

# Indianhead

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May 26, 2006

## Combined force live fire showcases joint air power

Story and photo by  
Pfc. Lee, Yoon Joo  
Staff Writer

RODRIGUEZ RANGE – It was a rare day at Rodriguez Range where helicopters, military vehicles and F-16 jets from ROK Army, U.S. Army and U.S. Air Force came together for

their first Combined Arms Live-Fire Exercise, May 14.

Many military units from the two ally countries participated in this large-scale exercise including 2nd Combat Aviation Brigade, 2nd Infantry Division; 109th Aviation Battalion, 1st Aviation Brigade and 66th Armor Brigade, 20th

Mechanized Division from ROK Army; and, 604th Air Support Operation Squadron and 8th Fighter Wing, located at Kunsan Air Base, from U.S. Air Force.

“The main purpose of this exercise is to simulate the real-

See **TRAINING**, Page 4



Airmen initiate communication with air support shortly after being dropped off by a helicopter.

## Yellow dust warning passes for Area I

By Pfc. Kim, Sang Pil  
Staff Writer

Have you ever done P.T. in foggy conditions in the last two months? It looks like just fog but the truth is it's yellow dust.

In Korea, every year, from March to May yellow dust blows from the dry, desert regions of China and Mongolia. It contains not only sand, but also metallic particles which cannot be seen with the naked eye.

The yellow dust derives from Central Eurasia where it is very dry and has little precipitation. From there, the barren soil which has been frozen through the winter season starts to melt and there comes the fragile sand dust.

This sand dust floats in the air with a sand storm or a strong wind and ends up traveling to Korea and

Japan.

Soil blown by the wind causes the surface of the earth to weaken and fertile land to turn barren, hindering plants from growing.

According to the Korea Meteorological Administration, about 16 percent of China's territory turned into desert due to yellow dust. Even worse, in Mongolia, 90 percent of their land is facing the threat of desertification.

Since the 1970s, 69,000 square kilometers of their grassland decreased and the types of plants were lessened by 25 percent.

The yellow dust that reaches the Korean Peninsula causes vision disability, respiratory disorder, eye infection and various types of allergies.

See **YELLOW**, Page 5

## Patch Ceremony



2nd Infantry Division said farewell to the Assistant Division Command for Maneuver, Brig. Gen. Joseph E. Martz, May 16 at the Camp Red Cloud Village Green. Martz leaves Warrior Country to serve as the Assistant Chief of Staff, C-3, Coalition Forces Land Component Command, Kuwait.



## Inside...

News Briefs.....page 4  
Joint band concert....page 5  
Korean War hero.....page 9



**EFMB Testing**  
see pages 3





## VOICE OF THE WARRIOR:

Where is your favorite place to go shopping in Korea?



*Jays Computer. It's convenient, close and has everything I need.*

Pfc. Phillip Barker  
B Co., STB

*Dongdaemun. Latest fads for the lowest prices.*

PV2 Jang, Seung Joon  
HHSC, STB



*COEX Mall. They have everything I need.*

Pfc. Lee, Min Taek  
HHSC, STB

*Myungdong. Wide clothes selection.*

Pfc. Joseph Spohn  
HQ, 2ID



*Lotte Dept. Store. The whole first floor is for make-up.*

Pfc. Jennifer Damm  
HQ, 2ID

*On the train ride. Everything is 1,000 Won and useful.*

Sgt. Jamie Doemer  
HQ, 2ID



# Safety emphasized

By Gen. B. B. Bell

Commander UNC/CFC/USFK

The summer season begins in a few weeks and it is time for us to focus our efforts on preventing hot weather related accidents, and mitigating the effects of destructive weather. Whether we are talking about summer military training or recreational activities, the common denominator is that we will all be spending more time outside.

The 2006 Summer Safety Campaign began May 1 and runs through September 30. The Summer Safety Campaign Memorandum (available on the USFK Homepage) provides more information about the campaign and tasks commanders to develop summer safety programs for their units.

The success of this campaign depends on all of us. Leaders at every level must lead this campaign and ensure that their unit summer safety program is fully developed and implemented.

These programs must provide a comprehensive, proactive means of identifying risks and implementing risk-mitigating measures down to the individual servicemember level in unit training, operations and off-duty activities.

Leaders will ensure that every member is aware of and complies with the unit summer safety program. The Summer Safety Campaign focuses on the following areas:

**Leader Accountability.** Command involvement is a key factor to a successful safety program. Commanders of units involved in training and mission support opera-

tions must conduct risk assessments, set safety conditions and conduct operations to standard. Operational risk management is to be integrated into every aspect of the unit's activities.

This applies to both ground and aviation operations. Engaged leadership sets the tone for success. Throughout the Summer Safety Campaign, our most effective approach will be to mitigate the risks associated with the off-duty activities of our young servicemembers. We will do this through a range of engagement strategies, including one on one counseling which I refer to as a meeting "Under the Oak Tree."

**Heat Injuries.** The danger of heat injuries is a significant threat to our Service Members and to mission accomplishment. Training on recognizing and preventing heat injuries is essential.

**Water Activities.** Alcohol use, horseplay, inexperience, lack of supervision, and swimming in unauthorized areas are the most common factors involved with water-related accidents. Safety awareness and swimming only in authorized areas are the keys to preventing accidents. Each Area must distribute information on authorized swimming areas.

**Alcohol and Substance Abuse.** Leaders must be aggressive in preventing alcohol and substance abuse following long deployments and during the summer season.

**Motor Vehicle Safety.** The dangers of drinking and driving and the hazards associated with operating vehicles, especially motorcycles, must

be emphasized. New arrivals and individuals traveling to CONUS are at higher risk.

**Recreational Activities.** Personnel must be made aware of the hazards associated with activities such as bicycling, camping, hiking, skating and summer outings; and precautions they should take to avoid injury.

**Wellness.** Family separations can be stressful for servicemembers and their families. Leaders must be able to recognize the warning signs of suicide and domestic violence and know where to get help when needed. The time to start preparing for summer is now. We can make a difference.

We must do everything we can to prevent injury and loss of life and to ensure our servicemembers, civilians, contractors, and family members are protected as we execute our mission here in Korea with excellence. There is no greater priority than the safety of the people with whom we are privileged to serve. My greatest desire is for all of us to serve in this wonderful country of Korea safely, with no loss of life.

Together and by aggressively executing our individual and leader responsibilities, we can all return to the United States alive, having done our best to assure peace and stability in this wonderful area of the world. We Go Together!



