Range Boats Monitor the Sounds of

Freedom With New Devices

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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Charles County Science Students Honored with NSWC IHEODTD Special Awards Page 3 By **BARBARA WAGNER** South Potomac Pilot

If you have lived anywhere near Naval Support Facility (NSF) Dahlgren at any time during the last century, chances are you recognize the familiar "sounds of freedom" echo across Potomac River waters as the Naval Surface Warfare Center Dahlgren Division (NSWCDD) tests the Navy's latest weapons and combat systems. The Potomac River Test Range (PRTR) is the nation's largest fully-instrumented, overwater test range; the critical work undertaken there directly supports warfighters from not only the Navy, but from every branch of the military.

While noise is an inescapable byproduct of testing on the PRTR, atmospheric conditions can change the acoustics and intensify sounds at various locations in and around the range. Range Operations Center personnel, part of NSWCDD's Gun and Electric Weapons Systems Department, are dedicated to not only testing the next generation of combat systems, but also being a good neighbor to the communities that have been so supportive of the base over the years.

Every day, the Range Operations Center works to model, monitor and



U.S. NAVY PHOTO BY BARBARA WAGNER

Naval Surface Warfare Center Dahlgren Division (NSWCDD) Engineer Dave Dukes adjusts the external microphone used to track and monitor the sound levels produced on the Potomac River Test Range (PRTR). The microphones and Integrating Sound Level Meters were recently installed on range boats to improve sound monitoring and ensure that noise produced during testing remains within accepted guidelines.

reduce exposure to the percussive sounds heard downriver on the Potomac, both on the Maryland and Virginia shores.

The Range Operations Center has a

new tool to help it in that mission and ensure that noise impacts fall within the acceptable guidelines. Fixed sound level meters have been located on both the Maryland and Virginia sides of the range for at least a decade to allow for noise monitoring. However, it is only this year that the range boats have been equipped with dynamic sound monitoring equipment to enhance their monitoring capability.

"We have had the new sound meters on the range boats since the beginning of the year," explained Dave Dukes, an NSWCDD employee who is responsible for the monitoring and upkeep of the new sound receivers. "To supplement our fixed monitors, NSWCDD decided to test whether dynamic monitoring would be beneficial."

The device was tested on a single boat for almost a year before deploying the system with the rest of the range boat fleet.

The devices — Brüel & Kjær's 2238 Mediator[–] — are Class 1 Integrating Sound Level Meters along with externally-mounted microphones that allow the boats to transmit information back to the range station in nearly real-time, enhancing the Range Operations Center's ability to monitor noise impacts in the ever-changing atmospheric conditions on the range.

Currently, there are eight stationary

See Sounds, Page 6



U.S. NAVY PHOTO BY BARBARA WAGNER Capt. Godfrey "Gus" Weekes, commanding officer of the Naval Surface Warfare Center Dahlgren Division (NSWCDD) speaks as Capt. David Zook, AEGIS Training and Readiness Center commanding officer looks on at the second installment of the Dahlgren Heritage Museum Speaker Series event March 14. The next installment is April 11.

Dahlgren Commanding Officers Share Experiences and Hilarity at Speaker Series

By **BARBARA WAGNER** South Potomac Pilot

Six commanding officers from Naval Support Facility (NSF) Dahlgren gathered March 14 at the University of Mary Washington-Dahlgren Campus for a roundtable discussion as part of the Dahlgren Heritage Museum's Centennial Speaker Series.

The commanding officers shared, from their vast and diverse experiences, milestone events that best prepared them for their current leadership at NSF Dahlgren.

Present for the event were Capt. James "Jim" Jones, commanding officer of Naval Surface and Mine Warfighting Development Center Integrated Air and Missile Defense Division (SMWDC-IAMD), Air Force Col. Melvin Sachs, commanding officer of the Joint Warfare Analysis Center (JWAC), Capt. Michael O'Leary, Naval Support Activity South Potomac (NSASP) commanding officer, Center for Surface Combat Systems (CSCS) Commanding Officer Capt. Frank Castellano, Capt. David Zook, the commanding officer at the AEGIS Training and Readiness Center (ATRC), and Capt. Godfrey "Gus" Weekes, commanding officer of the Naval Surface Warfare Center Dahlgren Division (NSWCDD).

Each leader shared experiences that had made an impact on their lives and careers. These ranged from a tale about being part of a movie set, as Castellano did on the making of "Captain Phillips" with Tom Hanks — a film adaptation of the high seas drama when Castellano skippered the guided missile destroyer

Women's History Month

By **THERESA CRAMER**, Special Guest Writer

[Editor's Note: The following is a blog from the Dahlgren Centennial web page; for more information and blog entries, visit http:// www.navsea.navy.mil/Home/Warfare-Centers/NSWC-Dahlgren/Dahlgren_Centennial/Blog/]

In celebration of Women's History month, this Dahlgren Centennial blog honors the contributions women have made to Dahlgren. Since the first female mathematician, Eva Jane Hershey, women have held a variety of leadership positions. Their hard work, dedication, and willingness to mentor other women in their respective fields have helped pave the way for more women in the Navy and the science, engineering, technology, and mathematics field. Below we highlight six women who spent their career serving Dahlgren in different capacities.

Eva Jane Hershey

Eva Jane Hershey enlisted in the Woman Accepted for Volunteer Emergency Service (WAVES) as Lt. E.E. Griffith. She was the first WAVE to report aboard the Naval Proving Ground in October 1943. During the war, she was assigned to the exterior ballistics division as Administrative Assistant to Capt. C.C. Bramble. Lt. Griffith was discharged in September 1946 and immediately became a civilian employee at Dahlgren. Her first civilian job was providing technical assistance to Dr. Bramble and Dr. F.C. Dresch.¹ This was a position she held until 1952. During this time, she became Dahlgren's first female GS-9 mathematician and married Dr. Allen V. Hershey, a mathematician from K Department. Ms. Hershey spent the rest of her career as a mathematician in the Science Research Group of the Computation and Analysis Laboratory. Along with her work on base, Hershey taught algebra, trigonometry, and shorthand at the University of Virginia's extension school at Dahlgren and was an active member in the local Chapel Guild. Hershey retired after 24 years of combined military and civilian service on 12 January 1968.1

Doreen Daniels

Doreen Daniels grew up in Providence, Rhode Island, and was a college freshman at the start of World War II. At the end of ² the school year, she made the decision to leave the University of Rhode Island and join the U.S. Navy WAVES. Daniels first discovered her aptitude for math when the Navy sent her to Storekeeper School at Indiana University.² She spent most of the war at Dahlgren where she computed Navy range tables, became the first Female Specialist Chief at the Naval Proving Ground, and met her future husband, Bartow V. Daniels. After being discharged, she returned to the University of Rhode Island and continued to work at Dahlgren during summer vacations. Daniels became a full-time civilian employee at Dahlgren upon receiving her Bachelor's in Mathematics.

In a 1960s newspaper interview, Daniels stated, "I have always been fortunate to work for men who did not discriminate because of my sex, but promoted men and women alike as they earned the promotion. This seems to be an NSWCS policy."³ There were, however, moments where her sex obstructed her research—like being denied access to study at-sea missiles launches.⁴ Yet, these rare moments did not affect Daniels' work. She was the first woman at Dahlgren to reach grade positions GS-12 and G-13, and the first female GS-14 branch head in 1969. As Branch Head, she was responsible for preparing presetting guidance data on all Polaris and Poseidon test flights and was also earning her Master's in Public Administration from the University of Oklahoma. In 1971, she received her diploma and became the first female Detail to Staff of NSWC Technical Director.⁵

Daniels retired as Head of the Quality Assurance Branch, Submarine-Launched Ballistic Missile Software Development Division in the Strategic Systems Department on Sept. 2, 1983. Throughout her 36-year career, she received multiple perfor-



A Naval Proving Ground Dahlgren woman ordnance worker (WOW) writes down data from a sister employee concerning the 3"/50 D.P. gun they have been test firing. Several other 3"/50s are also present (Photographed prior to August 1943).

mance and achievement awards, as well as recognition from the Society of Women Engineers and "Who's Who of American Women."⁶ Daniels passed away on 14 June 2009 at the age of 85. **Patricia "Patt" Pulliam**

Patt Pulliam started working at Dahlgren a week after graduating James Monroe High School in June 1967. Her first job was as clerk-typist in the Printing Division of the Administrative Services Department. Six months later, she reassigned to the Technical Library where she remained for the next 51 years. Pulliam held many positions in the library, including Lead Library Technician, Head of Reference and Circulation Group, Supervisor Librarian, and Head of The Librarian Management Section. In January 1999, became Division Head of the Technical Information Services Office.⁷ There she managed the library, graphics, and technical publications. Pulliam's career highlight was participating in a wreath-laying ceremony at the Tomb of the Unknown Soldier during a military library conference. She also loved working with staff, helping patrons, and most of all, watching the library's evolution over time.⁸ Pulliam retired on Sept. 30, 2012. Two months later, she returned to the Technical Library to work as a part-time contractor where she still continues, assisting with records management.

