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INDIANHEAD



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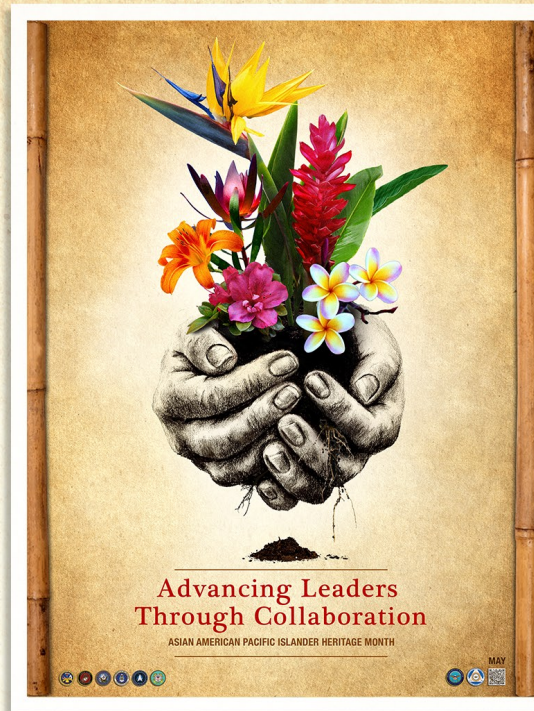
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CULTURAL
AWARENESS

OBSERVANCE

Asian American Pacific Islander Heritage Month



FACTS

The rich heritage of Asian Americans and Pacific Islanders spans the world and the depths of America's history.

Generation after generation, Asian Americans and Pacific Islanders have established a proud legacy that reflects the spirit of our Nation—a country that values the contributions of everyone—who call America home.

Asian American and Pacific Islanders communities consist of approximately 50 ethnic groups speaking over 100 languages, with connections to Chinese, Indian, Japanese, Filipino, Vietnamese, Korean, Hawaiian, and other Asian and Pacific Islander ancestries.

During Asian American Pacific Islander Heritage Month, the Department of Defense (DoD) celebrates the accomplishments of Asian American and Pacific Islanders (AAPI) to both the Nation and the DoD mission.

In 1978, a joint congressional resolution established Asian/Pacific Islander Heritage Week.

May was chosen to commemorate two milestones in Asian/Pacific American history which occurred in the month: the first known Japanese immigrant's arrival to the U.S. on May 7, 1843, and the completion of the transcontinental railroad on May 10, 1869 — which was built by over 20,000 Chinese workers.

In 1992, Congress expanded the observance to a month.

The estimated number of Asian alone-or-in-combination residents in the United States in 2019 was 22.9 million. Additionally, the estimated number of Native Hawaiian and Other Pacific Islander alone-or-in-combination residents of the United States was 1.6 million.

As we celebrate Asian American and Pacific Islander Heritage Month, we pay tribute to all the Asian Americans and Pacific Islanders who have strived and fought for a brighter future for the next generation of leaders.

Nam Hun KIM

Deputy Commanding General - ROK



We warriors of the 2ID/RUCD have all contributed to a stronger combined operation posture by fully devoting ourselves into our trainings this month. These include the 1st Armored Division's validation exercise and the missions tasked to each unit. Our ROK-US combined defense posture has been further reinforced thanks to the beads of sweat shed and efforts made by these warriors, contributing to the peace and stability of the Korean Peninsula.

As the Deputy Commanding General-ROK, I am sure 2ID/RUCD is best-suited for the operations on the Korean Peninsula with the strongest battle preparedness. This is based on the strong combat power of the U.S. Army staff and the expertise of ROK staff in the operational environment on the peninsula. Recently, we had a series of key ROK figures visit the division. After each brief, they all seemed to be impressed, saying "2ID/RUCD, the first

and only combined tactical unit in the world, is the symbol and starting point of our ironclad ROK-US Alliance". They also hoped the Division will continue to take the lead in future combined defense postures. Let us prove we are the division of 'Fight Tonight' and 'Second to None' just like our slogan. This will only be possible if we become one team based on trust.

Once again, I appreciate all efforts put by each and every one of our warriors to increase our preparedness half way around the globe from their homeland. In particular, for those who just arrived in the Republic of Korea to start their journey here, welcome to the team! Just like the sacrifices made by veterans from all over the world to protect liberal democracy during the Korean War which laid the foundation for the development of the Republic of Korea, I am sure based on your hard work, the Republic of Korea will contribute to the peace and development of the world as part of the ironclad ROK-US Alliance.

The lively season of summer, a season when all living creatures flourish, is waiting for you. During this brightest time of the year, you will get to spend quality time with your Family. It is true the Covid-19 pandemic has kept us from enjoying nice places to travel so far. Now, under the bright sunshine of summer, I hope you have a good time with your beloved ones visiting famous places in Korea and discovering this beautiful country.

Thank you! Katchi Kapshida!



Sgt. Wonghee Choi, a Soldier with the 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, conducts the standing power throw during the Army Combat Fitness Test portion of the 2nd Infantry Division/ROK-U.S. Combined Division ‘Week of the Warrior’ competition on Camp Casey, Republic of Korea, May 1, 2022. The ACFT was the first event of the three-day-long competition, and consists of six physical events to test Soldier’s physical fitness and combat readiness.
(U.S. Army Photo by Capt. Osvaldo Olmos, 2ID PAO)



Soldiers from the 55th Combat Engineer Company, 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, conduct sling-load operations on Camp Humphreys, Republic of Korea, May 19, 2022. Sling-Load operations allow the Army to quickly move equipment and supplies to Soldiers in the field and are a part of the 2nd Infantry Division/ROK-U.S. Combined Division's 'Fight Tonight' posture on the Korean Peninsula.
(Courtesy Photo)

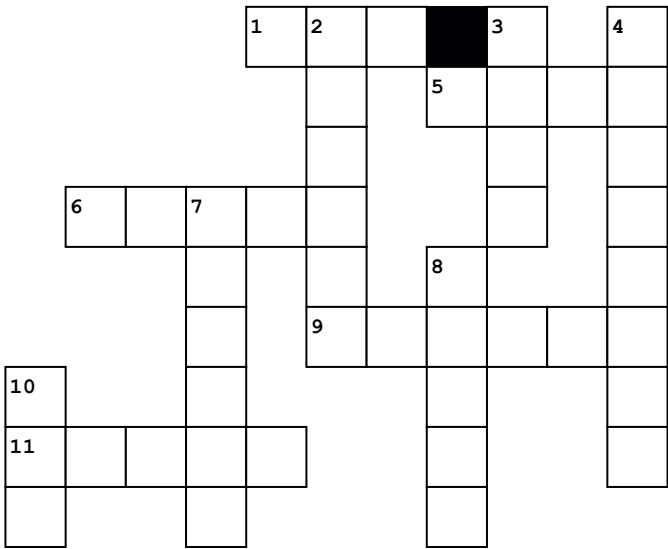




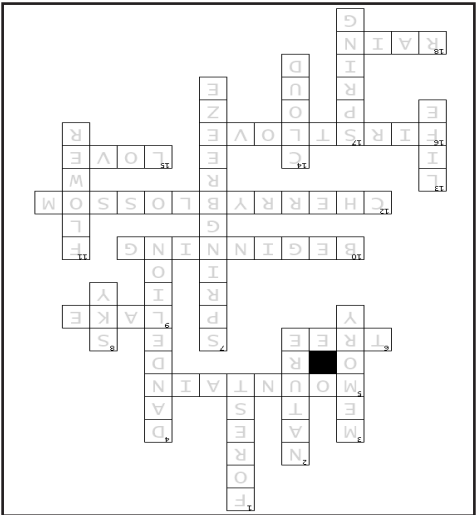
Pvt. Kieran Avmitage, a competitor from 579th Forward Support Company, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, 2nd Infantry Division/ROK-US Combined Division, low crawls underneath barbed wire during the 2nd Infantry Division/ROK-US Combined Division 'Week of the Warrior' obstacle course on Camp Casey, Republic of Korea, May 2, 2022. The second day of the competition tested the Soldiers on an obstacle course, a combat run, a ruck march, and weapons familiarization. (Photo by Cpl. Hee Won Cho, 210th RUC/D Public Affairs)

