

>> '... AND THE ARMY GOES ROLLING ALONG'

Spc. Matthew Marcellus / 1st AD PA

From right: Sgts. Emily Perkins and Pakkat Li, musicians with the 1st Armored Division Band, and other recently promoted sergeants sing the Army Song to conclude an NCO induction ceremony at Fort Bliss, Texas, June 13. The NCO induction ceremony included nine recently-promoted NCOs from 1st AD headquarters, who took part in a rite of passage which emphasized the strengths of the NCO Corps in instilling leadership and the resolute professionalism that defines NCOs. For more on the 1st AD headquarters battalion ceremony, turn to page 6A.

'Experimental learning'

WBAMC Sim Lab conducts innovative boot camp as intro for GME interns

By Amabilia Payen | William Beaumont Army Medical Center William Beaumont Army Medical Center's staff in the simulation lab conducted an intern boot camp June 6 where first-year Graduate Medical Education interns were introduced to the capabilities of the lab and how it can pr pare them for what they may experience in a clinical setting. Twenty-two students took turns throughout the day learning about each station, which were: wound closure with suture and knot tying, focused assessment with sonography for trauma exam, history and physical assessment on patient intake and central line placement. A new station was introduced, as opposed to last year's boot camp, called the anatomy and physiology of reboa procedure, using an endovascular simulator. The simulator facilitates endovascular procedures, such as the reboa technique, which is the technique that is used in combat situations by medical per-





Courtesy photo The Army has approved the JLTV program's transition into Full-Rate Production. The approval follows an Army decision in December 2018 to begin fielding the new platform with the Army's 1st Brigade, 3rd Infantry Division, at Fort Stewart, Ga., in April. The brigade became the Army's first unit equipped with JLTVs in April after receiving more than 300 vehicles.

Army approves JLTV full-rate production

By Program Executive Office for Combat Support & Combat Service Support

WASHINGTON – Dr. Bruce Jette, Assistant Secretary of the Army for Acquisition, Logistics and Technology, approved the Joint Light Tactical Vehicle (JLTV) program's transition into Full-Rate Production June 20.

The approval follows an Army decision in December 2018 to begin fielding the new platform with the Army's 1st Brigade, 3rd Infantry Division, at Fort Stewart, Georgia, in April. The brigade became the Army's first unit equipped with JLTVs in April after receiving more than 300 vehicles.

Fieldings to the Ordnance School, at Fort Lee, Virginia; the 84th Training Command, at Fort McCoy, Wisconsin; the Marine Corps' School of Infantry-West at Camp Pendleton, California; as well as the School of Infantry-East, at Camp Lejeune, North Carolina; have also been completed.

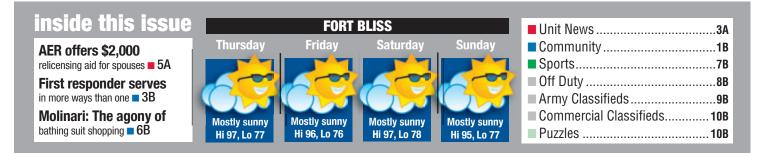
"Thanks to tremendous teamwork across two services on requirements, resources, program management, testing, and other areas, this is a great modernization success story. JLTV shows how teams focused on stable requirements, mature technologies and the right incentives can deliver meaningful capability advancements in a cost-conscious way," said Jeffrey White, Jette's principal depπу The JLTV family of vehicles is designed to restore payload and performance that were traded from light tactical vehicles to add protection in recent conflict, giving commanders an improved protected mobility solution and the first vehicle purpose-built for modern battlefield networks. "Getting an improved capability into the hands of Soldiers and marines has been our team's driving focus throughout this program," said Michael Sprang, the project manager from Joint Program Office, Joint Light Tactical Vehicles. "They are why we do what we do, and I'm so proud of the hard-working team that brought us to this point." "We are also grateful for Soldier feedback on new features and enhancements," he continued. "The Soldiers of the 1st ABCT, 3rd Infantry Division provided valuable input on enhancements such as increased situational awareness, reduction of system noise, a troop seat kit, and a companion JLTV trailer. Their assessments helped bring us all to a suc-

Amabilia Payen / WBAMC

William Beaumont Army Medical Center internal medicine residents, Capts. Kyle Bartol, left, and Carlos Torres, middle, show Capt. Jacob Ransom the proper techniques of applying a central venus-catheter in a simulated vein during an intern boot camp held at the WBAMC Simulation Lab June 6

sonnel, providers, and physicians to stop the bleeding from large arteries before the person bleeds to death. At this point, WBAMC is the only facility in the El Paso region that carries this technology for simulation.

"Simulation training is a pedagogy, which is a way of teaching and learning," said Thomas Soto, the simulation administrator at WBAMC. "It's basically experiential learn-See **LEARNING** Page 2A



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ACROSS THE FORCE $\star \star \star$

Hood's 3rd Cav. Regt. touts efforts in helping Iraqis defeat ISIS

By Thomas Brading | Army News Service

WASHINGTON - The 3rd Cavalry Regiment's recent deployment to Iraq, Syria, and Kuwait successfully supported efforts in defeating ISIS, one of its squadron commanders told reporters June 17.

While deployed, the regiment advised, assisted, and enabled allied task forces with multiple coalition forces.

"Our role was to provide firebases and tactical assembly areas that conducted missions in support of the fight against ISIS," Lt. Col. Kent Park, the regiment's 3rd Squadron commander, said during an Army Current Operations Engagement Tour at the Pentagon.

The regiment, based out of Fort Hood, is a Stryker brigade made up of seven squadrons. It deployed from May 2018 to February in support of Combined Joint Task Force-Operation Inherent Resolve.

The mission, which was primarily a supportive role, was to work by, with, and through Iraqi Security Forces, or ISF, in order to defeat ISIS and set lasting stability in Iraq and Syria.

Park's unit - Task Force Thunder - partnered with the Iraqi Army and Iraqi Border Police in Al Anbar Province along the Syrian border.



Soldiers assigned to the Field Artillery Squadron, 3rd Cavalry Regiment, fire their M777 howitzer on Firebase Saham, Iraq, Dec. 3, 2018. Leaders from the regiment spoke about the unit's nine-month deployment during an Army Current Operations Engagement Tour at the Pentagon in Washington, D.C., June 19.

Allied partners

The regiment assumed responsibility during a time of significant transition, Park said, as the Iraqi government declared victory in its fight against ISIS.

"The Iraqi Army was happy to lead the warfighting efforts because they knew the regiment was supporting them and because they made great gains as a force," said Command Sgt. Maj. Adam Nash, who served as Park's senior enlisted adviser.

Nash noticed how well the Iraqi forces supported themselves in combat. For example, they moved mechanized vehicles more than 180 miles in three days without getting advised to do so, he said.

Park and Nash agreed the Iraqis have made huge gains in becoming a skilled military force.

They seemed more willing to take the fight to the enemy, Park said, adding they were a battle-hardened force in their fight against ISIS.

Despite fewer American combat engagements, regiment Soldiers still earned about 60 Combat Infantry Badges and Combat Action Badges. CIBs were earned by infantry Soldiers, while on patrol and CABs were mainly awarded to artillery Soldiers.

Key lessons learned

Three lines of effort enabled the regiment's success in fighting the enemy, Park said.

First, it embedded the tactical operations center within the joint operations center, which enabled Soldiers to partner with ISF senior leaders and focus intelligence collection, synchronize targeting, and streamline priorities together.

Second, the regiment leveraged joint fires with allied partners through effective use of intelligence, surveillance and reconnaissance assets. The shared use of their strengths helped fill the gap of each other's capabilities, Park said, and consistently resulted in increased access and influence across the area of operations.

Third, the regiment deliberately created expeditionary combat power packages and placed them in key locations, Park said.

The power packages included a security force to support Iraqi forces. These packages provided the commander an ability to rapidly support developing requirements and extended coalition influence to areas previously out of reach, he said.

In future deployments, the regiment plans to apply lessons learned from its nine-month tour to appropriately shape its training cycle, Park said. Specifically, the regiment will focus its efforts on developing proficiency in combined arms maneuvers in a decisive action environment.

"Our troops, allies and partners exceeded all of our expectations," Park said, "and I can't wait to see what amazing things they do in the future."

JLTV Continued from Page 1A

cessful Full-Rate Production decision."

The JLTV program remains on schedule and on budget to replace a significant portion of the Army's High Mobility Multipurpose Wheeled Vehicle fleet. The JLTV comes in two variants and four mission package configurations: General Purpose, Close Combat Weapons Carrier, Heavy Guns Carrier, and a Utility vehicle. The Navy and Air Force also plan to field JLTVs in much smaller quantities.

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NGB Vice Chief Hokanson takes over as Army Guard director

By Sgt. 1st Class Jon Soucy | National Guard Bureau

ARLINGTON, Va. - Army Lt. Gen. Daniel Hokanson took the reins as director of the Army National Guard in a ceremony Friday at the Herbert R. Temple Army National Guard Readiness Center, Arlington Hall Station in Arlington, Virginia.

The outgoing director, Army Lt. Gen. Timothy Kadavy, is set to become the vice chief of the National Guard Bureau, pending Congressional confirmation.

"I've watched [Lt. Gen. Kadavy] work hard for the United States Army, work had for the Army National Guard," said Air Force Gen. Joseph Lengyel, chief of the National Guard Bureau, who hosted the ceremony. "He did a great job."

Hokanson served as the NGB's vice chief prior to taking on his new duties as director of the Army Guard.

"Dan [Lt. Gen. Hokanson] has trained his whole life to be here and to know everything about the Army National Guard, to know everything about the joint force, to know everything about the National Defense Strategy to come here and make the biggest contribution we can as the operational combat reserve of the United States Army," said Lengyel.

A 1986 graduate of the United States Military Academy at West Point, Hokanson served in the active component as a helicopter pilot and took on a variety of leadership roles before transitioning to the Oregon Army National Guard in 1995

to Panama, deployed to Iraq, led a brigade in Iraq, lead a brigade in Afghanistan. He's done all that and had the strategic jobs," said Lengyel.

Hokanson served as the adjutant general of the Oregon National Guard as well as the civil affairs officer and then deputy commander of U.S. Northern Command.

But, he said, he's looking forward to the challenges ahead as director of the Army Guard.

"Gen. Lengyel, I want to personally thank you for allowing me to serve as the 21st director of the Army National Guard and for all I have learned from you over the past three-and-a-half years as your vice," Hokanson said during the ceremony. "I am sincerely humbled by this incredible opportunity and look forward to continuing to serve the Soldiers, civilians, and families of our Army National Guard."

For Hokanson, many of those challenges are very different from what was faced in the past.

"As the Army Guard approaches its 383rd birthday later this year, I cannot help but notice our ties to that history," he said. "From the first muster in 1636 to today, our world has seen an incredible transformation and the introduction of new frontiers never imagined by those who gathered that December day in Salem, Massachusetts."

But many things remain the same.

With all the changes nearly four

the National Guard great remains the same -- that's our people," Hokanson said, adding that close to 30,000 Army Guard Soldiers are currently deployed worldwide.

"Nearly 5,000 more are directly supporting homeland defense and emergency response missions [at home]," he said. "Our units compose 39 percent of the Army's operational force and we'll continue to engage across the full spectrum, performing our missions of homeland defense, [supporting the] war fight and building partnerships."

Hokanson said one of his primary focuses as the director is to provide support for the Soldiers of the Army Guard.

"For all of us here in the Army Guard Directorate, we must continue to do everything we can to support Soldiers and their formations throughout the 54 [states, territories and the District of Columbia]," he said.

But, he said, it's the leaders and commanders of the Army Guard who ensure success and mission completion.

"To our leaders and commanders at every level, thank you," he said. "Your leadership and dedication, your selfless service directly contributes to our readiness and lethality and ensures mission success.

"You are charged with one of our greatest responsibilities, to manage our talent and develop the next generation of leaders who will take our places and continue to serve and protect our states and nation," he said.

"[He is] an academy graduate, deployed

ries have brought with them, what has made

LEARNING Continued from Page 1A

ing. It's different because the actual learner comes in with their own experience and we expose them to an actual experience and ... they can analyze it and make an abstract conceptualization and they are able to experiment with the knowledge that they have learned. This all feeds into the whole process of education development in our lab. It's helpful in redeployment training and building an actual curriculum to facilitate the requirements that are needed in a combat theater. What we do here carries on to a bigger picture in readiness that way."

Capt. Sarah Kemp, a transitional year intern who recently arrived at WBAMC, said the boot camp was "really cool." She is interested in trauma surgery and said the FAST exam was her favorite station.

"It's been a while since I have done this so it's good to brush up on it," said Kemp. "I think it's great that we are able to do simulations so we can practice and keep up our

skills. We were told that we have access to this with our badges, like 24/7, so whenever we have downtime we can just come over and practice on our skills and be able to keep up with things so we can be the best for our patients."

Transitional students can apply for residency after one year of internship at WBAMC. Kemp is considering staying at WBAMC after seeing how staff are great at the simulation. "It's only my fourth day here at this hospital, but it's been a great experience here so far," said Kemp.

WBAMC's simulation lab also benefits the El Paso medical community, where residents from other medical organizations come to the lab to practice before treating a patient.

"We have residents from other institutions who come here to practice fundamentals of laparoscopic and endoscopic surgeries," said Soto. "They come whenever they need to test.'



