



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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NSASP Facebook
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smart phone

INSIDE:

Shayla
Newman,
New
Community
Recreation
Manager at
NSF Indian
Head

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Solid Curtain Citadel Shield Strengthens Security Aboard NSASP

By **BARBARA WAGNER**
South Potomac Pilot

Exercise Citadel Shield/Solid Curtain (CS-SC18) 2018 officially kicked off aboard Naval Support Activity South Potomac (NSASP) on Jan. 29, with scenarios happening on both sides of the river. CS-SC18 is an annual force protection exercise conducted by Fleet Forces Command and Commander, Navy Installations Command on all Navy installations in the continental United States.

"Citadel Shield occurs during the first week and involves stand-alone tactical events executed at the region and installation level," Bob Brooks, NSASP chief of police explained. "Solid Curtain occurs during the second week and is tied to an overarching scenario at the national level that will involve extensive region and installation anti-terrorism-related activities, to include a threat intelligence build up leading to simulated attacks."

The exercise is designed to help train Navy security forces and establish best practices in actual emergency scenarios and officers aboard both Naval Support Facility (NSF) Dahlgren and Indian Head.

The exercise kicked off with a potential "explosive device" at Building 101 on Monday, Jan. 29. Employees



U.S. NAVY PHOTO BY BARBARA WAGNER

First responders and security personnel from Naval Support Activity South Potomac (NSASP) participate in an active shooter drill during Solid Curtain-Citadel Shield (SCCS) aboard Naval Support Facility (NSF) Indian Head Branch Health Clinic. Employees at the clinic served as role players for this scenario designed to test the first responders emergency management skills and abilities.

in the historic structure — NSASP Headquarters at Naval Support Facility (NSF) Dahlgren— evacuated into the gray morning drizzle and waited as officers swept the location for the "device." Trainers followed the security officers throughout the process, taking notes for follow-up training later.

On Tuesday evening, a "mock" gate runner tested the skills of the NSF Indian Head first responders, who coordinated an effort to locate and neutralize the threat.

Multiple scenarios over the course of the week keep the first responders on points and allow them to identify

strengths and weaknesses.

"We emphasize training year round, and SCCS is an opportunity to be able to further exercise our Naval Security Forces in a more complex environment to engage in various scenario driven operations," Stan Chisuk, the N3 security director explained.

The major training event for the exercise took place Jan. 31 with an active shooter drill at Branch Medical Clinic Indian Head.

"These drills allow our officers to demonstrate their "train as you fight, fight as you train" philosophy," Brooks said.

During the event, command staff manned the Emergency Operations Center, monitored the role players, as well as listened in on the communications and made notes where improvements could be made in responses throughout the exercise.

While the primary goal of the exercise is to ensure first responders at all Navy bases are prepared and ready in the event of potential scenarios, it is also a good time for all who live and work aboard installations to check their readiness status. Ensuring your Wide Area Alert Network (WAAN) is up-to-date at the office is critical to receiving timely messages in the

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NAVSEA Commander Launches Tour of Navy Warfare Centers, Sees Campaign Plan in Action

By **JOHN J. JOYCE**,
NSWC Dahlgren
Division Corporate Communications

Vice Adm. Thomas Moore, Commander, Naval Sea Systems Command (NAVSEA), kicked off his nationwide tour of the NAVSEA Warfare Centers, announcing that he will keep tens of thousands of employees updated, involved, and informed along the way with online posts.

Moore, speaking at an all-hands meeting, invited Naval Surface Warfare Center Dahlgren Division (NSWCDD) employees to engage with him via the internal online collaboration tool, iNFusion. Such interactive tools encourage employees to share information across the NAVSEA enterprise.

"I continue to be amazed by the incredible work

that you do each and every day," Moore told several hundred military, government civilians, and contractors. The base theater staged the Jan. 16 event, which was recorded for on-demand viewing by the NSWCDD workforce.

The day after encouraging his audience to continue sharing knowledge quickly across the enterprise, he shared the highlights and insights of his Dahlgren trip with 73,000 NAVSEA employees via his online iNFusion report.

Moreover, Moore invited the NAVSEA workforce to read posts that he and NAVSEA Executive Director James Smerchansky will journal over the next several months while visiting the Warfare Center divisions with the theme: "Warfare Centers – The Campaign Plan in Action."

Moore's Campaign Plan engages three NAVSEA



Naval Surface Warfare Center Dahlgren Division (NSWCDD) Innovation Lab (iLab) Director of Innovation Nelson Mills briefs the Commander of Naval Sea Systems Command (NAVSEA) Vice Adm. Thomas Moore and NSWCDD Technical Director John Fiore on the use of digital collaboration tables as visual aids for surface ships.

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ASBP Blood Drive a Success Aboard NSF Dahlgren

By **BARBARA WAGNER**
South Potomac Pilot

The Armed Services Blood Program hosted its first blood drive of the year for Naval Support Facility (NSF) Dahlgren on Tuesday, Jan. 30. Although the wind was gusting outside and the Chapel Annex was chilly inside, donors turned out to roll up their sleeves to donate the gift of life.

Sailors and civilians alike came out to donate whole blood for the ASBP program. All of the blood collected through the ASBP directly supports ill or critically injured service members and their families worldwide. Blood products collected are used for patients of all ages and for many different reasons — from cancer patients to military members with battlefield injuries.

