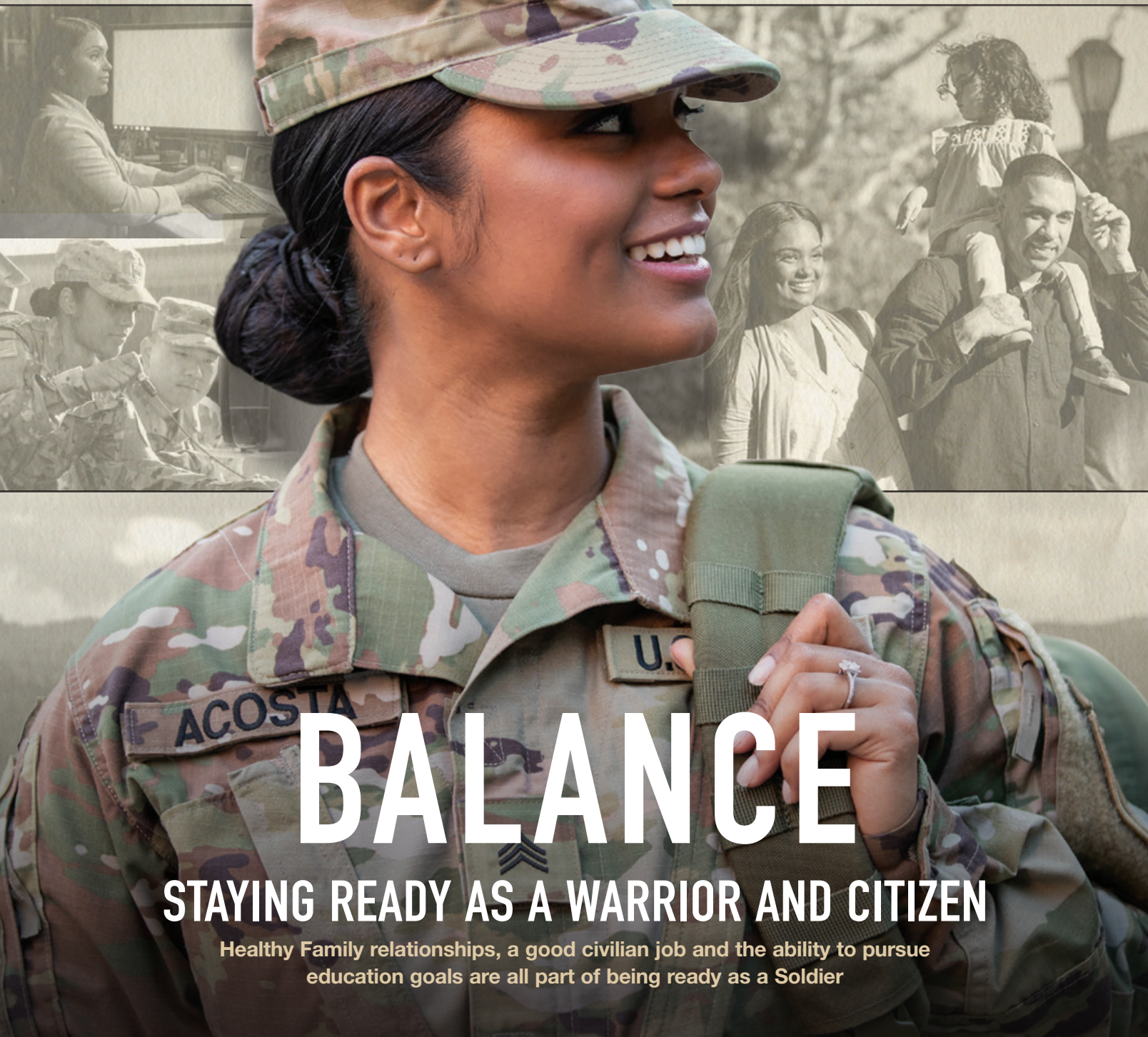


# WARRIOR CITIZEN



## BALANCE

### STAYING READY AS A WARRIOR AND CITIZEN

Healthy Family relationships, a good civilian job and the ability to pursue education goals are all part of being ready as a Soldier

# WE NEED MORE SOLDIERS LIKE YOU.

The background of the entire page is a photograph of four soldiers in silhouette, standing in a line and holding their rifles. They are positioned against a bright, hazy sky at sunset or sunrise, with clouds visible. In the center background, behind the soldiers, is a large, faint, light-colored crest of the United States Army, featuring a profile of a soldier's head facing left, surrounded by a wreath of olive and arrows.

## HELP GROW THE ARMY RESERVE TEAM.

By spreading the word about all the benefits the Army Reserve has to offer, you can help keep our team on the Road to Awesome.

Keep the attached card handy to help direct colleagues and friends to the best resources.

## ARMY RESERVE COMMAND TEAM

### **Lt. Gen. Charles D. Luckey**

Chief of Army Reserve and Commanding General,  
U.S. Army Reserve Command

### **Stephen D. Austin**

Assistant Chief of Army Reserve

### **Chief Warrant Officer 5 Hal Griffin, III**

Command Chief Warrant Officer of the Army Reserve

### **Command Sgt. Maj. Ted Copeland**

Command Sergeant Major of the Army Reserve

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Warrior Citizen

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**PHOTO ILLUSTRATION** • Warrior Citizen often incorporates photo composition, textures and other design elements to enhance the drama and visual impact of its feature stories.

1st Place winner of the 2011  
Thomas Jefferson Award  
(category N)



Recognized, MG Keith L.  
Ware Award: 2010 and  
2011, 2015 (category C)

Being ready as a Reserve Soldier means finding the balance between Family, civilian career and military commitments. Once that balance is established, there's no telling what can be accomplished. Hear what senior leadership has to say about it on page 4—From the Top.

Join us in congratulating the Army Reserve Soldier of the Year Spc. John Munday and NCO of the Year Sgt. Chase Craig, for their victory as 2018's most capable, combat-ready and lethal competitors among 36 Soldiers from across U.S. Army Reserve commands—Page 29. They will represent our team at the Department of the Army's Best Warrior Competition in October.

On page 10, hear straight from the dog's mouth about his 'dad', David Shultz, and other volunteers in Puerto Rico who brought some much-needed relief to those affected by Hurricane Maria.

Chemical biological radiological and nuclear teams have the daunting duty to perform in some of the most dreadful conditions. Soldiers assigned to the 468th Engineer Detachment (Firefighting Headquarters), 84th Training Command and 78th Training Division train to not only survive in those austere conditions but also to help save lives and mitigate damage. Learn some of the ways they train to do so on pages 14–19.

Another Soldier helping to prevent the loss of life, Col. Brad Wenstrup, a combat surgeon and a Representative from Ohio, braved gunfire to provide his teammate with life-saving medical care on an Alexandria, Virginia ballfield. Wenstrup went on to receive the Soldier's Medal for his actions, read about the harrowing account on page 12.

In this issue, you will find a card that will help you to help us 'grow the team.' While out in your communities, take the time, share your story and share the contact information provided on the card. Together we can keep America's Army Reserve on the Road to Awesome!

*Melissa Russell*

Melissa Russell  
Editor-in-Chief

Join the conversation  
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A biohazard explosion at the Homestead-Miami Speedway... followed by a multi-car crash and panic. Add to that a nuclear detonation scenario, trench rescues, urban search and rescue operations, vehicle and subway extrications and a mass casualty decontamination line. These are the types of real-world disaster scenarios that the Army Reserve must stay trained and ready for, to save lives and protect our homeland.

STORY AND PHOTOS BY:

SGT. 1ST CLASS CLINTON WOOD, 412TH THEATER ENGINEER COMMAND  
MASTER SGT. ANTHONY L TAYLOR, 318TH PRESS CAMP HEADQUARTERS

PHOTO BY MASTER SGT. ANTHONY TAYLOR, 318TH PRESS CAMP HEADQUARTERS

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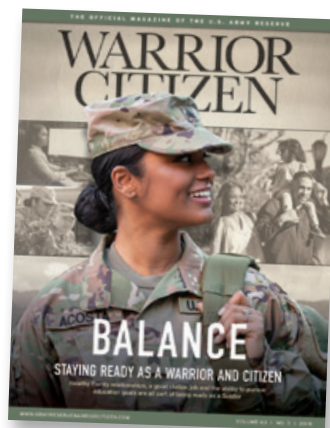
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## ON THE COVER

Sgt. Ammie Acosta, an Information Technology Specialist with the Army Reserve's 301st Information Operations Group, Fort Totten, New York, poses during a photo shoot for the Army Reserve's upcoming "Part Time Soldier—Full Time Success" campaign.

PHOTO ILLUSTRATION, COURTESY AMRG



PHOTO BY SGT. FRED BROWN/ 356TH BROADCAST OPERATIONS DETACHMENT

## 20 MEDICALLY READY IS BATTLE-READY

It requires a strong network of capabilities and resources to successfully get thousands of Soldiers through the readiness process and on to where they are needed on a weekly basis. Army Reserve Medical Command is at the forefront of this preparation.

BY LT. COL.  
ANGELA WALLACE,  
ARMY RESERVE  
MEDICAL COMMAND

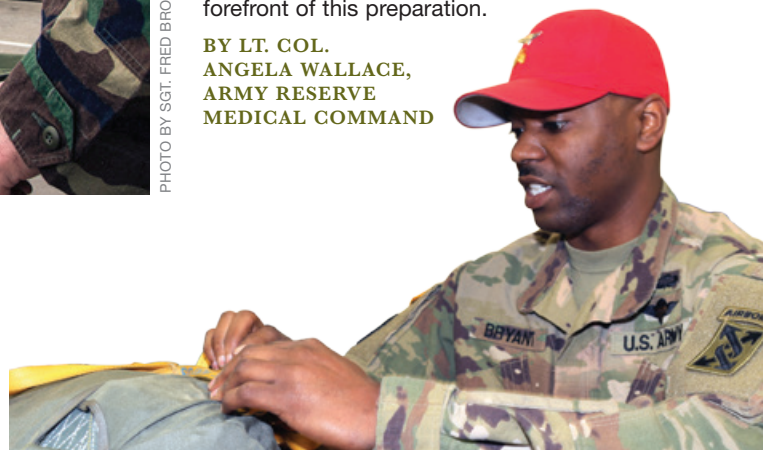


PHOTO BY SGT. 1ST CLASS GARY WITTE, 642ND REGIONAL SUPPORT GROUP

## 26 A JOURNEY OF DETERMINATION, COMMITMENT & GRIT

The 2018 Army Reserve Best Warriors have been decided.

BY SGT. ANSHU PANDEYA,  
372ND MOBILE PUBLIC AFFAIRS  
DETACHMENT AND  
JEVON THOMAS, 372ND MOBILE  
PUBLIC AFFAIRS DETACHMENT

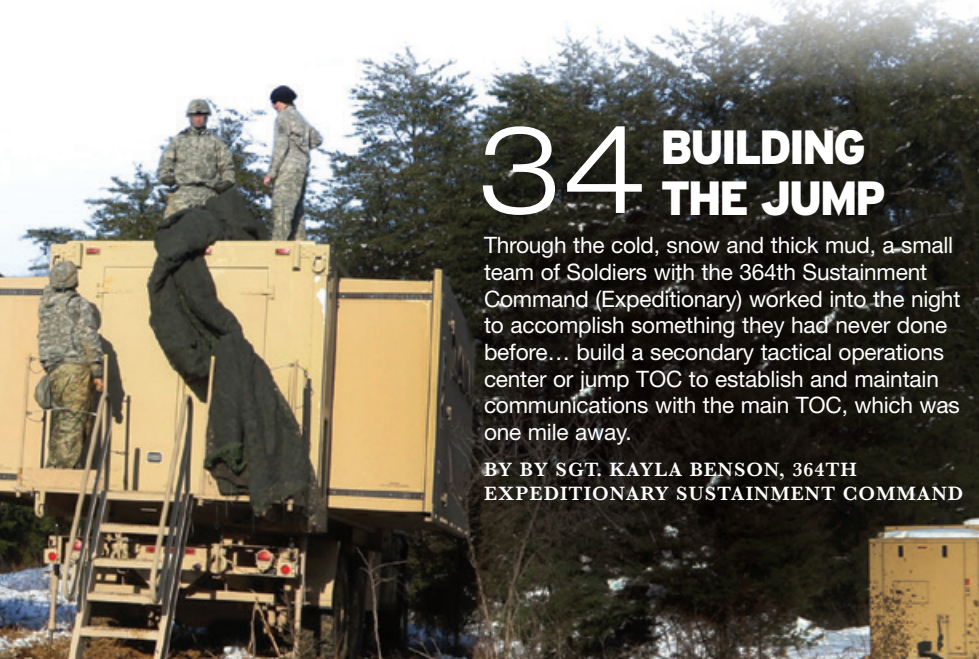
PHOTO BY MASTER SGT. MICHEL SAURET, 200TH MILITARY POLICE COMMAND



## 30 SAFE DESCENT

When it comes to packing a parachute, precision is key. Is the static line routed correctly? Are the risers crossed? And when you're packing for a heavy payload, that's an entirely new set of challenges. A lot of things can go wrong... but the parachute riggers of the 421st Quartermaster Company are there to make sure it never does.

