

SEPTEMBER 2016

VOL. 53, ISSUE 9

HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA



# INDIANHEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963  
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**BEST MEDIC**  
*Army-Level Training*

**OUT WITH  
A BANG**  
*Kiowas Final  
Deployment*

**STX LANES UP READINESS**  
*Sustainment Troops Prep for CBRN*







### PHOTO OF THE MONTH

(Top): A 1st Armored Brigade Combat Team, 1st Cavalry Division Soldier waits in the tank commander's hatch of his M1A1 Abrams tank for the order to move his vehicle on-line to be part of the Secretary of the Army's visit Aug. 3. (Photo by Sgt. Robert Larson, 2ID/RUCD Public Affairs)

(Cover): Staff Sgt. Dwayne Campbell, assigned to 348th Composite Supply Company, 194th Combat Sustainment Support Battalion, 2nd Sustainment Brigade, 2nd Infantry Division/ ROK-US Combined Division, provides security during a simulated chemical attack Aug. 25, in a training area north of Seoul. The training was part of a week-long situational exercise that covered basic battle drills while under fire. (Photo by Sgt. Kellen Stuart, 2nd Sust. Brigade Public Affairs)

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# 8

Smoke rings from a South Korean Army K200 Infantry Fighting Vehicle burst over a training ground where South Korean and U.S. troops practiced working as a single force to assault an objective with ground troops supported by aircraft, during a combined training exercise in August.



# INDIANHEAD

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division, please contact your  
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## INTERVIEW WITH LEADERS

Our ROK-U.S. Alliance is strong across our formations because of the teambuilding, combined training and leader development experiences our Armies share together. How do our NCOs specifically do this, and why is it so important that we work side-by-side to grow together as noncommissioned officers?

### Division Command Sergeant Major:

Our professional noncommissioned officers play a critical role in the "Fight Tonight" readiness of the Combined Division. The recent combined NCO Professional Development sessions and visits between our 2ID/RUCD NCOs and the ROK Army's 5th and 30th Infantry Division NCOs are just a few examples of the priority we place on growing together and learning from each other.

Across the Army, our NCOs are the backbone of our team's success and our U.S. and ROK Army NCO Corps grow stronger every day because of the alliance-building experiences we share together here on the peninsula.

I encourage every NCO across our formation to take advantage of the great opportunity you have to learn and develop as Soldiers, Leaders and teammates while serving here on Freedom's Front alongside our ROK Army partners.



With Ulchi Freedom Guardian complete, how will the information and lessons learned be integrated into future training exercises?

### Division Deputy Commanding Officer - Manuever -

UFG occurred during the summer transition period when the division experienced a sizable turnover in personnel. This significantly increased the importance of the exercise as we integrated and trained new members of the team. Like previous years, UFG provided us several opportunities to reestablish baseline proficiencies in mission planning and mission command, reemphasize the importance of adaptability and agility across the formation and at each echelon, and strengthen our partnership and enhance combat readiness with our Republic of Korea army teammates.

We'll incorporate lessons learned into future training through revised SOPs and by applying best practices through innovative approaches to training plans and strategies. Through it all, we must remember the "Commanding General's 5 Imperatives" that drive everything we do and set the conditions for sustaining a Combined Division fully prepared for a range of operational contingencies and ready to "Fight Tonight!"






***Soldiers of the 3d Bn., 23d Inf., 2d Inf. Div, under the command of Lt. Col. E. Gene Sprague, complete a week-long bivouac and combined arms training exercise high in the mountains of Korea at Icicle Range.***


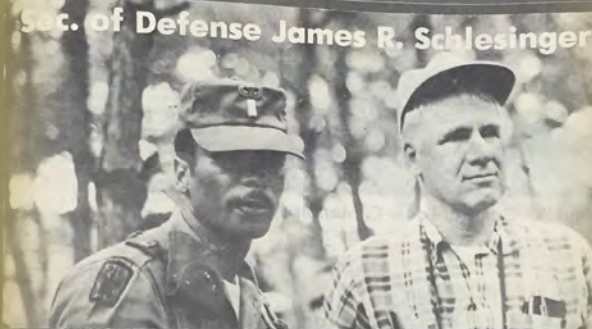
# SEPTEMBER 1975

***Secretary of Defense James R. Schlesinger  
and TRADOC Commander General William E.  
Depuy visit the Warrior Division.***

**THE INDIANHEAD** 

Vol. 12 No. 9 2D INFANTRY DIVISION Sept. 1977

**Sec. of Defense James R. Schlesinger**



**General William E. DePuy**

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Secretary of Defense Visit .....Pg. 9  
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**Inside:**

# CHAPLAIN'S CORNER

## LIVING BY THE RULES OF THE LAND



BY  
**Chaplain (Maj.) KEITH ANDREWS**  
DEPUTY DIVISION CHAPLAIN

For many of us in the 2nd Infantry Division/ROK-U.S. Combined Division, this is our first time in South Korea, and we are all getting accustomed to the new sights and sounds of a new land. Being in a new land can have its adventures and pitfalls, but no matter the environment we're in, we all must continue to live our lives by the values that we held back home.

In the Bible a group of people were chosen by God to enter a new land. God promised an overwhelming blessing, if they simply followed his commandments, rules and statutes. (see Deuteronomy 7-9) Being human, they strayed from their values and began to follow their own will. As a result of this disobedience, trouble plagued them throughout their lives.

In the Army, we attend briefings on how to keep ourselves healthy and out of trouble. The point of obedience is to keep all of us away from trouble. When we attend SHARP, ASAP, and other safety related briefings, they set the expectations of the command and ways to protect ourselves. These are the same briefings given in the U.S., nothing has changed, only the location.

We are visiting in a new land. The same habits that made us successful in the U.S. will make us successful here. Embrace your tour and have your adventures, but always be aware of the rules and values that we hold dear.

## SURGEON'S NOTE



BY  
**Lt. Col. CHRISTOPHER PERRY**  
2ID/RUCD DIVISION SURGEON

Many of us have been in the field or have spent time outdoors this summer. During these times, many Soldiers are bitten by mosquitos. Malaria is a mosquito-borne illness that is transmitted by mosquitos infected with plasmodium species protozoa. There are four species of plasmodium, and only one of them, plasmodium vivax, has been identified in Korea. Fortunately for all of us, P. vivax is the least dangerous of the malaria infections: it is never fatal. However, P. vivax can still cause serious illness resulting in fevers, chills, nausea/vomiting, and headaches.

