



HERALD STAFF

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WARRIORS OF THE WEEK



AT3 Elijah Boykin

Hometown: College Park, Georgia
Been in the Navy for: 3 years
Personal Goals: Earn a Bachelor's Degree in Business



AEAN Jacob Kaplan

Hometown: Howell, New Jersey
Been in the Navy for: 1.5 years
Personal Goals: Make 3rd class and get EIWS



ET3 Derek Hicks

Hometown: Fort Smith, Arkansas
Been in the Navy for: 2.5 years
Personal Goals: Get dual warfare qualifications



AM3 Adrian Paul Jr.

Hometown: Birmingham, Alabama Been in the Navy for: 5.5 years

Personal Goals: Earn a Business Degree and ESWS





Group Fitness Schedule

Mon. Sept 17	Tue. Sept 18	Wed. Sept 19	Thu. Sept 20	Fri. Sept 21	Sat. Sept 22	Sun. Sept 23
0515 Mindful Yoga	0500 X-Fit	0500 Sunrise Spin	0500 X-Fit	0500 Sunrise Spin	0500 X-Fit	0830 Spin + Yoga
1000 Lights out Spin	1630 RPM Spin Class	1630 Group Fitness	1000 Lights Out Spin	1630 Group Fitness	0500 Power Ride	1400 The Biggest Loser
	•	· ·	1630 EOD Functional	2000 Deck of Cards	0830 Beginning Spin	1400 The biggest Loser
1900 Reggaeton Ride Spin Class	1630 EOD Functional Fitness	1900 Soul Cycle Spin Class	1630 EOD Functional Fitness	2000 Body Attack	1300 Beginning Yoga	1800 Mac Attack
·		·	1000 D . D.L		1630 Clubbin Cardio	Spin Class
2000 Deck of Cards	1800 Reggaeton Ride	2000 Deck of Cards	1800 Reggaeton Ride Spin Class		1900 Soul Cycle	1830 Beginner's Yoga
	Spin Class	2000 Body Attack	·		2000 At Home Workout	2000 Body Attack
	1900 Flow Yoga	2100 Endurance	1900 Mac Attack Spin Class		2100 Endurance	,
	2000 Step Attack	Sculpting	2000 Step Attack		Sculpting	
	2000 otop Attook	, ,	ZUUU PISH ALLACK			
			2000 Evening Yoga			

^{*}Soin classes are held in 01-9-0-L.

funboss

MWR Schedule

"Join us in these exciting upcoming events!"

