



January 24, 2019

Telling the Fort Bragg Story™
VOLUME LV, NUMBER 3

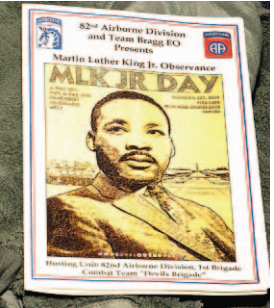
WWW.PARAGLIDEONLINE.NET

INSIDE THE 'GLIDE'
FOCUS - B



'Gun Devils' conduct Field Artillery Training: This certification training enables Soldiers to gain proficiency and combat readiness to rapidly assemble, disassemble and position the artillery gun piece.

LIFE - C



A day on, not a day off: "Dr. King's speech taught me to dream big, to lead and to know that you can do anything that you set your mind to," said Maj. Gen. Scott Dingle, Jan. 15 at the Iron Mike Conference Center.

SPORTS - D



Fayetteville Marksmen vs. Roanoke Rail Yard Dawgs: The team is veteran-owned and operated, so it should come as no surprise that they offer military appreciation nights.

WHERE TO GO

- FORT BRAGG VOICES.....2A
- GI JENN.....2A
- FROM THE ARCHIVES2B
- LOCAL HAPPENINGS.....2C
- WORSHIP.....3C
- BOTTOMLINE.....2D
- RUNNERS' CORNER2D
- CLASSIFIEDS.....4D

THE PARAGLIDE

Read online
www.paraglideonline.net

BY FORT BRAGG TAX CENTER

On Dec. 31 2018, the President signed into law the Veterans Benefits and Transition Act of 2018. Section 302 contains a notable amendment to the service member's Civil Relief Act that will impact this year's tax filing season. For tax and voting purposes, spouses can now elect to have the same residence as the service member. This change is effective for 2018 and forward, however, it is not retroactive for prior years. Previously, under the Military Spouse Residency Relief Act, a military spouse must have been from the same

NEW TAX BENEFIT FOR MILITARY SPOUSES

state as the service member, prior to PCS-ing, to elect the same state of residence as the service member for tax purposes. Now, under the VBTA, the service member's spouse can elect to file their taxes in the same state as the

service member, on the basis their service member spouse files their taxes in that state. For example: A military spouse works in North Carolina and is from Virginia and the service

member is from Florida. The military spouse can elect the same residence as the service member, get a refund of all North Carolina taxes withheld and not pay state taxes (Florida has no state income taxes). On the other hand, if the service member is from

Indiana and the military spouse elects to adopt Indiana, the military spouse can elect to pay North Carolina taxes or Indiana taxes. If the service member is from a state that has state income taxes but exempts the service member, like Ohio, the military spouse is not exempt from that state if he/she elects to adopt that state. For clarification on how the VBTA can impact your taxes, visit the Fort Bragg Tax Center. The tax center has moved from the Soldier Support Center to the XVIII Airborne Corps, Office of the Staff Judge Advocate, building 2-1133, located on the corner of Macomb and Armistead streets in the basement.

Womack hosts:
Operation healthy mindset

BY TWANA J. ATKINSON
WAMC PAO



Photo by Twana J. Atkinson/WAMC PAO

1st Lt. Savanah Gideon explains how to make a healthy plate to participants during the Operation Healthy Mindset event at WAMC, Jan. 17.

Womack Army Medical Center hosted an Operation Healthy Mindset event to promote a state of complete physical, mental and social well-being, Jan. 17. Womack employees and guests took advantage of the displays and information tables set up in front of the dining facility during the lunch break. "It is an approach to personal health that emphasizes individual responsibility for wellbeing through the practice of health promoting lifestyle behaviors," according to Maj. Alexander Ragan, chief of Family Advocacy Program. The intent was to present information to staff and guests of the Womack dining facility with healthy food options and information on how to improve and sustain a healthy lifestyle, said Ragan. The chief of outpatient nutrition services,

1st Lt. Savanah Gideon had a 'healthy plate' display to encourage better food choices by using food models of each food group and allowing the participants to build their own plate. "Eating should be fun," explained Gideon. "As long as you have a half of a plate of vegetables, a quarter of a plate of protein and a quarter of a plate of fiber then you are making good choices." The Fort Bragg Ready and Resilient Performance Center's information table explained the mixture of resilience training and sport psychology it offers to the Fort Bragg community through group or one-on-one training. "Our main focus is to help people learn how to be more self-aware, self-motivated, optimistic, mentally agile, and learn better connections with other people," said

Valerie Alston, a Master Resilient Trainer of Performance expert at the Ready and Resilience Performance Center. The event also had information tables from the medical center's Smoking Cessation and the Public Health Body Composition Army Wellness Center. Kahlilah Majied, a management analyst at Womack, participated in the event and left with a new refreshed goal to start the year. "I think the information tables were a good thing to have to encourage those making New Year's resolutions to stay committed to a healthy lifestyle," said Majied. The 'Building a healthy plate' demonstration really helped me put things in perspective and stay motivated on my new journey to fitness." All services highlighted in the event are available to all TRICARE beneficiaries.

Fort Bragg celebrates Black History

Jan. 31 - Feb. 28 Paraglide editions

Courtesy photo

Sgt. William H. Carney's valor at Fort Wagner was recognized on May 23, 1900 when he was awarded the Medal of Honor. The ceremony was almost 40 years after he so proudly served with the 54th Massachusetts Regiment. He was the first black Soldier to receive the award. When asked about his heroic actions, he simply said, "I only did my duty."



Winter is here

By **JENNIFER MORALES**
PARAGLIDE

Winter is here. Not in the Game-of-Thrones sense, but more in the literal sense of the phrase. While it is January and winter has technically been here since at least November, we just now got hit with the cold. Most dread the winter months, but I, along with many other Alaskans, soak in its wonder.

You would think that Alaska has a lot of snow days. While it does have a lot of days full of snow, we were seldom fortunate enough to get to stay home from school.

Two snowflakes in North Carolina would shut down school systems for days, while in Alaska you have to have more than 36 inches in less than three hours. I can count on one hand how many times that happened.

Once when I was pregnant with my daughter, we had such a day. It was a complete whiteout, which is similar to a sandstorm. You cannot see

the hood of your car, let alone farther from it.

The roads are covered in ice and the only sound is that of the snow removal trucks scouring the seemingly apocalyptic streets.

I raised the blinds and sipped on my coffee, soaking in the beautiful and mesmerizing snow-fall. Snow has the power to work miracles.

Before the snow, the grounds are laced with dead leaves, grass in all shades of brown. All are replaced with trees that seem to have each branch painted with glitter to a level that would even Bob Ross would be proud of.

As children, we couldn't wait to get out and build castles and igloos in the snow. One year, we opened the front door to a wall of snow, which forced us to literally dig a tunnel to our vehicle. Through these tunnels, we made rooms and hallways all of which were equipped with furniture made out of snow.

I thought nothing could be better than laying in a room I created, as the sun lit up the glittery snow-covered roof. I was wrong. Now that I am

all grown up, I watch as my children get to make their own castles.

On Christmas day, we were blanketed with almost four feet of snow, which was more than enough to build a decent igloo. My two children were thrilled with the idea. We formed each block and slowly built our igloo.

Halfway done, my father and I realized that we were the only workers still working. My two children had snuck inside of the half-built igloo perfectly content with its imperfections.

The two sat with their rosy cheeks, pretending to have a tea party. When my father and I joined them, they clarified that the cups didn't have tea, but instead were full of imaginary hot chocolate. The four of us toasted with imaginary cups while surrounded by snow and the gorgeous Alaskan landscapes.

So when winter sneaks up on us seemingly overnight, I don't fret over the cold. I soak it in. I relive the nostalgia and toast the beauty that winter brings with my hot chocolate.



“What do you do to prepare for the winter weather?”



“The preparedness is minimal because I am from Ohio, as long as my tires are good.”

Bethany Morgan-Taylor,
Lead Military Pay Tech
(Finance), Soldier Support
Center



“I look at the forecast and take all the appropriate actions for the weather ... I also stay stocked up on food, so I don't have to make too many trips out to the store for food.”

CW2 Robert Reynolds,
HHC, 82nd CAB, 82nd Abn.
Div.



“Being from the north, I ensure I have cold weather gear for those days that we do get winter weather. I ensure my kids are prepared.”

Rachael Sosa,
ACS Finance Readiness
Advisor,
Soldier Support Center



“Drinking water, staying hydrated and staying warm.”

Spc. Eduardo Reyes,
122nd ASB, 82nd Abn. Div.



“Buy a lot of long coats to stay warm. I am from New York, so I am used to the cold temperatures!”

Spc. Kofi SireBour,
108th ADA Brigade



Garrison Commander	Col. Kyle Reed
.....	kyle.a.reed4.mil@mail.mil
Public Affairs Officer.....	Tom McCollum
.....	thomas.d.mccollum2.civ@mail.mil
Production Manager	Lynnne Guzman
.....	lguzman@fayobserver.com
CI/Editor	Jackie M. Thomas
.....	jacqueline.m.thomas3.civ@mail.mil
Assistant Editor	Jennifer Morales
.....	jmorales@theparaglide.com

This newspaper is an authorized publication for members of the Army. Contents of the Paraglide are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or Fort Bragg. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Gatehouse Media of the products or

Telling the Fort Bragg Story™

A civilian enterprise newspaper printed every Thursday by Gatehouse Media.

Photo Manager	Lewis Perkins
.....	lperkins@theparaglide.com
Graphic Artist	Bryan K. Reed
.....	breed@theparaglide.com
Focus Editor	Jelia Hepner
.....	jhepner@theparaglide.com
Life Editor	Suet Lee-Growney
.....	cleegrowney@theparaglide.com
Staff Writer	Genevieve Story
.....	gstory@theparaglide.com

services advertised. Everything in this publication shall be made available for purchase without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from the source until the violation

is corrected. The Paraglide is an unofficial publication authorized by Army Regulation 360-1. Editorial content is prepared, edited and provided by the Fort Bragg Public Affairs Office. The Paraglide is printed by Gatehouse Media, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Bragg. All photos are U.S. Army unless otherwise credited.

Mailing address: Fort Bragg Public Affairs Office, 901 Armistead St. Building 34, Pope Field, North Carolina 28310.

Telephone: (910) 396-6991; DSN 236-6817; Fax 396-2178;

Office location: 901 Armistead St. Building 34, Pope Field, North Carolina 28310.

E-mail address: paraglidebragg@gmail.com

Subscriptions: (910) 323-0701

Classified ads: (910) 678-9000

Advertising: Lynnne Guzman (910) 486-2726

Circulation is 30,000.

Distinguished World War II hero dies at 99



Photos by U.S. Army Sgt. Solomon Abanda

Above: U.S. Army Lt. Col. Scott N. McKay, commander of 2nd Battalion, 504th PIR, 82nd Abn. Div., pays respect to Louise Burriss, daughter of Thomas Moffatt Burriss, Jan. 13. Burriss, a WW II veteran, passed away Jan. 11. He was 99 years old.

Left: A photograph of the late Thomas Moffatt Burriss is displayed in the main sanctuary of Lake Murray Presbyterian Church, Chapin, South Carolina, Jan. 13. Burriss served as commanding officer of Company I, 504th PIR, 82nd Abn., Div., during WW II. He was recognized for his bravery during the war, notably during Operation Market Garden. For his service, Burriss was awarded the Silver Star, three Bronze Stars for valor, the Purple Heart and three Presidential Citations.