Crossword

Asian-American/Pacific Islander Month



- Across**
 - 1. Capt. Fred ____, Korean-American fighter pilot
 - 5. John Liu ____, first Chinese-American General
 - 6. American ____, Pacific island territory
 - 9. Daniel ____, Senator, MOH recipient
 - 11. Japanese immigrants to America pre-WW2
- Down**
 - 2. Island granted statehood in 1959
 - 3. Largest Pacific island territory
 - 4. First Asian-American 4-star General
 - 7. Col. Virgil ____, commander of the 442nd Infantry
 - 8. Notable Korean-American activist
 - 10. Allen ____, first Asian-American 3-star General



Last Month's Crossword Answers

Chief Warrant Officer 5 Brett Haskin, the 2nd Combat Aviation Brigade Maintenance Officer, kisses his wife after completing his final mission flight, May 6, 2022 on Camp Humphreys, Republic of Korea.

(Photo by Capt. Frank Spatt, 2CAB Public Affairs)



Aviation Maintenance Officer Conducts Final Flight

CAMP HUMPHREYS, Republic of Korea—Chief Warrant Officer 5 Brett W. Haskin, Brigade Aviation Maintenance Officer for 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, flew his final mission flight and was greeted with a water canon salute from the Camp Humphreys Fire Department upon his taxi on the tarmac, on May 6, 2022, on Camp Humphreys, Republic of Korea.

"I had no idea the unit was going to do this for me. It was quite a surprise and a very special moment," said Haskin. "Water canon salutes are traditionally a sign of respect, honor and gratitude to mark the last flight for a veteran pilot."

Haskin has served as the Brigade Aviation Maintenance Officer for the last two years and serves as the primary advisor to the commander on all aviation maintenance. He started his aviation career in 2002 as a CH-47D Chinook pilot and is now flying the CH-47F Chinook. His next unit of assignment is at the Boeing Plant in Philadelphia as the Defense Contract Management Agency government flight representative on performing acceptance flights and overseeing maintenance operations.

Water cannon salutes are a mark of respect in both the civilian military aviation industry. The tradition of the water cannon salutes can be traced back to the 19th century maritime industry. When ships were launched on maiden voyages, fireboats would recognize the occasion with an arc of water from their on-board water cannons. This tradition made the jump in the late 1990s to the aviation industry when the Salt Lake City airport started recognizing their retiring Delta Air Lines pilots with a water cannon salute. The military shortly thereafter adopted the tradition as well.

Story by
Capt. Frank Spatt
2nd Combat Aviation Brigade



Chief Warrant Officer 5 Brett Haskin, 2nd Combat Aviation Brigade Maintenance Officer, taxis his CH-47 Chinook Helicopter to the wash rack upon completing his final mission flight, May 6, 2022 on Camp Humphreys, Republic of Korea. The Camp Humphreys Fire Department congratulated him with a water cannon salute upon landing at the 2CAB Airfield.

(Photo by Capt. Frank Spatt, 2CAB Public Affairs)

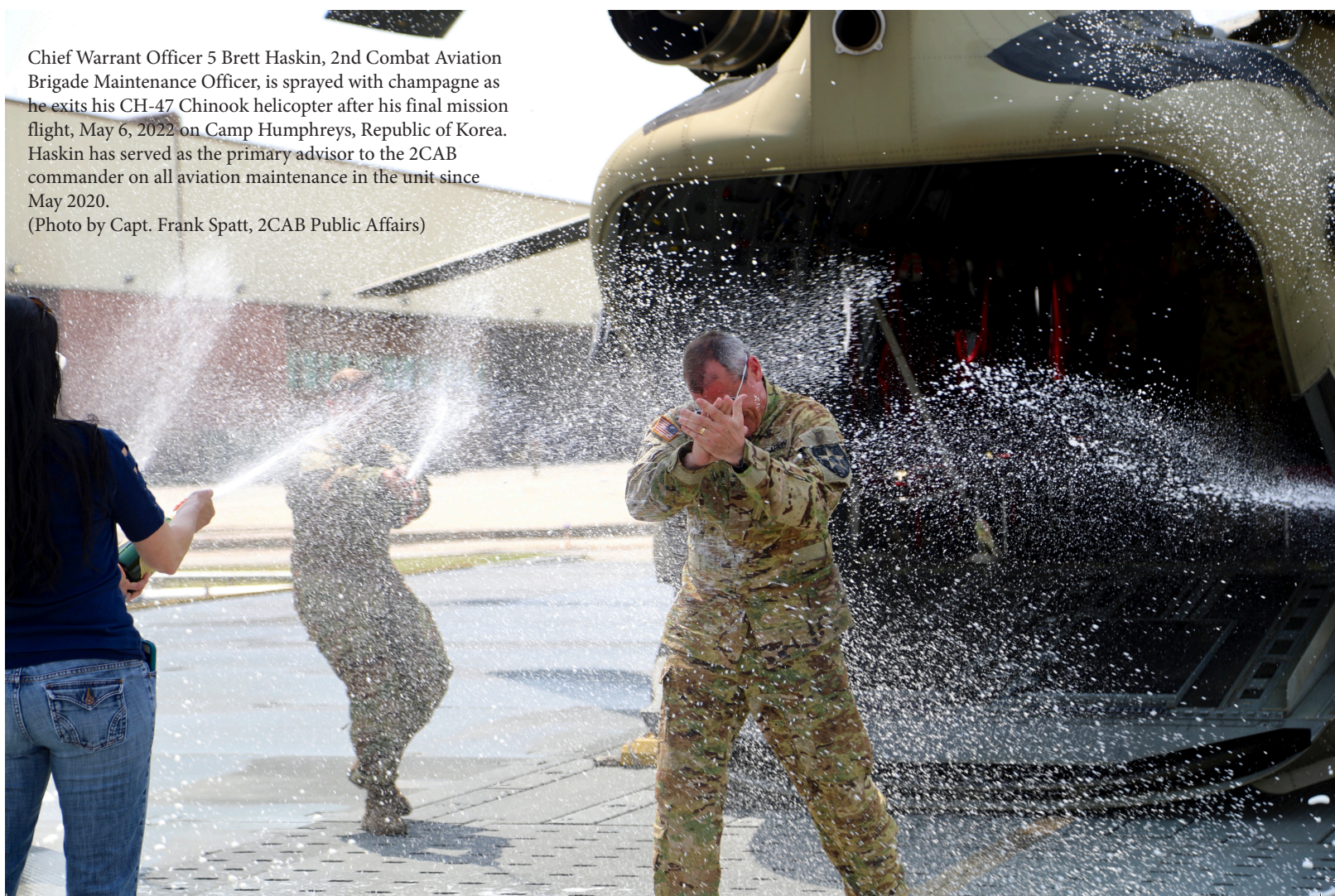
Chief Warrant Officer 5 Brett Haskin, 2nd Combat Aviation Brigade Maintenance Officer, poses with his Family in front of his Ch-47 Chinook helicopter after completing his final mission flight, May 6, 2022 on Camp Humphreys, Republic of Korea.

(Photo by Capt. Frank Spatt, 2CAB Public Affairs)



Chief Warrant Officer 5 Brett Haskin, 2nd Combat Aviation Brigade Maintenance Officer, is sprayed with champagne as he exits his CH-47 Chinook helicopter after his final mission flight, May 6, 2022 on Camp Humphreys, Republic of Korea. Haskin has served as the primary advisor to the 2CAB commander on all aviation maintenance in the unit since May 2020.

