

# The Mountain Warrior

MOUNTAIN

**Quarterly Newsletter** 

1 st Brigade Combat Team, 10 th Mountain Division (LI)

Highlights from 4th Quarter, FY2018

# "Find a way or make one!"

## **1BCT SHOWS PRES. TRUMP WE'RE MOUNTAIN TOUGH!**



Our 1-87IN and 3-6FAR Soldiers showed President Donald Trump and Maj. Gen. Walter Piatt, 10th Mountain Division and Fort Drum Commander, what fast and lethal looks like with a Mountain Warrior air assault and gun raid demonstration during the POTUS visit, Aug. 13, 2018.

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Now that Summer has ended here in the North County, let's take a look back at how 1BCT trained its Soldiers, honored local heroes and tested the mettle of its Officers. Photos from left are the 3-6 FAR Black Cat Ball Tournament, Bravo Battery, 3-6 FAR firing a 21-gun salute during President Trump's Fort Drum visit, and the Seneca Rocks Best Lieutenant Competition.







## 1st Brigade Combat Team, 10th Mountain Division (LI)



**COL Shane Morgan** Warrior 6



**CSM Wendell Franklin** Warrior 7



LTC Horrigan Chosin 6



**CSM Weaver** 



Chosin 7



1-32IN



**CSM Bond** Summit 7



LTC Schneider

**Summit 6** 





**LTC Wence** Courage 6



**CSM Farlow** Courage 7







LTC Palmore Sherpa 6



**CSM Terrell** Sherpa 7



LTC Goettke Centaur 6



**CSM Blackwell** Centaur 7





**LTC Jones** Hammer 6



**CSM Wilson** Hammer 7





LTC Lowell **Ghost 6** 



CSM Updike Ghost 7



3-71 CAV



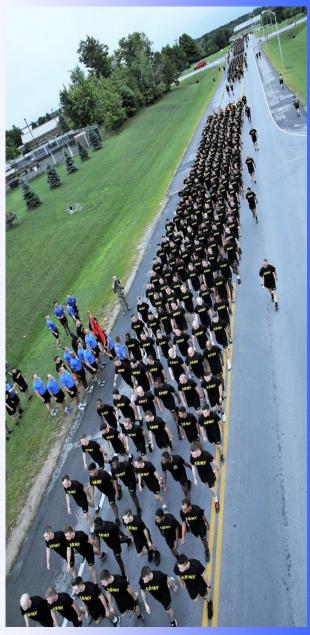


## 1ST BRIGADE COMBAT TEAM RUN, AUG 30, 2018









## **1ST BRIGADE COMBAT TEAM RUN, AUG 30, 2018**



(Left) Battalion Soldiers collide during the 1BCT Warrior Rumble Competition as Operations SGM Jerry Heim officiates. The Warrior Rumble pitted two-man teams from each of the seven Battalions to do battle in exciting esperit de corps pugil stick combatives that followed the 1BCT Brigade run.

(Right) An ultra-motivated SPC Ragland charges ahead as the 3-71 CAV guidon bearer in a show of Battalion pride leading into the Warrior Rumble Competition.



(Left) Winners of the Seneca Rocks Best LT Competition, 2-22IN Soldiers, are recognized by Brigade leaders and awarded with a commemorative 1BCT OPERATION SENECA ROCKS Snowshoe following the Warrior Rumble. From left: CSM Farlow (2-22IN), CSM Franklin (1BCT), 1LT Aigeldinger, 1LT Schultes, 1LT Monahan, 1LT Smith, 1LT Marlar, 1LT Dow, 1LT Mcleroy, LTC Wence (2-22 Commander), and 1BCT Commander Col. Shane Morgan.



(Right) 1-32IN Soldiers stare down the competition before unleashing with heavy infantry style pugil stick combatives during the Warrior Rumble competition.

## **1BCT Runs Army Ten-Miler**

FORT DRUM, N.Y. (Oct 8, 2018) -- Four 1st Brigade Combat Team, 10th Mountain Division Soldiers represented the "Mountain Warriors" in the Army Ten-Miler with their Fort Drum teammates in the Washington, D.C. classic, Sunday. The humid day fueled competitive grit in these infantry brigade Soldiers who are known for their "Find a Way or Make One" motto and "Ready Now" spirit. After the run, Army Chief of Staff Gen. Mark A. Milley, who is a former 10th MTN DIV and Fort Drum Commanding General, invited the Fort Drum team to his home and celebrated the occasion.

