

*Poor Richard, 2018.*

# Almaack

*Family Gram  
Edition*

*Home, Sweet Home*





# Captain's Corner

## *Revolutionary Families and Friends,*

We have completed our 6,300 nautical mile journey and have arrived safely in San Diego! I know for some our arrival is a reunion in a familiar place, and for others it is a new beginning. Whatever the case, I hope you enjoy this exciting new chapter for Bonhomme Richard and in your lives.

It took teamwork, dedication and professionalism from all hands for us to complete this patrol and homeport shift successfully and safely. You can be proud of each and every one of your Sailors and Marines for their service.

Supply Dept. and MWR hosted one more event before our return, a Sunday Funday in the Hangar Bay. Supply provided the food, and the First Class Association and Chiefs cooked and served the crew great food. The event featured several friendly competitions, including sumo wrestling and tug-of-war. A good time was had by all.

We left our Marine counterparts in Okinawa, and NBU-7 departed last month. This month we gave a fond farewell to HSC-22 as they departed for their home base of Chambers Field in Norfolk, Virginia. Fair

winds and following seas shipmates!

We donned our whites one more time and manned the rails as we returned to San Diego harbor. It is always an honor and privilege to represent the ship and Navy by standing proud as we arrive in port.

We accomplished a lot during this patrol that everyone can be proud of. We trained hard and participated in some of the area's biggest exercises, we enjoyed ports of call and built partnerships along the way. None of this could have been possible without you, and I thank you for your support. We stayed focused, were always ready, and made an IMPACTT every day!



~ Captain 'Mac'



# Ombudsmen Corner

## *San Diego Ombudsmen:*

Hello BHR Sailors and Families!!

We all hope that everyone is doing well and that those of you in San Diego are settling in and those still in Japan are getting ready to come and join us in sunny California!

As more families are making their way over, we just want to remind everyone that it is **EXTREMELY** important to call Tricare as soon as you arrive to change your coverage from Tricare Overseas to Tricare West. It is easy to do, but will take a little time on the phone, so be prepared to wait! The phone number to call is: 1-844-866-9378 and the best times to call are from 2-9pm and during the latter part of the week.

Now that more families are joining us in SD, we wanted to highlight some of the programs that may be helpful as you get settled. For more information on the following programs and to learn more about what they offer, please contact the Fleet and Family Support Center at their Facebook page FFSCSD or <http://sandiego.navylifesw.com/ffsc>.

## Upcoming Events

- 1) Resume Writing: May 10, 1-3 p.m., FFSC NB Coronado; May 18, 10 a.m.-12 p.m., FFSC Bayview Hills Branch
- 2) Love Long Distance: Long distance communication workshop and care package activities for children (WEBINAR): May 15, 3-4 p.m.  
Register at [www.cnic.navy.mil/ResiliencyWebinars](http://www.cnic.navy.mil/ResiliencyWebinars)

- 3) Welcome to San Diego: May 21, 2-4 p.m., FFSC NB San Diego, Bldg 263
- 4) Navigating Child Care Options in San Diego: 6/2, 8-9 a.m., FFSC Santee

Don't forget the fun! Take a look at [www.navylifesw.com](http://www.navylifesw.com) or on Facebook at San Diego Navy Community Recreation to view the entire WaveWinds magazine with all of the activities around San Diego for May and June! Some of the highlights include:

- 1) FREE! Outdoor Movie Night (Coco): Friday, May 18, 7:45 p.m., Murphy Canyon Youth Center Register: 619-556-9597
- 2) The Navy's 32nd Bay Bridge Run/Walk: Sunday, May 20, 8 a.m. Registration required: [www.navybaybridgerun.com](http://www.navybaybridgerun.com)
- 3) FREE! Glow Hike: Thursday, May 24, 6:30 p.m., Cowles Mountain (corner of Navajo and Golfcrest Dr.) Register: 619-556-9597
- 4) FREE! BEACHFEST: Saturday, May 26, 9 a.m.-2 p.m., NB Point Loma, Smuggler's Cove Info: 619-553-9138

Lastly, please remember that we are here to help if you need any assistance. Please contact us on our e-mail ([bhrlhd6omb@gmail.com](mailto:bhrlhd6omb@gmail.com)) or our Facebook page.

