



FORGING THE

WARRIOR SPIRIT

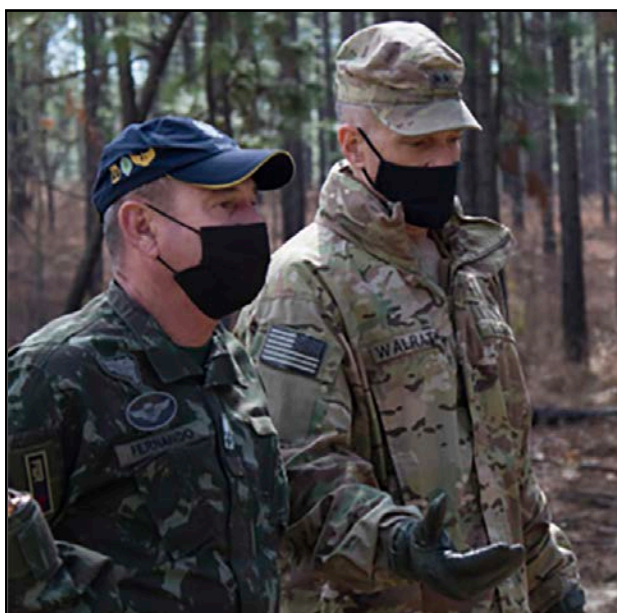
The JRTC and Fort Polk Guardian

Vol. 48, No. 5

Home of Heroes @ Fort Polk, LA

Feb. 5, 2021

Brazilian, U.S. military leaders observe partner-nation training



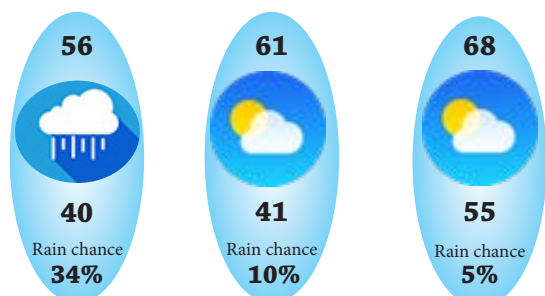
A Brazilian Soldier checks his weapon and pulls guard duty during Joint Readiness Training Center Rotation 21-04.

OPS GROUP

Top left: Maj. Gen. Daniel Walrath, commander of U.S. Army South, speaks with senior leaders from the Brazilian Ministry of Defense this week. They visited the Joint Readiness Training Center and Fort Polk to observe bilateral training between two powerful militaries and discuss future endeavors as the U.S. plans to send paratroopers and air assault Soldiers to Brazil to train alongside their army later this year.

Bottom left: A Brazilian paratrooper answers questions from senior leaders from the Brazilian Ministry of Defense while in JRTC's "Box," this week. For more pictures, see **Partnership** on page 5.

Weekend weather



Inside the Guardian

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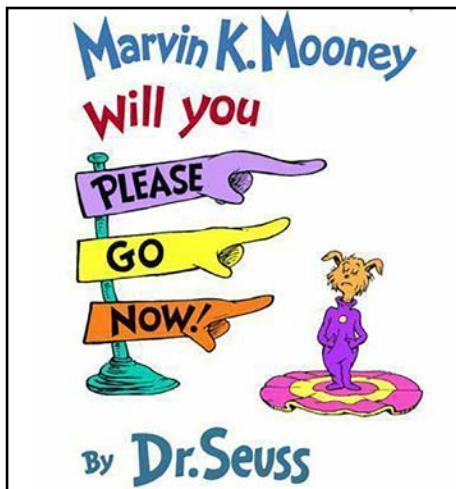
Viewpoint

In our view

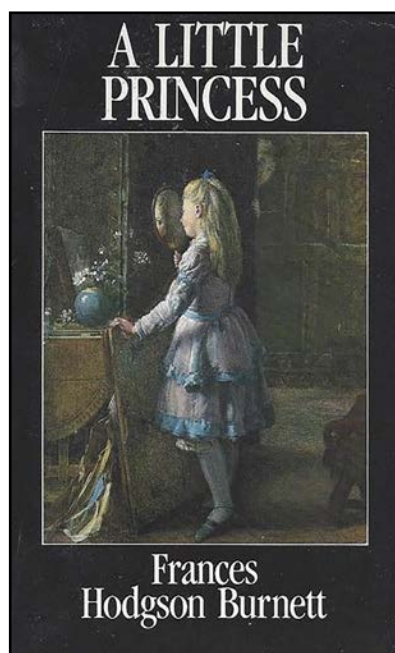
Guardian staff asked the JRTC and Fort Polk community, "What was your favorite bedtime story as a child?"

Here are their responses:

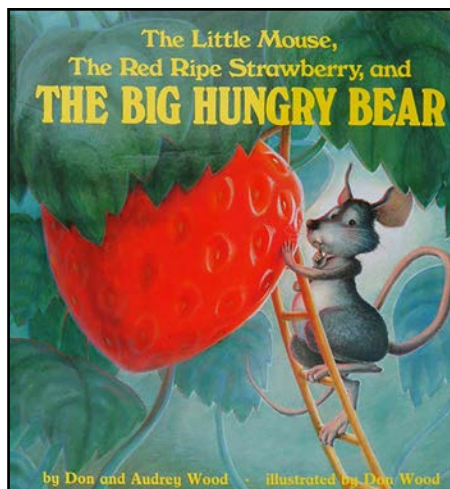
Tiffany Franklin Koch: "Marvin K. Mooney's 'Will You Please Go Now!' It's a Dr. Seuss book full of imaginative ways that 'Marvin can go.' I still think it's a great story that encourages readers to think creatively!"



Collar Wilson: "'A Little Princess' by Frances Hodgson Burnett – I loved this story because of the resilience and fighting spirit of the heroine. I loved that she was friendly, generous and kind even when she was in desperate need herself. My own life wasn't any bed of roses, but this story caused me to want to be a better person because living in difficult circumstances was no excuse not to be the best person that I could be."

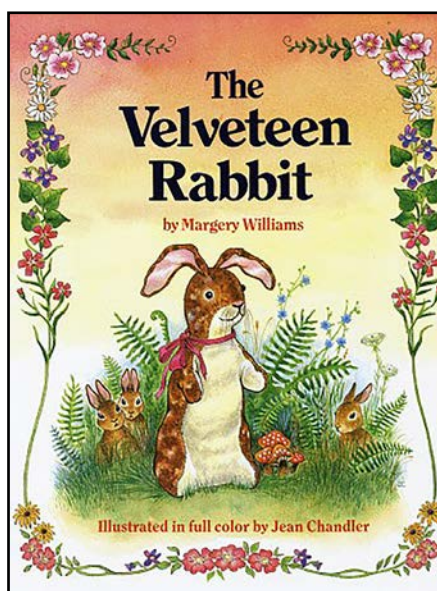


Dee Cooke Brazil: "'Little Red Riding Hood,' because I used to love when my mom would rock me, and I would listen to her voice telling the story."

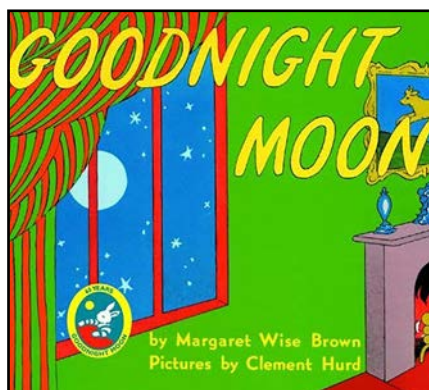


Francesca Katarina Parent: "'The Little Mouse, the Red Ripe Strawberry and the Big Hungry Bear' by Don and Audrey Wood was my favorite, because the book builds significant suspense but the ending is silly."

J.J. Graham: "'The Velveteen Rabbit,' because it is such a great story."



Tamra Friesland: "'Goodnight Moon,' because my family would read that book to me at bedtime, including my late, Army-veteran grandfather."



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All editorial content of the Guardian is prepared, edited, provided and approved by the Public Affairs Office, Joint Readiness Training Center and Fort Polk.

For more information on Fort Polk units and happenings visit the following Facebook pages: **@JRTCOperationsGrp**, **@BayneJonesACH** or **@fortpolkmwr**.

Briefs

Tuition assistance

GoArmyED ends Feb. 12. The last day to request tuition assistance for any college class starting in March or April is Thursday. ArmyIgnitED replaces the GoArmyED system on March 8. Soldiers requesting tuition assistance for classes starting in February through April should apply for aid as soon as possible.

The staff of Fort Polk's Education Center can assist Soldiers in requesting tuition assistance through the GoArmyED portal. Three computer labs are also available to create ArmyIgnitED accounts by appointment only to ensure social distancing. Sessions will be held at 9 a.m., 11 a.m. and 1 p.m. To make an appointment call 531-5269.

BOSS events

Fort Polk's Better Opportunities for Single Soldiers hosts a variety of events in February.

Here are a couple of things to look forward to:

- Feb. 19 — BOSS hosts a movie night at 7 p.m. in the 3rd Brigade Combat Team footprint behind Glory Chapel. Bring your chairs and blankets to watch, "Rambo." The event is free.
- Feb. 27 — BOSS hosts a dessert and wine tasting class at the Warrior Center at 5 p.m.

The cost of the class is \$15 per Soldier. Participants must be 21 or older. Sign up by Feb. 23.

For more information call 531-1948.

Turkey hunt

The Louisiana Department of Wildlife and Fisheries has announced lottery applications for military dependent children.

