Indianhead

Vol. 43, No. 18 www-2id.korea.army.mil October 20, 2006

North Korean threats: USFK conducts business as usual

By Gen. B. B. Bell UNC/CFC/USFK Commander

s you know, there has been wide reporting and speculation about what north Korea claims was a nuclear test the morning of Oct. 9.

Due to the nature of the event and our proximity to the location of the reported test, there may be continued uneasiness within the command, particularly with family members. The actual nature and extent of the activity is being studied, with many governments and world leaders commenting on the events.

I'm sure over the next several days amplifying information will be reported. In the meantime, I want to make it clear to all that we are executing daily operations and maintaining our readiness at appropriate levels. At this time, there is no reason to change this approach.

However, to help alleviate potential anxiety and any misunderstanding, please take time to read and take aboard the following points. Also, I'd like you to share these facts with your subordinates and family members.

- The seismic event observed Oct. 9 may or may not have been a nuclear test. Scientist and analysts are studying the available data in an attempt to arrive at a definitive conclusion.
- •While this test is a significant development, there is no cause for alarm within the command.

USFK continuously evaluates our area of operations for threats to the safety and security of our force, our Service Members and our families. Our Alliance, Combined Forces Command and U.S. Forces Korea are prepared to protect our forces and the Republic of Korea should that ever be necessary.

- ●This test does not alter our ability to effectively deter. Be assured that the Alliance has the forces necessary to deter aggression and, should deterrence fail, decisively defeat any north Korean attack against the Republic of Korea.
- •U.S. forces have been well trained to confront nuclear, biological and chemical threats.

The bottom line is that this seismic event in and of itself will not cause us to change the way we do business.

Our Alliance is strong and our commitment to peace, stability and security on the Korean Peninsula is resolute. I encourage all Soldiers, Sailors, Airmen, Marines, civilians and family members to talk with your leadership and other in the command in order to eliminate any rumors or any misunderstanding that may exist regarding this event.

I thank everyone for their service and commitment to our great Alliance which has produced peace and stability over many decades.

Through strength, unwavering commitment and solidarity we will continue to accomplish this in the future.

MASCAL



2nd Lt. Daniel Tenhagen

The 302nd BSB conducted a mass casualty exercise Sept. 23 to test the unit's ability to evacuate, triage and treat casualties. For many medics this was their first look into what a MASCAL is and how to care for patients. The medics involved were able to receive much-needed training and gain experience neccessary to conduct their wartime mission.



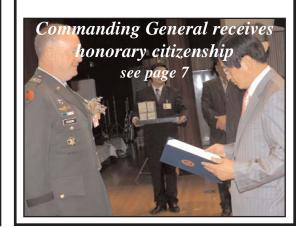
Patch Ceremony

The Warrior Division said goodbye to Command Sgt. Maj. James A. Benedict during a patch ceremony at CRC's Village Green Oct. 4th. Benedict departed after 11 months as the Division Command Sergeant Major. His next assignment is at Fort Benning, Ga.



Inside...

Policy change.....page 3 Protecting peace.....page 9 Sports.....page 10



Opinion



VOICE OF THE WARRIOR:

What do you do to maintain good mental health?



Think positively and enjoy life.

Cpl. Wi, Kwang Woo B Co., STB

Try to experience Korean culture and language.

Spc. Jacob Imlay 2ID Band





Listen to Christian music and go out into nature.

Spc. Toby Crandall HQ, 2ID

A lot of sleeping and green tea.

Sgt. Jay Tsinnie E Co., 1-2 AVN



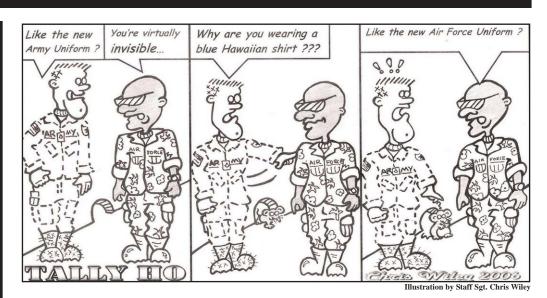


Call home and get mail from home. It makes me feel that I am not alone. Sgt. Gregory Cox Div. FSE

Try to utilize the free time I have to see Korea.

Pfc. Nicole Reese B Co., STB





Army Strong

New slogan captures spirit of Soldiers

By Francis J. Harvey

Secretary of the Army

To the Army family:

For 231 years our Army has been the vanguard of freedom around the globe. Our ability to fulfill this vital role for the nation depends on each of you and on the work you do every day. It also depends on our ability to fill the Army's ranks in the future with committed and capable volunteer Soldiers.

On Oct. 9, I announced the beginning of our effort to inform you about the Army Strong ad campaign at the Association of the United States Army Annual Symposium in Washington, D.C.

The Army Chief of Staff, General Peter Schoomaker, and I are confident that the new Army Strong campaign captures the unique character of the Soldier. As we all know, you become a stronger person by becoming a Soldier. This is a special kind of strong... it's Army Strong!

We will take a full 30 days to explain this campaign as well as possible to help you - our Soldiers, Army civilians, family members and our community champions understand what it is and the meaning behind it.

Watch the video which represents the essence of this campaign on AKO (www.us.army.mil). The public launch

(television commercials, new posters, etc.) will take place on Nov. 9.

