

DECEMBER 2016

VOL. 53, ISSUE 12

HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA



INDIANHEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963
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**2ID/RUCD in History:
BATTLE OF THE BULGE**

Talon & Thunder Warriors Ensure
MEDEVAC READINESS



INDIANHEAD

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PHOTO OF THE MONTH

(Top): Soldiers from the 1st Battalion, 16th Infantry Regiment conduct water survival training at the Super Gym on Camp Humphreys in November. The training prepared Soldiers to be more aware of their equipment and how to use it while moving in the water. (Photo by Staff Sgt. Warren Wright, 1st ABCT, 1st Infantry Division Public Affairs)

(Cover): Medics from 6th Battalion, 37th Field Artillery, 210th Field Artillery Brigade practice unloading a patient from a helicopter during Medical Evacuation training in November at Helipad-252 on Camp Casey. (Photo by Pfc. Kwon, Kihyun, 210th FAB Public Affairs)



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210th Field Artillery Brigade and 2nd Combat Aviation Brigade warriors train together to ensure "Fight Tonight" medical evacuation readiness.

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INDIANHEAD

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Warrior Division Family, as we celebrate the holidays, we must not become complacent. It's the season for giving and enjoying our Families and friends, but we still need each and every one of you to pay attention to the risks that surround us, and always remain vigilant and focused on mitigating those risks. We charge our leaders at all levels to know your Soldiers' travel and holiday plans, and we charge all of our Soldiers to continue to make good decisions in all situations. As the Division enjoys this hard earned and well-deserved break, we must remain self-disciplined and professional, and continue to treat everyone with dignity and respect. If we expect and enforce these simple yet important standards within our ranks and take care of each other, we can foster a positive and safe environment across our formations. Warriors, remember that you are a vital member of the Second Infantry Division/ROK-U.S. Combined Division Team. Your efforts, character and professionalism are what make this great Division "Second To None!" Happy Holidays, and we thank you and your Families for your selfless service.

INTERVIEW WITH PAST LEADERS

As the 2nd Infantry Division/ROK-U.S. Combined Division prepares to celebrate a "Century of Second to None," our Leader's Corner column will recognize past Warrior Division Soldiers. Each month leading up to our 100th Birthday in October, the *Indianhead* will pay tribute to the great leaders who have helped make this Division "Second to None!"

Maj. Gen. Walter M. Robertson commanded the 2nd Infantry Division from May 1942 to June 1945, which included all of the Warrior Division's combat operations in World War II. Robertson later provided the below entry for a forward of a booklet produced by Stars and Stripes. In the forward, he addressed his Second To None troops:

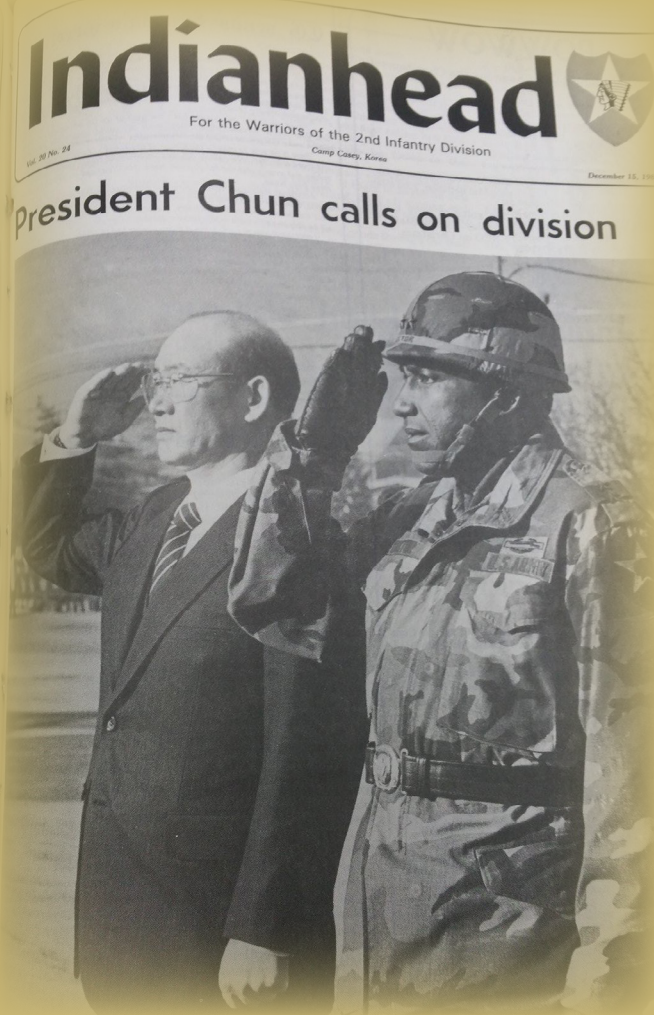
"Your division entered upon these operations backed by traditions and military achievements "Second to None" in our Army. Your division has fully lived up to these traditions and has added new victories and valorous acts as standards for the future. You have maintained unblemished your record of never having failed to take and hold your objective. Your outstanding loyalty and devotion to duty is attested by innumerable acts of gallantry and sacrifice throughout our entire campaign. Your esprit and morale under adverse conditions have been an unfailing inspiration to me. I deem it a high privilege to have served as your commander."





— DECEMBER 1967

Warrior Division Soldiers learn about a historic, train tunnel exit near Musan-ni. There were many legends and stories surrounding the tunnel that was last used before the start of the Korean War. In 1967, "bullet-scarred" walls were the only evidence left of its use during the Korean War.



DECEMBER 1990

Republic of Korea President Chun Doo-hwan paid a visit to the 2nd Infantry Division headquarters at Camp Casey in December 1983. Maj. Gen. Henry Doctor Jr. was the 2nd Infantry Division commander.

CHAPLAIN'S CORNER

GOOD TIDINGS OF *Great Joy*



BY
Chaplain (Maj.) **FRANTISEK HALKA**
2ND CAB CHAPLAIN

Every year beginning in November and December we are drawn into the holiday spirit by Christmas music, holiday store decorations, holiday office parties, as well as by sweet memories of spending past holidays with our families and friends. For many of us this may be the first Christmas and holiday season away from home and from our loved ones. The physical separation is as vast as the wide ocean; the spiritual closeness could be at the same time heartwarming. Even though we are living far from our families, we still feel it is a special time filled with good tidings. God's presence generously overflows and fills every nook and corner of our world. Good news of God's birth brings us together, even here in Korea, to share our family stories, Christmas traditions, holiday treats, or just spend time with other Soldiers or family members.

The spirit of the season is revealed to us through the scripture readings from Isaiah, "Prepare the way of the Lord, make straight his paths." Evangelist Luke encourages us through words of Angels, "Do not be afraid; for behold, I proclaim to you a good news of a great joy. For today in the city of David a savior has been born for you who is Christ the Lord" Lk 2:10-11. The shepherds who hear this message, return home glorifying and praising God for what they have heard and seen" Lk 2:20. The good tidings of great joy are meant for all peoples. The

good news of Emanuel, God with us, unites families and peoples across continents and vast oceans.

Go to your local chapel this holiday season and hear again the good news for yourself. Experience the joy of God's presence proclaimed in the scripture readings. Raise your hearts and eyes in prayer and see the Glory of God all around us. While away from our families we cling closely to God who is looking over our loved ones. God makes his dwelling among us, in our chapels, barracks, dining halls, gyms, and in our hearts. Come together this Christmas season and worship him saying, "Glory to God in the highest and on earth peace to those on whom his favor rests" Lk 2:14. Blessings and Wishes of Peace and Joy.



HEALTH OF OUR FORCE



BY
Lt. Col. **Christopher Perry**
2ID/RUCD Surgeon

If drug companies ever develop a pill that lowers blood pressure, causes weight-loss, improves emotional health, promotes the growth of muscle mass, improves sleep, decreases blood sugar, and has no negative side effects, I suspect that all of us would begin taking that medication as quickly as possible. It would become a multi-billion dollar per year drug and be the greatest blockbuster drug of all time. What if I told you this already exists, only it is not in pill form? Many of you have already figured out that I am talking about exercise. With the holidays coming up, it is more important than ever that we continue to improve our physical fitness.

When I was a young medical student learning about diabetes, the lecturer mentioned that regular physical exercise would allow most diabetics to stop taking their medication. He also pointed out that he would love to show a picture of a diabetic exercising, but he does not have any because in his experience it's rare to observe a diabetic exercising. Being young and idealistic, I brought this up with my diabetic grandfather the next time I saw him. He scoffed, "Now why would I exercise when I can just take a pill?" While few of us in 2ID/RUCD have diabetes, all of us benefit today and in the future from regular exercise.

Most of us know the cardiovascular benefits of exercise such as prevention of heart attacks and strokes. However, we know far less about the other benefits of exercise. Researchers have found that exercise works as well as any antidepressant in treating depression. This is an astounding fact that ought to lead anyone with



depression who wishes to avoid the side effects of antidepressants to exercise.

When I say that exercise does not have any negative side effects, this is as long as people are doing it properly. It is important that people wear the proper shoes when running—and that those shoes fit and are not worn out. People must also use proper form when both running and lifting weights. Improper form puts stress on joints that leads to overuse injuries. One way to rest your joints while continuing to enjoy the benefits of working out is to swim. Swimming has no impact on the joints yet has all the benefits of working out.

As you eat turkey, ham, mashed potatoes, and all the other delicious food this Christmas, please continue to ensure that you also strenuously work out!

FLAG AVENUE CELEBRATES ROK-U.S. ALLIANCE



STORY BY
Sgt. COURTNEY SMITH-CLAX
PHOTOS BY
Mr. PAK, CHIN-U
2ID/RUCD PUBLIC AFFAIRS

CAMP RED CLOUD, South Korea -- 2nd Infantry Division/ROK-U.S. Combined Division and Uijeongbu City key leaders gathered for a ribbon cutting ceremony and monument unveiling here in November. Both events were to commemorate the division's recent Republic of Korea Presidential Unit Citation and to celebrate the strength of the ROK-U.S. alliance.

