

THURSDAY June 7, 2007

> Volume 69 Edition 21

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rine Corps lebrity Classic weekend, the Marine s Celebrity Classic gs plenty of fun, famitivities to base. To n more about the duled events, turn to

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bbon-cutting ceremony 30 marked the grand ning of a \$325,000 ning facility located on Fleet Hospital comnd. To find out more it this story, turn to

rricane Season out all you need to w to be prepared for hurricane season. to 1D to read more.

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ericans, visit the MO Web site or call 3) 699-1169.

w.dtic.mil/dpmo.

additional infor-

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Reenlistment incentives not automatic | 4A

MCIEAST Edition Serving East Coast Installations

Country artist

### Bilateral training keeps BLT 2/2 ready

Cpl. Jeremy Ross

MIDDLE EAST — The sweaty confines of a protective suit worn under an unblinking desert sun; constant exposure to eye-watering, skin-tingling riot-control agents; the stress of trying to put rounds on target while wearing full battle gear and a gas mask. These were the situations endured by 35 Marines from Battalion Landing Team 2nd Landing Team 2nd Battalion, 2nd Marine Regiment, 26th Marine Expeditionary Unit, as they joined forces with troops from regional nation to conduct bilateral chemical, biological, radiological, nuclear defense training, May 26.

The training was geared toward hammering home one over-arching concept in the participants, said Cpl. Nicholas T. Odani, CBRN chief for BLT 2/2.

"[CBRN] threats are very real," cautioned the Torrance, Calif., native. "Marines need to always have that somewhere in their minds."

To help get this point across, the CBRN Marines supervising the training periodically unleashed CS gas grenades on the participating troops without warning, ensuring that, by the end of the day, every leatherneck at the range had an M-40 field protective mask within easy reach to help negate the irritating effects the riot-control substance creates

After the smoke from the initial gas attack cleared, the instructors had the Marines and regional forces training alongside them don gas



Mission: Lance Cpl. Kevin J. Kropf adjusts Pvt. Brandon E. King's M-40 field protective mask at a range in the Middle East, May 26.

masks and step up to the range firing line to get a feel for the effects the masks have on rifle marksmanship.

"You really have to modify the way you aim with the mask on," said Cpl. Dan G. Armstrong, a team leader from Company E, BLT 2/2 and a Long Island, N.Y., native. "We don't get to shoot with the masks on very often, so it was definitely a useful experience.

experience."

After testing the effects the masks had on marksmanship, Marines and regional troops donned mission oriented protective posture suits to validate the gear's protective attributes with a trip into a modified gas chamber set up in a tent gas chamber set up in a tent.

Once inside the cramped space, filled to the roof by wafting clouds of stinging CS gas crystals, troops were led

a CBRN specialist through a set of exercises.

The troops were initially instructed to shake their heads vigorously back and forth, simulating the strenuous movements of combat, before being told to lift the masks off their faces, exposing them to the irritating

agents in the air.
After all present had broken the seals of their masks, the troops were told to put them back on and clear

The uncomfortable experience was designed to assure the troops of the mask's ability to safeguard them from harmful airborne agents, said Odani.

"If the mask is worn properly, a Marine can make vio-lent movements and still be protected from [CBRN] threats," he explained. "The

[gas] chamber is all about building confidence in your equipment.

With the chamber complete, troops moved on to a decontamination line established by the regional forces. The decon line consisted of several stages through which the troops stripped their protective gear bit by bit, a technique designed to ensure uncontaminated

zones remain that way Giving the participants the know-how to operate the decon line was an important focus of the training because they, rather than actual CBRN defense personnel, will likely be the first to encounter CBRN hazards in a combat environment, said

In addition to enhancing

See TRAINING page 9A

### Key leaders meet at Commanders' conference

Maj. Nat Fahy

Nearly eight months after Marine Corps Installations East reached full operational capability, senior leaders from each of the command's seven East Coast installations met for their third quarterly commanders' conference at Marine Corps Air Station Cherry Point May 15-16.

Commanders and their senior enlisted advisers spent the two-day session receiving regional level updates and discussing issues and challenges specific to their bases. The gathering was to provide commanders and key staff the opportunity to meet in a face to face forum, and obtain guidance directly from com-manding general, Maj. Gen. Robert C. Dickerson.

Of primary interest during this session was the future impact of a permanent troop increase of 27,000 to a total force of 202,000 Marines recently approved by President George W. Bush. While Congress will eventually have to authorize funding for such a measure, the regional commands are laying the groundwork early. "Initial rapid planning is being replaced by deliberate assessments of bases' capacities and capabilities in order to identify gaps and plan for potential growth,"

See LEADERS page 9A

### Prior planning speeds response to mishap

Lance Cpl. Nikki M. Fleming

MARINE CORPS AIR BEAUFORT, S.C. — Amidst the tragic crash of Blue Angel #6 and the death of Lt. Cmdr. Kevin J. Davis during the final moments of the Air Show here April 21, strategic planning and prior training allowed first responders — both military and civilian — to deal with the incident with professionalism and a sense of

urgency.
Literally moments after the crash, Fightertown's Aircraft Rescue and Fire Fighting Marines were on sion to pre-stage emergency equipment off-station in anticipation of the worst

During all Air Show events and practices, an ARFF four-man P-19 crew and a rescue vehicle with a staff non-commissioned officer was staged at the Laurel Bay Fire Department to respond to any off-station incidents, because the main ARFF component was posi tioned on the far side of the air field, according to Master Sgt. Thomas Karambelas, the staff noncommissioned officer in charge of ARFF.

"We decided to keep our truck in Laurel Bay so we would still be on a Department of Defense installation and we could get off base in a hurry, Karambelas said.

Cpl. Nicholas Dale, a crew

chief with ARFF, reflected on how having the P-19 stationed Laurel Bay was essential to their rapid response.
"If that crew hadn't been

in Laurel Bay, the other crew wouldn't have been to the scene until about 10 minutes after the incident," Dale said. "Our first crew was there in approximately four minutes and ready to render first aid to the downed pilot."

ARFF also decided to have

all Marines on duty for the entire weekend, instead of observing the normal shift schedules. According to Karambelas, having the entire crew on duty when the mishap occurred was critical and looking back, having to re-call off-duty Marines would have drastically affect-ed ARFF's ability to respond.

To me it wasn't a big deal to have to work the entire weekend since I was already going to be there, but it was a smart idea to have both sec tions working," Dale said. " don't think that one section alone could have run an emergency response themselves. It was definitely a team effort."

Members of the Provost Marshals Office and the Air Station Structural Fire and Emergency Services Department also arrived within minutes of the crash and assisted ARFF on scene, as well as Beaufort County first responders.
As ARFF and local fire

See MISHAP page 10A



Tools: Snap-on tools were recently donated to the Marine Corps Base Auto Hobby Shop. The tools were confiscated in a government fraud case.

### Cracked fraud case nets tools, savings

A former Marine Corps Base Camp Lejeune employee was sentenced for fraud and mail fraud in a federal court in Raleigh, N.C., May 4, for receiving federal worker's compensation for a work-related injury and failing to report to the Office of Workers' Compensation Programs.

The former employee was operating a car repair and sales business in the local community, while receiving federal workers compensation.

bought [more than] \$20,000 worth of Snap-on tools and a Snap-on machine," said Todd Foley a supervisory special agent for Marine Corps Air Station Cherry Point, N.C.

The former employee

"During that time he

ice, a special assessment fee of \$200, and was ordered to pay restitution to Camp Lejeune in the amount of \$25,000, Foley added.

The amount was paid in full at the time of the sentencing and the funds were credited back to the base

"In addition to the \$25,000 restitution, more than \$40,000 which had been seized from the former employee during the investigation, was also credited back to the base for total of more than

\$65,000," explained Foley. In addition, all of the Snap-on tools and a Snapon tire machine seized during the investigation were released to the base's Auto Hobby Shop on MCB Camp Lejeune

Lance Cpl. Randy Little
Marine Corps Base
Marine There were more than 80 tools seized during the investigation, totaled more than \$12,000 because they were previously used by the former employee, said Mike Payne, a special investigator with Cherry Point.

"Including the tools seized, the base received more than \$76,000," said Paul Chicarelle, a criminal investigator for Camp

Because of the keen investigation by both Camp Lejeune and Cherry Point investigators, the annual cost avoidance to the operating budget of Camp Lejeune as a result of this conviction is more than \$28,000 with a lifetime cost avoidance of more than 1 million dollars over the life time of the claim, explained Foley.

What are your summer plans?



"I'm spending time with my family.

Petty Officer 1st Class Patrick Connelly

"Seeing my family."

Pfc. Michael Rodriguez





"Continue training and prepare for deployment."

Lt. Col. Ralph Dengler II MEF, IIMHG

"Spend time with the family.

Sgt. Casey Griffith amphibious Assault Battalion





"Hit the beach, do a little fishing.

Capt. Rob McCullough

# d you know?

Lance Cpl. Randy Little

Pedestrians who are out jogging, walking or bicycling this summer need to look out for a few things to stay safe. If you're out participating in any of these activities you need to ensure you are walking or running on the left side of the road facing traffic. This makes it easier for you, the pedestrian, to watch out for oncoming vehicles.

Never impede the flow traffic and always use side-walks when available to you. When running before dawn and after dusk, remember to wear your reflective gear because it will be harder for motorist to see with the absence of light.

As a pedestrian you should remember you always have the right-of-way when crossing the road in or out of a cross walk,

but ensure it's given to you by motorists before attempting to cross the road.

When bicycling, observe the same rules and regulations as motorists and remember to ride with the flow of traffic in single

Also riding on Holcomb Boulevard between Brewster Boulevard and Sneads Ferry Road is prohibited.

You may, if you choose, ride at night but make sure your bicycle as the proper reflective gear on it and always remember to wear a helmet.

If you wish to roller skate or skate board, remember its confined to housing areas and barracks parking lots, use is pro-hibited anywhere else. You must also conduct yourself as a runner or bicyclist by wearing the proper reflective gear when necessary.

A common mistake for most

runners or other pedesti wearing headphones i ears, remember never both ears because you y able to hear what's go

around you. Also stereo volume sh set at a level that do restrict your hearing or people walking or j

beside you. ARINE COR. For motorists rememb phones can only be used hands-free device. Hea Aboard must be used during rain with Marin visibility such as fog, an belt use is always requi

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Air Station,

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te detachm

all passengers.
Always remember to sober or not at all, if yo been drinking call a fri use your Arrive Alive c training crui. get back home.

Follow these safety tip ing your summer and rem to have a great time and back alive.

Alligator safely trapped, released



Captured: According to Martin Korenek, Land and Wildlife Resources Section, Environmental Conservation Brand Marine Corps Base Camp Lejeune an alligator measuring 10'8" was trapped at the Waste Water Treatment Plant. The alligator was successfully captured and relocated Monday evening, it was captured by Environmental Conservation Branch staff with assistance from employees at the Waste Water Treatment Plant. Korenek added that the animal successful successful to the successful s faced long enough to allow Kevin Driscoll, a Wildlife Technician with the Land and Wildlife Resources section to ge snare around it's neck. After some thrashing and a bit of a struggle, the alligator calmed down. Environment Conservation Branch Staff then attached several more ropes to the animal and the group was able to quickly guide to the bulkhead nearby where it was pulled out onto the lawn. It was safely secured and loaded into a truck for trans portation to a release site. It was returned back to the wild unharmed, in a remote area on the base.

### Tips for an accident-free summer accidents never took a safe

The summer season is rapidly approaching. Memorial Day to Labor Day is traditionally the time for outdoor recreation activities Recreational mishaps have proven to be a leading cause of injuries to our Marines and sailors. Recognizing the hazards associated with common recreational activities and following the suggestions below will aid in keeping your summer accident free.

· Travel. Whether it is a trip across town or across the state, wear a seat belt Before you begin on your trip consider the distance, route of travel, traffic conditions veather and your time table before you depart. Alcohol, speed and fatigue are the dominant factors in most vehicle mishaps. Most vehicle mishaps. Most importantly, seat belts and helmets save lives but only work if you wear them.

· Heat conditions and acclimatization: While conducting physical activities aboard the base remain aware of the current flag condition, when not aboard the base there are no flag condiattention to the heat and plan your outdoor activischedule accordingly.

Destructive weather: The summer season also brings with it the chance of hurricanes and thunder-storms. Be prepared, there will usually be an advance warning if a hurricane is approaching giving time to plan but a thunderstorm can appear quickly giving little time to react. If you are caught in a thunderstorm seek shelter, disconnect electrical devices and move away from radios, antennas, underground metal objects.

· Swimming: Do not overestimate your swimming skills. Be aware of undertows/riptides. Avoid alcohol. Never swim alone and ensure you are familiar with

buddy; never alone. · Boating: The over-whelming majority of boat operators who have fatal

the area before you "dive in." Scuba diving: Certification is a must and only dive with a certified dive

boating course. Take one. Intoxicated operators cause a significant portion of all serious boating accidents. Be aware of weather conditions and file a float plan. Do not exceed the boat load capacity and ensure every person in the boat has a personal floatation device.

Personal Watercraft: Riding a PWC can be exciting but it can turn deadly in a few seconds. Always wear a personal floatation device and utilize the engine "kill switch". Maintain a safe distance from other PWCs and

· White water rafting: Know your limitations and scout the area. Wear a helmet and personal floatation device. Utilize a local guide in unfamiliar waters.

· All terrain vehicles/offroad motorcycling: Know your equipment and stay on designated trails. Wear pro-

tective equipment/clothing and utilize the buddy system. Barbecuing: Utilize approved lighter fluids, never gasoline. Stand upwind when lighting the grill. Open the cover on propane grills before lighting. After cooking, shut the propane bottle valve off and let the gas in the lines

· Lawnmower: Wear eye protection. Remove objects/hazards from the lawn before mowing. Ensure the lawnmower is cool before refueling. Mow up and down slopes when utilizing a riding mower, mow across the slope with a push mower.

· Alcohol: Alcoholic beverages have a place at some social activities. However, remember it reduces performance, impairs judgment and increases the willingness to take risks. If you choose to drink, do so responsibly and do not drive. Be sure to plan accordingly and always have a designated

Commanders Leaders: Enjoy the summer season and make it your business to ensure you as well as the Marines and sailors in your charge have a safe as well as an enjoyable summer. To assist you in your duties, see the "Leaders Guide" available below and at https://intranet.mcieast.u smc.mil/C12/Workplace %20Safety%20Informatio n%20S/default.aspx. Remember Marines, we

live by our ethos.

Commanding General, Marine Corps Installations East Mai. Gen. Robert C. Dickerson

Commanding Officer, Marine Corps Base, Camp Lejeune Col. Adele E. Hodges

MCIEASTIMCB Public Affairs Officer Maj. Nat Fahy

Public Affairs Chief Staff Sgt. Michael Mink michael.mink@usmc.mil 451-7408

MCIEASTIMCB Press Chief Sgt. Salju Thomas

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347-9624 ext. 107

Managing Editor Ena Sellers ena.sellers@militaryn istant Managing Edito

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### w? hunderbolts, Sidewinders rap-up final training ruise before deployment

Cpl. John Jackson rine Corps Air Station Beaufort

MARINE CORPS AIR during rain ATION BEAUFORT, - Aboard the USS terprise - Marines and lors with Marine Fighter tack Squadron 251 and tt all, if yo, uadron 86 completed a two-call a fine ek training cruise aboard tye Alive a. USS Enterprise May 31. e safety the over the past several ter and reparts to part the past several ter and reparts we participated in three transfer of the past several transfer of the past several transfer over the past several transfer ov parate detachments from Air Station, preparing em for their upcoming ployment on terprise this summer.

This recent training evoion on the "Big E" is the adrons' second round on ship since returning from seven-month deployment pard the aircraft carrier in vember 2006.

Both squadrons boarded Enterprise with basically goal in mind — getting epared for combat.

is essential for the adrons to be here on the p so we can be well ined when we fly combat ssions," said Capt. Michael en, a Thunderbolt pilot. e want to make sure we all the training possible ore going [to combat] so don't have to learn any sons there."

Besides preparing each trine and sailor for comgoing aboard the terprise for two weeks owed the squadrons to get niliar with the ship one

re time.
"Working on the ship is

ent Plant Conserv

at the Air Station," said Navy Lt. David Dartez, a Sidewinders pilot. "We all need to reintegrate ourselves to performing on the flight deck and the hangar bay of the carrier.

While on board, the squadrons are fine-tuning skills they had been working on during previous detach-

"Coming to the ship allows us to tie everything that we have learned together," Allen said. "While at [Naval Air Station] Fallon, we focused heavily on dropping bombs and air-to-ground fighting tactics. Now we can use those skills while operating off the carrier.'

Not only do pilots experience a different atmosphere while aboard the Enterprise, maintenance personnel have a different lifestyle as well.

"The maintenance crew has done an outstanding job," Dartez said. "Working on the flight deck and on the hangar bay can be a very dangerous and scary envi-ronment, but they are handling it great.

Although being away from the Air Station and from family can be difficult for the Marines and sailors, this last training cruise before the squadrons' deployment is very important, according to

"There is no substitute for the carrier environment," Allen said. "I think after this training cruise, we have gained a lot of confidence in ourselves as a unit to perform in combat."

### Anbar police combine forces, patrol with Coalition



of 2nd Battalion Guard Regiment Police Transition patrol with Iraqi the cities of Ferris, Amariyah and Habaniyah, May 16. The the Anbar region is a positive sign progress being made by Coalition Forces throughout the

### Swimming safety: Avoid becoming a victim of rip currents this summer

Sgt. Lukas M. Atwell

MARINE CORPS AIR STA-TION BEAUFORT,

Summer is here and the beaches are mobbed by sunbathers, swimmers and surfers. While many beachgoers are frightened by skin cancer or shark attacks, few will take steps to protect themselves from the beaches'

deadliest threat.

The United States Lifesaving Association estimates more than 100 people die every year as a result of

rip currents.
"Two Marines from [II Marine Expeditionary Force] have already drowned this summer due to rip currents," said Ronald L. Lanoie, the safety director for the air station.

Rip currents account for 80 per cent of all rescues performed by lifeguards on surf-beaches in the U.S.

the beach, Lanoie explained. Rip currents are caused as waves hit the beach, causing water to accumulate near the shore. The water then seeks the path of least resistance back into the sea, creating a pressure toward

current of water flowing away from

This pressure causes a fast-moving current of water to push out into the sea from the shoreline, usually starting between two submerged sandbars. All of this happens below the surface, making the rip current hard to detect.

"Rip currents are terrifying because they catch you off-guard ... one minute you're swimming along in the surf, the next you're being dragged out to sea at top speed," Lanoie said. "Unlike violent, crashing waves, you probably won't notice a rip current until it's too late."

Rip currents have several warning signs swimmers should be aware channel of churning or choppy water or an area with a noticeable differin water color. Also, avoid breaks in the incoming wave pattern and lines of debris or seaweed steadi-

ly moving out to sea. The National Weather Service also recommends people avoid swimming near piers and jetties because permanent rip currents often exist near these structures.

If swimmers are caught in a rip current, they should remain calm and try to conserve their energy, according to Lanoie. They should never try to fight against the current

"Think about it like a treadmill you can't shut off," Lanoie explained. You want to step to the side of it. In a rip current, you should swim across the current in a direction following the shoreline.