Army Strong stands for a big idea. It speaks to the truth about the U.S. Army - that Soldiers develop mental, emotional and physical strength forged through shared values, teamwork, experience and training... that by making the decision to join the Army, an individual is choosing to recognize potential strength within him or herself and develop it further... that an individual Soldier is choosing to take charge of his or her future and career... that Soldiers actively choose to make a difference in their lives, their families, their communities and for their nation.

I firmly believe Army Strong is the truth. I speak often with Soldiers as I know you also do. In different words and in different ways, over and over again, I hear the story of strength.

General Schoomaker and I are asking for your full support of this important campaign.

Every time you go into your community, when you walk through an airport or any other activity in your daily life, you are the most effective demonstration of Army Strong.

We are asking you to represent Army Strong. We are asking you to encourage others to visit www.goarmy.com to learn more about the U.S. Army.

You are Army Strong.

Indianhead

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Individuals can submit articles by the following means: email 2IDpao@korea.army.mil; EAID-PA, APO, AP 96258-5041 Attn: Indianhead; or drop by the office located in building T-910 on Camp Red Cloud. To arrange for possible coverage of an event, call 732-8856.

SCRA

Capt. Jason A. Nef

Legal Assistance Attorney, CRC Legal Center

The Servicemembers Civil Relief Act is a federal law that provides a range of benefits to military person-

Among the benefits the SCRA provides is the ability to temporarily suspend, "judicial and administrative proceedings...that may adversely affect the civil rights of servicemembers during their military service." The temporary suspension of proceedings is also called a "stay."

If a servicemember is sued, the SCRA can help them obtain a stay any time before a final judgment is entered. To obtain a stay, the servicemember must file an application requesting a stay with the court or administrative body.

The application must include a letter stating why their duty assignment prevents an appearance and a date on which they will be available to appear. For most servicemembers assigned to Korea this will be on, or shortly after, their DEROS.

The application must also include a letter or affidavit from the servicemember's commanding officer stating that their duty prevents them from making an appearance and that leave is not authorized.

When the servicemember submits the application, the law requires an automatic 90-day stay of the proceedings. The 90-day period provides time for the servicemember to hire a lawyer and for the lawyer to prepare

Often the judge, or administrative body, will grant a stay for greater than 90 days until a date the servicemember is available to appear.

An additional stay is available if the servicemember's duty continues to prevent their appearance. If the application for an additional stay is denied, the court is required to appoint a lawyer to represent the servicemember in their absence.

This stay provision is available to plaintiffs and defendants alike. However, the SCRA's stay provision is not available to military dependents, nor is it available in criminal proceedings.

If you have further questions about your rights under the SCRA, please visit or call your local Legal Services office and schedule an appointment with a JAG officer.

If you need to apply for a stay, they can help you draft the required documents.

Information is also available on web wwwthe at 2id.korea.army.mil/subsites/legal.

To schedule an appointment please call the Camp Casey Legal Center at 730-3660, or the Camp Red Cloud Legal Center at 732-6099.

Tactical vehicle policy changes, convoy times safer for public

By Cpl. Lee, Yoon Joo

Staff writer

very morning is a busy time on bases as well as in the local communities. The Korean roads around our enclaves are filled with civilian vehicles and pedestrians, mostly school children and civilians going to their place of work.

Tactical vehicle movements on civilian roads in the morning hours have always been a main safety concern.

For the following reasons, as of Sept. 1, the policy on tactical vehicles changed. Tactical vehicles in all units assigned or attached to the 2nd Infantry Division are no longer able to use Korean roads, from 7-8:30 a.m., Monday through Friday.

"A number of leaders noticed that the number of vehicles and pedestrian traffic present around our enclaves seemed to be higher during the morning," said Maj. Stephen York, division transportation officer. "The issue was addressed through the chain of command as a concern. At each level, the matter was discussed. When it was finally presented to the command group for



Tactical vehicles in all units assigned or attached to 2nd Infantry Division are no longer able to use Korean roads from 7-8:30 a.m., Monday through Friday.

discussion, the decision was made to restrict movement to mitigate risk."

This policy does not apply to vehicles responding to medical emergencies, on mail runs, performing law enforcement functions, vehicles moving in training areas or within the confines of military camps. Exceptions to this policy will be addressed through command channels to the division transportation officer.

All requests for exception to pol-

icy require signature by the first O-6 level commander (acting commander must include a copy of their assumption of command orders with their request for exception to policy). The final decision for all requests for exception to policy will be made by assistant division commander (maneuver), assistant division commander (support), chief of staff or the commanding general.

For additional information, call Division Transportation Office, 732-8754.

604th ASOS Honor Guard



Tech Sgt. Richard Tankersle

Airman 1st Class Joshua Hall and Staff Sqt. Chris Wiley fulfill their special duties as members of the 604th Air Support Operations Squadron's honor guard team during a Commander's Call Sept. 29.

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Connelly Award

Eighth Army awards top garrison DFACs

Story by Capt. Stacy Ouellette 8th Army PAO

Command Information Officer

Eighth Army recognized the 2nd Infantry Division and the 19th Sustainment Command (Expeditionary) for winning top spots in the 39th Annual Phillip A. Connelly competition at an awards ceremony Friday in Yongsan.

Lt. Gen. David P. Valcourt, 8th U.S. Army Commanding General presented awards for the winning and runner-up teams who competed in the Connelly competition held this summer peninsulawide.

702nd Brigade The Support Battalion, Fires Brigade, 2ID, Camp Castle; Headquarters Headquarters Support Company, Special Troops Battalion, 2ID, Camp Red Cloud; and 501st Sustainment Brigade, 19th ESC came out on top from a field of 32 dining facilities and all unit field kitchens on the peninsula.

