alcohol (such as whiskey, rum, or vodka) contains 17 standard drinks. With the math listed above, if someone were to consume 3 drinks they would raise their BAC to 0.075 and will take 5 hours to eliminate the alcohol from their system. This means if someone were to drink twice this, that is 6 standard drinks, it would take 10 hours to eliminate the alcohol from their system. Be aware that developing a BAC of .30 or above, that is 12 or more standard drinks, may be lethal and anything above this is gambling with your life.

It is important to be aware of how much alcohol you are consuming when you have work the next day. Taking the night to “sleep it off” may provide enough time to feel sober but not enough time to reduce the BAC to a limit that is acceptable to report for work. If you choose to drink, be conscientious of your future and give yourself the time to sober up.



SPIRIT

HALLOWEEN

20% OFF*

ANY SINGLE ITEM



3 Locations to Serve you

461 Western Blvd. Jacksonville, NC 910-650-4671 Behind Hooters	3040 Evans St. Greenville, NC 252-557-6167 Target Shopping Center	354 S. College St. Wilmington, NC 910-632-4473 Next to Lowes Home Improvement
--	---	---

*Offer valid through 10/31/17 at Spirit Halloween and SpiritHalloween.com. Coupons that are forged or altered in any way will not be accepted. Not valid with any other coupon offers, on prior purchases, online contact lenses, associate discount or taxes. Coupon must be present at time of purchase. If merchandise is returned, coupon discount will be deducted from items prior to refund/credit. Limit one coupon per customer. Shipping offers cannot be combined with other discounts at store kiosks or online. No cash value. Spirit Halloween may cancel promotion at any time.

©2017 Spirit Halloween Superstores, LLC

FN0004971478.01

ZOMBIE RUN



MICHELLE HANNAH, LANCE CPL. DOMINIQUE FISK

Sports editor

It was an eerie evening as 133 participants gathered to run in the Single Marine Program's 5K Zombie Run on Marine Corps Air Station New River, Saturday.

The trail and woods featured almost 200 zombies and famous horror characters.

Runners were given four life lines which were represented by caution tape attached to their clothing. The goal was to make it out of the trail with the lifelines still attached. In doing so, runners had to dodge several zombies. Survivors were entered in to win prizes.

A grouping system was implemented allowing about 10 runners at a time to start the course. This allowed participants to get a good feel for the scenes and focus on making it through the course. Runners could increase their chances of survival and gain additional lives by completing exercise stations.

While letting out bellowing screams, runners did just about everything to try and keep their lifelines attached; from running well out of the way down steep hills, to grabbing nearby branches to fight off the dead-but-very-much-alive attackers.

Throughout the trail, there were several spooky movie scenes from "IT," "Saw," "Nightmare on Elms Street," "Halloween," "Psychos," "The Grudge" and more.

The trail was hosted by a special zombie Spiderman that was played by the air station's commanding officer.

"Everyone seemed to have a great time," said Col. Russell Burton, the MCAS New River commanding officer. "My son ran it once; he was scared and ran around me — then he ran it again."

James Konior is a retired Marine who brought his family out and even convinced his neighbors to participate.

"The run seemed fun," said Konior. "It's a good way to support the Single Marine

Program."

Gabriella Gonzales is not only a member of the SMP but also volunteered her time hiding in the woods with a face full of stage makeup in order to help scare runners.

"It is all about being in the program," said Gonzales. "It is a fun time and well worth everyone's efforts."

Vanessa Thurber and her husband Justin ran the 5K together. Vanessa was able to keep all her lifelines unlike her husband, who lost them all.

"I was not expecting it to be that scary," said Thurber. "But it was fun and I survived."

After runners completed the trail, they were invited back to a cookout at the New River Fitness Center in order to recuperate from their zombie encounters.

"We had an awesome turnout tonight. This is our second year doing the run and we wouldn't be able to do it without all of the volunteers," said Susan Goodrich, SMP director. As she explained the role of volunteers who participated as zombies, cooked the food and served as medics at exercise stations. "The best thing is that all the proceeds from the run go directly back into the Single Marine Program."

The SMP focuses on enhancing the quality of life of all single or unaccompanied service members. The program encourages community involvement and recreational activities. With this race alone, the program was able to raise funds and awareness to continue to provide support to Marines.

The Single Marine Program plans to continue the Zombie Run for years to come.

"We are already looking forward to next year's," said Goodrich. "We have already started talking about plans and how we're going to improve it and offer bigger and better scenes."

For more information on SMP events, visit www.mccslejeune-newriver.com/smp.



"I was not expecting it to be that scary, but it was fun and I survived. "

~ Vanessa Thurber



A different approach to cardio



MIND TO MUSCLE

Michelle Hannah
Sports editor

Cardio is something that most people try and avoid. With the weather cooling down, it is going to be more difficult to convince oneself to go on a run. We all understand that cardio is what leads to a heart healthy life, but if you are like myself, you try to avoid it at all costs. Making time for cardio sometimes feels like it takes away from building muscle.

Recently, I stumbled upon the concept of High Intensity Interval Training. Unlike the boring 30 minutes on the treadmill, HIIT exercises incorporate a good majority of muscle groups including the most important one of them all, the heart.

HIIT can be incorporated on days that you are isolating a single muscle group or be its own full exercise. For incorporating it into a workout, you would replace your resting period with a HIIT exercise or two. For example, when working out back on the weighted row, do burpees next to the machine in between each set.

This type of additive in a workout fills that two minute break gets the heart rate up and most movements engage the entire body.

Weight training that combines HIIT will most likely have a shredded effect on the muscles but will tone your muscles and complement their strength.

To get a feel for what HIIT consists of, it is recommended that beginners select five movements, complete each movement for 30 seconds, then repeat each exercise three times.

Some common HIIT movements are jumping lunges, burpees, high knees, 30 second sprint, trunk twists, jump rope, unweighted jump squats and toe touches.

This sounds like a lot of work and it should, because working harder results in a greater calorie burn.

If you are an active-duty member, you can attend the HIIT centers located on Camp Lejeune or



The group is demonstrating a high intensity interval workout including weights. The woman on the right is completing knee highs and the woman on the left is completing ski jumps which is a good choice if incorporating HIIT into a leg biased workout.

New River Air Station at no cost at all.

The center focuses on HIIT training as an entire workout instructed by certified trainers.

“The HIIT Center workouts target all muscles, so you are sure to leave here knowing the hour session benefited your physical fitness level” said Nicole Feres, HIIT level two instructor.

The purpose of HIIT is to push yourself and gain the upmost intensity from a workout. That is why you need to give 110 percent for every 30 seconds. Pushing your body is key to burning fat.

HIIT studies have shown that accompanying fat loss, the concept boosts endurance, increases metabolism, improves cholesterol profile and regulates insulin levels.

According to the American College of Sports Medicine, HIIT can be modified to all levels of fitness.

It is important to remember that even though HIIT workouts are normally shorter, your body still needs the necessary recovery time.

For more information on HIIT, www.acsm.org/docs/brochures/high-intensity-interval-training.pdf.

Sports^{on} Tap

USMC Birthday Swim Challenge Now through Nov. 10.

Challenge yourself to swim 242 laps in honor of the Marine Corps 242nd Birthday. Laps can be completed at the following pools: Area 2, Wallace Creek and New River. The cost is \$5 and is open to authorized patrons. All participants will receive a commemorative t-shirt. Register by Nov. 3 at any of the approved pools or the aquatic's office located in AS-4400. For more information, call 449-4309.

Strong Man Competition Registration Now through Nov. 18.

Now is your chance to prove that muscle tanks are indeed for muscles. This event will include max long over the head bar press, atlas stone over the bar, a medley event, truck pulls and more. Despite the name, this event is open to authorized male and female patrons. The cost is \$45 and will be held at the Camp Lejeune HIIT Center. For more information, visit www.mccslejeune-newriver.com/hardcorps.

Pistol Range Saturday & Sunday 10 a.m.

The pistol range is officially open. Authorized patrons 18 and older can utilize the range. Minors are prohibited on site. At this time, rentals are not available. The cost is \$10 and the range is located at F-11A on Camp Lejeune. For more information, call 451-3889.

Intramural Flag Football Playoffs Nov. 8, 6:30 p.m.

Watch the best of the best fight for the championship. The game will consist of one team from the National League and one from the American League. Two different leagues, one common goal ... win. The game will be held at Liversedge Field on Camp Lejeune. All authorized patrons and guests are welcomed at no cost.

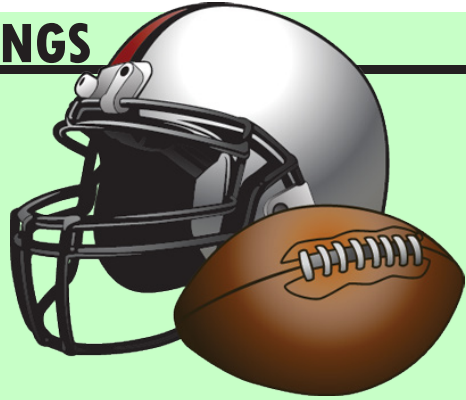
For more information on games, tryouts, special events and exercise classes around Marine Corps Base Camp Lejeune, check out Sports on Tap each week. To add your activity, email mhannah@camplejeuneglobe.com or call 451-7419. Space is limited to availability.