Sunday September 16 Board Games & Ping-Pong

Monday September 17 Paint & Sip

Tuesday September 18 Trivia: College Football

Wednesday September 19 Lego Building

Thursday September 20 Charades

Friday September 21 Karaoke

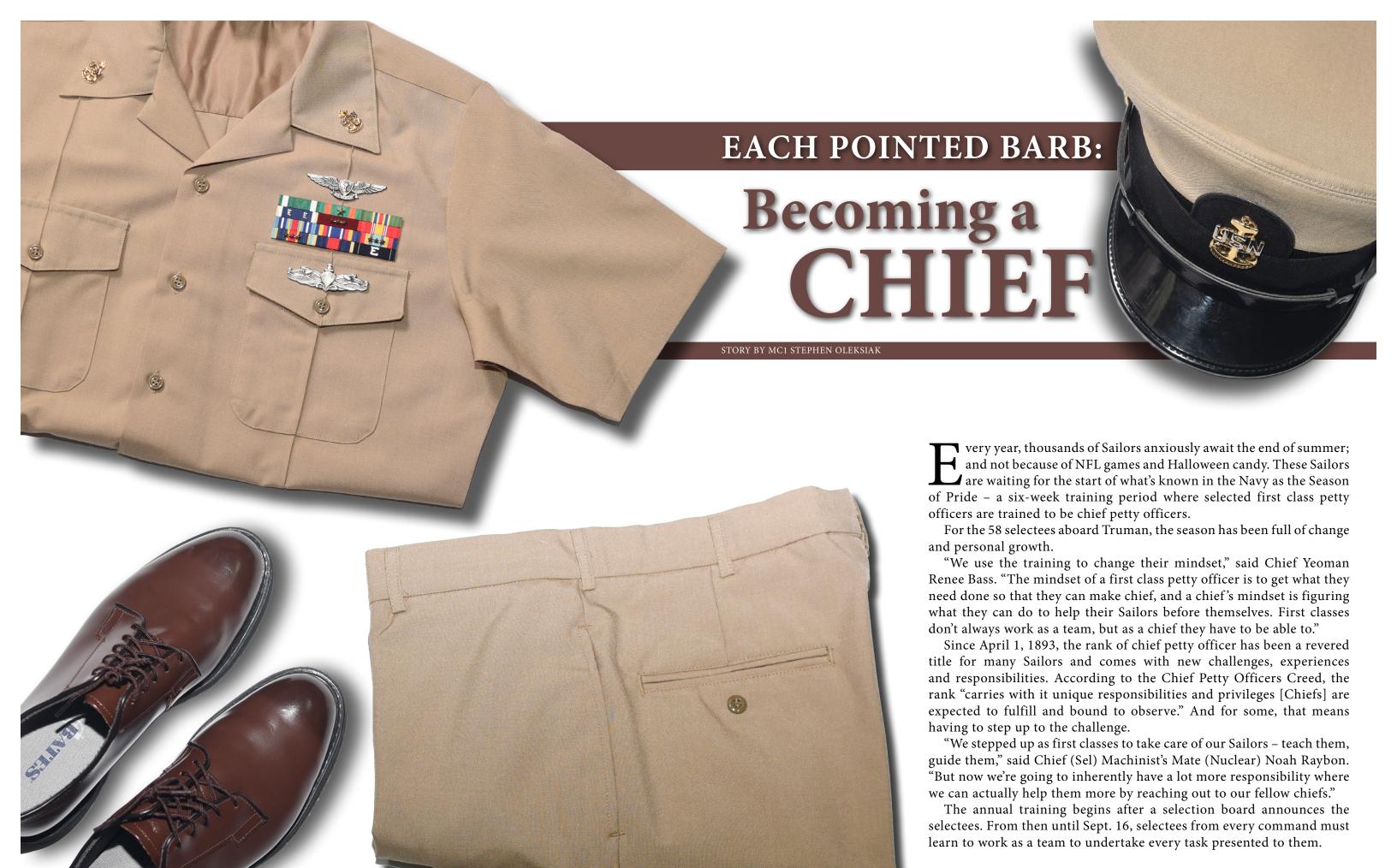


*All events take place at 2000 on the aft mess decks unless otherwise noted.

HERALD **4** SEPT 16, 2018

stYoga classes will meet their instructor by the connex box to get mats.

^{*}All other group fitness classes will be held in the hangar bay.



"I think it was mostly trial and error," said Chief (Sel) Hospital Corpsman Beth Hicks. "In the beginning, we were a bunch of first classes and still headstrong on how we got to where we were before, so we kind of stayed our course. But over the past couple weeks of butting heads with each other, learning how to communicate, work together, learning that we all have a piece in this big puzzle and making it work properly is what got us working more as a team."

Historically, chief petty officers have been charged with a number of vital tasks, including the development of enlisted Sailors and junior officers, as well as the keepers of Naval history and traditions. Effectively, Sailors transition to a Navy career as the subject matter expert, team manager and, most importantly, advisor.

"We are a brotherhood, a sisterhood, a fraternity because the percentage is small but the abilities that we have are great."

-YNC Renee Bass

"Sometimes that means mentoring them to get them the education and qualifications they need," said Bass. "Maybe you see them going down a path that isn't necessarily going to help them and try to guide them the right way. It doesn't matter if they plan on getting out of the Navy in one, four or 20 years – we set them up for success no matter what."



because to be a part of the Chief's mess reinforces what it means to be part of something greater, not just an individual.

"We are a brotherhood, a sisterhood, a fraternity because the percentage is small but the abilities that we have are great," added Bass. "I can help a Sailor that's stationed in Hawaii from here [aboard Truman] just by networking through the Chiefs Mess. We can get their qualifications or maybe they lost an evaluation and we can help get it to them – because that's what it's all about. We network to take care of each other and our Sailors."

A lot can happen in six weeks and for the selectees aboard Harry S. Truman, the memories and experience gained from this adventure will be something that will last forever.

"I'm always going to remember the people – the good and the bad," said Hicks. "There've been situations and things where I just won't want to think about them later, but it's been the people that made this experience."







FY-19 CHIEF SELECTS HOST 9/11 REMEMBRANCE-

Truman Sailors spent time reflecting on the lives lost to the innocent Americans and first responders. The impact of Sept. 11, 2001 terrorist attacks on U.S. soil.