HHC, Special Troops placed first in the large garrison category. The 702nd placed first for the small garrison category. The 501st won the field kitchen category.

"Our Soldiers and civilians that serve in our dining facilities uniquely touch our

formations three times a day. Everyone has to eat, and the fact that they can positively influence by taking pride in what they've prepared, taking pride as they deliver it and serve it, making Soldiers feel welcome coming in the dining facility, can do a whole bunch in terms of influencing the morale, the welfare and the overall readiness of our battalions, companies and brigades," said Valcourt.

Representatives for five teams were awarded. Categories are the large garrison, small garrison and field kitchen competition, which is feeding in field operations.

The difference between

garrison categories is actual dining facility capacity of 401 or more for the large, and 400 or less for the small garrison.

The category winners for this competition will represent 8th U.S. Army-IMA KORO at the Department of the Army level competition beginning in October. Once the final evaluations are made, the results from it will be released.

The three top winners say placing service and wholesome food first on the menu while simultaneously giving their staffs what they needed to accomplish their missions put them ahead of the competition.

Established in 1968, the Connelly awards competition recognizes excellence in the Army Food Service arena. Each year, dining facilities across the peninsula compete to become the best in Korea.

The competition is designed to improve the professionalism of food service personnel that entails providing world-class food service from the preparation stages on through to the meals enjoyed by diners across the Republic of Korea

The team proving to be the best field kitchen won while "serving their soldiers proudly with a smile," said Sgt. 1st Class Richard B. Trotter Sr., Senior Food Operations Sergeant, 501st Sustainment Brigade, 19th ESC "Success is measured by the appreciation of my customers. The Soldiers are the true winners in my category," said Staff Sgt. Ramonia Brown, Senior Operations Food Sergeant, 702nd BSB, Army Food Service Center.

Service is also at the top of the list for the Area I dinning facilities.

"My priority is to ensure that all service members who use Area I dining facilities receive hot, quality, and nutrition meals daily," Son, In Jul, Area I Food Program Manager said.

In order to produce good food and service, the Soldiers who provide that service must have support from the leadership.

"My priority for those working on my team is to ensure that they have all the necessary resources needed such as equipment and manpower to be able to operate affectively in accomplishing their daily feeding mission," said Son.

That support goes deeper than the logistical requirements of the job.

"My responsibilities as Food Operation Sergeant is to supervise, maintain, and mentor," Brown said.

The award itself becomes a mentorship tool.

"It shows that action speaks louder than words, by me telling them (his Soldiers) 'if you work hard and give it all you have, everything will pay off in the long run for you'," Trotter said.



Pvt. Jun, Min Soc

Lt. Gen. David P. Valcourt presents the plaque for Best Small Garrison DFAC in Korea to the winning team members of the 702nd BSB, Fires Brigade, 2ID.

Tune into 2ID Talk Show on Warrior Radio, 88.3/88.5 FM, 3 to 6 p.m. every Wednesday.

If you miss the show, you can catch it again every Friday and Monday at 6 p.m.

To make a song request, call 730-6324.

Court martial findings

Camp Casey legal center

A private 1st Battalion, 72nd Armor, 1st Heavy Brigade Combat Team, 2nd Infantry Division, pled guilty to assaulting and attempting to assault multiple military police officers, disobeying their lawful order, and underage alcohol consumption, in a Special Court-Martial Sept. 27 at Camp Casey.

He was sentenced by the Military Judge to a bad conduct discharge, confinement for two months, hard labor without confinement for two months, and forfeiture of \$849/month for four months.

Chapel Service Times

Camp Red Cloud

Warrior Chapel **Protestant:** 11 a.m. Sunday Catholic: 11:30 a.m. M-F 4 p.m. Saturday 9 a.m. Sunday KATUSA 7 p.m. Sunday COGIC

Camp Casey

12:30 p.m. Sunday

Stone Chapel **Protestant:** 10 a.m. Sunday KATUSA: 6:40 p.m. Tuesday

Memorial Chapel Gospel: 11 a.m. Sunday

KATUSA: 6:00 p.m. Tuesday

West Casey Chapel KATUSA: 6:30 p.m. Thursday **Protestant:** 10:30 a.m. Sunday Catholic: 12 p.m. Sunday 2 p.m. Sunday

Camp Hovey

Hovey Chapel Catholic: 9 a.m. Sunday **Protestant:** 11 a.m. Sunday KATUSA: 6 p.m. Tuesday

Crusader Chapel **Protestant:** 11 a.m. Sunday

Camp Stanley

Protestant: 10 a.m. Sunday Gospel: 11 a.m. Sunday Catholic: 1 p.m. Sunday KATUSA: 7 p.m. Tuesday

Camp **Humphreys**

Catholic: 11:45 a.m. M, T, T, F 9:30 a.m. Sunday **Protestant:** 10:30 a.m. Sunday

Camp Castle

Castle Chapel KATUSA: 6 p.m. Tuesday

Point of Contact:

Camp Red Cloud 732-7469 CRC Catholic: 732-6428 Hovey Chapel 730-5119 Memorial Chapel 730-2594 West Casey: 730-3014 Stanley: 732-5238 Humphrey: 753-7952 Camp Castle: 730-6889 Orthodox worship service Saint Nicholas Cathedral: 753-3153

LDS: 730-5682 Other services including bible studies and fellowships are offered in some chapels. Please call for complete schedules.



