



Sheppard Air Force Base, Texas - July 26, 2019

Visit the [Sheppard homepage](#) for more news and information



## Sheppard CGO Council named 1st Qtr Top CGOC at Air Force level

By Airman 1st Class Pedro Tenorio

Before this quarter is over we at Sheppard Air Force Base would like to congratulate our Company Grade Officer Council which was named the 1st Quarter Top CGOC at the Air Force level.

[Click here for the story.](#)



## Air Force Uniform Office seeks feedback on maternity uniforms

By Brian Brackens

All Air Force women will receive an e-mail from the Air Force Survey Office with a unique link inviting them to take the survey. To determine who should take the full survey, the Uniform Office is asking participants to respond to the first survey question.

[Click for the article.](#)


## NEW!! "Permanent Party" Walk-In Active Duty Sick Call

Where: Family Practice Clinic  
When: 0630-0745, Monday through Friday

If you are a permanent party, active duty member and have a non-life threatening, urgent medical condition, come to the walk-in Active Duty Sick Call.

This is for urgent care medical needs ONLY (cough, cold, flu, ear infection, cuts, sore throat, burns, sprains, etc.) Members needing MEB, profile, referral requests or medication refills, access TRICARE On Line Secure Messaging or make an appointment by calling (940) 676-CARE (2273).

*Sheppard  
Right START*




**Welcome to Sheppard AFB**

Please join us for Sheppard Right START where you will gain important information on the local base communities, Sheppard Clinic briefings and information on local hazards and weather conditions. Right START is held at the Solid Rock Café, BLDG 450 from 0800-1200.

Right START is mandatory for all Active Duty military and Civilian Employees. It is highly encouraged for spouses to attend.

Dates: August 12; September 9; October 21; November 18; December 9

**AIRMAN & FAMILY  
READINESS CENTER** 940-676-4358

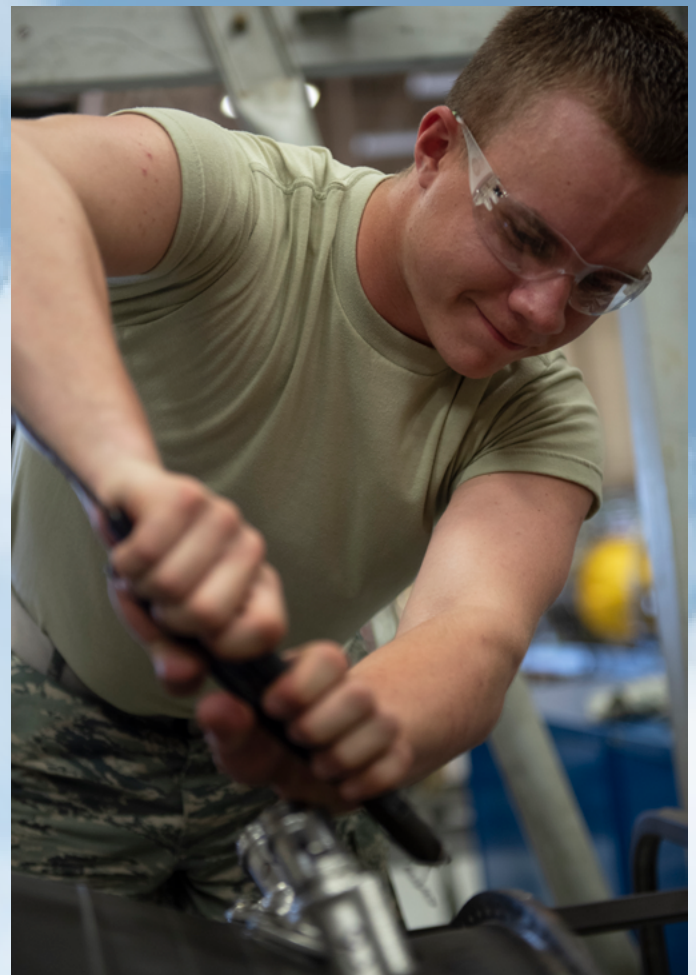


Train, Develop and Inspire Warriors: Combat Capability Starts Here



# SHEPPARD IN PHOTOS

See more at: [www.sheppard.af.mil](http://www.sheppard.af.mil)





