



# THE HERD



Sheppard Air Force Base, Texas - Dec. 20, 2019

Visit the [Sheppard homepage](#) for more news and information



## Work on new 'front door' to Sheppard continues at Main Gate

By John Ingle

The unique multi-million dollar project that consists of local, state and federal funding is transforming the primary entrance to the base into one that is aesthetically pleasing and inviting, while enhancing antiterrorism and force protection measures. The overall project is slated to be complete in the spring.

[Click for the article.](#)



## Pilot Training Next begins third iteration next month

By Jennifer Gonzalez, Air Education and Training Command Public Affairs

Pilot Training Next begins its third iteration here in January 2020. But, before moving forward, Detachment 24 officials are looking back at lessons learned from PTN version two. The PTN program is part of Air Education and Training Command's initiative to "reimagine" how learning is delivered to Airmen.

[Click for the article.](#)

**Team Sheppard, Thanks for Your Readership in 2019**  
**This is the Last Edition of the Herd for this Year**

**Be Safe and See You Next Year!**



## WORD ON THE TWEET

[leaders from #military & #veteran service organizations to discuss ways we can work together](#)

[#NewYearsResolutions! How about making the @AFMarathon a goal?](#)

[“You are valued. We need you. Your family needs you. The Air Force needs you.”](#)

## SAFETY CORNER

By Mike Jett

### TIPS FOR LONG DISTANCE WINTER TRIPS

**Be Prepared:** Have your vehicle checked by a trusted auto repair facility before hitting the road.

**Check the Weather:** Check the weather along your route and when possible, delay your trip if bad weather is expected.

**Stay Connected:** Before hitting the road, notify others and let them know your route, destination and estimated time of arrival.

**If you get stuck in the snow:**

- Stay with Your Vehicle: Your vehicle provides temporary shelter and makes it easier for rescuers to locate you. Do not try to walk in a severe storm. It is easy to lose sight of your vehicle in blowing snow and become lost.
- Don't Overexert Yourself: When digging out your vehicle, listen to your body and stop if you become tired.
- Be Visible: Tie a brightly colored cloth to the antenna of your vehicle or place a cloth at the top of a rolled up window to signal distress. At night, keep the dome light on if possible. It only uses a small amount of electricity and will make it easier for rescuers to find you.

**Clear the Exhaust Pipe:** Make sure the exhaust pipe is not clogged with snow, ice or mud. A blocked exhaust pipe can cause deadly carbon monoxide gas to leak into the passenger compartment of the vehicle while the engine is running.

**Stay Warm:** Use whatever is available to insulate your body from the cold. This could include floor mats, newspapers or paper maps. Pre-pack blankets and heavy clothing to use in case of an emergency.

**Conserve Fuel:** If possible, only run the engine and heater long enough to remove the chill. This will help to conserve fuel.

Courtesy AAA Exchange, <https://exchange.aaa.com/safety/driving-advice/winter-driving-tips/>

## Innovation Campaign

Sheppard AFB Airmen have the opportunity to see their innovative ideas come to fruition as the second annual Air Force Installation and Mission Support Center Innovation Rodeo call-for-topics campaign is underway. The campaign gives military and civilian members worldwide a chance to win part of \$1 million in funding and resources to implement their ideas. The deadline has been extended to Dec. 30, 2019.

Also recently announced, the AFIMSC Innovation Office will match the combined multi-wing funding, and work to compete through SBIR and venture capital to increase funding further. If you want to see a small \$10K-\$50K investment for a great idea grow to over \$1M via multi-base collaboration, submit your idea on <https://usaf.ideascalegov.com/a/ideas/recent/campaigns/100> and Tag it with “#SIF” on your idea submission.

Local points of contact for the campaign are Maj. Lauren Guibert, 82nd Logistics Readiness Squadron commander, and Master Sgt. Yolanda Reynolds, 82nd LRS superintendent.

Anyone from Sheppard can submit an idea. Those who don't have any ideas of their own can go online and create an account to see what has been submitted across the Air Force and vote on those proposals.

Here's how to sign up:

1. Login to the Ideation platform at <https://usaf.ideascalegov.com/a/ideas/recent/campaigns/100>
  - First time users must register for an account using their.mil email address and enable two-factor authentication.

1. Select “Submit New Idea”
2. Complete the idea submission fields (a red \* indicates required fields)
3. Select “Submit Idea”
4. Ask your colleagues to login to IdeaScale to provide input and vote for their favorite idea.