## Indianhead

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# Medics vie for coveted badge

By Pfc. Lee, Seung Hyub  
Staff Writer

“Prepare to lift! Lift!”

No matter how difficult the obstacle

Four Soldiers were striving to carry the casualty, crawling under barbed wire and over muddy ground. No matter how difficult the obstacle, the medics were determined to carry the casualty to safety.

The 151 candidates who arrived at Warrior Base May 9 had four days of preparation and then were tested to earn Expert Field Medical Badge, one of the most difficult tests in the U.S. Army, from May 14 to May 19.

The EFMB test had been held every October up until last year. The new EFMB test starting this year, is being held in May in order to provide the participating Soldiers with better environment. “It was thought that when done in October, there would be many new comers with insufficient experience,” said Maj. Douglas McKnight of Division Surgeon’s Office. “So it was moved to May, by when the Soldiers would have enough time to practice. Also, better environment could be provided due to nice weather.”

The participants are tasked with eight missions including land navigation, emergency medical treatment, evacuation, common skills tasks, litter obstacle course, written test and 12 mile road march. Among the eight missions, the participants can practice five during the preparation period. Divided into six platoons, they were briefed about the missions they were expected to accomplish. Through this process, they were able to check on what they needed.

Despite the time to prepare beforehand, the EFMB test is a big challenge for the participants. “To successfully pass litter obstacle course which is most challenging in physical terms, one would have to find the muscle strength that he or she did not even know he or she had,” said Staff Sgt. Kirk Scott, one of the cadres at the litter obstacle course. “Staying active at this kind of obstacle is most difficult for the Soldiers.”

The litter obstacle course, the most challenging mission in physical terms, is accomplished when four Soldiers evacuate a casualty through the obstacles together. The Soldiers went down the hill with the casualty fixed to the litter, made through narrow stairs and rested for a while in front of a big wall. Because it was assumed to be a war situation, the Soldiers stood fast with their personal weapons even during the break. After the brief rest, the Soldiers climbed the wall by twos. Then, in order to pass through the trench where water came up knee-high, they lifted up the litter above their heads. At the final spot of the litter obstacle course were waiting barbed wires and mud. As they passed under the barbed wire crawling on mud, they became one and finally got through after moving 20 times, little by little. Then they went up the hill to successfully evacuate the casualty to the vehicle that awaited them.

“The moment I finished up the course, I was lost for words with joy and fulfillment,” said Spc. Daniel Realini of 702d Brigade Support Battalion. “The barbed wire was the hardest part. It was physically challenging but EMT was the most challenging of all the



Mr. Yu, Hu Son

**Soldiers hoist a casualty over an obstacle, an event that requires teamwork.**

EFMB missions because I had to pay attention to every little detail.”

“I don’t mind getting dirty in the mud,” said Pvt. Alexander Lefave of 702nd Brigade Support Battalion who went through the litter obstacle course with Spc. Realini. “Passing the trench and barbed wire was my favorite.”

“They accomplished an enormous mission,” said Sgt. James Greene of 168th Medical Battalion. “Given that this was their first try, they accomplished it in 52 minutes out of 60 minutes. It seemed that resting in the trench while holding onto the casualty was their critical moment.”

The EFMB test is composed of not only the 151 candidates’ spirit and effort, but also twice as many support Soldiers. The support Soldiers arrived before the participants to set up the training site, play the roles of casualties, do site maintenance, and support all else so that the testing went

smoothly.

“Being given the opportunity to guide the participants is meaningful,” Greene said. “I feel as if I am winning the EFMB when I watch them understand the missions and get closer to the badge through my guidance.”

“It was a unique experience to pass through the mud that I myself had made,” said Pfc. Kyle Robinson of 1/15 Field Artillery. “I wish maximum number of Soldiers earn the EFMB and I feel satisfied also.”

“I feel high self-esteem to

participate as a KATUSA Soldier among many American Soldiers going for EFMB,” said Cpl. Jang, Joon Soo of 154th Medical Detachment. “Last year, I participated as a support element. But this year, I am the participant and it is very meaningful and fun.”

Historically, the EFMB has less than a 20 percent success rate among testers. This time around, those who tested didn’t quite hit that percentage. Out of out of the 151 Soldiers that started the journey, 19 graduated earning the coveted badge.



Mr. Yu, Hu Son

**Soldiers move under barbed wire and through the mud to dodge bullets and get to safety.**



Mr. Yu, Hu Son

**A team of medics carry a casualty uphill to a vehicle.**



## TRAINING

from page 1

war situation and to practice how we will fight on the battlefield as a combined force,” said Col. Peter Foreman, 2nd CAB commander. “This will be a great chance to integrate the weapon systems of two countries.”

The combined exercise commenced as a Black Hawk helicopter touchdown on the helipad near the control tower at the range.

The camouflaged and armed Tactical Air Control Party team quickly got off the helicopter and hid in the green bush, covering for each other. Then they started making communication with the air units, using small radar.

“TACP plays an important role in this exercise as well as on the battlefield,” explained Staff Sgt. Nikolai Gazdzik, 604th ASOS. “The main job of the TACP team on the battlefield is to request and direct air strikes against enemy targets in close proximity to friendly forces.

“Our mission for today’s exercise is to guide F-16 Fighting Falcon to hit the enemy targets accu-

ately so they don’t damage our friendly troops.”

“Actual TACP team consists of two men, but, since this is a large-scale exercise, we maximized the participation by joining two more men on the team,” Gazdzik added.

While the TACP team was coordinating with F-16s, three Apache helicopters, from 2nd CAB, appeared on the field and started firing 2.75 inch rockets toward the enemy targets located between two mountain ridges.

As the rocket firing went on, nothing but smoke from the rocket strikes could be seen at the targets.

After about 15 minutes, the Apache helicopters halted their portion of the attack. A few minutes later, a loud roar from the blue sky shook up the range.

Without any vehicles or flights in sight, several bomb explosions, which seemed to come from nowhere, struck the targets.

It was only after a few more bomb explosions that two F-16s made their appearance high in the sky.

Making a loud, swift move, these faster-than-sound aircrafts initiated a few more rounds of

bombing.

During the bombing from F-16s, four AH-1 Cobra Helicopters, from ROK 1st Aviation Brigade, and four K1A1 tanks rushed into the range. The tanks drove in concurrently while the helicopters flew in two-by-two.

