



Sheppard Air Force Base, Texas - Aug. 9, 2019

Visit the [Sheppard homepage](#) for more news and information



82nd CONS revamps customer education

By Airman 1st Class Madeleine E. Remillard

Members of Sheppard AFB's 82nd Contracting Squadron decided to get innovative in their approach to answering customer service-related questions to make processes smoother for clients and the contracting team.

[Click here for the story.](#)



How pilot training has changed over the years

By Airman 1st Class Octavius Thompson

Pilot training is constantly changing to ensure students have an environment where they not only learn to fly, but to adapt and quickly out-think their enemies.

[Click for the article.](#)



Federally Employed Women

2019 Women's Equality

Tuesday, Aug 20, 2019

1100 a.m. – 1300 p.m.

Luby's Cafeteria

Pay as you go



RSVP by 16 Aug to:

Sherry Murray-Garrett 940-855-1190
Or 940-642-8579

sherry.murray-garrett@sw.r.com

Point of contact:

Princess R Skaggs 940-733-7327
skaggsprincess@gmail.com

Hosted by: FEW Red
River Stars Chapter 464



Guest Speaker:

BRIGADIER GENERAL (RETIRED)

Theresa M. Casey

Brigadier General Theresa M. Casey retired from the Air Force in December 2009 after 27 years of service. She presently serves as the Director, Trainee Health Surveillance, at Joint Base San Antonio Lackland, working health protection and human performance enhancement initiatives and issues for over 70,000 basic military trainees and technical and international students trained at Lackland annually.

Sheppard Right START



Welcome to Sheppard AFB

Please join us for Sheppard Right START where you will gain important information on the local base communities, Sheppard Clinic briefings and information on local hazards and weather conditions. Right START is held at the Solid Rock Café, BLDG 450 from 0800-1200.

Right START is mandatory for all Active Duty military and Civilian Employees. It is highly encouraged for spouses to attend.

Dates: August 12; September 9; October 21; November 18; December 9

AIRMAN & FAMILY
READINESS CENTER

940-676-4358
FORCE



Train, Develop and Inspire Warriors: Combat Capability Starts Here

SHEPPARD IN PHOTOS

See more at: www.sheppard.af.mil



..... Train, Develop and Inspire Warriors: Combat Capability Starts Here



WORD ON THE TWEET

[When you see their distinctive beret, you know our bases, our resources and our Airmen are well-protected because of the dedication and pro-](#)

[What does the #USAF have in common with a 19th-century #Vampire?
<https://www.dvidshub.net/news/332797/folklore-vampire-pos->](#)

[A day on the lake isn't such a drag. During water survival skills training, #Airmen experience what it's like to be dragged through the water to prepare](#)

NEW!! "Permanent Party" Walk-In Active Duty Sick Call

Where: Family Practice Clinic
When: 0630-0745, Monday through Friday

If you are a permanent party, active duty member and have a non-life threatening, urgent medical condition, come to the walk-in Active Duty Sick Call.

This is for urgent care medical needs ONLY (cough, cold, flu, ear infection, cuts, sore throat, burns, sprains, etc.) Members needing MEB, profile, referral requests or medication refills, access TRICARE On Line Secure Messaging or make an appointment by calling (940) 676-CARE (2273).

FSS EVENTS

Fall Youth Sports Registration

Youth Center • August 5 - 30
T-Ball, Flag Football, Cheer, Volleyball
Call 676-5437 for more information.
Coaches needed.

Designer Handbag BINGO is coming to the Sheppard Club!

August 9 • 5pm
\$30 Members, \$35 Non-Members

Get your teams together now for the 19th Annual Build-A-Boat Race!

August 17 • 9am • Main Pool
Register your team (up to 5 members) and pick up supplies at the Community Center between August 1 - 16.
Prizes awarded in multiple categories!
Open to everyone of all ages!

Do you want to win \$100 Cash?

Sign up for text alerts from 82FSS!
Text "ait" to 31996 for Airmen in Training.
Text "permanentparty" to 31996 for all other personnel.
By signing up you will receive text alerts about 82FSS activities and events and automatically be entered into a monthly drawing for \$100 cash!
Eligibility requirements apply.

SAFETY CORNER

Back To School Safety

by Mike Seekamp

82nd Training Wing Safety Office

As summer draws to a close and children start heading back to school, family life can get pretty hectic. It's important to remember – and share with your children – some key tips that will help keep them safe and healthy throughout the school year. Here are some tips to make sure your child safely travels to school:

Walkers: Review your family's walking safety rules and practice walking to school with your child.

- Walk on the sidewalk, if one is available; when on a street with no sidewalk, walk facing the traffic
- Before you cross the street, stop and look left, right and left again to see if cars are coming
- Make eye contact with drivers before crossing and always cross streets at crosswalks or intersections
- Stay alert and avoid distracted walking (example: texting or talking on cell phone while walking)

Bike Riders: Teach your child the rules of the road and practice riding the bike route to school with your child.

- Ride on the right side of the road, with traffic, and in a single file
- Come to a complete stop before crossing the street; walk bikes across the street
- Stay alert and avoid distracted riding
- Make sure your child always wears a properly fitted helmet and bright clothing

Bus Riders: Teach your children school bus safety rules and practice with them.

- Go to the bus stop with your child to teach them the proper way to get on/off the bus
- Teach your children to stand 6 feet (or three giant steps) away from the curb
- If your child must cross the street in front of the bus, teach him or her to walk on the side of the road until they are 10 feet ahead of the bus; your child and the bus driver should always be able to see each other
- Get the facts on bus safety from Injury Facts (<https://injuryfacts.nsc.org/motor-vehicle/road-users/school-bus/>)

Teen Drivers: Car crashes are the No. 1 cause of death for teens. Fortunately, there is something we can do.