Warrior News Briefs

Charlie Daniels Band

The Charlie Daniels Band is coming to Korea. The band is scheduled to play at Camp Casey Oct. 19 at 7 pm. at Carey Fitness Center. They will also be performing at Camp Red Cloud Oct. 22 at 5 p.m. in the CRC Fitness Center.

Volunteers Needed

Volunteers are needed for the Troop Medical Clinic and the Dental Clinic at Camp Casey. Volunteers will provide a host of services including chaperoning, administration, pharmacy and other vital functions. Persons who are bilingual are very much needed. Please contact the American Red Cross at 730-3184 for more information.

New Chapel Event

The Camp Red Cloud Warrior Chapel will hold a male-only Bible study and breakfast at 8 a.m. every 2nd and 4th Saturday of the month.

If interested, call Chaplain (Lt. Col.) Mike Durham at 732-7998, or just come in the Annex located just next door to the Warrior Chapel.

Halloween Buffet

Area I MWR will be hosting a Halloween buffet at the Pear Blossom Cottage on Camp Red

Cloud Oct. 27 from 3 p.m. to 5 p.m. There will be trick or treating, a costume contest and prizes.

For more information on this event, please call 723-7168.

2ID Safety Guy Show

Tune in Fridays at 5 p.m. on Warrior Radio FM for "The 2ID Summer Safety Show" featuring Chuck Ryan, the 2ID Safety Guy. Listen all-week to the station, learn that week's Safety Phrase that Pays, be the right numbered caller, and you'll win a \$50 AAFES coupon courtesy of Area I Exchange New

OPMS Task Force Visit

The Officer Personnel Management System Task Force from Human Resources Command, Officer Personnel Management Division will visit Korea from Nov. 1-4 to train Field Grade leadership on changes to OPMS. The focus of the presentations will be on the steps the Army is taking to broaden officer development, group skills functionally and grow multi-skilled leaders for the 21st century. For more information, call Capt. Jason Cavness at 724-3431. The briefing schedule is as follows:

Area I: Nov. 2 from 8:30 a.m. to 10 a.m. at the Camp Casey theater.

Area II: Nov. 3 from 8:30 a.m. to 10 a.m. at the South Post chapel.

Area III: Nov. 3 from 3 p.m. to 4:30 p.m. at the Camp Humphreys theater.

Area IV: Nov. 2 from 3:30 p.m. to 5 p.m. at the Camp Henry theater.

91W EMT

Refresher Course

EMT refresher courses for 91W will be held on Camp Casey in Building 2036. The classes will be held from Dec. 1-5, 6-8 and 11-13. For more information call Staff Sgt. Apphia Taylor at 730-2113.

Wash Rack Canteen **Needs Volunteers**

The Camp Casey Wash Rack Canteen is open for business. The American Red Cross needs volunteers to help hand out coffee, hot chocolate, popcorn and other items to our Soldiers. If you are able to donate an hour or two to help keep the coffee pot going and the popcorn popping, please call Sandy Cambers at the American Red Cross at 730-3184.

Movies

Camp Red Cloud

Show times: Fri.-Sat. 7 & 9 p.m., Sun. 6 & 8 p.m., Mon.-Tue. & Thur. 7 p.m. Oct. 20 ... The Marine; Beerfest Oct. 21 ... Beerfest: Accepted Oct. 22 ... How to Eat Fried Worms; Accepted Oct. 23 ... Step Up Oct. 24 ... How to Eat Fried Worms Oct. 26 ... The Departed Oct. 27 ... The Departed; Crossover

Oct. 28 ... World Trade Center; Material Girls Oct. 29 ... Crossover; World Trade Center Oct. 30 ... Material Girls Oct. 31 ... Beerfest

Camp Casey

Show times: Fri.-Sat. 6:30 & 8:30 p.m., Sun. 3, 6:30 & 8:30 p.m., Mon. Thur. 7:30 p.m.

Oct. 20 ... Beerfest; Miami Vice Oct. 21 ... How to Eat Fried Worms; Accepted

Oct. 22 ... The Marine; The Marine; Beerfest Oct. 23 ... The Marine Oct. 24 ... Step Up Oct. 25 ... How to Eat Fried Worms Oct. 26 ... Beerfest Oct. 27 ... Crossover;

World Trade Center Oct. 28 ... Material Girls; World Trade Center Oct. 29 ... The Departed; The Departed; Crossover

Oct. 30 ... The Departed Oct. 31 ... Accepted

Camp Hovey

Show times: Mon. -Fri. 7 p.m., Sat.-Sun. 3 & 7 p.m. Oct. 20 ... Accepted Oct. 21 ... Beerfest; The Marine Oct. 22 ... How to Eat Fried Worms: Accepted

Oct. 23 ... Little Man Oct. 24 ... The Marine Oct. 25 ... Beerfest Oct. 26 ... Zoom Oct. 27 ... Material Girls Oct. 28 ... Crossover; The Departed Oct. 29 ... World Trade Center; Accepted

Oct. 30 ... How to Eat Fried Worms Oct. 31 ... The Departed

Camp Stanley

Show times: Mon. -Fri. 7 p.m., Sat. 7 & 9 p.m., Sun. 7 p.m. Oct. 20 ... Beerfest Oct. 21 ... How to Eat Fried Worms; Beerfest Oct. 22 ... Accepted Oct. 23 ... How to Eat Fried Worms Oct. 25 ... The Departed; The Departed Oct. 26 ... Beerfest Oct. 27 ... Material Girls Oct. 28 ... Crossover; World Trade Center Oct. 29 ... Crossover Oct. 30 ... Accepted

Pioneers clean up Chongkae Mountain

Story and photo by Capt. Scott Smitson

E Co. Commander, 2-2 Aviation

Pioneers of Echo Company, 2-2 Aviation, learned about Eastern philosophy, summated one of the highest points in Area II, and collected garbage from over eight miles of hiking trails in the Chongkae Mountain Trail Network -- all in one day.