Sheila Young

Sheila Young was a student at Mary Washington College (now the University of Mary Washington) when she applied to be a summer mathematics intern with the Federal Government. In June 1963, she accepted a Student Trainee position with the Computation and Analysis Lab at Dahlgren's Naval Weapons Laboratory. Her first summer was spent copying numbers, a task she did not enjoy. However, her second summer was spent doing projects that she found more intellectually stimulating. After graduating college in 1966, Young started working with the Submarine Launched Ballistic Missile Program. She started as Mathematician, but slowly moved up the ranks to become Division Head for the SLBM Research and Analysis Division in 1982 where she managed all the work conducted on the Fire Control Software for Trident II.9 Along with managing projects, it was her responsibility to, "nurture individuals as they start their career and going up."10 Young later left Dahlgren in 1990 to work in Washington DC, but returned nine years later to become the Head of the Strategic and Strike Systems Department. As Department Head, Young was responsible for managing the mission planning and weapons control software for the Tomahawk and Trident missile systems. Along with countless performance and achievement awards, Young was awarded the Superior Civil Service Medal for of her role in developing Trident II's Fire Control Software and the Dahlgren Award for her leadership and technical contributions. Young retired on May 3, 2004.9 She currently resides in Fredericksburg and is an

active member of the University of Mary Washington alumni network.

Mary E. Lacey

Mary E. Lacey began her Navy career in 1973 as Federal Junior Fellow at the White Oak Naval Surface Weapons Center. At that time, she was one of the only female mechanical engineering students at the University of Maryland. Lacey worked at a variety of naval offices throughout her 32-year career. At Dahlgren, she was a Senior Executive in the Research Department.¹¹ Some of her other positions included NSWCDD Technical Director, Program Executive Officer for the Department of Defense's National Security Personnel System, and senior civilian advisor to the Missile Defense Agency Director. She ultimately ended her career in 2015 as the Deputy Assistant Secretary of the Navy (Research, Development, Test, and Evaluation).12 Lacey made an effort throughout her career to mentor future female executives. At a Dahlgren Heritage Museum event, she advised women to "Sit at the table ... You need to be present and you need to be part and a recognized part of the conversation and decision-making process."13 Lacey passed away on Feb. 20, 2017.

Capt. Sheila Patterson

Capt. Patterson became NSWCDD's first woman commander on May 25, 2007. As Commander, she was responsible for the NSWCDD's daily operations, which included the financials, the contracts, legal work, and each department's technical efforts. Along with her military background, Capt. Patterson has a Bachelor's in Chemistry from the Naval Academy and a Master's in Astronautical Engineering from the Naval Postgraduate School. Her scientific background helped her represent the work being done by the Warfare Center.¹⁴ During her command, Dahlgren's projects included work on littoral combat ship, the electronic railgun, radars, and electronic warfare. Celebrating a project's success with staff members was the biggest highlight of her command.¹⁴ Capt. Michael Smith relieved Capt. Patterson in July 2011. At the change of command ceremony, Naval Surface Warfare Center Commander, Rear Adm. James Shannon likened Capt. Patterson to John Dahlgren. "Just like Dahlgren conducted cannon firings across the Anacostia River, Sheila led the team in conducting record-setting firings of the electromagnetic railgun-next-generation weaponry for our 21st century Sailors and Marines."15 The end of her command marked her retirement from the Navy after 28 years of service.

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Charles County Science Students Honored with NSWC IHEODTD Special Awards

BV NSWC IHEODTD PUBLIC AFFAIRS

Naval Surface Warfare Center Indian Head EOD Technology Division (NSWC IHEODTD) Commanding Officer Capt. Scott Kraft presented the command's Special Awards for Science at the conclusion of Charles County Public Schools (CCPS) History, Industry, Technology, and Science (H.I.T.S) Exposition, conducted here Saturday at St. Charles High School.

"It's very important for NSWC IHEODTD to nourish its long-lasting relationship with Charles County Public Schools," said Kraft. "Supporting these young students strengthens the connection we have with the people who live and raise their children here."

Volunteers from Naval Surface Warfare Center Indian Head EOD Technology Division (NSWC IHEODTD) serve as judges for local Charles County Public Schools (CCPS) preliminary science competitions annually during February and March, culminating in a final science fair.

Charles County expanded the scope of the event in 2016, branding it as the H.I.T.S. Expo, and has used St. Charles High School as the annual venue since then.

"Students of all learning abilities and ages are challenged to research, question, and interpret sources as they study topics of interest in a variety of science and social studies fields," said CCPS

Deputy Superintendent, Amy Holstein. "These activities promote critical and creative thinking skills as students use them to become novice historians and scientists who ask questions, seek evidence through experimentation and research, and broaden their perspectives and understanding of a topic in order to draw conclusions.

The H.I.T.S. Expo is one of several educational outreach opportunities NSWC IHEODTD supports throughout Charles County. Maintaining a robust Science, Technology, Engineering and Mathematics (STEM) outreach program has many advantages. NSWC IHEODTD Science Technology Engineering and Math (STEM) Coordinator Kerry Clark said that seeing the projects local kids come up with is very encouraging. "We always encourage them to do well in school so that someday they might work right here with us," said Clark

NSWC IHEODTD Special Award Winners: Nehemiah Strawberry (Applied Science), a John Hanson Middle School 8th grader; Raymond Guzzone (Research and Technology), a General Smallwood Middle School 7th grader; Christian Gehrman (EOD Technology Program Junior Division), a Milton Somers Middle School 6th grader; and Ryan Brown (EOD Technology Program Senior Division), a St. Charles High School 9th grader.



U.S. NAVY PHOTO BY KERRY CLARK **Commanding Officer Capt. Scott Kraft stands** with NSWC IHEODTD Special Award recipients (left to right) Ryann Brown, Christian Gehrman, Raymond Guzzonne and Nehemiah Strawberry, at Charles County Schools H.I.T.S. awards presentation, March 24.

Navy Engineer on Cutting Edge of Vibration **Technology Wins Navy Technical Excellence Award**



Naval Surface Warfare Center Dahlgren Division (NSWCDD) engineer Shawn Schneider mounts an adapter plate to an Unholtz-Dickie T-2000 electro-dynamic vibration system capable of providing over 24,000 pounds of force in vibration at frequencies up to and exceeding 3,000 hertz (cycles per second). These systems are used to replicate shock and vibration environments experienced by test items during their lifecycle to ensure that performance and safety are not compromised prior to use by the warfighter.

By JOHN JOYCE,

NSWC Dahlgren Division Corporate Communications

Shawn Schneider won the 2018 Department of the Navy Award for Technical Excellence at a Test and Evaluation Facility or Range, Naval Surface Warfare Center Dahlgren Division (NSWCDD) announced March 20.

The Navy engineer was honored for his extraordinary scientific and engineering contributions to the test and evaluation community in the area of multi-input-multi-output (MIMO) vibration test profiles.

"I am very excited and honored to bring this award to Dahlgren," said Schneider, NSWCDD Vibration Testing Group lead, after learning about the award, presented by the Navy Chief of Naval Operations. "MIMO vibration is the future of our industry and it is very exciting to be on the cutting edge of this technology.

In addition to his technical achievements. Schneider was honored for his sustained leadership and steadfast direction that have been, and continue to be instrumental in transforming DoD standards for executing vibration testing in compliance with strict military specifications.