The "Warrior Division" was awarded its seventh PUC in October for successfully merging leadership and operations of Republic of Korea forces and U.S. Soldiers to become the Army's only combined division.

The ribbon cutting ceremony symbolized the unified cutting away of differences and the relationship that the division warriors, ROK Army soldiers, and Uijeongbu City citizens share, by officially unveiling the camp's new flag avenue and PUC monument.

"This is a significant event in our history and it will live with me forever," said Maj. Gen. Theodore "Ted" D. Martin, the 2ID/RUCD commander. "We formally recognize that our success stems from the combined division, the ROK-U.S. alliance, and the special partnership with Uijeongbu City."

Throughout history Soldiers have built a strong bond with the South Korean citizens by supporting the peninsula's safety and security.

"For the last 64 years the United States of America has continuously provided support for the Republic of Korea, reinforcing national security," said Mayor Byung Yong Ahn, the Uijeonbu City mayor.

The planning and execution of the division stood out amongst various units and was awarded because of its seamless conversion.

"The competition for the PUC was fierce and the entire peninsula strived for this great award," said Martin. "Without [the ROK Army and the local community] support and great working relationship we couldn't bring the combined division to life."

Ahn said that the presence of American forces has invoked admiration and dedication in the hearts and minds of the citizens living in Area I.

"Uijeongbu City and the Republic of Korea will always be thankful," remarked Ahn. "We will always be loyal to the Soldiers of 2ID for their effort and dedication."

He said, "With the preparations to move south after calling this place home for



(Top) Maj. Gen. Theodore "Ted" D. Martin, commanding general, (center left) 2nd Infantry Division/ROK-U.S. Combined division commander and (Center Right) Mayor Byung Yong Ahn, Uijeonbu City mayor, cut the commemorative ribbon on Camp Red Cloud, South Korea. They are joined by the 2ID/RUCD and Uijeongbu key leaders. **(Bottom)** 2nd Infantry Division/ROK-U.S. Combined Division and Uijeongbu City key leaders unveil the Korea Presidential Unit Citation monument on Camp Red Cloud, South Korea Nov. 14. The photo on the monument is of President Geun-Hye Park presenting 2ID/RUCD with its seventh Korean PUC.

over sixty years, the city of Uijeongbu also plans on constructing a monument in the Warrior Divisions' honor."

Martin said that the Combined Division has and will continue to serve the Republic of Korea and Uijeongbu honorably while simultaneously promoting the "Fight Tonight" spirit.

"I propose a toast to the ROK-U.S. Alliance," said Martin, "Katchi kapshida," and the crowd responded, "We Go Together."

MORTUARY AFFAIRS SPECIALIST: CARING FOR OUR FALLEN



STORY BY
Sgt. KIMBERLY E. JENKINS
2ID SUST. BDE PUBLIC AFFAIRS

YONGSAN, South Korea – “We are the men and women behind the scenes after we lose one of our own,” said Staff Sgt. James Childress, the noncommissioned officer in charge of United States Forces Korea Mortuary Affairs Team here. “We go out and make sure these heroes make it home to their loved ones so they can have a proper funeral. We pick up the last few pieces at the very end of the mission, to make that happen.”

The mortuary affairs team from the 2nd Infantry Division Sustainment Brigade’s 20th Support Maintenance Company here provide mortuary services for the United States Army Pacific theater which includes over 19 countries. They also work in remains recovery and ship remains back to the United States.

Childress chose this important job when he enlisted in 2005.

“I was sitting with my recruiter and he handed me a list of jobs,” Childress said. “I asked for Infantry, then he started talking to me about the Mortuary Affairs Soldier he had in his unit when he was deployed, and it sounded like something I wanted the opportunity and responsibility to do.”

The heavy mission these warriors shoulder demands balance and decompression, which they accomplish on their downtime by watching football or doing some light cooking in their decompression room. The room is similar to a living room and contains a television and a couch. It also has small kitchen with a stove, refrigerator and microwave, and is designed to give Soldiers the chance to unwind after a mentally exhausting day.

“After handling cases all day they need to relax, one of the most important things to do is keep up the Soldiers’ morale,” Childress said. “We also make sure they receive Chaplain and mental health support from our unit.”

He said in this job it is important to know your Soldiers and to gauge their emotional state, so the team is a tight knit group and spends a lot of time together on and off duty.

“We operate as a family,” said Childress.

The mortuary is equipped with a morgue, an autopsy room, a receiving area for families and a service room for families to view or identify their fallen warrior’s remains.

Cabinets and shelves full of chemicals and medical instruments line the walls of the embalming room along with bottles of shaving cream, razors and drawers full of ribbons and medals.

Before fallen Soldiers leave the mortuary the 92M’s make sure their uniforms and appearance are within military standards and regulations.



“We dress the military service members in their dress uniform from whatever service they are in and then we dedicate the time and attention to detail to make sure their ribbons and medals are correctly measured,” Childress said. “If a Soldier passed away and still has a five o’clock shadow we shave it for him. If a Soldier has longer hair we put it in a bun or braid it. We do it all here, to ensure our fallen reflect the respect they’ve earned.”

Sgt. Jarrett Ransom also serves on the team here.

One of a Mortuary Affairs Specialist’s primary goals is to ensure that the family members are taken care of, said Ransom.

“I love being able to make sure that the families are getting the things they need and deserve and that they know their Soldiers are being handled with care and dignity,” he said.

Ransom has had his own experience with the pain of losing a loved one.

“Any time I have a case where I have to deal with a fallen warrior’s parents it hits home for me,” Ransom said. “In 2013, I lost a child so I now know that I at least get the satisfaction of making sure that family members’ children are always properly taken care of.”

People may not understand exactly what Ransom does at his job but he always ensures that he does his very best, he said.

“The people that do this job are great people, we are normal people who put our hearts into what we do,” said Ransom.

He guaranteed that a 92M will never forget the impact they have on the Families and friends of fallen warriors.

Childress agreed and said, “The best thing about my job is my teammates. These men and women are the unsung heroes of the Army. These Soldiers are there on a unit or families worst day. They are there to ensure our fallen make it home. They are some of the most mentally tough Soldiers in the Army. All Soldiers should know that no matter what happens to you or where it happens, there will be a 92M to ensure that you make it home. We never leave a fallen comrade behind.”



MORTUARY AFFAIRS ODE

They go where others fear to go. They do things that others will not do. The sights, sounds and smells of what they do, others avoid. They surround themselves with sorrow, tragedy and grief, and call it their job. They do it willingly, - “not for themselves, but for their country.” The words dignity, reverence and respect are more than just words, they are their creed. They are guardians of the sacred trust that the American public has in the U.S. Armed Forces. America trusts them to care for their loved ones who give their lives in the defense of their nation, to treat them with dignity, reverence and respect and lay them down gently in fields of honor. They are the 92M, Mortuary Affairs Specialist.

TALON AND THUNDER TROOPS ENSURE MEDEVAC READINESS TOGETHER



STORY AND PHOTOS BY
Pfc. KWON, KI HYUN
210th FA BDE PUBLIC AFFAIRS

CAMP CASEY, South Korea – While many Soldiers serve in critical mission roles throughout the peninsula, few occupations in the military handle the life-and-death situations that medics face daily. To be prepared to handle such situations, medics have to continuously train to treat and transfer casualties in the most chaotic unpredictable situations.

Soldiers of Alpha Battery, 6th Battalion, 37th Field Artillery Regiment participated in Medical Evacuation training with flight medics from Charlie Company, 3rd General Support Battalion, 2nd Aviation Regiment, at Helipad-252 in November here to ensure they are as prepared as possible for their critical mission.

“The purpose of MEDEVAC training was to show us how to properly load patients on and off the helicopter, integrating us and the MEDEVAC crew,” said Pfc. Patrick Hogan, a Kansas City, Missouri-native and a Health Care Specialist assigned to the Talon’s 6th Battalion.

The flight medics started the training by explaining how helicopters work and what they carry. They then explained the steps of loading patients, proper hand signals and things medics should be cautious about when approaching the helicopter.

After the medics were taught background knowledge and the flight medics answered questions, they began the patient transport exercise.

“One of the medics laid down and we practiced correctly strapping him to the litter to make sure he didn’t fall off,” said Hogan. “Then we all got down, waiting for the signal to come over.”

The medics received the signal after a flight medic came over and got the patient’s history from them, then they carried the litter and loaded it on the helicopter. For the next step they came back to the start point, took a knee, and went back to the helicopter to practice unloading the patient.

These may seem like simple steps, but performing tasks that are essential to saving lives requires ground medics to be able to work quickly and efficiently with flight medics to get casualties to locations to receive the care they need.

“What I never knew before the training happened is the proper way to approach the helicopter,” said Hogan. “Now I know that there is a certain angle when approaching it, and that I cannot go to the nose of it.”

“It’s not that the training was necessarily challenging, but it was instead about awareness and working together,” said Hogan. “Safety was the most important part.”

For many of the ground crew medics, the training was the first time they were exposed to training with flight medics, and it provided a more relaxed setting to practice and rehearse the skills they will use in a high-stress situation.

“Because we medics never had much time to work with helicopters, the training helped us a lot to acquire the ability to fight tonight, in conditions we could face here on the pen,” said Hogan.

He said, “I think it is super important to integrate our medics and flight medics because we really have to understand what we or they can do for the patients since it is the goal to give the patients the best care as fast as possible to save lives.”



Medics of 6th Battalion, 37th Field Artillery, 210th Field Artillery Brigade strap one of the medics to a litter to transport him to a waiting helicopter during Medical Evacuation training in with flight medics from the 2nd Combat Aviation Brigade in November at Helipad-252 on Camp Casey.



(Left) Maj. Brent Soelberg (left), the automations management officer for the 2nd Infantry Division, pins the rank of sergeant onto his son, Sgt. Austin Soelberg, a tank crewmember with 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div. (Right) Pfc. Josephine Yandall (left), a human resources specialist with 2nd Battalion, 1st Air Defense Artillery Regiment, 35th ADA Brigade, stands with her brother, Sgt. Benjamin Yandall (right), a tank crewmember with 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division.

