



Photo by AN Elizabeth Falor

FORT HUNTER LIGGETT, Calif.—Naval Reservist LT Jennifer Donahue of Naval Mobile Construction Battalion 17 (NMCB-17) sends a team sitrep from the field during Exercise M-Year. Members of NMCB-17 and Construction Battalion Maintenance Unit 303 participated in the training conducted every four years at Fort Hunter Liggett to sharpen Naval Reserve Seabee military skills in readiness for future Navy requirements.

## Force to open centers in London, Guam

COMNAVRESFOR plans to establish two overseas Reserve Centers, Naval Reserve Center London and Naval Reserve Center Guam in early 2004. The two Naval Reserve Centers will improve overseas gaining command support and provide enhanced customer service.

Currently, Reservists desiring to drill overseas may do so only if they are approved as overseas program participants. Accessions into the overseas programs were suspended Oct. 1, 2002, to facilitate transitioning to the new Reserve Centers.

Reservists presently in the overseas program may continue to drill for pay through their planned rotation dates.

Overseas Reservists not currently in the program may apply to drill for points in overseas Voluntary Training Units managed by Commander, Naval Reserve Force Readiness Command Northwest and Commander, United States Naval Forces Europe London.

Details can be found in ALNAVRESFOR 015/03. Points of contact are LCDR Kelsay (REDCOM Northwest), e-mail kelsayt@cnrf.navy.mil, and CDR Gray (overseas), e-mail john.gray@navetur.navy.mil.

—JO2 Mike Miller, COMNAVRESFOR Public Affairs

## Mobilization Update

Approximately 10,945 Naval Reservists are serving on active duty. A total of 20,800 Reservists have been mobilized since Sept. 11, 2001, in support of Operations Noble Eagle, Enduring Freedom and Iraqi Freedom.

Reservists' capabilities and expertise continue to be called upon to fill combatant command requirements in areas such as intelligence and logistics support, though on a smaller scale than just a few months ago. For example, 70 additional Reservists are currently in the process of being mobilized.

Demobilization coordination and assis-

tance is being spearheaded by the PERS-44 Noble Eagle Sailor Advocacy (NESA) team. NESA is making every effort to ease the transition for Naval Reservists as they return to their civilian lives.

For mobilization and demobilization resources, including checklists, see [www.defenselink.mil/ra/mobil](http://www.defenselink.mil/ra/mobil). For rights and benefits when returning to civilian employment visit the Employer Support of the Guard and Reserve Web site [www.esgr.org](http://www.esgr.org).

—AK2 Martha Nunnery and YN2 Valerie Mace, COMNAVRESFORCOM Mobilization Center

## Reserve frigate USS CURTS supports CARAT

SINGAPORE—A U.S. Navy task group with an embarked U.S. Marine Air Ground Task Force (MAGTF) is conducting the annual Cooperation Afloat Readiness and Training (CARAT) in Southeast Asia.

CARAT is a regularly scheduled series of bilateral military training exercises conducted with countries of the Association of Southeast Asian Nation (ASEAN). CARAT is designed to enhance interoperability of the U.S. sea services, and those of friends and allies throughout the region, in a variety of mission areas.

Approximately 1,500 U.S. Sailors and Marines are taking part in CARAT 2003. During various phases of CARAT, which will include exercises with Thailand, Brunei, Singapore and Malaysia, training is scheduled in at-sea maneuvering and communications, command and control, diving and salvage, and amphibious operations.

The CARAT task group includes Naval Reserve Force guided missile frigate USS Curtts (FFG 38), guided missile cruiser USS Vincennes (CG 49), dock landing ship USS Harpers Ferry (LSD 49), rescue and salvage ship USS Safeguard (ARS 50) and the 400-strong MAGTF Landing Force.

RADM Jeff Cassias, Commander, Logistics Group Western Pacific, who operates from Singapore, is responsible for overall CARAT coordination in his executive agent role as Commander, Task Force 712.

CAPT Terry Bragg, a Naval Reservist (TAR) and commander of Destroyer Squadron One, embarked in Vincennes, leads the CARAT task group.

Bragg's staff is based in San Diego, as is Curtts. Operating from Japan as part of the U.S. 7th Fleet's Forward Deployed Naval Force (FDNF) are Vincennes, Harpers Ferry and Safeguard. Vincennes is forward-deployed to Yokosuka, and Harpers Ferry and Safeguard to Sasebo.

Sailors and Marines are taking time during each CARAT phase to participate in civil affairs, medical and/or community service projects.

For more about CARAT, go to [www.clwp.navy.mil/carat2003](http://www.clwp.navy.mil/carat2003).

—LT Chuck Bell, CARAT 2003 Public Affairs Officer



Photo by UT3 Ken Iwain

CENTRAL COMMAND OPERATING AREA—Load Master AD2/NAC Thomas Schneider of VR-54 checks the straps on his safety harness before conducting an inflight aerial delivery systems check. VR-54 and the other Reserve squadrons of Commander, Fleet Logistics Support Wing have flown numerous airlifts in support of Operation Iraqi Freedom.

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194  
Pensacola, FL



LEADERSHIP

COMMANDER'S VIEW



VADM John Totushek  
Commander,  
Naval Reserve Force

Dear Shipmates,  
Much has been written about leadership. Go to any book store or surf the Web, and you will be inundated with “how-to” books telling you the steps to effective leadership. The trouble is, many of them miss something very important. While effective leadership must always be focused on mission accomplishment, it must be built on a service and sacrifice interaction between the leader and those led. In other words, servant leadership.

To paraphrase Creighton Abrams, leadership is an affair of the heart.

Each of us is a leader in some respects, but have you ever thought about what makes an effective leader?

While we could come up with additional ideas (and you may want to make your own list), I believe effective leaders:

- Provide vision
- Develop people/leaders
- Take responsibility
- Establish values
- Focus on mission
- Communicate
- Build relationships
- Hold people accountable
- Evaluate ourselves and our followers

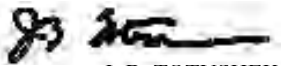
Leadership is not about telling people what to do, measuring results, rewarding “success” or punishing “failure.”

Leadership is about influencing people to work enthusiastically towards goals that everyone agrees are right for the organization. What kind of a leader are you?

Congratulations to the “Hunters” of VFA-201 for their many successes during Operation Iraqi Freedom. Most of all, congratulations for bringing all the squadron members home May 29. A class operation throughout the deployment, VFA-201 demonstrated servant leadership by making certain that the aircraft landed safely and the Sailors aboard had an opportunity to greet their families before flight crews arrived.

Congratulations also to our 2003 Reserve Sailors of the Year, many of whom are emerging as leaders across the Force.

We can all improve as leaders. Let’s communicate about it and take care of each other.



J. B. TOTUSHEK  
Vice Admiral, U.S. Naval Reserve

This Is Who We Are

- As members of the U.S. Naval Reserve Force, we are patriots serving our country, committed and dedicated to our nation’s defense.
- We bring our best military and civilian experience to the Navy-Marine Corps Team.
- We are role models in our communities.
- We build leaders.

Our identity as Naval Reservists within the Navy-Marine Corps Team defines and enhances our allegiance to the Navy Core Values of Honor, Courage and Commitment and to the Sailor’s Creed.

SECNAV says Reservists are a great asset to the Navy

LOS ANGELES—Acting Secretary of the Navy Hansford T. Johnson toured the Naval and Marine Corps Reserve Center (NAVMARCORSCEN) Los Angeles on May 17 as part of his seven-day tour of California and Hawaii. He addressed an audience of 600, including Reservists, Sea Cadets and dependents of mobilized personnel.

During his visit, Johnson spoke about the importance of Reservists. “Reservists will continue to play an important role in the future of the military. Every place I went during my trip to the (Arabian) Gulf, I saw Reservists. You can’t tell the difference between active duty and Reserves, except that the Reserves are a little older and more mature, and more experienced.

“You are a great asset to the Navy and the nation.”

Johnson, impressed with contributions Reservists have made to the defense of our country, also said, “I have a great respect for the Reserves. You bring in experience from the private sector that is very, very good for the Navy.”

After touring the center, Johnson met with dependents of mobilized members to answer their individual questions. He expressed his thanks for the sacrifice and support family members are showing deployed Reservists. “The President is very grateful for your sacrifice. The Secretary of Defense, the Chief of Naval Operations

and I are also most grateful. The need to take care of our families at home is the most difficult [challenge] for our Reservists.”

He also took a moment to visit with the Sea Cadets who train out of the Los Angeles center. “We are very proud of you. We hope that you gain valuable experience with your association with the Navy and the armed forces.” The Sea Cadets range from ages 13 to 18 years old.

Johnson chatted with a classroom of 52 Advance Pay Grade (APG) personnel currently attending Phase I and II of the Non-Prior Service Accession Course. “I am grateful that you have decided to join our naval forces. We have an outstanding group of men and women here. Our President is most grateful to all of you. We will be forever grateful that you are a part of our armed forces.”