(Photo by Capt. Frank Spatt, 2CAB Public Affairs)



2nd Infantry Division Hosts Week of the Warrior Competition



Competitors for the 2nd Infantry Division/ROK-U.S. Combined Division 'Week of the Warrior' competition unload from a UH-60 Blackhawk helicopter as part of an Air Assault from Camp Casey to Camp Humphreys, Republic of Korea, May 3, 2022. The Air Assault was the first task of the third and final day, followed by a variety of Soldier tasks to finish the event. (Photo by Staff Sgt. Cody Harding, 2ID/RUCD Public Affairs)

CAMP CASEY, Republic of Korea - As the 44 Soldiers from across the 2nd Infantry Division/ROK-U.S. Combined Division stand ready outside the Warrior Exercise Barracks, they check over their gear before loading up on busses. Blue shoulder patches adjusted and set into place, checking over their rucksacks and rifles before heading to the start of the 2ID/RUCD Best Warrior and Best Squad Competition, May 2-4, 2022.

The competition is designed to test each Soldier's ability to conduct a variety of warrior tasks, with each event scored individually and added to a total to determine the winner in their category. The competition saw tiers for enlisted Soldiers, non-commissioned officers, commissioned officers, warrant officers, and Korean Augmentees to the United States Army. 19 of the competitors took part in the Best Soldier category, while five squads of five Soldiers each took part in the Best Squad category.

"The fact these Soldiers volunteered to come out here shows not only that winning matters, but in the end it's about that competition," said Sgt. Maj. Albert Turner, the Operations NCO for 2ID/RUCD. "So they should feel proud of what they've done out here, regardless of who wins and goes on to the 8th Army competition."

Before the start of the competition Brig. Gen. Lance Calvert, Deputy Commanding General of the 2ID/RUCD, greeted the Soldiers to wish them luck and thank them for taking part in the competition.

"An important part of our military culture is

getting out there, competing, and going out there to win. You all will be out here testing your training, your discipline, and your fitness over the next four days," said Calvert. "Those of you that are in squads and cohesive teams, and those here as individuals just fighting to win, thanks for making warrior week and the best warrior competition everything it is."

The three-day-long competition began with the Army Combat Fitness Test, a six-event competition designed to test the Soldier's physical abilities. Once complete, they were given a small break to eat and change clothes before heading to the land navigation course, a mountainous stretch of land where Soldiers had to find specific points and return in the shortest time possible.

"Anything that challenges me, I like to go for it," said Spc. Jalen Johnson, a Best Warrior competitor with the 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade. "Once we get comfortable in life, that's when we start to fail. So, I don't like to get too comfortable -- I like stuff like this."

After their walk in the mountains of Camp Casey, the competitors headed to the engagement skills trainer to practice their rifle marksmanship skills, and then to the Camp Hovey Pool where they took part in combat water survival training. With this first day done, the competitors had a few hours to rest and prepare for the next day.

Long before sunrise, the Best Warrior com-

petitors headed back to the land navigation course to test their skills in the dark, forced to navigate with flashlights. After the sunrise, once the last competitor completed the course, they headed to the air assault obstacle course on Camp Hovey for their next challenge, 20 obstacles over nearly a kilometer of trail were to be completed in the fastest time possible.

"The biggest thing is there's no break time," said Sgt. Wonghee Choi, a Best Squad team member from 11th Engineer Battalion, 2nd Division Sustainment Brigade, 2ID/RUCD. "We went from the ACFT to the next thing and the next thing. Since I am in a squad, my teammates like Staff Sgt (Calvin) Miller and Spc. (Alexzander) Quinn help me out so I can do more than if I was by myself. We have each other."

Next, each competitor marched from the obstacle course to the Apache and Ingman rifle ranges on Camp Casey, taking part in a stress-shoot that required the competitors to lift, drag, and carry heavy weights at the fastest pace they could before being scored on their marksmanship.

After the long day, the Soldiers received a small amount of time to rest and prepare for an air assault, where they boarded UH-60 and CH-47 helicopters at Camp Casey to fly down to Camp Humphreys. Upon landing at Camp Humphreys, they completed a series of Soldier tasks to finish the competition. Tasks ranged from taking apart and re-assembling weapons to operating radio equipment and tactical

movement across terrain.

"I got to spend time with the competitors out on the lanes, talk to them after the lanes, and they are embracing that they are going through a difficult task together," said Turner. "Seeing that growth in a few days, even in a cohesive team, is pretty amazing."

Once complete, all the competitors received a victory dinner to congratulate them on making it to the end of the competition. The next day, during the Family organizational day, the winners of the competition were announced. While everyone was congratulated for their effort, there can only be one winner in each category. While each competitor proved to

be the best of the best in their category, only one could take home the honor of being the 2nd Infantry Division/RUCD Best Warrior.

The 11th Engineer Battalion squad, comprised of Staff Sgt. Calvin Miller, Sgt. Wonghee Choi, Spc. Alexander Quinn, Pvt. Trenton Wileman, and Pvt. Jared Forbes, took home the 2ID/RUCD Best Squad Tomahawk, and each member of the team received their own statue.

The 2ID/RUCD Best Warrior tomahawk was earned by Cpl. Changmia Lee, from 1st Armored Brigade Combat Team, 1st Armored Division (Rotational) for the KATUSA category; Spc. Nathan Essary from 1-1 Armored Division for the Soldier category; Staff Sgt. Josua

Zemet from 1-1 Armored Division for the NCO category; Warrant Officer One Ramon Urena, from the 2nd Combat Aviation Brigade for the Warrant Officer category; and 1st Lt. Luis Amesty, 1-1 Armored Division for the Officer category.

Story by
Staff Sgt. Cody Harding
2nd Infantry Division/ROK-U.S.
Combined Division



Staff Sgt. Josua Zemet, from 1st Brigade Combat Team, 1st Armored Division, assembles an M-249 squad automatic weapon as part of the warrior skills training range on day three of the 2nd Infantry Division/ROK-U.S. Combined Division 'Week of the Warrior' competition May 3, 2022 on Camp Humphreys, Republic of Korea. The warrior skills training range was the last physical event during the three-day long competition, which was designed to push Soldiers to their limits.

(U.S. Army photo by Sgt. Yongha Hwang, 2ID Public Affairs)