"Promoting the state-of-the-art has taken a team effort and I want to personally thank my research partner, Dr. Luke Martin, IAR (Independent Applied Research) Program Director Dr. Jeff Solka, the Missile Defense Agency, and our Test and Evaluation Division management for funding and empowering us to reshape the way we conduct vibration tests," said Schneider.

ILIR (In-House Laboratory Independent Research) and IAR programs help the Dahlgren workforce to actively participate in the creation of future naval innovations. "Such innovations often determine success or failure in naval conflicts that may occur 10 to 20 years in the future," said Solka.

The MIMO vibration team effort spearheaded by Schneider and Martin has revolutionized the Navy's vibration test research, paving the way to make multiple-degree-of-freedom vibration the norm in the Department of Defense.

"His contributions ensure more realistic safety testing across an item's entire life cycle, ultimately resulting in more cost efficient test and evaluation and an increase in weapon safety," according to the nomination. "Mr. Schneider's vast knowledge, expertise, vision, and innovative approach have proven invaluable to NSWCDD, the Warfare Center community, and the Navy."

The selection process for the Navy Test and Evaluation Award winners was highly competitive with outstanding nominations submitted from the Naval Systems Commands and Navy and Marine Corps Operational Test Agencies, said Rear Adm. David Hahn, Innovation, Technology Requirements and Test and Evaluation director for the Office of the Chief of Naval Operations, in his announcement.

In all, there were nine award winners in seven categories. Another Naval Sea Systems Command employee - Brandon Brown from the Program Executive Office Littoral Combat Ship Mine Warfare Program Office (PMS 495) - was awarded the Department of the Navy Lead Tester Award for superior performance of his duties while assigned as Principle Assistant Program Manager for Test and Evaluation.

NSWCDD, a Naval Sea Systems Command warfare center division, is a premier research and development center that serves as a specialty site for weapon system integration. The command's unique ability to rapidly introduce new technology into complex warfighting systems is based on its longstanding competencies in science and technology, research and development, and test and evaluation.

BASE HAPPENINGS

Dahlgren

NSF Dahlgren Chapel Easter Services:

April 1 - Easter Sunrise Service, 0700 @ Building 101 Flagpole April 1 - Catholic Easter Sunday Service, 0900 @ the Chapel **Catholic Services at Dahlgren Chapel**

Monday — Thursday: Rosary at 1200 in Back Chapel

Friday: Liturgy of the Hours and Rosary at noon in Back Chapel Saturday: Sunday Celebration in the Absence of a Priest, vigil, 1700 in Main Chapel

Shred Truck @ Dahlgren

The 7th Annual Shred Event at NSF Dahlgren will be held on April 25 from 1100 - 1300. The Shred Truck will be parked in the parking lot in front of the Parade Field. Now is the time to clean out those file cabinets and desk drawers and shred all those documents that are cluttering your home. This event is free and open to all with base access. For more info, contact Fleet and Family Support Center, 540-653-1839. Let FFSC help you prevent identity theft and clean up at the same time.

FFSC closed on May 30

The Fleet and Family Support Center at NSF Dahlgren will be closed on May 30 for a staff training day. The center will open again for regular hours on May 31.

Child Development Center I Has Spaces Available!

The Dahlgren CDC I has space available for parents to enroll children. For more information on how to enroll contact the center at 540-653-4994 or stop by at 727 Sampson Road, building 437.

Dahlgren Sea Kings Chess Club

Want to learn how to play the world's oldest game like the masters? Weekly lessons are free, and all skill levels are welcome. Group will meet Wednesdays from 4 - 6:30 p.m. Please call or email for more information, Lt. Brian T. Curran, V23, (540)653-1941, brian.curran1@navy.mil.

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Indian Head

FFSC Relocated aboard NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Market Fresh Bistro Soup of The Day

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is offering Italian Wedding Soup for the week of Mar. 23. The facility is open Monday - Friday, 6 a.m. - 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew. revelos1@navy.mil.

SOUTH POTOMAC PILOT

Community Notes

Dahlgren

King George Rabies Clinic

Be sure to get Fido or Fluffy their rabies shot! Saturday, May 12, 9 a.m. - 11 a.m. at the King George Animal Control Parking Lot. Rain or shine, \$10 cash per animal. Dogs and cats only, four months and older. Animals must be leashed or in a carrier. Written proof of prior rabies vaccination must be provided to receive a threeyear vaccination.

King George Animal Rescue League Seeking Volunteers

The King George Animal Rescue League is looking for volunteers to help socialize animals, walk dogs, and take pictures at King George Animal Control (the county animal shelter). Volunteering at the shelter is a very rewarding way to give back to the local community; it is beneficial to the volunteer's mental and physical health, and it has a direct impact on the lives of homeless animals in our area. To learn more, visit http:// www.kgarl.org/info/display?Page-ID=15746, email shelterhelp@kgarl. org, or contact the shelter directly at 540-775-2120.

Indian Head **Natural Resources Careers Camp Accepting Applicants**

The Maryland Department of Natural Resources invites high school students in grades 9-12 with an interest in forestry, fisheries, wildlife or parks management to participate in Natural Resources Careers Camp, July 22-28 at Hickory Environmental Education Center in Garrett County. For more information, http://news.maryland.gov/ visit dnr/2018/03/12/natural-resources-careers-camp-accepting-applicants-for-july-2018/.

Southern Maryland Broadband Survey

Southern Prince George's County and Calvert, Charles and St. Mary's County residents and businesses help bring affordable, high-speed broadband services to your neighborhood! Participate by taking a survey to help quantify and confirm the demand for affordable, high-speed broadband and identify underserved areas.

BUSINESS SURVEY: www.surveymonkey.com/r/broadband_survey_ business

RESIDENTIAL SURVEY: www.surveymonkey.com/r/broadband_survev_residential

Mallows Bay Trash Clean-up Day Scheduled for April 28

Charles County Government is partnering with the Alice Ferguson Foundation, and the National Oceanic and Atmospheric Administration for the annual trash clean-up day at Mallows Bay Park (1440 Wilson Landing Road, Nanjemoy) scheduled for Saturday, April 28 from 10 a.m. to 2 p.m. (rain date: Sunday, April 29). Volunteers can walk the shoreline of Mallows Bay Park or use a kayak or canoe. Volunteers may bring their own kayak or canoe or rent one through local outfitter www.atlantickayak.com who provides rental delivery and pick up. The clean-up is timed to coincide with low tide and maximum shoreline exposure. For more information visit trashnetwork.fergusonfoundation.org/event/3793/show.

Walk-MS Charles County

Help end Multiple Sclerosis (MS) by joining with Walk MS on April 14. at the Indian Head Pavilion (Village Green) and walk to end MS forever. Register for Walk MS Indian Head at www.walkms.org or by calling 855-372-1331.On-site registration begins at 9 a.m. and the event will kick off at 10 a.m. Participants who raise \$100 or more will receive a commemorative 2018 Walk MS t-shirt.

Free Income Tax Preparation for Seniors and Low to **Moderate- Income Adults**

The Senior Information and Assistance staff is scheduling appointments for the Income Tax Preparation Program starting on Monday, Feb. 5, and continuing each Monday, Wednesday, and Friday through April 17. Services are free for seniors and low to moderate-income adults who meet the eligibility guidelines. All appointments will be held at the Richard R Clark Senior Center (1210 East Charles Street in La Plata). To schedule an appointment, persons Age 60 and over call 301-609-5712, and persons between the ages of 18-59 call 301-609-5704. Citizens with special needs may contact the Maryland Relay Service at 711, or Relay Service TDD: 866-269-9006. Services are provided by AARP Volunteer Tax Professionals.

Indian Head Gold Star/Blue **Star Mother's Luncheon**

The American Legion Auxiliary Randolph Furey Unit 170 is coordinating a Gold Star/Blue Star Mother's Luncheon for Saturday, May 5, 11 a.m.-2 p.m.) in Indian Head, Md. The event will begin at 11 a.m. with an American Legion Legion Riders & community Memorial Ride through Southern Maryland followed by a program and luncheon. If you are a Gold Star/Blue Star mothers or wife or know one in the Indian Head, Md. area contact Mayvee Smith at alaunit170md@ gmail.com or call 703-929-2334.