The units gathered up into a one-line formation, four helicopters in the air and four tanks on the ground, then commenced firing.

After a round of the rocket fires from the ground, units came the machine gun attack from the air units. This sequenced assault harmonized the air and ground units perfectly.

After another 15 minutes, the helicopters and the tanks ceased fire and the bombings from F-16s were not heard anymore.

This concluded the whole phase of the exercise. Spectators and participant clapped their hands at the successful finish of CALFEX.

“The training demonstrated a great teamwork and professionalism with our ‘brother’ ROK Army,” Foreman said.

“This exercise went very smoothly without any communication problem,” said Senior Airman Ryan Cornelis, 604th ASOS, one of the members of the TACP team. “We have gone through a lot of planning, practices and briefings. We earned this.”

“This exercise was truly awesome, and it really gained us more trust toward our ROK alliance and our confidence towards them,” said Capt. Dylan Morelle, 3rd Battalion, 6th Cavalry Regiment, 2nd CAB, who served as Tower OIC during this exercise.

“I have done a few live-fire exercises, but this was the first time with ROK Army. It was a great experience, and I would love to do it again,” Morelle said.



Apache helicopters fire rockets at targets during the Combined Arms Live Fire at Rodriguez Range.

## Warrior News Briefs

### Asian-American Festival

Mitchell’s Sports Bar is hosting an Asian-American festival today from 11:30 a.m. to 4 p.m. There will be Korean and Filipino ethnic food sampling, Korean folk music and a Filipino band. There will also be a Jokgu and martial arts demonstration. This event is free and open to the public to support Asian-American heritage awareness.

### Sgt. Audie Murphy Club

If you’re interested in becoming a member of the Sgt. Audie Murphy Club, or are currently a member looking for activities to get involved in with the club, call Master Sgt. Chris Patterson at 732-7999 or 011-9155-4650.

### Goad Claim

If anyone has a claim against the estate of Staff Sgt. Alan R. Goad, contact Capt. Ryan Cryer at 753-3875 or 011-9972-2669.

### Tax Assistance

The 2nd Infantry Division will be offering a Tax Assistance Program for the 2005 tax year until June 15.

The TAP provides free federal income tax preparation and electronic filing services to all active-duty servicemembers, military retirees, dependents and eligible civilian employees in Warrior Country.

For more information, call Capt. Erin Delevan at 730-1885.

### CIA Information session

The Central Intelligence Agency is holding a two-hour information session June 12 and 13 from 9 to 11 a.m. at the Balboni Theater in Yongsan.

The session will cover a broad range of topics, including agency mission, potential career opportunities and a question and answer period.

Attendees not in uniform must have proof of U.S. citizenship. To make reservations, call 738-7334.

## Flood damage takes paperwork

### 2ID Claims Office

Claims Judge Advocate

Flooding is a common occurrence in Korea during Monsoon Season. If and when you have flood damage to your Personal Operated Vehicle or quarters, you should contact the closest claims office immediately for information about filing a claim.

It is important for you to get the information needed to file your claim as soon as possible to ensure timely payment of proper claims. The information below provides helpful tips to settling your claim efficiently.

What property is covered? The claims office can compensate you for flood damage to personal property, including clothing, stereo equipment, televisions and appliances, and your POV.

However, you still have a duty to mitigate your damage by salvaging as much of your property as possible, either by elevating it to a dry area or moving it to another facility.

For damage to government-issued equipment, such as TA-50, contact your unit’s supply sergeant (S-4) who will coordinate with your unit commander.

What should you do before filing your claim? Do not throw away any damaged items until your claim is approved! We realize the inconvenience of keeping wet clothes and appliances; however, maintaining these items will ensure that you have the best chance of receiving the

maximum amount allowable for your claim.

If possible, take pictures of all damaged items and/or damaged areas. Pictures will help substantiate ownership and the condition of your damaged items.

If any personal property has been washed away, make a list of those items describing each item in detail. You will also need to get a written statement signed by a neutral party providing that he/she knew you had that item and describing the item.

Finally, make a personal list of all items you wish to claim before going to the claims office. Doing so will enable you to fill out the necessary paperwork quickly and permit the claims office to settle your claim in the shortest time possible.

Honesty is the best policy! A few people are always tempted to exaggerate the value of their property or claim items they did not actually own. Submitting a false claim is fraud and punishable under the Uniform Code of Military Justice.

The claims office has a duty to pay all legitimate claims servicemembers submit. However, the claims office also has a duty to ensure suspicious claims are investigated. Please be honest when filing a claim.

If you would like more information about filing a claim, please contact the nearest claims office, Camp Casey at 730-1910 or Camp Red Cloud at 732-6017.



# 2ID and ROK Army bands play together at joint concert

Story and photos by  
Pfc. Kim, Sang Pil  
Staff Writer

YEONCHEON – Paleolithic Period Festival was held in Jungokri, the northern part of Gyeonggi-do May 4-8. On May 5, the 2nd Infantry Division Band and Republic of Korea Army 5th Infantry Division Band held a joint concert.

Due to the Change of Command ceremony of Second Infantry Division that morning, 2ID Band was scheduled to perform in the afternoon.

The sudden rain shower right before the performance made many of the people head home or inside while the performance was to be held outside.

Despite the weather, the two bands tuned in to play under 2ID Band Commander, Chief Warrant Officer 2 Jeffrey Larson and ROKA 5ID Band Commander, 1st Lt. Choi,

Hyo Seok after a short ten-minute delay.

“We are celebrating the community event and also promoting ROK/U.S. friendship,”Choi said.

“This concert has been going on for five years, now since 2001, and we will entertain the crowd with music from original sound tracks like Disney’s ‘The Incredibles,’ and modern music like ‘West Side Story’ and Korean Traditional songs like ‘Sailor’s Song’ and ‘Arirang’ Choi said.

“We invited ROKA 5ID Band to Camp Red Cloud the other day and rehearsed by sections and had lunch together,” said Staff Sgt. Jeremy Davis, 2ID Band operating supervisor.

“These Korean Soldiers come to join the military band without any experience of playing any of the instruments. Events like today will help them improve their playing skills,” Davis said.

The rain shower lasted for about

half an hour, so the 2ID Band members had to hop back on their bus with their instruments so as not to get them wet.

Staff Sgt. Terence Brown who plays the French Horn, said the turnout would have been better if the weather would have been nice.