Devil Brigade welcomes new commander

By SGT. SOLOMON ABANDA
82ND ABN. DIV.

The 1st Brigade Combat Team, 82nd Airborne Division, held a change of command ceremony on Jan. 15. The brigade welcomed Col. Andrew O. Saslav and bid farewell to Col. Tobin A. Magsig. Magsig served as the brigade commander from March 2017 to January 2019.

Family members, friends and paratroopers from across the installation attended the ceremony as well as distinguished guests to include retired Gen. Raymond T. Odierno, former U.S. Army Chief of Staff.

Magsig, the 54th commander of the brigade, said it had been incredibly rewarding to be a part of such an incredibly, talented and committed team. The paratroopers of the Devil Brigade are resilient in every circumstance.

"My wife and I have known the Saslav's for years," said Magsig. "We are tremendously excited they are taking over and we wish them the best during their time in the Devil Brigade."

Incoming commander Saslav said he

believes his purpose as the brigade commander is to set conditions that allow the paratroopers to focus on training for large-scale ground combat operations as well as allowing them to have quality time with their Families.

The brigade formed in May 1942, during World War II as part of the 82nd Abn. Div. and has served in war time missions such as Sicily, Italy, Anzio, the Netherlands, Belgium and Germany.

The 1st Brigade Combat Team, also known as the "Devils in Baggy Pants," gained its nickname from a German Officer that was killed in action.

"American parachutists, devils in baggy pants, are less than a 100 meters from my outpost line," wrote the officer. "I can't sleep at night. They pop up from nowhere, and we never know when or how they will strike next. It seems like the black-hearted devils are everywhere."

"I am humbled to join their ranks," said Saslav. "I have studied the brigade's history, and watched the paratroopers perform on the modern battlefield and I look forward to serving alongside the paratroopers of this historic brigade Combat Team."



Col. Andrew Saslav takes command of the 1st BCT, 82nd Abn. Div., Jan. 15.

Photos courtesy of 1st BCT, 82nd ABN Facebook

File your taxes for free. IT'S LIKE GETTING A BIGGER REFUND.

FREE TURBOTAX ONLINE FEDERAL EDITION

Active duty military and reservists can get TurboTax Online Federal Edition free until March 15, 2019. Get specific guidance, expert help, and more. Nobody does more for those who serve.



Learn more at [USAA.COM/TURBOTAX](https://www.usaa.com/turbotax)

TurboTax Deluxe Online (federal only, state products additional) is free for all active military ranks through March 15, 2019, and will remain free for ranks E1 to E5 through Oct. 15, 2019. Prices for online products are determined at the time of print or e-file and may change without notice. USAA makes no warranties or representations regarding the accuracy of the information in the TurboTax Live Community. You should read its privacy and security policies. USAA and its affiliates do not provide tax advice. Taxpayers should seek advice based upon their own particular circumstances from an independent tax advisor. Intuit Inc. is not affiliated with USAA and is solely responsible for the provided information and content. USAA cannot guarantee that the information and content supplied is accurate, complete, or timely, and does not make any warranties with regard to the results obtained by its use. Intuit, TurboTax, and TurboTax Online, among others are registered trademarks and/or service marks of Intuit Inc. in the United States and other countries, and are used with permission. No Federal endorsement of sponsor is intended. Membership eligibility and product restrictions apply and are subject to change. USAA means United Services Automobile Association and its affiliates. © 2019 USAA. 249109-0219

Call for Abstracts

Womack Army Medical Center

XIII Annual Research Symposium

May 2, 2019

9 AM - 4 PM

Iron Mike Conference &
Catering Center
Fort Bragg, NC



Abstracts due by March 1, 2019. For more information, visit wamcsymposium.submittable.com/submit

WEINGARTEN NOTICE

In accordance with the requirements of Title 5 United States Code (USC) 7114(a)(3), this is to advise bargaining unit employees that 5 USC 7114(a)(2)(B), Representation Rights and Duties, provides:

- (2) An exclusive representative of an appropriate unit in an agency shall be given the opportunity to be represented at-
 - (B) any examination of an employee in the unit by a representative of the agency in connection with an investigation if:
 - (i) the employee reasonably believes that the examination may result in disciplinary action against the employee; and
 - (ii) the employee requests representation.



EDUCATING THE MILITARY IS OUR #1 MISSION.

American Military University was founded by a Marine Corps officer to provide military members with a portable, relevant, and affordable education. Today, the university is proud to be the #1 provider of higher education to the U.S. military.

At AMU, you'll find more than 200 mission-relevant degrees and certificates and a network of advisors to help you succeed. We limit your out-of-pocket costs by providing tuition grants for military servicemembers and spouses, technology fee waivers for active-duty members, transfer credit for military experience and training, and undergraduate books at no cost.

PROGRAMS START MONTHLY. CONTACT OUR BASE REP TO LEARN MORE.

BRIAN MILLER, MSGT, USAF (RETIRED)
304-919-9561 | bmiller@apus.edu

AMU.APUS.EDU/REP

‘Gun Devils’ conduct field artillery training

By GENEVIEVE STORY
PARAGLIDE

Soldiers with Bravo Battery, 3rd Battalion, 319th Airborne Field Artillery Regiment work as a team to train and conduct timed crew gun drills with their 105 mm Howitzer at Pike Field on Jan. 17. This day long training for certification enables the Soldiers to gain proficiency and combat readiness to rapidly assemble, disassemble, and position the artillery gun piece.

“The mission for this readiness training is troops leading timed gun drills,

assembling and dismantling artillery, and Soldiers mastering their stations by the setting up and taking down of artillery within Army standards,” said Staff Sgt. Alphra Johnson.

Certification requires Soldiers complete the task under six minutes. This unit, directly supporting the 1st Brigade Combat Team in the 82nd Airborne Division, were successful in their efforts of achieving a time 15 seconds under the standard.

“I am very proud of these Soldiers, they began at nine minutes for readiness and their time excelled to now 5:45” said Staff Sgt. Kyle France.



Photos by Lewis Perkins/Paraglide

Staff Sgt. Kyle France, top, and Pfc. Logan Mitchell, bottom, with 3rd Battalion, 319th Abn. Field Artillery Regt. work as a team, to conduct timed-crew gun drills with their 105 mm Howitzer.



Soldiers trained to gain proficiency and combat readiness to rapidly assemble, disassemble, and position artillery during a training exercise at Pike Field on Jan. 17.

2nd SFAB goes through JRTC crucible

By CHUCK CANNON
FORT POLK PUBLIC AFFAIRS OFFICE

FORT POLK, La. — As the 2nd Security Force Assistance Brigade goes through its paces at the crucible known as the Joint Readiness Training Center at Fort Polk, the goal is to prepare 2nd SFAB Soldiers to handle situations that might — or will — arise during their deployment to Afghanistan later this year.

The Security Force Assistance Brigades are specialized units with the core mission to conduct training, advising, assisting, enabling and accompanying operations with allied and partner nations.

The 1st SFAB recently redeployed from Afghanistan to be replaced by the 2nd SFAB.

Lt. Col. Javier Lopez, commander 353rd Infantry Regiment, commands many of the trainers who have worked to prep the advisors and security forces — Guardian Angels — for their mission to provide assistance and guidance to their counterparts in the Afghan National Army.

“We’ve integrated with and dispersed our expert trainers and instructors within Operations Group,” Lopez said. “It’s a challenging mission and we’re happy to support Operations Group. It helps us beyond this rotation as we develop additional training for SFABs.”

Lopez said there have been improvements in training since the 1st SFAB visited JRTC.

“We always look at how we can do better,” he said. “When Operations Group and JRTC looked holistically at how we improved from the 1st SFAB, we connected the highest level of the SFAB brigade all the way down to the lowest advisor teams, improving communication.”

Another improvement was scenarios that more closely mirror what is currently happening in Afghanistan, Lopez said. “We connect with Afghanistan on a daily basis with our LNO (liaison officer), and pull information on what is going on right now,” he said. “The goal is not to duplicate, but to replicate. We

were able to integrate into the design certain scenarios that are relevant today and thus prepare the SFAB when they go into theater to deal with those situations.

A third improvement in training was the integration of the ANET — Afghan Network Tool.

“The ANET is used today in Afghanistan in support of Operation Resolute Support and is the official means to communicate laterally and vertically by advisors to capture reports and engagements,” Lopez said. “Anyone at any echelon can get information and help an adjacent unit or advisor. It’s new for this rotation that we implemented with the help of Operations Group and NATO.”

In preparation for the 2nd SFAB rotation, Lopez said his Soldiers provided training for the Guardian Angels — those tasked with protecting advisors — and the advisors themselves on how to relate to their counterparts.

“Abraham Lincoln was once asked how he would prepare if he was given nine hours to chop down a tree,” Lopez said. “He supposedly answered he would spend six months sharpening his axe.”

“What we have done is incrementally connect with the 2nd SFAB and the 2nd Battalion, 127th Infantry Regiment, (the Wisconsin National Guard unit providing Guardian Angel support) and gave them training, teaching them to protect the advisor teams in October. It was successful. We see a huge difference today.”

Next, security force assistance advisor training took place in November at Fort Bragg.

“We taught them how to reinforce advisor fundamentals collectively,” Lopez said.

Then in December, 2nd SFAB senior leaders came to Fort Polk and were given theater-specific advisor training.

“We brought in 1st SFAB veterans who shared their experience with them,” Lopez said. “Now they are here, all together. We have dispersed our trainers across every task force. It’s taken some time, but we see improvement every day. They are very good tactically, and we want to give them advisor fundamentals

to make them balanced. Being an advisor in a different country isn’t black and white, it’s gray. It’s a huge team effort.”

Additionally, Lopez said his unit is sending 10 linguists, with the 2nd SFAB when it deploys. The Soldiers, each native Dari Pashtu speakers from Afghanistan, are attached to the 2nd SFAB during the current rotation.

“Ten of our 09L (linguists) are attached for the rotation and will deploy with them. These Soldiers are physically fit, and include the first Ranger qualified 09L,” Lopez said “With the 1st SFAB we deployed four, that was increased to ten based on the Army agreeing this was a great program.”

Capt. Miguel Moyeno, commander, Alpha Company, 3rd Battalion, 353rd Infantry Regiment, said that while the rotation has been a challenge, it has proven the point of the JRTC crucible experience.

“It’s a replication of Afghanistan by design,” he said. “It’s what they’ll be doing in Afghanistan. The cultural role players they see here will resemble what they see in Afghanistan. We offer them the expertise on what happens in the room when advisor teams and Guardian Angels meet with their counterparts.”

That includes little things like cultural differences, such as Afghan versus Afghan.

“Afghan is what you call someone from Afghanistan,” Moyeno said. “Afghani is their currency. We point out those cultural differences.”

As readiness remains the Army’s top priority, JRTC rotations prepare units like the 2nd SFAB to meet global demands while remaining postured for major contingencies that require the ability to conduct the full range of military operations.

The rotation has also allowed the 2-127th Guardian Angels to test standard operation procedures developed in the wake of their training at Fort McCoy, Wisconsin in October.

