

NOVEMBER 2016

VOL. 53, ISSUE 11

HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA



# INDIANHEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963  
[WWW.2ID.KOREAARMY.MIL](http://WWW.2ID.KOREAARMY.MIL) [WWW.ISSUU.COM/SECONDID](http://WWW.ISSUU.COM/SECONDID)

**2ID/RUCD Welcomes  
ROTATIONAL WARRIORS**

**Warrior Division earns 7th  
ROK Presidential Unit Citation**





# INDIANHEAD

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**PHOTO OF THE MONTH**

(Top): U.S. Army Soldiers from 1st Squadron, 4th Cavalry Regiment, welcomed their Korean Augmentation to the U.S. Army, or KATUSA, soldiers with a patching ceremony on Camp Casey, Oct. 19. The KATUSAs work side-by-side with their U.S. Army teammates. (Photos by Capt. Jonathan Camire, 1st ABCT, 1st Infantry Division Public Affairs)

(Cover): Maj. Gen. Ted Martin, 2nd Infantry Division/ROK-U.S. Combined Division commander, accepts the Republic of Korea Presidential Unit Citation, Oct. 1, from ROK President Park, Geun Hye. 2ID/RUCD has been awarded the ROK Presidential Unit Citation seven times.

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# 18

Maj. Gen. Shin In Ho, ROK 26th Mechanized Infantry Division commander, admires a display of historical artifacts at the 2nd Infantry Division museum on Camp Red Cloud, South Korea. The 26th ID leader signed a memorandum of understanding to continue combine training with 2ID.



# INDIANHEAD

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As the 2nd Infantry Division/ROK-U.S. Combined Division prepares to celebrate a "Century of Second to None," our Leader's Corner column will recognize past Warrior Division Soldiers. Each month leading up to our 100th Birthday in October, the Indianhead will pay tribute to the great leaders who have helped make this Division "Second to None!"

Lt. Gen. John A. Lejeune commanded the 2nd Infantry Division from July 1918 to August 1919. He was one of two Marine commanders in the division's early history. He later served as the Commandant of the Marine Corps.

*"The relationship between officers and men should in no sense be that of superior and inferior, nor that of master and servant, but rather that of teacher and scholar. In fact, it should partake of the nature of the relationship between father and son, to the extent that officers, especially commanding officers, are responsible for the physical, mental, and moral welfare, as well as the discipline and military training of the young men under their command."*

*"Leadership is the sum of those qualities of intellect, human understanding, and moral character that enables a person to inspire and control a group of people successfully."*



Sgt. Maj. Of the Army (Ret.) Robert E. Hall served as the 2nd Infantry Division's command sergeant major from December 1991 to November 1993. He later assumed the responsibilities as the 11th Sergeant Major of the Army in October 1997 and held the position until his retirement in June 2000.

*"From the beginning of our Army, the best Soldiers have been selected from the ranks to wear the chevrons of the noncommissioned officer . . . The trust, confidence and authority to lead, train, instill discipline, care for and serve as role models and mentors for Soldiers come with the insignia of rank, training and experience."*

*"While our national leadership evaluates key Soldier issues in the years ahead, we all recognize that resources do not exist to address every challenge. Our noncommissioned leaders must bridge that gap as they always have. We have to enforce standards, make the chain of command work and take care of Soldiers."*





## Marksmen Dominate EUSA 'Shoot'



The 2d Infantry Division's marksmen dominated the 1967 Eighth United States Army Championship Rifle and Pistol Meet, taking 11 out of 20 individual and team awards presented at the shooting grounds in Camp Lejeune, North Carolina.

Three out of four of the top marksmen went to the 2d Infantry. The Rifle team, consisting of Capt. Paul D. Smith, 1st Lt. Robert W. Baker, PFC Lawrence J. Smith, and PFC Robert W. Baker, won the team title. The Pistol team, consisting of Capt. Paul D. Smith, 1st Lt. Robert W. Baker, PFC Lawrence J. Smith, and PFC Robert W. Baker, won the team title.

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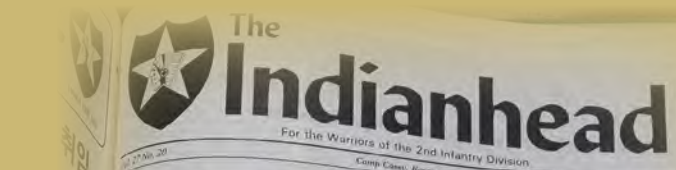
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## — NOVEMBER 1967

**Colorful Ceremonies Mark Division's 50th Anniversary**  
**"Fifty years and 8,000 miles from its birthplace, the 2nd Infantry Division continues in the defense of our country's freedom."- Maj. Gen. Frank M. Izenour, 2ID CG, 1967**



The 2D planning for quick evacuation

Noncombatants should bring their NEO packs with them. Their NEO packs should include identification cards, passports, insurance records, emergency payment forms, change of address cards, marriage and birth certificates, mobile phone numbers, NEO data card, etc.

The main purpose of the exercise is to verify that all noncombatants know what to do in case of an emergency and to ensure that they all can be evacuated quickly and safely.

Participation by all noncombatants is critical to the successful exercise of our evacuation procedures.

If noncombatants are missing documents or don't have a NEO packet, they should contact the unit NEO Warden in their spouse's unit before the exercise.

According to C-10, every document in the packet is important.

These are the documents that people need to get out of the country and to get reimbursed for any personal items they leave behind.

They set up at Story Impact Range, just north of Warrior Base. The range is little more than a cleared space in the middle of several rice fields with the impact area across the valley on a hill.

Part of getting ready for the 100 days of duty in the Demilitarized Zone for 1st Battalion, 506th Infantry is weapon qualification. Not just M16s and M60s; all weapons the unit will employ if needed.

One weapon the soldiers from the battalion are testing their experience on is the 60mm Mortar.

They set up at Story Impact Range, just north of Warrior Base. The range is little more than a cleared space in the middle of several rice fields with the impact area across the valley on a hill.

Due to the danger, extra safety precautions must be taken.

This range is difficult to fire on because of the Korean farmers around here," said Sgt. Bruce Mirtka, Ammunition NCO for the battalion. "It's the harvest season now, so the farmers are all out here bringing in their rice crops."

## NOVEMBER 1990

**The chance of war in Korea is still real, and the Army is responsible for evacuating all American noncombatants should a conflict erupt. 2ID trains for this quick evacuation through exercise Courageous Channel 1990.**

## Mortarmen blast Story Impact Area



Staff Sgt. M. A. Herfendal, 2ID Mortar Platoon, fires a mortar.

Due to the danger, extra safety precautions must be taken.

This range is difficult to fire on because of the Korean farmers around here," said Sgt. Bruce Mirtka, Ammunition NCO for the battalion.

It's the harvest season now, so the farmers are all out here bringing in their rice crops."

The range was run under the supervision of Sgt. 1st Class Thomas L. Burt, Headquarters and Headquarters Company, 1st Battalion, 506th Infantry Platoon Sergeant for the battalion.

They set up at Story Impact Range, just north of Warrior Base. The range is little more than a cleared space in the middle of several rice fields with the impact area across the valley on a hill.

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## CHAPLAIN'S CORNER

# A Joyous Season TOGETHER



BY  
Chaplain (Maj.) **BRYANT CASTEEL**  
2nd SUSTAINMENT BRIGADE CHAPLAIN

For many of us, this time of the year marks the start of our holiday season – a joyous time to spend with family and friends. On this side of the world, however, the thought of celebrating the holidays away from home may be emotionally difficult. Korea is a great country with a lot to offer, but it can be difficult to make a foreign place feel like home, especially during the holidays.

But personal sacrifice for a greater good is not a new phenomenon - you are in noble company. The Bible is filled with stories of God's people living in foreign lands, determined to serve a higher purpose than they could at home.

Gen. (Ret.) Bruce C. Clarke said, "Rank is given to you to enable you to better serve those above and below you. It is not given for you to practice your idiosyncrasies". We should use our position to make a positive impact in others lives.

We may not be in our homeland, but that should not stop us from seeking to make a difference and encourage others.

Let's start this holiday season with a new resolve to reach out to those among us who we see struggling, to make a foreign place feel like home, and to offer

them the gift of friendship. Charles Haddon Spurgeon wrote, "Friendship is one of the sweetest joys of life. Many might have failed beneath the bitterness of their trial had they not found a friend."

The start of this season can be joyous, even away from home, if we recognize the strength we can find in each other, and use that strength to build something beautiful for ourselves.

## 2nd ID/RUCD Religious Services

West Casey Chapel Bldg #S-2346 (Camp Casey)

Memorial Chapel Bldg #S-50 (Camp Casey)

Hovey Chapel Bldg #S-3592 (Camp Hovey)

Warrior Chapel Bldg #T-915 (Camp Red Cloud)

Stanley Chapel Bldg #T-2325 (Camp Stanley)

Humphreys Chapel 1 Bldg 6800 & Chapel 2 Bldg 6360 (Camp Humphreys)

### Area 1 Chaplain Services:

usarmy.redcloud.2-id.list.division-chaplain@mail.mil or DSN 732-7998

### Camp Humphreys Chaplain Services:

humphreys.korea.army.mil/rso or DSN 754-7275

Camp Carroll Chaplain Services: DSN: 765-8417

## HEALTH OF OUR FORCE



REVIEW BY:  
**ARMY.MIL**

## GET THOSE FLU SHOTS

Coughing, sneezing, fever, aches ... Flu season is here. It's the time of year to expect more of these symptoms in your family, friends or coworkers, but it doesn't have to be that way. The flu vaccination is now available and medical experts say the best protection against the flu virus is to get vaccinated.

