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esInTheKnow



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Photo of the Month (pictured on the cover):

Cmdr. Juan Vives, center, executive officer of the Blue Ridge-class command and control ship USS Mount Whitney (LCC 20) discusses shipboard life with Italian Navy Lt. Cmdr. Francesco Brengola during a local community-building event aboard the ship while moored in Gaeta, Italy, Dec. 7, 2021. Representatives from Mount Whitney, Naval Support Activity (NSA) Naples detachment Gaeta, the NSA Naples Fire Department, and local Italian military, law enforcement, and first responders gathered for the event to build and foster relationships. NSA Naples is an operational ashore base that enables U.S., allied, and partner nation forces to be where they are needed, when they are needed to ensure security and stability in Europe, Africa, and Southwest Asia. (U.S. Navy photo by Lt. Jamie Moroney)



CAPTAIN'S CORNER

By Capt. James Stewart NSA Naples Commanding Officer

As COVID-19 cases continue to remain high in our area, Campania and Lazio are now both categorized as yellow regions. Each zone color comes with different restrictions. Please refer to our Green Pass and Regional Color Permitted Activity Chart under the Important Document section of our COVID-19 News page for more information on zone restrictions. We also encourage everyone to use the COVID-19 News page to stay up to date on all of the local changes as we continue to navigate COVID-19.



Our Town Hall is today, January 20, at 1800! You will all have the opportunity to have a conversation with base leadership and subject matter experts. Though the virtual Town Hall is prerecorded, Subject Matter Experts will be on live during the premiere in the comments section to answer your questions. Thank you to all of our community members who reached out to us via Messenger with their questions and topics that they would like addressed during the Town Hall. We are not accepting additional questions into our Facebook Messenger for the Town Hall at this time. Some of the submitted questions have answers that require additional research. If you do not see your question answered on the Town Hall, please be patient. Our Public Affairs staff will get back to you as soon as they can.

Lastly, January marks Slavery and Human Trafficking Prevention Month. The most important thing we can do to help victims is to learn the signs and report possible trafficking. Victims have often been in vulnerable situations, such as economic hardship or natural disasters; they can be any age, race or gender. Indicators that someone may be experiencing trafficking include: evidence of physical abuse, they are closely monitored at all times, someone else speaks for them, they do not have identification or they work in unsafe conditions. Take action and learn more about how to recognize trafficking in persons at https://ctip.defense.gov/. If you ever see something suspicious, immediately report it to the Department of Defense Inspector General Hotline (http://www.dodig.mil/hotline) or the National Human Trafficking Hotline (https://humantraffickinghotline.org/). Also, be sure to inform your chain of command and Base Legal so we can warn others about frequenting businesses that may support trafficking.

Stay safe, Team Naples, and remain vigilant. 🕸



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Story by MC2 Erika Kugler

Story by MC2 Erika Kugl December 2021

> Logistics Specialist 1st Class Emmanuel Duco, Machinist's Mate 2nd Class ReeceRyan Ramos and Logistics Specialist Seaman Elias Fernandez have a couple things in common: All three are Sailors assigned to the Naval Support Activity (NSA) Naples, Italy, and all of them learned English as a second language after moving to the United States as teenagers.

> Recently, they volunteered at Liceo Enrico Fermi High School, in Aversa, Italy, Dec. 7, 2021, and they shared why it is important to practice English with Italian students who are learning English as a second language. Also, they presented tips on how the three Sailors were able to learn a second language as teenagers.

> "I was nervous to talk to the class at first," said Fernandez. "I was surprised at how well they spoke English, some of them better than me. I wanted them to know how useful English can be. We can make friends from all over the world when we have a common language."

Fernandez, originally from Cuba, learned English when he moved to the United States at 16 years old.

"I told the students my stories," said Ramos. "I told them how I learned English using social media and streaming services with subtitles on. It's like building on your push-ups, every time you do push-ups you





get a little stronger. Learning English is the same way. Overtime it becomes natural."

Duco, originally from the Philippines, gave a presentation about his culture and asked the students to compare and contrast Italian culture to the Philippines as a way for them to practice speaking English.

"It was a good experience," said Duco. "It was my first time going out and talking to high school students. I enjoyed the interaction and being able to share and build relations with the local community."

As for the students, they asked about life in America, what the Sailors liked to do in Italy and their favorite aspects. They were also interested in what the Sailors' do in the Navy, as well as their daily tasking.

"When you live and work on base, it can be easy to find yourself in a bubble," said Fernandez. "Sometimes it's hard to get the real Italy experience. For me, I went to school in Cuba, Colombia, and the United States, and now I've been able to see what school is like in Italy. It's cool to compare and contrast experiences."

When learning a new language and culture, it can be hard to see the forest for the trees. When former students of the language become teachers, however, it can be encouraging for both students and teachers to see how far they have come on the journey.

Navy Region EURAFCENT oversees nine installations in seven countries, enabling U.S., allied and partner nation forces to be where and when they are needed in order to ensure security and stability in the European, African, and Central Command areas of responsibility.

