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Paying tribute on Memorial Day See page A-2, A-3



Hurricane preparedness See page A-4, B-1



Hawaii participates in **DoD Warrior Games** See page B-4



MFSC hiring event See page B-5



U.S. Navy photo by MC2 James Mullen

Adm. Phil Davidson, left, relieves Adm. Harry Harris, right, as commander of U.S. Indo-Pacific Command.

Public Affairs Communication & Outreach

Adm. Phil Davidson relieved Adm. Harry Harris as commander, U.S. Indo-Pacific Command (USINDOPACOM), in a ceremony May 30 at Joint Base Pearl Harbor-Hickam.

Secretary of Defense James N. Mattis presided over the ceremony. During his remarks Mattis praised Harris' tenure and highlighted the importance for strong leadership in the Indo-Pacific area of responsibility.

"PACOM is our primary combatant command, standing watch and intimately engaged with over half of the earth's surface and its diverse population," Mattis said. "The United States is today and has been for two centuries a Pacific nation."

Harris, born in Japan and reared in Tennessee and Florida, is a 1978 graduate of the U.S. Naval Academy and began his tour as the 24th PA-COM commander in 2015.

'Men and women of the U.S. Pacific Command, and your families... what you do on a daily basis is of fundamental importance to our nation's defense. I'm proud to serve alongside you," said Harris.

At a time of increasing contention in the region, Harris conveyed his respect and confidence in his successor to the critical post in the Indo-Pacific.

"Admiral Phil Davidson is well-suited to operate in the complex international milieu that is the Pacific Command in the 21st century," said Harris.

"He understands completely both his strategic and operational responsibilities. I'm pleased, indeed gratified, that I leave this post in his hands...a battle-tested leader whose experiences and expertise span the globe in a multitude of

important security and operational assignments.'

Davidson, a native of St. Louis and 1982 graduate of the U.S. Naval Academy, reflected on U.S. Pacific Command's pivotal role in regional peace and security, and reiterated American commitment to the region and our allies and partners.

"For more than 70 years, the Indo-Pacific has been largely peaceful," said Davidson.
"In most ways, this

was made possible by two things: the commitment of free nations to the free and open international order ... and the credibility of the combat

power within U.S. Pacific Command ... To our allies here in the Indo-Pacific, you will have no better ally. To our partners, I look forward to advancing our partnership in a way that serves our mutual interests."

Davidson, the 25th PACOM commander, takes charge after a successful tour as Commander, U.S. Fleet Forces Command/Naval Forces U.S. Northern Command in Norfolk, Va.

His previous command assignments include command of Carrier Strike Group 8/Eisenhower Carrier Strike Group, USS Gettysburg (CG 64) and USS Taylor (FFG 50).

Ashore, Davidson has served in fleet, interagency and joint tours as a flag officer. During the ceremony, Mattis announced that PACOM was changing its name as well as its commander.

"In recognition of the increasing connectivity between the Indian and Pacific oceans, today we rename the U.S. Pacific Command to U.S. Indo-Pacific Command,' Mattis said. "Over many decades this command has repeatedly adapted to changing circumstances and today carries that legacy forward as America focuses west.'



USS Portland arrives in Pearl Harbor

MC2 Britney Odom

Commander, U.S. 3rd Fleet

The amphibious transport dock ship USS Portland (LPD 27) arrived in Pearl Harbor May 29 to conduct combat systems ship qualification trials.

The ship departed San Diego May 21 and began its transit to Hawaii.

The ship's crew has engaged in various training exercises within the past couple of weeks to ensure the ship's weapon systems are properly installed, function correctly, and can be operated safely.

Portland performed its first underway replenishment (UNREP), employing the Standard Tensioned Replenishment Alongside Method May 22. Steaming ap-

proximately 200 feet ron 465. These flight opalongside the lead ship of its class, Military Sealift Command fleet replenishment oiler USNS Henry J. Kaiser (T-AO 187), Portland received more than 175,000 gallons of marine diesel fuel and JP-5 jet fuel from the oiler.

'UNREP was well-executed by the crew," said Lt. David Youker, Portland's operations officer. "We were able to assess material condition and watchstander readiness, while increasing our operational capability.'

In addition to the UN-REP, Portland performed deck landing qualifications with three MV-22B Ospreys from Marine Medium Tiltrotor Squadrons 163, 165 and 363, as well as one CH-53E Su-

per Stallion from Marine

Heavy Helicopter Squad-

erations marked a few firsts for Portland — it was the ship's first night landing operation with an Osprey and the ship's first time conducting flight operations with a CH-53. This is the largest number of aircraft in the ship's airspace to date.

For the first time since RIMPAC 2002, U.S. 3rd Fleet's Command Center will relocate from San Diego to Pearl Harbor to support command and control of all 3rd Fleet the western Pacific.

forces in 3rd Fleet's area of responsibility to include forces operating in The Fleet Command Center will be established at a Deployable Joint Command and Control on Hospital Point in Hawaii

for the first part of the

exercise and then tran-

sition to Portland for the

remainder of the exercise. "It will be a unique experience for the crew to be a part of the relocation of 3rd Fleet's command center," said Capt. J. R. Hill, Portland's commanding officer.

"This is something that has not happened in a while and USS Portland is proud to be able support the mission." During Portland's time

in Hawaii, the ship will host Commander, U.S. 3rd Fleet, Vice Adm. John D. Alexander and his staff, participate in community service projects, experience Hawaiian culture and make preparations for the underway training events.

For more information about Portland, visit www.public.navy.mil/ surfor/lpd27 or www. facebook.com/PORT-LANDLPD27.

U.S. Navy announces 26th RIMPAC exercise

Commander, U.S. 3rd

Twenty-six nations, 47 surface ships, five submarines, 18 national land forces, more than 200 aircraft and 25,000 personnel will participate in the biennial Rim of the Pacific (RIMPAC) exercise scheduled June 27 to Aug. 2, in and around the Hawaiian Islands and Southern California.

As the world's largest international maritime exercise, RIMPAC provides a unique training opportunity designed to foster and sustain cooperative relationships critical to ensuring

the safety of sea lanes and security on the world's interconnected oceans. RIMPAC 2018 is the 26th exercise in a series that began in 1971.

The theme of RIMPAC 2018 is "Capable, Adaptive, Partners." Participating nations and forces will exercise a wide range of capabilities and demonstrate the inherent flexibility of maritime forces.

The relevant, realistic training program includes amphibious operations, ercises and more.

gunnery, missile, anti-submarine and air defense ex-This is the first time Brazil, Israel, Sri Lanka and Vietnam are participating in RIMPAC. Addi-

tional firsts include New

Zealand serving as sea

combat commander and

Chile serving as combined

force maritime component commander. This is the first time a non-founding RIMPAC nation (Chile) will hold a component commander leadership posi-

This year will also feature live firing of a Long Range Anti-Ship Missile from a U.S. Air Force aircraft, surface to ship missiles by the Japan Ground Self-Defense Force, and a Naval Strike Missile from

> a launcher on the back of a palletized load system by the U.S. Army.

> Additionally, for the first time since 2002, U.S. 3rd Fleet's Command Center will relocate from

San Diego to Pearl Harbor to support command and control of all 3rd Fleet forces in 3rd Fleet's area of responsibility to include forces operating forward in the Western Pacific.

The Fleet Command Center will be established at a Deployable Joint Command and Control on Hospital Point, Pearl Harbor, for the first part of the exercise and then transition to amphibious transport dock ship USS Portland (LPD 27) for the remainder of the exercise.

Hosted by Commander, U.S. Pacific Fleet, RIM-PAC 2018 will be led by Commander, U.S. 3rd Fleet, Vice Adm. John D. Alexander, who will serve as combined task force commander.

For more, visit http:// www.cpf.navy.mil/rimpac.