## WORD ON THE TWEET

#Airman goes above and beyond as a donor with "Salute to Life," the official @DeptofDefense bone marrow registry. Find out more:er @GenDaveGold-

The results are in. #USAF announces the twelve Outstanding #Airmen of 2019. Congratulations to these top enlisted members. <https://www.>

Commander of @AETCommand Lt. Gen Steven Kwast says it's crucial that Airmen strive to learn and innovate faster, because it's the only sustainable ad-

### FSS EVENTS

#### Fall Youth Sports Registration

Youth Center • August 5 - 30  
T-Ball, Flag Football, Cheer, Volleyball  
Call 676-5437 for more information.  
Coaches needed.

#### Designer Handbag BINGO is coming to the Sheppard Club!

August 9 • 5pm  
\$30 Members, \$35 Non-Members

#### Get your teams together now for the 19th Annual Build-A-Boat Race!

August 17 • 9am • Main Pool  
Register your team (up to 5 members) and pick up supplies at the Community Center between August 1 - 16.  
Prizes awarded in multiple categories!  
Open to everyone of all ages!

#### Do you want to win \$100 Cash?

Sign up for text alerts from 82FSS!  
Text "ait" to 31996 for Airmen in Training.  
Text "permanentparty" to 31996 for all other personnel.  
By signing up you will receive text alerts about 82FSS activities and events and automatically be entered into a monthly drawing for \$100 cash!  
Eligibility requirements apply.

## SAFETY CORNER

### WORKPLACE VIOLENCE

by Derek Sonnier  
Wing Safety Office

#### What is workplace violence?

Workplace violence is any act or threat of physical violence, harassment, intimidation, or other threatening disruptive behavior that occurs at the work site. It ranges from threats and verbal abuse to physical assaults and even homicide. It can affect and involve employees, clients, customers and visitors. Acts of violence and other injuries is currently the third-leading cause of fatal occupational injuries in the United States. According to the Bureau of Labor Statistics Census of Fatal Occupational Injuries (CFOI), of the 5,147 fatal workplace injuries that occurred in the United States in 2017, 458 were cases of international injury by another person. However it manifests itself, workplace violence is a major concern for employers and employees nationwide.

#### Who is at risk of workplace violence?

Many American workers report having been victims of workplace violence each year. Unfortunately, many more cases go unreported. Research has identified factors that may increase the risk of violence for some workers at certain worksites. Such factors include exchanging money with the public and working with volatile, unstable people. Working alone or in isolated areas may also contribute to the potential for violence. Providing services and care, and working where alcohol is served may also impact the likelihood of violence. Additionally, time of day and location of work, such as working late at night or in areas with high crime rates, are also risk factors that should be considered when addressing issues of workplace violence. Among those with higher-risk are workers who exchange money with the public, delivery drivers, healthcare professionals, public service workers, customer service agents, law enforcement personnel, and those who work alone or in small groups.

#### How can workplace violence hazards be reduced?

In most workplaces where risk factors can be identified, the risk of assault can be prevented or minimized if employers take appropriate precautions. One of the best protections employers can offer their workers is to establish a zero-tolerance policy toward workplace violence. This policy should cover all workers, patients, clients, visitors, contractors, and anyone else who may come in contact with company personnel.

Source: <https://www.osha.gov/SLTC/workplaceviolence/index.html>



Contact: SrA Matthew Graves  
for more information on  
events and ways you can participate



# VOLUNTEER OPPORTUNITIES



## **HOTTER THAN HELL HUNDRED (HHH) VOLUNTEERS**

- Recruiting volunteers for HHH Dirt Trail Events, AKA the “DIRTY” volunteers!
- Dirt Events are a Mountain Bike Race on Friday 23 August
- 1/2 Marathon Trail Run on Sunday 25 August
- Filling positions Thurs 8/22 - Sunday 8/25: packet pick up, rest stops, coke trailer, course marshals & more.
- To come play in the “Dirt” contact Susan Raymond, (940)257-7220 / susanraymond739@yahoo.com.