Your Ombudsmen are: Mirei Kesner- Sasebo, Kelli Chastain- Virginia, and Thais St Martin- San Diego

You can reach out to an Ombudsman no matter where you are through our e-mail: [bhrlhd6omb@lhd6.navy.mil](mailto:bhrlhd6omb@lhd6.navy.mil).

*Take care Gator Families!*

# BONHOMME RICHARD ARRIVES IN SAN DIEGO, COMPLETES HOMEPORT SHIFT

Story by MC3 Zachary DiPadova

The amphibious assault ship USS Bonhomme Richard (LHD 6) arrived in San Diego, concluding the ship's homeport change, May 8.

Since departing San Diego in April 2012 for Sasebo, Japan, to replace USS Essex (LHD 2) as the Navy's only forward-deployed amphibious assault ship, Bonhomme Richard had served as the flagship of the Amphibious Force 7th Fleet's expeditionary strike group.

During the six years serving forward deployed, the ship participated in exercises, such as the bi-annual exercise Talisman Sabre with the Royal Australian Navy, worked side-by-side with Marines of the 31st Marine Expeditionary Unit (MEU), and participated in exchanges with regional partners, such as Japan, Singapore, and Thailand.

Bonhomme Richard demonstrated its humanitarian and disaster relief response capabilities during search and rescue efforts following the 2014 capsizing of Korean ferry MV Sewol, and assisted with relief efforts following the Kumamoto earthquake in 2016.

"Bonhomme Richard was forward deployed to Japan during the past six years," said Capt. Larry McCullen, Bonhomme Richard's commanding officer. "This crew and every other crew that has served on the ship during that time can be justifiably proud of their accomplishments while executing our nation's business in the challenging FDNF environment. The ship performed at

a high level of excellence during exercises and in response to real-world events. We are honored to be part of this moment in the ship's history and the crew is excited to have San Diego as our new homeport. We accomplished much while serving in the 7th Fleet and I am happy to report that Bonhomme Richard stands ready to complete any tasking and any mission in support of 3rd Fleet."

In addition to completing training and exercises, the Sailors and Marines participated in cultural exchanges, and took part in community service projects in Japan at nearly every port the ship visited in the Pacific. The crew also helped those in need in the Sasebo community through food drives, holiday gift giving, feeding the homeless, and helping at local schools.

"The Sailors of Bonhomme Richard did a phenomenal job while living and working in 7th Fleet," said Bonhomme Richard's Command Master Chief Theron Fischer. "They've shown that Sailors and Marines can truly make a positive impact on their community as U.S. ambassadors. As we acclimate to our new homeport, I believe this crew is ready for any challenges that our new assignment has in store for us."

Master-at-Arms 1st Class Magarrett Barnes, security department leading petty officer, said he has been looking forward to Bonhomme Richard's arrival in San Diego, and expressed his excitement to be living in California.

"I love Japan, and I enjoyed my time there, but I am happy to return to California and San Diego," said Barnes. "San Diego has everything you could ask for. It has any type of food you want, the night life is great, the beaches are awesome, and when you add all that up with perfect weather year-round, it makes it a pretty nice place to live."

USS Wasp (LHD 1) recently took over duties from Bonhomme Richard in Sasebo as the Navy's only forward-deployed amphibious assault ship.

While homeported in San Diego, Bonhomme Richard will stand ready to conduct operational tasking in the U.S. 3rd Fleet area of responsibility before entering an extended maintenance availability, including upgrades and modernization to operate the F-35B Joint Strike Fighter.