Story and photo by MC2 Michael Lee

COMSUBPACPublic Affairs

Veterans, active duty service members and guests of the Pacific Subcelebrate Memorial Day at the Parche Park and Submarine Memorial at

bor-Hickam (JBPHH) May 28.

The ceremony's guest speaker, Capt. Anthony Carullo, chief of staff, Commander, Submarine Force, U.S. Pacific Fleet, spoke of the importance marine Force gathered to of this day and the sacrifices made by those in uniform.

Joint Base Pearl Har- ered to honor and remember not just those brave men of the submarine force, but to all who paid the ultimate price and gave their lives throughout history so that we could celebrate the freedoms that we enjoy," Carullo said.

The annual ceremony is hosted by members of "Today, we are gath- the Bowfin Pearl Harbor

Base U.S. Submarine tion's war dead, we pre-Veterans.

Paul Jurcsak, Bowfin Base commander and retired submariner, delivered opening remarks followed by tolling of the boats, and lei and wreath presentations which memorialized the lost World War II submarines and crew members.

"By honoring the na- in uniform today who are www.csp.navy.mil.

serve their memory and thus their service and

sacrifice," Jurcsak said. "It is therefore fitting that we recognize these lost submarines and the fallen heroes that served on them because it is their spirit that burns in the hearts and souls of all veterans and of all those

serving our great nation."

The ceremony concluded with the time-honored tradition of the three-gun salute performed by the JB-PHH Navy Honor Guard Detachment, and taps performed by the U.S. Pacific Fleet Ceremonial Band bugler.

To read more, visit

Governor hosts Memorial Day ceremony

Story and photos by Kristen Wong

Life and Leisure Editor,

Members of the local community and multiple dignitaries remembered fallen service members and recognized Gold Star Families during the 2018 Governor's Memorial Day Ceremony at Hawaii State Veterans Cemetery, in Kaneohe May 28.

Escorted by Hawaii National Guard Youth Challenge Academy cadets, guests presented flower lei and wreaths by the 111th Army

Airman 1st Class Steve Francois, a cyber operator with the 747th Communications Squadron, presented the official wreath from the state of Hawaii. Yeoman 3rd Class Brandon Ford, an administrative clerk to the Joint Base Pearl Harbor-Hickam commander, presented the official wreath from

U.S. Pacific Command.

Maj. Gen. Arthur "Joe" Logan, the adjutant general of Hawaii, spoke about the origins of the Gold Star Family and Memorial Day. Memorial Day began shortly after the Civil War, first known as Decoration Day, in 1868. On Decoration Day, people would honor fallen warriors, adorning graves with flowers.

World War I saw the beginning of a Gold Star Family. Military families would fly flags bearing a blue star in honor of their service member. Military families who for the occasion, with lost their service memmusical accompaniment ber in combat would their grief. We can never services once they re- who made the ultimate change the blue star to a gold one.

Hawaii Gov. David Ige called for a round of applause for attending Gold Star Families.

"There is no one who has sacrificed more for their country than a Gold Star Family," Ige said.
"When one of our heroes falls in the line of duty ... all of us will do everything we can to ease



Government officials take a moment to honor the fallen. during the 2018 Governor's Memorial Day Ceremony, May 28.

Gold Star Families."

Ige also wanted to pay tribute to "citizen Soldiers," or those who served but did not make the military a career. He mentioned historical local "citizen Soldiers" such as Sparks Matsunaga, Hiram Fong and Robert

Alexander Anderson. "Most of these citizen

do enough to support our turned home, but they sacrifice for our nation continued to serve their nation and pave the way for Hawaii," Ige said.

"It is our citizen soldiers who forge the future of our land in mostly subtle but often profound ways on this Memorial Day in 2018. I would like to ask you to pay your respects to the citizen Soldiers as well as those who gave the ul-

timate sacrifice for our state and our country those whose lives were cut short by war and those who survived, returned home and became architects of the future," Ige added.

The Hawaii National

Guard Honor Guard performed a three-gun salute, followed by a member of the 111th Army Band playing taps.
"Memorial Day to

me is very significant," said Stan Fernandez, a national council officer for the Board of Directors at Veterans of Foreign Wars.

"We honor all those those that stood for what we stand for

today, freedom." Fernandez, who served in the Air Force for little more than 28 years, said the ceremony was significant because it honored

citizen Soldiers. "Many times we (only) think about our active duty Soldiers our Army,

Guard, but citizen Soldiers also served during the war," he said.

Fernandez recalled as he served in the Vietnam War, he flew in a reconnaissance airplane without weapons, with the Hawaii Air National Guard providing combat air patrol cover. Command Chief

Master Sgt. William Parker, senior enlisted advisor, Hawaii National Guard, was among those attending.

"I love the venue, seems more space up here," Parker said. "It's a great environment,

great scenery."

When asked what he hoped people would take away from this ceremony, Parker replied he wanted people (t̄o) realize that this isn't just a three day weekend.

"Hopefully families are out there enjoying their time off but they do something to remember the people, the 1.2 million veterans that have given the ultimate sacrifice,'



HO'OKELE June 1, 2018 • A-3

Diverse VIEWS



Submitted by Ensign Heather Hill

What is the strangest YouTube challenge you've ever seen?



MM3 Abby Wells USS Chafee

"The Cinnamon Challenge was probably the worst one I've ever seen. I don't understand why anyone would want to do that!'



MMW3 Alexander Robinson USS Louisville

"The Cinnamon Challenge. They didn't even finish the cinnamon, all people would do is take one mouthful and cough it all up."



IT1 (Sel.) Danielle Mackey JBPHĤ

"The Passout Challenge. Apparently kids would hold each other's necks to see how long they could last before passing out. That was pretty bizarre.'



SrA Quay Drawdy 18th Wing Public Affairs

"There was a video I saw of a selfadministered challenge by eating as much cold roasted chicken as he could. It was pretty disgusting because there was still gobs of fat on the chicken.



TSgt Jacoby Bruner 18th Operations Support Squadron, Kadena

"The Tidepod Challenge seemed pretty stupid and ridiculously dangerous!"



SSgt Gregory Liggins 8th Intelligence Squadron

"The planking challenge was pretty strange. I definitely didn't like it when people planked on historic monuments or memorials. I found it pretty disrespectful.'

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com

COMMENTARY

Lt. Emily Rosenzweig

3d Radio Battalion Marine Corps Base Hawaii Chaplain



Lantern Floating Hawaii ceremony lights to unite



Lanterns drift with the current at Ala Moana Regional Park, May 29, 2017.

(Editor's note: Jewish rabbi and Navy chaplain Lt. Emily Rosenzweig participated in the 20th annual Lantern Floating Hawaii ceremony at Ala Moana Regional Park on Memorial Day.

Themed "Many Rivers, One Ocean Interconnectedness," the annual ceremony brought nearly 50,000 people together. Rosenzweig answered our questions about her takeaways, the meaning of the theme, her insights and feedback she received after being part of a video presentation aired at the event.)

I have two takeaways from this year's Lantern Floating Hawaii ceremony. The first is how the ceremony reflected the diversity of Oahu — religiously, ethnically, culturally, military-wise - all of us were represented and contributed to the overall program. The second take-away is how meaningful the act of sending the lantern out into the ocean was for many participants.

We don't have many occasions for public expressions of grief, so it's especially impactful to see people, young and old, moved to tears by saying goodbye to their loved ones

Seeing thousands of lanterns floating on the water was a visual reminder of the truth that was expressed in the event's theme: "Many Rivers, One Ocean."

customer service representative I only more connected than we think.

know over the phone — each of those individuals has or will experience the loss of someone they love. Generally, I don't consider that fact during our interactions, but at the Lantern Floating Hawaii event it couldn't be ignored.

If each of us is a river, we're all flowing to the same end at the ocean, but also the same experience of loss and remembering. A number of the other attendees thanked me for sharing not only my thoughts on the theme of the event, but also for naming two of the service members I was remembering this Memorial Day.