To add your event to our website calendar, visit www.camplejeuneglobe.com/calendar.

Remember to "like" our Facebook page at www.facebook.com/camplejeuneglobe.

MCCS YOUTH FLAG FOOTBALL STANDINGS

Team	W/L
Dolphins	5 - 0
Blue Angels	3 - 1
Wolfpack (AS)	2 - 3
Gladiators	3 - 3
Pirates	0 - 6



GAME FACE SHOWCASE

Below are two local athletes in the midst of competition. Readers are encouraged to go online and vote for this week's most epic game face!

No signing up or subscriptions required, just visit www.camplejeuneglobe.com/sports/gameface and cast your vote on the poll for bragging rights. Voting ends Tuesday at noon; the winner will be announced in next week's paper.

Last Week's CHAMPION



Hunter Douglas

Photos by Michelle Hannah, Layout and designs by Ken Harrell



Domonique Archie

Domonique Archie, #4 Flight player, swats the ball resulting in an incomplete pass for the offense during the Intramural Flag Football League at Liversedge Field on Marine Corps Base Camp Lejeune, Thursday.



Kevin Clark

Kevin Clark, #10 Shock Troops player, is forced to run the ball down field during the Intramural Flag Football League at Liversedge Field on Marine Corps Base Camp Lejeune, Thursday.

Wrestlers leave it all on the mat in hopes of being scouted

MICHELLE HANNAH
Sports editor

The sound of jump ropes smacking the ground and faint music blaring from headphones filled the air as most wrestlers focused on getting in the zone for the Camp Lejeune Open Wrestling Tournament hosted by the All-Marine Wrestling Team at Goettge Memorial Field House aboard Marine Corps Base Camp Lejeune, Saturday.

A total of 70 wrestlers participated and were sectioned into nine different weight classes. Folkstyle wrestling and high school rules were implemented. The number of wrestlers nearly doubled last year's event.

The competition had two wrestling mats which allowed two matches to go on at once. Each match consisted of three rounds, with the first round lasting two minutes and the following two rounds one minute. If the match was tied by the third round, overtime of one minute was granted.

The referees and score keepers were members of the All-Marine Wrestling Team. This allowed them to strategically select who they thought was worthy of being given a chance to make the team.

Terence Zaleski, All-Marine wrestler, was hopeful that the competition would attract a good variety of athletes. Being new to the team, Zaleski was excited to experience an open-mat talent call.

"This is a good opportunity for us to scout out Marines for our team," said Zaleski. "If we see what we like we will invite them back for a match with us."

Jed Flores, participant, has been wrestling since he was 6 years old and wrestled for San Francisco State University. Flores won his first match against Garret Pauly.

Pauly stood well over six feet, towering over Flores which lead to what the audience thought was an unfair advantage, but his height was not a challenge for Flores.

"When I saw him, I thought 'oh crap'," said Flores. "We had fun and we are both out here to have some fun, but hey, if the coaches offered me a spot, I would be more than happy and honored to join the team."

Flores went on to dominate the 170-178 lb. weight class and walked away with the championship title.

Dominic Munoz won the 206-219 lb. weight class. With 11 years of wrestling under his belt, he has learned how to channel his passion into success.

"I've competed in tournaments like this before, each time improving and placing higher," said Munoz. "I felt pretty confident. Winning is an option and it's all about how bad the other person wants it."

Although competition and being the best is what gets most Marines going, not all the participants wrestled for the spotlight.

Sammy Pena decided last minute that he wanted to break out his old high school wrestling skills and hit the mat.

"This is something fun to do," said Pena. "Wrestling is a good stress reliever."

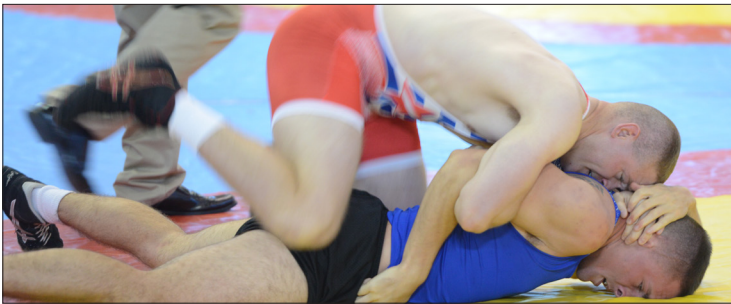
With the busy schedules and continued deployments of team members, the All-Marine Wrestling Team is constantly looking for talent.

The team hosts an All-Marine Wrestling open-mat event every week on Mondays, Tuesdays and Wednesdays at 5 p.m. in the Area 5 gym aboard Camp Lejeune.

For more information and a complete list of winners, visit www.facebook.com/AllMarineWrestling.



Jed Flores (left) tries to push Garret Pauly (right) out of bounds during the Camp Lejeune Open Wrestling Tournament at Goettge Memorial Field House on Marine Corps Base Camp Lejeune, Saturday.



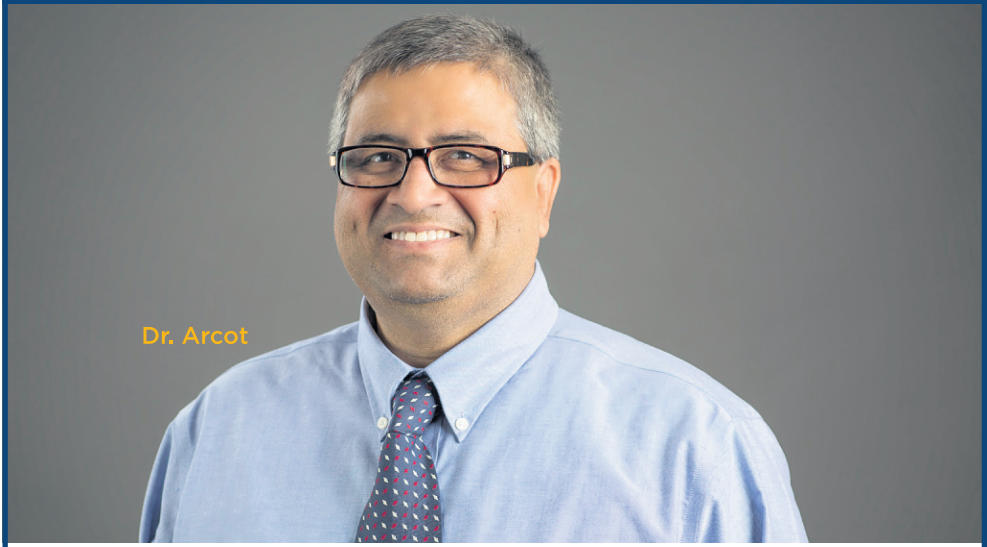
Wrestlers break from the referee starting position during the Camp Lejeune Open Wrestling Tournament at Goettge Memorial Field House aboard Marine Corps Base Camp Lejeune, Saturday. The defensive position signifies the beginning of a new round.

MCCS Youth Soccer Standings			
	Team	Wins	Losses
	Mexico	5	0
	FC United (AS)	3	1
	Dragons	3	1
	Team USA	2	2
	Real Madrid	1	3
	Phoenix	1	3
	Arsenal	0	5



Dr. Josilevich

Preventing Disease and Promoting Good Health.



Dr. Arcot

Internal Medicine & Primary Care, Part Of The Onslow Family Of Practices

Internal Medicine & Primary Care is dedicated to helping the greater Onslow community be its healthiest. This includes a focus on prevention and treatment of adult diseases. By offering internal medicine and allergy treatment, we can address whatever concerns you have over your entire adult life. And as part of the Onslow Ambulatory Services network of care, we're backed by the broader resources of Onslow Memorial Hospital. Learn more about how our family can help yours at JaxInternalMed.org

Now accepting new patients



INTERNAL MEDICINE
& PRIMARY CARE

Now at 31 Office Park Drive, Jacksonville, NC 28546 • 910-346-5016



Register today
to be interviewed for
open positions
at our next hiring event

13 December 2017
Marston Pavilion
9am - 2pm



Register Now at NC4ME.org

A True Public-Private Partnership



Your Halloween COSTUMES Headquarters

HWY 24 • Swansboro • 910.326.6250



Photo by Michelle Hannah
Players from Flight and Shock Troops jump into the air to catch a pass (left) Allen Gardner, #1 Flight, secures the ball for an interception and begins to change direction (right) but was quickly stopped at the 40 yard line during the Intramural Flag Football game at the Liversedge Field on Marine Corps Base Camp Lejeune, Thursday. This was one of many interceptions made by the Flight.

The Flight secures a spot in the playoffs

MICHELLE HANNAH
Sports editor

The Flight flag football team sent the Shock Troops packing as they dominated the turf on Liversedge Field aboard Marine Corps Base Camp Lejeune, Thursday.