KOREAN TOUR UNITES 'DEVIL BRIGADE' FAMILIES



STORY AND PHOTOS BY
Staff Sgt. Warren W. Wright Jr.
1ST ABCT, 1ST ID PUBLIC AFFAIRS

CAMP HOVEY, South Korea -- Military deployments are often synonymous with spending long periods of time away from family. However, for two Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, deploying to the Republic of Korea meant catching up with some of their immediate family members and having the opportunity to be promoted by them in front of their peers.

Newly promoted Sgt. Austin Soelberg and Sgt. Benjamin Yandall, both tank crew members with 2nd Battalion, 34th Armor Regiment, had their new rank pinned on by their father and sister during a promotion ceremony here in November.

Soelberg's father, Maj. Brent Soelberg, the automations management officer for the 2nd Infantry Division/ROK-U.S. Combined Division, and Yandall's sister, Pfc. Josephine Yandall, a human resources specialist with 2nd Battalion, 1st Air Defense Artillery Regiment, were not only able to attend the promotion ceremony, but played an active role.

"Not only are we both in Korea at the same time, but his promotion comes up at this time," said Brent. "It's been an excellent opportunity."

Austin expressed how he couldn't think of a better person to pin on his newly earned rank than his father.

After finding out about the promotion "I told dad right away," said Austin. "Who else would I have promote me if I had the opportunity?"

The Soelbergs, originally from Ogden, Utah, weren't the only ones excited about the opportunity to have a family member actively participate in the promotion ceremony.

"It feels great; it's awesome," Benjamin said of his sister promoting him.

For both families, this is the first time either group has had the opportunity to cross paths professionally during their military tours.w

"I was excited," Josephine said of seeing her brother for the first time after he arrived in Korea. "I haven't seen him for almost two years."

Brent explained how he knows his son will do great things as one of the Army's newest sergeants.

"Austin has always been a leader, even if he hasn't always known it," Brent said. "I look back at his time in high school, no matter what he did, he ended up being a leader and other people would follow him."

As a sergeant, Austin is now responsible for the training and moral of the Soldiers he leads, to include the Korean Augmentation to the U.S. Army, or KATUSA, soldier he now supervises.

"I'm going to train him up to know everything he needs to know on the tank," Austin said. As for "my other Soldier, I want to develop him as a Soldier and help him out as well as the other ones in my platoon."

Military service is a tradition in the Soelberg family and this hasn't been the first time members of the family crossed paths while serving.

"It's happened before; the Soelbergs have been in Korea together at the same time," Brent said. His father served "in Korea back in the 1950s and then again during the Korean War. His first time here, he was with his brother."

For the Yandall's, both from the island of Samoa, Benjamin has started the tradition of military service, one that his sister followed when she joined the Army 15 months ago.

"He was the first one to join out of my family," Josephine said. "I always look up to him and now he's a (sergeant) so I have to catch up with him."

While deployed to South Korea, the 1st ABCT is responsible for supporting the U.S. security commitment to the nation, deterring aggression and defending the Korean Peninsula while strengthening the Republic of Korea-U.S. alliance and maintaining the military armistice in Korea.

PROVIDERS

"I am so proud when I visit the dining facilities in the 2ID/RUCD footprint and see the 92Gs with smiles on their faces, which in turn shows that they are taking pride in the service that they are providing to their brothers and sisters in arms."

~ CW3 Roy Dabreo,
2ID/RUCD Senior Food Advisor
From Jacksonville, Fla.

"Food service is important to the 2nd Infantry Division's mission because it provides continuous sustainment to the Division by fueling the appetite to 'Fight Tonight'. Our food service personnel withstand long hours of preparation and planning in order to successfully provide motivation and endurance to the Warrior Division."

~ SGM Gerald L. Hunter Jr.,
2ID/RUCD Culinary Spec. SGM
From Detroit, Mich.

"I feel I should always strive to get everything out because all the Soldiers come out here hungry. If somebody doesn't get the food and fuel they need, it will effect their mission. I just try my best to get everything out and make everyone happy."

~ Pvt. Sean Orange
1st Engineer Battalion
From Mobile, Ala.

"The Soldiers have to be able to perform military tasks and drills, and we play an important part in that by being able to give them the fuel they need to function."

~ Pfc. Shavonna Jackson,
304 HHC, ESB
From Adel, Ga.

"My job is important because I provide my fellow Soldiers with three healthy, well-balanced meals every day."

~ PV2 Alliyah Mocsa Galbreath
Echo Company, 4-2 Attack
Reconnaissance Battalion
From Fayetteville, N.C.

THE INDIANHEAD



WARRIOR DIVISION PRO *committed to providing ho*



STORY BY
Sgt. 1st Class JASON STADEL
PHOTOS BY
Mr. PAK, CHIN-U
Sgt. KIM, JIN HYEOK
2ID/RUCD PUBLIC AFFAIRS

The holiday season is here and for warriors across the 2nd Infantry Division/ROK-U.S. Combined Division, holiday meals are being served at dining facilities on most Warrior Division camps across the peninsula. The Army professionals behind those meals are the division's food service specialists (92G).

The Warrior Division will soon celebrate its 100th anniversary. That's 100 holiday seasons when Warrior Division Soldiers have been away from their Families and home, but it's also a century worth of dedicated food service warriors who've committed themselves to ensuring that even in the harshest conditions, far away from home, 2ID/RUCD troops have a great meal.

According to an article written by Herbert R. Rifkind archived on the U.S. Army Quartermaster Foundation webpage, during World War I, the war in which the 2nd Infantry Division was

born, the Army first tried to implement the use of perishable food. The proposed Army program would allow front-line troops to eat eggs, cheese, vegetables, things that were rare in previous engagements. There were supply line problems and difficulty maintaining the program, but it was something that after years of committed leaders and determined providers working hard together would eventually lead to providing a taste of home to Soldiers, especially during the holiday meals when they most missed their families.

"Food service has played a vital role in every battle that the Division has fought, taking on the mindset that 'Soldiers march on their stomachs,'" said Chief Warrant Officer 3 Roy Dabreo, senior food advisor for 2nd Infantry Division/ROK-U.S. Combined Division.

It's something that still inspires troops today, especially during the holiday season.

"It means getting together and having a nice meal is what makes the holidays so special," said Pvt. Daniel Brown, 3rd General Support Aviation Battalion, Camp Humphreys. "Family and friends laugh at the dinner table and create memories that last forever. We do the same with



PROFESSIONALS *holiday traditions*

our Army Family because we have a great meal to gather over.”

World War II brought the 2nd Infantry Division back to Europe, and Robert P. Patterson, Under Secretary of War at the time, emphasised food service and its distribution.

“The distribution system is like a pipeline. It must be kept filled if the supplies fed in at one end are to be delivered steadily and on schedule at the other,” Patterson wrote in a brief. “To keep the pipeline filled, the Army must buy food well in advance of the day it will be issued to hungry Soldiers. The time in transportation must be calculated closely, and sufficient working stocks must be maintained at the point of issue and at key points along the line to make certain that there will be no let-up, even for a day, in the flow of rations to individual soldiers on opposite-sides of the globe.”

The Army, to this day, prioritises feeding hungry Soldiers and places that incredible responsibility on the food service specialists and their leadership. Warrior Division cooks take pride in that responsibility and the legacy they follow and uphold.

“My job is important to me because we are



able to give the Soldiers something good to remind them of home and keep good morale with in each unit,” said Spc. Kyle Ramirez, 70th Brigade Support Battalion, Camp Casey.

Fight Tonight readiness demands every Soldier being physically, mentally and spiritually strong ... nothing accomplishes all three of those things like a great meal prepared by fellow warriors who know exactly how it feels to be far from home on the holidays.

We asked Warrior Division Soldiers what it means to them to have a great holiday meal when you're away from your family and home?w

“It's important to have a good holiday meal because it reminds you of being back home. It's always nice to feel like you're a part of a family.”

~ Pfc. Hector Rodas

1st Engineer Battalion

From Germantown, Md.

“It gives me a ‘home feeling.’ Having a big meal during the holidays is what my family does every year back home.”

~ Pfc. Frank Steele

D Co., 4-2 Attack

Reconnaissance Battalion

From Wayne, W.V.

“It means getting together and having a nice meal. It's what makes the holidays so special. Family and friends laugh at the dinner table and create memories that last forever.”

~ PV2 Daniel Brown

D Co., 3-2 General Support

Aviation Battalion

From Killeen, Texas



SNAPSHOTS

Warriors in Action

"It's the unconquerable soul of man, not the nature of the weapon he uses, that ensures victory."

~ Gen. George S. Patton Jr.







6-37 FIELD ARTILLERY REGIMENT CONDUCTS LIVE FIRE EXERCISE

(Left) Multiple Launch Rocket System (MLRS) crewmembers from Alpha Battery, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade fire at a point inside the safety box to make sure the rocket lands on target. (Top Right) Soldiers from Alpha Battery discuss and observe Multiple Launch Rocket System (MLRS) crewmembers conduct a Live Fire Exercise to enhance accuracy at Rocket Valley near Pocheon. (Bottom Right) Multiple Launch Rocket System (MLRS) crewmembers conduct a Live Fire Exercise to expose new crewmember to realistic training.



STORY AND PHOTOS BY
Pfc. KWON, KI HYUN
210th FA BDE PUBLIC AFFAIRS

Pocheon, South Korea -- Soldiers from Alpha Battery, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade conducted a Live Fire exercise recently at Rocket Valley here to increase readiness and familiarity for new Soldiers in the unit.

New crewmembers listened to the roaring sound of live fire rounds from the crew before them and the signs of nervousness could not be hidden. For many, it was their first time conducting a live fire mission.

As members of a Multiple Launch Rocket System crew, the Soldiers have to go through rigorous training and tests just to receive validation of their ability to function safely as one unit. Only after that validation, they conduct live fire exercises like this one.