“We’re testing the leadership all the way down to the lowest level,” Moyeno said. “The Guardian Angels are able to implement their Standard Operating Procedure with the 2nd SFAB here at

the JRTC, instead of waiting until they go down range.”

Moyeno said the 2nd SFAB rotation differs from most JRTC rotations in another way — its detail.

“Most of our rotations don’t actually execute the mission the unit is headed to” he said. “It could be completely different than what they see when they deploy.”

“This one is unique: We’re training them specifically on with where they’re going and who they’ll deploy with. It will probably be the most specific rotation ever designed to mimic exactly what environment they will see when they deploy in the next 30 to 60 days.”

Staff Sgt. Christopher Manuel is part of an observer/controller/trainer team observing one of the 2nd SFAB teams interacting with their ANA counterparts.

“Things have gone pretty well,” Manuel said. “The first day was a little rough, but they’ve improved by leaps and bounds since then.”

He said part of his focus has been explaining how the same word can mean different things in different cultures.

“They’re taking the advice and keying on the things we’re pointing out,” Manuel said. “I think they are going to do just fine.”

Jan. 16 found Sgt. Major Scott Thomas, Operations Sergeant Major for 3rd Squadron, 2nd SFAB, observing a team deploying an AeroVironment RQ-11 Raven unmanned aircraft.

“We have a Raven to look for point of origin sites,” Thomas said. “We took some indirect fire today so we launched the Raven in the direction we think the fire came from and it will give us a bird’s eye view of the site.”

The team consisted of Staff Sgt. Anthony Williams, Staff Sgt. Christopher Holmstadt and Staff Sgt. Joseph Meadows.

“Sometimes, it’s hard getting flight clearance out here (in the JRTC training area), but we’re getting better and better the more we use it,” Thomas said.

Continue reading online.....
www.paraglideonline.net

Army helps thwart illegal trafficking networks

By DESTINEE SWEENEY
ARNEWS

DARIEN PROVINCE, Republic of Panama — Deep in the jungles of Panama, National Border Service agents, also known as SENAFRONT, await in a clearing, anticipating construction supplies that will help them as they prepare to take down illicit drug and human trafficking networks that span the Americas.

The dense wilderness surrounding the agents seems alive — the breeze rustles the trees making them dance, the mountains stand tall in the distance guarding over the valley below, and the air is filled with the sounds of nature.

A whirring noise appears in the distance, seeming at first to be a trick of the senses. Gradually, the whisper evolves into a roar, overtaking the area as a CH-47 Chinook peeks over the jungle canopy and the clearing erupts into chaos as the strength of the aircraft blades whips up the dust and debris that previously lay stagnant.

“Bravo Company of the 1st (Battalion) 228th Aviation (Regiment) assigned to Joint Task Force-Bravo is part of a broader U.S. effort to assist the Panamanian government and their national border police with setting up a remote operating base out in the Darien jungle,” said Capt. Jennifer West, 1-228th Avn. Regt., Bravo company commander and Chinook pilot.

The 1-228th Avn. Regt. Chinook crews provided air transportation assistance from Jan. 4-12 for the first phase of the operation, named “Darien Lift.” “A SENAFRONT installation is under construction and a lot of equipment must be moved to build it,” said Juan Carlos Varela, President of the Republic of Panama.

“We do not have the equipment to transfer that amount of cargo in order to install this new SENAFRONT station, they are cooperating in that.”

Due to the outpost being located far past where the road ends, JTF-Bravo’s maneuverable rotary wing-assets can carry more weight in a faster manner than the alternative, which is to either backpack the nearly two million pounds of needed supplies, such as concrete and cinderblocks, or to navigate them through the jungle waterways via boats.

West described the mission as one that would be extremely challenging without the airlift support and considers it “satisfying to know we’re actually making an impact and helping



Photos by Destinee Sweeney/ARNEWS

Agents from Panama’s National Border Service wait to load slings onto a U.S. Army CH-47 Chinook headed to the Darien Province in the Republic of Panama, Jan. 11. The agents loaded construction supplies such as cinderblocks, concrete and rebar onto the aircraft which then carried the supplies into the jungle.

the Panamanians establish a security presence in the Darien, where there’s really nothing out there but jungle.”

She explained the presence will help SENAFRONT combat narco-drug traffickers and prevent their smuggled contraband from getting onto the Pan-American Highway, the transcontinental road exploited by well-financed and heavily-armed transnational criminal groups who fuel insecurity and instability as they continue their trafficking operations towards countries north of Panama.

Last year alone, the Panamanian Security Services confiscated more than 72 metric tons of narcotics, keeping them off the streets of the Americas.

“With this being a binational issue that also has regional effects, the U.S. government has kindly offered to support us in this effort,” said Jonattan Del Rosario, Public Security Minister of Panama.

“It is closely related to the binational posts that we are building in collaboration with Colombia, mainly because of the phenomenon of drug trafficking, although the irregular flow of migrants is also monitored from these centers. That is why we have developed an important effort to also pursue human trafficking networks in



A U.S. Army CH-47 Chinook carries supplies to the Darien Province in the Republic of Panama, Jan. 9, 2019. The supplies were for the National Border Service, who are building a new outpost in the jungle to stop drug trafficking networks.

this administration, resulting in the effective dismantling of 22 of these networks.”

JTF-Bravo operates out of Soto Cano Air Base, Honduras, supporting its Central American neighbors as the partner of choice and helping allies to develop capabilities and improve regional security.

This year will mark the fourth Darien Lift the U.S.

Army has supported. So far, the crews have been able to transport 305,000 pounds of materials and are scheduled to return to continue the operation.

The Chinook is a multi-role helicopter used in a variety of situations from carrying Soldiers to their destinations to aiding combat missions. Aside from supporting this operation,

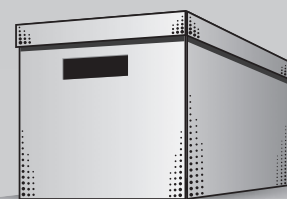
the CH-47 was also used to combat Darien wildfires in 2016.

“The relationship between Panama and the United States is certainly a strong one, (us) being the partner of choice,” said West. “When the Panamanians request help from the United States government I think it hits home that we are here to help.”



Photo by U.S. Army Signal Corps

From the Archives



Left: Members of the French Resistance and the U.S. 82nd Airborne Division discuss the situation during the Battle of Normandy in June, 1944.

Codenamed Operation Overlord, the Battle of Normandy was an Allied operation that launched the invasion of German occupied France during World War II.

Operation Overlord launched on June 6, 1944. The D-Day assault involved 1,200 airplanes and 5,000 amphibious vessels.

Resistance groups throughout German occupied France helped to contribute to the invasion through intelligence networks. During the invasion, resistance groups worked to carry out acts of sabotage such as disabling train stations and disrupting communications and power networks.

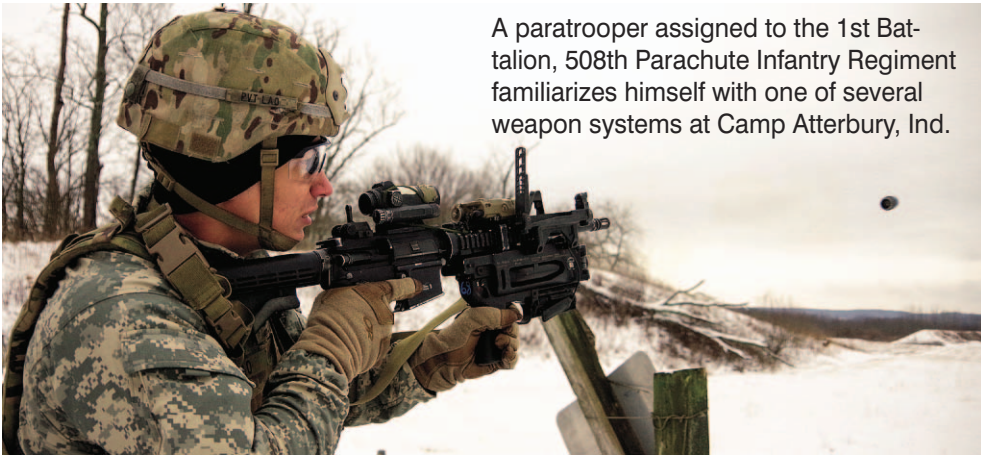
The 82nd Airborne Division was among 22 other U.S. divisions and battalions during the siege of France’s beaches.

Fury paratroopers conduct off-post training



Photos by Spc. John Lytle/3rd BCT, 82nd Abn. Div.

A paratrooper assigned to the 1st Battalion, 508th Parachute Infantry Regiment fires a shotgun while conducting a live-fire range, Jan. 17, at Camp Atterbury, Ind. The battalion conducted the off-post training cycle at Camp Atterbury to give paratroopers and leaders the opportunity to conduct tough, complex training in a realistic environment.



A paratrooper assigned to the 1st Battalion, 508th Parachute Infantry Regiment familiarizes himself with one of several weapon systems at Camp Atterbury, Ind.

By Maj. Thomas Cieslak
3rd BCT, 82nd Abn. Div.

Fort Bragg-based paratroopers recently conducted live fire-ranges to familiarize themselves with various weapon systems. Paratroopers from the 1st Battalion, 508th Parachute Infantry Regiment, 3rd

Brigade Combat Team, 82nd Airborne Division conducted M9 Pistol, Shotgun and M320 Grenade Launcher ranges at Camp Atterbury, Ind. The battalion conducted the off-post training cycle at Camp Atterbury to give paratroopers and leaders the opportunity to conduct tough, complex training in a realistic environment.



A paratrooper assigned to the 1st Battalion, 508th Parachute Infantry Regiment fires an M320 Grenade Launcher during training.



A MERIDIAN SENIOR LIVING COMMUNITY

HERITAGE PLACE

Independent Living & Assisted Living



- Chef prepared Meals Daily
- Weekly Housekeeping
- Life-Enriching Activities
- Scheduled Transportation
- Individualized Air & Heat

- Maintenance Service
- Washer & Dryer accessibility
- 24 Hour Concierge & so much more!!

Bring this Ad when you visit and enjoy a Complimentary Lunch

STOP IN FOR A VISIT AND LET US SHOW YOU WHY YOU SHOULD MAKE HERITAGE PLACE YOUR HOME:



325 North Cool Spring St. Fayetteville NC 28301
www.meridiansenior.com/heritageplace
910.323.4925 








FN-0005123459-01

Offering the best in
Obstetrics and Gynecology in
Fayetteville, North Carolina.
Ernesto J. F. Graham, M.D.