# Warfare



## SURFACE WARFARE

HM2 ROSE HERSOM  
HM2 NATHANIEL GARRETT  
MM2 ANTHONY WEITZEL  
MMFN STENLEY FONGSAM  
HM3 DOMINIQUE SCOTT  
HM3 MICHAEL JAMES  
HM3 MARTIN SALINAS  
HN LEIANNA ADAME  
HT2 AUSTIN GRIFFITHS  
OSSN ERIC ALEXANDER  
MR2 KURT BARTELS  
MRFN TRISTEN YANG  
FC2 FRANKLIN MARTINEZ  
MM2 GLENN NEWBINS  
EM3 KYLAN BARKER  
GSE3 ALEXIA LAMBRINIDES  
GSE3 ALEXIS LOPEZ  
GSE3 GREGORY WALLACE  
GSE3 PRESTON TOOKES  
FC2 KYLE SABARA  
SN ANDREW GARCIA  
CTR2 JAYCE CORDIER  
OS2 CALVIN NGUYEN  
AN MITCHELL CUNICO  
GSM3 KIEON WARE  
EN2 AKERRIAN MCCRIMMON  
MM3 LUCAS VALLEAU  
AO3 ALEXCIA BROWN  
ABH1 CHARLES JIMERSON  
FC3 KIERAN NELMS  
NC1 MALIK COLEMAN  
SN JOSE PONCE  
EMFN LI DOYLE  
ADC ADRIAN DOYLE  
FC3 RALPH GEFFRARD  
AN DEAN BEGGS  
ABFAN COURTAZ KING

BMSA SERGIO QUINTANAL  
SN CODY MITCHELL  
ET3 JOSHUA CROCKETT  
FC2 TARA NIGHSWOGER  
DCFN ALEMIO FISCHER  
FC3 CONRAD VERGARA  
GM3 YUSEF REYNOLDS  
FC3 CHRISTOPHER LUGUINES  
GM3 CHRISTIAN MCCONNELL  
FC3 CHRISTOPHER MCCALLUM  
FC3 BENJAMIN PRUITT  
EM3 TREVOR LEATHERWOOD  
EMFA KYLIE MONKO  
SN STEVEN GALEP  
LS3 JIALONG LI  
DCFN MAKSIM GERGALO  
HTFN VISAL SATH  
FN KSHAWN SPRADLEY  
MMFN JUAN DELEON  
FC3 ANDREW HILL  
FR ANTHONY BRYAN  
LSSN COLIN PRONE  
SN BRADLEY HEBERT  
MR3 ADRIAN LUJAN  
FN NEAL RATHOD  
CS3 PARIS DAVIS  
MM2 EMMANUEL CHICAS  
LS2 CARLTON DUNCAN  
AO1 FERNAN DEL DONNO  
AS2 ANDRE COLLINS  
ABF1 JUNNELL CARANDANG  
CSSN AUSTIN KULIG  
ET3 DAVID DERA  
LS2 AJILE ADAMS  
DC3 JEFFREY GARVIN  
MM2 NOAH HEINTZ  
CS2 JONATHON JURADO

EN3 JARELLE LEE  
ET2 JOSHUA PURCELL  
OS3 CESAR GONZALEZ  
BMSN JAALEN ADKINS  
ETS JAMARCUS LOVE  
SN GEOVANNI FELIXCONTRERAS  
YN3 JAMAL THOMPSON  
ET3 DAUNTE FLOYD  
SN RICHARD ALEMAN  
AT3 FRANCIS MATEODIAZ  
MM2 DUDSCOTT MALFERRARI  
AT2 JESSICA MARTINEZ  
GM2 TAMEKA SEYMORE  
HM2 DANIEL BUCK  
MMFN JUSTIN HASHIMOTO  
MM3 AARON FELIX  
EM3 WISLEY BANAGO  
HTFN BRANDON GUNTER  
MMFN LIAM BRIGGS  
FN GARRET WEIKAL  
LSSN JOSEPH JUSTICE  
DCFN CHRISTOPHER  
MITCHELLPICKETT  
HN EMMANUEL FLORES  
IC3 JACOB FLYNN  
IC2 MICHAEL LANDERS  
IC3 TASHA SOARES  
IC3 KIRSTY ROTHMAN  
FN DEAN COOTE  
OS3 ERIK BAKER  
HM2 ISAAC AMANING  
MM3 RYAN WIGGINS  
AWS2 BRANDON LARNARD  
AWS2 ANDY BLESSING  
IT3 PETER BONACUSE  
OS3 JEFFREY BRADLEY