..... Train, Develop and Inspire Warriors: Combat Capability Starts Here



# Posters & Events



## Chapel Holiday Worship Services

### PROTESTANT:

**SUNDAY, 1 DEC, 1015 @ Solid Rock Café,**  
Combined Protestant Service  
Communion Sunday/First Sunday of Advent

**SUNDAY, 22 DEC, 1015 @ Solid Rock Café,**  
Combined Protestant Service

**TUESDAY, 24 DEC, 1800 @ Solid Rock Café,**  
Combined Protestant Candlelight Service

### WICCA:

**MONDAY, 23 DEC, 1800 @ Chapel**  
Yule

**Buildings:**  
Chapel - 810  
Solid Rock Café - 450



For more information, please contact the Chapel at 940.676.0014.

### CATHOLIC:

#### FRIDAY, 6 DEC

Advent Reconciliation Service  
1730 @ Chapel

#### MONDAY, 9 DEC

Immaculate Conception of the Blessed Virgin  
Mary (Patronal Feast Day of the United States of  
America) Masses at 1130 & 1730 @ Chapel

#### TUESDAY, 24 DEC 1730

Children's Christmas Vigil Mass @ Chapel

#### WEDNESDAY, 25 December

Masses at 0900 & 1200 @ Chapel

#### TUESDAY, 31 DEC Vigil Mass at 1730

**WEDNESDAY, 1 JAN** Masses at 1130 & 1730  
Solemnity of Mary, Mother of God @ Chapel

#### SUNDAY, 5 January Epiphany

Mass at 0900 @ Chapel



Are you looking for motivation to improve your lifestyle? Join us for the Sheppard AFB Biggest Loser Challenge. This is not only for those who wish to lose weight, but also for those who want to lead an overall healthier lifestyle.

Winners will be chosen based on a point system. Criteria is as follows:

- Percentage of Weight Lost
- Bod Pod Assessment Changes
- Exercise Classes Attended
- Nutrition Classes Attended
- Participation in Various Activities throughout Challenge\*

Individual weights are confidential; team total weights may be displayed. Prizes and base recognition will be awarded to the top three teams. Grab your friends (teams of 4) and join us for the challenge starting on 13 January!

Available to all Sheppard AFB members, civilians, contractors, and families, ages 18 and over.

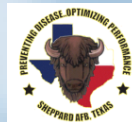
**You must pre-register by contacting Health Promotion**

#### MARK YOUR CALENDARS!

- Sign up **TODAY** through 13 January
- First weigh-in will be scheduled the week of 6 January
- Last weigh in will be scheduled the week of 23 March
- 12 week contest (13 January-31 March)

Mrs. Saralauren Watts, 676-6003, sara.l.watts3.ctr@mail.mil

Mrs. Rachael Murray, 676-5831, rachael.d.murray2.civ@mail.mil



**SHEPPARD AFB**  
**wishes**  
**EVERYONE A**  
**HAPPY HOLIDAYS**  
**FLY, FIGHT & BE SAFE!**



# Posters & Events



## FSS Exodus Hours of Operation

**Civilian Personnel Office**  
**Customer Service/ID Cards**  
**Education & Training**  
**Manpower**  
**NAF HRO**  
**Resource Management**  
December 25-26 • CLOSED  
January 1-2 • CLOSED

**Sheppard Club**  
December 23-January 2 • CLOSED

**Information Tickets & Travel**  
**Marketing**  
December 23-January 3 • CLOSED

**Airman & Family Readiness**  
December 23-24 • 7:30am - 4:30pm  
December 25 • CLOSED  
December 26 - 27, 30-31 • 7:30am - 4:30pm  
January 1 • CLOSED  
January 2-3 • 7:30am - 4:30pm

**Airman's Club**  
December 20 • CLOSED  
December 21 • 8pm - 12am  
December 22-26 • CLOSED  
December 27-28 • 8pm - 12am  
December 29-30 • CLOSED  
December 31 • 8pm - 1am  
January 1-2 • CLOSED

**Airman's Club Rec Center**  
December 21-23 • 12pm - 8pm  
December 24-25 • CLOSED  
December 26-30 • 12pm - 8pm  
December 31-January 1 • CLOSED

**Child Development Center**  
December 23-24 • 7am - 5pm  
December 25-26 • CLOSED  
December 27, 30-31 • 7am - 5pm  
January 1-2 • CLOSED  
January 3 • 7am - 5pm

**Youth Center**  
December 23-24 • 7am - 5pm  
December 25-26 • CLOSED  
December 27, 30-31 • 7am - 5pm  
January 1-2 • CLOSED  
January 3 • 7am - 5pm

