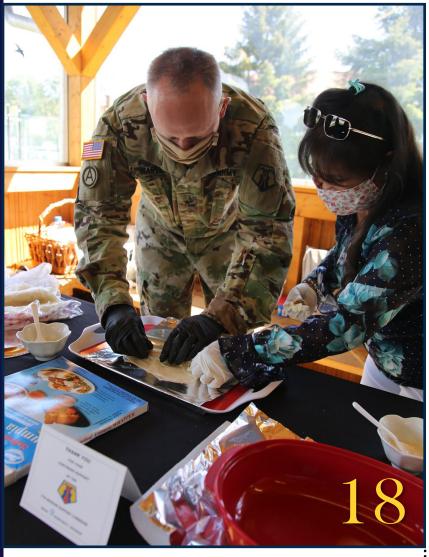


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CELEBRATING HERITAGE

The EO office holds observance loaded with homemade food and fun















Team 7th Strong,

The coronavirus pandemic has changed our "normal." But I'm so proud to serve with a team focused on our responsibilities to the Nation. Even though we have and continue to modify our way of life to protect the force, we must always remain ready to respond when our Nation calls. As stated by the Army Chief of Staff, if called, "We don't go to participate. We don't go to try hard. We go to win. There's no second place or honorable mention in combat. Winning matters."

Now more than ever, we have to focus on building our resilience as this virus is probably an omen of what's to come in the future. Instead of responding to crisis in fear, we need to build up our grit and resolve to work together and accomplish the mission together.

Memorial Day is a great reminder of serving others vice serving own self-interests. Memorial Day is the epitome of grit and gives us the opportunity to reflect and seek spiritual guidance from the most selfless our country has ever known. We should ask ourselves what they would tell us to do and how to revere in the freedom they gave their last breath to provide. While they are no longer here, their stories leave us with important lessons of dealing with adversity. We can learn a lot from these heroes who gave it all so that we

may live free.

They would remind us that we are not measured by what we do when something is a walk in the park. Rather, we get measured when we face something that seems impossible; that the tougher the times, the tougher the people get built; to not waste a moment of this precious life that we have the privilege to live; and seek the positive in the negative. Commitment to life is not about the quantity of minutes we get but about the way we spend the minutes we have and how we effect those in our path.

We must learn from them. We have been challenged by COVID-19, but Americans are never victims. We wake up under a flag that our brothers and sisters charged into battle with and we wake up every day getting to decide that today will be a better day than yesterday and that this week will be better than last week. If we do not actively work to make it that way then we squander the life and freedom they gave everything to defend.

In order to be worthy of their sacrifice, we need to strive to improve each day not fearing failure. As Confucius stated, "Our greatest glory is not in never failing, but in rising every time we fail."

See you on the range, Ready 6

> Brig. Gen. Michael Harvey Commanding General



THE OFFICIAL MAGAZINE OF THE US ARMY RESERVE 7TH MISSION SUPPORT COMMAND HEADQUARTERS

SUBMISSIONS: THE 24/7TH INVITES ARTICLES, IDEAS, PHOTOGRAPHS AND ANY MATERIAL THAT MAY BE OF INTEREST TO MEMBERS OF THE 7TH MSC. ANY MATERIAL SHOULD BE SUBMITTED TO:

USARMY.RHEINLAND-PFALZ.7MSN-SPT-CMD-LIST-PAO@MAIL.MIL.

PLEASE INCLUDE SUBMISSION AND YOUR OFFICE IN THE SUBJECT LINE AS WELL AS A CONTACT NAME AND NUMBER.

VISIT DVIDSHUB.NET FOR SUBMISSION EXAMPLES.

"THIS IS MY SQUAD"

Making sure our Soldiers are Duty Military Occupational Specialty (DMOSQ) and Professional Military Educationally (PME) qualified is a top priority and directly contributes to readiness. This is not only a Command Team responsibility, but a First Line Leader (FLL) responsibility as well. When receiving a new Soldier or a unit undergoes a structure change, Leaders need to make sure their Soldiers are DMOSQ and PME qualified.

This starts by conducting an initial counseling and getting to know the Soldier. Counseling allows the FLL to provide expectations, learn about the Soldier, and most of all figure out what they need to become educationally qualified. Once the training requirements are identified, the FLL will capture that in the same or separate counseling laying out their school requirements. That way the Soldier fully understands that they need specific courses, the dates they will attend, and they will have maximum time to prepare.