8:45 a.m., Sept. 11, 2001: The first hijacked commercial New York. aircraft hit the World Trade Center's north tower, causing widespread casualties and catastrophic damage to the unfortunately let us know that there are enemies that are integrity of the building.

first building already ablaze," said Master Chief Aviation Boatswain's Mate Robert Stumm, Truman's air department leading chief petty officer. "At first, the sight did not register in my brain; it was surreal...It was one of the most stirring and decisive moments of my life. I knew then, I would be in the Navy for as long as they would let me stay."

A second aircraft would later hit the south tower, forever

At a 9/11 remembrance ceremony in the ship's forecastle, changing an iconic skyline. This claimed the lives of 2,996 these brazen attacks was felt around the U.S., especially

"It forever changed the way Americans [live] and willing to target the innocent to promote hate and violence "I remember turning on the television and seeing the at any cost," said Chief (Sel) Damage Controlman Christine Doleman, a Brooklyn, New York native and guest speaker at the 9/11 remembrance ceremony. "My father was a New York Police Department officer at the time, and he lost his canine and partner that day."

The U.S., a country that stood mostly untouched by foreign terrorism for years, had to come to a resolution.

"Sept. 11, 2001 changed our world and country forever,"





said Stumm. "It showed vulnerability at the heart of our Nation and created a resolve that will strengthen us forever. Our nation, in the storm of those events, joined together as

> "AMIDST THE DEVASTATION OF THE ATTACKS ON 9/11. AMERICA BECAME A NATION OF PATRIOTS. "

> > ABCM ROBERT STUMM

The Nation responded quickly, deploying military detachments to the heart of our adversaries.

"[The attacks] reminded us of the importance of keeping our guard up and always protecting the homeland," said Chief Warrant Officer Clarence Hall, Truman's communications officer. "Never forget the pain felt throughout the country. Respect the innocent lives lost, the brave first responders and countless lives lost fighting the war on terrorism."

The attacks on the World Trade Center, Pentagon and Flight 93 led America to rebuild and recover.

"Amidst the devastation of the attacks on 9/11, America became a nation of patriots," added Stumm.

More than 300 Sailors joined 58 chief petty officer selects during Truman's ceremony. Like Doleman, the ceremony gave Sailors a chance to speak about how these events forever

changed the lives of friends and family.

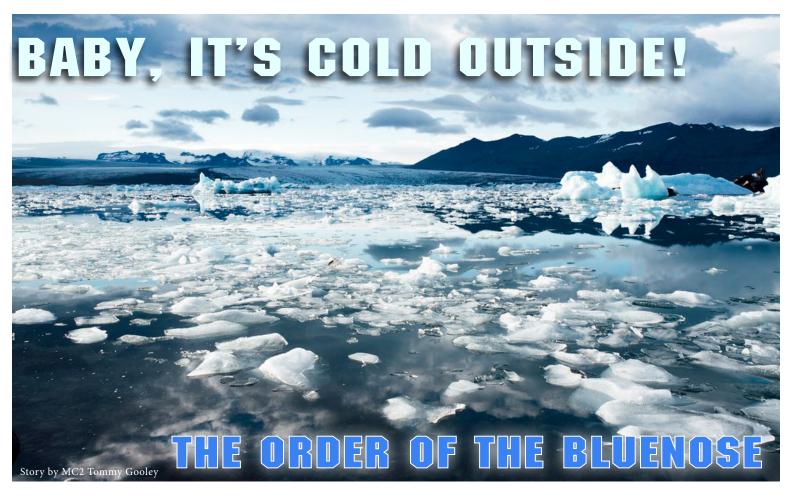
"To tell the story of my father to Team Truman is a great honor," said Doleman. "It allows for my fellow chief selectees and shipmates to connect to the realism of the 9/11 events. Time has flown by, but the [wounds] have yet to heal. It takes the day of the 9/11 remembrance to remind Americans to take care of one another because we all bleed red, white and blue."