**Community Programs/Library**  
December 21-23 • 12pm - 8pm  
December 24 • 10am - 2pm  
December 25 • CLOSED  
December 26-30 • 12pm - 8pm  
December 31 • 10am - 2pm  
January 1 • CLOSED

**Information, Tickets & Travel**  
December 23-January 3 • CLOSED

**Lodging**  
Front Desk • 24/7

**Outdoor Recreation**  
December 20-January 15 • CLOSED  
*Moving to New Location*

**Skeet Range**  
December 26-27 • CLOSED  
December 28-29 • 9am - 12pm  
December 30-January 1 • CLOSED  
January 2 • 4pm - dark

**Levitow Fitness Center**  
December 21-23 • 8am - 8pm  
December 24 • 9am - 2pm  
December 25 • CLOSED  
December 26-30 • 8am - 8pm  
December 31 • 9am - 2pm  
January 1 • 9am - 6pm  
January 2 • 8am - 8pm  
January 3 • 5am - 10pm

**Pitsenbarger Fitness Center**  
December 21-January 3 • CLOSED  
January 4-5 • 7am - 10pm

**North Lanes**  
December 21-January 2 • CLOSED

**South Lanes/South Lanes Snack Bar**  
December 21 • 11am - 10pm  
December 22 • 11am - 5pm  
December 23 • 8am - 7pm  
December 24 • 11am - 5pm  
December 25 • CLOSED  
December 26 • 11am - 5pm  
December 27 • 8am - 8pm  
December 28 • 12pm - 8pm  
December 29 • 11am - 5pm  
December 30 • 8am - 7pm  
*Snack bar opens at 6:30am*  
December 31 • 8am - 2am  
*Snack bar opens at 6:30am*  
January 1 • 11am - 5pm  
January 2 • 11am - 5pm

**Dining Facilities**  
**Tumbleweed**  
December 21 - January 1 • CLOSED

**Sagebrush**  
December 21 - January 2 • CLOSED

**Mesquite**  
December 21-22/28-29/January 1  
Breakfast 0700-0900  
Lunch 1100-1400  
Dinner 1600-1930

December 23-24/26-27/30-31  
Breakfast 0600-0800  
Lunch 1100-1400  
Dinner 1600-1930

December 25  
Breakfast 0700-0900  
*Continental Breakfast*  
Lunch 1100-1400  
*Christmas Dinner Served at Lunch*  
Dinner 1600-1930

**Mesquite & Tumbleweed**  
January 2  
Breakfast 0700-0900  
Lunch 1100-1400  
Dinner 1600-1930

January 3  
Resume Normal Hours -  
All DFAC's Open

## Special Events

**December 23 - January 2**

**Exodus Bowling Specials**  
**South Lanes Bowling Center**  
**See Calendar for hours**  
\$1.75 per game all day long!

*AiT Special: Cheeseburger, fries & drink  
plus 3 games and shoes for \$10 (once  
per day)*

**December 23**

**Karland Performance Trip**  
**Community Programs**

*Depart Airman's Club at 10am (must  
arrive by 10:30am), return by 7:30pm •  
\$10 per person*

**Kickball Tournament**

**Levitow Fitness Center • 1pm**

**December 24**

**Christmas Eve AiT Special**  
**South Lanes Bowling Center**  
**11am - 5pm**

*First 150 AiT's Bowl FREE -  
Includes 3 games & shoe rental*

**December 25**

**Christmas Day Lunch**  
**Mesquite Dining Facility**

*Open to all Military, Civilians, Retirees  
& Family*

**December 26**

**Urban Air Trip**  
**Community Programs**

*Depart Community Center at 2pm  
(must arrive by 1:30pm), return by 7pm  
\$10 per person*

**December 27**

**Dodgeball Tournament**  
**Levitow Fitness Center • 1pm**

**December 30**

**3 Point Shoot-Out**  
**Levitow Fitness Center • 1pm**

**December 31**

**Wallyball Tournament**  
**Levitow Fitness Center • 10am**

**New Year's Eve AiT Special**  
**South Lanes Bowling Center**  
**11am - 5pm**

*First 150 AiT's Bowl FREE -  
Includes 3 games & shoe rental*

**New Year's Eve Party -**  
**Colorama Bowling**  
**South Lanes Bowling Center**  
**9pm - 2am**

*\$20 per person, \$1.75 per game after  
colorama. Strikes with a colored pin in  
certain positions win cash!  
Free party favors!*

# News Notes



## Education & Training Section are extending customer services hours

Begins: Jan. 6, 2020

New hours will be Mon. - Fri. 6:30 a.m. – 5 p.m.

We are also expanding times for military and FAA exams, please email Base Testing at 82fss.fsde.testing@us.af.mil for information on exams.