"I HAVE A DREAM" (1963)

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation.

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation. This momentous decree came as a great beacon of hope to millions of slaves, who had been seared in the flames of whithering injustice. It came as a joyous daybreak to end the long night of their captivity. But one hundred years later, the colored America is still not free. One hundred years later, the life of the colored American is still sadly crippled by the manacle of segregation and the chains of discrimination.

One hundred years later, the colored American lives on a lonely island of poverty in the midst of a vast ocean of material prosperity. One hundred years later, the colored American is still languishing in the corners of American society and finds himself an exile in his own land So we have come here today to dramatize a shameful condition.

In a sense we have come to our Nation's Capital to cash a check. When the architects of our great republic wrote the magnificent words of the Constitution and the Declaration of Independence, they were signing a promissory note to which every American was to fall heir.

This note was a promise that all men, yes, black men as well as white men, would be guaranteed the inalienable righ<u>ts of life liberty and the pursuit of happiness.</u>

It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. Instead of honoring this sacred obligation, America has given its colored people a bad check, a check that has come back marked "insufficient funds."

But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. So we have come to cash this check, a check that will give us upon demand the riches of freedom and security of justice.

We have also come to his hallowed spot to remind America of the fierce urgency of Now This is not time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism.

Now is the time to make real the promise of democracy

Now it the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice.

Now it the time to lift our nation from the quicksand of racial injustice to the solid rock of brotherhood.

Now is the time to make justice a reality to all of God's children.

I would be fatal for the nation to overlook the urgency of the moment and to underestimate the determination of it's colored citizens. This sweltering summer of the colored people's legitimate discontent will not pass until there is an invigorating autumn of freedom and equality. Nineteen sixty-three is not an end but a beginning. Those who hope that the colored Americans needed to blow off steam and will now be content will have a rude awakening if the nation returns to business as usual.

There will be neither rest nor tranquility in America until the colored citizen is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

We can never be satisfied as long as our bodies, heavy with the fatigue of travel, cannot gain looging in the motels of the highways and the hotels of the cities.

We cannot be satisfied as long as the colored person's basic mobility is from a smaller ghetto to a larger one.

We can never be satisfied as long as our children are stripped of their selfhood and robbed of their dignity by signs stating "for white only."

Martin Luther King Jr. Day 2022

We cannot be satisfied as long as a colored person in Mississippi cannot vote and a colored person in New York believes he has nothing for which to vote.

No, no we are not satisfied and we will not be satisfied until justice rolls down like waters and righteousness like a mighty stream.

am not unmindful that some of you have come here out of your trials and tribulations Some of you have come from areas where your quest for freedom left you battered by storms of persecutions and staggered by the winds of police brutality.

You have been the veterans of creative suffering. Continue to work with the faith that unearned suffering is redemptive.

Go back to Mississippi, go back to Alabama, go back to South Carolina go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our modern cities, knowing that somehow this situation can and will be changed.

Let us not wallow in the valley of despair. I say to you, my friends, we have the difficulties of today and tomorrow.

still have a dream. It is a dream deeply rooted in the American dream.

I have a dream that one day this nation will rise up and live out the true meaning of its creed. We hold these truths to be self-evident that all men are created equal.

I have a dream that one day out in the red hills of Georgia the sons of former slaves and the sons of former slaveowners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by their character.

I have a dream today.

I have a dream that one day down in Alabama, with its vicious racists, with its governor having his lips dripping with the words of interposition and nullification; that one day right down in Alabama little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers.

I have a dream today

I have a dream that one day every valley shall be engulfed, every hill shall be exalted and every mountain shall be made low, the rough places will be made plains and the crooked places will be made straight and the glory of the Lord shall be revealed and all flesh shall see it together.

This is our hope. This is the faith that I will go back to the South with. With this faith we will be able to hew out of the mountain of despair a stone of hope.

With this faith we will be able to transform the jangling discords of our nation into a beauti ful symphony of brotherhood.

With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to climb up for freedom together, knowing that we will be free one day.

This will be the day when all of God's children will be able to sing with new meaning "My country 'tis of thee, sweet land of liberty, of thee I sing. Land where my father's died, land of the Pilgrim's pride, from every mountainside, let freedom ring!"

And if America is to be a great nation, this must become true. So let freedom ring from the hilltops of New Hampshire. Let freedom ring from the mighty mountains of New York.

Let freedom ring from the heightening Alleghenies of Pennsylvania.

Let freedom ring from the snow-capped Rockies of Colorado.

Let freedom ring from the curvaceous slopes of California

But not only that, let freedom, ring from Stone Mountain of Georgi

Let freedom ring from every hill and molehill of Mississippi and every mountainside.

When we let freedom ring, when we let it ring from every tenement and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old spiritual, "Free at last, free at last. Thank God Almighty, we are free at last."

Sending Care to the Deployed Story By: Aaliyah Essex, NSA Naples



Snacks are gathered, disinfected and organized for the boxes.