Ten children will be selected to participate in a guided turkey hunt on Peason Ridge on March 27.

Applications are due by mail or email to Wendell Smith at wsmith@wfl.la.gov no later than 4:30 p.m. on Monday. Children must be between 10 and 17 on the day of the hunt. For more information call (337) 208-2208.



IPPS-A update to support active-duty by December

By Capt. ADRIANA MONTOYA
G-1 IPPS-A team

FORT POLK, La. — Prior to an Army-wide release of the Integrated Personnel and Pay System-Army, program officials requested Jan. 29 that all active-duty Soldiers verify their military and pay records before the service goes live in December.

In preparation for this change, the Joint Readiness Training Center and Fort Polk IPPS-A Implementation team has already begun briefing commanders across the installation on the system's capabilities and rollout timeline.

IPPS-A is a fully compliant, web-based system with on-demand online access and enhanced mobile capabilities through an app on a Soldier's phone.

For human resources professionals (military and civilian) this is an opportunity to train and identify the new processes. For Soldiers, IPSS-A means more accurate and timely pay, the security in knowing the human resources and finance transactions' statuses and other tracking functions as well.

Before Soldiers gain full access to IPPS-A next year, it is vital for them to reach out to their unit S-1 and verify any information pertaining to their basic pay, assignment information, promotion dates, military education, training records and any other pertinent military data. Conducting a proper review will ensure a Soldier's data is correct before it populates under IPPS-A at the end

of the year.

What will IPPS-A allow Soldiers to do?

- Allow for self-appraisal of unique skills (talents)
- Initiate pay inquiries
- Initiate personnel action requests
- Monitor open slots in other units
- Monitor IPPS-A training
- Request leave
- View complete Soldier record



Joint Readiness Training Center and Fort Polk's Integrated Personnel and Pay System-Army implementation team organizes awareness-campaign posters prior to distributing them to Fort Polk units.

Army News

Super Soldier: DC Comics picks Army musician as new Superman writer

By JOSEPH LACDAN
Army News Service

FORT MEADE, Md. — While growing up in rural Iowa and Kentucky, Phillip Kennedy Johnson collected boxes of used comics.

The stories became an escape that took Johnson to places beyond his small town. As a child, he pored over the worn pages in his bedroom reading about Superman as he defended Metropolis and Earth from Lex Luthor and other threats to mankind.

He sometimes imagined his own storylines for the iconic superhero.

Johnson collected piles of books; Disney, Marvel and DC, but he specifically favored the Man of Steel and Batman.

"I remember watching the 1978 film ('Superman') and seeing (Christopher Reeve) on screen, the way he embodied the inherent goodness of Superman," Johnson said. "He had almost absolute power, but he wielded it with absolute humility and compassion."

More than three decades later, Johnson, now a sergeant first class, reached a milestone in his five-year comic writing career. DC Comics announced on Dec. 16, a day after the 42nd anniversary of the film, that the Soldier would be writing the new storylines for DC's Superman and Action Comics beginning in March.

Johnson, also 42, has written for seven comic publishers, including both DC and Marvel, and has been nominated for an Eisner Award, the Oscar-equivalent for comic books. His stories have a diverse range from independent original comics, such as Warlords of Appalachia, to dark visions of familiar heroes in Marvel's Zombie Resurrection and finally to his own take on Captain America.

When Johnson received the call from DC, he instantly felt the weight of becoming the next storyteller of the world's most renowned superhero.

"I felt this tremendous excitement, down to a molecular level," Johnson said. "It's definitely a huge responsibility that I take seriously, but the anxiety that sometimes comes with a really big opportunity never came. I'm still just excited about it and confident in the stories my amazing artists and I are telling together."

Johnson wants to depict the character in the way he remembers from his childhood,



Sgt. 1st Class Phillip Kennedy Johnson splits his time between his duties as an active-duty Soldier in The Army Field Band's trumpet section and a full-time comic book writer. He has written for both DC and Marvel comics as well as an independent publisher.

ROB MCIVER/ARMY FIELD BAND

as a being of immense power fueled by an unshakeable moral core.

"I want people to see the version of Superman that I see," he said. "I want them to see the man with absolute power but also absolute compassion and humility. Powers are not the point of the character; the powers are there to illustrate how incorruptible and inherently good he is."

"That's the version I want to see. When he speaks, I want people to get the same chills, the same awe-inspired feeling that I felt watching that (1978) film."

Midwestern roots

Pella, a small Dutch-immigrant town of about 10,000, lies in a rural stretch of central Iowa. Farmland surrounded Johnson's childhood house, not unlike the fictional Kansas community where Superman originated.

As a child coming of age in the 80s, the late Reeve's Superman made a stark impression on Johnson. The scene where Superman takes Lois Lane on a scenic flight over Metropolis' night sky, as John Williams' soaring score plays in the background, embodies the character of Superman.

"He smiles at her, but you can tell there's no arrogance or ego in it," Johnson said. "He's so powerful, but everything he says and does just says 'I'm your friend and nothing's going to happen to you.'"

When Johnson attended high school in Kentucky, he aspired to become a comic

book artist, often drawing his favorite characters including Batman, Superman and the X-Men. But Johnson also developed a love for music and had hopes to tour the country as a musician.

Storytelling was bred into Johnson from the time he first began playing musical instruments. He learned to tell tales through music, playing the piano and trumpet. After earning a master's degree in music from the University of North Texas, he set his sights on joining the U.S. Army Field Band.

In joining the Army Field Band, he began telling musical stories on a grander scale, traveling across the continental U.S., telling the tales of the Army through song. Johnson said the band connects with the public by telling personal stories of U.S. Soldiers and historical figures. Recently the band posted an 18-minute musical tribute to Martin Luther King Jr.

"Something the Army Field Band does that I think sets it apart is its use of narrative," Johnson said. "The way we tell personal stories helps us connect with the audience. Storytelling is something I believe in."

Aside from his role as a trumpet player, Johnson also leads all written projects for his section as chief editor and writer. Section leader Master Sgt. Ward Yager said Johnson showcases his creativity with improvised solos.

Please see **Comics**, page 6

Partnership

Continued from page 1



Senior leaders from the Brazilian Ministry of Defense meet Brig. Gen. David Doyle, Joint Readiness Training Center and Fort Polk commanding general, as they arrive at England Airpark prior to touring the combined U.S. and Brazilian JRTC Rotation 21-04. This rotation is part of a future series of engagements and training events with the Brazilian Army.



Brig. Gen. David Doyle, Joint Readiness Training Center and Fort Polk commanding general, escorts senior leaders from the Brazilian Ministry of Defense on a helicopter tour of the JRTC "Box." This week the Brazilians observed their paratroopers fighting Geronimo Soldiers alongside 3rd Brigade Combat Team, 82nd Airborne Division.



Center row left: Adm. Craig Faller, commander of U.S. Southern Command, speaks with senior leaders from the Brazilian Ministry of Defense.

Center row right: Senior leaders from the Brazilian Ministry of Defense discuss plans for future bilateral training with Maj. Gen. Christopher Donahue, commander of the 82nd Airborne Division, and Maj. Gen. Daniel Walrath, commander of U.S. Army South.

Bottom: A delegation of senior leaders from the Brazilian Ministry of Defense observes the integration of the Brazilian Airborne training alongside 3rd Brigade Combat Team, 82nd Abn Div Soldiers. This rotation is part of a future series of training events with the Brazilian Army.

Comics

Continued from page 4

Johnson recently performed his own jazz arrangement of the John Williams' composition "Can You Read My Mind?" from "Superman: The Movie," which was posted to the Army Field Band's YouTube channel just weeks before DC Comics selected him as the next Superman writer.

"His music and writing provide creativity and inspiration for the other (musicians)," Yager said. "Imagination is like a muscle, constantly needing work to grow. Both writing and music require thinking outside the box and taking new directions, and Phillip is always pushing himself to grow and further develop his great talents."

A dream rekindled

About 10 years ago, while Johnson was touring the country with the band, his younger brother, Bill Hensley, decided to become a comic artist.

So Johnson embarked on a project to help his brother break into the comic industry. While helping his brother, the unexpected happened. Johnson learned how to get noticed by comic editors himself; and in doing so, he rekindled his own childhood passion. Hensley also served in the Army as a graphic designer.

"At first, it was really just to help my brother get a foot in the door," Johnson said. "We set out to educate ourselves about the comic book industry together, and as it turns out, I found it really fun and rewarding."

Johnson made his first venture into comics writing with independent publisher BOOM! Studios. He told the story of a grim future for Americans in a mini-series called "Last Sons of America."

In the four-part series, a biological terrorist attack impacted Americans' ability to conceive, forcing parents to turn to other means to raise families, including buying, bartering or stealing children from foreign nations. Johnson developed the idea while volunteering with anti-human trafficking organizations in Baltimore.

While developing "Last Sons of America," Johnson also concurrently produced a weekly horror webcomic entitled "The Lost Boys of the U-Boat Bremen." Johnson's work with Boom! Studios eventually caught the attention of a DC Comics editor, who read "Last Sons of America" and reached out to the Soldier.

"He put enormous time and energy into

developing his writing, but it's been amazing to see his writing career take off," Yager said. "I'm happy for him, and I enjoy seeing how his passion continues to grow along with his success. He does it for the love of the craft."

An 'epic' story

Today's Superman comics finds the Man of Steel in a much different place than Reeve's Superman more than 30 years ago.