"Before even coming out to live fire points they have to go through certification," said Staff Sgt. Alexander J. Cortes, an El Paso, Texas native assigned as a MLRS crewmember and chief of a crew in Alpha Battery. "As a launcher crew you work independently a lot out there; you definitely need to make certain skills available and make sure you are ready before actually moving on to live fire."

For new crewmembers, the nervousness of firing for the first time is not the only thing that gives them jitters at the firing point.

"The hardest part of becoming a crew member is being able to memorize every step you need to know to conduct firing," said Pvt. Daniel Green, a Jay, Oklahoma native and a MLRS crewmember.

After getting validated as a member of MLRS crew, Soldiers also go through

numerous practice drills and dry missions to be able to fire quickly, safely and accurately in the field.

"Repetition is the key for success," Cortes said. "All we do is drop off a pod down on the ground, line up on it, reload it, drop it again, and go back around and do that all day long until we get it."

While crews from other batteries had to fight the rain during their fire missions, the weather cleared up when the time came for Cortes' crew to perform. They fired for the whole day, validating three crews and called 'End of Exercise' when the sun started to sink.

Yet even in perfect weather, challenges still exist that must be overcome to complete the mission.

"Communication was one of the biggest challenges we had," said Green. "Everyone has to talk on the same channel, and try to get a straight answer [on whether to fire]."

"Drills, tests and mentorship from everyone played a big role in overcoming the problems," said Cortes.

When the crewmembers finished firing and returned to a safe location, they got out of the MLRS, sweating, but smiling. For those who fired for the first time, the live fire exercise was an unforgettable experience.

"Today was one of the biggest adrenaline rushes of my life and one of the craziest experiences," said Green, a first-time firer.

"Now that our crew can make it in a live situation, we will be fine to do it if we have to Fight Tonight," Cortes said. "But we always have to be ready for what that fight might bring, so we will never stop training and getting better."

ENGINEERS

BRING THE HEAT TO KOREA



(Left) Staff Sgt. Jason Jones (left) and Sgt. Paul Joseph (right) from the 509th Clearance Company, Task Force Warhorse, secure detonation cord in the forest during demolition training. *(Top Right)* The engineers position behind the barricade of up-armored vehicles to shield them from the blast and debris. *(Bottom Right)* Soldiers conduct a walk through after a blast and prepares to lay new charges.



STORY AND PHOTOS BY
Sgt. KALANDRA MILLER
2nd CAB PUBLIC AFFAIRS

RODRIGUEZ LIVE FIRE COMPLEX, South Korea -- Soldiers from the 509th Clearance Company, Task Force Warhorse, 602nd Aviation Support Battalion here conducted a demolition range here in November.

The 509th Engineer Battalion deployed to South Korea in May from Ft. Leonard Wood, Missouri, to support the 2nd Infantry Division/ROK-U.S. Combined Division mission on the peninsula.

The demolition range was held to provide Soldiers with real world training experience with explosive safety, priming explosives and charge placement.

Demo calculations were utilized in a formula for countermobility operations to slow or divert the enemy, increase time for target acquisition and increase weapon effectiveness. The training consisted of a total of eight calculated blasts.

"It's exciting!" said Sgt. Paul Joseph, who participated in the training. "We get to blow up real trees. I've done several demo ranges but never actually blown up real trees!"

"Most engineer units in the Army utilize telephone poles in a perfect scenario where they are straight up and down," said Staff Sgt. Jason Jones, the noncommissioned officer in charge of the range and squad leader in third platoon.

Jones said, "This is the first time myself or the majority of the company has actually conducted a real-life Abatis, or a field fortification with trees."

Each tree was numbered and marked from south to north, said Joseph.

During the training approximately 20 Soldiers lined up in a squad and proceeded up the rocky, steep terrain.

Each Soldier carried a block of C-4 and began to place it at a 45-degree angle onto a tree.

"When the trees fall they interlace, typically done on a route or avenue ap-

proach," he said.

After the placement of the charges onto the trees, Soldiers then ran detonation cord which was connected to the C-4 blocks.

The detonation cord was tied off into knots with three points of contact, in order to ensure the blast followed through.

Jones made his way through the forest along with the other NCOs and officers to check and secure each individual Soldier's knot and charge.

"That's what I'm looking for," said Jones as he prepared to conduct the next blast. "I'm making sure the detonation cord itself isn't pig tailed or curled up so when the blast happens, it won't cut off. I'm inspecting to make sure the lines are tied in properly and there is no overlap that way the cord isn't cut at any point in time."

During the training all Soldiers wore full personal protective equipment to include their improved outer tactical vest (IOTV), advance combat helmet (ACH), eye protection, and protective mask, but gloves aren't worn while working with the demolition or when building a charge.

After setting their charges, the Soldiers were led back to the safety zone barricaded by up-armored vehicles.

The blast was initiated with a time fuse with a five minute delay.

"With the blast, you'll see it before you hear it," said Joseph. "Then you'll feel the aftershock of it."

"I enjoy this type of training but what I get out of it is being a part of the experience with the Soldiers," said Jones. "We have a lot of junior Soldiers that came to us before the deployment to Korea and I really enjoy other individuals being able to experience something like this."

Jones said it's an important part of the realistic training they require to be prepared to Fight Tonight.

WARRIOR FITNESS

TO THE STANDARD: Climbing Drill 1

The Climbing Drills are designed to develop upper body and trunk strength and mobility while manipulating body weight off the ground.

Climbing Drill 1 consists of exercises performed on a high bar or climbing bars. It consists of five exercises. The PRT leader and assistant instructor will ensure that spotters are properly placed and trained on their duties. Each drill requires a front and rear spotter. All five drills are four-count exercises. Both the PRT leader and assistant instructor will maintain control of the drills and ensure safety. There are only three authorized hand positions on the bar: overhand grip, alternating grip-left and alternating grip-right.

THE STRAIGHT ARM PULL

This exercise develops the ability to initiate the pull-up motion and maintain a contraction in the extend hang position. The starting position uses the overhand grip. The cadence is moderate. This is not a typical pull up. The Soldier will keep the arms straight and pull the body upward using only the shoulders and upper back muscles. Then, in cadence, return to the starting position.

THE HEEL HOOK

The heel hook develops the ability to raise the legs from a hanging position and hook the feet securely on the bar. The Soldier will use alternating grip, with the Soldier choosing between either the left or right version of the grip. The Soldier will pull with the arms and curl the lower body toward the bar and raise

his or her feet above the bar and interlock them securely around the bar. Then, return to the starting position. During the exercise the Soldier should focus on using the arms and lower body to conduct the curl upward and avoid using swinging momentum to reach the bar.

THE PULL-UP

The starting position for the pull up is identical to the straight arm pull. However, instead of focusing solely on the back and shoulder muscles, the Soldier will pull the body up with his or her arms until the chin is above the bar. In cadence, the Soldier will then return to the starting position. This is at a moderate cadence.

THE LEG TUCK

The leg tuck is the same starting position as the heel hook. The exercise is conducted at a slow cadence, when the exercise begins, the Soldier will pull with the arms and raise the knees to the chest until the elbows touch the thighs. Return to the starting position with the cadence.

ALTERNATING GRIP PULL-UP

The alternating grip pull up is conducted a moderate cadence using either the left or right alternating grip. When the exercise begins, the Soldier will pull up toward to bar, keeping the body straight and touch the shoulder to the bar, then return to the starting position.

NEWS BRIEFS/HAPPENINGS



BLACK & WHITE NEW YEAR'S BALL

SATURDAY, DECEMBER 31, 9 P.M. – 1 A.M.

CAMP CASEY, GATEWAY CLUB

COST: \$20 (ADMISSION, FOOD & PARTY FAVORS)

THIS IS A WONDERFUL OCCASION TO DRESS AND IMPRESS IN A FORMAL SETTING, WHILE ENJOYING A DELICIOUS SELECTION OF FOOD, RAFFLE PRIZES, CONTESTS, PARTY FAVORS AND A CHAMPAGNE TOAST AT MIDNIGHT.

FOR MORE INFORMATION, CALL 730-4602.

UNIT ADOPT-AN-ORPHAN THIS CHRISTMAS

SUNDAY, DECEMBER 18, 11 A.M. – 4 P.M. AT THE CAMP CASEY WARRIOR'S CLUB.

THIS SPECIAL HOLIDAY PROGRAM GIVES UNITS IN AREA 1 THE OPPORTUNITY TO "ADOPT" A LOCAL KN ORPHAN AND TREAT THEM TO A SHOW AND MEAL AT THE CAMP CASEY WARRIOR'S CLUB. UNITS/ORGANIZATIONS THAT "ADOPT" A CHILD ARE EXPECTED TO PROVIDE A PRESENT AND PAY FOR THE CHILD'S MEAL. DUE TO LIMITED SEATING, UNITS ARE ENCOURAGED TO SIGN-UP EARLY. CALL 730-4602 OR EMAIL FRED.L.WARE.NAF@MAIL.MIL FOR MORE INFORMATION.



BEARSTOWN SKI PARK TRIP

SATURDAY, DECEMBER 17

DEPART HOVEY CAC AT 7 AM, CASEY CAC AT 7:30 AM, CRC CAC AT 8:30 AM, STANLEY COMMISSARY AT 9:15 AM.

COST: \$70 (INCLUDES TRANSPORT, GUIDE, LIFT TICKET AND BOOTS, SKI OR SNOWBOARD RENTAL)

BRING KOREAN WON FOR SNACKS/DRINKS AND RENTAL EQUIPMENT

OPEN TO ALL VALID DOD CARDHOLDERS; 40 SLOTS AVAILABLE

SIGN UP AT ANY AREA 1 CAC OR CONTACT OUTDOOR REC STAFF AT 730-6195 FOR MORE INFO

Eats In KOREA



REVIEW AND PHOTOS BY
Pfc. KIM, JIN KU
2ID/RUCD PUBLIC AFFAIRS

This month's Eats In Korea features a famous Tteokgalbi restaurant located near Uijeongbu Station called Gosan Tteokgalbi.