## **AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS**

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 2030 - 0030
- Drivers and Escorts: Will get a call from CQ at 2030 to verify they are still available to be a driver or an escort. When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.
- For CQ: CQ will be at Sheppard INN by 2030 and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.
- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

## **HUMANE SOCIETY OF WICHITA FALLS**

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society’s Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email [director@humanesocietyofwichtacounty.org](mailto:director@humanesocietyofwichtacounty.org), connect on Facebook @hsowfc (main page) / @wichitafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

## **FAITH REFUGE**

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

## **THE UPSIDE**

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- Parents can share experiences with other parents
- For more information email [misti@theupsideWF.org](mailto:misti@theupsideWF.org) or visit the website [www.theupsidewf.org](http://www.theupsidewf.org)

## **SATURDAY BUILD DAYS**

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at [www.vol-habitat@habitatwf.com](http://www.vol-habitat@habitatwf.com)

# VOLUNTEER OPPORTUNITIES



## **WICHITA FALLS COMMUNITY ORCHESTRA**

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email [WFCCommunityOrchestra@gmail.com](mailto:WFCCommunityOrchestra@gmail.com) or visit [www.wichitafallscommunityorchestra.com](http://www.wichitafallscommunityorchestra.com)

## **PRODUCE EXPRESS BAGS**

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email [betsilujan@wfafb.org](mailto:betsilujan@wfafb.org). To sign up call 940-766-2322 or email [wendellgriffin@wfafb.org](mailto:wendellgriffin@wfafb.org)

**Big Brothers, Big Sisters** 940-767-2447 or [wfinfo@bbbstx.org](mailto:wfinfo@bbbstx.org)

**Children's Aid Society** 940-322-3141

**Christmas in Action** 940-696-9393

**Faith Mission** 940-723-5663

**Faith Mission Donation Center** 940-766-0705

**Faith Refuge** 940-322-4673

**First Step** 940-723-1646

**Food Bank** 940-766-2322

**Sheppard AFB Thrift Shop** 940-676-3173 or DSN 736-3173

**Habitat for Humanity** 940-716-9300

**Patsy's House** 940-723-1646

**Boys and Girls Club of Wichita Falls and  
Burkburnett** 940-322-2012

**Read 2 Learn January Jones** 940-235-1009  
or [jbjones@wfsd.net](mailto:jbjones@wfsd.net)

**Salvation Army** 940-687-2051

**Wichita Falls Adult Literacy Council** 940-  
766-1954

**Wichita Falls Area Food Bank** 940-766-  
2322 [terrymorton@wfafb.org](mailto:terrymorton@wfafb.org)

**Wild Bird Rescue** 940-691-0828 or  
[paige29072@yahoo.com](mailto:paige29072@yahoo.com)

**Whispers of Hope** 940-696-8044



## Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or over-age AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

## Finance Office Hours

The Finance Office will be closed for training every third Wednesday of the month beginning on Jan. 16, 2019. Customer service hours on those days will be 1-4 p.m. As a reminder, customer service hours are 9 a.m.-4 p.m. Monday-Friday, with Tuesdays from 4-6 p.m. reserved for our AiT population. For more information call 940-676-4866.

## Public Affairs streamlining multimedia work order process

- Support for graphics, video and command information products will begin once an AF IMT 833 is submitted to public affairs by email to 82.trw.pav@us.af.mil. Products approved for public affairs support include still photography, motion photography, audio, video, photo and broadcast journalism products, and graphics as well as news and feature articles to be published on the Sheppard Air Force Base public website at [www.sheppard.af.mil](http://www.sheppard.af.mil).
- Requesters must complete items 7-12, 16-22, and 24 on the AF IMT 833. Work will not be authorized until the requester completes each field as required. This is to ensure the public affairs staff has the most accurate and descriptive information needed to successfully complete the request.
- Customers needing official photos can call the photo studio at 940-676-6620 or 940-676-2732 to schedule an appointment. An AF IMT 833 will be filled out electronically during the appointment.
- The AF IMT 833 can be downloaded [here](#) or by going to the Public Affairs page on the Sheppard AFB public website. Call 940-676-7239 for more information.





GUARDIANS OF FREEDOM

SHEPPARD AIR SHOW

2019