Capt. Mikel Tihista, an intern at William Beaumont Army Medical Center, practices suturing and knot tying during an intern boot camp held in the WBAMC Simulation Lab June 6.

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UNIT NEWS Training is the oil that keeps the engine of our Army running



Holloman's 314th FS, 314th AMU train with Marines in California 4A



Soldier returns to earth after 204-day mission aboard ISS 8A



Armor up 1st SBCT converts to armored brigade, celebrated service during 'Ready First' Week

By Maj. Brett Lea | 1st ABCT, 1st AD

After almost two decades of conducting counterinsurgency and stability operations, the Army is pivoting its strategic focus to countering the threat of near-peer adversaries. Part of its strategy is to add more firepower and protection to its force with the addition of a 16th armored brigade combat team. On June 20, the 1st Stryker Brigade Combat Team "Ready First," of the 1st Armored Division, conducted a ceremony at Fort Bliss, Texas to officially convert the brigade into the Army's newest armored brigade combat team.

Distinguished guests from the Fort Bliss and El Paso community watched two of the brigade's infantry regiments convert into armor regiments. Guests also took part in a large social event for the brigade's members and families, alumni of the new armor regiments, and members of the El Paso community

Last September, the Army directed the Ready First brigade, to convert to an armored brigade. Since then, the brigade turned in more than 300 Stryker vehicles and is expected to begin receiving Abrams tanks, Bradley Fighting Vehicles, Paladin artillery systems, and the Joint Light Tactical Vehicle (JLTV) this summer.

"Today's conversion ceremony represented a significant change for the 1st Armored Division as our 1st Brigade Combat Team will now be manned and equipped to

accomplish Army-assigned missions which require armor assets," said Command Sgt. Maj. Robert Cobb, the 1st Armored Division's senior enlisted adviser. "The Soldier formation representing the newly-minted 1st Armored Brigade Combat Team looked strong as ever standing and marching on the Ready First parade field as veterans and local community members witnessed this historic event. I am truly proud of our Ready First Soldiers who represent America's Tank Division."

The focus of the conversion ceremony was to commemorate the approximately 80 years of brigade history while also celebrating this significant moment. The brigade commander, Col. Michael J. Trotter, was the keynote speaker for the ceremony.

"Today is a celebration that's important not just to the Ready First combat team, the 1st Armored Division, but perhaps more importantly, our Army and our nation," Trotter said. "We are celebrating this conversion from a Stryker brigade combat team to an armored brigade combat team, but make no mistake about it, this is about enhancing our strategic readiness and our strategic lethality. We now stand on the cusp of 2020 and we face evolving threats to this great nation. As we have always done, we adapt to face those threats to our democracy no matter where they may come from. Today we face threats from near-peer adversaries that are more real today than at any time since the



Spc. William Dickinson / 24th TPASE

Soldiers with 1st Armored Brigade Combat Team, 1st Armored Division compete in the Ready First Week volleyball tournament at Fort Bliss June 19. Ready First Week was a four-day event to celebrate the brigade's conversion from a Stryker to an armored brigade and help meet the Department of Defense's call for more armor assets to defeat any near-peer adversary

1980s.'

In conjunction with the conversion of the brigade, 3rd Battalion, 41st Infantry Regiment "Rifles" redesignated as 4th Battalion, 70th Armor Regiment "Thunderbolts" and 4th Battalion, 17th Infantry Regiment "Buffaloes" redesignated as 2nd Battalion, 37th Armor Regiment "Iron Dukes." The historic 41st and 17th infantry regiments can both trace their lineage back to the Civil War, while the 37th and 70th armor regiments trace their origins back to the beginning of America's tank force.

The brigade will participate in new equipment training, which will take approximately a year to fully develop its armor capabilities in preparation for future contingency missions.

The addition of a third armored brigade combat team marks the first time that all of the division's maneuver brigades are armored-based since the division resided in Germany circa 2008. Having similar formations within the division greatly enhances efficiencies in personnel and equipment support across the division.

Fort Bliss was chosen as the site of the Army's 16th armored brigade because it is the most efficient and effective installation based on a military value analysis (MVA) of such aspects as existing maneuver land, training facilities, deployment infrastructure, and quality of life for Soldiers and

Murphy closes tour as Bliss garrison commander, change of command July 9

By David Burge | Special to the Fort Bliss Bugle

When Col. Steve O. Murphy took over as the U.S. Army Garrison Fort Bliss commander two years ago, he didn't exactly know what he was getting into, but it turned into one of the most rewarding assignments of his Army career.

"Two years ago, you could have told

"It is really a community that opens their arms and welcomes you. We feel very fortunate with

ply Support Activities, which will serve the 1st, 2nd and 3rd Armored Brigade Combat Teams of the 1st AD on East Fort Bliss.

Fort Bliss also serves as one of two Mobilization Force Generation Installations in the Army, Murphy said. The other is Fort Hood.

About 45,000 reservists and National Guard Soldiers came to Fort Bliss last fiscal year to receive their training before deploying, Murphy said. They also received all the necessary administrative support before and after deploying, he added. It's a complicated job that requires garrison command to work seamlessly and tirelessly with other organizations to get this mission done, Murphy said. On a personal note, Murphy and his family thoroughly enjoyed their time at Fort Bliss and El Paso.



Col. Steve O. Murphy

me what my job was, but I didn't really understand what it all entails - the width and breadth of what I've been able to experience – some of it positive, some of it negative," Murphy said.

"On a given day, I will go from hosting an international women's soccer event for military soccer players, to going to a memorial and then going out and spending time with city leaders at a function," he added.

As garrison commander, Murphy serves as the Army equivalent of a city manager. He also serves as an unofficial ambassador to El Paso and the greater Borderland community.

He oversees about 3,000 Soldiers, civilians and contractors who are responsible for the day-to-day functions at the sprawling post - roads, recreation, training facilities, police and fire, record keeping and administration.

Murphy, a 46-year-old from Fairfax, Virginia, will relinquish command at 10 a.m., July 9 at the Centennial Banquet and Conference Center.

An Apache helicopter pilot by trade, Murphy said, "This job has been, by far, the most broadening of my career, because of all the new things I've learned and it's stretched me away from my aviation background."

Garrison command oversees all the day-to-day functions at Fort Bliss, so units and Soldiers can concentrate on training

all the friendships we were able to make."

>> Col. Steve 0. Murphy

and being ready to deploy, Murphy said.

Murphy said he has been blessed with an incredibly able staff.

"I am extremely proud of the (garrison) organization," Murphy said. "I told people when I first got in the door that I'm a military brat. I have been on military installations my entire life. I did not recognize the amount of professionalism, the amount of work, the dedication that our civilian workforce, our military workforce, and contractors do to make this installation run.'

Murphy said his role is to provide big-picture guidance and input.

While garrison command runs the daily operations of the installation, it also gets plenty of support back from the 1st Armored Division and other units stationed here, Murphy said.

One highlight is the post is in the process of receiving about \$100 million of infrastructure improvements, he said.

These include: ongoing improvements to the runways at Biggs Army Airfield; a new Soldier Readiness Processing Center that will be built where the old commissary building - now the Trading Post - stands; and three new warehouses, or Sup"We loved it here," Murphy said. "We really did enjoy it."

"It is really a community that opens their arms and welcomes you," he added. "We feel very fortunate with all the friendships we were able to make."

They also tried to give back to the community. His wife, for instance, started the El Paso Girls Lacrosse Club.

Next, Murphy will work in the Directorate of Test and Evaluation for the office of the Secretary of Defense in Washington, D.C.

He will be succeeded by Col. Stu James, a 50-year-old from Wheeling, West Virginia. James and his family have past Fort Bliss ties. James served here from 2014 to 2017 - first as chief of plans for the 1st AD and then as commander of the 1st Battalion, 67th Armored Regiment, 3rd ABCT.

Since leaving, James has served as a senior trainer at the National Training Center at Fort Irwin, California, and most recently was a student at the Army War College in Carlisle, Pennsylvania.



Ooh-rah Air Force Holloman's 314th FS, 314th AMU train with Marine aviators in California

By Staff Sgt. Christine Groening | 49th Wing Public Affairs

Airmen from the 314th Fighter Squadron and 314th Aircraft Maintenance Unit worked out of Marine Corps Air Station Miramar, in San Diego, for a training exercise May 29 to June 14.

Between the two squadrons, a total of 168 personnel, 16 F-16 Fighting Falcons and 14 tons of equipment were fully functional during the temporary duty assignment in support of 258 flying training sorties.

"The number one goal is to get the students to conduct dissimilar air combat training, which we refer to as DACT," said Air Force Capt Eric Anderson, a 314th FS instructor pilot. "We're also exercising the squadron's ability to take jets and people TDY to a new location and operate out of that new location."

The F-16 Viper Basic Course students and instructor pilots had the opportunity to integrate with and train alongside F/A-18 Hornets with the Marine Fighter Attack Squadron 314. The exercises help enhance the pilots' ability to react to the different airframe, which maneuvers differently from the F-16.

"It's not too far from Holloman, here in San Diego, and they have a lot of aircraft here that provide the opportunity for DACT," said Anderson. "They have five F/A-18 squadrons here, so a lot of different people to potentially fly with."

Not only is the training of flying with another aircraft beneficial, but pilots also had the opportunity to become oriented with new airspace. According to Anderson, students are challenged with operating in a more congested area, which causes them to adjust altitude more frequently than at Holloman.

"There's always new stuff to get used to," said Air Force 1st Lt Brandon Reese, a 314th FS B-Course student pilot. "We have different departure procedures and patterns we fly at Holloman – it's different here, with how the Marines and Navy fly their patterns. There's also new basic stuff you need to learn because they have different procedures we've had some sort of weather that requires the students to fly instruments to get themselves back to the field and talking to the controllers. It's a huge learning point for them. It's good to have the experience, (in a controlled environment) with instructor pilots."

In order to gain a fully functional mission, each unit within the squadron provides a critical role to the exercise. Operating out of deployed locations can introduce many challenges to the goal of maintaining base station operations.

In response to the hard work of the 314th AMU and 314th FS, several operations and maintenance airmen had the opportunity to participate in familiarization flights.

Air Force Staff Sgt. Nicholas De Anda, an 849th Aircraft Maintenance Squadron dedicated crew chief, was one of many selected to fly.

"À lot of people are getting the chance to fly in the jet they've worked on for years," De Anda said. "I just got mine and I've been in for five years, it's a whole different experience, The FAM flights really bring together the maintenance and [operations] relationship. It really shows us what they do on a daily basis and gives us a new [perspective into the] importance of our job."

(Top) Airmen from the 314th Aircraft Maintenance Unit conduct post-flight maintenance on an F-16 Fighting Falcon June 4 at Marine Corps Air Station Miramar, Calif. The 314th Fighter Squadron pilots conducted dissimilar combat air training alongside F/A-18 Hornets from the Marine Fighter Attack Squadron 314.

(Middle) Air Force Staff Sgt. Daniel Locke, a 314th FS Aircrew flight equipment technician, fits a helmet to Air Force Staff Sgt. Saydee Osborn, a 49th Equipment Maintenance Squadron non-destructive inspection technician June 4 at Marine Corps Air Station Miramar, Calif.

(Bottom) Airmen from the 314th AMU ensure weapons are loaded to a 314th FS F-16 Fighting Falcon, prior to take off June 4 at Marine Corps Air Station Miramar, Calif. The 314th FS F-16 pilots conducted dissimilar combat air training alongside F/A-18 Hornets from the Marine Fighter Attack Squadron 314.



Photos by Air Force Staff Sgt. Christine Groening / 49th Wing Public Affairs





here."

The weather also created an additional challenge for student pilots.

"Holloman's weather is clear, it's always perfect," Anderson said. "Here, every day,





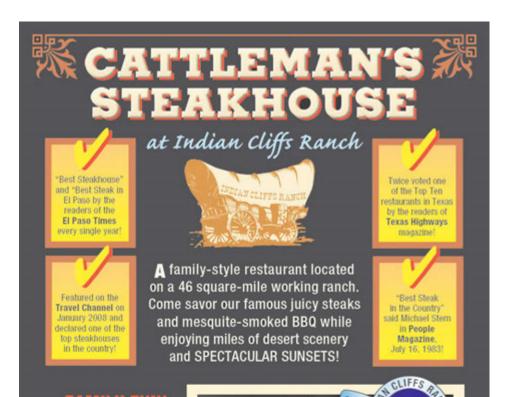
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Michael Watkins Jr. / U.S. Army

A Defense Finance and Accounting Service representative speaks with a potential candidate Sept. 19, 2018, during a hiring fair at Joint Base San Antonio-Fort Sam Houston. Army Emergency Relief recently announced a new program that would reimburse spouses up to \$2,500 for relicensing expenses, making it easier for them to continue their careers when they move to another state.

AER offers \$2,500 relicensing aid for spouses

By Thomas Brading | Army News Service

ARLINGTON, Va. – Army spouses can now apply for reimbursement of up to \$2,500 in professional relicensing expenses through Army Emergency Relief when they move to another state.

Last month, top Army officials announced a \$500 limit on relicensing costs for military spouses for permanent change-of-station moves. However, if additional funds are needed for relicensing, AER will help offset those costs for eligible spouses.

The new category of AER assistance went into effect June 5.

"We at AER are constantly looking to expand our categories of assistance to even better support the Army team," said retired Lt. Gen. Raymond Mason, AER's director. "One key is the challenge of PCS moves and the demands that it places on Army families; this is especially true for working spouses whose jobs require certification/licensing for every new state they live in.