Every single donation benefits three lives, and during this visit, ASBP collected 54 pints of whole blood at NSF Dahlgren.

Despite the fact that the flu and seasonal colds have prevented many from heading out to donate at this time, NSF Dahlgren is recognized for the strong numbers of donations at any time.

Finola Brophy-Houlihan, a registered nurse for the Armed Services Blood Bank shared that they have noticed the fluctuation in donors has



U.S. NAVY PHOTOS BY BARBARA WAGNER

come in waves, however, Dahlgren has always been a reliable source.

"We always have a really good turn out here," Brophy-Houlihan said.

In light of the flu epidemic, donors were asked to contact ASBP if they do contract the flu or exhibit symptoms of cold or flu within the next two weeks so that they can notify the recipient.

Pictured are Randa Hayes, an NSWC Federal Credit Union Employee and Naval Surface Warfare Center employee and Edgardo Velez.

"I love my country and I am glad I have the opportunity to support our Service members by donating," Velez said.

The next blood drive aboard NSF Dahlgren

will most likely take place in April. For priority service at the blood drive, make an appointment at <https://www.militarydonor.com/> and search for NSF as the location code.

A huge Bravo Zulu to all of those who turned out to donate at the event! Mark your calendars for the next drive — your donations save lives!

Navy's 2018 VITA Program is Open for Business

The Navy's annual Volunteer Income Tax Assistance (VITA) program has officially launched. In anticipation of the kick-off of tax season Jan. 29, VITA tax centers fleet wide are opening their doors. Naval Support Facility Dahlgren's program can be found at the Fleet and Family Service Center (CCSC) located at building 214, 6027 School House Lane behind the NSWC Federal Credit Union.

VITA is a free self-service program available to active-duty and retired service members and their dependents, as well as deployed Department of Defense civilians.

VITA pairs those individuals and their families with trained volunteers and streamlined tax software, called MilTax, to get the job done right — and hopefully a refund in the bank within two weeks.

"It is truly Sailors helping Sailors," said Lt. Alexandra Marin, the Navy's VITA program manager at the Office of the Judge Advocate General in Washington, D.C. "It is an opportunity to work with a fellow Sailor on how to educate yourself on preparing your own taxes."

"It's a lifelong skill and starting out with a Sailor teaching you how to do this, so that the next year you can do it for yourself and help your family members and shipmates, that's critical," she added. "Self-service VITA taxes is the best way to go about doing that."

Run by the Internal Revenue Service, VITA is available to Sailors and other customers through Naval Legal Service Command. Customers can find their nearest VITA tax center via Military OneSource. They also have the option of doing their taxes online.

Those who have taken part in the program have been surprised at how quick and easy filing their own taxes can be.

"The process for filing taxes is fairly straightforward," said Kevin Carey, VITA volunteer. "The tax software uses an interview process, asking questions to fill out the tax forms, and a volunteer is always available to answer questions. For a simple return with



U.S. NAVY PHOTO BY BARBARA WAGNER

Andrew, a VITA volunteer at the NSF Dahlgren Fleet and Family Support Center assists a client with taxes during an early-morning appointment. Carol Allison, the FFSC financial program manager aboard NSF Dahlgren stated that the VITA program will run during normal business hours, but also added that they do have volunteers that can come in as early as 7 a.m. and may be able to come by later to assist. It is best to contact FFSC at 540-653-1839 or 1-800-500-4947 to arrange an appointment. There will be a Single Sailor Day at the Liberty Center on NSF Dahlgren on Feb. 10, from noon to 5 p.m. just one or two W-2s a return can be completed in less than 30 minutes."

There are other benefits of VITA, as well. According to the National Society of Accountants, using this free service will save Sailors an average of \$261.

"First of all, it's free, so you can save a few hundred dollars just by coming to a self-service VITA office," said Marin. "And it edu-

cates you on how to prepare your taxes on your own. So when your family and friends want to know how to do it, they can ask you and next year you can have your information saved in the software and you know how to do it yourself."

Carol Allison, the FFSC financial program manager aboard NSF Dahlgren stated that the VITA program will run during normal business hours, but also added that they do have volunteers that can come in as early as 7 a.m. and may be able to come by later to assist. It is best to contact FFSC at 540-653-1839 or 1-800-500-4947 to arrange an appointment. There will be a Single Sailor Day at the Liberty Center on NSF Dahlgren on Feb. 10, from noon to 5 p.m.

Tax preparers advise Sailors bring the following items to appointments at their VITA tax center:

- * Valid identification for taxpayer/s
- * Social Security Numbers (including spouse and children)
- * Child care provider tax I.D. or Social Security Number and address
- * 2016 adjusted gross income from last year's tax return (if you have a copy, VITA volunteers can show you where this amount is)
- * IRS E-filing PIN (you can get one at irs.gov or call IRS at 866-704-7388)
- * Income data (W-2s)
- * All end-year tax documents (1099s)
- * Student loan payment information
- * Receipts for child care payment
- * Receipts for educational expenses

For more information regarding the VITA program aboard Naval Support Activity South Potomac, visit the Fleet and Family Support Center on Naval Support Facility Dahlgren located at 6027 School House Lane, Bldg 214, or call 540-653-1839 locally or toll-free at 800-500-4947,

Call Us for Your Advertising Needs 301-921-2800

Shayla Newman: Coming Full Circle

By **BARBARA WAGNER**
South Potomac Pilot

Shayla Newman, the new Community Recreation Manager at Naval Support Facility (NSF) Indian Head, is not a new face in the Naval Support Activity South Potomac community. She previously served as the community services coordinator with Lincoln Housing aboard NSF Dahlgren, and later for both bases for almost a decade; however, she is new to the MWR family.