See SAFETY page 6A





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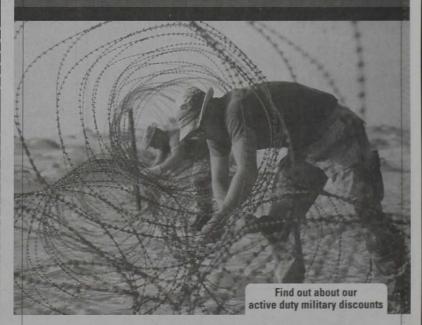
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### Reenlistment incentives not automatic

Art Powell

MARINE CORPS LOGISTICS BASE ALBANY, Ga. — At a time when the Marine Corps is growing and there is a need for new recruits, every current Marine is eligible for a \$10,000 reenlistment bonus, if

they qualify.

For the Marines to take advantage of the incentives out there, they have to have their training up to date, be within the height and weight standards, and meet all the requirements," said Sgt. Maj. Randall Kennedy, sergeant major, Marine Corps

Logistics Base Albany.

We have to make sure that we afford the Marines an opportunity to get their training, that they're getting their professional military education done, and that we're sitting down with them and talking about what it is they want to pursue from a career standpoint. See where they are now and ensure we point them in the right direction so they can take advantage of the opportunities that present themselves, said Kennedy

He pointed out if a Marine has a score on any item that can't be waived, "Then guess what? They can't get an incentive."

Kennedy said it's important Marines be helped, if needed, to become qualified for

incentives. "If  $\Gamma$ m counseling a Marine about a possible move, and see that he's not qualified, then I need to build a regimen so that I get him into a school or training where he can get his scores up and qualify to apply for a career move or an incentive," Kennedy

Kennedy added there are cases aboard MCLB Albany of Marines who want to reenlist and take advantage of incentives, but can't because they don't meet the stan-

dards necessary to qualify.

"As a leader who has Marines in these programs, I have to take an active interest to make sure we're doing everything we can to get them back within the standards, they can remain in the formation, the fold, the family, and then take advantage of the incentives. It's basically taking care of Marines, that's what it boils down to,' Kennedy explained.

Specialists within the base career retention office say the current bonuses repre-

Reduce your morning commu

· Follow directions given by the gate sentry.

Ensure your DoD decal or visitor's pass is current
Pay attention to the signs and have your ID card out.

The incentives are getting better. In the past, only the [military occupation specialties] that rated a bonus got a bonus. But this year [for fiscal year 2007], every Marine qualifies for a \$10,000 Assignment Incentive Program bonus if they're eligible to reenlist for at least four years. Nothing less than four years and they can't be at service limitations for rank progression," service limitations for rank progression," said Sgt. Esme Holliday, MCLB Albany base career retention specialist.

And making rank within the prescribed time-line isn't the only thing Marines must do to qualify for the reenlistment bonus.

"Also, in order to qualify, a Marine must be within the height and weight standards, they must be able to pass a full [physical fitness test], no partials. For corporal and below, they must have at least a 4.3 or 4.0 mark on proficiency and conduct, not more than two non-judicial punishments and no DUIs," Holliday said. She added that the DUIs could be waived, but more paperwork would have

Other incentives currently available include duty station preferences. include duty station preferences. Even though there's a great need for Marines to deploy, many Marines request specific assignments but monitors sometimes assign them to deployable units. But Marines do have the option of trying to pick where they go next, added Holliday.

Shifting jobs is another option. Marines can make a lateral MOS move if they are unalified. For some, it requires testing and

qualified. For some, it requires testing and physicals. Such a move, said Holliday, is best done near the end of a Marines first term of service

School seat incentives exist for jump

More incentive programs are expected to be announced for the next fiscal year, which

'Additional incentives are expected because there's a need for more Marines since the force is growing. We need people and we want more people to remain in the service. So, we're reaching out to meet their needs and draw them back," said

For more information on these topics, go on-line to www.usmc.mil and click the "MARADMINS" link under the "Quick



Lance Cpl. Doug Pa

Recycling: Capt. Mark Fenwick, the airframes division officer-in-charge with Marine Tacti Warfare Squadron 2, adjusts one of the can and bottle recycling centers.

### Unit sets squadror recycling standard

Lance Cpl. Doug Payne

MARINE CORPS AIR STATION CHERRY POINT, N.C. – Marines with Marine Tactical Electronic Warfare Squadron 2 finished developing a new recycling program in February that is redefining the way their squadron recycles.

The program, which previously replaced restricted recycling processes, now allows the squadron to col-lect, compact and transport most waste materials. These materials include aluminum cans, glass bottles, cardboard, white

paper and scrap metal.

"Essentially, I developed a plan of action," said Capt. Mark Fenwick, the airframes division officer-in-charge with VMAQ-2. "I had to find a way to organize the squadron's recycling habits to form a Quality Recycling Program."

Fenwick said he worked with the Environmental Affairs Department to determine the amount of resources necessary to recycle the squadron's materials. Supply also helped determine collection and transportation methods.

For white paper, Fenwick arranged for sev-

collection bins throughout the shops and larger bins on the hangar deck. He also set up two can and bottle recycling centers, and garbage containers with can crushers.

"[The can crushers] were one of the more novelty things about the program," said Fenwick. "[Marines] actually like coming in and getting to crush the cans."

Fenwick said Marines throughout the squadron are managing the transportation of recycled materials for now.

Fenwick also said the squadron is looking into other long-term methods the station may provide for the transportation aspect of the program.
"From my standpoint,

the more convenient recycling is made, the more Marines will be willing to participate," said Fenwick. We went from piggy-backing off of a (Naval Aviation Depot) contracted service for recycling white paper, to fully operating our own recycling program for all waste materials. We want to reduce environmental impact and the volume of solid waste in an effort to save the government money."

According to Fenwick, representatives are being

selected from ea squadron to be an enviro coordinator their unit.

Marines of Spec

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"Environmental Affai Department will be offer ing environmental coore nator and assistant coord nator training," said Alic Filzen, Cherry Point's sol waste manager. "Th waste manager. course provide Department of Defens

personnel with a fureview of applicab Federal statutes and the INCHO, Chi implementing regulations d post for the

'As an environment coordinator, we are respon sible for a monthly audit said Fenwick. "The aud includes (status reports or pollution, hazardous materials, solid waste, and recy cling efforts.

Aside from the select ed environmental offi art of regional cials, Marines in the mong nation squadron have shown sparked interest in the May 18 and May 1 program, and are begin a, May 18 and ning to support it.

"I am somewhat of a environmentalist myself, said Lance Cpl. Anto Brathwaite, a seat sho mechanic with VMAQ-2 "I do appreciate the program, and I think the other junior Marine notice the command' efforts and are beginning to get involved."

### Lost and Found

The Base Lost and Found Department at the Provost Marshal's Office is open Monday thru Friday from 8 a.m. to 4:30 p.m. in Building 3. Items found and ready to be clamed include: Wallets, jewelry, bicycles, Military identification gear, cards, driver's licenses, keys and cellular phones. For more information, call 451-

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Affair Is: Marines of Special Purpose Marine Air-Ground Task Force 24 make landing in Cifuncho from the USS Pearl Harbor (LSD-52) to begin their second phase of training for Partnership of the Americas util look of the Institute of the Institut

### said Alic Point's sol Marines have landed in of Defens th a fu

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VMAQ-

s and their egulations UNCHO, Chile — Standing up a ironment, nd post for the second time this week are responde are elements of the 24th Marine thy audit ant, deployed as a regimental head-"The audit is for the first time outside the United reports on since Operation Desert Storm in 1991. dous mate Marines are deployed aboard the USS and recy.

or as the Amphibious Task Force ership of the Americas 2007, an the select exercise conducted in South America in the imong nations of the Western shown a shere. Special Purpose Marine Airst in the I Task Force 24 stood up in Kansas are begin to., May 18 and immediately deployed it toric a silf to Fronte Arraya. Chilin tegic airlift to Fuerte Aguayo, Chile,

in order to set up a command post and begin training with the Chilean Marine Corps.

"This training provides an incredible opportunity for the individual Marines to refine their skills and train in a different environment," said Col. Brent Dunahoe, Commanding Officer of 24th Marine Regiment. "It's also a great opportunity for the Reserve Component of the U.S. Marine Corps to demonstrate its operational agility and viability as we move into the 21st century.

Underscoring the need for a technologically updated command post, SPMAGTF 24 is fielding its Universal Operations Center overseas for the first time. The UOC gives a regimental command the ability to obtain real-time information, and a common battle picture with subordinate battalions, through

"Today's battlefield is extremely lethal, complex and chaotic," explained Lt. Col. Russell Scott of Raymore, Mo., Operations Officer for 24th Marines, as he gave a tour of the system to members of Chile's armed former of the system to members of Chile's armed former. forces. "The modern command post needs to operate in a digital age, and pass maps and information electronically. It needs to have the ability to maintain multiple command posts, fixed and mobile, at the same time. The answer is the UOC."

In addition to set-up and demonstrations of the UOC, the task force spent its time in Fuerte Aguayo engaged in training and professional military exchanges with Chilean Marines, who opened their base up for the 'Norteamericanos' to use. The barracks, chow hall and officer's quarters of Detachment

Miller, the host unit for this portion of the exercise, were shared with U.S. Marines all

Marines also had the opportunity to enjoy liberty in nearby Viña del Mar, a seaside city that booms in the Southern Hemisphere's summer months. That seasonal reverse of climate provides excellent conditions for training, but leaves some Marines wishing this exercise could be conducted in their warmest season the next time around.

"The opportunity to engage more of the civilian population may be stronger in the summer months, when the people spend more time outside," said Staff Sgt. James T. Palmer of Milwaukee, Wisc., 24th Marine Regiment Radio Chief. "But I think the training will be outstanding for

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# 26th MEU engineers breach bi-lateral demolition train rava 1

Cpl. Jeremy Ross

MIDDLE EAST Marines from the 26th Marine Expeditionary Unit's Combat Engineer Platoon lit the fuse on three days of live-

Working alongside a similar unit of engineers from a regional nation's military, the Marines sharpened their breaching and landmine clearing skills. The demo training was

also designed to give the 37-Marine platoon, part of the MEU's Battalion Landing Team 2/2, a break from their duties as attachments to the unit's infantry companies, enabling them to focus solely on engineer-specific skills, said 1st Lt. Perry B. Akin, the platoon's commander and a St. Louis native.

The day began with a series of breaching drills in which the Marines and regional troops worked in integrated teams to demolish roadblocks simulated by strands of concertina wire During the drills teams rolled up to the roadblocks in a humvee, established secu-rity and eliminated the obstacles using Bangalore charges.

Throughout the Marine engineers gave class-es to their Middle Eastern counterparts on a number of breaching techniques, including roadblocks, door window obstacle removals.

Giving instruction to the regional engineers served to further enhance his own pla-

toon's know-how, said Akin.
"It is always good to teach a group unfamiliar with your tactics," he explained. "It

Concentrated effort: Sgt. Paul W. Schmotter, a squad leader from Combat Engineer Platoon, Battalion Landing Team, 2nd Battalion, 2nd Marine Regiment, 26 M Expeditionary Unit, sights an M-18A1 Claymore anti-personnel mine at a range in the Middle East, May 23. The engineers were conducting live-fire demolitic in alongside regional forces.

really forces you to know the material you are presenting inside and out.

The Marines were not the only ones to give advice dur-ing the bilateral evolution as regional forces shared their expertise on clearing landmines, just one of the diverse battlefield missions combat engineers are ready to tack-

"They bring a lot of expertise on landmine warfare to the table," observed Akin. "It is also brings exposure to a different culture

sure to a different culture and military, which is always a good thing." After concluding the bilat-eral portion of the day's training, the Combat Engineer Plt. moved on to practice their employment of the M-18A1 Claymore antipersonnel mine.
The Claymore is common-

ly used by combat engineers to augment roadblocks they construct to impede enemy forces, making it an essential focus of the training, said

Sgt. James N. Curry, a combat engineer squad leader with the platoon and a native of Petal, Miss.

Getting a chance to work as a consolidated unit for only the second time during the MEU's current deployment helped make the demolition training even more valuable to the platoon, who are tasked throughout BLT 2/2's infantry companies in squads of nine, said Akin.
"Getting away from the

rest of the battalion and

focusing just on engineer training has helped us better our skills on all levels,' agreed Lance Cpl. Jon C. Balko, a combat engineer with the platoon and a native of Harrison, Mich.

The platoon also took advantage of the expansive desert range areas here to make the most of their explosive training.

"The training we can do here is twice what we can do back in the states because we are not in conflict with other

units for ranges and a lot more room to explosives," said Ak .

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The 26th MEU second for the country of th

rently in the fifth in a routine, scheduled ment that began J the landing force for Expeditionary Group.

### SAFETY CONTINUED FROM 3A

If a swimmer cannot escape the current, they should remain calm and try to float until the current subsides offshore, according to Lanoie. They should then swim toward the shore at an angle away

from the current. Perhaps the important protection a swimmer may take to the beach is knowledge of how to spot and survive a rip current. With increasing coastal populations and more people heading to the beaches every summer, rip currents will continue to be a deadly hazard. The time you take to under-stand rip currents will help you protect yourself and your family when vis-iting the heach iting the beach.
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Cpl. Rick Nelson nd Marine Division

HADITHA, Iraq — Any ation of time away from ends and family can take coll on the hearts and nds of all those involved. e recent surges of ployments to Iraq are no ferent for service mem-

bers and their families. While some wish to never deploy again after their first of second tours, some Marines look forward to their deployments.

Such is the case for Gunnery Sgt. Eugene Holiday Jr., radio chief, Headquarters and Service Company, 1st Battalion,

3rd Marine Regiment, who is voluntarily back in Iraq for his seventh time.

Holiday realized in 1992, during his senior year of high school, he wanted to follow in the footsteps of his father and become a Marine.

"My father was actually disappointed when I decid-

ed me to take one of the football scholarships I had been offered and go to college," said the Jasper, Ala., native. "I had a friend who took a football scholarship the year before and during his first year of college he was injured and had nothing to fall back on, and I didn't want to take that

chance, so I decided the Marine Corps would be a better decision

Holiday left for Marine Corps Recruit Depot, Parris Island, S.C., Aug. 3, 1992 where he began recruit Battalion, Platoon 2098.
"When I were

"When I went to boot camp I joined as open condidn't care what job I got as long as I was a Marine," he said. "When I found out I was put into the communication field I was pretty happy because it was a technical job."

Upon completion of basic

See SANDBOX page 11A

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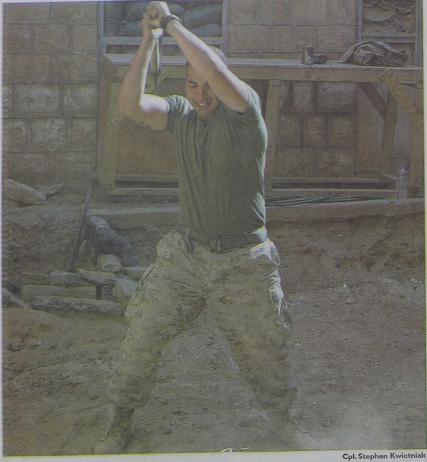


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**Ground pounder:** Lance Cpl. David Hernandez, combat videographer, Headquarters and Service Company, 1st Battalion, 3rd Marine Regiment, helps to loosen up the dirt while leveling the ground during construction of Vollmer's Cinema April 25.

### New movie theater help Marines relax in Hadith

Cpl. Rick Nelson

HADITHA, Iraq - During combat operations, Marines and sailors are often faced with many stressful and strenuous scenarios. At 1st Battalion, 3rd Marine Regiment, Headquarters and Service Company forward operating base located in the city of Haditha, Iraq, areas are set up for them to sit back and relax after a hard days work.

Vollmer's Cinema" was unveiled after Marines from different sections of the unit took time to build an amphitheater in an area that was previously used as a sandbag pit.

"I thought of the idea to make the theater one night when the Marines

were sitting around watching a movie on nothing more than a small screen," on nothing more than a small screen, said theater namesake Gunnery Sgt. Donald J. Vollmer, assistant operations chief, Headquarters and Service Company, 1/3. "It took us all about 24 hours to build the theater. It was good to see all of the Marines out here helping, and it couldn't have been helping, and it couldn't have been done without them. I think they knew it would be a place for them to sit back and relax after a strenuous

During the operation, dubbed "Operation Construct Theater," Marines leveled the ground, built seats out of wooden pallets, made a

large screen and created a device holds the movie projector.

holds the movie projector.

"It was definitely worth the vand turned out really well,"
Lance Cpl. Mike R. Silva, Ji
Platoon, Headquarters and Ser
Company, 1/3. "The theater kin
adds a taste of home, and makes
feel like I'm closer to the states."
Silva, a native to Lakeworth

Silva, a native to Lakeworth, l added theaters aren't something see at many FOBs.

"While the movie was playing, could tell the Marines were enjoy themselves," said Lance Cpl. Kyl Kahoun, operations watch none missioned-officer, Headquarters Service Company, 1/3.

"We plan on holding movie nonce a week, depending on optional tempo," said Vollmer, Albany, Ore. native. "We're alw trying to come up with ideas to I wiscome up with ideas to I wiscome up and morale am raise motivation and morale am the troops. We have a few ideas u the air right now and we're still ing to get more speakers and ot parts to enhance the theater even

Vollmer said the experience building the theater is one Marines will never forget.

'Not many people in the world say they helped to build an amphit ater in the middle of a combat zo but now these Marines ca explained Vollmer.

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### LEADERS CONTINUED FROM IA

ted Navy Capt. Jeff Voltz, istant chief of staff for tallations and istant chief of staff for tallations and vironment, who noted that nificant infrastructure ansion is anticipated at all Marth Carolina bases North Carolina bases orth the rthe next several years.

The group also learned of eral ways in which region-

ation is transforming how and Ser iness and operations are ducted. Specifically, nd make ducted. Specifically, and make states, in the states, in t playing and the flow of aviation nd the flow of aviation of the flow of aviation of the flow of aviations. The flow of aviations of the flow of aviation of the flow of the flow of the flow of aviation of the flow of th movie of ding on a particular airyollmer, en.
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individual stations determine where specific shortfalls exist across the ATC spectrum. The Regional Contracting

Office also had positive news to report regarding its gov-ernment charge card auditing procedures. MCIEAST's procedures. MCIEAST's efforts at standardization, careful monitoring and continuing education at each installation yielded a \$96000 rebate from the card provider as a result of its timely certification and payment of credit card accounts, according to Paula Salter, contract manager for MCIEAST.

"This is proof positive that regionalization really works," she said. "The way things are now, we are able to help our individual agency program coordinators achieve a better understandcoordinators ing and control of their card accounts. In turn, we're able to have a snapshot of all the bases in order to determine where there are weaknesses that need bolstering.

Further topics addressed included base security and safety, disaster contingency plans and Marine Corps Community Services. The next day, MCIEAST installation community tion commanders resumed round table discussions in closed door sessions with Maj. Gen. Dickerson

Since its last gathering at Marine Corps Logistics Base Albany in January, MCIEAST witnessed several top-level staffing transitions. In April, Sgt. Maj. Ralph Drake was appointed as the

new MCIEAST sergeant major, having taken over for the retiring Sgt. Maj. Charles Tucker. Additionally, Col. Brant Bailey, assistant chief of staff for training and operations and Col. Thomas Qualls, director for aviation policy and plans retired this past month after 58 years of collective service. Current Chief of Staff Col. Stephen Forand will retire in early

The primary mission of MCIEAST is to implement policies, develop regional strategies and plans, prioritize resources and provide services, direction, and oversight through assigned U.S. Marine Corps installations to Marine Corps installations to support the Operating Forces, tenant commands and activities.