Tteokgalbi, the Korean term for 'grilled short rib patties' is similar to American meatloaf but grilled and cut into portions like rice cakes hence the name 'Tteok' (rice cake) -galbi.

I was first introduced to this restaurant by a local friend of mine, who highly recommended and praised the Tteokgalbi as "the best Tteokgalbi he's ever had in his life" as many others did on social media.

As we entered the restaurant, we first noticed how full the restaurant was. It was so full of people we had to wait for a few minutes before a table was available. The busy atmosphere and a long line gave us the impression that we had made the right choice.

Usually Tteokgalbi is a mixture of beef and pork, but in this particular restaurant, they served two types of Tteokgalbi - one made of only beef and the other one made of only pork - which made us feel obliged to try out both menus.

We ordered one pork Tteokgalbi, two beef Tteokgalbis and four bowls of rice. As soon as the

order went through, we were offered a variety of traditional Korean side dishes for our main meal.

Soon afterward, the Tteokgalbis were served. Each dish came in two substantially thick and large pieces. One of the pieces had a short rib attached to the patty. Both Tteokgalbis were tasty but they each had different points of flavor.

The pork had a rich, fatty taste. The beef, which was less oily, was the more savory of the two offerings.

There are three ways to eat Tteokgalbi. The first is to eat it with cabbage and sauce. The second is to eat it with soy sauce and rice. Lastly, you can eat it with salad. Another tip is to eat the boneless part before eating the patty with the short rib, as the patty with the short rib is more flavorful. Eating it first might make the boneless patty not taste as savory.

The noodles are also cheap (3,000 won) and worth eating as a finishing dish.

Gosan Tteokgalbi restaurant is located near Uijeongbu Station, making it highly accessible for U.S. Soldiers and KATUSAs in Area 1. The great taste of the Tteokgalbi will be a great experience for anyone trying out the Korean cuisine!



Gosan Tteokgalbi

Address:

13 Pyeonghwa-ro
562beon-gil, Uijeongbu
1(il)-dong, Euijeongbu,
Gyeonggi-do
Contact Info:
031-842-3006

For restaurant review
suggestions or submis-
sions contact the 2ID
Division PAO at usarmy.
redcloud.2id.list.pao-
editorial-submissions@
mail.mil or DSN 732-9132

BATTLE OF THE BULGE: *WARRIOR*



COMMENTARY BY
Sgt. 1st Class JASON STADEL
2ID/RUCD PUBLIC AFFAIRS

"What the 2nd Infantry Division has done in the last four days will live forever in the history of the United States Army."

Lt. Gen. Courtney Hodges, 1st Army commanding general, sent those words Dec. 20, 1944, via telegram to Maj. Gen. Walter Robertson, the 2nd Infantry Division commander.

In the four preceding days, December 16-19, 1944, the Warrior Division's actions were heroic, hectic, unpredictable and deadly. In those four days, its Soldiers had to adapt from an offensive effort to a defensive posture to help stop the Nazi's last ditch effort during World War II. And in those four days, two-thirds of the Division's World War II Medals of Honor were earned.

In 2017, the 2nd Infantry Division will celebrate a century of selfless service built on the legacy forged through moments like those four days during the Battle of the Bulge when Second to None Soldiers helped liberate a continent.

Often the units famous for World War II action are those we recognize from television and movies. The 82nd Airborne Division, 101st Airborne Division and Rangers became famous for their actions during that period. Their brave

warriors absolutely deserve the recognition. Their service was groundbreaking, and their legacy and legendary contributions to the war effort can hardly be understated. But it's important to remember that war in Europe raged for almost a full year after D-Day. There was hope the war in Europe would be over by Christmas 1944, but Hitler had other plans, and those plans were pinpointed to a small forest in Belgium, and 2nd Infantry Division troops, who "bravely fought amidst the cannon's roar" in World War I, were also called to fight again on the same battlegrounds 27 years later.

On June 6, 1944, U.S., British and Canadian troops led the invasion of Normandy to drive the Nazis out of France. The invasion began with airborne operations, followed by beach landings on D-Day, and on D-Day plus 1, Second To None Warriors came ashore ready to fight.

The Division was led by Robertson then, a West Point graduate and World War I veteran. He took command of 2nd Infantry Division just months after World War II started and led the Warriors in training stateside, then in Europe as they prepared for the invasion.

After Operation Overlord (the code name for the Normandy invasion) began, the Warrior Division settled into its combat role as the Allied forces won back land and liberated Nazi occupied territory on the Western Front.

OUR DIVISION ON THE FRONT LINES OF OUR NATION'S HISTORY



TECH. 4TH GRADE TRUMAN KIMBRO

ON DECEMBER 19, 1944, KIMBRO WAS ON A MISSION TO MINE THE CROSSROADS NEAR ROCHERATH, BELGIUM. FINDING THE CROSSROADS GUARDED BY A GERMAN TANK AND 20 INFANTRY, KIMBRO AND HIS MEN MADE SEVERAL ATTEMPTS TO SECURE THE CROSSROADS. ALTHOUGH WARNED AGAINST FURTHER ACTION, KIMBRO LEFT HIS MEN AND, LADEN WITH MINES, HE CRAWLED TOWARD THE CROSSROADS. HE WAS SEVERELY WOUNDED BY ENEMY FIRE BUT CONTINUED ON LAYING MINES ACROSS THE ROADS. KIMBRO DIED OF HIS WOUNDS BUT HIS ACTIONS DELAYED THE ENEMY ADVANCE ON THE REAR OF THE RETREATING ALLIED FORCES. FOR HIS ACTIONS HE WAS AWARDED THE MEDAL OF HONOR.



PRIVATE 1ST CLASS RICHARD ELLER COWAN

ATTACKED NEAR KRINKELTER WALD BY NUMERICALLY SUPERIOR GERMAN FORCES, COWAN, A HEAVY MACHINE GUNNER ATTACHED TO COMPANY I, MAINTAINED HIS POSITION THROUGHOUT SIX WAVES OF ENEMY INFANTRY. THE SEVENTH WAVE THREATENED TO OVERRUN THE DEPLETED COMPANY. COWAN MANNED HIS GUN IN THE FACE OF THIS WAVE AS A NEW POSITION WAS ESTABLISHED. THEN COWAN MOVED HIS WEAPON AND AMMUNITION TO THE NEW POSITION UNAIDED. ROCKED BY 88MM SHELLS FROM GERMAN TANKS AND FACING APPROXIMATELY 80 INFANTRYMEN, COWAN CONTINUED TO FIRE ON THE ADVANCING ENEMY. ORDERED TO ABANDON THE SECOND POSITION, HE WAS THE LAST TO LEAVE, VOLUNTEERING TO COVER THE WITHDRAWAL OF HIS COMRADES AND FINALLY SUCCUMB TO HIS WOUNDS. FOR HIS ACTIONS, HE WAS AWARDED THE MEDAL OF HONOR.



SERGEANT JOSE M. LOPEZ

ON HIS OWN INITIATIVE, LOPEZ MOVE HIS HEAVY MACHINE GUN FROM THE RIGHT FLANK OF HIS COMPANY'S POSITION TO THE LEFT WHICH WAS IN DANGER OF BEING OVERRUN. FIRING ON ADVANCING ENEMY INFANTRY AND SHELLED BY ENEMY TANKS, LOPEZ HELD HIS POSITION, STOPPING THE ENEMY ADVANCE. REALIZING THAT HIS CURRENT POSITION WAS ABOUT TO BE FLANKED, LOPEZ AGAIN MOVED HIS WEAPON IN THE FACE OF ENEMY FIRE, HOLDING HIS POSITION WHILE THE REST OF HIS UNIT WITHDREW. HE MOVED TO A FOURTH POSITION THROUGH HEAVY FIRE AND FIRED HIS MACHINE GUN UNTIL HE RAN OUT OF AMMUNITION. LOPEZ'S ACTIONS WERE DIRECTLY RESPONSIBLE FOR 100 ENEMY COMBATANTS DEATHS AND KEPT HIS UNIT FROM BEING OVERWHELMED. LOPEZ SURVIVED THE ATTACKS DURING THE BATTLE OF THE BULGE AND RETURNED HOME A HERO. FOR HIS ACTIONS LOPEZ WAS AWARDED THE MEDAL OF HONOR.



PRIVATE 1ST CLASS WILLIAM A. SODERMAN

ORDERED TO GUARD A KEY ROAD JUNCTION NEAR ROCHERATH, SODERMAN FOUND HIMSELF FACING ENEMY TANKS IN THE GATHERING DARKNESS. WAITING UNTIL THE ENEMY WAS AT POINT BLANK RANGE, SODERMAN STOOD UP AND FIRED AT THE LEAD TANK. SODERMAN REMAINED IN HIS POSITION THROUGHOUT THE EVENING, BRAVING ARTILLERY, MORTAR AND MACHINE GUN FIRE. AT DAWN, AS FIVE ENEMY TANKS ADVANCED TOWARD HIM, HE MOVED ALONG THE ROADSIDE DITCH AND JUMPED IN FRONT OF THE LEAD TANK, FIRING HIS BAZOOKA AND DISABLING IT. SODERMAN THEN ATTACKED AN ENEMY INFANTRY POSITION, KILLING THREE. HE HEARD MORE ENEMY TANKS APPROACHING AND KNEW THAT NOT ALL OF HIS COMPANY HAD BEGUN TO MOVE, SO ONCE MORE TOOK POSITION AND DISABLED THE LEAD TANK. SERIOUSLY WOUNDED BY MACHINE GUN FIRE HE CRAWLED BACK TO THE AMERICAN LINES AND WAS EVACUATED. FOR HIS ACTIONS SODERMAN WAS AWARDED THE MEDAL OF HONOR.

Each day they learned how to fight together. They became experts. They became combat-hardened veterans. And just like our "Fight Tonight" motto tells us today; they became the most adaptive, agile and ready force in the world.