By conducting a schools counseling well in advance, it eliminates the conflicts we currently experience so often causing cancellations. Subsequently, we use quarterly counseling to assess performance, as well as, identification of future training requirements. This keeps our Soldier qualified in the timeframe that they should be and also shows them what right looks like as a FLL.

First Line Leaders are the lifeblood of an organization and are the key element to maximizing training and productivity. I will continue to reinforce their importance in everything we do. It is also the responsibility of Leaders at all levels to regularly check on your Soldiers, their families, and report anything that we can assist with. Keep the 7th Strong Family resilient, fit, take care of each other, and stay 7th Strong always.

"THIS IS MY SQUAD"

And always,

Remember Who You Are, Where You Come From, and Who You Represent

Command Sgt. Maj. Paul Yingst Command Sergeant Major

7TH MSC COMMAND TEAM

BRIG. GEN. MICHAEL HARVEY

COMMANDING GENERAL

COMMAND SGT. MAJ. PAUL YINGST
COMMAND SERGEANT MAJOR

PUBLICATION STAFF

MAJ. ADDIE L. LEONHARDT
PUBLIC AFFAIRS OFFICER
EDITOR-IN-CHIEF

SGT. 1ST CLASS JOY DULEN
PUBLIC AFFAIRS NCOIC
CONTENT AND LAYOUT

FOLLOW US:













HHC BA Schedule

Changes and updates are ongoing...

6-7 June MUTA 4 Blended –virtual outside 50 miles

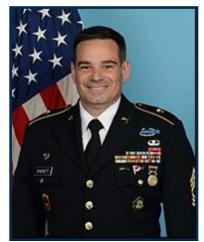
25-26 July MUTA 4 AT Prep

27 July-9 August AT Grafenwoehr

12-13 September MUTA 4 AT Recovery/SRP Level 1



HHC Commander and 15G



CPT Brian Estes

1SG Stanton Shackett

7th Teammate Farewells







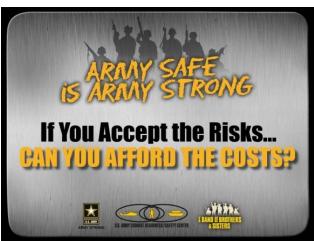
LTC Kevin Kaufman

LTC Charles Scheck

SSG John Moore

June Safety









Mission planning continues for brigade engineers eyeing DEF Europe 2021

Story by Sgt. 1st Class Patrick Loch 510th RSG Public Affairs

RHEINLAND-PFALZ, Germany—Building on April's virtual battle assembly, the 510th Regional Support Group's engineer section continued planning efforts to ensure a core RSG function: provide base operations support and quality of life services.

"Training the team on relevant collective and individual tasks builds team cohesion and a better individual understanding of how we support the 510th in executing any future mission," said Maj. Daniel Jost, 510th RSG facility engineer officer in charge. "COVID may impact how we execute, but not the basic principles and skills applied to successfully execute a mission."

Since April the brigade has conducted virtual battle assemblies as a force protection measure to reduce contact and adhere to travel restrictions as a result of COVID-19. Now, with Soldiers becoming familiar with

the tools needed to conduct battle assemblies in a virtual environment, sections are working new skills to continue training and planning for future operations.

"[Saturday] we did a mission analysis brief for Defender 21, in anticipation of the exercise next year," said 1st Lt. Austin Havens, 510th RSG facility engineer officer. "I believe the virtual environment is great for section training. It does not hinder participation on the platforms we have available, and it cuts down on interruptions that soldiers see when physically present."

The training scenario was conducted with the 589th Forward Engineer Support Team – Advance, which is in a support role to the 510th RSG, and provided a mission brief and planning guidance for the development of a base camp in Croatia in support of Defender Europe 21.

"We will be using this scenario to train the base camp development collective task and Military Decision Making Process (MDMP) throughout the coming months," Jost said. "Engineer input regarding engineer assets, their availability, capabilities, and limitations can have a significant effect on the MDMP courses of action development."

The training foundation laid now will enable teams in meeting the commander's intent for anticipated missions, which could include the formation of Base Operating Support-Integrator (BOS-I) teams throughout an exercise or operation area. BOS-I teams are responsible for facilities master planning and making

sound decisions to provide the best quality of life to Soldiers living on forward operating sites. "In a nutshell, we're considering current and anticipated requirements and planning for maintenance and upgrades to existing facilities," Havens said.