When asked about the future of Reservists in the Navy, the Secretary responded, “The Navy Reserve is being looked at very carefully. We were using a small percent of our Navy Reserves in this conflict. We used a large—the largest percent—of our Marine Reserves. We want to make sure we have gainful jobs for everyone, active and Reserves, and that we have gainful training environment and opportunities. I admire each of you for making the decision to join the Reserves. I hope you, as I do, will continue to gain great pride and satisfaction, and honor by serving our country.”



After his speech, the Secretary was pleased to frock two NAVMARCORSCEN Sailors. “It was a once in a lifetime experience, being frocked by the Secretary of the Navy,” exclaimed DC1 Scott A. Zwar. Also promoted to petty officer first class was YN1 Joseph D. Wang. Both members gained advancement on the last exam cycle.

When asked what advice he could give to Reservists, Johnson emphasized the opportunities the Navy offers all its members. “All of us have many opportunities in life, and each time one comes along, we should meet that opportunity and gain from it.”

—JO2 Margaret A. Peng, Navy Marine Corps Reserve Center  
Los Angeles Public Affairs

SAILORS MATTER

Over the next few months, many of our Reserve Sailors will be returning home from active duty. While deployments are a way of life for active duty Sailors, Reservists may not be accustomed to long periods of time away from home.

When a service member returns home, it is generally a time of joy for Sailors and their families—but it may not be stress-free.

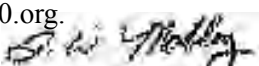
Each family member may react differently to a Sailor’s return. Children may require extra attention and may have the same concerns as adult family members. Spouses may have assumed additional responsibilities in the Sailor’s absence and want to keep the independence they have enjoyed. Sailors may need extra reassurance that they are still loved, needed and appreciated.

As Sailors return home, special attention must be paid to their needs. There are many resources available to assist families with “reunion stress.” In fleet concentration areas, Fleet and Family Support Centers can provide counseling in many areas. Our Sailors can also use family support centers of all branches of the military.

Another resource is the Lifelines Web site, which includes return and reunion information that Sailors and families can use. Lifelines can be accessed via [www.lifelines2000.org](http://www.lifelines2000.org).



FORCM(AW/NAC)  
Tom Mobley  
Force Master Chief



T. W. MOBLEY  
Force Master Chief  
U.S. Naval Reserve

LEADING CHANGE

Communication is a huge part of successful leadership. VADM John Totushek and other Executive Steering Committee (ESC) members meet face-to-face to deal with vital Naval Reserve Force (NRF) goals and issues, often resulting in exciting changes. ESC members use every opportunity to tell various audiences about how new initiatives are changing the entire culture of the NRF, but they need your help in communicating the message.

Here’s a challenge for you: Be an even more effective leader at your command by

learning more about new initiatives and communicating them to others. Help your shipmates understand about Task Force Excel, uniform changes, new SECNAV instructions on training, customer service initiatives, change rate updates, the Navy’s vector-5 model, critical NECs, demobilization policy, the AK/SK merger, enlisted career management objectives, NROWS [formerly NOWS], TRICARE and more. Visit Web sites <http://reserves.navy.mil> and [www.nko.navy.mil](http://www.nko.navy.mil).

Use every opportunity to share your insights concerning how the business of the NRF is transforming into a far more Reserve-friendly culture for Reservists and their families.

By making time to learn what’s new and communicating it to others, you will make a difference. Isn’t that what being a Reservist is about—making a difference?

If you take this challenge and have feedback, contact me at [jroberts@pjc.edu](mailto:jroberts@pjc.edu).  
—CAPT Jean Roberts, COMNAVRESFOR ESC PAO

the Naval Reservist

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Special thanks for significant contributions to the July issue go to Naval Reservists JO1 Guadalupe Saenz, Jr., of NR NIB 310 at NAS JRB Corpus, Christi, Texas; and JO2 Mike Miller of NR AOC Det Earle DAHT-7 at NAVRESCEN Avoca, Pa.  
The Naval Reservist (TNR, formerly Naval Reservist News) is an authorized publication for members of the Department of Defense (DoD). Contents are not necessarily the official views of, or endorsed by, the U.S. Government, DoD or the U.S. Navy.  
This monthly newspaper is prepared by the Public Affairs Office of Commander, Naval Reserve Force, located at NSA New Orleans.  
Contributors may send news and images to The Naval Reservist, COMNAVRESFOR (NOOP), 4400 Dauphine Street, New Orleans, LA 70146-5046.  
Materials may also be sent via e-mail to [nrnews@cnrf.navy.mil](mailto:nrnews@cnrf.navy.mil) or by fax to (504) 678-1925 or DSN 678-1925. Phone is (504) 678-6058 or DSN 678-6058.  
Submission deadline for stories is five weeks prior to month of publication—i.e., July 23 for consideration

in the September issue. The Naval Reservist seeks action photos each month of junior Reserve Sailors (color prints or high-resolution digital images) for current and future issues. Articles and pictures will not be returned.  
NEWS ONLINE  
• The Naval Reservist current and past issues can be accessed online at <http://reserves.navy.mil>.  
• Naval Reserve News Service [electronic wire service] can be accessed online at <http://reserves.navy.mil>.  
• Naval Reserve NewsStand, a Web site featuring Reserve news and photos, plus links to Navy Fleet pages, can be viewed at [www.news.navy.mil/local/nrf](http://www.news.navy.mil/local/nrf).  
CHANGES OF ADDRESS  
Selected Reservists with address changes need to provide updates to their database diary entry (via their unit commanding officer) to Full Time Support personnel at local Naval Reserve Activities. Other change-of-address requests should be accompanied by a mail label from The Naval Reservist.





# 2003

## NAVAL RESERVE SAILORS OF THE YEAR

### Echelon II, III and IV Commands

#### RESERVE SAILORS OF THE YEAR    (Selected Reservist)

\*\*\* 2003 NAVAL RESERVE SAILOR OF THE YEAR: ET1(SW) Mark M. Antoniazzi, FLTSUPTRA Det. 1208, Orlando, Fla., representing NAVRESREDCOM SOUTHEAST.

NAVRESREDCOM NORTHEAST  
EN1 Robert J. Wittenzellner, NAVMARCORESCEN Buffalo, N.Y.

NAVRESREDCOM MID-ATLANTIC  
ET1(SS) Allan R. Bollinger, NR SSC CHASN 506, Norfolk, Va.

NAVRESREDCOM SOUTH  
GM1(SEAL/AW/PJ) James C. Nicola, NAVMARCORESCEN Houston, Texas

NAVRESREDCOM MID-SOUTH  
SM1(SCW) Ronald D. Naville, NAVRESCEN Louisville, Ky.

NAVRESREDCOM MID-WEST  
EN1(SCW) Jeffery S. Brossia, NAVMARCORESCEN Perrysburg, Ohio

NAVRESREDCOM NORTH CENTRAL  
HT1 John K. Breckenridge, COMDESRON TWO, Denver, Colo.

NAVRESREDCOM SOUTHWEST  
IT1 Tresa Y. Toomer, NR CINCPACFLT 920, Alameda, Calif.

NAVRESREDCOM NORTHWEST  
IT1(SW/AW) Rene C. Sotolongo, NR NCTAMS PAC Det. H Silverdale, Wash.

NAS JRB FORT WORTH  
DC1 Michael L. Lake, NR CV Southwest 0470, Fort Worth, Texas

NAVSTA INGLESIDE  
MA1 Timothy P. Fite, NAVSTA Ingleside, Texas

NAS ATLANTA

MM1(SS) James D. Chambers, NR NAS Jacksonville 0167, Marietta, Ga.

NAS JRB NEW ORLEANS  
AS1 Dennis M. Morales, NR ABFC FMP MMF-H, New Orleans, La.

NAS JRB WILLOW GROVE  
AE1(AW) Robert A. Gordon, NR NAS Keflavik 0393, Willow Grove, Pa.

NAF WASHINGTON  
AT1(AW) Todd A. Daniels, NARCEN Chicago, Great Lakes, Ill.

NAR BRUNSWICK  
IT1(SS/DV) John K. Taylor, NAR Brunswick, Maine

NAR JACKSONVILLE  
AD1 Audra M. Hendrick, NAR Jacksonville, Fla.

NAR NORFOLK  
YN1(AW/SW) Robert A. Thomas, NR CV Augment 0186, Norfolk, Va.

NAR WHIDBEY ISLAND  
AME1 Corey V. Barnedt, NR VAQ-129 Unit, Oak Harbor, Wash.

NAR POINT MUGU  
ET1 Michael E. Piper, NR NMORA 1887, San Jose, Calif.

NAR SAN DIEGO  
SK1 Eduardo A. Adame, NAR San Diego, Calif.

COMRESPATWING  
PH1(AW) Bryan J. Burdick, VP-65, Point Mugu, Calif.

CARAIRWINGRES 20  
AM1(AW) Fidel DeJesus, VAQ-209, Andrews AFB, Md.

COMFLELOGSUPPWING  
AZ1(AW) Peter J. Zuzchik, VR-56, Norfolk, Va.

COMHELWINGRES  
AW1(AW/NAC) Wayne E. Light, HSL-60, Mayport, Fla.