The Republic of Korea has made excellent strides in reducing malaria transmission; however, the Democratic People's Republic of Korea (or North Korea) has not had nearly as much success in eliminating malaria. In urban and suburban areas of Korea, malaria has been all but eliminated. However, malaria still exists in some portions of rural Korea where our training locations are, particularly in the locations nearest to North Korea.

Every year approximately 8-10 Soldiers contract malaria from mosquito bites, and this year appears to be no exception. As you've all heard from your chains of command, ensuring that you wear permethrin impregnated uniforms and apply DEET to your skin is the most effective way to prevent malaria. DEET must be regularly applied for it to remain effective in combat and training environments.

While many people find DEET to be unpleasant to apply, it not only prevents the discomfort and itchiness of mosquito bites, it also prevents the discomfort of being very ill from malaria. When in the training environment, Soldiers must also keep their sleeves down and minimize wearing PT uniforms.

Physicians and scientists in USFK, Eighth Army, and 2nd Infantry Division/ROK-U.S. Combined Division are constantly evaluating whether or not Soldiers should also take medication to prevent malaria when training.

Currently, we believe that the benefits that would be gained by treating Soldiers with medications such as mefloquine or clindamycin do not outweigh the negative consequences they cause. Should this change, the recommendation will be sent to the chains of command for immediate implementation.





# ARMY SUICIDE PREVENTION PROGRAM



U.S. ARMY

REVIEW BY:  
ARMY.MIL

The loss of any American Soldier's life is a great tragedy, regardless of cause. In the case of suicide, the Army is committed to providing resources for awareness, Intervention, prevention, and follow-up necessary to help our Soldiers, Civilians, and their Families overcome difficult times.

The Army Suicide Prevention Program (ASPP) is an Army-wide commitment to provide resources for suicide awareness, intervention skills, prevention, and follow-up in an effort to reduce the occurrence of suicidal behavior across the Army enterprise. The ASPP develops initiatives to tailor and target policies, programs, and training in order to mitigate risk and behavior associated with suicide. A function of the ASPP is to track demographic data on suicidal behaviors to assist Army leaders in the identification of trends.

The ASPP has been in existence since 1984. Since 2001, the Army has increased emphasis on preventive and intervention measures, directing commanders to take ownership of the program and synchronize and integrate resources at installation level to mitigate risk. Suicide prevention training is provided in the pre-command, leadership, and noncommissioned officer courses, and to all deployed Soldiers during the redeployment phase of the Deployment Cycle Support Process.

For more information and resources for training and awareness, visit The Defense Suicide Prevention Office website at <http://www.dspo.mil>

# ARMYSTRONG



U.S. ARMY

# ACE

Suicide Intervention



## "OPENED DOOR"

Do the **decisions and choices** you make **open the door** for **Opportunity** or lead you down the path to **Destruction**....

The play "Opened Door" provides a realistic approach to some real life issues that Soldiers can experience that may lead to feelings of hopelessness and despair. This approach to readiness, wellness, consequence support and help seeking behaviors are proactive approaches to reducing high risk behaviors by viewing prevention techniques and resource interventions.

Presented By: Area I ASAP

**Location:** Casey Theatre

Wednesday, September 7 & 14, 2016

9 - 10:30 a.m. / 10:30 a.m. - 12 p.m. / 1:30 p.m.- 3 p.m.

CRC Theatre

Wednesday, September 20 & 27, 2016

9 - 10:30 a.m. / 10:30 a.m. - 12 p.m. / 1:30 p.m.- 3 p.m.

For more information, call Mr. Russell Jordan 730-4144 ( Please Insert at the bottom)

Suicide Prevention Month







STORY AND PHOTOS BY  
Pfc. **QUINTARIUS NEALON**  
2ID/RUCD PUBLIC AFFAIRS

# SIGN ME UP... AGAIN

CAMP RED CLOUD, South Korea -- Soldiers with the Headquarters and Headquarters Battalion, 2nd Infantry Division/ROK-U.S. Combined Division participated in a mass reenlistment ceremony in front of the 2nd Infantry Division Museum here, Aug. 8.

During the ceremony, 14 Soldiers gathered together, raised their hands and once again took the oath to continue serving their country as a member of the United States Army. The ceremony was conducted by Maj. Gen. Theodore (Ted) D. Martin, Commanding General of the 2nd Inf. Div. Combined.

"This opportunity was rare because it was my first reenlistment," said Spc. David C. Sloan, a cable systems installer from Emporia, Va. "I was just happy to be a part of it."

Federal law requires every Soldier who reenlists in the United States Army to take the enlistment oath again, a tradition that has been carried out since 1962.

The ceremony was planned and organized by Staff Sgt. Venesha Curry, the battalion's retention career counselor.

"I felt the ceremony showed the Soldiers that their commitments were really appreciated by having their CG conduct it," said the Brooklyn, N.Y.-native. "As the retention noncommissioned officer, I took great pride in planning the ceremony."

All of the Soldiers and their Families volunteered to reenlist.

"The decision to continue to serve my country wasn't a hard one to make," said Sloan. "It is a certainly an honor and a privilege."

The Soldiers stood in formation with their right hands raised as they repeated after the CG reciting The Oath of Enlistment.



"Making the decision to continue your journey as a Soldier is a huge deal, I just wanted to show my support," said Pfc. Deion Butler who attended the ceremony.

The love for country, liberty and honor drives the men and women of the division to continue to fill the ranks.

The reenlisting Soldiers and attendees agreed that the ceremony was a professional event that reflected the importance of the moment for each Soldier and for the Army.

"The CG took time to be a part of that moment in those Soldiers' lives," said Butler. "That showed them that he cares about us as Soldiers, human beings, and our progression in this Army."

Curry said, "I will definitely encourage the next career counselor to continue with the mass reenlistment idea. It's great for the battalion, the division, and the Army as a whole."