- PRENATAL CARE
- ULTRASOUND
- INFERTILITY
- CONTRACEPTION
- TREATMENT OF FIBROIDS & FEMALE BLEEDING DISORDERS
- LAPAROSCOPIC HYSTERECTOMY
- BREAST & CERVICAL CANCER SCREENINGS

Proudly Serving the Fayetteville and Fort Bragg Communities for over 24 Years

 **Español**   



ERNESTO J.F. GRAHAM, M.D., P.A.
A Personalized Womens Healthcare Specialist
Obstetrics | Gynecology | Aesthetics
"A Cynosure Certified Laser SmartLipo Provider"
1521 Owen Park Lane, Fayetteville
910-223-7420 • egrahamobgynlaserspa.com



FN-0005120653-01

HIBACHI GRILL

supreme buffet

3308 Bragg Blvd. Fay | 910-323-8188
(next to Krispy Kreme)

SENIOR SPECIAL \$7.42

65 & UP Mon-Thurs Excluding
2p.m.- 3:30p.m. Holidays

Drink Included

LUNCH \$8.25

Dinner \$11.49

Sat & Sun \$11.99 M-F

We Cater - Large Rooms Available for Parties

10% OFF

Excluding Holidays

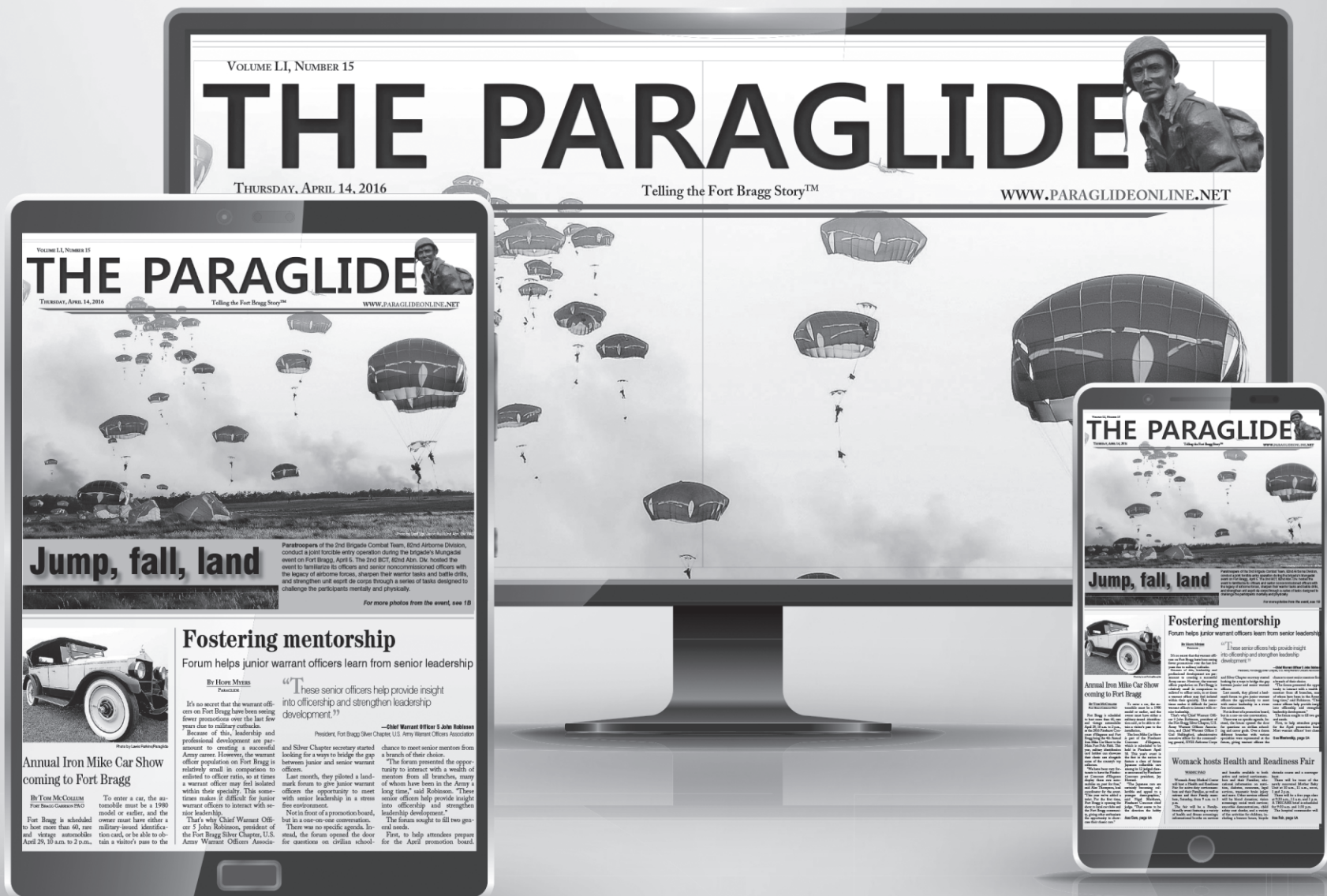
Dine-in only with purchase of drink, 1 coupon per receipt, cannot be combined with other discounts or coupons.

FN-0005109410-01

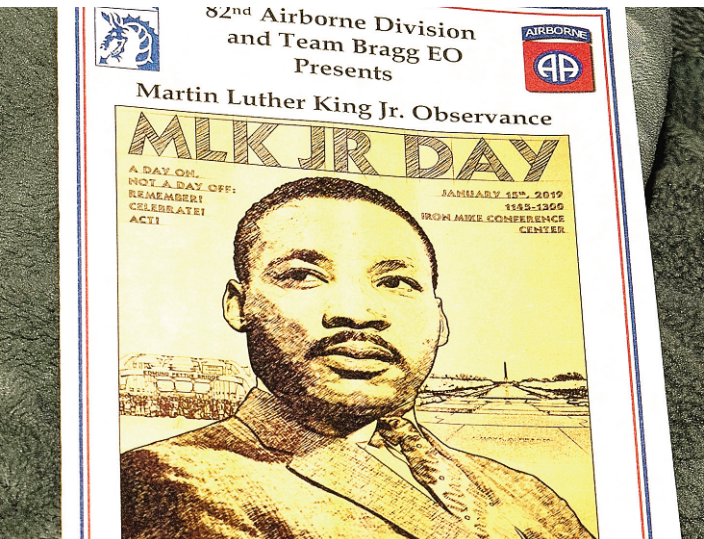


PARAGLIDE

Telling the Fort Bragg Story™



Visit
paraglideonline.net
on your desktop, tablet,
or mobile device



Photos by Lewis Perkins/Paraglide

82nd Abn. Div. and Team Bragg EO's presentation program for the Martin Luther King Jr. Observance, Jan. 15 at the Iron Mike Conference Center..



Guest speaker, Maj. Gen. Scott Dingle delivers speech at Martin Luther King Jr. Observance, Jan. 15 at the Iron Mike Conference Center.



Maj. Gen. Scott Dingle speaks to a crowd of Soldiers about the influences that Dr. King's life and teachings had on his career at the Martin Luther King Jr. Observance, Jan. 15, at the Iron Mike Conference Center.

A day on, not a day off

By GENEVIEVE STORY
PARAGLIDE

Every year on Martin Luther King Jr. Day, the United States calls together its community to reflect on the gains won during the Civil Rights Movement, connect service to the social justice issues that King fought for throughout his life and to address contemporary issues facing our nation through act of volunteer service. We celebrate the distinguished mark that King made on our lives, that any definition of a successful life must include serving others. Our pursuit is to champion King's ideals, by committing to be a "King" every day, with the intent to demolish racism, poverty and violence and to keep moving towards our unconquerable, persistent and charitable values, unrelenting.

Maj. Gen. Scott Dingle, deputy surgeon general and deputy commanding general (Support) in the U.S. Army Medical Command, ignited an assembly filled to the brim at the Iron Mike Conference Center, Jan. 15. Attending Soldiers of all installations supported the 82nd Airborne Division and Team Bragg EO's observance in honor of King. The entirety of Fort Bragg military celebrated the

life and sacrifices of a man whose leadership left them all remembering and embracing, with a multimedia presentation of King's "I Have a Dream", cake cutting and down-home Southern cooking, in commemoration of King's love for good conversation, fellowship and fun.

"Our Monday of observance is a day on rather than a day off," said Dingle. Distinguishing that the pursuit of the American federal holiday is an opportunity to celebrate and act, and begin your year in the spirit of, volunteer and service, in accordance to King's legacy and mission to better the lives of others. How does his work inspire you?

As the values of equality, diversity and justice are at the national forefront, Martin Luther King Jr. Day offers us a moment to reflect on the legendary civil rights leader and electrifying preacher and his profound impact on our society. We are reminded of the daily opportunity we are granted to have a plan in life, to believe in yourself and to lay a solid foundation for determination despite our obstacles. That when life gives you opposition, you can't give up. You have got to keep moving.

"Dr. King's speech taught me to dream big, to lead and to know

that you can do anything that you set your mind to," said Dingle. "You need to keep moving towards core values, ideals, and objectives; towards life and success. He taught me that principal leadership and making a stand makes all the difference."

Indicative of the Army's embodiment of invictus and mission for unity, service and leadership, is King's transformational speech from Oct. 26, 1967 in Philadelphia, Pa., 'Your Life Blueprint', articulating the importance of constructing a strong framework built with a deep belief in your own dignity, worth and somebodiness, a determination for excellence in the field of your endeavor, and a commitment to principles of beauty, love and justice and not stop moving forward.

"This is the most important and crucial period of your lives, for what you do now and what you decide now at this age may well determine which way your life shall go. The question is, whether you have a proper, a solid, and a sound blueprint," said the late King.

"Don't allow anybody to make you feel that you are nobody. Always feel that you count. Always feel that you have worth, and always feel that your life has ultimate significance. Those words

2019 Resolution Solutions Giving back

By SUET LEE-GROWNEY
PARAGLIDE

Editor's note: This is part three of the Resolution Solution series on 2019 New Year's goals. The topics encompass the seven dimensions of wellness and this week's subject is volunteering.

When January rolled around, many turned the page to a new year and made time to do new things to feel more successful, such as volunteering more, said to Cathy Mansfield, Army Community Services (ACS) operations and support. "It's a fresh start," said Mansfield, who is also the volunteer services coordinator at ACS.

According to Alice Stephens, Army Volunteer Corps coordinator, many in the Fort Bragg community are eager to help.

All volunteers who come through their organization can come from any background, including spouses who are unable to gain employment in their line of work after relocating to the area due to state licensing, so they turn to volunteering to keep their skills sharp.

"It's hard to get jobs here," Stephens said. "(Volunteering) is actually helping them mentally and physically because it

helps them get out of the house to meet people, make new friends, make those connections and to give back to the community and Fort Bragg."

Some Soldiers make it a point to volunteer to earn promotion points, according to both Mansfield and Stephens.

"They can earn the Military Outstanding Volunteer Service Medal just from volunteering," Stephens said.

To qualify and earn up to 15 promotion points, Soldiers must earn either 500 volunteer hours or three years of volunteer service, she added. But that's not the only reason why Soldiers choose to volunteer. Some, especially younger single Soldiers, come from small towns and choose to do so to be plugged in to the community and learn more about the town they're stationed in, said Mansfield.

"It's something to get them involved in the community and gives them a better understand of what goes on around (town), that way they learn their way around," she said.

Small but impactful volunteering goals are the most feasible because people can stay on the path to their resolution much easier over the course of the year, said Mansfield.

Volunteers tell the coordinators what

they want to do and the staff will guide them, she added. Volunteering doesn't have to be a massive commitment.

"If somebody wants to give a couple of hours a week or a couple of hours a month, there's something out there for them," she said. "We don't want folks to think 'I don't want to volunteer because then I'll get roped into doing all of this stuff I don't have time to do.'"

The first step is to visit the ACS Volunteer Program office on the third floor of the Soldier Support Center. The staff will have all the resources setting those interested in giving back to a cause that caters to their availability and interest. ACS has a list of places looking for volunteers on post and off post. Additionally, they can get volunteers set up with logging their hours.