“Last year at Soyo Mountain, it was the cold weather that was bothering, but today it’s the rain. But as long as it lets up, we’re good,” Brown said.

“It’s always good to play with ROK Army fellow musicians,” Brown said. “It builds good community relations. We should do more of these.”

Despite little experience before joining the Army, ROKA 5th ID Band Soldiers displayed impressive skills which could also be told by their passionate facial expressions.

“This is the 5th yearly event and it’s first time for me to emcee an event this big,” said 2nd Lt. Yoo, Seung Hyun. “I was a little nervous and did not do a perfect job even though I prepared for this as much as I could. This is meaningful because it promotes ROK/U.S. relationship.”

“I feel whole lot different from last year when I participated, only in preparing the event as a staff member,” said ROKA 5th ID Band, Cpl. Lee, Eun Sung who played the euphonium.

“It is nice to entertain people with our music and to improve our skills. Music is an international language. I hope to have contributed at least a little to ROK/U.S. friendship through this concert,” Lee said.



Band members from both ROK and U.S. Army play music together.

## YELLOW

from page 1

Moreover, the fine dust particles chemically react with the atmosphere to produce oxidized substance and exacerbate smokers’ chronic bronchitis and causes respiratory disorder of young children and elderly.

Recently, due to China’s industrialization, heavy metals like lead, cadmium, and cancer inducing materials are found within the yellow dust.

Yellow dust covers sunlight, making vision blurry turn-



Courtesy Photo

ing the sky into color of brown which adversely affects airplane flights and the particles get inside fine gadgets causing malfunction.

In addition, the yellow dust clogs up plant’s pores, stunting growth. On the positive side, however, the lime in the yellow dust, which is mainly composed of alkali substances, neutralizes the acid rain.

In Korea, this yellow dust phenomenon usually occurs from March to May. In the past, it has lasted only for three to six days. Now, the time length is about 25 days.

In order to cope with this yellow monster, avoid outdoor activities, keep windows and doors closed.

If you wear contact lenses, make sure to remove and clean when coming in from outdoors. Also, brush teeth and wash hands, face and eyes with warm water.

Drink plenty of water to keep tears flowing well, use air filter to keep air clear and humidifier to increase indoor humidity level.

Wash dust exposed fruits and vegetables before consuming and wash hands carefully before handling and preparing food.

After this yellow monster is gone, it is recommended you air out your room or house and carefully wash dust-exposed objects before using them.

## Movies

### Camp Red Cloud

Show times: Fri.-Sat. 7 & 9 p.m., Sun. 6 & 8 p.m., Mon.-Tue. & Thur. 7p.m.  
May 26 ... Stay Alive;  
Goal! the Dream Begins  
May 27 ... Stay Alive;  
Larry the Cable Guy  
May 28 ... Larry the Cable Guy;  
Inside Man  
May 29 ... Larry the Cable Guy  
May 30 ... Stay alive  
June 1 ... Poseidon  
June 2 ... Poseidon;  
Basic Instinct 2  
June 3 ... ATL  
June 4 ... Basic Instinct 2  
June 5 ... Slither  
June 6 ... Ultraviolet  
June 8 ... The Da Vinci Code  
June 9 ... The Da Vinci Code;  
Lucky Number Slevin

### Camp Casey

Show times: Fri.-Sat. 6:30 & 8:30 p.m., Sun. 3, 6:30 & 8:30 p.m., Mon.-Thur. 7:30 p.m.  
May 26 ... Larry the Cable Guy;  
Stay Alive  
May 27 ... Stay Alive; Inside Man  
May 28 ... Underworld : Evolution;  
Goal! the Dream Begins  
May 29 ... Goal! the Dream Begins  
May 30 ... Larry the Cable Guy  
May 31 ... Freedomland  
June 1 ... Madea’s Family Reunion  
June 2 ... ATL  
June 3 ... Basic Instinct 2; Slither  
June 4 ... Poseidon; ATL  
June 5 ... Poseidon  
June 6 ... Slither  
June 7 ... Basic Instinct 2  
June 8 ... ATL  
June 9 ... Lucky Number Slevin;  
Ultraviolet

### Camp Hovey

Show times: Mon. -Fri. 7 p.m., Sat.-Sun. 3 & 7 p.m.  
May 26 ... Inside Man  
May 27 ... Firewall;  
Goal! the Dream Begins  
May 28 ... The Pink Panther;  
Inside Man  
May 29 ... Stay Alive  
May 30 ... Goal! the Dream Begins  
May 31 ... Stay Alive  
June 1 ... Larry the Cable Guy;  
Health Inspector  
June 2 ... Slither  
June 3-4... Eight Below; Poseidon  
June 5 ... ATL  
June 6 ... Poseidon  
June 7 ... ATL  
June 8 ... Stay Alive  
June 9 ... Take the Lead

### Camp Humphreys

Show times: Mon. -Fri. 6:30 & 9 p.m., Sat.-Sun. 3:30, 6:30 & 9 p.m.  
May 26 ... Goal! the Dream Begins  
May 27 ... Stay Alive;  
Goal! the Dream Begins  
May 28 ... Stay Alive;  
Goal! the Dream Begins  
May 29 ... Inside Man  
May 30 ... Inside Man  
May 31 ... Larry the Cable Guy

For more information on movie schedules or to see if there are any changes, visit [www.aafes.net](http://www.aafes.net).



# Judgement Day for KTA

Story and photos by  
Pfc. Kim, Sang Pil  
Staff Writer

*This is the fourth story in a four-part series on the training Korean Soldiers receive at the KATUSA Training Academy after leaving Republic Of Korea Army basic training. This series follows Soldiers as they get accustomed to living and working with U.S. Soldiers.*

CAMP JACKSON – On the last week of the cycle, with all training done in the past two weeks, came the unit assignment which each Soldier had waited for all along.

The unit assignment was followed by a graduation ceremony and family day for Korean Augmentees To the U.S. Army Soldiers two days later.

Assigning of the units was

held in Wightman Hall April 11. The 167 KATUSAs were all ears when they gathered in the auditorium. The atmosphere was tense when a ROK Army Support Group officer began to explain the selection process.

Capt. Kim, Ki Hwan of ROK Army Support Group explained to the Soldiers how the software program that is used to assign units works using Power Point slides.

There was no confusion or misunderstanding as to how each Soldier is assigned to a unit. American Language Comprehension Test scores of each Soldier were added to determine one's English ability.