In the video shown at the event I told the stories of Lance Cpl. Ty Hart who was killed in the helicopter crash off Haleiwa in January of 2016 and of Army Warrant Officer James Casedona who died in a separate helicopter training casualty at Fort Campbell in Kentucky.

Besides my contribution, people also spoke of how this event was such a significant tradition for the military-civilian relationship on Oahu, as it both honors fallen service members and civilian loved ones of all island residents.

How vital it is that we find points of connection between our experiences even if they are religiously, culturally, or even politically so different. The If I think about all the people fact that we all share the experience I interact with each day — from of loss — not necessarily in the the Marines in my battalion, to the details but in the larger picture — is a humbling reminder that we're all

76th anniversary of Battle of Midway ceremony set for today

Navy Region Hawaii **Public Affairs**

Commander, Navy Region Hawaii will host a commemoration ceremony at the World War II Valor in the Pacific National Monument, today, to mark the 76th anniversary of the Battle

of Midway.

The ceremony will begin at 8 a.m. at the Pearl Harbor Visitor Center's education lanai. The public is invited to attend the ceremony and explore the visitor center to learn more about the history of World War II.

music from the U.S. Navy's Pacific Fleet Band, remarks by Navy Region Hawaii Commander Rear Adm. Brian Fort, tion at the Lone Sailor statue.

otal engagement in the Pacific inflicting devastating damage

Ceremony highlights include Theater of World War II, oc- on the Japanese fleet that curred six months after Japan's attack on Pearl Harbor.

From June 3 to 7, 1942, the U.S. Navy decisively and a wreath laying presenta- defeated an attacking fleet of the Imperial Japanese The Battle of Midway, a piv- Navy near Midway Atoll,

proved irreparable.

Background on the 76th Anniversary of the Battle of Midway can be found at www. history.navy.mil/browse-bytopic/wars-conflicts-and-operations/world-war-ii/1942/ midway.html.

Navy Region Hawaii Rear Adm. Brian Fort

Joint Base Pearl Harbor-Hickam Capt. Jeff Bernard

Director, Navy Region Hawaii Public Affairs **Agnes Tauyan**

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Acting Director, Joint Base Pearl Harbor-Hickam Public Affairs Dave "Duna" Hodge

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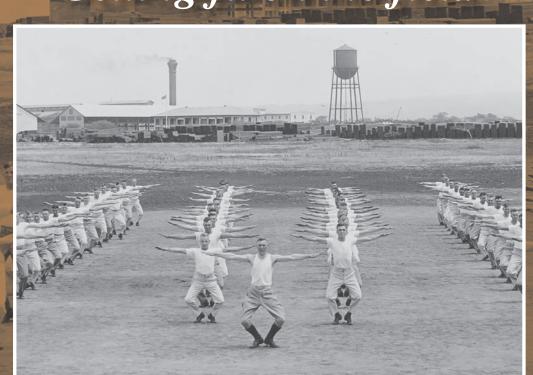


Photo courtesy of U.S. Naval History and Heritage Com

Pictured here are service members conducting sitting-up exercises at Pearl Harbor, circa 1918.

HO'OKELE A-4 • June 1, 2018

Sailors, Airmen prepare for hurricane season

David 'Duna' Hodge

Joint Base Pearl Harbor-Hickam Public Affairs

In preparation for hurricane season, which runs June 1 through Nov. 30, Joint Base Pearl Harbor-Hickam (JBPHH) wrapped up participation today during the annual Hurricane Exercise (HURREX).

Navy Region Hawaii is conducting HURREX 18 to exercise and demonstrate the abillity of all Navy and Navy installation tenant organizations and activities, including all Air Force activities on JBPHH, to expeditiously set the directed Tropical Cyclone Conditions of Readiness (TCCOR) when ordered.

During HURREX, JBPHH Emergency Operations Center (EOC) responded to a notional storm that developed and intensified to hurricane strength, threatening the island of O'ahu and the state of Hawaii.

The daily battle rhythm set in the EOC is an opportunity for the fleet, tenant commands and other organizations to align and fine-tune the processes needed in the event of an actual hurricane.

Shift rotations between the Gold and the Blue teams in the EOC ensure continuity of operations while safeguarding the safety of all personnel and the security of the installation.

Team members executed detailed checklists included in each TCCOR level. Items verified included updating Safe Haven and evacuation plans, which include reviewing procedures for families with special medical needs.



U.S. Navy photo by MC2 Michael H. Lee

Sailors, assigned to the Los Angeles-class fast-attack submarine USS Santa Fe (SSN 763), heave additional foul-weather mooring lines in support of Hurricane Exercise (HURREX) at Joint Base Pearl Harbor-Hickam, May 30.

has not suffered any major damage from hurricanes in years, the installation population must be prepared. It is easy to become complacent in paradise with beautiful blue skies," said Dan Dubois, JBPHH

The simple hard truth is Hawaii is a remote location 2,500 miles from the U.S. mainland, the tyranny of distance means that we must be airports are damaged, we

Emergency Manager.

"Even though Hawaii better prepared than our counterparts on the mainland. Depending on the size and impact of the hurricane, it could take 7 to 14 days before help arrives from the mainland."

"There are no fourlane highways between Hawaii and Los Angeles, just a great deal of ocean. Ninety-nine percent of everything from soup to nuts comes to us by boat. If the harbor and

will be on our own until we can get the ports and airports operational. Exercises like HURREX assists the installation commands and personnel to become better prepared for Hurricanes and other worst case scenarios."

Perhaps the most important benefit of the HURREX is the important reminder of the uncertainty of nature and the importance of having a hurricane plan for their loved ones. Ensuring readiness," Bernard said.

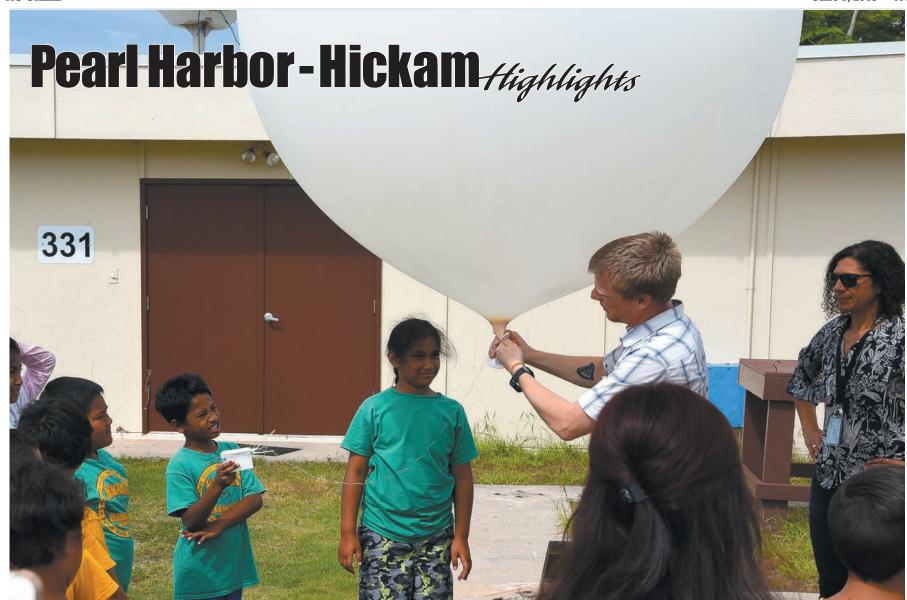
the accountability and safety of personnel is a top priority for Capt. Jeff Bernard, Joint Base commander.

"Current events in Hawaii like Kilauea's eruption on the Big Island and the threat of hurricanes, tsunamis, and earthquakes, it's important for us to train like we fight, creating a battle rhythm for events that not only impact our operational readiness but our family's

"The importance of this training cannot be understated. In a moment's notice, we may need to sortie ships and aircraft, so our families need to be prepared for the unknown so that we can execute our mission safely with the assurance that (they) are ready to face any challenges and that they have the resources to assist them while we are away."