Regionalization has provided an advocate for common installation issues such as services provided by the Defense Reutilization Reutilization Marketing Office and the planning for and implementation of the Enterprise Land Mobile Radio System. MCIEAST continues to MCIEAST continues to review the 37 Marine Corps Business Processes across the region with the goal of standardization of quality of sup-port. Currently there are four port. Currency the ongoing process reviews: Aviation Operations, Force Range Management and Personnel

The next meeting is slated to occur in October at another MCIEAST installation. ■

### Anchorage native leads with experience

Lance Cpl. Eric C. Schwartz

AL RAFTA, Iraq — The backbone of the United States Marine Corps is its noncommissioned officers. Senior leadership depends on these Marines, more commonly referred to as NCOs, to make deci-

referred to as NCOs, to make decisions affecting the lives of thousands of lance corporals, privates first class and privates alike.

One NCO in particular, Cpl. Shawn Atwood, a squad leader with 3rd Platoon, Company C, Task Force 1st Battalion, 4th Marines, Regimental Combat Team 2, leads with honor, courage and commitment while allowing and commitment while allowing others to learn and become lead-

ers themselves.
"When I became a corporal, my eyes opened up to more responsi-

bility," Atwood said.

The Anchorage, Alaskan native became in charge of 10 Marines the day he pinned corporal chevrons to his collar.

"Picking up corporal didn't change me into a micro-manager," Atwood said. "I didn't let it get to my head.

level-headed The Marine learned from his senior leadership that a loud voice isn't equal to leading by example.
"He won't ask his Marines to do

anything he won't do himself," said Cpl. Justin Rubley, a team leader with 3rd Platoon, Company C.

"Even the privates and PFCs have important things to say," Atwood said. "[They] don't go unheard or unanswered."

Atwood meticulously plans his missions alone and deep in thought, but encourages input from his squad members because he feels the more ideas, the better

"Î listen to my experienced Marines no matter what rank is on their collar," Atwood said, "because their collars may hold different weight but it's our shoul-

The squad leader feels Marines with educated opinions make strong leaders because they think

"If a Marine can step back, survey a situation and act on his own then that means I've properly taught him how to be a leader,"

Atwood said.
"I try to create thinkers and leaders who still understand suc cession of command," Atwood

"He thinks ahead and makes sure everyone understands a mission before we go out on patrol," said Pfc. Jason Lim, a rifleman with 3rd Platoon, Company C.

Making sure his Marines know what lies ahead is as important as making sure they have working gear to survive hostile territory.

"Those simple things really mat-ter," Lim said. "If I don't have water or enough ammunition, then those things can really affect everyone and my squad leader makes sure those problems are taken care of before we leave the battle position.

He is trained as an infantryman and infantrymen know how to win battles against clearly defined armies. It's what Marines do.

"He understands being friendly toward the Iraqi people is how we are going to win this war," said 2nd Lt. Andrew Scheuer, a platoon commander with 3rd Platoon, Company C.

"He would like to see some action but is okay with the fact no action is also a good thing. That means we're doing our job here,' Scheuer added.

Atwood knows Iraqis want freedom and are willing to help Marines to help them have peace.

"You can get a lot more out of a person by treating them with respect," Atwood said. "That goes for my Marines and the locals

### TRAINING CONTINUED FROM 3A

addition to enhancing the Marines' individ-3RN defense knowledge and confidence, the g was a bilateral success as well, said nt Officer Jacob D. Carpenter, BLT 2/2 officer and a native of Kalamazoo, Mich. r allies follow the same rules of deconta-

ghtin hen Decor NC • 910.4552 I • Sot. - Appl. b ion and prevention that we do," he ed. "I think it really showed our guys that work together with them to defeat these s if we ever encounter them on the same field." Altogether, the training was successful in underlining the importance of CBRN awareness and sustainment, said Armstrong.

This is all knowledge we can take back to our individual companies to ensure everyone is as ready as possible, because you just never know when an attack might come," he said.

The 26th MEU is in the fifth month of a routine

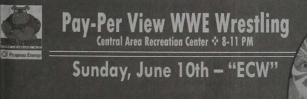
scheduled deployment that began Jan. 6 as the landing force for the Bataan Expeditionary Strike

In addition to BLT 2/2, the MEU is composed of its Command Element; Marine Medium Helicopter Squadron 264 (Reinforced); and Combat Logistics Battalion 26. ■



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Staff Sgt. A.C. Mink

With a little bit of acting and a gullible "mark," there's a lot of money to be made for the con artist or "grifter" from the military community. According to an American Red Cross release dated May 27, here's how it works...

military spou receives a call from an individual identifying herself as a representative from the Red Cross. The caller states the spouse's husband was hurt while on duty in Iraq and was med-evacuated to a hospital in Germany. The caller stated they couldn't start treatment until paper work was accomplished, and in order to start the paperwork they needed the spouse to verify her husband's social security number and date of birth.

"Fortunately, no cases have been heard of in this local area," said Tessa Gallagher, an American Red Cross representative for Camp Lejeune and New "People should be no legitimate call Cross would

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request for any personal information, such as your social security number."

The Red Cross scam is

nothing new. It's just a new spin on the "Spanish Prisoner" scam, believed to date back to 16th Century England, where the mark is approached with a convincing story about helping to gain support for a fellow compatriot being held prisoner in Spain - hence the name. It is believed to have been used again during World War II. However, thanks to phones and the internet, the sharks don't even have to come face to face with their victims to walk away with their pockets lined

In the case outlined above, the spouse was quick to catch on and she did not provide any information to the caller.

Camp Lejeune and New River are using all available avenues of approach from commanders and enlisted leaders to family readiness programs and the internet to ensure our families receive this important information and are aware of

American Red Cross representatives typically do not military members/dependents directly and almost always go through a commander or first sergeant channels. Military family members are urged not to give out any personal information over the phone if contacted by unknown/unverified individuals, to include confirmation that your spouse is deployed.

It is a federal crime, pun-ishable by up to five years in prison, for a person to falsely or fraudulently pretend to be a member of, or an agent for, the American National Red Cross for the purpose of soliciting, collecting, or receiving money or material.

The Department of Defense will contact families directly if their military member has been injured. Should any military family member receive such a call, they are urged to report it to their local Family Readiness Group or Military Personnel

For more information visit www.pueblo.gsa.gov/scamsresources.htm.

### MISHAP CONTINUED FROM IA

small ground fires, PMO and the Beaufort County Sheriff's Department began to assess scene by deter-mining the extent of the impacted area and setting up appropriate security.
"Our first concern is

human life, so as soon as we arrived on the scene, we were concerned with the pilot and civilians who were around," said Maj. Bart Logue, the provost marshal here. "Our second priority was containment of the scene. With this par-ticular mishap, we had to figure out the area of the scene, which took a little while. It was difficult at first since there was a lot of commotion and the sun was setting.

After determining the debris field, PMO set up a perimeter and assisted with evacuating families from the area that had been

affected, according to Logue.

According to William
Winn, director of the Beaufort County Emergency Management Division, the American Red Cross was brought in to help with a myriad of essential tasks, including aiding those who had been injured, providing funding for temporarily displaced families as well as providing food, water and even counseling services for

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emergency personnel who were working around the clock.

command center was set up on site to allow all the various responders to work sideby-side in the recovery efforts. As in any situation, preparation was key and the time Air Station and Beaufort County personnel spent training together in the past proved to be essen-

"All the meetings and training sessions over the years have really paid off," Winn said. "It couldn't have gone better. When you have a situation like this, it makes it easier because we've worked together before and know each other. They know our capabilities as we do

"We couldn't have done everything we have done if we didn't work with the County," Logue said. "I can't say enough good things about Beaufort County with what they provided to this operation. I'm very pleased with how everyone has come togeth-

Although the Air Station and Beaufort County have worked together for years, it was the first time for Navy Capt. Russ Bartlett, the senior member of the Aviation Mishap Board, to work with Beaufort sailors Marines,

county employee The efforts out

Station and County have b "We had all the st could have asked been really awe have this move as has."
"Our mission

secure the site ar

collect and photog parts of the aircr Maj. Drew Hess, t officer for the Blu As the recovery p April 27, a small service in honor was held the morning. The callowed both mili civilian responders together and pay to the fallen Blue Angl

"Beaufort is a town, but not any military town," W "We are all family r important. Whe hurt, we hurt. care of each other an at held, May 2st was clearly demo to have always this week." this week.

Almost a week incident, all recover in were transport Pensacola, Fla., were Aviation Mishap Berd determine the caus of mishap, which is st investigation. Ther specific timeline on dent investigation, average time is mately three month trained to



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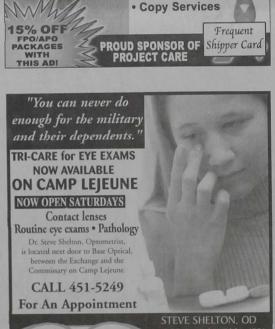
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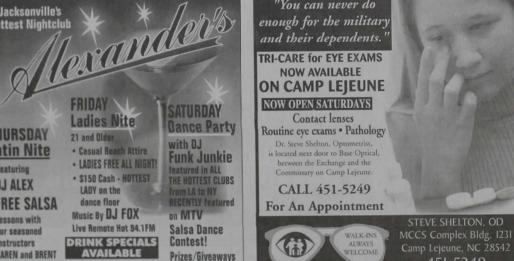
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Anthony Gua ASAD, Irac s of "Toby! were harmoni t by service mer ing for an encor ance during a co Al Asad stadiu tering to his ny music star

performed h White, and Blu an hou respect for per nilitary," said of cat, the d (people). T they do for a l at it like m ing and singing d I do for a liv Marine s come out h

> bring them a rica, a piece o re performing les like "Beer ses," "I Lov and "Whisk took time individual t is really ni like Toby ng to talk to and wome e Cpl. Jacob

ed up to do.

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### Toby Keith shares country lovin' with troops in Iraq

ash site co Sgt. Anthony Guan 7, a small a 2nd Marine Aircraft Wing (FWD)

AL ASAD, Iraq — houts of "Toby! Toby! both mile loby!" were harmoniously responders elted by service members

rand payth eleted by service members rand payth eleted by service members rand payth general grant and payth grant meline on that I do for a living and stigation, oldiers, Marines and time is a allors come out here and tree months et it on. This is what they are trained to do and re trained to do and igned up to do.

I can come over here I can come over here depressed as you merica, a piece of home."

The fasting of the fast of the fasting of the

"It is really nice to see en like Toby who are illing to talk to ordinary en and women." S Cell en and women," said

motor transport mechanic for Marine Aircraft Group 29. "I really appreciate him coming out here to show his support for all of the troops.

In an effort to make sure nobody was left out during his concert, Keith changed the lyrics in "American Soldier" to "American Warriors," Warriors, leaving many service members very satisfied.

"The best part of the concert was when he changed the lyrics," said Payne. "I appreciate he did that to cover all branches of the military."

Keith began holding overseas concerts after 9-11, because just like many Americans, he felt he needed to do something. "I was real busy back

"I was real busy back home working on my career, spent a lot of time trying to get to the top of the game," explained Keith. "After 9-11, I was like everyone else; I felt I needed to do my part. I came over and did a tour, then I went back home. I then I went back home. I had a whole new respect for what the Marines and soldiers were doing.'

After experiencing his first tour overseas, Toby decided one visit was just not enough.

"[After touring] I started meeting [the service members] families at shows," said Toby. "They would come to my shows



Concert: Country music star Toby Keith salutes the crowd after his hour-long performance held at the Al Asad stadium, May 25.

and say You met my daughter or son over at so and so'. I got to know their families and came back the next year. It kept

growing from there."

Although Toby knows he is helping lift spirits with his overseas con-certs, he also believes it is his duty to keep the fami-

lies in the states informed. "Somebody has got to report back home and tell the truth," said Keith. "Not only I am I bringing a piece of home and showing my respect and support, but also it gives me a chance to educate myself about what's going on in these conflicts. When somebody asks me what I think about this or that I can give them an educated answer."
Toby believes the only

way to get the truth behind anything is first-hand knowledge.

"The media wants everything to be political and it comes down to whether each issue is right or wrong," said Keith. "You have to make your own mind up, you can't sit in Hollywood or New York City and watch the local news and say 'Hey I'm going to make an opinion on this war.'

For many service members, having Keith perform is a testament to his character and care for the Americans deployed to Al

"It really shows who he is, a man that is willing to come out here and show his support for us," said Payne. "Every time someone comes to show their appreciation for the appreciation for the troops, it really gets our morale up. It is important that we get this type of support."

### SANDBOX CONTINUED FROM 7A

training Holiday checked 3rd Surveillance Intelligence Group,

Okinawa, Japan.
During his service in the Corps, he has performed recruiting duty in Atlanta and has been on many deployments with various

"This is actually my seventh time to Iraq, but only my second full deployment," said the 32-year-old. "With my previous units we would come to Iraq for only a few months at a time. I actually left Joint Forces in Norfolk, Va., to deploy with 1/3 because I figured it would enhance my career and to have the chance to lead Marines again. At Joint "This is actually my Marines again. At Joint Forces, I was always leaving out of nowhere, but with 1/3 I'll be gone for seven months and will return to my family. It's a lot more stable.

"Aside from that, I love being with 1/3 because compared to my other units 1/3 is no stranger to deploying and Marines know what to do and what is expected of them."

Holiday said he likes to do what the Marine Corps expects from him, but has been deployed

every year since his son was born five years ago.

"The hardest part is being away from my wife and son," he said. "It's time I'll never get back, but receiving letters and emails from them is something that them is something that pushes me and keeps my morale up."

The current deployment has proven both challenging and demanding for Holiday because his platoon fell in on a

communication network that has been in exis-tence for two years and is

difficult to maintain.

Holiday said it's the
Marines who work under him who keep the com-munication up and run-ning, and that is the highlight of the deploy-ment for him.

Lance Cpl. Kevin A. Lawrence, a radio opera-tor with Headquarters and Service Company, 1/3, described Holiday to be very passionate at his

"He can be very serious at times but is still able to allow people to feel com-fortable around him," said Lawrence, a Hartford, Conn., native.

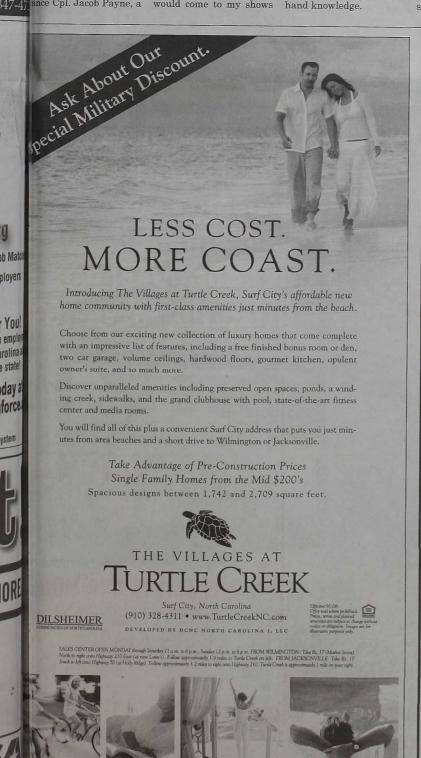
Lawrence added since Holiday has worked with him, he has seen their platoon grow tighter and work has become a lot more

"A lot of people think the key to communication is push to talk, but there's a lot more to it," he added. "I tell people all the time, we work all night so you can talk all

Holiday said he looks forward to returning home in October and reuniting with his fami-

ly.
"I plan on staying in the Marines for twenty years and then retiring," he said. "Once I'm retired I'd like to continue my career in the com-munication field and spending as much time as possible with my fam-ilu."

ily."
First Battalion, 3rd Marine Regiment is a part of Regimental Combat Team 2, a Marine Corps command responsible for more than 30,000 square miles and 5,500 Marines, sailors and soldiers in Iraq's Al





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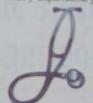
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# LejeuneSports

B The Globe | Thursday, June 7, 2007 | www.camplejeuneglobe.com

### School physicals

Naval Hospital Camp Lejeune will hold sports physicals for military dependents June 14 | 5B



# Shorts

Skateboarding clinic Bert LaMar, world champion skate and snowboarder, will conduct a skateboarding clinic at the Jackson ville Skateboard Park tomorrow from 3-5 p.m. as part of the Marine Corps Celebrity Classic weekend. For more information, visit the event Web page at www.mcccgolf.com or e-mail rjones@mcccgolf.com.

Junior golf clinic Buddy Shelton, PGA golfer and trick shot artist, will conduct a junior golf clinic at the Jacksonville Country Club tomorrow from 3-5 p.m. as part of the Marine Corps Celebrity Classic weekend. For more information, visit the event Web page at www.mcccgolf.com or email rjones@mcccgolf-

Bowling clinic Walter Ray Willliams Jr., All-Time Profesional Bowling Association money leader, and Marshall Holman, PBA hall of amer, will conduct bowling clinics at the Bowlarena on Western Soulevard tomorrow om 3-5 p.m. and aturday at the onnyman Bowling enter from 3-5 p.m. These events are a part of the Marine Corps Delebrity Classic weeknd. For more informaon, visit the event Neb page at www.mccgolf.com or e-mail iones@mcccgolf.com

wimming clinic d Moses, Olympic old medalist, will conuct swimming clinics t the Jacksonville ountry Club tomorow from 3-5 p.m. and baturday at the Area 2 ool aboard Camp ejeune from 3-5 p.m. hese events are a part f the Marine Corps Celebrity Classic week-nd. For more informaon, visit the event Veb page at www.mccgolf.com or e-mail ones@mcccgolf.com

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A Diving offers year-ound scuba lessons board Camp Lejeune. esson days/times are exible. For more infornation, call 451-3790.

ool closure he Area 2 pool is sched-led to have the deck renished with a non-slip pating. The pool must ose for this mainteance. The pool will ose at 5 p.m. June 17 nd remain closed trough June 26.

### Marine Corps Celebrity Classic is fun fundraiser



Saturday's "Family Night with the Stars." The event starts at 6:30 p.m. and is free and open to the public

Say cheese: Celebrity Alfonso Ribeiro, of "Fresh Prince of Bel Air" fame, poses with Lance Cpl. Maria Humphrey at a previous Marine Corps Celebrity Classic. More than 50 celebrities from the sports and entertainment are nas will attend the event. Families will have a chance to meet and greet the celebrities at the autograph tent at

The feel-good event of the year is here and no one will want to miss it.

This weekend is the 4th annual Marine Corps Celebrity Classic, with events taking place aboard Camp Lejeune and since the event has grown so large, at the Jacksonville Country Club.

Despite a late scratch from former Vice President Dan Quayle who had planned to be at the tournament and now cannot attend, the list of celebrities attending is long and illustrious. More than 50 sports and entertainment celebrities will flock to town this weekend to participate in the first between the same of the ticipate in the fundraising

Jim McMahon, winning quarterback of the Super Bowl XX Chicago Bears, is just one of the sports celebrities who will be here this weekend. Major League Baseball Hall of Famer Johnny Bench, who played for 17 seasons with the Cincinnati Reds and was named to the MLB's All-Century Team, will also be on hand.