# Warriors

## AVIATION WARFARE



OS1 MARCIAL  
AC3 MALCOLM SMITH  
AO3 JUSTINA MYRICK  
ABHAN NOAH HAMPTON  
AO3 BRYSON JONES  
AO3 RYAN KEELE  
AO2 VINH LE  
OS2 NEYSA JASKIEWICZ  
ABFAN KAELLYN HALL  
EM2 MICHAEL FALLON  
OSC JAMES MAREK  
AN DANE SANDT  
MAC ALEX DORAIS  
AN MITCHELL CUNICO

MM3 BRANDEN STITT  
ABFAN ZACHARIAH GRIGSBY  
AN OMAR OLMOS  
FC2 JAMISON GUTIERREZ  
AN RICHARD KASTLGIVENS  
MM2 MASON HOUSLEY  
EM2 JORDAN JOHNSON  
FC2 KATHRYN SNYDER  
ABFAN KALS LAMPTEY  
AN DAMONCI HARDY  
CTR2 ELIZABETH JOHNSON  
AZ2 DMARICON MITCHELL  
GSM2 PATTERSON (NBU7)  
AZ3 MANUEL TORRES

ET2 JEAN HORNBECK  
AMAN CHARLES MULRAIN  
AS3 RYAN MARTELL  
AC3 WAY  
AZ3 MATTHEW ZAFRA  
AA KAMERON EDMONDS  
HT2 JONATHAN GORDON  
IT2 JAMES KING  
AT3 EDDIE TENA  
CS3 SHALIK ROLLE  
ASAN MARCUS NAUGLES  
AMAN DAVID KELLNER  
AN AIDAN BANKERT



## INFORMATION DOMINANCE WARFARE

IT2 EARNEST YOUNG  
AZ1 JENSEN SANDERS  
FC2 BRIAN GERN  
CTM1 ROBERT DUNLAP  
CTT2 CONNOR JAMESON  
AG3 JESSICA ANDERSON  
CTRSN ROBERT VANDY  
CTR1 DANIEL HUTCHERSON  
CTT2 KYLE MCCARTHY  
AG2 MATTHEW BECKEL  
IT2 ROSEMARY CARTER

CTT2 GEORGE GUZMAN  
BM2 CLINT JORDAN  
GSMC JEFF BERNAL  
OSC JAMES MAREK  
CMDCM THERON FISCHER  
IT3 JEFFERY CINTRON  
ITSN HUNTER BLISS  
FC2 CEDRIC DEMMING.  
FC2 NICHOLAS RINGROSE  
IT1 REDITH WILSON  
ET2 PATRICK JOHNSON

IS3 AUSTIN DETRICK  
IS3 ALEXANDER MACNAMARA  
IS2 GREGORY HACKETT  
ASC BRYAN TAYLOR  
LNC RU LI  
ITSN JAIALE ALVARADO  
IT3 RYAN GLOVER