"A fundamental aspect of providing life support to maneuver elements is the establishment, expansion, or contraction of base camps and related infrastructure," Jost said. "This is part and parcel to one of the Regional Support Group's mission-essential tasks to assist in the establishment and maintaining base operations support and quality of life service."

(Top Left) As part of DEFENDER-Europe 20, 510th RSG engineers review the construction of one of several logistics support areas within the Drawsko Pomorskie Training Area, Poland, January, 2020. The brigade's facility engineers ensure an RSG mission-essential task to assist in the establishment and maintaining base operations support and quality of life service for Soldiers in a training or operation area.

(Photos by Master Sqt. Allan DeCoster, 510th RSG facility engineer NCOIC)

(Below) As part of DEFENDER-Europe 20, 510th RSG engineers review the construction of one of several logistics support areas within the Drawsko Pomorskie Training Area, Poland, January, 2020. The brigade's facility engineers ensure an RSG mission-essential task to assist in the establishment and maintaining base operations support and quality of life service for Soldiers in a training or operation area.





361st becomes critical asset to U.S. Army Europe during pandemic

Story by Sgt. Daniel Friedberg
7th MSC Public Affairs

KAISERSLAUTERN, Germany— When the Corona virus pandemic started effecting the readiness of the U.S. Army in Europe in early March, U.S. Army Reserve Col. Carlos Gorbea, the newly minted commander of the 361st Civil Affairs Brigade, 7th Mission Support Command, and his Soldiers wasted no time getting busy.

"I took command on the 7th of March and the world changed seven days later when we started putting together all the population controls," said Gorbea in a recent radio interview on Armed Forces Network's mid-day show, "The Joint Force."

"I am very proud to say that within 72 hours, we

were able to bring in a number of Soldiers to do the core planning, and establish the civil information management cell at our civil military operations center," he said.

"We had a team of about 25 Soldiers at the height of the crisis that we able to bring on orders very quickly in a week's time."

361st Soldiers then fanned out to support the United States Army Garrison at Rhineland Pfalz in other ways as well.

"We were able to provide Soldiers to do gate screenings and to transport test kits with some of our medical personnel."

Gorbea also explained that his Soldiers became strategic assets by reporting real-time data to U.S. Army Europe commanders about pandemic population controls measures across Europe.

The unit accomplished this by leveraging its world-wide network of trained Citizen-Soldiers who also work in key industry and government jobs as civilians.

"What makes us unique is that we are the only civil affairs unit outside of the United States, we have Soldiers from across Europe that drill with us, we have Soldiers living in 23 countries," he said.

Gorbea continues to look for motivated Soldiers to join his ranks and he promises them opportunities exceeding any minimal expectations of Reserve Army duty.

"The 361st Civil Affairs Brigade is forward deployed in Germany and Italy. Our mission is to mobilize, deploy and conduct civil affairs operations and assist in



U.S. Army Reserve maintenance Soldiers from the 361st Civil Affairs Brigade, 7th Mission Support Command, work to keep equipment mission-ready at their post in Kaiserslautern, Germany, in April, 2020. (Photo by Sgt. 1st Class Angel Olivo, 361st CA Bde UPAR)

civil military operations across the (U.S. Army Europe) theater of operations," Gorbea said.

"It's been a challenging start and we'd like to see more Soldiers join our ranks at Civil Affairs."

(Top Left) U.S. Army Reserve Cpl. Daniel Donaldson disinfects the outside of the 361st Civil Affairs Brigade, 7th Mission Support Command, headquarters building in Kaiserslautern, Germany, during the COVID-19 pandemic in April, 2020. (Photo by Sgt. 1st Class Angel Olivo, 361st CA Bde UPAR)



(Left) U.S. Army Reserve Soldiers from the 361st Civil Affairs Brigade, 7th Mission Support Command, move bottled water and Meals Ready to Eat, MREs, to a storage area at the brigade headquarters in Kaiserslautern, Germany, during the COVID-19 pandemic in April, 2020. (Photo by Sgt. 1st Class Angel Olivo, 361st CA Bde UPAR)

7th MSC Family Programs

For more Information on Employment Opportunities and Assistance please contact us at:

DSN: 314-528-0266

Commercial:

(+49) 0611-143-528 0266



EMPLOYMENT RESOURCES

CASY.us is an anchor member of the VetJobs OCEAN (One Central Employment & Advancement Network) family of websites. All the resources are free and tailored to help members of the military community and veterans find jobs.