As the first company to execute a Good Neighbor Project since the battalion's move from Camp Stanley to K-16 Airbase last summer, the Echo Pioneers not only conducted a valuable service to the environment, but projected a positive image of Americans practicing good stewardship for their community Sept. 29.

Located approximately 14 miles south of Yongsan on MSR1, the Chongkae Mountains are a dominating piece of terrain, rising in elevation over 1,600 feet from the valley below.

Long a favored location for Korean civilians to visit, the Chongkae Mountain Trail Network offered a great opportunity for a community service project.

The Pioneers began the day with a short visit to a Buddhist temple, learn-

ing about the history of Buddhism, its role in Korean culture, and a brief class on guided meditation.

The visit ended with a group photo with the monks, as well as receiving gifts of lotus tea and meditation bracelets for every Soldier.

Following the visit to the temple, the Pioneers began their Good Neighbor Project in earnest -- gathering litter along over eight miles of trail leading up and down Chongkaesan Mountain.

After a quick safety brief and the distribution of garbage bags, the Pioneers started out along a relatively easy flat trail that bordered small waterfalls and unique rock formations.

However, the proceeding trail was a steep, sharp climb of over 1,000 vertical feet. As many Pioneers would echo, Spc. Kristina Phillips, Headquarters Section, said, "It was a challenge and achievement to get to the top, but was well worth it."

Once at the top of one of the summits, the Pioneers enjoyed popsicles and ice cream being sold at one of the picnic areas. Incredibly, local merchants actually backpack full coolers and dry ice to the top of the trails to



Soldiers from E Co., 2-2 Aviation, took a group photo with the trash bags they filled up after they finished their mountain trash pick-up hike.

refresh hikers that have made it to the top. Undoubtedly, the popsicle merchants made quite a profit from over 40 hot but motivated Soldiers.

Later on, the Pioneers continued to some uninhibited vantage points, looking out over several miles in every direction.

Eventually, the Pioneers made it to the craggy peaks of Chongkaesan, rewarded with a spectacular view of the greater Seoul area, as well as several other mountain peaks that dot the horizon.

After a quick break, the Pioneers headed back to the base of the mountain, bringing with them several bags of trash.

Upon return back to K-16, the senior NCOs had a special treat for the returning Soldiers: a full barbecue with burgers and hotdogs, as well as side dishes and drinks as a reward for a job well done.

CRC firefighters teach children fire safety

Story and photo by Pvt. Kim, Hosik

Staff Writer

amp Red Cloud celebrated the 53rd anniversary of its fire station during a reopening ceremony Oct. 11. Founded in 1953, the CRC fire station has served Camp Red Cloud as well as the local community by various rescue missions as well as the fire prevention training.

While the ceremony was held in the beautifully renovated garage, a group of second and third graders from the Uijeongbu International Christian School were out listening to the fire inspector Kim, Tae Chong's fire prevention class.

Standing in front of the Fire Safety Practice Truck, which features a life-like scene of a burned down room inside of its trailer, Kim threw out fire safety questions and children's hands went up to answer the questions.

"The second week of October is the NFPA's (National Fire Protection Association) fire prevention week," said Kim. "It is to commemorate the Great Chicago Fire of October 8-9, 1871. As a part of our program, we invite local elementary and kindergarten students and teach them how important fire prevention is."

"I'm very happy that we are in a better facility for the fire fighters and mission capability," said Fire Chief John H. Cook. Ron Schmidt, Area I Deputy Commander, Command Sgt. Maj. Marshall Downs, and Fire Chief Han, Young Seok of Uijeongbu Fire Department rescue team were also there for the ribbon-cutting ceremony.



Students from the International Christian School meets Sparky, a 2-year-old female dalmatian who is a fire safety dog and the mascot of the CRC fire station.

To enhance its capability and readiness, last year Area I funded the partial renovation of the building which included lifting up the roof to ensure larger garage area and adding a new electrical garage door which guarantees faster opening and closing than the old steel door.

The cement floor was replaced by the waterproofed epoxy floor, and new office space and quarters for the fire fighters were added.

After the class, each student received a small bag which included a plastic fireman's hat, fire prevention guide booklet and the Sparky coloring book. "It was fun, interesting. We need to make a fire safety plan," said Christina Park, a third-grade student from International Christian School as she put on the fireman's hat.

CG receives honorary citizenship

By Cpl. Kim, Sang Pil

Staff Writer

DONGDUCHEON CITIZEN'S HALL, South Korea – The city of Dongducheon bestowed great honor to the 2nd Infantry Division and Area I commanders as both were named honorary citizens during a ceremony at Dongducheon Citizen's Hall Oct. 11.

In celebration of the 26th Citizen's Day, Maj. Gen. James A. Coggin and Col. Forrest Newton joined 41 others who were honored. Among them were a police officer and a mailman who were singled out for their efforts to make the city a better place to live.