Family member civilians and DoD civilians can call their local clinics for specific information on when and where to get vaccinated in their local community.

Experts recommend you should get vaccinated as soon as the vaccine becomes available, so the majority of 2ID/RUCD should have already received their shots, but keep in mind that it takes about two weeks for the antibodies to develop in your body to fully protect against the flu. It's important to get a flu vaccine every season, even if you got a vaccine last year.

Medical professionals also strongly stress the importance of continuous hand hygiene in not just a hospital setting but in the everyday routine, because influenza too often spreads from people touching something with influenza viruses on it and then touching their mouth or nose.

One of the challenging aspects of flu is that someone who becomes infected can infect others one day before they have symptoms and up to five days after becoming sick. Influenza usually causes mild to severe illness, and in extreme, uncommon, cases can lead to death.

Symptoms of influenza include fever, headache, extreme tiredness, dry cough,

sore throat, chills, runny or stuffy nose and muscle aches. Stomach symptoms such as nausea and vomiting can also occur but are more common in children than in adults.

By the time you notice the symptoms, it's too late, so ensure you take the preventative measures to ensure your health and the readiness of our force.

### TIPS TO AVOID THE FLU

- Avoid close contact with people who are sick and when you are sick.
- If possible, stay home from work, school and errands when you are sick.
- Cover your mouth and nose with a tissue when coughing or sneezing.
- Washing your hands often will help protect you and others from germs.
- Dress appropriately for the weather.
- Keep your living area clean.



## 2ID/RUCD EARNs 7TH ROK PRESIDENTIAL UNIT CITATION



Despite rain threatening and a soggy parade field, the Republic of Korea celebrated its military with marching bands, speeches and exhibitions of military expertise during the 68th Annual Armed Forces Day Ceremony.

The Ceremony, held at the Grand Parade Field in Gyeongdae, near Daejeon, South Korea, opened to marching drums. A motorcycle parade and a choral performance by ROK military cadets was followed by thunderous applause when ROK president Park Geun-hye arrived at the parade field.

During the ceremony, 2nd Infantry Division/ROK-U.S. Combined Division was awarded the Republic of Korea Presidential Unit Citation for successfully becoming a combined division.

The government of South Korea issues the Korea Presidential Unit citation to both Korean military and foreign units. This marked the seventh time the 2nd ID/RUCD has earned the Korean Presidential Unit Citation and first time as a combined division.

ROK President Park presented the citation to Maj. Gen Theodore D. "Ted" Martin and Command Sgt. Maj. Edward Mitchell, the 2ID/RUCD command team. The award symbolizes the strengthened ROK-U.S. alliance as it enhances ROK-U.S. combined defense capabilities and South Korean national security.

The ceremony presented several events such as pass in review, award ceremony and remarks from the several distinguished guests. A CH-47 Chinook helicopter flew over the field with a 30 meter by 20 meter Korean National Flag hanging beneath it.

# A LEGACY OF SERVICE AS OLD AS OUR NATION



COMMENTARY BY  
Sgt. 1st Class **JASON STADEL**  
21D/RUCD PUBLIC AFFAIRS

Native American history in conjunction with American history is often complicated to understand. The complexity of the relationship of Native Americans is debated from Ivy Leaguers to Facebook scholars to this day. With the constant discussion, there is no doubt about one thing, Native Americans have served proudly in the U.S. Armed Forces since our Nation's birth.

The role Native Americans have played in the U.S. Army goes all the way back to the Revolutionary War. Just as colonists did during America's fight for independence, many tribes supported the patriot cause, many remained loyal to the King, and some even chose to stay neutral.

Native Americans again chose sides in the War of 1812, including famous Shawnee leader, Tecumseh, who sided with the British.

As American borders expanded to the West, conflicts between the Army and Great Plains tribes arose, with the most famous taking place in South-eastern Montana at the Battle of the Little Bighorn in 1876. Lt. Col. George Custer's detachment of the 7th Cavalry was wiped out by Sioux, Northern Cheyenne and Arapaho tribes. However, Custer was aided by Crow and Pawnee scouts during this battle.

The U.S. Army's lineage and history have even evolved into honoring the courage and commitment of Sioux warriors. The 3rd Cavalry Regiment troopers, now based at Fort Hood, Texas, use "Ai-ee-yah" in lieu of the more common "Hooah." The 3rd CR website says the term is a Sioux command that means "attack."

The United States entered World War I in April 1917, and although most Native Americans weren't yet U.S. citizens (Native Americans weren't granted citizenship until 1924), thousands enlisted to serve and were sent to Europe. Many members of the Choctaw tribe were used as radio operators to speak in a codified version of their native language and send messages between units. The Germans were never able to decipher the coded language. Some historians even credit the Choctaws' ability to relay messages in their native language as the turning point in the Meuse-Argonne campaign in October 1918.

In World War II, Native Americans again played an important role in both the Pacific and European Theater of Operations. Pfc. Ira Hays (USMC), a Pima from Arizona, was one of the iconic "flag raisers" at Iwo Jima. The Marines also trained 29 Navajos to use their native language as a code, famously known as the Navajo Code Talkers.

During the Invasion of Iraq in March of 2003, Pfc. Lori Piestewa was a member of the 507th Maintenance Company when it came under attack. Piestewa, a Hopi from Tuba City, Arizona, was mortally wounded when a rocket-propelled grenade hit the Humvee she was driving. Piestewa survived the initial attack, but later died from her wounds. Since her death, Piestewa has been honored by renaming a mountain peak, Piestewa Peak near Phoenix, as well as many memorials dedicated to her life and service.

Countless warriors of Native American ancestry, like those I've highlighted, continue to selflessly serve our nation today.

I'm proud to be one of them.

## SGT. FIRST CLASS TONY KENNETH BURRIS HOMETOWN: BLANCHARD, OKLAHOMA TRIBE: CHOCTAW MOH AWARDED: MAY 1952



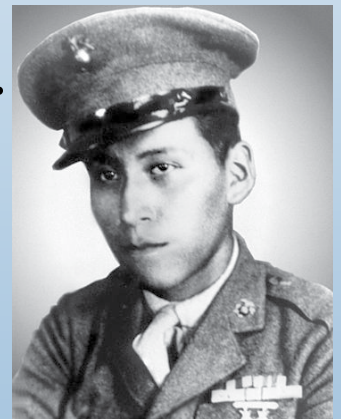
Sgt. First Class Tony Kenneth Burris was a U.S. Army Soldier assigned to Company L, 38th Infantry Regiment, 2nd Infantry Division, during the Korean War. He was posthumously awarded the Medal of Honor for his actions near Mundung-ni, Korea, October 8-9, 1951.

On October 8, when his company encountered fire from a hostile force, Burris charged forward alone, throwing grenades into the position and destroying approximately 15 enemy soldiers. On the following day, spearheading a renewed assault on enemy positions on the next ridge, he was wounded by machine gun fire but continued the assault, reaching the crest of the ridge ahead of his unit and sustaining a second wound. Calling for a recoilless rifle team, he deliberately exposed himself to draw fire and reveal the enemy machine gun position. With the enemy emplacement destroyed, the company then moved forward and prepared to assault other positions on the ridge line. Burris, refusing evacuation and submitting only to emergency treatment, joined the unit in its renewed attack but hostile fire halted the advance. Burris again rose to his feet, charged forward and destroyed the first emplacement with its heavy machine gun and six-man crew. Moving out to the next emplacement, and throwing his last grenade, which destroyed this position, he fell mortally wounded.

Burris is buried in Blanchard Cemetery, Blanchard, Oklahoma.

## Cpl. Mitchell Red Cloud, Jr. HOMETOWN: HATFIELD, WISCONSIN TRIBE: HO-CHUNK MOH AWARDED: APRIL 1951

*In 1957 the Army recognized Red Cloud's heroic actions by naming Camp Red Cloud, home of 21D/RUCD headquarters, after him.*



Mitchell Red Cloud, Jr. served in the United States Marine Corps during World War II, and later served as a U.S. Army Soldier during the Korean War. As an Army corporal, Red Cloud was posthumously awarded the Medal of Honor for his actions near Chonghyon, North Pyongan Province, North Korea, on November 5, 1950.

Red Cloud enlisted in the U.S. Army shortly before the beginning of the Korean War. Serving with the 24th Infantry Division, he was among the troops who fought the first battles of the war during the Battle of Taejon and the Battle of Pusan Perimeter. He was also a part of the Eighth Army advance into North Korea. On the night of November 5, 1950, Red Cloud was manning a forward observation post when he spotted an imminent surprise attack by Chinese forces. Red Cloud singlehandedly held off the Chinese forces despite being shot eight times, at one point ordering his men to tie him to a tree because he was too weak to stand by himself. His company found him the next morning, surrounded by dead Chinese troops. He was credited with alerting his company to the ambush and saving them from being overrun. For these actions, he was posthumously awarded the Medal of Honor.

Born in Hatfield, Wisconsin, Red Cloud was a member of the Ho-Chunk Native American tribe.



210th Field Artillery Brigade medics transport a Soldier secured on a litter into a helicopter, Oct. 6, at Helipad-252 on Camp Casey.