Newman has been excited to tackle the challenges that the new job entails but finds a good deal of it still revolves around finding meaningful and enjoyable activities for the community to be a part of with MWR.

"It's almost as if I have to learn how to be a travel agent for the job. It's new and exciting and I'm ready," Newman said. "I'm ready for the challenge."

Living in the Oak Grove area of Westmoreland County in Virginia, Newman finds the commute to Indian Head a little bit of a challenge — getting familiar with the traffic patterns and adjusting to the extra commute time — but the task of learning new skills is one that she is enjoying.

"I was familiar with the other programs," Newman said. "But I am learning the ITT portion, how to book and charge tickets and becoming more familiar with the program. The ticket part is new to me, but it doesn't seem like it's going to be too difficult. I am anxious to learn it — I want to know it already. So that's my challenge — to take my time and know it will come. I want to be as knowledgeable on the ticket side as I am on the community recreation side."

Newman shared that she reflected recently on how her career path seems to be coming full circle. Her first job during high school was as a "Play Pal" at McDonald's.

"I did the birthday parties, and I would set everything up and manage the games, making



U.S. NAVY PHOTO BY BARBARA WAGNER

Shayla Newman (right), the new Naval Support Facility (NSF) Indian Head Community Recreation Manager. Newman and Dawn McDonnell, the NSF Dahlgren Community Recreation Manager, are excited about all of the upcoming events both on and off base. For more information about events as well as to book travel visit the ITT office on Indian Head located in the Community Center and on Dahlgren in the Liberty Center.

sure everyone was having a good time," Newman said. "It's amazing. I thought, I've been doing this since I was in high school [coordinating entertainment and events], and here I am working in that same field with the events and programs here at MWR. It's like coming full circle."

Newman has set a goal for herself to find a way to increase attendance at the events that the MWR office puts on.

"I don't know if I am looking to implement anything new right now; what I am interested in is increasing the attendance numbers. Admittedly it's a small site," Newman said. "Typically, they would have five to 10 in attendance at an event; I'd like to see that increase to 15 or 20."

Newman feels that learning what programs the Indian Head community enjoys and what isn't working is key to helping put together a

schedule of events that will bring folks out.

"Everyone seems to enjoy the sip and paint events that we have," Newman said. "I want to make sure that we are providing the kinds of experiences that our community enjoys. Many of the events are free or low-cost and wonderful."

In her spare time, Newman enjoys working out — jogging and Zumba — as well as spending time with her family. Her family includes her husband and two children, a daughter who is a sophomore at Norfolk State University and a son who is a junior at Washington and Lee High School. She is also a massage therapist, having just completed her training and internship with local chiropractor Dr. Shawn Pallotti.

Newman credits former supervisor Chris Bohr, from Naval Air Station Patuxent River, with one of her favorite quotes: every day is a good day.

"Every morning we'd come to work and I'd say, 'Good Morning Chris! How are you today?'" Newman shared. "And he would say, 'Every day is a good day!'" I picked that up from him. Every day you get up in the morning and you're alive and breathing is a good day."

With such a positive outlook, Newman will bring her exuberant energy to her new role. Future events that Newman is excited about include an upcoming murder mystery play happening at the Mix House with refreshments on Feb. 13, a no-sew do-it-yourself fleece blanket at the Community Annex (the old USO building) on Feb. 23 and a trip to the MGM Casino on Feb. 24.

"That's where we are going to start hosting a lot of our upcoming events [the old USO building]," Newman said. "We want everyone to know that we now have the new site where we'll be enjoying events."

Look for Newman at the Community Recreation Center at 4163 North Jackson Rd., building 620, located in the same building as the Library.

Visit

Continued from page 1

mission areas — on-time delivery of ships and submarines, culture of affordability, and cybersecurity — on which he focused throughout his Dahlgren tour following his speech.

The admiral's visit included briefings on a widerange of technologies, capabilities, and topics from the Innovation Lab (iLab), future combat systems, directed energy, cyber security, radar data, human systems integration, future ballistic missile defense, and chemical, biological, and radiological defense.

"Just getting around and seeing all the things that are going on here and everyone's contribution to the NAVSEA Campaign Plan, and the contributions they make to the Navy always exhilarates me — gives me something to fight for and work for in Washington, D.C.," said Moore in an on-camera interview after his Dahlgren tour, posted on the NSWCDD Facebook page.

"That Innovation Lab fits right into our Culture of Affordability and On Time Delivery of Ships and Submarines mission areas," said Moore as he looked into the camera while recounting his meeting with Dahlgren personnel at the iLab who are working on improved Surface Force bridge designs and, "trying to solve some of the real world problems that we have today."

NSWCDD scientists and engineers are exploring transforma-

tional ideas in the iLab, which opened for business last summer as an intensive collaborative environment where experts work to speed up and maximize corporate innovative solutions across the laboratory to further empower the nation's warfighters to fight, win, and return home safely.