NAVRESFLTHOSP  
HM1 Martin R. Butler, NAVRESFLTHOSP Det. 5, Columbus, Ohio

NAVRESFLTHOSP  
MA2 Kelly Cruz, NAVRESFLTHOSP, Fort Dix, N.J.

COMNAVSURFLANT  
HM1(FMF/AW) Robert A. Sylvester, MIUWU Unit 202, Newport, R.I.

COMMARFORRES

HM2(FMF) John G. Linacre, Jr., 25th Marines Regiment, Worcester, Mass.

COMNAVRESINTELCOM  
IS1(SW) Steven L. Sheldon, NR ITVU 0206, Norfolk, Va.

COMNAVELSF  
BM1(SS) Clark S. Linder, NCHB Nine, Columbus, Ohio.

NAVRESECGRU  
CTI1 Raul Mejorado, NAVRESECGRU, Dublin, Calif.

1<sup>st</sup> NAVAL CONSTRUCTION BRIGADE  
SK1(SCW)Scott J. Splitgerber, NMCB 25, Fort McCoy, Wis.

NAVAL RESERVE SPACE PROGRAM  
CTO1 Brian K. Woode, NR NAVNET SPACOM, Andrews AFB, Md.

#### SHORE SAILORS OF THE YEAR    (Full Time Support, TAR or USN)

\*\*\* 2003 NAVAL RESERVE SHORE SAILOR OF THE YEAR: PN1(AW) Rona B. Keenan, VP-64 Willow Grove, Pa., representing COMRESPATWING.

NAVRESREDCOM NORTHEAST  
PN1(AW) Charles F. Jacobs, NAVRESCEN Syracuse, N.Y.

NAVRESREDCOM MID-ATLANTIC  
YN1(AW) Charles L. Miller, NAVMARCORESCEN Harrisburg, Pa.

NAVRESREDCOM SOUTH  
HM1 Klya M. Oberly, NAVRESCEN New Orleans, La.

NAVRESREDCOM SOUTHEAST  
PN1 Kenneth C. Holifield, NAVRESCEN Asheville, N.C.

NAVRESREDCOM MID-SOUTH  
YN1(AW) Billy R. Johnson, REDCOM Mid-South, Millington, Tenn.

NAVRESREDCOM MIDWEST  
EN1(SW) Jerome Buckner, NAVRESCEN La Crosse, Wis.

NAVRESREDCOM NORTH CENTRAL  
DC1(SW) Thomas G. Wilson, NAVRESCEN Kansas City, Mo.

NAVRESREDCOM SOUTHWEST  
YN1(AW) Yesenia R. LaRoche, REDCOM Southwest, San Diego, Calif.

NAVRESREDCOM NORTHWEST  
YN1(AW) David L. Neet, NAVRESCEN Silverdale, Wash.

NAS JRB FORT WORTH  
AO1(AW) Steven F. Sharlow, NAS JRB Fort Worth, Texas

NAS ATLANTA  
PR1(AW) Clinton L. Beach, NAS Atlanta, Ga.

NAS JRB NEW ORLEANS  
HM1(FMF) Robert Y. Barragan, NAS JRB New Orleans, La.

NAS JRB WILLOW GROVE  
AZ1(AW) Anthony E. Duncan, NAS JRB Willow Grove, Pa.

NAF WASHINGTON  
AE1(AW) Patrick J. Grisolia, NARCEN Chicago, Great Lakes, Ill.

NAR BRUNSWICK  
SK1(SW/AW) Renee A. Reed, NAR Brunswick, Maine

NAR JACKSONVILLE  
AM1(AW) Raymond L. Jeter, NAR Jacksonville, Fla.

NAR NORFOLK  
AT1(AW/NAC/MTS) Michael C. Flaherty, NAR Norfolk, Va.

NAR WHIDBEY ISLAND  
AE1(AW) Danny O. Teague, NAR Whidbey Island, Oak Harbor, Wash.

NAR POINT MUGU  
AZ1(AW) Jill S. Stack, NAR Point Mugu, Calif.

NAR SAN DIEGO  
AZ1(AW) Jeffrey L. Barnhart, NAR San Diego, San Diego, Calif.

COMHELWINGRES  
AT1(AW) Phillip E. Gibbins, HSC-5, San Diego, Calif.

CARAIRWINGRES 20  
PR1(AW) Kelly M. Revis, VFC-12, Oceana, Va.

COMFLELOGSUPPWING  
AT1(AW) Steven C. Sanford, VR-53, Andrews AFB, Md.

NAVAIRLOGOFF  
AZ1 Lisa M. Doyon, NAVAIRLOGOFF, New Orleans, La.

COMNAVRESINTELCOM  
YN1(AW) Karen M. Loranger, NAVRESINTELCOM, Fort Worth, Texas

COMNAVRESFOR  
YN1 Alisha D. Marshall, COMNAVRESFOR, New Orleans, La.

COMNAVAIRES  
AZ1(AW) Eric R. Jenkins, COMNAVAIRES, New Orleans, La.

COMNAVRESFORCOM  
YN1 Jacquelyn E. Andrews-Carter, COMNAVRESFORCOM, New Orleans, La.

NAVRESCUITCOM  
NC1 Jeffrey J. Garrett, NAVRESCUITCOM, New Orleans, La.

NAVRESPRODEVEN  
SK1(SW) Donna A. Davis, NAVRESPRODEVEN, New Orleans, La.

NAVRESSECGRU  
CTA1 Anthony B. Iadevaia, NAVRESSECGRU, Fort Dix, N.J.

COMNAVELSF  
YN1(AW) Cynthia E. Carper, COMNAVELSF, Williamsburg, Va.

COMMARFORRES  
HM1 Sharon D. Francis, COMMARFORRES, New Orleans, La.

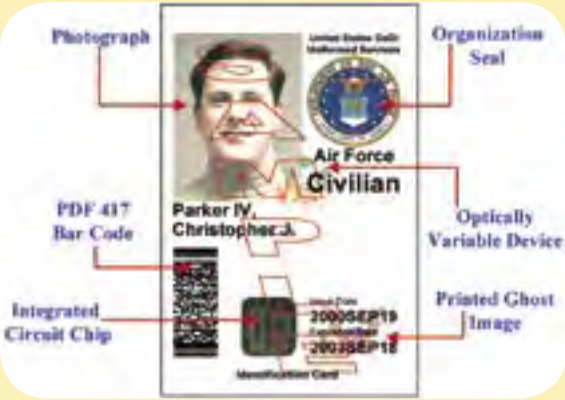
Note: In addition to the Sailors in Reserve commands listed above, Full Time Support Sailors assigned to active Navy commands may have also earned the distinction of being named Sailor of the Year for those commands. The Naval Reservist welcomes news of these successes.

Thanks to PNC Lynn Harcarik and YN2(AW) Jim Matthews of the COMNAVRESFOR Force Master Chief’s Office for compiling the 2003 Sailor of the Year information for this issue of The Naval Reservist.



# ✓ Summer Checklist

## ❑ Get your Common Access Card before Oct. 1



The computer chip is updatable with name, gender, benefits and privileges information, blood type and organ donor information (military only), digital certificates and other application-specific data.



The magnetic stripe, also updatable, contains primarily security access information.

Bar codes contain name, SSN, DOB, personnel category, pay category, benefits information, organizational affiliation and pay grade. All information on the CAC meets or exceeds protection requirements of privacy laws.

If you have not yet traded in your old military ID card for the Common Access Card (CAC), do not put it off any longer. The DoD deadline for all drilling Reservists in pay billets to get the new card is Oct. 1, 2003.

This new ID card is key to a successful transition to the Navy-Marine Corps Intranet (NMCI) and meeting new security requirements. Due to more stringent DoD security measures and the NMCI transition, not having a CAC could have many negative implications.

Without a CAC, you will not be able to log on to NMCI computers or access DoD private Web sites such as the Naval Reserve Order Writing System (NROWS, formerly NOWS), BUPERS online, MyPay or DoD e-mail.

There will be no change for uniform services family members, who will continue to be issued DD Form 1173 or DD Form 1173-1. However, DD Form 2765 will continue to be issued to all eligible personnel.

Your local Naval Reserve Activity is the prime source for help in getting a CAC. For other CAC issuance sites, check the RAPIDS Site Locator, [www.dmdc.osd.mil/rsl](http://www.dmdc.osd.mil/rsl), which allows individuals to search by city, state, zip code, base or installation name.

### What you need to obtain a card

To get the new CAC issued, Reservists need to provide the following items:

- Photo ID card
- When possible, a government e-mail address. Personal e-mails (such as AOL, Yahoo, etc.) will not be accepted. Reservists are urged to see a local Reserve Center system administrator who can assist in getting them a government e-mail address.
- A six-to-eight-digit number to use as a personal identification number (PIN). The number should not be a number derived from something readily known about you, such as part of your SSN, birthday, anniversary date, telephone number or address.