Dongducheon city mayor, Choi, Yong Soo, granted honorary citizenship to Coggin and Newton. Coggin drew laughs from the crowd when he joked to Choi that as a citizen, he would now be required to pay taxes. The mayor laughed as well and told him he'd "exempt him from taxes."

Choi said many factors influenced the decision to recognize the U.S. Army commanders, among them that the city was grateful for Area I and 2ID's assistance and cooperation in expanding the local detour road in the city development project and Good Neighbor Program participation.



Vu Hu Son

Col. Forrest Newton, Choi, Yong Soo, the Dongducheon city mayor, Donna Coggin and Maj. Gen. James A. Coggin pose for a photo after Coggin and Newton were bestowed with an honorary citizenship during the 26th Citizen's Day ceremony Oct. 11.

Guest speaker Jeong, Sung Ho, a national congress member for the Woori Party in Yangju and Dongducheon, said despite North Korea's apparent nuclear test, people attended the ceremony rather than "stacking up on supplies and rations at home."

"If this had happened in the past, people would have been too worried to attend this event," Jeong said "Today's event reflects that we are advanced citizens now and also that ROK/US alliance is very important."

302nd BSB teaches English to students

By 2nd Lt. Sara V. Falconer

XO, Echo Co., 302nd BSB

hile most Soldiers on Camp Casey use Saturday mornings to catch up on some much needed sleep, volunteers from the 302nd Brigade Support Battalion use their Saturday mornings to teach English to Korean elementary students.

Every other week, 27 volunteers are involved in the USO Virtues Development Program at Bosan Elementary School.

The Soldiers spend time teaching English, with lesson plans based on different virtues, such as loyalty, courage, courtesy, generosity, justice and kindness. There are more than 320 students at Bosan Elementary in grades 1-6. Overall, there are eight classrooms and each has three or four Soldier volunteers.

Staff Sgt. Michael Fair, E Company, 302nd BSB, has been volunteering at Bosan Elementary for 18 months.

When asked why he volunteers, he said, "Being that I would like to be a teacher when I retire, I thought this would be a great stepping stone towards that goal."

Fair also commented that he enjoys teaching the children English so that they may be confident to approach Americans and be able to communicate effectively without being shy or scared. This also provides Soldiers a great opportunity to learn the Korean



Capt. John M. Ruths

Children at the Bosan Elementary School listen to Soldiers from 302nd BSB who where there teaching English as part of the USO Virtues Development Program.

language

Second Lt. Eugenia Varel of F Co., 302nd BSB, enjoys volunteering because every Saturday when the Soldiers show up at Bosan, the kids are "jumping out of their seats to greet them and are always very eager to loarn"

Part of the volunteer effort and a large part of success of Virtues belongs to the efforts of KATUSA

Soldiers who volunteer along with their American counterparts—at least one in each classroom.

Because they serve with the U.S. Army, they provide a vital language and cultural link. Given this, they often find themselves translating during class and in many instances making the English teaching effort more productive and meaningful.

The USO Virtues Program is an

excellent way to give back to a community who has graciously supported the troops over the years.

Many battalions on Camp Casey have a designated school throughout the surrounding community which they have adopted for the program. Anyone interested in becoming a volunteer should stop by the USO for more information or call Sally Hall at 730 4466

8 Indianhead Oct. 20, 2006 Feature

Watch what you heat

By James Cunningham

Area I Public Affairs Office

CAMP RED CLOUD – When the National Fire Protection Agency selected Oct. 8 through 15 for fire prevention week they had a very good reason in mind.

"The leading cause of home fires is cooking fires, which leads to the most fires and injuries," said John Cook, fire chief of Area I. "Cooking equipment is involved in more than 100,000 reported home fires each year, and most of those involve the kitchen stovetop. Most cooking fires occur because of unattended cooking."

Fire Prevention Week marks the anniversary of the Great Chicago Fire of Oct. 8-9, 1871. The historic blaze raged for several days and killed more than 250 people, leaving 100,000 homeless, and destroyed more than 17,000 buildings.

"Each October the NFPA sponsors a fire prevention campaign. The theme for Fire Prevention Week 2006 focuses on the leading cause of home fires and injuries, which is cooking" Cook said

Cook has some safety tips and a few fire-fighting stories to tell about home fires.

"Often when we're called to a fire that started in the kitchen, the residents tell us they only left the kitchen for a few minutes," Cook said. "Sadly, that's all it takes for a dangerous fire to start. We hope that Fire Prevention Week will help us reach folks in the community before they have suffered a damaging lesson."

"There are more fires in the home than anywhere else," Cook said. "I have data that tells us we have more than 100,000 fires every year in the United States that are cooking related."

Barracks living situations bring the consequences of cooking fires to a serious level, according to Cook.

"Anytime you have a fire in a barracks you have the potential to have injuries and large losses," Cook said. "More important are the injuries. You could have smoke inhalation if you are lying in a room, and a lot of people get burned trying to put out a fire by throwing water on a grease fire, or trying to move containers burning with oil."

Cooking is only permitted in barracks and living quarters specifically set up for cooking, Cook said. "You go to some barracks and you will see a kitchenette. It will have a cooking stove, a range hood and an exhaust ventilation system. The larger barracks also will have a sprinkler sys-

tem, and some of the smaller barracks will have a chemical fire suppression system over the stove."

These systems automatically put out the fire, set off the fire alarm and turn off the stove, explains Cook. Those types of places are OK for cooking

"Unauthorized cooking is where there are no cooking facilities set up and people decide to cook in their rooms using hot-plates and things like that," Cook said. "I would say at least 70 percent of the barracks, have the authorized places, is the unauthorized cooking because that potentially has a lot of problems," Cook said.