The admiral encouraged his NSWCDD audience — including the command's leaders, scientists, and engineers as well as business and human resource specialists — to reflect on the three major mission areas in 2018 and to "think about the 355-ship Navy and how we're going to get there."

"The Campaign Plan itself hasn't changed," said Moore. "We have three core principles and three major mission areas. Number one is the on-time delivery of ships and submarines. Number two remains a culture of affordability, and number three is cybersecurity. You are well embedded in all three of those."

NAVSEA, he said, will enable the Navy to get there by implementing the mission areas while instilling high-velocity-learning principles and effectively managing the flow of ideas, problem solving, and knowledge sharing through the ingenuity and collaboration among the NAVSEA workforce innovators.

Meanwhile, NAVSEA's dynamic, diverse, and innovative workforce is committed to designing, building, delivering, and maintaining ships and systems on time and on cost for the Navy in a high-velocity-learning environment.

"The core foundational efforts of what we do remain high-ve-

locity learning and people," said Moore. "We spend a lot of time focusing on the people side of the house, striving to provide you more opportunity to grow individually and as teams. Our people really are my number one priority. My main job as NAVSEA commander is to provide an opportunity for people to come into NAVSEA and grow individually to get to where they want to get to 10, 15, 20 years down the road." He added that that NAVSEA will continue to be a "fantastic place to work and we'll continue to do incredible things."

NAVSEA — the largest of the Navy's five systems commands — comprises command staff, headquarters directorates, affiliated Program Executive Offices, and numerous field activities. NAVSEA engineers, builds, buys, and maintains ships, submarines, and combat systems that meet the Fleet's current and future operational requirements. The command is also responsible for establishing and enforcing technical authority and standards in combat system design and operation to ensure systems are engineered effectively and operate safely and reliably.

NSWC Dahlgren Division, a NAVSEA warfare center division, is a premier research and development center that serves as a specialty site for weapon system integration. The command's unique ability to rapidly introduce new technology into complex warfighting systems is based on its longstanding competencies in science and technology, research and development, and test and evaluation.

BASE HAPPENINGS

Dahlgren

African American — Black History Month Program

NSF Dahlgren will hold an African American — Black History Month Program on February 14 from 1100-1200 at University of Mary Washington Dahlgren Campus, Room 110 University Hall. Guest speaker will be Dr. Frank Smith, Director of the African American Civil War Museum in Washington, D.C. All are invited to attend!

Catholic Services at Dahlgren Chapel

Monday — Thursday: Rosary at 1200 in Back Chapel

Friday: Liturgy of the Hours and Rosary at 1200 in Back Chapel

Saturday: Sunday Celebration in the Absence of a Priest, vigil, 1700 in Main Chapel

Child Development Center I Has Spaces Available!

The Dahlgren CDC I has space available for parents to enroll children. For more information on how to enroll contact the center at 540-653-4994 or stop by at 727 Sampson Road, building 437.

Dahlgren Sea Kings Chess Club

Want to learn how to play the world's oldest game like the masters? Weekly lessons are free, and all skill levels are welcome. Group will meet Wednesdays from 4 — 6:30 p.m. Please call or email for more information, Lt. Brian T. Curran, V23, (540)653-1941, brian.curran1@navy.mil.

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Indian Head

FFSC Relocated aboard NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items including soups. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Dahlgren

2018 King George Little League Spring Registration

Registration fees have been REDUCED for the 2018 season! Online registration is now open at www.KGLittleLeague.org for the 2018 spring baseball and softball season. League ages are 4 to 16. The baseball league is determined by the player's age as of August 31, 2018. Softball league age is determined by the player's age as of December 31, 2017. The LAST in-person registration date is Saturday, Feb. 3. These will be held at the King George Middle School Cafeteria from 9 a.m. — 2 p.m.

Spring 2018 National Security Lectures

"Power, People, and Politics: What's Happening with Elections in Africa?" will be presented on 7 February, by Dr. Jacqueline Wilson, Lt. Col, USAFR, Ret. in University Hall (Room 110). Drawing upon recent experiences including serving as an international election observer for Kenya's August 2017 election, as well as dynamics such as constitutional changes to extend the age limit to allow Ugandan president Museveni to run for office, to experiences where leading opposition candidates have been imprisoned before elections, this presentation discusses the ever-shifting dynamics of electoral politics in Africa. The lecture is open to the public, and there is no charge to attend. Refreshments starting at 8 a.m., and the lecture at 8:30 a.m. To register, visit us online at <http://dahlgren.umw.edu/lecture-series>

Father-Daughter Princess Ball

Bring your little princesses to meet the Disney Princesses at this semi-formal fancy dress ball on Saturday, Feb. 24 from 5:30-8:30 p.m. She'll feel like the belle of the ball meeting Belle and the other Disney Princesses at this event! Semi-formal attire is required and tickets are \$30.00 for one adult and one child (aged 4-6)

and \$15.00 for each additional child. Tickets must be purchased in advance. Stop by the King George Parks and Recreation office 8076 Kings Highway or call 540-775-4FUN

King George Animal Rescue League Seeking Volunteers

The King George Animal Rescue League is looking for volunteers to help socialize animals, walk dogs, and take pictures at King George Animal Control (the county animal shelter). Volunteering at the shelter is a very rewarding way to give back to the local community; it is beneficial to the volunteer's mental and physical health, and it has a direct impact on the lives of homeless animals in our area. To learn more, visit <http://www.kgarl.org/info/display?PageID=15746>, email shelterhelp@kgarl.org, or contact the shelter directly at 540-775-2120.

