



Sheppard Air Force Base, Texas - Nov. 1, 2019

Visit the [Sheppard homepage](#) for more news and information



## Guardians of Freedom air show takes it to the next level

By Senior Airman Robert McIlrath

The sights and sounds of freedom and the incredible muscle of Air Force air power was on full display here Oct. 26-27, 2019, as thousands turned out for the Sheppard AFB Guardians of Freedom Open House & Air Show.

[Click for the article.](#)



## Special Ops seeking applicants for CAA positions

By John Ingle

An outreach team from the 492nd Special Operations Training Support Squadron will be at Sheppard AFB Nov. 4, 2019, to talk to Airmen in specific career fields about the opportunity to serve as combat aviation advisors.

[Click for the article.](#)

**NATIONAL AMERICAN INDIAN HERITAGE MONTH  
NOVEMBER 2019**

- WREATH LAYING CEREMONY -  
*Wing Headquarters - 05 Nov @ 1630*

- HERITAGE LUNCHEON -  
*Sheppard Club - 13 Nov @ 1200 (RSVP BY 8 NOV)*

- SHEPPARD ELEMENTARY NATIVE AMERICAN POSTER COMPETITION &  
TRADITIONAL DANCE PERFORMANCE -  
*CAC - 22 Nov @ 1400-1530*



..... Train, Develop and Inspire Warriors: Combat Capability Starts Here

# SHEPPARD IN PHOTOS

See more at: [www.sheppard.af.mil](http://www.sheppard.af.mil)



..... Train, Develop and Inspire Warriors: Combat Capability Starts Here





## WORD ON THE TWEET

The U.S. Air Force Academy is scheduled to name their airfield after Gen. Benjamin Davis Jr.

newly released NCO Career Status Program will allow #Airmen with 12+ years of service to only

The Air Force is looking at purchasing a limited number of light attack aircraft.



### Help us find the next Military Child of the Year® Award Winners!

#### The Military Child of the Year® Awards - Fast Facts

**What:** The Military Child of the Year® (MCOY) Awards celebrate and recognize the tremendous achievements of seven outstanding military children, one from each branch of service and a special Innovation Award sponsored by Booz Allen Hamilton.

**Who:** Each year, 500+ children (ages 13-18) are nominated by a parent, teacher, mentor or guardian. Candidates for the MCOY Awards demonstrate resilience, strength of character, and the ability to thrive in the face of the challenges of military life.

**When:** The Awards Gala is held in Washington, D.C. on April 2, 2020 during the Month of the Military Child.

**Award Winners:** MCOY winners receive a \$10,000 cash award, a laptop computer, and are flown with a parent or guardian for a 3-night stay in Washington, D.C.

Nominations and applications accepted from  
September 17—December 9, 2019.  
Ages 13—18 are eligible.

For more information, please visit  
[MilitaryChildoftheYear.org](http://MilitaryChildoftheYear.org)

**Operation  
welcome Home**

*Free fishing trip for military warriors*

Friday – Sunday, November 1-3, 2019

On Beautiful Lake Texoma  
Pottsboro, Texas 75076

- Free Fishing/w Guides • Free Lodging
- Dinner at VFW • Fish Fry •
- Dinner at American Legion •
- Breakfast at Elks Lodge •

For More Information Contact  
Tommy Bonner  
at (806) 584-7878 or (940) 676-0363

**Sheppard Clinic  
Closure**

**SHEPPARD CLINIC WILL BE CLOSED  
FOR AN OFFICIAL FUNCTION:**

**WEDNESDAY, 13 NOVEMBER**

**\*\*AD/TRAINEE SICK CALL OPEN 0630-0730**

**Emergencies (threat to life, limb or eyesight):**  
Dial 911 or report to the nearest emergency room

**Urgent Care:**

**Active Duty:**  
Dial 800-TRICARE (800-874-2273) for the Nurse Advice Line (NAL)  
*Urgent care w/o prior authorization may result in out-of-pocket costs*

**Dependents & Retirees: Call to verify child age restrictions**  
Report to TRICARE authorized Urgent Care facility:

CommunityMed Urgent Care  
3310 Midwestern Parkway / (940) 488-4616

Clinics of North Texas ClinicCare  
501 Midwestern Parkway / (940) 766-3551

Harmony Family Practice Urgent Care (Previously Kell West)  
4412 Kell Blvd / (940) 696-0011

Affordacare Urgent Care  
3701 Fairway Blvd, Suite 114 / (940) 557-5320

United Regional Health Care System CarePlus  
4322 Barnett Road / (940) 766-5200

Community Health Care Center Today Care  
200 Martin Luther King Jr Blvd / (940) 766-6306

## SAFETY CORNER

### VEHICLE TIRE SAFETY

By MacKenzie Dunmeyer

Your tires are the only part of the car that has direct contact with the road. Tires affect your vehicle handling, ride, braking, and safety. For optimum performance, tires must have the correct air pressure, tread depth, balance and the wheels of the vehicle must be properly aligned.