"This is the right thing to do for our families who give so much to their Soldier and our nation," he added June 12 during the Association of the U.S. Army "Hot Topic" symposium on installation management.

The first step for spouses is knowing the certification requirements in their new state. If assistance is necessary, spouses who are eligible for the reimbursement will need their Soldier – whether active duty, National Guard or Reserve – to apply for the reimbursement at their command.

They will need a completed SF 1034 form, known as a Public Voucher for Purchases and Services Other Than Personal form; a copy of their PCS orders; and copies of the old state license or certification, the new license or certification, marriage certificate, and proof of fees paid.

Soldiers and their spouses will be able to apply for this assistance within 180 days of arrival to their new location by presenting the license or certification from the previous state along with their application, which they can find on aerhq.org.

"AER will provide a loan for the initial

NORTHEAST

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\$500 up front, so spouses are able to enact their recertification or licensing right away, knowing the Army will reimburse them," said Krista Anderson, military spouse ambassador for AER. "If the costs exceeds \$500, they'll be able to apply through AER for additional funds. The application process better determines if it should be a loan, grant, or combination of both."

The change came as a response to multiple surveys that show the rate of underemployment among military spouses increases exponentially with each move and that it's a top stressor according to Soldiers and their families. AER hopes that with this new category of assistance in place, more spouses will be able to gain or maintain employment with each move.

The program is intended to assist Army families by lessening the financial burden faced when moving to a new duty location. The requirements for local and state-level occupational licenses and certifications can vary depending on the career. Many spouses are unable to practice their professions until they meet the requirements of the new state. The financial strain of regularly relicensing can take a toll on talented, professional individuals.

"How this helps spouses is assistance in certification licenses portability," said Col. Steve Lewis, chief of family programs for the Office of the Assistant Chief of Staff for Installation Management.

AER is the Army's emergency financial assistance organization and is dedicated to "helping the Army take care of its own." AER financial assistance is conducted within the Army structure by mission commanders and garrison commanders through AER sections located at Army installations worldwide.

"We are very excited AER is taking the \$500 service cap limit all the way to \$2,500 for spouses' licensures," said Lt. Gen. Gwendolyn Bingham, assistant chief of staff for installation management. "We want our spouses and service members to know how important they are. We are doing everything we can to help spouses find meaningful work and sustain their careers."

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1st AD HQ NCO induction ceremony takes center stage

By Spc. Matthew Marcellus | 1st AD PA

A stoic sense of determination and formality gave way to radiant smiles and cheerful excitement as nine noncommissioned officers participated in an NCO induction ceremony, a traditional rite of passage recently.

Nine sergeants from the Headquarters and Headquarters Battalion, 1st Armored Division, were honored in a formal NCO induction ceremony June 13 at Fort Bliss.

The observance included passage under a crossed saber arch which signified the new sergeants' entrances into the NCO Corps. NCOs recited both the NCO Creed and Charge, displaying NCO knowledge as well as a commitment to the duties and ideals which are fundamental to the core of being a leader in the Army.

"The Soldiers here are crossing a line and



Sgt. 1st. Class Andrew Foxworthy, the senior enlisted adviser of the 1st AD Band, and other senior noncommissioned officers stand at attention as newly-promoted NCOs are formally initiated into the NCO Corps during an NCO induction ceremony June 13.

Barrel House

taking their first step into leadership," said Sgt. Maj. Tito Ferrara, the 1st AD operations sergeant major and guest speaker of the ceremony. "Up until this point, the sergeants have been individuals just receiving orders. From here on out, they're giving direction to make sure that Soldiers are successful."

For these new NCOs participating in the ceremony, innumerable new roles, tasks, and opportunities lay ahead of them as they begin to develop and implement their leadership philosophies and skills which will come to shape their Soldiers and the Army as a whole.

"The ceremony is a public declaration for us, as we're taking on responsibilities and roles as an NCO which are huge jumps from being a junior enlisted Soldier," said Sgt. Emily Perkins, a musician, pianist, and vocalist with the 1st AD Band, who was one of the Soldiers inducted during the ceremony. "We recited the NCO Charge in front of everybody as well as the NCO Creed which we keep in our hearts every day and let it guide us through our daily actions."

The development of strong and agile leadership is a key tenet of the U.S. Army, an ideal which was stressed throughout the ceremony and is a priority for every sergeant and NCO.

"Leadership is not only doing the things that are inherent in your role, but it is also going above and beyond for your Soldiers," said Perkins. "You have to look out for people and lead them to success."

For an NCO, being a leader is a role which never ends. It is imperative for NCOs to develop and maintain their leadership philosophies in order to benefit and support the operational flexibility, effectiveness and overall morale of their Soldiers to accomplish the mission as Army leaders.

"Leadership is doing the right thing and displaying what's correct at any time," said Ferrara. "Regardless of whether or not you're in uniform, you're always an NCO and you're always a leader who is representative of the United States of America."



Photos by Spc. Matthew Marcellus / 1st AD PA

Sgt. Laderius Beattie, a human resources specialist assigned to Headquarters and Headquarters Battalion, 1st Armored Division, passes under a crossed saber arch signifying his formal entrance into the Corps of Noncommissioned Officers during an NCO induction ceremony at Fort Bliss June 13.

Officers, NCOs, and junior enlisted Soldiers attended the ceremony to congratulate and offer heartfelt support to the newly promoted sergeants.

"It was really special to have all of our leaders from all the way up in the chain of command come and recognize us," said Perkins. "It's great to be surrounded by all the amazing leaders that are part of [headquarters battalion] and to be addressed by Sgt. Maj. Ferrara, who has so much experience. It all gives us some perspective on what we're getting into as NCOs and leaders."

Ferrara gave a word of advice to the newly promoted sergeants, as well as those striving to become Army leaders in the future.

"Take the 'hard right' over the 'easy wrong' always," he said

"Up until this point, the sergeants have been individuals just receiving orders. From here on out, they're giving direction to make sure that Soldiers are successful."

>> Sgt. Maj. Tito Ferrara



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NASA astronaut and Expedition 58 Flight Engineer Lt. Col. Anne McClain is captured in this photo during a media opportunity while serving as backup crew for NASA Expedition 56 to the International Space Station in May 2018 at the Baikonur Cosmodrome, Kazakhstan.



Photos courtesy of NAS

NASA astronaut and Expedition 58 Flight Engineer Lt. Col. Anne McClain works inside Japan's Kibo laboratory module recently. She was setting up and installing small satellite deployment hardware inside Kibo's airlock to eject a set of CubeSats outside the Japanese module.

Soldier returns to earth after 204-day mission aboard ISS

By Ronald Bailey | SMDC/ARSTRAT

REDSTONE ARSENAL, Alabama – Army Lt. Col. Anne McClain departed from the International Space Station to return to earth aboard a Soyuz "Union" MS-11 spacecraft June 24 following her 204-day mission with Expeditions 58 and 59, conducting technical and research tasks.

"Army astronauts have a very proud legacy in the astronaut program." McClain said. "I can tell you that just like everywhere else in the Army, the biggest attributes that we can bring to the table are leadership and team skills, and those traits that I learned in the Army as both a follower and as a leader working in austere environments with small groups in high-gain tasks where lives are at risk, those traits have absolutely transferred over into my time at NASA and I think that is the best thing that we can bring to NASA."

During her time aboard the ISS, McClain participated in or helped facilitate numerous research investigations and technology demonstrations not possible on Earth. Among these included: on-orbit radiation detection; plant growth in microgravity; human immune-system response and antibody production; protein crystal formations to provide insight into Parkinson's disease; and many other experiments ranging from physics to biological studies.

McClain also conducted Extra-Vehicular Activities, also called spacewalks, March 22 and April 8 to modify the station's robotic arm, Canadarm2, and install new batteries for the station's solar arrays. She also participated in an assessment of the unmanned SpaceX Crew Dragon, the first commercially-built American spacecraft designed to carry humans to the ISS, when it arrived on station March 3.

McClain launched with her crew Dec. 3, 2018, from Baikonur Cosmodrome's famous "Gagarin's Start," the same launch pad used for Sputnik 1 and later by Russian Cosmonaut Yuri Gagarin. She returned to earth aboard the

same spacecraft she launched to the ISS in early December.

McClain was selected as an astronaut candidate in June 2013, completing the training in July 2015. Prior to her selection as an astronaut candidate, she served as a commissioned Army officer and an OH-58D Kiowa Warrior scout/attack helicopter pilot. She served 15 months in support of Operation Iraqi Freedom flying more than 800 combat hours. McClain also served as an instructor pilot, operations officer, troop commander, and she is a graduate from the U.S. Naval Test Pilot School.

Originally from Spokane, Washington, Mc-Clain earned a Bachelor of Science in mechanical/aeronautical engineering from the U.S. Military Academy at West Point in 2002, followed by a Master of Science from the University of Bath in Bath, England, and a Master of Science in international relations from the University of Bristol in Bristol, England.

The Army's deep involvement in the nation's space program and close work with NASA dates back to the launch in 1958 of Explorer 1, the United States' first satellite, and it was a Army rocket that carried the first U.S. astronaut into space. Over the years, 18 Army astronauts have been selected by NASA with 16 of those flying aboard the Space Shuttle, Russian Soyuz spacecraft, and the International Space Station, including McClain.

Soldiers of U.S. Army Space and Missile Defense Command/Army Forces Strategic Command's NASA Astronaut Detachment serve as NASA flight crew and provide engineering expertise for human interface with space systems.

Army astronauts will continue their presence aboard the ISS this year after McClain's return. On July 20, the 50th anniversary of the Apollo XI lunar landing, U.S. Army Astronaut Detachment commander Col. Andrew Morgan will begin his planned nine-month mission aboard the ISS.

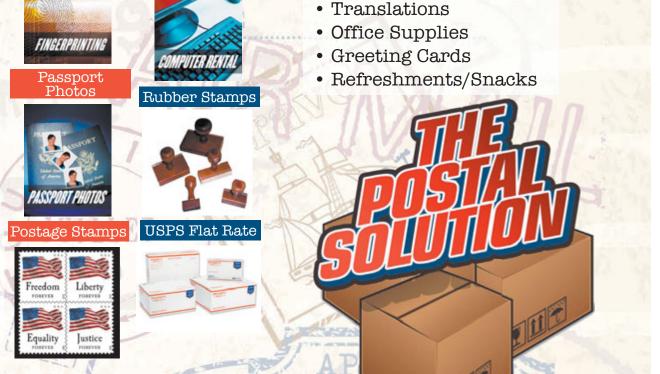


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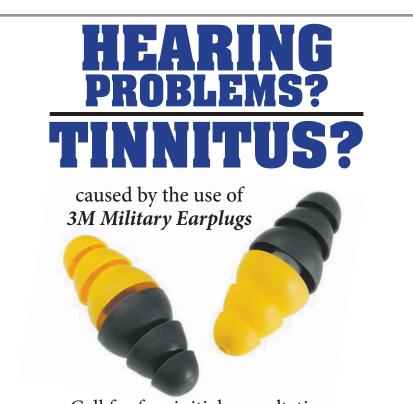
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Gary Sheftick / Army News Service

Soldiers with Bravo Battery, 3rd Battalion, 2nd Air Defense Artillery Regiment, 31st ADA Brigade, set up a Patriot missile launcher during a Table VII assessment at Fort Sill, Okla., June 18.

Army tests prototypes, explores AMD technologies

By Gary Sheftick | Army News Service

FORT SILL, Okla. - The Army completed on Monday an almost three-month-long capabilities demonstration of prototype radars aimed at replacing the one currently used by Patriot missile units.

The "sense-off" at White Sands Missile Range, New Mexico, tested three different prototypes of the Lower Tier Air and Missile Defense Sensor, or LTAMDS. The radars tracked simulated incoming missiles and live aircraft scenarios as experts observed their capabilities.

A board will convene to evaluate the data collected and the test results to select a single vendor for the LTAMDS contract by Sept. 30, said Terry Young, senior adviser to the director of the Air and Missile Defense Cross-Functional Team of Army Futures Command, Brig. Gen. Brian Gibson.

"We're pleased with the conduct of the competition so far; many stellar Soldiers and civilians from varied organizations across our Army came together and worked very hard as a team to ensure a fair-and-thorough competition was conducted," Young said. He made three trips out to White Sands this spring to observe each of the three vendors' prototypes in action.

The plan is to field the new radar to the first Patriot battalion by the fourth quarter of fiscal year 2022, Young said. Eventually, 15 battalions will be fielded by the end of fiscal year 2031.

"The Patriot system has been around since the late '70s," he said, explaining that the radar system has been patched and updated continuously to keep pace with evolving threats over the last 40 years.

"Industry, technicians and our Patriot Soldiers have done wonders to keep the system updated to where it's at today," he said of the Patriot radar, but added that technology has grown by "leaps and bounds" over the past few years.

systems and new technologies by near-peer nations such as China and Russia, U.S. air superiority on a future battlefield can no longer be taken for granted, Young said. This places increased importance on air and missile defense, he explained.

The LTAMDS is the No. 4 program of the four efforts the Air and Missile Defense CFT is currently working on, he said.

MSHORAD

The No. 2 priority program is the Maneuver Short Range Air Defense System, or MS-HORAD, a new Stryker variant with a turret that will hold two hellfire missiles encased in an external pod, an M230LF 30 mm chain gun, a 7.62mm machine gun, and another external pod housing four Stinger missiles.