BY SGT. 1ST CLASS GARY WITTE,  
642ND REGIONAL SUPPORT GROUP



## 34 BUILDING THE JUMP

Through the cold, snow and thick mud, a small team of Soldiers with the 364th Sustainment Command (Expeditionary) worked into the night to accomplish something they had never done before... build a secondary tactical operations center or jump TOC to establish and maintain communications with the main TOC, which was one mile away.

BY BY SGT. KAYLA BENSON, 364TH  
EXPEDITIONARY SUSTAINMENT COMMAND



## 38 KEPSAKES OF AN OLD SOLDIER

Raymond Moran, retired Army infantryman and recruiter, reflects on sixty-five years of service.

BY MASTER SGT. MICHEL SAURET,  
200TH MILITARY POLICE COMMAND,  
PUBLIC AFFAIRS OFFICE

PHOTO BY SGT. KAYLA BENSON, 364TH EXPEDITIONARY SUSTAINMENT COMMAND



# Readiness Means

BY MELISSA RUSSELL, ARMY  
RESERVE COMMUNICATIONS

**F**amily and employer support directly impacts the Army Reserve's ability to build and sustain readiness. When not deployed, the civilian sector accounts for more than 90 percent of a reserve component Soldier's career, making balance—time in uniform and time spent managing civilian careers and Family life—critical to mission readiness.

For two decades, battle-tested Warrior Citizens have proven this balance is achievable. Army Reserve Soldiers have served in an operational capacity since 2001

—more than 300,000 Soldiers have been mobilized and deployed to not just Iraq and Afghanistan, but to missions across the globe.

As the character of warfare becomes increasingly complex, reserve forces that are prepared to fight and win on short timelines have become critical to mission success on the modern battlefield.

Effectively balancing civilian and military careers preserves a historically symbiotic relationship. The Army Reserve provides 78 percent of the sustainment capabilities for the Total Army. A ready force meets the



Sgt. Ammie Acosta, left, is an Information Technology Specialist with the Army Reserve's 301st Information Operations Group, Fort Totten, New York, is part of the Army Reserve's upcoming "Part Time Soldier—Full Time Success" campaign.

PHOTO COURTESY AMRG



PHOTO BY SGT. JOHN L. CARKEET IV, 143RD SUSTAINMENT COMMAND (EXPEDITIONARY)

“The Army Reserve relies heavily on the Families and communities that support its Soldiers, as well as the persistent willingness of America’s employers to share their finest talent... many of whom provide the Army and combatant commanders with years of civilian experience and industry-specific knowledge, expertise and skills.”

— **LT. GEN. CHARLES D. LUCKEY**, CHIEF OF ARMY RESERVE AND COMMANDING GENERAL, U.S. ARMY RESERVE COMMAND.

# a Life in Balance

Army’s demand for specialized, high-demand capabilities honed in the civilian sector, and trained and ready Army Reserve Soldiers bring values and discipline engrained in the Army’s culture back to the workplace.

“We’re working hard to alleviate that tension between being ready enough to be relevant, but not so ready that you can’t maintain healthy Family relationships, keep good civilian jobs, and pursue your education goals,” said Lt. Gen. Charles Luckey, chief of Army Reserve and commanding general, U.S. Army Reserve Command.

## BALANCE

Presented with two or more demanding requirements, how does the Army Reserve preserve balance and support its Soldiers, ensuring they experience the best of both worlds?

Providing solutions is important enough that sustaining the support of Families and employers is among Luckey’s top priorities. “Families are the bedrock of an all-volunteer force. For the Army Reserve Families who support their Soldiers, it’s important to understand, access and share the tools and resources available through both the

At top: Two youths check out the interior of a Humvee and try on Army Combat Helmets for size, under the watchful eye of Sgt. Todd Fritz, Headquarters & Headquarters Company, Mission Support Element, 143rd Sustainment Command (Expeditionary) April 14, 2018, at Blue Jacket Park in Orlando, Florida.



PHOTO BY SGT. TIMOTHY YAO, U.S. ARMY RESERVE COMMAND

“The Army Reserve serves the people of the United States, but in turn needs the support of employers and communities in order to do our part in defending the American way of life. Citizen Soldiers are experienced professionals who merge technical skills, honed in the civilian sector, with world-class military leadership skills.”

— **LT. GEN. CHARLES D. LUCKEY**, CHIEF OF ARMY RESERVE AND COMMANDING GENERAL, U.S. ARMY RESERVE COMMAND.

At top: Army Reserve Soldiers participate in an Army Reserve Commercial shoot.

Right: Luke Hofman smiles while in the arms of his mother, Staff Sgt. Alicia Hofman, formerly with the 303rd Military Police Company, of Jackson, Michigan, during an annual “Happy Alive Day” picnic in Stockbridge, Michigan, June 16, 2018.

Army and their local community,” said Luckey. “A deep connection to the private sector also gives the Army Reserve a substantial edge in understanding and leveraging cutting-edge technology advances and capabilities for the good of the nation.

“Our job is to maintain these relationships and continue building networks and creating connections for Families and employers in communities,” continued Luckey. “I also have confidence that every leader in America’s Army Reserve will use their judgement to ensure Soldiers have the flexibility they need to balance competing

requirements. That means maintaining an open dialogue with Soldiers when—or ideally before—conflicts arise.”

### FAMILIES

Nurturing and caring for Families is at the core of Army values and its ethos. Army Reserve Families are geographically-dispersed, often far from the Army installations that function as cities, providing housing and services—and a sense of belonging. In order to enhance support and promote a common culture, the Army Reserve is empowering the Readiness Divisions to allow Army Reserve Families to access the support they need closer to where they live.

“This is about getting after each of my priorities—readiness, taking care of Soldiers



PHOTO BY PHOTO BY MASTER SGT. MICHEL SAURET, 200TH MILITARY POLICE COMMAND

# BUILDING HEALTHY MILITARY COMMUNITIES

BY CAPT. ALAN MOSS, 412TH THEATER ENGINEER COMMAND

and Families, and the future force,” said Luckey. “My intent is for our Readiness Divisions to take on more of a force provider role. This command and control model provides the regional commander with the authority and inherent flexibility to maximize readiness and efficiencies, synchronizing programs and delivery models to ensure resources and services are where they belong—closest to the customer.”

Pharisse Berry, Family Programs director for the U.S. Army Reserve Command, is moving forward to ensure Army Reserve Families have access to a broad array of programs. “We oversee the vast majority of programs that impact Family readiness,” said Berry. “Our role is to provide policy, guidance and resources for execution by the Readiness Divisions and Mission Support Commands.”

Family Programs serves and supports more than 400,000 Soldiers and Family members. That includes Child and Youth Services, Survivor Outreach Services, training, accreditation support, volunteer support, Yellow Ribbon program support, Army Family Action Plan program support, and Fort Family Outreach and Support Center, which operates 16 hours a day, year-round. With overnight hours supported by Military OneSource, outreach and Soldier service are available 24 hours a day.

Also on the horizon is the Department of Defense’s Building Healthy Military Communities pilot program, which is taking a collaborative and regional approach to enhancing the readiness, resiliency and wellness of all service members and their Families. The aim is to better understand and address unique readiness and well-being challenges facing geographically dispersed service members, their Families, and communities in which they live.

Julie Luckey, spouse of the commanding general, had been looking for out-of-the-box solutions to connecting the military population to other Families and local resources when she learned of the BHMC initiative.

“Currently, many of our Reserve and Guard service and Family members don’t have access to traditional installation-based services,” Julie Luckey said. “BHMC recognizes that issues

**The Building Healthy Military Communities pilot program, already underway, is addressing the unique challenges service members of all components face in their efforts to access resources that promote and enhance military and Family readiness.**

Navy Capt. Kimberly Elenberg, the BHMC director, is optimistic a seven-state pilot program will help leaders better understand challenges and obstacles to accessing resources that impact force readiness, well-being, and resiliency.

“This is an outstanding team effort,” said Elenberg. “Julie Luckey, and all of our stakeholders across services and components, play an integral role in the development of a comprehensive plan to mitigate any gaps in programs and services.”

Closing those gaps and helping service members better use existing capabilities will build the total force fitness improving the readiness and lethality of the force. This will not only increase the size of the ready force, it will reduce the number of service members who have to return early from a deployment.

Elenberg said Luckey was the impetus behind incorporating a town hall approach to soliciting feedback – events were held in Florida, Indiana, Maryland, Minnesota, Mississippi, New Mexico, and Oklahoma.

“She brought up the concept of using town hall meetings to get a better picture of the challenges facing service members and their Families, even going so far as taking me to a town hall to see how effective they could be,” Elenberg said. “This has better allowed us to gain the perspective of the Family members. We need not just the leaders’ perspectives, not just the partners’ perspectives, we need the Family perspective to ensure we have a rounded out, 360 degree perspective of the problems and challenges that are out there.”

Elenberg further credited Pharisse Berry, Family Programs director for the U.S. Army Reserve Command, with making the BHMC town hall meetings happen. “He has brought his expertise, knowledge, and energy to bear on the program, and really ensured that we’ve been able to make the town hall concept happen.”

The Building Healthy Military Communities program looks at the eight domains within total force fitness (social, physical, environmental, medical and dental, spiritual, nutritional, psychological, and behavioral), as well as economic challenges.

Learn more at <https://cms.jointservicessupport.org/BHMC>



U.S. Navy Capt. Kimberly Elenberg, director of Joint Force Fitness at the Department of Defense, talks to spouses of military service members during a town hall meeting hosted at Fort Meade, Maryland, June 13, 2018, to discuss problems and concerns military Families face regularly, particularly in the reserve and National Guard components.

PHOTO BY PHOTO BY MASTER SGT. MICHEL SAURET, 200TH MILITARY POLICE COMMAND

**EDITOR’S NOTE:** Maj. William Geddes, Strategic Communications, contributed to this story.

PHOTO BY SGT. JOHN L. CARKEET IV, 143RD SUSTAINMENT COMMAND (EXPEDITIONARY)

Soldier from Mission Support Element, Headquarters & Headquarters Company, 143rd Sustainment Command (Expeditionary), watches fireworks illuminate the night sky above Westgate Resort in Kissimmee, Florida, May 4, 2018. The fireworks display concluded a free concert that honored America's veterans and their Families.



## AMERICA'S ARMY RESERVE: FAMILY SUPPORT RESOURCES

### Fort Family Outreach and Support Center:

Fort Family Outreach and Support Center provides live, relevant, and responsive information, and unit and community-based solutions for you and your Family. Contact us 16 hours a day, seven days a week, 365 days a year at <http://arfp.org> —or via the Fort Family phone number at 1-844-ONE-FAMY or 1-844-663-3269

**Military OneSource:** You're part of a military Family that numbers in the millions. You share common experiences, values and feelings of being in this together. That's community. To support and bolster your own Family, lean on your military community—including Military OneSource—get answers and guidance from those who have been there, done that. <https://www.militaryonesource.mil/family-relationships>

**Child and Youth Services:** Army Families often include Army kids. Army MWR helps you stay mission ready with

resources you need to support them. Learn about childcare, school-age services, tutoring, youth sports and more. <https://www.armymwr.com/programs-and-services/family-assist>

**Yellow Ribbon Program:** Yellow Ribbon events are a great resource for information on health care, education and training opportunities, financial, and legal

PHOTO BY CATHERINE CARROLL, 88TH READINESS DIVISION



A U.S. Army Reserve Soldier with the 452nd Combat Support Hospital receives legal assistance during the 88th Readiness Division Yellow Ribbon Reintegration Program Pre-deployment event in Minneapolis, Minnesota, June 16, 2018.

benefits. The Yellow Ribbon Reintegration Program is a DoD-wide effort to promote well-being—yours and your Family's—by connecting you with resources throughout your deployment cycle. <https://www.yellowribbonevents.org/>

### Employer Support of the Guard and Reserve:

Don't take your employer's support for granted! Many employment challenges can be avoided by being candid with your employer about your obligations as a member of one of the reserve components. Contact us at [www.esgr.mil](http://www.esgr.mil), or 1-800-336-4590

**P3:** Through the Army Reserve's Private Public Partnership (P3), you and your unit can gain access to unique opportunities that allow you to apply your expertise and leadership skills to real world projects that correlate with your military experience. Enhance your military and civilian career and build leader and individual readiness through P3 [www.usar.army.mil/P3](http://www.usar.army.mil/P3)

affecting service members are often linked with Family concerns and challenges which, in turn, impact readiness. Ready Soldiers build ready units.

“BHMC is a very effective platform from which to assess the needs of service and Family members from across all components,” she added. “It also serves to connect the military population to other Families and resources in their local communities.”

## EMPLOYERS

Building and sustaining a force of technically proficient and highly skilled Soldiers and units ready to deploy at a moment’s notice without negatively impacting the Soldier’s civilian job and financial security is a challenge the Army Reserve is facing head on.

“We are reaching out to employers, universities, Congress and centers of influence,” said Erin Thede, director of the Army Reserve’s Private Public Partnership program. “This is all part of an ongoing effort to develop, integrate, and direct partner relations for the Army Reserve so that we can ensure balance for our Soldiers and their employers.”