Superman is married to longtime love interest Lois Lane and has a son, Jon, also known as Superboy. The changes depart from the traditional depictions of Superman as Clark Kent, a single newspaper reporter for the Daily Planet.

Johnson said his predecessor in the Superman line, veteran comics scribe Brian Michael Bendis, grounded the character by emphasizing Superman's humanity.

Johnson said he can relate to Superman's relationship with his son, Jon, as Johnson has a young son himself.

"I feel like Bendis did a great job of humanizing Superman. You see him on the ground level," Johnson said. "You see him at his day job with people at the Daily Planet. You see that his supporting cast helps make him who he is and those characters get developed a ton, as well. You see him in a lot of those personal moments."

To build off Bendis' work, Johnson promises an "epic" version of the Man of Steel, with a story that shows Superman's place in the universe culminating in a big event in the fall that will be felt beyond the hero's storyline.

"You're not only going to see what he means to America, but what he means to the universe," Johnson said. "By the end of this event, the DC Universe is going to be bigger and older, with some of its more obscure corners blown out and explored in a way that hasn't been done before. I'm insanely excited for readers to see what's coming."

Readers can get their first taste of Johnson's Superman in the two-part "Superman: Worlds of War" and "Superman: House of El." Both are installments of the DC Comics event Future State, that began in January and continues in February. "Superman: Worlds of War #1" released earlier in January.

In addition to the Superman comics, Johnson will also write the launch of the



COURTESY PHOTO

Sgt. 1st Class Phillip Kennedy Johnson, pictured with his son, Anders, at his Baltimore-area home, is the new author of DC Comics' Superman and Action Comics. His Superman story arc begins in March 2021.

new comic series "Alien" for Marvel, based on the 20th Century Fox film franchise.

And, while writing these stories, Johnson still performs with the Army Field Band, whose mission has changed during the global pandemic.

Instead of traveling to different American communities, the band has been livestreaming its "We Stand Ready" virtual concert series for nearly a year. The Army Field Band performs several times a week, with performances posted to the Army Field Band's YouTube channel and Facebook page.

Johnson said that the band's performance can be a calming influence during turbulent times.

"It gives people something to unify behind," Johnson said. "Americans should understand that the oath their military takes is bigger than politics, that their military is behind them no matter what. Despite anything going on at home or abroad, their Army's looking out for them."

The Army Field Band is working to unify America's communities in the way that fictional communities unify behind the Man of Steel.

Fort Polk Soldiers run through Air Assault Course pre-assessment

Top right: A Soldier low crawls during the obstacle course, Feb. 2, as instructors from the 10th Mountain Light Fighters School perform a pre-assessment to an upcoming Air Assault Course.

Center row right: A Soldier flips over an obstacle, Feb. 2, during a pre-assessment for an upcoming Air Assault Course.

Bottom right: Traversing an obstacle, a Fort Polk Soldier works to complete one of the obstacles during a pre-assessment conducted by the 10th Mountain Division Light Fighters School Feb. 2.

Bottom left: A Soldier steadily climbs up a tall obstacle during an Air Assault Course pre-assessment held by the 10th Mountain Division Light Fighters School at Fort Polk, Feb. 2.

For additional photos of this Air Assault Course pre-assessment, check out the Joint Readiness Training Center and Fort Polk Instagram and Facebook profiles at the following handles.

Instagram: [**irtc and fort polk**](#)

Facebook: [**@JRTCandFortPolk**](#)



Staff Sgt. ASHLEY M. MORRIS/ U.S. ARMY



Geronimo honors tradition with NCO induction ceremony

By Capt. MATT SULLIVAN and
2nd Lt. RILEY PATTERSON
1st Bn (Abn), 509th Inf Reg

FORT POLK, La. — The 1st Battalion (Airborne), 509th Infantry Regiment's time honored noncommissioned officer induction ceremony was held Jan. 29. The event formally bridged the transition from Soldier to NCO for 48 of the newest sergeants in the battalion.

Inductees and guests gathered in Fort Polk's Bayou Theater for the momentous occasion. Command Sgt. Maj. Jason L. Wilson, the guest of honor, impressed upon the inductees the gravity of their new role within the United States Army.

"As you crossed this threshold, you ceased being a private Soldier and became a professional, one member of a Family that stretches back more than two hundred years," Wilson said. "Upon your promotion to sergeant, it ceased being about you. Rather, it is now about your Soldiers, their Families and your unit. Everything is subordinate to that."

As the Army focuses on large-scale ground combat, its ability to produce highly competent and professional sergeants is as important as ever. As Soldiers take on the rank of sergeant, Wilson said they also accept challenges and responsibilities. These sergeants are expected to rise to these challenges and meet new responsibilities with confidence gained from experience and lessons learned that have been passed down from the NCOs who mentored them.

Wilson pointed out that as combat operations diminish and deployments become less frequent, it is important to refocus on the basics: Standards and discipline.



1st Battalion (Airborne), 509th Infantry Regiment inducts 48 sergeants into the Noncommissioned Officer Corps at the NCO induction ceremony held Jan. 29 at Fort Polk's Bayou Theater.

"It will be key that NCOs understand and reengage with the Army professional ethic and use it to shape the Army of the future" he said.

The role of the sergeant is to lead, develop and mentor Soldiers to ultimately become an NCO themselves, said Wilson. NCOs provide Soldiers with purpose, direction and motivation.

They guide soldiers not only by teaching, but through their actions. Each day, NCOs don their uniforms, sewn with three chevrons, and the eyes of every Soldier are fixed on their actions. In this capacity, the NCO, more than anyone else, shapes the future of the Army.

As part of the new legacy of NCOs, Sgt. Rodrick McGrew said he is proud to follow in the footsteps of his NCO leaders and their tradition of excellence.

"It means a lifestyle change in which the eyes of my Soldiers, peers and senior lead-

ers are on me. Everything that I do from here on out, I have to be on top of my game as I work with my Soldiers every day," he said.

McGrew said the most difficult part of becoming an NCO for him was overcoming his past, but he didn't allow anything to slow him down.

"It took many years of hard work to get to where I am now and I've been blessed to make it here," he said.

Sgt. Chad River said becoming an NCO has given him the opportunity to not only move up in rank, but also to overcome many of the struggles and challenges he faced on his journey to this point.

"I'm proud to be an NCO. Now I can take those struggles and experiences and share them with my Soldiers to help them while still developing as a leader and enforcing the high standards of becoming an NCO," he said.

History of 509th patch focuses on words 'Here I Am — Here I Remain'

By Maj. BRIAN KENT and
1st Lt. SHAFFER KIMBALL
1st Bn (Abn), 509th Inf Reg

FORT POLK, La. — The paratroopers of the 1st Battalion, 509th Infantry Regiment proudly wear their distinctive green uniform as the opposing forces at Joint Readiness Training Center and Fort Polk.

In addition to the easily recognizable uniform, Geronimo paratroopers also wear a unique badge on the Army service uniform. Small in size, the Third Zouaves emblem was awarded to the 509th by the Third Regiment of the French Zouaves in 1944. This award links today's Geronimo paratroop-

ers with those of the past and is a symbol of America's first airborne assaults.

In the early hours of November 15, 1942, 23 C-47s aircraft appeared low over the horizon of the Youk-les-Bains airfield.

Three hundred paratroopers of the 509th prepared to jump and destroy the enemy guarding the airfield. This was only the second combat parachute assault in U.S. history. As paratroopers exited their aircraft from an altitude of 350 feet, they felt the opening shock, gazed at the ground below and saw trenches filled with their would-be defenders.

Youk-les-Bains was under the control of the Vichy French forces of the Third Zou-

aves Regiment, forming a forward position for their German allies. Not knowing exactly what enemy they would face on the ground, the paratroopers were ready to fight and cautiously approached the French forces. As the Americans landed and gathered on the airfield, the French forces greeted them as Lt. Col. Edson Raff, 509th battalion commander, shook hands with Col. Albert Berges, Third Zouaves commander. That night, the Zouaves and paratroopers gathered in an ancient Roman fort that served as the Third Zouaves headquarters.

The event is recounted by Lt. Gen. William P. Yarborough; "The Colonel (Berges)

Please see **History**, page 9

BJACH celebrates 120 Years of Army Nurse Corps

By Lt. Col. BRIAN BOLTON
BJACH chief of nursing operations

FORT POLK, La. — Army nurses past and present gathered at Bayne-Jones Army Community Hospital Feb. 2 to celebrate the 120th anniversary of the Army Nurse Corps. Nurses have served with the Army since 1775, but on Feb. 2, 1901, Congress formally established the Army Nurse Corps.

Army Nurse Corps officers serve in a variety of environments from military treatment facilities, like BJACH, to expeditionary units such as the 32nd Hospital Center and the 115th Field Hospital, forward surgical teams, research facilities and aeromedical evacuation units. In addition to patient care, Army Nurse Corps officers have opportunities to teach, recruit, serve as health-care administrators and work in research.