The first five MSHORAD prototypes are on schedule to be delivered to the Army for testing beginning in October, Young said. The Army Test and Evaluation Command will "put it through the gamut and Soldiers will eventually be placed on the system to give their feedback through a series of touchpoints," he said of the new weapon system.

The Army Futures Command, the acquisition community, AMD CFT, and the Air Defense community are all very proud of the MSHORAD program and consider it a great example of teamwork and a "quick win" for the Army, Young said. By the second quarter of FY 23, the goal is to have 144 of the MSHORAD systems off the assembly line to field four complete battalions.

'Iron Dome'

The No. 3 priority program the CFT is working on is the Indirect Fire Protection Capability, or IFPC, to defeat everything from rockets and mortars to incoming cruise missiles.

"Right now, we're thinking 'Iron Dome'

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"It's time to get a new radar out there to keep up with the future fight," he said.

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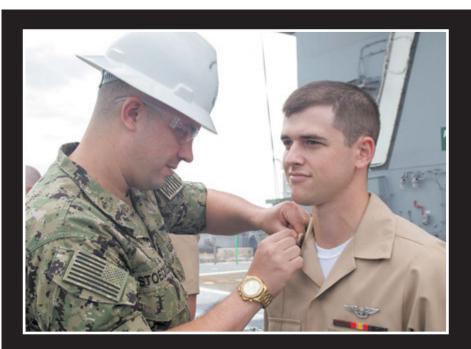


offers the best solution for an initial capability for IFPC," Young said. Iron Dome is an air defense system used by Israel effectively in over 1,900 combat engagements, he said.

See **PROTOTYPES** Page 10A

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SUN CITY SHIPMATE I



>> PETTY OFFICER PINNED

Navy Petty Officer 2nd Class Cat Olaes

Navy Petty Officer 2nd Class Payson Rogers, an Aviation Boatswain's Mate (Equipment) from Las Cruces, New Mexico, right, assigned to USS Gerald R. Ford (CVN 78), is pinned to his current rank by Chief Jeremy Stoecklein during a frocking ceremony on the ship's flight deck May 31. Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News (Va.) Shipbuilding.



Gary Sheftick / Army News Service A Soldier with B Battery, 3rd Battalion, 2nd Air Defense Artillery Regiment, 31st ADA Brigade prepares a Patriot missile radar for movement to another field location during a Table VII assessment at Fort Sill, Okla., June 18. The Army completed a "sense-off" capabilities demonstration June 17 of prototype radars aimed at replacing this system currently used by Patriot missile units.

PROTOTYPES Continued from Page 9A

Further testing and experimentation with the Iron Dome System and its components will take place and help inform the Army's enduring solution for IFPC, he said.

Young was part of a team that went to Israel earlier this year to get briefed and observe the Iron Dome and its capabilities in action. The team included the AMD CFT director, the Air Defense Artillery School commandant, and elements from Program Executive Office Missiles and Space. The U.S. is currently negotiating with Israel for a contract to purchase two batteries of the Iron Dome system. These will be tested to see if the system can bridge the gap between the MSHORAD and the Patriot in order to protect high-value, fixed and semifixed assets, Young said. A limited user test, or LUT, for the IBCS is planned for next spring at White Sands Missile Range.

The main objective of the AMD CFT is to cut the acquisition time for future weapon systems and equipment in half or less, "while at the same time ensuring a quality product that is cost-efficient and safely gets into the hands of our Soldiers," Young said.



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Battle command system

Currently, the No. 1 priority of the CFT is the Integrated Air and Missile Defense Battle Command System or IBCS, Young said. This system has made great progress in the last couple of years and recently became the responsibility of the CFT.

IBCS is a critical program for air defense and many other programs depend on its success, he said. "Many agencies and Soldiers are working hard on it and we have high expectations for a successful program," he said. Lasik, Cornea & Cataract Specialty Center
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Army HRC NCO wins powerlifting competition **•** 7B

Things to do:

Carlos Mencia: Carlos Mencia, the superstar standup comic and creator of Comedy Central's "Mind of Mencia" performs today through Saturday at the Comic Strip, 1201 Airway. Showtime is 7:30 p.m. Thursday, 7:30 and 10:30 p.m. Friday and Saturday. Cost: \$27.50 Thursday and late shows Friday-Saturday; \$32.50-\$52.50 for early shows Friday-Saturday. 779-5233, elpasocomicstrip.com

Food Truck Circus: The Food Truck Circus will invade Northeast El Paso this Friday, for its first movie night of the summer. Some of El Paso's top trucks will pull into the Rushfair Market Place, 10060 Rushing, for a free family-friendly evening of food, fun and a flick. Friday's featured movie is "Finding Nemo," which will get started at around 8:30 p.m. Movie-goers are encouraged to bring their own chairs and blankets. Truck windows open at 6 p.m. Facebook at Food Truck Circus

Pop Goes the Fort: Celebrate at Pop Goes the Fort July 4 at Biggs Park. There will be food trucks, beverage stations and inflatables for the whole family to enjoy. Gates open at 4 p.m. Starting at 6 p.m., performances from 1st AD band, the Sun City Quintet, Arsenal Drum Corp., and the El Paso Symphony Orchestra, immediately followed by a spectacular fireworks display. No outside alcoholic beverages, glass containers and pets allowed at the park. Free. 588-8247

Summer Film Fest: Come out to Mickelsen Community Library this summer and watch movies on the lawn. Bring your blankets and friendly pups to watch "Sing" 8:30-10:15 p.m. Saturday. Other movies to enjoy will be "School of Rock" July 13. Free, 568-6156

Viva! El Paso: El Paso Community Foundation and El Paso Live present the 42nd season of Viva! El Paso, the summertime outdoor musical extravaganza with performances at 8 p.m. Fridays and Saturdays, through July 27, at McKelligon Canyon Amphitheatre, directed by Keith W. Townsend. This Saturday and July 19-20 performances will be in Spanish. Tickets are \$24 (\$16 ages 2-12, seniors 65 and older and military with valid ID). ElPasoLive.com

Alfresco! Fridays: The 17th season of Alfresco! Fridays, the free outdoor summer concerts are 6 p.m. Fridays, Convention Center Plaza. Presented by ElPasoLive. No outside food or beverages, or pets allowed. 534-0600, alfrescofridays.com

Downtown Artist/Farmers Market: The City of El Paso Museums and Cultural Affairs Department's market for area artists and regionally grown agricultural products is 9 a.m.-1 p.m. Saturdays in the Union Plaza District along Anthony Street. 212-1780 or elpasoartsandculture.org

Cool Canyon Nights: The 9th annual Cool Canyon Nights series of free outdoor summer concerts are 6-9 p.m. Thursdays at McKelligon Canyon, atre. Patio performance begins at 6 p.m with headliner at 7 p.m. on the main stage. Free. elpasolive.com Music Under the Stars: The 36th summer concert series Music Under the Stars is 7:30-9:30 p.m. Sundays, 800 S. San Marcial. Free. elpasolive.com Upper Valley Artists/Farmers Market: The artist and farmers market is 11 a.m.-1 p.m. Sundays at the Substation on Doniphan at Sunset. Free. Mission Trail Art Market: Area artisans and craftspeople display their fine arts and crafts at the Mission Trail Art Market, 11 a.m.-6 p.m. on the third Sunday of the month March-November in the historic Veterans Memorial Plaza in San Elizario. There are arts and crafts, music, reenactments, food and more. Pets welcome. 851-0093 or missiontrailartmarket.com Monthly art/movie night: The Bliss Art and Hobby Shop will host "Art and a Movie" night July 12. The movie will be "The Goonies" with a piratethemed ceramics craft. Open to all DoD ID card holders. Cost: \$15. 820 Marshall Rd. 568-5563 Free concerts in the parks: The City of El Paso Parks and Recreation invites you to their free concerts in the parks in locations across the Sun City this summer. See Hypnosis and Dream Merchants at 4 p.m. July 4. Other concerts include La Magiztral Sonora Band at Pavo Real Park July 7 and Borderline Band at Argal Park July 14. Free212-0092 or www.elpasotexas.gov/parks

Accreditation ceremony NCOL CoE and USASMA celebrate a new path of education

By Danielle O'Donnell | NCO Leadership Center of Excellence

Embarking on a new path of education, the United States Army Sergeants Major Academy at the NCO Leadership Center of Excellence hosted an official accreditation ceremony in the Kenneth W. Cooper Lecture Center on East Fort Bliss June 14. This event was held to commemorate the USASMA receiving accreditation and being named as a branch campus under the Command and General Staff College.

The NCOL CoE and USASMA spent the Army's 244th birthday celebration by unveiling the Bachelor of Arts in Leadership and Workforce Development diploma from the US-ASMA.

"What a great day it is to be a noncommissioned officer," Command Sgt. Maj. Jimmy Sellers, the NCOL CoE commandant exclaimed. "We began today with a four-mile run, and a great conversation. Now, we are here on the Army's birthday to officially acknowledge the fact the USASMA is an accredited institution and branch campus under the CGSC."

Receiving accreditation was a goal for US-ASMA, after 10 years of an arduous and complex journey, it's now a reality.

The initiative encompassed years of course catalog development, assessment plans, policy bulletins, and most importantly, the development and credentialing of a collegiate faculty. Every piece of the puzzle was imperative in order to develop the supporting academic justification for the USASMA to become a branch campus under the CGSC.

"If you look backward, you will have a better appreciation on what has occurred and what it took to achieve the desired goal," Sellers said.

The Year of the NCO, 2009, was the same year retired Sgt, Maj. of the Army Raymond Chandler became the first enlisted commandant of the USASMA. His vision for the institution is what placed USASMA on a course for higher education.

"I wanted to provide relevant sergeants major who were able to contribute immediately to their units' success in the operational sergeants major role," said retired SMA Chandler. "There was a huge gap. We were in a bubble and not understood at the time. We were not in sync. We needed to align our curriculum with the CGSC."



Danielle O'Donnell / NCO Leadership Center of Excellence

Command Sgt. Maj. Jimmy Sellers, commandant of the NCO Leadership Center Excellence; and retired Command Sgt. Maj. Philip Johndrow unveil the United States Army Sergeants Major Academy Bachelor of Arts in Leadership and Workforce Development diploma at the Kenneth W. Cooper Lecture Center on East Fort Bliss June 14.

Retired Command Sgt. Maj. Philip Johndrow, the keynote speaker, spoke about the long journey USASMA has endured to attain this historic milestone in NCO history.

"With true NCO Corps fashion, when we see something that is important to us we will continue to press forward until we are able to see the mission accomplished," Johndrow said.

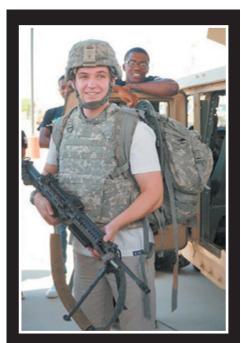
Speaking about the history of USASMA, Johndrow highlighted key points in history which made this monumental achievement possible.

"In 1971 the Army gave the NCO Corps a huge boost by making an enduring commitment to NCO education, with the establishment of the NCO Education System. In 1972, the Army established the U.S. Army Sergeants Major Academy as the capstone of its NCO Education System. In January 2019 they received notification that the resident Sergeants Major Course was accredited by the Higher Learning Commission," he said.

He reminded the students to be prepared for the challenge of being a leader, and to continue to self-improve and seek education.

ers said. "Thank you for your hard work and dedication for bringing this accreditation to fruition. You changed the lives of at least 105 Soldiers this year and many more in the years to come."

For more information on the NCOL CoE visit https://ncolcoe.armylive.dodlive.mil/.



The next commandant to take charge of US-ASMA was Command Sgt. Maj. Rory Malloy, now retired. Malloy added rigor to the curriculum and changed the passing scores on tests from 70 to 80 percent.

"My vision was to bring the academy well into the 21st century and to ensure the sergeants major had the tools needed to meet current and future wartime needs," Malloy said.

The third enlisted commandant, Command Sgt. Maj. Dennis Defreese, who is also retired, instituted the USASMA Fellowship program and was lauded by Sellers for his innovative thinking on credentialing instructors, which became the foundation of the degree process.

The road took another turn towards accreditation in January 2017, when Sellers, Charles Guyette, William Ogletree, and members of the Army University met in Austin to collaborate on a pathway for the USASMA students to take in order to attain their degree in a timely manner.

"We have been waiting a long time and finally, summer is here," said Sellers. "Which brings us to this point of accreditation a year sooner than anticipated."

"We must develop and exercise our mind just as we exercise our bodies. Education is PT for the mind," he said. "The Leadership and Workforce Development degree program is making the process of receiving the education you require easier to obtain and giving you the college credits you deserve and have earned in recognition for the time you have invested."

The Bachelor of Arts in Leadership and Workforce Development is a degree program that helps the Army develop better NCOs who are ready to lead and inspire Soldiers and units. The core competencies of Leadership and Workforce Development are essential requirements for Army NCOs.

Using the motto of Sergeants Major Course Class 69, Johndrow had one final word for the students.

"Embrace this opportunity and know that you will now be armed with tools necessary to 'be the difference," he said.

Closing the event, Sellers expressed appreciation for everyone who worked toward accreditation and said their vision for USASMA will bear fruit for the Army for the road ahead.