Once registered for services, you can utilize many of the services to support job searches. Some of the services provided include:

- Live webinar training that covers such topics as resume writing, federal resume writing, interview skills, and job search skills.
- Data intelligence and Cyber Security Training
- Job search techniques

Additionally, CASY.us collaborates with other sites to provide valuable support in other areas. One is example of their partnership with the St. Michael's Learning Academy. Through this partnership service, St. Michael's provides SAP instruction, certification, targeted employment assistance, and job placement to members and veterans.



CORPORATE AMERICA SUPPORTS YOU

Phone: 1-877-696-7226 Email: askus@casy.us www.CASY.us

Reserve Employment Partnership is another valuable source for job seekers. The Reserve Employment Partnership is a division of CASY. As a part of the Army Reserve, you qualify for CASY's non-cost services. The CASY team is ready to support veterans, transitioning military members, and spouses find jobs. Available assistance includes:

- Career Assessment
- Resume Review and Targeting
- Interview Training and Prep
- Job Search Techniques
- Identification of skill gaps/experience and solutions to fill them
- Live training
- Assistance in finding Internships/Apprentice-ship
- Assistance in Cyber Security Training



https://employreserves.org/

7th STRONG Resiliency Resources Guide

Garrison Webpages

Ansbach: home.army.mil/Ansbach/ Bavaria: home .army. mil 1/Bavaria/ Benelux: home.army.mil/Benelux/

Italy: home.army.mil/Italy/

Rheinland-Pfalz home .army. mil/ Rheinland-Pfalz/

Stuttgart: home .army.mil/stuttgart/
Wiesbaden: home.army.mil/Wiesbaden/

MWR

Ansbach: ansbach.armymwr.com
Baumholder: baumholder.armymwr.com

Bavaria: bavaria.armymwr.com
Benelux: benelux.armymwr.com
Garmish: garmisch.armymwr.com
Grafenwoehr: grafenwoehr.armymwr.com

Hohenfels: hohenfels.armymwr.com

Italy: italy.armymwr.com

Kaiserslautern: kaiserslautern.armymwr.com Rheinland-Pfalz: rheinland-pfalz.armymwr.com

Stuttgart: stuttgart.armymwr.com
Wiesbaden: wiesbaden.armymwr.com

USO

Camp Aachen: bayaria.uso.org/camp-aachen
Grafenwoehr: bayaria.uso.org/uso-grafenwoehr

Vicenza: italy.uso.org/uso-vicenza

Baumholder: kaiserslautern.uso.org/Baumholder

Stuttgart: stuttgart. uso.org/stuttgart

Clay Kaserne: wiesbaden.uso.org/clay-Kaserne Wiesbaden: wiesbaden.uso.org/Wiesbaden-cottage

Garrison Chapels

home.army.mil/imcom-europe/ index.php/command info/RSO/garrison-chapels

Wiesbaden: wiesbaden.uso.org/Wiesbaden-

exchange

Garrison Chapels

home.army.mil/imcom-europe/ index.php/command info/RSO/garrison-chapels

Religious Support On-Call Duty line

Ansbach: CIV 0162-296-4338 Brussels: +32 27-17-9769 Darby: CIV 366-692-8161

Grafenwoehr: CIV 09641-70-526-3025 **Hohenfels:** CIV 0162-296-1093

Military Police (112)

Ansbach: CIV 09802-83-110

Benelux: 112

Darby: CIV 050-54-7575

Grafenwoehr: CIV 09641-83-110

Vllseck / Hohenfels / Garmish: CIV 09662-83-

10

Rhineland-Pfalz: 112 Stuttgart: CIV 0711680 110 Vicenza: CIV 0444-71-7115 Wiesbaden: CIV (0611) 705-114

Behavior Health:

0637-194-645-847

Army Emergency Relief:

0631-3406-4221

EO

Contact your local EOA

Military Crisis line CIV 1-800-273-8255

National Suicide Prevention Lifeline

1-800-273-8255

Military and Family Life Counseling

CIV 800-342-9647 or militaryonesource mil/conftdentialhelp/non-medical-counseling/military-

and-family-life counseling

SHARP

DoD Safe Helpline: 877-995-5247 or safehelp-

line.org

USAREUR 24/7 Sexual Assault Hotline:

CIV 0611-143-537-4277

Ansbach: CIV +49 9641-70-569-4567

Baumholder: CIV +49 631-413-7280

Bavaria: CIV +49 9641-70-569-4567

Benelux: CIV +32 476-76-2264

Brussels: CIV +32 476-76-2264

Garmish: CIV +49 9641-70-569-4567

Hohenfels: CIV +49 9641-70-569-4567

Livorno/Camp Darby: DSN 314-634-7272 or

CIV 39-0444-71-7272

Rhineland-Pfalz: CIV +49631-413-7280 Stuttgart: CIV +49 631-413-7280

Vicenza: CIV +49 031-410-7280 Vicenza: CIV 39-0444-71-7272 Wiesbaden: CIV +49 162-296-6741

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Arriola places 1st in AGCRA contest

Sgt. Patrick Arriola, administrative assistant to the 7th MSC CSM, won 1st place in the National Executive Council of the Adjutant General Corps Regimental Association (AGCRA) writing contest. He was recognized with the AGCRA COL Robert L. Manning Achievement Medal for being an excellent steward of the profession. Winning essay below:

Efforts to shape relations between Army Active Duty and the Army Reserve—by Sgt. Patrick Arriola

I've had my fair share of colleagueship with the Army Reserve since joining active duty as a 42A. Being a member of US Army Active Component (AC) for four years now, I've had the opportunity to serve alongside the U.S. Army Reserve (USAR) in multiple areas. My personal integration began in the 369th Adjutant General Battalion Advanced Individual Training (AIT). The fundamental skills that both the active and reserve components learned in AIT, proved to be beneficial when working for our future units and commanders.

During my first assignment in the Army Central-Area Support Group-Qatar, we relied a great deal on the Worldwide Individual Augmentation System (WIAS). The

Army Reserve Soldies with long-orders deploy voluntarily in support of the US Army's overall mission. However, the AC Army systems don't always not collaborate with USAR Soldiers. This can cause minor issues when inputting individual USAR administration updates. All USAR Soldiers had to pass information to their reserve units for updating and preventing unnecessary delays.

I also had the opportunity to use the Tour-of-Duty system (ToD) which offered me experience working with HR systems unfamiliar with me being an active 42A. I could only review the USAR Soldiers application, but was unable to review ERB/ORB of applicants for Area Support I Group. Once again the AC needed to reach to CONUS

for assistance in this matter.

I am currently attached to 7th Mission Support Command (MSC), the only forward stationed Army Reserve Unit, falling under the 21st Theater Sustainment Command (TSC) - an active duty command. It was quite challenging working in such a unique command. Unlike my last two multi-component units; the 7th MSC uses operating procedures completely foreign to most active duty members. Even with these diverse procedures, the USAR and AC commands accomplish every mission passed along from U.S. Army Europe. I have once again learned how the administration of the USAR is conducted separately from the AC.

My administration responsibilities primary deal with the coordination and modernization of administrative functions. These functions include familiarization with Command Strength Management Module (CSMM), a specific U.S. Army Reserve G1 system. Though CSMM is a new learning system for me, all the elements that monitor readiness, strength management, evaluations, favorable actions, training, and benefits are all embedded into one central place. It was not difficult to understand the functionality of CSMM. I say this, because the Army had trained me since AIT and I have a gained an overall knowledge of Army Human Resources since then. The HR systems are the mold that expresses all data that is pertinent to Army Human Resources. Understanding Army regulatory information is always at the core of a 42A, even if the systems that track the information have different layouts. The AC and USAR are similar in most aspects, except where systems are not exchangeable, which will be addressed with the creation of Integrated Personnel and Pay System (IPPS-A).

I find it fascinating transferring my AC knowledge into USAR systems. Same as USAR 42A transfer their knowledge when filling roles in WIAS positions in active component units. As difficult as it might seem to conduct USAR HR procedures differently from the AC, I can say definitively, it benefits you and your organization because it brings a different perspective to the table. Collaborating our joint knowledge provides professional skills and a means of communication within various organizations. The tactics you gain when confronted with adversity will help you accomplish any mission in the HR field, compared to being satisfied with conformity. This also holds true for transitioning military members that

want to pursue HR in the civilian sector. Every organization operates differently and it is important to be cognizant of this as a professional.

I encourage everyone to strive for efficiency in the US Army because when we implement reliable HR procedures we are able to depict the overall readiness of our units in the US Army.





Retention

Thank you to each and every one of you who make part of the 7th MSC Family. We have reached our reenlistment goals for the FY and are green across the board!!!!