Prior to accepting the CAC, each Reservist must ensure that the identity certificate, e-mail signing certificate and encryption certificate are properly stored on the card. CAC recipients must also safeguard and remember their CAC personal identification numbers.

—JO1 Guadalupe Saenz, Jr., Commander Naval Reserve Force Public Affairs

## ❑ Use split disbursement on your travel claims

Reservists who incur authorized expenses while on active duty orders must use the Government Travel Charge Card (GTCC). Split disbursement is no longer optional. It is now mandatory on all travel claims.

Travelers use split disbursement to specify that an amount of their travel claim reimbursement be paid directly to the card-issuing bank, currently Bank of America. Split disbursement is a convenient way to make payments for travel card charges and helps reduce delinquencies.

The National Defense Authorization Act for fiscal year 2003 (Public Law 107-314) permits the Department of Defense (DoD) to make split disbursement mandatory.

The Under Secretary of Defense (Comptroller) has announced the immediate implementation of mandatory split disbursement for military personnel. Individual travelers are responsible for designating an amount equal to charges on the GTCC to be sent to the card-issuing bank.

Cardholders can verify their account balance and the amount to designate for split disbursement by dialing the customer service telephone number printed on the back of the GTCC.

Cardholders may also access their account information online using the card contractor's system. Cardholders who do not already have online access to their accounts may request it through their activity agency program coordinator (APC).

—SKC(AW) Brian Dingess, COMNAVRESFOR GTCC Level III APC

## ❑ Use Direct Deposit

Under Federal law, Electronic Funds Transfer (EFT) is mandatory for all recipients of Federal pay, including drilling Reservists.

Any Reservist not being paid via Electronic Funds Transfer (EFT), or "direct deposit" as it is often called, needs to contact his or her Naval Reserve Activity support staff immediately and get enrolled.

To get EFT, a Reservist needs to have a checking or savings account.

Naval Reserve Activities commanding officers may authorize a 30-day delay to allow new Reservists to establish an account and provide checking or savings numbers and routing numbers needed for EFT.

—JO2 Mike Miller, Commander Naval Reserve Force Public Affairs

## ❑ Update your NMCI e-mail addresses for Navy and Naval Reserve contacts

Navy and Naval Reserve commands will be making the transition to the Navy-Marine Corps Intranet (NMCI) during 2003.

Many military e-mail addresses will be changing as each command acquires the NMCI connection.

Most NMCI addresses will look something like this: `firstname`

`.lastname@navy.mil`.

For example, The Naval Reservist editor's e-mail address is `patricia.antenucci@navy.mil`.

The new e-mail address for submitting stories and photos to this newspaper will be `thenavalreservist@navy.mil`.

Note: Until the change, please continue to send materials to `nrnnews@cnrf.navy.mil`.

# Overseas voters may cast ballots online for next year's elections

WASHINGTON— A DoD voting experiment in the 2000 U.S. presidential elections that allowed military and other overseas voters to cast their ballots through the Internet will be expanded in 2004.

Beginning this fall, the Federal Voting Assistance Program hopes to get as many as 100,000 military personnel—stateside and overseas—their eligible dependents and U.S. citizens living outside the United States to take part in the Secure Electronic Registration and Voting Experiment, said Polli Brunelli, program director.

SERVE covers only those U.S. citizens who fall under the Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA).

Mandated by Congress, eligible voters from participating states will be able to register and vote electronically via any Windows-based personal computer with Internet access from anywhere in world, Brunelli said.

In the 2000 experiment, 84 citizens located in 21 states and 11 countries voted in jurisdictions in South Carolina, Texas, Florida and Utah, proving the theory

that online voting could work for voters wherever they lived, Brunelli said.

"Now we are conducting another electronic voting project. Congress wants it to be large enough to be statistically relevant. This will allow us to make supportable recommendations to Congress on the future of Internet voting for UOCAVA citizens," she said.

Brunelli noted that 10 states are interested in participating in the 2004 SERVE project: Arkansas, Florida, Hawaii, Minnesota, North Carolina, South Carolina, Utah, Ohio, Pennsylvania and Washington.

"We're looking for volunteer voters to participate in the project," she explained, "and we have a Web site where interested voters can see if their voting jurisdiction is participating in the project."

"Beginning later this year, the voter can sign up, then register and be able to vote in the 2004 elections."

Local and state election officials will use the SERVE system to receive voter registration applications, provide ballots to voters and accept voted bal-

lots.

Brunelli said security during the registration and ballot process is a primary concern. SERVE will use digital signatures for registration and ballot encryption as part of the security features.

"People are concerned about Internet security. We've looked at threats that could happen to this type of system, and we've developed mitigating measures to guard against those threats," she said.

Brunelli said that not every county in states participating in the experiment will be part of SERVE. She said voters can find a list of participating jurisdictions at the SERVE Web site.

Those counties that do participate will include the full ballot for that election—local, state and federal.

The experiment's official Web site can be found at [www.serveusa.gov](http://www.serveusa.gov).

For more information on SERVE or the Federal Voting Assistance Program, go to [www.fvap.gov](http://www.fvap.gov).

—Sgt. 1st Class Doug Sample, American Forces Press Service

# FAMILY FOCUS



Yonna Diggs  
Naval Reserve Force  
Ombudsman-At-Large

Welcome aboard to all new Naval Reserve ombudsmen. You are part of a team of dedicated men and women across the country who are helping the Force take care of its families. As a newly appointed ombudsman, your command will provide upon your appointment:

- Letter of Appoint-

ment: A letter of appointment signifies that you are a duly appointed official of the Navy. It allows you access to Navy Official Privacy Act Information needed when assisting families. This letter is signed by the Naval Reserve Activity commanding officer who selects an ombudsman.

- Point of Contact: A commanding officer will assign someone in the command to work with you in dealing with day-to-day matters that concern families.

This person may be the command master chief, executive officer or other designated person in the command.

- Ombudsman Pin: Upon selection, the command will provide you an ombudsman pin. This pin is to be worn anytime you are performing your duties in an official capacity.

- Ombudsman Basic Training: All ombudsmen are required to take the Ombudsman Basic Training Course.

Reserve ombudsmen are urged to take Reserve specific training that teaches them how to deal with challenges that Reserve families may encounter. These classes are taught at

various locations around the country.

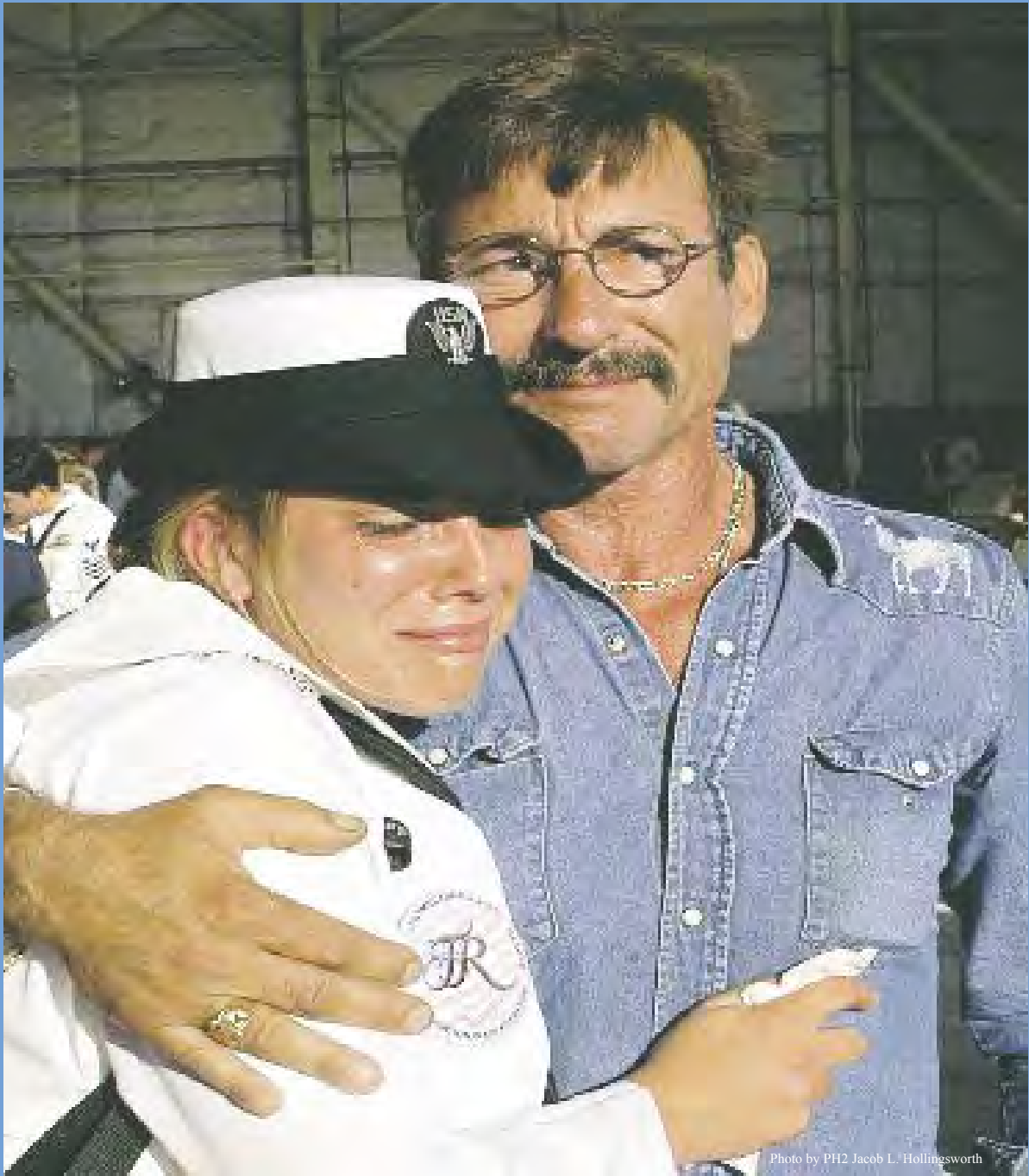
If you have not had training, I look forward to seeing you soon in upcoming classes.