All hot-plates in rooms are unauthorized

"That is what we fight against," Cook said. "When we find them, we work with the first sergeants and commanders to try and eliminate them as much as possible."

The chief related many stories from recent fires in the barracks.

"One fire was caused by unattended cooking," Cook said. "The person

ing was not paying attention. The person was in the kitchen and doing something different and when they looked the fire had started."

"The largest percentages of cooking fires are stovetop fires," Cook said. "You need to stay in the area so you can watch your cooking and be prepared. The other thing is most people who know they have a flare up, and you never hear about it because most of the time all you need to do is take a lid and place it over the flaming pot or pan-the fire is out."

If you are cooking on a range top always have a lid available, especially if you are cooking in oil, and secondly, know where your fire extinguisher is, Cook explains.

Bottom line is if you must depart while you are cooking, turn the stove off, Cook said.

Furthermore, microwave ovens can be just as dangerous as cooking stoves.

"A microwave oven is extremely safe if one uses it properly," Cook said. "There are a couple of things one needs to remember: first, when you connect a microwave, keep in mind it is a high amperage item. One should not connect a microwave oven and refrigerators on the same circuit. It will overload and overheat the circuit."

"The other thing with microwaves is one needs to use the right kind of containers when cooking food in a microwave," Cook explains. "Don't put aluminum items in the microwave."

Different kinds of stoves have different safety concerns, Cook said.

"Electric stoves are not safer than gas stoves," Cook said.

"For a gas burner, as soon as you turn it on, you will have heat. You know the oil will be hot in a minute or two. An electric stove will take more time to heat up. There is a tendency for people to not pay as close attention in the early moments of cooking on top of a stove with an electric burner as with a gas burner."

Children are often times involved in cooking accidents at home.

"Children get around stoves. They can reach up and pull something down on themselves," Cook said.

The clothing one wears while cooking can cause an accidental fire and serious burns.

"When you cook, wear clothing with tight-fitting sleeves, so they won't get into the flame while you are cooking and cause a fire that can cause serious burns," Cook said. "The whole theme this year is: if you pay attention to what you heat, the fire won't happen."

Safety Tips:

- Stay in the kitchen when you are frying, grilling, broiling or boiling food.
- •If you must leave the room, even for a short period of time, turn off the stove.
- •When you are simmering, baking, or roasting food, check it regularly, stay in the home or apartment, and use a timer to remind you.
- If you have young children, use the stove's back burners whenever possible. Keep children and pets at least 3 feet away from the stove.
- When you cook, wear clothing with tight-fitting sleeves.
- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stovetop.

authorized cooking facilities."

"The big thing we worry about is cooking in the barracks, aside from

just started cooking, didn't stay nearby and the fire got out of hand. Another fire was started when the person cook-

Soldiers protect peace on border

Story and photos by Heike Hasenauer

Soldiers magazine

WASHINGTON - "It's a country that time has forgotten," said Special Operations Command, Korea, Command Sgt. speaking of North Korea.

"We have to be prepared for war 365 days a Korea had 40 percent of year, because we never its army positioned along know when Kim Jong-il the demilitarized zone [son of the late, but delegated "eternal" North South Korea's capital, Korean president Kim II-Sung] will say, 'We need to unify Korea today," Kimmich said.

The possibility of war is never far from people's the North Korean army is minds, Kimmich said. A peace treaty between North and South Korea was never signed following the 1950 to 1953 Korean War.

chooses to invade there insertion behind the lines will be little warning, said Kimmich, whose 82would swell to some 500 to form the Combined Unconventional Warfare Task Force.

fourth largest army in the world, composed of some 1.2 million active-duty soldiers, more 13,000 artillery systems and one of the largest satellite pictures of the

submarine fleets in the world, according to U.S. Department records.

"In 1991, when the United States and other nations were reducing the size of their military North forces, Maj. Richard Kimmich focused on building up its force," Kimmich said.

> In 1991, too, North some 25 miles north of Seoul, which is also home to U.S. Forces, Yongsan Korea's

Today, 70 percent of positioned at the DMZ, Kimmich said. U.S. State Department reports indicate that the North "has perhaps the world's second largest special opera-And if the North tions force, designed for in wartime."

Additionally, "North headquarters reports reveal Korean forces have a substantial numerical advantage over the South (nearly 3 to 1) in several North Korea has the key categories of offensive weapons - tanks, long-range artillery and armored personnel carri-

Ironically, nighttime



Pfc. Jessica Ball, a tactical operations center radar operator with E Battery, 1st Battalion, 43rd Air Defense Artillery, 35th ADA Brigade, at Camp Casey undergoes convoy-operations training with her unit at Story Range.

divided peninsula show a bleak, black image of the North, which accommodates some 23 million people, versus a bright, vibrant image of democratic South Korea, or the Republic of Korea, population about 48 million.

To stay prepared for crises and war, SOCKOR participates in six training exercises annually with ROK Special Warfare Command forces, including a counterterrorist exercise that focuses on marksmanship training, said Eighth U.S. Army spokesman Maj. Jerome Pionk.

Two of the exercises are Joint Chiefs of Stafflevel exercises involve all U.S. and ROK special operations forces, said Sgt. Maj. Jack Hagan of the 39th Special Forces Detachment, Det.