Checking your tires on a regular basis is an important step in protecting your safety and your automotive investment. Ideally, tire inspections should be performed monthly. If you drive over potholes and debris in the road, live in a cold climate, or drive long distances regularly, then you should inspect your tires more often.

Always inspect your tires before a long trip. The more often these inspections are performed, the easier it will be to find a small problem, such as a nail in your tire, and fix it before it becomes a more expensive and time-consuming issue

#### Tire Tread Inspection:

Tires depend on good tread condition depth to maintain traction and to shed water on wet roads. The tread should be checked at least once a month for excessive and uneven wear. The most accurate tread depth measurements are made with a simple tread depth gauge available at any parts store. Or you can use the traditional quarter. Insert a quarter into a tread groove with the top of Washington's head facing down. If the top of his head is not visible, your tires have at least 4/32" of tread and are fine for continued use. If you can see above the top of Washington's head, it is time to start shopping for new tires. Take measurements in three locations across the tire's tread:

(1) outer edge, (2) center, and (3) inside edge.

The difference between 4/32" and 2/32" of tread depth might not seem like much, but based on research by the Tire Rack, America's largest independent tire tester the difference is significant. For example, a pickup truck traveling at 70 miles per hour that passes the penny test can take up to 499.5 feet to stop on wet pavement. However, the same truck has a stopping distance 122 feet shorter if it passes the quarter test instead. This is a 24 percent difference in stopping distance, and the equivalent of six or more car lengths.

REFERENCE: <https://exchange.aaa.com/car-care/repair-maintenance/tire-safety-and-maintenance/>

Source: <https://www.nsc.org/work-safety/safety-topics/struck-by-objects>

# VOLUNTEER OPPORTUNITIES



## 2ND ANNUAL “MEAT AND GREET”/LAMAR ELEMENTARY THIRD GRADE VETERAN’S DAY PROGRAM

- Our students in our BWP/LWL leadership programs look forward to discussing where you have been and what inspired you most about service to our country.
- 2nd Annual Meat and Greet – 2:30 p.m. - 5:45 p.m. Lamar Elementary School Gym (background check required)
- Lamar Elementary Third Grade Veterans Day Program – 5:45 p.m. (no background check required – clothing identifying your service to our country will assist our BWP/LWL members in escorting you to your seat)
- Date: Nov. 7
- Please Contact Robert Maxwell at rmaxwell@wfid.net for more information.
- Background check can be completed here – (easiest thing to do is label as “volunteer” I am told) [https://wfid.ezcommunicator.net/edu/WFISD/login\\_form.aspx?app=0](https://wfid.ezcommunicator.net/edu/WFISD/login_form.aspx?app=0)

## MARCH OF HONOR AT THE CITY VIEW TRACK

- Volunteers needed for set up, registration/hospitality tables, road guards, and clean up.
- This is a 10 mile ruck march to mimic basic training, the rucks will be full of supplies for the homeless so we will also need people to unpack the rucks as people finish and then organize and pack the supplies into boxes.
- Date: Nov. 9
- Time: 8 a.m. - 3 p.m.
- If you would like to volunteer or want more info please e-mail TSgt Price, Kaili, or TSgt Alstrin, Michael and we will put your name on the list.

## SSC HANGAR HOLIDAY

- Volunteers for various positions
- This event helps raise funds for Military Spouses and Children’s scholarships.
- Date: November 8-10
- Time: Various Shifts available
- Location: MPEC
- To sign up or get more information: <https://www.signupgenius.com/go/8050B4BAAAD2EA7FC1-hanger>

## STAND DOWN FOR THE HOMELESS

- We need volunteers to hand out supplies, direct traffic, and help serve the noon meal. It will be held at the Downtown library.
- Date: Dec. 14
- Time: 8 a.m. - 5 p.m.
- If you would like to volunteer or want more info please e-mail TSgt Price, Kaili, or TSgt Alstrin, Michael and we will put your name on the list.

## AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 8:30 p.m. - 12:30 a.m.
- Drivers and Escorts: Will get a call from CQ at 8:30 p.m. to verify they are still available to be a driver or an escort.

When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.

- For CQ: CQ will be at Sheppard INN by 8:30 p.m. and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.
- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

# VOLUNTEER OPPORTUNITIES



## **HUMANE SOCIETY OF WICHITA FALLS**

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email [director@humanesocietyofwichitacounty.org](mailto:director@humanesocietyofwichitacounty.org), connect on Facebook @hsowfc (main page) / @wichitafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

## **VOLUNTEERS NEEDED PATIENT FAMILY PARTNERSHIP COUNCIL (PFPC)**

- Calling all beneficiaries!! Sheppard Clinic is developing a Patient Family Partnership Council (PFPC) and looking for volunteers to sit on this committee. Serve where you can make a difference.
- The meetings are held once a quarter during normal business hours. We are looking for volunteers from all categories who are assigned to/actively use our facility. We are seeking one military retiree, TRICARE Plus patient, TRICARE for life patient and an active duty family member.
- If you are interested in a volunteer position serving on this council or would like additional information, please contact Lt Cody Campbell at 940-676-8350 or email either [cody.l.campbell6.mil@mail.mil](mailto:cody.l.campbell6.mil@mail.mil) or [natalie.j.henderson3.civ@mail.mil](mailto:natalie.j.henderson3.civ@mail.mil).

## **FAITH REFUGE**

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

## **THE UPSIDE**

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- Parents can share experiences with other parents
- For more information email [misti@theupsideWF.org](mailto:misti@theupsideWF.org) or visit the website [www.theupsidewf.org](http://www.theupsidewf.org)

## **SATURDAY BUILD DAYS**

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at [www.vol-habitat@habitatwf.com](mailto:www.vol-habitat@habitatwf.com)

## **WICHITA FALLS COMMUNITY ORCHESTRA**

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email [WFCCommunityOrchestra@gmail.com](mailto:WFCCommunityOrchestra@gmail.com) or visit [www.wichitafallscommunityorchestra.com](http://www.wichitafallscommunityorchestra.com)



# VOLUNTEER OPPORTUNITIES



## **PRODUCE EXPRESS BAGS**

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email [betsilujan@wfafb.org](mailto:betsilujan@wfafb.org). To sign up call 940-766-2322 or email [wendellgriffin@wfafb.org](mailto:wendellgriffin@wfafb.org)

**Big Brothers, Big Sisters** 940-767-2447 or [wfinfo@bbbstx.org](mailto:wfinfo@bbbstx.org)

**Children's Aid Society** 940-322-3141

**Christmas in Action** 940-696-9393

**Faith Mission** 940-723-5663

**Faith Mission Donation Center** 940-766-0705

**Faith Refuge** 940-322-4673

**First Step** 940-723-1646

**Food Bank** 940-766-2322

**Sheppard AFB Thrift Shop** 940-676-3173 or DSN 736-3173

**Salvation Army** 940-687-2051

**Boys and Girls Club of Wichita Falls and Burkburnett** 940-322-2012

**Read 2 Learn January Jones** 940-235-1009 or [jbjones@wfid.net](mailto:jbjones@wfid.net)

**Salvation Army** 940-687-2051

**Wichita Falls Adult Literacy Council** 940-766-1954

**Wichita Falls Area Food Bank** 940-766-2322 [terrymorton@wfafb.org](mailto:terrymorton@wfafb.org)

**Wild Bird Rescue** 940-691-0828 or [paige29072@yahoo.com](mailto:paige29072@yahoo.com)

**Whispers of Hope** 940-696-8044

# News Notes



## CCAF Graduation Emcee Audition

The NCO Academy is hosting the Fall 2019 CCAF Graduation on 13 November and we are looking for a motivated Airmen who would like to emcee this event. If you are interested, the auditions will be held on 30 October at 1500 in building 1900 (NCO Academy auditorium). POC Tsgt Christina Williams 940-736-7597

## Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or over-age AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

## Sheppard South Express Irregular Hours

Unattended after hours fueling at Sheppard South Express will be discontinued due to equipment requirements calling for sensors to be installed underneath the dispensers. However, customers will still be able to utilize the unattended fueling feature during regular business hours when the facility is manned. Hours of Operation are as follows:

Mon-Thu: 7 a.m. - 8 p.m.

Fri: 7 a.m. - 8 p.m.

Sat: 10 a.m. - 9 p.m.

Sun: 11 a.m. - 7 p.m.