**(Top)** Maj. Gen. Theodore (Ted) D. Martin, commanding general of 2nd Infantry Division/ROK-U.S. Combined Division, administers the enlistment oath to 14 Soldiers during a ceremony in front of the division Museum, Aug. 8. **(Bottom)** Following the ceremony, Martin congratulates the Soldiers on their important choice to continue serving their country.



# U.S., KOREAN TROOPS TRAIN AS SINGLE FORCE



**STORY AND PHOTOS BY**  
**Sgt. CHRISTOPHER B. DENNIS**  
**1ST ABCT PUBLIC AFFAIRS**

CAMP HOVEY, South Korea – During their rotational tour in Korea, Soldiers from the 1st Cavalry Division welcomed the chance to join their South Korean army counterparts in August to practice the combat methods the two forces would use to support each other in wartime.

The troops worked side-by-side in mounting a series of air-and-ground assaults on mock objectives at Nightmare Range near Pocheon.

The U.S. troops were from Company B, 2nd Battalion, 12th Cavalry Regiment, part of the 1st Cavalry Division's 1st Armored Brigade Combat Team. The brigade, based at Fort Hood, Texas, is on a nine-month rotational tour with the 2nd Infantry Division/ROK-U.S. Combined Division.

Their counterparts were from the South Korean army's 137th Mechanized Battalion, 16th Mechanized Brigade, 8th Infantry Division. They included South Korean mechanized infantry, aviation, engineer and mortar elements.

The South Korean battalion commander, Lt. Col. Kim Seung-kon, led the training.

"It was his battalion that came up with the training schedule, with the training plan, so we fell in and went along just like we were one of his companies," said Capt. Steven W. Northrop, Company B's commanding officer.

"This is the first time that a U.S. Army company from the Combined Division was led by a Republic of Korea army unit," Northrop said.

In the main training event, the troops practiced a series of maneuvers that paired a South Korean

company with a U.S. platoon of M2A3 Bradley Fighting Vehicles. The aim was to work together through the full range of steps involved in carrying out an attack using ground troops supported by aircraft.

South Korean troops maneuvered their armored vehicles across the battlefield, called in live 81 mm and 4.2 inch mortar support, fired other weapons, called in a South Korean Cobra helicopter that fired live ammunition, launched smoke grenades to hinder the enemy's view, and set down a bridge across a mock anti-tank ditch, allowing the American Bradleys to roll across toward the objective.

"We did all the steps of the combined arms company maneuver," said Northrop. "They conducted the breach," he said of the South Korean force that bridged the obstacle, "and then we exploited it."

The combined arms assault drill was done on three separate occasions over a period of six days, with a different company and platoon rotating through each time.

Soldiers of both forces welcomed the chance to train together and better understand the other's battlefield capabilities.

"It's really awesome for me to conduct a combined arms exercise with U.S. forces," said Kim. "Because, during war we should be able to fight together. During peacetime, we need to familiarize with each other and train together so that we can fight."

Northrop said, "We were working side by side with our Korean allies, so every opportunity we had to pair a U.S. Soldier with a Korean Soldier, we did every step of the way. We put our forward observer teams with our fires officer, with their forward observer. That was when they were firing their live mortar rounds."

Staff Sgt. Ty Thomson, a fire support noncommissioned officer with Company B, said, "We've gotten to work with the Korean forward observers, and talk about how they do fires and forward observing, versus how we do fires and forward observing."

The troops also got to tell their counterparts about how they evacuate wounded from the battlefield and numerous other combat methods.

"During our practice rehearsals, Soldiers would share techniques together," said Northrop. "They would share capabilities. We even had one full day where we showed our different vehicle platforms. But even at night, Soldiers would get together and do different drills. Basic first aid training. They played basketball together. They showed each other their weapon systems. At the Soldier level, there was a lot of interaction."

The U.S. Soldiers were struck by how well the two forces could operate together, despite differences in equipment.

"Our interoperability, as we discovered from being here, is better than we first anticipated," said Capt. Gary Bostic, 2nd Battalion's assistant operations officer. "We are capable of towing their vehicles, using their bullets and sustaining ourselves at a greater capacity than we first thought."

In all, said Northrop, the six days were of "tremendous value" to his Soldiers, who are aware that a common slogan of the U.S. military in Korea is "Ready to Fight Tonight," sometimes shortened to "Fight Tonight."

He said, "It gave them a sense of understanding, a sense of being here with our Korean allies. We were side-by-side with a sister unit. We don't just say 'Fight Tonight!' We do 'Fight Tonight!'"

**(Top Left) Republic of Korea Army Soldiers operating a K30 Biho 'Flying Tiger,' a self-propelled anti-aircraft gun, provide anti-aircraft coverage during combined training at Nightmare Range in August. (Top Right) A Republic of Korea Army K1 AVLB crew from 137th Mechanized Battalion, 16th Mechanized Brigade, 8th Infantry "Blitz" Division, raises a land bridge to use as a breaching method during the six-day combined training exercise.**





# GOING OUT WITH A BANG

## ROTATIONAL FORCES CONDUCT FINAL KIOWA DEPLOYMENT



**STORY AND PHOTO BY**  
**Sgt. ROBERT LARSON**  
**2ID/RUCD PUBLIC AFFAIRS**

RODRIGUEZ LIVE FIRE COMPLEX, South Korea - It is like that one employee who's given the company decades of great service, but it's time to move on and retire. He's got the skills and the years of experience, but by stepping aside, he opens the door for the future. His team gives him a small going away party, one last meaningful mission, and the chapter ends.

This story mirrors that of the OH-58D Kiowa Warrior helicopter, and the dedicated crew that operates the historic scout reconnaissance aircraft. A version of the Kiowa has been in continuous service since 1969, but the end began in March 2014, when it was decided that the aging veteran would be replaced by the younger, more technologically advanced AH-64 Apache helicopter and other unmanned aerial vehicles (UAV).

This left Kiowa pilots and crews in limbo as to what the future held for them. The Department of the Army selected many for retraining on other aircraft, with most sent to work with the Apache. Some pilots and crews chose to leave the Army rather than move to a new aircraft.

But one small group got the opportunity to host the retirement party of sort, the final mission. In June 2016, pilots and crews from the 1st Squadron, 17th Cavalry Regiment, 82nd Combat Aviation Brigade, arrived in South Korea as part of the last deployment of the Kiowa's in U.S. Army service.