As the Senior Command Career Counselor, I am here to serve on the commander's special staff and as the senior career counselor for Army Reserve Soldiers assigned to the 7th MSC and direct reporting units within the command structure. I am always here to assist with any retention related questions. When in doubt on who to contact, give me a call, send me an email and I will get you an answer to your question or guide you in the right direction.



REENLISTMENT CONGRATULATIONS

On May 20, 2020, Lt. Col. Grace Hee Kim had the honor of being the reenlistment officer during Staff Sgt. Caleb Timothy Flaks' reenlistment at Vicenza, Italy. Staff Sgt. Flaks joined the Army Reserve in 2008 and since has served in different capacities in San Antonio, TX, Grand Prairie, TX, and has even been IMA with SOCAF. He currently serves as a 42A with the 361st Civil Affairs Brigade in Kaiserslautern, Germany. Staff Sgt. Flaks enjoys being an Army Reserve Soldier; he joined the Army with the intent of staying in as long as possible. He's always ready and prepared for whatever mission, exercise or operation comes his way. Hooah!

(See photos of SSG Flaks)

We continue to face COVID-19, and even with physical distancing Soldiers in our ranks continue to take the oath of reenlistment. Nothing can stop a Soldier from reenlisting. Congratulations to the following Soldiers who reenlisted within the last month!



SSG BACKUS TERRY M SPC BARAJAS ANA LUCIA SFC BRUNOSKY CHATCHAI KEOLA SGT DALLAS MICHAEL ORLANDO SSG FLAKS CALEB TIMOTHY SFC HERRERA ERIC SGT LEWIS ANDRE TERRELL SSG SMITH JAMES RAY SPC SMITH TODD C SGT THOMAS MALCOLM ROSS SSG VANBEEK JOHN EARL BERNARD SFC WELLS JAMES DEWEY

Who is my ARCC? What is an ARCC?

Throughout the Army Reserve each UIC has an Army Reserve Career Counselor (ARCC) who will assist with reenlistment/extension actions, counselings, bonus inquiries, etc. The ARCC belongs to U.S. Army Reserve Careers Group (USARCG).

Army Reserve Career Counselors:

- ⇒ Manage reenlistment program by determining reenlistment, extension, and incentive eligibility
- ⇒ Prepare reenlistment and extension documents
- ⇒ Coordinate reenlistment ceremonies
- ⇒ Transfer Enlisted Soldiers and Officers from IRR to TPU
- ⇒ Responsible for officer producing program referrals (ODC / OCS / WOC)
- ⇒ Provide life cycle career counseling for all Soldiers assigned

Army Reserve Career Counselors

 SFC Cassidy Moore
 or
 SFC Ed Rosado

 DSN 314-528-0280
 DSN: 314.569.7115

 Cell: +49 162 2704939
 Cell: +49 162.259.5631

Breakdown of ARCC support by UIC

SFC Rosado

SFC Moore

WYS1AA

(located in Graf)
WZ5UAA
W80SAA
WRB2AA
WRUEAA
WRUET0
WRUEA0
WRUEB0
WRUED0
WNGHR1
WV8HAA
WZA9AA
WYS0AA
WZUWAA

For more information contact:

7th MSC Senior Command Career Counselor MSG Monica Blanco

> DSN 314-528-0279 Cell: +49 162 259 5154





The 7th Strong team celebrates diversity with AAPIHM observance







The 7th MSC Equal Opportunity office held an Asian Amer<mark>ican Pacific Island</mark>er Heritage Month observance that was full of homemade food and fun for the 7th Strong team. The command team learned how to roll Lumpia and Spring Rolls that everyone enjoyed and our own 773rd CST NCO, Sgt. 1st Class Rohim Fuiava performed a cultural dance.

Awesome event!







The first virtual Basic Leader Course graduated students on Daenner Kaserne, one of 20 classes in four countries across Europe that was part of the first-ever fourweek virtual BLC course led by the 7th Army NCO Academy out of Grafenwoehr, Germany.

First virtual Basic Leader Course students graduate





7th Strong Recognition







Maj. Roland, Sgt. Arriola and Sgt. Gonzalez were recognized for completing the COVID-19 100-mile run and run/walk/bike challenge.

One of our civilian teammates, Ms. Christine Wilcox received a coin from Brig. Gen. Harvey for her exceptional service in the G1.

WAY TO GO, TEAM!