For more information on hurricane preparedness, visit www.ready.gov.

HO'OKELE June 1, 2018 • A-5



U.S. Navy photo courtesy of MC2 Omar Powell

Tim Golden, Pacific Missile Range Facility, Barking Sands lead meteorologist, gives Kekaha Elementary School students a tour of his weather station and equipment he uses to measure the weather, May 21 at PMRF, on the island of Kauai. The students assisted Golden with releasing two weather balloons.



U.S. Air Force photo by Tech. Sgt. Eric Donner

Republic of Korea Army Gen. Byung Joo Kim, Combined Forces Command deputy commander, talks with U.S. Air Force Maj. Gen. Russ Mack, Pacific Air Forces deputy commander, during an office call at Joint Base Pearl Harbor-Hickam, May 21.



DoD photo by Tech Sgt. Vernon Young Jr.

Secretary of Defense James N. Mattis, meets with Indonesia Minister Ryamizard Ryacudu and members of his cabinet at Joint Base Pearl Harbor-Hickam, May 29.



U.S. Navy photo by MC2 Britney Odom

The amphibious transport dock ship USS Portland (LPD 27) arrives in Hawaii in preparation for Combat System Ship Qualification Trials, May 29.



DoD photo by Tech Sgt. Vernon Young Jr.Minister Itsunori Onodera

HO'OKELE Reisure BE READY FOR NOAA predicts a near- or above-normal hurricane season in the central Pacific

National Oceanic and Atmospheric Administration

NOAA's Central Pacific Hurricane Center recently announced there is an 80 percent chance of near- or above-normal tropical cyclone activity during the central Pacific hurricane season this year.

The 2018 outlook indicates equal chances of an above-normal and near-normal season at 40 percent each, and a 20-percent chance of a below-normal season.

For the season as a whole, three to six tropical cyclones are predicted for the central Pacific hurricane basin. This number includes tropical depressions, named storms and hurricanes. A near-normal season has three to five tropical cyclones, and an above-normal season has six or more tropical cyclones.

"This outlook reflects the forecast for ENSO neutral conditions, with a possible transition to a weak El Nino during the hurricane season. Also, ocean temperatures in the main hurricane formation region are expected to remain above-average, and vertical wind shear is predicted to be near- or weaker-than-average,' said Gerry Bell, Ph.D., NOAA's lead seasonal hurricane forecaster at the Climate Prediction Center. Bell added, "If El Nino develops, the activity could be near the higher end of the predicted range."

El Nino decreases the vertical wind shear over the tropical central Pacific, which favors more and stronger tropical cyclones. El Nino also favors more westward-tracking storms from the eastern Pacific into the central Pacific.

This outlook is a general guide to the overall seasonal hurricane activity in the central Pacific basin and does not predict whether or how many of these systems will affect Hawaii. The hurricane season begins June 1 and runs through

"It is very important to remember that it only takes one landfalling tropical cyclone to bring major impacts to the state of Hawaii,' said Chris Brenchley, director of NOAA's Central Pacific Hurricane

"As we begin this 2018 hurricane season, we advise all residents to make preparations now, by having and practicing an emergency plan and by having 14 days of emergency supplies on hand that will be needed if a hurricane strikes.

The Central Pacific Hurricane Center continuously monitors weather conditions, employing a network of satellites, land- and ocean-based sensors, and aircraft reconnaissance missions operated by NOAA and its partners.

This array of data supplies the information for complex computer modeling and human expertise, which are the basis for the center's storm track and intensity forecasts that extend out five days.

Check the Central Pacific Hurricane Center's website throughout the season to stay on top of any watches and warnings, and visit FEMA's ready.gov for additional hurricane preparedness tips.

The seasonal hurricane outlook is produced in collaboration with NOAA's Climate Prediction Center.

Compiled by Ho'okele staff

When a hurricane hits, the devastation can be great, and families will not only need to protect themselves during the disaster, but also prepare and repair. There are several websites available that provide tips for residents to keep in mind.

Preparing for a hurricane

(https://www.weather.gov/safety/hurricane-action) (https://www.ready.gov/hurricanes)

- Know where to go. If you are ordered to evacuate, know the local hurricane evacuation route(s) to take and have a plan for where you can stay. Contact your local emergency management agency for more information.
- Put together a disaster supply kit: including a flashlight, batteries, cash, first aid supplies, medications, and copies of your critical information.
- If you are not in an area that is advised to evacuate and you stay at home, plan for adequate supplies in case you lose power and water for several days and cannot leave due to flooding or blocked roads.
- Create a family emergency communication plan.
- Many communities have text or email alerting systems for emergency notifications. To find out what alerts are available in your area, search the Internet with your town, city, or county name and the word "alerts."
- Consider buying flood insurance.
- When a hurricane threatens your community, be prepared to evacuate if you live in a storm surge risk area. Allow enough time to pack and inform friends and family if leaving.
- Secure your home: Cover all windows. Permanent storm shutters offer the best protection for windows. A second option is to board up windows with 5/8-inch exterior grade or marine plywood, built to fit, and ready to install.
- ▶ Buy supplies before the hurricane season rather than waiting for the pre-storm rush.
- Hurricane winds can cause trees and branches to fall. Trim or remove damaged trees and limbs for safety.
- Secure loose rain gutters and downspouts and clear any clogged areas or debris to prevent water damage.
- Secure and reinforce the roof, windows and doors, including the garage doors.
- Purchase a portable generator for use during power outages. Keep generators and other alternate power/heat sources outside, at least 20 feet away from windows and doors and protected from moisture. Never attempt to power the house wiring by plugging a generator into a wall outlet.
- Consider building a FEMA safe room or ICC 500 storm shelter designed for protection from high-winds and in locations above flooding levels.
- Check the websites of your local National Weather Service office and local government/emergency management office. Find out what type of emergencies could occur and how you should respond. Listen to NOAA Weather Radio or other radio or TV stations for the latest storm news.
- Follow instructions issued by local officials. Leave immediately if ordered.
- If not ordered to evacuate:
 - Take refuge in a small interior room, closet, or hallway on the lowest level during the storm.
 - Put as many walls between you and the outside as you can.
 - Stay away from windows, skylights and glass doors.
 - If the eye of the storm passes over your area, there will be a short period of calm, but at the other side of the eye, the wind speed rapidly increases to hurricane force winds coming from the opposite direction.

(Editors note: see next issue for more information. Cut out this clipping and save for your family)

KNOW YOUR TERMS

HURRICANE WATCH means a hurricane may occur within the next 48 hours. Go over your evacuation route(s) & listen to local

officials. Review the items in your disaster supply kit. Remember to include necessities for children, parents, individuals with disabilities and pets.

HURRICANE WARNING means

a hurricane may occur within 36 hours. Follow evacuation orders from local officials, if given. Check in with family and friends via text or social media. Ready.gov has various checklists for what to do to prepare for a hurricane at different times. (For more information, visit www.ready.gov/ hurricanes.)



(www.redcross.org)

- Water at least a three-day supply; one gallon per person per day
- □ Food at least a three-day supply of non-perishable, easy-to-prepare food
- Bring in anything that can be picked up by the wind (bicycles, lawn furniture).
- Flashlight
- ☐ Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- ☐ First aid kit
- ☐ Medications (seven-day supply) and medical items (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
- Sanitation and personal hygiene items
- ☐ Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cellphone with chargers
- ☐ Family and emergency contact information ■ Baby supplies (bottles, formula, baby food,
- diapers)
- ☐ Pet supplies (collar, leash, ID, food, carrier,
- Multipurpose tool
- Extra cash
- Emergency blanket
- ☐ Map(s) of the area
- ☐ Tools/supplies for securing your home
- Extra set of car keys and house keys
- Extra clothing, hat and
- sturdy shoes
- Rain gear







B-2 • June 1, 2018 **HO'OKELE**

Explaining TRICARE annual cost increases

Tricare.mil staff

FALLS CHURCH, Va. — Population growth, aging and price increases for medical goods and services drive many health care costs in the U.S. In any given year, these price increases are related to rising drug costs, using new medical technology, increasing provider rates or

In response, the Centers for Medicare & Medicaid Services, which tracks health care costs for the federal government, estimates spending on health care is expected to grow 5.5 percent each year through 2026.