Activities will include a pro-am today and Friday, where sponsors and wounded warriors will have the opportunity to "golf with the stars" both

aboard Camp Lejeune and at the Jacksonville Country Club. Tee times for both courses will be 9 a.m.

Golfers will have the opportunity to play one course one day and the other course the next, said event organizer Rosie K. Jones. Then the celebrity tournament will take place Saturday and Sunday exclusively at Paradise Point Golf Course aboard Camp Lejeune. The tee time for Saturday will be 9 a.m. The tee time Sunday will be 8 a.m., with action wrap-ping up around 3 p.m.

As in previous years, this year's MCCC promises plenty of entertainment and social opportunities for the whole family. Celebrity athletes will provide several sports clinics for members of the community

Walter Ray Williams Jr., Professional All-Time Bowling Association money leader, and Marshall Holman, PBA Hall of Famer, will conduct bowling clinics at the Bowlarena on Western Boulevard tomorrow from 3-5 p.m. and Saturday at the Bonnyman Bowling Center

from 3-5 p.m. Bert LaMar, champion skate and snow-boarder, will conduct a skateboarding clinic at the Jacksonville Skateboard

See CLASSIC page 4B

### Marine Tae Kwon Do team in full swing



Rapid fire: Freddie McDonald, the Marine Tae Kwon Do team's officer in charge and a trainer/instructor, demonstrates proper kicking technique as Shawn Cho assists

Dalrymple, an instructor with the School of Infantry, had an idea to bring Tae Kwon Do to Camp Lejeune and its surround-

ing military communities.

He started a team for active duty and reserve military members aboard the base.

Then things began to snow-

Master Missy Cann, a sixth-degree black belt from Cherry Point, came to help instruct the group. Master Freddie McDonald Jr., a fourth degree black belt

who is a member of the 2nd Marine Logistics Group in his day job, also came on board as the officer in charge and as a trainer and instructor.

"Without them, none of this would be possible. Master McDonald handles things on the military side and Master Cann handles things on the civilian side," said Dalrymple, a first degree black belt who wants to teach Tay Kruen Da when he civilian teach Tae Kwon Do when he gets

out of the Marine Corps.

Master Christy Alvarez, a fourth degree black belt, joined

as the team's trainer.

More members joined the team, an Olympic-style Tae Kwon Do dojo under the governing body of USA Tae Kwon Do. and they began to progress to the level that they could compete in national and international

eral competitions recently. At the National Qualifiers in Providence, R.I., in April, team member Brandon Pastor, a green belt, won first in forms and second in spar-

At the 2007 Fayetteville Tae Kwon Do championship, Alvarez took second in forms in her divi-

Now the team works Monday, Wednesday and Friday

evenings in the boxing gymnasium near the traffic circle. As Alvarez said, "The boxing team has been very generous in letting us use their facilities."

As Tae Kwon Do is not yet a military occupational specialty in the Marine Corps, the team members practice the sport sim-

"These guys do this in their spare time because they love to in their heart," said Alvarez.

Tae Kwon-Do is an MOS in the Army, however, and the Marines hope that eventually one day, with work and perseverance, the

See TAE KWON DO page 4B

### Celebrate Men's Health Week by adopting healthier habits



Food For Thought

Halagarda

June 11-17 is Men's Health Week. The purpose of this week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

Here are a few facts that just begin to

"scratch the surface" of diseases men need to be most cautious about: 29 million men have high blood pressure (hypertension), 50 million men have high *c*holesterol and 8 million men have diabetes.

Did you know, in addition to increasing your risk of a heart attack or stroke, almost two out of three men who have high blood pressure or diabetes experience erectile dysfunction. High cholesterol increasone's chances of the same.

Other possible indicators of ED, according to http://www.checkmensfacts.com/are: smoking, lack of exercise, obesity, heavy drinking, side effects from medication, lack of sleep, stress, depression,

spinal cord injury and prostate surgery.

Do your best this year to reevaluate your health and your lifestyle. Go to your physician for a physical and speak to him or her about things you can do to prevent these diseases that bring down the strongest of men. This brings me to a quote I came across today from Arturo "Thunder" Gatti, a Junior Welterweight boxer from Italy who said, "The fountain of youth is in the gym. You've got to work

Exercise and a low saturated-fat diet exercise and a low saturated fat diet with plenty of fruits and vegetables will also help to prevent diabetes, high cholesterol, high blood pressure and ED. Remember, there is such a thing as too much of a good thing. Marine Corps Community Services Semper Fit has seven fitness facilities here at Camp Leigung, we must be aware of another Léjeune, we must be aware of another disorder, which affects many men, and has become extremely prominent in the fitness industry over the past two decades. It is a condition or disease called muscle dysmorphia, sometimes referred to as "bigorexia

Bigorexia, like anorexia nervosa, is compulsive disorder, but that's where the similarity stops. When suffering with bigorexia, the individual believes that their body is not big enough, despite having adequate or even more than adequate muscle

mass. An individual with bigorexia believes their body is too frail or underdeveloped and they obsess about increasing

A person who suffers from bigorexia will lift weights excessively, exercise excessively and may take dangerous measures, such as using steroids and other drugs to increase their lean muscle mass according to the Web site www.anred.com/mus-dys.html. Bigorexia is mostly evident in young males, but is not gender biased and

does affect females. This disease is frequently accompanied by depression and the individual will often avoid any treatment. Individuals who are suffering from bigorexia should seek the advice of their physician and request a referral to a mental health counselor who is familiar with this condition. Cognitive-behavioral therapy and medications may prove helpful.

Unfortunately, only about half of all sufferers seek treatment. The resistance can be for several reasons, including the fact that psychological therapy is often frowned upon by our society and could make the individual feel even more separated or inferior to their peers Individuals may also be in denial of any condition because there is not a physical test that reveals a positive or negative result, and of course the main reason for avoidance of treatment for bigorexia is that the suffering person knows they may have to give up their exercise and drugs during treatment.

Although it is trying for any family member to help an individual who is suffering from bigorexia, it is important for them to be supportive and understand the problem will not go away without treat-ment. Sometimes a family member can convince a loved one to seek treatment by writing down the facts of how the disease is affecting the individual's life and everyone involved in their life. Some examples of situations that may occur are alienation of friends or family members, loss of a job, physical injuries, loss of appetite, excessive eating and unexplained mood

This year, don't let Men's Health Week by without making a change. Remember the small changes are the ones that count in the long run. Add some fruits and vegetables to your daily diet, go for a walk with a loved one, block off 15 minutes a day for meditation or deep breathing to help manage stress, find a healthy recipe to substitute for an unhealthy meal, or reduce your alcohol or cigarette consump-

Chris Halagarda is the Semper Fit Health Promotion dietitian and a certified strength and conditioning specialist. He can be reached at halagardacj@usmc-

**Know the Rules** 



Family night: Family Night with the Stars, starting at 6:30 p.m. Saturday at W.P.T. Hill Field, prom es to hold lots of fun for the whole family. The evening will include free food and live entertainme

### CLASSIC CONTINUED FROM IB

Park tomorrow from 3-5

Buddy Shelton, PGA golfer and trick shot artist, will conduct a junior golf clinic at the Jacksonville Country Club tomorrow from 3-5 p.m.

Ed Moses, Olympic gold medalist, will conduct swimming clinics at the Jacksonville Country Club tomorrow from 3-5 p.m. and Saturday at the Area 2 Pool aboard Camp Lejeune

from 3-5 p.m. Then, for the ultimate in family fun, both military families and members of the public are invited to the Family Night with the Stars Saturday, starting at 6:30 p.m. The first 10,000 attendees will be treated to

a free meal.

There will be a display of military equipment plus free live entertainment by country duo, the Karg Boys. Celebrities will be on hand in the autograph tent to sign autographs. Event organizers will be giving away about \$5,000 worth of gift certificates to military families. There will also be fireworks at the end of the

For those trying to fill up the old autograph books. even more celebrities will be attending the event this year. Fifty-two celebrities from the sports and entertainment industries will participate. That is up 10 celebrity participants from last year.

"The word continues to spread in the celebrity community that this is a great place to play golf and to give back to the men and women in uniform," said

Additionally, according to Jones, about 240 sponsors from in and out of the state will participate. They will raise money for a slate of charities that support service members and their families.

"I think the big thing is awareness," said Jones on the importance of the MCCC. "It continues to shine the light on the needs of the wounded warriors as they return from the Global War on Terrorism. Additionally, the golf classic raises a great deal of money for some outstanding non-profit organiza-tions. It also presents an opportunity for people to have fun while raising money for a good cause."

Four organizations will benefit from the money raised by the MCCC. These include Disabled Sports USA, the United Service Organization of North Carolina, the Marine Corps Scholarship Fund and Hope for the Warriors. Disabled Sports USA

provides sports and recreation opportunities to service members with permanent physical disabilities resulting from the conflict in Iraq and the Global War

on Terrorism.

The United Service
Organization of North Carolina's mission is enhance the quality of life of U.S. Armed Forces personnel and their families within the state's geographic boundaries and to create a cooperative relationship between U.S. military communities and the supporting civilian communities. Funds provided to the USO of North Carolina will go to benefit projects in

the Jacksonville area.
The Marine C Corps

Scholarship Foundation is an organization the provides financial assi tance in the form of scho arships for higher educ tion to deserving sons ar daughters of Marines ar children of forme Marines, with particula attention being given children whose parer were killed or wounded i

Hope for the Warrior mission is to enhance th quality of life for U.S. ser ice members and their fan ilies nationwide who hav been adversely affected b injuries or death in the lin

Though the focus of the MCCC is to raise money for Marines, veterans an their families, it seems that an ancillary benefit is educating the wider commun ty about the military.

Bench said that he really enjoyed his experience riences aboard Cam Lejeune.

This was one of m most enjoyable experience ever. Just to spend a fev days with our brave youn men and women who serve with pride and valor was most memorable. Al Americans should have their opportunity to stance side by side with our troops and witness their commit ment first-hand. The gol and social events were wonderful, but my memo ries will be of the great bunch of people at Camp Lejeune who defend out country with pride," said Bench in a quotation listed on the official event Web

For more information and for updates about the MCCC, visit the Web site at www.mccc-

# THE WILD WORLD OF

### Marine Corps Celebrity Classic golf tourney

June 6-10 The 4th annual Marine Corps Celebrity Classic will be held this weekend. Thursday's and Friday's preliminary rounds of golf will be held both aboard Camp Lejeune at the Paradise Point Golf Course and in town at the Jacksonville Country Club. The celebrity rounds on Saturday and Sunday and Lejeune at the Jacksonville Country Club. The celebrity rounds on Saturday and Sunday will take place available to the country country of the celebrity rounds on Saturday and Sunday will take place available to the country of the celebrity rounds on Saturday and Sunday will take place available to the celebrity rounds on Saturday and Sunday will be compared to the celebrate to the take place exclusively aboard Camp Lejeune. For more information, visit www.mcccgolf.com.

### Archery tournament

Saturday
The Camp Lejeune Archery Club will hold its next 3-D Archery Tournament Saturday from 9 a.m. until 2 p.m. Various adult and child divisions are available. Trophies will be awarded to the first, second and third places in each adult and youth event. Trophies will be awarded to all participants in cub and pee wee events. For more information, call Mike Figgins at 451-8386. Saturday mation, call Mike Figgins at 451-8386.

### Beach volleyball

Saturday Emerald Isle Parks and Recreation announces the 4 vs. 4 beach volleyball

series. The first tournament will take place Saturday. The following tournaments will be July 14, Aug. 11 and Sept. 22; and all will take place at the Western Ocean Regional Access on Islander Drive in Emerald Isle (between Queen's Court Condos and Islander Motor Inn). All tournaments begin at 9 a.m. and run until the last game is over. This is an "open gender" series and players must be at least 16 years of age. Prize money will go to the top two teams. Teams must bring their own ball and will act as officials when not playing. There are no rain dates and refunds will be issued for bad weather. Beach rules apply, Payment details, rosters, and more information may be obtained by contacting Dena Julius at 252-354-6350.

### School sports physicals

June 14

Naval Hospital Camp Lejeune is holding sports physicals for middle school and high school-age military dependents at Lejeune High School June 14. High school students will receive their physicals from noon until 4 p.m. Middle school students will receive their physicals from 2:30 p.m. until 4 p.m. Both dependents who attend Lejeune schools and schools out in town are invited to participate. There is no fee

for this service. Athletes need to wear athletic shorts, and a sports bra or swim suit top for girls and bring their current pair of running shoes. For more information, contact Lisa Beavers at 451-2451, ext. 224.

### Children's golf clinic

The clinic is open for children ages 8-17 and limited to the first 40 signups. The covered topics include: full swing, chipping, putting and rules. The cost is \$20 and the registration deadline is July 7. The class is taught by Pro Golf Association professionals For more information, contact the golf course at 451-5445.

### Ladies golf clinic

July 17-19

The Paradise Point Golf Course is sponsoring a ladies golf clinic July 17-19 from 10 a.m. to noon each day. Potential participants may register for \$20 at the Paradise Point Golf Course Pro-Shop prior to July 9. Covered topics include: full swing, putting and chipping. The class is taught by Pro Golf Association professionals. For more information, call the golf course at 451-5445.

### Personal training

Ongoing Semper Fit Fitness centers are offering free personal training for active duty

military to help them meet all of their fitness goals. Retirees, family members and civilian employees can also participate for \$10 per appointment. For more information, call 451-0470.

### Indoor wiffle ball

Ongoing

July 9-11

The Paradise Point Golf Course is hosting a children's golf clinic July 9-11 from 8 a.m. until noon each day.

The Paradise Point Golf Course is hosting a children's golf clinic July 9-11 from 8 a.m. until noon each day.

The Paradise Point Golf Course is hosting a children's golf clinic July 9-11 from 8 a.m. until noon each day. apply (posted in the gymnasium). open-play age timeslots are as follows: 5-6 p.m. for ages 7-10, 6-7 p.m. for age 11.14, and 7-8 p.m. for ages 15-adult. Please note that all open-play sports nights (including wiffle ball) are subject to change when special events take place in the gymnasium. Refer to the monthly gymnasium calendar posted in the gymnasium and on www.emeraldisle-nc.org/eiprd. The fee for all open-play sports is \$2 per person per night and free for community center members. For more information call 252-354-6350.

### Brazilian Jiu-Jitsu

Ongoing

Brazilian Jiu-Jitsu lessons will take place Tuesday and Thursday evenings from 7:30 to 9 p.m. in Bldg. 1742, adjacent to Protestant Chapel on McHugh Boulevard. There is also a Wodnesday bush days from 11 to m Wednesday lunch class from 11 a.m. to 1 p.m. For more information, peruse the club's Web site at www.clubjiujitsu.com or contact Monica at 581-0077. Marine Corps Celebrity Classic

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Practice time: Brandon Pastor practices his punching technique while Master Christy Alvarez holds the paddles. Alvarez is an athletic trainer for the team.

### TAE KWON DO CONTINUED FROM IB

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Camp Lejeur

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sport may also be recognized as such by the Ma Corps. Yet practicing the sport also builds be

Marines.

"Marines get a kick out of Tae Kwon Do, because it helps enhance the skills that they learn in Marine Corps Martial Arts Program, which may the skills livable," said McDonald.

Though there are two women on the team McDonald said he encourages more women serve members to join the team.

members to join the team.

members to join the team.

There are no monthly dues to pay to join team. However, the participant must purchase thuniform, "dobok" in Korean, and other equipm required for competition.

To learn more about the team, visit its Web p at www.semperkick.net. McDonald may be reach at 340-2680.

To view more pictures from this story, visit the Web site at www.camplejeuneglobe.com



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### Vaval Hospital Camp Lejeune offers sports physicals to dependents

ce off: No. 15 Curtis on the terroks of Lejeune High Women sen gool drives to the hole IV to join long defends Feb. 8. Naval spital Camp Lejeune is er equipe ding sports physicals for idle school and high land military dependile a Dixon High School tits Web and high ool-aged military depends at Lejeune High School e 14. Students must have a d physical in order to parpate in school sports next r. High school students will eive their physicals from on until 4 p.m. Middle ool students will receive ir physicals from 2:30 p.m. il 4 p.m. Dependents who end Lejeune schools or pols out in town are invitto participate. There is no for this service. Athletes d to wear athletic shorts, a sports bra or swim suit for girls, and bring their ent pair of running shoes.

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30 Days

Heather Owens

Ah, there's nothing like putting on the uniform and strapping on sneakers or cleats. There's nothing like the roar of the crowd and the camaraderie of team-mates. Yes, there's nothing like school athletics.

In order to participate in school sports next year, Camp Lejeune middle and high school students must have a

and high school students must have a valid physical on file.

In order to meet that need, Naval Hospital Camp Lejeune is holding sports physicals for middle school and high school-aged military dependents at Lejeune High School June 14.

"It just makes it easier for the athletes to have everything good to go before the summer starts. We're just trying to have a community service for their parents by providing this opportunity." their parents by providing this opportu-nity," said Lisa Beavers, Lejeune High School educator.

High school students will receive their physicals from noon until 4 p.m. Middle school students will receive their physicals from 2:30 p.m. until 4 p.m.

Dependents who attend Lejeune schools or schools out in town are invited to participate. Students from out in town will need to bring their school's paperwork with them when they get their physical.

There is no fee for this service. Athletes need to wear athletic shorts and bring their current pair of running shoes. Female athletes should also wear a sports bra or a swim suit top as well. Sports medicine physician, Dr. Scott

Playford, a Navy lieutenant commander, said that the reason students need to bring their running shoes to the physical is to help the student select the right

type of shoe for their foot and sport.

"We are trying to do more injury prevention and this gives us an opportunity said Playford. The goal is to prevent major injuries. If the student knows who the physician is, and the parent knows who to go to ask questions of, then we can hopefully catch it in the beginning when the students are just having some pain and prevent injuries."

As far as prevention goes, Playford said the physicals may also help students identify tight or weak muscles to work on stengthen-ing and stretching now to prevent injuries

Playford said the goal of the physicals is not to exclude athletes from participating in sports. On the contrary, the goal of sports medicine and these physicals is to help the student participate in as many sports as they can participate

Playford and his colleague, Dr. Leslie Rassner, a Navy lieutenant commander, the current head of the Sports Medicine Division, will conduct the physicals.

The two sports medicine doctors also come over to the Lejeune High School training room two days a week during the school year to examine any injuries or complaints, and they also provide cov-erage for many of the games and events.

"We work closely with the school athletic trainer to quickly identify the injuries and get the students evaluated," said Playford.

"Everything is multi-disciplinary. If we identify either a problem or a deficit we try to get them to the proper specialist. By taking a team approach, we can get the student back to play a lot quicker," said Playford.