During the nine-month rotation with the 2nd Infantry Division/ROK-U.S. Combined Division, the Kiowa's are conducting critical reconnaissance missions and support in northern parts of South Korea.

Chief Warrant Officer 2 Aaron Montgomery, a Kiowa pilot with 1-17 CAV, has

only flown Kiowa's after first serving as a crew chief on the UH-60 Blackhawk.

"This is the one I grew up with as a pilot, and the one that I'm definitely going to wish was still around," said Montgomery. "I think it's a role that's tough to fill with UAV's but that's what the Army's going to do; it's a little bittersweet."

As one of the last Kiowa pilots, Montgomery has chosen to retire instead of moving to another aircraft.

For Spc. Samantha Bean, an armament/electrical/avionics system repairer on the Kiowa, the feelings were similar. Selected to move over to the Apache after this training rotation is complete, she said she would miss working on the Kiowa.

"I have grown accustomed to and very fond of the Kiowa, especially when it's your first job," said Bean. "It's always been a challenge, but it's a fun one. You get to learn something new every day."

Bean said she thought the Kiowa was a good support aircraft for ground forces.

"They're quick, they're down and up, rearmed and refueled within a matter of minutes," said Bean. "The pilots have developed good communication with ground units."

The crew said the Kiowa's are scheduled to be sold, destroyed or taken apart for scrap and parts once the unit returns to its home-station of Fort Bragg, N.C.

"It's good to be here (in Korea), but it's sad of course that we're seeing the end of something we have had in the Army for years now," said Montgomery.

**Spc. Samantha Bean, a crew member with 1st Squadron, 17th Cavalry Regiment, 82nd Combat Aviation Brigade, loads practice rounds into a OH-58D Kiowa Warrior helicopter at Rodriguez Live Fire Complex, South Korea, Aug. 26. The Kiowa's have been in continuous service since 1969, and Bean's unit is currently conducting the Army's final operational deployment of the aircraft.**



# WARRIORS PREPARE FOR ARMY-LEVEL BEST MEDIC COMPETITION



STORY BY  
Cpl. **LEE, JONG-KUK**  
2ID PUBLIC AFFAIRS



CAMP CASEY, South Korea - Two teams of dedicated 2nd Infantry Division/ROK-U.S. Combined Division and 65th Medical Brigade combat medics are training this month to represent Eighth Army at the 2016 Command Sgt. Maj. Jack L. Clark Jr. Army Best Medic Competition, Oct. 25-28, at Camp Bullis, Texas.

As they grow stronger, the teams have their real-world and Eighth Army competition experience driving their preparation.

At the conclusion of the July competition, Eighth Army announced the 1st place team from 2nd Combat Aviation Brigade, 2nd Inf. Div. Combined, Cpt. Jeremiah Beck and Sgt. Seyoung Lee, and the 2nd place team made up of Sgt. Sung Choi and Sgt. Lawrence Echon from the 65th Medical Brigade.

During that competition, eight Soldiers competed at Camp Casey, Camp Hovey and Rodriguez Live Fire Complex.

Events included the army physical fitness test and standard rifle qualification, and the best medic competitors also provided support for several simulated battlefield scenarios to include an infantry raid and treating casualties in combat.

To even be eligible, medics must have earned the Combat Medic Badge or the Expert Field Medical Badge.

The scenarios highlighted their ability to medically evaluate and evacuate casualties while holding up under the physical and mental strain of a field environment.

Given only 72 hours for the entire competition, the 11 events pushed participants past their limits to perform to the best of their ability.

Sgt. First Class Gary Hall, the division medical operation noncommissioned officer with Bravo Company, Headquarters and Headquarters Battalion, said, "Candidates earned points toward becoming the Eighth Army Best Medic Team through successful completion of all evaluated events."

Sgt. Lawrence Echon, a competitor from the 65th Medical Brigade, found the second day of competition the most challenging.

He said, "Although everything was tough, the 12 mile ruck march in the morning followed by an air assault obstacle course right after it was the most brutal of all."

The competition revolved around teamwork and teammates helped and motivated each other to finish all tasks successfully.

He said, "We had different strengths and weaknesses. I helped him in areas where I was good at, and he helped me in other tasks. The synergy made all this possible."

As difficult as it may be physically for the medics, it is not only about physical fitness: mental strength is necessary, if not essential, in winning the Best Medic Competition.

He said, "You don't want to give up because you are there to save Soldiers' lives. Once you start to quit, you don't pass and more importantly Soldiers' lives are the ultimate price."

Echon and his teammate, Choi, are training with Beck and Lee to ensure the team-mentality drives their preparation for the Army competition next month.

Beck and Lee both agreed that the key to representing their unit, their career field, and the Army as a whole the best they can rests on the time they dedicate to making sure they are the best medics and Soldiers they can be.

Hall said, "Going forward, having more command emphasis on the Eighth Army competition and participation would help to spotlight the event and generate more support and provide the best possible candidates available to represent the peninsula at the Army's Best Medic Competition."

Ultimately, he said, the Eighth Army competition is a tool for readiness and to recognize and encourage excellence in the combat medic field, so having as many qualified participants at all levels of the competition will only make it better.

**(Top)** Sgt. Lawrence Echon, 65th Medical Brigade, battles a hill during the ruckmarch event in the Eighth Army Best Medic Competition on Camp Casey. **(Bottom)** Capt. Jeremiah Beck, 2nd Combat Aviation Brigade, attacks the stress shooting test during the competition, demonstrating his ability to accurately fire his individual weapon during real-world scenarios.





# AVIATION SOLDIERS HIT THE ROAD

 **STORY AND PHOTOS BY**  
**Pfc. YEO, YUN-HYEOK**  
**2CAB PUBLIC AFFAIRS**



CAMP HUMPHREYS, South Korea - Soldiers from the 2nd Combat Aviation Brigade's 4-2 Attack Reconnaissance Battalion conducted drivers training in Humvees and LMTVs at Seungjin Range on Aug. 9.

The training was designed to ensure the unit's drivers are prepared for wartime missions to include executing tactical vehicle operations and pro-mask driving in both day and night scenarios with and without night vision devices.