Attached to the 1st Special Forces Group, the detachment's Soldiers work at 11 locations on the Korean peninsula, Hagan said.

"[U.S. SF Soldiers have] been training the ROK soldiers for 48 years, so we no longer concentrate on basic Soldier skills. Most of the training we conduct is concentrated on advanced skills and interoperability," he said.

It includes courses such as fast-rope master, jumpmaster, combat dive supervisor, water infiltration, over-the-water navigation, tactical air control, military free fall and airfield seizure, among others.

"As liaisons to ROK special forces units, we teach their teams to call in U.S. strike aircraft and coordinate for other U.S. assets, such as Army night aviation and intelligence," Hagan added.

Recently, ROK SF soldiers parachuted onto an airfield at low altitude at night and took control of the runway, allowing mock follow-on forces to come in within 30 minutes, Hagan said. "That was significant. because it was something they hadn't previously done."

Det. K Soldiers, master sergeants who serve as advisers to ROK army generals, trained approximately 1,000 ROK SF soldiers last year, Hagan said, using the "train-thetrainer" technique.

"We've maintained a with Korean legacy forces, special supported us immediately after the Korean War and in Iraq and Afghanistan," Col. said Simeon Trombitas, commander, SOCKOR.

"As we learn lessons from our combat experiences, we share those with the Korean army. And we train them on systems," changing Trombitas said.

"The July 2006 missile launches by North Korea further demonstrated the need for the U.S. military presence in South Korea as a deterrent on the peninsula," he added.

"The U.S. and ROK special operations soldiers are at the highest level of proficiency I've ever seen. I have no doubts they're ready to do their nations' bidding," Trombitas cluded.



Soldiers of the 1st Battalion, 43rd Air Defense Artillery Regiment, 35th ADA Brigade, conduct convoy-operations training.

News & Sports

Athletes wrestled it out at the 2006 Warrior Country wrestling championship held at Carey Fitness Center, Camp Casey, Sept. 30. Not all weight categories were filled, but 34 Soldiers participated.

Championship Results:

139lb. weight class: 1st place: Sgt. Brent Gooch 2nd place: Pvt. Erick Coyle

152lb. weight class:

1st place: Spc. Garren Diotalevi 2nd place: Spc. Johnny Ramirez

164lb. weight class:

1st place: Sgt. Brandon McCarty 2nd place: Spc. Darren Thurman

167lb. weight class: 1st place: Pfc. Allen Hogan 2nd place: Pfc. Hank Crawford

187lb. weight class:

1st place: First Sgt. Kenneth Guillermo 2nd place: Staff Sgt. Cody Grave

213lb. weight class:

1st place: Pfc. Steve Wonderlin 2nd place: Pfc. Idris Gant

275lb. weight class:

2nd place: Pvt. Stewart Gass

1st place: Pfc. Randy Ross

61st Maintenance Co. HHC, 2-9th Infantry

B Co., STB A Co., 702nd BSB

46th Transportation Co. HHSC, STB

HHS, 6-37 Field Artillary E Battery, 1-43rd ADA

C Battery, 6-37th FA B Battery, 6-37th FA

A Battery, 1-38th FA HHC, 1-72nd Armor

A Troop, 4-7 CAV F Co., 302nd BSB

Military Idol Contestants light up the stage in finals



Pvt. Edward Fulford, 702nd BSB, sang his way to the top spot in Area I's Military Idol competition Sept. 30 at Reggie's Sports Bar, Camp Casey. Fulford was one of nine finalists to compete.

Know yourself, homefield advantage

By Chuck Ryan

2ID Safety Office

In the NFL, every week, half the teams enjoy a 'home field advantage.

But how many Soldiers in formation with you, will experience a disadvantage this winter?

Home field advantage: In the NFL, home teams are basically given close to a three point advantage just for playing in their own stadium, on their own turf.

The Guru never forgets, during our high school football playoffs, traveling to our opponents artificial turf stadium and having to put on turf cleats for the first time.

Talk about a home field advantage, as we were not

comfortable with those cleats (which is like wearing cold weather gear for the first time) Our opponents knew their turf (like knowing a field training exercise area).

When I make my radio show picks, I look to see if a team from a grass stadium is playing on artificial turf, and I always escalate that home team's advantage.

Cold weather is also an advantage for NFL teams. Does anyone think the Miami Dolphins look forward to traveling to Buffalo and playing a game in late December? They are not use to the frigid temperatures and it often effects the game's outcome.

New Duty Station disadvantage: I've described some homefield advantages above, but what about the 'disadvantage' the new Soldiers in your platoon are facing?

Many of your new 'teammates' in Korea have never enjoyed one of our frigid winters.

Take the time to show newcomers the secrets of how to dress and stay warm. You just might be preventing a disabilitating case of frostbite, or a fatality from hypothermia. Either of these injuries takes your teammate out of the fight tonight.

Talk to your teammate about where they are from and prior duty stations. Keep an eye out for teammates that are high risk like those 20 years old, from a southern state, specialist or below, has less than 18 months time in serv-



ice or who has had a cold weather injury before and wears cold weather gear when not needed. Records show they are the leading candidate for a cold weather injury.

The NFL, and the Army, is all about teamwork, and teamwork is just what it will take this winter, for 2ID to go accident free, and that would be a great victory for the entire Warrior team!

Mr. Ryan, 1 HBCT Safety MGR hosts AFN-K Casey's Football Guru Show, where he gives NFL picks and safety tips Fridays 5 p.m on Warrior Radio FM 88.3, or