Vendor Blender & Yard Sale at KGHS

Saturday, March 17, 9 a.m.-2 p.m. Shop vendors, crafters and yard sales at this event held at King George High School from 9 a.m. to 2 p.m. and food will be available! Space is still available, contact kgdeca@gmail.com for a registration form. The event supports the King George High School DECA competitive trip to ICDC in Atlanta, Ga.

Scholarship Available For Active Duty, Spouses and Vets at UMW

UMW is offering a scholarship providing qualified active duty service members, spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration or Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions for more info at 540-286-8000 or email graduate@umw.edu.

KG Alert

Sign up for KG alert offered by the King George County Emergency Services to

notify you of important information due to an emergency, disaster, road closure or inclement weather. To sign up for free, go to <https://www.kgalert.com/Portal.htm>

Indian Head

Charles County Department of Health Offers Free Flu Vaccinations

The Charles County Department of Health is offering free flu vaccinations Monday- Friday from 8:00 a.m. — 5:00 p.m. No appointment needed. The Center for Disease Control (CDC) recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. The CDC recommends that everyone 6 months of age and older should get a flu vaccine by the end of October, if possible. To learn more about ways to protect yourself and your family from the flu, visit the CDC website at www.cdc.gov/flu/prevent/index.html. For additional information about flu clinics, visit www.CharlesCountyHealth.org or call the Charles County Department of Health at 301-609-6900.

Chocolate Fest — Save the Date!

Port Tobacco River Conservancy presents ChocolateFest on Feb. 9, at the Waldorf Jaycees building, 3090 Crain Highway. Doors open at 7 p.m. for an evening of live music by Groove Span, dancing, romance, a silent auction, cash casino and of course chocolate! Tickets are \$50 and can be purchased at www.portTobaccoRiver.org.

Charles County Government Citizen Notification System (CNS)

Sign up for the Charles County Government Citizen Notification System for

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SOUTH POTOMAC PILOT

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Letters and submissions

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AUTO SKILLS

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal.

Basic Car Care

Feb. 22, 4:30 – 6 p.m.

Learn basic DIY skills that will keep your vehicle running longer such as acknowledge warning signs, changing a flat, maintaining fluid levels and checking tire tread and pressure. Maximum class size is 25 participants. Free

CANNONBALL LANES BOWLING CENTER

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00. Shoe Rental: Military \$1.50, Civilian \$2.50. Ask about our birthday party packages!

Valentine's Day Pin Decorating

Feb. 14, 5 p.m.

Decorate your own bowling pin in sweetheart attire and bowl a game for only \$10.00, including shoes.

Sweetheart Bowl

Feb. 17

Celebrate Valentine's Day bowling for an hour with your sweetheart. Military, \$15 per pair. Civilian, \$20 per pair. Shoe rental included.

-DAILY BOWLING SPECIALS- Sunday Special

Sundays, 11 a.m. – 9 p.m.

Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays, 11 a.m. – 9 p.m.

Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Wednesdays, 11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for Free!

All-U-Can Bowl Fridays

Fridays, 7 p.m. to 11 p.m.

Join us every Friday for a two hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 p.m. to 11 p.m.

Enjoy music and lights while bowling!

CHILD & YOUTH PROGRAMS

CDC I 540-653-4994 / CDC II 540-653-4342

YAC 540-653-8009

www.navyMWRDahlgren.com/child-youth

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Summer Camp Counselor/Program Assistant Employment

CYP is accepting applications now through Feb. 21, 2018 for NSF Dahlgren Summer Day Camp. Must be 18 years of age and possess a high school diploma or equivalent. Prior experience working with children and/or youth preferred but not required. For more information and to apply, visit www.NavyMWRDahlgren.com/welcome-aboard/jobs

COMMUNITY RECREATION

540-653-8785

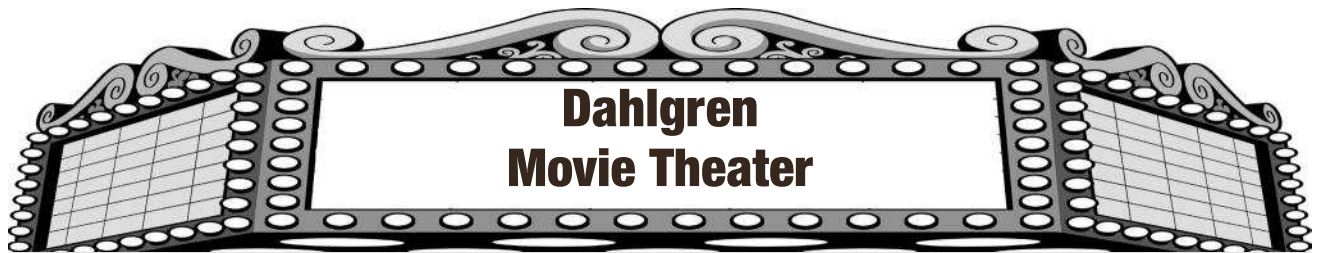
www.navyMWRDahlgren.com/recreation

-TRIPS-

Liberty Mountain Trip

Feb. 24, 2018 at Fairfield, PA. Register at Tickets & Travel by Feb. 9

Enjoy a day of skiing or snowboarding with family and friends. Discount All Mountain Package and Extended Lift Package available for purchase at Tickets & Travel. Transportation Cost: \$10