The course was conducted in three sessions; normal conditions driving, driving in Chemical, Biological, Radiological, and Nuclear attack conditions, and night vision driving conditions.

"Through experiencing the thorough wartime environments, I can be a professional tactical vehicle driver," said Spc. Dominique James, a Delta Company Soldier who completed the training.

"I wanted soldiers to be capable of operating anytime, both day and night," said Lt. Seth Gray, who helped develop the training.

During the course, a training field in the middle of high mountains provided a nice venue for wartime driving which included unpaved sandy road and even a sandstorm. From a distance, it looked like the Soldiers were driving extreme trucks on a challenging course.

For the second phase, the environment was a harsh experience for Soldiers. In the hot weather of 95 degrees with their gas masks donned, Soldiers had to be resilient with their breathing and visibility. While driving, they were more cautious and careful. Instructors also paid extra attention for safety reasons, and emphasized that the Soldiers drank enough water before and after driving.

"We could overcome this hot weather through being motivated and having enough water," Gray said.

At the final phase, Soldiers wore night vision devices to drive in the dark. This phase took preparation and caution, since the night environment provides limited perception. Soldiers learned how to enlarge and enhance their vision through the night equipment.

"At first the night driving was scary, but later it became a great experience. We had some problems, but they were only minor trouble, and we met the course time," said James.

They also learned some limitations of their night vision gear, to include battery considerations and avoiding flashing light. Despite the limitations and that the night driving took longer, the Soldiers made it through with no accidents.

James said he feels more confident as a driver now, and Gray said the training produced the kind of experience he was hoping for his troops.

**(Top) Soldiers receive a training and safety brief before experiencing three scenarios to test and exercise their tactical driving abilities at Seungjin Range, Aug. 9. (Bottom) During the drivers training, Soldiers negotiated courses in day-time driving, CBRN environment driving, and night driving.**





# SNAPSHOTS

## *This is our Division*

"The Soldier is the Army. No army is better than its Soldiers.

The Soldier is also a citizen. In fact, the highest obligation and privilege of citizenship is that of bearing arms for one's country."

General George S. Patton Jr.











# BATTLE DRILL: SUSTAINMENT TROOPS



**STORY AND PHOTOS BY**  
**Sgt. KELLEN STUART**  
**2ND SUSTAINMENT BRIGADE PUBLIC AFFAIRS**

CAMP HOVEY, South Korea – “Gas, gas, gas,” echoed through the area and Soldiers quickly reached for and donned their protective masks. With masks cleared, they gathered and got into mission oriented protective posture level four.

The training, held Aug. 25, at a range in the northern part of South Korea, simulated a contaminated area and the proper reaction to a chemical attack.

“Soldiers have nine seconds to protect their eyes, mouth and nose,” said Staff Sgt. Diaz, assigned to Headquarters and Headquarters Company, Special Troops Battalion, 2nd Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division. “Then eight minutes to protect other areas open to contamination.”

“Overall, the training was to conduct base defense operations, convoy operations as well as train on basic battle drills,” explained Lt. Richard Moore, an

ordinance officer assigned to the brigade’s 194th Combat Sustainment Support Battalion.

The battle drills included: react to chemical attack, react to direct and indirect fire, react to possible improvised explosive device, and request medical evacuation.

The purpose of the exercise was to train and assess reactions to the different battle drills when faced with different operational environments and challenges, he added. This is important to readiness because it allows a commander to assess how well a company or unit can conduct the most basic Soldier skills in stressful situations.

Soldiers need to avoid becoming a casualty and be ready for a chemical attack, and know that first thing is to head upwind to stay away from the contaminated area, said Diaz. When the Soldier gets into MOPP level four, nothing touches the ground to prevent further contamination, all things that may get overlooked in





# PREPARE FOR ALL ENVIRONMENTS

the heat of battle, he said.

Units didn't know for sure that the CBRN attack would occur during the training, but in the warning order they were told of a possibility for enemies capable of producing chemical attacks, said Moore. Part of the training, is that the Soldiers should know to use that information to inspect and prepare protective equipment that is designed to prevent further contamination.

"The point is to force the Soldiers to go to MOPP four and then also go through the unmasking procedures to get out of the area of operation," explained Moore. "It was eye-opening for the Soldiers."

The actual mission was not out of the ordinary, only to resupply a unit with bulk water, but the added chemical attack took it to another level, said Staff Sgt. Dwayne Campbell, a participant in the training assigned to 348th Composite Supply Company.

"The training was a success because of the Soldiers motivation to learn and apply the tactics as they went through the lanes and conducted the mission," said Moore.

*(Left)* Soldiers from 194th Combat Sustainment Support Battalion, 2nd Sustainment Brigade, 2nd Infantry Division/ ROK U.S. Combined Division provide security for tactical field care during a situational training exercise, Aug. 25. *(Middle)* A Soldier provides security for his battle buddy as he puts on his protective gear during a mock chemical attack built into the training scenario. *(Right)* During the situation training lanes, Soldiers had to react to a variety of situations, including reacting to fire and conducting medical evacuation operations.



# WARRIOR FITNESS

**REVIEW BY:****Cpl. Monica Delgado (certified fitness expert)****Air Squats**

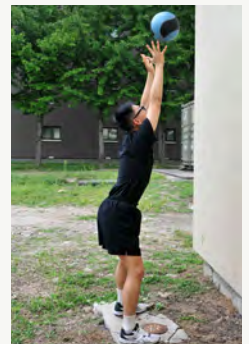
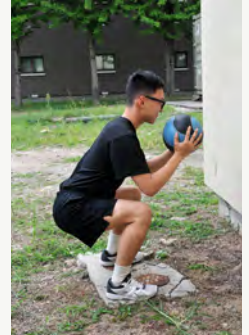
Air squats are a fundamental movement. They can be used in everyday life. Ask yourself the question, how many times you sit and get up throughout the day? That's a basic squat, but as you get older you begin to lose flexibility. Properly performing air squats can drastically improve your health and mobility in and out of the gym. It's a priority to continuously work on your form before adding weight.