"On behalf of this institution and those receiving the degree on June 21, thank you," Sell-

>> PEW PEW PEW

Courtesy photo

Five professional gamers from Complexity Gaming, a professional esports organization, put their consoles down and donned rucksacks on as they spent a day in the life of a Soldier at Fort Bliss June 14. The event was a partnership between the Army & Air Force Exchange Service and U.S. Army Installation Management Command, which are bringing esports tournaments to installations around the world. "My normal day I'm waking up at 10 or 11 o'clock, and today I was up bright and early at 5 a.m. to get ready for PT at 6," said Complexity gamer Sam Hatch. "There's so much that goes into being a Soldier. Until you walk a mile in their shoes you don't understand how tough it is." Read more at https://wp.me/p9Q7PG-11m.

2B • June 27, 2019 • FORT BLISS BUGLE



Anthony McKinney / U.S. Army

Army Col. Andrew Morgan receives a combat brassard, a World War II artifact, from Paul Morando, chief of the Exhibits Division for the National Museum of the U.S. Army, May 30. The artifact will be flown to the International Space Station for Morgan's mission and will be returned to the Museum upon his return in Spring 2020.

World War II Army history going to space

By Ronald Bailey | SMDC/ARSTRAT

REDSTONE ARSENAL, Ala. – Army astronaut Col. Andrew Morgan will not only make history in space, but take a piece of World War II Army history to space with him.

Morgan, the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command's Astronaut Detachment commander, received the artifact, a combat medic's brassard, from Paul Morando, chief of the Exhibits Division for the National Museum of the United States Army, May 30, at the Johnson Space Center.

An active duty Army medical doctor and NASA astronaut, Morgan has a deep family connection and personal love of World War II history. This passion for history, medicine, and his unique status as an Army NASA astronaut are set to combine in a very unique opportunity for the Army space, medical, and history enterprises. As a part of his personal allowance items, the artifact will launch to the International Space Station to join him for his nine-month mission in space.

"It's a great honor to take this with me to the International Space Station. It touches on a number of points that are of interest to me," said Morgan. "I'm a Medical Corps officer in the Army and deployed in combat so there is that connection, along with having two grandparents and a great uncle who fought in World War II."

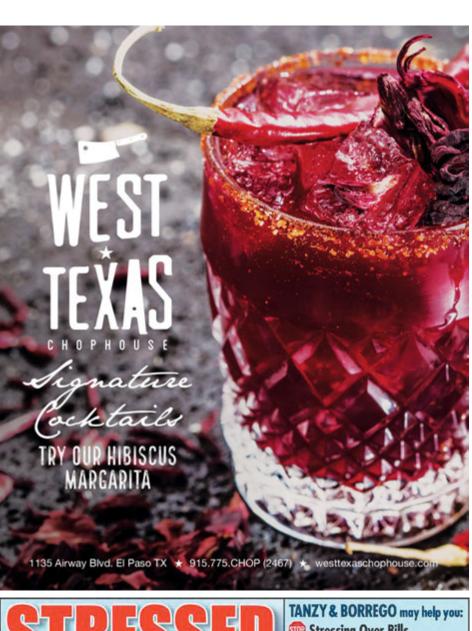
Morgan is currently scheduled to launch July 20 from the Baikonur Cosmodrome, Kazakhstan, on the 50th anniversary of the Apollo XI lunar landing, to the ISS. Upon his return, he will personally travel to the museum after it opens to install the brassard in its permanent display with other medicalartifacts in the "Army and Society Gallery."

When opened, the 185,000 square foot National Army Museum will showcase more than 240 years of Army history and honor the service and sacrifice of more than 30 million men and women who have worn the Army uniform since 1775. The artifact now in Morgan's care will join a large collection of artifacts, artwork and materiel culture, most of which have never before been seen by the public.

According to Morando, the "Army and Society Gallery" chronicles the symbiotic relationship between the Army, its civilian government, and the people. The gallery introduces visitors to the many Army advancements in medicine, aviation, communications and technology that helped shape American society, culture and economy.

"Interestingly, Col. Morgan's Army experiences, combined with his interest in history, represents the Army and Society Gallery storyline," observed Morando. "History, space, medicine - they're all here. This collaboration was a perfect match and the artifact's journey to space with Col. Morgan adds a personal connection to the National Army Museum."

The Army's deep involvement in the nation's space program and close work with NASA dates back to the launch in 1958 of Explorer 1, the United States' first satellite, and it was a Army rocket that carried the first U.S. astronaut into space. Over the years, 18 Army astronauts have been selected by NASA to fly aboard the Space Shuttle, Russian Soyuz spacecraft, and the International Space Station.









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Out of the Army, into the fire

First responder serves in more ways than one

By Sgt. Sidnie Smith | U.S. Army

FORT CARSON, Colo. – "You're doing great," Capt. Mike Milar, a captain with the Fort Carson Fire Department called to the firefighter loading the hose on her shoulder. "Keep it up!"

Christina Rivera grunted as she adjusted the weight of the hose on her shoulder. She begins moving forward with the apparatus, letting the hose trail behind her like she was shown, her protective gear adding an additional 50 pounds of weight to her small frame. After about a 100 feet, Rivera had the hose fully unraveled.

"Alright, do it again," Milar said. She turned and began winding the hose up carefully, ready to do the training exercise again and again.

"You're the first ones on the scene, and you make all the difference within those couple minutes of contact. I saw how impactful it was and how that career field could change someone's life."

>> Christina Rivera

The Fort Carson Fire Department is rife with first responders who made the leap from serving their country in the various uniforms of the armed forces, to serving their community. Rivera is one of many.

A former Army automated logistics specialist, many may question the sanity of a person who would want to run into a raging inferno without a moment of hesitation. The journey into firefighting was not what Rivera had initially planned for herself.

Originally from Orlando, Florida, she said from a young age she always wanted to be a police officer and by the time she was in high school, she was certain that was going to be what she did with her career.

Upon graduating, she enrolled in Criminal Justice classes at Miami Dade College. It was while she was in college that a professor told her a military background would help her get hired by police departments.

"My father was in the Coast Guard, and my uncle was retired Navy, but I wasn't a military brat," Rivera said. "I went with the Army because it had the fastest ship date ... police departments really didn't care what your military job was - just that you were in the service."

In 2013, Rivera enlisted in the Army. After attending basic training at Fort Jackson, South Carolina, and advanced individual training at Fort Lee, Virginia, she reported to her first duty station, Joint Base Lewis-McChord, Washington, where she got a very quick introduction into Army life.

She hadn't even started to settle into her unit or her new life as a Soldier when she was told her unit would be deploying in three months. Rivera celebrated her 21st birthday at Kandahar Air Field, Afghanistan.

"I grew up very fast," she said. "The Army was character-building — taught me a lot



Sgt. Sidnie Smith / U.S. Army

Christina Rivera, a firefighter with the Fort Carson Fire Department, said she can relate to the community she serves because of her previous military experience. Rivera is one of many Army veterans who continue to serve in their communities by working as a civilian.

about leadership, a lot about myself and how I am under stress and under pressure, and how I handle all that stuff."

In 2016, Rivera's ability to handle stress and her attitude and outlook on life would change in a way she never imagined. One evening while Rivera was walking her dog, she was attacked by a dog that had escaped from its house. Rivera picked up her dog to shield it, causing the other dog to attack her right arm.

Rivera had just received job offers from both the Tacoma and Seattle police departments. The process of accepting a job and attending the police academy came to a screeching halt after the dog attack.

Rivera said that when she was going in

and out of consciousness, she was grateful that the firefighters and paramedics were the first to arrive on the scene.

"You're the first ones on the scene, and you make all the difference within those couple minutes of contact," Rivera said. "I saw how impactful it was and how that career field could change someone's life."

She said she spent almost a year recovering from the incident, constantly thinking about how the paramedics and firefighters' quick response and actions had helped her - the planting of a seed, a seed that would grow.

Be sure to pick up next week's Fort Bliss Bugle for the conclusion of Rivera's story



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SEASONAL SERVICES

Intentional parenting

By Chaplain (Maj.) Gino Hernandez | 1st ABCT, 1st AD

As we glide past Mother's Day and Father's Day, it is easy for us to skip along to the next holiday ... most likely, the 4th of July. But today, I am pushing the pause button. I realize that summer is upon us and most parents with school-aged children are overjoyed or overwhelmed with having their children



home. And although summer vacation exponentially increases our parent-child time, it is my prayer that it also increases our potential to positively impact our children. However, leaving

Chaplain (Maj.) the right impression on our

Gino Hernandez children's minds and hearts takes intentionality. In Psalm 127, the poet inscribes, Behold, children are a gift of the Lord, the fruit of the womb is a reward. Like arrows in the hand of a warrior, so are the children of one's youth. How blessed is the man whose quiver is full of them; 127:3-5 (NASB).

There are at least three highlights of this text. First, children are blessings from God ... and they are. Secondly, parents are like warriors. Image that. And thirdly, children are described as arrows held by their parents.

The imagery of parents as warriors is powerful. Parents, like warriors, must continually refine their skills through training and the hardships of battle. Of course, for parents, these battles might look more like convincing children to clean up their rooms or sharing their toys. But these are still battles and therefore everyday opportunities to point our children in the right direction.

For this reason, parents should define clear targets. In ancient times, archers, would handcraft their arrows by carefully selecting the right feathers, finely sharpen the tip, and balance the stock for its length and weight. These arrows had the warrior's signature. In similar fashion, our children have our signature, our values, and reflect our greatest life's work. But the arrow, however precisely created it may be, is just an arrow if it doesn't have a clear target to hit. As parents, we must be intentional where we point our arrows.

Where are you and I pointing our arrows? When we project out five or ten years, how do you or I imagine our children to be? Do we have clear targets, if so, what are those targets? If asked, could our children list these? Do educational goals measure above or below developing a person of integrity and a willingness to serve others? How important is their relationship with God in perspective of this life and eternity?

There are many targets, but not all targets are equal. Shooting a deer may feed a family for a week, but a bird may only feed a person for a day. As parents, we must choose our targets carefully and use the daily routines as target practice. Routines, like chores, establish a discipline that shapes character. In my family, we value music, character and faith. Because these are important to my family, we ensure that our daughters are involved in taking music lessons, participating in sports programs that promote positive character growth, and attending a chapel service weekly to foster humility and a relationship with God. These are our targets. What are your family's targets?

The reality is that, like arrows, our children will only stay within our hands, or in the protection of our quiver, for only a short amount of time. At some point, our children are meant to be released. And if they are to be released, then I cannot take chances with the targets. There are plenty of extenuating circumstances, like the winds of life that work to pull arrows off their course. So our focus as parents must be on shaping the arrow and releasing the arrow with the upmost intentionality.

Stu Weber in his book, Tender Warrior, once wrote, "Millennia ago, the invention of the bow and arrow changed the face of warfare forever. For the first time, a warrior could impact a battle scene from a great distance. Similarly, our children are the only



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Hope Chapel (2498 Ricker Road) Crossroad Service Sunday 9 a.m. Samoan Service Sunday 11:15 a.m.

1st Armored Division (11272 Biggs St.) Gospel Service Sunday 8:45 a.m. Chapel Next Sunday 11:30 a.m. Latter Day Saints Service Sunday 1 p.m.

USASMA Memorial Chapel (11275 Biggs St.) Traditional Service 10 a.m.

WBAMC Protestant Community

(5005 N Piedras Dr.) Protestant Service Sunday 10 a.m.

messages we'll send to a world we'll never see. They are the only provision we have for impacting a world at a distance."

As you and I spend time with our children during this summer break, I encourage par-

RELIGIOUS ACTIVITIES

Catholic Women of the Chapel (Bldg. 2498 Hope Chapel) Friday 8:45-11 a.m.

Protestant Women of the Chapel (Bldg. 11272 1st AD Chapel) Thursday 9-11:30 a.m.

Protestant Youth Group (11275 Biggs St. 568-4334) Sunday 5 p.m.

Sundays Free Dinner (6:30-7 p.m.) 5:30-6:30 p.m. Middle School 7-8 p.m. High School

Post-wide Bible Study (Bldg. 11272 1st AD Chapel) Wednesdays 5:30-7:00 p.m.

CATHOLIC WORSHIP SERVICES

St. Michael's Catholic Community

(1542 Sheridan Road) Weekday Mass 11:35 a.m. Wednesday Confession 10:35 a.m. Saturday Confession 4 p.m. Saturday Mass 5 p.m. Sunday Mass 8 a.m. Sunday Mass 11 a.m. 1st Friday of the Month - Adoration 1 p.m.

WBAMC Hospital Chapel

(5005 N. Piedras Dr.) Weekday Mass 12:05 p.m. Saturday Mass 5 p.m. Sunday Mass 8 and 11:30 a.m.

German Chapel (5312 Buffalo Soldier) Sunday Mass 10 a.m. odd days

OTHER RELIGIOUS SERVICES

Jewish Chapel (Bldg. 1441) Friday Shabbat Service 7 p.m. Islamic Service (Bldg. 442) Friday Jummuh 1:30 p.m. Sunday Ta'Aleem 12:30-2 p.m. Buddhist Service (Bldg. 449 Pershing Road) Thursday 6 p.m. Intro to Nichiren Buddhism 2nd Tuesday 5 p.m.

ents to reflect on the values, the daily disciplines, and most importantly the faith they want to teach their children. Before we know it, it will be time to pull the cord and release them into the future.



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Sgt. 1st Class Emily Anderson / U.S. Army

Brig. Gen. Aaron Walter, commander of the 100th Training Division-Leader Development, visits the officers attending the Command and General Staff College Phase Two 4x4 Course at Fort Belvoir, Virginia, June 10.