Private Public Partnership, or P3, functions as an entry point for Army Reserve senior leaders to access resources and information on emerging technologies, industries, and academic and private institutions to make informed decisions about the future of the force. P3 seeks to transform how America’s Army Reserve and corporate America attracts and retains talent—focusing on long-term partnerships with not-for-profit, for-profit, and academic organizations. It also strives to enhance overall Soldier readiness by collaborating with organizations that focus on physical, mental, emotional, spiritual, financial, and Family wellness.

The P3 team consists of specialists who are dedicated to providing career advancement support and offers the following services:

- Assistance with finding civilian employment opportunities
- Resume development and interview preparation tips
- Access to exclusive career opportunities and hiring events

P3 helps to further develop Soldiers through degree programs, credentialing and licensing opportunities—partnering with colleges, universities and other learning outlets to offer the following benefits:

- Access to training, credentialing and licensing opportunities offered in the military and civilian sectors
- Access to internship and apprenticeship opportunities for the veteran/military community
- Cost-effective methods for learning development

According to Thede, the balance achieved through these partnerships will help ensure Soldiers and leaders don’t have to choose between military service and their civilian profession and life.

“P3 and Family Programs, are also providing behind-the-scenes support to regional outreach events at the Readiness Division level,” said Thede. “While units continue to build capacity by focusing on increasing Soldier readiness, P3 and Family Programs are focused on increasing readiness on the home front.

“Soldier readiness plus Family readiness equals mission readiness.” ✎



PHOTO BY SGT. JOHN L. CARKEET IV, 143RD SUSTAINMENT COMMAND (EXPEDITIONARY)

Above: Spc. Mario Casatelli, Jr., culinary specialist, Mission Support Element, Headquarters & Headquarters Company, 143rd Sustainment Command (Expeditionary), shakes hands with Florida Gov. Rick Scott May 4, 2018, at Westgate Resort in Kissimmee, Florida.

Below: Soldiers deploy from helicopter after completing a mystery event of the 2018 U.S. Army Reserve Best Warrior Competition at Fort Bragg, North Carolina, June 14, 2018.

PHOTO BY SPC. TYNISHA DANIEL, 108TH TRAINING COMMAND





**BY BREGO SHULTZ**  
1ST MISSION SUPPORT COMMAND

# A DOG'S ROAD TO AWESOME

“As a recent Texas transplant, you'd think the biggest challenge I'd face in my move to Puerto Rico would be learning a new language. Instead, after three hurricanes in less than a month, I came away with a new appreciation for Family, community and hard work. The best part is I made friends—and a difference—helping to deliver water, fuel and food all across the island.

## FORT BUCHANNAN, PUERTO RICO

— I'm Brego and I'm a Belgian Malinois. I'm five years old and I had special training so I get to wear a cool camouflage vest, which now has a lot of Army patches on it.

Anyway, it took us a few days to get to Fort Buchanan—Hurricane Harvey really hit Houston hard. Some good news was that Army Reserve Soldiers got to help

out with the recovery and they rescued hundreds of people there, including (I'm happy to report) 170 pets and animals.

We'd barely unpacked when Hurricane Irma hit. That wasn't too bad, but I started to get anxious two weeks later when Hurricane Maria showed up—trees fell down, the power went out and almost everyone lost access to clean water.

Mom—Brig. Gen. Dustin “Ana” Shultz—went straight to work, checking on the troops and coordinating with the government to support the community—what a way to meet everyone! Dad says she has “mission control” here—she's the commander of U.S. Army Reserve's 1st Mission Support Command, the largest federal Army Command in the Caribbean, and has more than 5,000 Soldiers all across Puerto Rico and in the Virgin Islands, too. It's a big responsibility, but we were all looking forward to getting to know the Soldiers and everyone in the community.

Dad was transitioning too, he used to be a police officer, and then an assistant pastor, and then a full-time stay-at-home parent/home school teacher, but now he's a Senior Volunteer Advisor, which means he gets to meet with and find ways to help Army Reserve Families. His name is David, and he's my hero.

At first, Dad volunteered to make meals at the community center while Mom was at work, it was the only place for food, so I had to stay in my crate. It was pretty dark in there with the windows covered up— I don't like to complain,



but REALLY hate being alone. Then he found out they needed drivers to deliver generators around base and keeping them fueled. And guess what?! He needed a co-pilot!

There was so much to do. We and some other spouses delivered fuel around Fort Buchanan with two pickup trucks. We made the rounds every day. Some nice families started waiting outside to say hello to me—that was the best part of my day! Dad said we helped around 70 families on Fort Buchanan. My job was to be available for hugs, and Dad and Mom both said I was really good at my job.

“We helped around 70 families on Fort Buchanan. My job was to be available for hugs, and Dad and Mom both said I was really good at my job.”

— BREGO SHULTZ, 1ST MISSION SUPPORT COMMAND



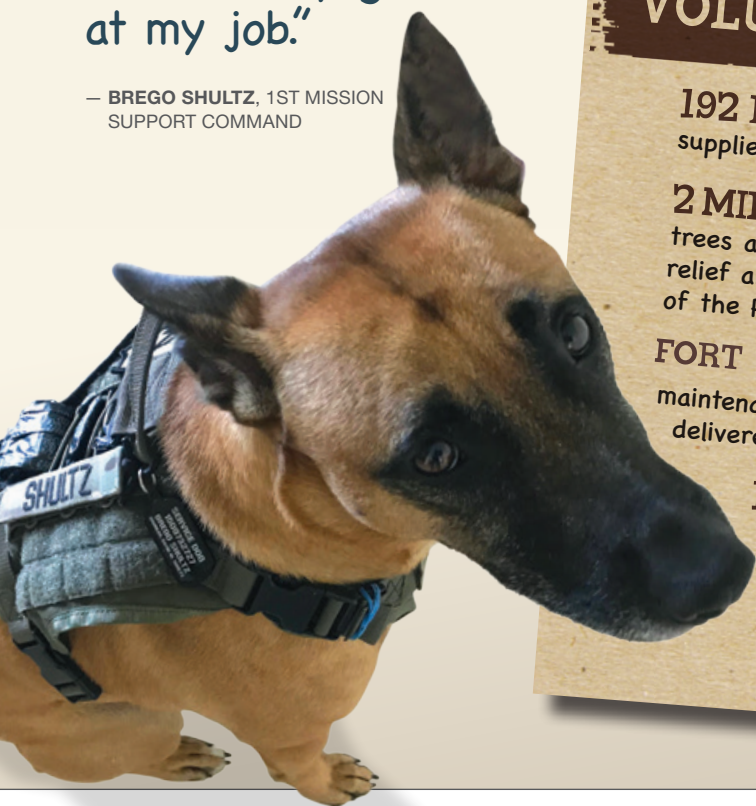
When we heard about some people in the community who needed help too, FEMA gave us food and water to deliver to residents in remote areas. The roads were pretty bad so Mom had some of her engineer Soldiers help clear the

Opposite lower left: Spending time with Dad, Mom and Soldiers from the 1st MSC at the 210th Brigade headquarters in Aguadilla, Puerto Rico.

Left: A volunteer takes a resiliency break from loading food and water onto LMTV's before heading out to one of Puerto Rico's mountain communities.

roads—more friends for me—and we followed. We got to deliver food and water to more than 200 families!

It's been months now, and things are just starting to get back to normal. There's a long way to go, but if I learned anything, it's that there are a lot of good people out there. Dad says you can always make a difference, sometimes by being in charge, like Mom, and sometimes by volunteering and finding ways to help out where you can, like my Dad and all of the other volunteers. As for me, I have a new pack: new Soldiers, new friends and a new community—things are really looking up. ✘ ”



## VOLUNTEERS MAKING A DIFFERENCE

**192 PALLETS:** volunteers assisted in the delivery of relief supplies—including food, water, portable generators

**2 MILLION** pounds of food and water delivered, roofs tarped and trees and debris cleared—volunteers informally coordinated island-wide relief aid through Calvary Chapel PR, and churches stateside with the aid of the PR National Guard's Community Outreach Program.

**FORT BUCHANNAN MEDICAL SUPPORT:** safety and maintenance checks to identify residents in need of medical assistance; delivered portable A/C units to residents with respiratory conditions.

**12,000 MILITARY PERSONNEL:** hosted and assisted the setup of four USO expeditionary centers across the island to provide relief for temporarily assigned military personnel

**4 IN 10 DAYS:** A record for setting up USO expeditionary centers.



BY STAFF SGT. PHILLIP VALENTINE,  
OFFICE OF THE CHIEF,  
ARMY RESERVE

## Courage in Chaos

Above: Members of the Republican baseball team pose for a picture during a ceremony April 26, 2018 at the U.S. Capitol building in Washington D.C. Wenstrup received the Soldier's Medal for providing life-saving treatment to Representative Steve Scalise's gunshot wounds with minimal first aid equipment, June 14, 2017, in Alexandria, Virginia.

Right: Then Maj. Brad Wenstrup, Chief of Surgery at the Abu Ghraib Hospital, Iraq, plays with Tabark Addul Rahman, a.k.a. Baby Tabitha, Oct. 30, 2005.

**WASHINGTON, DC** — It's the battlefield scenario that every Soldier trains for.

For Col. Brad Wenstrup, a combat veteran who served 14 months as chief surgeon at the Abu Ghraib prison hospital, years of training kicked in when the gunfire erupted. In an instant, he was faced with casualties and more than a dozen lives at risk, including his own.

"My time in the Army Reserve has provided me the ability to remain calm," said Wenstrup.

"I needed to stay calm. I knew what I needed to do, and I knew that I could do it."

It was far from the battlefield on that early morning of June 14, 2017, and Wenstrup, a Representative from Ohio in his civilian life, had joined fellow members of the Congressional Republican Baseball Team in Alexandria, Virginia for a practice game. It was on this otherwise idyllic morning that a man, armed with a rifle and a handgun, walked up

to third base and opened fire on the players. Standing at second base, House Majority Whip Steve Scalise was the first struck. He fell to the ground, unable to move, as his body went into shock.

"As I lay on the ground, I could hear the gunfire going back and forth, but I couldn't see the shooter," said Scalise.



PHOTO BY MAJ. LISA FLYNN, 344TH COMBAT SUPPORT HOSPITAL



PHOTO BY STAFF SGT. PHILLIP VALENTINE, OFFICE OF THE CHIEF, ARMY RESERVE

received the Army's highest award for heroism outside of combat, the Soldier's Medal. The ceremony took place at the nation's capital on April 26, 2018.

Secretary of the Army Dr. Mark T. Esper and Chief of Staff of the Army Gen. Mark A. Milley, presented award, and Speaker of the House Paul Ryan and Representative Steve Scalise addressed the audience.

"No one is more deserving of this kind of recognition, not only for what you did on that day, but for what you do every day to answer the call to serve," said Speaker of the House Ryan. "Our heroes always say they were at the right place at the right time. But really, they just have the right stuff—the stuff that drives them to run into fire, the valor that goes beyond what words can describe." ❏

Below: Chief of Staff of the Army Gen. Mark A. Milley presents the Soldier's Medal to Col. Brad Wenstrup during a ceremony conducted at the U.S. Capitol building, Washington D.C., April 26, 2018.

Despite the barrage of bullets, Wenstrup remained on the field. As Capitol Police and Scalise's security detail engaged the gunman, the shooter, undaunted, continued firing toward the dugout. Wenstrup knew that Scalise needed help, but the shooter was blocking his access.

"This guy was just firing down my lane. I knew not to be stupid and get hurt. Who would help then?" said Wenstrup. "I didn't have cover, but time was of the essence."

Once the shooter was subdued, Wenstrup rushed to Scalise's aid. His initial assessment and immediate treatment of the gunshot wound was, by many accounts, life-saving.

"I heard the words 'shooter down,' and in seconds Brad Wenstrup was by my side, asking me where my injury was," said Scalise. "I call him my hero. I am here today because of Brad Wenstrup. There is no doubt."


For heroism above and beyond the call of duty, and for personifying the Army Values—Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage—Army Reserve Soldier, Representative from Ohio's 2nd District, podiatrist, Bronze Star recipient and baseball player, Brad Wenstrup,

## "Courage is resistance to fear, mastery of fear—not absence of fear."

— MARK TWAIN (1835–1910),  
AMERICAN AUTHOR  
AND JOURNALIST



PHOTO BY STAFF SGT. PHILLIP VALENTINE, OFFICE OF THE CHIEF, ARMY RESERVE



Soldiers with the 414th Chemical, Biological, Radiological and Nuclear Company, based in Orangeburg, South Carolina, working together with the 409th Area Support Medical Company, based in Madison, Wisconsin treat patients in a Mass Casualty Decontamination line during the Army Reserve's Guardian Response 18 exercise, April 11, 2018.

PHOTO BY MASTER SGT. ANTHONY L TAYLOR, 318TH PRESS CAMP HEADQUARTERS

# PREPARING FOR AMERICA'S 'NEXT WORST' DAY

Opposite Top: Spcs. Robert Gryncewicz, left, and Shane Brown with the 468th Engineer Detachment (Firefighting), 412th Theater Engineer Command based in Danvers, Massachusetts, pry back the roof of a minivan to reach a "victim" during a Joint Training Exercise hosted by the Homestead-Miami Speedway.