## THUNDER TROOPS CONDUCT MEDEVAC TRAINING



**STORY AND PHOTOS BY**  
**Pfc. KWON, KI HYUN**  
**210 FA BDE PUBLIC AFFAIRS**

**CAMP CASEY, South Korea** -- In the Army, situations arise when medics need to promptly transport injured people to places that safely offer the patient proper treatment.

To prepare for these situations, medics of Headquarters and Headquarters Battery, 210th Field Artillery Brigade, conducted medical evacuation training in October at Helipad-252 here.

Pilots and flight medics from 2nd Infantry Division/U.S.-ROK Combined Division's 3rd General Support Aviation Battalion, 2nd Aviation Regiment visited Camp Casey to lead the MEDEVAC training and integrate with ground medics of 210th FA to practice transporting patients on a helicopter.

"The purpose of MEDEVAC training is to familiarize ground units with the operating procedures of the aviation unit," said Sgt. Iim Yang, a Reno, Nevada native, and a critical care flight medic assigned to 3-2 GSAB. "This allows Soldiers to integrate ground operations and aerial operations."

The two-part training consisted of transporting a patient onto a helicopter while on ground and while the aircraft hovered. In both parts, medics began the exercise by practicing with an empty litter and progressed to carrying one with sand bags on it, and validated their skills by carrying a person on the litter.

As with any kind of training conducted for the first time, there were some challenges. Although ground medics were not initially familiar with the equipment used by flight medics, it was an opportunity for them to learn the different procedures and measures to transport a casualty.

"The flight medics gave us a lecture about all of the equipment and the helicopter during the training, and they wanted to teach us as much as possible," said Pfc. Yuseop Shin, a Lawrence, Kansas native, and a health care specialist. "Due to their great support, we could overcome the unfamiliarity by taking notes and paying attention to the instructor."

Throughout the training, the medics became proficient with loading patients on and off the helicopter in a short amount of time.

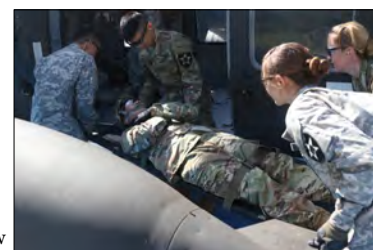
"The medical field is constantly changing in either the military or civilian sector, so staying up to date on medical procedures, skills, and lessons learned is really needed for all of us to be ready to fight tonight," said Yang.

"I was amazed to be a part of the training because I know that this training is very costly," said Shin. "The Army was supportive enough to link us up with the flight crew and provide us the opportunity to fully experience the MEDEVAC in real life rather than in books."

"Moreover, it was very motivating to meet the flight medics," said Shin. "We now feel more equipped as medics by cooperating with them."



210th FA Brigade medics practice carrying a patient on ground to a helicopter during MEDEVAC training at Helipad-252 on Camp Casey.



The 210th medics work with flight medics of 2nd Aviation Regiment to practice loading a patient on a hovering helicopter using a SKEDCO litter tag line at Helipad-252 on Camp Casey.



# US, ROK SOLDIERS CONDUCT NIGHT AIR ASSAULT TRAINING



**STORY AND PHOTOS BY**  
**Cpl. PARK, JUN KYU**  
**2ID/RUCD PUBLIC AFFAIRS**

**CHUNGJU, South Korea** -- Soldiers of 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade worked with their counterparts from ground units of the ROK Army's 603rd Air Assault Battalion during combined nighttime air assault training in October near here.

"We are conducting a combined air assault involving six UH-60 Blackhawks from both sides," said Capt. Chris Strain, an U.S. aviation officer involved in the training. "Most importantly, today's training will be conducted during night time, which makes everything more complicated. You are losing primary visual sense. So, definitely more challenging. However, night time is also when we can possess an advantage over the enemy if everything is precisely conducted in the right way."

With the sun setting, more than 100 ROK army soldiers from the 603rd Air Assault Battalion arrived at the pickup zone.

The sound of the first Blackhawks rose to a deafening roar from the dark sky as they approached. After the helicopters landed, the first group of ROK soldiers quickly boarded. Approximately five minutes after the six ROK Blackhawks left, the U.S. helicopters arrived to pick up the remaining ROK soldiers.

"With combined training like this, you get to see the other nation's operations, tactics and techniques," said Strain. "When you work with other nations since every nation has its different ways to proceed, you really have to step back and think 'How do I do it?' and 'Why do I do it in that way?'"

Strain explained the importance lessons that he gained from conducting combined training.

"Not only learning from them, but you are taking a deeper look at why you do the things the way you do it and finding out if there's a better way that it can be done."

With 2nd Infantry Division's/ROK-U.S. Combined Division's 100th Anniversary coming up, its Soldiers and allies are continuing their efforts to build on the Indianhead's legacy which is deeply engrained in combined efforts like this training.

"To be part of this training for me is very humbling," said Sgt. Devon Canty who was part of the training. "It's a great opportunity to see both units operating together, and I'm really honored to build upon the long history of the Second Infantry Division."



*(Top)* Six UH-60 Blackhawk helicopters approach a pickup point near Chungju, South Korea, during a nighttime air assault exercise Oct. 13. *(Middle)* Soldiers of 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division-Republic of Korea/U.S. Combined Division and the Republic of Korea Army's 603rd Air Assault Battalion prepare for nighttime air assault training. *(Bottom)* Republic of Korea Army soldiers from the 603rd Air Assault Battalion prepare for combined nighttime air assault training.

# ROTATIONAL UNITS JOIN ENSURE CONTINUED FIGHT TONIGHT



**STORY BY**  
**2ID/RUCD PUBLIC AFFAIRS**  
**PHOTOS BY**  
**Mr. PAK, CHIN-U**

**CAMP CASEY, South Korea** -- Two rotational units relinquished their responsibilities during a ceremony here Oct. 27, after successfully providing nine months of critical contributions to the security and stability of the Republic of Korea and the Fight Tonight readiness across the peninsula.

The “Ironhorse” Soldiers from 1st Armored Brigade Combat Team, 1st Cavalry Division will return to Fort Hood, Texas, as the “Devil Brigade” troops of 1st Armored Brigade Combat Team, 1st Infantry Division from Fort Riley, Kansas, assume the maneuver brigade mission set for the Warrior Division.

The ceremony also welcomed the 2nd Battalion, 18th Field Artillery Regiment Soldiers who replaced the 3rd Battalion, 13th Field Artillery Regiment, both home stationed at Fort Sill, Oklahoma. The multiple launch rocket system battalion will continue to be a part of 2ID/RUCD’s 210th Field Artillery Brigade’s critical counter fire task force mission.

“These units come to us complete, ready and stabilized for their nine-month

deployments. This tremendous capability means that combat power and battle readiness will only continue to increase in the months ahead as they train side-by-side with our ROK counterparts,” said Maj. Gen. Ted Martin, the 2ID/RUCD commanding general.

Col. Tim Hayden, the 1st ABCT, 1st ID commander, said, “We are a lethal and disciplined team of warriors with excellent leaders. We look forward to continuing the partnership with the ROK Army and our commitment to the community.”

The 210th FA Bde. will also add 1st Battalion, 5th Field Artillery to their operational mission. 1-5 FA is a subordinate unit of 1st ABCT, 1st ID, but will be operationally attached to 210th FA Bde. during its time tour on pen.

“Having 2-18 Field Artillery and 1-5 Field Artillery allows us to have a greater impact in the defense of South Korea,” said Col. Chris Taylor, 201th FA Bde. commander. “Their capabilities increase our lethality and contribute to our ability to defeat enemy artillery quickly and efficiently and to the ability of our ROK partners to secure the country.”

During the ceremony, Martin thanked the outgoing rotational warriors for their dedication and selfless commitment to the division and the people of Korea.

“The tremendous capabilities of these two units and their outstanding efforts



# 2ID/RUCD, FIGHT READINESS



greatly enhanced the Warrior Division's readiness and allowed the ROK-U.S. Alliance to deter aggression in the Korean Peninsula each and every day," Martin said. "To the Soldiers from Red Dragons and Ironhorse, I want to thank you for your discipline, attention to detail, and sky-high morale. We wish you the best of good luck and Godspeed as you return to Fort Sill, Fort Hood and your families."

For the next nine months, the 1st ABCT, 1st ID Soldiers and 2-18 FA Soldiers will be training side-by-side with their ROK Army partners and Korean Augmentatee to the U.S. Army (KATUSA) teammates in their formations.

"The unique thing about our relationship with the ROK Army is that it was forged in battle – fighting side-by-side in the Korean War," Martin said. "It continues to be forged today, as we stand shoulder-to-shoulder with our Korean partners at freedom's frontier against the North Korean threat. My standing orders to you are clear: make ready to fight tonight."



**(All) Leaders from the 1st Armored Brigade Combat Team, 1st Infantry Division, home-stationed at Fort Riley, Kansas, and the 2nd Battalion, 18th Field Artillery Regiment, home-stationed at Fort Sill, Oklahoma, mark the official start to their units' nine-month deployment in support of 2nd Infantry Division/ROK-U.S. Combined Division missions on the pen, by uncasing their colors during a ceremony on Camp Casey.**





# SNAPSHOTS

## *Warriors in Action*

"The most important thing I learned is that Soldiers watch what their leaders do. You can give them classes and lecture them forever, but it is your personal example that they will follow."