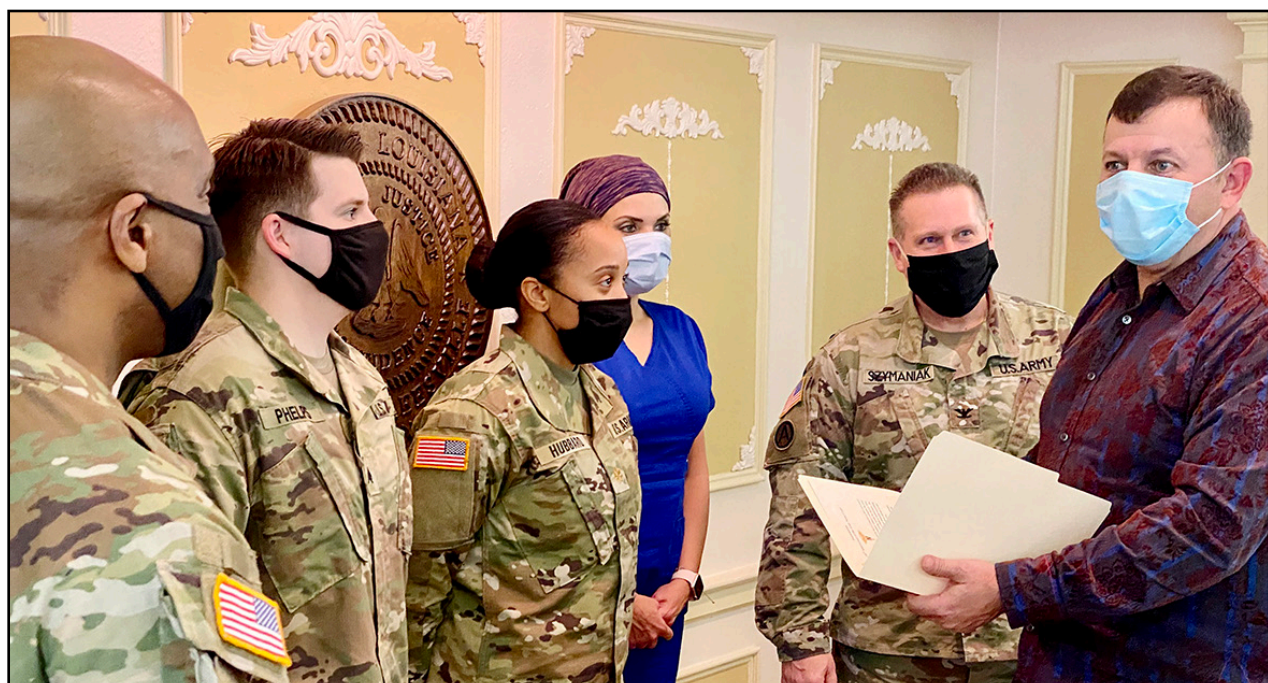
Lt. Col. Michelle O'Neill, emergency department officer-in-charge and registered nurse, said the thing she loves most about being an Army nurse is the variety of assignments available.

"Nurses can be in all types of positions in the Army — it's what I love about it," O'Neill said. "We can be in fixed facilities like BJACH, work for U.S. Army Medical Recruiting command, serve as a nurse at the White House and be an instructor. We also have opportunities to work in front-line units such as field hospitals, as brigade nurses or with Special Forces."

The message shared during the ceremony focused on the relevance of this year's Army Nurse Corps birthday theme: Diverse in talent, united in mission.

Maj. Markeisha Hubbard, clinical nurse officer-in-charge of the BJACH mixed medical-surgical unit, participated in the celebration.

"This theme emphasizes the unique di-



Mayor Rick Allen (right), declares February 2021 as Army Nurse Corps Month in a proclamation honoring the corps' 120th Anniversary on Feb. 2, during the Leesville City Council Meeting Jan. 25. Nurses from Bayne-Jones Army Community Hospital accepted the honor.

versity of the Army Nurse Corps, which is one of the strengths that we have," she said. "The Army Nurse Corps birthday provides us the opportunity to reflect where we have been as a profession, and how we can evolve in the future." said Hubbard

In 2021, more than 11,000 men and women fill the ranks of the Army Nurse Corps, both active and reserve components. There are a number of concentration areas including critical care nursing, emergency room nurses, medical-surgical nurses, nurse scientists, obstetrics-gynecology nurses, perioperative nurses, public health nurses, nurse anesthetists and family nurse practitioners.

Nurses at BJACH help ensure medical readiness of rotational Soldiers and with the treatment of service members, retirees and Family members who receive care on post.

BJACH nurses concluded the birthday event with Capt. Janshay E. Polk, brigade nurse, 3rd Brigade Combat Team, 10th Mountain Division and Col. Michael Szymaniak, deputy commander of nursing for Bayne-Jones Army Community Hospital (the youngest and most experienced nurses, respectively), cutting the celebratory cake. Frequently, a saber is used to cut the cake as a reminder that the Army Nurse Corps is a band of warriors committed to carrying the sword so the nation may live in peace.

"The first piece of cake is presented to the guest speaker. The second piece is presented to the eldest Army nurse present, signifying the honor and respect accorded to experience and seniority," said Hubbard. "Symbolically, the eldest Army nurse passes a piece of cake to the youngest nurse representing how our experienced senior Army nurses nurture and lead young nurses who will fill our ranks and renew our corps."

History

Continued from page 8

unfastened the famous badge of the Third Zouaves from his tunic and pinned it on Raff's parachute blouse. 'From this day, our regiment is your regiment.'"

The badge features a silver crescent with a snarling hyena superimposed on a "Z." Engraved on the crescent is the motto of the Third Zouave, "J'y suis - j'y reste," translated to English as "Here I am — Here I remain."

The French soldiers rejoiced they would

not have to fight the Americans and would instead fight the Germans alongside the men of the 509th. The following days saw French and American forces fighting the German Afrika Korps together. The willingness of the American paratrooper to jump to seize the Youks-les-Bains airfield earned the Geronimo Battalion the first foreign badge to be bestowed on American forces during World War II.

The Third Zouave badge is approved

for wear by Soldiers assigned to the 509th Infantry and its history continues to instill pride in paratroopers past, present and future who proudly wear the badge gifted so many decades ago.

From the battlefields of WWII, Cold War locations of Germany and Italy, deserts of Iraq or simulated combat of the Joint Readiness Training Center, anyone who fights in the Geronimo Battalion can attest they are here to fight — and here they remain.

Soldiers found guilty, separated for UCMJ violations

OSJA

FORT POLK, La. — At the Joint Readiness Training Center and Fort Polk, the commanding general takes good order and discipline seriously. Across Fort Polk, however, the following disciplinary issues continue to be prevalent: General Order #1 violations, driving under the influence of alcohol, wrongful use/possession of controlled substances, fraternization, sexual assault and underage drinking. Below are recent examples of adverse legal actions for units within the Fort Polk jurisdiction.

- A sergeant, assigned to Headquarters and Headquarters Company, Operations Group, was issued a General Officer Memorandum of Reprimand for making a racial slur in a group chat with other Soldiers, in violation of Article 92, Uniform Code of

Military Justice.

- A sergeant, assigned to 1st Battalion (Airborne), 509th Infantry Regiment, was punished under Article 15 for wrongfully transporting a government issued firearm in his personal vehicle, in violation of Article 92, UCMJ.

The Soldier was sentenced to a reduction to E-4; forfeiture of \$1,253 pay for two months, suspended, to be automatically remitted if not vacated on or before March 26; extra duty for 45 days, suspended, to be automatically remitted if not vacated on or before March 26; restriction for 45 days, suspended, to be automatically remitted if not vacated on or before March 26; and an oral reprimand.

- A sergeant, assigned to 710th Brigade Support Battalion, 3rd Brigade Combat Team, 10th Mountain Division, was issued

a GOMOR for physically assaulting his spouse, in violation of Article 128, UCMJ.

- A specialist, assigned to 46th Engineer Battalion, was issued a GOMOR for driving under the influence of alcohol, in violation of Article 92, UCMJ.

The GOMOR was permanently filed in the service member's Army Military Human Resource Record.

- A private, assigned to 519th Military Police Battalion, was punished under Article 15 for disobeying a lawful order, failure to report on three occasions and being disrespectful in language to his superior non-commissioned officer, in violation of Articles 86, 90 and 91, UCMJ. The Soldier was sentenced to a forfeiture of \$404 pay for one month, suspended, to be automatically remitted if not vacated within one month; and extra duty for 14 days.

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Fort Polk hosts Warrior Bowl, 32nd Hospital Soldiers claim victory

GUARDIAN STAFF

FORT POLK, La. — The Joint Readiness Training Center and Fort Polk Warrior Bowl was held on Headquarters Field Feb. 4.

Participating units included 3rd Battalion, 353rd Infantry Regiment; Bayne-Jones Army Community Hospital; 32nd Hospital Center; 5th Aviation Battalion; 46th Engineer Battalion; JRTC Operations Group; and two teams from 3rd Brigade Combat Team, 10th Mountain Division.

After playing their way through the games, 32nd HC's team and 3rd BCT, 10th Mtn Div's second team made it to the final game, competing for the Warrior Bowl Anvil trophy.

For a second year in a row, medics were the victors, as the 32nd HC team won 9-0. Col. Ryan Roseberry, Fort Polk garrison commander, and Command Sgt. Maj. Christopher Ausbun, garrison command sergeant major, presented the award to the winning team's captain.

Pictures on this page reflect the games played throughout the day and the presentation of the trophy.



CHUCK CANNON/GUARDIAN



Leslie reviews Gen. Sherman biography, gives it 4.5 Anvils

By Retired Lt. Col. MARK LESLIE
DPTMS director

FORT POLK, La. — This hefty book is a worthwhile endeavor. The Civil War was rich with brilliant military leaders; and many people have their favorite Civil War leaders they study, research and quote. To be honest, Gen. Tecumseh Sherman never was one of my favorites — until now. I grew up in Chattanooga, Tennessee, an area fraught with Civil War history. I fondly recall hiking Lookout Mountain as a teenager, combing through the terrain looking for cannon balls stuck in trees, and Sunday drives to the Chickamauga, Shiloh, other battlefields and monuments. I have read dozens of books on the conflict, yet I still do not consider myself an expert or scholar on this conflict. But, after this superbly written book, I feel like a more highly educated student, specifically on a great leader and man that I had inadvertently ignored for years — Sherman.