TRICARE is not immune to these drivers. The Defense Health Agency (DHA) adjusted TRICARE costs, Jan. 1. The National Defense Authorization Act of 2017 set some of these rates.

Others were based on unique factors, like the annual cost of living adjustment or average costs of covered health care services.

TRICARE cost changes vary and may change annually. Near the end of 2017, with the help of several military and veteran service organizations, DHA was able to recalculate and correct costs before Jan. 1, lowering 2018 patient costs for several types of care by

Other costs increased, like the retiree specialty mental health outpatient copayment, which changed from \$12 to \$30.

As always, TRICARE costs depend on your plan and who you are (for example, whether you are an active duty family member

To make managing your health costs more predictable and transparent, DHA introduced more copayments under the new TRI-CARE Select program when using a TRICARE network provider. Copayments are fixed-fees; they let you know the out-of-pocket cost of a covered service before receiving

Visit the TRICARE website to view health plan costs and to download a detailed Costs and Fees Sheet.

This is your benefit — take command of your health care by learning about the costs associated with your plan.



Air Force Maj. Marc Neuffer, chief of cornea and refractive surgery at the U.S. Air Force Academy's 10th Medical Group, prepares to perform collagen crosslinking on Air Force patient Capt. Brent Danner.

Story and photo by Laurie Wilson

U.S. AIR FORCE ACADEMY, Colo. — Every year, Air Force Academy Cadets and Airmen are found to have eyesight conditions that can disqualify them from flight status, according to Academy ophthalmologists.

For patients with progressive keratoconus and corneal ectasia, the odds of their careers ending prematurely changed dramatically May 3, when innovative laser surgery, called collagen crosslinking, was performed here.

Air Force Maj. Marc Neuffer, chief of cornea and refractive surgery at the 10th Medical Group, corrected satellite engineer Air Force Capt. Brent Danner's degenerative eye condition.

"This groundbreaking capability to correct the condition allows us to treat cadets and active duty members here and from surrounding areas," Neuffer said.

"They keep their vision and stay eligible for deployment."

Cadets diagnosed with the condition are not commissioned unless they receive a waiver, and pilots with the condition are restricted from flying.

"Keratoconus is most commonly found in individuals between 20 and 30 years of age," Neuffer said.

"It eventually leads to loss of sight requiring corneal transplantation."

Neuffer said the condition typically isn't diagnosed until after an individual has joined the military and is well into their career. Once discovered.

it becomes a duty-limiting condition that can result in medical discharge from active duty service.

Collagen crosslinking

was approved by the Food and Drug Administration in 2016 as a means to treat progressive keratoconus. The surgery stiffens and stabilizes the cornea which

stops the degenerative process. Patients typically keep their vision and don't require corneal transplants. For Airmen like Danner,

the procedure means the future looks a lot brighter. "I'm a little nervous

because I'm the first patient here to get this done," Danner said.

"I'm also excited and positive because of what it means to my family, my career and for my sight.'

Neuffer's second patient of

the day was a cadet and the doctor said both Danner and the cadet's surgeries went smoothly. The doctor expects both patients to quickly recover and return to duty.

The Academy is the third Air Force location to offer the procedure. Currently, there are 15 base patients awaiting the procedure.

This does not include patients from Peterson and Schriever Air Force bases, or Fort Carson, installations that refer their keratoconus patients to the Academy for the surgery.

The Academy is also the referral center for 10 additional Air Force bases in the surrounding states.

"This procedure is a game changer for Airmen who would otherwise have their careers sidelined permanently," Neuffer said.

Fire safety tips

As the summer continues, be wary of the dangers associated with fire. Whether celebrating the 4th of July with fireworks or a barbecue, here are some tips to consider:

Grilling

(From the U.S. Fire Administration, http://www.usfa. fema.gov/citizens/all_citizens/home_fire_prev/cooking.

- Only use grills outdoors, away from siding and deck
- Clean grills often and remove grease or fat build-up. Make sure your gas grill lid is open before lighting.
- Have a 3-foot safe zone around grills and campfires.
- Keep kids and pets away from the area. • Dispose of coals after they have cooled in a metal can.
- Never leave grills, fire pits and patio torches unattended.

Fireworks

(From the Honolulu Fire Department, http://www.honolulu.gov/hfd/faqs.html)

• In Hawaii, a permit is required to use firecrackers on New Year's Eve, Chinese New Year, or Independence Day. Permits can be acquired from a Satellite City Hall during normal business hours. Permit applications must be submitted at least 10 calendar days prior to use.

Preparing your family

(From the American Red Cross, www.redcross.org) Install smoke alarms. Test them once a month and

replace the batteries at least once a year.

- Teach children what smoke alarms sound like and what to do when they hear one.
- Ensure that all household members know two ways to escape from every room of your home and know the family meeting spot outside of your home.
- Establish a family emergency communications plan



and ensure that all household members know who to contact if they cannot find one another.

- Practice escaping from your home at least twice a year. Press the smoke alarm test button or yell "fire" to alert
- everyone that they must get out. Make sure everyone knows how to call 911.

What to do in a fire

(From the American Red Cross, www.redcross.org)

- Know how to safely operate a fire extinguisher Remember to get out, stay out and call 911 or your
- local emergency phone number. Yell "fire!" several times and go outside right away. If
- you live in a building with elevators, use the stairs. Leave all your things where they are and

save yourself.

- If closed doors or handles are warm or smoke blocks your primary escape route, use your second way out. Never open doors that are warm to the touch.
- If you must escape through smoke, get low and go under the smoke to your exit. Close doors behind you.
- If smoke, heat or flames block your exit routes, stay in the room with doors closed. Place a wet towel under the door and call the fire department or 911. Open a window and wave a brightly colored cloth or flashlight to signal for help.
- Once you are outside, go to your meeting place and then send one person to call the fire department. If you cannot get to your meeting place, follow your family emergency communication plan.
- If your clothes catch on fire, stop what you're doing. Drop to the ground and cover your face if you can. Roll over and over or back and forth until the flames go out. Running will only make the fire burn faster. Once the flames are out, cool the burned skin with water for three to five minutes. Call for medical attention.

Pets

(From American Red Cross, www.redcross.org)

- The best way to protect your pets from the effects of a fire is to include them in your family plan. This includes having their own disaster supplies kit as well as arranging in advance for a safe place for them to stay if you need to leave your home.
- When you practice your escape plan, practice taking your pets with you. Train them to come to you when
- In the event of a disaster, if you must evacuate, the most important thing you can do to protect your pets is to evacuate them, too. But remember: never delay escape or endanger yourself or your family to rescue a

NCTAMS PAC jumps back into the race for pennant

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Naval Computer Telecommunications Area Master Station Pacific (NCTAMS PAC) picked up a full game in the Red Division by defeating the league-leading 324th Intelligence Squadron (324 IS)/392nd Intelligence Squadron (392 IS), 15-9, May 29 in an intramural softball showdown at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

Starting the day in fifth place and in danger of falling out of the race, NCTAMS PAC rallied from two deficits and a tie to come from behind and defeat the 324 IS/392 IS.

NCTAMS PAC improved their record to 5-3, while the 324 IS/392 IS dropped only their second game of the season against five wins.