Pilot program provides a new option for Army officer professional military education

By Sgt. 1st Class Emily Anderson | U.S. Army

FORT BELVOIR, Va. – Army field grade officers now have a new, shorter option for completing their Command and General Staff Officer Course phase two.

"We are taking a portion of a course that is essentially planned for eight weekends over an eight-month period, and we're compressing it down to four weekends in four months," said Lt. Col. Sean Truax, a CGSOC instructor assigned to the 10th Battalion Headquarters, 97th Training Brigade, 100th Training Division (Leader Development).

Truax serves as the team leader for the CGSC phase two 4x4 class, a pilot program that started this year. He explained that, instead of eight-weekend classes for phase two, he and his team of instructors teach the same amount of instruction in four four-day weekends - Friday through Monday. Hence, the name 4x4. Sixteen active duty, Army Reserve, and National Guard majors with a range of military occupational specialties completed the final weekend of phase two instruction here June 7-10.

"Anytime you can get outside of your own bubble and learn from other people wearing this uniform who have had a completely different path to get to where they are in their careers is valuable to appreciate overall," said Maj. David Swan, a National Guard Soldier assigned to the 301st Troop Command, Tennessee National Guard.

"We all only have our own perspective to draw from," Swan added. "Whenever you can get a class with 15 other people who are majors, but have had a completely different career path, there's a lot to be learned from that."

The CGSOC requires students to complete three phases through one of three primary ways: the resident course at Fort Leavenworth, Kansas; one of four satellite campuses at Fort Belvoir, Virginia; Fort Lee, Virginia; Fort Gordon, Georgia; or Redstone Arsenal, Alabama; or through distance learning. "The three common core phases could stretch over two years," Truax said. "Now with this additional option, it's realistic to say it can be done in less than a year."

"This just gives officers more options to get the course done, which is a benefit for them professionally," Truax added. "It's also a benefit for their unit because they don't lose a person on their staff for as long."

Although the second phase is shorter, students can rest assured they will receive the same level of training and instruction as the longer course or the distance learning option.

"We want current and potential students to understand we haven't cut any corners with this course," Truax said. "When the 4x4 course was announced, we were told 'put your schedule together for how you're going to run it.""

"We were not given any guidance that we could cut anything out," he added. "We did some shuffling around of some of our deliverables, like the papers and some of the classes within the weekends to accommodate the uniqueness of what we're doing, but we didn't drop anything."

In addition to the compressed schedule to help students complete the course faster, Truax applauds the hard-working instructors, because it is about everyone from the students to the schoolhouse putting forth the effort to ensure a successful course.

"The instructor teams who are teaching this course are committed to the students' success," said Truax. "We want our students to have the best possible senior leaders."

The 4x4 pilot program instructors are assigned to the 97th Training Brigade, which falls under the command and control of the 100th TD, headquartered at Fort Knox, Kentucky. The 100th TD supports the 80th Training Command's mission of more than 2,700 instructors providing essential training to Army Active Duty, Reserve, and National Guard Soldiers.



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The agony of bathing suit shopping

By Lisa Smith Molinari | www.themeatandpotatoesoflife.com

Summer, this balmiest of seasons, evokes sunny scenes of kids running through sprinklers, smoky whiffs of charcoal grills, soft sensations of waves lapping bared toes, and sweet sounds of crickets on steamy starlit nights.

But summertime is not all popsicles and dandelions. Actually, this beloved season heralds an event that strikes dread in the hearts of women like me.

No, I'm not talking about innocuous summer pests like bloodsucking mosquitoes. I'm not referring to harmless nuisances such as hairdowrecking humidity. I'm not even referencing the annoying obligation of vacationing with relatives.

I'm talking about – brace yourselves ladies – bathing suit shopping.

After nine months of covering our delicate and sometimes ample flesh with layers of protective clothing and binding spandex, we women are expected to abruptly strip down and let it all hang out.

Social morays dictate that at the beach or pool, I should don an itsy-bitsy garment that exposes everything but my naughty bits. However, after birthing three large babies and two decades of yo-yo dieting, my abdomen has more rolls than a Mega Pack of Cottonelle. I can barely (pun intended) stomach (pun intended again) the idea of a one-piece.

A bikini? Entirely out of the question.

Thus, every year, I am on a quest to find a new suit for the summer season that lifts, separates, covers and conceals. Of course, these are generally the skirted kind worn by older women with bunions and flowered swim caps who play bridge on Tuesdays and clip denture cream coupons. However, I am determined to buy a garment that does not appear to have been purchased with a senior discount.

So, I hit the local department store, grab an assortment of bathing suits with a combination of style and function, and head for the dressing room.

Ah, the dressing room.

That bastion of garish fluorescent lighting and funhouse mirrors, where women come to hate themselves. I hang the plastic number "9" given to me by the attendant on one hook, the bathing suits on the other, and begin to undress.

Federal law requires (or maybe just a local ordinance ... either way, I'm fairly certain you can get arrested for violating it) that one must wear underwear when trying on bathing suits in the store dressing room. However, it is next to impossible to fully appreciate a bathing suit when one

bathing suit when one is wearing it over a pair of humongous cotton briefs like mine. Despite this unfortunate reality, I subject myself to the moment that every woman on earth dreads - under the unforgiving fluorescent lights, I face the mirror, stripped down nothing to but my large Jockeys for Her.

No matter that I undress at home every day of my life, I am always shocked by what I see in a department store dressing room mirror. I gasp audibly as my mind races, "What!? Why is that so spongy? Is that a dent in my thigh? When did those get down there? Is that wiggling? Is this hanging over? Seriously? Good Lord!"

Traumatized, I contemplate giving up on buying a new bathing suit, but always persevere when I remember that the worn out elastic from last year's suit gives me a wedgie. One after the other, I squirm and wiggle my way into those little Lycra instruments of torture, hoping to find one that does not trigger my gag reflex.

Three suits accentuate my ponch. Another highlights my back fat. A tummy control suit nearly ruptures my spleen. One shows my armpit chicken fat. Another gives me "old lady cleavage." And one has underwire that I fear might puncture my lung.

Finally, I find an ultra-supportive suit that is both flattering and has the added bonus of allowing me to breathe by taking frequent shallow gasps.

Eventually, I emerge from the dressing room, battered and broken, but not defeated. With my last morsel of humility, I toss the chosen suit to the cashier, relieved that I have found an appropriate garment to enjoy the splash of the surf, the smell of cut grass, and the rejuvenating warmth of summer. My bathing suit shopping ordeal is finally over and I survived.

At least until next year.



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Sports Briefs

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UFC Fight 239 viewing: Don't miss out on the UFC 239 fight between former UFC Heavyweight title challenger Francis Ngannou and former UFC Heavyweight Champion Junior dos Santos. Stop by the Monti Warrior Zone - 21171 Medic Ave. July 6 from 6 p.m.-11 p.m.Open to all patrons ages 18 and older. 741-3000 **Kayak the Rio:** Escape the heat by kayaking the Rio with Outdoor Recreation at Truth or Consequences, N.M., Saturday. Cost: \$25 for DOD ID cardholders and \$35 for the public which includes all equipment needed for the trip and transportation. Open to ages 14 and older (with an adult). Registration required at the SAC and must be done two business days prior to the event, which is today. 744-1532

Tennis Scramble: The Tennis Scramble is on the last Wednesday of every month. Cost: Free for DoD ID card holders and \$5 for non-ID card holders. The scramblers are held at the Tennis Club, 262 Club Road. 569-5448

El Paso Chihuahuas: The city's AAA baseball team plays the Sacramento River Cats tonight and Friday, and will face the Fresno Grizzlies Saturday-Wednesday. Sunday games are at 6:05 p.m. All other games are at 7:05 p.m. Cost: \$11-\$30. 533-BASE or EPChihuahuas.com

BodyCombat: BodyCombat is a high energy martial arts inspired workout that is totally non-contact. Punch and kick your way to fitness and burn up to 740 calories in a class. No experience needed. Classes are Thursdays from 9-10 a.m. at Stout PFC. Cost: \$3 per class or \$35 for an unlimited monthly pass. 744-5800 **Total Gym:** Total Gym classes improve function and produce transformational results for every fitness level and for all users. Provides dynamic movement which promotes; physical transformation, group synergies and goal related results and is fun to use. Classes are Wednesdays through June at Milam PFC. 744-5800

Insanity: Based on the home DVD program of the same name. It is challenging, group-focused athletic training, cardio conditioning, and total-body strength drills, designed for people of all levels - no equipment needed, just determination. The moves are easy to follow, and every move can be modified to accommodate all fitness levels and abilities. Classes are Mondays from 5:30-6:15 p.m. through June at Stout PFC. Cost: \$3 per class or \$35 for unlimited monthly pass. 744-5800

HEAVY LIFTING Team Army competing in powerlifting at DoD Warrior Games

By Joseph Jones | Madigan Army Medical Center (Wash.) PA

MACDILL AIR FORCE BASE, Fla. – Last year, for the first time in Department of Defense Warrior Games history, the sport of powerlifting was introduced. This year, the tour de force is back, and Team Army has trained for the 2019 DoD Warrior Games, underway through Saturday at the Tampa (Fla.) Convention Center, with victory in their sights.

"'Today is your day, you can do anything and all things are possible. Go out there and be the champion that you already are;' that's what I tell all the athletes," said Monica Southall, an Army veteran and previous DoD Warrior Games athlete said, who is now serving as assistant powerlifting and field coach for Team Army. "We have an amazing group of athletes. Many have improved since the last time we saw them at the Army Trials, which is just great. I'm very excited to watch because they are all really motivated and ready to go."

Athletes competing in the powerlifting competition in the DoD Warrior Games utilize a modified bench press in which their legs are rested or secured onto the bench. This adaptive approach creates a more inclusive competition for wounded, ill or injured service members and veterans competing in the Warrior Games.

"It's a true test of strength," said Adriane Wilson, head coach for the powerlifting and field events at the 2019 DoD Warrior Games for Team Army. "All athletes have their legs extended on the flat bench, so it's an even playing field for all the athletes, regardless of whether or not they have a lower body impairment."



Spc. Samantha Ruiz / U.S. Army

Retired Spc. Brent Garlic lifts weights during the practice portion of the day, as coach Andriane Wilson looks on during the 2019 Department of Defense Warrior Games, June 18, at MacDill Air Force Base, Fla. The DoD Warrior Games are underway June 21-30, hosted by U.S. Special Operations Command, and is an adaptive sports competition for wounded, ill and injured service members and veterans.

Wilson, a seasoned powerlifting and field coach, former NCAA Division II track and field athlete, and 13 time All-American in the shot put, discus, hammer and 20-pound weight throw, is coaching for the fourth time at the DoD Warrior Games.

"I love our military and I'm so grateful for them, coaching for the Warrior Games is my way of being able to give back," said Wilson.

"It took a long time to build up to the level I'm at now," said retired Army Spc. Angela Euson, who was awarded eight gold medals in powerlifting, swimming and track events at the 2019 Army Trials at Fort Bliss earlier this year. Euson is competing in the DoD Warrior Games for the second time in two years.

Army HRC NCO wins powerlifting competition to qualify for world championship

By Nicole Hawk | U.S. Army

tain score or medal hanging around your neck,



Yoga: A Yoga class consisting of poses and following transitions with a focus on core strength cardiovascular fitness flexibility and an overall sense of well-being. This class builds strength and balance physically and mentally; some meditation techniques will be introduced. All levels welcome. Classes are at Milam PFC Mondays, Wednesdays, Thursdays and Fridays. 744-5800

Iron Divas: This well-rounded class is designed to improve muscular strength and endurance. With no choreography to learn, you can focus on strength and cardio splits effectively. Classes are held at Soto PFC) from 9-10 a.m. Tuesdays and Thursdays. Cost is \$3 or \$35 unlimited monthly pass. 744-5800

Deep Water: Get ready for Group Fitness' newest class, Deep Water! Using a flotation belt, deep water exercisers will jog, sprint in intervals, wall walk or do a variety of multidimensional movements, including cross country skiing, long-levered kicks, twists and jumping jacks. Classes are Wednesdays at the Aquatic Training Center. Cost: \$3 per class or \$35 for unlimited monthly pass. 744-5800 FORT KNOX, Ky. – At 4 feet 10 inches tall and poised to compete on the world's stage in powerlifting, U.S. Army Human Resources Command's Sgt. 1st Class Celina Flores is an inspiration to other Soldiers and civilians.

Placing first in the U.S. Powerlifting Association Drug-Tested Tennessee State Championship recently, she qualified to compete in the 56-kilogram weight class at the International Powerlifting League World Championship in Ireland Oct. 24-27. She will have three attempts to lift the maximum weight she can on a squat, bench press, and deadlift. Flores said she looks forward to competing.

Flores began powerlifting to relieve stress during her first deployment to Iraq, but didn't become serious about competing until January 2016.

"I saw other women who were super strong and that inspired me to improve," she said. "I'm proud that I'll be representing both the U.S. and the Army. I'm looking forward to meeting powerlifters from around the world and to making my colleagues and family proud."

In three short years, she has progressed to a 225-pound back squat, a 160-pound bench press, and a 259-pound deadlift.

The goal in competing, she said, is not a cer-

but setting a personal record by lifting heavier than the time before.

"I do what I do for the love of the sport, but I also love showing other women that it's okay to enjoy lifting weights," she said. "I feel powerful when I'm lifting."