The author, James Lee McDonough, exhaustively researched the topic to make the reader feel as if they were Sherman's shadow throughout his life. From his humble beginnings in, essentially, an Ohio foster home; throughout his time at West Point Military Academy; and traversing his years in Florida, Georgia, Louisiana and California and, of course, to the Civil War — you feel as if you are there. McDonough, unlike many other war historians, does not ignore the human side of this great man, nor does he just focus on the war. The book is remarkably well-balanced. I think that is what makes this book such a great read for a broad audience.

He does not spare us Sherman's trials, disappointments, motives, his anguish over the loss of Soldiers and mistakes, the gruffness and abruptness he used with leaders not up to task or the personal frustrations that his calling as a Soldier had on his marriage and other personal tragedies in his life.

You actually feel like you are on the march, in the saddle or even in the boat (Sherman suffered two shipwrecks in one day) with the red haired Sherman.

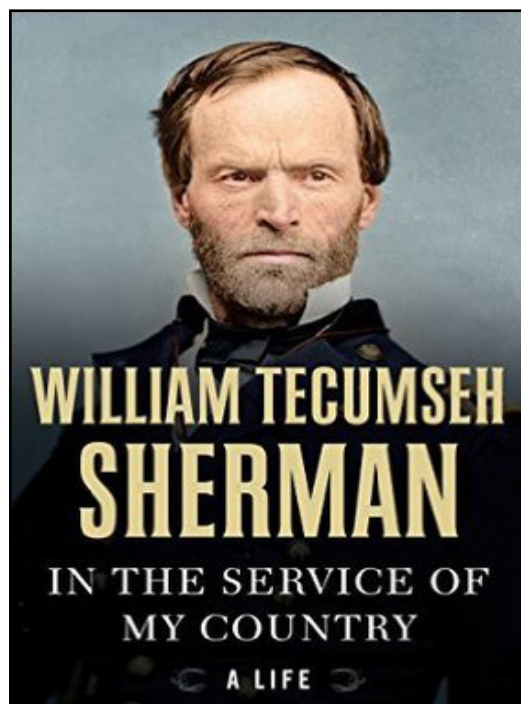
Fort Polk readers will be pleased to learn that Sherman spent his time in the great state of Louisiana as well, stationed in New Orleans and as the first superintendent of the Louisiana State Seminary of Learning in Alexandria, Louisiana. This school was the forerunner of Louisiana State University (the remnants of this school and a plaque to Sherman are located across from the Veterans Affairs Hospital in Pineville).

This book reveals Sherman's character in many ways. He was always driven and self-disciplined with a high sense of integrity, dedication to duty and devotion to his work. He was a man with ambition and experienced many obstacles in his career from promotions to postings. It is interesting to witness his youthful desire to get into action in the Mexican War and to later see this transform into disgust over the waste

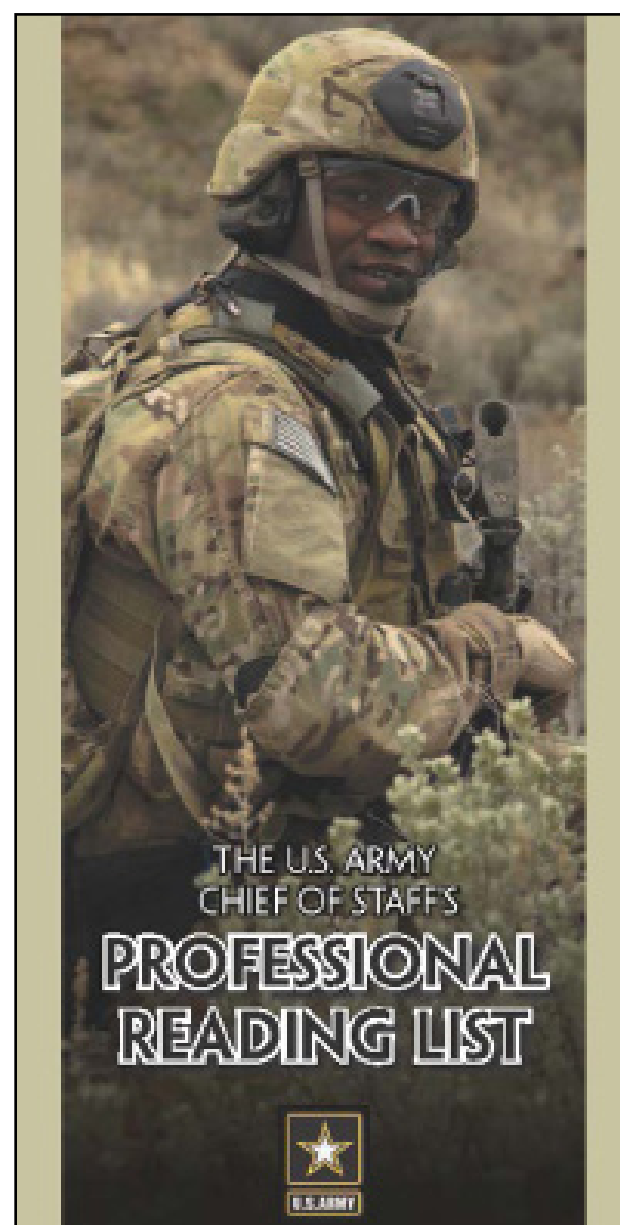
and loss of life in the Civil War.

McDonough compiled a comprehensive biography of one of America's most popular generals (Sherman had "rock star" celebrity status after the Civil War), and by doing so, he focuses on the whole man, his service and life before, during and after the Army. This makes it a well-rounded and honest biography that tells the story of a complex, highly opinionated but careful and capable professional.

In every review, I try to decipher the message that the Chief of Staff of the Army wants us to pull from the text. In this piece, there are multiple lessons, which are too numerous to cover for the length of this review, but I will highlight a few of the most prominent. Sherman was a determined man who had many failings, but he was instilled with a sense of duty and integrity at West Point that never went away. From this, I assume the main points are to never forget where you came from or what you



COMMENTARY



are here for; and to be careful what you say and how you say it. Sherman, at one point during the Civil War, likely had the worst relationship with the press of any Army officer ever. He held the first and only court-martial of a civilian reporter in U.S. history. This tells readers that, in times of combat, it's important to hold leaders accountable — the stakes are too high to avoid this responsibility. Leave politics to politicians — professional Soldiers have no use for it and, finally, loyalty to friends and service to subordinates is a lifelong duty.

This book earns four and a half anvils out of five on the Joint Readiness Training Center and Fort Polk's "Anvil scale." If you read one book on the great Sherman in your life, make it this one. If you have not read a book lately on the Civil War, make this your next one. It will tell you the story of how this happened to the country, the toll it took on the nation and the effort it took to reconcile and rebuild a country torn by war and domestic strife. Plus, you're bound to be a better leader for learning through the life of a great leader.

Briefs

MPC programs

Take note of the Main Post Chapel's special chapel programs taking place in February:

- Feb. 17 — Ash Wednesday/Lent begins.
- Feb. 25-26 — the Jewish holiday of Purim is observed the evening of Feb. 25 and all day Feb. 26. The garrison religious service officer has copies of the Megillah, "Mishloach Manot" including Hamantashen cookies (traditional pastry eaten during the holiday of Purim).
- Feb. 26 — Ultimate Fighting Championship Mixed Martial Arts fighter Ken Shamrock will speak at the Main Post Chapel at noon.

In addition, the Main Post Chapel's Catholic service is held each Sunday at 11 a.m. and 6 p.m. and the Protestant service is held at noon each Sunday.

Lunch and learn

The R2 Performance Center hosts a Lunch and Learn brown-bag, Wednesday, from noon-12:45 p.m. at the R2 Performance Center, 8148 Alabama Ave, bldg 2380.

The topic is "Grit — mastering the combination of passion and perseverance in life and leadership."

The event is open to Soldiers, Family members or Department of the Army civilians interested in discussing performance and resilience skills, effective communication and building trust, cohesion and positive relationships in the workplace.

Please bring your own lunch. Email Caitlyn Jennings at jenningsc@magellanfederal.com to RSVP.

Highlighting units

The Joint Readiness Training Center and Fort Polk's Public Affairs Office wants to highlight tenant units on the installation.

PAO's intent is to cover Leader's Time Training weekly, featuring a different unit each time.

If interested, please contact the Guardian editor at 531-1416 or by emailing christy.a.graham7.civ@mail.mil.



Sign up for women's conference at Main Post Chapel

By **ANGIE THORNE**
Public affairs specialist

FORT POLK, La. — If you are feeling worn down and lost after the turmoil of the last few months, consider signing up for the "If: Gathering 2021" — a women's conference — held at Fort Polk's Main Post Chapel March 5-6.

The theme of the conference focuses around the thought that even if the worst happens, people shouldn't lose hope. With the many challenges of 2020, the event mission statement is about being strong, even when things are falling apart, by coming together to support and care for one another.

More than 34 guest speakers will live-stream during the event. The conference kicks off March 5 from 6-9:30 p.m. and continues March 6 from 8 a.m. to 3 p.m. There will also be live worship throughout the event.