Visit Reserve Ombudsman Online at [www.lifelines2000.org](http://www.lifelines2000.org). Click on "My Community" Gathering Places and select "Naval Reserve Ombudsman."

If you need additional assistance about the Naval Reserve Ombudsman Program, contact me via toll-free phone 1-800-675-5728 or e-mail [Yonna.Diggs@cnet.navy.mil](mailto:Yonna.Diggs@cnet.navy.mil).



# WELCOME HOME



REUNION—AT3 Samira Tschuor from Carlsbad, N.M., is welcomed home by her father after returning from a four-month deployment aboard USS Theodore Roosevelt (CVN 71). AT3 Tschuor is assigned to the “Hunters” of Strike Fighter Squadron Two Zero One (VFA-201), homeported at NAS JRB Fort Worth, Texas. VFA-201 conducted combat missions in support of Operation Iraqi Freedom.



RESERVISTS RETURN—Sailors of Strike Fighter Squadron Two Zero One (VFA-201) return home on May 29 to NAS JRB Fort Worth, Texas, after deployment aboard USS Theodore Roosevelt (CVN 71) in support of Carrier Air Wing Eight (CVW-8). VFA-201 earned a “Battle E” during the deployment in which they participated in Operation Iraqi Freedom.



MEET THE FAMILY—CDR William Fitzpatrick embraces his family upon returning from deployment aboard USS Theodore Roosevelt (CVN 71). Fitzpatrick is assigned to the “Hunters” of Strike Fighter Squadron Two Zero One (VFA-201) based at NAS JRB Fort Worth, Texas.



DADDY’S HOME—Harbor Defense Command Unit 206 Assistant Plans Officer, LCDR Frank Conway greets his wife and daughters upon returning home to Jacksonville, Fla., after being mobilized with his unit for over two months.



# Reservists train worldwide

Naval Reservists are participating in exercises around the globe this summer, supporting the Fleet and strengthening their own skills to serve as force multipliers when needed in future real-world operations.

Since May, Reservists have deployed to train with U.S. Navy and other military forces in exercises Operation Dog Fish, Naples, Italy; Northern Edge, Alaska; Trident Arch, Guam; Arabian Gauntlet, Bahrain; Colt, Hawaii; Neon Falcon, Bahrain; RSO & Foal Eagle, Hawaii/Korea; Blue Game, Norway; Tandem Thrust, Australia; Cobra Gold, SW Asia; Distant Thunder, Naples, Italy; JLOTS/Turbo Cards, Korea; CARAT, SW Asia, and more.

Beginning in August, more Reservists will deploy for Dynamic Mix, Naples, Italy; ULCHI Focus Lens, Korea; Bright Star, Bahrain and Egypt; Destine Glory, Italy; Trident Arch, Guam, Annual Ex, Japan; and Agile Response, Germany.

Note: See page 8 for tips on how Reservists can go online to view future opportunities for training and fleet support.

DT2 Nancy Kroeker prepares a patient from a village near Ban Nong Kok School, Prachuap Khiri Khan Province, Kingdom of Thailand, for tooth extraction by dentist CDR Roger Hollister (not in photo). Reservists Kroeker and Hollister, from NAVRESCEN Oklahoma City, NDCL 311, Det. A, participated in the Medical Civic Assistance Program (MEDCAP) as part of Combined Task Force Cobra Gold 2003.



Photo by LCDR Eric Monostori



FRIENDS IN THAILAND—Children from Wat Chang Kham School, Chantaburi Province, are all smiles. The U.S. Navy Medical Civic Assistance Team supporting Combined Task Force Cobra Gold 2003, Kingdom of Thailand.

## Dallas Reservists train during Operation Vigilant Echo

MINERAL WELLS, Texas—More than 40 members of Fleet Hospital Dallas Det. 19 participated in Operation Vigilant Echo 2003.

The joint-force, multi-national field training exercise was designed to provide Naval Reserve medical personnel with practical training for deployment in support of combat operations. Fleet Hospital personnel received training in helicopter medical evacuation, emergency triage, land navigation, survival, chemical and biological decontamination procedures and field safety.—ENS Shane Linkous, NR NIB 111



Photo by ENS Shane Linkous

MINERAL WELLS, Texas—U.S. Naval Reservists of Naval Reserve Fleet Hospital Dallas Det. 19 rush a simulated casualty onto a waiting helicopter during Operation Vigilant Echo 2003, a weekend training exercise. Participating and observing is Staff Sergeant Mark Lye (left), of the Republic of Singapore Air Force.

# Reserve Sailors



SHARP WEDGE—BU2 Steve Jonas (left) and SWC Mark Douglas of Naval Mobile Construction Battalion 23, during exercise Sharp Wedge 2003. The annual exercise is designed to maintain military readiness, while performing construction tasks.





Photo by LCDR Eric Monostori

after getting health checkups from the Fleet Hospital Dallas Medical Civic Assistance Program

## Oklahoma Reservists deploy to Thailand for **Cobra Gold 2003**



Cobra Gold 2003 is a regularly-scheduled joint/combined exercise. This is the latest in a continuing series of U.S.–Thai military exercises designed to ensure regional peace and strengthen the ability of the Royal Thai Armed Forces to defend Thailand or respond to regional contingencies.

# ers on the move



Photo by JO1 Brigitte Barnes

ion Battalion (NMCB) 23 man the Charlie Command Post fighting position  
test military and construction skills of Reserve Naval Mobile Construction  
n taskings for the 1st Naval Construction Brigade.

## Seabees train for Sharp Wedge

FORT BELVOIR, Va. (NNS)—During Sharp Wedge 2003, Naval Mobile Construction Battalion (NMCB) 23 Sailors learned what it would be like to be at war. Despite 16 days of rain and freezing weather at Camp Lejeune, N.C., the Seabees conquered both ferocious weather and their enemy. The tactical field exercise was designed to test Seabees’ military and construction skills, and to strengthen their operational capability to support the Marine Corps in a contingency environment.

As part of the combat training exercise, Marines from II Marine Expeditionary Force at Camp Lejeune, with instructors from the 20th Seabee Readiness Group (SRGLANT), Atlantic, from Gulfport, Miss., regularly attacked the camp to test Seabees’ ability to defend their positions.

More than 800 Reservists participated in the 14-day exercise in late March, including 360 Reserve Seabees from NMCB-14 out of Jacksonville, Fla., and Reservists of the 3rd Naval Construction Regiment, Atlanta, Ga.—JO1 Brigitte A. Barnes, NMCB-23 Public Affairs



Photo by JOC Kevin Elliot

Reservists with NMCB-23’s reactionary team defend the line against an aggressive force during riot control training at NMCB-23’s camp during Exercise Sharp Wedge 2003.



TRAINING

# Force integrates Reserve site with active NKO site

To help Reservists gain quick access to Navy information, Commander Naval Reserve Forces Command will move all Reserve online services found at the Naval Reserve Knowledge Online portal (NRKO), <https://nrko.reserve.navy.mil>, to the Navy Knowledge Online (NKO) portal, [www.nko.navy.mil](http://www.nko.navy.mil), by October 2003.

One centralized “portal,” or Web site, will provide access to important links for both Naval Reserve and active-duty personnel. Portals selected for initial transitions to NKO include the Naval Reserve Order Writing System (NROWS, formerly known as NOWS), Navy and Marine Corps Intranet (NMCI), Knowledge Management (KM), Reserve Liaison Officer (RLO) and Mobilization. Together, these will help Reservists to manage their careers online.

To access NKO, log on to [www.nko.navy.mil](http://www.nko.navy.mil) and click on the “I’m a New User” button. From there, you will be asked to provide personal information that will be validated against DEERS (Defense Enrollment Eligibility Reporting System) to ensure user privacy and authorization.

Core services of NKO are accessed through the tool bar located on the left of the screen. In addition to buttons for Learning Centers, Training Support Centers, Naval Missions and Communities, an icon has been added for the Naval Reserve. Under this heading, Knowledge Centers such as NROWS, KM, RLO, NMCI and MOB can be accessed.