"I had a great time and I'm very happy I had the opportunity to run in Washington, D.C.," said Capt. Le Mar Baliwag, Support Operations Officer, 10th Brigade Support Battalion, 1BCT. "General Milley gave us a grand tour and that was really awesome."



(Above) From left, Capt. Le Mar Baliwag, 1st Lt. John Brewer, and 1st Lt. Andrew Giller, all 1BCT, 10 MTN DIV Soldiers, during their morning Army Ten-Miler practice runs. Photos by Mike Strasser and Capt. Ed Robles

Each of the runners drew their inspiration, motivation and drive from a different source.

"At 1st Brigade we are intensely busy," said 1st Lt. John Brewer, Platoon Leader, 7th Engineer Battalion. We don't just get it right the first time, we have to get it right every time. I equate it to long distance running. You have to have endurance."

"I just love to compete," said Baliwag. "Running with the team allows me to do that and better myself."

Fort Drum provided solid proving grounds for 10th Mountain Division newcomers leading up to the Ten-Miler main event.

"I was surprised at the level of competition at Fort Drum," said 1st Lt. Andrew Giller, Battery Executive Officer, 3rd Battalion, 6th Field Artillery Regiment. "I considered myself a fast runner and I barely made the team this year. The time trials proved to have a lot of tough competition and I found myself trying to chase people down one by one."

"The Fort Drum competition was stiff," echoed Baliwag. "There are several ex-collegiate athletes on the team and a lot of gifted runners. I like being surrounded by these guys because it helps me push harder."

The Soldiers noted that Fort Drum's long, brutal "North Country" winters present additional challenges for competitive athletes.

"During the winters, the treadmill or the cold need to become your best friends," said Giller.

"This will be my first Fort Drum winter," said Baliwag, who formerly ran for the 25th Infantry Division in Hawaii. "I heard cross country skiing and snow shoeing is a good workout. I plan on getting a trainer to help increase my cardio when it gets too frigid."

Brewer expressed that his desire to run was rooted in something stronger than the challenges of extreme weather.

"I feel it's primal," said Brewer. "We are hunters and we are meant to run. It's what I was meant to do. If you have your cardio right you can't go wrong."

(Continued)

### **1BCT Runs Army Ten-Miler**

As light infantrymen, 1BCT Soldiers fight on their feet when defeating foes on the battle field in any environment on the planet, and that elite level performance helps to consistently produce some of the best competitors in the Army Ten-Miler.

The biggest impression made on the runners was their new-found camaraderie hundreds of miles away from their upstate New York community, and the strong support from thousands of spectators in the nation's capital.

"It is incredible to see so many people from across the Army and nation come together to race or to cheer on racers," said Giller. "The energy during the race was awesome and there was always someone out there motivating you to keep going."

Story By Capt. Ed Robles



1st Brigade Combat Team, 10th Mountain Division members of the Fort Drum Ten-Miler Team celebrate with 1BCT Leaders in front of Army Chief of Staff Gen. Mark A. Milley's home after a successful Army Ten-Miler event in Washington, D.C.

From left: 1st Lt. Nathalie Rosado-Burgos, 1st. Lt. Andrew Giller, CSM Wendell Franklin, Col. Shane Morgan (1BCT Commander), Capt. Le Mar Baliwag, and 1st Lt. John Brewer

#### **1BCT Rocks the Best Lieutenant Competition**

FORT DRUM, N.Y. (Sep. 6, 2018) -- The 1st Brigade Combat Team, 10th Mountain Division (LI), launched its first OPERATION SENECA ROCKS Best Lieutenant Competition at Fort Drum, Aug. 29. The competition's name pays homage to the Seneca Rocks, West Virginia, training area where, from 1943 through 1944, 10th Mountain Soldiers validated their mountain warfare training to earn the Division's "Mountain" tab insignia. The Soldiers validated at Seneca Rocks went on to seize German artillery positions on Riva Ridge in the Apennine Mountains of Italy during World War II.