For more information about the school physicals, contact Beavers at 451-2451, ext. 224. ■



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### Tide tables for lew River Inlet

ational Oceanographic and tmospheric Administration

	Today	
ih tide	12:32 a.m.	1:11 p.m.
w tide	7:07 a.m	7:08 p.m.
	Friday	
gh tide	1:25 a.m.	2:12 p.m.
w tide	7:55 a.m.	12:25 p.m.
The same of the sa	Saturday	
gh tide	2:22 a.m.	3:13 p.m.
w tide	8:46 a.m.	9:28 p.m.
1	Sunday	
gh tide	3:22 a.m.	4:13 p.m.
v tide	9:38 a.m.	10:37 p.m.
	Monday	
gh tide	4:23 a.m.	5:12 p.m.
v tide	10:31 a.m.	11:42 p.m.
	Tuesday	
tide	5:24 a.m.	6:08 p.m.
v tide	11:25 a.m.	
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Hook Line & Sinker with Cameron

### Offshore fishing heats up

I am very fortunate to be friendly with a charter boat captain in Hatteras,

During the fishing season, I usually get the opportunity to go out on the "Stormy Petrel II" at least a couple of times a month and my pal lets me fish for free as long as I help him clean the boat at the end of the

I know this is a pretty sweet deal, but when you tie off at the dock after 12 hours on the water, the last thing you want to do is spend the next two hours scrubbing and hosing off a 56-foot headboat.

Last weekend marked my first trip to the great blue yonder of the Gulf Stream — some 25 miles offshore from Hatteras Inlet. The long boat ride out and tedious housekeeping duties after were more than made up for by the excellent fishing.

On Saturday, we threw a lure that had been homemodified to run straight at high speed. Our targeted quarry with the lure was wahoo — a speedy preda-tor, shaped like a torpedo with tiger stripes. In order to keep the lure from skipping across the surface while traveling at 13 knots, we attached a 16-ounce trolling weight ahead of it to keep it down in the water column where the hungry wahoo lurk

The drag started screaming just five minutes after we started fishing and we slowed the boat down to do battle with the 25-pound fish.

Wahoo usually make a strong run just after strik-ing a bait, but after that, come to the boat without much of a fight.

Our wahoo had a bit more spunk than most, but we swung him aboard after a short battle.

What wahoo lack in fighting abilities, they more than make up for in edibility. They are one of my favorite fish to eat and are excellent on the grill, under the broiler or chunked, breaded and fried. Just remember that wahoo steaks can dry out quickly if they are overcooked. I try to stack the deck in my favor by giving them a short marinade in olive oil with a dash of lemon juice.

With our wahoo chilling in the ice box, we picked up speed and made for the ultra-blue waters of the Gulf Stream itself.

Once there, we deployed a spread of trolling baits that we hoped would entice the strike of a big dolphin.

This is where many non-fishermen get confused. When an angler says he is going dolphin fishing or recently ate a fried dolphin sandwich, he is not implying the beloved marine mammal that goes by the same name. Dolphin fish are commonly labeled by their Hawaiian name, mahi-mahi, when sold in restaurants or at the gro-cery store. In Spanish speaking areas, dolphin are called dorado, which is also a name used at some restaurants to avoid confusion from patrons who might otherwise think they were being served a plate-ful of Flipper. Our dolphin fishing

started slowly, with just a medium-sized 10-pounder caught in the first few hours of trolling.

Our luck changed when

we spotted a large section of a wooden dock, floating by itself in water that was more than a mile deep.

Dolphin and other off-shore predators are just like the bass in a farm pond. They are attracted to floating structure because small baitfish congregate there to take advantage of the places to hide — just like a bass lying under a lily-pad, waiting for a frog to swim by.

When we found our large piece of flotsam, we knew we were in business.

Once you find them, dolphin are generally not very difficult to catch. We soon had a school of more than a dozen fish beside the boat, each of which weighed between 12-30 pounds. We tossed hooks baited with ballyhoo to the ravenous masses and were rewarded with jolting strikes and jumping dolphin going every-which-way.

With just a few anglers to feed and several fish already in the box, we called off the slaughter after fighting and gaffing two fish in the 20-30-pound range. After that, we just floated beside the wreckage of the dock and threw scraps of bait to the still-hungry horde.

Fresh dolphin is one of the finest fish that swims in the sea, but I find that their table qualities deteriorate rather quickly with each day in the fridge or freezer. If you are lucky enough to happen upon a school of dolphin, take enough to feed yourself and a few friends without resorting to the freezer and leave the rest to swim another day.

Cameron is an enthusiastic, but seldom successful angler.

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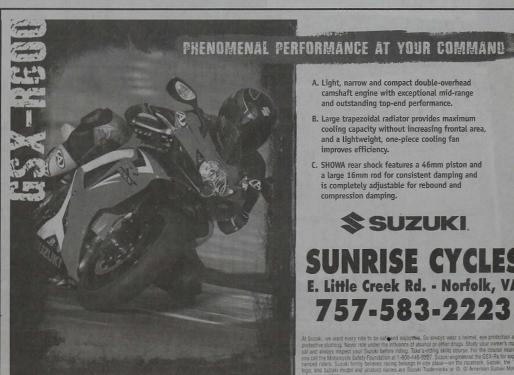
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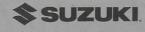
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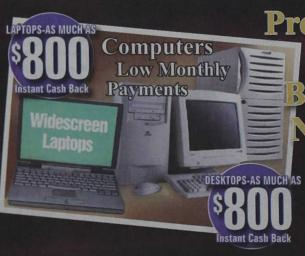


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### Scholarships

their lives in the Beirut students | 2C



# Duick

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n. James T away, commandant he Marine Corps, I his wife will cont a meeting open all Marine Corps I Navy families staned at Camp eune and Marine ps Air Station New er Thursday. event, which es place at rston Pavilion from 5-10:45 a.m., is a nce to find out at's happening and questions. Free ld care will be ilable on site. more information, tact your unit nily Readiness

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lunteer dental istant program American Red Cross ce is taking applicas for the upcoming inteer Dental stant Program ugh Aug. 6. The pron is open to current tary ID cardholders have a high school oma or equivalent, o-date immunizaand have complethe American Red ss Orientation. The ram begins Sept. 17, two weeks of fullclassroom training wed by 350 hours of tical experience ing as a Dental ir Side Assistant at Naval Hospital ap Lejeune. Upon essful completion of program at the end x months, you will ate. Call 451-2173 to

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### Military spouses endure 'day at the office' Jane Wayne Day teaches Marine life



Spouses' day out: Heather Nunez, wife of Cpl. Nicholas Nunez from base takes a break from the day's activities to enjoy a Meal, Ready-To-Eat. (Upper left) Staff Sgt Robert G. Bowker, military policeman, Marine Corps Air Station New River, explains the



Story and photos by Staff Sgt. Michael Mink

For most Marines, hold-ing the title of "United States Marine" means they have some of the most inter-esting jobs in the world.

Monday, the spouses of the Headquarters and Support Battalion, Marine Corps Base, Camp Lejeune were given the opportunity to get a glimpse of the Marine Corps experience.

The spouses arrived at the battalion's conference room and were greeted by Col. David R. Leppelmeier, Headquarters and Suport Bn. commanding officer who briefed them on the day's events.

"I just want to give you an opportunity to see what your Marines are on a daily basis

when they are doing deployed," Leppelmeier said. 1stLt Monica Moon, the unit's adjutant, echoed the CO's intent on the goal of the day. "I hope the spouses got a taste of what their Marines go through and have a bit more understand-

ing of the Marine Corps."

"I also hope they learned camaraderie and to help their fellow spouse," she added.

on another goal. "One of our key goals was to heavily promote the Key Volunteer network and [Lifestyle Insights Networking Knowledge and Skills] Training and raised awareness of those programs, Moon added.

"I hope that they learned their Marine might be behind a computer while they are in here, but at any time can pick up a rifle and become a basic riflemen," said Staff · Sgt Eric Browning, training chief for the battalion. Browning also expressed gratitude towards the units that helped make the day a success.

"It really gave me appreciation for what he does on a daily basis," said Heather Nunez, wife of Cpl. Nicholas Nunez from base telephone.

"We had the spouses climbing on tanks and on [Amphibious Assault Vehicles]," Browning said.
"We could not have done
that without those Marines taking time away from their

busy schedules to help out."
"The event had a great response and we are looking at doing it again for next year," Moon added. ■

### Hospital opens Operational Medicine Training Facility

Raymond Applewhite Naval Hospital Camp Lejeune

A ribbon-cutting ceremony May 30 marked the grand opening of a \$325,000 training facility located on the Fleet Hospital compound.

"We view this new construction as an expansion of our core facility and an opportunity to enhance existing training programs for our active duty as well as beneficiaries," said Capt. Mark C. Olesen, com-manding officer, Naval Hospital Camp Lejeune. "It will create more space inside our main hospital that can be used for other purposes.

The new Operational Medicine Training Facility features a spacious room designed for operational medicine training. The classroom will be outfitted with state-ofthe art equipment and can accommodate approximately 50 personnel. The new building will allow the hospital to expand training programs and implement new training initiatives.

Rear Adm. Thomas R. Cullison, commander of Navy Medicine East, Naval Medical Command Portsmouth, Va., spoke about the positive impact the new facility will have on the military and surrounding

"Naval Hospital trains with the base and Onslow County for disaster preparedness. This is where we get our basic training and this new building will be used for a myriad of training," said Cullison.



utive officer, Marine Corps Base, Capt. Donna Styles, executive officer, Naval Hospital Camp Lejeune, Capt. Eleanor Valentin, commanding officer, Naval Hospital Cherry Point, Rear Adm. Thomas Cullison, Commander, Navy Medicine East, Maj. Gen. Robert Dickerson, commanding general Marine Corps Installations East and Capt. Mark Olesen, commanding officer, Naval Hospital cut the ribbon during the grand opening of the Operational Training facility.

A room in the facility was dedicated to Master Chief John M. Westfield who was killed in an automobile accident February Olesen and Command Master Chief Kevin Kesterson presented a plaque to Renee Westfield and daughter Bianca honoring Westfield's life and service.

According to Cmdr. Constance Worline,

See HOSPITAL page 3C

### Air delivery training for 2nd MLG

Lance Cpl. Aaron Rooks

When transporting supplies by convoy, one must consider the time it takes to deliver by land and the potential problems caused by small-arms fire and improvised

That is where the special delivery capabilities of 2nd Air Delivery, 2nd Marine Logistics Group, comes into play. Air delivery provides a unique ability to deliver ch-needed sup plies and equipment where other

methods may seem incapable. 'It's easy terrain to get around on in Iraq, but there are IEDs every mile," said Sgt. Brian W. Trafton. "That's what makes us such a viable asset for the guys on the ground. If we do one air drop out there, that's a convoy that's taken of

the road. That's 50 lives you saved by doing one air drop The mission of 2nd Air Delivery is to provide rapid supply and re-supply delivery in support of combat operations and humanitarian relief by air drop.

The Marines at 2nd Air Delivery have the ability to deliver everything from medical equipment and supplies, to seven-ton trucks and even 42,000-pound tanks, said Trafton, a jumpmaster with 2nd Air Delivery.

"With air delivery, mission success can be enhanced dramatically," Trafton said.

According to Trafton, 2nd Air Delivery has conducted delivery operations since the war in Iraq first kicked off.

"We were there conducting air drops and re-supply-ing troops on their push toward Baghdad," Trafton said. "Since then, we have continued to provide support over there on an infrequent basis."

That is the problem 2nd Air Delivery faces

"Air delivery makes up close to one percent of the Marine Corps," said Cpl. Austin M. Mitchell-Briggs, an air delivery rigger with 2nd Air Delivery, 2nd MLG. "Many don't know about us. We're known after we do drops. That's when they see what we are capable of."

### Embarq Scholarship winners



Deserving seniors: Seven \$1,000 scholarships are awarded each year to active-duty military dependents stationed at Camp Lejeune and Marine Corps Air Station, New River. This program was established in 1985 after the Beirut bombing. Pictured from left to right are William A. Meier, Executive Officer Marine Corps Base Camp Lejeune, Amanda L. Capdepon, Kenya R. Vice, Miranda E. Arastasia, Bryan T. Seifert, Denise R. Brown, Tiffany L. Warner, Nikita L. Apriesnig, and EMBARQ representative Charles S. Parrot.





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It's on you during your off-duty hours to ...

· carry the same values from work to your off-duty behavior. If you wouldn't do it

during duty hours, you should not do it during off time either.

 conduct yourself in a professional image off-duty. Remember, you're an ambassador of the United Sates Marine Corps and people look up to you. take care of each other. Be a good, solid and responsible friend and don't be afraid to step in and call "knock it off" Many off-duty related injuries could have been

prevented if friends had intervened • not succumb to "road rage." Be the courteous driver and don't be in a hurry ... plan

your trip in advance and give yourself buffers so you will not feel rushed.

• be attentive while you drive. Most accidents are caused by not paying attention to the road. Cell phones, switching radio stations and other distractions are the cause of most rear-end collisions.

 seek out required training and become aware of the dangers should you decide to undertake a new hobby or sport.

 travel with friends or a group when enjoying the outdoors. Be in good physical condition for the activity and remember to drink plenty of water.

watch out for the terrible "Too's" when swimming: too tired, too cold, too far from

 stretch before a game, but not when your muscles are cold. Warm up a little first, and then stretch gently. Afterwards, if you have had a vigorous workout, you can stretch more intensely. Learn stretches that are appropriate for your sport.

• never consume alcohol before operating a boat, ATV or other recreational vehicle

 understand that you are responsible for your own safety both on- and off-duty · be alert and perform a pre-use safety inspection on your own equipment at home Whether it be a lawn mower to your own vehicle. Ensure everything is in operating condition before use

### Courts Martial

Pvt. Solomon N. Hammond, Headquarters and Support Battalion, School of Infantry East, was convicted of one charge and three specifications of assault under Article 128 and one charge and specification of conspiracy under Article 81. He was sentenced to confinement for five months and forfeiture of pay at \$800 per month for five months, and a bad-conduct discharge.

Pfc. Hamid M. Yousuf, 3rd Battalion, 2nd Marine Regiment, was convicted of one charge and two specifications of unauthorized absence Article 86 and one charge of missing movement under Article 87. He was sentenced to confinement for five months and forfeiture of pay at \$800 per month for five months, a bad-conduct discharge and reduction to E-1.

Pvt. Jeremy D. Huff, 10th Marine Regiment, was convicted of one charge and two specifications of unauthorized absence Article 86. He was sen-tenced to confinement for 100 days and forfeiture of pay at \$800 per month for three months and a bad-conduct discharge.

Pfc. Elliot Perez, 2nd Tank Battalion, was convictone charge of unauthorized absence Article 86 and one charge and two specifications of wrong-ful use of a controlled substance Article 112a. He was sentenced to confinement for five months and forfeiture of pay at \$\$00 per month for five months, a bad-conduct discharge and reduction to E-1.

Pvt. Eric T. Holmgren, 8th Marine Regiment, was convicted of one count of unauthorized absence Article 86 and one count of missing movement Article 87. He was sentenced to confinement for a period of seven months, forfeiture of \$800 pay per month for a period of three months and a bad-con-

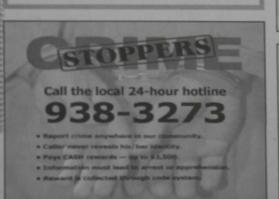
Pfc. Carmelo A. Lucca, 8th Marine Regiment, was convicted of three counts of unauthorized absence Article 86, two counts of wrongful use of marijuana Article 112a, one count of wrongful use of cocaine Article 112a. He was sentenced to confine-ment for a period of 100 days, forfeiture of \$700 pay per month for a period of three months, reduction to pay grade E-1, and a bad-conduct discharge

### President's Commission on Care for America's Returning Wounded Warriors

On June 19 some of the President's Commission members will be visiting Naval Hospital Camp Lejeune. The Commission invites service members who have been injured in Iraq or Afghanistan, health care professionals and others to meet privately with the Commissioners to share their health care-related concerns and views. They will meet with as many interested parties as possible during the morning at the Naval Hospital.

If you are interested in meeting with a Commissioner, please call 1-877-588-2035 between the hours of 8 a.m. - 4 p.m., June 13-15. During your call, Commission staff members will ask you for some basic information. A staff member will then call you back with your appointment time and location.

Thank you for your interest.



Read The Globe online w.camplejeuneglobe.com

### Salvation Army seeks sponsors for summer camp scholarships

Capt. Joe Muré

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Hiking in the woods, making new friends,

Hiking in the woods, making new friends, singing songs by the campfire — some of our fondest childhood memories come from summer camp.

For the needlest children in Jacksonville, N.C., a one-week stay at camp can have a long lasting positive effect. "We don't want to see any kids spending the street." it is summer vacation wandering the street." tive effect. "We don't want to see any kids spending their summer vacation wandering the streets," stated Salvation Army Capt. Joe Muré, of Jacksonville. "Time spent at camp can be a life-changing experience for kids. It can instill feelings of self-worth, open up the world and offer hope for the future."

Last year at the Salvation Army Camp Walter Johnson, more than 2,500 children attended from all over North and South Carolina. "This year we want to place an emphasis on military dependants ages 7-16 especially if they have a loved one serving over

16, especially if they have a loved one serving over-seas. The Salvation Army will support the military families here in Onslow county any way we can"

Last summer, the citizens of Jacksonville gave this precious gift to dozens of local children, some of whom had never in their lives experienced the wonwhom had never in their lives experienced the wonders of nature. Through donations, underprivileged Jacksonville kids attended a fun-filled week-long camp where they played sports, swam, explored the outdoors and made crafts. Beyond the recreation, trained counselors helped them deal with troubling issues and concerns that challenge them in their daily lives.

"We are so grateful to our friends who sponsored these children," Muré said. "What a difference their generosity made in these children's lives. The kids not only enjoyed nutritious meals and explored the great outdoors, they learned new life-skills and got to interact with caring adults who listened to them and showed them love and concern.

Muré is currently seeking sponsorship for 100 children for summer camp 2007. "School will be ending soon," he pointed out. "There are lots of spots left and not enough money to fill them. I hope the community will come through for these deserving kids. For many of them, it's the highlight of the whole

The Salvation Army in Jacksonville, serving the communities of Onslow and Jones Counties, provides food, clothing and shelter to more than 15,000 people seach year. Local headquarters is located at 535 Bell Fork Rd., across from Bell Fork Elementary school. For more information about the organizations nany programs, contact Muré at 346-8800.

### Poster contest will benefit Combined Federal Campaign

Combined Federal Campaig

Military and federal personnel of the Onslow County, Camp Lejeune and Marine Corps Air Station New River community can win dinner for two at Fire Mountain Restaurant by participating in the first Combined Federal Campaign Illustration Contest.

The theme for the contest is, "Your Gift Makes the World a Better Place."

Military and federal employees of Onslow County embraced the CFC by contributing a record \$712,000 to support local, national and international charitable

organizations in 2006.

The CFC staff is asking for help in creating an illustration to match the theme for the 2007 campaign. One poster will be chosen from eligible entries to be reproduced and used to advertise the 2007 campaign. The win-

### HOSPITAL CONTINUED FROM IC

head of Education and Training, the room will be utilized as an additional training classroom to provide education and training not only to Marines and sailors, but it will be

and training not only to Marines and sailors, but it will be utilized to provide training to beneficiaries as a part of patient education. It will also be used for pre-deployment practical skills training for years to come.

The ceremony was attended by a host of military officials to include Maj. Gen. and Mrs. Robert C. Dickerson, Commanding General, Marine Corps Installations East; Capt. Eleanor Valentin, commanding officer, Naval Hospital Cherry Point and William A. Meier, executive officer, Marine Corps Base Camp Lejeune as well as other base officials and dignitaries. base officials and dignitaries.

### The rules:

- Submissions should follow the theme "Your Gift Makes the World A Better Place."

  2. Maximum poster size is 8.5" x 14".

  3. The contest is open to military and federal personnel
- (a federal agency may send more than one entry).
  4. Submission deadline is June 28.