Opposite Bottom: Sgt. Ian Tweeddale, left, Spc. Robert Gryncewicz and Pfc. Thomas Harrington all of the 468th Engineer Detachment (Firefighting), 412th Theater Engineer Command based in Danvers, Massachusetts, transport a "victim" during a Joint Training Exercise hosted by the Homestead-Miami Speedway and Miami-Dade Fire Rescue Department in Miami, Florida. Jan. 11, 2018

**In today's world of constant, ever-evolving threats, the Army Reserve must be prepared to save lives and mitigate damage in the wake of disaster. Defense Support of Civil Authorities exercises validate and ensure the readiness of our response force for a catastrophic event, and allow for the seamless transition between the local first responders and the follow-on support provided by the National Guard and Active Army Soldiers.**

# Disaster at the Speedway

Story and photos by Sgt. 1st Class Clinton Wood, 412th Theater Engineer Command

HOMESTEAD, FLORIDA

**A**rrmy Active Component and Army Reserve Chemical Biological Radiological and Nuclear (CBRN) teams, including the 468th Engineer Detachment (Firefighting Headquarters), work to save lives in a simulated biohazard explosion at the Homestead Speedway, Jan. 11, 2018 outside of Miami.

The MDRF set up decontamination sites for itself and for the Army units, which allowed teams like the detachment's Urban Search and Rescue teams to respond to the scene quickly.

"This type of coordination is the cornerstone of mutual aid. Anything we can do to support and facilitate each other ultimately supports the saving of lives," said Capt. Samuel Turner, commander of the 468th from Danvers, Massachusetts.

The Joint Training Exercise (JTE) between U.S. Northern Command, U.S. Army North, USARC, Florida National Guard and the MDRF focused on building response capabilities and the seamless transition between local first responders and the follow-on support provided by Army Soldiers.



U.S. Army North Observer/Controller Trainers (OC/Ts) evaluated the detachment of the 368th Engineer Battalion, 302d Maneuver Enhancement Brigade and 412th Theater Engineer Command.

Detachment safety noncommissioned officer Sgt. Jason A. Benjamin, Sr. said the OC/Ts ensured that the 40-member plus detachment trained to standard and made on-the-spot corrections.





Above: Soldiers of the 468th Engineer Detachment (Firefighting), 412th Theater Engineer Command based in Danvers, Massachusetts respond to a multi-vehicle accident during a Joint Training Exercise hosted by the Homestead-Miami Speedway and Miami-Dade Fire Rescue Department in Miami, Florida. Jan. 11, 2018.

Below: Spc. Sean O'Connor, 468th Engineer Detachment (Firefighting), 412th Theater Engineer Command based in Danvers, Massachusetts, triages a "victim" of a simulated mass chemical attack at the Homestead-Miami Speedway.

The Miami Dade Fire Rescue was the first to respond to the biohazard explosion in the scenario. Several sections of the bleachers were "destroyed," and there was a multi-vehicle accident near the bleachers. The latter meant that the detachment had to wear hazardous-material protective suits and protective masks during the exercise.

"When they realized the extent of the

(simulated disaster), they reached out to the known Army units in the area doing training," said Benjamin.

A detachment reconnaissance element with several medics was the first on the scene and was greeted by role players, some bloodied and shouting that they were in pain. The element's mission was to assess hazards and triage "victims."

The team that relieved the reconnaissance element concentrated on the multi-vehicle accident. One car was upside down up

against the end of the bleachers, and nearby were an SUV and a minivan, both on their sides.

Sgt. Ian Tweeddale of Everett, Massachusetts was the crew chief for this team.

He said his first goal was to stabilize vehicles, ensuring that it was a safe working environment. The team also found three simulated victims in the accident.

"Then our plan of attack went from there," said Tweeddale.

The three other teams responded to "victims" still in the bleachers and trapped in the "collapsed" bleachers.

Teams cycled through, balancing ongoing support with adequate rest periods, which according to Turner, a police officer from Portland, Maine, keeps Soldiers "in the fight." Medics were on hand to monitor all Soldiers before they entered and left the "hot zone."

Tweeddale has been in the Army Reserve for eight years and a firefighter for the last two years.

"It takes a lot of teamwork to get through these scenarios, because they are always different," commented the former combat engineer.

He may have summed up the exercise in the best way possible.

"We get to be the good guy on someone's bad day, so that is a lot of fun." ✱





# Protecting the Homeland from Catastrophe

Story and photos by Master Sgt. Anthony Taylor, 318th Press Camp Headquarters

MUSCATATUCK URBAN TRAINING CENTER, INDIANA

**F**ields of debris, demolished vehicles and bodies of mannequins and live role-players lay across an entire town center, while buildings were covered by plumes of smoke and homes were submerged in a body of water.

The scene was not the set of Hollywood's next apocalyptic blockbuster film, but it was what U.S. Army Reserve, Army National Guard and active component Soldiers drove into at Muscatatuck Urban Training Center for the U.S. Army Reserve's Guardian Response 18 exercise, April 2–28, 2018.

Guardian Response 18 provided a variety of events for Soldiers, including trench rescues, urban search and rescue operations, vehicle and subway extrications and a mass casualty decontamination line, to name a few, all while in a contaminated CBRN environment.

"This is a Defense Support to Civil Authorities exercise, and it's to validate and ensure the readiness of our response force for a catastrophic event," said U.S. Army Reserve Col. Chris Briand, Chief of Staff, 78th Training Division and chief of operations

for Guardian Response 18. "It is a chemical, biological, radiological and nuclear-response enterprise which is composed of three different elements across the active duty, the U.S. Army Reserve and the National Guard."

More than 4,500 service members from 80 units across the nation participated in the training event. In addition to all Army components participating in the exercise, elements from the U.S. Air Force, state and federal agencies and local emergency response forces were involved.

"It really is about readiness in our forces and having the proper capability to respond to a catastrophic event anywhere in the homeland," said Briand. "And also to be able to develop those partnerships with the local communities and interagency partners, and to be able to come and save lives, prevent human suffering and mitigate extensive property damage, which are the three tenants of the DSCA."

The U.S. Army Reserve's 84th Training Command and 78th Training Division planned and coordinated as the execution control headquarters for Guardian Response 18.

Above: Sgt. Jeffrey Evans, with the 468th Engineer Detachment, based in Danvers, Massachusetts, is lowered into a subway tunnel, then listens for trapped victims during a collapsed subway extrication at the Army Reserve's Guardian Response 18 exercise, April 11, 2018.



Sgt. Brian Cole, with the 468th Engineer Detachment, removes the door from a vehicle during a trench rescue mission at the Army Reserve's Guardian Response 18 exercise, April 12, 2018. Cole serves as a firefighter in his military capacity as well as in his civilian life.



Above: A Soldier with the 468th Engineer Detachment, based in Danvers, Massachusetts, cuts through a concrete opening to enter a confined space during a collapsed subway extrication at the Army Reserve's Guardian Response 18 exercise, April 11, 2018.

"If you look at other exercises, we're usually preparing our capability and our readiness for the warrior abroad," said Briand. "But with this exercise, we're really talking about protecting the homeland and being ready and capable to respond to America's next worst day."

Briand went on to say that readiness, partnerships and capabilities were some of the key focus areas for this exercise, and that the military's role was strictly a supporting one as they would not be in charge of incidents in a real-world disaster.

"We [the Army], or Soldiers who respond to an event, are not in charge," said Briand. "It's the state incident commander who is in charge. We are supporting here, but in the exercise we replicate the incident commander, the defense-coordinating officer, and all those state and federal agencies that assist in this response. We are playing those roles here."

The validation exercise provides realistic training for first responders through a notional 10-kiloton nuclear detonation scenario in a major city of the United States. The training audience brings a range of life-saving capabilities such as medical response, decontamination, technical rescue, patient evacuation, communications and logistics support to move people, equipment and supplies by land and air. The overall scenario developed for the training exercise was service members responding to an incident in support of civil authorities several days after the incident occurred.

Maj. Gen. Ray Royalty, commanding general of the 84th Training Command and exercise director for Guardian Response 18, toured the grounds at MUTC before the training audience arrived and met with the various planners and support staff for the exercise.



“The biggest take away [at Guardian Response 18] is the training, the dialogue and the understanding of the expectations of something like this really happening,” said Royalty.

Once training units arrived on the ground, they established their work sites and sent out CBRN teams to check radiation and decontamination levels ahead of technical rescue teams deploying to the affected area.

U.S. Army Reserve Staff Sgt. Ian Kurtinitis, a firefighter with the 468th Engineer Detachment based out of Danvers, Massachusetts, was a part of the training audience at Guardian Response 18 and conducted rescue missions in conjunction with the CBRN mass casualty decontamination line.

“Our specific mission is urban search and rescue and specifically, today, to search and rescue in a contaminated environment,” said Kurtinitis. “There’s a subway station that we’re working at, and there are people trapped inside. Our mission is to gain access, extract patients and assist anyone that is ambulatory and to extricate those who are non-ambulatory. But, we are coming into this [scenario] as we’re assisting overwhelmed local entities who have been at this for several days.”

Once “victims” were rescued, they were transported or directed to the mass casualty decontamination line for triage and treatment and then transport to the closest medical facility.

“We sort them into groups to see who needs to go through first,” said Spc. Christopher Custer, Combat Medic Specialist with the 409th Area Support Medical Company based out of Madison, Wisconsin, who was receiving patients after they exited the decontamination tent in the decontamination line. “I basically re-sort them to make sure that they’re going to the right place for the right amount of treatment. After they are decontaminated, they come to me and I re-direct them.”

Training scenarios were primarily focused on search and rescue operations, decontamination and medical support capabilities, but units were also tested on events such as an outbreak of protests from displaced civilian role-players at their facility gates, to test their reaction.

“I think it’s great,” said Brig. Gen. Michael Dillard, commanding general of the 78th

Below: Soldiers with the 414th Chemical, Biological, Radiological and Nuclear Company, based in Orangeburg, South Carolina, working together with the 409th Area Support Medical Company, based in Madison, Wisconsin, treat a patient in a Mass Casualty Decontamination line during the Army Reserve’s Guardian Response 18 exercise, April 11, 2018.



**“...we’re usually preparing our capability and our readiness for the warrior abroad. But with this exercise, we’re... protecting the homeland and being ready and capable to respond to America’s next worst day.”**

— COL. CHRIS BRIAND, CHIEF OF STAFF, 78TH TRAINING DIVISION

Training Division and deputy exercise director for Guardian Response 18. “This is all about protecting the homeland. I think it’s an excellent exercise for our Soldiers to understand what’s important and how ... to collaborate and communicate with the civilian authorities as it would occur ... in an incident of this magnitude.”

Opposite: Soldiers, with the 468th Engineer Detachment pull a victim out of a vehicle during an urban search and rescue vehicle extrication at the Army Reserve’s Guardian Response 18 exercise.

"WHETHER THE MISSION IS OPENING PORTS, SETTING THE THEATER, CONSTITUTING AND OPERATING MOBILIZATION-SUPPORT PLATFORMS FOR THE TOTAL FORCE OR SUPPORTING MANEUVER FORCES IN CONTACT WITH THE ENEMY... WE WILL HAVE THE MOBILITY, SURVIVABILITY, CONNECTIVITY AND LETHALITY NEEDED TO WIN ON THE BATTLEFIELD."

— LT. GEN. CHARLES LUCKEY, CHIEF OF ARMY RESERVE AND COMMANDING GENERAL, U.S. ARMY RESERVE COMMAND

# Medically Ready



BY **Lt. Col. Angela Wallace**  
ARMY RESERVE MEDICAL COMMAND

As America's Army Reserve prepares its earliest deploying units to meet compressed timelines, Mobilization Force Generation Installations play a critical role in ensuring that a significant portion of the force is able to move fast, which in some cases means days or weeks.

## MEDICAL PROFESSIONALS ARE VITAL TO PREPARING THE BATTLE-READY SOLDIER

Army Reserve Medical Command is at the forefront of this preparation, fully responsible for providing the medical professionals needed for Soldier Readiness Processing and Troop Medical Clinic operations at MFGIs located throughout the United States.

This is not new business for ARMEDCOM, which currently supports enduring MFGI missions at Fort Bliss and Fort Hood, Texas.

"Soldier Readiness Processing operations are what our Medical Support Units and Troop Medical Clinics are constructed to support as their mobilization or go-to-war



PHOTO BY LT. COL. ANGELA WALLACE, ARMY RESERVE MEDICAL COMMAND

# is Battle-Ready

mission,” said Maj. Gen. Mary Link, ARMEDCOM commanding general.

Functionally aligned to U.S. Army Medical Command, ARMEDCOM is a force multiplier, uniquely capable of providing military hospital and clinic expansion or augmentation, blood donor services, dental and veterinary services while at the same time remaining prepared to provide assistance to civil authorities during an emergency or disaster. When activated, medical SRP sites are capable of processing hundreds of Soldiers per day to ensure that they are soon ready for their follow-on missions.

“I’ve been able to see these units firsthand during their annual training at Fort Knox, Kentucky, and they’re excited about what

they’re doing, refining their processes and getting things done,” Link said.

MFGI’s are critical to supporting pre- and post-mobilization training and preparing units to meet combatant commander requirements.