According to event coordinators, breakfast will be served at 8 a.m. March 6 and there will be plenty of coffee and snack breaks to encourage fellowship between sessions throughout the day, as well as a catered lunch from Chick-fil-A.

Christina Redmond, the event's coordinator and head of "If" ministries at Fort

Polk, said women signing up for the event don't have to attend the conference in its entirety, especially since there won't be any child care available on site.

"Attendees can come for an hour each day or for one or both days — whatever works best for them. Every minute of the event will be a blessing," she said.

The "If: Gathering 2021" is a free event, but women interested in attending need to register by going to if2021.com/register.

Redmond said people should visit the page, join the Fort Polk group, type in the code MPC, fill in their name and some generic information and they will be registered.

"We are already about half full on capacity; but if necessary, we may be able to expand to other locations, so we encourage people to sign up now," she said.

Redmond said number of attendees are a consideration because the Main Post Chapel must follow COVID-19 safety restrictions with a max capacity of 75% and regulations for spacing, mask wearing, hand washing and sanitizer stations.

Redmond said "If" is about encouraging and equipping one another in a foundation

Please see 'If', page 14

Gear up for good time during Super Bowl LV: GOAT vs. the young gun

By CHRISTY GRAHAM

Guardian editor

FORT POLK, La. — As fans jot down their shopping lists for game-day snacks, the Kansas City Chiefs and the Tampa Bay Buccaneers are preparing to compete in Super Bowl LV at Tampa Bay's Raymond James Stadium at 6:30 p.m. Sunday.

Kansas City made its way into Super Bowl LV after beating the Buffalo Bills, 38 to 24, Jan. 31, and the Buccaneers advanced into the championship earlier that day, following their victory over the Green Bay Packers (31 to 26).

Although each Super Bowl has notable records, this year's game is fraught with interesting facts and firsts before the game even commences.

Leading up to this year's game, there has already been interest surrounding each team's quarterback: Tom Brady of the Tampa Bay Buccaneers and Patrick Mahomes of the Kansas City Chiefs. Brady is currently considered the Greatest of All Time, but Mahomes is gunning for that title — or at least he's a promising contender.

Over his first four years, Mahomes has won 38 regular games and lost eight; won six playoff games and lost one; and has played (and won) in one Super Bowl. During his first four years, Brady won 34

regular games and lost 12; won six playoff games and lost none; and won two Super Bowls. The two quarterbacks' initial four-year performances are strikingly similar.

By Sunday, Brady will have earned his way into a 10th Super Bowl, winning six championships.

Mahomes is joining the Chiefs for his second year at the Super Bowl; if the Chiefs win, it will be the first time a team wins consecutive championships since Brady and the New England Patriots won in 2003 and 2004.

As far as other noteworthy firsts, Referee Sarah Thomas will be the first female to officiate at a Super Bowl game — ever.

In 2015, Thomas was also the first full-time female National Football League official.

Another significant first: The Buccaneers will be the first team to ever play at home for the Super Bowl, which the team earned after winning three consecutive road games during the playoffs.

Also, game-day commercials will see some firsts, as COVID-19 has prompted some companies, like Budweiser, to opt out of running an ad for the first time since 1983. Instead, the company is donating the funds it would have used to film their Super Bowl commercial to help promote COVID-19

vaccine awareness campaigns.

Of course, funny and memorable commercials will still run, such as Pringles' commercial depicting astronauts trying to contact ground-control personnel whom are too busy stacking alternating palettes of Pringles chips (like jalapeno and buffalo flavors) to notice the distress call.

Although Super Bowl ads are a cornerstone of entertainment during the big game, the halftime show is equally as important. Beginning at about 8:30 p.m., The Weeknd is scheduled to perform during the game's halftime show.

So far, the Weeknd has won three Grammy Awards, five American Music Awards and nine Billboard Music Awards and currently has three number-one selling albums in the United States.

Lastly, Super Bowl LV will also be the first championship with a capacity limit at the stadium (30%) and a host of fans streaming from their homes, rather distant from their Family and friends with whom they would normally celebrate.

COVID may have made the Super Bowl parties smaller or virtual, but it doesn't have to ruin the fun. If anything, fans have to share less of their hot wings, seven-layer dip and couch space during this year's big game.

'If'

Continued from page 13

of discipleship.

"That's how you change the world," she said. "We want to gather, because we need each other to restore hope to this community."

Redmond said the founder of "If" ministries explained there are times in people's lives when they have to be reminded of hope.

"That's why this event is so important. We need to be reminded that hope is still secure, within reach and that God is in control," she said.

In addition to hurricanes, the pandemic and other issues that have defined recent months at Fort Polk, Redmond said military life can also be challenging.

"There are so many unknowns and things that can break us. To have an event where your foundation of hope can be restored by lifting one another up and making an immediate connection with your fellow sisters-in-Christ is amazing. What an uplifting

experience that will be," she said.

Chap. (Col.) Scott Hammond, post chaplain, said that he is all about cheering on everybody involved in the "If" event.

Hammond said the conference is a great opportunity for women of all ages, single or married, to build a spiritual foundation that is steady, regardless of what is going on in the world as a whole or more specifically in their military lives.

"The Army and Fort Polk is putting an emphasis on 'People First.' If you are really going to put people first, (the chapel) needs to provide opportunities like this," he said. "I think this event is one way the Lord wants us to (put people first) for the women of the chapel."

Hammond said women have always played an important role in the church.

"I don't know where I would be if I didn't have a wife, mother or female leader in the church praying for me. It's a powerful part of our community that we want to support

with a faith-based approach."

Carrie Portwood, Protestant religious education coordinator, said she supports Redmond's "If" conference efforts and other ministries at the Main Post Chapel.

She said it's important to host events like the "If" conference to not only bolster those who have faith, but also to welcome those who have never experienced church or faith and may be searching for the strength to get them through these trying times.

"For those who don't know anything about the Main Post Chapel and our ministries, this could be the perfect opportunity to take part in a spiritual fellowship and enjoy something that they may have never experienced in their life," she said. "If they don't know about faith or where to find it, the 'If' conference is a great place to connect with a sister who can help guide them in their search for faith."

For more information about If: Gathering 2021 visit if2021.com.



ANGIE THORNE/GUARDIAN

Soccer practice

Fort Polk children and parents braved the chilly weather and were out in force at Perez Field Feb. 2 to practice soccer. Kids from age 4 on up worked on their skills in preparation for their first game.



Use tax withholding estimator for more accurate wage deduction

OSJA

FORT POLK, La. — One way people can get the new tax year off to a good start is by checking their federal income tax withholding. They can do this by using the tax withholding estimator on [IRS.gov](https://www.irs.gov).

This online tool helps employees avoid having too much or too little tax withheld from their wages. It also aids self-employed people make accurate estimated tax payments.

Having too little withheld can result in an unexpected tax bill or even a penalty at tax time. Having too much withheld results in less money in their pocket.

All taxpayers can use the results from the tax withholding estimator to determine if they should:

- Complete a new form W-4, employee's withholding allowance certificate, and submit it to their employer.
- Complete a new form W-4P, withholding certificate for pension or annuity payments, and submit it to their payer.
- Make an additional or estimated tax payment to the Internal Revenue Service.

The tax withholding estimator asks taxpayers to estimate:

- Their 2021 income.
- The number of children to be claimed for the child tax credit and earned income tax credit.



- Other items that will affect their 2021 taxes.

The tax withholding estimator does not ask for personally-identifiable information, such as a name, social security number, address or bank account numbers. The IRS doesn't save or record the information entered in the estimator.

Before using the estimator, taxpayers should gather their 2019 tax return, most recent pay stubs and income documents, including form W-2 from employers, form 1099 from banks, forms 1095-A from the marketplace for those claiming the premium tax credit and form 1099-NEC, non-employee compensation. Most income is taxable, including unemployment compen-

sation, refund interest and income from the gig economy (short term or freelance work) and vital currencies.

Taxpayers should also gather any documents from these types of earnings.

These documents will help taxpayers estimate 2021 income and answer other questions asked during the process.

Remember, the tax withholding estimator results will only be as accurate as the information entered by the taxpayer.

If you have any questions about this or other tax related issues, the Fort Polk Installation Tax Center is open and patrons can call 531-1040 for an appointment or 531-2580 to make an appointment to see a legal assistance attorney.

DFMWR youth basketball season continues, keeps kids active

GUARDIAN STAFF

FORT POLK, La. — Fort Polk’s Directorate of Family Morale, Welfare and Recreation’s Youth Sports continued its basketball season Jan. 29 with a couple of games. Here are a few pictures of the youth in action.



CHUCK CANNON/ GUARDIAN



Learning about many ways to take care of hearts together

By GENEVA MERIDITH
BJACH health promotion tech

FORT POLK, La. — Heart disease is a leading cause of death in the United States, causing one in four deaths each year. But there are many options to live a heart-healthy life — and connecting with others can make efforts even more successful.

Studies show that joining forces with people at home or online increases chances of staying motivated. Also, small steps can help people reach their goals. Gather friends and Family and make a collective commitment to heart health.

To start, note the following recommendations.

Move more: Get at least two and a half hours of physical activity each week — that's just 30 minutes a day, five days a week. Additionally, do muscle strengthening exercises at least two days a week. If carving out the time is difficult, don't chuck your goal — chunk it! Try working out for 10 or 15 minutes a few times a day. Some physical activity is better than none.

Be active together: Get creative — invite colleagues to stay on track. Text each other a reminder to go for a walk or take an online exercise class together. If you have children, ask them to do jumping jacks, shoot some hoops or dance. People with friends or Family who support their efforts to be physically active are more likely to be successful, studies show. Join the 10,000 Steps a Day Challenge with a group of friends and Family members. For more information call BJACH Health Promotion at 531-6880.