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TIME	Ch. 7	TIME	SUNDAY 16SEP2018 Ch. 8	TIME	Ch. 10
700/1500/2300	FARLY MAN	0700/1500/2300	MR. HOLMES	0700/2000	THE ACCOUNTANT
900/1700/0100	SPLIT	0900/1700/0100	THE PRINCESS BRIDE	1000/2200	TERMINATOR: GENISYS
100/2000/0300	THE HUNTED	1100/2000/0300	RAMPAGE	1300/0100	THE HOLIDAY
1300/2200/0500	MULAN	1300/2200/0500		1600/0400	
1300/2200/0300	IVIOLAIN	1300/2200/0300	THE FOREIGNER MONDAY 17SEP2018	1600/0400	FORREST GUMP
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
0700/1500/2300	ROCK DOG	0700/1500/2300	A WRINKLE IN TIME	0700/1900	POC: CURSE OF THE BLACK PEARL
0900/1700/0100	PACIFIC RIM: UPRISING	0900/1700/0100	THE HITMAN'S BODYGUARD	1000/2200	FURIOUS 7
1100/1900/0300	BIG EYES	1100/1900/0300	THE LEGO BATMAN MOVIE	1300/0100	MIDWAY
1300/2100/0500	MEGAN LEAVEY	1300/2100/0500	RIDE ALONG II	1600/0400	MRS. DOUBTFIRE
1300/2100/0300	INIEGAN LEAVET	1300/2100/0300	TUESDAY 18SEP2018	1000/0400	IVIKS. DOUBTFIKE
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
0700/1500/2300	THE MAGNIFICENT SEVEN	0700/1500/2300	ANNIE (2014)	0700/1900	POC: DEAD MAN'S CHEST
0900/1700/0100	ALEXANDER AND THE TERRIBLE	0900/1700/0100	MIDNIGHT SUN	1000/2200	HACKSAW RIDGE
1100/1900/0300	PASSENGERS	1100/1900/0300	THE LEGO NINJAGO MOVIE	1300/0100	RACE
1300/2100/0500	THE FOREST	1300/2100/0500	MIKE AND DAVE NEED WEDDING DATES	1600/0400	SPOTLIGHT
	ETOREST	1500, 2100, 0500	WEDNESDAY 19SEP2018	1000/0400	Si OTLIGITI
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
0700/1500/2300	HOT TUB TIME MACHINE II	0700/1500/2300	DR. SEUSS' THE LORAX	0700/1900	POC: AT WORLD'S END
0900/1700/0100	ANNABELLE	0900/1700/0100	PAUL BLART: MALL COP II	1000/2200	NOW YOU SEE ME II
1100/1900/0300	STRANGE MAGIC	1100/1900/0300	ALONG CAME A SPIDER	1300/0100	THE PROMISE
1300/2100/0500	JIGSAW	1300/2100/0500	HOW TO BE SINGLE	1600/0400	SELMA
1300/2100/0300	JIGSAVV	1300/2100/0300	THURSDAY 20SEP2018	1000/0400	SELIVIA
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
0700/1500/2300	MORTDECAI	0700/1500/2300	BLADE RUNNER 2049	0700/1900	POC: AT STANGER TIDES
0900/1700/0100	ANNABELLE: CREATION	0900/1700/0100	PAPERTOWNS	1000/2200	RED SPARROW
1100/1900/0300	THE EDGE OF SEVENTEEN	1100/1900/0300	THE JUNGLE BOOK (1967)	1300/0100	GODS OF EGYPT
1300/2100/0500	LITTLE BOY	1300/2100/0500	FANTASTIC FOUR (2015)	1600/0400	INVICTUS
1300/1100/0300	ETTE BOT	1300/2100/0300	FRIDAY 21SEP2018	1000/0400	
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
0700/1500/2300	EX MACHINA	0700/1500/2300	NOCTURNAL ANIMALS	0700/1900	POC: DEAD MAN TELL NO LIES
0900/1700/0100	BLACK MASS	0900/1700/0100	THE POLAR EXPRESS	1000/2200	WONDER WOMAN
1100/1900/0300	JOHN WICK	1100/1900/0300	PROJECT ALMANAC	1300/0100	THE ZOOKEEPER'S WIFE
1300/2100/0500	RATATOUILLE	1300/2100/0500	THE BIG SICK	1600/0400	READY PLAYER ONE
			SATURDAY 22SEP2018		ACADITEMEN ONE
TIME	Ch. 7	TIME	Ch. 8	TIME	Ch. 10
7700/1500/2300	ELF	0700/1500/2300	THE FINEST HOURS	0700/2000	HIDDEN FIGURES
0900/1700/0100	FINDING NEMO	0900/1700/0100	LADY BIRD	1000/2200	THE AVENGERS
1100/2000/0300	JOHN WICK CHAPTER II	1100/2000/0300	SHAUN THE SHEEP MOVIE	1300/0100	ASSASSIN'S CREED
	TEAT THOR GIVE TENT	2200, 2000, 0000	SUPER TROOPERS	1600/0400	AUJAJJIN J CILLU





Talrus, huskies, foxes, wolves, whales, polar bears, reindeer and all other living denizens of the frozen north - friend or foe, knowingly or not, they all recognize the distinguished title of those who belong to a special breed of sorts - a Bluenose.