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Letters and submissions

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DELIVERY SERVICES 866-894-9338 • SUBSCRIBE@CHESPUB.COM

Management President: David Fike dfike@chespub.com

Publisher: Art Crofoot acrofoot@chespub.com | 301-848-0175

Regional Circulation Director: Doug McAvoy dmcavoy@chespub.com

Regional Plant & Production Director: Mike Bowen mbowen@chespub.com

Regional IT & Pagination Director: David Alltop dalltop@chespub.com

Regional HR Director: Tom Cloutier tcloutier@chespub.com

Editorial Commanding Officer: Capt. Michael O'Leary

Public Affairs Officer Jeron Hayes

Editor Andrew Revelos Andrew.Revelos1@navv.mil

Staff Writer Barbara Wagner bwagner@dcmilitary.com

> Layout Designer Matt Getz

Advertising Publisher: Art Crofoot acrofoot@chespub.com 301-848-0175

Classifieds chesAds@chespub.com 1-800-220-1230

Legal / Public Notices legals@somdnews.com 1-877-659-2190

NSF Indian Head Welcomes New Teen Coordinator Denise Mead

By **BARBARA WAGNER** South Potomac Pilot

Naval Support Facility (NSF) Indian Head recently welcomed new Teen Coordinator Denise Mead, who brings with her a wealth of experience and enthusiasm. Mead is looking forward to providing exciting opportunities as well as support for the teens and 'tweens of NSF Indian Head.

Mead, an upstate New York native, has been aboard with her husband — a Chemical Biological Incident Response Force (CBIRF) Marine — since December of 2016 and is a familiar face within the CBIRF team as a volunteer with the Family Readiness Program.

The Meads come to Indian Head following Embassy duty in Mexico. While the transition was quite a contrast to their previous duty station, like most military spouses, Mead took it in stride and has acclimated nicely within the community.

An educator by trade, Mead was previously a high school history teacher who taught in Department of Defense Education Activity (DoDEA) schools overseas during a deployment to Japan. Mead also served at the Youth Activity Center (YAC) overseas as well, all providing excellent preparation for the role in which she now serves.

Following the birth of her youngest child last summer, Mead looked for an opportunity to serve in the community once again and the role of Teen Coordinator became available. Mead has been aboard the Child and Youth Program (CYP) team since December of 2017.

"Both of my little ones go to the Child Development Center and I wanted to try to stay on base if I could find something," Mead shard. "[The Teen Coordinator position] was just a good fit all the way around, so it has worked out nicely."

Previously, the center was only available for "open rec" on Friday nights and a need for other opportunities became apparent. Luring out the "elusive teens," as Mead affectionately calls them, has been a challenge.

"Teens are kind of that fickle bunch," Mead said. "They don't have to be here, they can sign themselves out, so it is really about



U.S. NAVY PHOTO BY BARBARA WAGNER

Naval Support Facility (NSF) Indian Head welcomes new Teen Coordinator Denise Mead to the MWR team.

supporting them however they need and start to draw them into some activities."

One of the activities that the center provided was support in preparing them for the Teen Employment Program launch; they had 28 teens show up for assistance.

"So, now we know they exist," Mead laughed.

Currently, the Teen Center offers a number of opportunities for the teens and tweens to be involved in enriching "out-of-school" activities that provide important social/emotional growth opportunities that focus on character development, leadership skills, communication and self-esteem. On Wednesdays from 4-7 p.m. the center is open to the "Mid Kids."

"We called the 10- to 12-year-olds that and the name just sort of stuck. They are too old for the Youth Center but not quite old enough to be in the teen group," said Mead. "We've had a good turnout for that on Wednesday."

A few of the activities provided this month for the Mid Kids in-

cluded a self-portrait collage, a Peeps STEM activity night and a St. Patty's Day puffy paint project.

Thursdays from 4-7 p.m. are dedicated to the older crowd, the 13to 18-year-old high school students. With offerings such as Mandala CD art and SAT study prep sessions, those students are afforded an opportunity to enjoy recreation just for them as well as assistance outside of their schools to help them prepare academically.

Fridays alternate between teen and youth open recreation opportunities. The center has several video game systems, computers and iPads that the children can enjoy as well as crafting supplies, board games and books that they are welcome to use. There are also events planned for those nights for kids who want to do a little more than hang out. The center is open from 7-10:30 p.m. on Fridays to provide a safe, fun place for the kids to enjoy.

For all of the children who are able to use the Teen Center, there are a number of Saturday events that include a recent Paintball outing that was well attended.

In April the center will be participating in Operation Megaphone, a worldwide Navy base lock-in for the youth.

The event includes a community service aspect and both Youth Activity Centers will come together at NSF Dahlgren and make cat and dog toys for shelter animals.

"The teens have done that project in the past, and they really enjoyed it," Mead said. "So they will be doing that for their community service project. We will also be renting out the theater for a private screening and the bowling alley. We are excited about the event and are starting to put those pieces together."

As the year progresses and spring turns into summer, Mead hopes to be able to expand those hours even further during those summer months, as they will be hosting Summer Camps for the children as well.

If you have teens and tweens in your life, be sure to check out the monthly calendar at any MWR facility or online at https:// www.navymwrindianhead.com/. Mead is looking forward to meeting your young ones and providing a fun, enriching environment for them to make memories for years to come!

CNO's Naval History Essay Contest: The Influence of History Upon Seapower

By FROM NAVAL HISTORY AND HERITAGE COMMAND

The Chief of Naval Operations (CNO) has announced the requirements for the 2018 Naval History Essay Contest with a submission deadline of June 30.

The essay requires entrants to elaborate on a naval history topic of their choice that relates a lesson from history that applies to establishing and maintaining maritime superiority in today's environment. Specific requirements can be found in NAVADMIN 029/18. There are a number of prizes at stake, including \$5,000 for first place, \$2,500 for the second place entry, and \$1,500 for third place.

According to the message, the CNO directed the contest to further our understanding of how lessons from history inform our way ahead. The goal of the contest is to inspire insight and dialog from across the widest spectrum of academic, operational, military and civilian personnel both from within the naval services and those with a sincere interest in the history of the Navy, Marine Corps and Coast Guard.

The essay contest is open to professional and amateur historians alike, whether they're in the Navy or not; whether they're U.S. citizens or not. The selections will be screened by the United States Naval Institute (USNI) and the finalists will be presented to a joint committee comprised of senior staff from USNI (1 person), the U.S. Naval Academy (1), the Naval War College (1), the Naval History and Heritage Command (1), the Office of the Chief of Naval Operations (2), and one distinguished naval historian from outside the Navy.

History's impact on the modern age can be a pretty broad question, so essay entries should be able to cut across an enormous array of answers. Maybe Capt. John Paul Jones or Adm. Chester Nimitz's leadership inspires you as a model when discharging your duties. Or perhaps the successful effort, in the face of overwhelming odds, of the crew of USS Samuel B. Roberts (FFG 58) in saving their ship after it struck a mine emboldens you to hone your damage control abilities.

The contest is not limited to specific subjects like those. You can also think more strategically, such as how the Navy has projected power differently across time. Unintended consequences of actions — good or bad — are also fair game. If it has to do with history, today, and the sea services-write about it!

"We're looking for subjects that study the history of the U.S. Navy, for sure, but any other historical, maritime history that relates to our maritime strategy," said Cmdr. Ryan Ahler, Naval History and Heritage Command's (NHHC) assistant director for the Director's Action Group. "I think this is a really good opportunity for us to take a look at the long history of lessons learned and apply them to the present and how we maintain maritime superiority."

"The Navy is really looking for entries from a full spectrum of writers, not just professional historians and people who do this for a living, but also for entries from those on the deck plates," said Ahler. "The hardest part will be getting amateur historians and Sailors out in the fleet to submit, but honestly I think that's where a lot of the best stuff will come from."

Submissions may not exceed 3,500 words (excluding footnotes/endnotes/sources), nor may you include your name on the entry. All submissions will be judged blind, so in addition to the essay, please create a separate attachment including your biography, phone number and mailing address.

Your submission package should be emailed to cnoessaycontest@usni.org with the subject heading the title of your essay. For more details, see the NAVADMIN, or go to https://www.history.navy.mil/get-involved/essay-contest.html. For more details about this contest, please visit the NHHC CNO Naval History Essay Contest web page, or email jday@usni.org.