On December 16, the division was in place to attack German troops to seize dams on the Roer River. However, the Nazis had one last push to try and win, or at least prolong the war. They unleashed a massive attack against America and our allies in Belgium's Ardennes forest.

Our Warrior Division's planned attack at the river was called off. The Allies needed experienced, combat veterans to help repel the surprise German attack, and there was no better fit than our Second To None troops. 2ID, in conjunction with other American divisions including the 99th Infantry Division, was ordered to hold the line at Elsenborn Ridge. It was unimaginably cold, there was snow, the troops were hungry, they were under constant shelling, and supply lines and communications were slow. But with resolve, pride and a pure willingness to fight and win, the 2nd Infantry Division executed the mission.

In those four days, they cut off German advances near the ridge, pushed the Germans back, and then helped defeat the German attack. Their lines never broke. The Warrior Division and its combat veterans didn't budge despite being in constant combat.

The Battle of the Bulge didn't end for another month, and the 2nd Infantry Division was still engaged in combat as they continued to press forward with the rest of the Allied forces until the unconditional German surrender May 8, 1945: Victory in Europe Day.

But it's those incredible four days that Hodges wrote about that stand out to me in the 2nd Infantry Division's World War II history. Our warriors were ready, decisive and brave, but it came with a price. More than 5,000 Americans from the divisions who fought there were killed, wounded or missing.

To put those four days in perspective another way, during the entirety of World War II, six 2ID Soldiers earned the Medal of Honor; four of the six were awarded for actions during those four days, with two of those heroes paying the ultimate price with their lives.

So, while our Warrior Division may not have the Hollywood fame of other divisions who fought in World War II, it's important we all remember what our unit did in Belgium. And as we serve honorably with pride today, let us remember the footsteps we follow in, because they belong to mighty warriors who fought in the snow and the cold 72 years ago, fueled by only courage and each other, but never wavering as they strengthened the legacy we continue today.

1ST BATTALION 23RD INFANTRY REGIMENT



Coat of Arms



Insignia

MISSION

The mission of the 1st Battalion, 23rd Infantry Regiment was to conduct realistic combat focused training in order to prepare to conduct full-spectrum operations in the future.

CONSTITUTION OF 23RD REGIMENT

The 23rd Infantry was first constituted on 26 June 1812 after hostilities broke out between the U.S. and Great Britain in the War of 1812. The 23rd Infantry's role and participation in that conflict was unclear and only known to those Soldiers served in the War of 1812.

HISTORY/2ID RELATIONSHIP

After the War of 1812, Congress immediately began to downsize the Regular Army. The 23rd Infantry was absorbed into the 2nd Infantry, along with 6th, 16th, 22nd, and 32nd during the summer of 1815. One company of the 23rd went to each of the 4 battalions of the 2nd Infantry, and became part of that unit's lineage and honors.

During World War I, the Regiment participated in 6 campaigns: Aisne, Lorraine 1918, Ile de France 1918, Aisne-Marne, St. Mihiel and Meuse-Argonne. The 23rd Infantry had been assigned to the 2nd Division (subsequently redesignated as the 2nd Infantry Division) 22 September 1917.

After the Korean War, the 23rd Infantry Regiment returned to Fort Lewis and then was redeployed to Alaska in 1956. On 20 June 1957, A Company, 23rd Infantry was redesignated as Headquarters and Headquarters Company, 1st Battle Group, 23rd Infantry, with its organic elements concurrently constituted and activated. The 1st Battle Group was relieved from assignment to the 2d Infantry Division on 16 December 1957. The 23rd Infantry Regiment itself was relieved from assignment from the 2nd Infantry Division on 20 June 1958 and reorganized as a parent regiment under the Combat Arms Regimental System.

Holiday Crosswords

M	Y	W	S	C	H	R	S	E	V	V	K	Q	X	D	F	H	T
F	L	N	T	E	T	K	L	E	W	V	F	F	E	G	Q	Z	S
S	R	Y	N	L	Q	G	Z	S	V	T	A	C	H	B	C	D	B
L	A	A	E	E	Y	T	R	A	P	I	O	C	D	W	N	Z	O
F	G	M	S	B	W	V	O	B	X	R	T	Z	A	E	X	X	F
A	Z	H	E	R	P	O	M	S	A	M	T	S	I	R	H	C	E
M	E	C	R	A	W	N	N	T	S	V	X	R	E	B	O	J	O
I	B	B	P	T	J	N	I	S	H	T	F	V	I	F	K	L	K
L	V	U	X	I	H	O	L	I	D	A	Y	M	D	S	Z	A	S
Y	O	J	K	O	N	Y	P	E	I	A	V	E	N	K	Y	F	R
G	O	A	H	N	N	W	C	K	F	W	A	A	S	O	U	M	K
S	W	A	R	M	I	Z	A	Y	F	N	X	B	W	Y	U	Z	K
Q	E	S	E	Z	X	T	I	K	C	T	K	X	L	K	T	G	M
M	F	R	Z	G	L	T	E	N	O	A	A	I	G	U	E	R	B
B	R	V	R	H	Y	N	Q	M	J	U	T	R	J	H	U	E	H
Y	F	A	P	U	T	S	Y	D	A	I	B	Z	A	Q	K	I	C
M	Z	K	K	C	P	H	V	T	E	M	A	H	N	T	R	J	I

Carols
Celebration
Christmas
Decoration

Family
Festives
Friends
Holiday

Merry
Party
Presents
Snow

HOW TO SURVIVE IN KOREA

1. Can you help?
do wa / jul soo / it na yo?
도와줄 수 있나요?

2. Where am I?
jeo nun / uh dee eh / it nah yo?
저는 어디에 있나요?

3. I need to go here.
yeo gi ro / ga ya / hae yo
여기로 가야해요.

4. Which direction should i go?
uh ddun / bang hyang / uh ro / ga ya / ha na
yo?
어떤 방향으로 가야 하나요?

5. What transport should i use?
mwul / tago / ga ya / hae yo?
뭘 타고 가야 해요?

6. Where is the nearest bus station?
ga jang / ga gha un / bus / jung rue jang yi /
uh dee / ip ni gha?
가장 가까운 버스 정류장이 어디입니까?



2016년 12월

VOL. 53, ISSUE 12



인디언헤드

INDIANHEAD KOREAN EDITION

[HTTP://WWW.2ID.KOREA.ARMY.MIL/KOREAN-SITE](http://www.2id.korea.army.mil/korean-site)

[WWW.ISSUU.COM/SECONDID](http://www.issuu.com/secondid)



2016년 9월 간추린 뉴스

매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



11월 1일, 제1기갑사단 1전투여단 소속 병장 어스틴 소울버그(Sgt. Austin Soelberg)의 아버지가 아들의 진급식에서 계급장을 달아주고 있다.

<사진_ 병장 크리스토퍼 데니스 / 제1전투여단 공보처>



10월 25일, 제210포병대대 장병들이 포천에서 다연장 로켓포 (MLRS) 실사격 연습을 실시하고 있다.

<사진_ 일병 권기현/ 제210포병대대 공보처>



대한민국, 용산에 위치한 제2보병사단 520 지원중대의 전사자 처리반은 태평양의 미군들의 전사자관련 업무를 담당하고 있다.

<기사_ 병장 킴벌리 젠킨스/ 제2지원여단 공보처>



Think Twice! 한 번 더 생각하고 행동하십시오!

• 제2보병사단 공식 페이스북 페이지 많은 좋아요와 공유하기 부탁드립니다.



11월 9일, 제2보병사단이 미국 재향군인의 날 (Veterans Day) 을 기념하여 제2보병사단 지도부가 경례를 하고 있다.

<사진_ 박진우 / 제2보병사단 공보처>

인디언헤드 한글판 스태프

미 제2 보병사단장
소장 시어도어 D. 마틴
한국군지원단 지역대장
중령 이일수
공보참모
중령 리처드 C. 하이드
공보행정관
상사 매리 E. 퍼거슨
공보관
김현석
편집장
상병 이종국
기자
상병 박준규
일병 김진구
사진 전문가
박진우
글을 배포처

아리따제 : AMOREPACIFIC
함초통채 : 한글과컴퓨터

인디언헤드 한글판은 미 제2보병사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다.

인디언헤드지는 일성 인쇄소에서 월간지로 발행됩니다.

취재 요청은 732-9132로 전화 바랍니다.

대통령 부대 표창 수상을 위한 리본 커팅 행사를 진행하다



11월 14일, 대한민국 캠프 레드 클라우드에서 행해지는 리본 커팅식과 기념비 공개식을 위해 제2보병사단과 의정부시의 주요 인사들이 모였다. 두 행사는 최근 제2보병사단의 대한민국 대통령 부대 표창(Presidential Unit Citation)을 기념한다.

대한민국의 병력과 미국 군사력을 성공적으로 합병한 육군의 유일한 연합사단으로서, '전사 사단' (Warrior Division)은 10월 일곱번째 대통령 부대 표창을 수상하게 되었다.

커팅식은 모든 미군, 대한민국 육군, 그리고 의정부시 시민들의 차이점을 잘라내는 동시에 그들이 가지는 동질감을 상징한다.

제2보병사단의 사단장인 시어도어 "테드" 마틴 소장은 "이 행사는 우리 역사에 큰 획을 그었으며 나는 이 기억을 평생 간직할 것이다"며 "우리는 공식적으로, 우리의 성공이 연합사단과 한미연합, 그리고 의정부시와의 동맹에서 비롯된 것이란 점을 잘 알고 있다"고 말했다.

과거에서부터 현재까지 미군은 한반도의 방어를 지원함으로써 대한민국 국민들과 큰 유대감을 형성해 왔다.

의정부시 안병용 시장은 "금일 행사는 상당한 의미를 가지고 있다"며 "지난 64년 동안 미국은 대한민국의 안정과 발전을 위하여 지속적인 지원을 해왔다"고 말했다.

사단의 계획과 실행은 타 부대를 압도했으며, 이 때문에 대통령 부대 표창을 수상하게 되었다.