"We come out slow, but once we get in the groove, get some confidence hitting the ball, we start to get behind that," said NCTAMS PAC team captain Information Systems Technician 3rd Class Jimenez Gonzales. "If we could start earlier, that would be great, but as long as we can get it going, then we're a great team and we can make it far.'

Starting off slowly, NCTAMS PAC quickly fell behind to the 324 IS/392 IS in the bottom of the first inning, when Staff Sgt. Kevin Wibiral smashed a deep ball over the fence for a tworun blast.

In the top of the third, NCT-AMS PAC made the first comeback by scoring three times to take a 3-2 lead.

The bases were chock full of runners, when Justin Shoemaker, a military family member, lofted a deep fly for an out to right field, but a misplayed relay back to the infield allowed all three runners to touch home.

The lead was quickly overcome by the 324 IS/392 IS in the bottom of the frame, when pitcher Senior Airman Megan Hinds walked up to the plate with the bases loaded and crushed a hard grounder off the glove of the NCTAMS PAC first baseman to drive in two runs for a 4-3 lead.

After another run scored, the 324 IS/392 IS reloaded the bases and batter Staff Sgt. Michael Zascalera stroked a single to centerfield that drove in two

Finally, a throwing error in the infield allowed the 324 IS/392 IS to score one more time to take an 8-3 advantage.

Facing another uphill climb, retired Navy Chief Lloyd Shoemaker jumpstarted NCTAMS PAC with an RBI single in the top of the fourth, before the three runs to take a 9-8 lead. team went on to score two more times to pull to within two runs.

With the team inching closer, Chief Shoemaker bore down on off home run by Joe Ondera, a



Retired Navy Chief Lloyd Shoemaker crosses home plate for a run. NCTAMS PAC overcame two deficits and a tie to win over 324 IS/392 IS.

the 324 IS/392 IS in order in the bottom of the fourth.

Then in the very next frame, NCTAMS PAC erased its second deficit of the game by scoring

However, in the very next inning, the 324 IS/392 IS came back to tie the game on a leadcleared the center field fence.

In the very next at-bat, hitter Zascalera stroked another shot over the fence, but due to the single-homer-per-inning rule, Zascalera was held to a long single.

With the score tied at 9-9, NCTAMS PAC immediately sixth by placing two runners opponents, as the team tries to time to make it far.

j.g. Zack Reed coming up to the plate.

Reed calmly stroked a single that cleared the bases and put NCTAMS PAC out in front for

While NCTAMS PAC will get a bye next week, the following went to work in the top of the weeks will be filled with tough

the pitcher's mound to retire military family member, that in scoring position, with Lt. lockdown a spot in the playoffs.

NCTAMS PAC will face two teams in the top-four of the division and must get through both of them in order to punch its ticket to the playoffs.

"We feel good," Gonzales said. "We know that we got to win out to make the playoffs, but I think we're peaking at the right

Text-to-911 service available for Hawaii residents

you'll have to be specific in

In 2016, Hawaii became one of the seven states to implement the Text-to-911 system. This allows residents to report an emergency to 911 as a text message.

Hawaii Text to 911 Frequently Asked Questions

What is Text to 911?

Text to 911 is an emergency service that is provided to all mobile users in the state of Hawaii. It allows someone to use their activated cellphone to contact the 911 center via text message instead of calling 911.

Should we just use the texting because it's easier than calling?

No. Calling 911 is still a faster, more efficient way of relaying an emergency to the police, fire, ambulance, or ocean safety. Calling 911 will also provide the 911 center with access to your location. Texting to 911 should only be done when you are unable to make a voice call.

When would someone use text to 911? Some examples would be:

- If you are in a situation
- where it is not safe to place a voice call to 911.
- If you are experiencing a medical emergency that renders you incapable of speaking or hearing.
- If you are unable to call 911 due to being in a location with sporadic cellular voice service.

• If you are unable to speak or hear due to injury or physical restraint.

If I am able to text to 911, will the 911 center automatically know my location?

No. Per the FCC: Texting to 911 is different from making a voice call to 911 in this respect. When you make a voice call to 911, the call taker will typically receive your phone number and your approximate location automatically. This is called "Enhanced 911" or "E911."

However, in most cases when you text 911 from a wireless phone, the call taker will not receive this automated information. For this reason, if you send a text message to 911, it is important to give the 911 call taker an accurate address or location as quickly as possible, if

What do I do to text if I have to?

You simply send a text to the number 911 like you would any other text. Keep in mind, text messaging was never providing that.

It is necessary that Location Services on the phone be turned on Text messages only. No group messages Text messages must be brief and easily understood. Use plain English. No abbreviations, short cuts or slangs. Text to 9-1-1 services may not be available everywhere and at all tim No guarantee a text message will be sent or received. Voice call preferred. Text only when you cannot make a call www.hawaiitextto911.com

meant to provide emergency What do I say in a text? services, so your text may take longer to reach help, and the 911 center will not automatgency you have (police, fire, or ically know your location so ambulance) and address if you

You will need to provide your location and the type of emer-

Send brief messages, but please don't use abbreviations. Also remember to use plain English language. The 911 center dispatcher will then respond with text questions pertaining to your situation.

Can I send a picture or video of a bad accident I just saw?

No, unfortunately Text to 911 only can support ordinary SMS (Short Messaging Services), which is a plain text message limited to 160 characters per text. Pictures and videos currently can't be sent to us. Emojis won't work either.

Does my phone number have to be a Hawaii phone number to use this?

No. The service will work as long as you send a text to 911 and have an active (US) cellphone. For example, if you are from California and visiting Hawaii, your text message will reach a local 911 Center in Hawaii.

What about a cellphone that has no service? I know those phones can still call 911; can they text

to 911 too? Sorry, no they can't. It has to be a text-enabled phone with a current text plan to work.

For more information about know it, including floor or room Text-to-911, visit www.hawaiitextto911.com. number if you are in a building.

B-4 • June 1, 2018 **HO'OKELE**

Exchange named one of top veteran-friendly companies

Army & Air Force **Exchange Service Public Affairs**

DALLAS — The Army & Air Force Exchange Service has made U.S. Veterans Magazine's Best of the Best Top Veteran-Friendly Companies and Top Government and Law Enforcement Agencies lists, the fifth year in

ment of Defense retailer military spouses worldin both categories.

The distinction, which recognizes the Exchange's efforts to seek Veteran applicants and support Veteran associates, comes just one week after the Exchange ranked 14th out of 100 on Military Times' 2018 Best for Vets: Employers list. The Exchange also recently reafa row the magazine has firmed its commitment to recognized the Depart- hire 50,000 Veterans and

wide by 2020.

"The Exchange is honored to receive these back-to-back honors in recognition of our efforts to hire and retain our nation's Veterans," said Exchange Director/CEO Tom Shull. "It takes a special person to sacrifice so much in service of others. We are privileged to have these selfless patriots on

zine publishes annual Best of the Best lists for Veteran-friendly companies; schools and franchises; supplier diversity programs; and government and law enforcement agencies. The lists are compiled from independent and market research, diversity conference participation, and survey responses.

U.S. Veterans Maga- preference to honorably discharged Veterans; disabled Veterans; military retirees below the rank of major or its equivalent; and spouses, widows and mothers of deceased and disabled Veterans. Since 2010, the Exchange has hired more than 1,100 Wounded Warriors.

This past Veterans Day, the Exchange also extended a lifelong on-The Exchange gives line shopping benefit to openings worldwide.

all honorably discharged Veterans. Eligibility to receive military-exclusive pricing and tax-free shopping at ShopMyExchange. com can be verified at ShopMyExchange.com/ veterans.