Thursday's game was the team's sixth win of the season. With only two losses, the Flight's are in second place in the National League which secures them a spot for the playoffs. They are in second behind Combat Logistics Regiment 2 who has the same amount of wins but only one loss.

The Flight team had several well designed plays including numerous interceptions by Allen Gardner, #1, and Ryan Galante, #34. Swatting the ball became a trend by cornerback Dominique Archie, #4 in order to keep the offense from completing passes. Intense yardage passes and running plays by Flight quarterback Jordan Norwood, #2, assisted in the team's overall win.

"It is important that the team is relaxed, playing and having fun," said Galante, Flight head coach. "The success is in making the plays."

Although the plays in the game are important, it is also

what the team does off the field that holds value. "We normally have the offense run routes and warm up first, then play 7-7 against each other for 20-30 minutes," said Galante. "We also work on issues we had from the previous game to fine tune our offense and defense to better ourselves and prepare for the upcoming week."

The Flight team is made

up of Marines in the 8th Communication Battalion. They will have the chance to fight for the championship title on Nov. 8.

"This season has definitely built morale amongst the players due to the fact we are all in different work sections and rarely interact with one another," said Galante.

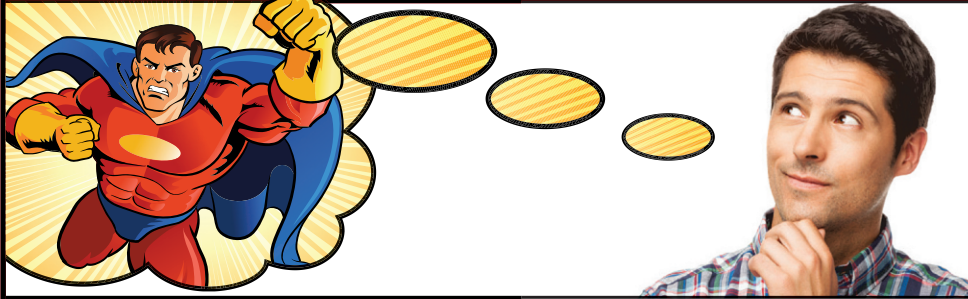
For more information, visit www.mccslejeune-newriver.com/sports/#flag.

Breast Cancer Awareness Run



Photo by Ken Harrell
Patrons gathered at the pull-up bars on Holcomb Boulevard aboard Marine Corps Base Camp Lejeune to show their support and help raise breast cancer awareness, Friday. "Awareness events are important to the community because they nourish support for the individuals and families who have experienced the trials, tribulations, successes and failures of cancer," said Stacy Lamb, health educator with Naval Medical Center Camp Lejeune.

SUPERHEROES WANTED



Earn up to \$240 this month & \$100 this week!

Donate life saving plasma.
You have the power to save lives!

028CL

BRING IN THIS COUPON FOR AN EXTRA \$10 BONUS!



New donors only. Not valid in conjunction with any other referral fees or bonuses.

Schedule an appointment at biotestplasma.com

Biotest Plasma Center 1213 Country Club Road Jacksonville, NC 28546 910-353-4888	Biotest Plasma Center 113 Yopp Road Jacksonville, NC 28540 910-463-2603
---	--

Biotest
From Nature for Life

[f](#) BiotestPlasmaCenterJacksonville
[t](#) @BPCJacksonville

Give and get back more!



BUY ONE GET ONE

Promo Code: BOGOT2



Buy Any Large, Pan or Extra Large Pizza at Regular Menu Price and Get the Second at Equal or Lesser Value for FREE!

Camp Lejeune

(910) 450-7272

Option 1

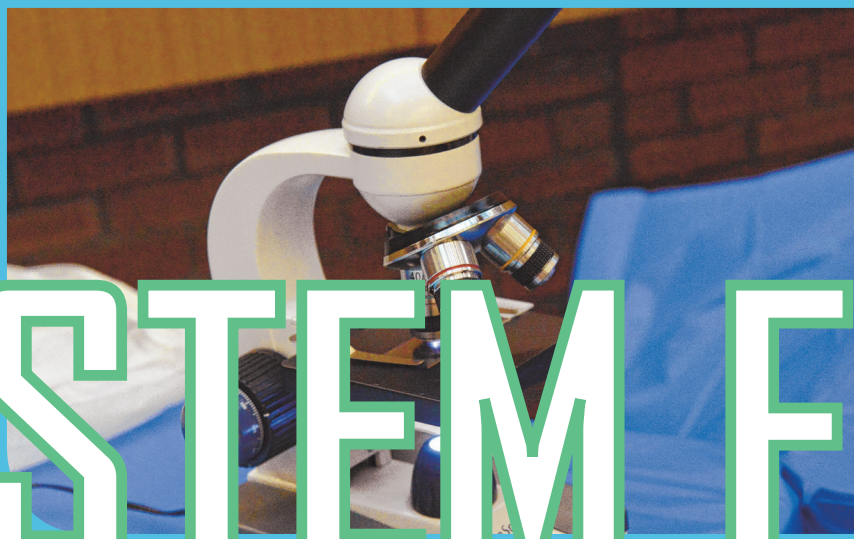
Molly Pitcher Dr BLDG 62

Camp Johnson

(910) 450-7272

Option 2

M424 Harlem Rd



STEM Fair demonstrates potential future

SARAH HAUCK
Lifestyles writer

Middle and elementary school students from Department of Defense Education Activities schools worked through seven stations on the quarterdeck of the Naval Medical Center Camp Lejeune as part of the Science, Technology, Engineering and Mathematics Fair, Friday.

Each station demonstrated not only a STEM technique, but a potential career as well.

"You get to open your eyes to the exciting availability and possibilities that medical has to offer," said Capt. James Hancock, commanding officer of NMCCCL.

Hancock encouraged the students to "ask the good questions," explaining that asking questions will provide them with potential answers to shape their futures.

Students were exposed to the basics of departments vital to the medical center's ability to provide quality care to their beneficiaries; chemistry, biomedical technology, the simulation lab, the pharmacy, circuitry, point of care testing and decontamination.

Each station provided an inside look into what each department does, some providing hands-on activities for the students to participate in.

Potential pharmacists meticulously weighed cocoa powder and powdered sugar on small scales before pouring everything into capsules with pharmacy representatives.

The Point of Care Testing, or the laboratory, allowed students to complete dip stick color change tests as well as reducing sugars in urines, which also produced color changes.

Culture samples of bacteria like E. coli were available for the students to observe.

Clay and wire were used to challenge students' abilities to complete basic circuits to make tiny lights illuminate with the circuitry station.

Color change predictions were made before a chemist combined solutions in a beaker, demonstrating basic chemical reactions.

Personnel in the decontamination tent taught students about the importance of the decontamination team that helps keep the center's doors open through careful training and following of procedures when dealing with patients contaminated with potentially hazardous materials.

"We help support bright futures in the STEM fields in hopes that they will join the Navy, or if they don't choose that path, helping them explore areas of the medical field," said Lt. Jessica Haney, occupational therapist at NMCCCL.

The STEM fairs are vital aspects for strengthening the relationship between the medical center and the community.

"I have been here before as a patient," said Canaan Jones, Brewster Middle School eighth grader. "It is really fun to see it from the doctor's perspective."

While Jones doesn't think his future will involve the medical field, he said the experience was an interesting hands-on change to his learning.

"This has been really fun," said Jones. "This is a great way for my classmates, who do want to go into the medical field, to come to a place with more resources and meet people who save lives every day."

Fellow eighth grader, Kaitlynn Crosby, would like to be a surgeon.

Seeing the inner circuitry of necessary medical equipment like defibrillators and monitors was an eye opener, according to Crosby, as was getting to work with the mannequins used in training.

According to Crosby, the STEM fair was especially important for her because of her career aspirations, but she said anyone could find something beneficial for themselves at the event.

"I know a lot of people who want to help other people and coming here might encourage them to join the medical field," said Crosby.

The DoDEA schools aboard Marine Corps Base Camp Lejeune and Marine Corps Air Station New River have started introducing a new college and career readiness curriculum to their classrooms.

The STEM Fair was in direct correlation with these new standards being woven into students' daily learning. According to Lt. Cmdr. Danielle Grady, STEM coordinator, NMCCCL hosts more than one STEM Fair per year in hopes of reaching as many students as possible with information that could shape their future.

"We hope to be sparking the children's interest in the STEM fields," said Grady.

Approximately 300 students moved through the seven stations.