마틴 소장은 "대통령 부대 표창을 향한 경쟁은 치열했으며, 한반도 전체가 수상을 갈망했다"며 "대한민국 육군과 주민의 도움, 그리고 그들과의 원활한 관계가 없었다면, 한미연합사단은 불가능했을 것이다"라고 말했다.

미군의 존재는 동두천 및 의정부 지역 주민들의 마음에 존경과 헌심을 형성하는데 자극제가 되었다.

안병용 시장은 "의정부시와 대한민국은 항상 주둔중인 미군에 감사할 것입니다"며 "우리는 제2보병사단의 장병들의 노력과 헌신에 감사하며, 그들에게 지원을 아끼지 않을 것입니다"고 말했다.

또한, 안병용 시장은 "60년을 넘는 기간 동안 이곳을 집이라고 부르다가 남쪽으로 이동하는 준비에 맞춰서, 의정부시는 전사 사단의 '명예'를 향한 기념비를 세울 예정입니다"고 말했다.

연합사단은 지속적으로 대한민국과 의정부시를 위해 명예롭게 일할 것이며, 동시에 "오늘밤 싸운다!"의 정신을 유지할 것입니다.

마틴 소장은 "저는 한미연합사단을 위한 건배를 제의하고 싶습니다."며 "같이 갑시다."라고 말했다.

참석자들은 "We Go Together!" 라고 영어로 화답하였다.

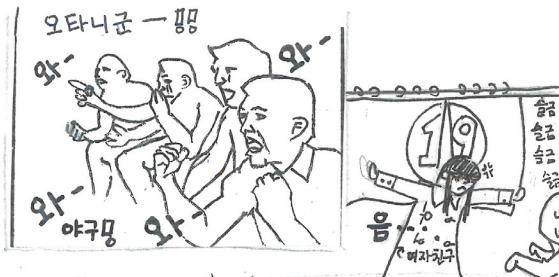
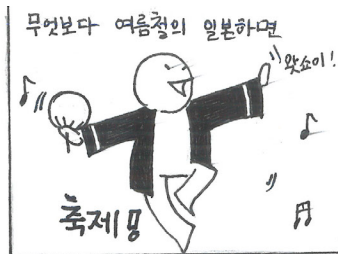
509 공병중대, 한국 공병에 열기를 주다

캠프 험프리스, 한국 (2016년 11월 21일) 602 항공지원 대대의 전투마(warhorse)공병의 509 클리언스 중대가 로드 리게즈 사격장에서 폭과 훈련을 실행했다. 509 공병대대는 지난 5월에 미주리 주의 포트 레너드 우드에서 한국으로 배치되었다. 폭과 훈련은 병사들이 폭발물안전, 폭발물점화 그리고 폭발물 배치에 있어 훈련을 통해 실제 상황을 훈련 할 수 있도록 설계되었다. 3소대의 부사관인 조셉 병장은 “이번 훈련은 꽤 재밌습니다.”며 “진짜 나무를 폭파시켰습니다. 예전에도 몇 번 폭발 훈련을 해 봤는데 실제 나무를 폭파시킨건 이번이 처음입니다.”라고 말했다.사격장을 책임지는 3소대의 분대장 존스 하사는 “미 육군의 대부분의 공병 부대는 완벽한 훈련 상황을 위해서 위아래로 쭉 뻗은 전진주를 폭발시킬 대상으로 설정합니다.”며 “저와 제 중대원 대다수에게 실제 녹채장애물 또는 나무 업폐물을 폭파는 처음 경험하는 일입니다.” 라고 말했다. 조셉 병장은 “적을 지연, 산개시켜서 목표 획득의 시간을 벌고 무기 활용도를 높이는, 대기동 작전의 공식대로 폭파가 실행되었다. 훈련 동안 총 여덟 번의 폭발 상황이 있었다. 나무는 남쪽에서 북쪽 순으로 각각 숫자로 표시되었습니다.”라고 말했다. 존스 하사는 “훈련 상황 동안 약 20명의 병사가 분대별로 줄지어 서서 바위투성이의, 비탈진 길로 나아 갔습니다. 병사들 개개인이 C-4 폭약 하나씩을 운반했고 나무를 쓰러뜨릴 수 있도록 폭약을 나무에 45도 각도로 배치했습니다. 나무가 쓰러지면서 서로 엮히기 때문에 적이 접근할 루트, 즉 길을 막아

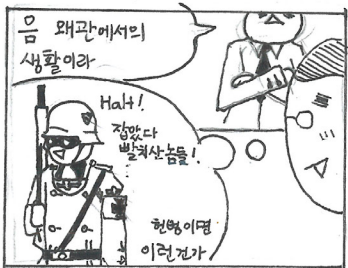
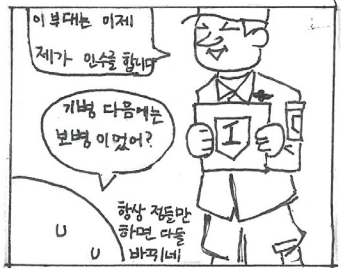
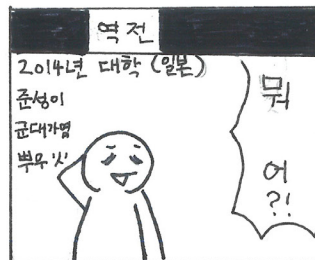
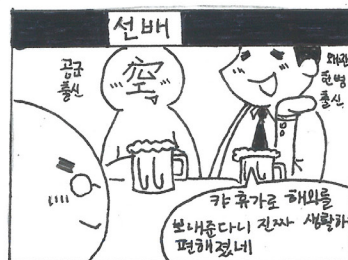
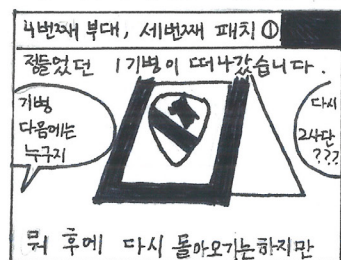
버립니다.” 라고 말했다. 나무에 폭발물을 설치한 다음에 병사들은 C-4와 연결된 폭발 선을 작동시켰다. 폭발 선은 확실히 폭발하도록 해 주는 세 개의 매듭이 지어져 있었다. 존스하사는 다른 부사관들과 장교들과 함께 병사 개개인의 매듭과 폭발물을 확인하러 숲을 헤쳐 갔다. 존스 하사는 다음 폭발을 준비하면서 “제가 찾는 것이 바로 이것입니다. 폭발선이 돼지꼬리처럼 말리면 폭발시에 끊어지지 않게 됩니다. 그래서 저는 지금 폭발선이 말려 있지 않은지 확인 중입니다. 저는 또 폭발선이 예상치 못하게 끊어지지 않도록 선이 확실히 묶여있는지 그리고 겹쳐진 부분은 없는지 검사하고 있습니다.”고 설명했다. 훈련동안 모든 병사들은 방탄조끼, 방탄헬멧, 아이프로 그리고 방독면을 포함하는 모든 개인 보호 장비를 차고 있었다. 폭과와 폭발물을 쌓을 때에는 장갑을 끼지 않았다. 폭발물을 준비시킨 다음에 병사들은 장갑차로 바리케이드를 삼은 안전지역으로 갔다. 도화선에 불을 붙인 뒤 5분 후에 폭발이 일어났다. 조셉 병장은 “폭발하면, 폭발음이 들리기 전에 폭발이 보입니다.”며 “그리고 나면 폭발의 후폭풍을 느낄 수 있습니다.”고 말했다. 존스 병장은 추가했다 “저는 이런 훈련을 좋아합니다. 하지만 제가 진짜로 얻는 것은 병사들과 함께 한 경험입니다.”며 “한국에 배치되기 전에 우리 부대로 온 어린 병사들이 많습니다. 그리고 저는 이런 어린 병사들이 이런 경험을 할 수 있는 것이 좋습니다.”라고 말했다.



- 부외편 -



뭐여튼 그런 국외 여행이었네요.
그리고 간단히 여가를 하는데...
지난 한달간 부대 바꿨고 하는 중에
정신은 없어도 특별한 에피소드는
별로 없어서 이번로는 그냥
나귀로 그 사이에 있었던 일들을
연고자 합니다.



1사단을 깨는 건 절대 아닙니다.
다만 순환부대 특성상 새 부대로 교체후 새롭게 적응해나가는 건
이제 인술해할지라도 하지만, 매번 시간이 걸리네요..

인디언헤드가 만난 사람들

"나의 이상형은?"



본부대대 본부지원중대
사단군중병 일병 이재권

웃는 모습이 이쁘며 큰 사이즈의 옷을 입어도 귀엽게 잘 어울리는 여자가 이상형입니다. 단란기 넘치면서도 서로에 대해서 진지하게 생각하며, 솔직하고 자신있게 말하는 성격을 가진 사람이라면 더욱 좋을 것 같습니다. 그리고 걷는 것을 좋아해서 자주 같이 산책할 수 있고 항상 같이 동행할 수 있는 사람이면 좋겠습니다.



본부대대 본부지원중대
사단군중병 상병 이상호

키가 작고 흑백 옷이 잘 어울리고 속쌍꺼풀이 있으며 웃을 때 입을 가리지 않으며 김태희를(중요) 닮은 여자가 제 이상형입니다. 순대와 곱창과 닭발과 막창 중 최소 두 가지 이상을 먹을 줄 아는 식성을 가지면 더 좋을 것 같습니다. 끝으로 불의의 상황에서 주저하지 않고 자신이 하고 싶은 말을 할 줄 알았으면 좋겠습니다.



본부대대 본부지원중대
사단군중병 상병 오태훈

제 이상형은 외모적으로는 선하게 생기면서도 섹시한 여자입니다. 성격은 자기 주관 이 뚜렷하면서도 너무 고집이 세지 않으면 좋을 것 같습니다. 그리고 평소에 남에게 배려할 줄 아는 존경스러운 여자면 더욱 좋을 것 같습니다.