- Gen. Colin Powell











# LEADERSHIP SYMPOSIUM

(Left) Capt. Trevor Wild, the 2ID Sustainment Brigade's Special Troops Battalion S3 OIC, conducts PT with a Taekwondo instructor. (Top Right) 2ID Sustainment Brigade senior leaders. (Bottom Right) Chief Warrant Officer 2 Demarco Andrews talks with his fellow leaders in the open forum discussion.



(Top) Day two began with a Taekwondo instructor giving PT. (Middle) Guest speaker Sung Kyuong Choi speaks to senior leaders about her experiences growing up in North Korea. (Bottom) Officers and NCOs compete in a bowling competition at the Strike Zone bowling alley.



**STORY AND PHOTOS BY**  
**Sgt. KIMBERLY E. JENKINS**  
**2ND SUST. BDE PUBLIC AFFAIRS**

**CAMP CARROLL, South Korea** -- Senior leaders from the 2nd Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division participated in the unit's first three-day Champion leadership symposium in October, to encourage leaders to speak in an open forum and to share their ideas about leader development and organizational improvement.

"The benefits of having a leadership symposium are bringing all of the senior leaders of our organization together and creating a level playing field by having a discussion on topics that we all have to deal with," said Command Sgt. Maj. Samara Pitre, the brigade's Special Troops Battalion command sergeant major. "Because we are usually separated we don't have that open dialog. Here in the leadership symposium we're able to have that open dialog and get a good perspective from each other and really flatten the playing field."

The first day started with an open forum led by Col. Kenneth Williams, the brigade commander. He asked senior leaders, "What's really on your minds?"

Senior leaders began tackling different topics ranging from ways to improve Soldiers' general technical scores to Soldiers' mental health. Lunch was held at the Strike Zone bowling alley on Camp Carroll. The evening wrapped up with

guest speaker Sung Kyuong Choi who answered Soldiers' questions about her experience growing up in North Korea and later fleeing to South Korea.

Day two began with a Taekwondo instructor conducting physical readiness training at Suseong Lake in Daegu. The Daegu Grand Hotel in Daegu was the meeting place for the second day. More open discussions followed by guest speakers from military and family life counseling, and Child Youth Services who shared the services they provided and what signs to look for in junior soldiers who may need additional care.

"The officers got to understand how the brigade commander and the brigade command sergeant major send and receive information," said Lt. Col. Mark Rae, the Special Troops Battalion commander. "I think that they will be able to think more clearly and prioritize how and why we serve in 2ID Sustainment Brigade and link our own internal mission to the greater mission of both 2nd Infantry Division and Eighth Army."

The last day of the symposium ended at the Community Activity Center on Camp Carroll with speakers from the 2nd Infantry Division legal office.

"We need to learn the full spectrum of logistics, not just what we do," said Col. Williams.

He stressed to the leaders, "You should leave here better than when you showed up."





**STORY AND PHOTOS BY  
2ID/RUCD PUBLIC AFFAIRS**

The first Warrior Division Friday Night Fights tournament concluded Oct. 13, at Camp Casey with 1st Battalion, 82nd Field Artillery Regiment claiming the championship after working their way through the brackets in the weeks leading up to the championship.

1-82nd FA, in dominating fashion, defeated 3rd Battalion, 13th Field Artillery in the championship round. Headquarters and Headquarters Battalion, 2ID/

RUCD, beat 23rd CBRNE Battalion to claim third place. Unlike the championship match, HHBN and 23rd needed an overtime match to decide third place.

The team representing 1-82nd FA, a rotational unit that returned to Fort Hood soon after the finals, was coached by Sgt. First Class Carlos Taveras. He said his team came prepared to take the title.

"We've been training hard," Taveras said. "We deserved to win, we knew we'd take the championship to Fort Hood."

The next Friday Night Fights tournament will begin in mid-November.



# WARRIOR FITNESS

## TO THE STANDARD: 4 For The Core

Portions of Chapter 6 from FM 7-22 covers 4 For the Core. This set of exercises is designed to strengthen the abdomen, lower spine, and pelvis that comprise the trunk (core) of the body. For maximum effectiveness, the 4 For the Core exercises need to be done in the specific order from FM 7-22. All four exercises should be performed for 60 seconds.

### The Bent-Leg Raise

The first exercise is the Bent-Leg Raise. The Bent-Leg Raise starts in the modified sit-up position with both hands underneath the small of the back. The feet are on the ground with the head elevated approximately two inches. On the command "exercise" contract the abdominal muscles and bring the knees up, forming a 90-degree angle from the hips to the feet. Then slowly extend the legs holding them six to eight inches off the ground with a slight bend in the knee (the legs should be relatively straight). Should the Soldier need a break during this exercise, they should bring their knees and feet back to a 90-degree angle and hold for three to five seconds and then extend the legs again. The feet should not touch the ground. At the completion of the exercise, the PRT leader will give the command "Starting Position, move."

### The Side Bridge

The Side Bridge is a two-part exercise, done separately from both the right and left sides. In the starting position, the upper body is off the ground supported by the forearm and fist. The feet are crossed, with the bottom foot providing support. On the command "exercise," raise the trunk and pelvis off the ground forming a straight line from the shoulder to the knees. Hold this position for

60 seconds. If the Soldier cannot hold the position, return to the starting position for three to five seconds and then continue the exercise. At the end of 60 seconds the PRT leader will give the command "starting position, move." He will then give the command to "change position, move" and the exercise will be repeated from the right side.

### Back Bridge

The Back Bridge starting position is similar to The Bent-Leg Raise but the hands are extended at a 45-degree angle and the head is on the ground. On the command "exercise" contract the abs and raise the hips off the ground until a straight line forms from the chin to the knees. Then straighten the left leg until it aligns with the trunk and thigh. The hips and trunk should not sag. Hold for five seconds then switch with the other leg. Repeat this method for 60 seconds. Should the Soldier get tired, return to the starting position for three to five seconds and then continue with the exercise.

### Quadraplex

The final exercise in the 4 For the Core is the Quadraplex. The starting position is a six-point stance with the hands, knees and toes on the ground. The back is straight with the head and neck forming a line. On the command "exercise," extend the right arm with the palm facing the ground and extend the left leg with the toes pointed down. The abdominal muscles should be contracted during the entire exercise. Hold the exercise for 60 seconds and return to the starting position for three to five seconds if a rest is needed. Change positions when the PRT leader directs.

## NEWS BRIEFS/HAPPENINGS



### KOREAN FOLK VILLAGE HISTORICAL DRAMA FESTIVAL

RUNS THRU NOV. 13, FROM 9:30 A.M. TO 6:30 P.M.

LOCATION: 90, MINSOKCHON-RO, GIHEUNG-GU, YONGIN-SI, GYEONGGI-DO

*Historical Drama Festival at the Korean Folk Village is the one and only festival in Korea dedicated to Korean historical dramas. Visitors can participate in all the fun and action offered which has now become the center of Hallyu. Entertainment such as performance arts and hands-on programs related to historical dramas are available. For more information and admission prices, you can contact the Korean Folk Village or visit their website at [www.koreanfolk.co.kr](http://www.koreanfolk.co.kr).*

### THANKSGIVING DAY 10K RUN

DATE: NOV. 19

ADMISSION: FREE

REGISTRATION: 8 A.M. / RACE: 9 A.M.

*For more information please contact: Jim Williams, Intramural Coordinator at 730-1730 / 010-2113-3552, or any one of the Installation Fitness Centers: Camp Red Cloud 732-6309, Camp Stanley 732-5460, Camp Casey (Carey) 730-2323, Camp Casey (Hanson Field House) 730-3220, or Camp Hovey 730-1977*



### WOODSBALL SCENARIO PAINTBALL TURKEY SHOOT

DATE: NOV. 19, 9 A.M.

CAMP CASEY - CAC - CAMP CASEY, BUILDING S-2236

COST: \$45 per person (Includes gun, facemask, 500 rounds of ammo, & field fee)

\$25 for those with own equipment (includes 500 rounds of ammo and field fee)

REGISTRATION INFO: Open to all valid DoD Cardholders. Sign-up by the Nov. 17 at any Area I CAC.

Transportation from Casey CAC to Woodsball Course at 9 a.m. & 10 a.m. provided. 30 slot maximum.



# Eats In KOREA



REVIEW AND PHOTOS BY  
Pvt2. **KIM, JIN KU**  
2ID/RUCD PUBLIC AFFAIRS

Turkish foods are one of the unique cuisines found throughout the world.

While many are familiar with the Turkish kebab which has its differentiations across the Middle East, most have not tried the other Turkish dishes.

The Istanbul, located in Seoul, is not one of those big chain restaurants where they usually lower the quality of food for cheaper prices. It is instead a small shop located in a corner of the Hyehwa neighborhood (which, by the way, is famous for plays and musicals), dedicated to giving the customers the best Turkish experience.

The exterior of the shop is small and simple. The interior, decorated with numerous items, gives the restaurant an overwhelming presence of the Turkish culture.

As we had not tried Turkish cuisine other than kebab, we ordered the recommended menu dishes for someone who had not tried Turkish cuisine before, the Shrimp Guvec, Istanbul Kebab and Chicken Pide.

The appetizer was the Borek, a small pastry, filled with cheese, potato and spinach. It came with a sour sauce, which blended well with the dish.

Next came the Shrimp Guvec, a slightly spicy shrimp stew that was eaten with Turkish bread. It tasted like a thick kimchi soup with shrimp and was an interesting experience.