- Teens crash because they are inexperienced; practice with new drivers every week, before and after they get their license
- Set a good example; drive the way you want your teen to drive

This information courtesy of the National Safety Council. For additional information:

<https://www.nsc.org/home-safety/seasonal-safety/back-to-school>

..... Train, Develop and Inspire Warriors: Combat Capability Starts Here

VOLUNTEER OPPORTUNITIES



VOLUNTEERS NEEDED PATIENT FAMILY PARTNERSHIP COUNCIL (PFPC)

- Calling all beneficiaries!! Sheppard Clinic is developing a Patient Family Partnership Council (PFPC) and looking for volunteers to sit on this committee. Serve where you can make a difference.
- The meetings are held once a quarter during normal business hours. We are looking for volunteers from all categories who are assigned to/actively use our facility. We are seeking one military retiree, TRICARE Plus patient, TRICARE for life patient and an active duty family member.
- If you are interested in a volunteer position serving on this council or would like additional information, please contact Lt Cody Campbell at 940-676-8350 or email either cody.l.campbell6.mil@mail.mil or natalie.j.henderson3.civ@mail.mil.
- Facebook Live - Sheppard Clinic Town Hall Meeting!!
- We will be hosting a Facebook Live session on Friday, 9 August @ 1100. This is your opportunity to voice concerns, ask questions, get direct answers from Medical Group Leadership. Access our Facebook page and listen in!! Or if you cannot attend, send your questions in advance to Natalie.j.henderson3.civ@mail.mil and we will address those questions during the event. For questions or additional information call 940-676-1356. See you on Friday!!

HOTTER THAN HELL HUNDRED (HHH) VOLUNTEERS

- Recruiting volunteers for HHH Dirt Trail Events, AKA the "DIRTY" volunteers!
- Dirt Events are a Mountain Bike Race on Friday 23 August
- 1/2 Marathon Trail Run on Sunday 25 August
- Filling positions Thurs 8/22 - Sunday 8/25: packet pick up, rest stops, coke trailer, course marshals & more.
- To come play in the "Dirt" contact Susan Raymond, (940)257-7220 / susanraymond739@yahoo.com.

AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 2030 - 0030
- Drivers and Escorts: Will get a call from CQ at 2030 to verify they are still available to be a driver or an escort. When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.
- For CQ: CQ will be at Sheppard INN by 2030 and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.
- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

HUMANE SOCIETY OF WICHITA FALLS

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email director@humanesocietyofwichtacounty.org, connect on Facebook @hsowfc (main page) / @wichitafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

FAITH REFUGE

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

VOLUNTEER OPPORTUNITIES



THE UPSIDE

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- Parents can share experiences with other parents
- For more information email misti@theupsideWF.org or visit the website www.theupsidewf.org

SATURDAY BUILD DAYS

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at www.vol-habitat@habitatwf.com

WICHITA FALLS COMMUNITY ORCHESTRA

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email WFCCommunityOrchestra@gmail.com or visit www.wichitafallscommunityorchestra.com

PRODUCE EXPRESS BAGS

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email betsilujan@wfafb.org. To sign up call 940-766-2322 or email wendellgriffin@wfafb.org

Big Brothers, Big Sisters 940-767-2447 or wfinfo@bbbstx.org **Patsy's House** 940-723-1646

Children's Aid Society 940-322-3141

Boys and Girls Club of Wichita Falls and Burkburnett 940-322-2012

Christmas in Action 940-696-9393

Read 2 Learn January Jones 940-235-1009
or jbjones@wfid.net

Faith Mission 940-723-5663

Salvation Army 940-687-2051

Faith Mission Donation Center 940-766-0705

Faith Refuge 940-322-4673

Wichita Falls Adult Literacy Council 940-766-1954

First Step 940-723-1646

Wichita Falls Area Food Bank 940-766-2322
terrymorton@wfafb.org

Food Bank 940-766-2322

Sheppard AFB Thrift Shop 940-676-3173 or DSN 736-3173

Wild Bird Rescue 940-691-0828 or
paige29072@yahoo.com

Habitat for Humanity 940-716-9300

Whispers of Hope 940-696-8044



Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or over-age AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

Finance Office Hours

The Finance Office will be closed for training every third Wednesday of the month beginning on Jan. 16, 2019. Customer service hours on those days will be 1-4 p.m. As a reminder, customer service hours are 9 a.m.-4 p.m. Monday-Friday, with Tuesdays from 4-6 p.m. reserved for our AiT population. For more information call 940-676-4866.

Public Affairs streamlining multimedia work order process

- Support for graphics, video and command information products will begin once an AF IMT 833 is submitted to public affairs by email to 82.trw.pav@us.af.mil. Products approved for public affairs support include still photography, motion photography, audio, video, photo and broadcast journalism products, and graphics as well as news and feature articles to be published on the Sheppard Air Force Base public website at www.sheppard.af.mil.
- Requesters must complete items 7-12, 16-22, and 24 on the AF IMT 833. Work will not be authorized until the requester completes each field as required. This is to ensure the public affairs staff has the most accurate and descriptive information needed to successfully complete the request.
- Customers needing official photos can call the photo studio at 940-676-6620 or 940-676-2732 to schedule an appointment. An AF IMT 833 will be filled out electronically during the appointment.
- The AF IMT 833 can be downloaded [here](#) or by going to the Public Affairs page on the Sheppard AFB public website. Call 940-676-7239 for more information.



GUARDIANS OF FREEDOM

SHEPPARD AIR SHOW

2019