Each Soldier's educational background including his major and years in college were considered. The certificates that Soldiers had were accounted for in calculating the overall score which was

used in the unit assignment.

The 2ID Band and Tango Security Force volunteers like Pvt. Lee, Jong Hyun and Pvt. Park, Kwang Hoon were the first ones to be assigned to their units with a 50 percent chance.

Prior to the real running of the software program, Capt. Kim did a simulation in order to let the Soldiers know that they never get the same unit each time the program is run.

"I was choosing to volunteer for either Tango or 2/9 Infantry," Park said. "But then I decided Tango would be my future for the next two years because I liked what they showed us on the screen, a 10-minute video clip of their life in Tango and it came to my mind that was exactly what I want!"

The two Soldiers got what they wanted. "I feel static (calm)," said Park. "One of my friends got through and I am lost for words because that was where I really wanted."

"I can't wait to get started," Park said. "I had to wait a week for this result and I feel big weight off my shoulders."

"I was nervous at the moment but now I feel so good," said Lee. "I will probably have problems with communication in English at first, but a few months into the life in the Army, I am sure I will be okay."

"I kind of wanted this job," said Pvt. Kim, Yoon Ho. "I got an admin job in Camp Casey at the first run, but either way

is God's decision and doesn't bother me."

Kim, who had been the platoon guide of 3rd platoon for three weeks, got a translator job in Headquarters, 18th Medical Battalion in Yongsan.

Graduation Day, also known as the 'Family Day' is the day the Soldiers finally get to meet their loved ones before they leave for their assigned units. It was held in the Bubble Gym where

*"Being with new people, new buddies and the comradeship was the best part of this training."*

*Pvt. Kim, Yoon Ho  
KTA trainee*

friends, families and girl friends came to congratulate the 167 KATUSA Soldiers April 13.

"Time really flew unlike Nonsan (ROK Army) basic training," Kim said. "Being with new people, new buddies and the comradeship was the best part of this training. My parents and my girlfriend came today. It has been almost two months since I last saw them, but I am used to being away from the loved ones because I had studied abroad in Canada for eight years. However, seeing them today really delighted me."

"I have no idea what I will be doing at my unit," Kim said. "But I am more than ready to find out."

"The whole course was interesting and I learned a lot," Park said. "But it was too short. I'd prefer it to be three weeks in Nonsan and five weeks in KTA so that we become better prepared Soldiers since we go to American military bases anyway."

"Staff Sergeants Campbell and Weathers treated us well through the three weeks," Park said. "My favorite part was the marksmanship because I love shooting and that's what the Army is all about. For me, it's infantry all the way."

"I did not invite my parents who live in Kangwon-do which is far away from here," Park said. "When I get to my unit, I expect my fitness level to go up more and gain leadership quality by attending WLC, the Warrior Leader's Course back here later on."

"I enjoyed my time here in KTA and met some friends for life," Park said.

"Learning new stuff was very fun and I am a little worried if I will be able to make use of everything I've learned here," Lee said. "I've never been away from my family this long but it felt like I had just met them a few days ago. However, seeing them off made me sad."

Lee, who had experience in a youth orchestra playing the clarinet, said he is very much looking forward to his life as a member of 2ID Band.



"Hooah! Commandant!" shouted Pvt. Kim, Yoon Ho to Command Sgt. Maj. Preston Mingo, Commandant of 8th Army NCO Academy as they shook hands. Kim was being congratulated for successfully graduating from KTA.



KATUSA Soldiers watch the unit assignment process in Wightman Hall, Camp Jackson. All kinds of facial expressions are captured here as they are anticipating, gasping, nervous, tense, curious or horrified as they find out where they will spend the next two years of their life in the Army.



## Exercise tests medics

Story and photo by  
Cpl. Yoo, Je Hoon  
KATUSA Editor

YEONCHEON, South Korea – The Soldiers of C Battery, 1st Battalion, 38th Field Artillery Regiment carried out a Mass Casualty Exercise May 11.

The Mass Casualty Exercise tests the medics with their skills on how to cope with casualties in an emergency situation.

The exercise re-enacted war time situations more than most exercises would be able to, giving Soldiers hands-on practice with medical equipment and real subjects to practice their skills with.

It helps not only the

medics who are being tested, but also the Combat Life Savers and those Soldiers who guard the perimeter.

The Soldiers who were standing by at the battery operations center moved to their designated places when the commander shouted “Incoming!”

There were two Soldiers who imitated dead victims and one who imitated a wounded victim. Then, Spc. Chad Parrish quickly took care of the casualties.

“It is important to categorize the wounded and the dead apart from one another because the wounded would be shocked to see the dead,” Parrish said.

“We quickly evacuated the

wounded that were pretending to be hurt in the chest after we injected him with an Intravenous,” Parrish added.

Training like this is the first time that some of the Soldiers had seen some of the principles they were taught. They implemented their skills in a practical environment, which could prove to be invaluable if ever deployed.

“This one is harder than other training because this evaluates how Soldiers react,” Parrish said. “Being in Korea, you don’t see a lot of injuries. We can let the Soldiers know what combat is really like.”

“This exercise went successfully,” said the platoon leader, 2nd Lt. Scott Dickson.

“I expected aggression,



Spc. Chad Parrish gives an IV to a chest wound victim.

actual ground troops but there weren’t any and we took incoming and the Soldiers got into fighting position,” said Sgt. Ryan Hayes. “Through this exercise, we let Soldiers get to be able to cope with the casualties calmly.”

“The Soldiers did their best shot and immediately got people where they needed to be and found out what needs to be replaced,” Dickson said. “This training is done once a year and the Soldiers completed the training successfully.”

### Learn to survive with Korean!

“I would like to make reservations.”

“Yay-yak / ha-go / ship-uh / yo.”

\* This phrase is useful when calling a hotel (*ho-tel*).

“Where is the bathroom?”

“Hwa-jang-shil / uh-dee-eh-yo?”

\* Good to use when in someone’s business or home (*jip*).

“Can I get the check please?”

“Gye-san-suh / Joo-say-yo.”

\* Good to use when in a restaurant (*shik-dahng*).

## Tax date extended for Soldiers

By Capt. Erin M. Delevan

Staff Judge Advocate Office

April 15th has come and gone, but here in Korea the tax season does not end until June 15th.

That is because taxpayers who are outside the United States on April 15th receive an automatic two-month extension to file their taxes - so if you have not yet filed, the Camp Casey Tax Center is still here to help you.