"Most of the Soldiers, especially the younger Soldiers, they want to volunteer on post because most don't have a car," Stephens said.

Soldiers get recognized for their volunteerism with the MOVSM award. Alternatively, so do thos who are not green suiters.

Fort Bragg honors Department of the Army civilians with their own level award, Family members of the installation with the Iron Mike Awards and/

or Making A Difference award, Commander's Award for Public Service, and more, according to Stephens.

"We also have Braggin' Bucks," she said. "We try to recognize our volunteers ... It's just an incentive to say 'thank you for what you do.' Every hour they log represents a buck. So if they've got 500 hours, they've got 500 (Braggin') Bucks."

These bucks can be used to "purchase" merchandise, such as the parachute lapel pin for 250 Braggin' Bucks, at the volunteer office.

In 2017, volunteers have contributed \$17 million worth of hours just through their charitable time on post, Stephens added.

Volunteerism is a much celebrated service at Fort Bragg. The next quarterly Iron Mike Awards ceremony is 4 p.m., Jan. 30 at the Iron Mike Conference Center. In April, the installation will celebrate National Volunteer Week.

For more information on how to participate or volunteer opportunities, call (910) 396-2458 or email alice.d.stephens.civ@mail.mil

Editor's note: Next week's Resolution Solution is for those whose goal is to get back into the workforce.

LOCAL HAPPENINGS

EVENTS AROUND POST & THE STATE

THIS WEEKEND

FAYETTEVILLE MARKSMEN HOCKEY GAME:

When: Jan. 25, 7 p.m.

Where: Crown Coliseum

Cost: \$7 to \$25

Watch the Fayetteville Marksmen, a professional minor-league hockey team, battle it out against one of their Southern Professional Hockey League rivals. Enjoy great food, drinks and hockey with family and friends.

LATIN SOCIAL:

When: Jan. 25, 8 p.m. Open dance from 9 - 11 p.m.

Where: Roland's Dance Studio

Cost: \$10/person

Join us for a Cha Cha lesson (beginner and advanced) at 8pm followed by variety open dancing 9-11! \$10 per person and, as always, open to anyone who wants to dance! Feel free to call us at (910)423-2623 with any questions or to set up a \$20 private introductory lesson to prepare you before the social!

SUGAR MOUNTAIN SKI TRIP:

When: Jan. 26, 4:30 a.m.

Where: Sugar Mountain, North Carolina

Cost: \$109 for just the lift ticket, which includes transportation to Sugar Mountain and snacks. \$129 for lift and ski rental, \$139 for lift and snowboard rental and \$19 for the lesson if added to any of the above. Similar to the Beech Mountain trip, the excursion will depart from Smith Lake Recreation Area at 5 a.m. and return at 11 p.m. Those interested must register two days before date of departure. Open to DOD ID card holders and up to two guests. Children ages 12 and older are welcome. Any participants under the age of 18 must be accompanied by an adult.

THE HEART AND SOUL OF MAGIC:

When: Jan. 26, 7:30 p.m.

Where: Seabrook Auditorium on FSU campus

Cost: \$20 to \$75.

One of the nation's largest collection of magicians and comedians to assemble on one stage this year, the Heart and Soul of Magic features renowned artists Ran'D Shine, Jamahl Keyes, Kid Ace and the Hip Hop Juggler (Paris). The show combines upbeat and hilarious music, audience participation, sleight of hand and psychological illusions that will have one questioning reality in an intimate space. The Heart & Soul of magic is an unforgettable show that audiences of all ages can enjoy. Throughout the show the audience will get to participate in magic tricks and see objects appear, float in midair and disappear. Adults' minds will be blown, and children will be amazed.

MASSEY HILL OYSTER ROAST:

When: Jan. 26, 11 a.m. to 5 p.m.

Where: The Massey Hill Lions Club

Cost: \$35 advance, \$40 at the door

The Massey Hill Lions Club is hosting their 45th annual all-you-can-eat oyster roast. Tickets are available at Massey Hill Drug Store in Fayetteville or from any Massey Hill Lions Club member. Proceeds from this fundraiser will go toward helping the visually impaired.

SPOKEN WORDS/POETRY OPEN MIC:

When: Jan. 26, 1 to 3 p.m.

Where: Throckmorton Library

Cost: Free

Open to all ages! Children ages 7 through 13 will have their superstar session at 1 p.m. Adults will get their time in the spotlight at 2 p.m. Come give the world your time and shine by dropping those lines with your fine rhymes. P.S. Poetry does not actually have to rhyme; just bust a flow however you choose to express yourself, cool kat! Open to the public. No registration required.

RECURRING EVENTS

FAYETTEVILLE "OVER THERE" CENTENNIAL OF WWI:

When: Tuesdays through Saturdays, 10 a.m. to 4 p.m.

Where: Fayetteville Area Transportation and Local History Museum

Cost: Free

The Fayetteville Area Transportation and Local History Museum opened its newest exhibit, "Fayetteville 'Over There'-Centennial of World War I."

BRAINS AND BREWS WEEKLY TRIVIA:

When: Wednesdays, 7 p.m.

Where: Mash House Brewing Company

Cost: Free

Brains and Brews trivia. Trivia topics are general, but once a month there will be a special theme night.

BREWERY TOUR:

When: Sundays, 4 to 5 p.m.

Where: Dirtbag Ales Brewery and Taproom, Hope Mills

Cost: Free to attend

Join the head brewer for an informative tour of the brewery at Dirtbag Ales Brewery and Taproom in Hope Mills. No reservation is required.

CITY MARKET AT THE MUSEUM:

When: Mondays through Sundays, 9 a.m. to 1 p.m.

Where: City Market at the Museum

Cost: Free to attend

The City Market at the Museum is a farmers' and crafters' market in the heart of downtown Fayetteville.



UPCOMING EVENTS

SPRING SPORTS REGISTRATION:

When: Jan. 24 through March 15

Where: Youth Sports and Fitness - Fort Bragg Soldier Support Center

Cost: Teeball, coach pitch, baseball, softball, soccer, track and field for \$45, lacrosse for \$65

Open to: CYS card holders with current sports physical

Spring Youth Sports:

- Soccer, ages 5 to 17, Main Post and Linden Oaks
- Tee-ball, ages 5 to 6. Coach pitch, ages 7 to 8. Baseball, ages 9 to 17. Main Post & Linden Oaks
- Girls softball, ages 9 to 17, Main Post and Linden Oaks
- Track and field, ages 7 to 18, Main Post only
- Lacrosse, ages 8 to 16 (grades 3 through 10), Main Post only

Youth must be registered with CYS (Parent Central Services, Bldg. 1-4157 Knox St.) and have a current sports physical on file. Appointment required, walk-ins only on Tuesday and Thursday from noon to 2 p.m., call (910) 396-8110 for more info or visit <https://webtrac.mwr.army.mil>.

Volunteer coaches needed. For more info call (910) 396-9123.

Discounts and waivers are available for coaches and multiple children playing same sport. Youth will be put on a waiting list until cleared coaches are in place.

THE LAUGHING DONKEY COMEDY SHOW:

When: Jan. 24, 9 p.m.

Where: The Drunk Horse Pub

Cost: Free

Free open mic and stand-up comedy show! Head over to Drunk Horse Pub to see some amazing local comedians, as well as a couple of hacks. You don't want to miss this night of entertainment.

SCREAMFREE PARENTING:

When: Jan. 28 9 a.m. - 1 p.m.

Where: Soldier Support Center - 3rd Fl. Bldg. 4-2843

Cost: Free

ScreamFree Parenting is not just about lowering your voice but also raising your integrity as a parent. It's about learning to calm your emotional response and focus on your own behavior. By staying cool, calm and connected with your children, you begin to operate less through emotions and more from values and principles. This 3-session class is free and open to DOD ID Cardholders and their Family members. Registration is required. To register for this class, give us a call, (910)396-5521, or submit your information online via <https://bragg.armymwr.com/programs/register-acsc-class>

ANNIE:

When: Jan. 31 through Feb. 24, 7:30 p.m.

Where: Cape Fear Regional Theatre

Cost: \$17 to \$32

Leapin' Lizards! In adventure after fun-filled adventure, little orphan Annie finds a new home and family in Daddy Warbucks and a lovable mutt named Sandy. "Tomorrow, tomorrow, I love you tomorrow!" A musical treat for the entire family. See <http://www.cftrt.org/project/annie/> for show times.

SUPER BOWL LIII WATCH PARTY:

When: Feb. 3, 6:30 p.m.

Where: Sports USA

Cost: Free to attend

Free buffet at half-time while supplies last.

FIRST-TERM PCS "MONEY AND MOVING" CLASS:

When: Feb. 5, 9 - 10:30 a.m.

Where: Soldier Support Center

Cost: None

This class is a must for all those first-term Soldiers who have never PCS'd before. Learn about all the benefits authorized and how to ensure a successful move. Registration is required. Call to register (910)907-3670 or (910)396-2507.

ANGER MANAGEMENT:

When: Feb. 6, 9 a.m. - 12 p.m.

Where: Soldier Support Center

Cost: Free

This one-session class provides attendees with the skills necessary to help evaluate, understand and control their anger. This class is free and open to DOD ID Cardholders and their Family members. Classes are held on the 3rd floor of the Soldier Support Center, Bldg. 4-2843. Registration is required. To register for this class, give us a call, (910)396-5521, or submit your information online via <https://bragg.armymwr.com/programs/register-acsc-class>.

GAME NIGHT:

When: Feb. 8, 7 - 10 p.m.

Where: BOSS Office Bldg. H-4358

Cost: Free

Poker tournament, video game tournament, and food and drinks. Open to single Soldiers only.

FORT BRAGG WEDDING EXPO:

When: Feb. 9, 11 a.m. - 4 p.m.

Where: Iron Mike Conference Center

Cost: Free

Come to Ft. Bragg to plan your wedding! The Iron Mike Conference Center is hosting a wedding expo. Come by to view the venue and sample their food. There will be various vendors offering services from photographers, to bakeries, and more. All attendees are required to register. Register online at WebTrac to reserve your spot today! There is no cost associated with attending this event. If you would like to be a vendor at this event, please call us. This event is open to the public.