Eat healthy foods: A healthy diet that is low in sodium and saturated fat is key to heart-disease prevention. Try the highly rated Dietary Approaches to Stop Hypertension (DASH) eating plan. It recommends:

- Eating vegetables, fruits and whole grains
- Eating fish, poultry, beans, nuts, vegetable oils and fat-free or low-fat dairy products
- Limiting foods that are high in saturated fat and sodium
- Limiting sugar and other sweeteners.

Find heart-healthy DASH recipes at: healthyeating.nhlbi.nih.gov.

Eat healthy, together: At fast-food restaurants, ask for a salad instead of fries, and don't get the "deluxe" sandwich. Start meals with a salad or appetizer of vegetables. Studies suggest that people tend to eat like their friends and Family — making healthy choices may inspire others to do the same.



Aim for a healthy weight: Being overweight is hard on hearts. This increases the risk of having heart disease, a stroke, high cholesterol, high blood pressure and diabetes. Choosing heart-healthy foods and getting regular exercise will help people achieve and maintain a healthy weight.

Manage weight together: A study of one popular weight loss program showed that participants who were the most connected with others in the program's online community lost the most weight.

Join an online weight loss program with a buddy or sign "social support" agreements with three Family members or friends. Be sure agreements include ways to reduce stress, which affects energy and hunger and, if chronic, can make bodies store more fat. For assistance with weight management, contact BJACH Health Promotion at 531-6880.

Reduce stress and improve sleep: Stress can contribute to high blood pressure and other heart risks. Not getting enough sleep or regularly getting poor quality sleep increases the risk of having high blood pressure, heart disease and other medical conditions. Aim for seven to eight hours of sleep a night.

Manage sleep and stress together: Practicing meditation, being more physically active, doing relaxation therapy and talking with trusted individuals can help people cope with stress and sleep better. Find a friend or Family member with shared goals. Together, take steps to lower stress and fol-

low healthy sleep practices, like having a regular bedtime and not eating late at night.

Know your numbers: Meet heart-health goals by keeping track of exercise, blood pressure, cholesterol numbers — all of which can impact heart health — and keep primary care providers informed.

Track your heart health stats together: Keeping a log of blood pressure, weight goals, physical activity and if diabetes is a concern, blood sugars, will help people stay on a heart-healthy track.

Ask friends or Family to join the effort. Check out the National Heart, Lung and Blood Institute's Healthy Blood Pressure for Healthy Hearts: Tracking Your Numbers worksheet and other materials at www.nhlbi.nih.gov/hypertension.

Quit smoking: The chemicals in tobacco smoke cause harm to hearts and blood vessels in many ways. Quitting is hard, but many people have succeeded. Set a quit date and ask Family and friends for support.

Be smoke-free together: The websites BeTobaccoFree.hhs.gov and Smokefree.gov have many free resources, including apps and a chat line, to help people connect with others trying to quit. To keep hands busy and be with others when urges strike, consider taking an online class for an activity like sewing, knitting, woodworking, art or music.

Also, contact BJACH Health Promotion at 531-6880 to enroll in the Tobacco Cessation Program.

Chaplain Corps history: The Four Chaplains

By JOHN BRINSFIELD
Army News Service

WASHINGTON — It was Feb. 3, 1943, and the U.S. Army Transport *Dorchester* was one of three ships in a convoy, moving across the Atlantic from Newfoundland to an American base in Greenland. A converted luxury liner, the *Dorchester* was crowded to capacity, carrying 902 service members, merchant seamen and civilian workers.

It was only 150 miles from its destination when, shortly after midnight, an officer aboard the German submarine U2 spotted it. After identifying and targeting the ship, he gave orders to fire. The hit was decisive, striking the *Dorchester* far below the water line. The initial blast killed scores of men and seriously wounded many more.

Others, stunned by the explosion were groping in the darkness. Men were screaming, some crying or frantically trying to get lifeboats off the ship.

Through the pandemonium, four men spread out among the Soldiers, calming the frightened, tending the wounded and guiding the disoriented toward safety. They were four Army chaplains: Lt. George Fox, a Methodist; Lt. Alexander Goode, a Jewish Rabbi; Lt. John Washington, a Roman Catholic priest; and Lt. Clark Poling, a Dutch Reformed minister.

Quickly and quietly, the four chaplains worked to bring calm to the men. As Soldiers began to find their way to the deck of the ship many were still in their underwear, where they were confronted by the cold winds blowing down from the Arctic.

Petty Officer John J. Mahoney, reeling from the cold, said he headed back towards his cabin before hearing someone ask, "Where are you going," to which he responded, "To get my gloves."

Mahoney said that Rabbi Goode, the man questioning him, handed him a pair of gloves. Mahoney said that the Goode told him that he had another pair of gloves, so sharing this pair was fine. Long after, Mahoney realized that the chaplain never intended to leave the ship.

Once topside, the chaplains opened a storage locker and began distributing life jackets. It was then that engineer Grady Clark witnessed an astonishing sight. When there were no more lifejackets in the storage room, the chaplains simultaneously removed theirs and gave them to four frightened young men.

When giving their life jackets, Rabbi Goode did not call out for a Jew; Father



Washington did not call out for a Catholic; nor did Fox or Poling call out for a Protestant. They simply gave their life jackets to the next man in line.

One survivor said, "It was the finest thing I have seen or hope to see this side of heaven."

As the ship went down, survivors in nearby rafts could see the four chaplains — arms linked and braced against the slanting deck. Their voices could also be heard offering prayers and singing hymns.

Of the 902 men aboard the U.S.A.T. *Dorchester*, only 230 survived. Before boarding the *Dorchester* back in January, Poling had asked his father to pray for him, "Not for my safe return, that wouldn't be fair. Just pray that I shall do my duty ... never be a coward ... and have the strength, courage and understanding of men. Just pray that I shall be adequate."

Although the Distinguished Service Cross and Purple Heart were awarded posthumously, Congress wished to confer the Medal of Honor but was blocked by the stringent requirements which required heroism performed under fire. So a posthumous Special Medal for Heroism, The Four Chaplains' Medal, was authorized by Congress and awarded by the President on Jan. 18, 1961.

It was never given before and will never be given again.

EMPLOYMENT READINESS PROGRAM

Military Spouse Owned Home-Based Business Event

SUPPORT MILITARY SPOUSE OWNED
HOME-BASED BUSINESSES
FIRST SATURDAY OF THE MONTH FROM
0900-1200
OLD COMMISSARY PARKING LOT

FEB 6
MAR 6
APR 3
MAY 1
JUN 5

**WEATHER PERMITTING

To become a Home-Based Business and participate in these events please contact
Employment Readiness Program, (337) 531-6922
or email
stacey.r.delgado.civ@mail.mil
Packets are available on the JRTC and Fort Polk website



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Twitter: @FortPolkPAO
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Louisiana Civil Rights Trail website: Honoring civil rights heroes

LOUISIANACIVILRIGHTSTRAIL.COM

BATON ROUGE, La — The Louisiana Office of Tourism has announced the launch of the Louisiana Civil Rights Trail.

“Louisiana is a state known for many firsts. This is also true in the fight for Civil Rights as Baton Rouge was the site of our nation’s first bus boycott. It was this boycott that inspired the Montgomery bus boycott two years later,” said Lt. Gov. Billy Nungesser.

“Through the Louisiana Civil Rights Trail, we respectfully share these amazing stories of pride and courage.”

The Louisiana Civil Rights Trail is a cultural tourism product that informs, inspires and invites visitors to experience and ex-

plore Louisiana’s prominent role in the modern movement. The trail reveals the stories and examines the Civil Rights era from culture and commerce to desegregation and protests and confrontations.

Two years in the making, community insight and public submissions from across the state were key in the development of the Louisiana Civil Rights Trail. Following 22 meetings in every region of the state, university scholars and subject matter experts reviewed all submissions.

In the upcoming months, markers will be placed around the state to honor the Civil Rights Movement — a story of pride and courage — the Louisiana’s Civil Rights story. Be inspired at LouisianaCivilRightsTrail.com.



The Freeman & Harris Cafe was one of the few places in Shreveport that allowed blacks and whites to dine together.



