

# **WITHIN RANGE**



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about fire safety.*



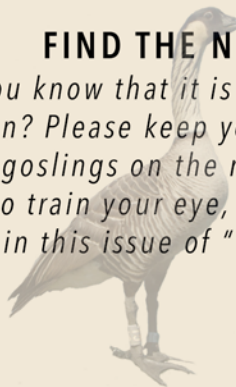
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## **FIND THE NENE!**

*Did you know that it is Nene breeding  
season? Please keep your eye out for  
little goslings on the road and if you  
need to train your eye, find the hidden  
Nene in this issue of "Within Range."*



## **PMRF TRIAD**



**Capt. Tim Young**  
*Commanding Officer*



**Cmdr. Rich Schmaeling**  
*Executive Officer*



**CMDCS William Eickhoff**  
*Senior Enlisted Leader*

Pacific Missile Range Facility Barking Sands (PMRF) is the world's largest instrumented multi-environment range capable of supporting surface, subsurface, air, and space operations simultaneously. There are more than 1,100 square miles of instrumented underwater range, 42,000 square miles of controlled airspace and 21 million square miles of extended range when needed.

PMRF Public Affairs: Tom Clements, MC1 Erickson Magno



• EST. OCTOBER 13, 1775 •



*24.5<sup>th</sup>*  
**U.S. NAVY  
BIRTHDAY**

• U.S. NAVY •



# A Very COVID Halloween



For Halloween, we'd like to maintain some traditions such as carving pumpkins and dressing up with our costumes. With current events and restrictions in mind, we will make sure to adhere to the set guidelines and make things safe and sanitary for our family.

-Boatswain's Mate 1st Class  
Nathaniel Banez

Me and my wife are still trying to finalize our plans but we wanted to do something fun for my son to keep the spirit of Halloween alive. I have a 3-bedroom house so our idea was to have my son go to all the rooms and do a quick trick or treat thing. I'll probably get a few different costumes to surprise him everytime. Other than that, we will definitely be watching Hocus Pocus. It's a family tradition!

- Electronics Technician 1st Class  
Kaymen Sneed



We will probably do something small at the house. My daughter and her neighborhood best friends from across the street are planning out their costumes. So we'll probably just decorate around the house, maybe do a movie night. It all depends on what our small neighborhood is planning for Halloween.

- Liann Lofton  
Construction Manager, NAVFAC HI



I definitely want to do some pumpkin carving. I will probably do a nice photo shoot with my kids in their costumes. If COVID Halloween restrictions allow, we'd like to do a safe trick or treat keeping in mind all sanitation guidelines.

- Margaret Nunes  
Office Automation Assistant, PMRF





# FIRE PREVENTION WEEK

*Story and Photos by MC1 Erickson Magno*

The National Fire Protection Association recognizes fire prevention week, October 4 to 10, and this year emphasizes cooking safety. As we approach the holidays it becomes more of an important topic as people put on their aprons to get ready to make their families a hearty meal.

At Pacific Missile Range Facility, people turn on their stoves, fire up their grills and hit the grocery stores to get ready to cook up some delicious fare. PMRF's fire department reminds installation personnel to please take caution when getting meals ready in the coming months.

During fire prevention week, Pat Kaneshiro, PMRF fire department's lead fire inspector, offers insight and important tips as they pertain to the installation.

"It's important to think about fire safety on this base," said Kaneshiro. "This base is old, PMRF has a history of service with equipment that has long passed their initial service span yet is still well maintained and kept in operation. This not only applies to the technical equipment but also to the structures that support them."

Fire safety is a crucial consideration and keeps everyone safe when practiced properly.

"With this 'aging' you need to be aware that there could be sudden breakdowns when a fire presents itself," said Kaneshiro. "You may not have the time to properly evacuate

from an area or building that you aren't familiar with, so practicing fire safety, being familiar with evacuation plans posted at doorway entries, and studying the fire bill are all your critical line of defense for fire safety."