1. Stand with feet shoulder width apart, toes pointed slightly outward.
2. Tighten your core by tightening the glutes and abs. Ensure the spine isn't over extended or over flexed. Stand naturally.
3. Keep your head up and look forward, not down.
4. Begin your downward movement by sending your butt back and down. (never start the squat by bending your knees, this will cause all your weight to shift to your knees)
5. Maintain your weight on your heels.
6. Extend your hands forward, until parallel to the ground
7. Once your upper legs break the plane, squeeze your and glutes and hamstrings and come back to the starting position.

**Wall Bounces**

Wall Bounces are a full body workout that require you to activate all muscles. They utilize your hip power, but must be performed with correct form. The weight of the ball can cause you to round your back and land incorrectly, lean forward, and place their weight on your toes as opposed to your heels.

1. Begin in a front loaded squat position, bring the weighted ball to the chest (level and tight to the body).
2. Place your hands on sides of the ball, fingers pointed upwards, elbows slightly outward and up.
3. Perform a proper squat. Once you begin the movement upward, use the power created by your hips to explode and toss the ball at the chosen target on the wall. (The key is to wait to reach full extension before releasing the ball)
4. After the ball bounces off the wall, catch it and immediately go into the next repetition of the exercise, but do not cheat yourself by starting your next squat prior to catching the ball.



## NEWS BRIEFS/HAPPENINGS

**Soup Kitchen Volunteer Opportunity**

Every Friday at 10 a.m.  
Ganeung Station, Uijeongbu

For more information call 730-6188

**Table Tennis Tournament**

Every Wednesday, 6 p.m.  
Camp Read Cloud CAC

For more information call 732-6246

**Deep Sea Fishing at Incheon City**

Saturday, September 24  
Incheon City  
Cost: \$95

For more information call 730-6187

**“2nd to none” Suicide Prevention Challenge**

22 pullups, 22 bench press, 22 back squats, 22 deadlifts, 22 hang cleans

Saturday, September 18, noon  
Camp Red Cloud Gym

Call the CRC CAC at 732-6246 to sign up



# Eats In KOREA



REVIEW AND PHOTOS BY  
Cpl. **LEE, JONG-KUK**  
2ID PUBLIC AFFAIRS

This month "Eats in Korea" featured a special European restaurant in Seoul where you can enjoy pastas, risottos, salads and other dishes.

The name "Queens Park" was applicable to its ambience when we walked in. Although I might not exactly know what a Queen's park would actually look like, I believe its brown tone of interior, the light setting, and music in the background are suitable for the name, and the food could have been served to the Queen herself.

It's an "organic" restaurant serving dishes made of only fresh and seasonal ingredients.

Since my friend and I didn't eat breakfast, we were starving and ready to dig in to our lunch. Before the meal, we helped ourselves to fresh bread.

Its bakery is also very famous for special hand-made dough, which makes bread before meals incredibly tasty. I usually do not finish the bread to save room for the meal

that follows, but this day, we ate it all.

A waitress then brought french onion soup. My favorite part of this food is just the right amount of melted cheese on the top.

For a main dish, I ordered truffle mushroom pasta, and my friend had croquet madame. The truffle's distinctive flavor and smell made this pasta special; cream sauce, mushrooms and other ingredients were just there to bring the truffle's flavor to its finest. The croquet madame is a baked or fried boiled ham and cheese sandwich topped with a fried egg. Although it sounds like it does not hide any special recipe behind it, it was as delicious as the fancy truffle pasta.

Around late Sunday morning, after sleeping through breakfast, you can always count on a fine brunch at Queens Park located in the middle of Seoul. And it's equally perfect for a dinner on the town.



## queens park

Address:

Seoul, Gangnam gu,  
Chung Dam dong, 83-18

Contact Info:

02-542-4074

For restaurant review suggestions or submissions contact the 2ID Division PAO at [usarmy.redcloud.2id.list.pao-editorial-submissions@mail.mil](mailto:usarmy.redcloud.2id.list.pao-editorial-submissions@mail.mil) or DSN 732-9132



# CASEY MOVIES

DATE	DAY	TIME	MOVIE TITLE /CAST	RUN TIME	RATE	ADM
1-Sep	Thu		No Showing			
2-Sep	Fri	1800	MORGAN / Kate Mara, Anya Taylor-Joy	UNK	R	2D-4
		2000	SAUSAGE PARTY / Seth Rogen, Kristen Wiig	83	R	2D-4
3-Sep	Sat	1800	WAR DOGS / Jonah Hill, Miles Teller	149	R	2D-4
		2000	MORGAN / Kate Mara, Anya Taylor-Joy	UNK	R	2D-4
4-Sep	Sun	1800	SAUSAGE PARTY / Seth Rogen, Kristen Wiig	83	R	2D-4
		2000	WAR DOGS / Jonah Hill, Miles Teller	149	R	2D-4
5-Sep	Mon	1900	NERVE / Emma Roberts, Dave Franco	96	PG-13	2D-3
6-Sep	Tue		No Showing			
7-Sep	Wed	1900	SUICIDE SQUAD / Will Smith, Jay Hernandez	PG-13	130	2D-4
8-Sep	Thu		No Showing			
9-Sep	Fri	1800	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
		2000	WHEN THE BOUGH BREAKS / Morris Chestnut, Regina Hall	UNK	PG-13	2D-4
10-Sep	Sat	1800	WHEN THE BOUGH BREAKS / Morris Chestnut, Regina Hall	UNK	PG-13	2D-4
		2000	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
11-Sep	Sun	1800	WHEN THE BOUGH BREAKS / Morris Chestnut, Regina Hall	UNK	PG-13	2D-4
		2000	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
12-Sep	Mon	1900	SULLY / Tom Hanks, Aaron Eckhart	UNK	PG-13	2D-4
13-Sep	Tue		No Showing			
14-Sep	Wed	1900	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
15-Sep	Thu		No Showing			
16-Sep	Fri	1800	BRIDGET JONES'S BABY / Renée Zellweger, Colin Firth	UNK	R	2D-4
		2000	SNOWDEN / Joseph Gordon-Levitt, Shailene Woodley	138	R	2D-4
17-Sep	Sat	1800	BRIDGET JONES'S BABY / Renée Zellweger, Colin Firth	UNK	R	2D-4
		2000	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
18-Sep	Sun	1800	BRIDGET JONES'S BABY / Renée Zellweger, Colin Firth	UNK	R	2D-4
		2000	SNOWDEN / Joseph Gordon-Levitt, Shailene Woodley	138	R	2D-4
19-Sep	Mon	1900	BRIDGET JONES'S BABY / Renée Zellweger, Colin Firth	UNK	R	2D-4
20-Sep	Tue		No Showing			
21-Sep	Wed	1900	SNOWDEN / Joseph Gordon-Levitt, Shailene Woodley	138	R	2D-4
22-Sep	Thu		No Showing			
23-Sep	Fri	1800	THE MAGNIFICENT SEVEN / Denzel Washington, Chris Pratt	132	PG-13	2D-4
		2000	THE MAGNIFICENT SEVEN / Denzel Washington, Chris Pratt	132	PG-13	2D-4
24-Sep	Sat	1800	STORKS / Andy Samberg, Kelsey Grammer	100	PG	3D-4
		2000	THE MAGNIFICENT SEVEN / Denzel Washington, Chris Pratt	132	PG-13	2D-4
25-Sep	Sun	1730	THE MAGNIFICENT SEVEN / Denzel Washington, Chris Pratt	132	PG-13	2D-4
		2000	THE MAGNIFICENT SEVEN / Denzel Washington, Chris Pratt	132	PG-13	2D-4
26-Sep	Mon	1900	SAUSAGE PARTY / Seth Rogen, Kristen Wiig	89	R	2D-3
27-Sep	Tue		No Showing			
28-Sep	Wed	1900	SULLY / Tom Hanks, Aaron Eckhart	96	PG-13	2D-4
29-Sep	Thu		No Showing			
30-Sep	Fri	1800	DEEPWATER HORIZON / Mark Wahlberg, Kurt Russell	107	PG-13	2D-4
		2000	MISS PEREGRINE'S HOME FOR PECULIER CHILDREN/ Fantasy, Adventure	UNK	NR	2D-4