본부대대 본부지원중대
사단군중병 병장 김동균

단발머리에 키는 160 초반에 몸매는 글래머한 영화배우 김지원을 닮은 여자가 제 이상형입니다. 성격은 남을 배려할 줄 알며, 다른 남자에게는 차갑지만 나에게서는 항상 애교 가득한 여자친구였으면 좋겠습니다. 그리고 야외활동과 사진찍기를 좋아해서 이런 저런 곳 같이 여행다닐 수 있는 그런 여자였으면 좋겠습니다.

인- 자기 소개를 부탁드립니다

구- 안녕하세요, HHBN 대대 시니어카투사로 근무하고 있는 구반석 병장입니다. 색다른 체험과 도전을 좋아하는 성격이라 군생활 동안 미군들과 부대에서 제공하는 다양한 활동을 참가하였습니다. 군생활 동안 적은 사건들을 보면 보람차고 가장 나다운 군생활을 한 것 같아 스스로 뿌듯합니다. 2월달에도 해외 휴가를 신청하여 방콕에 갈 예정입니다.

것에 감사한 마음에 최선을 다해 경기에 임했습니다. 의욕이 과다한 나머지 병장님께 "헤이 패스"라고 했을 때 순간 정적이 흘렀는데

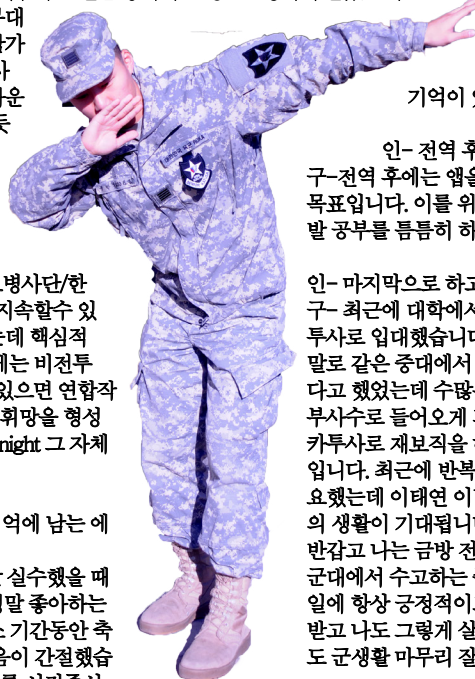
기억이 있습니다.

인- 전역 후의 목표는?

구-전역 후에는 앱을 개발하여 대중화 시키는 것이 목표입니다. 이를 위해서 현재 아이디어 구상과 앱 개발 공부를 틈틈히 하고 있습니다.

인- 마지막으로 하고 싶은 말은?

구- 최근에 대학에서 가장 친하게 지내던 동생이 카투사로 입대했습니다. 입대할 때 그 동생과 지나가는 말로 같은 중대에서 같이 군생활을 할 수 있으면 좋겠다고 했었는데 수많은 부대와 중대와 섹션 중에 저의 부사수로 들어오게 되었습니다. 제가 S6에서 시니어 카투사로 재보직을 하면서 뽑은 부사수 자리에 온 것입니다. 최근에 반복적인 군생활에 새로운 활력이 필요했는데 이때면 이병이 전입을 와서 전역할 때까지의 생활이 기대됩니다. 이때면 이병 부대에서 만나서 반갑고 나는 금방 전역할테니 수고해라. 그리고 항상 군대에서 수고하는 중국아. 너의 능률한 모습과 모든 일에 항상 긍정적이고 열심히 임하는 모습에 도전을 받고 나도 그렇게 살려고 노력하고 있어. 내가 전역해도 군생활 마무리 잘하고 HHBN 화이팅입니다!



병장 구반석

미2사단 본부중대 선임병장

인- 부대소개를 부탁드립니다

구- 저희 본부지원중대는 제2보병사단/한미연합사단이 작전수행태세를 지속할 수 있도록 지휘 및 통제능력을 갖추는데 핵심적인 역할을 하고 있습니다. 전시에는 비전투원 후송작전(NEO)을 책임지고 있으면 연합작전을 수행하는데 필요한 임무지휘망을 형성해 지원하고 있습니다. Fight Tonight 그 자체인 부대라고 할 수 있습니다.

인- 지금까지 군대에서 가장 기억에 남는 에피소드는?

구- 이병 시절 축구를 하다가 말 실수했을 때 가장 긴장했었습니다. 축구를 정말 좋아하는데 자대에 전입 올때까지 훈련소 기간동안 축구를 하지 못해서 하고 싶은 마음이 간절했습니다. 전입은 날 이를 알고 축구를 시켜주신

인디언헤드는 사랑을 싣고♥♥



이번 호의 주인공은 미2사단 본부중대 정우군과 여자친구 은경양입니다. 게재를 바라시는 분은 미 2사단 공보처 카투사 메일 2idkoc@gmail.com 또는 732-9132로 연락주시기 바랍니다.

To. 은경

여보~ㅋㅋㅋ 갑자기 뜬금없이 편지써달래서 당황했지? 요즘 잘자하고 전사회하고 정신없이 바쁘텐데 이런 부탁해서 미안해. ㅋㅋ...내가 쓰는 편지를 다른사람들도 볼수있다고 생각하니가 되게 부끄럽네

처음에 사귀기 시작했을땐 뭐 똥디 할만하겠지만고 막연하게 시작했다가 이제 어느새 500일이 눈앞이네. 400몇십일동안 여행도 엄청 다니고, 새로운 음식, 친구, 경험등 을 너랑 같이 접하게 되서 너무 고마워. 비록 싸웠던 적도 잇었고, 우여곡절들도 많았지만 그것들을 다 이겨내고 꿋꿋히 나만 봐주는 여친이 생긴거 같아서 너무 신기하다 ㅎㅎ. 사귀는 동안에도 뉴욕 뽀뽀 똥디에 내가 한국에 와서 군대를 오게되서 우리는 사귀는 내내 똥디만 하는것같네. 다른 사람들은 힘들어서 어떻게 하냐고 많이 하는데 계속 사귀면서 애뜻함이 더 커진다 해야되나..? 정확히 설명은 힘든데 나중에 만날 생각하니가 더 기분도 좋고 그래서 너랑 사귀는거 절대 후회 안할거같고 오히려 잘했다고 내 과거에 칭찬할거같애 ㅎㅎ. 군인인 나랑 똥디인데 계속 사귀는 너를 보니까 내가 더 잘해야된다는 마음도 커지도 애정도 커진거같다. 앞으로 군생활은 아직 많이 남았지만 우리 둘다 노력해서 서로한테 뿌듯한 맘으로 만나자. 항상 고맙고 사랑해~~

From. 정우

To. 정우

연하인데 정말 연하같은 내 귀엽둥이 남편아~ 내가 학기가 시작하고 자기한테 편지를 쓴적이 많은거 같지는않네. 자기 훈련병때는 매일매일 10통까지도되는 편지를 쓴게 옛그제 같은데 학교가시작하고 과제가 폭탄이 되다보니깐 우리 여보한테 소홀해지고 우리 관계에 대해서도 너무 당연시하고 신경을 많이 못쓴 거같아서 미안해요. 우리여보도 사람이고 군대에서 힘들텐데 나한테 웃어주고 애교부려주면서 내 기분 맞춰주고 늘 나 이쁘다 사랑한다 날 많이 생각해주는게 보여서 늘 고마워요. 우리가 똥디를 해왔던게 다행인건지된지 자기가 군대가있어도 그냥 아직도 뉴욕에있는거처럼 아직도 우리가 똥똥똥하다는게 신기한거같아. 가까히있어도 오래못가는 커플이 많은데 우리처럼 지구 반대편에 있어도 이렇게 잘사귀는 커플은 흔치않을꺼야 그렇지? 이게 다 여자가 착해서 그렇데. 이게 다 내덕분이야~ 웡 맛앙 >< ㅎㅎ 우리자기도 귀여워서 그런걸꺼야~ 내애기만큼 폼당이 어디있겠어! 자기 만나고 내가 웃음도 많아지고 사람관계에서도 배울점도많고 그냥 generally 배울점이 많은 사람이라서 좋은 거같아요. 내가 고집불통인데도 늘 웃으면서 받아줘서 정말 너무 고맙고 미안하고 사랑해요! 내가 학기만 끝나면 매일매일 사랑해 줄게요~ 더욱더~ 늘 고맙고 군대에서 힘들텐데 우리여보가 힘들때 바로 옆은아니지만 그래도 힘이되어주고 든든한 버팀목이 되어줄수있는 여친이 되어볼께~ 사랑하고 오래오래 이쁘게 사귀자 내 사랑아~

From. 은경

한미 문화 교류 성탄절 Christmas

크리스마스(영어: Christmas)는 대부분의 기독교가 기념하는 최대 축일로서 예수의 탄생을 기리는 날이다. 대한민국 공휴일의 정식 명칭은 “기독탄신일(基督誕辰日)”이며, 통칭으로 ‘성탄절(聖誕節)’, 기독교 내에서는 ‘예수 성탄 대축일’, ‘그리스도 탄신기념일’, ‘예수 그리스도의 탄생기념일’이라고도 한다.

크리스마스는 라틴어 “그리스도”(Christus)와 “모임”(massa)의 합성어로서, ‘그리스도 모임’ 즉 ‘그리스도의 탄생을 기념하는 모임’으로 종교적인 예식을 의미한다. 동방 정교회나 개신교에서는 “그리스도의 예배”로 로마 가톨릭교회에서는 “그리스도의 미사”로 번역한다. 그러나, 이 날은 역사적인 그리스도의 기념일로 역법에 의한 날짜의 차이가 있기는 하지만 대부분의 기독교 교파들은

기념한다. 성경에서 예수의 탄생일인지 확인할 수 없고 로마에서 태양신을 숭배하던 이교(異敎)의 축제일과 같다는 사실과 1세기부터 2세기까지 초기의 기독교인들이 이 날을 지키지 않았다는 이유로 기념하지 않는 교파도 있다.



<기사_상병 이종국/제2보병사단 공보처>