It requires a strong network of capabilities and resources to successfully get thousands of Soldiers through the readiness process and on to where they are needed on a weekly basis. Installation and mobilization activities are reinforced with a Regional Support Group and attached support and sustainment forces at each MFGI, known as the Mobilization Support Force. Army medical activities, a mission led by MEDCOM, receive augmentation from ARMEDCOM’s mobilized

Reserve Soldiers assigned to 807th Medical Command (Deployment Support) emplace vehicles during Regional Medic CSTX 78-18-03 at Fort McCoy, Wisconsin, March 3, 2018.



PHOTO BY SGT. CHRISTOPHER BLACK, U.S. ARMY RESERVE

Above: Lt. Gen. Charles D. Luckey, U.S. Army Reserve Command Commanding General, left, conducts a tour of Soldier Readiness Processing operations guided by Brig. Gen. Tony L. Wright, 88th Readiness Division deputy commanding general, March 11, 2018. Soldier Readiness Processing is a successful proof-of-concept program implemented by several Army Reserve units, with a mission of supporting a more medically ready fighting force.

Spc. Travis Stevens, a medical laboratory specialist assigned to 7417th Troop Medical Clinic, runs lab tests during annual training at the Fort Knox, Kentucky TMC on March 14, 2018. ARMEDCOM Soldiers assigned to 7231st Medical Support Unit and 7417th Troop Medical Clinic supported medical Soldier Readiness Processing and Troop Medical Clinic operations.



PHOTO BY LT. COL. ANGELA WALLACE, ARMY RESERVE MEDICAL COMMAND

## Medical Support Units and Troop Medical Clinics.

Col. Jeffrey Pugh, the 649th Regional Support Group commander, shares his team's experiences conducting their go-to-war mission at the inactive MFGI location.

"While we are training here at Fort McCoy, Wisconsin we're building up to a proof-of-concept where we are going to run a Soldier Readiness Processing site," Pugh said. "We've timed our annual training for this mission at Fort McCoy so that we can leverage a huge group of Soldiers participating in the Combat Support Training Exercise to run through an actual SRP process. If Fort McCoy were activated as a MFGI location, we'll have worked through the steps Soldiers must take to complete that process."

As for the medical portion of the MFGI mission, Pugh commended Army Medical Command and Blanchfield Army Community Hospital for the significant amount of work done in such a short period of time. If MFGI sites are activated, MEDCOM facilities like BACH provide oversight and support to the medical personnel assigned to the medical SRP and TMC missions.

"We were very concerned about the timeline and if we would be able to accomplish everything in time to conduct this training, and Fort Campbell's medical team said 'We'll have this done,'" said Pugh.

"Walking around and talking to the Soldiers, seeing their energy levels and the



positive energy they are exuding on a regular basis motivates me. There's no doubt in my mind that, if called upon to support a future MFGI mission, we could make it happen right now."

## REGIONAL MEDIC PROVIDES PREMIER TRAINING FOR READY FORCE X UNITS

One after another, patients continue to arrive in waves at the combat support hospital, tasking the hospital staff, who have run out of bed space and the medical personnel needed to manage the treatment of the severe injuries these mock patients have sustained. Communications have been unreliable, and soon the hospital will need to prepare to "jump," or move their unit further forward to support the needs of the warfighting units entrenched in battle in a contentious combat environment.



PHOTO BY SGT. FRED BROWN/ 366TH BROADCAST OPERATIONS DETACHMENT

Soldiers with the Effects and Enabler Team load up simulated wounded Soldiers to be transported to one of the Combat Support Hospitals participating in the Combat Support Training Exercise 78-18-03, at Fort McCoy, Wisconsin, March 22, 2018.

**“SOLDIER READINESS PROCESSING OPERATIONS ARE WHAT OUR MEDICAL SUPPORT UNITS AND TROOP MEDICAL CLINICS ARE CONSTRUCTED TO SUPPORT AS THEIR MOBILIZATION OR GO-TO-WAR MISSION... I’VE BEEN ABLE TO SEE THESE UNITS FIRSTHAND... REFINING THEIR PROCESSES AND GETTING THINGS DONE.”**

— MAJ. GEN. MARY LINK, ARMEDCOM COMMANDING GENERAL

This is the challenge that Army Reserve’s Ready Force X medical units were faced with during their participation in the 84th Training Command’s Combat Support Training Exercise 78-18-03, conducted March 10–30, 2018 at Fort McCoy, Wisconsin.

Regional Medic is a medical exercise hosted by Medical Readiness and Training Command (MRTC) and was nested within the CSTX, but held at Fort Knox,

Kentucky, alongside a Theater Opening Exercise held at Fort Eustis and Fort Story, Virginia. The combined exercises within this CSTX involved more than 11,000 service members from nearly 200 units across the country. CSTX’s entire training focus supported Ready Force X units, whose preparation revolves around being trained and ready to deploy at a moment’s notice.

PHOTO BY LT. COL. ANGELA WALLACE, ARMY RESERVE MEDICAL COMMAND



Maj. Eric LeBlanc, a general dentist with the 7231st Medical Support Unit, exams the teeth and gums of Spc. Scott Gerber, a shower/laundry and clothing repair specialist assigned to 855th Quartermaster Company, 310th Expeditionary Sustainment Command, March 14, 2018.



PHOTO BY SGT. FRED BROWN/ 356TH BROADCAST OPERATIONS DETACHMENT

Above: Soldiers along with civilian instructors prepare simulated wounded Soldiers to be sent to medics for treatment during the Combat Support Training Exercise 78-18-03, at Fort McCoy, Wisconsin, March 22, 2018.

Below: Reserve Soldiers assigned to 807th Medical Command (Deployment Support) emplace vehicles during Regional Medic CSTX 78-18-03 at Fort McCoy, Wisconsin.

Lt. Col. Bryan Stevens, commander of 3rd Medical Command Deployment Support's 399th Combat Support Hospital, explained why Regional Medic is important for his unit.

"Doing a large, collective event like Regional Medic is critical to the development of a combat support hospital. When we do other support events, we don't actually set up the hospital."

"Those support events are good for individual skills training from a clinical standpoint; however, we don't function in an operational environment like we do [at Fort McCoy], so having the ability to do a CSTX is truly critical for us to be able to do all the tasks and all of the skills that are necessary for this hospital to be successful when deployed," said Stevens.

The Regional Medic training task force included approximately 225 personnel serving as Observer Coaches/Trainers and support staff for a training audience of approximately 2,100 medical personnel in 25 units assigned to both the 807th and 3rd Medical Command (Deployment Support).

Lt. Col. Michael Moyle, the exercise project officer for CSTX Regional Medic, explained initial steps for the complex exercise.

**"... HAVING THE ABILITY TO DO A CSTX IS TRULY CRITICAL FOR US TO BE ABLE TO DO ALL THE TASKS AND ALL OF THE SKILLS THAT ARE NECESSARY FOR THIS HOSPITAL TO BE SUCCESSFUL WHEN DEPLOYED."**

— LT. COL. BRYAN STEVENS, COMMANDER OF 3RD MEDICAL COMMAND DEPLOYMENT SUPPORT'S 399TH COMBAT SUPPORT HOSPITAL



PHOTO BY LT. COL. ANGELA WALLACE, ARMY RESERVE MEDICAL COMMAND

“During the planning phase, we looked at all of the participating units’ mission essential tasks and went through them with the units to determine how MRTC could thoroughly test each of the medical unit’s capabilities,” said Moyle. “. . . What these units really needed was to go back to the basics and focus on how to survive on the battlefield, which includes being able to shoot, move and communicate.”

Beyond the added warrior tasks, Regional Medic offered additional challenges placed into the scenarios to push the training audience to its limits.

“Based on the scenario created for Regional Medic, there will be many casualties. This is different from what the combat support hospitals are used to, but it’s important to stress these units beyond their normal thresholds in order to ensure they’re prepared for battles against any enemy we may face, anywhere in the world,” Moyle said.

Maj. Gen. Mary Link, Army Reserve Medical Command commanding general, echoed the importance of the training platform ARMEDCOM’s Medical Readiness and Training Command provides.

“I think MRTC does it the best. MRTC provides a consistently great training venue for their training audience. They have worked diligently to provide that capability and support to enhance training events like Regional Medic, truly challenging their training audience in the most realistic environment technology can provide.

“For anything that occurs in the future, the Army Reserve’s medical community will be ready when the Nation calls,” Link concluded. ❏



## CREATING THE CHAOS

Story and photos by Sgt. Fred Brown, 214th Mobile Public Affairs Detachment

**FORT MCCOY, WIS. —** In a warehouse just a few miles away from the combat support hospitals, Army Sgt. Cyrus Cajudo, a Practical Nursing Specialist from San Diego, California with 7452nd Medical Backfill Battalion, West Medical Area Regional Support Group, applies the finishing moulage to a mannequin in order to simulate a lower leg burn. Moulage is the art of applying realistic mock injuries to simulated wounded personnel for the purpose of training emergency response teams and military medical teams. Cajudo is just one of a dozen Soldiers from varying units that make up the Effects and Enabler Team, working to push out as many simulated wounded Soldiers to the training units as possible.

The members of the E&E Team all come from medical military occupational specialties and include many who have been deployed overseas. Cajudo feels this is the reason they were chosen for this important aspect of the exercise.

“I think it’s really good if you have a medical background while doing moulage, because they want this as real as it can be,” said Cajudo as he adds shards of glass to the charred-looking wound. “It really helps make this look as realistic for the medics in the field as possible.”

After deploying in 2004 as a Culinary Specialist, Cajudo decided to become a Combat Medic Specialist. After receiving his nursing certificate to become a Vocational Nurse, Cajudo decided to mirror his civilian and military occupations by finally becoming a Practical Nursing Specialist in the Army Reserve.

With medical experience from both his military and civilian positions, Cajudo understands the importance of the E&E Team’s mission to create the most realistic battle wounds in order to increase the quality of the medical units’ training during the CSTX.

“This is the kind of stuff you’re going to be seeing out there, if you ever deploy. That’s why we need to take this seriously,” said Cajudo. “We’re having fun creating all these different wounds, but I think we all know how important this is for people who’ll be treating these victims.” ❏



At top: Army Sgt. Cyrus Cajudo, a Practical Nursing Specialist from San Diego, California with 7452nd Medical Backfill Battalion, West Medical Area Regional Support Group, creates a charred look on a simulated burn victim during the Combat Support Training Exercise 78-18-03, at Fort McCoy, Wisconsin, March 22, 2018.

Inset: Army Sgt. Cyrus Cajudo, concentrates as he puts the finishing touches on the simulated burn wound during the Combat Support Training Exercise 78-18-03, at Fort McCoy, Wisconsin, March 22, 2018.



# A JOURNEY OF DETERMINATION, COMMITMENT & GRIT

## THE 2018 ARMY RESERVE BEST WARRIORS

By Sgt. Anshu Pandeya, 372nd Mobile Public Affairs Detachment and  
Jevon Thomas, 372nd Mobile Public Affairs Detachment

The Best Warrior Competition recognizes Soldiers who demonstrate commitment to the Army values, embody the Warrior Ethos, and represent the force of the future. Competitors test their knowledge, skills and abilities by conquering urban warfare simulations, demonstrating critical thinking, formal board interviews, physical fitness challenges, written exams, and warrior tasks and battle drills relevant to today's operating environment. All who have tried have distinguished themselves as "among the best," having overcome a series of tests—not the least of which are will, endurance, fitness and commitment. But ultimately, only one Soldier and one noncommissioned officer can earn the honor of becoming the 2018 Army Reserve Soldier and 2018 NCO of the Year.

And now, we have our winners...





Clockwise from top left:

A Soldier fires his assigned rifle in the kneeling position during the 200th Military Police Command's Best Warrior Competition held at Fort Hunter Liggett, California, April 16, 2018.

David Gutierrez, a military police Soldier with the 422nd Military Police Company headquartered in Bakersfield, California from Sunland, California bounds to the next position during a training lane at the 200th Military Police Command's Best Warrior Competition held at Fort Hunter Liggett, California, April 18, 2018.

Spc. John Munday, a bridge crewmember from Berkeley Springs, West Virginia, 459th Engineer Company (Multi-Role Bridge), 412th Theater Engineer Command, shoots his azimuth to precede to the first rally point during the land navigation event at the 2018 U.S. Army Reserve Best Warrior Competition at Fort Bragg, North Carolina, June 14, 2018.

Sgt. Andrew Chang, a paralegal specialist with the 4th Legal Operations Detachment headquartered in Fort Totten, New York from Fresh Meadows, New York takes up a prone position while wearing a protective gas mask during the 200th Military Police Command's Best Warrior Competition held at Fort Hunter Liggett, California, April 18, 2018.



Soldiers carry a casualty to a collection point during a training lane at the 200th Military Police Command's Best Warrior Competition held at Fort Hunter Liggett, California, April 18, 2018.

## THE CHALLENGES

### ● COMMAND SERGEANTS MAJOR BOARD APPEARANCE

Competitors are assessed by their breadth and depth of knowledge on areas such as military leadership and counseling, current events, Army history, tactical communications, survival, battle-focused training, weapons, U.S. government and Constitution, land navigation, the NCO Creed and history, and myriad other focus areas.

### ● ESSAY AND WRITTEN EXAM

Today's warrior is competent in their Soldier Skill Level and is capable of communicating in a boardroom or on the battlefield. To demonstrate the breadth of their knowledge and communication skills, warriors must complete a written exam covering broad topics related to the Army and compose an essay on a surprise topic to be announced when the event begins.