Please fax or e-mail entries with the submission's illustration, the name of the artist(s) or the unit/agency, a day-time phone number and e-mail address to:

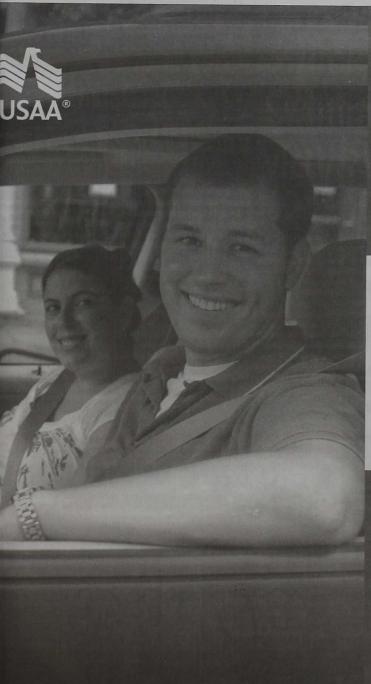
Combined Federal Campaign, Attn: Kristi Halstead.
Fax the submission to 451-5880 or via e-mail at cfcon-

slow@charterinternet.com.
Call 451-3212, ext. 263, for more information. ■



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3BR/3.5BA-Doublewide FSBO. room, dining room steps down kitchen and den w/fireplace. Hube Asking payoff. 355-2200.

4BR/2.5BA-on .75 acres in community. Very quiet lots of privac rewater access. 5 miles to \$255,000. 401 Great Oaks Dr, Han 910-326-1639.

4BR/2BA-3 car garage, 1 acre, home! Century 21 Cherie Schulz Firm, 910-324-9977 or 910-389-74

4BR/2BA-New Construction near I \$245k builder incentives, All offer be considered, 910-358-3114, Lc. Hughes, Century 21 Cherie Schulz Firm.

4BR/3BA-New Construction near Wal-Mart. \$242k builder Incentive offers will be considered. 910-358 Lorraine Hughes, Century 21 ( Schulz Realty Firm.

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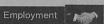
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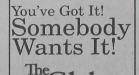
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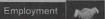
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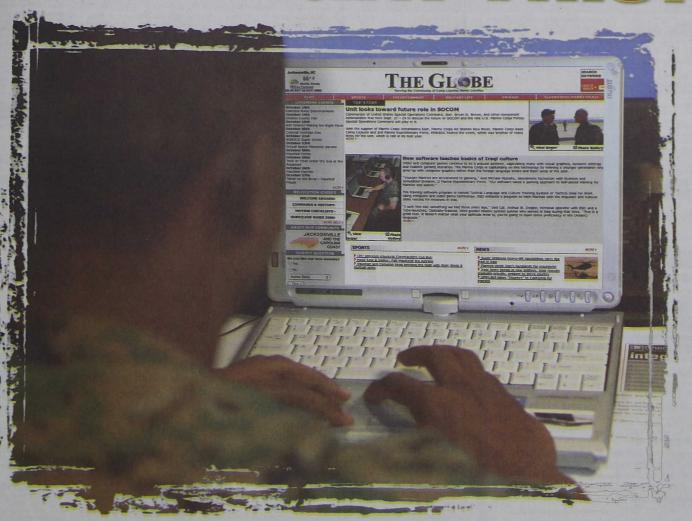
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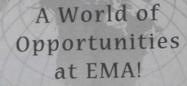
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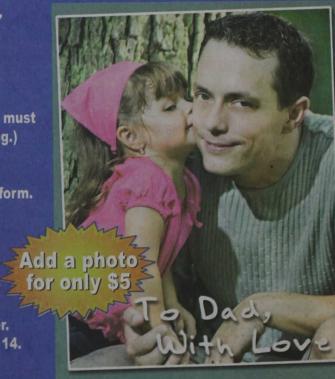
### Sunday, June 17

This Father's Day, show your dad your thanks and appreciation with a Father's Day Tribute. We will publish your tributes on the camplejeuneglobe.com website. (Tributes will not publish in the print publication. All tributes must be approved by a member of the Globe staff before publishing.)

ements

To place a FREE tribute, go to www.camplejeuneglobe.com. Select the "Father's Day Tribute" ad link. Simply fill out the form. To add a photo for only \$5.00 select the add photo option. (The maximum attachable file size is 5 mb, if your image is larger than that size, please downsize the file as needed. We accept only JPEGs or TIFFs.) We will call you to arrange for payment prior to publication. Payment by credit card only please. Remember to include your Name, Mailing Address, E-mail Address, and Daytime Phone Number. This form will be available to place your tributes until JUNE 14.

Tributes will then appear online JUNE 16 - JULY 15.



### Enter Your Father's Day Tribute Online at www.camplejeuneglobe.com

For more information contact Brian Flynn (910) 347-9624 or via Email at Brian.Flynn@MilitaryNews.com

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DEALS OF THE WEEK		DISCOUNT	SALE PRICE
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906 PONTIAC VIBE, GRAY 24K MILES, #M86412	\$14,870	\$2,000	\$12.870
'04 VW BEETLE, BLACK, 63K MILES, #M86442	s13,970		\$12.970
07 FORD TAURUS SE, SILVER, 18K MILES, #M86417	\$14,775		\$13.275
106 CHRYSLER PT CRUISER, ROUTE 66, YELLOW, 9K MILES #M86356	\$16,765	\$2000	\$14.765
LINUDY OADS			

	UT FORD TACKOS SE, SILVER, 18K MILES, #M86417			132/5
V	106 CHRYSLER PT CRUISER, ROUTE 66, YELLOW, 9K MILES #M8635	6. \$16,765	\$2000	\$14,765
7	LUXURY CARS KELLEY BLUE B	OOK DDICE	DISCOUNT	CALE PRIOR
			DISCOONI	SALE PRICE
h	02 TOYOTA AVALON XL, GREEN, 50K MILES, #M86805	\$14,990	\$1500	°13,490
ni	02 MINI COOPER, BLUE, 56K MILES, #M86180	s17,275	\$2,000	\$15.275
sal	02 MERCEDES BENZ C240 SEDAN, WHITE, 62K MILES, #M86785	\$18,800	\$1,000	\$17,800
ille	03 BMW 325i, AUTOMATIC, GRAY, 68K MILES, #M86451	\$21,975	*2,000	\$19,975
ut	03 MERCEDES BENZ C230, SPORT SEDAN, BLACK, 44K MILES, #M86808.	\$21,750	\$1,000	\$20,750
sa	03 MERCEDES C320 4-MATIC AWD, PEWTER, 52K MILES #M86446	\$25,825	\$2,000	*23,825
	07 CHRYSLER 300 TOURING, SILVER, 23K MILES #C86543	\$29,900	*5,000	\$24,900
3	<b>04 BMW 325i</b> , AUTOMATIC, RED, 37K MILES, #M86475	\$27,230	\$2,000	\$25,230
	04 BMW 325xi AWD, SILVER, 32K MILES, #M86783	\$28,830	\$2,000	*26,830
	06 CHRYLSER 300C HEMI, SILVER, 5K MILES, #C86571	\$32,325	°2500	\$29,821

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CANT	DRIV	E 55!"	KELLEY BLUE BOOK PRICE	DISCOUNT	SALE PRIC
FORD MUSTAN	G LX, RED, 23	K MILES, #M86829	\$18,150	\$2500	°15.650

FORD MUSTANG LX, RED, 23K MILES, #M86829.	*18,150	*2500	*15,650
3 SCION TC, BURGAND,Y #C86553	\$19,880	*3,000	*16,880
5 CHRYSLER CROSSFIRE COUPE, 6SPEED, BLACK, 33K MILES. # C865	97A S21,460	*3,000	³18,460
5 NISSAN 350Z, ENTHUSIAST BLACK, 39K MILES, #M88536		°4,000	*22,275
5 ACURA TSX, GRAY, 6-SPEED, 34K MILES, #M86782		\$1500	\$23,715
I NISSAN 350Z TOURING, SILVER, 27K MILES, #M86807		\$3,000	*23,695
3 DODGE MAGNUM RT HEMI, GREEN, 30K MILES, #C86570		*3.000	*25,125
5 PONTIAC SOLSTICE CONVERTIBLE, RED. 4K MILES, #M868	02 \$27,500	\$2,000	*25,500
3 CHEVY CORVETTE CONVERTIBLE, RED, 31K MILES, #M86470.		\$3,000	*35.590
I CHEVY CORVETTE Z-O6, COMMERCITIVE EDITION, 36K MILES, #M86787.		\$2,000	*38,175

CHEVY CORVETTE Z-06, COMMERCITIVE EDITION, 36K M	LES, #M86787 \$40,175 \$	2,000	*38,175
UV's & VANS	KELLEY BLUE BOOK PRICE	DISCOUNT	SALE PRICE
FONTIAC VIBE, GRAY, 24K MILES, #M86412	\$14,695	\$2,000	*12,695
GMC ENVOY 4X4, SILVER, 65K MILES, #M86468	\$18,015		\$15,515
! TOYOTA 4RUNNER SR-5, BURGANDY, 54K MILES, 4	C86309A \$17,735	*3,000	*14,735
FORD ESCAPE XLS, 4X2, GREEN, 26K MILES, #M86821	\$19,900	\$3,000	*16,900
FORD ESCAPE XLT, SILVER, 221K MILES, #M86786A	\$20,955	\$3,000	*17,955
MECURY MOUNTAINEER AWD, BLUE, 32K MILES,	#C86834 \$20,450		*18,950
CHEVROLET AVALANCHE 4X2, WHITE, 59K MILES	, #M86623s19,900	\$1,000	*18,900
NISSAN MURANO SL, COPPER, 43K MILES, #M86826	\$20,600		*19,600
FORD E350 XLT, 12 PASS, WHITE, 17K MILES, #M86780	\$24,635		*17,635
LAND ROVER DISCOVERY HSE 4X4, 54K MILES, SILVER	3, # C86623		*22,915
CHEVROLET TAHOE LT 4X4, BURGANDY, 60K MILES	\$ <b>24,525</b>		°23,525
LAND ROVER DISCOVERY HSE, SILVER 54K MILES	ss <b>26,750</b>		\$23,750
DODGE MAGNUM RT HEMI, GREEN, 30K MILES, #C			*25,125
TOYOTA 4RUNNER SR5, BEIGE, 28K MILES, #M86466.	\$26,700	\$1500	*25,200

	NE IAIL PRIC	E DISCOUNT	SALE PRICE
'04 CHRYSLER SEBRING TOURING CONVERTIBLE, 28K SILVER, #6619	7A \$17,580	\$3,000	°14,580
'06 CHRYSLER SEBRING TOURING CONVERTIBLE, 12K WHITE, #0864	89\$21,175	*4,000	17,175
'06 MAZDA MIATA, BLUE, 11K MILES, #M86824	\$20,795		\$18,795
'03 CHEVY CORVETTE CONVERTIBLE, RED. 31K MILES, #M86470	\$38,590	\$3,000	°35,590
GAS SAVERS KELLEY BLUE B	OOK PRICE	DISCOUNT	SALE PRICE
'06 KIA RIO LX, 3 TO CHOOSE FROM	\$13,230	\$3,300	°9,930
'05 DODGE NEON SXT, 11K MILES, #C86525	s11,705	\$2,000	\$9705
'03 MAZDA PROTEGE 5, RED, 67K MILES, #M86827	\$11,300	\$1,000	*10,300
'04 NISSAN SENTRA 1.8S, GREEN, #C86531A	\$11,745	\$1000	\$10,74
'06 FORD FOCUS ZX3, SILVER, 11K MILES, #M6237A	\$14,040		*11,540
'04 HONDA CIVIC LX, 5 SPEED, SILVER, 65K MILES, #67101A	\$12,945		*11,945
'06 SATURN ION 2, BLACK, 19K MILES, #M86816	\$13,380	\$1,000	\$12,380
"02 VW JETTA GLS, 1.8T, BLACK, 41K MILES, GAS SAVER,#M86830	\$13,775	\$1000	\$12,775
'04 VW BEETLE GL, BLACK, 63K MILES, #M86442	\$13,970	\$1.000	\$12,970
'06 MITSUBISHI GALANT ES, 21K MILES, BURGANDY, # M86790	\$15,750	\$1,000	\$14,750
'06 TOYOTA COROLLA S, 15K MILES, BURGANDY, # M86839	\$16,225		*15,225
'06 MAZDA 3i, 28K MILES, GREEN, # M86820	\$16.895		°15,395
'06 FORD FIVE HUNDRED SE, 24K MILES SILVER, # M86840			*15,940
'06 HONDA ACCORD LX, SILVER, 27K MILES, #C86568	\$18,600		\$17,600
'06 MAZDA 6S, LOADED 26K MILES, SILVER, # M86798		\$1,000	\$19.530

TRUCKS	KELLEY BLUE BOOK PRICE	DISCOUNT	SALE PRICE
'05 CHEVROLET SILVERADO, 4X2 BLACK, 36K MILES	# M86843 \$14,775	\$1,000_	*13,775
'05 GMC SIERRA, PEWTER, 42K MILES, #C86605	\$15,125	°1000	\$14,125
'06 ISUZU I-280S EXT. CAB, RED, 6K MILES, #C86595.	\$16,790	°2500	\$14,290
'06 CHEVY COLORADO LT 4X4, BLACK, 5K MILES	\$19,780	°2000	\$17,780
'01 FORD F150 LIGHTNING, SILVER, 75K MILES, #C606	6A	\$1,000	*18,575
'02 GMC SIERRA EXT CAB DENAILI, 68K, BEIGE,	* C86619	\$1,000	*19,185
'06 CHEVY SILVERADO EXT CAB LS, 4X4, RED, 31	K MILES, #C86573\$24,690	\$2,000	\$22,690
'05 DODGE RAM VIPER QUAD CAB, SILVER, 18K1	MILES, #M86828	\$7,000	34,745
'05 CHEVY SILVERADO LT EXT CAB, DIESEL, 4X4, DUALLY, W	HITE 29K MILES, #M86450 \$36,825	\$2,000	*34,825



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KELLEY BLUE BO	OK PRICE	DISCOUNT	SALE PRICE
'06 JEEP GRAND CHEROKEE LAREDO, WHITE, 34K MILES, #C86602	\$20,960	*2000	*18,960
'04 JEEP WRANGLER SAHARA, GRAN, 46K MILES, #C86554	\$19,700	\$1,000	18,700
'06 JEEP GRAND CHEROKEE LAREDO 4X4, SILVER, 30K MLES, #C86561	\$22,650	*3,000	19,650
'06 JEEP GRAND CHEORKEE LAREDO 4X4, V8, BURGANDY, 40K MILES, #C86532	\$23,240	*3,000	20,240
'06 JEEP COMMANDER 4X4, WHITE 17K MILES #C86566	\$23,995	*2,000	21,995
'06 JEEP GRAND CHEROKEE LAREDO 4X4, DARK KHAKI, TOK MILES	\$26,340	*3,000	\$23,340
'05 JEEP GRAND CHEROKEE LIMITED 4X4, SILVER, 40K MILES, #C86564.	\$25,340	\$1,500	*23,840
'07 JEEP COMMANDER SPORT 4X2, 12K MILES, SILVER, # C86616	\$27,900	\$4,000	23,900
'05 JEEP WRANGLER RUBICON, 6 SPEED, HARD TOP, 10K BLACK, #C86600.	\$24,900	\$1,000	*23,900
'06 JEEP GRAND CHEROKEE LIMITED 4X4, BURGANDY, 332K MILES, #C86563.	\$26,060	\$2,000	*24,060
'06 JEEP WRANGLER RUBICON, 6 SPEED 1K MILES, KHAKI, # C86617	\$26,250	\$2,000	°24,250
'07 JEEP COMMANDER 4X4, 17K MILES, CHARCOAL, # C86581	\$28,900	\$4,000	24,900
'06 JEEP GRAND CHEROKEE LIMITED 4X4, GRAY, 26K MILES, #C86539	\$27,500	*3,000	*24,500
'07 JEEP COMMANDER SPORT 4X4, BLUE 21K MILES	\$26,920	\$1,000	\$25,920

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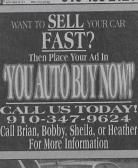


















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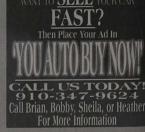












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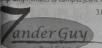
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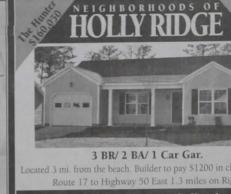


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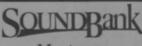
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YARD SALE-213 Brandy Ct off Raintree Cl. Jun 9, 6-11. Quality furniture, artwork, antique china, collectibles, ladder & slide for Intex pool, clothes (all sizes), toys and

YARD SALE-Teaching materials & class-room books, household items, some furniture. Friday 6/8 3 PM-8 PM, Saturday 6/9 8 AM-3 PM. Sneads Ferry

FOUND-Game Boy game in Naval Hospital parking lot. Call to identify. 353-5220.



military personnel and their dependents, and civilian personnel aboard Camp Lejeune and MCAS New River. Ads must be remitted each week and reach the Public Affairs Office by noon Thursday for the following week's publication. Ads should be submitted on a Trader form, available here at the Public Affairs Office. Ads are reserved for the exchange or sale of personal goods only. Ads for personal services or businesses may not be printed. The Public Affairs Office reserves the right to withold ads that may be deemed inappropriate for any reason. Official phone numbers CANNOT be listed. Limit is three ads per week. If the Public Affairs Office receives more ads than space permits, certain ads may not be published until the following week.

- · Individual forms must be filled out for each "Category" of items (automobiles, pets, etc.) and written legibly.
- · No more than 25 words per form.
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Submit your ad by dropping it off at the Public Affairs Office or visit: www.camplejeuneglobe.com or www.newriverrotovue

Mail to: Commanding General (Attn: Public Affairs Office) Marine Corps Base PSC Box 2004 Camp Lejeune, NC 28542-00	Trader Form	Drop off form: Public Affairs Office Bldg. 67 Virginia Dare Rd. (Mainside) MCB Camp Lejeune, NC
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	(25 Words Per Form - Write Legibly.)	
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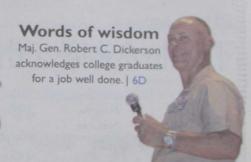


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# CarolinaLiving

D The Globe | Thursday, June 7, 2007 | www.camplejeuneglobe.com



# -appenings

The Secret Garden' performance tudents from all over he community studying it the North Carolina School of Performing Arts will present the nusical "The Secret Jarden" Friday at 7 p.m. t Jacksonville High school. For tickets, call 147-7565 or e-mail heschoolofperformin-

arts@yahoo.com.