The community of PMRF is selfless and has lots of concern for the well being of others.

"PMRF is a unique and close knit community. They are law abiding and conscious about others and their welfare, both at work, in and out of the community," said Kaneshiro. "Aloha is practiced here. Having the mindset 'conscious about others' could jeopardize their own safety when trying to ensure everyone else is outside and safe."

Kaneshiro experienced this first hand.

"I've seen this happen when the Halon system in Bonaventure was accidentally discharged," said Kaneshiro. "Personnel were looking for techs under the floor, with no regard to their own protection and not wearing any type of regulated breathing masks like a self-contained breathing apparatus. That agent is meant to combine and lower the oxygen level beneath the ignition point. Fortunately, everyone got out safely and no ill effects were noted."

Disaster can strike at a moment's notice. Fire prevention helps ensure everyone stays safe. Staying knowledgeable and prepared is the key to prevent fire mishaps from occurring.









Story by MC1 Erickson Magno

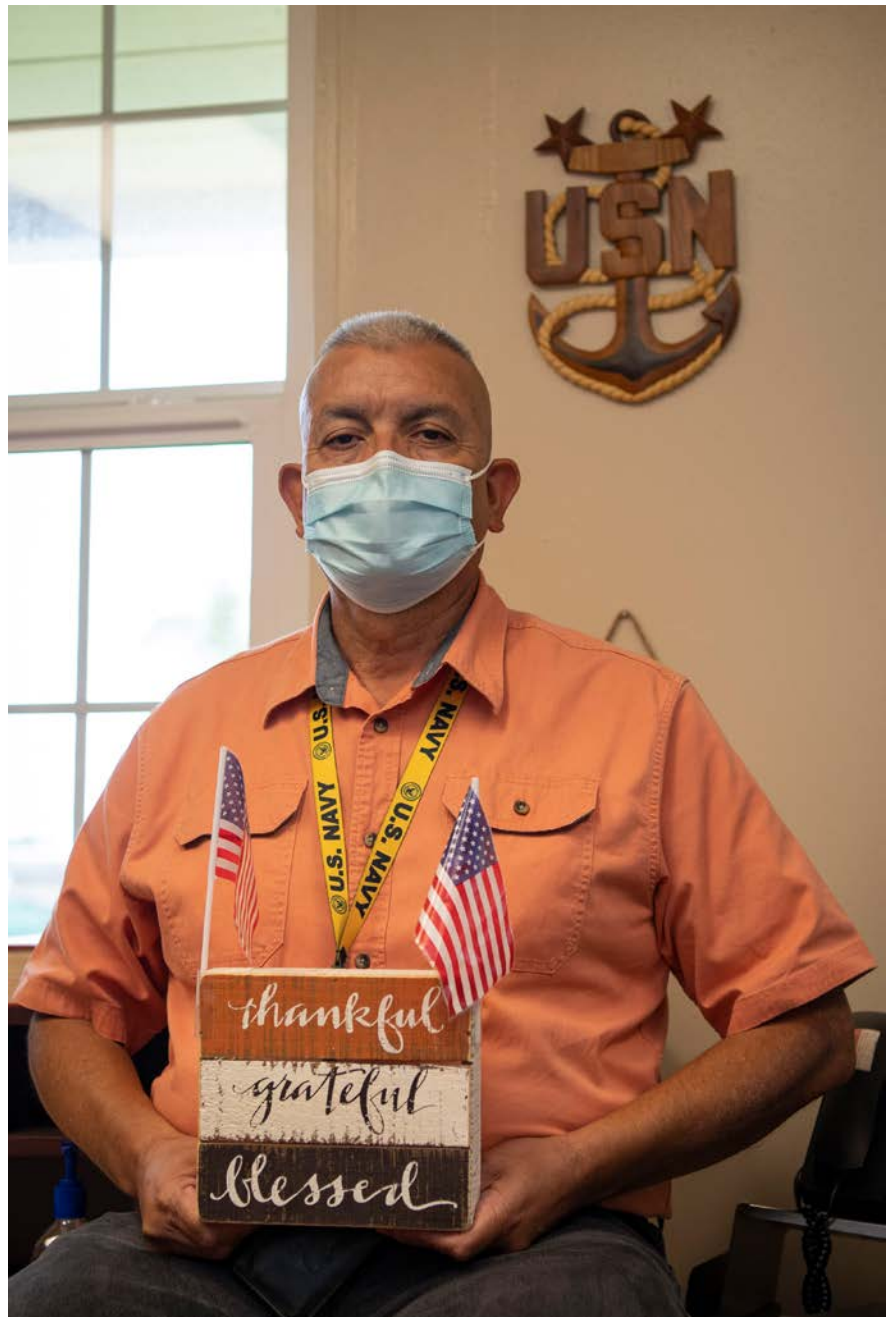
Every year from September 15 to October 15, the Navy recognizes Hispanic Heritage Month to celebrate diversity and the culture of our Sailors and Civilians who come from hispanic backgrounds. At the Pacific Missile Range Facility, diversity is essential to the tight knit community maintained on the installation. Members of PMRF's ohana that come from hispanic backgrounds bring their values, ideals and traditions to the fleet, helping increase the diverse community of the installation.