### ● PHYSICAL FITNESS ASSESSMENT

Physical fitness is a marker of individual readiness. Warriors will take a rigorous Physical Fitness Assessment to assess their individual fitness level and warrior spirit. In addition, warriors must meet Army weight standards in accordance with Army Regulation 600-9.

### ● WARRIOR TASKS AND BATTLE DRILLS

Today's warriors must be well versed in a variety of warrior tasks outside of their primary military occupational specialty. Competitors are expected to be proficient in the list of more than 40 warrior tasks and battle drills. Not all will be tested at the Best Warrior Competition; however, competitors won't know which WTBD they'll face until they enter their competition lanes.

### ● WEAPONS RANGE

The basic weapon of today's Warrior is the rifle. Warriors must successfully zero the M4 rifle.

### ● MYSTERY EVENT(S)

Soldiers must be able to react, adapt and overcome a situation quickly and decisively. Warriors will participate in a mystery event designed to see how well they can think on their feet while under both mental and physical stress.

**“Warrior Citizens invest hours of personal time preparing for this challenge, balancing Soldier readiness with civilian jobs, education and family. I’m incredibly proud of the determination and grit displayed by our competitors—they have proven themselves to be among the best in the Army.”**

— COMMAND SGT. MAJ. TED COPELAND,  
U.S. ARMY RESERVE SERGEANT MAJOR





Left: Sgt. Chase Craig, an observer coach-trainer from Okarche, Oklahoma, with the 3rd Company, 290th Observation and Control Training Battalion, 91st Training Division, performs a low crawl on the Fort Bragg Air Assault School Obstacle Course. Touching the barbed wire with any part of his body results in disqualification.

# THE 2018 ARMY RESERVE WINNERS

Army Reserve Soldier of the Year Spc. John Munday and NCO of the Year Sgt. Chase Craig distinguished themselves as 2018's most capable, combat-ready, and lethal competitors among 36 Soldiers from U.S. Army Reserve commands across the globe.

Military skills ranging from combat medic to musician, and civilian specialties such as law enforcement and laboratory specialist quickly became secondary to grit and proficiency as the competition wore on. In rainy weather conditions with temperatures approaching 100 degrees, common warrior tasks—such as marksmanship—and some less common proficiencies—such as rappelling from a helicopter—took their toll on the sleep-deprived Soldiers as they counted down more than 40 warrior tasks and drills.

"The hardest part of the competition was adjusting to sleep," said Munday. "You get into gear, and you get into the right mindset and things start to roll..."

Munday is a bridge crew member from Berkeley Springs, West Virginia, 459th Engineer Company (Multi-Role Bridge), 299th Combat Engineer Battalion, 412th Theater Engineer Command. He is married, holds a bachelor's degree in history, and works for the FBI. Munday is continuing a tradition of military service, following his grandfather who served in the Army, grandfather who served in the Marines, and father who served in the Navy. His love of competition, as well as his desire to test his skills against the best, drove him to compete.

Craig is an observer coach-trainer from Okarche, Oklahoma, with the 3rd Company, 290th Observation and Control Training Battalion, 1st Brigade, 91st Training Division, 84th Training Command (Unit Readiness). Also married, Craig has a 10-month-old daughter and another on the way. He earns a living as a firefighter for the

Oklahoma City Fire Department while keeping up with his interests of hunting, fishing, and being a father. As a Citizen-Soldier, Craig believes in setting an example for his country while maintaining a balance in his home and work life.

"[W]e came out here every day and pushed ourselves. We molded together as a team; it wasn't really a competition, it was more of a brotherhood. I think you can say we made each other better, and at the end of it, I'm just excited and proud," Craig said.

Munday and Craig were recognized in a ceremony at the Crown Complex in Fayetteville, North Carolina, on June 15, 2018. Both will go on to represent the Army Reserve in the Department of the Army Best Warrior Competition in October at Fort A.P. Hill, Virginia. 🏆

**SPC. JOHN MUNDY**  
SOLDIER OF THE YEAR

**SGT. CHASE CRAIG**  
NCO OF THE YEAR



Left: Spc. John Munday assembles a weapon at the 2018 U.S. Army Reserve Best Warrior Competition at Fort Bragg, North Carolina, June 14, 2018.

Right: When all scores had been calculated after the grueling competition, Sgt. Chase Craig (left), and Spc. John Munday, received the 2018 U.S. Army Reserve Best Noncommissioned Officer and Best Warrior at an awards banquet held at the Crown Plaza at Fayetteville, North Carolina, June 15, 2018.



# SAFE

Is the static line routed correctly? Are the risers crossed? Soldiers or heavy cargo? For Soldiers in the 421st Quartermaster Company, “attention to detail” is less a catch phrase than a lifesaving mission statement.

# D S C E N T





By Sgt. 1st Class  
Gary Witte

642nd Regional Support Group

Cpl. Adrian W. Thomas of Macon, Georgia, a parachute rigger with the 421st Quartermaster Company, places the centerline for a cargo parachute March 10, 2018 at Fort Valley, Georgia.

ALL PHOTOS UNLESS OTHERWISE NOTED ARE BY SGT. 1ST CLASS GARY WITTE,  
642ND REGIONAL SUPPORT GROUP

## FORT VALLEY, GEORGIA

Sgt. Todje M. Ferguson of Baltimore, Maryland, a parachute rigger with the 421st Quartermaster Company, checks the static line for a parachute March 10, 2018 at the Army Reserve Center in Fort Valley, Georgia.



Parachute riggers with the 421st Quartermaster Company; based in Fort Valley, Georgia, pack hundreds of chutes every month for use by reserve and active duty troops across the southern United States. And there isn't just one kind of parachute, there are more than a dozen, each with a specific method for packing to ensure it opens correctly.

First Sergeant Richard Davis of Musella, Georgia, said one mistake by a parachute rigger could lead to a fatality or injury.

"A lot of things can go wrong," he said. "Everything we do to pack a parachute has to be done by steps. Everything has to be precise."

Military jumps typically involve the use of a thick cord called a static line to pull the chutes open. If, for instance, the line is routed wrong, the parachute won't open. Also, if the static line is faulty and the problem isn't discovered, it can shred, and the parachute won't open. If the risers that connect the jumper to the chute are flipped, its canopy might only partially open—sending the Soldier speeding toward the ground.

Cargo loads can be even more complicated. Because of the weights involved—up to about 2,000 pounds—the chute has to be adjusted to deploy a certain way, otherwise the shock of its opening

can tear it. This would send the heavy payload raining down across the landscape.

"Hopefully, no one is below it, if that happens," said Master Sgt. Brian W. Steverson of Bonifay, Florida.

"To become a qualified parachute rigger, one has to go through airborne orientation, then airborne school, then rigger school," he said. As part of graduating rigger school, which itself is an 11-week course, the Soldiers pack their own chutes and then jump with them.

"When they come to us, they already have six or seven jumps," Steverson said.

Parachute riggers have to maintain their status by jumping every three months at a minimum. If they don't maintain their jump status, they aren't allowed to pack or inspect parachutes, Steverson said.

A handful of riggers remain at the unit on active duty to continue the packing process throughout the week and also travel with the chutes when they are shipped to locations in California,





U.S. AIR NATIONAL GUARD PHOTO BY SENIOR AIRMAN SHELDON THOMPSON

Left: Soldiers of 421st Quartermaster Company perform a static line jump out of a C-130 Hercules over Sylvania, Georgia, January 10, 2107.

Below: Spc. Arnesha Noble of Warner Robins, Georgia, a parachute rigger with the 421st Quartermaster Company, signs her name after inspecting a parachute March 10, 2018 at the Army Reserve Center in Fort Valley, Georgia.



“A lot of things can go wrong. Everything we do to pack a parachute has to be done by steps. Everything has to be precise.”

— 1ST SGT. RICHARD DAVIS, 421ST QUARTERMASTER COMPANY

Texas, Florida, South Carolina, Georgia and Alabama. These parachutes allow members in those airborne units to maintain their own jump status.

The number of chutes packed every month vary, but typically, there are more than several hundred per month. Properly packing a single parachute can potentially take anywhere from 20 minutes to an hour, depending on how experienced the rigger is. There are 13 rigger checks of each chute—including inspections prior to its assembly, before it is packed, while it is packed, after it is packed and a jumpmaster inspection at the airfield—before it is authorized to be used in a jump.

Sgt. David Frady of Warner Robins, Georgia, is one of the full-time parachute riggers. He’s been doing it for eight years and enjoys the complexity, because of the variety of payloads and parachutes they have to manage. There’s a lot of information to absorb all the time, since both the equipment and missions change.

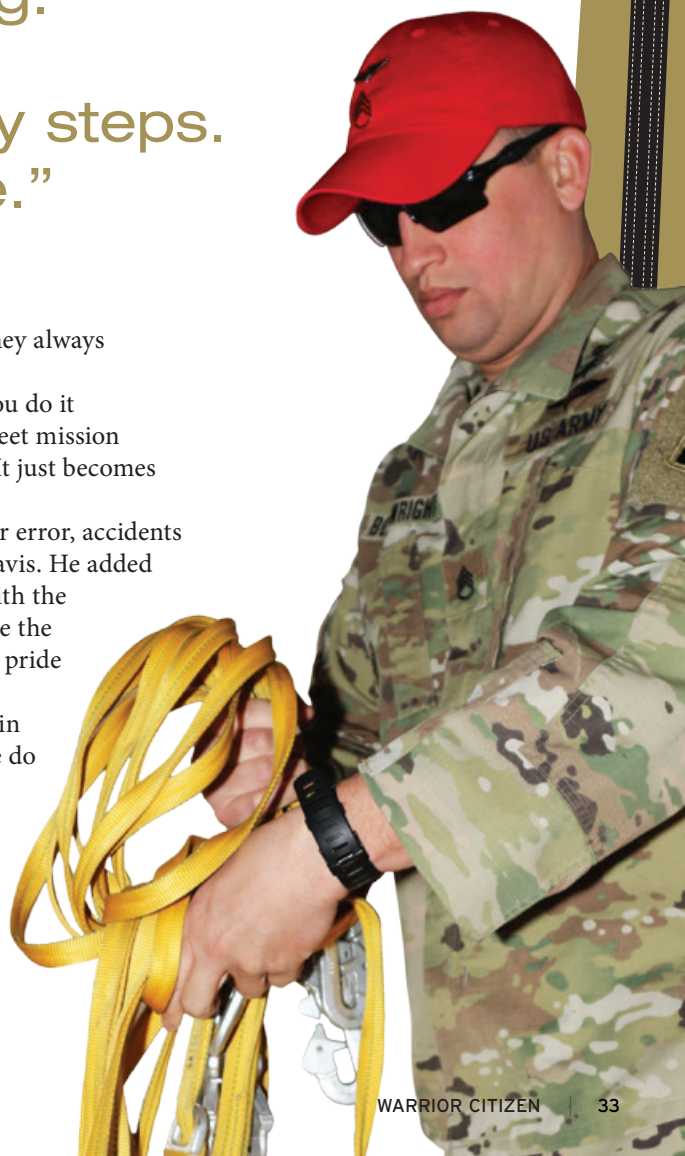
It can get repetitive, but they always stay busy.

“You pack 15 a day, and you do it every single day until you meet mission requirements,” Frady said. “It just becomes the norm.”

Despite the possibilities for error, accidents remain rare, according to Davis. He added that the parachute riggers with the 421st Quartermaster Co. take the mission personally and have pride in their work.

“It’s still a high risk thing in which we’re involved, but we do everything we can to keep it safe,” he said. ✖

Right: Staff Sgt. Michael Boatwright of Cleveland, Georgia, a parachute rigger with the 421st Quartermaster Company, unties static lines in preparation for jump rehearsals at the Army Reserve Center in Fort Valley, Georgia.