## SURFACE WARFARE OFFICER



ENS TASHA TALBOT  
ENS GERARDO CONTRERAS  
LTJG MICHAEL BERNHARDT

ENS MELISSA TRYKOWSKI  
ENS LAUREN MARTIN

ENS SALOME OK  
ENS HENRY LU





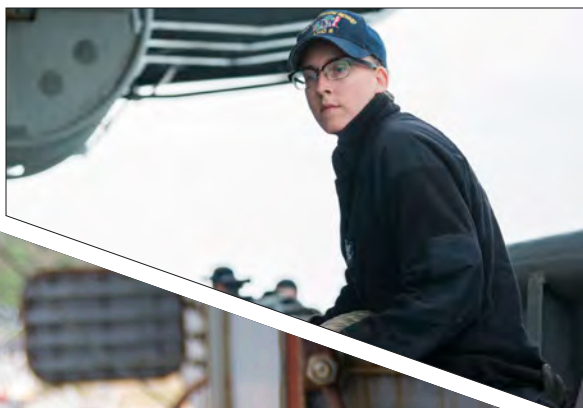
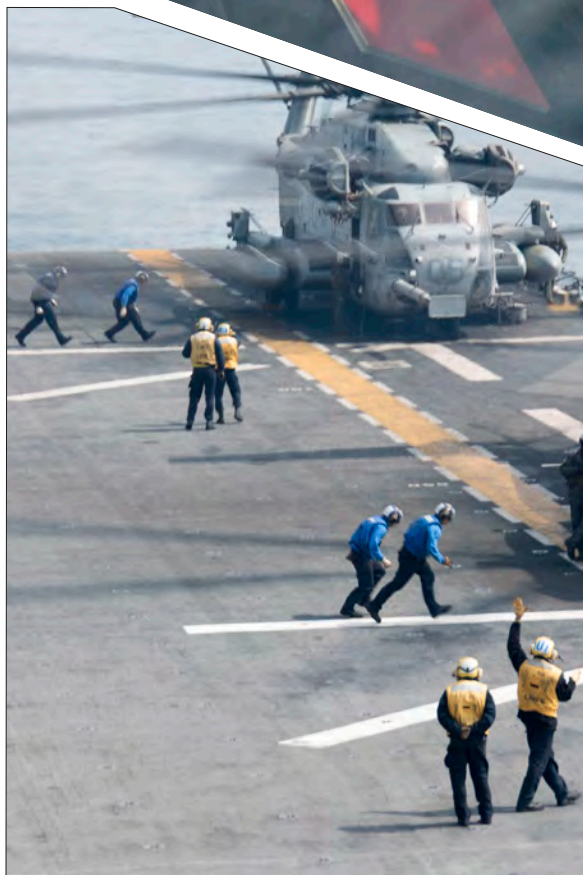