Hector Escajeda, PMRF's Admin Officer, is originally from Atotonilco in Durango, Mexico and enlisted in the U.S. Navy, remaining on active duty continuously from 1978 to 2007.

"My dream, even before I joined the Navy, was to go on ships," said Escajeda. "I saw myself riding on a ship, standing over the rails, and watching the waves or a still, glass-like sea."

In the Navy, Escajeda lived through changes in policy and culture for almost 3 decades.

"When I first joined, it was a different time," said Escajeda. "There was still some discrimination but it wasn't something that was tolerated. As time progressed, things did get better and began to improve."





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## AGE MONTH



Hispanic Heritage Month is one of many heritage celebrations the Navy recognizes and helps identify the value of being in such a unique organization where many individuals come from different walks of life.

“It’s very important that the Navy recognizes the different cultures in the Navy,” said Escajeda. “We as a team, all have something different to bring to the table and share within the organization. We are better being diverse.”

Escajeda always did his best to set a standard during his time in the Navy. As he progressed he molded himself as he observed different leaders before him.

“I learned from the good and the bad,” said Escajeda. “I would see leaders and say to myself ‘I want to be like them’. It didn’t matter whether they were hispanic or any other race but as long as they were a good person. Regardless of who they were, I would say to myself that I want to be like them because they inspired me.”

After a successful career of just short of 30 years, Escajeda retired as a Master Chief and is currently serving the Navy as a civil service employee. His belief is that with hard work and dedication, anything can be accomplished. It’s

a mindset instilled within him from his culture and something he wants to pass on to others.

“I would like to wish all the hispanics out there, from Central America, South America, Mexico and everywhere in between, a happy Hispanic Heritage Month Celebration.” said Escajeda.



# Cooking Safety

Cooking brings family and friends together, provides an outlet for creativity and can be relaxing. But did you know that cooking fires are the number one cause of home fires and home injuries? By following a few safety tips you can prevent these fires.

## "COOK WITH CAUTION"

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

## If you have a small (grease) cooking fire and decide to fight the fire...

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

## If you have any doubt about fighting a small fire...

- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number from outside the home.



## Cooking and Kids

Have a "kid-free zone" of at least 3 feet (1 metre) around the stove and areas where hot food or drink is prepared or carried.

## FACTS

- ! The leading cause of fires in the kitchen is unattended cooking.
- ! Most cooking fires in the home involve the kitchen stove.



**NATIONAL FIRE  
PROTECTION ASSOCIATION**

The leading information and knowledge resource  
on fire, electrical and related hazards