ADMISSION FEES					
ADMISSION		1st Showing	Regular	Repeat	Special
Adult	2D	\$6.50	\$6.00	\$5.50	\$4.50
	3D	\$8.50	\$8.00	\$7.50	\$6.50
Child (6-11)	2D	\$3.75	\$3.50	\$3.25	\$2.75
	3D	\$5.75	\$5.50	\$5.25	\$4.75

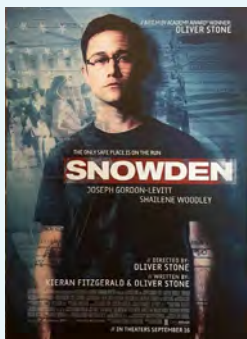
For more information on movie schedules visit:  
 Reel Time Theaters @ [www.shopmyexchange.com](http://www.shopmyexchange.com)  
 (\*): First run or special engagement





# YONGSAN MOVIES

		SCREEN 1					SCREEN 2				
Date	Day	SHOW TIME	RUN TIME	MOVIE TITLE	Rating	ADM	SHOW TIME	RUN TIME	MOVIE TITLES	Rating	ADM
1-Sep	Thu	1830	100	MECHANIC: RESURRECTION	R	4	1900	90	DON'T BREATHE	R	4
2-Sep	Fri	1730/2030	100	MORGAN	R	4	1900/2200	96	NERVE	PG13	3
3-Sep	Sat	1330/1630/1930	100	MORGAN	R	4	1330/1630	90	THE SECRET LIFE OF PETS	PG	3
							1930/2200	96	NERVE	PG13	3
4-Sep	Sun	1330/1630/1930	100	MORGAN	R	4	1330/1630	90	THE SECRET LIFE OF PETS	PG	3
							1930	96	NERVE	PG13	3
5-Sep	Mon	1530/1830	100	MORGAN	R	4	1530	90	THE SECRET LIFE OF PETS	PG	3
6-Sep	Tue	1830	100	MECHANIC: RESURRECTION	R	4	1900	114	WAR DOGS	R	4
7-Sep	Wed	1830	100	MECHANIC: RESURRECTION	R	4	1900	114	WAR DOGS	R	4
8-Sep	Thu	1530/1900		OPERTION CHROMITE			1830	114	WAR DOGS	R	4
9-Sep	Fri	1530/1900		OPERTION CHROMITE			1730/2030	100	SULLY	PG13	4
		2130		WHEN THE BOUGH BREAKS	PG13	4					
10-Sep	Sat	1330/1630	90	THE WILD LIFE ( 2D )	PG	4	1330/1630/1930/2200	100	SULLY	PG13	4
		1930		WHEN THE BOUGH BREAKS	PG13	4					
11-Sep	Sun	1330/1630	90	THE WILD LIFE ( 3D )	PG	4	1330/1630/1930	100	SULLY	PG13	4
		1930		WHEN THE BOUGH BREAKS	PG13	4					
12-Sep	Mon	1830		WHEN THE BOUGH BREAKS	PG13	4	1900	90	DON'T BREATHE	R	4
13-Sep	Tue	1830		WHEN THE BOUGH BREAKS	PG13	4	1900	90	DON'T BREATHE	R	4
14-Sep	Wed	1830	90	SAUSAGE PARTY	R	3	1900	90	DON'T BREATHE	R	4
15-Sep	Thu	1830	90	SAUSAGE PARTY	R	3	1900	90	DON'T BREATHE	R	4
16-Sep	Fri	1330	90	THE WILD LIFE ( 2D )	PG	4	1330/1600/1930	125	BRIDGET JONES'S BABY	R	4
		1600/1930	138	SNOWDEN	R	4					
17-Sep	Sat	1330	90	THE WILD LIFE ( 2D )	PG	4	1330/1600/1930/2200	125	BRIDGET JONES'S BABY	R	4
		1600/1930	138	SNOWDEN	R	4					
18-Sep	Sun	1330	90	THE WILD LIFE ( 2D )	PG	4	1330/1600/1930	125	BRIDGET JONES'S BABY	R	4
		1600/1930	138	SNOWDEN	R	4					
19-Sep	Mon	1830	138	SNOWDEN	R	4	1900		BRIDGET JONES'S BABY	R	4
20-Sep	Tue	1830	138	SNOWDEN	R	4	1900	100	BRIDGET JONES'S BABY	R	4
21-Sep	Wed	1830	130	SUICIDE SQUAD	PG13	3	1900	100	SULLY	PG13	4
22-Sep	Thu	1830	130	SUICIDE SQUAD	PG13	3	1900	100	SULLY	PG13	4
23-Sep	Fri	1730	100	STORKS ( 3D )	PG	4	1900/2200	100	SULLY	PG13	4
		2030	132	THE MAGNIFICENT SEVEN	PG	4					
24-Sep	Sat	1330	100	STORKS ( 2D )	PG	4	1330/1630/1930/2200	125	BRIDGET JONES'S BABY	R	4
		1630/1930	132	THE MAGNIFICENT SEVEN	PG13	4					
25-Sep	Sun	1330	100	STORKS ( 2D )	PG	4	1330/1630/1930	138	SNOWDEN	R	4
		1630/1930	132	THE MAGNIFICENT SEVEN	PG13	4					
26-Sep	Mon	1830	132	THE MAGNIFICENT SEVEN	PG13	4	1830	138	SNOWDEN	R	4
27-Sep	Tue	1830	132	THE MAGNIFICENT SEVEN	PG13	4	1830	138	SNOWDEN	R	4
28-Sep	Wed	1830	132	THE MAGNIFICENT SEVEN	PG13	4	1830	138	SNOWDEN	R	4
29-Sep	Thu	1830	132	THE MAGNIFICENT SEVEN	PG13	4	1830	138	SNOWDEN	R	4
30-Sep	Fri	1730/2030	107	DEEPWATER HORIZON	PG13	4	1900/2200	107	MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN ( 3D )	PG13	4