However, after May 15th, we will no longer be in Building 1876, and we will no longer be open outside of normal business hours.

We will be moving to the Camp Casey Legal

Assistance Office in Building T-43, right next door to the helipad, and our hours will be the same as those of the Legal Assistance Office - Monday through Friday 9 a.m. to 5 p.m., closed during Sergeant’s Time.

The Camp Red Cloud office will close until next year. Soldiers at camps Red Cloud and Stanley will have to travel to Camp Casey to receive tax preparation services. Remember, unlike some things in life, tax problems do not get better with age.

If you have not yet filed this year, did not file last year, or have received a letter from the IRS, let us help you. Come to the Legal Assistance Office or call 730-1885 for more information.

## Online program helps Soldiers lead healthier lives

By Elaine Wilson

Fort Sam Houston Public  
Information Office

FORT SAM HOUSTON, Texas – Soldiers can now participate in the Army’s weight management program from the comfort of their own home.

The Army has launched an online version of “Weigh to Stay” to improve the program’s accessibility and convenience for Soldiers, families and retirees.

“The site has been hugely successful,” said Lt. Col. Danny Jaghab, site creator and nutrition staff officer for the Directorate of Health Promotion and Wellness, U.S. Center for Health Promotion and Preventive Medicine at Aberdeen Proving Ground, Md. “We recently had 23,000 hits, the most any medical page has received on (Army

Knowledge Online) other than the ‘myMedical’ page.”

The Weigh to Stay program is an Army requirement for Soldiers who have been “flagged” for weight, and comprises three one-hour sessions and three half-hour follow-up sessions with a dietitian.

Before the online program, reserve and active-duty Soldiers had to attend sessions in person. While the requirement wasn’t generally a problem for the active duty, who have easier access to dietitians, it often created headaches for reservists and their leadership.

“Reservists have to take time off from their civilian jobs and, in some cases, travel a distance to attend a session with a dietitian,” Jaghab said. “As a result, the program’s return rates were poor for reserve and Guard members.”

Hoping to remedy the problem and improve the overall health of reserve members, Army leadership asked Jaghab to find a solution.

Jaghab turned to the Internet for inspiration. “It made sense; people would be able to do the program from home at any time.”

The online site duplicates the standard version, offering the same number of sessions and content, which includes nutrition basics and myths, supplement use, menu planning, behavior modification and the importance of exercise. The only difference is that participants attend sessions online rather than in person.

“You sign up, go online and pick a class,” Jaghab said. “Then, at the scheduled time, you log on and participate in a virtual class.”

Participants can interact with other students and the instructor, as well as view slides and a participant list.

The site also includes links to health and weight loss information and special features. In a recent section, dietetic interns reviewed nine popular weight loss books, scoring them for such areas as hunger satisfaction, healthiness and effectiveness.

“Weigh to Stay is the Army ‘gold standard,’ but there are other ways that are effective,” Jaghab said. “Since there are other methods out there, we want to make sure we provide information so people can make smart choices for themselves.”

The site’s success has prompted Army officials to extend the online program to active-duty Soldiers, family members and retirees, although only reserve Soldiers

are able to forego the traditional program for the online one. It could also prove particularly beneficial for deployed Soldiers who take risks when traveling back from the frontlines to attend sessions with a dietitian, Jaghab said.

“Statistics show that 70 percent of our population is not flagged but know they have a problem now or one in the past,” he said. “There’s a need for this type of online program in the Army.”

The ultimate goal is to create a multi-service site for the Department of Defense, Jaghab said.

“I’m hoping the site eventually becomes a ‘one-stop shopping’ site for weight management,” he said.

For more information or to register for the Weigh to Stay Web site, e-mail danny.jaghab@apg.amedd.army.mil.



Soldier visits Hawaii, learns history of WWII, sinking of U.S.S. Arizona

Story and photos by  
Capt. Stacy Ouellette  
8th U.S. Army Future Operations

For mid-tour this year, I said good-bye to Korea and Aloha to the tropical paradise known Hawaii. The beautiful beaches, countless activities and the legendary performer, Don Ho were waiting. Although visitors can travel between the islands via airplane, our group chose to spend our vacation on Oahu.

Of the Hawaiian Islands, Oahu is the second largest island behind the Big Island. Honolulu the state capitol, resides on Oahu.

Pearl Harbor Naval Base resides on this island with many fascinating attractions like Diamondhead Mountain and Waikiki Beach, which have been featured in many films over the years.

We visited the memorial for the U.S.S. Arizona and toured the U.S.S. Missouri Battleship. After reviewing a video recounting the sinking of the U.S.S. Arizona, we traveled via boat to its location. There were white concrete blocks along the way marking where the other ships stood. The U.S.S. Arizona suffered the largest number of casualties and was permitted to stay where it fell.

It was mind-blowing to stand above the U.S.S. Arizona knowing the history of how this battleship came to rest.

As a tribute, the names of the service members whose remains are entombed within the ship are displayed on a memorial wall within the structure.

Only those service members who served on the U.S.S. Arizona and survived the sinking are allowed to be

buried with it at sea. Those service members are also listed in the wall.

Nearby is the U.S.S. Missouri, nicknamed the ‘Mighty Mo.’ It was the last active battleship in any navy in the world.

It was the location where General Douglas MacArthur and Fleet Admiral Chester Nimitz, signed the unconditional surrender of the Japanese at the end of World War II.

While touring this massive piece of history, we were able to visit each level that towered over the ground. My father was able to show us a replica of the guns he loaded while serving in the U.S. Navy years ago.

The next evening we continued to travel back in time when dining at the Rock Island Café, a ‘50s style restaurant.

Hamburgers, fries and shakes hustled past while a cover band played music from the Beatles. Memorabilia from the period also decorated the walls. Still, the best show of our trip came a few days later.

Since the 1960s, Don Ho has entertained millions with unique personality, songs, and film credits.

He continues to host a show two nights a week and meets with all attendees after the show wishing them their best.

For a small fee, photos with the legendary star are taken prior to the start of the show as well or after without a fee. His banter about his life and other members in the show was truly entertaining.

Another great show was aboard the Atlantis Navtek I. We journeyed on a sunset dinner cruise and had impressive entertainment while traveling to our spot to view a truly beautiful sunset. It was breathtaking and unlike any I had seen before.

We kept with the sea theme and visited Sea Life Park, which is a smaller version of Sea World. With various shows and opportunities to view animal feedings, there was plenty to entertain the whole family.