The second main dish was the Istanbul Kebab, the signature dish. This dish was splendid. The bittersweet sauce gave the beef a rich flavor. I would definitely eat it again.

The last dish was the Chicken Pide, a long Turkish pizza. Unlike American pizza, the pide is quite dry. However, when you take a bite, you can feel the juice of the ingredients fill your mouth.

After we ate the main dishes, we were not disappointed when dessert arrived. We had ordered the red tea and a very sugary rice pudding, Sutlac. We also ordered the Turkish yogurt beverage, Ayran, which has a peculiar bittersweet and savory taste. These desserts completed our Turkish food experience.

The Istanbul is great in the fact that the interior creates a foreign atmosphere and that the spices used in the Turkish foods are controlled so that everyone can enjoy the cuisine. The quality of the ingredients also add up to the great experience for people who may be new to this type of food.



## Istanbul

Address:

Seoul, Jong ro gu, dae  
hak ro 11gil 20

Contact Info:

02-546-9994

For restaurant review  
suggestions or submissions  
contact the 2ID  
Division PAO at usarmy.  
redcloud.2id.list.pao-  
editorial-submissions@  
mail.mil or DSN 732-9132





Maj. Gen. Ted Martin, 2nd Infantry Division/ROK-U.S. Combined Division commander (right), and Maj. Gen. Shin In Ho, ROK 26th Mechanized Infantry Division commander (left), sign a memorandum of understanding that provides the basis for continued combined training between the two units, which have been collaborating on training since 1982.

## MOU ENSURES COMBINED READINESS



**STORY BY**  
Sgt. **ROBERT LARSON**  
**PHOTOS BY**  
Mr. **PAK, CHIN-U**  
**2ID/RUCD PUBLIC AFFAIRS**

CAMP RED CLOUD, South Korea -- Commanders of the U.S. Army's 2nd Infantry Division, ROK-U.S. Combined Division and the Republic of Korea's 26th Mechanized Infantry Division signed a training memorandum of understanding Oct. 21, here outlining a training model for future combined fires training and missions.

Maj. Gen. Ted Martin, 2ID/RUCD commander, and Maj. Gen. Shin In Ho, ROK 26th Mech. Inf. Div. commander, signed the MOU during a meeting at the 2ID/RUCD headquarters building here. The memo outlined the way ahead for training and missions conducted by the Warrior Division's 210th Field Artillery Brigade and the ROK's 76th Infantry Brigade, whose mission sets involve critical counter fires task force operations.

Martin said he was constantly impressed with the performance of ROK soldiers within the combined division and was looking forward to continuing the arrangement with their ROK counterparts.

"The 76th Brigade stands as a model of what right looks like for combined operations, combined training and partnership," said Martin.

Shin was involved with the initial planning of the RUCD as an executive officer assigned to the Joint Security Area of the Korean Demilitarized Zone. He said that he was proud of how the division had taken shape and it was his honor to visit with Martin and the Soldiers of 2ID/RUCD and sited the common history the two units share.

"I was a privilege and honored visiting the ROK-U.S. Combined Division, which is also our partner unit," said Shin. "My division has been partnered with 2nd Infantry Division since 1982, and over the course of the last 30 years we have continued to partner with them for combined training."

Shin said that he looks forward to continuing the relationship between the two divisions.

"I wish all the best to the ROK-US combined division and I know we will continue to follow in the example of Col. [Paul] Freeman and how he led his unit to victory at Chipyeong-ni."

Freeman was a Medal of Honor recipient for his actions during the Korean War, and the 2ID/RUCD headquarters building is named after the legendary warrior.

The two commanders exchanged gifts and unit coins upon completion of the signing. The meeting concluded with a luncheon and a tour of the 2ID Museum.







# Great American Smokeout

[www.NationalDayCalendar.com](http://www.NationalDayCalendar.com)

# Thursday before Thanksgiving



**REVIEW BY:**  
**ARMY.MIL**

Did you know that just 20 minutes after a person quits smoking, his or her heart rate and blood pressure drop? Did you know that after 12 hours, the carbon monoxide level in his or her blood drops to normal?

November 17 is the Great American Smokeout Day - a day dedicated to understanding the impact of smoking and to encouraging smokers to make a plan to quit using tobacco for at least the day and go smoke-free for 24 hours.

About 42 million Americans still smoke cigarettes. Tobacco use is the leading cause of preventable death in the United States accounting for more than 480,000 deaths each year or 1 out of every 5 deaths. According to the recent Department of Defense Survey of Health-Related Behaviors, at least 24 percent of our military personnel reported smoking cigarettes.

Smoking is especially hazardous for our Soldiers and directly impacts the readiness and health of our force. Tobacco use decreases Soldier readiness by causing impaired night vision, respiratory illnesses, delayed wound healing, increased surgical complications and accelerates hearing loss. Tobacco not only stains your teeth, but also causes tooth decay, gum disease and various types of cancers. Smoking decreases oxygen in the muscles leading to decreased physical performance.

It also impacts smokers' families and baddle buddies. Secondhand smoke contains over 250 chemicals that are harmful, leading to serious health effects such as heart disease, stroke and lung cancer. It causes health problems in infants and children such as asthma, bronchitis and other lung diseases. According to the CDC, over the past 50 years, 2.5 million adults who were nonsmokers died from secondhand smoke-caused issues.

Join people around the world to support quitting tobacco for the Great American Smokeout on November 17. If you smoke, make a pledge to quit. If you don't smoke, help someone to quit.

Here are a few tips to help you prepare for the day:

- Plan ahead
- Change your daily routine for that day to help you break the habit such as taking a different route to work
- Get rid of all tobacco in your house or car
- Remove cigarettes, ashtrays, lighters and matches in your house, car or other locations.

Plan alternatives or substitutes for smoking, such as:

- Chew sugar-free gum, carrots or suck sugar-free hard candy.
- Picture something pleasant in your mind.
- Go for a run.

If you feel an urge to smoke, use the 4 D's:

- Delay the urge. Count to 100 or 200. Wait 15 minutes.
- Drink water. Water flushes out the nicotine toxins.
- Deep breaths. Deep breathing relieves stress.
- Do something else. Distract yourself. Talk with a friend or co-worker.

All of us should take this day to quit or help others to quit in order to attain a tobacco-free lifestyle. Do you want to help someone else to quit? Frustration, anxiety, irritability, and mood changes are normal reactions when a person quits smoking, so:

- Be encouraging.
- Be available to listen.
- Be understanding.

Although the Great American Smokeout encourages you to quit for one day, it can be the first day of being tobacco-free for life. Commit to quit and take an important step towards a healthier life. Resources are available to help you quit and remain tobacco-free.

For more information on tobacco reduction and cessation, visit these websites:

U.S. Army Public Health Command,

<http://phc.amedd.army.mil/topics/healthyliving/tfl/Pages/default.aspx>

U Can Quit 2,

<http://www.ucanquit2.org>

American Lung Association,

<http://www.lung.org/stop-smoking/how-to-quit/>

American Cancer Society,

<http://www.cancer.org/Healthy/StayAwayfromTobacco/index>

Become an EX, Online Tobacco Cessation Program,

<http://www.becomeanex.org>



# 4TH MARINE BRIGADE

## 6TH MARINE REGIMENT



### 4TH MARINE BRIGADE

The 4th Brigade was originally formed during World War I as the 4th Marine Brigade. It served in France as one of the two infantry brigades of the U.S. Army 2nd Infantry Division, and all Marine combat units in World War I were organized under the 4th Marine Brigade.

Following World War I the brigade was deactivated until just before the commitment to the war in Vietnam in 1964.

### 6TH MARINE REGIMENT

The 6th Marine Regiment was first organized at Marine Corps Base Quantico, Virginia, on 11 July 1917 under the command of Medal of Honor holder Colonel Albertus W. Catlin.

Regimental increments arrived in France during late 1917 and early 1918. Upon arrival, the 6th Marine Regiment joined the 5th Marine Regiment and the 6th Machine Gun Battalion to form the 4th Brigade, U.S. 2nd Infantry Division (Regular), American Expeditionary Force.

The 4th Brigade was ordered to shore up crumbling French lines near Château-Thierry in late May 1918. The 6th Regiment took up positions southwest of Belleau Wood, then it was ordered to seize the town of Bouresches and to clear the southern half of Belleau Wood itself on 6 June. These attacks were the beginning of a month-long struggle that eventually became a landmark battle for the U.S. Marine Corps.