Twelve teams from across the BCT's seven battalions participated in the event, which focused on training fundamentals through testing eight warrior tasks: Land Navigation; Call for Fire; Recognition of Combat Vehicles (ROC-V); Chemical, Biological, Radiological, and Nuclear



1LT Knox, 3-6 FAR, disassembles an M240B during the OPERATION SENECA ROCKS Best LT Competition. Photo by Capt. Ed Robles

(CBRN); Weapons Assembly; Vehicle Maintenance; Radio Communication, and Combat Casualty Care. After completing the hands-on testing, each leader took an individual written test to complete the competition. During the exam the BCT Commander greeted and spoke to all participants, and provided insight to their future operations while fielding their questions.

"Competitions bring out the best in our Soldiers," said Col. Shane Morgan, Commander of 1BCT, 10th MTN DIV.

"Although these tasks are fundamental skills, we don't perform them every day and we need to practice. No different than high school, college, or a professional sports team, you must practice the basics, and we must have multiple repetitions before executing under pressure. The best lieutenant competition serves as a way to train our leaders on the basic tasks that every Soldier must know, and those critical tasks that every Soldier must feel confident executing while under pressure."

Soldiers raced against the clock to eight warrior task stations throughout Fort Drum, where they were graded on demonstrated skill level. Teams were also tasked with physical exercises between stations to increase the challenge.

"We were pushed to our physical limits and I enjoyed it," said 1LT Bradley Davidson, troop executive officer, 3rd Squadron, 71st Cavalry Regiment. "We had to treat multiple mock casualties, which is something we rarely get to do."

"I thought it was great to get back to the basics," said 1st Lt. Lyle Regalado, platoon leader, 3rd Battalion, 71st Cavalry Regiment. "Sometimes platoon leaders and company executive officers can be so far removed that we may not practice things such as MOPP (mission orientated protective posture) gear for the chemical lane".

First Lieutenants Jonathan McElroy and Nathan Dow, both of 2nd Battalion, 22nd Infantry Regiment, credited their team's victory to practice and competition.

"This event was very competitive, and great for anyone who has a competitive nature," said McElroy.

"Competition forces you to prove your greatness, and prepares us for the fight ahead," said Dow. "We should always work towards being more lethal on the battle field. War is high stakes and we're ready now."

The event was also a strong measure of the ability to lead Soldiers by example.

(Continued)

## **1BCT Rocks the Best Lieutenant Competition**

"The Seneca Rocks competition provided the opportunity for lieutenants to show they are as technically and tactically proficient as the Soldiers they lead," said Command Sgt. Maj. Wendell Franklin, 1BCT, 10th MTN DIV. "There is no greater inspiration than leaders who routinely share in their team's hardships. The hardship and training they put themselves through in this event not only inspired their own Soldiers, it also inspired everyone in this Brigade Combat Team."

Completing the competition also gave Soldiers a chance to reflect on the opportunity to lead and the importance of consistent improvement.

"I believe it is our privilege to lead Soldiers," said 2nd Lt. Melissa Lara, 1st Battalion, 32nd Infantry Regiment. "This event was great because it helped me improve as a leader and my Soldiers will be better for it."

"This was a reminder to always challenge ourselves," said 1st Lt. Jeffrey Davenport, 10th Brigade Support Battalion, 1BCT. "Gaining better self-awareness is a big part of being a leader, and I think it's going to help me and my Soldiers driving forward."

Story and photos by Capt. Ed Robles



From left: 1LT Regalado and 1LT
Davidson, both 3-71 CAV Soldiers, apply
pressure to the chest wound of a
simulated casualty during the
OPERATION SENECA ROCKS Best LT
Competition at Fort Drum.