The Naval History and Heritage Command, located at the Washington Navy Yard, is responsible for the preservation, analysis, and

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Combat Direction Systems Activity Changes Command Name

By **JOE NAVRATIL**, NSWCDD Dam Neck Activity Public Affairs

Combat Direction Systems Activity (CDSA) gained final approval recently to change its name to Naval Surface Warfare Center Dahlgren Division (NSWCDD) Dam Neck Activity (DNA), the command announced, March 15. The short name will be NSWCDD DNA.

"The name change reflects the fact that Combat Direction Systems Activity was a largely outdated name, with only four advanced combat direction systems left in the Navy on LHDs 3-6," said Cmdr. Andrew J. Hoffman, commanding officer of NSWCDD DNA. "It was also not reflective of the breadth of the research and development work we do across our command. This helps us to better align with our echelon four command, Naval Surface Warfare Center Dahlgren Division, as well as other NSWC divisions. It was past time to change our name and better align with our mission and the NSWC naming convention."

The name change also provides a "common, aligned understanding of the name change across the NSWC enterprise," added Hoffman. "We remain an echelon five command under NSWC Dahlgren Division with the same organizational alignment and our mission areas and work remain the same."

The command has had several name changes since it began as Fleet Computer Programming Center in 1963. The name was changed to Fleet Combat Direction Systems Support Activity in 1971, but based upon software support of the Combat Direction System, the command was renamed CDSA in 2000.

NSWCDD Dam Neck Activity hosts NSWC Dahlgren Division's Readiness and Training Department which maintains most of its workforce at Dam Neck, including the department head, Dr. Marty Irvine. Several branches from other departments at Dahlgren are also hosted at NSWCDD Dam Neck Activity.

"We are the only waterfront research and development, test and engineering command in the Navy's largest fleet concentration area," said Hoffman. "No matter the name, we will continue to provide the same great support that we always have to the Navy and nation."

2018 Motorcycle Awareness Safety Standdown



There will be a montorcycle awareness and safety standdown on April 19 with a brief beginning at 8:30 a.m. and a ride time of 10 a.m. The ride is volunteer only but Active Duty members are required at the brief. The standdown will take place at the AE-GIS Training and Readiness Center auditorium in building 1520, (5359 First Street). All base motorcycle riders are welcomed to attend and ride. There will ber a lunch ride to follow. For more information contact your point of contact below.

Command Points of Contact:

GMC Adam Gleason — adam.gleason1@navy.mil OSC Jose Saravia — jose.saravia@navy.mil ISC Ashley Haley — ashley.m.haley.mil@mail.com CSC Jermaine Strand — jermaine.strand@navy.mil IS1 Joshua Messier — joshua.s.messier.mil@mail.com FC2 Alden Gamat — alden.gamet@navy.mil James Antone USN (ret) — james.antone@navy.mil

Speaker

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USS Bainbridge during the hijacking of the MV Maersk ship Alabama – to O'Leary's harrowing mission coordination of the response following the 2011 earthquake and tsunami while stationed in Yokosuka, Japan, to Zook's work making preparations for the 2010 Olympics.

Several of the officers recalled their first cruise as a "make or break" moment, noting that more often than not, that first cruise determines whether a Sailor or officer continues with a naval career. Jones recollected his good fortune to have experienced a confidence-instilling first cruise, where he learned team building skills that have helped him during his current role at SMWDC-IAMD.

"I am fortunate to have the opportunity to work with the most important weapon system we have in the Navy — our Sailors – who are creative and innovative, seeing the amazing things they come up with and working in a place like Dahlgren," Jones said. "The unique blend of talent and access to the talent you have here is amazing. I will get a phone call in the middle of the night from a ship underway in the middle of the Pacific Ocean asking for help in solving a technical question and I get to rally the troops here at Dahlgren. I get folks from all of the commands you see here [indicating his fellow panelists and the commands they represent], and we draw from all the amazing technical talent we have here. Next to being out there [on the ocean], afloat with a team of Sailors and officers, this is the next best thing: to be able to put together a team of amazing professionals as we have here on the base."

"As the newest commander here, you have rapidly gone from the 'where the hell am I?' stage to being able to appreciate the capabilities here," Ed Jones, the president of the Dahlgren Heritage Foundation and the evening's master of ceremonies joked.

O'Leary shared how the grim events of the March 2011 earthquake and the subsequent tsunami in Japan enabled him with lessons on communication, but credited a previous tour at JWAC with teaching him about teamwork, support and allowing the people to do their jobs — lessons that have been so beneficial to the role he now fulfills as the base commander.

"My job here is support; my job is to make sure these guys are successful. If I'm not doing my job right they can't do theirs," O'Leary said. "If they succeed, I succeed and I am happy to talk about all the great things these guys do. I have to make sure the right people are coming here, that the traffic is moving so that they can do what they do."

O'Leary shared how his time in Japan changed his leadership style and taught him the value of social media. Following the earthquake that took place on a Friday, O'Leary and his team had to account for their crew who were spread out across the country for the weekend. Social media allowed his team to locate crew who were trapped in train stations and other areas and accounted for all of his Sailors.

"Some of those lessons learned [were] how to enable folks to do their job, provide them with top cover and communicate effectively – both inside collaborating with my peers and [with] community outside [the fence line]," O'Leary said. "I learned the value of what everyone brings to the fight. I like to make fun of SWOs [Surface Warfare Officers] (O'Leary is a pilot), but our differences make us stronger. We all have different experiences and strengths."

Each of the officers at the museum event shared key personal insights, gained by experience, which illustrated just how much the success of any given Sailor depends on those with whom and for whom they serve. Perhaps surprising no one who has experienced active duty, some of those candid observations also happened to be more than a little humorous, to the delight of the audience.

The next Dahlgren Heritage Museum Speaker Series event will take place April 11 with "A Conversation with Former Dahlgren Technical Directors" at the University of Mary Washington Dahlgren Campus. A reception will take place at 4:30 p.m. and the program itself begins at 5 pm. The event is free and open to the public. For more information about the museum, the speaker series or any of the other exciting events the museum is hosting in honor of the Dahlgren Centennial, visit http://dahlgrenmuseum.org.

Sounds

Continued from page 1

monitoring devices on the river. Depending on the type of test, all five range vessels can be deployed downrange, each equipped with the new sound monitoring devices. This gives the Range Operations Center 13 different sources of data to monitor sound from various geographic points within the range. In addition to the sound meter devices that allow for noise monitoring, the Range Operations Center utilizes sound intensity modeling software that factors a number of weather models against the ordnance item under test to help predict sound levels and ensure they remain within the acceptable limits.

"The noise produced by our testing and its impact on the community is very important to us," said Mike White, Range Operations Center manager. "Noise is one of our biggest environmental impacts and our goal is to be good neighbors, so it's important that we are able to use these new capabilities to help us achieve

that goal."

White encourages citizens to check the range schedule to stay abreast of potential noise advisories by either calling the Range/Weapons Testing Hotline: 877-845-5656 (toll-free) for daily updates on range operation and test schedules or visiting the website http://www.navsea.navy.mil/Home/Warfare-Centers/NSWC-Dahlgren/NSWCDD-Range-Schedule/. If you have noise questions or comments call 866-359-5540 (toll-free) to comment or ask a question about noise or vibrations you think are being caused by operations at Dahlgren.

AEGIS Training and Readiness Center's Student of the Month

Q & A BY KIMBERLY M. LANSDALE,

Center for Surface Combat Systems

Student: Fire Controlman Aegis 3rd Class Kirk Hurst **Hails from:** Corpus Christi, Texas

Course: AEGIS Computer

Reason for nomination: "Fire Controlman Aegis 3rd Class Hurst is an outstanding Sailor who consistently leads by example," explained Instructor FCA1 Weylin Kee. "His dedication extends from beyond the classroom to the command through his commitment as the lead student assistant command fitness leader. His initiative to continually better his peers and the command made him an easy selection as Student of the Month." **O and A**

Why did you join the Navy? "I joined the Navy to provide stability for my family and learn a technical skill that will help build

a successful long-term career within the Navy." **Do you have any family members in the Navy?** "Yes, my younger brother is currently in boot camp and my father is a retired Senior Chief Electronics Technician." **What are your hobbies?** "I am a physical fitness enthusiast. I also enjoy playing Fallout 4, visiting historical monuments and sites on the east coast with my wife, and watching war documentaries."