Throughout the pandemic, one thing remains the same: Military members continue to deploy on ships and around the world. In these unprecedented times, deployments require more sacrifice from active duty members as sometimes port calls are circumvented to maintain the physical health of the crew. With this in mind, Naval Support Activity (NSA) Naples community member Jason Salesberry has made it his mission to be a small source of happiness to deployed Sailors by sending care packages to ships.

The U.S. Navy veteran started the idea in October 2020 in response to the pandemic's effect on Sailors that are underway. As an information technology specialist with Naval Information Warfare Center (NIWC) Atlantic, Salesberry occasionally goes underway with ships. Since the start of COVID, he has gone underway three times, thus motivating him to serve those who have been sent away from their homes to serve our Nation.

"I was prior military. I know how it can be underway," Salesberry explained. "Going underway with the USS Winston Churchill in 2020 was the catalyst to my efforts. During this underway, I saw firsthand how COVID has made deployments even tougher for Sailors and Marines."

When the ship pulled into port in Bahrain, Salesberry could visit the commissary and Navy Exchange for snacks and other needs. His active duty counterparts, however, could not. Salesberry decided to help.

"I would bring snacks back to the ship for Sailors, and it would make them happy," said Salesberry. "I thought, 'if this small act gives these Sailors a little light during their deployments, why not do it on a larger scale?' So, I decided to send care packages as often as possible."

With the help of his friends and family, Salesberry developed a concrete process for sending out the boxes.

"First I talk directly with deployed sailors and request permission to send them care packages. We then raise money through friends, family, and social media and use the money to buy snacks," said Salesberry.

After being sanitized and wrapped, the packages are taken to the Military Post Office (MPO) where they are sent to ships.

Thus far, the team has mailed four rounds of packages. Each round typically goes to two ships.

6 NAPOLI NAVIGATOR

WE SERVE WHERE YOU SERVE*



Jason Salesburry stands with some of the care packages prepared for shipping to the USS San Antonio.

Since beginning the care package project, Salesberry and his team have sent over 600 pounds of snacks to ships. These ships include the guided missile cruiser USS Princeton (CG 59), the guided missile destroyer USS Winston Churchill (DDG 81), the Wasp-class amphibious assault ship USS Iwo Jima (LHD 7), the San Antonio-class amphibious transport dock ship USS San Antonio (LPD 17), and the Harpers Ferry-class dock landing ship USS Carter Hall (LSD 50).

Through online and other donations, the team has raised over \$4,000 to date. These donations were used to purchase snacks, wrapping paper and sanitizing wipes for cleaning each product.

Most recently, the team mailed snack boxes to Sailors and Marines aboard the amphibious assault ship Wasp-class Landing Helicopter Dock USS Essex (LHD 2). During this effort, Navy Federal Credit Union onboard Support Site allowed Salesberry to set up bins and post information to help with his efforts.

They raised \$1,000 and sent 51 packages weighing 315 pounds. The packages were shipped in December.

The Support Site MPO opened early and provided extra clerks to help send packages. In addition to individuals who have donated and assisted with making the packages, the Forward Deployed Regional Maintenance Center Chiefs' Mess sent in contributions.

"The support has been very helpful," according to Salesberry.

Salesberry hopes that others in NSA Naples will join him in his efforts.

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For more news on NSA Naples, please follow us on Instagram @NSANaples and Facebook at facebook.com/NSANaples/.



National Spaghetti Day Story By: Aaliyah Essex, NSA Naples Public Affairs

January 4 marked one of the most delicious holidays around the world--National Spaghetti Day! For Americans, it is an opportunity to enjoy marinara sauce, usually cooked with ground meat, over spaghetti noodles. However, in Italy, spaghetti is not referred to as a dish. Instead, it is used to describe a specific type of pasta noodle. Whether you refer to it as a dish or a type of noodle, what better way to remember such a day than to learn about authentic Italian spaghetti recipes. Here are a few popular Neapolitan spaghetti dishes.

Spaghetti alle Vongole: Translated, this dish is spaghetti with clams. A traditional dish in Campania, this seafood pasta is of one the most popular Italian recipes. It is one of the more simple recipes with its tasty flavor coming mainly from the starch from the pasta, garlic, and the clams. This dish can also be eaten with a light tomato sauce if made fresh.

Spaghetti alla colatura di alici: This translates to pasta with anchovies and is flavored using the salty flavor of the small fish which creates a slight smokiness. The dish is prepared using garlic, olive oil and chili pepper paste.

Spaghetti c 'aulive and chiappariell': This dish is known as spaghetti with olives and capers. It combines spaghetti with garlic, tomatoes, capers and olives. Traditionally, this is prepared with black olives from Gaeta.

Whether you eat it with clams, colatura, or capers, spaghetti presents you with many delicious possibilities here in Italy. Pop the pasta and olive oil and enjoy as much spaghetti as you can! 🕸

Italian Phrase of the Month



buon anno nuovo"

Translation: "I would like to wish you a happy New Year"

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