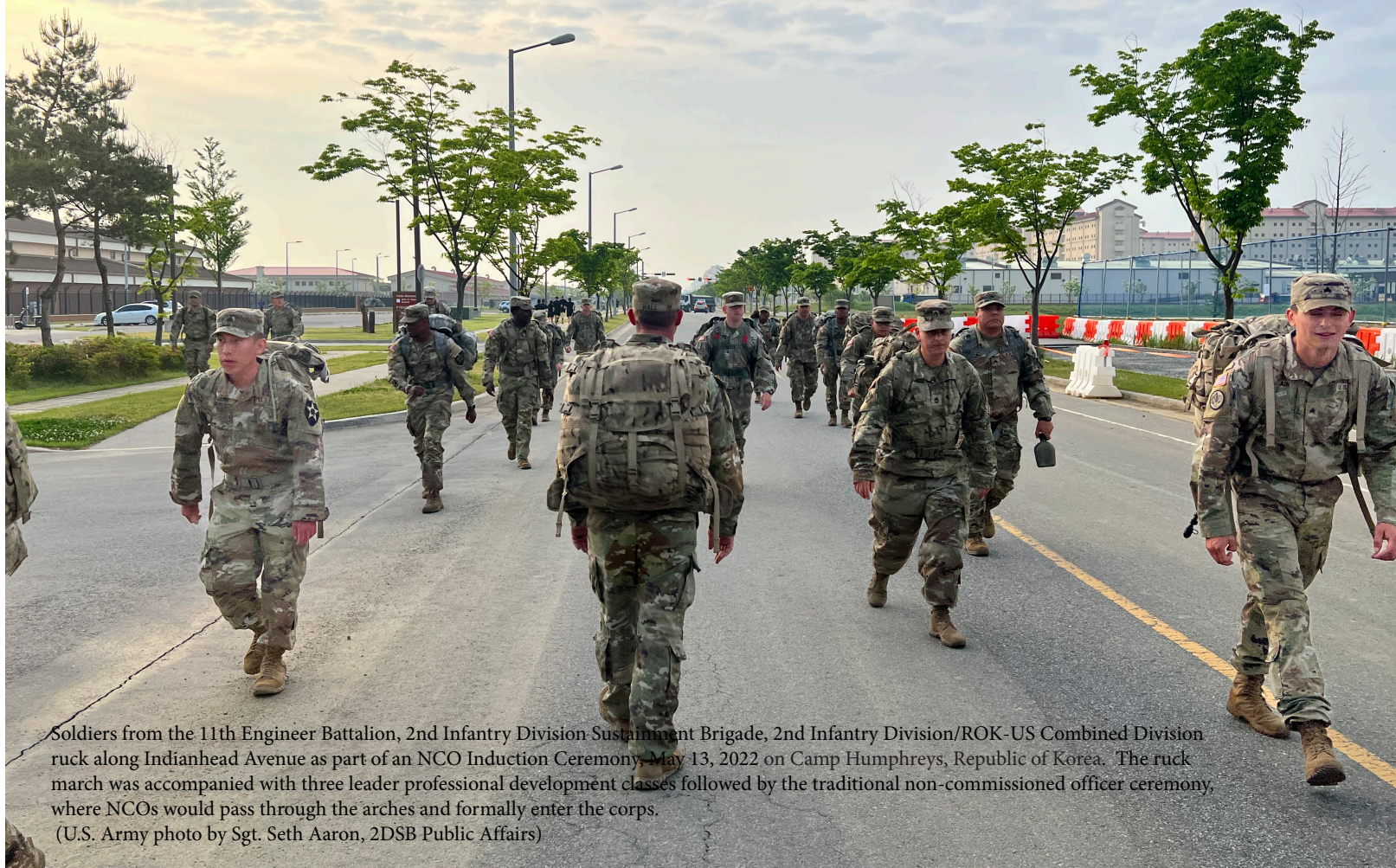
Staff Sgt. Calvin Miller and Sgt. Wonghee Choi, from the 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, map out a land navigation point during the 2nd Infantry Division/ROK-U.S. Combined Division 'Week of the Warrior' competition May 2, 2022 on Camp Casey, Republic of Korea. Miller and Choi were part of the Best Squad winning team, and went on to represent 2ID at the 8th Army Best Warrior competition later that month.

(Photo by Sgt. Oscar Toscano, 2CAB Public Affairs)



Spc. Jalen Johnson, a Best Warrior competitor from the 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, provides security for his fellow competitors during the 2nd Infantry Division/ROK-U.S. Combined Division 'Week of the Warrior' competition May 3, 2022 on Camp Humphreys, Republic of Korea. The three-day competition tested the Soldiers, officers and non-commissioned officers on a wide variety of physical and mental tasks over a three-day long event.

(U.S. Army Photo by Staff Sgt. Cody Harding, 2ID Public Affairs)



Soldiers from the 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-US Combined Division ruck along Indianhead Avenue as part of an NCO Induction Ceremony, May 13, 2022 on Camp Humphreys, Republic of Korea. The ruck march was accompanied with three leader professional development classes followed by the traditional non-commissioned officer ceremony, where NCOs would pass through the arches and formally enter the corps.
(U.S. Army photo by Sgt. Seth Aaron, 2DSB Public Affairs)

Welcome to the Corps

Non-commissioned Officer Induction Ceremony



Command Sgt. Maj. John Jerkins, 2nd Infantry Division Sustainment Brigade's senior enlisted advisor, congratulates newly inducted non-commissioned officers at the end of the NCO Induction Ceremony, May 13, 2022 on Camp Humphreys, Republic of Korea. Command Sgt. Maj. Jerkins also handed out copies of TC 3-22.7, the Non-Commissioned Officer Guide, to every Soldier that was inducted after the ceremony.
(U.S. Army photo by Sgt. Seth Aaron, 2DSB Public Affairs)

CAMP HUMPHREYS, Republic of Korea - Non-commissioned officers from the 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-US Combined Division, recently participated in an NCO Induction Ceremony, a time-honored tradition which formerly welcomes leaders into the backbone of the Army, May 13, 2022, on Camp Humphreys, Republic of Korea.

Prior to the official ceremony, the inductees embarked on an early morning ruck march, led by the DSB senior enlisted advisor, Command Sgt. Maj. John Jerkins, and 11th Engineer Battalion senior enlisted advisor, Command. Sgt. Maj. Ely Capindo. Along the route, senior NCOs within the battalion conducted interactive leader professional development courses, discussing the duties and responsibilities of an NCO.

"The ruck march and LPD serve as a catalyst to develop cohesive bonds, support team development, and help these young NCO's transition to become better leaders," said Master. Sgt. David Fuqua, 11th Engineer Battalion's Operations Sergeant. "If you ask most senior NCOs they will tell you they were never inducted. This makes it especially important that at my level, I can help facilitate this opportunity to ensure our traditions and legacies are carried on."

During the ruck march, Cpl. Daniel Bonin, a tracked vehicle mechanic of the Forward Support Company, 11th Engineer Battalion, explains the importance of what was taught at each station where the LPD's were conducted.

"As a non-commissioned officer, I am expected to train and lead Soldiers on a daily basis," said Bonin. "Under Training Circular 3-22.7, our duties and responsibilities are outlined for us and serves as a guide for all NCOs, regardless of MOS. It was an honor to be a part of this event and as a leader, I feel like I gained the necessary insight on what it means to be an NCO."

After the ruck march, inductees were greeted with smiles and cheers from fellow Soldiers within the battalion before they set their gear aside as the formal portion of the ceremony began. One-by-one, each leader stepped through the arch of the NCO corps, serving as a rite of passage and to emphasize the pride shared as members of an elite corps.

"I believe the NCO induction ceremony is essential to the continuous development of our corps," said Fuqua. "This ceremony will have a dramatic influence on developing these leaders, but more importantly, helping them develop future leaders."

Story by
Sgt. Seth Aaron
2ID Sustainment Brigade

Command Sgt. Maj. Ely Capindo, 11th Engineer Battalion's senior enlisted advisor, gives his Soldiers a leader professional development course during an NCO Induction Ceremony, May 13, 2022 on Camp Humphreys, Republic of Korea. The LPD covered the duties and responsibilities of a non-commissioned officer and served as a talking point between senior leaders and newly promoted sergeants.

(U.S. Army photo by Sgt. Seth Aaron, 2DSB Public Affairs)



Soldiers from the 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-US Combined Division pose for a photo before they embark on an NCO Induction Ceremony ruck march, May 13, 2022 on Camp Humphreys, Republic of Korea. The ruck march served as a team building exercise and included leader professional development courses along the route. (U.S. Army photo by Sgt. Seth Aaron, 2DSB Public Affairs)



KCpl. Minseok Roh, a Korean Augmentee to the U.S. Army (KATUSA) assigned to the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division dribbles past a defender from the opposing team, May 10, 2022, on Camp Humphreys, Republic of Korea. Roh plays as a left wing back for the 2CAB KATUSA soccer team. (U.S. Army photo by Sgt. Oscar Toscano)

My time as a KATUSA

CAMP HUMPHREYS, Republic of Korea - Unlike U.S. Army Soldiers who voluntarily serve their country, most males born in Korea are called upon to serve their country for a minimum of two years in the Republic of Korea Army. Those who pass a special exam may be chosen to serve as a Korean Augmentee to the United States Army, more commonly known as a KATUSA.