1st Battalion, 6th Marines



2nd Battalion, 6th Marines



3rd Battalion, 6th Marines



## Thanksgiving Day Crosswords

X	C	F	V	A	R	T	A	L	K	J	H	G	F	D	D	S	G
S	D	R	C	S	E	Y	H	O	L	I	D	A	Y	C	X	F	H
A	Q	E	X	D	W	U	Z	X	C	V	B	N	M	T	Z	G	U
Z	W	W	Z	F	Q	I	O	I	U	Y	T	R	U	R	A	B	Y
P	E	Q	U	I	Y	T	R	E	R	Q	W	R	K	A	S	V	T
I	R	A	Y	R	E	D	F	G	H	J	K	H	J	D	D	D	R
L	T	S	R	T	Y	Y	T	Y	T	E	D	C	H	I	F	C	E
G	Y	D	F	U	I	T	Y	F	Y	R	E	V	G	T	G	S	W
R	U	C	E	L	E	B	R	A	T	I	O	N	U	I	H	W	Q
I	I	F	A	G	D	F	R	M	U	A	N	Q	Y	O	J	E	E
M	O	H	S	H	C	Y	U	I	Y	S	G	S	T	N	K	Q	H
S	K	J	T	B	V	U	Y	L	T	D	F	X	R	A	L	A	N
T	Y	U	R	E	W	R	T	Y	R	F	D	C	E	S	R	Q	B
G	F	D	X	C	V	B	N	Z	E	G	E	V	W	V	Y	W	V
T	H	U	R	S	D	A	Y	X	W	H	W	B	E	P	U	E	C
E	Y	U	I	O	J	H	G	S	Q	J	S	S	U	O	I	R	X
Q	W	E	R	K	Y	G	F	D	A	K	T	T	Y	I	O	T	Z

Celebration  
Family  
Feast

Harvest  
Holiday  
Pilgrims

Thursday  
Tradition  
Turkey

## HOW TO SURVIVE IN KOREA

1. Basketball  
nong gu  
농구

2. Soccer  
chuk gu  
축구

3. Football  
mee sik chuk gu  
미식 축구

4. Baseball  
yah gu  
야구

5. Ball  
gong  
공

6. goal post  
goal dae  
골대

7. Which team do you support?  
Uh nue team ul ung won hae yo?  
어느 팀을 응원해요?



2016년 11월

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# 인디언헤드

INDIANHEAD KOREAN EDITION

[HTTP://WWW.2ID.KOREA.ARMY.MIL/KOREAN-SITE](http://www.2id.korea.army.mil/korean-site)

[WWW.ISSUU.COM/SECONDID](http://www.issuu.com/secondid)





## 2016년 9월 간추린 뉴스

매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



제2지원여단과 제2보병사단/한미연합사단의 상급 지도자들은 10월 캠프 케이시에서 3일간 진행된 챔피언 리더십 토론회에 참석했다.

<사진\_ 병장 김벌리 쟁킨스/ 제2지원여단 공보처>



제1차 프라이데이 나이트 파이트 결승전이 10월 13일에 캠프 케이시에서 진행되었다.

<사진\_ 상병 박준규 / 제2보병사단 공보처>



제1기갑사단 1전투여단과 악마여단 (Devil Brigade)의 권한 이행식이 10월 27일 캠프 케이시에서 진행되고 있다.

<사진\_ 박진우 / 제2보병사단 공보처>



Think Twice! 한 번 더 생각하고 행동하십시오!

• 제2보병사단 공식 페이스북 페이지 많은 좋아요와 공유하기 부탁드립니다.



제1기갑사단 1전투여단과 악마여단 (Devil Brigade)의 권한 이행식이 10월 27일 캠프 케이시에서 진행되고 있다.

<사진\_ 박진우 / 제2보병사단 공보처>

표지 사진: 10월 28일, 캠프 레드클라우드에서 참모 대표단이 방문하여 카투사가 기지방어를 하고 있다.

<사진\_ 박진우 / 제2보병사단 공보처>

### 인디언헤드 한글판 스태프

미 제2 보병사단장  
소장 시어도어 D. 마틴  
한국군지원단 지역대장  
중령 이일수  
공보참모  
중령 리처드 C. 하이드  
공보행정관  
상사 매리 E. 퍼거슨  
공보관  
김현석  
편집장  
병장 김진혁  
기자  
상병 이종국  
상병 박준규  
일병 김진구  
사진 전문가  
박진우  
글꼴 배포처  
아리따제 : AMOREPACIFIC  
함초통제 : 한글과컴퓨터

인디언헤드 한글판은 미 제2보병사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다.

인디언헤드는 일성 인쇄소에서 월간지로 발행됩니다.

취재 요청은 732-9132으로 전화 바랍니다.

# 210포병여단의 의무병들이 부상자 헬기수송 훈련을 실시하다



군대에서 생활하다보면, 환자를 치료하기 적절한 장소로 안전하고 신속하게 수송해야 하는 경우가 있기 마련이다.

그런 상황에 대비하기 위해서 제 210 포병여단 본부포대의 의무병들은 10월 6일, 캠프 케이시의 Helipad-252에서 의무헬기수송 훈련(Medical Evacuation Training)을 실시했다.

제 2 전투항공여단, 제 3 일반지원 항공대대의 헬기 조종사들과 항공 의무병들이 캠프 케이시에 방문하여 의무헬기수송 훈련을 이끌었으며, 210포병여단의 지상 의무병들과 협력하여 헬리콥터를 이용한 환자 수송을 연습했다.

2 항공여단, 3 항공대대의 중환자관리 항공의무병인 네바다 주 리노 시 출신의 양임 병장(Lim Yang)은 “헬기수송 훈련의 목적은 지상 부대가 항공 부대의 작전수행 절차에 익숙해지도록 하는 것입니다”며 “이 훈련은 장병들로 하여금 지상의 작전과 항공의 작전을 통합할 수 있게 도와줍니다”고 말했다.

훈련은 땅 위에 착륙해 있는 헬기에 환자를 이송하는 것과 공중에 떠 있는 헬기에 이송하는 것, 크게 두 부분으로 나누어졌다. 의무병들은 처음에는 비어있는 들것으로 연습하다가 나중에는 모래주머니를 싣고, 마지막에는 실제 사람을 실어서 이송 기술을 연마해 나갔다.

처음 실시하는 훈련이 으레 그렇듯 어려운 점도 있었다. 항공의무병이 쓰는 장비에 지상의무병이 친숙하지 않아서 어려움을 겪었지만, 한편으로는 부상자를 수송할

새로운 방법과 절차를 배울 기회이기도 했다.

210포병여단 본부포대의 보건 전문병이자 쉐라스 주 로렌스 시 출신인 신유섭 일병(Yuseop Shin)은 “항공의무병들은 우리에게 아는 것을 전부 전달하려는 의지를 가지고 헬리콥터와 그들의 장비에 대해서 가르쳐주었습니다”며 “그들의 협조 덕분에 우리는 그 설명에 집중함으로써 처음보는 장비에 대한 어려움을 극복할 수 있었습니다”고 말했다.

부상자 헬기수송 훈련을 통해서, 210 포병여단 본부포대의 의무병들은 짧은 시간 내에 헬리콥터에 부상자를 올리고 내려보낼 수 있게 되었다.

양 병장은 “의학 분야는 군대에서도 민간 세계에서도 지속적으로 변화하기 때문에 우리 모두 훈련받은 최신의 의료적 절차와 기술에 대한 지식을 항상 지니고 있도록 노력해야 합니다”고 말했다.

신 일병은 “헬기수송 훈련에 돈이 많이 든다는 것을 알고 있었기 때문에, 이 훈련을 실제로 받을 수 있다는 것에 대해 놀랐습니다”며 “육군은 우리를 실제로 항공의무병들과 연결시켜서 책이 아닌 실제 상황으로 헬기수송 훈련을 받을 수 있게 해 줄 만큼 지원을 아끼지 않았습니다”고 말했다.

“게다가 항공의무병들을 직접 만나는건 상당한 동기부여가 됐습니다.” “그들과의 첫 합동훈련은 우리가 의무병으로서 더 준비하고 갖춰진 느낌을 받도록 해 주었습니다.”



# 한미 장병들 야간 공습훈련 실시

10월 13일 진행된 야간공습훈련에서 제2보병사단 제2전투항공여단 제2대대가 육군 제603공습대대 2항공여단 지상부대를 지원했다.

2항공여단의 항공장교 크리스 스트레인(Chris Strain) 대위는 “우리는 한국군 603공습대대와 2-2기습헬기대대에서 각각 UH-60 Blackhawk 6대씩 포함된 합동공습을 진행하고 있습니다”며 “가장 중요한 점은, 오늘의 훈련이 야간에 진행된다는 것입니다. 이것은 모든 것을 더욱 복잡하게 만듭니다. 기본적인 시야 능력을 잃기 때문에 훈련은 당연히 더 어렵습니다. 그러나, 모든 것이 정상적으로 진행될 시, 적 상대로 우위를 점할 수 있는 때가 야간이기 때문에 중요합니다”고 말했다.

석양이 집과 동시에, 603공습대대 소속의 100여명 국군 병사들이 픽업존에 도착했다.

밤 하늘의 블랙호크들은 큰 소리를 내면서 다가왔다. 착륙하자마자 한 그룹의 한국군 병사들이 헬기에 재빨리 올라탔다. 한국군 블랙호크 6기가 출발한지 5분 이 지나갔을 때 째, 미군 헬기들이 남은 한국군 병사들을 데리고 떠났다.

스트레인 대위는 “이러한 합동훈련으로 우리는 서로의 작전과 전략 그리고 기술을 볼 기회가 생깁니다.” 며 “각 국가의 진행방식이 다르기 때문에, 같이 일을 할 때 우리는 ‘어떻게 진행하지?’ 또는 ‘왜 이 방식대로 진행하지?’와 같은 질문을 자신한테 해봐야합니다.” 라고 말했다.