“A certain degree of Internet literacy and access are now essential in the Naval Reserve. Not having Internet access today is like not having a telephone in 1970,” said LTJG Ken Shade, COMNAVRESFOR Assistant Public Affairs Officer. When asked if he thought new Naval Reserve affiliates should be counseled in the importance of Internet literacy, Shade said “Yes, and it’s not just about the Naval Reserve. This is the main way information is exchanged in any business—in the military as well.”

Commander, Naval Reserve Forces Command point of contact for the NRKO-to-NKO initiative is LCDR D. Drake, [draked@cnrf.navy.mil](mailto:draked@cnrf.navy.mil), 504-678-6090.—JO2 Mike Miller, Commander Naval Reserve Force Public Affairs



This NKO portal displays important career information and pinpoints training objectives needed for advancement. Visit Web site [www.nko.navy.mil](http://www.nko.navy.mil) frequently and keep up with evolving Navy training—now accessible to every Reserve and active-duty Sailor.

Quick Tip

## How To Find Reserve Opportunities Online

- Here are steps to locate ADSW, PRC, AT and ADT opportunities for Reservists on our new Web site:
- Go to: <https://reserves.navy.mil> and log on to the secure Web site.
  - Find “Log In” in upper right corner of the screen, and enter your Social Security Number, name and date of birth. You will be routed to the secure Commander Naval Reserve Force Web page.
  - In the “Command Centers” block, click on “Commander Naval Reserve Forces Command.”
  - The next Web page is the Commander

- Naval Reserve Forces Command home page. Click on “Training/Ops” icon at the top of the page.
- Directly beneath the “Training/Ops” icon, in the dark blue section, click on the “Opportunities” button.
  - You will then see the Commander Naval Reserve Forces Command Opportunities page, where you may review any current AT, ADT, ADSW, PRC or 3 Year Recall Opportunities listed.
- LCDR Kevin P. Boyle, COMNAVRESFORCOM Recall Support (N32)



Photo by PHC Chris Desmond

TRAINING—Reservists practice Search and Rescue techniques during a coxswain’s course of Global Maritime and Transportation School (GMATS) at the Merchant Marine Academy, Kings Point, N.Y. Participants included BMs and QMs who had taken respective rate training courses at GMATS and desired further practical training.

OPPORTUNITIES

**Exercise Bright Star**

Naval Reservists are needed to support the joint/combined training exercise Bright Star 03/04 from Sept. 27 to Oct. 21 in the U.S. Central Command area of operation. All ranks and designators are needed.

Annual Training is preferred, and a limited amount of ADT/ADSW funding is available through COMUSNAVCENT.

U.S. Central Command components will participate with forces from Germany, Greece, Italy, Jordan, Spain, the United Arab Emirates and the United Kingdom.

For information, visit [www.rlo.bahrain.navy.mil/pages/bsopp.htm](http://www.rlo.bahrain.navy.mil/pages/bsopp.htm). Point of Contact is SKCM Spann, e-mail [bs04@cusnc.navy.mil](mailto:bs04@cusnc.navy.mil).

**NAS Whiting Field Support**

Reservists on Annual Training are needed to support Naval Air Station Whiting Field’s 60th Anniversary Celebration, Sept. 6. NAS Whiting Field has ongoing needs for Naval Reservists with backgrounds in law enforcement, security, 9545 NEC and Master-at-Arms.

Interested Reservists can email BMC Meadows at [Timothy.Meadors@cnet.navy.mil](mailto:Timothy.Meadors@cnet.navy.mil) for details.

**JAG Corps Conference**

The JAG Corps Conference is scheduled for Sept. 16-19, 2003, at the Maritime Institute of Technology and Graduate Studies, near Baltimore, Md.

This is an important training opportunity for active and Reserve judge advocates and selected legalmen.

The conference will provide attendees with the opportunity to discuss lessons learned from Operations Iraqi Freedom and Enduring Freedom, as well as extensive fleet and Naval Justice School-developed training.

Subjects including naval leadership, operational law, homeland security, Sea Power 21, Task Force Excel, environmental law, military justice, ethics and more will be discussed. The CNO and Navy General Counsel have agreed to speak, and the Attorney General has also been invited to speak. Commands can support this conference by facilitating the attendance and funding of your command and Staff Judge Advocates.

Questions about conference specifics can be addressed to CAPT James B. Norman at (202) 685-5538 or DSN 325-5538, e-mail [normanjg@jag.navy.mil](mailto:normanjg@jag.navy.mil). Additional information can be found at Web site [www.jag.navy.mil](http://www.jag.navy.mil).

**POW/MIA Poster Available Online**

A poster commemorating POW/MIA Recognition Day (which will be observed Sept. 19) was unveiled during the convening of the National League of Families of American Prisoners and Missing in Southeast Asia in Washington, D.C., June 26. Copies of this year’s poster are being sent out to all DoD military units around the world, as well as to veterans organizations, POW/MIA family organizations and to Veterans Affairs hospitals and service centers.

The poster and POW/MIA information is available online at [www.dtic.mil/dpmo](http://www.dtic.mil/dpmo) or by writing to DPMO, 2400 Defense Pentagon, Washington, D.C. 20301-2400.



Naval Reservists can download this year’s POW/MIA poster and related information from Web site [www.dtic.mil/dpmo](http://www.dtic.mil/dpmo).

TRAVEL

Q&A

**Q:** I put my order request into NOWS and got my final approved orders back in about three days, but I didn’t get an itinerary for air travel for almost a week. Why?

**A:** SATO is tasked with providing 24-hour turn-around time for travel requests. SATO has a limited number of personnel to handle these requests, and when volume exceeds workload capability, a backlog develops.

SATO has various strategies set up to limit these periods, but I anticipate that they will continue to occur. SATO receives 300 to 400 travel requests during a typical

day. Near the end of a fiscal year, SATO receives up to 1,500 travel requests in a day.

If your travel arrangements have been in SATO for more than a few days, it may be due to this backlog.

If you are traveling within two weeks and you have not received an itinerary, but you do have approved orders, contact N33 via e-mail or call our toll-free number and we will assist you. COMNAVRESFORCOM N33 Travel Specialists can be reached at 1-877-583-8671.

If you are not traveling for a few months, please be patient. SATO will get your itinerary to you as soon as possible.

Thanks for your help.

**SARS Travel Information**

Visit the State Department’s travel warning Web site at <http://Travel.state.gov> for up-to-date travel warnings prior to embarking on any overseas travel.

**Questions, Ideas Wanted**

Please e-mail me your comments, suggestions or questions: [cnrf33@cnrf.navy.mil](mailto:cnrf33@cnrf.navy.mil).

—CDR Bill Tower, Director, Force Travel





You will stay connected.



When you join the Naval Reserve on a part-time basis, you can remain connected to everything you hold important in your life. Our ranks are filled with proud individuals securing better futures by structuring their lives around family, duty, career and country. To find out more about the many rewards, benefits and options available to you, give us a call or visit our website.

[www.navalreserve.com](http://www.navalreserve.com)  
1-800-USA-USNR

**NAVAL  
RESERVE**  
STAY STRONG

# Recruiting profiles Reservists featured in new ad campaign

Eighteen Reservists have been selected for Naval Reserve Recruiting ads featured in publications across the nation this year and next. Beginning this fall, each of these 18 Reservists will also have a profile online. Here is the profile of YNSN Marta Dodd, featured above:

YNSN Marta Dodd

Civilian occupations: Business owner (office cleaning services); Full-time student (online), University of Phoenix; part-time parking lot attendant and detailer.

Reserve Center: NAVRESCEN Tacoma, Wash.

Unit: NR CINCPAC Det. 322

How long have you been in the Reserve? Since Oct. 30, 2001

Lives: In Washington State

Why did you put a package in to be in the ad campaign? I just love the Naval Reserve. Since I have a Web site that helps people who come into the military as I have (non-prior service), I just love to help others. I also wanted others to know that it is possible to be a single mom and still be able

to serve my country like I have.

What did you think when you were picked? I was so excited to represent the Naval Reserve. I wanted people to know that as a single mom in the U.S. Naval Reserve, it was possible to be able to balance family responsibilities along with pursuing a career in the Navy along with all the other stuff that I do.

How was the photo experience? It was a ton of fun. My children enjoyed it as much as I did. It's not every day we get treated like stars and it was definitely a great feeling.

Why did you join the Naval Reserve? I joined the Naval Reserve to serve my country after 9/11. I wanted to do more than wave a flag, but I also felt the obligation to take care of my family. When I found out I could have both I vowed to give both a 100%. Also, since I was a product of the Vietnam war, I believed this was my opportunity to give back to those who died for our country.

What has been your experience as a Reservist? Highlights? Deployments? I have spent 179 days on an ADSW at my Reserve center. I did many different tasks, working with

admin, training, medical and working with the commanding officer. Since my ADSW I have done a two- week annual training at Great Lakes, for NPSAC. I also did another two weeks in New York City, providing post-Fleet Week admin support.