What do you enjoy most about your course? "I really enjoy the hands-on aspect of my course. Taking what we learn in a classroom environment and actually applying it to solve a fault on a piece of live, operational equipment is a very rewarding experience."

What is your current GPA? "95.36."

At ATRC, has anyone had a positive impact on you? "Chief Jason Rosadino, FCA1 Derek Gerrity, and FCA1 Weylin Kee have all been instrumental in helping me develop a leadership style that promotes a positive and productive environment."

After you graduate, where is your next tour of duty? "My wife and I are hoping for San Diego, but I am currently awaiting orders so I do not know at this time. Wherever we do go I know will be a fun challenge we can tackle together."



U.S. NAVY PHOTO BY MICHAEL BOVA, AEGIS TRAINING AND READINESS

Capt. Dave Zook, AEGIS Training and Readiness Center's (ATRC) commanding officer, presents the Student of the Month, FCA3 Class Kirk Hurst, a Certificate of Commendation.

Staying Vigilant and Carrying On

By **BARBARA WAGNER** South Potomac Pilot

Recent weeks saw an uptick in suspicious packages, phoned-in bomb threats and package bombs in a number of places around the country. The Austin, Texas community experienced three nerve-wracking weeks as authorities worked to identify a rogue bomber. An unrelated hoax bomb threat was received by a local shopping mall. As recent as this past week, a number of suspicious packages (unrelated to those in Austin) were delivered to installations around the National Capital Region, including one to Naval Support Facility (NSF) Dahlgren. A suspect is in-custody and the FBI is on the case.

The key takeaway, however, is that vigilant citizens recognized that something was amiss and called the proper authorities. The culture of "See Something, Say Something" that the nation embraced since 9/11 has by and large been an effective deterrent and first line of defense.

Of course, that vigilance must be measured so we do not become overly suspicious of our neighbors, co-workers or even strangers. These incidents, while frightening, are rare and evil is not lurking in every random backpack or unfamiliar person. Vigilance and polite professionalism are not mutually exclusive, after all, but go hand-in-hand. Still, it is critical to maintain awareness as we go about our day-to-day lives.

We are the "boots on the ground" and the most important factor in our own safety. Each day, as we go about our daily lives and routines, we encounter places, people, things that become familiar to us. We know when something — or someone — is out of place. Being alert to the changes is not only useful in the case of suspicious activity or items, but enhances all aspects of safety.

The Department of Homeland Security advises us that suspicious activity is any observed behavior that could indicate terrorism or terrorism-related crime. This includes, but is not limited to: **Unusual items or situations:** A vehicle is parked in an odd location, a package/luggage is unattended, a window/door is open that is usually closed, or other out-of-the-ordinary situations occur.

Eliciting information: A person questions individuals at a level beyond curiosity about a building's purpose, operations, security procedures and/or personnel, shift changes, etc.

Observation/surveillance: Someone pays unusual attention to facilities or buildings beyond a casual or professional interest. This includes extended loitering without explanation (particularly in concealed locations); unusual, repeated, and/or prolonged observation of a building (e.g., with binoculars or video camera); taking notes or measurements; counting paces; sketching floor plans, etc."

If you do see some of these activities, they could very well be innocent acts — it is up to law enforcement to determine whether the behavior warrants investigation. Let law enforcement do their job; your job is to remain observant and report.

To report suspicious activity on Naval Support Activity South Potomac — dial 540-653-8291 or 9-1-1 and advise the Naval District Washington (NDW) security officers of what you observed, being sure to include who or what you saw, when you saw it, where it occurred and why it is suspicious. Try to be as specific as possible. If you are off-base, dial 9-1-1 and provide the operator the same information. Above all, remain calm. Chances are there is no threat and you've done your part to "See Something, Say Something."

Take the opportunity today to ensure that you are up-to-date in the AtHoc alert system on base and make sure that you and your family members have up-to-date contact information as well. These steps will ensure that in any situation, you will always be prepared to receive the most current situational awareness information and can be reached in the event of an emergency.

SUSPICIOUS MAIL OR PACKAGES





AUTO SKILLS 540-653-4900 Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal

CANNONBALL LANES BOWLING CENTER

540-653-7327 Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50. Ask about our birthday party packages!

Bowl with the Bunny March 31, 1–3 p.m.

Bring your camera for pic-

tures with the Easter Bunny and cosmic bowling fun! Cost: \$8.50 per child, includes two games and shoes

Spring Bowling Bingo

April 18, 5 –7 p.m. First one to BINGO in the game wins a prize! Cost: \$10 per person, includes shoes and two bingo cards -DAILY BOWLING SPECIALS-

Sunday Special

Sundays, 11 a.m. -5 p.m. Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays. 2 - 9 p.m. Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Wednesdays, 2-9 p.m. Every Wednesday, buy one game; get the second game for FREE!

All-U-Can Bowl Fridays

Fridays, 7 p.m. –10 p.m. Join us every Friday for a two hour, all you can bowl special! Cost: Military \$6.95/ person; Civilian \$7.95/person. Both rates include shoe rental

Cosmic Bowling

Saturdays, 7 p.m. -10 p.m.



540-653-7336

Price of Shows - Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE. *Movies shown in 3D will cost an additional \$1 to ticket price.

Friday, March 30 7 p.m Red Sparrow R
Saturday, March 31 4 p.mA Wrinkle In Time PG
Saturday, March 31 7 p.mBlack Panther PG-13
Sunday, April 1 2 p.m
Sunday, April 1 4 p.m
Friday, April 6 8:30 p.m Jumanji: Welcome To The Jungle (FREE ADMISSION – OUTDOOR MOVIE NIGHT) PG-13
Saturday, April 7 4 p.m
Saturday April 7 7 p.m
Sunday, April 8 2 p.m
Sunday, April 8 4 p.m

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.

Enjoy music and lights while bowling!

Youth Learn to Bowl First Saturday, 2 - 4 p.m. Children between the ages of 5-12 with base access will receive individual sessions on basic bowling. Cost: \$7.50 per

child, includes shoes

CHILD & YOUTH PROGRAMS

CDC I 540-653-4994 / CDC II 540-653-4342 YAC 540-653-8009 www.navymwrdahlgren.

com/child-youth Military Child Care Open Enrollment

Request School Age Care (SAC) and Summer Camp all year long through Military-ChildCare.com. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Purple Up

April 13

NDW and CYP invites you to wear purple on Friday, April 13 as a gesture of support for military children.

Start Smart

April 16-May 15, 5 – 6 p.m. Location: Dahlgren Fitness Center

Motor skill development program focusing on baseball, basketball, football, golf, soccer and tennis for ages 3-5. Register now through April 11. Parent orientation will be held April 12 at 5 p.m. at the Dahlgren Fitness Center. For more information, call the Youth Activity Center at 540-653-8009. Cost: Free

Purple Pancake Dinner

April 18, 6 –7:30 p.m.

on time. Stay to play board games with the family. Free and open to all YAC eligible patrons with base access. Don't forget to wear purple! Pre-register at the YAC by Friday, April 13.

COMMUNITY RECREATION

540-653-8785 www.navymwrdahlgren. com/recreation

-TICKETS-

Kings Dominion Tickets One Day Pass (ages 3+) \$39.25. Valid any one day

through Oct. 28. Parking not included. Gold Season Pass \$85.00. Valid for unlimited admission to Kings Dominion, Soak City, Dinosaurs Live, Halloween Haunt, new WinterFest, free parking and more.

Free Pre-K Season Pass (ages 3-5) Redeem at the park or online.

Busch Gardens Williamsburg and Water Country Tickets

Single Day Adult — \$49.00 Single Day Child (Ages 3-9) -\$44.75

BGW & WC 2-Park Military Pass - \$98.50

BGW & WC Fun Card -\$102.75

BGW & WC 2-Park Flex -\$78.25

Washington Nationals Tickets

Order your tickets no later than 5 p.m. on Tuesdays for your order to be placed that week. All orders are special ordered. Food and beverage

vouchers are included with most tickets.