WORSHIP

CATHOLIC MASS

Sat. 5 p.m. All American Chapel
 Sun. 9 a.m. All American Chapel
 Sun. 10:30 a.m. WAMC Chapel
 Sun. 11:30 a.m. Main Post Chapel
 Sun. 1:30 p.m. Pope Chapel (Spanish/English)
 Sun. 5 p.m. All American Chapel
 Mon.- Fri. Noon Pope Chapel
 Wed. 11:30 a.m. WAMC Chapel

ROSARY

Mon.- Fri. 12:30 p.m. Pope Chapel

EUCCHARISTIC ADORATION

Wed. 11:30 a.m. Pope Chapel

RECONCILIATION

Sun. 4:30 p.m. All American Chapel
 Mon.- Fri. 11:30 p.m. Pope Chapel
 Sat. 4:30 p.m. All American Chapel
 (30 minutes prior to every Mass and by appointment)

CATHOLIC EDUCATION

Sun. 10:45 a.m. Faith Formation Bowley School* Faith Formation (Adults)
 Sun. 3 p.m. Youth of the Chapel (All American)
 Tues. 6:30 p.m. Rite of Catholic Initiation for Adults (Pope Chapel)
 Thurs. 6:45 p.m. Bible Study
 Fri. 6:30 p.m. Theology on Tap
 (3rd Fri. each month)

CATHOLIC WOMEN OF THE CHAPEL (CWOC)

Thurs. 9:30 a.m.-12 p.m. at All American Chapel**

ADDITIONAL PROTESTANT RELIGIOUS EDUCATION PROGRAM

Sun. 6:15 p.m. Postwide Family Program (AAC)*

Tues. 2:45 p.m. Good News Club at Bowley Elementary*

Tues. 6:30 p.m. Navigator Bible Study (JFK)
 Tues. 6:30 p.m. Navigator Bible Study (AAC)
 Thurs. 3 p.m. Good News Club at Shughart Elementary*

PROTESTANT

All American Chapel
 Sun. 10 a.m. Sunday School
 Sun. 11 a.m. Worship Service**
 Airborne Artillery Chapel
 Sun. 9:30 a.m. Adult Bible Study
 Sun. 11 a.m. Worship Service**
 Wed. 6 p.m. Adult Bible Study

CHAPEL NEXT, DIVISION MEMORIAL CHAPEL

Sun. 11 a.m. Worship Service**

OUTDOOR LIFE, SMITH LAKE MWR PARK (OUTSIDE)

Sun. 10 a.m. Outdoor Church
 Winter hours Dec. 1-April 30 11 a.m.

JFK CHAPEL

Sun. 10 a.m. Worship Service**
 Sun. 11:30 a.m. Sunday School
 Wed. 11:45 a.m. Chapel Ancient (Liturgical)

MAIN POST CHAPEL

Sun. 10 a.m. Worship Service**
 Sun. 11:30 a.m. Sunday School

POPE CHAPEL

Sun. 9 a.m. Christ the King Fellowship**
 Wed. 6 p.m. Mid-week Bible Study

WOOD MEMORIAL CHAPEL GOSPEL CONGREGATION

Sun. 10 a.m. Gospel Service**
 Tues. 7 p.m. Adult Bible Study
 Tues. 7:30 p.m. Youth Group

WAMC

Sun. 9 a.m. Chapel located on 3rd floor
 Tues. 11:30 a.m. Bible Study
 Thurs. 11:30 a.m. Bible Study

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Tues. 9:30 a.m. All American Chapel*
 Tues. Noon 9th floor of SSC*
 Tues. 7 p.m. All American Chapel*
 Wed. 9 a.m. Linden Oaks Clubhouse*
 Wed. Noon WAMC Chapel*
 (3rd floor)
 Thurs. Noon Main Post Chapel Annex*
 Thurs. Noon Wood Memorial Chapel

YOUTH OF THE CHAPEL

Sun. 3 p.m. Middle/High School at All American Chapel (Catholic)
 Sun. 6:15 p.m. Middle/High School at Division Memorial Chapel (Protestant)

JEWISH SERVICES

Fri. 6:30 p.m. Friday Night Shabbat (Watters Family Life Center)

DISTINCTIVE RELIGIOUS FAITH GROUPS

BUDDHIST

Sat. 1 p.m. Pope Chapel (3rd Sat. each month)

ISLAMIC

Fri. 12:15 p.m. Islamic Service (Pope Chapel Annex)
 Fri. 1:15 p.m. Islamic Service (Pope Chapel Annex)

WICCAN

Thurs. 7 p.m. Open Circle (Watters Family Life Center)

FOR MORE INFORMATION

www.bragg.army.mil/index.php/about/garrison/chaplain

LEGEND

* Indicated study groups are scheduled to complement school year.

** Children's Church/Watch-care provided

Come Worship With Us



Call 910-609-0665 to Place Your Church Events and Services Here

CHURCH OF CHRIST W. Fayetteville Stan L. Caldwell, preacher

Sunday Bible Study, 9a.m. • Worship, 10a.m. • Evening Worship, 5p.m.
 Wed. Bible Study, 7p.m. • Free Bible Correspondence Course by Mail
 5272 Butternut Drive | Fayetteville, NC 28304 | 910.424.5162
wfcoc.preacher@gmail.com | www.westfaycoc.org

FN40005122496-01

JOHN ALLEN SHOES

10% OFF FOR ALL PATRONS

3rd Wednesday of every month.
 Not valid on previous purchases.



214 Owen Drive • Hours: Mon.-Fri. 9:30-6:00 Sat. 9:30-5:00
 910-484-3161 • www.johnallenshoes.com



FAYETTEVILLE'S DESTINATION FOR ARTS & ENTERTAINMENT

unique shops | galleries | restaurants | concerts
 coffeehouses | tea shops | wine bars | brew pubs

GET YOUR SKATE TICKETS NOW!

visitdowntownfayetteville.com/events

Day-Of Tickets available first come, first serve



Check out our new website at
VisitDowntownFayetteville.com

For our full calendar of Downtown events, visit our Facebook page:

[downtownfayetteville](https://www.facebook.com/downtownfayetteville)

Free parking after 5pm and all weekend!

CSDD is supported through funding provided by the Arts Council of Fayetteville/Cumberland County



Advance Reservations **STRONGLY** Encouraged!



Skating Rink on Green Street
 Jan. 25th, 26th, 27th



REPORTERS, EDITORS AND PHOTOGRAPHERS CREATE REAL NEWS. JOURNALISM YOU CAN TRUST.

Follow the conversation at
#SupportRealNews

Help show your support for
the journalists - in local
communities and across the
country - who are working
tirelessly to bring you real
news.

Subscribe to your
local newspaper
today.



THIS PUBLICATION
SUPPORTS REAL NEWS.

Real, Reputable, Trusted.
Your News Media.

Honoring our service members

Fayetteville Marksmen recognize military during game against Roanoke Rail Yard Dawgs

By JENNIFER MORALES
PARAGLIDE

The Fayetteville Marksmen are the premier hockey team for southeastern North Carolina. The team was first established in 2017. The Fayetteville Marksmen are a professional hockey team that competes in the Southern Professional Hockey League, the most-elite independent hockey league in the United States. The team is veteran-owned and operated, so it should come as no surprise they offer military appreciation nights. Owner, Charles "Chuck" Norris is a former U.S. Army paratrooper who spent over

20 years in the Fayetteville area.

Whenever the Fayetteville Marksmen are in town they play all their home games at the Crown Coliseum. Which is where they hosted this year's military appreciation night Jan. 19. During the game, the Fayetteville Marksmen hockey team played a close game against their rivals the Roanoke Rail Yard Dawgs. The game ended with a score of 3 to 4, in favor of the Roanoke Rail Yard Dawgs. The two teams were evenly paired. During the game, the Marksmen defended their goal, blocking 28 of the 32 shots from the Railyard Dawgs. All the while they were busy taking 31 shots of their own, with three being successful.



The 82nd Airborne Division Color Guard presents the colors while Sgt. Kiari Mhoon, 82nd Airborne Division Band and Chorus, performs the national anthem.



Photos by Lewis Perkins/Paraglide

Cody Porter, Fayetteville Marksmen goalie, looks at the puck as Jordan Carvalho celebrates his goal in the first period



Brian Bowen, Fayetteville Marksmen, left, fires a long shot that threads through all the defenders for a goal in the second period.



Units from the 82nd Airborne Division along with Fayetteville first responders displayed vehicles in front of the Crown Coliseum during the Fayetteville Marksmen's Hometown hero and first responders night Jan 19.



Graphic Illustration by Bryan K. Reed

Racing Rings Around Saturn Running and Walking Challenge 2019:

It's time to get moving! Are you ready for Racing Rings Around Saturn? Organizers of the event are looking for runners, walkers and joggers of all shapes, sizes and fitness levels to join them **Saturday at 1 p.m.** for the race to Saturn.

Log your miles and they will be added to the event's total miles as a group. Let's log enough miles to get to Saturn. It's a 746-million mile journey, so they need your help. They are gathering people around the world to join them. You will move up the moon jogger rankings as you log more and more miles. Thousands of people worldwide have joined the challenge. Will you? Sign up anytime. For more information visit www.Eventbrite.com

Love Your Pet Day 5K and 10K:

We all know that Feb. 2 is Groundhog Day. So Love Your Pet Day is celebrating by running (or walking) 2.2 miles to celebrate 2.2.2019. The big question is: Will you see your shadow while you're out there completing your race? Will we get spring or more winter? February is also heart month, so they are donating a portion of each registration to the International Children's Heart Foundation, whose mission is to bring the skills, technology and knowledge to cure and care for children with congenital heart disease in developing nations. For participating in this event you will get a fun, three-inch Groundhog Day medal. This is a virtual race. You choose to complete the 2.2-mile race on your own and submit your time to us. We ship your medal directly to you. Complete your race on Groundhog Day, or any time during the month of February. Various races will be held throughout the month starting from **Feb. 1 through 28 at 1 p.m.** For more information visit www.Eventbrite.com.

Greater Life Of Fayetteville Cupid 5K Fun Run/Walk

Greater Life of Fayetteville is a non-profit organization that educates and inspires at-risk and behaviorally challenged youth with innovative and culturally-sensitive programs in order for them to thrive academically, socially, and morally. Please help support our non-profit organization by signing up for the Cupid Fun Run/Walk. This event will take place **Feb. 9** starting at **7:30 a.m.** The location will be Hope Mills Municipal Park, **5770 Rock road, Hope Mills.**

Fum Run 5K:

The Fum Run will kick off on **Feb. 23** and the race is a 3.01-mile route in Hope Mills. The route has a total ascent of 42.63 feet and has a maximum elevation of 172.57 feet. The run will begin at **8:30 a.m.** at Camping World of Fayetteville with an exhilarating straightaway along **Highway 95 on State Road 2275** followed by a quick right onto Marracco Drive.

This route leads racers into a bucolic little neighborhood where smooth straightaways and wide corners provide a comfortable, but competitive, course. Ultimately, participants will weave back around to Marraco Drive before coming to a crescendo with a mad dash, walk, waddle or run to the finish line at Camping World of Fayetteville where it all began.

Shamrocks and Shenanigans Virtual 4-Mile Run/Walk:

Leprechaun costumes, traditional Irish food and running, of course there's no better way to celebrate St. Patrick's Day than completing the inaugural Shamrocks and Shenanigans Virtual 4-miler event. Celebrate your race and the "Luck of the Irish" with runners from all 50 states and around the world. Complete each distance one at a time or if you're feeling lucky complete all 4 miles. Either way, we encourage you to wear your finest St. Patrick's Day attire and have fun. Your virtual event can be completed any time from March 1 through 31. The race will take place **March 1**, starting at **12 a.m.** For more information visit www.Eventbrite.com.