# BUILDING

*Story and photos by*

***Sgt. Kayla Benson***

*364th Expeditionary  
Sustainment Command*

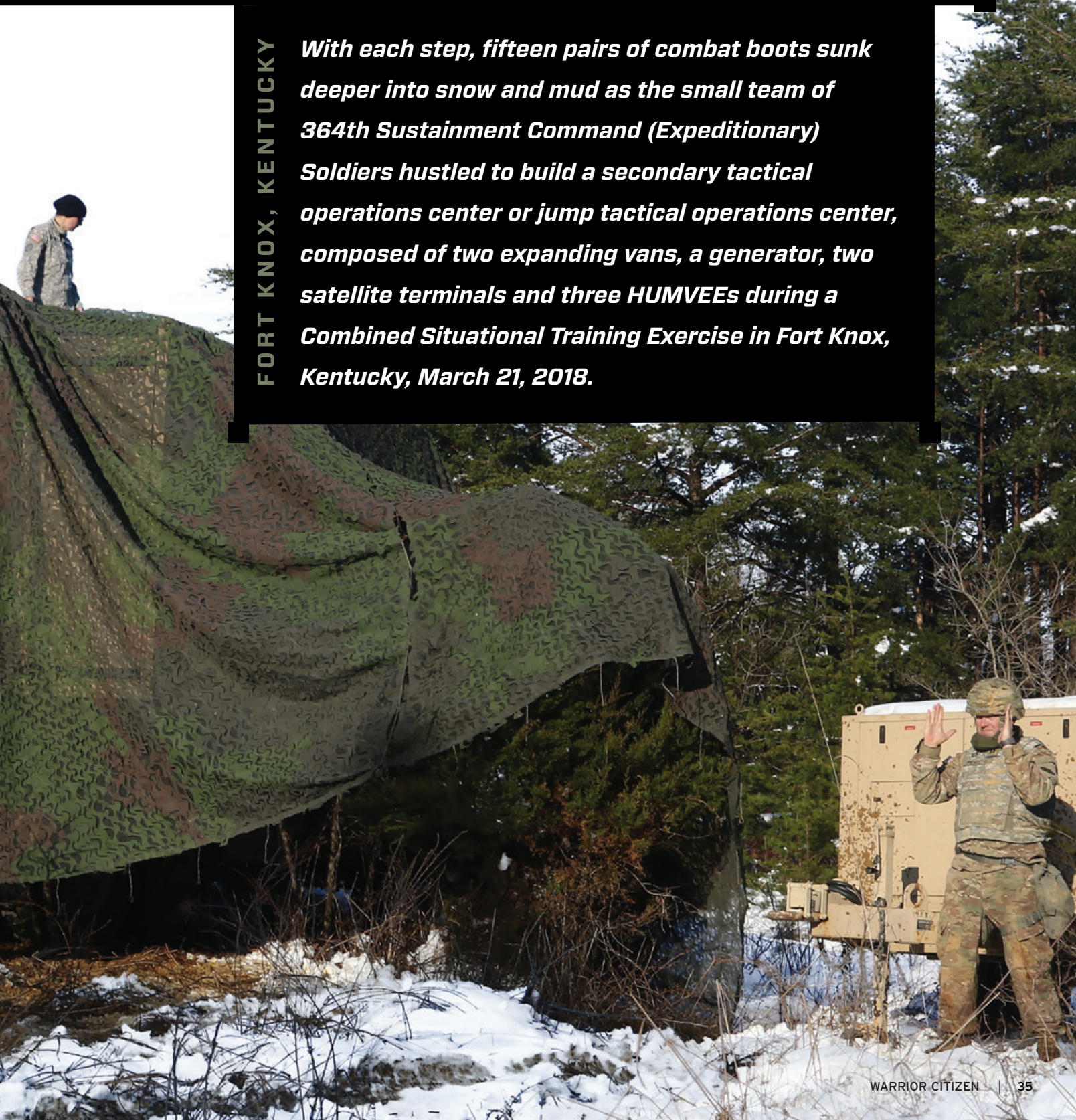


Soldiers with the 364th Expeditionary Sustainment Command use a camouflage net to conceal a Tactical Operations Center Coyote in Fort Knox, Kentucky, March 22, 2018, during Combined Situational Training Exercise—Bridge.

# THE JUMP

FORT KNOX, KENTUCKY

*With each step, fifteen pairs of combat boots sunk deeper into snow and mud as the small team of 364th Sustainment Command (Expeditionary) Soldiers hustled to build a secondary tactical operations center or jump tactical operations center, composed of two expanding vans, a generator, two satellite terminals and three HUMVEEs during a Combined Situational Training Exercise in Fort Knox, Kentucky, March 21, 2018.*





Above left and center: Master Sgt. John Haag, operational contract support noncommissioned officer in charge with the 96th Sustainment Brigade, inspects a generator for functionality.

Inset: Soldiers with the 850th Signal Command prepare an antenna for the 364th Expeditionary Sustainment Command's Jump Tactical Operations Center.

**J**ump Tactical Operation Center Coyote, the first of its kind for the 364th, demonstrated the Soldiers' ability to react in a new combat environment. Their goal was to establish and maintain communications with the main TOC, which was one mile away.

"We're training to go to an environment that is unfamiliar," explained Capt. Kevin Prevost, a training support officer with the 364th ESC. "We're breaking new ground."

"This is an idea that kind of sprang out from this exercise. [Brig. Gen. Gregory] Mosser and his staff want us to kind of see what we can do," he said. "We are pressing forward, leaning forward in the saddle as they say, to at least attempt to set the equipment up the way it would need to be set up."

Despite the cold Kentucky weather and working into the night, the Soldiers successfully stood up and concealed the mobile operations center along the tree line and established 360-degree security. Communication with the main TOC was made by phone, e-mail and radio using a terminal satellite and antenna.

"Signal [and] comms could be considered the blood of the JTOC. Without them, there's really not much

point to the whole thing," said Sgt. Cory J. Seamons, a sustainment automation support management specialist with the 96th Sustainment Brigade, 364th ESC. "Communication to the rear, data input [and] output with other units, stockages, ordering and movements all need connectivity to track and move."

The jump TOC tested the unit's capability to not just support operations remotely, but completely resume operations if the main TOC were compromised by enemy fire or chemical

attack. Sustainment operations are a critical piece on the battlefield, as it includes moving and tracking troops, as well as supplying ammunition, fuel, equipment and life-essentials such as food and water.

Being the first project of its kind for the unit, the Soldiers had to critically assess the situation and determine the best use of the limited amount of equipment and supplies, noting their obstacles, duration of tasks and successes.

"We were able to expand our current capabilities for the unit and actually prove a concept for future operations," said Sgt. Jordan Smith, satellite communications specialist with the 96th SB.

After two days in their first jump location, a team of 364th Soldiers packed up and jumped again—this





***The jump TOC tested the unit's capability to not just support operations remotely, but completely resume operations if the main TOC were compromised by enemy fire or chemical attack.***

time 15 miles from the 364th's main TOC. Even though the jump TOC staff rotated, the teamwork and morale stayed high throughout the process.

"Different people at different times have worked on this particular part of the project, so we've had input from all staff sections and all

different ranks, and people have chipped in to do their part," said Prevost.

The jump TOC attracted the attention of several distinguished visitors, including Lt. Gen. Charles D. Luckey, Chief of the Army Reserve and commanding general for U.S. Army Reserve Command.

"There was a time when we conducted operations in a very dynamic fashion like this," said Luckey. "The way you all are thinking about doing this, you're on the right track." ❏

Above: Sgt. 1st Class Ryan Leary, transportation management and distribution management noncommissioned officer in charge with the 364th Expeditionary Sustainment Command, uses a sledge hammer to push the legs of an expanding van into the correct placement.

Soldiers with the 850th Signal Company and 96th Sustainment Brigade raise a satellite transportable terminal dish at the 364th Expeditionary Sustainment Command's Jump Tactical Operations Center Coyote.



# Keepsakes of an Old Soldier

By Master Sgt. Michel Sauret,  
200th Military Police Command,  
Public Affairs Office

Raymond Moran earned the nickname “Old Soldier” when in his early 30’s while serving in Vietnam. At the time, he would commonly replace forgotten names with “Ol’ Soldier,” and being somewhat older than his fellow warriors, the good-natured nickname stuck back on him.

Now, at the age of 88, a life well-lived unfolds as Moran gingerly makes his way down the basement steps.

He pauses midway to point out a glass-encased “Moran” street sign. “They named a street at Fort Meade after me, too, right there,” he says.

Below, it’s a walk through history. Sixty-five years of total service; the equivalent of three military careers.

Thirty years on active duty and another 35 years as a civilian recruiter for the Army Reserve.

The basement is like a private museum. Pictures, plaques, trophies, statues, banners, posters, flags, awards, books, newspaper clippings are hung and displayed everywhere, creating a virtual time capsule that dates back to the Korean War. These are the cherished

keepsakes of a Soldier who personifies resiliency, pride in service, and love of Family and friends.

Moran served as an infantryman and recruiter, living and serving all over the world: Japan, Korea, Vietnam, Cambodia and Germany. “I loved it. Enjoyed every minute of it,” he said. “It was just an honor for me to serve. And I have all of this as a result of it.”

“All of this”—more than plaques and pictures displayed on the walls of a basement, more than newspaper articles overflowing from multiple binders —“all of this” was a lifetime’s worth of reminders of lives touched by this career Soldier, recruiter, mentor and friend.



## Recruiting Hall of Famer

Perhaps most impactful was his role as a recruiter—both in the military and as civilian working for the Army Reserve. Moran enlisted so many men and women that, not only was he inducted into the U.S. Army Recruiting Command Hall of Fame, but they also named it after him. In 2017, his Lifetime Service Award was modestly presented at a local barbecue joint—somewhere everyone could feel comfortable.

Moran rose to the rank of sergeant major, responsible for hundreds of recruiters across multiple states as senior

enlisted noncommissioned officer of the First Recruiting Brigade on Fort Meade. When he retired, Moran essentially started over, accepting an entry-level “GS-7” civilian position. And he loved it. He recruited for the Army Reserve, but also referred plenty of active duty recruits to his colleagues, helping them meet their recruiting goals.

“Recruiting is something close to my heart. I have a lot of pride in the Army Reserve, so encouraging them to join was an easy job for me,” he said.

“He genuinely is that kind of person. Positive. Upbeat. I hope to someday love anything as much as that man loves the Army and (his wife) Barbi,” said

Sgt. Maj. Luther Legg, former recruiting command sergeant major and long-time friend.

## Combat Infantryman

Near his bar, a genuine M1 rifle is on display, returned from Korea decades after the war—a Veterans Day gift from his eldest son, Ray. It’s the same model rifle he carried in combat when he was a young infantryman.

Moran proudly points to a nearby photo of a young Soldier. Not him—it’s his grandson, Christopher. Moran recruited him, and he went on to serve in Operation Iraqi Freedom from.



"And of course he got pinned with a (Combat Infantry Badge), and he was so proud because the first thing he wanted to show me was his CIB," said Moran.

It's a common bond. Because there, hanging on the wall, was the oversized replica of the CIB he himself earned in

Korea—a ribbon given specifically to infantrymen who engage in combat.

When the Korean War first broke out, Moran was a corporal serving in Japan on peacekeeping occupation duty. The war brought him to the Korean peninsula. When he returned home to his parents in Latrobe, he was a 21-year-old master sergeant. He'd been promoted four ranks in one year.

"That (badge) was pinned on me by my battalion commander in the Korean War... We were in mud up to our ankles in combat boots, and he told everyone, 'Unbutton your top button on your field jacket. And then he came and pinned our CIB on... That day, it must have been at least 100 (of us). We were all lined up from one end to the other in a parade field. That was the only time we ever got together,'" said Moran.

Even when times were the most tough, Moran found a way to stay positive. He was known for his constant smile and infectious positive attitude, said his son Ray, recalling another nickname his father earned.

"Dad used to tell a story when I was a kid that they were digging ditches or something in Korea, and Dad was whistling," he said. "The captain came over and said, 'You're a morale-builder

Moran.' Everybody called him Smiley Moran after that."

A few memories from that time frame stand out: seeing his brother in Korea on several chance encounters, and coming home to hug his father. Yet, not every story is offered as easily as his smile, nor found framed inside a picture. Some stories surface over the years in the most unexpected ways.

Years ago, his son Ray accompanied him to receive an award in Texas and a young sergeant major came up to him and said, "Hey! You're Smiley Moran, aren't you?... My dad says you saved his life."

That was a story his son had never heard, and even when asked about it now, he treats it as if it was no big thing.

"I just patched him up. Did the best I could, the way they teach you in the Army," he said.

## Soldier First

As much as Moran had come to love his recruiting career, he loved the Army more. He'd been retired for 21 years when he convinced the Army to allow him back on duty to serve in the Gulf War.

"You've got to help me put my uniform together. I've never worn these," he told



Sergeants Moran and Wells 2/7th Cavalry just south of the 38th parallel, March 1951 during the push north in the first United Nations counter offensive.

“Recruiting is something close to my heart. I have a lot of pride in the Army Reserve, so encouraging them to join was an easy job for me.”

— Raymond Moran, retired Army infantryman and recruiter



LZ Jerri Republic of Vietnam, 1969, Sgt. Maj. Ray Moran near the Cambodian Border.

Ray, holding up a camouflage-patterned “battle dress” uniform.

“He was in the old, starched, OG-107 green Vietnam uniforms from that era,” said Ray, who was an Army Reserve Soldier himself at the time. “So he’d never worn battle dress until he got recalled for Desert Storm.”

“The age cutoff was 63, and he was just a few months shy,” Ray added. “He volunteered again later at age 74 when Operation Iraqi Freedom kicked off. The Army sent him a very nice, ‘Thanks, but not this time,’ letter.”

## Family Always

Through it all, he has maintained the wholehearted support of his family. In fact, the entire display covering the walls was a labor of love, with every memory having been hung by his wife, who’d gained a decade of experience working at the museum on Fort Meade.

I never put one nail on the wall,” said Moran.

The couple has been married 65 years, celebrating their wedding anniversary at home on Valentine’s Day. He, Barbara, and their three children, Ray, Rich, and Robbi—grown into parents and some into grandparents by now—had lived in so many places during Moran’s time on

active duty, but one town in particular is still a point of pride for the Old Soldier: Latrobe, Pennsylvania.

If anyone mentions Latrobe, they are quick to mention Arnold Palmer, the famed golfer whose smiling, autographed picture is featured in his basement. Palmer and Moran were high school friends, along with Fred Rogers, who was one year ahead of them. “He never had any tattoos underneath his sweater,” Moran said of Mister Rogers, dispelling the popular rumor.