# 1ST BATTALION, 17TH INFANTRY REGIMENT

## Description/Blazon

A silver color metal and enamel device 1 3/32 inches (2.78cm) in height overall, consisting of a shield blazoned: Azure, a wall embattled Argent, maconné de Sable, between in chief a cross patée and a five-bastioned fort voided, and in base a buffalo statant of the second.

## Symbolism

The shield is blue for Infantry. Service in the Civil War is shown by the white cross patée, the badge of the 5th Army Corps in the Army of the Potomac, and by the stone wall which symbolizes the famous stone wall at Fredericksburg. The five-bastioned fort was the badge of the 5th Army Corps in Cuba. The buffalo represents service in Korea.

## Background

The distinctive unit insignia was originally approved on 1924-10-14. It was amended by the addition of the buffalo for Korean service on 1952-05-05. The insignia was amended on 1990-05-01 to revise the description and symbolism of the design.

## Description

Shield: Azure, a wall embattled Argent, maconné de Sable, between in chief a cross patée and a five-bastioned fort voided, and in base a buffalo statant of the second.

Crest: On a wreath of the colors, Argent and Azure, a sea lion erect Or armed and langued Gules grasping in its dexter claw two arrows Sable, armed and flighted Gules.

## Symbolism

Shield: The shield is blue for Infantry. Service in the Civil War is shown by the white cross patée, the badge of the 5th Army Corps in the Army of the Potomac, and by the stone wall which symbolizes the famous stone wall at Fredericksburg. The five-bastioned fort was the badge of the 5th Army Corps in Cuba. The buffalo represents service in Korea; It was adopted as a symbol of the unit while it served there.

Crest: The crest is the white maltese cross of the V Corps in the Civil War and represents the desperate fighting in the Wheatfield and Devil's Den at Gettysburg where the regiment lost approximately 50% of its effective strength.

## Background

The coat of arms was originally approved on 1921-03-15. It was amended by the addition of the buffalo for Korean service on 1952-05-05. The coat of arms was amended on 1990-05-01 to revise the blazon and symbolism of the design.

## History/2ID Relationship

Assigned 2007-04-17 to the 5th Brigade Combat Team, 2d Infantry Division, and activated at Fort Lewis, Washington. Relieved 2010-07-22 from assignment, and reassigned to the 2d Brigade Combat Team, 2d Infantry Division.

## Coat of Arms



## Crest



## Warrior Division

# FRIDAY NIGHT FIGHTS

Check out Second to None Warriors in action during team combatives fights at Camp Casey's Hanson Gym.

The battles on the mats will resume September 9, with the team champion crowned September 23.

Fights start at 6:00 p.m.





# Labor Day Crosswords

S	M	J	O	T	F	A	I	R	W	A	G	E	S	I	E
T	R	D	Q	G	J	K	O	U	L	D	K	G	B	Y	W
W	K	A	M	A	T	B	N	E	J	U	N	H	E	I	S
V	S	E	L	G	A	M	K	L	G	T	B	R	D	L	B
D	S	E	M	L	L	D	J	B	K	H	K	I	W	U	Y
F	V	B	D	G	Y	O	T	Y	A	D	O	G	H	E	L
U	N	I	O	N	A	K	T	F	O	S	B	H	E	Y	S
S	O	A	V	M	L	I	J	G	S	E	S	T	I	R	D
J	E	R	O	G	N	D	V	T	A	F	J	S	L	T	S
K	H	B	S	U	D	E	L	K	Y	U	E	V	H	Y	E
W	H	A	M	T	S	F	R	F	E	H	A	S	U	Y	C
O	E	M	L	P	R	K	T	I	H	J	O	B	I	S	U
P	O	F	J	B	M	I	D	H	U	Y	A	Y	L	E	R
C	K	A	L	B	C	E	K	Y	W	G	P	V	P	S	I
F	J	X	C	V	L	D	T	E	P	L	C	E	A	Y	T
W	E	L	J	P	K	A	M	B	V	J	B	M	T	U	Y

*Community  
Fair wages  
Union  
Job*

*Labor  
Rights  
Strike*

*Rally  
McGuire  
Security*

## HOW TO SURVIVE IN KOREA

Rice  
Ssal  
쌀

Spoon  
Sood ga rak  
순가락

Chopsticks  
Jut ga rak  
젓가락

Water  
Mool  
물

Dish  
Goo reot  
그릇

Beef  
So go gi  
소고기

Pork  
Dae ji go gi  
돼지고기

Chicken  
Dak go gi  
닭고기