Towle Courts Physical Fitness Center group fitness schedule

January 2019

TIME	MON	TUE	WED	THURS	FRI
6:30 a.m.	Cycle Stacy	Cycle Luisa 29th Stacey B	Cycle Stacy	Cycle Stacy/Luisa	Cycle Leonard
8:30 a.m.		Yoga Hatha Beau		Yoga Hatha Beau	
9:30 a.m.	Sculpted Rachel	Kickboxing Wellbeats (FREE)	Sculpted Elleen	Step/Stomp Wellbeats (FREE)	Sculpted Rachel
10:45 a.m.	Bootcamp Stacey B	Vibe Dance Wellbeats (FREE)	Butts & Guts Stacey B	Vibe Dance Wellbeats (FREE)	
Noon	Cycle Ex Leonard		Cycle Ex Stacey B		
4:30 p.m.	Sculpted Elleen	Cycle Rachel	Cycle Leonard 23rd Stacey B Sculpted Rachel	Cycle Rachel Pilates Wendy	
5:30 p.m.	Zumba Jermarie	Ultimate Workout Ruby	Zumba Zorayada 2nd Rachel	Ultimate Workout Ruby	



Editor's note: Each week this section will include different schedules of various fitness centers around the installation. For more information visit Bragg.armymwr.com



Bull-Riding on the Farm:

Each **Sunday**, Shady Acres Rodeo, a self-sustaining farm, hosts a bull-riding event. Bring your friends and family out to enjoy watching some bull riding (or take your own turn on a bull).

Event times fluctuate from week to week. Call ahead at (919) 669-6820 or visit its Facebook page at facebook.com/ShadyAcresRodeo for times.

Ambition Boxing Academy:

Ambition Boxing Academy and Ambition Athletics offers a unique approach to training. Coach Khalil combines fundamental performance through boxing. Classes offered are for youth and adults. Adult classes are **Mondays through Thursdays from 7 to 8 p.m.** Youth classes are **6 to 7 p.m.** For more information contact (910) 987-0671.

Yoga and Beer with Robin:

Enjoy yoga and then drink beer. Pinky Pig will be coming through to serve up some great barbecue. Come to the bar and enjoy any number of delicious post-yoga beers **Sundays from 11 a.m. to noon at Hugger Mugger Brewing in Sanford.**

Shag Dance Lessons:

Learn to shag dance and have fun while exercising, no partner necessary. **Lessons are the first four Mondays of each month at the Elks Lodge** and are \$10 a night or \$30 a month. Classes are 45 minutes. **Beginners class begins at 6:45 p.m.; intermediate class at 7:30 p.m.** Call (910) 323-2526 for more information.

Tai Chi for Health:

Practice this flowing Eastern exercise with instructor Rich Martin while overlooking the garden **every Tuesday at the Cape Fear Botanical Garden from 10 to 11:30 a.m.** Tai Chi is best practiced in loose, comfortable clothing. Dress for the weather. Bring a water bottle. All levels and walk-ins are available. Admission is \$17 for non-garden members, \$15 for garden members.

Yoga in the Garden:

Cape Fear Botanical Garden and the YMCA of the Sandhills have partnered together for Yoga in the Garden. Grab a yoga mat and rejuvenate at a yoga session in the Orangery at the **Cape Fear Botanical Garden from 6 to 7 p.m. every Wednesday.** Improve flexibility, build strength, ease tension and relax through posture and breathing techniques for beginners and experts alike. Bring a yoga mat, a water bottle and an open mind to enjoy this all-levels class. Pre-registration is required. Call (910) 486-0221, ext. 36 or stop by the garden to register. Free for CFBG members and YMCA of the Sandhills members; \$5 for guests.

Ice and Inline Skating:

The Cleland Ice and Inline Skating Rinks facility offers year-round skating, not only as a form of exercise, but as an affordable and constructive family leisure activity. It is the only ice rink within a 60-mile radius that provides year-round ice skating. This facility has a comprehensive ice skating program, to include open skating, group and private lessons, figure skating clubs, parties (schools, units and special interest groups) and private rink rental. This facility is easily accessible for both military and civilian patrons. Six 30-minute classes are held once per week, on **Mondays** for six weeks. Visit <https://bragg.armymwr.com/programs/cleland-ice-and-inline-skating-rink> for more information or call (910) 396-5127.

Aqua Spin:

Tired of a normal spin class? If the answer is "yes," then join us for aqua spin. Classes take place at the **Tolson indoor pool on Tuesdays and Thursdays at 10:30 a.m.**

Hatha Yoga:

This focuses on the breath (pranayama) and yoga poses. This class will be a gentle yoga. Slow and great for beginners or students who prefer a more relaxed style.

Poses are held longer. This class is held at **Hercules and Towle Courts physical fitness centers.** Classes vary, check MWR website www.bragg.armymwr.com for schedule.

Sculpted:

For that lean, toned look with fast results sculpted is a total body strength and conditioning workout combining the benefits of traditional weight training and great music. The original barbell workout. This class is offered at **Hercules Physical Fitness Center on Mondays, Wednesdays and Fridays at 9:30 a.m.**

Boot Camp:

Interval training, alternating various body sculpting moves and aerobic exercises on the step, with barbells, bands or weights. This class is offered **twice a month at Hercules Physical Fitness Center.** Check the MWR website www.bragg.armymwr.com for schedule.

Prenatal Yoga:

Join MWR for prenatal yoga on **Saturdays at 1 p.m. at Hercules Physical Fitness Center.** Open to DOD ID cardholders, ages 16 years and above. Max 20 participants. For details, please call (910)394-4350.

Personal Training:

Reach your fitness goals with certified personal trainers. Training sessions are located at one of our **14 MWR fitness centers.**

Don't know where to start? Start with a fitness assessment done by one of our personal trainers for \$25.

Programs:

Individual: one-on-one training with a certified personal trainer to meet your maximum fitness goals
Buddy: two clients train together with one personal trainer to meet their goals.

Classes are open to DOD cardholders and their guests, ages 16 and older.

For more information on our personal trainers and and/or to sign up for this program or a personal assessment, visit our specialized training webpage at bragg.armymwr.com/programs/specialized-training.

CLASSIFIEDS

Proud Partner of



Call 910-678-9000 or email

classifieds@fayobserver.com to place your ad.

Office Hours: Monday through Friday 8 a.m. to 5 p.m.

Classifications

Employment.....	100s
Service Directory.....	200s
Merchandise.....	300s
Announcements.....	400s
Financial.....	500s
Real Estate - Rentals/Sales.....	600/700s
Transportation.....	800s

Deadlines

Sunday, Monday, Tuesday
3:45 p.m. Friday
Wednesday
8:45 a.m. Tuesday
Friday, Saturday
3:45 p.m. Thursday
Saturday Real Estate
3:45 p.m. Wednesday

110 Administrative/Professional

COUNSELORS for troubled youth in a group home setting. At least 1 yr expr. 910-814-4243 www.srsccounseling.com

City of Fayetteville
For Job listings go to:
fayettevilenc.gov/jobs

125 Medical/Dental



Dietitian -FT
Responsible for assuming professional responsibility and accountability for the Dietary Services Department in the provision of nourishing, palatable, well-balanced diets to meet the daily nutritional and special dietary needs of each resident according to their comprehensive resident assessment and plan of care.

Bus Driver
(Client Transportation aide)
Must have CDL and be CPR certified

Nurse Navigator
Communicates and educates patients/residents and families on disease processes, clinical interventions, and expectations. Promotes customer service, must be a licensed RN

Please apply on

www.pruiththealth.com

CNAs - All Shifts With Sign On Bonus

Apply in Person. No phone calls
Whispering Pines Nursing & Rehabilitation Center, 523 Country Club Dr. Fayetteville, NC 28301

135 Skilled Trades

NOW HIRING
Pro Transport & Leasing, St. Pauls, NC is seeking
LIGHT DUTY DIESEL MECHANIC
Must have experience and valid DL.

DISPATCHER
Pro Transport & Leasing, St. Pauls, NC is seeking a dispatcher. Must have computer & dispatch exp within the trucking industry. Good pay & benefits.
Contact Scott at Pro Transport & Leasing Mon-Fri 8:00am-4:30pm 910-865-3827

Order your
Postings
Fayetteville Observer Classifieds

online at

FayObserver.com/Classifieds

Murphy Family Ventures LLC, Wallace, NC, SEEKING 12 TEMPORARY FARM LABORERS from 02/22/19 to 12/01/19, for the construction of livestock buildings near Roseboro, NC.

On farms, maintenance, repair, dismantling and remodeling of livestock buildings including, repairing and/or installing feed equipment, waterlines, gating, insulation, doors, ceilings and roofs and ventilation equipment, framing, tin sheeting and welding. Clean up site. One month of farm equipment installation/repair. Must be able to lift and carry 75 lbs for 75 yards.

Wage is \$12.25/hr. Wage may vary based on experience and/or merit. Murphy Family Ventures LLC guarantees employment for a total number of work hours equal to at least three-fourths of the workdays from 02/22/19 to 12/01/19.

Tools, supplies, and equipment provided by employer at no cost to employee. Housing provided at no cost to all workers who cannot reasonably return to their permanent residence at the end of the work day. Transportation and subsistence expenses to worksite will be paid by employer in the first week of employment.

Apply at the nearest North Carolina Dept. of Commerce, or contact the state workforce agent at 313 Chapanoke Rd, Ste. 210 2nd FL, Raleigh, NC 27603 (919) 814-0544 using job order number 10815779.

FREE Postings!

Post your online ad for free today!

FayObserver.com/Classifieds

The Family Gourmet Feast

- 2 (5 oz.) Filet Mignons
- 2 (5 oz.) Top Sirloins
- 4 Boneless Chicken Breasts (1 lb. pkg.)
- 2 (4 oz.) Boneless Pork Chops
- 4 (3 oz.) Kielbasa Sausages
- 4 (4 oz.) Omaha Steaks Burgers
- 4 (3 oz.) Potatoes au Gratin
- 4 (4 oz.) Caramel Apple Tartlets
- OS Seasoning Packet

55586LKW | \$199.91* separately
Combo Price \$49.99

Limit 2 pkgs. Free gifts must ship with #55586. Standard S&H will be added. Expires 2/28/19. ©2019 OCG | 18M1531 | Omaha Steaks, Inc.

Plus, 4 more Burgers FREE

*Savings shown over aggregated single item base price.

Call 1-866-965-3762 ask for 55586LKW www.OmahaSteaks.com/cook43

Geeks on Site

COMPUTER PROBLEMS?

WE WILL FIX YOUR COMPUTER TODAY!

| 24/7 Emergency Service Available | Mac & all PC Brands |

| Friendly Certified Computer Repair Experts |

| Laptops, Desktops, Printers, Networks |

| Regular Maintenance |

| Data Recovery | Virus Removal |

Microsoft CERTIFIED

800.519.2189 CALL US NOW FOR A FREE DIAGNOSIS!

249 Home Additions/Improvement

SIX WISEMEN PAINTING CO: Free pressure wash, free est, free rotten wood repair. Also vinyl siding. Lifetime guarantee on any repairs. Call Lewis, 910-489-6171

FIX. IT. All Home Repairs plumbing electrical carpentry paint drywall Small job specialist Quality work 30yrs. Call David, 910-964-0996

HANDY MAN SERVICE: moisture damage, carpentry, painting, sheetrock repair, light plumbing, ceiling fans, light fixtures, floors, doors, tile. 910-574-4683

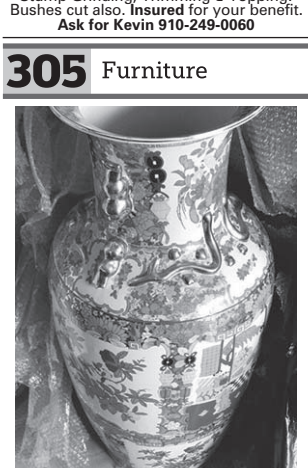
251 Home Repair

HANDYMAN SERVICE: Inside /out large,small. Moving, hauling clean outs. Tree cutting. 910 703 4533

279 Tree Services

COOK'S TREE REMOVAL specializing in topping, pruning, hauling debris, stump gring & more. There's no tree too small nor too tall, if you want it gone GIVE us a CALL! Free \$ Fair Estimates! Call 910.818.0394

305 Furniture



MIRRORS, ORIENTAL VASES: 7 ft tall Leaning Mirror, 100 year old large wall mirror, 4 ft. large oriental vases. Call for appointment (908) 422-2284

330 Firewood/Fuel



OAK FIREWOOD FOR SALE: \$165 for a whole cord comes with two free bundles of kindling fire starter. And \$85 for half cord. With One free bundle of kindling. We deliver and stack the wood for you and we're even willing to help you start your first fire to. So call us today and place your order at 910-922-9421.