Farmer's market innual opening his Saturday, more han 20 vendors selling resh fruit and vegetales, fresh eggs, goat heese, baked goods, lants, hanging baskets nd several different rafts will be at the armer's market at 4024 tichlands Highway in tichlands. WIC vouchers or Farmers Nutrition rogram will be acceptd. The North Carolina Vatermelon Queen will e present and there will a watermelon seed oitting contest, a pie ating contest, clowns, affles, a dunking achine, antique tracrs, a fire truck, hav des and live music. A rief ceremony at 11 m. with speakers ator Harry Brown, eriff Ed Brown and unty Commissioners lartin Aragona and ionell Midgett will take ace. Call 340-0009 for

### ore information. chool board lection

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NDA

amp Lejeune school oard will hold its elecon on Sept. 14 to fill ocoming vacancies on e Camp Lejeune ependent's Schools ard. The term of office ill be three years. pplications are current-being accepted and can obtained from any of e seven schools or the perintendent's office, uilding 855 on Stone reet. The candidate's oplication may be filed ith the office of the perintendent until ose of business at 4:30 m. on Aug. 27. A candite may be any activeity person or a service ember's spouse residing permanent base housg at Camp Lejeune or arine Corps Air Station ew River. Candidates ust be nominated by e eligible voter. For ore information, call 17-6773, 451-2461, ext. ww.am.dodea.edu/leje-

### ohnny G-man's lagic and Light

ine 14, Onslow County ablic Library is kicking f Summer Reading 07 at each Branch brary with Johnny Gan's state-of-the-art Il production Magic & ght show. Register at e Richlands Branch brary and watch hnny G-man at 11 n. Register at the leads Ferry Branch brary and watch hnny G-man at 2 p.m. gister at the ansboro Branch rary and watch hnny G-man at 5 p.m. ing the entire family. r more information or register, call 455-7350.

### Lejeune starlets take the stage

Amy Segreti

The evening of June 1 was filled with live music, poetry and dance in the auditorium of the Jacksonville Commons Middle School. The Mu Lambda Zeta Chapter of Zeta Phi Beta Sorority, Inc. held its 8th Blue Revue, in which six young ladies known as the Camp Lejeune Ballerinas performed in keeping with the theme of the evening's event, "Finer Womanhood what it means to me.

The mini-professionals were each dressed as a different kind of girl: a fashion diva, a farmer's daughter, a military girl, a disco diva, a flashy country western star

and an island girl. They danced to tune of Whitney Houston's

From left, Adeline Ginn, Elizabeth Joy, Katie Payne, Andrea Rojas, Aisha Davenport and

make of "Tm Every Woman."
"Even with only two hours of practice, the per-formance was flawless," said the proud dance instructor Lauren Hill. Zeta Phi Beta Sorority is

community-conscious, action-oriented organiza-tion committed to the sup-port of several worthwhile outreach services. The evening allowed Onslow County high school girls to define their true meaning of "finer womanhood" in essay and scrapbook form, along with several other activi-ties. The proceeds from the Blue Revue evening were used to support projects and award scholar-

deserv-

ing young ladies.
"The Camp Lejeune ballerinas have gotten quite a reputation over the past reputation over the past year to the point that they are being asked to appear in special events like this fundraiser for high school girls around Onslow County," said Hill. "More than that, they have all gained a great deal of self esteem confidence and disciesteem, confidence and disci-pline that dance can instill." Hill started dance classes

for students in August 2006 after her husband received orders to Camp Lejeune.

"I approached the Tarawa Terrace Community Center Director with the idea to start teaching ballet and tap combination classes

for preschoolers and 5 - 7 year olds," said Hill, who is a dancer herself.

This summer she will offer weeklong July dance camps - one for preschool-ers and one for school age children in the basement dance studio at the Jacksonville United dance studio at the Jacksonville United Services Organization. Students will be able to learn different types of dances each day, make dance crafts, watch portions of movies with professional dancers in them and at the end of each camp week, they will get to break a ballet slipper piñata.
This fall, she will offer

dance classes off-base to not only military families, but to local residents who could not otherwise afford to have their children take a class.

"I remember my family struggling to pay for my dance lessons when I was a child," said Hill. "Dancing meant everything to me... I sometimes tried to sleep in my tap shoes because I thought they were so cool."

For information on the

dance camps, e-mail laurenhillnc@yahoo.com. ■



### Base theater to showcase spectacular renovations

Amy Segreti Carolina Living Editor

For the past several months, the Camp Lejeune base theater has undergone a massive reconstruction — one could even call it a "gut-The seats are brand new, lighting in the aisles was installed, the floors and carpeting were replaced, the concession stand is more effi-ciently arranged for employees and the veranda has been

Debbie Hoffman, manager at the theater, said it was a much-needed overhaul.

"You could tell that those seats had been through everything. We'd cleaned them and cleaned them, but the old green seats were still old green seats no matter what we did to them," said Hoffman. "Same with the floor - when someone spilled soda, it would go from the very top seat all the way down to the orchestra pit."

Hoffman hopes that the theater will remain in its pris-tine condition and the hard work will be appreciated.

"We used to blow down this theater with leaf blowers, blow all the trash down to the orchestra pit, and then we would take snow shovels to shovel it up and put it in trash cans," said Hoffman. "The floors are now a beautiful gray with a grainy feel to them, the carpet in the aisles is burgundy tweed like the

The new chairs have cup-holders, with beige backs and with wooden-beige arms. "When you put half a million

dollars worth of seats somewhere, I would hope everyone will respect these seats like they would at home. They're beautiful," said Hoffman.

Col. Adele E. Hodges, commanding officer of Camp Lejeune, came into the theater several months back, according to Hoffman, and told her she would approve a theater renovation. "When she says something, she real-ly gets it done," said Hoffman

gratefully.
Through the months it took to strip the theater bare and re-work it, Hoffman and other theater employees put their hearts and souls into

"I sit up in the balcony and look around sometimes and man, people tell you, 'don't take it personally, it's just your job,' but you can't do that, you do take it personally, it's like your home. And when you have company in your home, you want to present the best that you can. If we don't try to do that, then I don't know why we're here,'

reflected Hoffman. Hoffman truly hopes the theater will be a main attraction on base; events are already booked at the theater for the next couple of months. "The Marines and sailors are why we're here because they take care of America and we want to take care of those who take care of us. We're so excited to open it up and show it to them. It's just so beautiful," she said.

The theater will hold its See THEATER page 3D

### Graduation day deserved by all



With honors: Former Marine Cpl. Rebecca Denise Scott prepares to enter the Camp Lejeune base theater and walk down the aisle June 1. She is a cum laude graduate from Campbell University with a bachelor's degree in psychology. For the story, turn to page 6D.

# 'The Invisible' a thriller for teens; 'Fracture' twists and turns and turns and turns and turns are the second turns and turns are the second turns are the



From the front row

Now playing at Camp Lejeune

"THE INVISIBLE" (PG-13)

"The Invisible" is a science fiction tale about two teenagers who become invisible after each experienced a traumatic event; one symbolically and one physically.

This supernatural thriller centers on a teenager who finds himself trapped between the worlds of the living and the deceased, and who becomes invisible to

Justin Chatwin ("War of the Worlds,"
"Taking Lives") stars as Nick, a young
man who becomes invisible after his untimely death. He was attacked and left for dead and his spirit finds himself trapped in limbo; not quite dead but invisible to the living.

Now Nick must solve the mystery of his murder to become visible again.

Newcomer Margarita Levieva plays Annie, another teen who is invisible to others due to the neglect she has endured since the death of her mother.

Marcia Gay Harden ("The Bad News Bears," American Dreamz") co-stars as Nick's mother.

Also appearing are Christopher Marquette ("Alpha Dog") as Pete; Michelle Harrison ("Capote") as Kate; and Alex Ferris ("RV") as Victor.

David S. Goyer ("The Ghost Rider," "Blade Trinity," "Blade II," "Mission to Mars") directed this teen thriller.

Now playing at Midway Park

"FRACTURE" (R)

"Fracture" is high-profile crime
thriller about a young attorney who is
determined to find the truth in a murder

Anthony Hopkins ("Silence of the Lambs," "The Mask of Zorro," "Red Dragon") stars as Ted Crawford, a meticulous structural engineer. He discovers that his beautiful younger wife is having an affair and so he plans her perfect

Among the cops arriving on the crime scene is hostage negotiator Detective Rob Nunally, played by Billy Burke ("Ladder 49"), the only officer permitted entry to

Surprisingly, Crawford readily admits to shooting his wife, Jennifer, played by Embeth Davidtz ("Junebug"). Although Jennifer was shot at point blank range, she is not dead.

Nunally is stunned when he recognizes the victim as his lover, whose true identity he never knew.

Crawford is arrested and arraigned and it seems to be a closed and shut case for the young and ambitious assistant district attorney, Willy Beachum, played by Ryan Gosling ("Half Nelson," "The

However, Crawford is found innocent and Beachum who prosecuted him is seeking justice. He begins a cat and mouse game with the would-be wife killer that weaves in and out of the courtroom

But nothing is as simple as it seems in



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p.m., but the Friday wi 'The Invisible:' This supernatural thriller is a science fiction tale that centers on teer ten who finds themselves trapped between the worlds of the living and the deceased and the become invisible to others. free movie

Will the lure of power and a love affair with a sexy attorney and colleague, Nikki Gardner, played by the beautiful Rosamund Pike ("Pride and Prejudice"), overpower Will's fierce drive to win?

In a tense duel of intellect and strategy, Crawford and Willy both learn that a fracture' can be found in every perfect

Among the outstanding talented cast are also David Strathairn ("Good Night and Good Luck") as District Attorney Joe Lobruto and Josh Samberg (Must Love Dogs") as Norman.

Director Gregory Hoblit ("Hart's War," "Frequency," "Primal Fear") is spinning a deliciously twisted plot in this intense thriller with richly complex characters.

Hopkins, bringing some of his Hannibal Lecter animation, and the young Gosling are superb and perfect

Fracture" is a highly dramatic thriller with many twists and turns, that also shows that every case has a weak spot.

This one will keep you on the edge of

Now playing in Jacksonville

"BUG" (R)

"Bug" is a thriller about a group of peo-ple in a motel who become paranoid of

bugs crawling in their skin.

Ashley Judd ("High Crimes,"
"Twisted," "De-Lovely") stars as Agnes, a

lonely waitress with a tragic past.

Agnes rooms in a run-down slazy motel. She lives in fear of her abuve recently paroled ex-husband, playe by the free. Al Harry Connick Jr. ("Basic," "lipe that Floats").

Agnes works in a bar with her from C., played by Lynn Collins (he Number 23")

R.C. introduces Agnes to Peter, pl Michael Shannon ("Lucky Y 'World Trade Center"), an eccentric nervous drifter.

Peter is a paranoid, unhinged Gulf veteran who sees insects everywhere. Agnes starts to feel hopeful ag

when she begins a tentative rom with Peter, that is until the first |

Also appearing is Brian O'Byrne (\*New World") as Dr. Sweet.
Director William Friedkin (\*\*

Director William Friedkin (\*Exorcist," "The Hunted," "Rules Engagement," "12 Angry Men") ins that this film is not intended to be a ror movie.

The adaptation of the 2004 Broadway play by Tracy Lett is horn but it is also a deep and absorbing chological study.

"Bug" has some great performance its stars but has little to offer other to disturbing images and discomfort scenes; it is neither a good horror film

a suspenseful thriller.

Ms. Huneycutt is the Public Aff
Assistant at the Base Public Affairs Office



Photo courtesy of Movies.com 'Bug:' This thriller is about people who become paranoid of bugs crawling in their skin.

### NOCKED UP ROLE GRACIE PG13-DLP MR. BROOKS ROLP PIRATES 3:AT WORLDS END PG13-DLP BUG ROLP 9:30 SHREK 3 PG-DLP 1:30 2:00 3:45 4:20 \*6:30 7:15 9:00 9:30 DELTA FARCE PG13-DLP 28 WEEKS LATER R-DLP 28 THESWEDS: 14:10 7:10 9:30 SPIDER-MAN 3 PG13-DLP

KIDTOONS:HOLLY HOBBY GOLP

I CONTENT WE WE FOR FEATURE CONTENT - WWW. CORTING. C

MIDWAY PARK CAMP LEJEUNE THEATER **BASE THEATER** FRIDAY TODAY TODAY "Are We Do FRIDAY
"In the Land of Women," PG-13,
6:30 p.m.;
"Perfect Stranger," R, 9:15 p.m.
SATURDAY
"Are We Done Yet?," PG, 3:30 p.m.;
"Disturbia," PG-13, 6:30 p.m.;
"Perfect Stranger," R, 9:15 p.m.
SUNDAY
"Are We Done Yet?," G, 3:30 p.m.;
"In the Land of Women," PG-13,
6:30 p.m. FRIDAY "The Invisible," PG-13, 6:30 p.m.;
"Hot Fuzz," R, 9:15 p.m.
SATURDAY "Firehouse Dog," PG, 3:30 p.m.;
"Next," PG-13, 6:30 p.m.;
"Hot Fuzz," R, 9:15 p.m.
SUNDAY "Firehouse Dog," PG, 3:30 p.m.;
"The Invisible," PG-13, 6:30 p.m.
MONDAY 6:30 p.m. TUESDAY TUESDAY "Hot Fuzz," R, 7:30 p.m. **WEDNESDAY** "Next," PG-13, 7:30 p.m. 'Fracture,' R, 7:30 p.m. WEDNESDAY "Vacancy," R, 7:30 p.m.

Attention Marines and dependents: movies are free this weekend at the base theater in honor of its grand re-opening!

### Think twice before getting a divorce



Sustaining the Spark with

Chaplain Lee Milliner

I am asked often, "Chaplain, do you believe in divorce?" In marital counseling couples will often ask for my opinion whether they should stay married or get a divorce. If validation can be received from a marital "expert" or a clergyperson, then couples can use it as evidence that they ought to call it quits and move on beyond their relationship.

I have spoken to couples who have been advised by counselors that their personalities are not compatible or their problems are so complicated that divorce is their best option. I have no respect for any counselor who recommends divorce. I know of marriages that dissolved because of such advice; once informed by the "recognized expert" that there was little or no hope of success in their marriage, they simply gave up.

I do not believe in defeat or failure. I have played of the last point is won. How many times have we seen teams and athletes rebound from apparent loss to win? We see it all the time. What if a soccer or basketball coach advised their team at halftime to just

give up because there is no chance for success? What if some of our command-ers advised the same after the loss of some battles during major war campaigns? Success or failure may depend upon the response to challenges — sometimes, even overwhelming odds.

The dissolution of a marriage is failure! So, "no," I do not believe in divorce and "no," I will never recommend a couple divorce (though it may be one course of action I list as an option). I will do all I can to coach couples to succeed in marriage. I will encourage success; I will teach relationship skills to improve the relationship; I will give my best until a couple decides that they no longer want help and they want divorce mediation or divorce care. Then, and only then, will I turn my attention to helping them with "their" decision to dissolve their marriage and move on successfully with their lives

My head is not in the proverbial sand. I know that some couples will choose to separate. I will support them as best I can to move on gracefully, hopefully and successfully with their futures. But I anguish when couples refuse to give their marriage their best efforts and choose failure prematurely when success may be only a "learned skill," a "resolved conflict," a "behavior change," or a "deeper commitment" away. I always advise to "go for the win," knowing that winning is

rgo for the win, knowing that winning is not always achievable.
Capt. E. Lee Milliner is the Base Chaplain at Marine Corps Base Camp Lejeune. ■

### Pets of the Week: Save a life today.



This neutered, orange tabby domestic shorthair is 8 years old. Take him home today. Pet ID # A008442

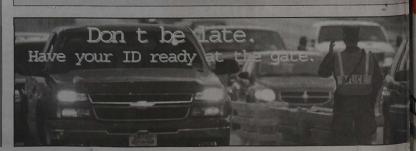


Puddy is an 8-year-old female, buff German shepherd dog mix. She wants to come home with you! Pet ID # A008049

The Onslow County Animal Shelter is open Monday through Thursday from noon to 7 p.m., Friday from noon to 3 p.m., Saturday from 10 a.m. to noon and 1 to 3 p.m. To see more pictures of pets available for adoption, visit www.petharbor.com

For more information, call the Onslow County Animal Shelter at 455-0182.

Photos courtesy of the animal shelter



### tyr Jational Men's Health week symposium to educate Marines

Cpl. Steven King Marine Corps Community Services

Ve carry the title of United States Marines. vever, we also carry the titles of son, broth-father, husband, uncle and grandfather. people who identify us with these honored s expect as much from us physically, as do people who identify us as Marines. Though will never require us to run a Physical ess Test or "weigh in" like we do in the ine Corps, our health is just as important

refulfillment of those jobs.
With this in mind, and in concert with ional Men's Health Week, Marine Corps munity Services Semper Fit Health motion will hold the First National Men's th Week Symposium from 8:30 a.m. to p.m. Wednesday at Building 302 aboard p Lejeune. This one day conference will st of 12 insightful thirty minute works aimed at heightening awareness and suraging early detection and treatment of ases that significantly impact men's health. raig Reed, Semper Fit Health Promotion och Head, said, "Men make fewer trips to doctor than women do. Normally, as men, don't worry about our health until something goes wrong. What we teach during National Men's Health Week is prevention, instead of intervention. Prevention is a lot less expensive than intervention; meaning, eating

expensive than intervention; meaning, eating right and exercising is a lot less expensive than chemotherapy. My passion for National Men's Health Week stems from my own experience."

Last October Reed was diagnosed with prostate cancer. "Instead of laying down and preparing to die I decided to take control of my illness, by instituting an immediate chappe in illness by instituting an immediate change in my lifestyle. Along with medical treatment, I changed my eating habits and reduced the amount of stress in my life. Presently the cancer is completely gone, but the memory of that scary affair has prompted me to educate others in order to halp mercent cach a thirst is seen in order to help prevent such a thing in some-one else's life," said Reed.

National Men's Health Week has been celebrated every year since 1994. It always concludes on the third Sunday in June, which is Father's Day. "The main goal of this week is to get people thinking, and empowering men through education," said Reed.

The symposium schedule is as follows:

Morning session

8:30 - 9 a.m., Men and Prostate Health

(Speaker, Craig Reed) 9 - 9:30 a.m., Men and Nutrition (Speaker Craig Reed)

9:30 - 10 a.m., Men and Depression (Speaker Barb Miller)

10 - 10:30 a.m., Men and Drinking/Drugs (Speaker Mike Muni)

10:30 - 11 a.m., Men: Protect Your Sexual Health (Speaker Mike Muni) 11 - 11:30 a.m., Men and Their Finances

(Speaker Roy Ells)

1 - 1:30 p.m., Men and Prostate Health (Speaker Craig Reed)

1:30 - 2 p.m., Men and Nutrition (Speaker Craig Reed)

2:30 p.m., Men and Depression (Speaker Craig Reed)

2:30 - 3 p.m., Men and Drinking/Drugs (Speaker Mike Muni)

3 - 3:30 p.m., Men: Protect Your Sexual Health (Speaker, Mike Muni) 3:30 - 4 p.m., Men and Their Finances (Speaker, Roy Ells)

The symposium is open to all ranks and civilians with ID card privileges. Unit leaders

are encouraged to attend with junior service members. Seating is limited; register today by calling 451-2865. ■



### **THEATER** CONTINUED FROM ID

ad re-opening and ribbon cutting ceremony on June rtesy of Mone; 1 p.m., but the perks don't stop there. The first Ceased and ses; the lucky recipients will receive free movies for year. On Saturday, the first 100 patrons will ive free movie passes for the first two showings and small popcorn will be offered during Saturday and a-down sle day matinees. Friday – Sunday, all movies at the main f her abus ter will be free; the matinee shows on June 16 and 17 nd, player also be free. All other movies are \$2 for adults and \$1 lasic," "Hildren.

just hope that everyone at Camp Lejeune and those ith her fing in the surrounding areas who are authorized to use Collins in theater enjoy it just as much as we enjoy working here," heater enjoy it just as much as we enjoy working here, Hoffman. ■



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# Protect yourself

### Local shelters

friends or family and to betel nonel rounts are available, then as a last rount go to a shelter. Remember, shelners are not designed for condect and do not usually scrept peta. Bring your financer supply let with you to the

Camp Lejeune High School

Comp Legeure High Schron From main gate Camp Lejeuns, take first right on Browster Bird. From Browster Bird, take first left on Stone St Credie light). Camp Lejeune High School is on your right, Prognist women over 16 weeks, women with infants, or individuals with medical conditions shanid use this shelter.