‘Victoria & Abdul’ is a royal treat for audiences

DANA BARBUTO, ED SYMKUS
More Content Now
“VICTORIA and ABDUL” (PG-13)

The period drama “Victoria & Abdul,” about the unlikely friendship between Queen Victoria (Judi Dench) and her Indian servant Abdul Karim (Ali Fazal), is a royal treat. It deals with a “fat, lame and impotent” Victoria who assumed the crown at the tender age of 18 and reigned for 63 years. Like a romantic comedy, Victoria and Abdul “meet cute” when he is sent to England from India to present the queen with a ceremonial coin at her Golden Jubilee. His marching orders are not to make eye contact. Naturally, he does. Gazes lock. Abdul smiles. The queen is instantly smitten with the tall, dark and handsome Abdul. Shortly after, she calls for Abdul to present “the royal pudding” at the next meal. Then she requests Abdul be her personal footman. A friendship blossoms, much to the shock and horror of, well, everyone. Eclectic director Stephen Frears bathes his film in that lavish masterpiece theater aura while maintaining a sometimes cheeky tone. Thus clearing the way for screenwriter Lee Hall (“Billy Elliot”) and Frears to take dramatic liberties. What ensues is a charming, lively and satirical comedy of manners that doesn’t shy away from fully displaying British prejudice and hypocrisy. Frears has a lot of fun with the ridiculous pageantry and pomp of the royal court, the scheming and

backstabbing happening between the queen’s family and closest advisors, namely her cunning son, Bertie (Eddie Izzard), Prime Minister Lord Salisbury (Michael Gambon) and private secretary Sir Henry Ponsonby (the late Tim Pigott-Smith). Their agenda is to convince the 81-year-old Victoria to hang up her crown. And with good reason. She falls asleep at state dinners and loudly snores. And clearly she’s on a descent into madness. Abdul’s friendship puts spring back in the dowager queen’s step. He schools her on the teachings of the Koran and the finer points of mangoes and Indian spices. Though it’s more of a maternal relationship, this is the first time Victoria feels vital, he awakens her spirit, since the death of her beloved husband, Prince Albert at age 42. Dench makes Victoria’s grief palpable, an aching sense of loss and futility in her later years. She also immerses herself in the physicality of the character shuffling along with a cane, dancing a waltz. This is Dench’s second go-round portraying Victoria. She first wore the crown 20 years ago in “Mrs. Brown,” a riveting turn that earned her an Oscar nomination. This is a different time period in the queen’s life, but Dench is equally adept at playing her part strong, obstinate and vulnerable. She can register with a raised eyebrow or pursed mouth a range of emotions that keeps you absorbed. That skill is absolutely necessary when portraying a person who carries heavy burdens and must keep her emotions in check. Not that

the queen doesn’t express herself, but it’s done with great irony and many caustic remarks. For all its wit and whimsy, “Victoria & Abdul” stumbles in the final stanzas. The script contrives the requisite falling out that drives them apart and the subsequent resolution and big emotional finish that isn’t fully earned. Before you get there, though, Dench delivers a commanding monologue, a real showstopper, after Bertie calls her certifiable and the household staff threatens to resign. Her response, “I’m cantankerous, greedy, fat, selfish, myopic, disagreeably attracted to power ... I’m anything but insane.” It’s a scene that could nab Dench another well-deserved Oscar nomination. Long live the queen. “MARSHALL” (PG-13) A few facts are fairly well known about Thurgood Marshall. After a long and extremely successful career as a lawyer for the NAACP that began in the 1930s, John Kennedy appointed him to the U.S. Court of Appeals, Lyndon Johnson named him U.S. Solicitor General, then made him the first African-American on the U.S. Supreme Court, where he served from 1967 to 1991. “Marshall” takes a look at Thurgood Marshall, the man, but it isn’t a biography. Instead, screenwriters Jacob and Michael Koskoff, along with director Reginald Hudlin, decided to concentrate on one case early in Marshall’s career, one that likely defined him as a force to deal with in the legal community, and set him on



Judi Dench (left) and Ali Fazal appear in a scene from ‘Victoria & Abdul.’

the road that would lead him to the top. It’s the early 1940s, and Marshall (Chadwick Boseman) is the NAACP lawyer to call when a black man is in trouble. He’s also the one who the New York-based organization sends all over the country to do that work in an America that, at the time, ignored the problem of racism. Connecticut is his destination in this case, one involving a black chauffeur who’s accused of beating and raping the wife of his wealthy employer. Marshall’s boss deems it important that an assistant goes along with him, and he turns out to be Sam Friedman (Josh Gad), a busy and respected civil lawyer, proficient in accident and insurance cases, suddenly stuck, against his will, on his first criminal case. Boseman, in yet another real-life role, after playing Jackie Robinson in “42,” portrays Marshall as fearless

and confident, a take-charge kind of guy who carries his law books in suitcases, who knows his stuff and dresses well. He also understands the power of publicity, and gladly poses, with the initially unsure Friedman, when a newspaper photographer aims a camera at them. To Gad’s credit, he takes what could have been a small role and makes it bigger than life. It’s a phenomenal performance, showing off the comic actor’s serious side whether he’s just subtly raising an eyebrow or holding forth in court, which is something he gets plenty of opportunity to do, since the rude, demanding, manipulative, and blatantly racist Judge Foster (James Cromwell), who is presiding, will only allow Marshall to be in the courtroom; he’s ordered not to speak, thereby putting the onus of the case on his inexperienced “partner.” The only positive thing to say about the judge is that, though he’s incredibly

impatient, he does abide by the law. But this is a tough case. There are points where controversial questioning from both sides challenges the veracity of the accused, Joseph Spell (Sterling K. Brown), as well as the supposed victim, Eleanor Strubing (Kate Hudson). Suffice it to say, the courtroom scenes get complicated, as do things going on outside the courtroom. Lawyers for the defense get a lot of grief, and threats of violence. Tensions arise between members of the prosecution and defense, and between Marshall and Friedman, in a couple of scenes that are a bit too melodramatic. But the film remains a nail-biter right to the end, and leaves the door open for interested viewers to check out more about the life of this fascinating man. Editor’s Note: Content provided by GateHouse Media News Service.

MOVIE SCHEDULES

CAMP LEJEUNE Bldg. 19 McHugh Blvd.	MIDWAY PARK Bldg. 4014A in Midway Park	NEW RIVER Bldg. AS240 Curtis Rd., Air Station
FRIDAY "Flatliners" PG-13, 6:30 p.m. "American Assassin" R, 9:20 p.m. SATURDAY "Home Again" PG-13, 3:30 p.m. Free Showing "Thor: Ragnarok" PG-13, 7 p.m. (doors open 5:30 p.m.) SUNDAY "The Lego Ninjago Movie" PG, 3:30 p.m.	FRIDAY "It" R, 7 p.m. SATURDAY Half Price Admission "The Lego Ninjago Movie" PG, 11 a.m. "American Made" R, 2 p.m. "American Assassin" R, 5 p.m. SUNDAY "Kingsman: The Golden Circle" R, 2 p.m.	FRIDAY "American Made" R, 6 p.m. "Kingsman: The Golden Circle" PG-13, 8:30 p.m. SATURDAY "Flatliners" PG-13, 6 p.m. "It" R, 8:30 p.m. SUNDAY "The Lego Ninjago Movie" PG, 2 p.m. "American Assassin" R, 5 p.m. WEDNESDAY Half Price Admission "American Made" R, 9:30 a.m. and 6 p.m.

WE'RE PROUD TO SERVE YOU
*Movies are subject to change without notice.
For movie times, call 449-9344.

Tickets and concessions open 30 minutes prior to movie time.
Pricing: \$4 Adults, \$3 Children
For 3D movies: \$5 Adults, \$4 Children

Upcoming Calendar Days

28
National Pit Bull Awareness Day

29
International Internet Day

30
National Candy Corn Day

31
Halloween

1
Day of the Dead

Save-A-Pet

Adopt a new friend today, save a life

My name is Rose and I am a female, tan and white terrier/American pit bull mix. The shelter thinks I am about 2 years old.

Pet ID# 36646526

My name is Wellington, and I am a male, black and white domestic shorthair mix. The shelter thinks I am about 7 months old.

Pet ID# 36557221

The Onslow County Animal Shelter is open Tuesday through Friday from noon to 6:30 p.m. and Saturday from 10 a.m. to 4 p.m.

To see more photographs of pets available for adoption, visit www.onslowcountync.gov/AnimalServices. For more information, call 455-0182.

What’s happenin’ CAROLINA

For information on concerts, festivals, special events and classes up and down the Carolina coast, check out What’s happenin’ CAROLINA each week. To add your event, email shauck@camplejeuneglobe.com or call 451-7421. Space is limited to availability. To submit your event for our online calendar, visit www.camplejeuneglobe.com/calendar.

Oktoberfest

Friday and Saturday

The annual Oktoberfest will take place at the Riverwalk Crossing Park and will feature live music, children activities, live animals, amusement rides, food vendors and carnival games for everyone to enjoy. The Miss Oktoberfest Pageant will start at 4 p.m. Saturday. Oktoberfest is the major fundraiser for Onslow Community Outreach charitable programs. For more information, visit www.onslowoktoberfest.org.