## Change in Public Affairs Base-wide Email Guidelines

Base-wide emails must greatly impact every recipient on the installation. Base-wide emails will not be permitted to promote optional attendance events or announcements that are not required knowledge.

Base-wide emails are generally only allowed for the following types of communications:

1. Emergencies, health and safety
2. Matters of policy, processes, or federal requirements
3. Wing command-directed communications

Everything that is not mandatory should be promoted in the HERD. The HERD is emailed every Friday and submissions are due the Wednesday prior, submit your request to 82trwpa.1@us.af.mil

- Requesting a base-wide email

Requests must be submitted at least one week prior to when you would like the email to be sent. All emails are reviewed by the 82nd Training Wing Public Affairs office, submit to 82trwpa.1@us.af.mil. For questions, call 940-676-2732.

Use the below format to request one-off emails:

DATE TO SEND EMAIL:

SUBJECT LINE:

MESSAGE:

## Sheppard Top 3 Meetings & Events

Meetings:

Dec. 18, 2019 meeting's CANCELLED

Jan. 29, 2020 at 4 p.m. at the Sheppard Club in Hangar 1

Top 3 Coat Drive: Nov. 19 - Dec. 13, 2019

- Coats/Jackets/Hoodies (No undergarments please)
- Hats/Earmuffs
- Gloves/Mittens/Scarves
- Blankets/Comforters (No sheets please)
- Used BDU/ABU fleece, Gore-Tex/Apex/Liners, hats, gloves accepted but must be sanitized of all badges, rank, name/U.S. Air Force tapes, etc.

Get with your unit Coat Drive volunteers for more information on collection points across the base. Otherwise, if you're in the vicinity of Bldg 1917, collection points will be in Room 2E202 at the 372 TRS as well as the 982 TRG Break Room.

\*Donations benefit homeless vets/families of Wichita Falls area and your consideration/donations are greatly appreciated during this time of year!!

POC - MSgt Cedric Jackson (366 TRS)



# News Notes



## **Wisconsin's Voters - Special Election in Wisconsin's 7th Congressional District**

The State of Wisconsin will conduct a special primary election on Tuesday, February 18th, 2020, to fill a vacancy for the 7th Congressional district,

\*If you are a resident of Wisconsin's 7th Congressional district, register and request an absentee ballot today starting at [FVAP.gov](https://www.fvap.gov). \*Service members, eligible family members and overseas citizens may use the Federal Post Card Application (FPCA) to register and/or request an absentee ballot.

To register and/or request your ballot, go to [fvap.gov](https://www.fvap.gov)

-Active duty military and their eligible family members: an FPCA must be received by 5 PM on February 18th. Ballots will be sent to voters beginning January 2, 2019 for those who have requested them.

If you'd like more information on the Federal Voting Assistance Program or need help with the absentee voting process, please go to [FVAP.gov](https://www.fvap.gov) or call FVAP at 703-588-1584 (toll free 1-800-438-VOTE or DSN 425-1584) or email ([vote@fvap.gov](mailto:vote@fvap.gov)).

The Sheppard Voting Assistance Office is available for you too!

At the A&FRC, Bldg 960, DSN: 736-4358

Email: [82TRW.Sheppard.VotingAssistance@us.af.mil](mailto:82TRW.Sheppard.VotingAssistance@us.af.mil)

web page: [www.sheppard.af.mil/Contact/Voter-Assistance-Program/](http://www.sheppard.af.mil/Contact/Voter-Assistance-Program/)

## **Maryland Voters - Special Election in Maryland's 7th Congressional District**

The State of Maryland will conduct a special primary election on Tuesday, February 4th, 2020, to fill a vacancy for the 7th Congressional district, which includes parts of Baltimore and Howard Counties, and Baltimore City.

Service members, eligible family members and overseas citizens may use the Federal Post Card Application (FPCA) to register and request an absentee ballot. Complete, sign and send the FPCA to your election office. \*If you are a resident of Maryland's 7th Congressional district, register and request an absentee ballot today starting at [FVAP.gov](https://www.fvap.gov) [ <https://www.fvap.gov/> ]. \*

Detailed instructions and county contact information is available at [fvap.gov/maryland](https://www.fvap.gov/maryland) [ <https://www.fvap.gov/maryland> ].

If you'd like more information on the Federal Voting Assistance Program or need help with the absentee voting process please go to [FVAP.gov](https://www.fvap.gov) or call FVAP at 703-588-1584 (toll free 1-800-438-VOTE or DSN 425-1584) or email ([vote@fvap.gov](mailto:vote@fvap.gov)).