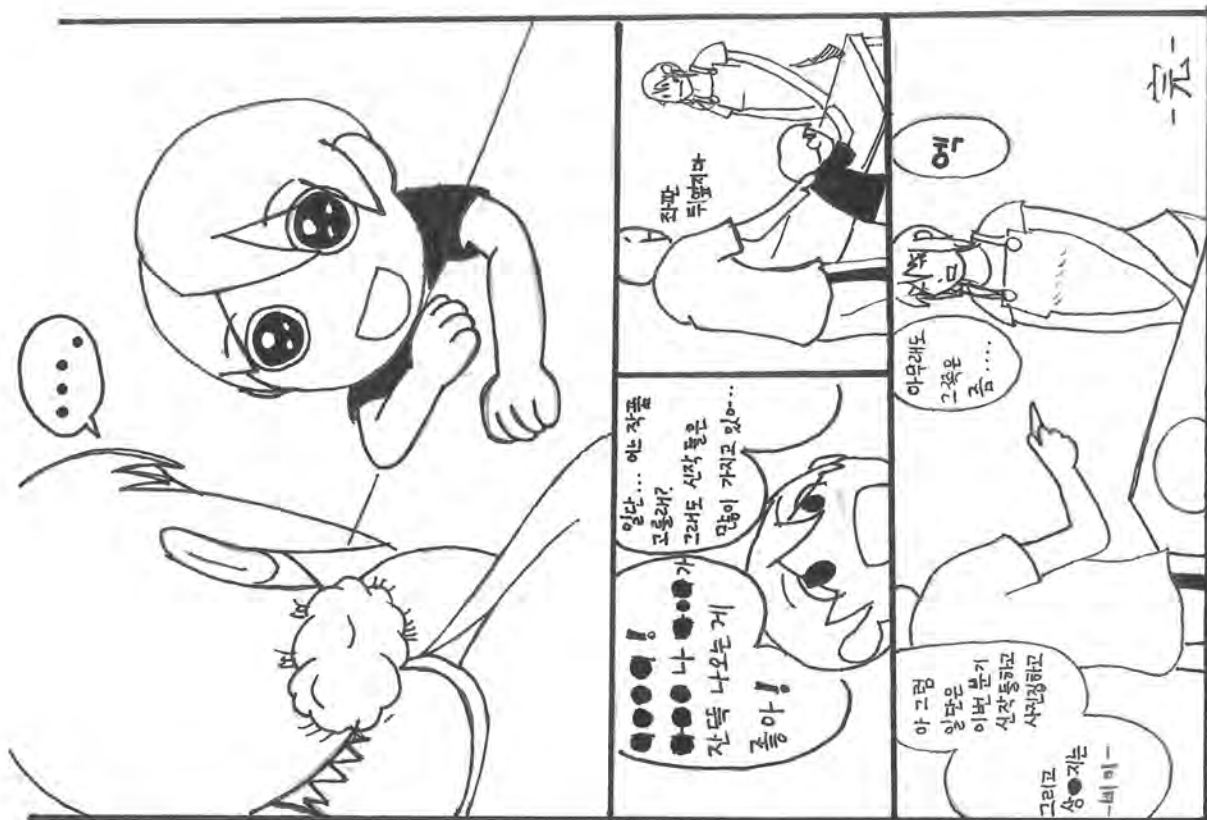
스트레인 대위는 합동 훈련을 진행하면서 그가 얻은 중요한 교훈들을 설명했다.

스트레인 대위는 “배우기만 하는게 아니라, 우리는 그것을 진행하는 방식이 왜 이런지에 대한 고민을 하게 되고, 그것을 더 효율적으로 진행할 수 있는지에 대한 생각을 하게 됩니다”고 말했다.

제2보병사단의 100주년이 다가오면서 병사들은 인디언헤드의 유산을 끊임없이 쌓아올리고 있다.

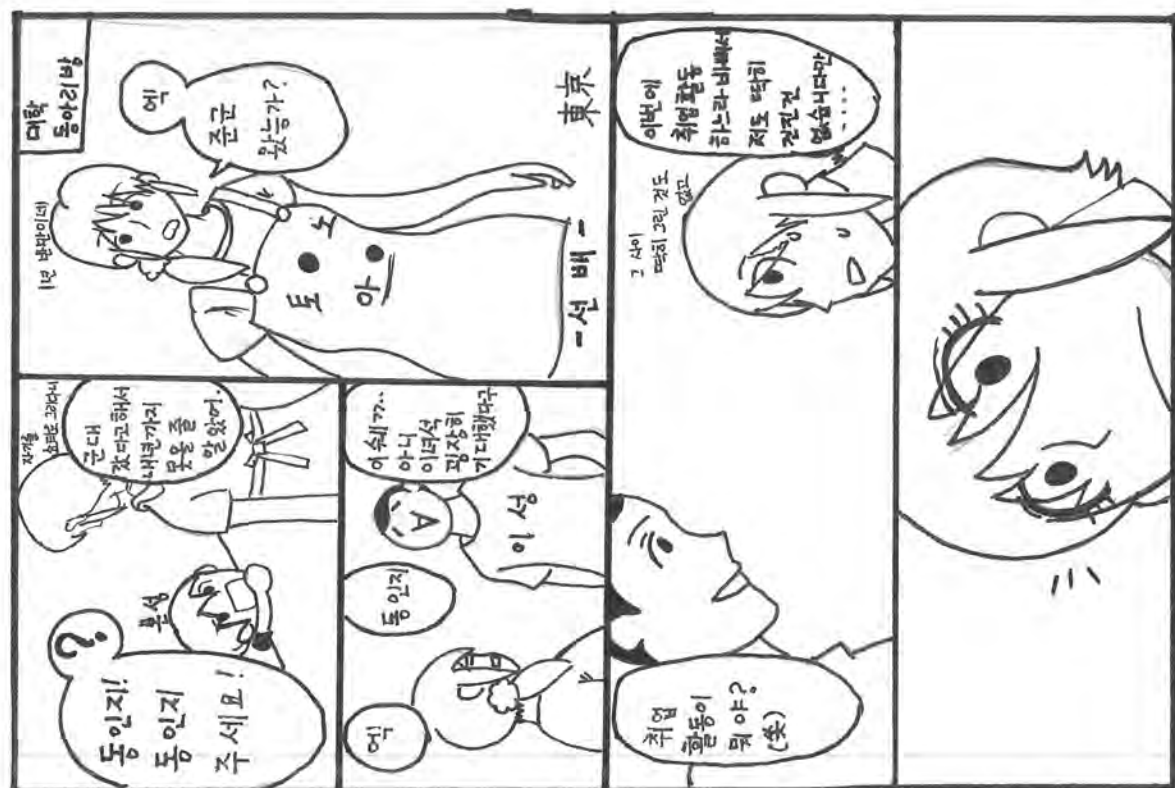
2항공여단의 데븐 캔티(Devon Canty) 병장은 “이 훈련에 참여 할 수 있어서 영광입니다”며 “양 부대가 함께 작전을 진행하는 것을 보기 좋은 기회였습니다. 2사단의 오래된 역사의 일부가 될 수 있어 영광스럽습니다.”고 말했다.





성준이  
병장 이준성  
C중대  
115여단 지원대대

후가 후가편 - 후가편 -



катова -54-



# 인디언헤드가 만난 사람들

## "내가 카투사가 아니었다면?"



제2지원여단 RSO  
일반행정병 이병 이재혁

아마 제가 카투사가 아니라 일반 육군으로 복무하게 되었다면 아마 전투병이 되었을 것 같습니다. 카투사는 행정병 비율이 높지만, 일반 육군은 행정병 비율이 낮기 때문에 전투병이 되었을 확률이 상당히 높지 않았을까 싶습니다. 만약에 그렇게 일반 전투병으로 복무를 하게 되었다면 지금보다는 좀 힘든 생활을 하지 않았을까 싶기도 하지만, 전우들과 같이 여러가지 훈련을 하고 같은 방을 쓰면서 생기는 추억들, 교훈들도 있었을 것 같습니다.



제2지원여단 여단본부 작전과  
일반행정병 일병 김기운

저는 지금처럼 행정병이나 아님 보급병이 되었을 것 같습니다. 만약에 이렇게 보직이 결정되었다고 한다면 지금 생활과 가장 큰 차이는 아마 같이 일하는 사람들과 일하는 환경 이 두가지가 아닐까 싶습니다. 지금 제가 일하는 데는 작전과기 때문에 저희 섹션에서 일하시는 분들 계급이 꽤 높은 편인데, 한국군측에서 근무하게 되었다면 아마 계급 차이가 좀 더 덜 나는 사람들과 일하지 않았을까 싶고, 또 여기서 근무환경은 각각 꽤 독립적으로 일하는 분위기인데, 한국군측이었으면 이런 독립적인 분위기는 아니지 않았을까 싶습니다.



제2지원여단 여단본부 군수과  
일반행정병 상병 이상민

육군 훈련소에서 적성검사를 하고 그 바탕으로 보직이 정해질 것이고, 또 저는 자료 등 데이터를 정리 하는것을 기쁘게 잘 수행 하기 때문에, 그 적성검사를 바탕으로 아마 보급병이 되어 액셀등으로 자료를 예쁘게 정리하고 했을것 같습니다. 약간 완벽주의적인 성향이 있기때문에 그런점을 잊점으로 살려 보급병이 되었을 것 같습니다. 지금 또 한번 생각해 본다면 보병이 되어 또 특별한 경험이 될 군생활을 해보는 것도 아마 충분히 재밌는 경험이 되지 않았을까 하는 생각입니다.