MCCS Family Ball

Friday

Registration for the Marine Corps Community Services' Family Ball is due Friday. Two times are available for families to attend; 5 p.m. Nov. 4 and 2 p.m. Nov. 5 at the Tarawa Terrace Community Center. Cost is \$8 per person, \$5 for children ages 3 to 10 years old. For more information, call 450-1687.

Haunted Hospital Trail Walk

Friday, 6-9 p.m.

Senior Chief Petty Officer Association and the First Class Petty Officers' 2017 Haunted Hospital Trail Walk will be hosted behind the Naval Medical Center Camp Lejeune. Costumes are encouraged. Free refreshments will be available while supplies last. The event is free for authorized guests. For more information, call 450-3966.

Free Movie

Friday, 6:30 p.m.

Marine Corps Community Services' Tarawa Terrace Community Center will host a free movie featuring "Despicable Me 3" (PG). The movie and popcorn are free. For more information, call 450-1807.

Pumpkin Bash

Saturday, 1-4 p.m.

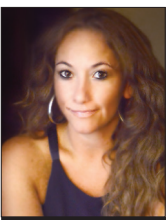
Marine Corps Community Services' Tarawa Terrace Community Center will host an afternoon of games, crafts, pumpkin decorating, costume contests and more. The event is free and open to all authorized guests. For more information, call 450-1687.

Fall on the Farm at Trinity United Methodist Church

Sunday, 3-6 p.m.

Trinity United Methodist Church will host the Fall on the Farm event featuring pony rides, petting zoo, fire truck, bounce houses, games and trunk-or-treating. Costumes are encouraged. The event is free to attend. For more information, call 455-4814.

Willis helps combat domestic violence through education, shares personal experiences



FOCUS ON VETERANS

Ena Sellers
Managing editor

Gayloyce Willis, known as Doctor G, served in the Marine Corps for nearly two decades and medically retired in 1998.

Willis, a domestic violence survivor gives hope to victims and encourages education to stop the cycle of abuse as he relates to his audience by sharing his personal experiences in the face of adversity.

Willis continues to serve the community through the Family Advocacy Program as a Prevention and Education specialist and strives to make a difference through prevention and education groups.

“My job is to instill hope in people,” said Willis. “I tell them you can’t do anything about your past, but you can correct some things today that can change your future.”

Behind his kind nature, lays an incredible source of knowledge and inspiration from a man who overcame adversity, fought for what he believed and persevered to achieve his educational goals, most recently obtaining his doctorate of divinity.

“With God, all things are possible,” said Willis. “He allows things to happen to show us where we need to be. I’ve learned to trust him in everything.”

“It breaks my heart when I see marriages struggling. A lot of marriages end because they just don’t know how to act to make it work. My wife and I just celebrated our 33rd anniversary — childhood love can last if you work at it,” said Willis. “The only difference between someone making it or not is on how you deal with disagreements. What you do after the anger comes, that is what is important.”

According to Willis, taking steps to avoid a situation is key to preventing violence. Getting drunk or talking to negative people as a way to release anger, can and will, hurt the people you love. In some cases a situation can be improved, but if you are a victim of domestic violence it is important that you seek help to prevent the situation from escalating.

“If you are afraid of your partner, you need to get help, because you shouldn’t be afraid of your partner,” said Willis. “You didn’t make them that way and there is nothing you can do to change them. A lot of times people stay because they think they can fix them.”

Willis experienced the pain of seeing a loved one go through the cycle of abuse as his own daughter struggled in an abusive marriage. His daughter, like most battered women, felt embarrassed and thought things would get better. Willis knew that he needed to wait for his daughter to make the decision to leave.

“If we would have said something, I’d believe she would have said ‘I should’ve never left my husband, If I’d tried one more time we’d be ok’ — so I didn’t. I always gave her a safe haven but she figured it out and after she left for good, I asked her why she stayed so long,” said Willis. “She really thought he would change ... A lot of people think leaving is easy, but it is not.”

According to Willis, victims begin to normalize the abuse and see it as a regular relationship. Power control is one of the first warning signs as the abuser tries to manipulate the victim, starting a cycle of abuse.

Relationships start with the honeymoon period and as tension from every day starts to build up, the abuser begins to act out, becoming more aggressive and showing outbursts of power control and anger leading to physical or emotional abuse.

“When tension begins to build, if they don’t have help, it moves into what is called battery or blow up stage. That is when they begin fighting... that is the most tricky phase of all as they then re-enter the honeymoon stage, because now the aggressor is afraid that the victim is going to leave, so they turn the charms on,” said Willis. “Sometimes when you are in the middle of it, you don’t see it.”

As Willis explained the cycle of abuse, I felt a lump in my throat and my eyes became watery. I too was a victim of domestic violence. It was at that moment for the first time in more than six years that a lot of things made sense. When you are caught up in the cycle of abuse, you are in denial. As Willis described, you begin to normalize the abuse and each time the abuser turns the charms on, you go back to the place of denial. In my case, I was lucky to get out of it with a few bruises and a dislocated jaw, but many people are not as lucky. The emotional damage was much worse for my children who witnessed it happening. I wish I knew then what I know now. I was lucky to have my family that supported me through many challenging days. If you are in a relationship that makes you or your children feel threatened, please seek help. Do not wait until something really bad happens to take action.

Talking to Willis made me realize that sharing my experience might help someone else. When your gut tells you something is not right, follow that instinct. Reporting abuse can be intimidating, whether you are the victim or someone close to

that person, for fear of repercussion. But the worst thing you can do is allow the cycle to continue without taking action. The cycle will repeat itself and will continue to escalate each time.

“If you are in that cycle, the only way to get out is through therapy,” said Willis.

The effects of domestic violence are not only devastating for the victims, but also for children who are exposed to it. The effects can manifest in their developmental growth whether it is in physical, behavioral, emotional or social aspects of their life including gastrointestinal problems, neurological disorders, chronic pain, anxiety and post-traumatic stress disorder, according to the National Council Against Domestic Violence. National statistics show that children who witness abuse are at a higher risk of becoming a victim of domestic violence and often blame themselves for what they witnessed at home.

“Emotional abuse is the worst kind. After the physical wound has healed, the emotional wound is deep. That is most of what we see at FAP because if the physical assault was done by someone else, it has the initial effect, but is not lingering like the emotional abuse because it was done by someone who is supposed to love you,” said Willis. “I went through a lot of that with my grandmother when I was 10 ... I had to stay with that woman for 7-8 months. She used to call me retarded. One day she grabbed a knife and put it to my throat. This was a woman who was supposed to take care of me.”

Willis’ personal experiences help him understand victims and the people he seeks to educate. Often times after his speaking engagements, service members reach out for help because they can relate to some of Willis’ experiences. Willis has been recognized by leadership for his ability to make



Photo by Ena Sellers

Gayloyce Willis, BSW, M.P.L., Ph.D., D. Div., served in the Marine Corps for 17 years and retired in 1998. Willis poses for a photo aboard Marine Corps Base Camp Lejeune, Oct. 20.

people feel understood.

“With the Nurturing Father Program, I tell these dads, ‘you can never be happy with the man until the boy inside gives you permission.’ What that means is you have to free him. No child escapes childhood without some traumatization. If you don’t deal with that, it’s going to affect your life; it’s going to affect your relationship and your career,” said Willis. “The man can have joy if he can free the little guy inside, because he is the one who is going to free that man.”

The programs that Willis teaches are targeted to help in different areas. Some people may struggle because they didn’t have a father figure, others were abused or molested as a child.

“You hear about female molestation and all that, but one in four males are molested in their life time and no one talks about that. I am a victim,” said Willis. “It makes you bitter and that bitterness is like cancer. At first it’s subtle, but it begins to spread and it will tear your relationship apart. Be-

cause you won’t let anyone love you because you don’t love yourself.”

Willis feels encouraged with the feedback he received from people who have attended his workshops.

“I had a couple that was coming to one of my classes and were in the middle of a divorce,” said Willis. “Six months later we got an Ice comment saying that the class they took saved their marriage. That helped me realize that there’s proof that it works and that we are making a difference and that’s what we all want to do — make a positive difference.”

If you are a victim of domestic violence, call the Domestic Violence Helpline at 376-5675. If you are not military affiliated, call the Onslow Women’s Center Crisis Line at 347-4000.

Editor’s note: “Focus on Veterans” features former service members and also seeks to highlight local veteran programs and resources. Facts not attributed are purely the opinion of the writer.

Jacksonville Dentist teams up with Operation Gratitude sends treats to the troops

Halloween kicks off the holidays with overflowing bags of candy and treats. This year, Lesan Family Dentistry presents an opportunity for children to share their abundant collection of sweets with very special people.

On Nov. 1 and Nov 2, Lesan Family Dentistry will be hosting Operation Gratitude, Halloween Candy Give-Back Program at 123 Cobia Court, Jacksonville, North Carolina. This will be their third year hosting the program. Last year 32 children participated and they are hoping for an even bigger turnout this year.

By donating some of their candy collection from Halloween, Lesan dental office will match their contribution in dollar amounts. One dollar for every pound of candy will be bought back from participants and sent to deployed troops overseas.