They eagerly await their time to serve between the ages of 18 and 28 years old, not knowing when they will be called to stop everything and put on their duty uniform. This was the case for KATUSA Cpl. Minseok Roh, a Human Resource Specialist assigned to the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division. The KATUSA Soldier program was established in 1950 during the Korean War and has been an ongoing program to assist the U.S. Army while in the country.

"This is something our people go through and I want to make sure they don't feel lost or nervous, I want them to know we can still have fun and what we are doing is very important," Roh said.

Originally from the city of Seoul, Roh was only 19 years old when he was called upon to serve his country. At the time he had been studying abroad for a bachelor's degree in business management in Hong Kong, China.

"When I received the notice I was very nervous, I had to leave everything I had going on for me to serve my country," said Roh. "I was thrown into a different environment than what I was accustomed to so I felt I had to find a way to make my time go by to get back to reality."

After initial training, Roh arrived at the aviation brigade and began to find ways to get

KCpl. Minseok Roh, a Korean Augmentee to the U.S. Army (KATUSA) assigned to the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, kicks a soccer ball mid-air during a warm-up practice match, May 10, 2022, on Camp Humphreys, Republic of Korea. Roh plays as a left wing back for the 2CAB KATUSA soccer team. (U.S. Army photo by Sgt. Oscar Toscano)



KCpl. Minseok Roh, a Korean Augmentee to the U.S. Army (KATUSA) assigned to the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, kicks a soccer ball mid-air during a warm-up practice match, May 10, 2022, on Camp Humphreys, Republic of Korea. Roh plays as a left wing back for the 2CAB KATUSA soccer team. (U.S. Army photo by Sgt. Oscar Toscano)

comfortable and make friends to make his service time more bearable.

“When I arrived at Camp Humphreys I felt alone and nervous being placed in a new environment I knew would take me some time getting used to,” said Roh. “My senior leadership gave us some advice and different things we can do while here, one that caught my attention was playing for the KATUSA soccer team.”

At a young age Roh took a liking to soccer, which overtime grew and became a hobby that brought on many opportunities for him to meet new friends who share the same passion for the sport.

“Every Wednesday my teammates and I get together for practice, along with playing games is the highlight of my week,” Roh said. “It’s a place where we can get away, we can laugh, have fun, make memorable moments and relieve some stress while playing.”

Roh understands many of the new incoming KATUSAs will share the same feelings as he once did, so he makes sure to offer the invitation to play the game that helped him through his journey.

“I want all future KATUSAs to know there are many things to do to make their time go by,” said Roh. “I used soccer to help me get through this chapter in my life and hope to provide an example for my replacement when I complete my service in November.”

Story by
Sgt. Oscar Toscano
2nd Combat Aviation Brigade





Jeju



Jeju Island, the largest and most populous island in Korea, rests off the south-west coast of the mainland. A volcanic island formed nearly two million years ago, Jeju is one of the most well-known tourist destinations in the country. Mt. Halla, the highest mountain in Korea, is famous for sites like the Orum (a volcanic crater), ancient lava tubes, and Jusangjeolli Cliff on the southern coast.

Mt. Halla, or Hallasan (한라산) lies at the center of the island and reaches 1950 meters above sea level, making it visible from anywhere on the island. Due to the island's temperate climate, Mt. Halla boasts a unique and diverse view for every season, meaning you can enjoy its beauty whenever you visit. Some sites can be closed due to seasons or weather, however, it is recommended you check such areas before you visit.

Off the coast of Jeju is Udo Island, known for its beautiful natural environment and sightseeing attractions, such as the 'Eight Views of Udo' and Dongangyeong Cave. Bike and scooter rentals on the island make travel easy, and once you finish the sightseeing you can have some peanut ice cream to finish the trip. Make sure to keep the ferry timetable handy, as the times are fixed to shuttle between Udo and Jeju.

Almost as famous as Mt. Halla is Jeju's food specialties. Jeju tangerines and 'black pork' are both locally made and well-known throughout Korea. Tangerines that are grown on the island end up in foods ranging from latte and tea to sweets and juice. Black pork, where local pigs are smoked over burning hay, is designated as a Korean National monument by the country's Cultural Heritage Administration, and is served in thick slices and dipped in salted anchovies.

Jeju has a reputation as a place where people all over the world want to come and visit. With its natural sights, unique culture and wide variety of things to do, it is easy to see why.

Story by
Kcpl. Cho, Hee Won
2nd Infantry Division/
ROK-U.S. Combined Division

Image from dbblog.co.kr



Image from brunch.co.kr



Bibim-Guksu



Ingredients

- Ingredients:
- 4 ounces thin wheat noodles
- 4 ounces Kimchi
- $\frac{1}{4}$ cup cold water or kimchi brine
- 1 tsp sugar
- 2 tbsp Gochujang pepper paste
- 1 garlic clove
- $\frac{1}{2}$ cucumber
- 1 tbsp sesame oil
- 1 tbsp sesame seed
- 1 boiled egg (optional)

Instructions

1. Prep your ingredients by cutting your vegetables into thin slices, chopping the kimchi into small pieces and mincing the garlic. If you want to add more vegetables for taste, like carrots or radish, then ensure the quantity is a $\frac{1}{2}$ cup and measure accordingly. Set a large bowl of water with ice in the fridge to cool for rinsing later.
2. Mix the chopped kimchi, cold water, gochujang paste, garlic, sugar and sesame oil in a bowl until everything is combined. Set aside in the fridge.
3. Add a pinch of salt to a pot of water, and bring to a boil. Add in the noodles and cook for 4 minutes, until the noodles are soft and cooked all the way through.
4. Once your noodles are done, drain them into your strainer and rinse with cold water, taking care to slowly rinse and ensure the noodles cool. This gives the noodles a sticky texture.
5. Transfer the noodles to the bowl with your sauce mixture and mix thoroughly, until all the noodles are covered.
6. Set your noodles in a new bowl. Add the cucumber sticks on top, the boiled egg, then garnish with sesame seeds.

JUNE OUTLOOK

- 01** **BOSS Pokemon Go**
Gotta Catch 'Em all!
- 02** **Nami Island Trekking Trip**
Visit the famous Nami Island! Register by June 2, 1 p.m.!
- 09** **3D Printing Orientation (Ages 10-17)**
Learn how to use the 3D Printing Lab!
- 18** **Korean Painting Class**
Participants will learn the skills of traditional Korean painting.!
- 20** **Red Pin Bowling**
Win a free game for striking the red pin!
- 21** **BOSS Library Clean-Up**
Volunteer with BOSS at our weekly sanitizing of the Duke Memorial Library.
- 23** **Children's Art Class**
Expand on your child's creativity with this fun art class!
- 25** **Resin Geode Basics**
Pre-requisite: ArtResin Workshop for Beginners
- 27** **BOSS Life Skills: Partner Dance Class**
Free for BOSS Soldiers!
- 30** **Korean Calligraphy**
Master the traditional art of Korean Calligraphy

The above schedule is tentative. For the latest information, visit Humphreys Family and Morale, Welfare and Recreation (MWR - QR code on the right).

*All participants are required to adhere to the current HPCON measures, which includes wearing a mask and / or practicing social distancing.