Prior to her win in Tennessee, Flores set the drug-tested Kentucky state Bench Press record, her fifth record in the state. She also holds the current military national bench press record.

Flores, who has four months to prep for the world competition in October, regularly works with an online fitness coach. She practices squats and bench presses three-to-four times per week and deadlifts two-to-three times per week. She shares videos with her coach, who analyzes her form and helps plan her training regimen. Her online coach will travel with her to Ireland for the world competition.

"Powerlifting is obviously not my full time job," she said. "I'm a Soldier and a single parent so fitting training in before or after work is hard. I just try to stay focused on my goal - to lift heavier than ever before at the world championship."

Flores said she balances training with taking care of her son, 9-year-old Damien; her regular physical fitness schedule; and her work as Sgt. 1st Class Joshua Uhrig / U.S. Army At 4 feet 10 inches tall and poised to compete on the world's stage in powerlifting, U.S. Army Human Resources Command's Sgt. 1st Class Celina Flores is an inspiration to Soldiers and civilians.

a senior human resources sergeant. Flores and her colleagues on the Recruiter Team in the Nominations Branch place Soldiers in recruiting school and on assignments.

Whether she's lifting more than double her body weight in the gym, or at HRC helping the Army meet recruiting and retention goals, Flores is a force to be reckoned with.

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OFF DUTY

Off Duty is a compilation of military-affiliated information and events focused on the Soldier, their family members and veterans. Information should be 100 words or fewer and contain no editorializing. An informational brief that is not time-specific will not run for more than four weeks. Submissions are due no later than Friday for publication in the following week's paper. To learn more, call 568-4088.

Bliss Briefs

Bliss museum closed Saturdays: The Fort Bliss and Old Ironsides Museum will be closed Saturdays through July. The museum, located at 1735 Marshall Rd., is open Wednesday-Friday, 8:30 a.m. to 4 p.m. 568-5412

Eye exams: Optometry Services at Mendoza and SFMC Clinics are open for routine eye exams for dependents and retirees enrolled in TRI-CARE Prime and Tricare For Life. If you have had a routine eye exam on the economy through TRI-CARE or other health insurance in the past year, please do not book an appointment until it is time for your next exam. To schedule an eye exam, call the Mendoza Optometry clinic at 742-2229 or SFMC at 742-2390. Patients who are a noshow will be unable to book another space-available appointment for 90 days.

Traffic disruptions expected: Trucks may cause traffic disruptions in Lower Beaumont until late November. It is part of a cleanup project to haul debris from former WBAMC Lower Beaumont buildings, incinerator, arroyo, and WBAMC landfill areas to an off-site, licensed landfill. Road closures are not expected, but the work could include noise and dust. The work will be scheduled Mondays-Saturdays, 6:30 a.m.-6:30 p.m. Five trucks a day will be used for the first few weeks with a gradual increase to 10 trucks a day.

TARP training: Fort Bliss offers Threat Awareness Reporting Program training at two locations monthly. Get your learn on at the Soldier Activity Center on East Fort Bliss on the second Tuesday of the month, or at Stayton Theater on West Fort Bliss on every third Thursday of the month through September. 568-4604

McGregor/FBTX ammo point closings: The McGregor Range/FBTX Ammunition Supply Point will be closed Sept. 16-20. Issue documents can be submitted through TAMIS during the closures. 569-9528

Bible study: Fort Bliss post-wide Bible study

ANNOUNCEMENT

Debt collection notice:

takes place every Wednesday from 6-7 p.m. at Bldg. 449-451, Pershing Road. Free dinner from 5:30 p.m. Childcare provided. 568-4334

ICE comments: Make your voice heard. Tell us exactly how we are doing. Good or bad: Bring it on. You may remain anonymous, if you choose to do so. Listing your contact information allows us to provide direct feedback. Fort Bliss has an outlet available, the Interactive Customer Evaluation program, fully functional again to all customers. https:// ice.disa.mil/ index.cfm?fa=site&site_ id=435

FMWR

Monthly Art/Movie Night: The Bliss Art and Hobby Shop will host "Art and a movie" night July 12. The movie will be "The Goonies" with a pirate-themed ceramics craft. Open to all DoD ID card holders. \$15. 820 Marshall Rd. 568-5563 Free books for deploying troops: Deploying soon? Come to the Mickelsen Community Library and pick up a unit book kit. The book kits contain a selection of popular fiction and non-fiction paperback items. 2 Sheridan Rd. Free. 568-

Auto Crafts facility-use orientation: The Auto Craft Center offers mandatory safety orientations for their customers Wednesdays-Thursdays at 6 p.m. This orientation is required before use of the facility for automotive do-it-yourself projects. DoD ID card holders only. 820 Marshall Rd. Free. 568-7280

Summer film fest: Come out to Mickelsen Community Library this summer and watch movies on the lawn. Bring your blankets and friendly pups to watch "Sing" 8:30-10:15 p.m. Saturday (depending on the sunlight). Other movies to en-joy will be "School of Rock" July 13. The library will sell popcorn and drinks for \$1 each. The event is free to attend, open to DOD ID cardholders. 568-6156

Texas Hold 'Em: A Texas Hold 'Em game will be held Monti Warrior Zone, 21171 Medic Ave. June 29 at 5 p.m. Prizes will be awarded for 1st, 2nd, and 3rd place! Cost: \$15. Includes one drink. Registration required and can be done at the Monti Warrior Zone front desk. 741-3000.

Unlimited bowling: Desert Strike Lanes Bowling Center, 2949 Carter Road is offering umlimited bowling from June 27-August 29 from 6:30 p.m.-10 p.m. for only \$8.50 per person includ-ing shoe rental. Also available is the Twosome Package for \$26 which includes unlimited bowling, one large one topping pizza and two medium drinks! Must mention the Twosome package to receive the offer. Open to the to the public, and DoD ID cardholders. 568-6272

Parents Day Out: Parents get ready to enjoy a relaxing day out because CYS will provide once a month Saturday child care. The July Parents Day Out is July 13 from 1 p.m.-11 p.m. Child care will be held at Milam CDC. Cost: \$5 per hour, per child with a \$10 deposit.744-7879



EFMP: Slide into FUN!

Date: Jun 28 2019, 10 a.m. - 12 p.m. Exceptional Family Member Program (EFMP) - 2494 Ricker Road West Fort Bliss

ALL EFMP enrolled families! Are you ready to celebrate summer? Join the EFMP team as they "Slide into Summer" at Biggs Park! There will be games, arts & crafts and a bounce house water slide. Remember your swim attire and towels. Pizza will be provided.

Open to EFMP enrolled families.

For more information, call 569-4227 ext. 5 FREE

Children must be accompanied by a parent or guardian. Open to the public. 568-5426

Teen Basic Automotive Maintenance class: SKIESUnlimited will be hosting a Teen Basic Automotive Maintenance class every second Saturday of the month. Students with their driver's licenses or permits will learn basics such as changing the oil to replacing a tire and more. Cost: \$25. Registration required. 568-5544

Babysitting course: The SKIESUnlimited Babysitting Course is designed to help middle school and teenage youth learn what it takes to be a responsible, caring, trustworthy and com-petent babysitter. Students will receive first aid and CPR training on a Saturday. The course is open to children ages 12 and older. Cost: \$10. Registration required. 568-5544

Folklorico Dance: Join SKIESUnlimited for their Folklorico Dance Class open for children ages 6-18 years old. Cost: \$40 per month and held Saturdays from 12:15-2 p.m. 568-5544

SKIESUnlimited: SkiesUnlimited offers a variety of fun and educational programs geared for children of all ages and talent levels. Music classes like piano, voice, guitar and drums are available. SKIES also has a variety of art, sports, driver's training and babysitting courses. All stu-dents must be enrolled with CYS Services Parent Central. 568-5544 or 568-4374

Community

our men and women in uniform, yesterday, today and tomorrow. Facebook @MOPHChapter393

2ID vets group seeks members: The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. Their 98th annual reunion is in Tucson, Ariz., Sept. 18-22. 2idahq@ comcast.net

Downtown Artist/Farmers Market: The City of El Paso Museums and Cultural Affairs Department's market for area artists and regionally grown agricultural products is 9 a.m.-1 p.m. each Saturday in the Union Plaza District along Anthony Street. 212-1780 or elpasoartsandculture.ora

Sea Cadets: Calling adult volunteers to lead in the newly forming Navy Sea Cadets program, El Paso Unit. Must be a U.S. citizen or legal permanent resident, free of felony convictions, possess good moral character, a sound mind, and be capable of communicating USNSCC values to our cadets. No military background required and you will be allowed to wear the Navy Sea Cadet uniform. Facebook or e-mail epnavyseacadets@ outlook.com



This is a debt collection notice for Staff Sgt. William A. Pribila. All services under Pribila's name should be put on hold. All those with debts to be collected under the name of Pribila or for information re-garding collections, call 1st Lt. Brian Nepogoda at 744-7750.

Federal District and Magistrate **Court Trial Results**

U.S. v. Julie Marie Mendez: On 8 May 2019, Julie Marie Mendez pled guilty to driving while in-toxicated on Fort Bliss. Mendez was sentenced to nine months probation, including a requirement to participate in a substance abuse treatment program, abstinence from the use of alcohol and/all other intoxicants, prohibition on knowingly entering any bar/tavern, and a \$10 special assessment

U.S. v. Omar Eliborio Cano: On 31 May 2019, Spc. Omar Eliborio Cano pled guilty to driving while intoxicated on Fort Bliss. Cano was sentenced to nine months probation, including a requirement to participate in a substance abuse treatment program, abstinence from the use of alcohol and/all other intoxicants, prohibition on knowingly entering any bar/tavern, payment of \$4,658.75 restitution amount to the U.S. Army, and a \$10 special assessment.

Go Youth

Family Day at the Wall: The SAC holds "Family Day at the Wall" every Thursday-Satur-day, 12-6 p.m. On Family Day, the wall is open to all climbers age 6-older. 20732 Constitution Ave. 744-1532

In-home Child Care: IFamily Child Care offers in-home providers for CYS-registered kids. For care information, or to receive an updated list of FCC providers, call 568-4198 or visit the office at 3503 Story Rd. Cost: \$5/hr. with \$10 deposit. Reservations required. 744-7879

School Age Book Club: The School Age Book Club is designated for children ages 7-12. A staff member will read for part of the time and the children will read aloud as well from 4-5 p.m. every Wednesday at Mickelsen Library. 568-6156

Story Time: It's Story Time! Stop by the Mickelsen Library every Tuesday from 10:15-11 a.m. or 11-11:45 a.m. as children ages 2-5 listen to stories read aloud. Crafts, activities and refreshments available. 568-6156

Child Range Orientation class: This is a one-hour child firearm safety course required for children ages 6-17 to accompany parents or guardians at Rod and Gun Club live fire ranges.

Free concerts in the parks: The City of El Paso Parks and Recreation invites you to their free concerts in the parks in locations across the city this summer. See Hypnosis and Dream Merchants at 4 p.m. July 4. Other concerts include La Magiztral Sonora Band at Pavo Real Park July 7 and Borderline Band at Argal Park July 14. Free. 212-0092 or www.elpasotexas.gov/parks

Hampton University Alumni Round Up: The El Paso Alumni Chapter has monthly meetings held at noon in various locations close to Fort Bliss. 241- 4672

El Paso Public Library book club: The City of El Paso public library system's Summer Read-ing Club is underway now through July 27. Club members are asked to read eight books or eight hours, depending on their reading level. Once the club requirements are met, members will become eligible to win great prizes and get a certificate of recognition. Register for free by visiting any neighborhood library branch and filling out a registration form or at www.elpasolibrary.org. Purple Heart recipients sought: The Military Order of the Purple Heart El Paso Chapter 393 meets the first Saturday of every month at 1 p.m. at the 82nd Airborne Memorabilia Museum, 2608 Fort Blvd. Transitioning from the battlefield to the home front has never been more difficult, and volunteers make a difference in the lives of

BIBLE STUDY & WORSHIP SERVICE Sunday: 10 am-12:30 pm **IN-DEPTH STUDY - BOOK REVELATION**

Thursday: 10 am-noon

3500 McRae, El Paso, TX 79925 (915) 731-8576/(915) 731-8567 fielyverdaderoelpaso@outlook.com

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Upper Valley Artists/Farmers Market: The artist and farmers market is 11 a.m.-1 p.m. Sundays, at the Substation on Doniphan at Sunset. Free.

Music Under the Stars: The 36th year of Music Under the Stars concert series is 7:30-9:30 p.m. Sundays. 800 S. San Marcial. Free. elpasolive.com or on Facebook at Music Under the Stars

Cool Canyon Nights: The 9th annual series of free outdoor summer concerts are 6-9 p.m. Thursdays at McKelligon Canyon Amphitheatre. Patio performance begins at 6 p.m. with headliner at 7 p.m. on the main stage. Free. elpasolive.com

El Paso Ice Cream Festival: El Paso Live hosts the El Paso Ice Cream Festival family event Sunday, in Convention Center Plaza, Downtown, with a variety of ice cream and other frozen treats, gelato, churro splits, snow cones, a toppings bar, live music, ice cream-inspired arts, contests, food trucks and more. icecreamfestep. com

Music Under the Stars: The 36th summer concert series Music Under the Stars presents Noche

fortblissbugle.com classifieds@lavenpublishing.com

Homes for Sale or Rent

Room for rent: Newly remodeled master bedroom with bathroom, wic, kitchen and laundry facilities. Single female, cat friendly, on bus line. Northeast, close to Fort Bliss. \$450/mo. \$200/dep. 256-4794 Available July 1.