A Bluenose is no ordinary Sailor, but rather a Sailor revered by those who share the misfortune of missing out on a ritual that christens a rare group who braved perhaps the most challenging operating environment in this world

"Crossing the line ceremonies, such as the Bluenose ceremony for crossing the Arctic Circle, are customs [of the Navy] which harken back to the earliest days of seafaring," said Lt. Christopher Giglio, who became a Bluenose in 2016. "They are a direct link not only between us and the early Navy of the age of sail, but also mariners of every era and every nation. Keeping those traditions alive help us to preserve an immensely rich shared maritime culture."

Giglio said crossing the line ceremonies are an opportunity for the crew to build comradery by participating in a shared ordeal; all in the spirit of good fun.

"Sailors go through several different steps throughout the day on their way to earning their Bluenose. Doing so,

sense of teamwork and accomplishment," said Giglio.

Approximately 15 to 20 Sailors aboard Truman (not scientific) can call themselves a Bluenose, those who can identify as such will lead the ceremony for the rest of the

"I have no idea what becoming a Bluenose will entail," said Intelligence Specialist 2nd Class Alexandra Saldana. "I've only heard rumors, but I'm equally anxious as I am excited. It's a once in a lifetime experience and when all is said and done I'll get to say I am a part of a small group of Sailors that Blue-nosed aboard an aircraft carrier."

Carrier Strike Group (CSG) 8 Master Chief Michael Bates, a 30-year Bluenose, says these events are special and something Sailors will remember forever, especially this one.

"This Bluenose ceremony is unique to us because it has been thirty or so years since aircraft carrier has operated this high north," said Bates.

Aside from submarines, ships just don't get up to the Arctic that often, added Giglio.

"Epic chapters of maritime history have taken place in the Arctic and Antarctic, so Sailors earning their Bluenose will be joining a proud, select few," said Giglio. "Try to enjoy yourself. Every step along the way is designed to be safe and shoulder to shoulder, with their shipmates helps to add to a enjoyable in its own way, so embrace the spirit of the day."

Boreas Rex Says: The first rule of the Bluenose, is don't talk about the Bluenose — OPSEC!















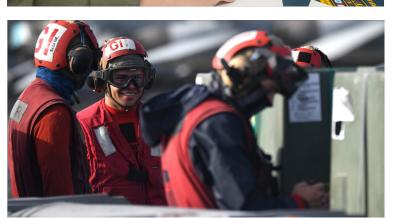




PHOTOS OF THE WEEK







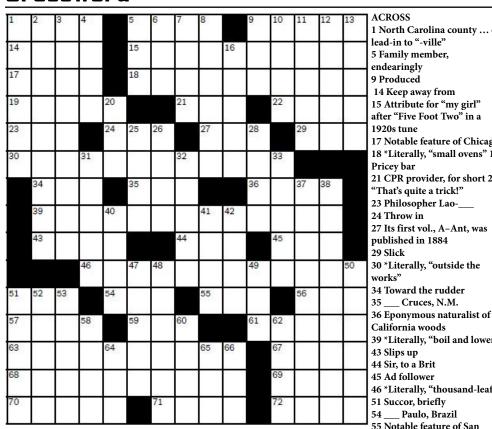








Crossword



- 57 Prefix with -nautic North Carolina county. 59 What the V sign can also ead-in to "-ville"
 - represent 61 Question after a bad pun 63 Iulia Child's PBS show.
 - with "The" ... or one associated with the answers to kept in it
 - the starred clues 67 Example of change 68 Ritzy hotel
- 17 Notable feature of Chicago accommodations 18 *Literally, "small ovens" 19 69 Ending with evil 70 Actress Spacek
- 21 CPR provider, for short 22 71 Contemptible sort 72 Capp of classic comics
 - DOWN 1 Just like 2 Historic political visitor to
- Pearl Harbor on 12/27/16 3 Want really badly 30 *Literally, "outside the 4 Inner: Prefix
 - 5 Energy 6 "Roger" in the Navy
- 34 Toward the rudder 35 Cruces, N.M. 36 Eponymous naturalist of 8 Writer after whom an
- asteroid and Mars crater are 39 *Literally, "boil and lower" named 9 #1 pal
 - 10 Jet-black 11 Secures, as scrapbook photos
 - 12 Like an otologist's exam
 - 13 Irascible 16 River gamboler 20 Small amount
- 56 Org. that monitors gas 25 "Guest" at a child's tea