In conjunction with Operation Gratitude, Halloween Candy Give-Back Program, participants will have the opportunity to win prizes in the form of age-appropriate toys and gift cards and create personal cards for the care packages at the dental office.

Dr. Jon Douglas Lesan DDS, owner of Lesan Family Dentistry and program coordinator, proudly served as a dental officer in the United



Jon Douglas Lesan DDS

States Naval Dental Corps for five years at Marine Corps Base Camp Lejeune.

“It’s an honor to be able to support our military overseas. Once you have served in our military, there is a bond connection to other service

members,” said Dr. Lesan. “You understand what they go through with deployments and separation from family. This is just one small way we can bring a taste of home to our troops and say ‘thank you’ for what you do.”

Lesan Family Dentistry is hoping for at least 150 pounds of candy this year for Operation Gratitude. Every care package will be delivered to dedicated hard-working troops overseas. Make your family’s candy contribution count, let’s give our troops a little taste of home.

Operation Gratitude is a program that gives a warmhearted thank you to all who serve.

Operation Gratitude is a 501(c) (3) non-profit, volunteer-based corporation, funded entirely by private donations. Since its launch in 2003, Operation Gratitude volunteers have shipped more than 1,900,000 care packages filled with food, entertainment, hygiene, and handmade items, plus personal letters of appreciation, love and support.

Operation Gratitude annually sends more than 200,000 care packages to veterans, first responders, new recruits, wounded heroes, their care givers and to individually named U.S. service members deployed overseas and their families. Since recipients share these care packages with their comrades, the organization projects that at least 400,000+ service members will be directly touched by the program annually.

To learn more about Operation Gratitude and read personal thank you letters from our troops, visit – operationgratitude.com.

WE WANT YOUR CANDY

(But don’t worry - it’s for a good cause!)

HALLOWEEN CANDY BUYBACK

Bring your new unopened Halloween candy to our office on Nov. 1 & 2 between 3-5pm and we will pay you \$1 per pound! (max 5 lbs. per child) You will also receive a ticket to be entered into our prize drawing!

Collected candy will be boxed and sent to Operation Gratitude to be sent to troops deployed overseas.

LESAN FAMILY DENTISTRY

123 Cobia Court, Jacksonville, NC

910-347-1211

www.lesanfamilydentistry.com



OPERATION GRATITUDE
SAYING "THANK YOU" TO ALL WHO SERVE

Aquarium residents prep for trick-or-treating event

SARAH HAUCK
Lifestyles writer

There are no door bells to ring or porch lights to look out for, but that doesn't mean candy and fun won't be guaranteed at the North Carolina Aquarium at Pine Knoll Shores' annual Trick-or-Treat Under the Sea event today and Friday.

For the last 12 years, the aquarium has transformed into a spooky, pumpkin-invested trick-or-treating opportunity for families.

Local businesses and organizations get in on the fun, setting up booths to hand out candy.

"We saw a need for a fun and safe Halloween event for the family and wanted to meet that need," said Becky Davis, special events coordinator for North Carolina Aquarium at Pine Knoll Shores. "For us, it is an opportunity to bring families in for a unique experience that they will not get anywhere else."

According to Davis, the event provides a safe trick-or-treating environment.

"This event quickly becomes a family tradition," said Davis. "If you haven't collected the memories that come from a haunted aquarium, you can't miss it. Besides, it's an opportunity to wear your costume more than once."

The more clever the costume, the better, because judges will be out and about during the event looking for winners of different costume contests.

According to Davis, the family costumes have been some of the most creative she's seen at past events.

"Last year there was a weather-themed family that was really creative," said Davis. "The dad was the weather man, mom was clouds and the kids were types of storms. All of the homemade, innovative and creative costumes are the best."

Along with gathering candy at the booths, children will be able to



Photos by Shannon Kemp

Top: Jellyfish lanterns lead the way throughout the North Carolina Aquarium at Pine Knoll Shores' Trick-or-Treat Under the Sea last year. This year's event is 4:30-7:30 p.m. today and tomorrow at the aquarium. **Bottom:** Aquarium Teen Ambassadors Harleigh Grell of Newport and Ward Johnston of Cape Carteret dress up during Trick-or-Treat Under the Sea last year.



participate in Halloween-themed activities, watch divers carve pumpkins under water and river otters play with Jack-o-Lanterns.

A collection of the exhibits will also be open for viewing during the event.

Tickets for the event will be available at the door at 4:30 p.m. each day. No advance tickets will be available.

For more information,

call 252-247-4003 or visit the website, www.ncaquariums.com/pine-knoll-shores.

Note: The hours for trick-or-treating on Halloween Day aboard Marine Corps Base Camp Lejeune and Marine Corps Air Station New River are from 5 to 9 p.m. Hours for trick-or-treating in Jacksonville are 5 to 8:30 p.m.

Webster UNIVERSITY

Apply Today!

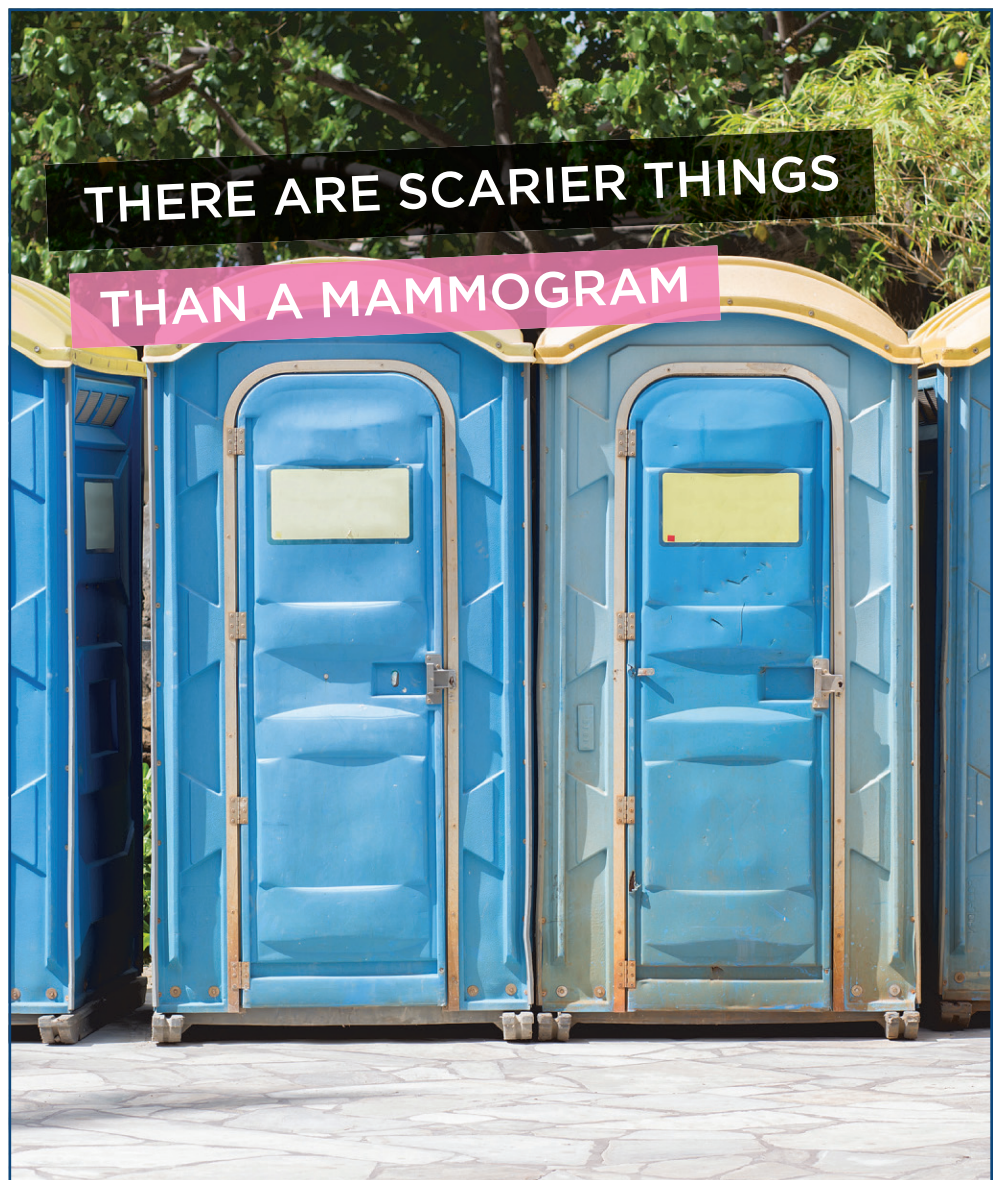
Graduate Courses and Adjunct Faculty Positions
Webster.edu/camplejeune
910-451-0951

Onslow Women's Center annual vigil



Photos by Ken Harrel

The Onslow Women's Center held the 21st annual candlelight vigil Friday at the Riverwalk Park in Jacksonville. The vigil is held each October in accordance with Domestic Violence Awareness Month. Community members gathered to light candles in remembrance of those who have lost their lives to domestic violence. The event hopes to raise awareness for those currently facing domestic violence, as well as provide support for domestic violence survivors.