Dahlgren Movie Theater

540-653-7336

Price of Shows — Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): Free. *Movies shown in 3D will cost an additional \$1 to ticket price

Friday, Feb. 2 7 p.m. **Star Wars: The Last Jedi PG-13**
Saturday, Feb. 3 4 p.m. **The Greatest Showman PG**
Saturday, Feb. 3 7 p.m. **Downsizing R**
Sunday, Feb. 4 2 p.m. **Jumanji: Welcome To The Jungle PG-13**
Sunday, Feb. 4 4:30 p.m. **Insidious: The Last Key PG-13**
Friday, Feb. 9 7 p.m. **Paddington 2 PG**
Saturday, Feb. 10 4 p.m. **Princess and the Frog (FREE ADMISSION) G**
Saturday, Feb. 10 7 p.m. **The Post PG-13**
Sunday, Feb. 11 2 p.m. **The Greatest Showman PG**
Sunday, Feb. 11 4:30 p.m. **Jumanji: Welcome To The Jungle PG-13**

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater. Ask about our birthday party packages!

-TICKETS-

E-Tickets Available at Tickets & Travel

Shawnee Mountain Ski Area, East Stroudsburg, PA. Cost varies between \$27.00-\$82.72

Graceland Tickets, Memphis, TN. See where Elvis lived and tour the home of the King. Cost: Adult \$45.50, Child \$24.00

Disney on Ice: Frozen Tickets

Discover the magic of Frozen like never before at Disney on Ice presents Frozen! Dazzling ice skating, special effects and unforgettable music will transport you to wintry Arendelle. Cost: \$21.00 per person

Great Wolf Lodge 2018 Specials

Great Wolf Lodge dates are available now at Tickets & Travel! If rooms are no longer available, ask for alternative pricing for other dates. Package includes one night, two days, standard rooms, 6 water park bands and \$8 arcade credit. Check-in is at 4 p.m. and check-out is 11 a.m., however, the waterpark is still available for use. Cost: \$217

-CRAFTS & CLASSES-

Valentine's Day Deliveries

Feb. 14, 9 a.m. – 3 p.m.

Let Craftech take the stress out of Valentine's Day! We are delivering your choice of balloons, gifts and goodies on base to co-workers, friends or someone special. Prices range from \$8.00-\$25.00. Place your order with Craftech by Feb. 13.

DIY Wine Glass Painting

Feb. 21, 6 p.m. at Gray's Landing

Paint a wine glass with Community Rec just in time for Valentine's Day. Register at Tickets & Travel by Feb. 16. Cost: \$10

DIY Jewelry Making

Feb. 27, 5 p.m. at the Multi-

purpose Room

Learn how to create your own jewelry to match your personal tastes! Register at Tickets & Travel by Feb. 23. Cost: \$10

-SPECIALS-

The Dating Game at Gray's Landing

Feb. 14, 6 p.m. Register at

Tickets & Travel by Feb. 9.

Determine how well you know your spouse or significant other with fun questions! Refreshments will be available for purchase. Open to all with base access. Must have a min-

See **MWR**, Page 6

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MWR

Continued from page 5

imum of 4 couples and maximum of 10 couples register. Must be 21 years and older to purchase and consume alcohol.

CRAFTECH

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Craftech.

Dahlgren Centennial Collector Items

Order your exclusive Centennial collector items from Craftech all year long. Items include insulated travel and coffee mugs, playing cards, challenge coins, t-shirts, clocks, pens and holders, lanyards and much more!

FITNESS CENTER

540-653-8580

www.navymwr.dahlgren.com/fitness-sports

Sprint Triathlon – Registration Now Open

Saturday, April 21

Register at www.DahlgrenSprintTri.eventbrite.com. Must have at least 25 registered participants by March 23 to compete. Check in at 7 a.m.; start time is 8 a.m. and awards will be at 10:30 a.m. Awards will be given to male and female first place winners in each age division: 17 and under, 18-24, 25-39, and 40 plus. Cost: 17 & under, \$20. Active duty, \$20. All others, \$30

-RACE SERIES-

Heart & Sole 1.5 Mile Challenge

Feb. 14, 11 a.m.

Get your heart pumping with this run challenge and complete obstacles along the 1.5 miles road race course. Cost: Active duty military, Free. All others, \$5.00

-SPORTS-

Women's Basketball League

Begins February 2018. Must have four teams to compete. Cost: Active duty military and contractors with fitness memberships, Free. Dependents and retired military, \$15. DoD civilians, \$30. Contractors

without fitness memberships and off-base civilians, \$40

Lunchtime Pickleball

Mondays in February from 11 a.m. to 1 p.m.

Relieve workday stress and join us for a friendly game of pickleball! Free

-INCENTIVE-

Walk Across America

Feb. 1 – Sept. 30. Open registration at the Fitness Center.

Count your steps to collect trips and earn points! Choose a trip from our list of cities and earn points and a stamp in your passport when you reach your destination. All participants who complete at least 3 trips and earn at least 7 points will receive a Walk Across America t-shirt. Steps must be recorded on your passport at your convenience during any of the Fitness Center's staffed hours. For more information on rules and regulations, call the Fitness Center at 540-653-8580. Cost: Active duty \$5, All others, \$10

-AQUATICS-

540-653-8088

Dive-In Movie Date Night

Feb. 9, 8 p.m.