Left/Right Baseline - \$56.25 Left/Right Field Corner -\$39.00

Left/Right Mezzanine \$32.50

Upper Infield Gallery -\$16.25

Carowinds, Charlotte, North Carolina

Traveling to North Carolina this summer? Get your tickets for Carowinds with us and enjoy thrill rides, family attractions, live shows and entertainment, dining and more! Cost: \$38.00

-TRIPS-5th USA Science & Engineering Festival, Washington, D.C.

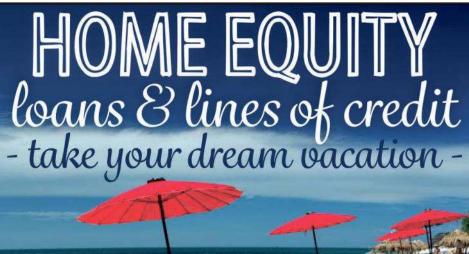
April 7

Explore 3,000 hands-on exhibits from the world's leading scientific and engineering societies, universities, government agencies, high-tech corporations and STEM organizations. Register at Tickets & Travel by March 23. Transportation Cost: \$10.00

Cherry Blossom Festival, Washington, D.C.

April 14

Eliminate the headache of traffic and parking and let us provide the transportation to D.C.'s Cherry Blossom Festival! Register at Tickets & Travel by March 30. Transportation Cost: \$10.00



fee not included. Home Equity Lines of credit (HELOC) available from \$10,000 - \$100,000 with a minimum of \$10,000 initial draw, HELOCs are available up to 100% LTV (loan to value) based on appraised value. Rates determined by credit history, LTV and HELOC rates are tied to the Wall Street Journal's Prime Rate and can change quarterly. Appraisals are required for all mortgage loans. Fixed Rate Home Equity loans are available from \$10,000 - \$100,000 up to 133% LTV based

on appraised value. Contact your tax adviser for further information regarding the deductibility of interest and charges. Membership eligibility is required. Subject to approval and underwriting. All Credit Union loan programs, rates, terms and conditions apply and are subject to change at any time without notice. LENDER Contact the credit union for complete details. Federally insured by the NCUA



Location: Gray's Landing Buffet line is open from 6-6:30 p.m. Please arrive

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MWR

Continued from page 8

-CRAFTS & CLASSES-**Kid's Canvas Painting with**

Beckv April 5, noon

Location: Dahlgren Pavilion Bring your lunch and enjoy canvas painting with Becky, available for ages 8-13. Register with Tickets & Travel by March 26. Cost: \$10 per canvas

Spring Porch Sign

April 25, 6 p.m.

Location: Gray's Landing Paint a spring themed porch sign! Register with Craftech by April 18. Cost: \$25

-PROGRAMS-Month of the Military Child **Outdoor Movie Night**

April 6, 8:30 p.m.

Location: Dahlgren Theater It's Spring Break! Bring your chairs and blankets and come over to the Dahlgren Theater to watch Jumanji: Welcome To The Jungle outside on the inflatable screen! Cost: Free

Recipe Exchange

April 11, 5:30 p.m. Multipurpose Location:

Room

Bring 10 copies of your favorite dinner recipe, bring your dish to the gathering, sample everyone's dishes, socialize and leave the party with a bunch of new and delicious recipes to make! Register at Tickets & Travel by April 6. Cost: Free

> Craftech 540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www. NavyMWRDahlgren.com/recreation and select Craftech.

Dahlgren Centennial Collector Items

Order your exclusive Centennial collector items from Craftech all year long. Items include insulated travel and coffee mugs, playing cards, challenge coins, t-shirts, clocks, pens and holders, lanvards and much more!

FITNESS CENTER

540-653-8580 www.navymwrdahlgren. com/fitness-sports

SAPR 5K Fun Run

April 18, 11 a.m. Join us for a 5K fun run to raise awareness of sexual assault and support prevention. All participants will receive a SAPR headband and are eligible to win a prize. Cost: Free **Sprint Triathlon**

Saturday, April 21 Register at www.Dahlgren-SprintTri.eventbrite.com. Check in at 7 a.m.; start time is 8 a.m. and awards will be at 10:30 a.m. Awards will be given to male and female first place winners in each age division: 17 and under, 18-24, 25-39, and 40 plus. Cost: 17 & under, \$20. Active duty, \$20. All others, \$30

-SPORTS-**Spring Intramural Sports**

League play begins in April for Soccer League, Co-Ed and Men's Softball League and Flag Football. Cost: Active duty & contractors with fitness membership, Free. Retirees & dependents, \$15. DoD Civilians. \$30. Contractors without fitness membership & off-base civilians \$40

AOUATICS 540-653-8088 **American Red Cross**

Lifeguard Certification Class April 2-6, 8 a.m. – 3 p.m.

Earn your certifications with the American Red Cross Lifeguard Training course in Lifeguarding, First Aid and CPR/ AED at the Aquatics Center. Register by March 26. Cost: \$250

Movie & Family Float Night

April 13, 5 –7 p.m. Bring your inflatable, float your way into the weekend and watch Storks. Cost: Regular admission

GENERAL LIBRARY 540-653-7474

National Library Week April 2–6

All week long check out transactions or new library card account will get you one entry per day to win a \$50 gift card.

- LIBRARY SPECIALS-Learn Japanese

Active duty only - Mondays at 2:30 p.m. All others Monday at 4:30 p.m. and Wednesday at 5:15 p.m.

Learning a new language boosts brain power, improves memory, and expands career potential. Join us at the Library as we learn Japanese! Cost: Free

Paws for Reading

The South Potomac Pilot

Every second Tuesday at 3:45 – 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companion. Reading to a pet can help build confidence in young readers. Register online at http://engagedpatrons.org/ Events.cfm?SiteID=6188 and click on a selected time or call the General Library. Cost: Free

S.T.E.A.M. Pre-School **Literacy Classes**

Wednesdays, 5 p.m.

Our S.T.E.A.M. classes are geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts and learning experiments. Siblings are always welcome! Cost: Free

One-on-One Computer Help Every first Tuesday by appointment

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: Free

Early Literacy at your Library

Fridays, 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Storytime and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: Free

Sensory Sensitive Saturdays Saturdays, 1–3 p.m.

Be sure to join our caring staff for Sensory Sensitive Saturdays! Cost: Free

LIBERTY CENTER

540-653-7277 The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/ unaccompanied active duty military.

NASCAR Sundays

Racers, start your engines! Join us to watch the NASCAR races. Domino's Pizza & Movie

Night Every last Tuesday of the month at 3:30 p.m. enjoy pizza and a movie.

TECH EXPO @ Patuxent River COMMUNICATIONS COMMUNICATIONS MAY 10, 2018

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Wing Wednesday & Trivia

Every third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia. **Board Game Night**

Play one of our many board games or featured game every Thursday!

Free Movie Friday

Every second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Every fourth Friday of the month at midnight enjoy a game of bowling!

Wal-Mart Shuttle

March 30, 6 p.m. Get in your last minute shopping with a trip to Wal-Mart. Vertical Rock Indoor

Climbing Trip to

Manassas, VA March 31

Take a trip with us to the rock climbing gym.

Easter

April 1 Happy Easter from Liberty! **Peanut Butter Challenge**

April 2, 6 p.m. Celebrate National PB&J Day by joining our peanut but-



Make your own sugar scrub. **Paint Night** April 4, 6 p.m. Relax your mind with a night

of painting. **Fredericksburg Area Shuttle**

April 6, 6 p.m. Need supplies or want to go shopping? We're heading to Fredericksburg.

Cherry Blossom Festival

April 7 We're taking you to the Washington D.C. Cherry Blossom Festival and fireworks.

Jam-N-Java

April 9, 6 p.m. We're drinking coffee and singing to karaoke. **Movie Marathon: Pirates of**

the Caribbean

April 10 marathon featuring Pirates of the Caribbean.

NSA South Potomac NSF Indian Head

Indian Head Child & Youth

CDC 301-744-4458 CYP 301-743-5456 Youth Open Rec

Every 2nd and 4th Friday, 7-10:30 p.m.

Open to children ages 5-12 and enrolled at the Youth Center. For more information. please call, 301-743-5456.