Don't be nervous—there are much scarier things than a mammogram. If you're a woman age 40 or over, Onslow Memorial Hospital recommends you receive an annual mammogram. Regular screenings are the most reliable way to detect breast cancer at an early stage, and new 3-D technologies yield more detailed and accurate results than ever. So, now you can worry less about your mammogram and more about picking the most gently used porta-potty out of the lineup.

Talk to your doctor about a 3-D mammogram and visit Onslow.org/Mammogram to schedule your appointment online. Now through November, when you use our online portal to schedule both current and future mammograms you'll be entered into our prize giveaway.



Onslow Imaging Center for Women • 121 Memorial Drive, Jacksonville, NC 28546 • (910) 577-2323

Is getting your kids to go to the dentist difficult?



We understand the anxiety that many children experience when faced with the dentist's chair, so we work hard to make kids feel comfortable and relaxed at every appointment, making sure they leave with a smile!

Now Accepting New Patients
Reader's Choice Awards -
Best Dentist in Onslow County

FUTRELL & REESE

FAMILY DENTISTRY



Preferred Provider for
METLIFE
United Concordia,
Tricare & Delta Dental

910-353-8200

32 Office Park Dr. • Jacksonville, NC

futrellandreesefamilydentistry.com

Like us on Facebook for special offers

FPC-CS

Crystal Coast Cowboy Church

Coming to Jacksonville

November 5th, 2017

For more info please call or visit our website

www.crystalcoastcc.org • (910) 388-7520



Understanding why God chooses to suffer with us



CHAPLAIN'S CORNER

Lt. Cmdr. Cerino Bargola
Marine Corps Base Camp Lejeune

In his book *The Problem of Pain*, C.S. Lewis introduces the phrase, "pain, the megaphone of God." He writes, "God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains; it is a megaphone to rouse a deaf world." Philip Yancey agrees with C.S. Lewis in his book, "Where Is God When It Hurts?" He says that pain, by its nature, like a megaphone, really shouts. When one bumps his head or somebody hits him, the resulting pain serves

as a warning signal announcing to the brain that something is wrong.

Our modern society struggles with the meaning of pain and suffering as did others before us. Fortunately, we no longer view suffering as judgment of the gods. Just the same, what we see mostly is the negative meaning of suffering: it is an obstacle to the pursuit of life, freedom and happiness. Friedrich Nietzsche writes, "It is not so much the suffering as the senselessness of it that is unendurable." Hence, the perennial question: "Where is God when it hurts?"

God is not a stranger to human suffering. Ours is not an indifferent God who watches comfortably from heaven while we human beings aimlessly and even hopelessly deal with all forms of suffering. God is suffering with us. But when God suffers, he does not suffer like we suffer. When we suffer, we don't

have a choice. We are bound by the frail human nature and we cannot escape. But God has a choice, and he freely chooses to share our pain. Jesuit theologian Fr. Catalino Arevalo points out that the very essence of love is to be moved, to be affected by what is happening to the beloved. In other words, God suffers not out of imperfection but rather out of the fullness of his generosity and of love for us.

The essence of suffering doesn't mean that God, after creating us, abandoned us and left us to fend for ourselves, or worse, that he has forsaken us. On the contrary, by becoming human, God gave solid, historical proof that he hears our groans and even groans with us. Suffering has meaning for God in a

SEE GOD 6B ►

Entertainment & Recreation

GUIDE

PAID ADVERTISEMENT

Rock Creek Country Club
est. 1974

PUBLIC WELCOME

Military Fridays \$25
Thursday Special \$25

Daily Senior Rates
Mon, Tue, Wed & Fri \$25
Weekends and Holidays \$30

18-Holes, 7102-Yards
Par 72 Championship Course
Tuesday Afternoon Scramble
OPEN TO ALL - Call For Details

308 Country Club Blvd., Jacksonville, NC 28540
910-324-5151
www.golfatrockcreek.com

See your event here!
Call
Bobby Stone or
Tye Rudy at
(910) 939-0700

TRAFFAS MONSTER TRUCK TOUR!

COASTAL PLAINS Raceway
Jacksonville, North Carolina

FOLLOW US ON:

Facebook, Instagram, Snapchat, Twitter, YouTube

THANK YOU FOR YOUR SERVICE

PIT PASS

NOVEMBER 4 & 5

COASTAL PLAINS RACEWAY JACKSONVILLE, NC

ACCOMPANIED WITH AN EVENT TICKET, THIS PASS WILL HONOR (1) FREE PIT PARTY ADMISSION TO THE TICKETHOLDER.

NOV 4- PIT PARTY @ 6-7PM/ SHOWTIME @ 7:30
NOV 5- PIT PARTY @ 12:30-1:30PM/ SHOWTIME @ 2PM
FOR TICKETS AND MORE INFORMATION, VISIT MONSTERTRUCKTOUR.COM

can-am

CIRCLE K

HONDA

LEJEUNE Honda

LEJEUNE MOTORSPORTS

\$10.00 VALUE!

Scholarships available to military spouses, children

SARAH HAUCK
Lifestyles writer

Often times, the decision to pursue higher education is put on hold because of the financial burden it may place on an individual.

Scholarships tailored to the military community to help ease these burdens are available, some with deadlines quickly approaching.

Hope for the Warriors-Military Spouse and Caregiver Scholarships

Hope for the Warriors has been helping veterans, service members and their families restore a sense of self, family and hope for more than a decade.

Since 2008, Hope for the Warriors has extended their desire to empower and restore families by awarding nearly \$315,000 in scholarships to military spouses and caregivers.

The spring 2018 deadline for the Military Spouse and Caregiver Scholarship is Oct. 31.

The scholarship is intended for post 9/11 spouses and caregivers as

they take on caretaking roles within their families, while continuing their education.

For more information, visit www.hopeforthewarriors.org.

Marine Corps Heritage Foundation Awards

The Marine Corps' traditions and history spans more than two centuries.

The Marine Corps Heritage Foundation each year awards individuals for their efforts in preserving Marine Corps history.

The submission period for the annual awards will end Jan. 6, 2018.

Marines and civilians are eligible to submit their work in one of the 15 categories.

Some of the categories include journalism, photography, screenplay and poetry.

A panel of judges considered experts in their fields will determine the winners of each category.

Winners will be recognized at an award ceremony April 28, 2018, at the National Museum of the Marine Corps.

For more information,

visit www.marineheritage.org.

The Bob Feller Act of Valor Foundation Military Children Essay Contest

Shortly after the Japanese attack of Pearl Harbor, Bob Feller, pitcher for the Cleveland Indians, traded in his bat for a rifle to serve his country.

In honor of that courageous decision, The Bob Feller Act of Valor Award Foundation was established.

The nonprofit hosts an essay contest featuring these iconic heroes. It is aimed at military children ages 10 through 14, in an effort to educate children about citizenship, service and the sacrifice during World War II.

The submission period for the 2018 award is now open. All submissions are due Sept. 1, 2018.

A total of 10 winners will be chosen by a committee comprised of members from the National Military Family Association and BFAOVF.

For more information visit www.actofvaloraward.org.

GOD FROM 5B

sense that it served as a kind of "learning experience" for him (*Hebrews 5:8*). The author goes on to say that the Savior himself was made perfect through suffering (*2:10*). Suffering is therefore meaningful also to us in this sense: an all-powerful and invincible God understands our suffering for he himself experienced it. That gives us not only

consolation in our suffering but also the guarantee of liberation from it.

For when God, in Jesus, suffered, suffering became part of God. Whatever becomes part of God is embraced by God's love; it is touched by God and then it is transformed, it is changed, it is saved.

That is what the mystery of the passion, death and resurrection of Jesus is all about. His death is not in vain. He died and

rose again for us.

Across the world, your Navy Chaplains stand ready to assist you. God suffers with you. Please feel free to reach out to us. We are always available. For more information, call 451-8691.

Editor's note: The Chaplain's Corner covers everything faith related. Facts not attributed are purely the opinion of the writer.

HAPPY BIRTHDAY MARINES!



To thank you for service,
the Wilmington Railroad Museum has a
SPECIAL DEAL from Nov. 6 to Nov. 11.

WITH YOUR ID,
SPECIAL ADMISSION RATES
FOR ALL ACTIVE DUTY MARINES OF
**ONLY \$5
PER FAMILY!**

Come on down to enjoy all the museum has to offer, including....

- ... exhibits that tell about Wilmington's railroad history.
- ... information about how railroads affected almost all of society.
- ... a great Children's Hall with a lively Lionel layout.
- ... a spectacular Model Hall with a lively Lionel layout.
- ... full-size steam locomotive, boxcar, and caboose to visit.

OPEN VETERANS DAY

Wilmington Railroad Museum
505 Nutt St., Wilmington, NC 28401

910-763-2634

Hours: Mon-Sat 10am-4pm



www.wrrm.org

EVERYTHING YOU NEED TO KNOW!