Float with your sweetie for a dive-in movie night at the

Aquatics Center featuring My Big Fat Greek Wedding. Cost: Active duty/retired military, Free. DoD civilians, \$5.00. Contractors/guests, \$6.00. Children 5 years old and under, Free.

Winter Swim Lessons

Feb. 12 – March 18

Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of 3 participants per class. Cost: Military, \$45.00. All others, \$50.00

Movie & Family Float Night

Feb. 16, 5 p.m.

Bring your inflatable and float your way into the weekend! Featured movie will be Beauty and the Beast. Cost: Active duty/retired military, Free. DoD civilians, \$5.00. Contractors/guests, \$6.00. Children 5 years old and under, Free.

GENERAL LIBRARY

540-653-7474

Princess & The Frog Party

Feb. 10, 1 p.m.

Join us for a special Mardi Gras party with crafts, games and more! Stop by the Theater afterwards for a Free showing of the Princess & the Frog at 4

p.m. Concessions will be available for purchase.

- LIBRARY SPECIALS- Learn Japanese

Active duty only – Mondays at 2:30 p.m. All others Monday at 4:30 p.m. and Wednesday at 5:15 p.m.

Learning a new language boosts brain power, improves memory, and expands career potential. Join us at the Library as we learn Japanese! Cost: Free

Paws for Reading

Every Second Tuesday at 3:45-5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library. Cost: Free

S.T.E.A.M. Pre-School Literacy Classes

Every Wednesday at 5 p.m.

Our S.T.E.A.M. classes are geared toward pre-school and kindergarten aged children.

They will develop their literacy skills as well as engage in the arts and learning experiments. Siblings are always welcome! Cost: Free

One-on-One Computer Help

First Tuesday by appointment

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: Free

Early Literacy at your Library

Fridays, 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Storytime and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday story times are a great way to meet other caregivers in the area. Cost: Free

Sensory Sensitive Saturdays

Saturdays, 1 – 3 p.m.

Be sure to join our caring staff for Sensory Sensitive Saturdays! Cost: Free

See MWR, Page 7

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Note: Military families with infants and toddlers looking for assistance and evaluations can call 703-784-1741 to speak with the Educational and Developmental Intervention Services team at Quantico. EDIS is a program offered that provides support and assistance to children with developmental concerns and their families. Their goal is to support and assist families in providing their children opportunities for optimal development, wherever they may be assigned to serve.

LIBERTY CENTER
540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Football Tailgating
Every Sunday begins at 1 p.m. Watch your favorite teams compete!

Wing Wednesday & Trivia
Every third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

Free Movie Friday

Every second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Every fourth Friday of the month at midnight enjoy a game of bowling!

Call to Duty: War Games

Feb. 2, 6 p.m.
Calling all game enthusiasts! Show off your skills at tonight's war games.

Super Bowl Outing

Feb. 4
Liberty is taking you to Buffalo Wild Wings to watch the Super Bowl!

A Sweet Night of Stories

Feb. 6
Enjoy some of our books and sweet hot chocolate.

Valentine's Paint Night

Feb. 7, 6 p.m.
Paint your best Valentine's Day themed picture.

Ping Pong Tournament

Feb. 8, 6 p.m.
Head over to Liberty for a Ping Pong tournament. Winner will receive a prize.

Free Movie Friday

Feb. 9
Take your pick from our list and watch a free movie.

Whitetail Ski/Snowboard Trip

Feb. 10
We're heading to Whitetail Ski Resort in Pennsylvania. Take advantage of the east coast slopes with Liberty!



Indian Head Child & Youth

CDC 301-744-4458
CYP 301-743-5456

Start Smart

March 5 – April 16
Start Smart will be held on Mondays 10 a.m. to 11 a.m. at the Youth Center. Registration begins Feb. 1. Parent orientation is scheduled for Feb. 26 at 10 a.m. For more information call the YAC, 301-743-5456.

Start Smart Basketball

March 6 – April 17
Start Smart Basketball will be held on Tuesdays 5:30 p.m. to 6:30 p.m. at the Youth Center. Registration begins Feb. 1.

Parent orientation is scheduled for Feb. 27 at 5:30 p.m. For more information call the YAC, 301-743-5456.

Indian Head Community Recreation

301-744-4850

Murder Mystery Night

Feb. 10
5 – 7 p.m.
Location: Mix House
Come dressed as your favorite 80's music icon and help us solve this murder mystery. The theme is "Karaoke Killed the Radio Star". Please register for the event at the Community Recreation Center by Feb. 5. Must be 21 to drink, but anyone with base access can attend.

Indian Head Library

301-744-4850

Yoga for Kids

Thursdays in February 2 p.m.
Stretch, bend, and pose with us through stories and music. Open to all homeschool and preschool children with base access. Free

DIY Sock Teddy Bears

Feb. 7
5:30 p.m.

Location: Community Rec Annex (old USO)
Turn that solo sock into a cute cuddly teddy bear! Open to everyone with base access. Free

Market Fresh Bistro

Hours: Monday-Friday: 6:00 a.m. - 2:30 p.m.
Soup is served daily from 10:30 a.m. to 1:30 p.m.
The soup special for the week of Feb. 5 is Broccoli & Cheddar soup. \$3.75 a cup.