Teen Open Rec

Every 1st, 3rd, and 5th Friday, 7-10:30 p.m. Open to all teens ages 13-18

and still in high school. Teens must be enrolled at the Youth Join us for an all-day movie Center. For more information, please call, 301-743-5456.

Indian Head Community Recreation 301-744-4850

Kite Day

April 3, 11 a.m. – noon Ben Ran Field Let's have fun flying kites! Bring your own or borrow one of ours. This event is free and open to everyone with base access.

Month of the Military Child **Maker Fair**

April 14, 11 a.m.-2 p.m. Mix House Drop-in for exciting maker

activities such as robotics, virtual reality, gaming stations and more! This event is free and open to everyone with base access.

Washington Nationals Tickets

All tickets must be ordered five business days in advance. Left/Right Baseline- \$56.25 Left/Right Corner- \$39.00 Left/Right Mezzanine-\$32.50

Upper Infield- \$16.25

Indian Head Library 301-744-4850 **Peeps Diorama Contest**

April 2-11

It's National Library Week and we are celebrating by having a Peeps marshmallow diorama contest! Create a diorama of your favorite book using Peeps and a shoe box. Entries may be dropped off between April 2 –11. Winner announced on Monday, April 16. For official rules and infor-

mation contact 301-744-4850 or visit www.NavyMWRIndianHead.com/events.

Virtual Author April 12, 4:30 p.m.

It's National Library Week and our library is inviting a special guest all the way from the U.K. Come and meet the children's author and illustrator, Julia Patton. Don't forget to check out her latest book, "The Very Very Very Long Dog." Open to everyone with base access

Market Fresh Bistro

Hours: Monday–Friday: 6:00 a.m. -2:30 p.m.

Soup is served daily from 10:30 a.m. to 1:30 p.m. Week of April 2 is Italian Wedding Soup for \$3.75 a cup.

New LTO is coming!

Indian Head Weight House Fitness Center 301-744-4661

Intramural Softball League League starts May 1

Registration begins March 26, and ends April 23, at the Weight House Fitness Center. Active-duty and contractors with gym membership- Free Military dependents, retir-

ees, and reservists- \$15

DoD Civilians- \$30 Contractors, contractor de-

pendents, and off-base civilians-\$40

Bike Safety Clinic and Ride April 4, 11 a.m.

Learn about bike skills, safety, and basic maintenance tips, bike trails, clubs and events. Don't forget to bring your bike for a tire pressure check. Demonstration begins at 11 a.m. afterward put your new knowledge into action and take either a 45-minute or 90-minute guided bike ride down the Indian Head Trail. This event is free and open to everyone with base access.

Walk Across America April 1-30

Open registration at the fitness center

You've been challenged to walk from Alcatraz to The White House. We will loan you a pedometer or use a downloaded app from your phone to track and log your steps. Also, you will receive passes and fun historical facts about attractions as you complete your journey across America. Open to everyone with base access.

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Friday, March 30, 2018

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Golf Clinic

April 12, 10 a.m. If you're looking to improve your swing or learn the basics of golf, this is the clinic for you! Cost \$25. Register at the Weight House Fitness Center by April 9.

SAPR 5K

Notes

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April 17, 11a.m. Support the Sexual Assault

Continued from page 4

Tri-County Animal Shelter April

Promotions and Reminders

National Dog Bite Prevention Week

Did you know children and senior

citizens are the most common victims

of dog bites? Remind your children to

never look a dog directly in the eye,

avoid roughhousing with dogs, and

(Sunday, April 8 to Saturday, April

Prevention and Response mission by participating in our 5K run/walk. This event is free and open to everyone with base access. Register at the Weight House Fitness Center by calling 301-744-4661.

Indian Head Stars & Strikes Bowling Center 301-744-4761 **March Mayhem** March 31, 5–10 p.m.

Wear your favorite college

basketball jersey and get your third game free! *Open bowling rates apply.

Month of the Military Child **Bowling Special**

Fridays in April We're showing appreciation

for military children! Kids ages 18 and under and still in high school will bowl for \$1 and shoe rentals are free!

Onesie Bowling

April 14, 5–10 p.m. Come have funsie in your onesie! If you come to bowl wearing a onesie, your second game is free!

Open Bowling Rates:

All shoe rentals \$1 Military \$2/game Civilian \$3/game

Indian Head Liberty Center 301-744-4524 The Liberty Center and all

activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Cornhole Tournament

April 4, 6 p.m. Mix House Sign up in the free event binder.

Putt Putt Golf

April 5, 6 p.m. Join Liberty for their Barracks Putt Putt Golf challenge. Sign up in the free event binder.

Kayaking Trip

April 7, Departing at 9:30 a.m. \$12 for 2 hours of kayaking at Mattawomen Creek. Sign up at the Liberty Center.

Bake Cookies" with Liberty.

license, and a rabies tag. Microchipping your pet with up-to-date information is a great practice as well. To learn more about licensing your pet, visit www.CharlesCountyMD.gov/ ES/AnimalControl/Animal-Control.

MLB Video Game

Tournament

Gameplay at the Liberty

Center. Sign up in the free

No Bake Cookies

Learn how to make "No

April 9, 6p.m.

event binder.

April 10, 6 p.m.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.

never to startle a dog. Always supervise your children around dogs, no matter how trusted the dog is.

National Pet Identification Week (Monday, April 15 to Saturday, April 21)

During this special week, the shelter will offer microchips for \$10 and pet identification tags for \$1. Pets with identification have a higher chance of returning home when they get lost than pets without identification. Keep your pet safe and make sure they have the identification they need.

Adopt a Shelter Pet Days (Friday, April 27; Saturday, April 28; and Monday, April 30)

During these special days, adopt your new furry best friend for a reduced fee of \$42.50 for cats and \$62.50 for dogs. When you adopt, it not only brightens your pet's life, but yours as well!

Free Spay/Neuter Clinics

Are you income-disadvantaged and own pets? You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County

at 301-645-8181 for more details. **Paws to Read**

Come give the shelter pups some extra love and enrichment by reading to them. Bring your favorite book or read one of ours. You can visit the animals Mondays through Fridays from noon to 5 p.m. and Saturdays 10 a.m. to 3 p.m.

Tags and Licenses

Remember to keep identification tags on your dogs and cats. It could be your pet's ticket to getting back home. Be sure your pets wear a collar with an identification tag, a county



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Wounded Warrior Hiring Summit to Offer Opportunities, Resources

FROM NAVAL SEA SYSTEMS COMMAND PUBLIC AFFAIRS

The Department of the Navy will host this year's Wounded Warrior Hiring Summit in Washington, D.C., May 8-9, at the Washington Navy Yard.

The summit's intent is to bring together government, military and industry employers who are committed to hiring and supporting veterans and wounded warriors in the workplace. These organizations can offer opportunities for successful reintegration of wounded warriors into the civilian workforce, while understanding that today's fiscal environment continues to make this commitment challenging.

Day one of the two-day summit will focus on coaching wounded warriors in career transition and job search skills, with subject matter experts presenting information on effective resumes, interviewing techniques and other transition skills.

Day two will offer a career and hiring fair designed to match up job-seeking wounded warriors with employers. Job seekers will have the opportunity to talk with a range of employers, to include the Department of the Navy, other DoD and federal agencies, and private sector companies, and if qualified, interview on-site for potential jobs.

Registration for the event opened this week at http://www.2018wwhs.com for both job seekers and potential employers. Registration for job seekers includes the ability to submit a resume that will be disseminated to employers in advance for potential pre-scheduled, on-site interviews.

Space on site at the Navy Yard is limited, so employers are encouraged to register early.

The Wounded Warrior Hiring and Support Summit is sponsored by assistant secretary of the Navy for manpower and reserve affairs and co-hosted by Naval Sea Systems Command, Naval Air Systems Command, and Space and Naval Warfare Systems Command.

This is the annual summit's eighth year, with previous summits conducted around the country in San Diego; Raleigh, North Carolina; San Antonio; Tampa, Florida; and Seattle. The Navy has hired more than 17,000 wounded warriors since fiscal year 2011 and continues to expand its number of wounded warrior employees, benefiting from the talents these veterans bring with them.

For registration and general information, please visit the summit's web site at http://www.2018wwhs.com.



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Military

Center

Resource