## **1BCT SENECA ROCKS BEST LIEUTENANT COMPETITION, AUG 29, 2018**

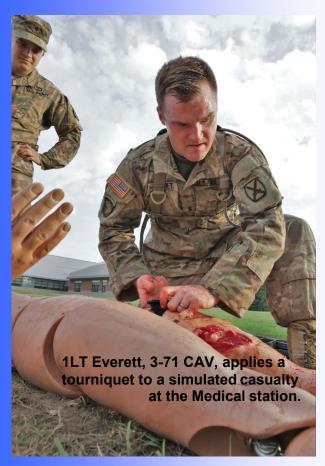


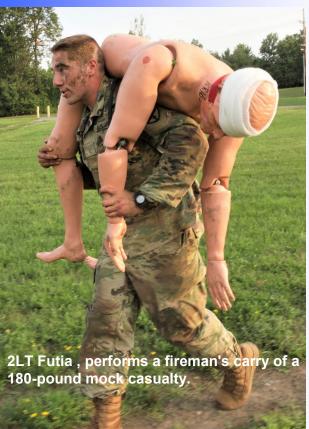






## **1BCT SENECA ROCKS BEST LIEUTENANT COMPETITION, AUG 29, 2018**













Deeds, Not Words

## 2nd Battalion, 22nd Infantry Regiment "Courage"



2-22IN Soldiers and their families enjoyed their Organizational Day at Remington Pond. Our Unit is stronger because of our Families.



2-22IN hosted a great Distinguished Order of the Mountain Warrior (DOMW) induction ceremony at the Triple Deuce Organizational Day, Tuesday, Aug. 28, at the SSG Truman Cool ballpark behind Magrath Sports complex. Our most recent honorees included Dawn Esposito (2-22 Gold Star mother), the American Veterans (AMVET) of New York, and the 22nd Infantry Regiment Society. The DOMW is 1BCT's hall of fame and honors those special individuals and groups who contribute and care for our Soldiers and families.



1BCT welcomed home two of our Mountain Warriors from Iraq. Spc. Lancaster (left), and Spc. Bonner (right), scouts with HHC, 2-22IN, served with distinction in support of Operation Inherent Resolve. Lt Col. Wence (center), 2-22IN Commander, was on hand to welcome them home.



2-22IN Soldiers stand with Vice President Pence (center), and Congresswoman Elise Stefanik (NY 21st District), during the POTUS visit to Fort Drum. 1BCT played a key role in welcoming the President to the North Country where he signed the National Defense Authorization Act.



Against All Odds!

# The Mountain Warrior "Find a way or make one!"

## 1st Battalion, 32nd Infantry Regiment - "Chosin"



1-32IN Soldiers and their Families participated in the MWR's "Color Me Fun" 5k run here at Fort Drum. The run featured multi-colored powders thrown by race participants and workers at the event.



Soldiers with 1-32IN test their mettle during a team competition designed to encourage esprit de corps and foster teamwork. The competition included tire flips, an HMMWV push, deadlifts, and more.



Pvt. 1st Class Nicholas Janzen, a medic with 1-32IN assigned to the Task Force Darby Medical Team, examines a young boy at the Saare Jabbaama boy's home for medical issues in Garoua, Cameroon, September 8. The TF Darby Medical Team worked with the TF Darby Civil Affairs Team to build lasting relationships and deter extremist recruitment.



PFC. Enciso with Combat Co., 1-32IN hugs his son, born during his deployment, for the first time at the Welcome Home Ceremony honoring the company's return from a six-month deployment in Cameroon. C Co., served a key supporting role in Cameroon's fight against the violent extremist organization Boko Haram.



#### Vires Montesque Vincimus

## The Mountain Warrior "Find a way or make one!"

## 1st Battalion, 87nd Infantry Regiment - "Summit"



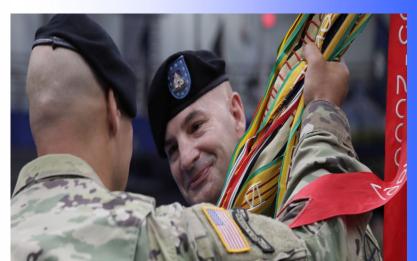
Alpha Co., 1-87IN Commander CPT Reed (center) is all smiles as President Donald J. Trump is presented with a 10th Combat Aviation Brigade challenge coin following an air assault and gun raid demonstration at Fort Drum.



Specialists Christopher Cave and Terrance Lapitan of 1-87IN won the title of Best Medics in the 10th Mountain Division. Both Soldiers, who have deployed experience as line medics in Afghanistan, performed in this three-day competition that included a Combat Water Survival test, Light Fighter School obstacle course, 16.5 mile road march, and combatives.



LTC Erich Schneider (right), accepts the 1st Battalion, 87th Infantry Regimental colors, signifying his assumption of command from 1st Brigade Combat Team, 10th Mountain Division Commander Col. Shane Morgan during the 1-87IN Change of Command Ceremony held at Magrath Sports Complex.