Oct. 25 - Nov. 7

Holiday
KICKOFF SALE

Best Gifts
Best Prices

MCX
CORE BRANDS
CORPS VALUE

PUMPKIN BASH

FREE
Sat, Oct 28
1-4 PM

Sponsored by:
the Y
ARMED SERVICES YMCA

at Tarawa Terrace Community Center

Costume Contests & Parade
Pumpkin Decorating

mccslejeune-newriver.com/community

FREE SHOWING

THE ROCKY HORROR PICTURE SHOW (R)

MON, OCT 30
7 PM (doors open 6:30 PM)
Camp Lejeune Base Theater

Throw Kits Available
at Camp Lejeune
Base Theater!
\$3 in Advance | \$4 at Door
(while supplies last)

910.451.2785 • mccslejeune-newriver.com/movies

Paradise Point Golf Course

» **CROSS COUNTRY** → **GOLF** ←

NOV 5
Shotgun start 8 a.m.
Please register by NOV 3
mccslejeune-newriver.com/golf
910-451-5445

\$10 per player,
plus cart & greens fee

12 HOURS TO A GREAT MARRIAGE PREP WORKSHOP

Couples who desire to strengthen their relationship, communicate better, and grow the intimacy within their relationships need to attend!

MARINE & Family

Register online at
mccslejeune-newriver.com/mcftb

MCCS
Family Ball

Nov 4 | 5-8 PM or Nov 5 | 2-5 PM
Tarawa Terrace Community Center
mccslejeune-newriver.com/community

Lifestyles, Insights, Networking, Knowledge, Skills (L.I.N.K.S.)

EST. 1997
L.I.N.K.S.
20th ANNIVERSARY

Helping you feel "at ease" with your Military life!

Bldg 2461, Tarawa Terrace
910-450-1465

Sponsored by:
SpouseLink.org
CAMPBELL UNIVERSITY
MILITARY BENEFIT ASSOCIATION

mccslejeune-newriver.com/links

HARD CORPS

STRONGMAN COMPETITION
Nov 18, 2017 • 10 AM
HITT CENTER CAMP LEJEUNE

Sponsored by:
MARINE RAIDERS

MCCSLEJEUNE-NEWRIVER.COM/HARDCORPS



Need help with your resume?

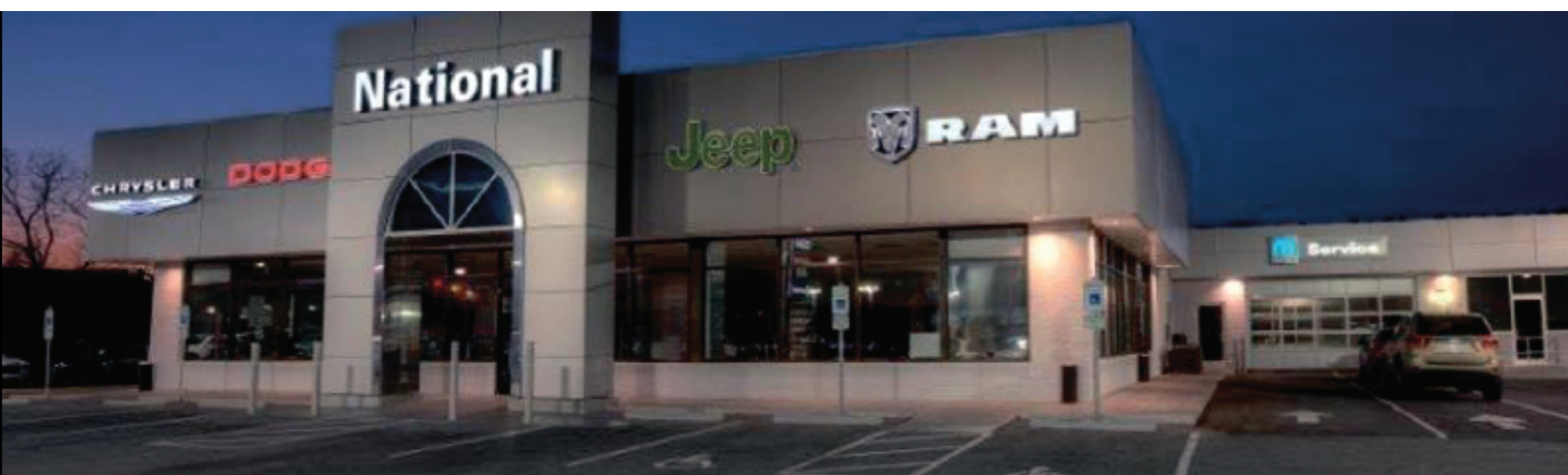
Contact the

Family Member Employment Assistance Program
at (910) 450-1676 for a one-on-one appointment!



mccslejeune-newriver.com

MCCS encourages and supports the participation of individuals of all abilities in its programs and facilities.



lease for only

\$159
per month

36 mos.

*\$2,799 due
at signing*

shop the dodge challenger

Only available on select models and trims. Residency restrictions apply. 36 months with \$2,799 due at signing. Tax, title and license fees may apply. Lessee pays for excess wear and mileage depending on lease terms. Not all customers will qualify. See dealer for complete details. Must take retail delivery by 10/2/2017.

2017 *Dodge Challenger SXT*



lease for only

\$269
per month

42 mos.

*\$2,899 due
at signing*

shop the chrysler pacifica

Only available on select models and trims. Residency restrictions apply. 42 months with \$2,899 due at signing. Tax, title and license fees may apply. Lessee pays for excess wear and mileage depending on lease terms. Not all customers will qualify. See dealer for complete details. Must take retail delivery by 10/2/2017.

2017 *Chrysler Pacifica LX*



lease for only

\$139
per month

24 mos.

*\$2,899 due
at signing*

shop the jeep compass

Only available on select models and trims. Residency restrictions apply. 24 months with \$2,899 due at signing. Tax, title and license fees may apply. Lessee pays for excess wear and mileage depending on lease terms. Not all customers will qualify. See dealer for complete details. Must take retail delivery by 10/2/2017.

2017 *Jeep Compass Latitude 4x2*

Jeep
CELEBRATION EVENT



lease for only

\$289
per month

36 mos.

*\$289 due
at signing*

shop the ram 1500

Only available on select models and trims. Residency restrictions apply. 36 months with \$299 due at signing. Tax, title and license fees may apply. Lessee pays for excess wear and mileage depending on lease terms. Not all customers will qualify. See dealer for complete details. Must take retail delivery by 10/2/2017.

2017 *Ram 1500 Express
Quad Cab 4x2*

RAM
POWER DAYS



2017 RAM 1500 EXPRESS QUAD CAB 4X2

WITH A HEMI® V8 ENGINE

RAMTRUCKS.COM

WELL-QUALIFIED CURRENT LESSEES OF COMPETITIVE VEHICLES CAN GET A LOW MILEAGE LEASE FOR:

\$289/MO FOR 36/MOS

\$289 DUE AT SIGNING

TAX, TITLE AND LICENSE EXTRA. NO SECURITY DEPOSIT REQUIRED
(\$.25 CHARGES FOR EACH MILE OVER 30,000 MILES)

HURRY, OFFER ENDS OCTOBER 2ND!



RAM
POWER DAYS

FOR WELL-QUALIFIED CURRENT LESSEES OF COMPETITIVE VEHICLES (EXCLUDES ALL OTHER FCA VEHICLES) THROUGH CHRYSLER CAPITAL BASED ON MSRP EXAMPLE WITH 27J PACKAGE AND ADDITIONAL OPTIONAL EQUIPMENT AFTER \$8,250 IN TOTAL CASH ALLOWANCES AND NO ACQUISITION FEE. TOTAL DUE AT SIGNING INCLUDES A DOWNPAYMENT OF \$0 PLUS THE FIRST MONTHS PAYMENT. TOTAL MONTHLY PAYMENTS EQUAL \$10,404. TAX, TITLE, LICENSE AND DEALER DOCUMENTATION FEES ARE EXTRA. OFFER REQUIRES A DEALER CONTRIBUTION. LESSEE IS RESPONSIBLE FOR EXCESS WEAR AND TEAR AND MILEAGE CHARGE PLUS A \$395 DISPOSITION FEE. IF VEHICLE IS RETURNED AT END OF TERM, OPTION TO PURCHASE AT LEASE END AT A PRE-NEGOTIATED PRICE PLUS A \$350 FEE. EACH PARTICIPATING DEALERS ACTUAL TERMS MAY VARY. NOT ALL LESSEES WILL QUALIFY. RESIDENCY RESTRICTIONS APPLY. MUST TAKE RETAIL DELIVERY BY 10/2/17. RAM AND HEMI ARE REGISTERED TRADEMARKS OF FCA US LLC.



**2223 N. MARINE BLVD • JACKSONVILLE, NC
910-347-3777 • WWW.NATIONALDODGE.COM**