2022년 5월 호 / 제 59권, 제 5호, 통권 제 703호

인 디 언 헤 드

THE INDIANHEAD MAGAZINE / KOREAN EDITION



인 디 언 헤 드

THE INDIANHEAD MAGAZINE

2022년 5월 호 / 제 59권, 제 5호, 통권 제 703호

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인 디 언 헤 드

2022년 5월호 / 제 59권, 제 5호, 통권 제 703호

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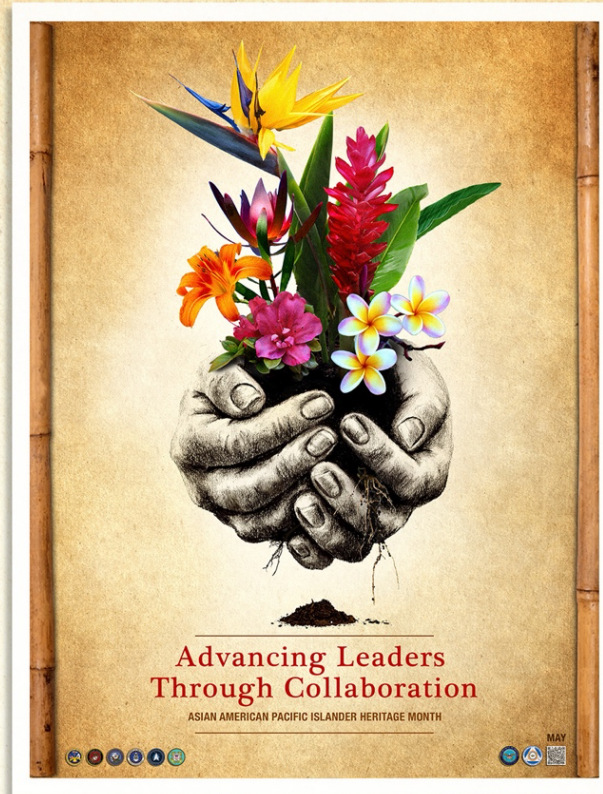
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인디언헤드지 한글판 편집장
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CULTURAL
AWARENESS

OBSERVANCE

Asian American Pacific Islander Heritage Month



아시아 태평양계 미국인들의 풍부한 유산은 세계와 미국 역사에 깊숙이 걸쳐 있다. 대를 이어 미국을 조국이라 여기는 아시아계 미국인들과 태평양 섬 주민들은 모두의 공헌을 값지게 생각하며 모든 이들의 정신을 반영하는 자랑스러운 유산을 확립했다.

아시아계 미국인과 태평양 섬사람들로 이루어진 공동체들은 대략 100 개 이상의 언어를 구사하는 50 개의 민족 집단으로 구성되어 있으며, 중국계, 인도계, 일본계, 필리핀계, 베트남계, 한국계, 하와이계, 기타 아시아계 및 태평양 섬사람들과 연결되어 있다.

아시아 태평양계 미국인 문화유산의 달 동안 국방부는 아시아계 미국인과 태평양 섬사람들이 국가 및 국방부를 위해 달성한 업적들을 기념한다.

1978 년의 공동 의회 결의안은 아시아 태평양계 미국인 문화유산 주를 제정했다.

5 월은 그달에 일어난 아시아/태평양 미국 역사의 두 가지 이정표를 기념하기 위해 선택되었다. 알려진 최초의 일본인 이민자가 1843 년 5 월 7 일에 미국에 도착한 것과 20,000 명 이상의 중국인 노동자들에 의해 건설된 1869 년 5 월 10 일에 대륙 횡단 철도가 완공된 것이 바로 그 두 이정표이다.

1992 년에 의회는 행사를 한 달로 확대했다.

2019 년에 미국 내 아시아인 단독 또는 복합 거주자 수는 2,290 만 명으로 추산되었다. 추가로 미국 내 하와이 원주민과 기타 태평양 섬사람 중 단독 또는 복합 거주자의 추정 수는 160 만 명이었다.

아시아 태평양계 미국인 문화유산의 달을 맞아 차세대 지도자들의 밝은 미래를 위해 노력하고 싸워온 모든 아시아 태평양계 미국인들에게 경의를 표한다.

준장 김남훈

부사단장 / 연합사단 협조단장



우리 연합사단/2사단 전사들 모두는 순환배치여단 VALEX를 비롯한 훈련과 부대별로 부여된 각종 임무를 통해 우리의 연합작전태세를 발전시켜 왔습니다. 여러분들의 땀방울과 노력으로 한미 연합방위태세가 더욱 굳건해졌고, 한반도의 평화와 안정에 기여할 수 있었습니다. 각자의 위치에서 최선을 다해 임무를 수행한 전사들의 노고에 감사의 인사를 전합니다.

협조단장은 강력한 전투력의 미군과 한반도의 작전환경을 잘 알고 있는 한국군이 연합된 우리 연합사단이야말로 한반도 작전에 최적화된 세계 최강의 전투준비태세를 갖춘 부대라고 자부합니다. 최근 우리 사단을 방문한 주요 인사들도 우리 사단의 전투력과 임무수행에 대해 소개받은 후 “세계 유일의 연합 전술제대인 한미연합사단은 그 자체로 굳건한 한미동맹의 상징이자 출발점”이라고 감탄하며 앞으로도 미래 연합방위를 주도해 줄 것을 당부하였습니다. 앞으로도 ‘Fight Tonight’과 ‘Second to None’이라는 우리의 구호를 행동으로 증명

해 나갑니다. 사단 전 장병이 신뢰를 바탕으로 원팀이 될 때 이 모든 것이 가능할 것입니다.

다시 한번, 미 본토에서 멀리 떨어진 한반도에서 한미 연합방위태세를 위해 임무수행 중인 장병 여러분의 노고에 깊은 감사를 표합니다. 특히, 이번 여름에 대한민국으로 배치되어 새롭게 임무수행하게 될 장병들을 환영합니다. 6.25전쟁이 발발하였을 때 자유민주주의를 수호하기 위해 세계 각국에서 참전하신 분들의 희생으로 대한민국이 발전할 수 있었듯이, 지금은 여러분의 노력이 바탕이 되어 굳건한 한미동맹으로 대한민국이 세계의 평화와 발전을 위해 기여하게 될 것입니다.

이제는 모든 생명력이 약동하는 활기찬 계절인 여름이 여러분을 맞이하고 있습니다. 이 화창한 계절은 우리 장병들이 가족들과 함께 시간을 보내며 좋은 추억을 쌓는 기회가 될 것입니다. 그동안 우리는 코로나로 인해 어려움을 겪었고, 한국의 명소들을 많이 돌아보지 못했습니다. 모쪼록 좋은 날씨 가운데 좋은 사람들과 함께하는 여행을 통해 한국의 명소들도 둘러보면서 한국을 더 이해하고 행복한 시간을 보내기 바랍니다.

감사합니다! 같이 갑시다!



나의 카투사 생활

한미연합사단/제2전투항공여단에 소속된 카투사 노민석 상병이 2022년 5월 10일 캠프 험프리스에서 열린 연습 대회에서 축구공을 공중에 차고 있다. 노민석 상병은 제2전투항공여단 카투사 축구팀에서 좌측 윙백을 담당하고 있다. (사진 출처: 오스카 토스카노 병장, 제2전투항공여단)

대한민국, 캠프 험프리스 - 자발적으로 나라를 위해 복무하는 미군들과 달리, 한국에서 태어난 대부분의 남자는 대한민국 육군에서 나라를 위해 복무하도록 요청받는다. 그 중 특별 시험에 합격한 사람들은 카투사로 널리 알려진 미국 육군의 한국 증원군의 일부로 선택될 수 있다.

그들은 언제부터 하던 것을 멈추고 근무복을 입게 될지 모른 채 18세에서 28세 사이의 복무 기간을 기다린다. 대한민국 캠프 험프리스의 제2전투항공여단에 배속된 인사담당관 노민석 상병의 경우에도 그랬다.

카투사 병사 제도는 한국전쟁이 발발한 1950년도에 설립되었고 현재까지 한미 주한 육군을 지원하기 위해 지속되고 있다.

“우리가 하는 이 일과 관련해 사람들이 혼란스러워하거나 긴장하지 않고, 그들이 우리의 일의 중요성을 깨달음과 동시에 우리가 일하면서도 즐겁게 지낼 수 있다는 것을 알아줬으면 합니다.”라고 노민석 상병이 카투사 제도에 대해 말했다.

서울시에서 거주했던 노민석 상병은 조국의 부름을 받았을 때 겨우 19세였다. 당시 그는 중국, 홍콩에서 경영학 학사 학위를 받기 위해 유학을 하고 있었다.