Veterans, military spouses and others seeking employment with the organization can visit ApplyMyExchange. com to look for job

Military Affairs Council honors Hawaii students



Photo courtesy of Military Affairs Council

HONOLULU - This year 35 Hawaii high school students and prior enlisted military members have been accepted into four of the U.S. service academies and an additional 10 have been appointed to the U.S. service academy preparatory schools. Of the 35 who have accepted appointments, 25 students and their parents were recognized at a reception hosted by the Military Affairs Council (MAC) of the Chamber of Commerce Hawaii and MAC member Booz Allen Hamilton, May 29 at the Plaza Club. The students were honored by members of the MAC and alumni of U.S. military academies as they prepare to attend U.S. Military Academy (West Point), U.S. Naval Academy, U.S. Coast Guard Academy, U.S. Air Force Academy, the U.S. Military Academy Preparatory School, U.S. Naval Academy Preparatory School and U.S. Air Force Academy Preparatory School.





- Registration for Summer Craft Camp is open now at the Arts & Crafts Center. These four-day sessions run Tuesday through Friday. New sessions start almost every Tuesday until July 31. Cost of the camps is \$60, includes all supplies and is open to ages 6 to 14. For more information,
- call 448-9907. Swim lessons registration is open. now. Classes are available for ages 6 months old (parent swims with tot) to adult. Registration is done online and lessons are held at Hickam Family Pool. First session of classes begin on June 4. For more information, call 448-2384.
- Registration for Youth Sports Summer Camp is open now. Exciting camps covering a variety of sports are happening this summer. Camps for golf, tennis, bowling, softball and stand-up paddleboarding. Cost varies by sport. For more information, call 473-0789.
- The Summer Reading Program kicks off June 2 at 10 a.m. at the Joint Base Pearl Harbor-Hickam Library. Customers can pick up their packets or sign up for the program. Enjoy free refreshments, entertainment for the kids and more. It's free to join the program and it is open for kids and adults. For more information about the program, call 449-8299.
- Chuck Milligan's Comedy Hypnosis **Show** returns for two shows at Sharkey Theater. Patrons ages 18 and older are welcome to come to the June 2 adult-themed show at 7:30 p.m. A show appropriate for all ages takes place June 3 at 2 p.m. Stage participation for the June 3 show is limited to ages 14 and up. Both shows are free and no tickets are needed. For more information, call 473-0726.
- The four-day American Red Cross Lifeguard Course happens June 4, 6, 8 and 9 at Hickam Family Pool. Complete this course and receive an American Red Cross

lifeguarding certificate valid for two years. The class is from 4 to 8 p.m. each day except for June 9 (8 a.m. to noon). Cost of this four-day course is \$175 and is open to ages 15 and up. For more information, call 448-2384.

- Registration for fall youth sports open June 4 and runs until July 2. Fall sports include soccer, fast pitch softball and junior team tennis. For more information about youth sports, call 473-0789.
- Liberty Pau Hana Surf Session is chasing waves June 5 at 3:30 p.m. Single Sailors and Airmen are encouraged to join the Liberty team for a fun surfing excursion. This is a free activity and is open only to single Sailors and Airmen stationed at Joint Base Pearl Harbor-Hickam. A shuttle is available at the various Liberty centers. For pick-up times and more information, call 473-2583.
- The Jersey Day 8K Fun Run takes to the road June 9 at 6:30 a.m. at Hickam Memorial Fitness Center. Registration begins at 6 a.m. that morning and awards will be given to top finishers in six categories. This is a free event and is open to all base-eligible patrons. For more information, call 448-2214.
- The Hawaiian Island Creations & Quiksilver All-Military Surf Classic is shredding up White Plains Beach June 9 from 7 a.m. to 5 p.m. Saturday, June 2 is the last day to enter. Drop off your completed entry form to White Plains Beach Surf Shack or Hickam Harbor by tomorrow. For more information, call 682-4925.
- A free golf clinic is happening June 9 at 9:30 a.m. at Barbers Point Golf Course. Enjoy this introduction to the great game of golf. For more information, call 682-2098 or 682-1911.
- A free advanced screening of "Jurassic World: Fallen Kingdom" lights up the screen June 10 at 4 p.m. at Sharkey Theater. Doors open and ticket distribution begins at 2 p.m. so get there early. Active duty military can get up to four tickets, while all others can get up to two tickets. This movie is PG-13. For more information, call 473-2651.
- Liberty Pau Hana Surf Session is chasing waves June 12 at 3:30 p.m. Single Sailors and Airmen are encouraged to join the Liberty team for a fun surfing excursion. This is a free activity and is open to single Sailors and Airmen stationed at Joint Base Pearl Harbor-Hickam. A shuttle is available at the various Liberty centers. For pick-up times or more information about the event, call 473-2583.

Hawaii service members, veterans join Warrior Games

Lt. Cmdr. Jenn Womble

Commander Navy Installations Command

Chief Machinist's Mate Ferlin Espinal of Honolulu, Senior Chief Personnel Specialist Raina Hockenberry of Honolulu, and U.S. Air Force veteran Michele Prindle, currently residing in Kapa'a, Hawaii, will participate in the 2018 Department of Defense Warrior

The games will be held June 2-9 at the Air Force Academy in Colorado Springs, Colorado.

Approximately 265 wounded, ill and injured service members and veterans representing teams from the U.S. Army, Marine Corps, Navy, Air Force, Coast Guard and Special Operations Command (SOCOM) will participate in the competition.

Teams include active duty service members and veterans with upper-body, lower-body, and spinal cord event; the U.S. Air Force will host this injuries; traumatic brain injuries; year's event.

visual impairment; serious illnesses; and post-traumatic stress.

They will go head-to-head in archery, cycling, shooting, sitting volleyball, swimming, track and field, wheelchair basketball and three new sports debuting this year: indoor rowing, powerlifting, and time trial cycling.

The Warrior Games was established in 2010 as a way to enhance the recovery and rehabilitation of wounded warriors and to expose them to adaptive sports.

Sponsored by the U.S. Olympic Committee in Colorado Springs, the inaugural Warrior Games hosted approximately 200 wounded, ill and injured service members.

During the following years, the Warrior Games expanded in size and scope.

This is the fourth consecutive year the DoD will lead the operational planning and coordination of the

Chief Machinist's Mate Ferlin Espinal of Honolulu will participate in the 2018 Warrior Games.

Courtesy Photo

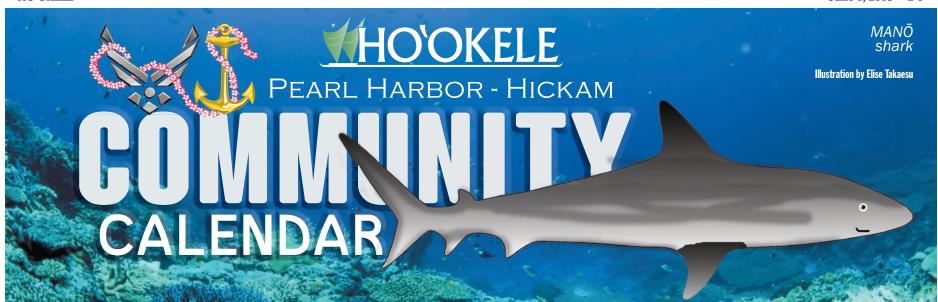




Senior Chief Personnel Specialist Raina Hockenberry of Honolulu will participate in the 2018 Department of Defense Warrior Games.

Courtesy Photo

HO'OKELE June 1, 2018 • B-5



RAIL TRAFFIC CLOSURES

NOW — At Borchers Gate, crews will be restriping lanes and adjusting barrier at the intersection on Tuesday between 8:30 a.m. and 5 p.m. During this operation, a special duty officer will be in place to assist drivers making the eastbound left turn from Kamehameha Highway onto Halawa Drive. Current lane closures, and detours, will remain in place into next week. The westbound left-turn from Kamehameha Highway into Borchers Gate may be closed nightly between 6 p.m. and 5 a.m. Drivers will be detoured to Arizona Street. For more information on traffic closures, visit http:// hartdocs.honolulu.gov/docushare/dsweb/ View/Collection-1368.