CSM Jeffrey Bond (right), incoming 1-87IN CSM, accepts the Battalion Colors from LTC Erich Schneider, 1-87IN Commander, during the Change of Responsibility ceremony at Magrath Sports Complex.



## "Find a way or make one!"

## 3rd Squadron, 71st Cavalry Regiment "Ghost"



SFC Schuler holds his prize winning catch during the 7th Annual Muskie Challenge hosted by the American Legion Post 514. Schuler also won the overall event.



Lt. Col. Lowell (right), 3-71 CAV Commander, and CSM Updike (left) present a Senegalese officer with a token of camaraderie after several weeks of combined training and knowledge sharing.



The 3-71 CAV Spouses Kickball Team were the 1BCT Champs this year, narrowly beating out 3-6 FAR and 7th ENG.



During Live Fire Crew Gunnery, Brig. Gen. Donahoe, Deputy Commanding General, 10th Mountain Division and Fort Drum, visited the intense training and spoke with our Warriors.

Swift and Bold

## The Mountain Warrior "Find a way or make one!"

## 3rd Battalion, 6th Field Artillery Regiment - "Centaur"



**3-6 FAR worked with 3-71 CAV to coordinate fire support during an A-10 Warthog live fire event with the 20th Air Support Operations Squadron.** 



Sgt. Jeremy Roark (center), 3-6 FAR, 1BCT, describes the capabilities of a M119 Howitzer during the "Warriors on the Northern Frontier: Past and Present" event at the Sacket's Harbor Battlefield State Historic Site, Aug. 4, 2018.



**3-6 FAR Soldiers and their families celebrated the end of long days and nights of training with an Organizational Day which included food, fun and games.** 



SGT Northrop shows sky-high pride as the guidon bearer for 3-6 FAR during the 1BCT Warrior Rumble Competition after the Brigade Run. Swift and Bold!



#### Fight to Win

## 7th Brigade Engineer Battalion "Hammer"



7th ENG families had a great time cheering for their team during the 1BCT Spouse Kickball Tournament. Events like these help build relationships that will last a lifetime.



7th ENG Soldiers play rounds of cornhole with their families during Organizational Day at Remington Pond.



Lt. Col. Jones (2nd row, 4th from right), 7th ENG Commander, and his family show off their Hammer Battalion pride, challenging other families in the 7th ENG to top their photo.



7th ENG Soldiers get ramped up for the Warrior Rumble pugil stick combatives after the 4-mile Brigade esprit de corps run.

## **Chaplain's Corner**



## Catholic Schedule

Time	Program	Location
1215	Mass	Main Post Chapel
0900	CWOC	Fellowship Room
1900	Confession	Blessed Sacrament Chapel
1700	Vigil Mass	Main Chapel
0900	Sunday Mass	Main Chapel
1030	Relgious ED	Various Classrooms
	1215 0900 1900 1700 0900	1215 Mass 0900 CWOC 1900 Confession 1700 Vigil Mass 0900 Sunday Mass



## **Protestant Schedule**

Day	Time	Program	Location
Sun	0900	Trdl Service	Riva Ridge Chapel Chapel
Sun	1100	Chapel Nxt Svc.	Main Post Chapel
Tues	0930	PWOC	Main Post Chapel
Sun	1000	Inspirational Gospel	Po Valley: Family Life Center
Sun	1600	Fort Drum Yth Group	Po Valley: Family Life Center
Mon-Thurs	1900	LDS Studies	Riva Ridge Chapel

## **Jewish**

Friday night Shabbat services
Fridays @ 1800 (6:00 PM) at the Main Post Chapel.

Degel Israel Synagogue
557 Thompson Blvd, Watertown, NY 13601

Phone: (315) 782, 3860

Phone: (315) 782-2860

## Islam

Islamic Center of Northern New York 342 State St, Watertown, NY 13601

Phone: (315) 788-3050

## **Chaplain's Corner**



From the desk of the Chaplain Chaplain Thomas Gidley 1st Brigade Combat Team Fort Drum, New York 13602 Office: 315-772-3103

Cell Phone: 315-836-5410 thomas.e.gidley.mil@mail.mil

## **How Will You Finish?**

"March Madness!", the Little League World Series, Major League Baseball Playoffs, and the Super Bowl-These are incredible sporting events. Personally, I think that anyone would be hard pressed to match the excitement of college football with anything else. Every week, fans debate the College Football polls as they anxiously anticipate the payoffs.