House for rent: Between Viscount and McCrae, 1118 sq. ft., 3 bdrm, 1.5 ba, carpet and ceramic tile, dbl pane windows, sun room, storeroom, washer/dryer hook up, refrigerator. Lg secured yard. Clean and safe. \$800/mo + \$800 dep, credit/bkg check. 858-336-6185 or rwgborntosing@ hotmail.com.

For rent: Studio apartment \$650/mo, \$400/deposit. Private yard/driveway. Within 10 minutes to Ft. Bliss. Utilities (electric, water, gas included to max of \$100), Available now. Refrigerator/gas stove in unit. Evaporative AC. 252-6686

FORT BLISS BUGLE • June 27, 2019 • 9B

Ranchera with Mariachi Alegre 7:30-9:30 p.m. Sunday at the Chamizal National Memorial, 800 S. San Marcial. Free. elpasolive.com or on Facebook at Music Under the Stars

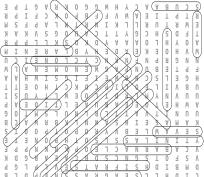
Miss El Paso USA: The pageants for Miss El Paso USA and the Miss El Paso Teen USA are 8 p.m. Friday (preliminaries) and Saturday (finals) at UTEP's Magoffin Auditorium. 845-2894, 820-3734, laurasproductions.com or elpasopageants.com

Viva! El Paso: El Paso Community Foundation and El Paso Live present the 42nd season of Viva! El Paso, the summertime outdoor musical extravaganza with performances at 8 p.m. Fridays-Saturdays through July 27, at McKelligon Canyon Amphitheatre. Saturday, and July 19-20 performances are in Spanish. The show depicts 400 years of the El Paso area's rich history. It will combine many of the popular songs, dances and characters from the past, such as the iconic deer dance, with a new one. Cost: \$24 (\$16 ages 2-12, seniors 65 and older and military with valid ID). Tickets available at Ticketmaster. ElPasoLive.com

Miscellaneous

GE Washer, almost new. \$250. 222-5600

Wood dining table w/2 chairs, Bissell vacuum cleaner, weights w/stand [10-40 lbs], Samsung refrigerator, air mattress, 2 folding padded chairs, 2 bookcases. 261-8736





Pick Up the Fort Bliss Bugle At Any of These Locations

			•						
WEST BLISS		IDA Housing		Mini Mall	20752 Gulf Victory Way	Army Recruiting	9109 Dyer		#3 Butterfield Trail #125
Pass Office	Chaffee Gate	Troop Store	2433 Carrington		20751 Gulf Victory Way	Albertsons	9111 Dyer		50 Airway Blvd., Ste. B #2
DOL #2 Transport	2638 Chaffee	WTB	2444 Cassidy	FirstLight FCU	20727 Continental	Dunkin Donuts	Dyer		5 Westmoreland, Ste. 121
Headquarters 11th ADA	2525 Haan	VA	6077 Alabama	Soldier, Family Care	11335 Simms St.	Smart Stop	9191 Dyer	EPCC Bldg. A & B	
DOL (Supply & Services)	2527 Haan	William Beaumont Hospital	7777 Alabama	Family Dental	11334 Simms St.	VA Home	9650 Kenworthy	Comp USA	9521 Viscount
Material - Maintenance	2592 Jeb Stuart	31st Combat Support	2440 Chaffee	AEPIC Intelligence Ctr	11339 Simms St.	Tropicana Homes	4554 Cohen		0 Gateway East, Ste. 103
Child Care Center	1730 Haan	Kelly Park	1991 Marshal	Dining Hall	11316 Simms St.	FirstLight Credit Union	9983 Kenworthy	Rudy's	7970 Gateway East
Post Office	1733 Haan	Elementary School	2038 Sheridan	Biggs Gym	11251 Simms St.	Golden Corral	4610 Transmountain	Intown Suites	7984 Gateway East
Thrift Store	1717 Haan	Post Laundry/Gift	2011 Sheridan	204th MIB HHQ	11176 Simms St.	Butterfield Trail Apts	10330 Gateway N.	Excel Learning Center	1220 Lomaland
Museum	1735 Haan	Soldier Family Ass. Center	887 Marshall	Tactical Equipment	20205 Anzio Way	Albertsons	10765 Kenworthy	Albertsons	2200 N. Yarbrough
Ft. Bliss Lodging	1744 Haan	Dining Facility	906 Chaffee	MTC	20188 Minue	VFW Post Bennividez	Fort Blvd.	Eastside Senior Citizen	Center 3200 Fierro Dr.
Child Youth	1743 Haan	Behavioral Clinic	1030 Chaffee	CCTT	20187 Minue	Postal Annex	10710 Gateway N.	Albertsons	11320 Montana Ave.
Furniture Store	1743 Haan	Pass Office	Buffalo Soldiers Drive	Company Operation Facil	lity 20575 Old Ironsides	Housing Office	4600 Loma Del Rey	Veterans Hospital Clinic	2400 Trawood
Firstlight FCU	1741 Marshal	La Noria Housing	Buffalo Soldiers Drive	GQ	21000 Torch	Smart Shop	6047 Woodrowbean	FirstLight FCU	1555 N. Lee Trevino
Armed Forces Bank	1720 Marshal	Corrigador North	JEB Stuart	Dental	Torch	Big 8 Grocery	9817 Dyer	Regis-Bernard	1446 N. Lee Trevino
Wells Fargo	1722 Marshal	Chamizal Place	JEB Stuart	3-1 Headquarters	20200 Bayonet	Richard Burges Library	9600 Dyer	Golden Corral	1460 N. Lee Trevino
Kelly Park	1723 Marshal	Replica Pool	Sheridan Rd.	Headquarters	21100 Quartermaster	NE YMCA	5509 Will Ruth	EP Mass Media	11385 James Watt B-12
Legal Aid	113 Slater	Preschool	Sheridan Rd.	Dining Facility	21214 Bayonet	OFF POST - DOWN	TOWN	Rudolph Mazda	1301 N. Lee Trevnio
32nd AAMDC	111 Slater	Hotel Bldg 5023	5023 Dudley	Most Barracks on post	2	Lara and Company	1317 Montana	Mission Chevy	1316 George Dieter
DOL	21 Slater	Welcome Center	Pershing	Orange Boxes at some Po	ost Housing	Sanders Wingo	221 N. Stanton #900	Navy FCU	George Dieter
Public Affairs Office	15 Slater	German Air Force	512 Smith	OFF POST - NORTH		Congressman O'Rourke's	Office Mills Bldg.	OFF POST - WEST	
Admin, General	8 Pershing	Medical Clinic	2487 Ricker	Army Reserve	4100 Dver	Mithoff Burton	123 W. Mills #500	Administration Office	UTEP
General's Office	2A Pershing	Recruiting Office	6380 Morgan	ASYMCA	7060 Comington	Plaza Theatre	W. Mills	ROTC UTEP	UTEP
Garrison Command	1 Pershing	Stout Gym	2499 Cassidy	Yearwood Tire	Dver	Camino Real Hotel	101 S. El Paso St.	Albertsons (UTEP)	Mesa
Family Resilience Center	250 Club	Corrigador South	JEB Stuart	Tugboat	5501 Dyer St.	El Paso Convention Cente	r	Warren Inn	4748 N. Mesa
Mobolization & Deployment	1010 Chaffee	Corrigador West	Pleasonton	Logan Gym	Ellerthorpe	El Paso Chamber of Com	nerce	Laster Advertising	5407 N. Mesa
Western Regionals (Dental)	1031 Chaffee	Officer's housing - to door	Sheridan Rd	RV Park	Ellerthorpe	OFF POST - EASTS	DE	Albertsons (Resler)	Mesa
TISA	1109 Aleshirer		Rd/Radar to Dickman	Chapin HS	Ellerthorpe	Laven Publishing 5959		Golden Corral	7420 N. Mesa
Skillcraft	1104 Cassidy	Albertsons	Montana	Logan Elementary Schoo		Viva Chevy	Montana at Magruder	FirstLight FCU	5050 N. Desert Blvd.
Commissary	1620 Marshal	EAST BLISS		Underwood Golf Course		Casa Nissan	Montana	Albertsons (N. Desert Bl	
PX	1611 Marshal	Milam Elementary School		VFW Post 8550	4714 Titanic	Casa Ford	Montana	Rudolph Chevy & Honda	
All Shoppettes		Sot. Mai. Academy	SGM Blvd.	Shane North Point	8815 Dver	All Dick Poe locations		Comfort Suites	949 Sunland Park
Dunkin Donuts	1310 Cassidy	General's Headquarters	11685 SGM Blvd.	YWCA	9136 Stahala	Geico	6560 Montana	Mack Massey	1950 Crocket
Burger King	196 Cassidy	Pool	11687 SGM Blvd.	Freedom Financial	4717 Hondo Pass	Barnett Auto	9501 Montana		
Fitness Center	2499 Cassidy	DFMWR	A479-8	Marines	4717 Hondo Pass	Lunchbox	3623 Buckner		
USO	2408 Chaffee	Joint Task Force North	11603 SGM Blvd.	Navy FCU	4717 Hondo Pass	EP Airport	0020 200.000		

10B • June 27, 2019 • FORT BLISS BUGLE

ř

Α.

В.

C.

D.

Ω

1 5 12

Clue: Ocean

16 12 9 5 1

Clue: Curling water

13 20 12 2

Clue: Clawed crustacean

1 24 5 3 3 1 Clue: Hard outer protection

Determine the code to reveal the answer!

Solve the code to discover words related to oceans. Each number corresponds to a lette (Hint: **1 = s)**

* PUZZLE time WORD SCRAMBLE Rearrange the letters to spell something pertaining to oceans.

RECNUTR wann :....

Guess Who?

I am an actor born in Georgia on June 27, 1999, I made my feature film debut at age 10 in a movie called "Get Low." However, it took a series featuring zombies to propel me to mainstream fame.

s881¥ ләририрү :ләмѕиұ

TIDAL WORD SEARCH

Answers: A. sea

C. crab

D.

shells

С	Ι	D	Н	L	L	S	Е	Α	G	R	Α	S	S	Ν	Е	Ρ	D	L	В
D	М	В	Ι	D	Н	S	Ι	F	R	Α	Т	S	Е	V	L	Ρ	L	G	Ρ
V	S	F	0	Т	S	G	Ν	С	S	D	В	С	Α	Е	Α	R	G	D	Κ
V	С	Α	В	Α	R	Ν	Α	С	L	Е	0	Ρ	Κ	Ν	Κ	Ν	Ρ	Ρ	F
Υ	Т	Ι	Ν	Ι	L	Α	S	S	L	S	0	Т	Η	Ρ	0	Ν	Ε	Т	Е
S	Ε	V	Α	W	L	Е	В	V	Y	R	0	Ρ	0	Т	Ρ	0	0	Т	S
Κ	Α	М	Α	S	Ε	Ι	Η	S	Α	W	Ν	L	Κ	В	R	W	Α	С	В
U	U	Ν	Ι	Т	V	Α	Т	Т	L	R	L	Ν	U	L	S	М	Т	0	G
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U	U	V	Ν	Y	М	L	R	D	Т	L	0	Е	W	L	Т	Y	U	S	Ι
U	В	V	Ι	L	Ε	0	L	Ι	Ρ	С	D	Κ	С	Т	Η	0	Е	Т	Т
Η	G	Ε	L	S	С	Η	0	W	Ε	Ι	F	Ι	G	S	Ι	W	Η	Α	Α
F	Ρ	Т	Ε	В	U	Ν	Ρ	Α	G	W	Е	Ν	0	М	Е	Ν	Α	L	W
Ν	Ν	G	R	Ρ	Ν	F	Ν	R	Ν	С	Y	С	L	0	Ν	Е	Ι	С	U
W	V	Η	0	Е	Κ	Е	Α	D	Е	Η	Y	В	L	Α	R	Е	Ν	Ι	М
Α	0	Υ	Н	L	0	Α	Α	Α	Υ	D	Κ	D	S	Κ	L	L	Ρ	Ρ	R
Т	F	D	S	Н	С	G	Υ	Т	Т	С	Α	U	0	G	S	V	Κ	Α	Κ
Ε	W	R	Т	U	R	L	L	Κ	Ι	Ν	R	Т	М	L	Α	Ρ	F	S	М
R	Т	Ρ	Т	Ι	Е	Α	W	V	F	F	В	F	0	Κ	С	F	Ι	Ρ	R
S	С	U	В	Α	Α	С	Υ	Η	W	G	G	0	Κ	R	Α	G	Т	Ρ	Ε

WORDS

ALGAE ANEMONE ATOLL BARNACLE CLIMATE COASTAL CORAL

POLLUTION CYCLONE PREDATOR **ECOSYSTEM EVAPORATE** SALINITY KELP MINERAL SEAGRASS SHORELINE OCEAN PLANKTON STARFISH

SURF TIDE WATER WAVES

See answers on page 9B

SCUBA

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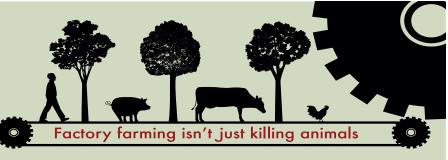
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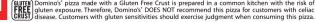
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