HICKAM THRIFT SHOP SEEKS VOLUNTEERS

NOW - The Hickam Thrift Shop, operated by the Hickam Officers' Spouses' Club, can use volunteers. All military identification cardholders who meet the requirements at the club website can volunteer. Visit https:// hickamosc.wildapricot.org/thriftshop for more information or to sign up.

HANAUMA BAY NATURE PRESERVE OBSERVING SUMMER HOURS

NOW – Hanauma Bay Nature Preserve is now operating on its summer schedule. During this time, the nature preserve will be open from 6 a.m. to 7 p.m. daily, except for Tuesdays when it is closed to the public. This summer schedule is effective through Labor Day weekend. Winter hours are from 6 a.m. to 6 p.m. and will recommence Wednesday, Sept. 5. For more information, call 395-2211 or visit www.honolulu.gov/ parks-hbay.

WAHIAWA ANNEX POOL

NOW - The pool at Wahiawa Annex is open again to all eligible patrons. For pool hours and more information, visit www. greatlifehawaii.com.

PAINT & SIP

WEDNESDAYS — An experienced instructor leads you step by step through the featured painting of the night, from 5:30 to 8:30 p.m. Leave with your own completed 16-by-20-inch painting on canvas. All supplies are included. No experience necessary. Cost is \$40 per person. A \$20 deposit is required online to reserve your spot. For more information, visit https://jbphh.greatlifehawaii.com/activity/9b2cb199-6ab0-4354-b8 21-c4a3b8f38869.

FEDERAL EMPLOYMENT 101.

JUNE 1 — This class is scheduled from 8 to 10 a.m. at MFSC Pearl Harbor. The application process for federal jobs can feel confusing and overwhelming but the benefits of civil service are worth the effort. We will help you navigate the usajobs website and understand the application process from start to finish. Federal resumes are different than private sector resumes and we will teach you how to build a competitive application. We will also cover topics such as hiring preferences and programs for veterans and military spouses. Call 474-1999 for more information.

FLIGHT ADVENTURES

JUNE 2 — In place of the annual Biggest Little Airshow in Hawaii, the Pacific Aviation Museum announced that it will host "Flight Adventures" on June 2, from 9 a.m. to 3 p.m. at the Pacific Aviation Museum on Ford Island. The event will be a hands-on aviation-themed event offering activities for kids of all ages and their families, including open cockpits and lessons in remote control flying. It will conclude with a mini remote control airshow, featuring several of the Warbirds West award-winning pilots. Admission is \$5 per person, or free with museum admission. For more information, visit pacificaviationmuseum.org.

GATE CLOSURE CHANGES

JUNE 4 — The base will consolidate its commercial search operations from two stations down to one station. The station that will remain open Monday through Friday will be Halawa Commercial Search Station (located at the Halawa Gate) and will be open from 5 a.m. to 5 p.m. The station that will remain open Saturday through Sunday will be Kuntz Commercial Search Station (located at the Kuntz Gate) and will be open from 5 a.m. to 5 p.m. This will allow Kuntz Gate to stay open all day Monday through Friday from 5 a.m. to 9 p.m. for personally operated vehicles (POV) and government (GOV) vehicles. On the weekends, Kuntz Gate will operate in both capacities all day (5 a.m. to 5 p.m. for commercial searches; 5 a.m. to 9 p.m. for POV/GOV traffic).

TIME MANAGEMENT

JUNE 4 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Acquire skills to make better choices about time management and achieve your goals. Gain the personal understanding and practical skills to implement a customized frame-





U.S. Navy file photo by MC3 Justin Pacheco

Chief Master-at-Arms Eric Seal attends the free hiring event at Joint Base Pearl Harbor-Hickam, June 22, 2017.

JUNE 29 – This event is scheduled from 10 a.m. to 2 p.m. This free hiring event is for service members, veterans and military spouses. This event will feature a wide variety of employers from the public and private sector as well as workshops that will focus on improving competitive employment. Register online at https://jbphh.greatlifehawaii.com/support/military-family-support-center.

work for successful time management. Call 474-1999 for more information.

WOMEN EMPOWERED GROUP

JUNE 4, **11**, **18**, **25** — This group meets from 10 a.m. to noon at MFSC Pearl Harbor. This self-development group aims to help women harness their own voices and strengths, learn to build healthy relationship and take actions towards personal growth. This group is held in a supportive and confidential atmosphere. For more information, contact MFSC.

WORK AND PERSONAL LIFE BALANCE

JUNE 5 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Learn to manage everyday stressors to create a healthy work and personal life balance. This class will focus on strategies to create realistic expectations and challenge negative thinking patterns, while providing tools for maximum balance and well-being. Call 474-1999 for more information.

SPONSOR TRAINING

JUNE 5 — Sponsor Training class is scheduled from 1 to 3 p.m. at MFSC Wahiawa. This class gives new sponsors information, resources and tools needed to assist incoming personnel and families in order to ease their transition to a new environment. Spouses are encouraged to attend. Call 474-1999 for more information.

YOUTH DAY

JUNE 5 — Midway Youth Day is for 6th to

9th grade students. Program is free and registration is required. Participation is limited to 100 students. Midway Atoll National Wildlife Refuge, located 1,300 miles from Oahu, was the center of WWII battle that "turned the tide in the Pacific." Students will explore the importance of the battle, and learn about ongoing efforts to protect and preserve this important site. The program takes place at Pacific Aviation Museum Pearl Harbor and NOAA's Daniel K Inouye Regional Center, both located on historic Ford Island. Call 445-9137 or email Education@PacificAviationMuseum.org for more information.

DEVELOPING SELF-ESTEEM IN CHILDREN

JUNE 6 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Learn the "language of encouragement" and the importance of building self-esteem in children. Call 474-1999 for more information.

HEALTHY RELATIONSHIPS 101

JUNE 7 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor and educates students on how to build and maintain a solid foundation for a quality relationship. Topics include the characteristics of a healthy relationship, how self-esteem affects one's choices and more. The class is recommended for any personal relationship, whether working, family or romantic. Call 474-1999 for more information.



MOVIE SHOWTIMES

SHARKEY THEATER

FRIDAY - JUNE 1

7 p.m. • Overboard (PG-13)

SATURDAY - JUNE 2

2:30 p.m. • Avengers: Infinity War (PG-13)

7:30 p.m. • The Chuck Milligan Show, Comedian & Hypnotist. Free, show is adult themed.

2:30 p.m. • The Chuck Milligan Show, Comedian & Hypnotist. Free, all ages are welcome.

5:10 p.m. • Avengers: Infinity War (3-D) (PG-13)

THURSDAY - JUNE 7

7 p.m. • Traffik (R)

SUNDAY - JUNE 3

HICKAM MEMORIAL THEATER

FRIDAY - JUNE 1

7 p.m. • Overboard (PG-13)

SATURDAY - JUNE 2

2:30 p.m. • Avengers: Infinity War (PG-13)

6 p.m. • A Quiet Place (PG-13)

SUNDAY - JUNE 3

1:30 p.m. • Avengers: Infinity War (PG-13) 5 p.m. • Rampage (PG-13)

THURSDAY - JUNE 7

6:30 p.m. • Tully (R)

Overboard

Overboard focuses on Leonardo (Eugenio Derbez), a selfish, spoiled, rich playboy from Mexico's richest family and Kate (Anna Faris), a working class single mom of three hired to clean Leonardo's luxury yacht. After unjustly firing Kate and refusing to pay her, Leonardo falls overboard when partying too hard and wakes up on the Oregon coast with amnesia. Kate shows up at the hospital and, to get payback, convinces Leonardo he is her husband and puts him to work — for the first time in his life. At first miserable and inept, Leonardo slowly settles in. But, with Leonardo's billionaire family hot on their trail and the possibility of his memory returning at any moment, will their new family last or will Leonardo finally put the clues together and leave them for good?