Warriors



AIR



DECK





# ENGINEERING

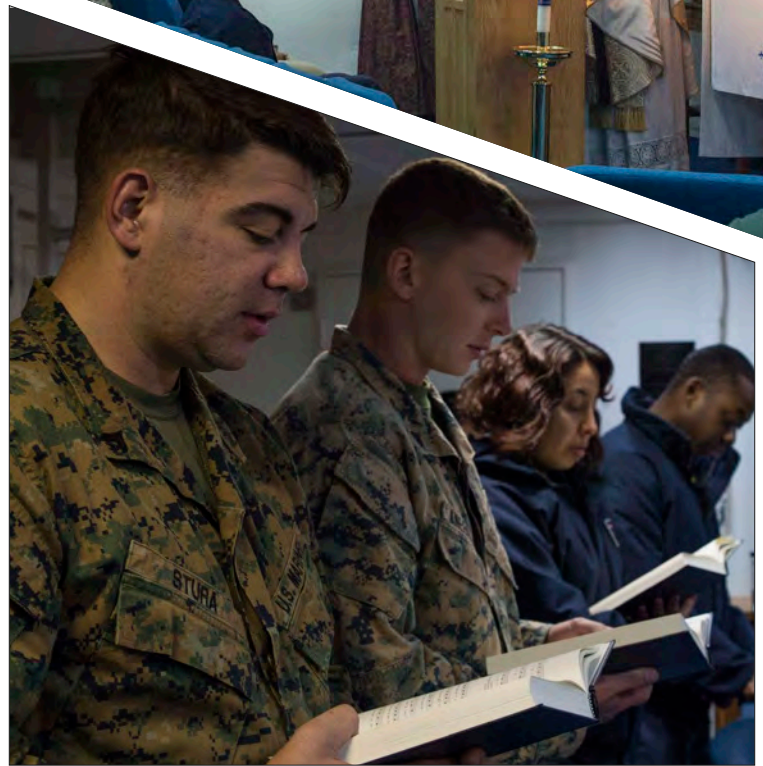


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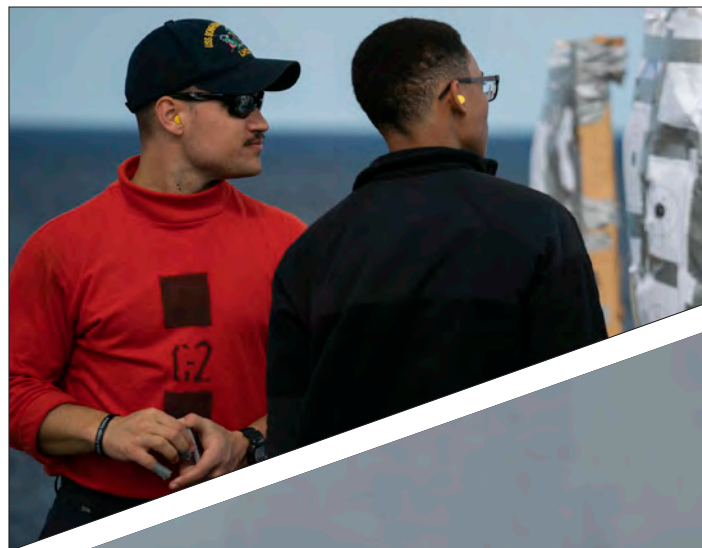
# Religious Ministries



MEDICAL



# OPERATIONS



# WEAPONS



EXECUTIVE



SUPPLY





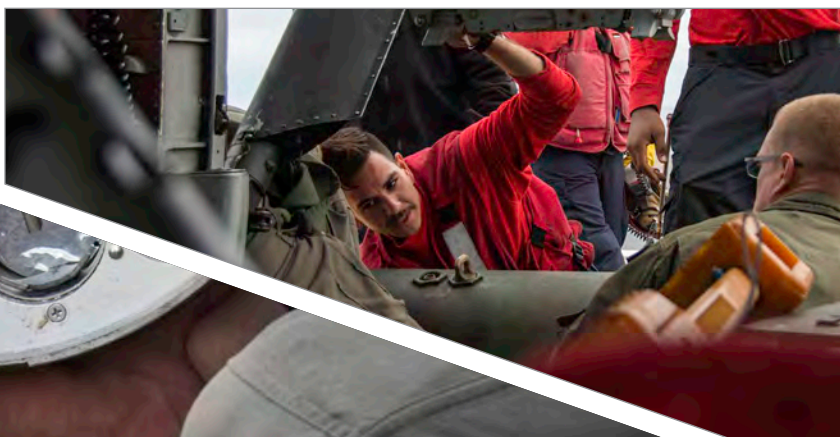


NAVIGATION

AIMD



# HSC 22





FAREWELL





# DEPLOYMENT 18.1

*January 23*  
BHR Departs Sasebo



*February 1*  
Okinawa, Marine Onload



*February 16*  
Cobra Gold



*January 27*  
Mt Fuji



*February 11*  
Arrival in Thailand



*February 23*  
Thailand (Round 2)





# & HOMEPORT SHIFT

*March 4*  
Manila



*April 9*  
Okinawa, White Beach Fest



*April 27*  
Pearl Harbor



*March 12*  
Okinawa



*March 16*  
Sasebo, Sayonara



*May 8*  
San Diego, Our New Home