- 26 Negotiation goal
- 28 50% to start? 31 ___ und Drang
- 32 Grammarian's concern
- 33 Food that comes in rolls 37 A quarantined person is
- 38 Like about 17% of the land
- in Holland 40 Org. with a feared blackand-white flag
- 41 Muscular 42 Old Chevy model renamed
- the Sonic 47 Certain trellis components
- 48 Revealing, in a way
- 49 Big name in comfy footwear
- 51 White House family of the
- early 1910s 52 "Vive ___!" 53 Work groups
- 7 Rose no longer seen in fields 58 Word sometimes substituted for "vour' 60 Interstates
 - 71 cross in its capital 62 Ancient Icelandic literary
 - work 64 " 'Havoc,' and let slip the dogs of war": Mark
 - Antony 65 I.F.K. stat 66 Provided sustenance

Where's Harry



Objects to Find:

Firetruck Spider Nail Disk Cigar Baseball This Week's Sports Story brought to you by Bandwidth Management 3...



GROEERY START-UP LETS YOU WALK RIGHT OUT

Story by New York Times

SAN FRANCISCO — One recent afternoon, the city's newest grocery market was trying to figure out whether I would buy, steal or leave behind a bag of white Cheddar popcorn — and so was I.

On its side: 27 cameras along the ceiling and a wealth of behavioral data. On my side: indecision.

Last week, San Francisco got its first completely automated cashierless store, Standard Market. Shoppers who have downloaded the store's app can go in and grab items and simply leave. There is no check-in gate, and there is no checkout swipe. Cameras identify the shopper and the items, and determine when said items leave with said shopper.

The start-up behind this operation is Standard Cognition, which has raised \$11.2 million in venture capital and formed partnerships with four retails chains around the world. This first market is a prototype to showcase the technology and work on the bugs. The ambitious goal is to add the tech in 100 stores a day by 2020.

Standard Market is the latest entry in the emerging fray of retail automation, where companies are throwing cameras, sensors and machine learning into grocery stores to replace the checkout line.

ceiling cameras and artificial intelligence software to figure out what you are buying.

The goal is to predict, and prevent, shoplifting, because unlike Amazon's Go stores, which have a subway turnstilelike gate for entry and exit, Standard Market has an open door, and the path is clear.

Once the system decides it has detected potential theft behavior, a store attendant will get a text and walk over for "a polite conversation," said Michael Suswal, Standard Cognition's co-founder and chief operating officer.

Predicting theft requires a lot of data about shoppers, much of which does not exist yet — "or at least no one is willing to give it to us," Suswal said.

The growth of cashierless technology could hurt the American labor force; there are nearly five million retail sales workers in America. But as Suswal has pitched Standard Cognition's technology, he said, he has found most shop owners are not looking to replace workers. They want their workers wandering the stores more, in hopes of luring shoppers back into brick-and-mortar retail.

"They all talk about new services, making shopping more fun, making it worthwhile to shop offline," Suswal

And they talk about data. While a store owner can look at receipts to see who bought a generic ketchup, cashierless Standard Cognition's approach relies exclusively on the technology can help tell if the shopper first picked up a Heinz bottle and how long he or she looked at it. Basically, now an owner can see what a customer did not buy.

Coffee Word Search

F W G R O U N D S J M E Y I A L L GEAEIPOLUUEPTJODS LYCAFFEINEGOASYPN EKCJEWASAASEHEA ETZATSIRABRETECSE ICRONHERROTSONB LHTIEAOFJPHGICAEC IUOBRNANSFCURABOF FINAUCREIKXEFACAR T S P R M O D W A I B R E W L L W STEAMANOILEVZUBAA O P H F T C P A M E R I C A N O N

> **AMERICANO CAFE ARABICA ESPRESSO BARISTA FILTER GROUNDS BEANS BREW ROAST CAFFEINE STEAM**

CONGRATULATIONS TO ALL THE NEWLY PINNED



CHIEF PETTY OFFICERS