My sister and niece signed up for a dolphin encounter program where they got to be trainers for an hour and swim with the dolphin.

I, on the other hand, chose to participate in the sea trek, which I would be able to walk around in the giant aquarium at the entrance of the park.

I also fed the sea turtles while in it. My niece participated in feeding the sea lions. Each extra event has an additional fee, but well worth the money.

Although there are many luaus to choose from, the Paradise Cove Luau came recommended by the ticket office on Pearl Harbor Naval Base. Each visitor receives complimentary leis when arriving. The trip included a variety of cultural events such as hula dancing lessons, climbing palm tree for coconuts, and net fishing.

While watching a performance displaying a variety of Hawaiian style dances, flame throwing, and history

of the culture with music, we enjoyed a Hawaiian-American buffet that included Kalua pig, (roasted pig) poi, (taro potato) haupia, (coconut pudding) chicken, long rice, lomilomi, salmon, fresh pineapple, island fish, rice, vanilla coconut cake, teriyaki beef, pineapple coleslaw, chocolate cake, fried chicken, three bean salad, tossed green salad and dinner rolls.

My absolute favorite part of the trip was the shark diving adventure.

I was able to climb into a cage that was lowered into 365 feet of water to view Gallapos and Sandbar sharks.

It was a memorable experience to see these amazing creatures swim by. I was surprised at how clear the water was. I was able to view the shark through my mask without any difficulty.

The water park Hawaiian Waters, the Honolulu Zoo, and Waikiki Aquarium are additional attractions.

Local beaches and shopping areas are right outside your door when staying in the Waikiki area.

Using military bases to purchase attraction tickets, groceries and supplies at the exchange can help you save a few dollars.



Courtesy Photo

The U.S.S. Arizona sinks after being attacked in Pearl Harbor Dec. 7, 1941.

K. JEFFRIES	COX	H. J. LANOUILLE	COX	M. M. MCKOSKY	SIC	M. E. OSBORNE	FIC
R. H. D. JENKINS	S2C	L. C. LARSON	F3C	J. B. McPHERSON	SIC	L. G. OSTRANDER	PHM3C
K. M. JENSEN	EM3C	W. D. LA SALLE	SIC	L. MEANS	MATTIC	P. D. OTT	SIC
P. F. JOHANN	GM3C	B. LATTIN	RM3C	J. M. MEARES	S2C	F. H. OWEN	S2C
D. A. JOHNSON, JR.	OC2C	C. V. LEE, JR.	SIC	J. A. MENELEE	SIC	R. A. OWENS	SK2C
TO THE MEMORY OF THE GALLANT MEN HERE ENTOMBED AND THEIR SHIPMATES WHO GAVE THEIR LIVES IN ACTION ON DECEMBER 7, 1941 ON THE U.S.S. ARIZONA THIS MEMORIAL WALL WAS INSTALLED AND REDEDICATED BY AMVETS APRIL 4, 1984							
E. R. JOHNSON	MMIC	H. L. LEE	SIC	V. G. MENO	MATT2C	T. L. OWSLEY	SC2C
J. R. JOHNSON	RM3C	D. A. LEEDY	FC2C	S. P. MENZENSKI	COX	A. P. PAGE	BMIC
S. C. JOHNSON	COX	J. G. LEGGETT	BM2C	H. D. MERRILL	ENS	H. E. PARKES	BMIC
S. E. JOHNSON	CDR(MC)	J. M. LEGROS	SIC	O. W. MILES	SIC	P. J. PAROLI	BKR3C
B. S. JOLLEY	S2C	M. H. LEIGH	GM3C	C. J. MILLER	F2C	H. L. PATTERSON	SIC

The names of the men who are entombed inside the U.S.S. Arizona are listed on this memorial. Only those who worked on the ship are allowed to be buried there.



# Remembering a WWII veteran

**Story and photo by  
Michael Newman**  
*Special to the Indianhead*

I met a real hero today and his name was Lon Wise.

I met Mr. Wise on his 91st birthday. He and his wife met me at the Pensacola Naval Air Museum in their hometown of Pensacola Florida.

They had just completed a 5K walk/run and told me that they try to participate in three or four of them each year "just to prove that we can still do it."

They met me on a sunny Monday morning so that I could share with them my 1942 Ford GPW Jeep. After restoration was completed it was dedicated to him and the men he served with.

It is marked as if it were in the HQ Company, 2nd Battalion, 38th Infantry Regiment, 2nd Infantry Division in World War II.

I wanted to honor his service and to share his experiences in World War II as I show the jeep at various Military Vehicle shows around the Southeast.

Over 60 years ago Lon Wise took part in the war to end all wars and like many men of that time he put his life on hold to defend this great nation.

He did not capture Hitler's Eagles Nest, nor did he land in a glider and capture a well-known bridge on D-Day. He did not receive the Medal of Honor or even a Purple Heart but he was there; he stood up and was counted.

He was there from day one, and did not stop fighting until Victory in Europe day. He looked the enemy in the eye and did not back down and in my book he is the best kind of hero, a real hero, a down to earth God fearing hero.

Mr. Wise served as a technical sergeant in the 2nd Infantry Division and was a squad leader placed in charge of 10 men.

He and his men crossed the beaches of Omaha on June 7, 1944 and moved inland, just one day after D-day. His job was to protect the front line soldiers with his weapon of choice, a 57mm anti-tank gun.

Day and night he was ready to protect them from German tanks. And they faced the tough German defenders that they had been training to

fight since being drafted into the Army in 1942.

They slowly made their way across the French hedgerows, into St. Lo., Landernau, Brest and many other small towns. They moved across France, then Belgium and participated in the Battle of the Bulge.

They fought their way across Germany and then ended the war in Czechoslovakia.

Mary and Lon Wise said to me that they are about all that remains from all of those great men in the HQ Company.

After just a few stories, I decided that I could have stayed with them for days listening to the tales of their youth, the days of fear and survival and the days when he returned to her from war.

He wrote a fantastic book detailing his 33 months in the Army and it is perhaps one of the best written accounts of the war that I have ever read.

There are only a handful of copies and I feel honored to have one of them. In his book he says it like it was.

He makes you believe that you are there with him each day of the war. It is one book that I cherish above all others.

It is men like Lon Wise that we need to seek out, find them and thank them for their service. Ask them questions, share some stories and have a laugh.