제2지원여단 대대 작전과  
일반행정병 병장 김정흠

만약 제가 한국군에 근무했다면, 강원도 철원에 수색대원으로 근무했을 것 같습니다. 저보다 2살 많은 형이 수색대원으로 근무하면서 근무는 힘들지만 여가 시간은 편하고 휴가가 좀 더 많다고 들었습니다. 일 할 때는 열심히 일하고 쉴 때는 편히 쉬는걸 좋아하는 성격으로써 철원 수색대원으로 근무 했을 것 같습니다.

인- 자기 소개를 부탁드립니다  
이- 지난달부로 Camp. Carroll에 위치한 2ID SBDE의 시니어 카투사가 된 이영준 상병입니다.

인- 부대소개를 부탁드립니다  
이- 501 지원여단 이었다가 재작년 2사단 예하로 편입돼 2지원여단이라고 불리게 되었습니다. 2사단 예하 전투부대들이 전투를 이어갈 수 있도록 지원하는 역할을 담당하고 있습니다. 저희 여단은 2개 대대로 이뤄져 있는데, 특수임무부대는 Camp. Carroll에, 194th 전투지원대대는 Camp. Humphreys에 위치하고 있습니다.

인- 지금까지 군대에서 가장 기억에 남는 에피소드는?  
이- 올해 5월에 있었던 Champion Thunder훈련이 가장 기억에 납니다. 허허벌판에 텐트를 치고 숙영을 하였는데, 바로 옆 텐트가 비바람에 날려 부너지던 모습이 아직도 생생히 기억납니다.

인- 가장 좋아했던 과목은?  
이- '사회과학글쓰기'라는 과목을 수강했었는데, 재밌었습니다. 여러 수강생들이 사회문제들에 대해 어떻게 생각하는

지 의견을 공유할 수 있었고, 제 사고를 넓혀주지 않았나 생각합니다.

인-어떤 수업을 듣고 싶은지?  
이-있을지는 잘 모르겠지만 전쟁에 관련된 내용을 다루는 수업을 듣고 싶습니다. 전역후에 군인의 입장으로 수업을 들으면 재밌고 느끼는 바도 많을 것 같습니다.

인- 전역 후의 목표는?  
이-사실 아직 이렇다 할 목표는 없습니다. 군이 끝나면, 입대 전에는 논다고 학교 공부를 거의 하지 않았었는데, 복학후엔 제가 듣고싶은 수업들 많이 들으면서 열심히 공부하고 싶습니다.

인-전역하고 보고 싶은 사람은?  
이-여자친구가 보고싶을 것 같습니다. 저는 군인이고 여자친구는 시험을 준비하느라 많이 못보는데 전역하고 나서 서로 마음 편하게 여행 다니고 싶습니다.

인- 마지막으로 하고 싶은 말은?  
이- 아직 시니어 카투사가 된지 얼마 되지 않아서 미숙합니다. 저희 부대 안 그래도 좋은 부대지만, 열심히 노력해서 더 나은 부대를 만들고 싶습니다.

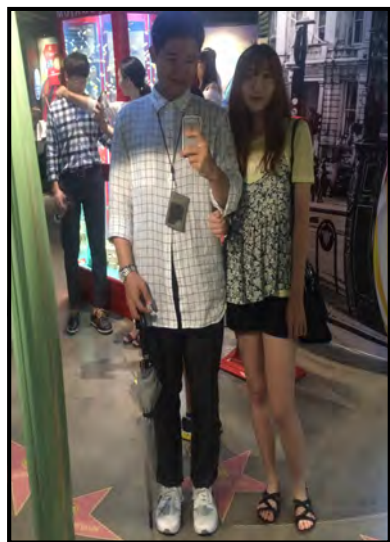


## 상병 이영준

제2지원여단 선임병장



# 인디언헤드는 사랑을 싣고♥♥♥



이번 호의 주인공은 제2지원여단 정보과 요성군과 여자친구 회수양입니다. 게재를 바라시는 분은 미 2사단 공보처 카투사 메일 2idkoc@gmail.com 또는 732-9132로 연락주시기 바랍니다.

To. 회수

회수야안녕! 같이 이거 해 보자고 했는데 막상 쓸려니까 막막하네...ㅠㅠㅠ  
사실 인디언 헤드 이 프로그램 하자고 할 때 너가 하기 싫다하면 어찌지 했는데 흔쾌히 알겠다고 해줘서 고마워!!  
내가 항상 귀찮게 뭐하자 뭐하자 칭얼대는데 그래도 잘 참고 많이 받아줘서 고마워 ㅎㅎㅎ

우리 100일째 되던 날에 너가 준 커플 팔찌... 얼마나 감동이었는 줄 알아??? 내가 사 귀기도 전에 그냥 '아니는 나중에 여자친구 생기면 저런거 해보고 싶다' 이렇게 대충 흘려 넘긴 말이었는데 그거를 기억하고 선물로 맞춰주고...ㅎㅎㅎ 처음에는 얼굴도 잘 못쳐다보고 그러길래 왜이러지 내가 맘에 안드나 이런 걱정도 했었어... 근데 지금은 너무 좋다 그냥 좋다!

항상 나랑 같이 있어줘서 고맙고 더 예쁜 추억 더 많이 만들자 ㅎㅎㅎ 내가 항상 힘들어 하는데 더 여기저기 많이 같이 다니고 싶네...

항상 내가 농담식으로 '잘하자'하는데 이제 나는 내가 더 잘하는 그런 남자친구가 되도록 노력할게!!

으... 너무 부끄럽네 ㅋㅋㅋㅋ 항상 고맙고 사랑해 회수야~

From. 요성

To. 요성

오빠 안녕! 오빠 덕에 이런 것도 해보고 신기하고 좋다ㅎㅎㅎ 요즘 이것저것 준비하느라 지쳐있는 시간이 많은 것 같아서 걱정돼.. 그래도 늘 나 먼저 생각해 주고 챙겨줘서 항상 고맙게 생각하고 있어. 아직도 기억난다! 5월 초 주말에 내가 동아리 행사 있어서 학교 갔는데 감기 때문에 힘들다고 청얼거렸더니, 오빠는 부대에서 집에 돌아온 날이라 엄청 피곤했는데도 나 걱정한다고 학교 와서 집까지 데려다준 거! 며칠 전에 내가 힘들어하니깐 잠도 몇 시간 안 자서 힘들테 나 보러 와주고! 제대로 표현은 못 했지만 엄청 감동 받았어ㅎㅎㅎ

편지 쓰려고 지난날들을 회상해 보니까 새록새록 하고 기억이 되네. 처음에 오빠랑 눈 마주치는 것도 부끄러워했었는데 그것도 거의 반년 전 일인데!! 초반에 오빠가 나한테 미안하다는 말 자주 했던 거 알아? 만나고 싶어도 자주 못 만나고 때로는 연락이 잘 안 될 수도 있다면서.. 훈련 기간이라 외박 못 나오는 주에는 더 많이 미안하다고 말하곤 했었지.. 그런데 늘 하는 말이지만 난 오빠가 자랑스러워. 21개월을 군인으로 복무하면서 고생하는데 그게 왜 미안해야 할 일이야ㅠㅠ 오빠가 힘든 와중에도 내가 외로움 느끼지 않도록 항상 노력해줘서 고마운 마음 뿐이야ㅎㅎ 특히 오빠 지인들한테 내 자랑했다고 신나서 얘기할 때마다 정말 행복해. 사랑받는다는 생각이 들어서! 이런 감정 느끼게 해줘서, 또 언제나 먼저 표현해 주고 노력해 줘서 정말 고마워. 우리가 해 온 사소한 것 하나하나 처음으로 함께 하는 사람이 오빠라서 더 소중하고 행복해. 지금처럼 서로 아껴주고 사랑하는 마음 변하지 말자♡ 이제 반년도 안 남았으니까 군 복무 무사히 마치고 멋있게 전역하자! 사랑해

From. 회수

## 한미 문화 교류 추수감사절 Thanksgiving Day

추수감사절(秋收感謝節, Thanksgiving Day)은 전통적인 북아메리카의 휴일로 미국의 경우 11월 넷째 목요일에, 캐나다에서는 10월 둘째 월요일에 기념한다. 대한민국에서는 11월 셋째 일요일(주일)에 기념한다. 추수감사절에 미국인들은 한국의 추석과 같이 가족들끼리 모여 파티를 열어 칠면조를 비롯한 여러 음식을 만들어 먹고 이야기를 나누곤 한다. 또한 대부분의 학교와 직장에서는 여유롭게 휴일을 즐길 수 있게 추수감사절 다음날인 금요일을 휴무로 하여 총 4일동안 쉬게 하는 경우가 많다. 추수감사절은 쇼핑시즌으로도 유명한데 검은 금요일이라고 불리는 금요일에는 모든 상점들이 세일을 하기 때문에 많은 사람들이 쇼핑을 하러 간다.

처음 청교도들이 미국으로 이주해왔을 때 큰 수확을 거둔 것에

대한 감사에서 유래한다. 잉글랜드의 당시 영국국교회를 반대하는 전통적 복음주의자인 개신교 신자들을 뜻하는 청교도[8] 들은 영국국교회와의 갈등으로 미국의 플리머스로 이주하여 인디언들로부터 배운 경작법으로 봄에 옥수수를 재배하여 가을에는 풍년을 거두었다. 이것을 계기로 그들은 새로운 터전에 정착할 기반을 잡을 수 있게 되는데, 큰 수확에 대한 기쁨과 감사를 표하고자 1621년에 3일동안 추수를 감사하는 축제를 벌인다.



<기사\_상병 이종국 / 제2보병사단 공보처>