You can also contact the: Installation Voter Assistance (IVA) Office

The IVA Office can help you fill in and mail your voting materials if you need the assistance.

Please contact us at: At the A&FRC, Bldg 960, Room 109, DSN: 736-4358

Email: [82TRW.Sheppard.VotingAssistance@us.af.mil](mailto:82TRW.Sheppard.VotingAssistance@us.af.mil)

web page: [www.sheppard.af.mil/Contact/Voter-Assistance-Program/](http://www.sheppard.af.mil/Contact/Voter-Assistance-Program/)

# News Notes



## Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or overage AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

## Sheppard South Express Irregular Hours

Unattended after hours fueling at Sheppard South Express will be discontinued due to equipment requirements calling for sensors to be installed underneath the dispensers. However, customers will still be able to utilize the unattended fueling feature during regular business hours when the facility is manned. Hours of Operation are as follows:

Mon-Fri: 7 a.m. - 8 p.m.

Sat: 10 a.m. - 9 p.m.

Sun: 11 a.m. - 7 p.m.

# VOLUNTEER OPPORTUNITIES



## **AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS**

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 8:30 p.m. - 12:30 a.m.
- Drivers and Escorts: Will get a call from CQ at 8:30 p.m. to verify they are still available to be a driver or an escort.

When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.

- For CQ: CQ will be at Sheppard INN by 8:30 p.m. and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.

- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

## **HUMANE SOCIETY OF WICHITA FALLS**

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email [director@humanesocietyofwichitacounty.org](mailto:director@humanesocietyofwichitacounty.org), connect on Facebook @hsowfc (main page) / @wichitafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

## **VOLUNTEERS NEEDED PATIENT FAMILY PARTNERSHIP COUNCIL (PFPC)**

- Calling all beneficiaries!! Sheppard Clinic is developing a Patient Family Partnership Council (PFPC) and looking for volunteers to sit on this committee. Serve where you can make a difference.
- The meetings are held once a quarter during normal business hours. We are looking for volunteers from all categories who are assigned to/actively use our facility. We are seeking one military retiree, TRICARE Plus patient, TRICARE for life patient and an active duty family member.
- If you are interested in a volunteer position serving on this council or would like additional information, please contact Lt Cody Campbell at 940-676-8350 or email either [cody.l.campbell6.mil@mail.mil](mailto:cody.l.campbell6.mil@mail.mil) or [natalie.j.henderson3.civ@mail.mil](mailto:natalie.j.henderson3.civ@mail.mil).

## **FAITH REFUGE**

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

## **THE UPSIDE**

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- Parents can share experiences with other parents
- For more information email [misti@theupsideWF.org](mailto:misti@theupsideWF.org) or visit the website [www.theupsidewf.org](http://www.theupsidewf.org)

## **SATURDAY BUILD DAYS**

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at [www.vol-habitat@habitatwf.com](http://www.vol-habitat@habitatwf.com)



# VOLUNTEER OPPORTUNITIES



## WICHITA FALLS COMMUNITY ORCHESTRA

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email [WFCCommunityOrchestra@gmail.com](mailto:WFCCommunityOrchestra@gmail.com) or visit [www.wichitafallscommunityorchestra.com](http://www.wichitafallscommunityorchestra.com)

## PRODUCE EXPRESS BAGS

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email [betsilujan@wfafb.org](mailto:betsilujan@wfafb.org). To sign up call 940-766-2322 or email [wendellgriffin@wfafb.org](mailto:wendellgriffin@wfafb.org)

**Big Brothers, Big Sisters** 940-767-2447 or [wfinfo@bbbstx.org](mailto:wfinfo@bbbstx.org)

**Children's Aid Society** 940-322-3141

**Patsy's House** 940-723-1646

**Christmas in Action** 940-696-9393

**Salvation Army** 940-687-2051

**Faith Mission** 940-723-5663

**Wichita Falls Adult Literacy Council** 940-766-1954

**Faith Mission Donation Center** 940-766-0705

**Wichita Falls Area Food Bank** 940-766-2322

**Faith Refuge** 940-322-4673

**Wild Bird Rescue** 940-691-0828

**First Step** 940-723-1646

**Whispers of Hope** 940-696-8044

**Food Bank** 940-766-2322

**Sheppard AFB Thrift Shop** 940-676-3173 or DSN 736-3173

**Habitat for Humanity** 940-716-9300

**Boys and Girls Club of Wichita Falls and Burkburnett** 940-322-2012

**Read 2 Learn January Jones** 940-235-1009 or [jbjoness@wfsd.net](mailto:jbjoness@wfsd.net)