Every season people talk about who's hot and who's not in the world of college football. All angles of analysis are done, offensive and defensive statistics dissected, and winning and losing streaks evaluated. Every element of the game is scrutinized week in and week out, in the hope of finding the elusive stat that may reveal who will be in the championship game and finish #1.

Throughout the weeks and days leading up to the big game, fans, commentators and analysts talk incessantly about how one team can "make a run" and how another team just doesn't have what it takes to make a serious go for the prize.

The Christian scriptures says a great deal about living our lives with endurance and perseverance and finishing strong. In Hebrews, chapter 12 we read "let us also lay aside every encumbrance…which so easily entangles us, and let us run with endurance the race that is set before us."

I want to challenge you to examine your life to see how you match up. Do it with the same effort and attention that is given to the most minuscule things throughout the college football season. I'm not talking about matching or comparing your strengths and weaknesses with someone else. Rather, how do you match up against yourself and who you want to be and who you think you are...more so, who God has created you to be?

In the spirit of competition, I challenge you to "press on" and "run the good race." Evaluate and compete only with yourself in order to win the prize that God has for you! If we run the race that God has set before us, we will be winners!

Chaplain (Major) Thomas Gidley

1st Brigade Combat Team Chaplain

Be a Berean! ~ Acts 17:11

# OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 1-87FRG Meeting	3 7 BEB Winter Extravaganza	4	5	6
7 Army 10-Miler	8	9 7 BEB Winter Extravaganza CALFEX 9-29 OCT	10 3-71 FRG SCM	11	DONSA  12 3-71 VOLLEYBALL TOURNAMENT	DONSA  13  BOSS Haunted  Crawl 315-772-7807
DONSA 14	DONSA 15	16	7BEB SCM	18	19	20
				Volunteer of the Month	MTN Monster Mash at Magrath	
21	22	23	24 1-87 Spouse Coffee B/3-6 Halloween Party	25 3-71 Hail & Farewell B/C/D 2-22 Haloween Party	26 Retirement Ceremony 1-32 Trunk or Treat	27 BOSS Haunted Crawl 315-772-7807
28	29 End of CALFEX	30	31 On Post Trick or Treat C/2-22 Bowling			

# NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 3-6 Krispie Creme Fund Raiser	2 B/1-87 FRG Meeting B/1-87 Paintball/Trick or Treat	3 3-6 Commissary Bagging
4	5 10th BSB Change of Responsibility Monti Gym	6	7 3-6 Hail & Farewell	8 Veteran's Day Wreath Laying Ceremony	9 Donsa	10 Donsa
11 Donsa	12 Veteran's Day Donsa	13 BDE SCM	14 American Indian Heritage Observance 3-71 FRG SCM 3-6 10K Run	15 Volunteer of the Month 3-6 Ninja Warrior 7BEB H & F	16 3-71 Spouse Holiday Craft Night 3-6 SCM 3-71 Turkey Trot	17
18	19 3-71 Change of Responsibility	20 10th BSB NCO Induction Ceremony	21 1-32/2-22 Turkey Bowl	D/1-87 Thanksgiving Dinner DONSA	23 Donsa	24 Donsa
25 Donsa	26	27 Mountain Peak 27 Nov-7 Dec	28	29 Trees for Troops Christmas Tree and Menorah Lighting	30 Retirement Ceremony	

# DECEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Annual Holiday Celebration
2	3	4	5	6	7	8 Army/ Navy Game Polar Express Train Ride
9	10 2-22 BN Training Symposium	11 1-32 Town Hall 2-22 ORG DAY/ Hail & Farewell	12 2-22 PT Competition 3-71/7BEB SCM	13 1-32 Holiday Social Hail & Farewell	14	15 3-71 Holiday Party
16	17 D I V I S	18 I O N H	19 3-6 Christmas Party A L F D	20 A Y S C	21 D/1-87 Christmas Party H E D U L	22 Donsa
23	24 DONSA	25 Christmas DONSA	26	27 MOUNTAIN PEAK 27 NOV-7 DEC	28	29
DONSA	<u>DIVIS</u>	I O N H	A L F D	A Y S C	H E D U L	E