Geronimo Warrior Restaurant
Breakfast: \$3.65 AND Lunch:\$5.85
Hours of operation:
Breakfast: 7:30-9 a.m. / Lunch: 11:30 a.m.-1 p.m.
Dinner/Weekends/Holidays: CLOSED
Open to all military and civilian personnel.
Alabama Avenue, bldg 2382, Fort Polk



<p>08 FEB 21</p> <p>**BREAKFAST**</p> <ul style="list-style-type: none">-BOILED EGGS-SCRAMBLED EGGS-TURKEY BACON-PORK BACON-PORK SAUSAGE-TURKEY SAUSAGE-HOME FRIED POTATOES-HASH BROWNS-WHITE RICE-BISCUITS-CREAMED BEEF-PANCAKES-SYRUP W/ TOPPING-OATMEAL-GRITS-WESTERN OMELET	<p>09 FEB 21</p> <p>**BREAKFAST**</p> <ul style="list-style-type: none">-BOILED EGGS-SCRAMBLED EGGS-TURKEY BACON-PORK BACON-PORK SAUSAGE-HOME FRIED POTATOES-HASH BROWNS-WHITE RICE-BISCUITS-CREAMED BEEF-FRENCH TOAST-SYRUP W/ TOPPING-OATMEAL-GRITS-WESTERN OMELET	<p>10 FEB 21</p> <p>**BREAKFAST**</p> <ul style="list-style-type: none">-BOILED EGGS-SCRAMBLED EGGS-TURKEY BACON-PORK BACON-PORK SAUSAGE-HOME FRIED POTATOES-HASH BROWNS-WHITE RICE-BISCUITS-CREAMED BEEF-PANCAKES-SYRUP W/ TOPPING-OATMEAL-GRITS-WESTERN OMELET	<p>11 FEB 21</p> <p>**BREAKFAST**</p> <ul style="list-style-type: none">-BOILED EGGS-SCRAMBLED EGGS-TURKEY BACON-PORK BACON-PORK SAUSAGE-HOME FRIED POTATOES-HASH BROWNS-WHITE RICE-BISCUITS-CREAMED BEEF-FRENCH TOAST-SYRUP W/ TOPPING-OATMEAL-GRITS-WESTERN OMELET	<p>12 FEB 21</p> <p>**BREAKFAST**</p> <ul style="list-style-type: none">-BOILED EGGS-SCRAMBLED EGGS-TURKEY BACON-PORK BACON-PORK SAUSAGE-HOME FRIED POTATOES-HASH BROWNS-WHITE RICE-BISCUITS-CREAMED BEEF-PANCAKES-SYRUP W/ TOPPING-OATMEAL-GRITS-WESTERN OMELET
<p>08 FEB 21</p> <p>**LUNCH**</p> <ul style="list-style-type: none">- CHICKEN PERMESAN- BAKED SALMON W/ HERBS- NOODLES JEFFERSON- OVEN BROWN POTATOES- CARROTS A MANDINE- GREEN BEANS- ONION SOUP- PHILLY BAR- HAMBURGER- HOT DOGS- CHICKEN TENDERS- RUEBEN SANDWICH- BAKED BEANS- CHILLI with BEEF- CURLY FRIES- CHEESE SAUCE- ASSORTED SALAD- ASSORTED DESSERT	<p>09 FEB 21</p> <p>**LUNCH**</p> <ul style="list-style-type: none">- CHALUPA- FIESTA CHICKEN- RED BEANS AND RICE- GARLIC ROAST POTATOES- Paprika Buttered Potatoes- CALICO CABBAGE- MEXICIAN BROCCOLI- VEGITABLE SOUP- TACO BAR- CHICKEN WINGS- HAMBURGERS- HOT DOGS- BAKED BEANS- CHILLI with BEEF- CURLY FRIES- CHEESE SAUCE- ASSORTED SALAD- ASSORTED DESSERT	<p>10 FEB 21</p> <p>**VALENTINE'S MEAL**</p> <ul style="list-style-type: none">- PRIME ROAST- POLLOCK & SHRIMP STUFFING- SHRIMP CASSEROLE- CORNISH HEN- SEASONED GREENS- HOME STYLE CORN- BAKED POTATO- RICE PILAF- CHICKEN TENDERS- BAKED BEANS- CHILLI with BEEF- CURLY FRIES- CHEESE SAUCE- ASSORTED SALAD- ASSORTED DESSERT	<p>11 FEB 21</p> <p>**LUNCH**</p> <ul style="list-style-type: none">-BRAISED SPARERIBS-BBQ SPARERIBS-GRILLED CHICKEN-BBQ CHICKEN-SOUTHERN FRIED CATFISH-BAKED MAC & CHEESE-DIRTY RICE-SOUTHERN FRIED CABBAGE-CORN ON THE COB-GUMBO-CHICKEN WINGS-BAKED BEANS-CHILLI with BEEF-CURLY FRIES-CHEESE SAUCE-ASSORTED SALAD-ASSORTED DESSERT	<p>12 FEB 21</p> <p>**LUNCH**</p> <ul style="list-style-type: none">- BARBECUED PORK LOIN- LEMON BAKED FISH FILLET-SEASONED MASHED POTATOES-RICE PILAF- GLAZED CARROTS- TANGY SPINACH- CREAM OF MUSHROOM SOUP-PIZZA BAR-CHICKEN TENDERS-HAMBURGER-HOT DOGS-BAKED BEANS-CHILLI with BEANS-CURLY FRIES-CHEESE SAUCE-ASSORTED SALAD-ASSORTED DESSERT

No Better Place To Go. Than Geronimo!



Patriot Warrior Restaurant 7 Day Menu

Breakfast: \$3.65; Lunch: \$5.85; Dinner: \$5.10; Brunch: \$6.55; Supper: \$8.00

Hours of Operation:

Breakfast: 0730-0900; Lunch: 1130-1300; Dinner: 1700-1830;

Brunch: 0930-1300; Supper: 1600-1730.

Open to all military and civilian personnel. 2020 Glory Loop, Building 1162 Fort Polk, LA 71459



08 FEB 21	09 FEB 21	10 FEB 21	11 FEB 21	12 FEB 21	13 FEB 21	14 FEB 21
Breakfast <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Turkey Bacon Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Asst. Fresh Smoothies Creamed Gravy Creamed Beef Asst. Fruit Pancakes Oatmeal and Grits 	Breakfast <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Turkey Bacon Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Asst. Fresh Smoothies Creamed Gravy Creamed Beef Asst. Fruit Pancakes Oatmeal and Grits 	Breakfast <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Turkey Bacon Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Asst. Fresh Smoothies Creamed Gravy Creamed Beef Asst. Fruit Pancakes Oatmeal and Grits 	Breakfast <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Turkey Bacon Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Asst. Fresh Smoothies Creamed Gravy Creamed Beef Asst. Fruit Pancakes Oatmeal and Grits 	Breakfast <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Turkey Bacon Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Asst. Fresh Smoothies Creamed Gravy Creamed Beef Asst. Fruit Pancakes Oatmeal and Grits 	Brunch <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Creamed Gravy French Toast Grits Roast Pork Baked Blackened Salmon Bourbon Chicken Chicken Pot Pie Seasoned 5-Way Veggies Calico Corn Hot Rolls Chicken Gravy Short order Asst. Salads Asst. Desserts Asst. Fresh Fruit Soup 	Brunch <ul style="list-style-type: none"> Boiled Eggs Scrambled Eggs Omelets Oven Fried Bacon Pork Sausage Home Fried Potatoes White Rice Biscuits Creamed Gravy Pancakes Grits Roast Turkey Onion Lemon Baked Fish Rosemary Grilled Pork Chops Herbed Broccoli Cauliflower Hot Rolls Brown Gravy Short Order Asst. Salads Asst. Desserts Asst. Fresh Fruit Soup
Lunch <ul style="list-style-type: none"> Beef & Broccoli Blackened Cod Sweet and Sour Pork White Rice Pork Fried Rice Oven Baked Potatoes Herbed Broccoli Glazed Carrots Egg Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Lunch <ul style="list-style-type: none"> Chicken Fajitas Mexican Pork Chops Tamales Baja Fish Refried Beans Oven Glo Potatoes Mexican Corn Herbed Green Beans Jalapeño Cornbread Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Lunch <ul style="list-style-type: none"> Spaghetti w/ Meatballs Spinach Lasagna Chicken Alfredo Hot Italian Sausage Lyonnais Rice Lyonnais Potatoes Seasoned Corn Herbed Cauliflower Garlic Bread Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Lunch <ul style="list-style-type: none"> Smothered Pork Chops Sauksberry Steak BBQRibs Rotisserie Chicken Scalloped Potatoes Wild Rice Fried Cabbage Glazed Carrots Hot Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Lunch <ul style="list-style-type: none"> Swedish Meatballs Veal Steaks Fried Catfish Fried Shrimp Buttered Penne Noodles Home Fried Potatoes Fried Cabbage Peas with Mushrooms Hot Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 		
Dinner <ul style="list-style-type: none"> Hamburger Yakisoba General Tso Chicken Basil Baked Cod Parsley Buttered Potatoes Orange Rice Peas and Carrots Succotash Egg Rolls Hot Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Dinner <ul style="list-style-type: none"> Herbed Baked Chicken Chicken Stew Parmesan Fish Paprika Potatoes Rice Pilaf Spinach Marinated Glazed Carrots Hot Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Dinner <ul style="list-style-type: none"> Chicken Parmesan Parmesan Fish Braised Beef Tossed Green Rice Baked Potatoes Oriental Veggies Lima Beans Garlic Bread Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Dinner Valentines Day Meal <ul style="list-style-type: none"> Carved smoked Ham Grilled Steak Baked Chicken Crab Legs Jambalaya Fried shrimp Macaroni and Cheese Steamed Rice Sweet Potatoes Collard Greens Corn on the Cob Cheese Biscuits Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Dinner <ul style="list-style-type: none"> Chili Macaroni Chicken A-la-King Creole Fish Long Grain Wild Rice Mashed Potatoes Calico Cabbage Succotash Hot Rolls Asst. Fresh Smoothies Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Asst. Pizzas Soup 	Supper <ul style="list-style-type: none"> Orange Honey Glazed Cornish Hens Veal Parmesan Lemon Baked Fish Parsley Buttered Potatoes Buttered Egg Noodles Seasoned Peas and Carrots Creole Summer Squash Hot Rolls Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Soup 	Supper <ul style="list-style-type: none"> Beef Stew Chicken Bulgogi Mustard Dill Fish Loaded Mashed Potatoes Steamed Rice Succotash Green Beans Hot Rolls Asst. Salads Asst. Desserts Asst. Fresh Fruit Short Order Soup