Tarawa Terrace II Elementary School Leaving the base from main gate hand straight and turn onto Hwy 24 west. At second traffic light turn left. Take first left. Drive through the housing area, take left at stop sign. School will us your left.

Brewster Middle School

From main gate Camp Lejeune, take first right on Brewster Blvd. From Brewster Blvd. take first left on St (traffic light). Brewster

### Authorized Items

- · First aid supplies
- Flashlights

- \* Important documents

### Prohibited Items

- \* Illegal drugs
- \* Firearms

### **Emergency Management office**

The Emergency Hanagement Office offers comprehen tive emergency planning and coordination between local store and federal agencies. Working together these groups provide an inclusive framework that encompassex all hazards and all levels of government,

The Emergency Management program includes four phases; magazion, preparedness, response and recovery in times of emergency, the Emergency Management Office establishes and operates the County's Emergency

Emergency Management works with local business. industry, and citizen groups to provide outreach programs such as family preparedness, safety during severe weather emergencies, and emergency protective actions. The non-emergency administrative phone number for Emergency Management is 347- 4270.

Director Of Emergency Services: Mark T. Goodman Telephone: 347-4270 FAX: 455-6767

Address: 1180 Commons Drive N., Jacksonville,

General Information: ocemon@cs.onslow.nc.us Web site: http://co.orolow.nc.us/emergencyservices/

### Know the facts

Hurricanes rotate in a counterclockwise direction around an "eye." A tropical storm becomes a hurricane when winds reach 74 mph. A hurricane can last for more than two weeks as it travels across the ocean and up a coastline.

### Flood insurn etl'

The National F Insurance Program pre-disaster flood i tion and insurance tection program del to reduce the esca cost of disaster. The National Fi Insurance Progra makes federally-ba flood insurance aval to residents and but

owners. Flood dam not usually covered homeowners insuri Do not make assu tions. Check your p Visit

www.fema.gov/abe grams/nfip/index. or call

1-888-CALL-FLO ext. 445.

### Have op

Discuss the har could affect you Know your ho nerability to sto flooding and wil

Locate a safe resafest areas home for each hazard. In or cumstances th areas may not home but with

Determine esca from your hot places to mee tens of miles mi

Have an our friend as a fast tact, so all your members have point of contact.

Make a plan for do with your per need to evacua

Check your is coverage - fixed is not usually es

radio. House replace its butt

### Bury the needle: hurricane categories

### Category One

Wind speeds of 74-95 mmb. **Unanchored mobile homes, veg**etation and signs are damaged.

### **Category Two**

Wind speeds of 96-110 mph. Damage to all mobile hom roofs, small crafts; area flooding.

### 60 70 80

### Did you know?

During a wild April storm in 1934, a wind past of 231 miles per hour (372 killometers **Mount Wash** 

MPH

/ 100 -110

140

### **Category Three** Wind speeds of 111-130 mph

Extensive damage to small buildings. Low-lying roads are cut-off.

### **Category Four**

Wind speeds of 131-155 mph. Extreme ige, roofs and mobile home destroyed; beach homes flood.

### **Category Five**

ind speeds greater than 155 mph. strophic damage to most build-ings, vegetation and roads.

# ready for hurricanes

repare

### Retrofit your home

Program flood he most important precaution you take to reduce damage to your Surance is and property is to protect the ram des as where wind can enter.

Tam des as where wind technology ording to recent wind technology he escal arch, it's important to strengthen disaster exterior of your house so wind and isolater exterior of your house so wind and isolated it is do not tear large openings in it.

can do this by protecting and the Program forcing these five critical areas:

straps, shutters, doors and ince any great time to start securing — or and bus making other improvements or odd damaing an addition.

od dama ing an addition. covered emember: building codes reflect ke assur irements are necessary for your precisions experts have learned from the local ke assuring the same are necessary for your your precisions.

sit

bled roofs gov/abo oes your home have a gabled roof? index. the end wall of your home takes emendous beating during a hurrical for the properly braced, it can coltever, gable end walls are easy to a high prity on your retrofit list.

ypically, gable end trusses are try attached to the top of gable walls. The bottom of the truss

VE ON the securely nailed to the top of wall and braced to adjacent truss-This prevents wind from pushing affect your half to all the gable end at its critical affect your half to the gable truss is consolidated and the gable truss is consolidated and the gable wall. Without under bracing, the end wall may estroyed during hurricane winds. o secure your gable end wall, fas-eight-foot long braces to the bote a safe m t areas for each chord of the gable truss and the chord of the gable truss and the cent trusses with sixteen-penny stances to may not a of four feet on center. In additional trust, spaced at a maximumity, and the sure to tie back the gable s with at least one eight-foot long e, along the ridge of the roof, to ral of the interior trusses.

In the sure to the back the gable as with at least one eight-foot long e, along the ridge of the roof, to ral of the interior trusses.

In the sure to the back the gable as the sure to the back the gable as with at least one eight-foot long e, along the ridge of the roof, to ral of the interior trusses.

emergen numbers and management

hingles are usually not designed esist hurricane force winds. They e with integral locking tabs or ory-applied adhesives that on sion do not adhere properly to underlying shingle because of weather installation, uneven aces or any number of other rea-. For increased wind resistance, a qualified person inspect severningle tabs to see if the adhesive engaged. If not, use a quick-set-asphalt cement to bond them

cement the shingle tabs to the erlying shingles, place two spots uck-setting asphalt cement about size of a quarter under each tab a putty knife or caulking gun. s the tab into the adhesive. Be to cement all the tabs through-the roof, being careful not to bend 1 farther than necessary when ying the adhesive. Replace any aged shingles immediately.

### of to top of wall connection

f to top of wall connection etal hurricane straps or clips prothe proper measure of strength safety for the roof-to-wall connectine common practice of toenail-he trusses or rafters often is not cient to hold a roof in place in winds. These clips or straps are lly very difficult to see from the because of insulation.

The country description of the top of stud walls are nory covered by dry wall on the leand by wall cladding and soffit d on the outside. To install hurri-

cane straps and clips, remove the roof sheathing around the perimeter of the roof to reveal the top of the wall. You may also need to remove the soffit and exterior cladding to reveal the top 12 to 18 inches of the wall. In addition, if the exterior cladding is brick veneer, you may need to remove small sections of brick as needed.

If your roof has trusses, make sure you tie them to the wall by either anchoring to the top plate and then the, top plate to the wall stud, or strapping the truss directly to the wall stud

Your home has either double or single entry doors. If they are solid wood or hollow metal they probably can resist wind pressures and hurricane debris. However, if you are not sure whether they are strong enough, take

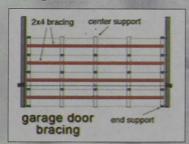
Install head and foot bolts on the inactive door of double-entry doors.

Make sure your doors have at least

three hinges and a dead bolt security lock which has a minimum one inch

Since double entry doors fail when their surface bolts break at the header trim or threshold, check the con-nections at both places. Be sure the surface bolt extends into the door header and through the threshold into the subfloor.

### Garage doors



Because of their width, double-Because of their width, double-wide garage doors are more susceptible to wind damage than single doors. Unless you have a tested hurricane-resistant door, the wind may force it out of the roller track — especially if the track is light weight or some of the anchor bolts are not in place. This occurs because the door deflects too much under excessive wind pressure and fails.

Check with your local government building official to see if there are code requirements for garage doors in your area. Check with your local building supplier or garage door retailer to see if a retrofit kit is avail-

able for your garage door.
You should probably reinforce your double-wide garage door at its weak-est points. This involves installing horizontal and/or vertical bracing

est points. This involves installing horizontal and/or vertical bracing onto each panel, using wood or light gauge metal girds bolted to the door mullions. You may also need heavier hinges and stronger end and vertical supports for your door.

If you decide to retrofit your garage door with a kit that allows you to operate the door after it is installed, make sure the door is balanced by lowering it about halfway and letting go. If the door goes up or down, the springs will need adjusting. Note: Since the springs are dangerous, only a professional should adjust them.

If you are unable to retrofit your garage door with a kit specifically designed for your door, you can purchase garage door retrofit kits to withstand hurricane winds at your local building supply store. Also, check to see if the supplier can do the installation.

### Checklist: go, go, go

Water - at least I gallon daily per person for 3 to 7 days

Food — at least enough for 3 to 7 days

- non-perishable packaged or canned food / juices
- · foods for infants or the elderly
- · snack foods
- · non-electric can opener
- cooking tools / fuel
- · paper plates / plastic utensils

Blankets / Pillows, etc.
Clothing — seasonal / rain gear/ sturdy shoes
First Aid Kit / medicines / prescription drugs
Special Items — for babies and the elderly

Toiletries / hygiene items / moisture wipes Flashlight / batteries

Radio — Battery operated and NOAA weather radio
Telephones — Fully charged cell phone with extra battery and a traditional
(not cordless) telephone set

Cash (with some small bills) and Credit Cards. Banks and ATMs may not be available for extended periods

Toys, books and games

Tools — keep a set with you during the storm Vehicle fuel tanks filled

### Important documents — in a waterproof container or watertight resealable plastic bag, bring:

- · medical records
- · bank account numbers
- · Social Security card

- proper identification / immunization records / medications
- · ample supply of food and water · a carrier or cage
- · muzzle and leash

### Ready, set, evacuate!

delay your departure. If possible, leave before local officials issue an evacuation order for your area. Even a slight delay in starting your evacuation will result in significantly longer travel times as traffic congestion worsens

· Select an evacuation destination that is nearest to your home, preferably in the same county, or at least minimize the dis-tance over which you must travel in order to reach your intended shelter location.

• In choosing your destination, keep in



### College students' sacrifices recognized at graduation ceremo

Story and photos by Amy Segreti

A sea of black caps and gowns, colorful tassles and smiling, grateful faces popu-lated the outside of the base theater June 1 at 10 a.m. as college graduates prepared to receive their rightful reward

for years of hard work.

The ceremony recognized service members, military spouses and dependents, and members of the civilian community who have completed an off-duty voluntary educa-

tion program during the 2006-2007 school year. Students were graduates from the six universities that operate programs or centers aboard Camp Lejeune, including Campbell University, Campbell University of North Carolina at Wilmington, Southern Illinois University, Boston University, Webster University, and Coastal Carolina Community College.

"Now you can't say you've got a paper to write. You've got to become a member of the family again," joked Maj. Gen. Robert C. Dickerson to an

uates, family and friends.
Dickerson, Commanding
General of Marine Corps
Installations East at Camp Lejeune, acknowledged that it was tough to work towards a degree in light of the War on Terrorism; many graduates completed their degrees while dealing with loved ones deploying all over the world.

"Your sacrifices over the last several years will not go unnoticed," said Dickerson. "You have now achieved a huge accomplishment. This is going to help increase your stock in corporate America and the military.

"So congratulations," said Dickerson, smiling. "Every one of these graduates should be washing the dishes





congratulations: Above, Maj. Dickerson, Commanding General of Marine Corps Installations East at Camp Lejeune shakes the hand of Nicholas King, a Campbell University Associate of Arts graduate. Above right, Daniel Spangler, a cum laude Electronic Systems Technologies graduate from Southern Illinois University prepares to walk the aisle. Right, Campbell University honors psychology majors (from left) Denna Pierce, Donna Smith, Darlene Williams, Rebecca Denise Scott, Irene Sargent and Jenna Shere



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    - Bankruptcy
  - 1st Time Buyer



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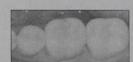
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BEFORE





AFTER

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The Jacksonville Salvation Army is dedicated to supporting our troops, by supporting their families.

We would like to send

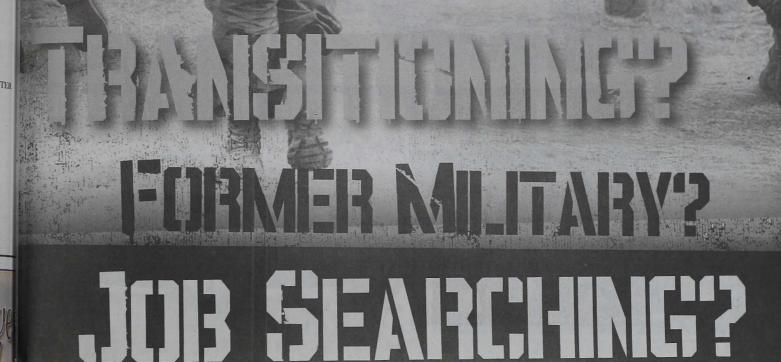
Military dependents, ages 7-16 to summer camp for one week! Children will enjoy boating, fishing, swimming, and making new friends this summer at Camp Walter Johnson Camp weeks run from mid June-July





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Salvation Army Summer Camp! One Awesome Week Of Unforgettable Fun! emo



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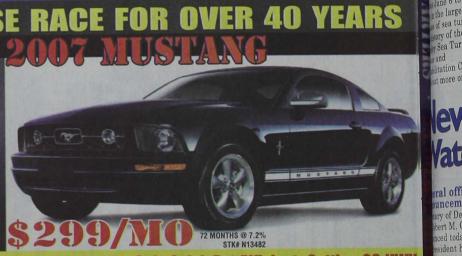
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04 CHRYSLER CROSSFIRE	OG CHRYSLER PT CRUISER	O7 CHRYSLER TOWN & COUNTRY	O7 CHEVY SILVERADO	'06 CHEVY SILVERADO 1500	O3 CHEVY AVALANCHE	OG CHEVY SILVERADO 1500	O4 CHEVY TAHOE	'03 CHEVY TRAILBLAZER	04 CHEVY MALIBU	'06 C
\$336 KB	\$230 KB	\$335 M	\$445 PER MO	\$293 PER MO	\$290 PER MO	\$412 PER	\$338 PER	\$262 PER	\$187 PER	\$20
'06 CHEVY MALIBU	'07 CHEVY IMPALA	'07 CHEVY MONTE CARLO	O3 CHEVY CORVETTE	'05 CHEVY COBALT	O4 CHEVY CAVALIER	O5 CHEVY COBALT	'05 DODGE MAGNUM	OG DODGE CHARGER	O7 DODGE CALIBER	'04 DI
\$265 KB	\$303 PER	\$272 PER	\$557 PER	\$204 PER MO	\$154 PER	\$188 PER MO	\$411 PM	\$453 PER	\$274 PER	\$15
'07 DODGE CALIBER	OS DODGE NEON	'05 DODGE NEON	'05 DODGE NEON	OG DODGE STRATUS	O5 DODGE STRATUS	OG DODGE DURANGO	O2 DODGE VIPER	O2 DODGE DAKOTA	OG DODGE DAKOTA QUAD	OG DI
\$274 PER	\$205 PER	\$188 PER	\$188 PER	\$222 PER MO	\$204 PER	\$317 PER MO	\$911 PER	\$137 PER	\$349 PER	\$33
O4 VW JETTA	06 VW PASSAT	'03 FORD ZX2	'06 FORD TAURUS	O5 FORD MUSTANG GT	'03 FORD TAURUS	O5 FORD FOCUS	OO FORD FOCUS	'03 FORD FOCUS	OG FORD MUSTANG GT	O4 FR
\$308 PER	\$394 PER	\$128 PER	\$240 PER	\$428 PER	\$171 PER	\$205 KB	\$120 PER	\$188 PER	\$437 PER	\$20
'03 FORD MUSTANG	O3 FORD EXPLORER	05 FORD SPORT TRAC	O4 FORD ESCAPE	'07 FORD MUSTANG	'05 FORD SPORT TRAC	OG FORD EXPEDITION	OG FORD ESCAPE	'04 FORD RANGER	'06 FORD F-250	O7 FO
\$222 PER	\$205 PER	\$394 PER	\$240 PER	\$342 PER MO	\$404 PER	\$480 PER	\$345 KB	\$240 PER	\$501 PER	\$33
05 FORD EXPLORER	'06 FORD RANGER	'05 FORD F-150	'06 FORD ESCAPE	'04 FORD F-150	'07 FORD F-150	'07 FORD F-150	'07 FORD F-150	O7 FORD EXPEDITION	O7 FORD EXPEDITION	'06 F0 F-15
\$370 PER	\$319 PER	\$379 PER	\$334 PER	\$379 PER	\$394 PER	\$394 PER	\$440 PER	\$428 PER	\$440 PER	\$410
06 FORD F-150	'07 FORD FREESTAR	'06 FORD F-350	'07 FORD EXPEDITION	'05 FORD FREESTYLE	'04 FORD RANGER	'03 FORD EXCURSION	'07 FORD F-150	'05 FORD F-150	'06 FORD F-350	O1 FO
\$379 M	\$308 MB	\$592 PER	\$425 PER	\$326 PER	\$308 PER	\$308 PER	\$360 PER	\$325 PER	\$622 PER	\$181
03 FORD F-150	06 FORD F-250	'04 FORD F-150	'06 FORD F-250	'06 FORD FREESTAR	'06 FORD F-150	'06 FORD F-350	'06 FORD ESCAPE	'04 FORD F-150	'05 FORD F-250	'04 F0 F-25
\$240 PER	\$497 PER	\$462 PER	\$607 PER	\$273 PER	\$440 PER	\$592 PER	\$342 PER	\$308 PER	\$501 PER	\$50
03 FORD EXPLORER SPORT	06 FORD F-150	'06 FORD F-150	03 FORD F-150	'06 GMC SIERRA 1500	O4 HONDA ACCORD	'05 HYUNDAI ACCENT	'06 HYUNDAI ELANTRA	OG HYUNDAI SONATA	O3 HYUNDAI	OG JE Wrang
\$274 MB	\$377 PER	\$257 PR	\$291 PER	\$410 PER	\$342 PER MO	\$188 PER MO	\$222 PER MO	\$274 PER MO	\$137 PER	\$41
'07 JEEP GRAND CHEROKEE	'03 JEEP GRAND CHEROKEE	OG KIA AMANTI	'04 KIA SORENTO	'06 LINCOLN LS	'05 MAZDA TRIBUTE	OG MITSUBISHI LANCER	'05 NISSAN SENTRA	OG NISSAN ALTIMA	OG NISSAN ALTIMA	O5 NIS
\$394W	\$291 IB	\$342 PER	\$260 PER	\$394 PER	\$319 PER	\$212 PER	\$182 PER	\$325 PER	\$291 PER	\$37
OS NISSAN PATHFINDER	99 OLDSMOBILE BREVADA	'04 PONTIAC GRAND PRIX	'06 PONTIAC VIBE	07 PONTIAC G6	OG PONTIAC GRAND PRIX	'02 PONTIAC SUNFIRE	OG TOYOTA COROLLA	OZ TOYOTA CAMRY	OG TOYOTA COROLLA	OS TOY CAM
\$377 PER	\$120 PER	\$222 PER	\$27/1 PER	S200PER	\$27/1 PER	\$120 PER	SO/IQ PER	S2/IO PER	\$257 PER	\$27/



anders (Ford)