What is the best thing about being a Reservist? The best part of being a Reservist is being able to tell others about my life and how I've gotten to where I am. It's great to tell people that I work three jobs, take care of three Web sites, go to school fulltime and still manage to raise two wonderful children on my own. The best part is encouraging others that they can do the same too. I believe that I am a walking testament of what you can make out of yourself if given the opportunity.

What do your family/friends think about you being in an ad campaign? My parents support my career in the Naval Reserve. They have helped make me successful and have contributed to the wonderful support system that I have.



OUR FORCE

FEEDBACK

Here is a sampling of feedback to The Naval Reservist (TNR). We welcome ideas and suggestions for making your paper even more valuable. Thanks.—P.S.A.

I find your newspaper very informative and useful. I was wondering how I could go about finding more medals (requirements, and how to get them. once qualified). I am a non-prior service member and don't know where to look for that information.—SK3 A.D.

You can view online the U.S. Navy Uniform Regulations, Chapter 5, "Identification Badges/Awards/Insignia," at [www.persnet.navy.mil](http://www.persnet.navy.mil). Click on "Instructions" [from the list on the left], then scroll down to "Uniform Regulations." Reservists can also check out a CD with Navy regs from local Reserve centers.—P.S.A.

I read the RMP article [May 03 issue, p.1] and went to the site as directed to discover there is no tab for "Logistics and Finance" at the top of the screen. Further, I could not find any link for "Finance/Accounting." Please e-mail me the correct site. Thanks for the assist.—CAPT C. R.

Thanks for your feedback. Quickest access is via the Force's private site: <https://reserves.navy.mil>. After you log in, the screen should show tabs for "Finance," etc.

Good news: Reservists can also log on to the public site — <http://reserves.navy.mil> — then log in from the upper right hand corner of the screen to the private site. Hope this helps you and others succeed.

When the TNR May issue was going to press, old Web sites and pages were in the process of shutting down and new ones were beginning to emerge online.

We thank readers for their patience, especially in this time of transition as our Force continues to build new Web pages to provide better customer service.—P.S.A.



Photo by CDR Andy Lennon

SUBMARINE OPS—Peruvian Navy submarine B.A.P. Angamos (SS 31) participated with U.S. forces in TACDEVEX 19-03, an Atlantic Coast open ocean anti-submarine warfare exercise. Working aboard Angamos, Naval Reserve CDR Andy Lennon served as the U.S. Navy representative. Using his previous experience as an active-duty Navy submarine officer, he was responsible for collecting data and ensuring that the sub followed U.S. rules for safe navigation and water space management.

# Would you like to see your photos in The Naval Reservist?

Photographs are needed for The Naval Reservist. Tell your unit's story to the entire Naval Reserve Force.

Send high-resolution photos [shot or scanned at 300 dpi or higher] with your captions and Visual Identification Record Identification Numbers (VIRINs) to [thenavyreservist@navy.mil](mailto:thenavyreservist@navy.mil).

Oh, you don't have digital photos? Send your color glossy prints to The Naval Reservist, COMNAVRESFOR PAO (NOOP), 4400 Dauphine St., New Orleans, LA 70146-5046.

If you are still trying to figure out why the Navy uses VIRINs, think about having hundreds of photos from many different photographers—and a system for tracking that information.

VIRINs are an easy way for Navy photographers to track their work throughout the year or even their career. Now is the time to start tracking your photographs, slides and digital pictures. If you are still looking for the Web site telling you how to create VIRINs, go to [www.mediacen.navy.mil/vi/virin.htm](http://www.mediacen.navy.mil/vi/virin.htm).

Now is the time for action. Get out there and tell the Reserve story. Be sure your caption information tells the story: who, what, when, where, why—and how it adds value to the Navy. Take those pictures, collect those captions and submit your work to The Naval Reservist.—LTJG Ken Shade, COMNAVRESFOR Assistant Public Affairs Officer

## What we are looking for when selecting photos:

IMAGES THAT TELL A STORY of Naval Reservists (junior Sailors whenever possible):

- Working in Fleet operations or exercises (forward-deployed, whenever possible)
- Training or improving readiness to support the fleet
- Making other important contributions to the Navy and America



Photo by Ted Carlson

### WHAT IS A VIRIN?

Identify your Navy photos just like a real PH or JO!  
Amaze your shipmates!  
WIN friends! Influence people!

A VIRIN IS A VISUAL INFORMATION RECORD IDENTIFICATION NUMBER THAT THE NAVY AND DOD USES TO TRACK MILITARY PHOTOS



Photo by SMC(SW) Len Burkhart

- Wanted:
- Action shots featuring Reserve Sailors in Navy work, training or warfighting environments
  - Diversity of Reservists (showing clean-cut Sailors in appropriate uniform and safety gear, etc. Images should reflect Reservists' hard work, energy and intelligence.
  - NOT posing for camera, taking a break, etc.

Name digital images with virins. Example: 030609N9022S001.JPG

Label print images on the back, using tape or an adhesive label. Be sure ink from the back of one photo does not mar another print.

030609-N-9022S-001

EXAMPLE

JUNE 6, 2003

Date the photo was shot

EXAMPLE

NAVY

Branches of service of photography  
N = NAVY  
A = ARMY  
etc.

EXAMPLE

J02 JOHN SMITH

Last four digits of photographer's SSN and first letter of photographer's last name

EXAMPLE

JUNE 6, 2003


Number of photos in sequence shot that day



WHAT’S NEW

Issue	Summary	References*
Advancement Exams	Reservists on active duty for special work or one-year recall, active duty for training, or active duty under any Presidential recall authority, can compete for advancement as Reserve inactive in the August 03 cycle (Cycle 073), regardless of time served on active duty. Candidates must have met basic advancement eligibility requirements NLT July 1, 2003.	NAVADMIN 148/03
Additional Thrift Savings Plan (TSP) contributions for members 50 or older	Additional TSP contributions option for service members ages 50 and older will be referred to as Catch-Up Contributions. Members must submit their TSP Catch-Up election via TSP-U-1-C Form, available on TSP Web site www.tsp.gov July 1.	NAVADMIN 113/03
Consolidation of the Officer and Enlisted Transfer Manuals into Military Personnel Manual	The Enlisted and Officer Transfer Manuals are being merged with the Military Personnel Manual, a single, well-maintained and regularly updated source.	NAVADMIN 083/03
AK/SK Merger	Effective July 1, 2003, all AK and SK ratings will be merged.	ALNAVRESFOR 001/03
* VIEW MESSAGES ONLINE:    Reservists can view some messages on the Internet. For Navy ALNAVs and NAVADMINS, go to Web site www.bupers.navy.mil and select “messages.” For Reserve ALNAVRESFORs, go to http://reserves.navy.mil.		


Bravo Zulu

 To VR-59 from COMFAIRMED:

Skipper McCullough, I would like to personally express my appreciation of VR-59. When the call came to mobilize, VR-59 was the first squadron to deploy to COMFAIRMED and the last to return home. While deployed, VR-59 showcased the capabilities of the C-40 Clipper by executing 76 missions, flying 561.1 hours, transporting 2,144 passengers and moving 652,000 lbs of high priority cargo to our theater customers, including two carrier battle groups conducting strike operations in Iraq.

Your contribution to Operation Iraqi Freedom and the Global War on Terrorism has been significant. Please accept my sincere thanks for a job well done.

—RADM Holmes, COMFAIRMED message 090705Z JUN 03

 To VR-55 from COMFAIRMED:

Skipper Tedman, on behalf of the COMFAIRMED staff I would like to extend my appreciation to you and the “Minutemen” of VR-55 for your outstanding support during your recent deployment to the Mediterranean. In just one month, VR-55 executed 71 missions, flew 567 hours, transported 668 passengers, and moved 1,572,089 pounds of high priority cargo to our theater customers, including two carrier battle groups conducting strike operations in Iraq.

Your contribution to Operation Iraqi Freedom and the Global War on Terrorism was of the highest caliber. Please accept my sincere thanks for a job well done.


—RADM Holmes, COMFAIRMED message 090700Z JUN 03




Photo by JOSN David P. Coleman

GUANTANAMO BAY, Cuba—IT2 Darrell Adams fixes an antenna on top of the Radar Sonar Surveillance Center in Guantanamo Bay. Petty Officer Adams is assigned to Mobile Inshore Undersea Warfare 212, an activated Reserve unit homebased in Gulfport, Miss.


REDCOM ROUNDUP

 **REDCOM Northeast**


BOSTON—Three Naval Reservists were among those crossing the finish line at this year’s Boston Marathon. The members of NR Carrier Air Wing NW Det. 0696 from Naval Air Reserve Center Minneapolis, Minn., trained through the winter to compete in the prestigious event. ET1 Chris Grupe was the first of the trio to complete the event in a time of 3:25:44.—Naval Air Reserve Center Minneapolis

 **REDCOM Mid-Atlantic**

CAMP LEJEUNE, N.C.—Naval Reservists of the 1st Naval Construction Division took advantage of Marine Corps support and several tactical landing zones recently to hone their battle skills at Camp Lejeune, N.C. More than 800 Reservists trained to operate during a contingency while carrying out typical tasks Seabees may be assigned when supporting a Marine Expeditionary Force. The field exercise occurs only every four years for the Reservists.—Sgt. Joshua S. Higgins, USMC, Consolidated Public Affairs Office, Camp Lejeune, N.C.