“군입대 통보가 왔을 때 저는 매우 긴장했습니다. 조국에 봉사하기 위해 당시 제가 하고 있던 모든 것을 멈춰야 했습니다.”라고 노민석 상병은 말했다. 그는 또한 “평소와 너무나도 다른 환경에 던져진 저는 현실로 돌아가기 위해서 시간을 효과적으로 보낼 방법을 찾아야 한다고 생각했습니다.” 라고 말했다.

기초 훈련을 받은 후 노민석 상병은 제2 전투항공여단에 소속되었고, 그는 긴 복무기간을 견디고 편안한 생활을 하기 위해 친구들을 사귀기 시작했다. “제가 캠프 험프리스에 처음 도착했을 때 저는 적응하는 데 시간이 걸릴 새로운 환경이라는 것을 알고 있었기 때문에 외롭고 초조했습니다.” 노민석 상병이 말

했다. 그는 또한 “저의 지휘관은 저희가 이곳에서 생활하는 동안 할 수 있는 다양한 것들과 관련해 조언해주었는데, 그중 제 이목을 끌었던 것은 카투사 축구팀에 참여하는 것이었습니다.” 이라고 말했다.

노민석 상병은 어린 나이부터 축구를 좋아했는데, 그의 취미는 시간이 지나 현재는 자기와 같이 축구에 열정을 가진 다양한 친구들을 사귀 기회를 제공하는 원천이 되었다.

“매주 수요일마다 팀 동료들과 저는 연습을 위해 모이고 게임을 하는데, 그 순간이 제 한 주 동안의 하이라이트입니다.”라고 노민석 상병이 말했다. “저희가 웃고, 즐기고, 새로운 추억을 만들면서 그동안의 스트레스를 풀 수 있는 곳입니다.”

노민석 상병은 새로운 카투사 병사들이 처음에 그가 가졌던 외롭고 초조한 감정을 가지고 있음을 공감하기 때문에 자신의 여정에 큰 힘이 되어준 축구를 같이 하자고 항상 초대하고 있다.

“시간을 보낼 방법이 매우 많다는 것을 미래의 카투사 병사들이 알았으면 좋겠습니다.”라고 노민석 상병이 말했다. “축구는 군대라는 제 인생의 분기점을 보내는 데 큰 도움이 되었는데, 이런 제 경험이 제가 11월에 전역한 후 들어올 새로운 후임병에게 본보기가 될 수 있다면 좋겠습니다.”

병장 오스카 토스카노 / 기사
제2전투항공여단

이병 노윤성 / 번역
한미연합사단/미 제2보병사단
공보참모처



한미연합사단/제2전투항공여단에 소속된 카투사 노민석 상병이 2022년 5월 10일 캠프 험프리스에서 팀원이 골을 넣자 두 손을 올려 축하하고 있다. 노민석 상병은 제2전투항공여단 카투사 축구팀에서 좌측 윙백을 담당하고 있다.
(사진 출처: 오스카 토스카노 병장, 제2전투항공여단)



한미연합사단/제2전투항공여단에 소속된 카투사 노민석 상병이 2022년 5월 10일 캠프 험프리스에서 상대 팀의 수비수를 드리블로 제치고 있다. 노민석 상병은 제2전투항공여단 카투사 축구팀에서 좌측 윙백을 담당하고 있다.
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(사진 출처: 오스카 토스카노 병장, 제2전투항공여단)

2022년 5월 3일, '워리어의 주' 대회에 참가한 한미연합사단/제2보병사단 참가자들을 태운 UH-60 블랙호크 헬리콥터가 캠프 험프리스에 착륙하고 있다. 셋째 날에 병사들은 캠프 케이시에서 캠프 험프리스까지의 공습, 그리고 전사 기술 훈련장을 마쳤다.
(사진 출처: 조희원 상병, 연합사단 공보부)



한미연합사단/제2보병사단, 워리어 주 대회 개최



2022년 5월 3일, '워리어의 주' 대회에 참가한 한미연합사단/제2보병사단 참가자들을 위해 제2전투항공여단 제602항공지원대대 소속 잘렌 존슨 상병이 경비를 서고 있다. 3일간의 긴 대회 동안 장교, 부사관, 그리고 병사들은 다양한 신체적, 정신적 임무들을 수행했다.
(사진 출처: 코디 하딩 하사, 연합사단 공보부)

대한민국, 캠프 케이시 - 제2보병사단/한미연합사단에서 출발한 44명의 병사들은 버스에 짐을 싣기 전 전사 훈련 막사 밖에서 본인들의 장비를 점검한다. 연합사단의 베스트 워리어 및 베스트 스쿼드 대회에 참여하기에 앞서 그들은 어깨에 붙여놓은 파란색 패치의 위치를 다시 한번 확인하고, 배낭과 소총을 살펴본다.

대회는 각 병사가 다양한 전사 과제들을 수행하는 능력을 시험하기 위해 마련되었으며, 종목별로 점수를 매기고 합계를 계산해 부문별 우승자를 가린다. 대회에는 사병, 부사관, 장교, 준사관, 카투사 등이 참여했다. 참가자 중 19명은 베스트 워리어 부문에, 나머지는 5명으로 이루어진 5개의 분대가 베스트 스쿼드 부문에 참가했다.

“이 병사들이 자신해서 여기 나와 있는 것은 이긴다는 것 뿐만이 아니라, 경쟁 자체에 의미가 있음을 보여줍니다.” 라고 연합사단의 작전 담당 부사관 알버트 터너 원사가 말했다. 또한 그는 “따라서 누가 이기고 8군 대회로 나가던간에 그들은 여기서 참여한 것에 대해 자랑스러울 것입니다.” 라고 말했다.

경기가 시작하기 전 연합사단의 부사령관 랜스 캘버트 준장은 장병들에게 행운을 빌고 대회에 참가한 것에 감사를 표시하기 위한 인사말을 전했다.

“군대 문화의 중요한 부분 중 하나는 밖으로 나가 경쟁하고, 승리하는 것입니다. 여러분 모두는 이곳에서 사흘간 그동안 쌓아온 훈련의 결과, 규율, 그리고 체력을 시험받을 것입니다.” 라고 캘버트 준장은 말했다. 그는 또한, “분대 또는 팀에 속한 사람들, 그리고 본인의 성취를 위해 나온 개인들 모두에게 워리어 주와 베스트 워리어 대회의 일부가 되어 주신 것에 감사한다.” 고 말했다.

일주일 동안 진행된 대회는 병사의 신체적 능력을 시험하는 6개의 종목으로 구성된 육군 전투 적합성 시험으로 시작했다. 이후 그들에게 산악지대에서 특정 지점들을 찾은 다음 최단 시간 내에 돌아오는 육로 항법 코스로 이동하기 전 옷을 갈아입고 식사하기 위한 휴식 시간이 주어졌다.

“저에게 도전이라고 느껴지는 일이라면 뭐든지 도전하고 싶습니다.” 라고 베스트 워리어 대회에 참가한 제2전투항공여단 제602항공지원대대의 잘렌 존슨 상병이 말했다. 그는 또한 “삶이 너무 안락해지는 순간 우리는 실패하기 시작합니다. 따라서 저는 너무 편안해지기 싫고 오히려 이런 도전을 좋아합니다.” 라고 말했다.

캠프 케이시의 산에서 산보를 마친 경쟁자들은 소총 사격술을 연습하기 위해 시뮬레이션 사격 연습을 진행했고, 이후 캠프 호비에서 전투 수영 생존 훈련에 참여했다. 첫날이 끝난 후 경쟁자들은 몇 시간 동안 쉬고 다음 날을 위한 준비를 했다.