It’s hard to imagine Raymond Moran as a combat-fierce infantryman, not



Kaiserslautern, Germany, 1964 — Master Sgt. Ray Moran, daughter Roberta, and wife Barbara welcome new son Ray Ray home.

because of his age, but because of his gentleness. “He’s always positive. He’s always upbeat” said Legg. “At first you think, ‘He’s a recruiter and he’s been a recruiter for years and years and years, so he’s taught to be that way because he wants to be positive around people

Master Sgt. Ray Moran receives an award from 2nd Army for leading his region as an Army Recruiter in Washington, Pennsylvania, 1954.

when talking to them about joining the Army.’ But then you realize that he’s just like that. There’s no one left for him to convince to join the Army.”

A few miles from their home, Moran still has an office at an Army Reserve center. He doesn’t go there often, but like his basement, the walls of that office are plastered with reminders: autographed portraits of sergeants major and generals, coffee mugs from all corners of the Army, a rack full of challenge coins, pictures, banners, trophies, even the Korean flag draping from one corner of the room.

Nowadays, he spends most of his days at home with Barbara, whom he calls his “wonderful Army wife.” On the rare occasions he makes his way to Fort Meade, he’s treated like a local celebrity. Soldiers at the gate recognize him and many stop him to take a picture together.

At home, a nurse visits daily to take care of Barbara and checks both of their temperatures and blood pressure in the morning while they eat breakfast.

After she reads his vitals, Moran asked, “Is that good?”

“That’s very good. You’re strong and healthy.”

“Good,” he responded. “I guess I’ll re-enlist, then.”

*Smiley Moran*



Soldiers and civilians of the Family readiness group from 1st Brigade, 98th Training Division (Initial Entry Training) pose for a photo after being awarded the 2017 Department of Defense Reserve Family Readiness Award at the Pentagon in Washington, D.C., March 23, 2018. (Courtesy Photo)

# DoD Reserve Family Readiness Award

BY MAJ. MICHELLE LUNATO, 98TH TRAINING DIVISION—INITIAL ENTRY TRAINING

**WASHINGTON, DC** — Soldiers and civilians of the Family readiness group from 1st Brigade, 98th Training Division (Initial Entry Training) were awarded the 2017 Department of Defense Reserve Family Readiness Award at the Pentagon in Washington, D.C. March 23, 2018.

The award, which was established in 2000, recognizes units that have the best military family support program from each of the seven reserve components.

“Being acknowledged as the unit with the best Family program across the

U.S. Army Reserve is fabulous,” said Georgette Morgan, the 98th Training Division Family readiness support assistant, who submitted 1st Brigade for the national award. “When I started here back in 2013, there was no FRG [Family readiness group] anything. So in the last year, 1st Brigade has really stepped up and gotten their FRG program together.”

They didn’t put together just any program though, they created a multifaceted program committed to the Soldiers and Families, said Brig. Gen.

Miles Davis, commanding general, 98th Training Division (IET).

“It’s truly a program that lives what we are trying to do with Family readiness. They are connected with the Soldiers. They connected with the Families. They understand the needs of the Families and Soldiers, and they have the community tied into the whole organization. It’s truly an outstanding example of what we want Family readiness to be,” said Davis.

Getting the Family readiness program from zero to multifaceted was no

easy task, according to Suzanne Matusiewicz, Family readiness group leader for 1st Brigade.

“...In order to make things like that happen, you have to network, involve yourself in the community and talk to people who’ve had experience.”

Matusiewicz, a combat veteran herself, volunteers because she remembers what it was like to deploy as a single Soldier when her unit’s FRG was her only support system. “I had very little support, but the support I did have came from the VFW [Veterans of Foreign Wars]. It came from the USO [United Service Organizations]. It came from schools writing letters.”

It was the little things that these FRG volunteers and sponsors did for her that made her stay focused on her mission and kept her spirits up. “In 1995, we didn’t have cell phones. We didn’t have computers. We were out in the middle of nowhere, and just to get that package—that little gift... I still have that card to this day.”

Now, years later, Matusiewicz is a key player in 1st Brigade’s DoD-recognized program. She spends hours networking and researching various ideas or benefits to help the brigade’s Soldiers. She’s also been known to travel from her home in Chicago to FRG events in Georgia just because she wants “to give back and help the people who are now serving.” However, she refuses to take a large portion of the accolades, saying she is just part of a great team. “We have a very strong command team that’s very pro-Family, and we don’t define Family as your traditional husband, wife and children,” said the FRG leader, who has no Family in the brigade she volunteers for. “Family is whoever the Soldier says it is. And we welcome everyone. That makes such a big difference.”

“It’s the power behind that diverse group that gives this Family program its momentum,” said Morgan. “It’s in the name itself—Family readiness

group—one person cannot do it.” Over the years, she’s seen people try to do it themselves. “But that doesn’t ever work in the long run, because that person just breaks. It’s just too much.”

**“It’s truly a program that lives what we are trying to do with Family readiness. They are connected with the Soldiers. They connected with the Families. They understand the needs of the Families and Soldiers, and they have the community tied into the whole organization. It’s truly an outstanding example of what we want Family readiness to be.”**

— BRIG. GEN. MILES DAVIS,  
COMMANDING GENERAL,  
98TH TRAINING DIVISION (IET)

So according to the unit, the key to their success has been teamwork among civilian volunteers, sponsors and Army Reserve Soldiers acting as liaisons between them and the rest of the unit. With a combination of effort and ideas, the award-winning Army Reserve program had everything from a food pantry to individual Families being sponsored for Christmas presents.

However, it wasn’t all about giving things away and having bake sales. “Today’s FRG is not what yesterday’s FRG was,” said Matusiewicz. “It’s nothing like that. It’s about training. It’s about educating the Families on what benefits are available.” For example, 1st Brigade FRG assisted in getting help for displaced Families and Soldiers suffering from post-traumatic stress disorder. They coordinated the building of ramps at homes and listened to what the Soldiers wanted and needed.

Of course, volunteers and sponsors can all work really hard, and an FRG can still fail if there is no commander support. That was not the case at 1st Brigade. Their commander, Col. Timothy Pulley, really inserted himself into the FRG, which is really important, according to Morgan. “It’s a commander’s program, and him working closely with their liaison, Staff Sgt. [Christina] Hawkins, and their two volunteers, that is really what pulled them all together. And that is what you need.”

Whatever the reasons behind 1st Brigade’s Family program success, the DoD saw something that stood out to prompt recognizing them as the top Army Reserve Family Program.

As FRG civilians and service members from the other components—Army National Guard, Marine Corps Reserve, Navy Reserve, Air Guard, Air Reserve and Coast Guard Reserve—gathered together in the Pentagon’s Hall of Heroes, The Honorable Robert Wilkie, Under Secretary of Defense for Personnel and Readiness and host of the ceremony, explained how much the DoD appreciates the Reserve forces and their Families. “On behalf of a grateful Secretary of Defense, and hopefully a grateful Nation, I thank you for carrying the torch of freedom and carrying on the legacy that has made the Nation the envy of the world and continues to awe this planet.” ■

# Pacific Reserve Families Train for Crisis and Readiness Management

STORY AND PHOTOS BY STAFF SGT. JAMES KENNEDY BENJAMIN, 9TH MISSION SUPPORT COMMAND

**FORT SHAFTER FLATS, Hawaii** — For more than a half hour on Jan. 13, 2018, many residents and visitors to this tropical paradise worried that their last moments on earth were upon them.

The mistakenly-issued inbound ballistic missile alert created widespread panic, and led to the Army Reserve taking a closer look at how they prepare for disaster scenarios.

Since then, 9th Mission Support Command, headquartered at Fort Shafter, has been proactive in training and equipping, not just their Soldiers, but their Families as well, in dealing with similar types of scenarios.

The 9th MSC's Family Programs office conducted a day-and-a-half training for Family Readiness Group volunteers and liaisons from March 9 to 10 at the Daniel K. Inouye U.S. Army Reserve Complex, Fort Shafter Flats.

The training focused on FRG best practices and on crisis and readiness management to better equip their Army reserve Soldiers, their Families and units across the Pacific.

"Army programs and services enable readiness by helping Soldiers and Families mitigate the unique demands of military life, foster life skills and strengthen resilience," said Brig. Gen. Douglas Anderson, commanding general, 9th MSC.

The first part of the training allowed regional FRGs from Hawaii, Alaska, American Samoa, Korea, Guam and Saipan to discuss area-specific practices and issues affecting their Families. For a senior FRG volunteer, this proved invaluable.

"I liked the exercises where we had to get into groups and discuss what worked well and what challenges we faced," said Dr. Sheila Woods, a retired command sergeant major with the 9th MSC and now a senior volunteer with the 962nd Quartermaster Company, 9th MSC. "This allowed the group to talk through issues and concerns

and to hear some best practices from those who are currently active or those seasoned volunteers."

The second part of the training concerned crisis and readiness management. Guest speakers from internal and external agencies shared their latest information on their functions and how FRGs could use their different resources. Some of the topics and resources discussed were American Red Cross services, Army Community Services, Army Disaster Personnel Accountability and Assessment System, Defense Support to Civil Authorities and Military One Source.

Woods said she enjoyed the small group discussions, where individuals shared their experiences during natural disasters. The groups worked through the most dangerous and the most likely scenarios while brainstorming plans on how to best prepare their Families.

"It gave the participants first-hand insight into things that went right and what could have been done better," said Woods, who lived in Hawaii for almost 26 years and now resides in San Antonio.

The 40 participants, who represented different units, came to the training with little to no experience in preparing Families for crisis and left the training more prepared.

"After attending this training, our Families have the tools and resources needed to guide them through the process if faced with a crisis," Woods said. "This training gave those who attended a baseline or foundation to build or start from." ❏

Family Readiness Support Assistant Hokulani Bailey, seated, with the 9th Mission Support Command, discusses available Army Reserve Family Programs' services with a Family Readiness Group volunteer at the Daniel K. Inouye Complex U.S. Army Reserve Center, Fort Shafter Flats, Hawaii, March 9, 2018.



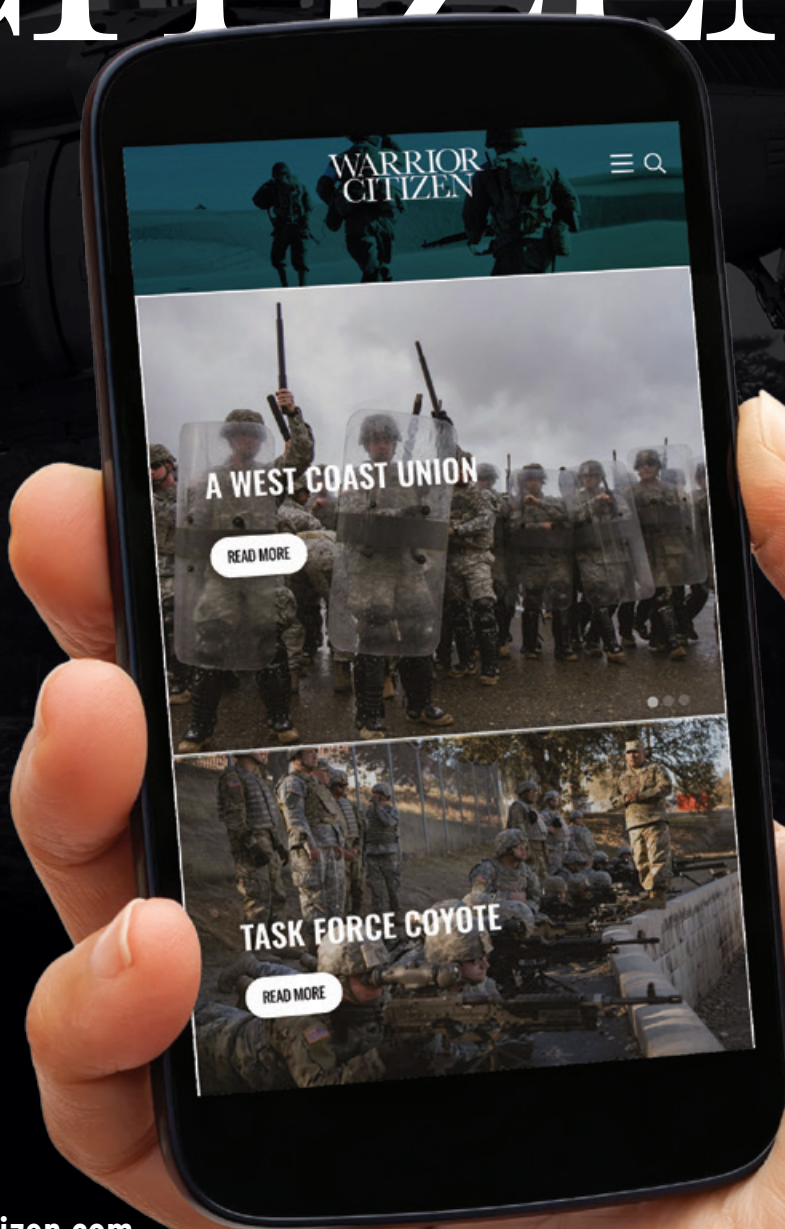
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