 **REDCOM Southeast**

CHARLESTON, S.C.—CDR Sarah E. Supnick has received the Judge Advocates Association Reserve Officer Career Armed Serv-ices Attorney Award. The award is presented annually to one active-duty and one Reserve Judge Advocate officer from the armed services. Supnick is assigned to NR Legal Office Det. 208 at NAVRESCEN Charleston.—CAPT Bryan W. Johnathan, NAVRESCEN Charleston

 **REDCOM Mid-West**


SELFRIDGE, Mich.—SK1 Joe Pedrogo has been named military director for the World Congress of Martial Arts, a non-profit organization promoting local, national and international martial arts competitions. Pedrogo’s primary duty as military director will be as liaison between the military and martial arts community. He has a long history of integrating martial

arts in the close quarters combat classes he teaches to his unit, NR Force Protection Law Enforcement Physical Security 0192 from NAVRESCEN Selfridge, Mich.

—JO3 Sandra Cho, NIB Det. 813


DETROIT—Naval Reservists in Detroit launched a campaign resulting in collection of more than \$6,000 in phone cards for the troops. JO3 Dan Heaton initiated the effort and was quickly flooded with donations constituting more than 101,000 minutes of long distance phone service. The cards were delivered by HTCS Frank Zupan to Sailors and Marines at National Naval Medical Center Bethesda and to family members of other deployed personnel.—JO2 Barrie Barber, NIB Det. 813

ST. JOSEPH TOWNSHIP, Mich.—EM1 Paul Freye took a couple of days off from his civilian job to have bone marrow extracted. His efforts were critical in saving a life. Freye signed up for the DoD Bone Marrow Donor Program in 1996 and proved to be a match for a 58-year-old woman. The C.W. Bill Young/DoD Bone Marrow Donor program coordinates DoD support for the possibility of donating bone marrow. For information on how to participate, check out Web site www.dodmarrow.com/home.htm.—ET1(SS) Kent Chivers, COM-SUBRON 2 Det. 213

 **REDCOM Mid-South**

FORT BENNING, Ga.—Naval Reservist Eric Uptagrafft has earned a spot on the 2004 U.S. Olympic Team. LTJG Uptagrafft claimed a gold medal in the 50-meter prone rifle match at the USA-hosted World Cup. The win ensured Uptagrafft a spot on the Olympic team for next year’s games in Athens, Greece.


—USA Shooting

 **REDCOM South**

INGLESIDE, Texas—Two crew members of Naval Reserve Force Ship USS Avenger (MCM 1) traveled to Washington, D.C., to accept the runner-up award for the 2002 Secretary of the Navy Environmental Awards competition. SM2(SW) Stephen Reedy and ITC(SW) Thomas Dollard

were selected to accept the award in the category of Environmental Quality, Small Ship.—Naval Station Ingleside Public Affairs

AURORA, Mo.—Three Naval Reserve Recruiters volunteered their assistance to the Red Cross in the aftermath of tornadoes that leveled two cities and caused severe damage to several others in Missouri. NC1 Mark Weldon, YN1 Nancy Hassler and NC2 Mark Vicat made simple meals and delivered them to storm victims left homeless by the storms. The three are assigned to NAVMARCORESCEN Springfield, Mo.—LTJG Bill Clinton, Naval Reserve Recruiting Command Public Affairs Officer

 **REDCOM Northwest**

FAIRBANKS, Alaska—Naval Reservists from the 4th Dental Battalion recently teamed up with other military service members to provide medical care to remote Alaskan villages. Ten teams dispersed to 16 villages as part of Operation Arctic Care 2003, a program started in 1995 to provide medical, dental, optometry and veterinary care to villages with no permanent health care services. Plans are already in progress for Operation Arctic Care 2004 to be conducted on the western coast of Alaska.—LTJG Julia Weidner, NIB Det. 1222

**Roundup News Wanted:**

“Roundup” stories are excerpted from Naval Reserve News Service (NRNS), an e-mail news source for Reservists. Individuals desiring to subscribe to NRNS may do so by e-mail to paolist@hq.cnrf.navy.mil. To subscribe, place the following in the subject line of the e-mail: join nrnews service@hq.cnrf.navy.mil, followed by your e-mail address. Example: join nrnewsservice@hq.cnrf.navy.mil, emailaccount @yourdomain.com. Note: Do not place other information anywhere in the e-mail, including the body of e-mail messages.

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FLEET SUPPORT



FCCS(SW) Kurt Myers of NR Fleet Support Training Unit 906 demonstrates the power of water in a flooded space during damage-control training at NAVRESCEN Baltimore in April. Myers’ unit, which drills at the center, planned and carried out training for 200 Naval Academy midshipmen. Damage control is a vital skill.

Baltimore unit helps train midshipmen



FCCS(SW) Myers shows midshipmen (in photos above and below) how to start a P-100 dewatering pump during damage control training conducted in April by Reservists at NAVRESCEN Baltimore.



BALTIMORE—One by one, on a sunny afternoon in late April, Naval Academy midshipmen climbed to the top of a two-story damage-control trainer, a stone’s throw from the Fort McHenry National Monument, and dropped through a scuttle into waist-high water.

Some stumbled or paused before moving on. “You get a little scared at first,” said Midshipman 1st Class Brett Bujac of Crofton, Md. But then, he said, “When you get a little [way] through it, you know you’re going to be all right.”

With water pouring down from above, and with Reservists and active-duty Sailors from NAVRESCEN Baltimore watching closely, midshipmen pushed through a hatch and clambered down a ladder to another space. In groups of three and four, they plugged holes and shored up more serious leaks with lumber.

From Apr. 21 through 28, in groups of about 30, more than 200 midshipmen completed NAVRESCEN Baltimore’s training. After classroom instruction, they practiced in an indoor trainer filled with smoke and littered with obstacles, including dummies that simulated casualties, before the final exercise.

In a change of training philosophy, the newest generation of the Navy’s surface warfare officers is going straight to ships, rather than to school in Newport, R.I.

Among those watching was CDR Steven Holland, the Reserve center’s commanding officer, who soon will take command of USS Trenton (LPD 14). “Three of these midshipmen are going to my ship, so I have a vested interest,” Holland said.

To a Sailor, no skill is more important than damage control. If a ship is on fire or sinking, anyone aboard may be called upon to help save it.

Reservists of Fleet Support Unit 906 designed the course after their commanding officer, CAPT Donald Benzing, challenged them to use Reserve center training facilities more efficiently. Until then, Reservists, Junior ROTC members and Sea Cadets used the damage-control trainer the most, Benzing said.

Benzing, a Naval Academy graduate, was pondering possibilities when his unit’s executive officer, FCCS (SW) Kurt Myers, proposed training midshipmen. NAVRESCEN Baltimore leaders quickly endorsed the idea.

“We saw something we could do that would be ‘Total Force,’” Holland said. “Reservists could help active-duty [members], and active duty could get something out of it.”

Fleet Support Unit 906 found an able instructor in GSEC(SW) Volpe. He had completed at-sea tours aboard USS Compte de Grasse (DD 974) and USS Yorktown (CG 48) and then taught for three years at Surface Warfare Officer School, where he became a master training specialist. Recognizing that midshipmen had spent much of their past four years in classrooms, he made the course as hands-on as possible, earning praise from participants.

In after-action comments, Bujac described the training as “more difficult, more intense” than anything similar he had experienced. He concluded, “We can see we need to know this stuff.”—LTJG Michael Cody, Navy Information Bureau 102

AROUND THE FLEET

Here is a sampling of active duty Navy life at sea. For news of Fleet operations worldwide, go to the Navy News-Stand at [www.news.navy.mil](http://www.news.navy.mil).

For Naval Reserve news and photos, go to Navy News-Stand page [www.news.navy.mil/local/nrf](http://www.news.navy.mil/local/nrf).



PHILIPPINE SEA—Sailors aboard guided missile cruiser USS Antietam (CG 54) enjoy a swim call and a “steel beach” picnic in the warm waters of the Western Pacific. Steel beach picnics give Sailors a day to relax and have fun after being out to sea for extended periods of time. Antietam is part of the USS Carl Vinson (CVN 70) Carrier Strike Force on deployment in the Western Pacific Ocean.



BALTIC SEA—A Vessel Boarding Search and Seizure (VBSS) team from Aegis cruiser USS Vella Gulf (CG 72) boards a RHIB to conduct operations during the annual maritime training exercise Baltic Operations (BALTOPS) 2003. The United States and 12 other nations are participating in this year’s exercise. BALTOPS 2003 is intended to improve interoperability among allies and Partnership for Peace countries by conducting a peace support operation at sea including exercises in gunnery, replenishment-at-sea, undersea warfare, radar tracking, mine countermeasures, seamanship, search and rescue, maritime interdiction operations, and scenarios dealing with potential real-world crises.