336 Pets



BOXER PUPS: FAWN FEMALES, 9WKS. PARENTS AKC VERIFIED/ON SITE. UTD MEDS/GUAR. PET PRICING AT \$600, REGIS. N/A. FOR APPTS. 910-214-2025

GOLDENDOODLES: CKC registered; 3 males, 2 females ready for their new home! Feb 9. \$850 credit/debit. 919-705-9554

AKITA PUPS FOR SALE
Call Peter (Do not text) 919-931-0300
Visit Site: www.societyakita.com



AUSTRALIAN SHEPHERDS: Six months old. All female, tri colored. \$300.00, call 910-527-2434 Robert.

374 Wanted to Buy



ALL FINE WATCHES WANTED VINTAGE WATCH COLLECTOR PAYING TOP \$\$\$ CASH
Buying Collections & Estates
Vietnam ROLEX SUBMARINER & GMT
SEIKO, OMEGA, TUDOR
MILITARY, DIVER, PILOT
Call Me If You Have A Watch To Sell
EVALUATION IS FREE
ED HICKS 910-977-5656



ALL MILITARY ITEMS WANTED \$\$\$
CIVIL WAR, WW1 WW2, VIETNAM WAR, IRAQ, AFGHAN WARS
Paying \$100-\$100,000 UP.
FREE APPRAISALS.
WARPATH MILITARY COLLECTIBLES
819 Hope Mills Road
ED HICKS 910-425-7000



ALL MILITARY PATCHES
WW1-WWII-KOREAN WAR
VIETNAM-IRAQ-AFGHANISTAN
Buying COLLECTIONS
Paying \$1-\$100,000
WARPATH Military Collectibles
819 Hope Mills Rd
ED HICKS 910-425-7000

ONLY \$20 DOWN

HEARING HELP

Advanced American Made DIGITAL HEARING AID technology

The FDA Registered, 100% Digital EG-6200 hearing aid delivers it all...

For Less Than \$200!

- Conversations remain clear even in noisy environments
- Helps you focus on the sounds you want to hear
- Crisp, clear sound
- 3 listening settings for improved hearing
- 10 volume levels give you precise amplification

750,000 CUSTOMERS CAN'T BE WRONG!

FDA Registered • Doctor Designed • Audiologist Approved

The EG-6200 is a genuine FDA registered 100% digital hearing aid that gives you the **BEST technology** for the **BEST price**. Packed with American Made electronics in a durable, easy to maintain hearing aid ensures you get crisp, clear sound. Discreet slim-tube design gives you the most natural sound with total comfort.

Try the EG-6200 hearing aid 100% Risk-FREE for 45 days with only \$20 down each. If you're not completely satisfied simply return it within 45 days for a FULL REFUND.

100% MONEY-BACK GUARANTEE!

Try the EG-6200 hearing aid Risk-FREE!

Order easily by phone (M-F 8am - 5pm CST)

1-855-895-4180

PROMO CODE 88-318

45-DAY RISK-FREE TRIAL

ONLY \$20 DOWN

647 Apartments for Rent

2 BR/ 2BA: All One Level Apartments Close to I-95 \$725 Rent \$725 Dep 910-425-8151

653 Houses for Rent

Cottonade 4 br 2 1/2 ba, new hrdwd & carpet , over 2,000 sqft. 18 x 23 den, outside 12 x 20 workshop w/ electric \$1250. DANIELS REAL ESTATE (910) 867-7156

BRAGG AREA/FAY: 2 BR House, \$410, 1BR MH, \$335. Certain pets okay. We do criminal bkgd check. Call: 910-574-6654

656 Mfg Homes for Rent

SOUTHVIEW SCHOOL DISTRICT: 3 BR/ 2 BA Doublewide \$650 rent \$650 Dep. 910-425-8151

BRAGG AREA/FAY: 1BR MH, \$335, 2 BR House, \$410.Certain pets okay. We do criminal bkgd check. Call: 910-574-6654

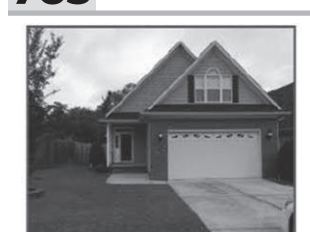
659 Rooms/Efficiencies



BROADELL AREA: Furnished Room for Rent. Security deposit, proof of income, and police check required. \$ 400 per month. Call 301-655-3413.

BINGHAM Studio. No Pets. Cable, Wi-Fi, Wa/Dr, Furnished. \$195 per wk + \$200 dep. Call: 910-527-0713

703 Houses for Sale



3BR/2BA: All beds on 1st floor, beautiful hardwood floors, 11yrs old, granite, privacy fence, security, central vacuum, 2 car garage, sprinkler system. \$239.9. 910-973-5031 to see now!

880 Wanted To Buy

Top Cash For Junk Vehicles!!! Free tow away! Cash Paid On The Spot. No title OK!!! for vehicle older than 10yrs 910-364-5762 Call Today!!!

Yard Sale Special

3 days, 3 lines
Includes rain insurance, balloons, stickers and signs.

Post now at fayobserver.com/postings

Starting at **\$24.99**

ONLY \$20 DOWN

HEARING HELP

Advanced American Made DIGITAL HEARING AID technology

The FDA Registered, 100% Digital EG-6200 hearing aid delivers it all...

For Less Than \$200!

- Conversations remain clear even in noisy environments
- Helps you focus on the sounds you want to hear
- Crisp, clear sound
- 3 listening settings for improved hearing
- 10 volume levels give you precise amplification

750,000 CUSTOMERS CAN'T BE WRONG!

FDA Registered • Doctor Designed • Audiologist Approved

The EG-6200 is a genuine FDA registered 100% digital hearing aid that gives you the **BEST technology** for the **BEST price**. Packed with American Made electronics in a durable, easy to maintain hearing aid ensures you get crisp, clear sound. Discreet slim-tube design gives you the most natural sound with total comfort.

Try the EG-6200 hearing aid 100% Risk-FREE for 45 days with only \$20 down each. If you're not completely satisfied simply return it within 45 days for a FULL REFUND.

100% MONEY-BACK GUARANTEE!

Try the EG-6200 hearing aid Risk-FREE!

Order easily by phone (M-F 8am - 5pm CST)

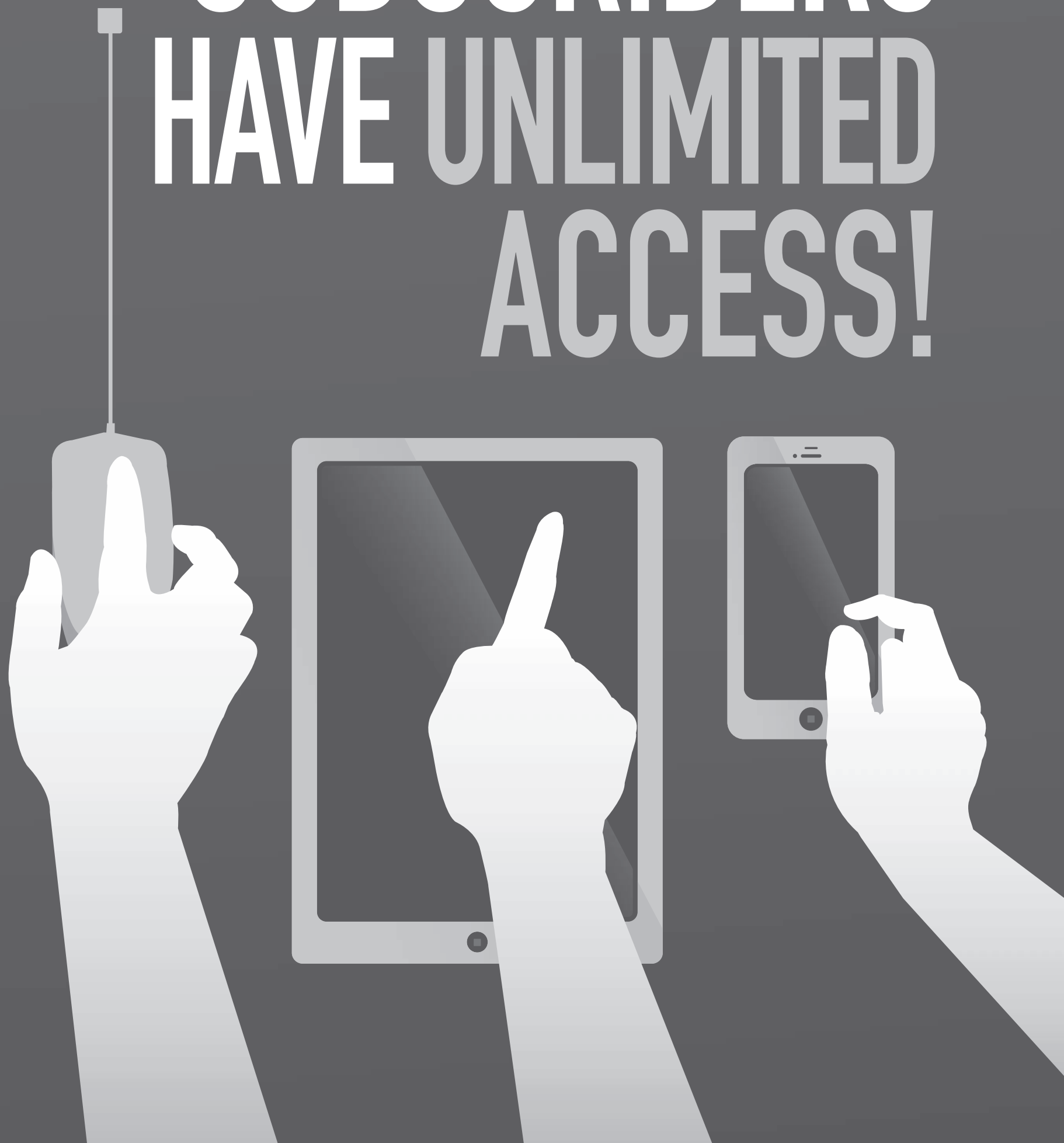
1-855-895-4180

PROMO CODE 88-318

45-DAY RISK-FREE TRIAL

ONLY \$20 DOWN

HOME DELIVERY SUBSCRIBERS HAVE UNLIMITED ACCESS!



As part of your home delivery subscription, you are entitled to all our online content at no additional cost. To continue to read unlimited stories, we will ask you to create a login using your email address and a password of your choosing. You'll see a prompt on the website that will walk you through the process. Register today at www.fayobserver.com



The Fayetteville
Observer
fayobserver.com