해가 뜨기 한참 전, 베스트 워리어 경쟁자들은 육로 항법 코스로 다시 돌아가 어둠 속에서 오로지 손전등만을 사용했을 때의 항법 능력을 시험받았다. 일출 후 마지막 경쟁자가 코스를 마쳤을 때 그들은 다음 도전을 위해 1킬로미터의 길에 놓인 20개의 장애물을 최단 시간 내에 넘어가야 하는 캠프 호비의 공중 공격 장애물 코스로 향했다.

“가장 어려운 점은 쉴 시간이 없는 것입니다.” 라고 한미연합사단/미2사단 지원여단 제11공병대대 소속의 베스트 스쿼드 팀 일원 중 한 명인 최원희 병장이 말했다. 그는 또한 “우리는 ACFT에서 다음 도전으로, 그리고 또다시 다음 도전으로 이동했습니다. 저는 분대가 있기 때문에 (캘빈) 밀러 하사 (알렉산더) 퀸 상병과 같은 분대원들의 도움으로 혼자 있을 경우보다 더 활약할 수 있습니다. 저희는 서로를 의지합니다.” 라고 말했다.

다음으로, 각 경쟁자는 장애물 코스에서 캠프 케이시의 아파치와 잉그람 소총 사격장까지 행진했고, 사격술 점수를 받기 전 최대한 빠른 속도로 무거운 역기를 들어 올리고, 끌고, 운반해야 하는 스트레스 슈팅에 참여했다.

긴 하루가 지난 후, 병사들은 캠프 케이시에서 UH-60과 CH-47 헬리콥터를 타고 캠프 험프리스로 내려가는 공중 공격 전 대비하고 쉴 수 있는 시간이 주어졌다. 캠프 험프리스에 착륙한 순간 그들은 일련의 군사 임무를 완수했고, 대회는 종료되었다.

병장 오스카 토스카노 / 기사
제2전투항공여단

이병 노윤성 / 번역
한미연합사단/미 제2보병사단
공보참모처

2022년 5월 2일, ‘워리어의 주’ 대회에 참가한 제11공병대대 사단지속지원여단 소속 캘빈 밀러 하사와 최원희 병장이 육로 항법 지점을 설계하고 있다. 밀러 하사와 최원희 병장은 승리한 베스트 스쿼드 팀의 일원이고, 그들은 5월 말에 열린 제8군 베스트 워리어 대회에서 제2보병사단의 대표로 참가했다.
(사진 출처: 오스카 토스카노 병장, 제2전투항공여단 공보부)



제주도



Image from hotels.com

Image from dbblog.co.kr



제주도는 대한민국 남서쪽에 위치한 섬인 한국의 섬 중
에서 가장 크고 인구가 많은 섬이다. 제주도는 화산 활
동으로 형성된 화산섬으로 한라산, 오름, 주상절리대 등 볼거
리가 매우 풍부한 한국의 대표적인 여행지로 꼽힌다.

제주도 면적의 대부분을 차지하고 있는 한라산은 높이가
1,950m로 남한에서 가장 높은 산이다. 제주도가 가지고 있는
특별한 지형은 모두 한라산의 화산활동으로 이루어진 것이
며 한라산은 제주도에 있어서 매우 중요한 곳이다. 한라산은
계절마다 색다르고 다양한 경관을 자랑하기 때문에 한라산
은 언제 방문해도 그 아름다움을 접할 수 있는 곳이다. 다만
계절과 날씨에 따라 통제가 되는 구역도 존재하니 한라산에
방문하기 전 그러한 부분들을 미리 확인해보는 것이 좋다.

우도는 제주도에 있는 섬 안의 섬이다. 우도는 아름다운 자연
환경을 자랑하는 섬으로 우도 팔경이라고 불리는 자연경관
등의 다양한 볼거리들이 많다. 우도에서는 8경중 하나인 동
안경굴을 보트를 타며 구경할 수 있기도 하며 먹거리로는 땅
콩아이스크림이 유명하다. 우도에 가면 자전거나 스쿠터, 소
형 자전거를 대여해서 천천히 일주하며 아름다운 풍경과 예

뿐 카페, 등을 즐길 수가 있다. 다만, 제주도와 우도 사이를 운항하는 여객선의 시간이 정해져 있기 때문에 시간을 잘 확인해야한다.

제주도에는 대표적인 특산물이 다양하다. 그중 제주 감귤과 제주도 흑돼지는 많은 관광객들이 즐겨 경험해보는 특산물이다. 제주도는 대한민국에서 대표적으로 감귤이 재배되는 지역이다. 따라서 제주도에는 귤 라떼, 귤 차 등의 감귤을 활용한 음식들이 많으며 감귤 따기 또한 체험해볼 수 있다. 2015년 문화재청이 천연기념물로 지정한 제주도 흑돼지 또한 많은 관광객들이 꼭 한번씩은 즐기고 가는 제주도의 특산물이다. 제주도 흑돼지 고기는 두툼하게 자른 후 제주식 멸치젓갈에 찍어먹으면 더욱 맛있기 때문에 한번쯤 제주도에 관광하러 가게 된다면 경험해보자.

상병 조희원 / 기사
한미연합사단/미 제2보병사단
공보참모처

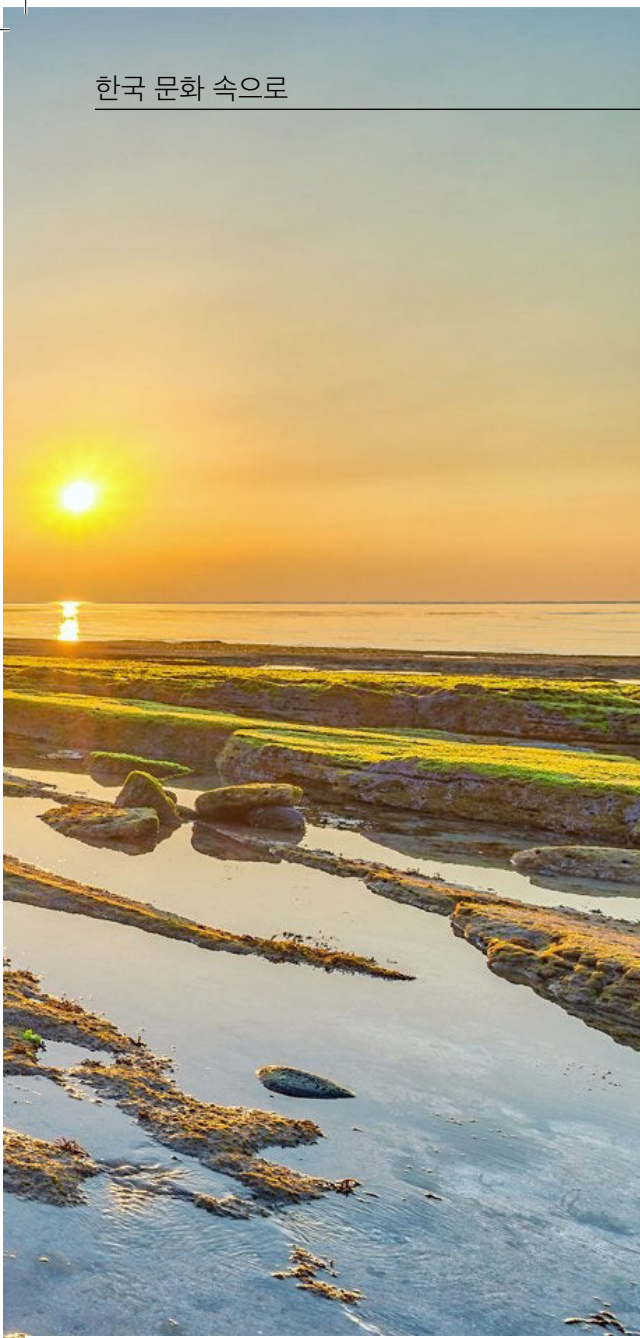


Image from trip advisor.co.kr



Image from brunch.co.kr