At 91, I am sure that Mr. Wise would love to hear thanks from people as would the thousands of veterans still alive to tell you about what it was that heroes did in WWII.

Thank you Lon Wise for doing what had to be done.



Lon Wise stands beside a 1942 Ford GPW Jeep. This vehicle was dedicated to him and the men he served with. Newman shows the jeep at various military vehicle shows across the Southeast and shares Mr. Wise's stories.

# Golf tournament honors friendship



Golfers gather to remember Kim, Yong Keun on May 13.

**Story and photo by  
James Cunningham**  
*Area 1 Public Affairs*

Heroes and legends never die when the hero is lauded by those that remember them and those that carry their spirit to new generations.

This was the spirit of the Fifth Annual Kim Yong Keun Golf Tournament held May 13 at Camp Red Cloud Golf Course.

"Kim Yong Keun has been a great friend of the American Soldier since 1976," said Yang, Pyong yong of the Camp Red Cloud garrison. "He was a key member of the 2nd to None

Support Group. This event is a tribute to his memory. By sharing in this golf tournament, Koreans and American Soldiers share cultural understanding and friendship."

Kim Yong Keun was a man that was born in North Korea. He worked on a farm and lived under communist rule until he was 37 years old, said Lt. Col. William Huber, CRC garrison commander. He decided to move south to become a free man.

He became a contractor, and he cleaned buildings for the U.S. Army. After becoming a very successful business man, he began a construction business and con-

tracted that business with the Army as well.

"It is only fitting that we remember Mr. Kim today," one Korean golfer said. "His spirit and friendship with the Soldier is legendary."

Although the rain ended the tournament for some late players, all gathered at Mitchell's restaurant for a steak dinner and to remember Kim and his legacy of friendship.

Soldiers and Korean citizens have been coming together for this celebration for five years, Huber said. It strengthens the alliance that was forged in steel since the Korean War.



# Father and son serve together in Korea, promote each other in same battalion

Story and photo by  
Pfc. Lee, Seung Hyub

Staff Writer

There is an old saying 'Like father like son.' There is a father and son in 2nd Infantry Division that this applies to exactly.

In 2/9 Battalion, there are two Todd Michael Shepherds on duty. One, the father, is a first sergeant and his son is a sergeant.

Their army life in the same battalion started in May 2004. The father, who came to Korea in August 2003 got a call from his son who was in Advanced Individual Training. His son informed him that he was going to be stationed in Korea. Because of his son's Military Occupational Specialty he knew that his son was coming to Camp Casey.

"I was glad to hear that my son was coming to Korea," said 1st Sgt. Todd Michael Shepherd. "I could guide my son to do the right thing at his first duty station."

"Since I knew I was going to Korea where my father was on duty, there was nothing to worry about," said Sgt. Todd Michael Shepherd II.

Although they knew they were both going to be stationed at Camp Casey, they didn't know that they were going to be working together in the same battalion.

Since they started Army life together in the same battalion, they experienced unique events. Shepherd promoted his son three times from Private First Class to Sergeant. Moreover Shepherd II promoted his father to 1st Sgt. which is very rare.

"I think this situation is very unique in the Army," Shepherd said. "I'm very happy because I have my son to talk to about the Army life in

Korea after my retirement."

"He always looks after me and make sure that I'm doing the right thing," Shepherd II said. "Not to disappoint my father I could always push myself more, and the best thing is I have a very close person to ask."

Since two family members are stationed together, they had a couple of chances to bring the rest of their family to Korea.

"My wife came to Korea July 2005 and we could spend time together," Shepherd said.

"If I went to another place, I would have missed my family a lot," said Shepherd II. "But I'm with my father. We eat dinner and go shopping together. I feel like I'm home."

"We can make friends everywhere, but they can't be my family. There is nothing like a family," Shepherd said.



1st Sgt. Todd Michael Shepherd and Sgt. Todd Michael Shepherd II pose in front of 2/9 headquarters. Both father and son are stationed together in the same battalion.

## Great Wall Marathon gives vacationing a new twist

By Capt. Stacy Ouellette  
8th U.S. Future Operations

YONGSAN GARRISON – For service members and their families stationed in South Korea, China is a hot spot for travel. Many shop and enjoy the experience of climbing the Great Wall. For others climbing isn't enough, they run a marathon across it instead.

This May, Maj. Michele Thompson, 8th U.S. Army Future Plans, will participate in the Great Wall Marathon by running the half marathon portion. The race takes runners up and over the legendary, Great Wall of China in Beijing.

"I wanted to tour China, but do something different than the normal tourist sites. I saw it in the international listings of marathons in Runner's World Magazine a few years ago. I also needed some motivation to improve my physical fitness," Thompson said.

Thompson's training for the race

began three months ago. To prepare for the race, she worked on her base resulting in a training regiment that highlighted the long slow run.

"My long runs included large hills and stairs to prepare for the 3,700 stairs and the uphill finish to the race. I have a foot injury, so I don't actually run a lot," Thompson said.



Courtesy Photo

"I conduct cross training on the bike, improving my endurance with increasingly long rides that I do with a local triathlon club. I also swim and lift weights, focusing on plyometrics and full body movements three times a week," she added.

Thompson is no stranger to racing. For years, she has participated in adventure races, duathlons, triathlons and the Baghdad half marathon.

In most cases, she placed fourth or higher in her age category for these events.

As for this race, Thompson admits she'll be happy just to finish the race. After that, she has set a few smaller goals for her to keep motivated and improve her overall fitness level.

"My goal for the race is to finish in less than three hours. The recommendation is for runners to add an hour to their normal running times to account for the Great Wall and stairs portion of the race," Thompson said.

According to Thompson, signing up on the day of the race isn't an

option, so anyone looking to participate needs to be part of a tour.

Runners will not only get to participate in one of the most extraneous race worldwide, but view the beauty of China as well.

Over a 16 day period, the tour will take the group through Beijing, Xian and Shanghai.

China has been a location of study for Thompson as part of her International Relations Master's Degree program. She has never traveled there before.

"I'm really excited about going and experiencing the culture. Outside of the actual race, the Yangtze River Cruise, I hope to see the Golden Monkeys, the White Dolphins and do some hiking. I really enjoy the natural habitat," Thompson said.

Thompson signed up via the Internet, but said there are Korean tour companies that offer similar packages.

Check out [www.marathontour.com](http://www.marathontour.com) or contact Thompson at 723-8497 for more information.