Indian Head Weight House Fitness Center

301-744-4661

10-pound Challenge

Jan. 2 – March 6
Do you need direction or motivation to lose weight you've always said you wanted to lose or the weight that slowly appeared over the holidays? Register for the 10 Pound Challenge! Participants will receive weekly e-blasts on health, fitness and nutrition. Prizes awarded to the biggest loser(s). The cost is \$10 per person. Please register by Feb. 6 at the Weight House Fitness Center.

Zumba Class

Feb. 5, 12 and 26.

11:30 a.m.
Join the Zumba craze over at the Weight House Fitness Center! All classes are free for Active-Duty, Retired Military and Dependents, all others are \$4. Open to everyone with base access.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Military Bowling League

Jan. 30 – April 24
5 – 9 p.m.
This is a 12-week military only bowling league. Games are Tuesday nights and the cost is \$10/night.

Super Bowl Special

Feb. 3
5 – 10 p.m.
Wear your favorite NFL or college football team jersey and get your third game for free! Open to everyone with base access.

Sweetheart Bowling Special

Feb. 9 & 10
5 – 10 p.m.
Bring your sweetheart to Stars & Strikes Bowling Center for the couple's special. Get two games plus shoe rentals

See MWR, Page 8



Classifieds

Call 301-645-0900

Sales & Marketing Account Executive

Adams Publishing Group of Chesapeake is in search of a full time Account Executive to join our team! This position will sell and service local and regional accounts as assigned and/or located within a geographical territory. The primary sales effort will be to solicit current and new business prospects to use one or more of the publications and website in our product portfolio. Generally, the Account Executive will be focusing on several publications at any given time that are published monthly, quarterly or annually. The ideal candidate will be self-motivated, have effective presentation skills, creativity, strategic thinker, idea generator, good oral and written comprehension, deductive reasoning, strong work ethic, high computer aptitude, effective public speaking and ability to present to senior marketing executives and business owners. Preferred primary location will be in the nearby communities of publication. The Enterprise is part of a larger family of media holdings APG Media of Chesapeake, LLC. APG's Maryland, Delaware, Virginia, and DC properties include thirty-two publications, nine websites, and five mobile apps. These products cover nineteen counties in the three states and the District of Columbia and each week nearly 1.5 million people read the content they produce.

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for \$7. Open to everyone with base access.

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Capital Clubhouse Ice Skating

Feb. 3
2:30 p.m.

Enjoy a few hours of ice skating with Liberty at the Capital Clubhouse in Waldorf, MD. The cost is \$5 per person. Please sign up by Feb. 2.

Super Bowl Party

Feb. 4
6 p.m.

Come watch the Super Bowl with Liberty. Snacks will be provided!

Mardi Gras Bowling

Feb. 6
5-7:30 p.m.

Mardi Gras themed contests and more!

Whitetail Ski Trip

Feb. 8
Departing at 6 a.m.

It's Military Appreciation Day at the slopes! Receive an 8-hour complimentary lift ticket from Whitetail. Cost of the trip is \$45. Register by Feb.1 at the Liberty Center.

Notes

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notification of important information. All citizens are urged to register for the new system online. Register today at www.CharlesCountyMD.gov/CNS.

Tri-County Animal Shelter February Monthly Promotions and Reminders:

Spay/Neuter Awareness Month (Feb. 1 — Feb. 28)

To celebrate this special month, the shelter is reducing the adoption fee for all shelter felines to \$20.18. All felines adopted during this

special promotion will receive the same great incentives of a regular adoption including spay/neuter, rabies vaccination, veterinary physical exam, deworming, FIV/FELV test, and microchip. Come adopt a fabulous feline today!

Free Spay/Neuter Clinics

You may qualify for the free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Dog Training Education Month (Feb. 1—Feb. 28)

Training has been shown

to be the single most important factor in keeping a dog in his or her forever home and strengthens the bond between owner and pet. S & D K-9 Rehabilitation and Think Like a Dog both offer a free training session for dogs adopted from the Tri-County Animal Shelter. You can also inquire about additional training at your local PetSmart or Petco. Celebrate the month by signing up your furry friend.

Love Your Pet Day (Feb. 20)

Share some extra love and consider adopting a pet of your own or signing up as a volunteer at the shel-

ter. Take a dog for a walk, brush some cats, or give out treats. You can also support the shelter by coming to the Prince Frederick IHOP (680 North Prince Frederick Boulevard, Prince Frederick) on Feb. 20 and enjoy a nice meal. IHOP will donate a portion of the proceeds to the shelter if you mention Tri-County Animal Shelter to your server.

Tags and Licenses

Remember to keep identification tags on your dogs and cats. It could be your pet's ticket to getting back home. Be sure your pets wear a collar with an identification tag, a county

license, and a rabies tag. Microchipping your pet with up-to-date information is a great practice as well. To learn more about licensing your pet, visit www.CharlesCountyMD.gov/ES/AnimalControl/Animal-Control.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.

Shield

Continued from page 1

event of an actual emergency situation. Check in on your family's emergency contact plan; does your family know who to contact in case of an

emergency aboard the base? If you have to vacate your office and need to be out of the building for potentially hours or days, do you have your "go-bag" so you can evacuate quickly with car keys and CAC and other potential necessity?

For more information on how you can be prepared for any emergency, visit <https://www.ready.navy.mil/>.

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